Getting Started with Bella Vista Track and Field - Checklist

- [ ] **Register with Sportsnet and schedule a physical:** Before the first day of practice, your information and an updated new Physical needs to be added annually. Follow this link (select "+ Athletic Corner" tab then "+ Athletic Registration" tab) for information on registering for SportsNet & physicals**.**
- [ ] **Select Track and Field in Sportsnet**: If you have already gone through the registration process and clearance process for a 2026-2027 fall or winter sport at BV you are cleared to start practice. However, make sure you select track and field in Sportsnet, or you won't show up on the "cleared" track list.
- [ ] **Attend the sign-up team meeting** on Wednesday, December 2, 2026, at lunch in the big gym to sign up, pick up some important information and get your name on the coach's roster. Signing up on Sportsnet does not put you on the official team roster it only clears you to start practicing with the team.
- [ ] **Sign up to get Remind text notifications.** Remind texts are used to send important messages throughout the season. Sign up instructions for Remind are found at this link.
- [ ] **Academics**: You will also need to be cleared academically before you can start practicing and competing with the team. To view the academic requirements, follow this link. (select the "+ Eligibility Requirements" tab)
- [ ] **Rules and Expectations**: Read and know the team expectations and rules in our team handbook. Our handbook can be found at this link. You are responsible for knowing all of them.
- [ ] **Bookmark bvtrack.com (team website).** This website is crucial for you to use, as it contains almost all the information that you will need and gets updated frequently. It contains meet information, results, pictures, and important team information.
- [ ] **Watch Tutorial Video:** Check out this video to view how to navigate bvtrack.com and what information it has to offer.

- [ ] **Purchase your uniform.** Uniforms can be purchased from our online store via bvtrack.com. Plain black running shorts can be purchased from our store or on your own. Both items are required to be worn at meets. Team hoodies can be purchased from the Bella Vista Track and Field boosters (and you can provide your own solid black sweatpants), or you can select sweatpants and jackets to purchase from our online store. Our online store will be available in January.
- [ ] **Attend the Parent Meeting.** The date and time (TBA sometime in February) for our parent meeting will be posted on bvtrack.com on the announcements page and sent out via Remind texts.