

photo by Maurice Wilson



Roman Gomez flanked by the Stonerock twins in Mt. SAC 3,000

Mt. SAC Relays

by Doug Speck

April 28:

On Friday, April 19th, and Saturday, the 20th, the preps took over Mt. SAC once again for the annual Invitational spikefest. With nine solid hours of track and field action from a number of the country's (and Australia's and Mexico's) finest there were the usual number of super performances. Hawthorne High School, without an ill Henry Thomas, relied on the young ladies for relay fireworks this week. Choo-Choo Knighten and Tesha Giddens (Locke, LA), Fairfax's surprising quarter miler, Danny Everett, weight ace Brian Blutreich (Capistrano Valley), distance star Roman Gomez (Belmont, LA), and Muir's always swift male and female relay groups provided most of the other headlines.

The Hawthorne Cougar Women's squad has to have the deepest group of sprinters in U.S. prep history. The "B" sprint relay could surely place in the State Meet. Here, the "A" team (DeeDee Wheeler, Kim Grant, DeAnna Amy, and Tami Stiles) cranked 45.29 for 400 meters, the second fastest prep mark of all-time. The same group cut loose over 800 meters in the 4 x 200 with a 1:36.87 win that put them #3 All-Time for U.S. preps. Muir (Pasadena), anchored by Linetta Wilson, handled the Cougars again over the 4 x 400m route, recording a nation-leading 3:45.10.

Choo Choo Knighten and Tesha Giddens over at Locke have not conceded the team state title to Hawthorne yet, though. Here the torrid senior duo was all over the place, running fast and winning. Some pretty stiff winds blew in the face of the sprinters most of Saturday, ruining some very fast times for the groups of top

dashers gathered here. Choo Choo edged Tesha at 100m 12.24-12.27 into a stiff gale, then returned to run away from a 100m LH field at 14.23. Giddens handled Janeen Vickers (Pomona) over 200m in a swift 24.17-24.54 race.

Danny Everett (Fairfax, LA) continues to look super, taking it out very hard in the 400m despite a strong wind, and sailing on in down the homestretch to record a nation-leading 46.71 win over Australian Anthony Bond (48.47). Brian Blutreich (Capistrano Valley) completed another fine weight double, putting out 65-0 and throwing the discus 191-7. Roman Gomez tackled his yearly 3000 (Friday) and 1500 (Saturday) double here. Some big winds held things down on Friday, but the defending State 1600 and 3200 champion edged away during the final lap in the longer event to win at 8:34.8 over Eric Mastalir (Jesuit, Sacramento) 8:35.7 and Darrin Stonerock (Saugus) 8:36.6. On Saturday, Australian Anthony Westaway looked very strong as he ran away from the crowd in the final 300 meters of the 1500. Gomez gave the foreigner 5 meters and steadily chopped that down over the final half lap. It was not until the final 20 meters that the local flash caught Westaway and won 3:52.78-3:53.02. Mark Mastalir (Jesuit) survived the wind best here, for 3rd in 3:55.8.

Muir (Pasadena) does not have a sprinter on top like in previous years, but they have a lot of people who can run pretty quick. Their Frosh-Soph 400m relay has run 42.64 and here a "B" team raced 42.42. The "A" team took an exciting sprint relay over a fast-closing Pasadena squad, anchored by Cleo Bates, 41.84-41.87. The Mustangs returned to win easily in the 4 x 200m at 1:27.00, and run away from Centennial in the 4 x 400m 3:16.6-3:17.7. The Muir women's shuttle hurdle team had a real shot at the Na-

tional Record 59.2, but a fall by Lana Cantrell on the lead-off left the team that could have run somewhere around 58.0 a bit behind pace, even though they got up to run 60.3 for the win.

Lawrence Burkley (Oxnard) and Chip Rish (Marina, Huntington Beach) traded sprint victories. Both football stars, Burkley ran Rish down in the 100m 10.97-11.04 into a stiff wind, while Rish returned the favor over 200m, running 21.77 out of lane one while Burkley was back at 22.13. Pasadena's Damon Thomas continues undefeated in the High Hurdles, handling Katella's junior, Terry Johnson, who was also unscathed this season, 14.56-14.71, with Saugus's Rodney Bradshaw also sneaking in ahead of Johnson in 2nd with the same 14.71 time. Kenny Hall (Ganesha, Pomona) ran down Keith Pontiflet (Esperanza, Anaheim) over the final barrier in the 300m IH to win 37.5-37.6. South Orange County distance power was evident in the Distance Relays for men. Mission Viejo won over Irvine 7:52.25-7:55.80 in the 4 x 800m race, University (Irvine) took the 4 x 1500m at 16:33.3, anchored by Greg Whiteley's fine 3:54.2, and Villa Park led from the start in the Distance Medley, recording a fine 10:21.71 in their nine second win.

