



May 30-31
Veterans Memorial Stadium



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California Correctional Peace Officers Association

2025 CIF STATE TRACK & FIELD CHAMPIONSHIPS

May 30-31
Veterans Memorial Stadium
Buchanan HS, Clovis

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Pursuing Victory With Honorsm

Welcome to the CIF Championships! As you watch this education-based competition keep in mind the following excerpts from the CIF Mission Statement: "It's bigger than sports. The CIF provides students with the opportunity to belong, connect, and compete in education-based experiences." and "It is essential to have families and community supporters who display positive behavior which will allow our students to create their own experiences."

When you attended your last high school athletic event did you witness a crowd of spectators who were excited to be there and positively supported their team or did you see a group of people who constantly berated the officials, coaches, and even the student-athletes playing in the contest? While we hope it was the former, it is not surprising if it was the latter. And if that were the case, we can no longer sit back and observe that behavior without taking action. If we do, there is the real possibility that sometime in the near future there will no longer be enough officials for our students to play the game they love.

The CIF produced a public service announcement (PSA) that featured CIF student-athletes describing what they like about the support

they receive from their families and communities but also the behaviors they wish would not occur at their games. One student-athlete described her experience which is incredibly disheartening as our mission is for our participants to feel exactly the opposite:

You're trying your best and you're putting yourself out there and you're on the court, doing what you love, and seeing and hearing people belligerently be mean to you is frustrating. It makes you not want to play anymore. It makes you just want to go on the sidelines and cry. It's not fun.

To that end, the CIF put out the following message in the same PSA:

How we behave at games is a reflection of who we are. Let's turn the tables on bad behavior and show friends, students, our kids, and the other team a side of ourselves that makes them truly proud. Sportsmanship is simple. It means treating other students, fans, and opponents as you'd like your school's players to be treated. It also means showing respect to our game officials. Without them, our student-athletes don't get to play the sport they love. Only then are we worthy of the title of CIF student-athletes, families, and coaches. So, let's get back to what we do best,

California. Great competition and the best fans in the country. Thank you for being part of the change. And thank you for being there to lift us up.

We sincerely hope that you enjoy this exciting time of year when CIF member schools and student-athletes compete both regionally and statewide. As you enjoy these contests, please remember that the focus should be on our student-athletes and all that they have accomplished to get here. Please respect them, our coaches, and contest officials while cheering positively for your team. We appreciate your support of high school sports in California.

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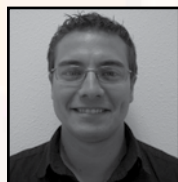


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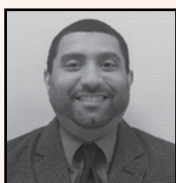
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Discover and explore the wealth of mental wellness and physical fitness online resources available for schools, coaches, families, and Californians of all ages at **MoveYourBodyCalmYourMind.org**.

WEBSITE



2025 Schedule

Field Events

Friday, May 30 - Qualifying Events

Event	Starting Time
Wheelchair/Ambulatory Shot Put Final	3:00 p.m. Final
Boys' Discus	3:00 p.m.
Girls' Long Jump	3:00 p.m.
Boys' Long Jump	3:00 p.m.
Girls' High Jump	3:00 p.m.
Unified Shot Put Final	5:00 p.m. Final
Girls' Discus	5:30 p.m.
Boys' Shot Put	5:30 p.m.
Boys' Pole Vault	6:00 p.m.
Girls' Pole Vault	6:00 p.m.
Boys' Triple Jump	6:00 p.m.
Girls' Triple Jump	6:00 p.m.
Boys' High Jump	7:00 p.m.
Girls' Shot Put	8:00 p.m.

Saturday, May 31 - Championship Events

Event	Starting Time
Boys' Discus	4:30 p.m.
Girls' Long Jump	4:45 p.m.
Boys' Long Jump	4:45 p.m.
Girls' High Jump	5:00 p.m.
Boys' Pole Vault	5:15 p.m.
Girls' Discus	6:30 p.m.
Boys' Shot Put	6:30 p.m.
Girls' Pole Vault	7:15 p.m.
Boys' High Jump	7:30 p.m.
Boys' Triple Jump	7:30 p.m.
Girls' Triple Jump	7:30 p.m.
Girls' Shot Put	8:30 p.m.

Track Events

Friday, May 30 - Qualifying Events

5:00 p.m. Girls' 4x100m Relay	Three Heats
5:15 p.m. Boys' 4x100m Relay	Three Heats
5:30 p.m. Girls' 1600m Run	Two Heats
5:45 p.m. Boys' 1600m Run	Three Heats
6:05 p.m. Girls' 100m High Hurdles	Three Heats
6:20 p.m. Boys' 110m High Hurdles	Four Heats
6:35 p.m. Wheelchair/Ambulatory 400m Dash	Finals
6:55 p.m. Girls' 400m Dash	Four Heats
7:10 p.m. Boys' 400m Dash	Four Heats
7:25 p.m. Girls' 100m Dash	Four Heats
7:40 p.m. Boys' 100m Dash	Four Heats
7:55 p.m. Girls' 800m Run	Three Heats
8:10 p.m. Boys' 800m Run	Three Heats
8:25 p.m. Girls' 300m LH	Four Heats
8:40 p.m. Boys' 300m IH	Four Heats
8:55 p.m. Unified 400 Relay	Final
9:05 p.m. Girls' 200m Dash	Four Heats
9:20 p.m. Boys' 200m Dash	Four Heats
9:35 p.m. Unified 100m Dash	Final
9:45 p.m. Girls' 4x400m Relay	Four Heats
10:05 p.m. Boys' 4x400m Relay	Four Heats

Saturday, May 31 - Championship Events

5:45 p.m. Girls' 400x100m Relay
5:50 p.m. Boys' 400x100m Relay
6:00 p.m. Girls' 1600m Run
6:10 p.m. Boys' 1600m Run
6:20 p.m. Girls' 100m High Hurdles
6:30 p.m. Boys' 110m High Hurdles
6:40 p.m. Girls' 400m Dash
6:45 p.m. Boys' 400m Dash
6:55 p.m. Girls' Ambulatory 100m Dash
7:00 p.m. Boys' Ambulatory 100m Dash
7:05 p.m. Girls' Wheelchair 100m Dash
7:10 p.m. Boys' Wheelchair 100m Dash
7:20 p.m. Girls' 100m Dash
7:25 p.m. Boys' 100m Dash
7:40 p.m. Girls' 800m Run
7:45 p.m. Boys' 800m Run
7:50 p.m. Girls' 300m LH
7:55 p.m. Boys' 300m IH
8:10 p.m. Girls' 200m Dash
8:15 p.m. Boys' 200m Dash
8:20 p.m. Girls' Ambulatory 200m Dash
8:25 p.m. Boys' Ambulatory 200m Dash
8:30 p.m. Girls' Wheelchair 200m Dash
8:35 p.m. Boys' Wheelchair 200m Dash
8:45 p.m. Girls' 4x800 Relay
9:00 p.m. Boys' 4x800 Relay
9:20 p.m. Girls' 3200m Run
9:35 p.m. Boys' 3200m Run
9:50 p.m. Girls' 4x400m Relay
9:55 p.m. Boys' 4x400m Relay



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2025 Meet Preview

RECORD-BREAKING TALENT IN THE GIRLS' HURDLES AND BOYS RELAY HEADLINE CIF STATE CHAMPIONSHIPS

By Rich Gonzalez, PrepCalTrack.com Editor
@PrepCalTrack on Instagram/X

By Rich Gonzalez
@PrepCalTrack on X and Instagram

Just when it seemed the unexpected loss of the state's two biggest headliners from last year would somehow dampen the excitement for the 105th CIF-State Track and Field Championships, the Golden State has responded in impressive fashion to produce a new cast of top-shelf stars, including state record breakers in both the girls 300-meter low hurdles (featuring one half of the amazing Herbst Twins) and the boys 4x100-meter relay as well as state class records in both the boys 110-meter high hurdles and 400-meter dash.

Add in the return of double gold medalist thrower McKay Madsen leading a list of eight returning champions in the individual events and it becomes very clear the year-end showcase will once again deliver a truckload of excitement and highlights. Very warm temperatures are once again forecast for the Clovis region, but a rise in the mercury often means a welcomed drop in the sprint times. Add in the fact the action once again takes place on Buchanan High's ultra-quick Beynon competition surface and we have the makings for another memorable weekend.

So welcome once again to Veterans Stadium for the premier state championship in America as downright dizzying depths of talent come together in a truly special single-division format (unlike the diluted fields across several divisions at most other state meets) to crown ONE true champion in leaving no doubt

who rules California in the sport of track and field.

Here's our detailed breakdown of big names and storylines for each of the event areas:

Peak anticipation levels swirl around the talent-stacked 300-meter low hurdles, where Carlsbad-SD senior Morgan Herbst is fresh off smashing the state record in the event with a jaw-dropping 39.95 scorcher at last weekend's San Diego Section Finals; her effort eclipsed eventual Olympic medalist Lashinda Demus' prior Golden State standard of 39.98 established in 2001. Only one of four preps nationally to ever eclipse 40 seconds for the low hurdles race, the University of Arkansas commit Herbst will need to be at the top of her game as this sizes up to be the deepest girls' lane race lineup in meet history! Long Beach Wilson-SS senior Kaylin Edwards has already proved Herbst is not invincible, defeating her head-on by one-hundredth of a second at last month's Mt. SAC Relays; her best of 40.56 is the fourth-fastest performance in the state this year, with all the top three clockings owned by Herbst. San Diego checks in with two additional top-shelf talents here as section runner-up Anisa Bowen-Fontenot of San Diego High dropped a 40.71 screamer in Herbst's record-breaking race while Otay Ranch's Zamaria Mack earned the race's bronze medal in 41.46. Central East's Sofia Lopes, the latest in a talented family of athletes, arrives as the Central Section champion after posting a 41.88 gem last week that ranks second-fastest in section history. Wiseburn DaVinci-SS senior Olivia Griffin posted a

career-best 41.89 her last time out while Long Beach Wilson-SS sophomore Saniah Varnado has gone low-42 this year. Bay School of San Francisco junior Soleil Warner powered to a 42.29 effort at the Arcadia Invitational, the fastest performance by a North Coast Section hurdler in 15 years.

Although not nearly as deep as the low hurdles race, the girls 100-meter hurdles also boast an "all-timer" talent on top as Bowen-Fontenot is showcased in her specialty event. The defending state champion and three-time San Diego Section queen, she crossed state lines in late March to absolutely torch the straight-away en route to victory at the energy-charged Texas Relays in a wind-aided 12.99 dazzler to rank as the third-fastest all-conditions performer in California history. Owning a wind-legal best of 13.16 that ranks her fourth-fastest in state history under record-eligible conditions, she has not lost to in-state foes in a span of 14 months. Long Beach Wilson's Edwards (13.79 personal best), the Southern Section Masters winner in both hurdle events, has lost only once this year in the 100 hurdles and has broken 14 seconds in each of her last six outings. River City-SJ senior Brooke White looms as an intriguing entry, dipping under 14 seconds in each of her last four races to arrive here as the meet's only unbeaten high hurdler; (she won the seeded race at the Arcadia Invitational, whereas Bowen-Fontenot won the invitational heat in a faster time). Central East's Lopes (13.96 wind-legal) is among three fastest hurdlers in Central Section annals while



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2025 Meet Preview

Otay Ranch senior Zamaria White (13.98 wind-legal) is among the five fastest hurdlers in San Diego Section history.

Nothing captivates nor entertains spectators quite like the relays, where collective batches of high-octane speed must be harnessed with precise exchange-zone passes to secure victory. As our Olympic-level national teams repeatedly demonstrate every quadrennial in disastrous fashion in the 4x100, that's easier said than done. At the prep level this year, state leader Rosary-SS and state #3 Calabasas experienced that firsthand in postseason, eliminated in the short relay's qualifying rounds due to exchange miscues. The biggest benefactors of their absence should be Southern Section speed merchant Long Beach Poly, which now holds a clear advantage over the field in the one-lap relay. The Jackrabbits own a seasonal best of 45.29, which is a whopping 0.83 seconds ahead of next-fastest Oaks Christian on the time charts. If Poly can secure 10 big points in the meet-opening race on Finals days, they'll sit in strong position to pursue a record 16th state team title on the girls' side; the Jackrabbits have won this relay a record nine times but not found the winner's circle since 2014.

Another Long Beach school, this time Wilson, is even more heavily favored in the 4x400 relay after the crew repeatedly whirled around the track to win bragging rights at the famed Texas Relays with a 3:39.60 burner that was fastest by a California team in 11 years! When using seasonal-best times, the Bruins maintain a stunning six-second lead over the next-best team in the field (St. Mary's Academy-SS) in an

event where the powerful Southern Section lays claim to the top seven seed times. However, SMA drew within 1.9 seconds in their most recent meeting. Wilson's title quest is powered by Brooke Blue and Saniah Varnado, where two of six girls in the qualifying heats have run faster than 55 seconds for the open 400 at their respective schools this season. Central Section rivals Clovis North and Central East are leading teams seeking to fracture the Southland's dominance this spring.

Now in its third year of existence, as a state meet event, the 4x800 relay features a straight final hosting 17 teams, with each section awarded a set number of spots into the highly competitive showdown. The Golden State this season is home to six of the nation's top 12 performers in the event, all of which have advanced to the final: #2 JSerra, 8:53.85 (faster than the meet record of 8:55.99); #6 Long Beach Wilson, 8:58.70; #7 Claremont, 8:59.39; #8 Clovis North, 9:00.27; #11 Buchanan, 9:02.13; #12 Santiago of Corona, 9:02.98. No other state has more than two schools represented in the national Top 25. Claremont, led by star 9th grader Grace Smith (2:08.55), emerged as the surprise 4x800 winner in the Southern Section wars by improving 22 seconds to cross the line first in a frenzied chase for the region's four coveted berths to the state meet. JSerra, which has won the last four state cross country team titles in Division IV, boasts the top individual entrant in senior Anne Elise Packard (2:07.72).

"To double, or not to double?" That is the question. For La Jolla's Chiara Dailey, Montgomery's Hanne Thomsen, and La Cañada's Maya DeBrouwer, the answer is

yes to doubling. But those big names trying to successfully do so at the California state meet is one very tall order. Not since Montgomery High's Sara Hall (née Bei) in 1998 has a female swept the CIF 1600 and 3200 titles. More recently, the state has flashed an unrivaled wealth of distance talent, making the possibility of doubling more daunting. That's evidenced in the 3200-meter run, where Golden Staters hold down six of the country's top 18 marks this spring, including state leader and San Diego Section champion Dailey, whose 9:58.02 head turner in dual meet action is the second-fastest time in America this year. Or how about Corona Santiago's Rylee Blade, who unbelievably broke ten minutes in near 100-degree heat at the section prelims. Also, the star-studded field includes Montgomery's Thomsen and Chula Vista Eastlake's Jaelyn Williams (9:55.31 and 9:57.31, respectively, last year), both seeking to regain championship form and the latter arriving here as defending champion. Thomsen has won the NCS Meet of Champions title four years in a row (plus two more crowns in the 1600) while Williams was the state's top cross-country performer at the 2023 Nike Cross Nationals. The cadre of talent spills even further as Trabuco Hills-SS senior Holly Barker and the West San Gabriel Valley vaunted trio of South Pasadena's Abigail Errington, Arcadia's Charlotte Hopkins and La Cañada's DeBrouwer all court sub-10:10 performances in their prep careers in what could result in a harrowing pace up front.

The 1600 turned into a more wide-open affair once three-time state champion Sadie Engelhardt of Ventura declared in preseason



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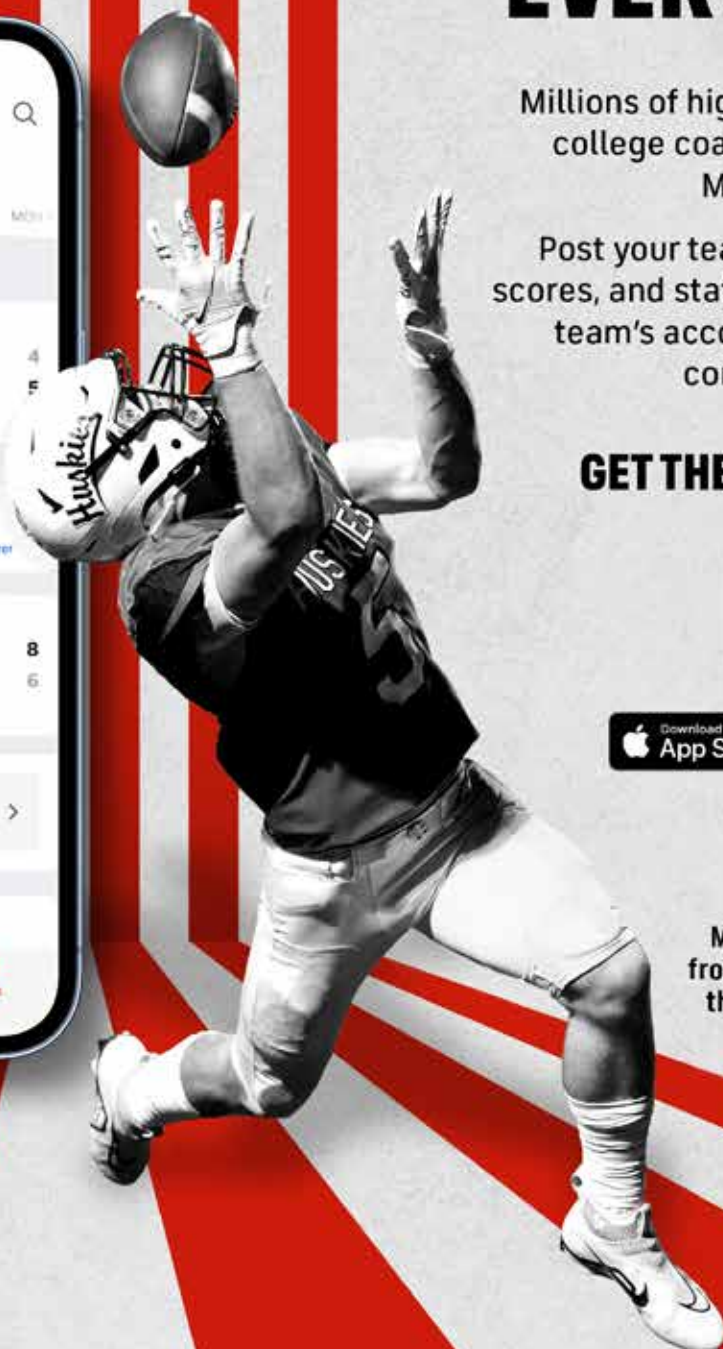
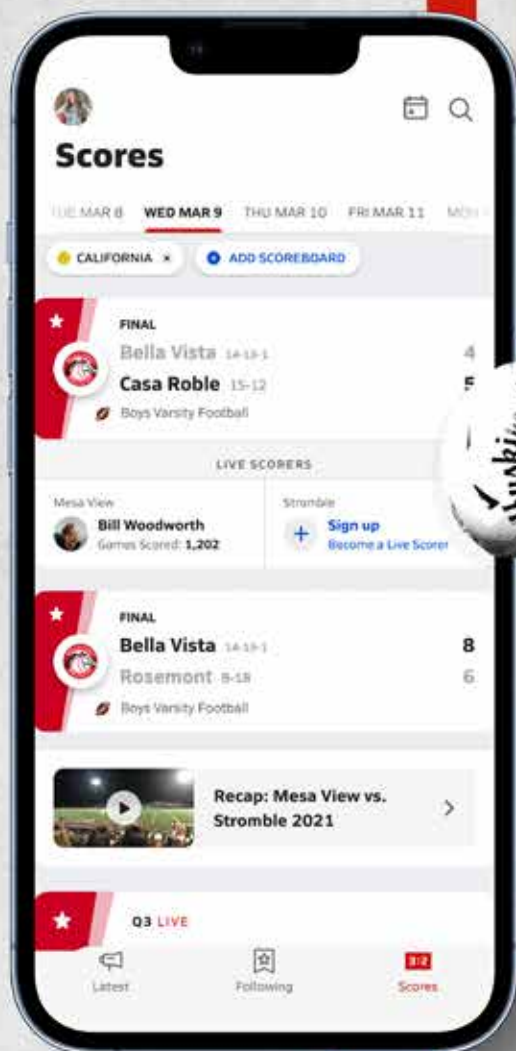
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2025 Meet Preview

that she'd forego her senior year of high school competition, swinging the gates open for a new victor to emerge. Dailey, who sped 4:41.92 for the full mile at this year's Arcadia Invitational, is the clubhouse leader to this point. Also ready to take their best shots are top returnee and big-race stalwart Braelyn Combe of Corona Santiago (the silver medalist last year in a career-best 4:39.73), Thomsen (4:41.16 at her league final), calloused racer Jordan Lieberman of Murrieta Valley-SS, intriguing frosh find Evangeline Williams of Trabuco Hills-SS, veteran race Kinga Czajkowska of Palo Alto-CC and excellent dark horse threat Annie Ivarsson of Dana Hills-SS.

The 800-meter entry list features one of America's most durable talents this spring as Carlsbad senior and top returnee Makenna Herbst (the silver medalist in 2024 and hurdler Morgan's twin sister) has been without peer. The only Californian to ever dip under 2:05 in high school races on three separate occasions in a single season, her 2:03.30 burner at the San Diego Section Finals checks in at #4 in the all-time state prep annals, with Harvard-Westlake-SS legend Amy Weissenbach's meet record 2:02.04 perhaps coming into focus! Prospect-CC senior Kylie Hoornaert, seventh last year, is the only other returning finalist in the field as the torturous fortunes of the saw three of last year's finalists succumb to the qualifying rounds.

Just when it appeared the Southern Section was primed to sweep the sprint titles, a few 11th-hour developments could leave the state's behemoth force completely shut out.

Entering the season, Jaslene

Massey of Aliso Niguel-SS was projected to be among the biggest threats to land the state's shot put title. One hundred days later, she's the most improved dual-threat thrower in all of America. Last year's bronze medalist in the shot put at 44-07.50, the impressively agile ring specialist has exceeded that distance in all 14 of her outings this season. Her biggest launch came at the Orange County Championships, powering out to 50 feet, 7 inches to arrive here as the state leader by exactly two-and-a-half feet and the 11th-best putter in state history. However, it's the dramatic improvement in her "secondary" event that's truly been eye-popping. When she uncorked a 165-06 fling in the discus throw at last weekend's Southern Section Masters Meet, it was not only a new state-leading toss for her for the third weekend in a row, it expanded her improvement arc in the event by a staggering 48 feet in one season! With the highly favorable discus conditions found at Buchanan High, the all-time lists will come under assault!

