

82nd CIF State T&F Champs Finals 2000

OFFICIAL RESULTS

 Friday, June 2, 2000 - Saturday, June 3, 2000  Falcon Field, Cerritos College, Norwalk

Mens Results

100 Meters Varsity - Finals

1.	12 Warren Rogers	10.42a (.9) SR	Serra
2.	12 Bennie Robinson	10.55a (.9)	Poly (Long Beach)
3.	12 Lamont Long	10.66a (.9)	University City
4.	12 Karl Paymah	10.77a (.9)	Culver City
5.	12 Claude Melvin	10.78a (.9) PR	Gahr
6.	11 Mike Roberts	10.86a (.9)	Patrick Henry
7.	10 Nick Banks	10.87a (.9)	Kearny
8.	12 Albert Hollis II	13.65a (.9)	Christian Brothers
--	12 Dante Washington	DNF	Clovis West

200 Meters Varsity - Finals

1.	12 Bennie Robinson	20.96a (1.0) PR	Poly (Long Beach)
2.	11 Carlos Moore	21.25a (1.0) PR	Morningside
3.	12 Fred Williams	21.38a (1.0)	Taft
4.	12 Lamont Long	21.47a (1.0)	University City
5.	11 Rodney Landingham	21.54a (1.0)	Sonora
6.	11 Mike Roberts	21.89a (1.0)	Patrick Henry
7.	12 Karl Paymah	21.97a (1.0)	Culver City
8.	12 Claude Melvin	26.12a (1.0)	Gahr

400 Meters Varsity - Finals

1.	12 Brandon Matlock	47.63a PR	Stockdale
2.	12 Travon Walton	47.72a	Chino
3.	12 Derrick Johnson	47.87a	Notre Dame (Riverside)
4.	12 Reginal Allen	48.26a	McLane
5.	11 Jason Lovell	48.31a	Cleveland
6.	12 Carl McGirt	48.62a	Upland
7.	12 Denye Versher	48.91a	St Mary's College
8.	10 Ramal Porter	49.21a	Birmingham

Womens Results

100 Meters Varsity - Finals

1.	12 Sani Roseby	11.90a (-1.4)	Monterey
2.	11 Porchea Carroll	11.90a (-1.4)	Rio Mesa
3.	12 Aishia Margain	11.92a (-1.4)	Berkeley
4.	12 Nicole Denby	11.94a (-1.4)	John W. North
5.	11 Alexis Weatherspoon	11.98a (-1.4)	Grant
6.	12 Tiffany Bennett	12.03a (-1.4)	Centennial
7.	10 Tracee Thomas	12.09a (-1.4)	John W. North
8.	12 Halima Decree	12.10a (-1.4)	Foothill (Bakersfield)
9.	11 Sierra Hauser-Price	12.13a (-1.4)	Notre Dame (Sherman ...)

200 Meters Varsity - Finals

1.	11 Monique Henderson	23.19a (-.6) SR	Morse
2.	10 Angel Perkins	23.40a (-.6) SR	Gahr
3.	12 Aishia Margain	23.73a (-.6)	Berkeley
4.	10 Tracee Thomas	23.97a (-.6)	John W. North
5.	11 Alexis Weatherspoon	23.97a (-.6)	Grant
6.	12 Sani Roseby	24.07a (-.6)	Monterey
7.	9 Allyson Felix	24.35a (-.6)	Heritage Christian
8.	12 Erin Reed	24.63a (-.6)	Taft
9.	11 Reshundre Smiley	24.76a (-.6)	Ceres

400 Meters Varsity - Finals

1.	11 Monique Henderson	50.74a PR	Morse
2.	10 Angel Perkins	53.01a	Gahr
3.	12 Nicole Gaskins	54.51a PR	Diamond Bar
4.	9 Ashlee Brown	54.69a PR	John W. North
5.	12 Erin Reed	54.74a PR	Taft
6.	11 T'Carra Penick	55.19a PR	Berkeley
7.	12 Maggie Vessey	55.69a	Soquel
8.	9 Cheri Craddock	56.64a	James Logan