Australian Mia Gabbedy showed what running over the 400m hurdles does for you when you step down 100m, as the Aussie rocketed the final 30 meters to edge Michelle Wooten (Bella Vista, Fair Oaks) 44.2-44.4 in the 300m lows. Edison (Huntington Beach) took the 4 x 1500m on Friday evening, recording a fine 19:42.5 (#5 All-Time U.S.), anchored by Nicole Ritchot's fine 4:39.8. On Saturday morning the Chargers, of Coaches Doug Smith and Gordon Duff, took the 4 x 800m at 9:41.9. Bella Vista, with Kuphaldt's on both ends distance-wise (1200 lead off and 1600 anchor) took the Distance Medley at 12:22.63 over Thousand Oaks 12:25.3.

Jamie Houlton (San Dimas) had her coming out in the High Jump, topping a fine field with a not too spectacular 5-6 clearance. The jumpers, were however, running into a very stiff wind during their approach. Australian Sandra Priestly edged Diamond Bar's Rosalyn Mitchell in the Long Jump, 19-1 1/4 to 19- 1/4. Heidi Adams (Mission Viejo) edged a reviving Brandi Gail (Rowland) 44-4-43-9 in the Shot Put. Lee Ili (Nogales, La Puente) handled a good Discus field with a 139-9 win (she tossed out to 151-1 the next week in her League Prelims). Frosh Lynda Jones (Mt. Carmel, San Diego) shocked a top Triple Jump field with a fine 37-5 1/4 win jumping into a stiff breeze.

Travis Akins (Wilson, Hacienda Heights) looked very strong in disposing of a good 800m field in 1:55.3 in the other Men's individual running event. Hawthorne was supposed to go after the California record in the Men's Shuttle Hights, but ended up scratching from the event with car troubles. A fine Pomona group braved the north-south hurricane to win over Pasadena 1:01.4-1:02.4. Long Beach Poly picked up the Sprint Medley win at 3:32.45 when a fine anchor leg by Vince Thompson of Ganesha was for naught as the victorious Pomona school was disqualified. Edison's Eric Wheelwright edged Arcadia's junior Rob Martin on misses at 6-8 in the High Jump as the guys had the same troubles as the young ladies with a stiff breeze into the face of any run-ups. Lawrence Nelson (Simi) handled Mt. Carmel's Jim Chapon again in the Long Jump, as the State's two 24-footers were held to 22-11 1/4 and 22-2 1/4 respectively into the steady wind. Bakersfield's Terrance Strong took the Triple Jump at 47-7 over the 47-5w jump of Desi Cathron (Bonanza, Las Vegas) and 47-4 1/2 of Mark Triplett (Marshall, Pasadena). Simon Arkel (Australia), Fritz Howser (Newport Harbor), and Patrick Johnson (Huntington Park) all cleared 15-0 in the Vault, with the big news another no-height for Brandon Richards

(San Marcos, Santa Barbara). The 17-6 indoor National Record Holder continues his "crash and burn" season outdoors, as he no-heighted at the 16-6 starting height he decided upon. Brandon, for one reason or another, did not get out of his League competition the next week, so his interscholastic season in the Golden State did not amount to much.

With teammate Paulette Blalock on the sidelines with hamstring problems, Princess Bennett took over for Compton in the Open 400m, moving to a strong 55.68 win. Leslie Noll (Mt. Carmel, San Diego) looked very good in moving away to an 800m triumph, recording a 2:15.36 to edge in ahead of the 2:16.86 of Jodie Wertz (Redwood, Larkspur). Australia's Krishna Wood was far too strong for locals over 1500m, with her 4:36.01 very good in the windy conditions over the 4:44.61 of Nicole Ritchot of Edison (Huntington Beach). California's latest distance star, Mary Mendoza (Presentation, San Jose) ran well against a contingent of fine Mexican 3000m runners, placing third in a fine 10:11.6 for the conditions. Hawthorne was putting together a super 800m sprint medley (200-100-100-400) until they were disqualified for a handoff that took place before the zone line. Their 1:43.8 is way up the National List but the official win went to Redwood (Larkspur) 1:48.8.