But the red-hot Massey will have challengers, with Sherman Oaks Notre Dame-SS junior Aja Johnson being chief among them. The defending state champion in the discus throw and the reigning silver medalist in the shot put, Johnson hopes to replicate last year's fine late-season pops to achieve more hardware. Her bests of 48-01 and 159-01 in the shot put and discus throw, respectively, both rank No. 2 on the yearly state lists. Redlands junior Su'Riah Williams, third here in the discus throw last year, is also heavily in the medals mix as is Archbishop Mitty-CC senior Maya Ifo Desai (154-11 early this month). In the shot put, Hollister-CE senior Golda

Demby and Paraclete-SS sophomore Lillian Wilson are both closing in on the 45-foot plateau.

There's always a series of factors — physical, mental, and strategic — that come into play when pole vaulters engage the pit at the state meet, but Del Norte's Paige Eschner has clearly enjoyed the best results to this point, courting a state-leading best (13-10.00) by 10 inches over the field, she also owns the 11 best career marks of all the aerialists gathered here. Burlingame-CC senior Avery Boyse is the lone remaining 13-footer in the field while Westlake-SS junior Claudia Turner is the sole additional returning finalist.

If there's one event that's the toughest to successfully predict the first five placers in exact order, this would be it. Welcome to the high jump apron, where mental stamina, nerves of steel and consistency in technique comprise the elusive elixir needed to mine gold. Long Beach Poly's Jillene Wetteland, who cleared 5-10 last year and again in unattached competition this past winter, has successfully cleared 5-08 in four occasions this spring to emerge as the favorite. Brea Olinda junior Julia Teven is the top returnee after mining the bronze medal last year; she has cleared 5-08 this season. Central East-CE senior Illicia Ross and Monta Vista-CC junior Lelani Laruelle are the only others to clear 5-8 this season.

The horizontal jumps added layers of intrigue in recent weeks as new threats emerged during the latter stages of the sectional qualifying rounds. Still, Jurupa Valley junior AB Hernandez tops the entry list as the clear favorite, having spanned 40 feet or farther on 10 occasions this year, although nearly half of those efforts were



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in pits at venues deemed low on sand to yield a few extra inches of distance in those efforts. Still, Hernandez's consistency — including two efforts at a state-leading 41-04 on pits with proper sand levels — tab last year's bronze medalist as the clear choice here. Kira Gant Hatcher of Berkeley St. Mary's College Prep is the only other 40-footer in the field, with her 40-10.50 extender aided by a very brisk 4.5 meters-per-second tailwind at the North Coast Section Meet of Champions.

The girls long jump competition could play out as a tense back-and-forth affair, with defending champion Loren Webster of Long Beach Wilson-SS seeking valuable team points on the runway. She owns the best leap of any jumper in the field, soaring to a credible 20-09.25 at last year's state prelims and credited with 20-foot-plus efforts on three additional occasions. St. Ignatius junior Ellie McCuskie-Hay, fifth here last year, is stretching the band yet again this weekend as one of the state's most amazing talents is featured in the 100 and 200 as well, sweeping both dashes at the Central Coast Section Championships. La Cañada-SS senior Katie McGuinness captured lightning in a bottle to post a big state-leading 20-04 performance at her section prelims while Jurupa Valley's Hernandez has been credited with a 20-01.50 performance in league action, but in low sand levels. Her most credible backup mark comes from last weekend's Southern Section Masters, when she stretched a wind-legal 19-03.50.

The biggest national news generated on the boys side this year by Golden Staters came at the big Arcadia Invitational affair, where Servite-SS of Anaheim sent

shockwaves in breaking the state record in the 4x100 relay in 40 seconds flat, the second-fastest time ever by a non-Texas lineup. But what made the performance especially noteworthy was the fact the quarter was an all-underclass unit of sophomores Benjamin Harris and Robert Gardner and freshmen Jorden Wells and Jaelen Hunter. No frosh-soph unit has ever run as fast nationally. Before the shiny gold medals are presented, however, it should be noted that one of the four appeared to pull up at the end of his individual dash race at last week's state qualifier. Regardless, the Friars horde plenty of speed in their stable and are ready to replenish, if need be. With both Long Beach Poly and Rancho Cucamonga encountering elimination disaster in the postseason rounds, fast-improving Notre Dame of Sherman Oaks (40.77), North Coast champion El Cerrito (40.87) and De La Salle (40.91) have also cracked under 41 seconds. In the 4x400, the state has exhibited alarming depth this spring as eight schools are featured that have all tucked under 3:14! Leading the way is Long Beach Poly, whose 3:09.94 scorcher at the Mt. SAC Relays is the fastest regular season time we've seen by a Golden State squad since the heydays of great Muir High dynasty, Culver City and Central East lead the pursuit pack, but keep in mind that several teams are nursing at least mild injuries down the stretch so it'll be interesting to see the end results.

The boy 4x800 delivered absolute carnage at the Southern Section's state qualifier as most of the state's top squads threw off the gloves in a barnburner. Once the smoke had cleared, Great Oak — the second-fastest team in

state history at 7:35.01 in April — missed qualifying into here by a mere one-hundredth of a second. Instead, Mira Costa arrives as the slight favorite after rolling to a big 7:37.84 surprise effort to win the SS clash. Long Beach Wilson harbors loads of talent here while Oaks Christian "met the moment" in their qualifier to throttle several much larger programs. Jesuit defeated several of the top squads at Arcadia and seeks to recalibrate to championship levels again here.

Expanding on the topic of marvelous underclassmen, we also present to you San Diego High's Jasir Fontenot, an age-group standout who has successfully mastered adjusting to the next level. The precocious ninth grader smashed the state's freshman wind-legal record with a 13.62 screamer at last month's Mt. SAC Relays, the last week scorched the San Diego Section's all-class championships with a wind-aided 13.40 performance, the fastest clocking ever by a Californian during the regular season, regardless of grade; it also ranks him fourth nationally this year under all conditions. Fontenot is facing one of the deeper groups of hurdlers in state history as seven others in the field have broken 14 seconds this spring under all conditions. Long Beach Poly junior Lynnox Newton has been on an absolute mission of late, recording successive lifetime bests in each of his last four outings, including 13.84 to win the Southern Section Masters Meet. Ramona of San Diego's Sterling Bryant has ripped under 14 seconds in each of his last five races, including an all-conditions best 13.81 at last weekend's San Diego Section Finals. Buchana senior Hudson Hergenrader broke his school record on this very



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track to win last weekend's "Valley Championships" ahead or Visalia Redwood's Wyatt Ruby. Decathlon specialist clocked 13.96 at the Sac-Joaquin Section Trials while Sherman Oaks Notre Dame-SS junior Beckham Borquez surprised with a school record 13.96 at Southern Sectionals.

As is always the case, the state's premier intermediate hurdlers are beginning to post time drops in late-season affairs, but Etiwanda-SS sophomore Brandon Andrade and Carson-LA junior Jayden Rendon remain atop the state lists from their mid-April showdown in times of 36.79 and 36.86, respectively, in major breakthroughs for both. Andrade has exhibited early signs of promise to evolve into one of the state's all-time greats. Canyon of Canyon Country's Jordehn Gammage, the defending champion in the intermediates, is on somewhat of a different timeline than his peers this season but seeks to perfectly time another great peak in Clovis. Additional title threats from Southern Section include seniors Kingston Waring of Culver City, Terrence Whaley of Orange and Mac Lamkin of Mira Costa.

With defending 100/200 champion Brandon Arrington of Mt. Miguel sidelined by injury and a couple of other key talents also eliminated prematurely, the mantle for sprints supremacy has been reopened. Make your picks. From the south, Alemany sophomore Demare Dezeurn has clearly raised his game in recent weeks, slicing precious hundredths of a second off his time to secure the Southern Section's 100-meter crown and crossing 0.07 seconds behind Rancho Cucamonga-SS junior Rodney Sermons Jr. in their duel at 200. Sermons, who just last week reclassified his standing to

depart high school early for USC and the accompanying football buzz, has been very steady for the Cougars down the stretch. From the north, Jaden Jefferson has seen his stock rise notably of late, including his sweep of the North Coast Section titles in career-best and wind-legal performances (10.30 and 21.11).

Cy Lugo of Elk Grove-SJ has delivered multiple swift performances with little fanfare, positioning himself as a sneaky favorite to land the title in the deuce while Santa Margarita-SS senior Leo Francis has delivered notably on the prowess we identified entering the season, setting school records in three events (including 20.99 in the 200 and 23-09.00 in the long jump, both events he's qualified for this weekend). The 400-meter dash showcases a late bloomer and The Hunter, the former being Temecula Valley-SS senior Jack Stadlman and the latter in Servite-SS ninth-grade phenom Jaelen Hunter. The previously unheralded Stadlman elicited national attention with a stunning 45.69 season opener on March 1 to improve by more than three seconds on his prior-year best, moving to No. 8 on the state's illustrious all-time list. He's yet to return to that same form, however, then had his unbeaten season ledger in the event halted by Hunter, racing 46.91 at last week's Southern Sectionals to win by precisely one second. Earlier this month, Hunter broke the state freshman class record, blurring to a 46.32 effort at the Trinity League Finals. Culver City's Duaine Mayrant, last year's bronze medalist, returns to improve his standing as does sixth placer Kaedyn Burroughs of Long Beach Wilson.

In the distances, Dana Hills-SS senior Evan Noonan seeks to

repeat as 3200-meter champion, ditching earlier thoughts to attempt a distance double to instead focus on his specialty event. Noonan, last year's Nike Outdoor Nationals champion at two miles (the closest distance event to the 3200 meters), has added ample muscle this spring to more closely resemble a collegiate standout. His seasonal best of 8:55.76 is still a dozen seconds off his time from last year's state victory, but he's appeared more in control of his races. In a race lineup loaded with dangerous contenders, the Central Coast Section duo of champion Landon Pretre (8:48.57) at Menlo School and Yosef Berhan (8:49.65) of Piedmont Hills each tucked under 8:50 at their state qualifier to record the two fastest times of the season. Dangerous veteran threats also gathered here include Santa Cruz's Eli Fitchen-Young and Sonora's Broen Holman. Conor Lott of Clovis North-CE has earned respect with multiple strong efforts this school year while Woodcrest Christian-SS senior Eyan Turk is a small-schools talent with big-time ambition.

With four-lap leader Noonan leading three of the state's five fastest "milers" to drop from the event at state, look for big-race talent Lott of Clovis North and top returnee Benjamin Bouie of Crystal Springs Uplands (fourth last year) to head up the list of contenders. Newly minted school record holder Luke Sanders of Buchanan-CE and former state cross country champ Aydon Stefanopoulos of Los Gatos-CC are also featured while Woodbridge-SS sophomore Aidan Antonio has shown flashes of pending greatness this postseason. The quest for 800-meter glory showcases several top talents that met up at the midseason Distance Meet of

2025 Meet Preview

Champions at Arroyo High, where Sage Creek-SD junior Josiah Bowman earned the spoils in 1:50.39, still the state-leading time. So many fine talents line the entry list here, with juniors Alden Morales of JSerra-SS (1:49.91 last year) and Wyland Obando of Long Beach Wilson-SS big on experience at this level. Two dazzling sophomores represent the Sac-Joaquin Section, where Lucas Alberts has repped the juggernaut Jesuit program in strong distance relay efforts as well while McClatchy's Hugh Heyer has also risen to be among the top tier.

When the metric is consistency, Clovis North senior McKay Madsen is the most prolific discus thrower in Golden State annals. Thirteen times in his prep career — including six times here at Buchanan High — the Brigham Young University commit has surpassed 200 feet in the sector, the most in state history. His most prodigious launch came early last month, unleashing a towering 211-06 performance in dual meet action as part of a hot streak that has seen him exceed 200 feet in 8 of his last 9 meets. Yucaipa's Benjamin Lingenfelter, whose best of 200-10 came at last weekend's Southern Section Masters, is the only thrower within 24 feet of him. In the shot put ring, Madsen's equally dominant in blasting out to 68-04 at the Sanger Metric Classic, moving to #11 on the state's all-time list. His margin of more than six feet over Amador's Eliot Traxler (62-01.25 this season after not advancing to state in the event last year) pegs Madsen as the clear choice to successfully defend both of his throw titles from a year ago.

Action in the high jump should be nail-biting as always,

with Antelope senior Quentin Mitchell entered as one of two 7-footers in the competition, having eclipsed the barrier two weekends ago at the Sac-Joaquin Section Divisional Finals in 7 feet even. Placing only 14th at state last year, Mitchell has displayed fine consistency to successfully negotiate 6-10 or better in five competitions this year. Notre Dame of Sherman Oaks junior Joshua Harel led the state with a 7-00.25 clearance last season en route to bagging the silver medal weeks later. In very limited action this spring, Harel has twice made 6-10. Mater Dei-SS senior Brandon Gorski, the lone additional state meet finalist from 2024, has returned from injury this year to advance here in both the high jump and the long jump.

The field of leading pole vaulters made it to Clovis unscathed during the qualifying rounds as the state's top dozen vaulters all survived the "Road To State" minefield to land in Friday's qualifying round. Defending champion Kai Anderson of University City-SD cleared 17-01 at last month's Mt. SAC Relays to move to within an inch of the San Diego Section's all-time record (held by La Costa Canyon's Garrett Brown in 2021), but his performance only earned the silver medal as Pittsburg's Khaliq Muhammad cleared the same bar but was declared the winner on fewer misses. Muhammad took the outright state lead in the event earlier this month, nailing 17-02 at the Blossom Valley Athletic League Championships. Del Oro-SJ senior Ryan Auble won last week's Sac-Joaquin Section Finals in a career-best 16-07. Granite Bay-SJ senior Jack Marek, the lone remaining state finalist from last year, cleared 16-06-75

at this year's Texas Relays. Santa Margarita-SS senior Brady Furr and San Dieguito Academy-SD junior Dylan Yarbrough, respective school record holders, have also enjoyed consistent breakthroughs this spring.

Three legitimate 24-foot leapers grace the state's long jump list (excluding three additional athletes hitting the feat on pits with low sand levels) and each has successfully steered their path to Buchanan High. In the case of Clovis-CE sophomore Kayden Lewis, his state-leading 24-08.75 performance came last week at this very same Veterans Stadium venue to capture the Central Section Masters Meet via a personal improvement exceeding 15 inches! Elsinore senior Nicolas Alexis is riding a groove of late as well, breaking the 24-foot threshold to win the CIF-SS Masters Meet against a mild headwind in 24-03.50; he'd already exceeded 23-05 in 7 of his 8 prior meets. Cathedral Catholic senior Steven Evans-Glynn stretched 24-03 to win the San Diego Section's Division 2 crown but placed second by a fraction of an inch to Mater Dei Catholic's Mekhi Oluwa at the section's all-class championships.

With varying sand levels at an alarming number of venues this year, it's tricky seeking to handicap the triple jump battle. Cajon-SS senior Keith Cotlage has been tentatively credited with a 50-07 performance at his league finals this month (his only measurement beyond 49 feet) while Quartz Hill-SS senior Camren Smith brushed 49-11.25 at the Simi Valley Invitational. Elsinore's Alexis has made 49-feet-plus on three occasions this year but took third to Cotlage and Smith at the Southern Section Masters.

CIF State Track & Field Championships

Event 9 Girls 100 Meter Dash Varsity

9 Advance: Top 1 Each Heat plus Next 5 Best Times

State Meet: 11.14 6/6/1992 Marion Jones (Thousand Oaks)

Lane	Name	Yr	School	Seed Time
Heat 1 of 4 Prelims				
1	Ani Brown	12	Granada Hls-la	12.43
2	Alysiana Winston	12	Twelve Brid-sj	12.03
3	Eden Murray	11	Mater Dei-ss	11.78
4	Leila Holland	12	Poly(LB)-ss	11.66
5	Journey Cole	12	Redondo-ss	11.36
6	Joelle Frazier	11	Univ City-sd	11.65
7	Ellie McCuskey-Hay	11	St. Ignatius-cc	11.78
8	Julia Bayon	10	Redwood-nc	11.98
9	Ahmani Collins	9	Weed-no	12.38
Heat 2 of 4 Prelims				
1	Alicia Choy	9	Lowell-sf	12.56
2	Christina Gray	11	Carson-la	12.07
3	Zoe Goldsmith	12	Clovis North-cc	11.78
4	Amaya Rice	12	Lakewood-ss	11.72
5	Keelan Wright	12	Chaparral -ss	11.41
6	Naija Sizemore	11	Vanden -sj	11.65
7	Amirat Temi Aganju	11	Pittsburg-nc	11.78
8	London Shedd	10	Liberty-nc	11.90
9	Okpe Maku	10	Archbish Mtty-cc	12.37
Heat 3 of 4 Prelims				
2	Jazzmin Williams	12	Inderkum -sj	12.08
3	Kyra Terry	12	Oaks Chr-ss	11.82
4	Aniya Scott	9	Steele Cyn-sd	11.75
5	Malia Rainey	10	Calabasas -ss	11.57
6	Taylor Anyansi	12	Murr Val-ss	11.63
7	Maliyah Collins	9	Rosary-ss	11.77
8	Brooklyn Lee	11	Poly(LB)-ss	11.84
9	Avery Hui-Bytof	10	St. Ignatius-cc	12.36
Heat 4 of 4 Prelims				
2	Nevaeh Howard	10	Stockdale-cc	12.14
3	Dylan Nelson	10	Matthias/PiusX-s	11.82
4	Devyn Sproles	9	Oaks Chr-ss	11.76
5	Marley Scoggins	11	Calabasas -ss	11.60
6	Olivia Kirk	11	Calabasas -ss	11.63
7	Lauren Gilhooly	12	Coronado-sd	11.76
8	Victoria Chatter	12	Buchanan-cc	11.82
9	Tiffany Williams	12	Carson-la	12.34

Event 15 Girls 200 Meter Dash Varsity

9 Advance: Top 1 Each Heat plus Next 5 Best Times

State Meet: 22.52 6/7/2003 Allyson Felix (LA Baptist)

Lane	Name	Yr	School	Seed Time
Heat 1 of 4 Prelims				
2	Julia Bayon	10	Redwood-nc	24.63
3	Joelle Frazier	11	Univ City-sd	24.39
4	Amira Whitehead	10	Summit-ss	24.03
5	Keelan Wright	12	Chaparral -ss	23.21
6	Tamea Crear	10	W. Ranch-ss	24.03
7	Timyra Payne	11	Monte Vista-sd	24.36
8	Christina Gray	11	Carson-la	24.62
Heat 2 of 4 Prelims				
2	Hannah Rutherford	12	Mountain V-Cc	24.72
3	Dylan Nelson	10	Matthias/PiusX-s	24.43
4	Victoria Chatter	12	Buchanan-cc	24.05
5	Justine Wilson	11	Rosary-ss	23.38
6	Maliyah Collins	9	Rosary-ss	23.89
7	Briyanna Word	12	St. Mary's -sk	24.34
8	Emery Gonzales	10	Torrey Pines-sd	24.60
9	Nicole Weaver	12	West Valley-no	25.56
Heat 3 of 4 Prelims				
2	London Shedd	10	Liberty-nc	24.78
3	Clara Adams	10	No. Salinas-cc	24.47
4	Ellie McCuskey-Hay	11	St. Ignatius-cc	24.06
5	Marley Scoggins	11	Calabasas -ss	23.59
6	Madison Mosby	12	S Mary's Acad-ss	23.88
7	Malia Rainey	10	Calabasas -ss	24.24
8	Trinity Bailey	12	Tulare Wester-cc	24.58
9	Kaitlyn E. Williams	12	Carson-la	25.12
Heat 4 of 4 Prelims				
2	Isabella Moriyama	12	Monte Vst-nc	24.90
3	Zoe Goldsmith	12	Clovis North-cc	24.47
4	Aurya Beatty	10	Poly(LB)-ss	24.08
5	Naija Sizemore	11	Vanden -sj	23.61
6	Olivia Kirk	11	Calabasas -ss	23.80
7	Amaya Rice	12	Lakewood-ss	24.08
8	Alysiana Winston	12	Twelve Brid-sj	24.53
9	Ani Brown	12	Granada Hls-la	25.00

Event 7 Girls 400 Meter Dash Varsity

9 Advance: Top 1 Each Heat plus Next 5 Best Times

State Meet: 50.74 6/3/2000 Monique Henderson (Morse)

Lane	Name	Yr	School	Seed Time
Heat 1 of 4 Prelims				
2	Eden Enoru	12	Heritage-nc	57.19
3	Alexandra (Lexi) Schartmann	11	Immanuel-cc	55.61
4	Rayah Rodriguez	11	Oaks Chr-ss	54.92
5	Clara Adams	10	No. Salinas-cc	53.23
6	Amira Whitehead	10	Summit-ss	54.91
7	Lael Brown	9	Chr. Brth. -sj	55.53
8	Lainey Reiter	11	Siena Ju-nc	57.07

CIF State Track & Field Championships

Heat 2 of 4 Prelims...(Event 7 Girls 400 Meter Dash Varsity)

2	Savanah Williams	10	Granada Hls-la	57.22
3	Brooke Blue	11	Wilson(LB)-ss	55.69
4	Gabrielle Hawkins	12	Olympian-sd	55.15
5	Madison Mosby	12	S Mary's Acad-ss	53.53
6	Gabi Belli	10	Bullard-ce	54.88
7	Emery Gonzales	10	Torrey Pines-sd	55.37
8	Lyric Scott	9	Canyon (Cc)-Ss	55.84

Heat 3 of 4 Prelims

2	Aliyah Choi	11	Enterprise-no	57.32
3	Graycie Serpa	11	Redwood (Vis	55.71
4	Lanai Gant	12	Canyon (Cc)-Ss	55.22
5	Hannah Rutherford	12	Mountain V-Cc	53.99
6	Justine Wilson	11	Rosary-ss	54.79
7	Madison Kohli	10	Los Gatos-cc	55.35
8	Bella Cablayan	11	Murr Me-ss	55.82
9	Brooklyn Harris	12	Hamilton-la	58.93

Heat 4 of 4 Prelims

2	Isabella Moriyama	12	Monte Vst-nc	57.54
3	Alaya Graves-Hogains	10	Canyon (Cc)-Ss	55.79
4	Kaitlyn Arciaga	12	Westview-sd	55.26
5	Brianna Word	12	St. Mary's -sk	54.60
6	Aurya Beatty	10	Poly(LB)-ss	54.77
7	Madeline Zimmerman	11	McClatchy -sj	55.28
8	Camille Bursey	11	Sheldon -sj	55.79
9	Quinn Powell	10	Eagle Rock-la	58.19