800 Meters Varsity - Finals

1. 12 Mike Serratos	1:51.75a PR	Don Lugo
2. 11 Christopher Wells-Anders	1:52.28a PR	El Camino Real
3. 11 Martell Munguia	1:53.09a PR	Woodcreek
4. 11 Kris Monte	1:53.26a PR	Capistrano Valley
5. 11 Aaron Powell	1:53.48a	Poway
6. 12 Jared Emmons	1:53.65a	Vista
7. 11 Alonso Smith	1:53.68a SR	Tustin
8. 11 Erby Houston	1:53.91a PR	Gahr
9. 12 Brian Anderson	1:54.19a	Burroughs (Burbank)

1600 Meters Varsity - Finals

1. 12 Evan Fox	4:09.44a	West Hills
2. 11 Jin Daikoku	4:10.95a PR	Lowell
3. 12 Sergio Campos	4:13.34a	Marshall
4. 11 Ben Aragon	4:14.25a	West Hills
5. 12 Chris Lanese	4:15.03a PR	Moreau Catholic
6. 12 Neil McDonagh	4:17.53a	St Ignatius
7. 12 Josh Pope	4:20.42a	Poway
8. 12 Nick Brannen	4:21.63a	Don Lugo
9. 12 Garrett Milner	4:23.50a	San Clemente

3200 Meters Varsity - Finals

1. 11 Ryan Hall	8:55.12a PR	Big Bear
2. 12 Josh Spiker	9:05.36a SR	Ventura
3. 12 Travis Laird	9:08.56a PR	San Marcos
4. 12 Girmay Guangul	9:08.90a PR	Santa Clara
5. 12 Fernando Cabada	9:09.30a SR	Buchanan
6. 10 Shaun Lyle	9:10.24a PR	Eureka
7. 10 Brett Gotcher	9:11.31a SR	Aptos
8. 10 Henry Hagenbuch	9:12.21a SR	Cate
9. 12 Mario Macias	9:14.76a PR	Delano
10. 9 Tim Nelson	9:19.83a SR	Liberty Christian (R...)
11. 12 Vic Moreno	9:19.86a PR	Escalon
12. 11 Neil Davis	9:21.56a	Bellarmine College P..
13. 12 Daniel Avila	9:23.97a	Reedley
14. 12 Justin Neuroth	9:24.93a	Vista
15. 12 Matt McInvale	9:26.06a	Ramona
16. 9 Yong-Sung Leal	9:26.77a	Arroyo (NC)
17. 11 Daniel Clements	9:26.80a PR	Taft
18. 12 Daniel Mejia	9:27.85a	Katella
19. 11 Tom Kubler	9:30.87a	Viewpoint
20. 11 Raymundo Castillo	9:30.98a SR	Belmont
21. 10 Carl Dambowski	9:33.27a	Merrill West

9. 10 Donisha Sanford 56.89a Morningside

800 Meters Varsity - Finals

1. 12 Liz Morse	2:08.16a PR	Corona del Mar
2. 10 Morgan Banks	2:09.10a PR	Sir Francis Drake
3. 12 Angelita Green	2:09.58a PR	Poly (Long Beach)
4. 12 Spring Dawson	2:10.28a	Vallejo
5. 10 Shannon Rowbury	2:11.13a SR	Sacred Heart Cathedral
6. 11 Natalie Garcia	2:12.03a	Buchanan
7. 9 Ashley Freeman	2:13.40a	Wilson (Long Beach)
8. 12 Janelle Del Soldato	2:14.75a	Crescenta Valley
9. 10 Jamillah Titus	2:17.96a	Vintage

1600 Meters Varsity - Finals

1. 10 Jenny Aldridge	4:49.63a PR	Maria Carrillo
2. 11 Sara (Bei) Hall	4:49.98a	Montgomery
3. 11 Amber Steen	4:51.44a	Newport Harbor
4. 9 Lynn Dixon	4:53.29a	Mira Costa
5. 11 Desiree Davila	4:54.23a	Hilltop
6. 12 Cosette Smith	4:55.01a PR	Mira Costa
7. 10 Bridget Duffy	4:56.82a	St Mary's College
8. 11 Robyn Stevens	4:57.33a SR	Vacaville
9. 10 Jenny Esser	5:07.54a	Foothill (Pleasanton)