Boys

3,000—1. R. Gomez (Belmont), 8:34.8; 2. E. Mastalir (Sacramento Jesuit), 8:35.7; 3. D. Stonerock (Saugus), 8:36.6; 4. K. Stonerock (Saugus), 8:48.8; 5. Moscarro (Rosemead), 8:49.6; 6. S. Sandoval (San Diego Southwest), 8:51.2; 7. Feliciano (Cypress), 8:53.5; 8. Honig (Fair Oaks Bella Vista), 8:55.9; 9. Schumacher (St. Anthony), 8:58.6; 10. Vickers (Moreno Valley), 8:59.1; 11. Cohee (South Hills), 8:59.5.

400 RELAY (Race One)—1. West Torrance, 44.2; 2. Corona, 44.4; 3. Fontana, 44.5; 4. Moreno Valley, 44.5. (Race Two)—1. Mission Viejo, 44.0; 2. Corona del Mar, 44.1; 3. Santa Barbara, 44.2; 4. Marshall Fundamental, 44.3. (Race Three)—1. Morningside, 42.8; 2. Pomona, 43.2; 3. Arcadia, 44.1; 4. Edison, 44.6.

800 RELAY (Race One)—Marshall Fundamental, 1:31.9. (Race Two)—West Torrance, 1:34.7. (Race Three)—1. Ganesha, 1:31.2; 2. Montclair, 1:31.7; 3. Eisenhower, 1:31.9.

1,600 RELAY (Race One)—1. Covina, 3:26.28; 2. Crescenta Valley, 3:27.27; 3. San Diego Mt. Carmel, 3:27.73; 4. Tustin, 3:30.70. (Race Two)—1. Valencia, 3:27.49; 2. Moreno Valley, 3:27.85. (Race Three)—1. Corona, 3:28.24; 2. South Pasadena, 3:30.38; 3. West Torrance, 3:30.38; 4. Corona del Mar, 3:31.74.

3,200 RELAY—1. Ganesha, 8:13.5; 2. Corona, 8:18.9; 3. Alta Loma, 8:20.0; 4. Montebello, 8:26.0; 5. Upland, 8:29.5.

6,000 RELAY—1. Irvine University, 16:33.3 (Whiteley, 3:54.2); 2. El Modena, 16:44.2; 3. Thousand Oaks, 16:45.3; 4. Torrance, 16:57.6; 5. HH Wilson, 16:58.8.

SPRINT MEDLEY (Race One)—1. Tustin, 3:38.1; 2. Alta Loma, 3:38.9; 3. Redwood, 3:41.1; 4. Garden Grove, 3:43.9. (Race Two)—West Torrance, 3:44.3.

SHUTTLE HIGH HURDLES (Race One)—Montebello, 1:08.0. (Race Two)—1. Simi Valley, 1:05.1; 2. Baldwin Park, 1:07.4; 3. Thousand Oaks, 1:07.4; 4. Alta Loma, 1:08.4.

LONG JUMP—1. Haines (Corona), 22-0w; 2. O'Banion (Marshall), 21-8w; 3. Hudson (Pomona), 21-6 1/2.

POLE VAULT—1. Horvath (Torrance), 13-0; 2. Carroll (Mission Viejo), 13-0.

Girls

3,000 (Inv.)—1. Corona (Mexico), 9:56.0; 2. Garcia (Mexico), 10:10.7; 3. Mendoza (San Jose Presentation), 10:11.6; 4. Gonzales (Mexico), 10:11.8; 5. Kuphaldt (Fair Oaks Bella Vista), 10:24.2; 6. Farrell (Thousand Oaks), 10:24.2; 7. Kingle (Mexico), 10:32.8; 8. Rizzo (Hart), 10:33.9; 9. L. Williams (Mountain View), 10:35.2; 10. Prince (Rubidoux), 10:43.9; 11. Basore (Pasadena), 10:45.8; 12. Jarvis (Havre, Mont.), 10:51.7; 13. Reiter (Tustin), 10:51.7; 14. McDonald (Diamond Bar), 10:59.3.