Event 11 Girls 800 Meter Run Varsity

12 Advance: Top 3 Each Heat plus Next 3 Best Times

State Meet: 2:02.04 6/4/2011 Amy Weissenbach (Harvard Westlak

Lane	Name	Yr	School	Seed Time
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Heat 1 of 3 Prelims

1	Makenna Herbst	12	Carlsbad-sd	2:03.30
2	Shirayah Lewis-Williams	10	Wilson(LB)-ss	2:10.28
3	Lily Symon	11	Los Altos-cc	2:10.29
4	Isabella Wroblewski	10	Yorba Linda-ss	2:11.19
5	Michela Miracco	12	Sage Creek-sd	2:11.48
6	Hailey Sellers	10	Branson -nc	2:12.25
7	Savannah Harris	12	Lick-Wlrmnc-nc	2:12.66
8	Addison Ewers	11	Whitney -sj	2:14.92
9	Veronica White	11	Chr. Brth. -sj	2:15.41
10	Chloe Leduc	11	Oakland Tec -ok	2:20.14
11	Sage Kodama	12	Taft-la	2:21.26

Heat 2 of 3 Prelims

1	Anne Elise Packard	12	Jserra-Ss	2:09.55
2	Josie Hill	10	Tech Hi-nc	2:10.16
3	Grace Smith	9	Claremont -ss	2:10.58
4	Chloe Elbaz	11	Jserra-Ss	2:10.87
5	Harper Diaz	10	Santana-sd	2:11.62
6	Miriam Aguirre	12	Pat. Henry-sd	2:12.22
7	Ava Padilla	9	Monte Vst-nc	2:12.80
8	Riley Jones	10	Wilson(LB)-ss	2:13.04
9	Brianna Hayes	11	Core Butte	2:16.19
10	Scarlet Harris	10	El Cam. Real-la	2:20.13

Heat 3 of 3 Prelims

1	Ava Decleve	11	Scotts Valley-cc	2:09.56
2	Sabrina Zanetto	12	St. Fran(MV)-cc	2:09.79
3	Kylie Hoornaert	12	Prospect-cc	2:10.64
4	Keani Neuhs	12	Templeton-ce	2:10.67
5	Giselle Renney	10	Clovis North-cc	2:11.70
6	Delaney Hennigan	11	Westview-sd	2:11.92
7	Wendy Wilson	10	Morro Bay-ce	2:12.85
8	Azra Gercek	9	Portola-ss	2:12.88
9	Tyleah Badea	10	Beyer -sj	2:16.54
10	Annabelle Refnes	11	Pali-la	2:18.15

Event 3 Girls 1600 Meter Run Varsity

12 Advance: Top 4 Each Heat plus Next 4 Best Times

State Meet: 4:32.06 5/25/2024 Sadie Engelhardt

Lane	Name	Yr	School	Seed Time
------	------	----	--------	-----------

Heat 1 of 2 Prelims

1	Chiara Dailey	11	La Jolla-sd	4:43.57
2	Evangeline Williams	9	Trabuco Hls-ss	4:47.22
3	Hanne Thomsen	12	Montgom -nc	4:47.25
4	Reese Holley	10	Jserra-Ss	4:49.32
5	Amaya Bharadwaj	11	Palo Alto-cc	4:49.63
6	Maya De Brouwer	12	La Canada-ss	4:51.06
7	Anali (Ani) Stieg	11	A. Williams-nc	4:51.12
8	Isla Bulmer	11	Claremont -ss	4:52.08
9	Khloe DeLaTorre	11	Vacaville -sj	4:52.74
10	Shelby Taylor	10	Morro Bay-ce	4:55.74
11	Ayanna Hickey	11	The Bis Sch-sd	4:56.62
12	Paulina Martins	12	Orland-no	5:02.70
13	Ananya Balaraman	11	No. Holly-la	5:03.75
14	Angelique Morales	12	Brave Med Mg-la	5:18.76

Heat 2 of 2 Prelims

1	Braelyn Combe	11	Santiago(Cor)-ss	4:44.36
2	Annie Ivarsson	12	Dana Hills -ss	4:47.17
3	Kinga Czajkowska	12	Palo Alto-cc	4:47.75
4	Jordin Lieberman	12	Murr Val-ss	4:48.17
5	Giselle Fernandez	11	Riverbank -sj	4:50.10
6	Farah Allen	10	Branson -nc	4:50.49
7	Carol Dye	10	S Juan Hls-ss	4:51.50
8	Norah Feldt	10	Davis -sj	4:51.99
9	Sierra Cornett	12	Buchanan-ce	4:52.96
10	Brooklyn Buckley	9	Buchanan-ce	4:53.56
11	Anna Salter	11	Crystal Sprgs-cc	4:56.63
12	Jocelyn Gibson	12	Cath. Cath-sd	4:57.41
13	Chloe Leduc	11	Oakland Tec -ok	5:13.63
14	Angelina Lopez	12	Canoga Pk-la	5:17.76

CIF State Track & Field Championships

Event 19 Girls 3200 Meter Run Varsity

State Meet: 9:52.13 5/31/2008 Jordan Hassay				
Lane	Name	Yr	School	Seed Time
Section 1 of 1 Finals				
1	Rylee Blade	12	Santiago(Cor)-ss	10:11.38
2	Chiara Dailey	11	La Jolla-sd	10:15.74
3	Jaelyn Williams	11	Eastlake-sd	10:16.39
4	Holly Barker	12	Trabuco Hls-ss	10:18.10
5	Hanne Thomsen	12	Montgom -nc	10:19.56
6	Summer Wilson	11	Irvine-ss	10:21.90
7	Charlotte Hopkins	11	Arcadia -ss	10:23.22
8	Abigail Errington	12	So. Pasadena-ss	10:23.58
9	Amrie Lacefield	12	Montgom -nc	10:25.52
10	Lily Montilla	12	Las Lomas-nc	10:29.01
11	Megan Crum	12	Temescal Cyn-ss	10:29.46
12	Maya De Brouwer	12	La Canada-ss	10:30.01
13	Katja Dunayevich	12	Canyon Cr Ac-sd	10:30.26
14	Isabella Ramirez	11	Bullard-ce	10:35.67
15	Natalie Arriaza	11	Patterson -sj	10:37.83
16	Sophie Hutchinson	11	Whitney -sj	10:39.90
17	Avery Carlson	11	Pitman -sj	10:41.36
18	Gaby Gutierrez	9	Buchanan-ce	10:43.74
19	Veronica Taira	12	Menlo-cc	10:48.53
20	Brooke Oliveira	10	Castilleja-cc	10:48.96
21	Arianna Diaz	10	Mt. Whitney-ce	10:49.55
22	Maya Eisenberg	12	Mountain V-Cc	10:52.01
23	Paulina Martins	12	Orland-no	10:56.73
24	Angeles Feliciano	12	Santee-la	11:25.75
25	Angelina Lopez	12	Canoga Pk-la	11:34.62
26	Angelique Morales	12	Brave Med Mg-la	11:36.03
27	Chloe Leduc	11	Oakland Tec -ok	11:59.55

Event 5 Girls 100 Meter Hurdles Varsity

9 Advance: Top 1 Each Heat plus Next 6 Best Times				
State Meet: 13.03 6/2/2007 Vashti Thomas (Mt. Pleasant)				
Lane	Name	Yr	School	Seed Time
Heat 1 of 3 Prelims				
1	Aryanna Ary	11	Monroe-la	15.72
2	Hope Diekmann	11	S. Ramon V-Nc	14.76
3	Alene Washington	12	Wilson(LB)-ss	14.33
4	Starla Skiles	12	Ripon -sj	14.08
5	Anisa Bowen-Fontenot	12	San Diego-sd	13.38
6	Sofia Lopes	11	Central E-Ce	14.04
7	Breelyn Newsome	12	Aleman -ss	14.26
8	Kinsley Efird	9	Clovis-ce	14.76
9	Sara Nordlund	12	Mnlo Ath-cc	15.19

Heat 2 of 3 Prelims

1	Nancy Javkhlan	12	Granada Hls-la	15.82
2	DeAuna Louis	12	Girls Acad-la	14.87
3	Emma San	12	Dublin-nc	14.59
4	Gabrielle Thomas	11	Grossmont-sd	14.14
5	Kaylin Edwards	12	Wilson(LB)-ss	13.87
6	Lorin Hervey	11	St Bernard-ss	14.01
7	Kadence Bain	10	Poly(LB)-ss	14.21
8	Tatum Trucks	9	Carondelt-nc	14.73
9	Iris Severne	11	Hope	15.07

Heat 3 of 3 Prelims

1	Sophia Manuel	12	Washington-sf	16.44
2	Lilah Green	12	Morro Bay-ce	14.89
3	Daniela Hughes	11	Los Altos-cc	14.64
4	Olivia Griffin	12	Da Vinci Cha	14.18
5	Brooke White	12	River City -sj	13.89
6	Zamaria Mack	12	Otay Ranch-sd	13.98
7	Kylani Gaines	11	Poly(Riv)-ss	14.21
8	Jordin McDowell	12	Atwater -sj	14.66
9	Shiloh Haliburton-Rudy	11	Archbish Mtty-cc	15.04

Event 13 Girls 300 Meter Hurdles Varsity

9 Advance: Top 1 Each Heat plus Next 5 Best Times				
State Meet: 40.10 6/4/2005 Ebony Collins (Wilson, Long Beach)				
Lane	Name	Yr	School	Seed Time

Heat 1 of 4 Prelims

2	Iris Severne	11	Hope	46.24
3	Emily Gallegos	9	Buch. Col -sj	43.90
4	Isabel Garcia	10	Holtville-sd	42.88
5	Morgan Herbst	12	Carlsbad-sd	39.95
6	Nia Faulknor	9	Windward-ss	42.83
7	Starla Skiles	12	Ripon -sj	43.85
8	DeAuna Louis	12	Girls Acad-la	46.12

Heat 2 of 4 Prelims

2	Sophia Manuel	12	Washington-sf	47.81
3	Shiloh Haliburton-Rudy	11	Archbish Mtty-cc	44.23
4	Kadence Bain	10	Poly(LB)-ss	43.18
5	Anisa Bowen-Fontenot	12	San Diego-sd	40.71
6	Saniah Varnado	10	Wilson(LB)-ss	42.71
7	Emma O'Neil	12	Clovis North-ce	43.79
8	Savannah Sawyer	12	Ygnacio Val.-nc	45.36

Heat 3 of 4 Prelims

2	Nancy Javkhlan	12	Granada Hls-la	47.97
3	Kyrrahlynn Dowell	12	Tracy -sj	44.32
4	Kylani Gaines	11	Poly(Riv)-ss	43.29
5	Kaylin Edwards	12	Wilson(LB)-ss	41.48
6	Olivia Griffin	12	Da Vinci Cha	41.89
7	Brooklyn Bawanan	11	El Diamante-ce	43.76
8	Kiana Chen	11	Carlmont-cc	45.17



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Heat 4 of 4 Prelims...(Event 13 Girls 300 Meter Hurdles Varsity)

2	Jazmin Watts	11	San Pedro-la	48.34
3	Sara Nordlund	12	Mnlo Ath-cc	44.57
4	Joy Anderson	12	Poly(LB)-ss	43.62
5	Zamaria Mack	12	Otay Ranch-sd	41.75
6	Sofia Lopes	11	Central E-Ce	41.88
7	Janelle Wanliss	12	Santa Rosa-nc	43.74
8	Soleil Warner	11	Bay Schl SF-Nc	45.11

Event 1 Girls 4x100 Meter Relay Varsity

9 Advance: Top 1 Each Heat plus Next 6 Best Times

State Meet: 44.70 6/7/1997 St. Bernard

R Caruthers, Ma Edmundson, Mi Edmundson, M Withers

Lane	Team	Relay	Seed Time
Heat 1 of 3 Prelims			
1	San Pedro-la		49.89
	1) Clark Sanders 10	2) Giuliana Sutrin 12	
	3) Jazmin Watts 11	4) Gabrielle Bland 12	
	5) Robyn Smith 10	6) Lauryn Gibbs 12	
	7) Elise McAllister 11	8) Makayla King 10	
2	St. Mary's -sk		47.82
	1) Raia Brown 12	2) Larissa Hackley 12	
	3) Briyanna Word 12	4) Mila Townsend 9	
	5) Kaylee Polk 11	6) Neveah Wells 9	
3	Buchanan-ce		47.52
	1) Victoria Chatter 12	2) Teagan Labandeira 9	
	3) Lauren Jones 11	4) Madison Amrong 10	
	5) Angela Chargin 11	6) Ashlee Aubuchom 12	
4	Chr. Brth. -sj		47.11
	1) Ella-Simone Davis 10	2) Lael Brown 9	
	3) Malia Van Den Bogert 10	4) Katherine Koch 11	
5	Poly(LB)-ss		45.94
	1) Leila Holland 12	2) Nevaeh Lewis 12	
	3) Aniyah Brooks 11	4) Brooklyn Lee 11	
	5) Faith Magee 11	6) Aurya Beatty 10	
	7) Jaylin Hunter 12	8) Ariana Thomas 11	
6	Pittsburg-nc		46.98
	1) Janai Rockmore 12	2) Billie Jenkins 11	
	3) Jacelyn Luna 11	4) Amirat Temi Aganju 11	
	5) Jakarah Thomas 10	6) Zoe Lawson 9	
	7) Anaya Russell 12	8) Nyah Thornton 12	
7	Archbish Mtty-cc		47.51
	1) Scarlett Martinez 9	2) Okpe Maku 10	
	3) Vivian Ma 11	4) Shiloh Haliburton-Rudy 11	
	5) Kiara Gipson 9	6) Jacqueline Robinson 11	
	7) Dasha Nikuliak 10		
8	Los Gatos-cc		47.81
	1) Emmanuella Arbita 12	2) Isabella Cain 9	
	3) Bridget Moore 11	4) Madison Kohli 10	
	5) Kaylee Cross 11	6) Janie Vidovich	
	7) Elise Nyland 9		
9	Foothill-no		49.78
	1) Kalli Smith 12	2) Evie Turner 12	
	3) Kara Crye 11	4) Kyra Jones 12	
	5) Theresa Barlow 11	6) Hailey Walton 12	

Heat 2 of 3 Prelims

1	Lowell-sf	50.45
	1) Hailey Ma 10	2) Theresa Luo 9
	3) Viviana Lozano 10	4) Alicia Choy 9
	5) Ava Jencek 9	6) Chiara Andrichak 10
	7) Simone Becker 9	8) Isabella Chan 11
2	Mater Dei-ss	47.86
	1) Saige Acosta 12	2) Eden Murray 11
	3) Lily Yakubov 11	4) Savannah Muldrew 12
	5) Nabile Alvarado 12	6) Kendall Jordan 12
3	Val. Chr-cc	47.56
	1) Brooklyn Pitigoi-Aron 11	2) Guinevere Godden 9
	3) Evelyn Gittens 9	4) Christine Agbonbhave 11
	5) Laya Suresh 9	6) Rihanna Joseph 10
4	Central E-Ce	47.20
	1) Rylee Hagger 10	2) Aavian Covington 12
	3) Sofia Lopes 11	4) Skye Lawrence 9
	5) Layla Griffin 11	6) Jaidyn Shynett 10
	7) Chase Wilson	
5	Oaks Chr-ss	46.12
	1) Chiara Baker 10	2) Rayah Rodriguez 11
	3) Kyra Terry 12	4) Devyn Sproles 9
	5) Caitlyn Norena 9	6) Bella Solaka 10
6	Redondo-ss	46.96
	1) Jola Phelan 11	2) Hailey Gavin-Wences 12
	3) Kona Broughton 12	4) Journey Cole 12
	5) Makenna Skopinich 11	6) Kenzie Kish 9
7	Clovis North-ce	47.47
	1) Zoe Goldsmith 12	2) Emma O'Neil 12
	3) Hayden Craft 12	4) Kayla Addo-Boateng 12
	5) Alina Hernandez 12	6) Emerson Parks 12
	7) Ahlia Albergottie 12	
8	Thou Oaks-ss	47.77
	1) Jordyn Brown 11	2) Trs'Ta Mitchell 10
	3) Madison Thai 12	4) Taylour Falk 11
	5) Maya Block 10	
9	Redwood-nc	48.50
	1) Julia Bayon 10	2) Annalise Horn 10
	3) Jaden Vangorder 11	4) Jenna Beauchamp 12
	5) Rachel Towns 9	6) Maddie Leung 9
	7) Elle Wilson 11	



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Heat 3 of 3 Prelims...(Event 1 Girls 4x100 Meter Relay Varsity)

2	Sage Creek-sd	47.97
	1) Leah Miller 10	2) Julianna Miracco 12
	3) Addison Ewald 12	4) Ashley Garcia 10
	5) Islah Guckenberger 10	6) Madison Wilkins 12
	7) Amber Huff 11	8) Roisin Frankel 10
3	St. Mary's-nc	47.62
	1) Kira Gant Hatcher 11	2) Berkeley Hedgspeth 12
	3) Brooklyn Dwyer 12	4) Mia Monroe 9
	5) Alexa Lawson 12	6) Maleah Bey 11
	7) Corinne Jones 10	8) Jaiden Reed 12
4	Canyon (Cc)-Ss	47.30
	1) Emoni Wright 10	2) Alaya Graves-Hogains 10
	3) Lyric Scott 9	4) Lanai Gant 12
	5) Keziah Webster 10	6) Alessandra Pratti 11
5	Steele Cyn-sd	46.28
	1) Evie Allison 10	2) Aniya Scott 9
	3) Ily Barclay 11	4) Daylani Daniels 9
	5) Asia Broussard 11	6) Scarlett Wakayama 9
	7) Kailey Fuller 11	8) Kaliani Ewing 11
6	Carson-la	46.84
	1) Tiffany Williams 12	2) Kaitlyn E. Williams 12
	3) Kelis Hicks 11	4) Christina Gray 11
	5) Samarra Miller 11	6) Londyn Cooley 9
	7) Kameron Charles 12	8) Imani Jones 10
7	Twelve Brid-sj	47.41
	1) Zayna Flynn 12	2) Alysiana Winston 12
	3) Amelia Oriel 11	4) Jada Go Forth 12
	5) Bailey Stanley 9	6) Isabella Durant 10
8	Coronado-sd	47.69
	1) Micaela Gistaro 11	2) Lauren Gilhooly 12
	3) Maya Wilson 10	4) Summer Little 11
9	Granada Hls-la	48.24
	1) Ani Brown 12	2) Savanah Williams 10
	3) Skye Thompson 11	4) Gianna Iacobellis 12
	5) Nancy Javkhlan 12	6) Caitlyn Ferguson Laing 12
	7) Amari Price 10	8) Serena Chon 9

Event 21 Girls 4x400 Meter Relay Varsity

9 Advance: Top 1 Each Heat plus Next 5 Best Times

State Meet: 3:35.49 6/5/2004 Poly, Long Beach

S Woods, D Harris, J Lee, S Solomon

Lane	Team	Relay	Seed Time
Heat 1 of 4 Prelims			
2	Sheldon -sj		3:54.40
	1) IyLahna Randolph 10	2) Camille Bursey 11	
	3) Calista Pham 10	4) Niyah Owens 9	
	5) Margot Zemke 10	6) Jestine Bibbins 9	
	7) Jada Ilaide 10		
3	Mira Costa-ss		3:52.55
	1) Isabella Verela 10	2) Audrey Werhane 10	
	3) Sonja Mugg 10	4) Leoni Biegert 11	
4	Clovis North-ce		3:49.46
	1) Emerson Parks 12	2) Hayden Craft 12	
	3) Emma O'Neil 12	4) Demi Villalobos 9	
	5) Giselle Renney 10	6) Zoe Goldsmith 12	
	7) Ahlia Albergottie 12	8) Katie Bosch 9	
5	Wilson(LB)-ss		3:43.71
	1) Brooke Blue 11	2) Alene Washington 12	
	3) Saniah Varnado 10	4) Kaylin Edwards 12	
	5) Brooklyn Fowler 9	6) Shirayah Lewis-Williams 10	
	7) Riley Jones 10	8) Asia Islam 9	
6	Trabuco Hls-ss		3:49.27
	1) Marley Young 9	2) Emma Ortiz 11	
	3) Abby Patton 12	4) Colbie Webster 10	
	5) Macie Cashman 9	6) Evangeline Williams 9	
7	Oaks Chr-ss		3:52.43
	1) Chiara Baker 10	2) Rayah Rodriguez 11	
	3) Delaney Napierala 11	4) Kyra Terry 12	
	5) Devyn Sproles 9	6) Bella Solaka 10	
	7) Caitlyn Norena 9		
8	St. Fran(MV)-cc		3:53.80
	1) Brianna Boone 11	2) Maya Wastie 10	
	3) Brinley Pickett 9	4) Sabrina Zanetto 12	
	5) Payton Wagner 11	6) Reese Wagner 9	
9	Granada Hls-la		4:05.40
	1) Savanah Williams 10	2) Gianna Iacobellis 12	
	3) Skye Thompson 11	4) Kiana Diamond 11	
	5) Reece Trice 12	6) Ani Brown 12	
	7) Ky'lah Abram 12		

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Heat 2 of 4 Prelims...(Event 21 Girls 4x400 Meter Relay Varsity)

2	Dublin-nc	3:55.54
	1) Josephine Bayer 10	2) Ria Inamdar 11
	3) Naemah Grant-Gurganious 10	4) Kayci Phillips 10
	5) Mya Hargraves 10	6) Aaliyah Hasni 12
	7) Madison Hsu 12	8) yarelli magana 10
3	Chr. Brth. -sj	3:52.82
	1) Nicolette Kufasimes 11	2) Veronica White 11
	3) Malia Van Den Bogert 10	4) Lael Brown 9
	5) Paige Rupert 11	6) Eyvonne Nguyen 12
4	Claremont -ss	3:50.10
	1) Zylah Araujo 11	2) Zenani Guannu 11
	3) Annika Graham-Scanlon 11	4) Grace Smith 9
	5) Isla Bulmer 11	6) Angie Vargas-Aldaco 10
	7) Kaitlyn Smith 12	8) Yaroslava Willard 12
5	S Mary's Acad-ss	3:45.61
	1) Diana Scott 12	2) A'Shara Hobbs 11
	3) Eden Oje 12	4) Madison Mosby 12
	5) Elle McCrimmon 11	6) Addison Gaudelli 9
6	Rosary-ss	3:48.85
	1) Tra'Via Flournoy 9	2) Maliyah Collins 9
	3) Jada Faison 11	4) Justine Wilson 11
	5) Amaya Faison 11	
7	S Margarita-ss	3:52.35
	1) Dylan Woodards 9	2) Isabella Salsamendi 11
	3) Jastel David 11	4) Olivia Smyth 11
8	Eastlake-sd	3:53.60
	1) Samara Maldonado 11	2) Jenna Cesena 12
	3) Sheridan Roche 12	4) Kareli Rascon 9
	5) Jaelyn Williams 11	6) Rowan Eberle 11
	7) Isabelle Taylor-Dixon 9	8) Megan Linck 10
9	Pali-la	4:02.77
	1) Skyla Jones 12	2) Shannon Cantwell 11
	3) Kalee Herd 12	4) Annabelle Refnes 11
	5) Gabriella Gilyard 10	6) Javayah Sole 11
	7) Clara Fleckenstein 11	8) Daila Harinck 11