3200 Meters Varsity - Finals

1. 11 Anita Siraki	10:18.50a SR	Hoover
2. 11 Sara (Bei) Hall	10:34.84a	Montgomery
3. 12 Latesha Jones	10:41.66a PR	Rialto
4. 12 Julie Manson	10:43.93a	Rancho Bernardo
5. 10 Clara Horowitz	10:44.58a SR	Head-Royce
6. 12 Valerie Flores	10:48.07a PR	San Pedro
7. 10 Amber Trotter	10:50.22a PR	Ukiah
8. 11 Natalie Stein	10:51.44a PR	North Hollywood
9. 11 Kimberly Smith	10:52.92a PR	Clovis West
10. 12 Jamie Witt	10:53.53a	Folsom
11. 9 Ruth Graham	10:55.26a SR	Henry M. Gunn
12. 11 Susan Chan	10:55.54a PR	Monte Vista
13. 12 Alexandra Guerrero	10:58.72a	Hughson
14. 11 Amber Steen	10:59.18a	Newport Harbor
15. 10 Emily Vince	11:00.58a	Peninsula
16. 10 Heather Hansen	11:00.76a	Madera
17. 11 Loretta Kilmer	11:01.36a SR	Ramona
18. 11 Kelli Vanderburg	11:02.54a SR	Buchanan
19. 10 Julie Allen	11:05.87a	Fountain Valley

22. 12 Sergio Campos	9:37.65a	Marshall	20. 12 Alle Porter	11:07.01a PR	Dunsmuir
23. 11 Tom Phelps	9:40.67a	Piedmont	21. 10 Michelle Solone	11:09.48a	Folsom
24. 12 Robert Eap	10:06.51a PR	Abraham Lincoln	22. 11 Jasmine Marquez	11:25.74a	El Capitan
25. 12 Anton Chamberlain	10:41.32a	Oak Ridge	23. 12 Julia Gray	11:27.78a PR	San Pedro
-- 10 Giliat Ghebray	DNF	James Logan	24. 10 Shannon Rowbury	11:36.12a	Sacred Heart Cathedral
			25. 11 Michi Hirakawa-Wong	11:41.48a PR	Lowell
			-- 11 Alejandra Barrientos	DNF	San Lorenzo Valley

110m Hurdles - 39" Varsity - Finals

1. 11 Christopher Morgan	13.95a (.5)	Taft
2. 12 Trevor Jones	13.99a (.5) PR	Newport Harbor
3. 12 Daveed Diggs	14.23a (.5) PR	Berkeley
4. 12 Carlos Johnson	14.26a (.5) PR	Liberty
5. 12 Bobby Salimi	14.26a (.5)	Rancho Bernardo
6. 11 Scott Jarvis	14.36a (.5) SR	Covina
7. 12 Kenan Jackson	14.44a (.5)	Cleveland
8. 11 Jeff Garrison	14.45a (.5) SR	John W. North
9. 12 Greg Ross	16.09a (.5)	Sheldon (CA)

300m Hurdles - 36" Varsity - Finals

1. 12 Trevor Jones	36.60a PR	Newport Harbor
2. 12 Steven Smith	36.76a PR	Serra
3. 12 Bobby Salimi	37.64a	Rancho Bernardo
4. 11 Halihi Guy	37.95a SR	St Mary's College
5. 12 Erik Allen	37.97a PR	Mission San Jose
6. 11 Jeff Hunter	38.16a	Granite Hills
7. 12 Jeremy Thornburg	38.65a	Cathedral City
8. 12 Kurt Siebert	38.77a	Norco
9. 11 Tyson Redmond	39.90a	Laguna Creek

4x100 Relay Varsity - Prelims

1.	Steven Smith Warren Rogers Mark Petty Unknown Mitchum	40.97a	Serra
2.	Jesse Bowman Rayshawen Madden Chauncey Smith Lamont Long	41.05a	University City
3.	Matthew Clark A Bethea Julian Linear Jason Lovell	41.41a	Cleveland