400 RELAY (Race One)—Etiwanda, 49.8 (Race Two)—1. Walnut, 50.8; 2. Glendora, 51.0.

800 RELAY (Race One)—1. Morningside, 1:45.1; 2. West Torrance, 1:46.4; 3. Valencia, 1:48.9; 4. Walnut Creek Northgate, 1:49.2 (Race Two)—1. Glendora, 1:47.9; 2. Ganesha, 1:50.2.

1,600 RELAY (Race One)—1. Valencia, 4:03.9; 2. El Modena, 4:06.1; 3. Antelope Valley, 4:07.4; 4. San Jose Presentation, 4:08.2; 5. Glendora, 4:09.9 (Race Two)—1. Pomona, 3:58.5; 2. Morningside, 4:04.2; 3. Rowland, 4:05.0; 4. Etiwanda, 4:10.1.

6,000 RELAY—1. Edison, 19:42.5 (fifth-fastest performance of all-time) (Ritchot, 4:39.8); 2. Esperanza, 20:01.7; 3. Thousand Oaks, 20:03.9; 4. Palos Verdes, 20:22.7; 5. Dos Pueblos, 20:45.0; 6. Norco, 21:03.2; 7. Tustin, 21:11.5; 8. Hawthorne, 21:29.9; 9. Diamond Bar, 21:56.4; 10. South Hills, 21:56.7.

800 MEDLEY RELAY (Open)—1. San Jose Presentation, 1:53.7; 2. Walnut, 1:55.1; 3. Fountain Valley, 1:55.3 (Inv.)—1. Redwood, 1:48.8; 2. Thousand Oaks, 1:49.4; 3. San Diego Mt. Carmel, 1:50.1; 4. West Torrance, 1:57.3 (Hawthorne finished first in 1:43.8 but was disqualified for passing before the exchange zone).

SHUTTLE LOW HURDLES (Race One)—1. Edison, 1:09.2; 2. Montclair, 1:13.0; 3. Glendora, 1:13.7 (Race Two)—1. Tustin, 1:06.4; 2. Fountain Valley, 1:10.4; 3. Upland, 1:10.4.

TRIPLE JUMP—1. Jones (San Diego Mt. Carmel), 37-5/4 (wind 3.0 m.p.s. against); 2. Orr (Ocean View), 37-4/4; 3. Ames (El Modena), 35-6/4; 4. Wright (Esperanza), 34-9; 5. Webb (Northview), 34-3/4; 6. Atkins (Walnut), 34-1/4.

photo by Burt Davis



Travis Akins of Hacienda Heights Wilson HS wins the Inv. B 800 in 1:55.3.

Boys

100 (Inv.)—1. Burkley (Oxnard), 10.97 (wind 18 m.p.s. against); 2. Rish (Marina), 11.04; 3. Flannigan (Pomona), 11.11; 4. Bates (Pasadena), 11.15; 5. Connors

(Walnut Creek Northgate), 11.24 (Open)—1. Broussard (Manual Arts), 11.07 (wind 2.6 m.p.s. against); 2. Ford (Compton), 11.18; 3. Davis (Inglewood), 11.31.

200 (Inv.)—1. Rish (Marina), 21.77 (wind 0); 2. Burkley (Oxnard), 22.13; 3. Hamilton (Australia), 22.32; 4. Hart (Locke), 22.49; 5. Nava (Mexico), 22.61; 6. Davis (Inglewood), 22.69; 7. Connor (Walnut Creek Northgate), 22.72; 8. Poniflet (Esperanza), 22.84 (Open)—1. Morrison (Pasadena), 22.49 (wind over 3.0 m.p.s. against); 2. tie between Coleman (Manual Arts) and Dewar (Alta Loma), 22.74; 4. DeLeon (Nogales), 22.86; 5. Hines (Edison), 22.96.

400—1. Everett (Fairfax), 46.71; 2. Bond (Australia), 48.47; 3. Vidler (Australia), 48.87; 4. Estwick (Loyola), 49.21; 5. A. Thomas (Pasadena), 49.77.