Heat 3 of 4 Prelims

2	S.H Cathed-cc	3:56.12
	1) Ava Lindner 9	2) Isabella Guzman 12
	3) Vivien Colwick 12	4) Tessa Wehrle 11
	5) Rell Gentzler 12	6) Aliyah Turner 9
	7) Kaitlyn Lam 11	8) Tati Petkovic 11
3	Westview-sd	3:52.89
	1) Jordyn Vales 10	2) Delaney Hennigan 11
	3) Macy Ratermann 12	4) Kaitlyn Arciaga 12
	5) Brooke Lanski 10	6) Veronica Hoar 9
	7) Mina De Guzman 9	8) Piper Davis 9
4	Central E-Ce	3:50.38
	1) Rylee Hagger 10	2) Aavian Covington 12
	3) Sofia Lopes 11	4) Skye Lawrence 9
	5) Layla Griffin 11	6) Olivia Perez 10
5	Canyon (Cc)-Ss	3:45.91
	1) Lyric Scott 9	2) Alaya Graves-Hogains 10
	3) Keziah Webster 10	4) Lanai Gant 12
	5) Alessandra Pratti 11	6) Emoni Wright 10
6	Carlsbad-sd	3:48.52
	1) Rayne Hawkins 12	2) Citina Nardi 12
	3) Morgan Herbst 12	4) Makenna Herbst 12
	5) Jillian Herrera 12	6) Keandra Weis 9
	7) Susmitha Jayanthi 12	8) Danica Denison 10
7	Twelve Brid-sj	3:52.19
	1) Brooke Blume 10	2) Alysiana Winston 12
	3) Amelia Oriel 11	4) Jada Go Forth 12
	5) Bailey Stanley 9	6) Isabella Durant 10
8	Pittsburg-nc	3:53.33
	1) Janai Rockmore 12	2) Jacelyn Luna 11
	3) Zoe Lawson 9	4) Amirat Temi Aganju 11
	5) Billie Jenkins 11	6) Anaya Russell 12
	7) Jakarah Thomas 10	8) Nyah Thornton 12
9	Pl. Valley-no	4:02.52
	1) Holly Alchin 12	2) Katherine Marinello 11
	3) Avery Hankins 9	4) Katelynn Enos 11
	5) Ali Lugo 12	6) Amari Sims 11

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Heat 4 of 4 Prelims...(Event 21 Girls 4x400 Meter Relay Varsity)

2	Clayton Vy-nc	3:57.59
	1) Santia Ali 12	2) Kaelyn Ramos 12
	3) Audrey Magu 9	4) Vivienne Magu 12
	5) Maya Maghoney 11	6) Genevieve Bowron 9
	7) Katherine Buechter 10	
3	Olympian-sd	3:52.95
	1) Ivanna Ruiz 12	2) Kelena Gallardo 11
	3) Sophia Getman 12	4) Gabrielle Hawkins 12
	5) Andrea Villarreal Enciso 9	6) Sarai Rodriguez 12
	7) Airi Anderson 12	8) Kendra Tetteh 10
4	Los Gatos-cc	3:51.74
	1) Isabella Cain 9	2) Elise Greenstreet 10
	3) Kaylee Cross 11	4) Madison Kohli 10
	5) Shea Elmore 12	6) Ella Crites
5	Poly(LB)-ss	3:46.13
	1) Aliyah Stokes 11	2) Aurya Beatty 10
	3) Brianna Wells 12	4) Nevaeh Lewis 12
	5) Ariana Thomas 11	6) Jaylin Hunter 12
	7) Sophia Flores 11	8) Kadence Bain 10
6	Jsera-Ss	3:46.30
	1) Morgan Woolforde 9	2) Anne Elise Packard 12
	3) Chloe Elbaz 11	4) Maya Woolforde 11
	5) Kaia Streadbeck 9	6) Reese Holley 10
7	King MI-Ss	3:51.80
	1) Amaya Lochard 11	2) Sophia Llamas 10
	3) Natalie Drewitz 10	4) Aliyah Rudolph 9
	5) Gracie Guzzetta 11	
8	Templeton-ce	3:52.97
	1) Katherine Nicholson 11	2) Kellen Sims 10
	3) Kennedy McAdoo 12	4) Keani Neuhs 12
	5) Ruby Boland 10	6) Lily Bell 11
	7) Frannie Perry 12	
9	Carson-la	4:02.07
	1) Kaitlyn E. Williams 12	2) Tiffany Williams 12
	3) Londyn Cooley 9	4) Samarria Miller 11
	5) Christina Gray 11	6) Kelis Hicks 11
	7) Kameron Charles 12	8) Imani Jones 10

Event 17 Girls 4x800 Meter Relay Varsity

State Meet: 8:55.99 5/27/2023 Del Norte Sds

E Russo, E Echsner, H Riggins, P Echsner

Lane	Team	Relay	Seed Time
Section 1 of 1 Finals			
1	Claremont -ss		8:59.39
	1) Kaitlyn Smith 12	2) Camila Trevino-Davila 9	
	3) Isla Bulmer 11	4) Grace Smith 9	
	5) Angie Vargas-Aldaco 10	6) Katherine Willett 9	
	7) Zenani Guannu 11	8) Annika Graham-Scanlon 11	
2	Clovis North-ce		9:00.27
	1) Giselle Renney 10	2) Emilia Lev 12	
	3) Keira Quigley 12	4) Sabella Sanchez 9	
	5) Demi Villalobos 9	6) Emerson Parks 12	
	7) Aubrey Pacheco 12	8) Gohar Hakimipour 12	
3	Buchanan-ce		9:02.13
	1) Sierra Cornett 12	2) Brooklyn Buckley 9	
	3) Elliana (Elle) Lomeli 12	4) Ellie Dimitrashchuk 12	
	5) Kynzlee Buckley 11	6) Tayler Torosian 11	
	7) McKelle O'Brien 11	8) Avery Hutchison 12	
4	Santiago(Cor)-ss		9:02.98
	1) Braelyn Combe 11	2) Taylor Davis 11	
	3) Emily Cuevas 11	4) Nicole Samson 11	
	5) Rylee Blade 12	6) Audrey Buckley 12	
	7) Jaela Jaffe 11	8) Kinsley Whitecavage 11	
5	Jsera-Ss		9:03.87
	1) Chloe Elbaz 11	2) Brynn Garcia 12	
	3) Reese Holley 10	4) Kaia Streadbeck 9	
	5) Anne Elise Packard 12	6) Mireya Hardman 11	
6	Wilson(LB)-ss		9:05.57
	1) Elisa Rodriguez 12	2) Kimani Tindal 11	
	3) Shirayah Lewis-Williams 10	4) Riley Jones 10	
	5) Nadia Mejia 11	6) Alene Washington 12	
	7) London Weston 12	8) Jamiyah Sanders 12	
7	Del Norte-sd		9:06.20
	1) Addison Shannon 11	2) Lilah Enyedi 11	
	3) Samhita Lagiseti 11	4) Emily Russo 12	
	5) Olivia Bartolay 9	6) Paige Echsner 12	
8	Cath. Cath-sd		9:08.76
	1) Patsy Hellmann 11	2) Kristine Bickler 10	
	3) Izzy Matteson 12	4) Liesel Sellerberg 11	
	5) Ana Radilla 12	6) Kyleigh Pena 11	
	7) Eva Smith 10	8) Jocelyn Gibson 12	
9	Palo Alto-cc		9:11.71
	1) Amaya Bharadwaj 11	2) Lilia Kuzmicheva 11	
	3) Romy Kiessling 12	4) Kinga Czajkowska 12	
	5) Lily Cho	6) Anais Bienaime 12	
10	Monte Vst-nc		9:13.96
	1) Cate Miller 12	2) Nadya Makarova 9	
	3) Sofia Fernandez 12	4) Ava Padilla 9	
	5) Kaylie O'Connell 9	6) Alexandra Powell 12	
	7) Emilyn Tang 11	8) April Schulte 9	
11	Branson -nc		9:14.07
	1) Maya Gidney 9	2) Imogen Brown 12	
	3) Farah Allen 10	4) Hailey Sellers 10	
	5) Brooke Davis 10	6) Anna Lacy 9	
	7) Harper White 9	8) Lauren Wood 9	
12	Whitney -sj		9:15.77
	1) Isabel Soto 12	2) Eva Soto 10	

[illegible]

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Section 1 of 1 Finals

3) Kaylee Smith 9	4) Addison Ewers 11
5) Sophie Hutchinson 11	6) Jane Landon 11
13 St. Fran(MV)-cc	9:16.64
1) Maya Wastie 10	2) Payton Wagner 11
3) Brinley Pickett 9	4) Sabrina Zanetto 12
5) Reese Wagner 9	6) Lauren Draper 11
7) Caitlin Cilley 12	
14 Davis -sj	9:17.77
1) Kailee Mallow 11	2) Natalia Yeager 10
3) Willa Hudelson 12	4) Lilian Hales-Yang 10
5) Avery Wolk 11	6) Norah Feldt 10
7) Abigail Nourrot 12	8) Adeleine Glenn 9
15 Chico-no	9:42.93
1) Taylor Wellersdick 11	2) Sienna Jones 12
3) Mira Sidhu 12	4) Ava-Marie Csutoras 12
5) Reese Alvistur 11	6) Harper Ducale 9
7) Camille Littrell-Poon 9	8) Molly Shewey 10
16 Pali-la	9:46.13
1) Daila Harinck 11	2) Vitalija Schafer 10
3) Gabriella Gilyard 10	4) Annabelle Refnes 11
5) Sadie Hedford 9	6) Shannon Cantwell 11
7) Amelia Halpin 9	8) Rumya Elashoff 11
17 Granada Hls-la	9:59.12
1) Reece Trice 12	2) Kiana Diamond 11
3) Mia Abrego 9	4) Sophia Battle 11
5) Elena Medrano 9	6) Samantha Pacheco 11
7) Akayla Williams 12	

24 Kimiko Hirahara	12 Las Lomas-nc	5-06.00
25 Indiana Davis	12 Clovis East-ce	5-06.00
26 Julia Teven	11 Brea Olin -ss	5-06.00
27 Joy Anderson	12 Poly(LB)-ss	5-06.00

Event 23 Girls High Jump Varsity

Top 12 Advance by Mark

Progression Fri: 5-2, 5-4, 5-5, 5-6, 5-7

Progression Sat: 5-3, 5-5, 5-6, 5-7, 5-8, 5-9, 5-10

State Meet: 6-02 6/1/1985 Latrese Johnson (Clovis)

Pos	Name	Yr	School	Seed	Mark
Flight 1 of 1 Prelims					
1	Mahagoni Sinclair	11	Pali-la	4	10.00
2	London Williams	12	Granada Hls-la	5	00.00
3	Oleana Taalman Koch	12	Marshall-la	5	02.00
4	Isabella Cunningham	10	Westview-sd	5	04.00
5	Alyssa Jones	12	Roosevelt E-Ss	5	04.00
6	Jade Lewis	11	Lemoore-ce	5	04.00
7	Ab Hernandez	11	Jurupa Val-ss	5	04.00
8	Taelynn Thomas	12	Willow Glen-cc	5	04.00
9	Alana Ortiz	12	Central Un-sd	5	04.00
10	Jaiden Lynn	12	Shasta-no	5	04.00
11	Katrina Sokolowski	10	Cypress -ss	5	04.00
12	Kaitlyn Schuh	10	San Mateo-cc	5	04.00
13	Illicia Ross	12	Central E-Ce	5	04.00
14	Reese Hogan	11	Crean Luth. -ss	5	04.00
15	Lelani Laruelle	11	Monta Vista-cc	5	04.00
16	Carys Guckenberger	10	Sage Creek-sd	5	04.00
17	Amber Whipple	11	El Dorado -ss	5	04.00
18	Rachael Osicka	11	Calif-nc	5	05.00
19	Fekei George	11	St. Mary's -sk	5	05.00
20	Kate Hemesath	12	McClatchy -sj	5	05.00
21	Riley McMullen	10	S. Ramon V-Nc	5	06.00
22	Jasleen Gandhoke	10	St. Francis -sj	5	06.00
23	Jillene Wetteland	12	Poly(LB)-ss	5	06.00



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Event 24 Girls Pole Vault Varsity

Top 12 Advance by Mark

Progression Fri: 11-6, 12-0, 12-4, 12-8, 13-0

Progression Sat: 11-8, 12-2, 12-6, 12-10, 13-2

State Meet: 14-02 6/4/2016 Rachel Baxter (Canyon, Anaheim)

Pos	Name	Yr	School	Seed	Mark
Flight 1 of 1 Prelims					
1	Addison Bernstein	10	Orland-no		9-06.00
2	Alexa Bernard	11	Lowell-sf		10-00.00
3	Daphne Schengel	11	Buchanan-ce		10-09.00
4	Miranda Howeth	11	Dublin-nc		10-11.00
5	Kaitlyn Hancock	11	Washington-nc		10-11.00
6	Katherine Cueva	11	Mnlo Ath-cc		11-03.00
7	Malia Ortiz	12	Santa Ynez-ce		11-03.00
8	Emma Trevor	10	Turlock -sj		11-03.00
9	Avery Boyse	12	Burlingame-cc		11-09.00
10	Quinlyn Abel	12	Leigh-cc		11-09.00
11	Sophie Humer	11	R. Bernardo-sd		11-09.00
12	Brooklynn Ashjian	12	Clovis West-cc		11-09.00
13	Olivia Miles	12	San Francisc		12-00.00
14	Keily Ramirez	12	Lodi -sj		12-00.00
15	Caitlin Khieu	11	Del Norte-sd		12-03.00
16	Sofia Rakfeldt	12	HarvWest-ss		12-03.00
17	Claudia Turner	12	Westlake-ss		12-03.00
18	Taya Frodis	11	Thou Oaks-ss		12-03.00
19	Helena Reuter	11	Jterra-Ss		12-03.00
20	Kate Suemnick	12	Chaparral -ss		12-03.00
21	Sophia Forst	11	Pleas. Grove -sj		12-06.00
22	Isabella Di Silvestri	11	Ventura-ss		12-09.00
23	Sydni Harden	12	Dana Hills -ss		12-09.00
24	Olivia Bettinger	12	Los Alamitos-ss		12-09.00
25	Paige Echsner	12	Del Norte-sd		13-05.00

Event 25 Girls Long Jump Varsity

Top 12 Advance by Mark

State Meet: 22-01 6/3/2017 Tara Davis (Agoura)

Pos	Name	Yr	School	Seed	Mark
Flight 1 of 1 Prelims					
1	Ava Gardley	9	Kip King-os		15-08.00
2	Jolee Chan	12	Lincoln-sf		16-07.25
3	Skye Thompson	11	Granada Hls-la		17-01.50
4	Savanah Williams	10	Granada Hls-la		17-04.25
5	Kelis Hicks	11	Carson-la		17-05.25
6	Katie Hannah	11	West Park		18-00.00
7	Idara Essien	11	Castro Val-nc		18-02.00
8	Nylah Key	10	Walnut-ss		18-03.50
9	Rylee Hagger	10	Central E-Ce		18-04.00
10	Krista Hopkins	10	Clovis-ce		18-04.50
11	Malia Jones	10	Oceanside-sd		18-05.25
12	Vivian Moore	12	Central E-Ce		18-05.50
13	Clara Fan	12	Monta Vista-cc		18-05.50
14	Katie McGuinness	12	La Canada-ss		18-05.50
15	Ellie McCuskey-Hay	11	St. Ignatius-cc		18-06.00
16	Kaia Musalborn	11	El Segundo -ss		18-06.00
17	Jada Faison	11	Rosary-ss		18-06.25
18	Devyn Chambers	11	Oakmont -sj		18-06.25
19	Devyn Harper	10	Steele Cyn-sd		18-07.75
20	Jaiden Lynn	12	Shasta-no		18-09.00
21	Hannah Vincent	12	Hollister-cc		18-09.25
22	Zenani Guannu	11	Claremont -ss		18-09.50
23	Loren Webster	12	Wilson(LB)-ss		18-11.50
24	Annalise Horn	10	Redwood-nc		19-00.00
25	Jazmaine Stewart	11	Redwood (Vis		19-00.50
26	Kalayah Olivera	11	Sluisobis-Ce		19-00.50
27	Kaylee Best	12	Norco-ss		19-00.75
28	Ab Hernandez	11	Jurupa Val-ss		19-03.50
29	Kyla O'Donnell	11	Cath. Cath-sd		19-03.75
30	Brooke White	12	River City -sj		19-04.50
31	Kira Gant Hatcher	11	St. Mary's-nc		19-04.75
32	Amaya Estes	11	Canyon Cr Ac-sd		19-06.00

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CIF State Track & Field Championships

Event 26 Girls Triple Jump Varsity

Top 12 Advance by Mark				
State Meet: 44-00.50 5/31/1991 Juliana Yendork (Walnut)				
Pos	Name	Yr	School	Seed Mark
Flight 1 of 1 Prelims				
1	Jolee Chan	12	Lincoln-sf	33-07.00
2	Victoria Brown	12	El Cam. Real-la	34-08.50
3	Kameron Charles	12	Carson-la	34-11.50
4	Kacey Santiago	12	Marshall-la	36-04.25
5	Ellyse Halvorson	11	Nevada Un. -sj	36-05.50
6	Alishia Elie	12	Whitney -sj	37-00.00
7	Indiana Davis	12	Clovis East-ce	37-03.25
8	Amaya Faison	11	Rosary-ss	37-05.00
9	Malia Strange	10	Xavier Prep-ss	37-05.25
10	Raelyn Pleasant	12	Serra-ss	37-05.50
11	Brooklyn Pitigoi-Aron	11	Val. Chr-cc	37-06.75
12	Devyn Harper	10	Steele Cyn-sd	37-07.25
13	Hannah Vincent	12	Hollister-cc	37-07.50
14	Lanai Mitchell	11	B.O'Dowd-Nc	37-07.50
15	Liliana Medrano	9	Clovis East-ce	37-09.00
16	Annalise Horn	10	Redwood-nc	37-09.75
17	Daia Sanders	10	B.O'Dowd-Nc	37-11.00
18	Emma Beck	12	Salinas-cc	37-11.50
19	Clara Fan	12	Monta Vista-cc	38-01.50
20	Sophie Schwarz	12	Westmont-cc	38-01.50
21	Kyla O'Donnell	11	Cath. Cath-sd	38-02.00
22	Devyn Chambers	11	Oakmont -sj	38-03.25
23	Naia Kristoffersen	10	Shasta-no	38-04.25
24	Amaya DeFlorimonte	11	B.O'Dowd-Nc	38-07.00
25	Journii Spencer	11	Wilson(LB)-ss	38-08.00
26	Daniela Hughes	11	Los Altos-cc	39-00.00
27	Skyler Cazale	12	Cal Chap(SA)-ss	39-00.75
28	Jazmaine Stewart	11	Redwood (Vis	39-02.75
29	Corinne Jones	10	St. Mary's-nc	39-05.50
30	Malia Jones	10	Oceanside-sd	39-06.00
31	Kaylee Best	12	Norco-ss	39-06.00
32	Santia Ali	12	Clayton Vy-nc	39-11.00
33	Ab Hernandez	11	Jurupa Val-ss	40-04.75
34	Kira Gant Hatcher	11	St. Mary's-nc	40-10.50

Event 27 Girls Shot Put Varsity

Top 12 Advance by Mark				
State Meet: 53-08 6/6/2009 Anna Jelmini (Shafter)				
Pos	Name	Yr	School	Seed Mark
Flight 1 of 1 Prelims				
1	Malon Rose	12	Pali-la	33-00.00
2	Niya Carpenter	11	Carson-la	33-02.50
3	Macy Castillo	11	Venice-la	35-00.00
4	Danielle Victorian	12	Skyline-ok	35-04.50
5	Chloe Bronson	9	A. Grande-ce	37-08.50
6	Tasi Maumausolo Matagi	9	Nipomo-ce	38-00.00
7	Shani Ford	12	Helix-sd	38-05.50
8	Brooklyn Davis	10	Oceanside-sd	38-11.00
9	Nina Boblitt	12	R Cotate-nc	39-00.00
10	Jacqueline Seabolt	12	Mt. Carmel-sd	39-00.00
11	Thea Jeffress	12	Clayton Vy-nc	39-05.00
12	Kiya Willis	12	Golden Val -sj	39-05.25
13	Angela Ayozie	12	Alvarez-cc	39-10.00
14	Faith Ferguson	12	Shasta-no	39-10.25
15	Taya Maumausolo Matagi	9	Nipomo-ce	40-08.00
16	Courtonai Batchelor	10	S Mary's Acad-ss	40-08.50
17	Damysia Walls	12	San Francisc	40-10.00
18	Trinity Tipton	12	Camarillo -ss	41-01.00
19	Nicole Steiner	12	Los Gatos-cc	41-01.00
20	Sidney Johnson	9	Rio Amer. -sjs	42-01.00
21	Kiana Greer	12	Torrance-ss	42-08.50
22	Arelle Middleton	11	Chino -ss	43-01.00
23	Zenallah Hatcher Simmons	12	Del Campo -sj	43-02.00
24	Golda Demby	12	Hollister-cc	44-08.00
25	Lillian Wilson	10	Paraclete-ss	44-09.00
26	Aja Johnson	12	No Dame(SO)-ss	45-08.00
27	Jaslene Massey	11	Aliso Niguel -ss	49-07.50

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CIF State Track & Field Championships

Event 28 Girls Discus Throw Varsity

Top 12 Advance by Mark

State Meet: 186-09 6/6/2009 Anna Jelmini (Shafter)

