2022 Sac Joaquin Section Track and Field Division II At Large Standards

An athlete shall earn an at-large entry into the Divisional Meet if his/her mark at the final league competition (which qualifies entrants to the Divisional Meets) is equal to or better than the average 6th place finisher in the DII Finals for the three most recent years.

2022 DII Boys Standards	
100 Meters	11.37
200 Meters	22.89
400 Meters	50.84
800 Meters	2:01.42
1600 Meters	4:35.07
3200 Meters	9:59.78
110 Hurdles	16.09
300 Hurdles	42.31
4 x 100 Relay	44.40
4 x 400 Relay	3:31.39
High Jump	5-10
Pole Vault	12-04
Long Jump	21-01
Triple Jump	41-09
Shot Put	43-05
Discus	122-05

2022 DII Girls Standards	
100 Meters	12.79
200 Meters	26.56
400 Meters	60.93
800 Meters	2:29.67
1600 Meters	5:36.91
3200 Meters	12:19.25
100 Hurdles	16.86
300 Hurdles	49.68
4 x 100 Relay	50.46
4 x 400 Relay	4:12.24
High Jump	4-10
Pole Vault	8-04
Long Jump	16-00
Triple Jump	32-06
Shot Put	30-09
Discus	90-06