800—1. Akins (HH Wilson), 1:55.3 (hand time); 2. Madrigal (Mexico), 2:04.67; 3. Little (Glendora), 1:56.1; 4. Lopez (Mater Dei), 1:56.1; 5. Bowles (Coste Mesa), 1:56.3; 6. Snyder (El Modena), 1:56.6; 7. Epps (La Canada), 1:56.9; 8. MacLean (Saugus), 1:57.5; 9. Duran (Belmont), 1:59.5.

1,500—1. R. Gomez (Belmont), 3:52.78; 2. Westaway (Australia), 3:53.02; 3. M. Mastalir (Sacramento Jesuit), 3:55.8; 4. Mate (Australia), 3:55.8; 5. Serratos (Moreno Valley), 3:56.1; 6. Zimmer (Simi Valley), 3:57.4.

110 HH (Inv.)—1. D. Thomas (Pasadena), 14.56 (wind over 3.0 m.p.s. against); 2. Bradshaw (Saugus), 14.71; 3. Johnson (Katella), 14.71; 4. Hall (Ganesha), 14.76; 5. Tillman (Hawthorne), 14.87; 6. Lilly (Mission Viejo), 15.29 (Open)—1. James (San Dimas), 14.76 (wind over 3.0 m.p.s. against); 2. Morris (Hawthorne), 15.21; 3. Guevara (Mexico), 15.23; 4. Poullard (Pomona), 15.39.

300 IH—1. Hall (Ganesha), 37.5; 2. Poniflet (Esperanza), 37.6; 3. Vickers (Pomona), 37.7; 4. Jeffries (Muir), 39.5; 5. Floyd (Eisenhower), 39.6.

400 RELAY (Open): Race One—1. San Diego Southwest, 43.01; 2. Mexico, 43.21; 3. Diamond Bar, 43.74; 4. Ganesha, 43.87; 5. Valencia, 44.09; 6. LA Lincoln, 44.31. Race Two—1. Centennial, 43.65; 2. Bishop Amat, 43.87; 3. Eisenhower, 43.99; 4. Nogales, 44.07; 5. San Diego Lincoln, 44.07; 6. LA Lincoln, 44.24. Race Three—1. Muir Freshman, 42.42; 2. Dos Pueblos, 42.98; 3. Marina, 43.19; 4. Walnut Creek Northgate, 43.89 (Inv.)—1. Muir, 41.84; 2. Pasadena, 41.87; 3. Compton, 42.26; 4. LB Jordan, 43.04; 5. Simi Valley, 43.17; 6. LB Poly, 43.24.

800 RELAY (Inv.)—1. Muir, 1:27.00; 2. Simi Valley, 1:30.16; 3. Pomona, 1:30.96 (Open): Race One—1. Bishop Amat, 1:31.24; 2. Dos Pueblos, 1:31.31. Race Two—1. Morningside, 1:28.95; 2. Compton, 1:29.01; 3. Muir "B", 1:29.91; 4. Mexico, 1:30.76 (Open): Race One—1. Bishop Amat, 1:31.24; 2. Dos Pueblos, 1:31.31. Race Two—1. Morningside, 1:28.95; 2. Compton, 1:29.01; 3. Muir "B", 1:29.91; 4. Mexico, 1:30.76.

1,600 RELAY (Inv.)—1. Muir, 3:16.6; 2. Centennial, 3:17.6; 3. LB Poly, 3:18.0; 4. Australia, 3:20.5; 5. Simi Valley, 3:28.6 (Open): Race One—1. Morningside, 3:22.79; 2. Pomona, 3:25.25; 3. Arcadia, 3:27.67; 4. South Hills, 3:29.30; 5. Fremont, 3:29.66; 6. Alta Loma, 3:30.85. Race Two—1. Mission Viejo, 3:22.25; 2. HH Wilson, 3:27.76; 3. Murphy, 3:28.83; 4. La Canada, 3:31.26. Race Three—1. Hawthorne, 3:20.70; 2. Compton, 3:23.98; 3. Eisenhower, 3:25.24.

3,200 RELAY—1. Mission Viejo, 7:52.25; 2. Irvine, 7:55.80; 3. Corona del Mar, 8:03.97; 4. Merced, 8:09.16; 5. Torrance, 8:10.75.

6,000 RELAY—1. Mexico, 16:46.4; 2. Burbank Burroughs, 17:05.5; 3. Fair Oaks Bella Vista, 17:12.6; 4. Poway, 17:18.8; 5. Mission Viejo, 17:19.6; 6. Walnut, 17:26.2; 7. South Pasadena, 17:29.9; 8. San Diego Mt. Carmel, 17:30.6; 9. Loyola, 17:34.2; 11. Upland, 17:34.9.