100m Hurdles - 33" Varsity - Finals

1. 12 Nicole Denby	13.20a (1.8) PR	John W. North
2. 12 Sani Roseby	13.72a (1.8) PR	Monterey
3. 12 Tamara Gulley	13.73a (1.8) PR	Oak Grove
4. 11 Lashinda Demus	13.76a (1.8) SR	Wilson (Long Beach)
5. 12 Deneeka Torrey	14.03a (1.8) PR	Taft
6. 11 Dana Bethel	14.11a (1.8) SR	Mission Viejo
7. 9 Ashley Lodree	14.18a (1.8) SR	El Cerrito
8. 12 Kai Ivory	14.69a (1.8)	Marymount
9. 11 Undine Becker	14.70a (1.8)	Mt Pleasant

300m Hurdles - 30" Varsity - Finals

1. 11 Lashinda Demus	40.41a PR	Wilson (Long Beach)
2. 12 Nicole Denby	41.59a SR	John W. North
3. 12 April Russell	43.03a PR	De Anza
4. 12 Deneeka Torrey	43.04a PR	Taft
5. 10 Chelsea Johnson	43.30a PR	Atascadero
6. 11 Undine Becker	43.76a	Mt Pleasant
7. 12 Kelly Smith	44.09a PR	Wilson (Long Beach)
8. 9 Tanisha Johnson	44.52a	Eastlake
9. 12 Deanna Slaton	45.34a	Silver Creek

4x100 Relay Varsity - Finals

1.	T'Carra Penick Aishia Margain Simone Brooks Katrina Keith	45.96a	Berkeley
2.	Lavetra Stanton Adrena Williams Tyreina Henley Cheri Craddock	46.41a	James Logan
3.	Alicia Lowery Shauna Hackett Phylicia Reddick Monique Henderson	46.44a	Morse

4.	Roger Nunn Claude Melvin Chris Hardiman Rob Nunn	41.59a	Gahr	4.	Angel Tate Lashinda Demus Kelly Smith MacKenzie Hill	46.75a	Wilson (Long Beach)
5.	Asokah Muhammad Denye Versher Chris Dunbar Conner Banks	41.84a	St Mary's College	5.	Kiyoko Guillory Keli Walker Meghan McMahon Cinya Burton	47.60a	Holy Names
6.	- Relay Team	42.04a	Lincoln	6.	Relay Team	47.63a	Dorsey
7.	- Relay Team	42.26a	Morningside	7.	Lecretia Blanton Dionne Hunte Erica Porter China Jones	47.75a	Deer Valley
8.	- Relay Team	42.42a	Pasadena	8.	- Relay Team	48.32a	Rio Mesa
9.	Relay Team	42.52a	McClymonds	9.	Relay Team	48.39a	Vallejo

4x400 Relay Varsity - Prelims

1.	Dominidue Roux Warren Rogers Steven Smith Mark Petty	3:12.94a	Serra
2.	Matthew Clark Ontae Chaney Randolph Bundy Jason Lovell	3:13.60a	Cleveland
3.	Chreston Anderson David Hill Unknown Johnson Dione Cason	3:13.82a	Poly (Long Beach)
4.	Jamaal Brown Julian Keyes Brant White Halihl Guy	3:15.78a	St Mary's College
5.	- Relay Team	3:17.07a	Morningside
6.	Relay Team	3:19.17a	Santa Margarita
7.	Nick Hopper Unknown McLiver Dave Gray Brandon Matlock	3:19.20a	Stockdale
8.	- Relay Team	3:20.86a	Rancho Bernardo

Shot Put - 12lb Varsity - Finals

1.	12 Rhuben Williams	63-02.50 PR	Eagle Rock
2.	11 Jake Knight	61-11.00 SR	Rubidoux
3.	11 Sean Shields	61-09.00 SR	Arroyo Grande
4.	12 Travis Johnson	60-11.00 PR	Notre Dame (Sherman ...)
5.	12 Cole Sprague	58-01.00	Coalinga
6.	12 John Newell	58-01.00	Woodland