Pos	Name	Yr	School	Seed	Mark
-----	------	----	--------	------	------

Flight 1 of 1 Prelims

1	Reina Whitlock	11	Oakland Tec -ok	108-01
2	Thea Jeffress	12	Clayton Vy-nc	121-02
3	Briana McClean	12	San Marcos-sd	124-07
4	Milla Ohrbach	11	Miramonte-nc	125-05
5	Evie Turner	12	Foothill-no	127-11
6	Julianne Sugimae	12	Canyon Cr Ac-sd	128-01
7	Elizabeth Ojukwu	10	Pleas. Grove -sj	130-03
8	Syerra Cerrato	11	Bear Crk -sj	132-03
9	Mairead Frankel	12	Sage Creek-sd	132-03
10	Ella Merrihew	11	Clovis-ce	135-03
11	Madilyn (Madi) Harmonson	11	Clovis West-ce	135-09
12	Avery Estelle	11	Simi Valley-ss	136-03
13	Kiera Donovan	12	Golden Val-ss	136-05
14	Gracelynn Duenas	11	Lodi -sj	136-08
15	Abbey Reichard	12	Portola-ss	136-08
16	Kaylin Suacci	11	Cdnl Mwmm-nc	138-02
17	Brielle Moseley	12	Silver Creek-cc	138-07
18	Golda Demby	12	Hollister-cc	139-03
19	Lillian Wilson	10	Paraclete-ss	140-09
20	Su'Riah Williams	12	Redlands-ss	140-11
21	Maya Ifo Desai	12	Archbish Mtty-cc	141-08
22	Trinity Tipton	12	Camarillo -ss	142-10
23	Madison Gallacher	12	Canyon An. -ss	144-09
24	Joslyn Pierucci	11	Shafter-ce	147-01
25	Corynn Smith	11	Desert Ch (L)-Ss	154-00
26	Aja Johnson	12	No Dame(SO)-ss	158-08
27	Jaslene Massey	11	Aliso Niguel -ss	165-06

Event 45 Girls 100 Meter Dash Ambulatory Para

State Meet: 13.44 5/24/2019 Amy Watt

Lane	Name	Yr	School	Seed	Time
------	------	----	--------	------	------

Section 1 of 1 Finals

4	Allyson Chang	10	Pac. Bay Chr-cc	27.07
5	Christa Tran	12	Piedmont Hls-cc	15.39
6	Vivian Horner	11	Mission-sf	24.67

Event 46 Girls 200 Meter Dash Ambulatory Para

State Meet: 30.29 5/27/2023 Bethany Wong

Lane	Name	Yr	School	Seed	Time
------	------	----	--------	------	------

Section 1 of 1 Finals

5	Christa Tran	12	Piedmont Hls-cc	31.21
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Event 47 Girls 400 Meter Dash Ambulatory Para

State Meet: 1:09.13 5/26/2023 Bayley Wong

Lane	Name	Yr	School	Seed	Time
------	------	----	--------	------	------

Section 1 of 1 Finals

5	Christa Tran	12	Piedmont Hls-cc	1:11.72
---	--------------	----	-----------------	---------

Event 51 Girls Shot Put Wheelchair Para

State Meet: 21-06.75 5/24/2024 Audrey Aguilar

Pos	Name	Yr	School	Seed	Mark
-----	------	----	--------	------	------

Flight 1 of 1 Finals

1	Rosy Trujillo	10	Buena -ss	15-10.00
---	---------------	----	-----------	----------

Event 48 Girls Shot Put Ambulatory Para

State Meet: 39-05.25 5/26/2023 Arelle Middleton

Pos	Name	Yr	School	Seed	Mark
-----	------	----	--------	------	------

Flight 1 of 1 Finals

1	Andrea Lorentzen Smith	10	Vista-sd	8-09.50
2	Vivian Horner	11	Mission-sf	14-05.00
3	Sophya Soriano	9	N Dame (Sj)-Cc	25-07.00
4	Arile Montejano	12	Foot. Tech -ss	34-08.00
5	Arelle Middleton	11	Chino -ss	51-01.00

Event 59 Girls 100 Meter Dash Unified

State Meet: 13.95 5/24/2024 Brigitte Santana

Lane	Name	Yr	School	Seed	Time
------	------	----	--------	------	------

Section 1 of 2 Finals

2	Alia Khalil	11	Trabuco Hls-ss	28.73
3	Arianna Misiego	10	Trabuco Hls-ss	28.73
4	Izzy Graff	12	Aptos-cc	27.13
5	Mary-Anne McCarthy	9	Aptos-cc	27.13
6	Imoni Hodgins	12	Heritage-nc	27.44
7	Liliana Fernandez	11	Heritage-nc	27.44

Section 2 of 2 Finals

2	Gianna Juarez	10	Eastlake-sd	31.23
3	Sophia Garcia	12	Eastlake-sd	31.23
4	Ana Roldan	12	Golden Valley-cc	29.82
5	Lashanique Jones	12	Golden Valley-cc	29.84
6	Katelyn Mantanona	12	Gr. Oak-ss	30.99
7	Anna Arban	12	Gr. Oak-ss	30.99
8	Elexi Pulido	12	Pitman -sj	32.37
9	Lindsey Sherman	10	Pitman -sj	32.37

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CIF State Track & Field Championships

Event 60 Girls 4x100 Meter Relay Unified

State Meet: 59.16 5/24/2024 Great Oak Ss

J LoSchiavo, M Hatfield, M Hatfield, K Mantanona

Lane	Team	Relay	Seed Time
------	------	-------	-----------

Section 1 of 1 Finals

3	Sunnyside-cc		1:09.20
	1) Dyanira Mondragon 12	2) Monserratt Munoz 12	
	3) Alyssa Smith 12	4) Dolores Torres 12	
4	Trabuco Hls-ss		1:00.77
	1) Addison Bonds 10	2) Alia Khalil 11	
	3) Arianna Misiego 10	4) Jackie Munoz 12	
5	Christopher-cc		57.04
	1) Emelee Sandoval 9	2) Jasmin Serna 12	
	3) Jersey Paredes 11	4) Jasmine Briones 9	
6	Heritage-nc		1:00.04
	1) Emaia Balumbu 10	2) Olivia Baluyut 12	
	3) Stevie Blomseth 10	4) Liliana Fernandez 11	
	5) Norah Grigsby 10	6) Imoni Hodgins 12	
	7) Sharde Miller 11	8) Kylie Wisely 12	
7	Gr. Oak-ss		1:03.31
	1) Rylee Amidon 12	2) Anna Arban 12	
	3) Jocelyn Huthl 12	4) Katelyn Mantanona 12	
	5) Jordan Blakely 11		

Event 55 Girls Shot Put Unified

State Meet: 29-00 5/27/2022 Liah Davis

Pos	Name	Yr	School	Seed Mark
-----	------	----	--------	-----------

Flight 1 of 1 Finals

1	Gianna Juarez	10	Eastlake-sd	29-04.00
2	Sophia Garcia	12	Eastlake-sd	29-04.00
3	Angeline Diaz	12	Oxnard-ss	33-09.00
4	Angie Cardiendo	12	Oxnard-ss	33-09.00
5	Montana Rodin	11	Pitman -sj	33-09.75
6	Lindsey Sherman	10	Pitman -sj	33-09.75
7	Lashanique Jones	12	Golden Valley-cc	37-06.00
8	Ana Roldan	12	Golden Valley-cc	37-06.00
9	Xiomara Pantoja	12	Oxnard-ss	37-08.00
10	Anahi Rosales	12	Oxnard-ss	37-08.00
11	Sharde Miller	11	Heritage-nc	40-01.00
12	Norah Grigsby	10	Heritage-nc	40-01.00
13	Kaitlynn Berry	12	Christopher-cc	44-02.00
14	Emelee Sandoval	9	Christopher-cc	44-02.00

Event 10 Boys 100 Meter Dash Varsity

9 Advance: Top 1 Each Heat plus Next 5 Best Times

State Meet: 10.20 5/27/2023 Rodrick Pleasant

Lane	Name	Yr	School	Seed Time
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Heat 1 of 4 Prelims

2	Antrell Harris	12	Birmingham-la	10.92
3	Laurence Burston	12	Helix-sd	10.69
4	Tre Fernandez	12	No Dame(SO)-ss	10.57
5	Jaden Jefferson	11	Delasalle-nc	10.30
6	Nicolas Obimgba	11	Torrance-ss	10.51
7	Khairree Baker	12	AmCanyon-nc	10.68
8	Jacob Beals	12	Pleas. Grove -sj	10.92

Heat 2 of 4 Prelims

2	O'Bryan Flanigan	12	S.H Cathed-cc	10.95
3	Cy Lugo	11	Elk Grove -sj	10.71
4	Darryl Conyer III	10	Murr Me-ss	10.58
5	Demare Dezeurn	10	Aleman -ss	10.35
6	Honor Faalave	10	Cath. Cath-sd	10.48
7	Jayden Newkirk	12	Las Plumas-no	10.67
8	Jackson Fay	11	E. Union -sj	10.85

Heat 3 of 4 Prelims

2	Syd Villegas	12	Lincoln-sf	10.95
3	Jonas Petty	12	Piedmont Hls-cc	10.75
4	Robert Gardner	10	Servite-ss	10.59
5	Elliot Getz	12	Mission Bay-sd	10.37
6	Rodney Sermons	11	Ran Cuca-ss	10.47
7	Jorden Wells	9	Servite-ss	10.63
8	Jairus Brooks	9	Redwood (Vis	10.79

Heat 4 of 4 Prelims

2	Hudson Jumonville	12	Eagle Rock-la	10.97
3	Prince Buchango-Babalola	11	St. Ignatius-cc	10.78
4	Tyree Sams	11	Clovis North-cc	10.60
5	Chad Works-Wright	10	El Cerrito-nc	10.43
6	Benjamin Harris	10	Servite-ss	10.44
7	Donovan Dunmore	11	Buchanan-cc	10.61
8	Rahsjon Duncan	11	McClymonds-os	10.79
9	Zachary Tang	12	Eagle Rock-la	11.05

Event 16 Boys 200 Meter Dash Varsity

9 Advance: Top 1 Each Heat plus Next 5 Best Times

State Meet: 20.30 6/6/2015 Michael Norman (Vista Murr

Lane	Name	Yr	School	Seed Time
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Heat 1 of 4 Prelims

2	Josiah Amey	11	Inderkum -sj	21.95
3	Jack Mullen	12	Sage Creek-sd	21.56
4	Donovan Dunmore	11	Buchanan-cc	21.28
5	Rodney Sermons	11	Ran Cuca-ss	20.97
6	Jack Stadlman	12	Temecula Val-ss	21.24
7	Emanuel Morgan	11	Central E-Ce	21.56
8	Justin Hart	12	Granada Hls-la	21.75

Heat 2 of 4 Prelims

2	Roman Finney	12	Cleveland-la	21.97
3	Cameron Bishop	12	West Hills-sd	21.61
4	Chad Works-Wright	10	El Cerrito-nc	21.28
5	Demare Dezeurn	10	Aleman -ss	21.04
6	Cy Lugo	11	Elk Grove -sj	21.18
7	Laurence Burston	12	Helix-sd	21.55
8	Jayden Newkirk	12	Las Plumas-no	21.72

Heat 3 of 4 Prelims

2	Kwanna Smith	9	Jesuit -sj	22.11
3	Mattheo LaCasia	12	Woodside-cc	21.63
4	Jaden Griffin	11	Newbury Pk-ss	21.36
5	Jace Wells	9	Servite-ss	21.05
6	Nicolas Obimgba	11	Torrance-ss	21.16
7	Darryl Conyer III	10	Murr Me-ss	21.45
8	Jesus Bon	11	Dos Palos-cc	21.71

CIF State Track & Field Championships

Heat 4 of 4 Prelims...(Event 16 Boys 200 Meter Dash Varsity)

2	Rahsjon Duncan	11	McClymonds-os	22.31
3	Antrell Harris	12	Birmingham-la	21.66
4	Jonas Petty	12	Piedmont Hls-cc	21.36
5	Jaden Jefferson	11	Delasalle-nc	21.11
6	Leo Francis	12	S Margarita-ss	21.14
7	Prince Buchango-Babalola	11	St. Ignatius-cc	21.43
8	Jaylyn Smallwood	10	El Cerrito-nc	21.69
9	Syd Villegas	12	Lincoln-sf	22.40

Event 8 Boys 400 Meter Dash Varsity

9 Advance: Top 1 Each Heat plus Next 5 Best Times

State Meet: 45.19 6/6/2015 Michael Norman (Vista Murrieta)

Lane	Name	Yr	School	Seed Time
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Heat 1 of 4 Prelims

2	Chase McMullen	12	S. Ramon V-Nc	48.90
3	Jackson Ellis	11	Helix-sd	48.20
4	Hayden Gray	12	Elk Grove -sj	47.87
5	Jaelen Hunter	9	Servite-ss	46.91
6	Emanuel Morgan	11	Central E-Ce	47.68
7	Dallas Corbett	12	Otay Ranch-sd	48.17
8	Jackson Chase	11	M. Shasta-no	48.50

Heat 2 of 4 Prelims

2	Ian Sweeney	11	B.O'Dowd-Nc	49.19
3	Daiveon Woodley	12	Bonita -ss	48.20
4	Jack Stadlman	12	Temecula Val-ss	47.91
5	Mattheo LaCasia	12	Woodside-cc	46.92
6	Kwanna Smith	9	Jesuit -sj	47.56
7	Kaelyn Burroughs	10	Wilson(LB)-ss	48.03
8	Dontae Smith	12	North Js-Ss	48.34

Heat 3 of 4 Prelims

2	Phinehas Browne	11	Oakland Tec -ok	49.31
3	Jeovanni Henley	10	J. Serra-cc	48.21
4	Noah Smith	11	Poly(LB)-ss	47.93
5	Keith Lee	11	Mont. Trail -sj	47.43
6	Nathan Santacruz	12	Venice-la	47.48
7	Dillon Thomasson	12	Stockdale-cc	47.95
8	Duaine Mayrant	12	Culver City -ss	48.31
9	Tim Edwards	12	Pittsburg-nc	1:12.62

Heat 4 of 4 Prelims

2	Ivan Palma	12	Bernstein-la	49.51
3	Dontay Mayrant	12	Culver City -ss	48.24
4	David Slaughter	12	Mt. Carmel-sd	47.94
5	Brandon Smith	11	Central E-Ce	47.44
6	Justin Hart	12	Granada Hls-la	47.45
7	Sean Walsh	11	St. Fran(MV)-cc	47.94
8	Jesus Bon	11	Dos Palos-cc	48.26
9	Ikembuchukwu Udeh	12	Delasalle-nc	49.88

Event 12 Boys 800 Meter Run Varsity

12 Advance: Top 3 Each Heat plus Next 3 Best Times

State Meet: 1:46.45 5/31/1996 Michael Granville (Bell Gard)

Lane	Name	Yr	School	Seed Time
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Heat 1 of 3 Prelims

1	Lucas Alberts	10	Jesuit -sj	1:51.27
2	Beckett Sullivan	12	Poly(Riv)-ss	1:52.28
3	Alden Morales	11	Jsserra-Ss	1:52.38
4	Hudson McGough	12	Loyola-ss	1:52.95
5	David Winston	12	Woodcreek-sj	1:53.04
6	Thomas Hekl	11	Amador Va-nc	1:54.74
7	Shrey Chettiar	12	Bellarmine-cc	1:54.81
8	Samuel Fredrickson	12	El Camino-sd	1:56.95
9	Gabe Xavier	12	Pt. Loma-sd	1:57.13

Heat 2 of 3 Prelims

1	Wyland Obando	11	Wilson(LB)-ss	1:51.40
2	Josiah Bowman	11	Sage Creek-sd	1:51.87
3	Ian Hansen	12	Mira Costa-ss	1:52.45
4	Cameron Mobley	12	Twelve Brid-sj	1:52.73
5	Mattheus Dos Santos	10	S. Clemente-ss	1:53.62
6	Sebastien Swain	10	Piedmont-nc	1:54.67
7	Ford Stegge	12	Yosemite-ce	1:54.83
8	Tristan Kippes	12	Palo Alto-cc	1:55.95
9	Alejandro Herrera	12	Brave Med Mg-la	1:57.51
10	Jack Butterfield	12	San Pedro-la	2:00.09

Heat 3 of 3 Prelims

1	Cooper Barr	11	Placer -sj	1:51.76
2	Hugh Heyer	10	McClatchy -sj	1:51.82
3	Adam Divinity	12	Redondo-ss	1:52.46
4	Jackson Hein	12	Pl. Valley-no	1:52.63
5	Max Jauregui	12	Buchanan-ce	1:54.06
6	Caeden Gardner	12	Tamalpais-nc	1:54.62
7	Noah Mikusevich	12	Bullard-ce	1:55.26
8	Mack Aldi	12	Carmel-cc	1:55.41
9	Christopher Frelix	12	San Pedro-la	1:57.62
10	Henry Witt	11	Lowell-sf	1:57.88

Event 4 Boys 1600 Meter Run Varsity

12 Advance: Top 3 Each Heat plus Next 3 Best Times

State Meet: 4:00.29 5/31/2008 German Fernandez (Riverbar)

Lane	Name	Yr	School	Seed Time
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Heat 1 of 3 Prelims

1	Conor Lott	11	Clovis North-cc	4:05.80
2	Miles Cook	12	S.H Cathed-cc	4:10.09
3	William Hauser	12	Menlo-cc	4:10.37
4	Issaiah McCorvey	12	Landcaster-ss	4:10.97
5	Noel Huato	11	Del Oro-ce	4:11.12
6	Max Douglass	12	Cdm -ss	4:12.15
7	William Mulliken	12	A. Williams-nc	4:12.20
8	Aidan Antonio	10	Woodbridge-ss	4:12.90
9	Blake Sigworth	11	Palos Verdes-ss	4:12.93
10	Jackson Poburko	11	Trinity-no	4:24.02
11	Evan Hadeishi	12	San Pedro-la	4:25.60

CIF State Track & Field Championships

Heat 2 of 3 Prelims...(Event 4 Boys 1600 Meter Run Varsity)

1	Benjamin Bouie	12	Crystal Sprgs-cc	4:06.02
2	Grant Miller	12	La Serna-ss	4:09.86
3	Arrin Sagiraju	12	Dough Val-nc	4:10.46
4	Drake Hoferer	11	Jesuit -sj	4:10.82
5	Navin Kadel	12	Jesuit -sj	4:11.55
6	Cooper Stream	10	Vacaville -sj	4:12.12
7	Dylan Jubak	12	Trabuco Hls-ss	4:12.39
8	Cameron Yarbrough	11	Del Norte-sd	4:12.71
9	Stefan Langridge	12	Internat-nc	4:13.44
10	Nicolas Rivas	12	Galileo-sf	4:22.88
11	Oliver Barr	12	Eagle Rock-la	4:26.07

Heat 3 of 3 Prelims

1	Luke Sanders	12	Buchanan-cc	4:06.35
2	Aydon Stefanopoulos	12	Los Gatos-cc	4:08.80
3	Maximo Zavaleta	11	King MI-Ss	4:10.55
4	Jackson Stream	12	Vacaville -sj	4:10.71
5	Bradley Arrey	12	Jsera-Ss	4:11.84
6	Carson Hedlund	12	Pioneer-cc	4:12.00
7	Daniel Reza	12	Chaffey -ss	4:12.60
8	Stephen Sziebert	11	Bellarmine-cc	4:12.65
9	Cooper Castleberry	11	Poway-sd	4:16.62
10	Micah Senn	12	Steele Cyn-sd	4:17.12
11	Mario Aluizo	12	Narbonne-la	4:30.45

Event 20 Boys 3200 Meter Run Varsity

State Meet: 8:34.23 5/31/2008 German Fernandez (Riverbar)

Lane	Name	Yr	School	Seed Time
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Section 1 of 1 Finals

1	Landon Pretre	12	Menlo-cc	8:48.57
2	Yosef Berhan	12	Piedmont Hls-cc	8:49.65
3	Evan Noonan	12	Dana Hills -ss	8:55.76
4	Tyler Daillak	12	Paso Robles-cc	8:56.45
5	Eli Fitchen-young	12	Santa Cruz-cc	8:57.83
6	Eyan Turk	12	Woodcr Chr-ss	8:58.90
7	Broen Holman	12	Sonora -sj	8:59.01
8	Noel Huato	11	Del Oro-cc	8:59.14
9	Isaac Abbott	11	Jesuit -sj	9:02.36
10	Maximo Zavaleta	11	King MI-Ss	9:04.02
11	Theo Udelson-Nee	12	Wildwood-ss	9:04.34
12	Andres Lomeli	11	Kimball -sj	9:04.70
13	Olly O'Connor	11	Viewpoint-ss	9:04.72
14	Liam Miller	12	So Torrance-ss	9:05.27
15	Blake Bay	10	Fresno Chr-cc	9:07.57
16	Trey Caldwell	12	Delasalle-nc	9:08.91
17	Tadhg Murray	12	Delasalle-nc	9:09.75
18	Djali de Chalus	10	St. Mary's-nc	9:14.43
19	Liam Beighley	12	Mission Hls-sd	9:28.71
20	Nathan Wilber	11	Cath. Cath-sd	9:29.10
21	Camden Luecht	12	R. Bernardo-sd	9:29.29
22	Quentin Clarke	12	Pl. Valley-no	9:36.92
23	Charles Simon	12	Venice-la	9:38.77
24	Zachary Cohen	11	Pali-la	9:40.94
25	Roland Balderas	12	Santee-la	9:41.76
26	Gus Schafer	12	Oakland Tec -ok	9:46.28
27	Nicolas Rivas	12	Galileo-sf	10:45.55

Event 6 Boys 110 Meter Hurdles Varsity

9 Advance: Top 1 Each Heat plus Next 5 Best Times

State Meet: 13.33 6/3/2017 Joseph Anderson (Upland)

Lane	Name	Yr	School	Seed Time
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Heat 1 of 4 Prelims

1	Ryan Gray	11	Oakland Tec -ok	15.33
2	Aaron Adamos	12	Dublin-nc	14.50
3	Prince Buchango-Babalola	11	St. Ignatius-cc	14.32
4	Aaron Uzan	12	No Dame(SO)-ss	14.10
5	Jasir Fontenot	9	San Diego-sd	13.40
6	Josiah Amey	11	Inderkum -sj	14.09
7	Jaylen Jackson	11	Central E-Ce	14.30
8	Nathaniel Maddox	12	Dublin-nc	14.49
9	Isaiah Castro	12	S. Fernando-la	15.25

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BEHAVIOR

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we ALL lose. Especially our students.