SPRINT MEDLEY RELAY—1. LB Poly, 3:32.45; 2. Mission Viejo, 3:35.08; 3. Fontana, 3:53.4.

DISTANCE MEDLEY RELAY (Inv.)—1. Villa Park, 10:21.71; 2. San Marino, 10:30.09; 3. Hawthorne, 10:30.12; 4. Moreno Valley, 10:30.99; 5. Rosemead, 10:34.93; 6. Thousand Oaks, 10:41.08; 7. Saugus, 10:46.98; 8. Belmont, 10:47.29; 9. Simi Valley, 10:54.49; 10. Fair Oaks Bella Vista, 10:58.30 (Open)—San Marcos, 10:51.47.

SHUTTLE HIGH HURDLE RELAY (Race One)—1. HH Wilson, 1:05.6; 2. San Diego Mt. Carmel, 1:05.7 (Race Two)—1. Loyola, 1:03.1; 2. Carson, 1:04.0; 3. Ocean View, 1:04.6; 4. Claremont, 1:05.7 (Race Three)—1. Mission Viejo, 1:03.0 (Race Four)—1. Pomona, 1:01.4; 2. Pasadena, 1:02.4; 3. Ganesha, 1:02.5.

HIGH JUMP (Inv.)—1. Wheelwright (Edison), 6-8; 2. Martin (Arcadia), 6-8; 3. Moebius (Rolling Hills), 6-6; 4. Medford (Hawthorne), 6-6; 5. McKendall (Westchester), 6-6; 6. Dorn (Estancia), 6-4; 7. Morro (Upland), 6-4 (Open)—Stewart (Sherman Oaks Notre Dame), 6-4.

POLE VAULT (Inv.)—1. Arkell (Australia), 15-0; 2. Howler (Newport Harbor), 15-0; 3. Johnson (Huntington Park), 15-0; 4. Johnson (San Diego Mt. Carmel), 14-0; 5. Gagnon (Simi Valley), 14-0; 6. tie between Jarmyn (Australia) and Whitton (SD Mt. Carmel), 14-0; 8. Morris (Burbank Burroughs), 13-6 (Open)—1. Dry (Elsinore), 13-6; 2. Lopez (Roosevelt), 13-6; 3. Hooten (Edison), 13-0.

LONG JUMP (Inv.)—1. L. Nelson (Simi Valley), 22-11/4; 2. Chapon (San Diego Mt. Carmel), 22-2/4; 3. Nava (Mexico), 21-11/4; 4. Dorn (Estancia), 21-8; 5. Marsh (Hawthorne), 21-7/4 (All jumps into the wind) (Open)—1. Boxler (Dos Pueblos), 21-10w.

TRIPLE JUMP (Inv.)—1. Strong (Bakersfield), 47-7; 2. Cathern (Las Vegas Bonanza), 47-5w (45-0/4 legal); 3. Triplett (Marshall Fundamental), 47-4/4; 4. T. Williams (Muir), 46-9/4; 5. Robinson (Covina), 46-5/4; 6. Young (Hawthorne), 46-4/4w (45-11); 7. Guevarra (Mexico), 45-10.

SHOTPUT (Inv.)—1. Blutreich (Capistrano Valley), 65-0; 2. Knight (Oak Park), 58-2/4; 3. Khozam (El Modena), 57-11/4; 4. Riederick (Edison), 55-5; 5. Schein (Grenada Hills), 54-3/4; 6. Carter (Edison), 52-10; 7. Osborn (Rancho Alamitos), 52-1/4; 8. Smyzer (Edison), 51-9/4; 9. Wexler (Estancia), 51-6; 10. Neal (Claremont), 50-6/4; 11. Johnson (Baldwin Park), 50-2; 12. Serrano (Belmont), 50-1/4; 13. Reep (Arroyo), 50-0/4 (Open)—1. Cordi (Cypress), 52-6/4; 2. Lowther (Simi Valley), 51-10; 3. Myers (La Canada), 50-2; 4. Tunnick (Arcadia), 50-2.