4x400 Relay Varsity - Finals

1.	Unknown Brown Chaunte Howard Bridgette Williams Tracee Thomas	3:41.11a	John W. North
2.	MacKenzie Hill Ashley Freeman Angel Tate Lashinda Demus	3:42.28a	Wilson (Long Beach)
3.	T'Carra Penick Aishia Margain Katrina Keith Raqueta Margain	3:45.53a	Berkeley
4.	- Relay Team	3:47.70a	Morningside
5.	- Relay Team	3:48.53a	Poly (Long Beach)
6.	Relay Team	3:53.22a	Birmingham
7.	Relay Team	3:53.65a	La Salle
8.	Funlayo Onafowode Deneka Mason Alicia Williams April Russell	3:58.07a	De Anza
9.	Relay Team	4:01.53a	Soquel

Shot Put - 4kg Varsity - Finals

1.	11 Karen Freberg	50-07.25 SR	San Luis Obispo
2.	12 Jessica Cosby	49-00.75 PR	Cleveland
3.	12 Jillian Camarena-Williams	48-01.25	Woodland
4.	12 Amanda Garcia	44-09.00	Carondelet
5.	11 Katie McKeever	44-07.75	Woodland

7. 12 Rusty Price	57-01.00	Atwater
8. 12 Travis Watkins	56-05.00	Helix
9. 12 Anthony Sanchez	54-11.50	North Salinas

6. 12 Laura Sauao	44-05.00	Overfelt
7. 12 Amanda Patteson	41-11.75	Granada
8. 12 Krissy Schelir	41-04.50	Sierra
9. 10 Kamaiya Warren	41-02.75	St Mary's College

Discus - 1.6kg Varsity - Finals

1. 12 Travis Pendleton	203-05 PR	Esperanza
2. 12 Rhuben Williams	192-09 PR	Eagle Rock
3. 11 Sean Shields	182-06 SR	Arroyo Grande
4. 11 Jason Rider	179-06	Murrieta Valley
5. 12 John Cunnie	179-05 PR	San Marin
6. 12 Tony Miranda	177-06	Sacred Heart Cathedral
7. 12 Josh Rider	177-01	Murrieta Valley
8. 11 Jeff Pedersen	172-02	Sierra
9. 12 Chris Schwacofer	166-08	Gilroy

Discus - 1kg Varsity - Finals

1. 12 Jillian Camarena-Williams	151-01	Woodland
2. 12 Candace Hill	150-05	Hoover (SD)
3. 12 Michelle Daggs	149-00	Bishop O'Dowd
4. 12 Krissy Schelir	141-02	Sierra
5. 12 Genessa Guzman	140-07	Charter Oak
6. 10 Kamaiya Warren	140-04	St Mary's College
7. 10 Sabrina Kirkwood	136-11	Mercy (SF)
8. 12 Laura Sauao	134-03	Overfelt
9. 12 Anne Farnady	133-05	Los Gatos

High Jump Varsity - Finals

1. 12 Ebon Glenn	7-00 PR	St Mary's College
2. 12 Jerrick Holmes	6-10	Palmdale
3. 11 Chadd Smith	6-06	Adolfo Camarillo
4. 12 Darren Williams	6-06	Andrew Hill
5. 12 Jason Romero	6-06	Ganesha
6. 12 Arthur Hinojosa	6-06	West Bakersfield
7. 12 David Glasgow	6-04	Golden Valley (SJ)
8. 12 Chris Staton	6-04	Patrick Henry
-- 12 Jon Willison	NH	Montgomery

High Jump Varsity - Finals

1. 12 Schquay Brignac	5-09 SR	Taft
2. 10 Rachel Ziemann	5-09	Edison (HB)
3. 11 Jenna Grimaldi	5-08	St Ignatius
3. 10 Chaunte Howard	5-08 SR	John W. North
5. 12 Niki Avery	5-08 PR	Lemoore
5. 9 Sharon Day	5-08	Costa Mesa
7. 12 Amber Nixon	5-08 PR	Amador Valley
8. 10 Bianca Ziemann	5-06	Edison (HB)
9. 12 Lisa Wygant	5-06	Adolfo Camarillo