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CIF State Track & Field Championships

Heat 2 of 4 Prelims...(Event 6 Boys 110 Meter Hurdles Varsity)

2	Antonio Bayon	12	Redwood-nc	14.60
3	Jayden Bailey	12	Mission Bay-sd	14.33
4	Cameron Simmons	12	Temecula Val-ss	14.10
5	Sterling Bryant	12	Ramona-sd	13.81
6	Chase Young	10	Delasalle-nc	14.04
7	Mac Lamkin	12	Mira Costa-ss	14.29
8	Kingston Waring	12	Culver City -ss	14.45
9	Nasir Enilolobo	12	Granada Hls-la	14.90

Heat 3 of 4 Prelims

2	Brady Tse	11	Harker-cc	14.69
3	Nicolas Hoang	11	Gabrielino -ss	14.36
4	Matthew McHale	12	Pleas. Grove -sj	14.11
5	Lynnox Newton	11	Poly(LB)-ss	13.84
6	Beckham Borquez	11	No Dame(SO)-ss	13.96
7	Jordehn Gammage	12	Canyon (Cc)-Ss	14.27
8	Blaise Burwell	10	Servite-ss	14.45
9	Larry Lucas	12	Lib. Ranch -sj	14.77

Heat 4 of 4 Prelims

2	Joshua Haven	11	Bellarmino-cc	14.72
3	Jayden Rendon	11	Carson-la	14.43
4	Joab Vela	12	V Murrieta-ss	14.12
5	Hudson Hergenrader	12	Buchanan-ce	13.85
6	Wyatt Ruby	10	Redwood (Vis	13.93
7	Brandon Andrade	10	Etiwanda -ss	14.19
8	Vincent Carnegie	12	Stockdale-ce	14.43
9	Dallas Carter	12	Enterprise-no	14.75

Heat 3 of 4 Prelims

2	Chase Young	10	Delasalle-nc	39.20
3	Keegan Schmidt	12	Los Osos-ss	38.48
4	Vincent Carnegie	12	Stockdale-ce	38.16
5	Jayden Bailey	12	Mission Bay-sd	37.41
6	Quishawn Stanford	12	Alto Loma -ss	37.90
7	Jordehn Gammage	12	Canyon (Cc)-Ss	38.20
8	Josiah Kim	12	Univ City-sd	38.56
9	Abraham Radisic	12	San Pedro-la	39.49

Heat 4 of 4 Prelims

2	Nasir Enilolobo	12	Granada Hls-la	39.21
3	Braylen Thomas	10	Hanford-ce	38.53
4	Kingston Penny	10	Palm Desert-ss	38.18
5	Jayden Rendon	11	Carson-la	37.63
6	Lucas Schneider	11	Thou Oaks-ss	37.69
7	Hudson Hergenrader	12	Buchanan-ce	38.19
8	Seneca Ybarra II	12	Atwater -sj	38.55
9	Dallas Carter	12	Enterprise-no	39.24

Event 14 Boys 300 Meter Hurdles Varsity

9 Advance: Top 1 Each Heat plus Next 5 Best Times

State Meet: 35.02 6/5/2009 Reggie Wyatt (La Sierra)

Lane	Name	Yr	School	Seed Time
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Heat 1 of 4 Prelims

2	Luke Kazee	12	St. Ignatius-cc	38.79
3	Peyton Brown	11	Tesoro-ss	38.37
4	Jett Gary	12	Beckman	38.09
5	Kingston Waring	12	Culver City -ss	36.91
6	Mac Lamkin	12	Mira Costa-ss	38.04
7	Brandon Andrade	10	Etiwanda -ss	38.31
8	Aiden de Hoyos	11	Helix-sd	38.69
9	River Lockwood	11	Acalanes-nc	39.68

Heat 2 of 4 Prelims

2	Tomas Norse	12	Foothill -sj	39.12
3	Luke Carnaghe	12	Ventura-ss	38.41
4	Baylor Kelley	12	Placer -sj	38.12
5	Terrence Whaley	12	Orange Vista-ss	37.03
6	Joshua Haven	11	Bellarmino-cc	37.93
7	Osbaldo Godoy	11	Palma-cc	38.29
8	Aden Johnson	12	Summit-ss	38.67
9	Krish Sandhu	11	Moreau Ct-nc	39.53

CIF State Track & Field Championships

Event 2 Boys 4x100 Meter Relay Varsity

9 Advance: Top 1 Each Heat plus Next 6 Best Times

State Meet: 40.24 6/2/1989 Hawthorne

Alexander, Smith, Allen, Curtis Conway

Lane	Team	Relay	Seed Time
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Heat 1 of 3 Prelims

1	Steele Cyn-sd		42.43
	1) Jacob Henton 11	2) Nico Jara 11	
	3) Rafiq Randall Jr 11	4) Adrian Campbell 9	
	5) Marcell Hill 11	6) Noah De Arcos 11	
	7) Josiah Stocker 10	8) Marty Rinaldo 11	
2	Helix-sd		41.90
	1) Harlem Harris 12	2) Spencer Gray 12	
	3) Jeremy Robinson 9	4) Laurence Burston 12	
	5) Jackson Ellis 11	6) Aiden de Hoyos 11	
3	Oak Hls.-ss		41.78
	1) Tony Shropshire III 11	2) Jordan Spencer 11	
	3) Jaylen Gooden 11	4) Quran Clayton 10	
	5) William Williams 12		
4	Cathedral -ss		41.43
	1) Tristin Collins 12	2) Brian Prince 10	
	3) Sean Brooks 12	4) Antonio Walton 12	
	5) Roosevelt Reuben 10	6) Glenn Carrera 11	
5	Servite-ss		40.40
	1) Jordan Wells 9	2) Benjamin Harris 10	
	3) Jaalen Hunter 9	4) Robert Gardner 10	
	5) Kamil Pelovello 9	6) Jace Wells 9	
	7) Jacob Jackson 9	8) Jakobe Jackson 9	
6	Bakersfield-ce		41.42
	1) Bryce Gridiron 11	2) Isaiah Richard 12	
	3) Brenton Brown 12	4) Damarious Johnson	
	5) Jalen Ford 11	6) Damari Miller 12	
	7) Branceil Harris 9		
7	Inderkum -sj		41.77
	1) Jeremiah Payne 9	2) Jayden Corry 10	
	3) Jordan Corry 10	4) Josiah Amey 11	
	5) Josiah Edwards 11	6) Ronald Roselin 9	
8	Clovis North-ce		41.89
	1) Tyree Sams 11	2) Ryan Kobzeff 12	
	3) Elijah Nyberg 11	4) Lucas Smith 11	
	5) Rylon Manning 9	6) William Ddungu 11	
9	St. August-sd		42.42
	1) Charlie Berkley 12	2) Kelley Gross 11	
	3) Aaron Morgan 12	4) Matthew Horne 12	
	5) Kenneth Nwadike III 9	6) Archie Lee 11	
	7) Xavier Cooke 10	8) Taylor Lorentzen 11	

Heat 2 of 3 Prelims

1	Eagle Rock-la		42.71
	1) Melion Busano 11	2) Zachary Tang 12	
	3) Jonas Leal Paz 12	4) Hudson Jumonville 12	
	5) Jackson McFarland 11		
2	Enterprise-no		42.02
	1) Dallas Carter 12	2) Aiden McFall 12	
	3) Alijah Bobo 12	4) JJ Johnson 12	
	5) Ali Aljamal 11	6) Thomas Castles 9	
3	Granada Hls-la		41.78
	1) Nasir Enilolobo 12	2) Justin Hart 12	
	3) Timothy Wyatt 11	4) Quion Williams 12	
	5) Logan Brock 12	6) Brent Tan 11	
	7) Dean Rosales 11	8) Alec Eshraghi 12	
4	J. Serra-cc		41.44
	1) Aidan Labrador 11	2) Nate Coughlin 12	
	3) Jusiah Vinson 12	4) Jeovanni Henley 10	
	5) Bodhi Hsu 10	6) Makisi Unga 10	
	7) Cornell James 10	8) Gianni Cahalan 10	
5	No Dame(SO)-ss		40.77
	1) Luc Weaver 11	2) Quincy Hearn 10	
	3) Ehimen Oyamendan 12	4) Tre Fernandez 12	
	5) Nikko Petronicolos 11	6) Aaron Uzan 12	
	7) Emmanuel Pullins 9	8) Beckham Borquez 11	
6	Delasalle-nc		41.20
	1) Toa Faavae 12	2) Emery Speight 11	
	3) Duece Jones-Drew 10	4) Jaden Jefferson 11	
	5) Ikembuchukwu Udeh 12	6) Dominic Kelley 12	
7	Culver City -ss		41.77
	1) Zytel Boyd 12	2) Duaine Mayrant 12	
	3) Dontay Mayrant 12	4) Dominic Batiste 12	
	5) Jonah Givens 10		
8	Oak Ridge -sj		41.84
	1) Suhunny Bernardi 9	2) Chase Fontana 11	
	3) Demarco Patterson 11	4) Cole Esten 12	
	5) Cruz Hudgens 9		
9	AmCanyon-nc		42.38
	1) Jordan Locke 10	2) Jona Budu 11	
	3) Jordan Burse 10	4) Khairee Baker 12	
	5) Peyton Crowder 10	6) Miles Baylor 11	

CIF State Track & Field Championships

Heat 3 of 3 Prelims...(Event 2 Boys 4x100 Meter Relay Varsity)

1	Lincoln-sf	43.79
	1) Omarie' Rucker 12	2) Elijah Washington 11
	3) Kaleb Banh 12	4) Syd Villegas 12
	5) Kobe Sakai 11	6) Dylan Antunovich 12
	7) Alex Jou 12	8) Henry Hein 11
2	Grant -sj	42.05
	1) Eliyas Woods 10	2) Ezekiel Castex 12
	3) Koby Shabazz 10	4) Dezman Duncan 11
3	Birmingham-la	41.80
	1) Antrell Harris 12	2) Jeremiah Bell 11
	3) Mandell Anthony 12	4) Braylen Morgan 10
	5) Kole Cunningham 11	6) Dredon Fowles 12
4	Murr Val-ss	41.55
	1) Darius Johnson 10	2) Camden Palos-Connor 12
	3) Sedwrick Dunklin 12	4) Brandon Ortega 11
5	El Cerrito-nc	41.02
	1) Gavin Thompson 12	2) Chad Works-Wright 10
	3) Jaylyn Smallwood 10	4) Michael Boyer 10
	5) Kamari Harris 10	
6	Buchanan-ce	41.09
	1) Jaelen Merancio 11	2) Donovan Dunmore 11
	3) Hudson Hergenrader 12	4) Drake Williams 12
	5) Johan Crisologo 9	6) Patrick (Pj) Woodruff 11
	7) Antonio Kemp 12	8) Ian Leite 12
7	Santiago(Cor)-ss	41.57
	1) Travis Nguyen 12	2) Ademola Olusoga 11
	3) Gage McCorkell 12	4) Matthew Lollino 12
	5) Elijah Adams 11	
8	Hillsdale-cc	41.81
	1) Noah Nues 12	2) Sineth Andrabadu 12
	3) Kingston Hua 12	4) Jonas Bell 11
	5) Elijah Nues 11	6) Jakob Gowdy 12
	7) Zeki Soudah	8) Niseth Andrabadu
9	Mountain V-Cc	42.18
	1) Martin Markov 9	2) Grinnell Longstreet 12
	3) Justin Harrell 11	4) Amir Ware 12
	5) Elliot Li 12	6) Ulysses Penn 12
	7) Gary Dong 10	8) Sean Murphy 11

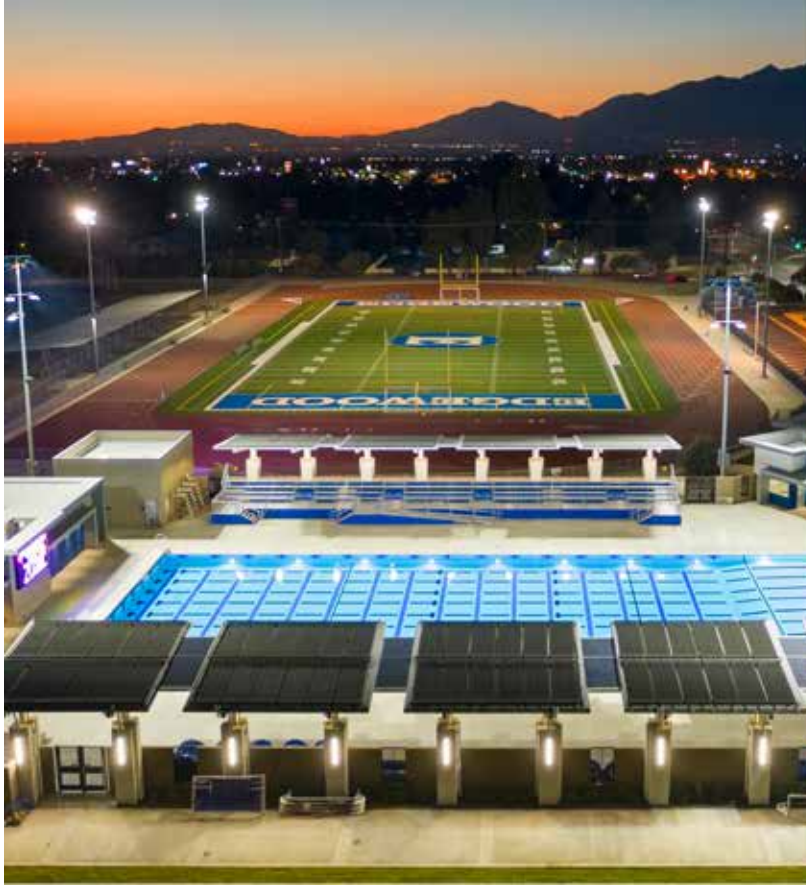
Event 22 Boys 4x400 Meter Relay Varsity

9 Advance: Top 1 Each Heat plus Next 5 Best Times

State Meet: 3:08.42 6/4/2010 Serra, Gardena

Olloqui, Lauderdale, Spann, Woods

Lane	Team	Relay	Seed Time
Heat 1 of 4 Prelims			
1	Enterprise-no		3:24.21
	1) Alijah Bobo 12	2) Ali Aljamal 11	
	3) Dallas Carter 12	4) Aiden McFall 12	
	5) Thomas Castles 9	6) Marcus Newell 10	
2	Damien -ss		3:19.02
	1) Shane Ortiz 10	2) Dane Barker 12	
	3) Erik Patronite 12	4) Grant Monsibais 12	
	5) Lucas Magana 12	6) Jaxson Gates 11	
3	Ran Cuca-ss		3:17.94
	1) Daniel Wimbush 12	2) Griffin Fittante 11	
	3) Jahari Grant 11	4) Jayden Saldana 12	
	5) Rodney Sermons 11	6) Isaiah Joyner 10	
	7) Jayden Sanchez 12		
4	Loyola-ss		3:16.35
	1) Atticus Li 11	2) Hudson McGough 12	
	3) Xavier Wimbley 10	4) Ejam Yohannes 11	
	5) Trevor Atkins 10	6) Amado Machorro-Burn 11	
	7) Alejandro Felix 10	8) Hunter Young 12	
5	Poly(LB)-ss		3:10.83
	1) Gus Armstrong 12	2) Jarrius Hill 12	
	3) Darieon Shufford 10	4) Noah Smith 11	
	5) Malachi Dawson 11	6) Lynnox Newton 11	
	7) Julius Johnson 10	8) Jaylen McNeil 11	
6	Stockdale-ce		3:15.75
	1) Antwjaun Watson 12	2) Gabriel Olango 11	
	3) Vincent Carnegie 12	4) Dillon Thomasson 12	
7	Buchanan-ce		3:17.61
	1) Daeton Mancebo-LeFore 12	2) Donovan Dunmore 11	
	3) Dylan Rea 10	4) Hudson Hergenrader 12	
	5) Logan McLamore 10	6) Jaelen Merancio 11	
	7) Patrick (Pj) Woodruff 11	8) Jeremy Semper 10	
8	Mira Costa-ss		3:18.73
	1) Charley McCarthy 12	2) Caden Enright 11	
	3) Mateo Loo 10	4) Mac Lamkin 12	
9	Granada Hls-la		3:24.15
	1) Justin Hart 12	2) Daniel Ramirez 12	
	3) Nasir Enilolobo 12	4) Alec Eshraghi 12	
	5) Quion Williams 12	6) Michael Osuna 11	
	7) Dean Rosales 11		



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CIF State Track & Field Championships

Heat 2 of 4 Prelims...(Event 22 Boys 4x400 Meter Relay Varsity)

1	Acalanes-nc	3:24.75
	1) Julian Hood 11	2) Benjamin Mickelson 10
	3) Matthew Schwarz 11	4) River Lockwood 11
	5) Harry Zimmerman 11	6) Illias Kaplanes Jones 11
	7) Bryan Lurie 10	8) Christopher Copeland 11
2	Elk Grove -sj	3:19.24
	1) Jayden DeLaRosa 10	2) Hayden Gray 12
	3) Alejandro Alvarado 11	4) Cy Lugo 11
	5) Ty DeLaRosa 12	6) Julian Gutierrez 12
3	Con. Oaks -sj	3:18.09
	1) Jackson Traynham 12	2) Devin Jones 12
	3) Jodha Budwal 11	4) Andrew Bishop 12
	5) Jordan Agbette 12	6) Allen Bishop 10
	7) Mason Beloney 12	8) Kaeden Lindsey 11
4	Northwood-ss	3:16.36
	1) Jaedon Marvel 12	2) Alex Ellis 12
	3) Dev Marfatia 11	4) Austin Diaz 12
	5) Josh Santos 12	6) Cole Hidalgo 12
	7) Aryan Gudetti 9	8) Brayden Anderson 12
5	Cathedral -ss	3:12.20
	1) Tristin Collins 12	2) Antonio Walton 12
	3) Roosevelt Reuben 10	4) Brian Prince 10
	5) Sean Brooks 12	
6	Servite-ss	3:15.24
	1) Jaelen Hunter 9	2) Kamil Pelovello 9
	3) Jace Wells 9	4) Jorden Wells 9
	5) Robert Gardner 10	6) Benjamin Harris 10
	7) Jacob Jackson 9	8) Jakobe Jackson 9
7	Bakersfield-ce	3:17.49
	1) Kamren Owens 11	2) David Avena 11
	3) Bryce Gridiron 11	4) Isaiah Richard 12
	5) Tyler Taylor 10	6) Jael Wells 11
	7) Raymond Maese 9	
8	Mountain V-Cc	3:18.68
	1) Martin Markov 9	2) Javier Teeter 11
	3) Grinell Longstreet 12	4) Amir Ware 12
	5) Sean Murphy 11	6) Justin Harrell 11
	7) Kellen Scanlon 9	
9	Pali-la	3:23.98
	1) Harrison Carter 11	2) Jayden Joch 12
	3) Armani Lindley 12	4) Ronin Sherertz 12
	5) Zachary Amster 12	6) Cole Hubbard 12
	7) Odino Spadavecchia 11	8) LeHenry A Solomon 11

Heat 3 of 4 Prelims

1	Venice-la	3:24.88
	1) Jeremiah White 10	2) Joseph Gutierrez 10
	3) Johnathan Lee 10	4) Nathan Santa Cruz 12
	5) Owen Kleinhans 9	6) Aaron Minter 10
	7) Eric Smith 12	8) Gustavo Ventura 10
2	St. Fran(MV)-cc	3:19.68
	1) Jake Miller 10	2) Gianluca Chaidez 10
	3) Kyle Velasco 12	4) Sean Walsh 11
	5) Wyatt Priest 10	6) Justin Fann 12
	7) James Poole 12	
3	Sage Creek-sd	3:18.16
	1) Cooper Hurt 11	2) Dane Nail 12
	3) Jett Stivers 9	4) Jack Mullen 12
	5) Josiah Bowman 11	
4	Mt. Carmel-sd	3:16.49
	1) Abdul Gray 9	2) Harrison Caulfield 12
	3) Bryce Barrus 12	4) David Slaughter 12
	5) Shaun Young 12	6) Wyatt Boesel 11
	7) Gavin Samboy 11	
5	Central E-Ce	3:13.57
	1) Brandon Smith 11	2) Emanuel Morgan 11
	3) Jaylen Jackson 11	4) Chris Perry 11
	5) Dallen Williams 10	6) Isaac Villarreal 12
	7) Azvan Greenwood 10	8) Xavier Jones 10
6	Wilson(LB)-ss	3:14.93
	1) Charles Chatman 12	2) Wyland Obando 11
	3) Ky'zir Burroughs 12	4) Kaedyn Burroughs 10
	5) Jai Pitre 11	
7	Peninsula-ss	3:17.42
	1) Andrew Alegre 12	2) Joshua Aviles 12
	3) Tyler Malinowski 11	4) Sebastian Richardson 12
	5) Trevor Witkowski 12	6) Matthew King 11
8	J. Serra-cc	3:18.64
	1) Aidan Buret 12	2) Aidan Labrador 11
	3) Nate Coughlin 12	4) Jeovanni Henley 10
	5) Bodhi Hsu 10	6) Makisi Unga 10
	7) Jusiah Vinson 12	8) Shaunt Jabaghourian 9
9	Tamalpais-nc	3:21.92
	1) Dexter Burnett 11	2) Cooper Hatch 12
	3) Caeden Gardner 12	4) Nate Wanger 12
	5) Jack Turner 12	6) Shea Sorcher 12
	7) Brendan Steinhofer 12	

CIF State Track & Field Championships

Heat 4 of 4 Prelims...(Event 22 Boys 4x400 Meter Relay Varsity)

2	Jesuit -sj	3:19.97
	1) Maximillian Guttermann 10	2) Lucas Alberts 10
	3) Robert Weinbaum 11	4) Kwanna Smith 9
	5) Jackson Henderson 12	6) Jacob Norman 11
	7) Navin Kadel 12	8) Devin Halimi 12
3	Sluisobis-Ce	3:18.28
	1) Sean Cowan 10	2) Myles Payne 12
	3) Colbin Garrison 11	4) Quentin Cramer 10
	5) Cyril Agoruah	6) Jackson Sullivan
	7) Trey Walter 10	8) Britton Rethmeier
4	Orange Vista-ss	3:16.55
	1) Terrence Whaley 12	2) Braylen Turner 11
	3) Peter Sandoval 12	4) Rami Babino 11
	5) Jacob Duregger 12	6) Knoble Wilmont 9
	7) Daniel Rodriguez 11	8) Roberto Gonzalez 10
5	Clovis-ce	3:13.97
	1) Breaven Ward 11	2) Kayden Lewis-Burnley 10
	3) Tyler Haggard 12	4) Logan Cole 12
	5) Sterling Edwards 9	6) James Rose 12
	7) Jsmes Harris 10	
6	Culver City -ss	3:14.80
	1) Dontay Mayrant 12	2) Jonah Givens 10
	3) Kingston Waring 12	4) Duaine Mayrant 12
	5) Dominic Batiste 12	
7	Helix-sd	3:16.62
	1) Jackson Ellis 11	2) Aiden de Hoyos 11
	3) Laurence Burston 12	4) Spencer Gray 12
	5) Jeremy Robinson 9	6) Dylan Unis 10
8	S Margarita-ss	3:18.41
	1) Aidan Pla 11	2) Leo Francis 12
	3) Jack McDaniel 11	4) Tommy Volz 11
	5) Darin Spragno 11	
9	Delasalle-nc	3:20.78
	1) Toa Faavae 12	2) Chase Young 10
	3) Ikembuchukwu Udeh 12	4) Dominic Kelley 12
	5) Jaden Jefferson 11	6) Chase Nickens 9
	7) Emery Speight 11	