DISCUS (Inv.)—1. Blutreich (Capistrano Valley), 191-7; 2. Hooper (Del Campo), 164-4; 3. Khozam (El Modena), 162-0; 4. Knight (Oak Park), 161-2 (Open)—1. Riederick (Edison), 145-0.

Girls

100 (Inv.)—1. Knighten (Locke), 12.24 (wind over 3.0 m.p.s. against); 2. Giddens (Locke), 12.27; 3. Miller (Muir), 12.64 (Open)—1. Freow (San Diego Morse), 12.82 (wind over 3.0 m.p.s. against).

200 (Inv.)—1. Giddens (Locke), 24.17 (wind over 3.0 m.p.s. against); 2. Vickers (Pomona), 24.54; 3. Miller (Muir), 24.81.

400 (Inv.)—1. Bennett (Compton), 55.68; 2. Garcia (Mexico), 56.25; 3. Munoz (Mexico), 58.01; 4. White (San Diego Southwest), 58.37; 5. Swanson (LB Wilson), 59.44.

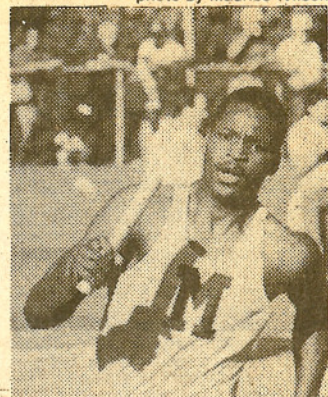
800 (Inv.)—1. Noll (San Diego Mt. Carmel), 2:15.36; 2. Wertz (Larkspur Redwood), 2:16.86; 3. Moring (Hart), 2:17.91; 4. Crawford (LB Wilson), 2:18.64; 5. Biggers (Walnut Creek Northgate), 2:19.38; 6. Vanderburg (San Marino), 2:20.38; 7. Sims (Locke), 2:20.74; 8. Battle (Tulare), 2:20.76; 9. Toms (Las Vegas Valley), 2:21.84; 10. Smith (Upland), 2:23.46.

1,500 (Inv.)—1. Wood (Australia), 4:36.01; 2. Ritchot (Edison), 4:44.61; 3. Munoz (Mexico), 4:42.22; 4. Watson (Upland), 4:44.15; 5. Garcia (Mexico), 4:44.38; 6. Eager (Vista), 4:46.21; 7. Logsdon (St. Monica), 4:46.53.

100 LOW HURDLES (Inv.)—1. Knighten (Locke), 14.23 (wind over 3.0 m.p.s. against); 2. McBride (LB Poly), 14.64; 3. Vickers (Pomona), 14.87; 4. Outlaw (San Diego Lincoln), 14.91; 5. Edmonds (Hawthorne), 15.18; 6. Simmons (El Monte), 15.47 (Open)—1. Babenco (Tamar Pius), 15.03 (wind over 3.0 m.p.s. against); 2. Frazier (Morningside), 15.17; 3. Peacock (Van Nuys), 15.47; 4. Tyler (Chino), 15.69; 5. Collins (Tustin), 15.83.

300 LOW HURDLES (Inv.)—1. Gabbedy (Australia), 44.2; 2. Wooten (Fair Oaks Bella Vista), 44.4; 3. Edmonds (Hawthorne), 45.3; 4. Babenco (Tamar Pius), 45.4; 5. Aubuchon (Esperanza), 45.8; 6. Collins (Tustin), 46.7; 7. Ames (El Modena), 46.7; 8. Giovanola (San Jose Presentation), 47.8 (Open)—1. Arilano (Mexico), 46.8.

photo by Maurice Wilson



Muir High's Tyrone Jeffries

400 RELAY (Inv.)—1. Hawthorne (De De Wheeler, Kim Grant, DeAnna Army, Pam Stiles), 45.29 (Second fastest high school performance of all-time); 2. San Diego Morse, 48.08; 3. Compton, 48.70; 4. Pomona, 48.92; 5. LB Poly, 49.45; 6. LB Wilson, 49.5; 7. Walnut Creek Northgate, 50.61 (Open): Race One—1. West Torrance, 49.84; 2. Dos Pueblos, 49.93; 3. Edison, 50.03; 4. Ganesha, 50.04. Race Two—Morningside, 48.63; 2. San Diego Lincoln, 49.65; 3. Thousand Oaks, 49.86; 4. San Diego Southwest, 50.12.