Pole Vault Varsity - Finals

1. 12 Shane Hackett	16-04	Verdugo Hills
2. 12 Travis Offner	16-00 PR	Mt Carmel
3. 12 Logan Odden	15-08	Marina
4. 12 Jonathan Takahashi	15-08 PR	Grossmont
5. 12 Dustin Morrison	15-04	Alta Loma
6. 12 Pat Luke	15-00	Santa Margarita
7. 12 John Pinson	15-00 PR	Kennedy
8. 12 Daniel Lundy	14-02	Woodcreek
9. 11 Scott Sobieralski	13-08	Golden West

Pole Vault Varsity - Finals

1. 11 Laura Chen	12-04 SR	Temple City
2. 11 Melissa Astete	12-00	Birmingham
3. 11 Paige Roberts	12-00 SR	Atascadero
4. 12 Caroline Rebello	11-08 PR	Marina
4. 12 Buffie Ryan	11-08 PR	Soquel
6. 11 Katie Eckley	11-04	West Valley
7. 12 Lexine Lesser	10-10	Hanford
8. 12 Shannon Benson	10-10	Golden West
9. 11 Jamie Kolar	10-04	Poly (Long Beach)

Long Jump Varsity - Finals

1. 12 Oliver Jackson	24-04.25 (.9) SR	Royal
2. 12 David Malonson	24-00.25 (1.9)	Mayfair
3. 12 Jeff Billing	23-10.00 (1.5) PR	West Valley
4. 12 Tony Allmond	23-08.25 (2.2)	St. Paul

Long Jump Varsity - Finals

1. 9 Michelle Sanford	19-07.25 (1.9) SR	Woodbridge
2. 12 Shanita Bryant	19-04.00 (-.5)	Ygnacio Valley
3. 11 Jimia White	18-11.25 (.9) PR	Casa Roble

5. 12 Brandon Parker	23-05.25 (-.7)	Lincoln (S)	4. 11 Dana Bethel	18-10.25 (-.6)	Mission Viejo
6. 12 Juaune Armon	23-02.25 (1.5)	Archbishop Mitty	5. 11 Elzunia Lamb	18-07.00 (.8)	San Benito (Hollister)
7. 11 Trevell Quinley	22-10.00 (3.1)	Merrill West	6. 11 Porchea Carroll	18-04.50 (.4)	Rio Mesa
8. 12 Tony Ortiz	22-08.50 (2.2)	Helix	7. 12 Blessing Ufodiana	17-07.75 (1.4)	Poly (Long Beach)
9. 11 Christopher Morgan	22-02.50 (.2)	Taft	8. 10 Nastassja Hall	17-03.00 (1.0)	Rancho Buena Vista
			9. 12 Beyonka McDowell	17-00.00 (1.1)	Vallejo

Triple Jump Varsity - Finals

1. 11 Jamil Smith	49-04.25 (-3.0)	Palmdale
2. 12 Tony Ortiz	48-10.75 (-2.2)	Helix
3. 10 Donald Wilson	48-04.75 (1.6) PR	Dorsey
4. 12 Clarence Moore	48-03.75 (1.9)	Cypress
5. 12 Nate Maxwell	47-08.00 (1.4)	Mt Pleasant
6. 12 Anton Porter	47-06.50 (.9)	Highland (SS)
7. 11 Trandon Harvey	47-01.50 (1.5)	Sweetwater
8. 12 Jason Romero	45-08.75 (.9)	Ganesha
9. 12 James Sadler	45-04.75 (2.4)	Sierra

Triple Jump Varsity - Finals

1. 12 Blessing Ufodiana	40-08.75 (.5)	Poly (Long Beach)
2. 11 Candace Bauchman	40-06.75 (.9) SR	Poly (Long Beach)
3. 11 Brooklyn Hann	39-04.25 (-2.1)	Luther Burbank
4. 12 Aryn Murray	38-03.75 (-.9)	Live Oak
5. 12 Jenny Moore	38-01.00 (-.5)	Upland
6. 12 Lisa Smith	38-00.75 (-.7)	La Mirada
7. 11 Trinety White	37-10.75 (.8)	Marysville
8. 11 Kalani Holleman	37-07.50 (-.4)	Hayward
9. 10 Tiffany Johnson	36-11.00 (.0)	St Mary's College