Event 18 Boys 4x800 Meter Relay Varsity

State Meet: 7:38.07 5/25/2024 San Clemente Ss			
B Ephraim, P Clark, T Clark, J Brownell			
Lane	Team	Relay	Seed Time
Section 1 of 1 Finals			
1	Mira Costa-ss		7:37.84
	1) Krish Desai 11	2) Collin Tarnay 11	
	3) Ryan Burger 11	4) Ian Hansen 12	
	5) Carson Ehman 11		
2	Oaks Chr-ss		7:39.31
	1) Vin Krueger 11	2) Cooper McNee 12	
	3) Arizechkwu Nwosu 10	4) Christian Yoder 12	
	5) Brooks Bennett 10	6) Joshua Mitchell 12	
3	Jsera-Ss		7:42.07
	1) Jack Burnett 11	2) Bradley Arrey 12	
	3) Alden Morales 11	4) Luke Friedl 11	
	5) Taye Newman 12	6) John Paul DeSantos 11	
4	Wilson(LB)-ss		7:43.41
	1) Kaedyn Burroughs 10	2) Cash Obando 12	
	3) Wyland Obando 11	4) Antoine Kelly 11	
	5) Jai Pitre 11	6) Jordan Kincherlow 11	
	7) Conner Nemoto 12		
5	Buchanan-ce		7:46.43
	1) Max Jauregui 12	2) Luke Sanders 12	
	3) Amani Rodriguez 11	4) Andrew Ray 10	
	5) Dylan Rea 10	6) Jansen Geyer 11	
	7) Jack Beauchamp 12	8) Triton Burger 9	
6	Monache-ce		7:48.45
	1) Jake Estrada 12	2) Alberto Andrade 12	
	3) Conner Machado 11	4) Devin Marino 11	
	5) Eli Soltelo	6) Miguel Bedolla	
7	Jesuit -sj		7:48.99
	1) Drake Hoferer 11	2) Navin Kadel 12	
	3) Lucas Alberts 10	4) Devin Halimi 12	
	5) Kwanna Smith 9	6) Isaac Abbott 11	
8	Crystal Sprgs-cc		7:51.87
	1) Cameron Kani 11	2) Findlay Baker 12	
	3) Conrad Chern 10	4) Benjamin Bouie 12	
	5) Andy Yan 9	6) Ario Kerrigan 9	
	7) Bennett Marquez 9	8) Emmanuel Garcia Rodrigue	
9	McClatchy -sj		7:51.92
	1) Hugh Heyer 10	2) Ben Cook-Appel 12	
	3) Owen Anderson 12	4) Landon Warriner 10	
	5) Ayden Celeste 11	6) Sujadullah Amarkhil 11	
10	Scripps Ran-sd		7:53.03
	1) Thijs van Eldik Thieme 12	2) Benjamin Stephens 11	
	3) Brandon Sun 11	4) Nathan Bamford 11	
	5) Devin Gum 12	6) Nico Cruz 10	
	7) Devin Liles 10	8) Carter Broadhead 12	
11	Pt. Loma-sd		7:53.55
	1) Gabe Xavier 12	2) Jonah Turner 10	
	3) Ethan Levine 11	4) Jack Loomis 11	
	5) Judah Ferreira 10	6) Luke Waterman 9	
	7) Bradyn Phillips 11	8) Dante Morales 10	
12	Las Lomas-nc		7:53.64
	1) Zack Springer 12	2) Joshua Sonoda 11	
	3) Porter Freitag 12	4) Nate Griffin-Yeh 12	
	5) Akash Gandhi 12	6) Kieran Hurley 11	
	7) Simon Wise 9	8) Ayaan Rai 10	

CIF State Track & Field Championships

Section 1 of 1 Finals

13	Bellarmino-cc	7:54.48
	1) Shrey Chettiar 12	2) Duncan Burk 10
	3) Dane Flores 12	4) Stephen Sziebert 11
	5) Shashank Nandakumar 10	6) Dylan Connell 11
	7) Will Burch 12	8) Devansh Shah 12
14	Analy (Nc)	7:57.04
	1) Bear Vanden Heuvel 12	2) Owen Dawson 11
	3) Cormac Gaylord 12	4) Quince Holman 11
	5) Jeffery Gonsalves 9	6) Logan Dickson 10
15	Lowell-sf	8:07.67
	1) Malcolm Barry-Kao 11	2) Quinn Luk 11
	3) Dexter Tu 12	4) Henry Witt 11
	5) Kenneth Cheung 10	6) Jake Saje 12
	7) William Chung 12	8) Zi Chen Mei 12
16	San Pedro-la	8:10.59
	1) Edward Ayau-Espina 12	2) Jack Butterfield 12
	3) Robbie Rivas 12	4) Christopher Frelax 12
	5) Evan Hadeishi 12	6) Jacob Somers 10
	7) Zachary McGrath 10	8) Camillo Visessiri-Petit 11
17	Pali-la	8:13.41
	1) Jackson Taylor 11	2) Odino Spadavecchia 11
	3) Zachary Amster 12	4) Andrew Razo 11
	5) Emmanuel Lopez 11	6) Owen Lewicky 12
	7) Theo Mayeda 9	8) Ronin Sherertz 12
18	Trinity-no	8:15.83
	1) Bill Kormeier 11	2) Ryker Robles 10
	3) Ethan Straatmann 11	4) Jackson Poburko 11
	5) Brodie Brower 11	

23	Quentin Mitchell	12	Antelope -sj	6-06.00
24	Grady Wachob	12	Benicia-nc	6-06.00
25	Alijah Cheeks	10	Mission Bay-sd	6-08.00
26	Jayden Goodman	11	Inderkum -sj	6-08.00
27	Joshua Harel	11	No Dame(SO)-ss	6-10.00
28	Matthew Browner	12	Chaminade -ss	6-10.00

Event 29 Boys High Jump Varsity

Top 12 Advance by Mark

Progression Fri: 6-4, 6-6, 6-7, 6-8, 6-9

Progression Sat: 6-5, 6-7, 6-8, 6-9, 6-10

State Meet: 7-03.25 6/2/1979 Lee Balkin (Glendale)

Pos	Name	Yr	School	Seed	Mark
-----	------	----	--------	------	------

Flight 1 of 1 Prelims

1	Derrick Johnson	11	San Pedro-la	6-02.00
2	Quion Williams	12	Granada Hls-la	6-02.00
3	Elias Smith	11	Granada Hls-la	6-04.00
4	Antonio Bayon	12	Redwood-nc	6-04.00
5	Hayden Brandow	11	Sluisobis-Ce	6-04.00
6	Giacomo Filice	12	A. Grande-ce	6-04.00
7	Elisha Harris	11	Madison-sd	6-04.00
8	Joshua Haven	11	Bellarmino-cc	6-06.00
9	Anik Singh	12	Leigh-cc	6-06.00
10	Ryan Shen	11	Monta Vista-cc	6-06.00
11	Nathaniel Baca	11	Ayala -ss	6-06.00
12	Benjamin Stout	12	Amador Va-nc	6-06.00
13	Marcus Madoski	12	Ripon -sj	6-06.00
14	Tyler Malinowski	11	Peninsula-ss	6-06.00
15	Darrien Scott	11	Palo Verde-sd	6-06.00
16	Dean Guzman	11	Moorpark-ss	6-06.00
17	Naryan Banerjee	10	Jesuit -sj	6-06.00
18	Kekoa Williams	12	Stevenson-cc	6-06.00
19	Davis Benson	10	Moorpark-ss	6-06.00
20	Costantino Thompson	12	Chico-no	6-06.00
21	Brandon Gorski	12	Mater Dei-ss	6-06.00
22	Jaxson Silverstrom	10	San Joa Mem-ce	6-06.00

**Wishing you a successful
Track Meet Clovis USD!**



CIF State Track & Field Championships

Event 30 Boys Pole Vault Varsity

Top 12 Advance by Mark

Progression Fri: 15-0, 15-6, 15-10, 16-2, 16-6

Progression Sat: 15-2, 15-8, 16-0, 16-4, 16-8

State Meet: 17-10 5/25/2019 Sondre Guttormsen

Pos	Name	Yr	School	Seed	Mark
-----	------	----	--------	------	------

Flight 1 of 1 Prelims

1	Logan Meredith	12	Orland-no	13-06.00
2	Kayden Ellis	12	Frontier-ce	14-02.00
3	Giobanni Morales	12	Central E-Ce	14-02.00
4	Antonio Bayon	12	Redwood-nc	14-02.00
5	Ben Lee	12	Leland-cc	14-08.00
6	Ethan Radford	11	Bellarmine-cc	14-08.00
7	Liam Piccotto	12	Leigh-cc	14-08.00
8	Joseph Sbuttoni IV	12	St. August-sd	15-02.00
9	Parker Doomey	12	Ramona-sd	15-02.00
10	Justin Strode	12	Turlock -sj	15-02.00
11	Matthew McHale	12	Pleas. Grove -sj	15-02.00
12	Tomek Gorzkowski	11	Mira Costa-ss	15-02.00
13	Pierce Brittain	12	Oaks Chr-ss	15-02.00
14	David O'Brien	10	Roosevelt E-Ss	15-02.00
15	Torin Sotelo	10	Grossmont-sd	15-02.00
16	Tyler Suhar	11	Torrey Pines-sd	15-02.00
17	Garrett Higgins	12	Trabuco Hls-ss	15-02.00
18	William Freas	12	Tamalpais-nc	15-06.00
19	Ogden Lucsik	12	Burbank -ss	15-08.00
20	Nathan Epstein	12	de Toledo -ss	15-08.00
21	Michael Cullen	12	Redlands-ss	15-08.00
22	Grant Hymas	12	Bella Vista -sj	15-08.00
23	Justin Wilshusen	11	Paso Robles-ce	16-00.00
24	Brady Furr	12	S Margarita-ss	16-02.00
25	Jack Marek	12	Gran. Bay -sj	16-02.00
26	Kai Anderson	12	Univ City-sd	16-02.00
27	Dylan Yarbrough	11	S Dieguito-sd	16-02.00
28	Ryan Auble	12	Del Campo -sj	16-07.00
29	Khaliq Muhammad	12	Pittsburg-nc	17-01.00

Event 31 Boys Long Jump Varsity

Top 12 Advance by Mark

State Meet: 26-04.75 6/3/1989 James Stallworth (Tulare)

Pos	Name	Yr	School	Seed	Mark
-----	------	----	--------	------	------

Flight 1 of 1 Prelims

1	Jai Armstrong	12	Dorsey-la	21-02.50
2	Kaleb Banh	12	Lincoln-sf	21-03.50
3	Chase Guillory	12	No. Holly-la	21-08.00
4	Mandell Anthony	12	Birmingham-la	21-09.75
5	Darrius Moore	12	Sacramento-sj	22-04.25
6	Camren Hudson	12	Lib. Ranch -sj	22-05.75
7	Kaleb Pleis	12	S. Ramon V-Nc	22-06.00
8	Noah Gonzalez	12	St. Ignatius-cc	22-07.50
9	Darren Haggerty	10	Viewpoint-ss	22-09.00
10	Matthew Browner	12	Chaminade -ss	22-09.00
11	Leo Francis	12	S Margarita-ss	22-09.00
12	Brandon Gorski	12	Mater Dei-ss	22-10.50
13	Tyrik Jackson	12	Hanford-ce	22-10.75
14	Oskar Herlitz	11	Sac. Hrt Prep-cc	22-11.75
15	Jaxen Carlisle	11	La Costa Cyn-sd	23-00.25
16	Leon Shorter IV	10	Poly(Riv)-ss	23-00.50
17	Levi Harte	12	Encinal-nc	23-00.75
18	Jayden Newkirk	12	Las Plumas-no	23-01.50
19	Ezekiel Castex	12	Grant -sj	23-02.00
20	Steven Evans-Glynn	12	Cath. Cath-sd	23-02.25
21	Mekhi Oluwa	11	Mater Dei-sd	23-03.00
22	Ernest (Ej) Okere	10	Clayton Vy-nc	23-04.75
23	Ryan Shen	11	Monta Vista-cc	23-07.75
24	Rashad Perry	12	Washington-cc	23-10.50
25	Kosi Iwvalla	11	Shasta-no	23-10.75
26	Nicolas Alexis	12	Elsinore -ss	24-03.50
27	Kayden Lewis-Burnley	10	Clovis-ce	24-08.75

CIF State Track & Field Championships

Event 32 Boys Triple Jump Varsity

Top 12 Advance by Mark				
State Meet: 52-05.75 6/6/1986 Marcus Hooks (Lakewood)				
Pos	Name	Yr	School	Seed Mark
Flight 1 of 1 Prelims				
1	Kaleb Banh	12	Lincoln-sf	42-00.75
2	Thomas Sweet	11	Pierce-no	42-03.75
3	Adegheosa Asoro	12	Dorsey-la	44-02.00
4	Derrick Johnson	11	San Pedro-la	44-05.25
5	Piercen Jones	11	Liberty Bak-cc	45-01.00
6	Mekhi Oluwa	11	Mater Dei-sd	45-01.25
7	Elijah Cato	12	Mira Mesa-sd	45-02.00
8	Dhannon Angeletti	12	King Drew-la	45-03.00
9	Damari Miller	12	Bakersfield-cc	45-09.25
10	Jericho Dunlap	11	Gr. Davis -sj	45-09.25
11	Hudson Smith	10	Whitney -sj	45-10.75
12	Alex Martin	11	Val. Chr-cc	45-11.00
13	Nathaniel Maddox	12	Dublin-nc	45-11.50
14	Jasaun Mabrey	12	S.H Cathed-cc	46-01.50
15	Nathaniel Aceves-Aguilar	12	Watsonville-cc	46-04.75
16	Benicio Labuguen	11	Westmoor-cc	46-05.00
17	Noah Gonzalez	12	St. Ignatius-cc	46-07.75
18	Colin Green	12	Gr. Oak-ss	46-09.50
19	Cameron P Jones	12	B.O'Dowd-Nc	46-10.50
20	Jayden Bailey	12	Whitney -sj	47-03.25
21	Jr Jamar Andrews	12	Downey -ss	47-06.00
22	Esaias Ellis	12	Cathedral -ss	47-07.00
23	ZeShaun Daley	12	El Camino-sd	47-09.25
24	Anthony Dean	12	Delasalle-nc	47-11.00
25	Nicolas Alexis	12	Elsinore -ss	48-01.00
26	Rashad Perry	12	Washington-cc	48-02.25
27	Camren Smith	12	Quartz Hill-ss	48-03.50
28	Keith Cotlage	12	Cajon -ss	48-10.00

Event 33 Boys Shot Put Varsity

Top 12 Advance by Mark				
State Meet: 74-04.75 6/2/1990 Brent Noon (Fallbrook)				
Pos	Name	Yr	School	Seed Mark
Flight 1 of 1 Prelims				
1	Ramon Jacobo Quinonez	12	S. Fernando-la	44-10.00
2	Alexander Gorobets	12	Washington-sf	45-04.25
3	Jiles Roberts	11	El Camino-sd	49-10.75
4	Da'Shaud Adair	12	Steele Cyn-sd	51-03.00
5	Jusawn Davis	11	Granada Hls-la	52-03.50
6	Jayden Gibbs	11	Oceanside-sd	52-06.50
7	Jayden Legaspi	12	Canyon An. -ss	52-10.50
8	Noah Buchanan	12	Murr Me-ss	53-07.00
9	Lawrence Kensingner	11	Venice-la	55-00.00
10	Garrytt Lloyd	11	A. Grande-cc	55-05.00
11	Emmanuel Fitzgerald	12	San Mateo-cc	55-06.00
12	Skyler Collenberg	11	Arcata-nc	55-06.25
13	Lawson Grace	12	Westlake-ss	55-07.50
14	Joseph Garcia	12	Con. Oaks -sj	55-08.50
15	Zachary Hart	12	Lassen-no	55-09.75
16	Chibuike Ihe	12	Pittsburg-nc	55-10.25
17	Heriberto Kian Rangel	12	Porterville-cc	56-06.00
18	Omar Soufi	12	So. Pasadena-ss	56-07.50
19	Maxime Morelle	11	Sac. Hrt Prep-cc	57-04.50
20	Case Jacobson	11	St. Fran(MV)-cc	57-05.00
21	Evan Usher	12	Woodside-cc	57-09.50
22	Logan Brantley	12	Aptos-cc	58-00.00
23	Kaiden Gonzales	12	Gilroy-cc	58-00.50
24	Eliot Traxler	12	Amador -sj	58-02.50
25	Drew Harisay	11	Etiwanda -ss	58-05.00
26	Devon Bertoli	11	Cdnl Mwmn-nc	59-03.75
27	Joshua Taylor	12	The Kings Ac-cc	59-04.00
28	Andres Arguello	11	Central E-Ce	59-06.50
29	Nathan Bloom	12	Dixon -sj	59-09.25
30	Benjamin Lingenfelter	12	Yucaipa-ss	61-02.00
31	Luke Lewis	12	J. Serra-cc	61-10.00
32	McKay Madsen	12	Clovis North-cc	67-04.25

CIF State Track & Field Championships

Event 34 Boys Discus Throw Varsity

Top 12 Advance by Mark				
State Meet: 213-07 6/2/2006 Bo Taylor (Newport Harbor)				
Pos	Name	Yr	School	Seed Mark
Flight 1 of 1 Prelims				
1	Bryant Angel	12	Mission-sf	139-11
2	Zachary Hart	12	Lassen-no	144-03
3	Dainian Diaz	12	Santana-sd	151-01
4	Zach Bruce	11	Calif-nc	154-00
5	Chance Curry	11	R. Bernardo-sd	155-00
6	Deonte Littlejohn	11	Acalanes-nc	156-03
7	Vicente Adan	10	Cdnl Mwmn-nc	159-02
8	Jayden Gibbs	11	Oceanside-sd	159-07
9	Emmanuel Fitzgerald	12	San Mateo-cc	162-04
10	Evan Usher	12	Woodside-cc	162-08
11	Isaac Duren	12	Archbish Mtty-cc	164-00
12	Isaac Anderson	12	Wheatland-no	165-11
13	Lawson Grace	12	Westlake-ss	168-00
14	Talen Prince	11	No. Bksfld-cc	168-08
15	Drew Harisay	11	Etiwanda -ss	170-10
16	Faletausala Amu	11	Downey -ss	172-01
17	Joshua Mellion	12	Marteca -sj	174-06
18	Jack Paavola	12	Ocean View-ss	174-10
19	Eliot Traxler	12	Amador -sj	175-09
20	Joshua Komrosky	10	Ayala -ss	178-04
21	Karsyn Van Grouw	11	Buchanan-cc	181-10
22	Benjamin Lingenfelter	12	Yucaipa-ss	200-10
23	McKay Madsen	12	Clovis North-cc	204-09

Event 42 Boys 100 Meter Dash Ambulatory Para

State Meet: 12.32 5/25/2019 Parker Harvey				
Lane	Name	Yr	School	Seed Time
Section 1 of 2 Finals				
2	David Cervantes	12	Mission Bay-sd	14.53
3	Chris Adamsen	11	Mission Bay-sd	14.53
4	Ivan Chuban	12	Torrey Pines-sd	13.95
5	Dillon Thomas	12	Piedmont Hls-cc	13.40
6	Erick Aleman	12	Rio Mesa-ss	13.53
7	Ben Pendo	12	Orland-no	14.97
8	Logan Mann	12	West Hills-sd	14.89
Section 2 of 2 Finals				
3	Asher Grossman	10	Washington-sf	18.25
4	Logan Sain	12	Palo Verde-sd	17.01
5	Jaime Coc Choc	9	S. Fran Int-sf	14.99
6	Alec Murrieta	12	Lemoore-cc	16.92
7	Ricardo Lopez-Ramirez	9	Watsonville-cc	17.33
8	Akhil Kakollu	12	Dublin-nc	21.09

Event 43 Boys 200 Meter Dash Ambulatory Para

State Meet: 25.48 5/25/2019 Parker Harvey				
Lane	Name	Yr	School	Seed Time
Section 1 of 2 Finals				
2	David Cervantes	12	Mission Bay-sd	31.96
3	Chris Adamsen	11	Mission Bay-sd	31.96
4	Ivan Chuban	12	Torrey Pines-sd	28.96
5	Erick Aleman	12	Rio Mesa-ss	27.20
6	Dillon Thomas	12	Piedmont Hls-cc	27.53
7	Logan Mann	12	West Hills-sd	31.44
8	Ben Pendo	12	Orland-no	32.59
Section 2 of 2 Finals				
3	Ricardo Lopez-Ramirez	9	Watsonville-cc	35.84
4	Aksham Tuteja	10	Yerda Buena-cc	34.49
5	Jaime Coc Choc	9	S. Fran Int-sf	32.75
6	Asher Grossman	10	Washington-sf	33.15
7	Talen Schmid	11	Vista-sd	35.38
8	Akhil Kakollu	12	Dublin-nc	43.23

Event 44 Boys 400 Meter Dash Ambulatory Para

State Meet: 1:00.36 5/26/2023 Benjamin Schulz				
Lane	Name	Yr	School	Seed Time
Section 1 of 2 Finals				
3	Aksham Tuteja	10	Yerda Buena-cc	1:14.66
4	Jackson Cox	11	Mountain V-Cc	1:03.57
5	Dillon Thomas	12	Piedmont Hls-cc	59.79
6	Erick Aleman	12	Rio Mesa-ss	1:03.05
7	Logan Mann	12	West Hills-sd	1:14.17
Section 2 of 2 Finals				
2	Edi Velasco	12	Narbonne-la	1:20.75
3	(Guide) Velasco	12	Narbonne-la	1:20.75
4	Asher Grossman	10	Washington-sf	1:18.67
5	Jaime Coc Choc	9	S. Fran Int-sf	1:16.82
6	Ben Pendo	12	Orland-no	1:16.90
7	Talen Schmid	11	Vista-sd	1:20.18

Event 49 Boys Shot Put Ambulatory Para

State Meet: 39-00 5/24/2019 Parker Harvey				
Pos	Name	Yr	School	Seed Mark
Flight 1 of 1 Finals				
1	Ricardo Lopez-Ramirez	9	Watsonville-cc	15-04.00
2	Chris Adamsen	11	Mission Bay-sd	18-04.75
3	Logan Sain	12	Palo Verde-sd	23-11.50
4	Edi Velasco	12	Narbonne-la	27-03.50
5	Jimmy Nguyen	12	Reseda-la	28-08.00
6	Jaime Coc Choc	9	S. Fran Int-sf	33-09.00

Event 52 Boys Shot Put Wheelchair Para

State Meet: 22-01 5/26/2023 Ismael Estrada				
Pos	Name	Yr	School	Seed Mark
Flight 1 of 1 Finals				
1	Angel Guzman	12	Rancho Verde-ss	14-10.50
2	Adrian Gonzalez	11	Imperial-sd	15-05.50
3	Angelo Sanchez	10	Guajome Pk-sd	17-10.00

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Consistency

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Engagement

Boost School Spirit: Create an environment that inspires and motivates with compelling visual storytelling.