1,600 RELAY (Inv.)—1. Muir (Linette Wilson, Lena Cantrell, Nikky Caddell, Carrie Franklin), 3:45.10 (national leader); 2. Hawthorne, 3:52.35; 3. Compton, 3:53.54; 4. Mexico, 3:56.59; 5. Thousand Oaks, 3:56.72; 6. Dos Pueblos, 3:58.37; 7. Esperanza, 4:01.65 (Open): Race One—1. Ganesha, 4:00.22; 2. Edison, 4:01.05; 3. San Diego Southwest, 4:06.51; 4. West Torrance, 4:10.24; 5. Burbank Burroughs, 4:11.65. Race Two—1. Hawthorne "B", 4:01.32; 2. Larkspur Redwood, 4:03.26; 3. San Diego Mt. Carmel, 4:03.65; 4. Capistrano Valley, 4:04.41; 5. Crescenta Valley, 4:07.69; 6. Manual Arts, 4:12.92.

800 RELAY (Inv.)—1. Hawthorne (Tami Stiles, Kim Grant, De De Wheeler, DeAnna Army), 1:36.87 (third fastest high school performance of all-time); 2. Edison, 1:44.62; 3. San Diego Lincoln, 1:47.30; 4. LB Wilson, 1:48.31; 5. Upland, 1:49.88.

3,200 RELAY—1. Edison, 9:41.9; 2. Valencia, 9:45.2; 3. Merced, 9:48.5; 4. Irvine, 9:52.1; 5. Torrance, 9:56.2; 6. Upland, 10:07.5.

DISTANCE MEDLEY RELAY—1. Fair Oaks Bella Vista, 12:22.63; 2. Thousand Oaks, 12:25.3; 3. Hawthorne, 12:26.0; 4. San Marino, 12:26.3; 5. Poway, 12:40.9; 6. LA Lincoln, 12:50.4; 7. Norco, 12:58.9; 8. Burbank Burroughs, 13:07.9; 9. Valencia, 13:11.6; 10. Merced, 13:12.6; 11. Edison, 13:15.5; 12. San Diego Mt. Carmel, 13:16.9; 13. Tustin, 13:23.9.

SHUTTLE LOW HURDLE RELAY (Race One)—1. San Diego Lincoln, 1:03.8; 2. West Torrance, 1:07.3; 3. Fair Oaks Bella Vista, 1:07.4 (Race Two)—1. Muir, 1:00.3; 2. Hawthorne, 1:04.7; 3. Thousand Oaks, 1:04.7; 4. Chino, 1:05.8.

HIGH JUMP—1. Houlton (San Dimas), 5-6; 2. tie between Wooten (Bella Vista) and Lee (Rolling Hills), 5-4; 4. Orr (Ocean View), 5-4; 5. Woo (Fair Oaks Bella Vista), 5-4; 6. Maldonado (Hawthorne), 5-4; 7. McBride (LB Poly), 5-4.

LONG JUMP (Inv.)—1. Priestly, 19-1/4; 2. Mitchell (Diamond Bar), 19-0/4; 3. Cerkel (Larkspur Redwood), 18-5/4; 4. Peacock (Van Nuys), 17-5/4; 5. Taylor (Valencia), 17-3/4; 6. Brinkley (Muir), 17-2/4 (Open)—1. Olsen (Anaheim Western), 17-5/4w; 2. Atkins (Walnut), 17-5/4w.

SHOTPUT (Inv.)—1. Adams (Mission Viejo), 44-4; 2. Gail (Rowland), 43-9; 3. Lovati (El Modena), 41-11/4; 4. Paquette (Garden Grove), 41-7/4; 5. Gill (Western), 40-11; 6. Crawford (San Diego Southwest), 38-4/4; 7. Callin (Hemet), 37-2/4; 8. Kaubi (San Diego Kearny), 36-4/4 (Open)—1. Higgins (Corona), 36-5; 2. Learmont (Northview), 36-3/4.

DISCUS—1. Ili (Nogales), 139-9; 2. Lovati (El Modena), 134-10; Paquette (Rancho Alamitos), 130-9; 4. Callin (Hemet), 123-10; 5. Crawford (San Diego Southwest), 123-6; 6. Adams (Mission Viejo), 121-1; 7. Gill (Anaheim Western), 114-2.