CIF State Track & Field Championships

Event 58 Boys 100 Meter Dash Unified

State Meet: 11.24 5/27/2022 Tristan Oliver				
Lane	Name	Yr	School	Seed Time
Section 1 of 2 Finals				
2	Gregory Guerro	12	Aliso Niguel -ss	24.06
3	Corbin Shulze	12	Aliso Niguel -ss	24.06
4	Jordan Mbongo	SN	Con. Oaks -sj	12.10
5	Deven Steffan	12	Con. Oaks -sj	12.03
6	Ryder Yamaguchi	10	Aptos-cc	12.07
7	Jonathan Espinoza	9	Aptos-cc	12.47
Section 2 of 2 Finals				
2	Malachi McLeod	12	Clairemont-sd	26.31
3	Nathan McNeal	12	Clairemont-sd	26.31
4	Santiago Almaguer	11	Trabuco Hls-ss	24.26
5	Rhonel Aquino	12	Trabuco Hls-ss	24.26
6	Damian Mungin	12	Hoover-cc	24.26
7	Benjamin Mbodo	12	Hoover-cc	24.26
8	Gabriel Calander	11	Dublin-nc	24.89
9	Laprell Kent	11	Dublin-nc	24.89

Event 57 Boys 4x100 Meter Relay Unified

State Meet: 48.80 5/24/2024 Riverside Poly Ss				
Lane	Team	Relay	Seed Time	
Section 1 of 1 Finals				
2	Wheatland-no		54.53	
	1) Peter Almend-Evans	2) Trey Goodwin 12		
	3) Deo Reed 10	4) Jayden Grant		
3	Clairemont-sd		51.83	
	1) Jacob Garcia 10	2) Malachi McLeod 12		
	3) Nathan McNeal 12	4) Mohammad Naderolasli 11		
4	Trabuco Hls-ss		48.21	
	1) Kyle Parrino 10	2) Jacob Neeman 12		
	3) Santiago Almaguer 11	4) Rhonel Aquino 12		
5	Aptos-cc		46.99	
	1) Jonathan Espinoza 9	2) Ryder Yamaguchi 10		
	3) Colin Dagnall 12	4) Dylan Guisado 12		
6	Pioneer Val-cc		47.86	
	1) Mauricio Bribiesca 12	2) Antonio Linares Ortuno 12		
	3) Yair Martinez Ruiz 12	4) Alaki Ronquillo 12		
7	Riverside Ply-ss		51.43	
	1) Jayson Conlon 11	2) Logan Dudley 12		
	3) Nathan Jones 11	4) Martin Veloz 9		
8	Hayward-nc		52.49	
	1) Jackson Albanesi 11	2) Michael Hourel Flores 12		
	3) Elias Ibarra 12	4) Leron Newell 12		
	5) Elijah Segal 12			

Event 56 Boys Shot Put Unified

State Meet: 44-10.50 5/27/2022 Isiah Butler				
Pos	Name	Yr	School	Seed Mark
Flight 1 of 1 Finals				
1	Jayden Duncan	10	Pitman -sj	29-01.25
2	Noah Lechuga	12	Watsonville-cc	32-01.00
3	Tyre Duncan	11	Pitman -sj	32-06.00
4	Alejandro Riquelme	10	Watsonville-cc	33-03.00
5	Micah Hopkins	11	Hilltop-sd	62-09.25
6	Daniel Aceves	11	Hilltop-sd	62-09.25
7	Alex Rodriguez	12	Hoover-cc	70-08.50
8	Damian Mungin	12	Hoover-cc	70-08.50
9	Drevian Swift	12	Hillcrest-ss	72-06.25
10	Ferris Galindo	12	Hillcrest-ss	72-06.25
11	Hunter Jones	10	Los Alamitos-ss	75-05.00
12	Joseph Freyre	11	Los Alamitos-ss	75-05.00
13	Michael Hourel Flores	12	Hayward-nc	82-06.25
14	Elijah Segal	12	Hayward-nc	82-06.25

Event 37 Mixed 100 Meter Dash Wheelchair Para

State Meet: 19.96 5/27/2023 Brandon Louie				
Lane	Name	Yr	School	Seed Time
Section 1 of 1 Finals				
3	Rosy Trujillo	W10	Buena -ss	25.42
4	Angelo Sanchez	M10	Guajome Pk-sd	22.61
5	Angel Guzman	M12	Rancho Verde-ss	19.77
6	Luzila Ashley Castillo	W12	Woodbridge-ss	20.12
7	Adrian Gonzalez	M11	Imperial-sd	24.44

Event 38 Mixed 200 Meter Dash Wheelchair Para

State Meet: 32.14 5/28/2022 Josiah Ettore				
Lane	Name	Yr	School	Seed Time
Section 1 of 1 Finals				
3	Rosy Trujillo	W10	Buena -ss	50.75
4	Angelo Sanchez	M10	Guajome Pk-sd	42.76
5	Angel Guzman	M12	Rancho Verde-ss	37.38
6	Luzila Ashley Castillo	W12	Woodbridge-ss	39.73
7	Adrian Gonzalez	M11	Imperial-sd	49.04

Event 39 Mixed 400 Meter Dash Wheelchair Para

State Meet: 1:05.18 5/27/2022 Josiah Ettore				
Lane	Name	Yr	School	Seed Time
Section 1 of 1 Finals				
4	Adrian Gonzalez	M11	Imperial-sd	1:36.44
5	Angel Guzman	M12	Rancho Verde-ss	1:18.13
6	Luzila Ashley Castillo	W12	Woodbridge-ss	1:22.30
7	Angelo Sanchez	M10	Guajome Pk-sd	1:37.96

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CIF State Championship Records

BOYS

100 METERS

10.20 Rodrick Pleasant (Serra).....2023

200 METERS

20.30 Michael Norman (Vista Murrieta).....2015

400 METERS

45.19 Michael Norman (Vista Murrieta).....2015

800 METERS

1:46.45 Michael Granville (Bell Gardens)1996

1600 METERS

4:00.29 German Fernandez (Riverbank)2008

3200 METERS

8:34.23 German Fernandez (Riverbank)2008

110-METER HIGH HURDLES

13.33 Joseph Anderson (Upland).....2017

300-METER INTERMEDIATE HURDLES

35.02 Reggie Wyatt, La Sierra (Riverside, CA).....2009

400-METER RELAY

40.24 Hawthorne1989

1600-METER RELAY

3:08.42 Serra (Gardena)2010

4x800-METER RELAY

7:38.07 San Clemente2024

DISCUS THROW

213-07 Bo Taylor (Newport Harbor, Newport Beach)2006

HIGH JUMP

7-03.25 Lee Balkin (Glendale).....1979

LONG JUMP

26-04.75 James Stallworth (Tulare Union, Tulare)1989

POLE VAULT

17-10 Sondre Guttormsen (Davis)2018

SHOT PUT

74-04.75 Brent Noon (Fallbrook)1990

TRIPLE JUMP

52-05.75 Marcus Hooks (Lakewood)1986

100 METERS AMBULATORY

12.22 Henry Waterman (Mater Dei)2019

100 METERS WHEELCHAIR

16.74 Josiah Ettore (Ramona)2022

200 METERS AMBULATORY

25.23 Henry Waterman (Mater Dei)2019

200 METERS WHEELCHAIR

32.14 Josiah Ettore (Ramona)2022

400 METERS AMBULATORY

53.37 Joel Gomez (Canyon Crest).....2019

400 METERS WHEELCHAIR

1:05.18 Josiah Ettore (Ramona)2022

SHOT PUT AMBULATORY

39-00.00 Parker Harvey (San Diego)2018

SHOT PUT WHEELCHAIR

22-01.00 Ismael Estrada (University City).....2023

GIRLS

100 METERS

11.14 Marion Jones (Thousand Oaks).....1992

200 METERS

22.52 Allyson Felix (Los Angeles Baptist, North Hills)2003

400 METERS

50.74 Monique Henderson (Morse, San Diego).....2000

800 METERS

2:02.04 Amy Weissenbach (Harvard-Westlake, N. Hollywood).....2011

1600 METERS

4:33.45 Sadie Engelhardt (Ventura).....2023

3200 METERS

9:52.13 Jordan Hasay (Mission Prep, San Luis Obispo)2008

100-METER HIGH HURDLES

13.03 Vashti Thomas (Mt. Pleasant, San Jose)2007

300-METER LOW HURDLES

40.10 Ebony Collins (Wilson, Long Beach).....2005

400-METER RELAY

44.70 St. Bernard, Playa del Rey1997

1600-METER RELAY

3:35.49 Poly, Long Beach2004

4x800-METER RELAY

8:55.99 Del Norte (San Diego).....2023

DISCUS THROW

186-09 Anna Jelmini (Shafter).....2009

HIGH JUMP

6-02.00 Latrese Johnson (Clovis)1985

LONG JUMP

22-00.50 Marion Jones (Thousand Oaks).....1993

POLE VAULT

14-02 Rachel Baxter (Canyon, Anaheim).....2016

SHOT PUT

53-08.00 Anna Jelmini (Shafter).....2009

TRIPLE JUMP

44-00.50 Juliana Yendork (Walnut)1991

100 METERS AMBULATORY

13.44 Amy Watt (Gunn).....2016

100 METERS WHEELCHAIR

20.70 Luzi Ashley (Woodbridge)2023

200 METERS AMBULATORY

28.02 Amy Watt (Gunn).....2016

200 METERS WHEELCHAIR

38.90 Luzila Ashley-Castillo (Woodbridge).....2024

400 METERS AMBULATORY

1:07.17 Amy Watt (Gunn).....2016

400 METERS WHEELCHAIR

1:25.92 Luzi Ashley (Woodbridge)2023

SHOT PUT AMBULATORY

39-05.25 Arelle Middleton (Los Osos).....2023

SHOT PUT WHEELCHAIR

21-06.75 Audrey Aguilar (Imperial).....2024

DISCUS AMBULATORY

77-08 Ella Rodriguez (Christopher, Gilroy).....2019

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U.S. National High School Records

BOYS

100 METERS

10.13 Matthew Boling, Strake Jesuit (Houston, TX)..... 2019

200 METERS

20.13 Roy Martin, Roosevelt (Dallas, TX)..... 1985

400 METERS

45.19 Aldrich Bailey, Mansfield Timberview (Arlington, TX) .. 2012

45.19 Michael Norman (Visa Murrieta, CA)..... 2015

800 METERS

1:46.45 Michael Granville (Bell Gardens, CA) 1996

1600 METERS

3:57.08 Drew Griffith, Butler (Shippensburg, PA)..... 2024

3200 METERS

8:34.10 Simeon Birnbaum, Stevens (Rapid City, SD)..... 2023

110-METER HIGH HURDLES

13.10 Dennis Brantley, Worthing (Houston, TX) (manual) 1980

13.30 Chris Nelloms, Dunbar (Dayton, OH) (FAT) 1990

300-METER INTERMEDIATE HURDLES

34.83 Vance Nilsson, Gilbert (Mesa, AZ) 2024

400-METER RELAY

38.92 Atascocita (Humble, TX) 2024

1600-METER RELAY

3:07.40 Hawthorne (Hawthorne, CA)..... 1985

4x800-METER RELAY

7:33.48 Central Bucks South (Warrington, PA)..... 2009

DISCUS

236-06 Mason Finely (Buena Vista, CO)..... 2009

HIGH JUMP

7-06 Vernon Turner (Yukon, OK)..... 2017

LONG JUMP

26-04.75 James Stallworth, Tulare Union (Tulare, CA)..... 1989

POLE VAULT

19-05.5 Armand Duplantis, Lafayette (Baton Rouge, LA)..... 2018

SHOT PUT

77-00 Michael Carter, Jefferson (Dallas, TX) 1979

TRIPLE JUMP

53-07.5 Ja'Mari Ward, Cahokia (IL)..... 2016

GIRLS

100 METERS

11.00 Mia Brahe-Pederson, Lake Oswego (OR) 2023

200 METERS

22.52 Allyson Felix, LA Baptist (North Hills, CA)..... 2003

400 METERS

50.74 Monique Henderson, Morse (San Diego, CA)..... 2000

800 METERS

2:00.03 Roisin Willis (Stevens Point Area, WI) 2022

1600 METERS

4:29.86 Sadie Engelhardt (Ventura, CA)..... 2024

3200 METERS

9:47.88 Katelyn Touhy, North Rockland (Thiells, NY) 2018

100-METER HIGH HURDLES

13.03 Vashti Thomas, Mt. Pleasant (San Jose, CA) 2007

300-METER LOW HURDLES

39.98 Lashinda Demus, Wilson (Long Beach, CA)..... 2001

400-METER RELAY

44.24 Lewisville Flower Mound (TX) 2024

1600-METER RELAY

3:35.49 Poly (Long Beach, CA)..... 2004

4x800-METER RELAY

8:46.30 Grosse Pointe South (MI)..... 2012

DISCUS THROW

193-8 Emma Sralia, Flower Mound Marcus (TX) 2023

HIGH JUMP

6-04.50 Vashti Cunningham, Bishop Gorman (Las Vegas, NV)..... 2015

LONG JUMP

22-01.75 Kathy McMillan, Hoke County (Raeford, NC)..... 1976

POLE VAULT

15-00.0 Hana Moll, Olympia Capital (WA) 2023

SHOT PUT

57-01.25 Alyssa Wilson (Toms River Donovan Catholic, NJ)..... 2017

TRIPLE JUMP

44-10.00 Jasmine Moore Lake Ridge (Mansfield, TX) 2019



All-Time Boys Team Champions

<i>School</i>	<i>Points</i>	<i>Coach</i>	<i>Location</i>	<i>Dates</i>
Manual Arts, Los Angeles	25	Otto Fritsch	Fresno High	April 3, 1915
Manual Arts, Los Angeles	37.5	Otto Fritsch	YMCA Field, Los Angeles	April 8, 1916
Coalinga	25	Charles Geer	Berkeley	April 28, 1917
Pasadena	25	George Main	Sacramento Fair	April 27, 1918
Manual Arts, Los Angeles	21	Sid Foster	San Bernardino High	April 26, 1919
Los Angeles	18	Glenn Whittle	Bakersfield Fair	April 24, 1920
Lincoln, Los Angeles	17	Tommy Davis	Berkeley	April 30, 1921
Huntington Beach	16	Ray Walker	Stockton Fair	May 6, 1922
Hollywood	17.5	William Paige	Occidental College, Los Angeles	May 12, 1923
Manual Arts, Los Angeles	26	Sid Foster	Taft High	May 10, 1924
Manual Arts, Los Angeles	16	Sid Foster	Stanford Stadium	May 9, 1925
Poly, Los Angeles	17	Edward Leahy	Los Angeles Coliseum	May 8, 1926
Glendale	35	Norman Hayhurst	Modesto High	May 7, 1927
Poly, Long Beach	21	Norman Baker	Selma High	May 5, 1928
San Diego	22.75	Glenn Broderick	Los Angeles Coliseum	May 11, 1929
Sacramento (tie)	11	Lawrence Janssen	Berkeley	May 10, 1930
San Diego (tie)	11	Glenn Broderick	Berkeley	May 10, 1930
Santa Ana (tie)	11	G.A. "Tex" Oliver	Berkeley	May 10, 1930
Poly, Los Angeles	19.5	Edward Leahy	Visalia	May 23, 1931
Poly, Long Beach	22.5	Norman Baker	Modesto Junior College	May 2, 1932
Central, El Centro	18	J.H. Armstrong	Los Angeles Coliseum	May 20, 1933
Muir, Pasadena	15.5	Albion Walton	Edwards Stadium, Berkeley	May 26, 1934
Fullerton	14	Harold Lang	Ratcliffe Stadium, Fresno	May 25, 1935
Muir, Pasadena	18	Albion Walton	Gridley High	May 23, 1936
Jefferson, Los Angeles	23.5	Harold Edelson	Wilson High, Long Beach	May 22, 1937
San Diego	18.5	Glenn Broderick	San Benito High, Hollister	May 28, 1938
Bakersfield	16	"Cap" Haralson	Los Angeles Coliseum	May 27, 1939
Bakersfield	18.5	"Cap" Haralson	Visalia High	May 25, 1940
Edison, Fresno	22	Harold Bicknell	Spartan Stadium, San Jose	May 24, 1941
Redondo	21	Harold Grant	Compton College	May 25, 1946*
Washington, Los Angeles	24	Gail Wyatt	Visalia High	May 31, 1947
Jordan, Los Angeles	22	Bill Zazueta	Edwards Stadium, Berkeley	May 29, 1948
Jefferson, Los Angeles	28.5	Estel Johnson	Los Angeles Coliseum	May 28, 1949
Jefferson, Los Angeles	40	Estel Johnson	Hughes Stadium, Sacramento	May 27, 1950
Jefferson, Los Angeles	16.5	Estel Johnson	Edwards Stadium, Berkeley	May 26, 1951
Jefferson, Los Angeles	30.5	Estel Johnson	Los Angeles Coliseum	May 24, 1952
Manual Arts, Los Angeles	16.6	Charles Toney	Ratcliffe Stadium, Fresno	May 29, 1953
Alameda	19	Lewis Jolley	Edwards Stadium, Berkeley	May 29, 1954
Centennial, Compton	29	Bill Gill	Los Angeles Coliseum	May 28, 1955
Jefferson, Los Angeles	24.67	Estel Johnson	Chico State College	June 2, 1956
Berkeley	23	Rich Hacker	Edwards Stadium, Berkeley	June 1, 1957
Compton (tie)	11	Ernest Hartman	Veterans Stadium, Long Beach	May 31, 1958
Manual Arts, Los Angeles (tie)	11	Charles Toney	Veterans Stadium, Long Beach	May 31, 1958
Poly, Long Beach	14	Leon Forman	Memorial Stadium, Bakersfield	May 29, 1959
Jordan, Los Angeles	15	Jesse Flores	Stanford Stadium, Palo Alto	June 4, 1960
Centennial, Compton	11	Bill Gill	East Los Angeles College	June 3, 1961
Jefferson, Los Angeles	14	John Childress	Modesto Junior College	June 2, 1962
Edison, Fresno	15	Frank Fletcher	Edwards Stadium, Berkeley	May 31-June 1, 1963
Jefferson, Los Angeles (tie)	13	Andy Bakjian	Los Angeles Coliseum	June 5-6, 1964
Poly, Long Beach (tie)	13	Leon Forman	Los Angeles Coliseum	June 5-6, 1964
Poly, Long Beach	19	Leon Forman	Memorial Stadium, Bakersfield	June 4-5, 1965
Dorsey, Los Angeles	22	Rod Richard	Edwards Stadium, Berkeley	June 3-4, 1966
Muir, Pasadena	26	Walter Opp	Balboa Stadium, San Diego	June 2-3, 1967
Centennial, Compton	26	Bill Gill	Edwards Stadium, Berkeley	June 1-2, 1968
Los Angeles	22	E. Bravo	UCLA Track Stadium, Westwood	June 6-7, 1969
Los Altos	29	Leo Long	Edwards Stadium, Berkeley	June 5-6, 1970

All-Time Boys Team Champions

School	Points	Coach	Location	Dates
Lompoc	13	Frank Hiatt	UCLA Track Stadium, Westwood	June 4-5, 1971
Sacramento	**18	Scotty Bingham	Mitchell Field, Oroville	June 1-2, 1972
Wilson, San Francisco	20	Adam Banks	Woodland High School	June 1-2, 1973
Muir, Pasadena	**23	Walter Opp	Memorial Stadium, Bakersfield	June 1-2, 1974
Harry Elis, Richmond	22	Silvester Greenwood	Balboa Stadium, San Diego	June 6-7, 1975
Hamilton, Los Angeles (tie)	12	Gene Broadwater	Edwards Stadium, Berkeley	June 4-5, 1976
San Fernando, Los Angeles (tie)	12	John Wachtler	Edwards Stadium, Berkeley	June 4-5, 1976
Pasadena	26	Bob Pruitt	Drake Stadium, Westwood	June 3-4, 1977
El Camino, Oceanside	16	Nill Kovacevich	Memorial Stadium, Bakersfield	June 2-3, 1978
Pasadena	16	Art Large	Hughes Stadium, Sacramento	June 1-2, 1979
Berkeley	41	Willie White	Edwards Stadium, Berkeley	June 6-7, 1980
Berkeley	58	Willie White	Cerritos College, Norwalk	June 5-6, 1981
Crenshaw, Los Angeles (tie)	20	Bob Volles	Hughes Stadium, Sacramento	June 4-5, 1982
Mission Viejo (tie)	20	Gene Gurule	Hughes Stadium, Sacramento	June 4-5, 1982
Hawthorne	**40	Kye Courtney	Memorial Stadium, Bakersfield	June 4, 1983
Hawthorne	52	Kye Courtney	Los Angeles Coliseum	June 2, 1984
Hawthorne	29	Kye Courtney	Hughes Stadium, Sacramento	May 31, 1985
Taft, Woodland Hills	26	Tom Stevenson	Cerritos College, Norwalk	June 6, 1986
Hawthorne	34	Kye Courtney	Hughes Stadium, Sacramento	June 5, 1987
Hawthorne	34	Kye Courtney	Cerritos College, Norwalk	June 3, 1988
Hawthorne	40	Kye Courtney	Cerritos College, Norwalk	June 2-3, 1989
Muir, Pasadena	24	Clyde Turner	Cerritos College, Norwalk	June 1-2, 1990
Compton	30	Alonzo Simmons	Cerritos College, Norwalk	May 31-June 1, 1991
Bakersfield	25	Art Dalzell	Cerritos College, Norwalk	June 5-6, 1992
Merced (tie)	36	Greg McKinstry	Cerritos College, Norwalk	June 19, 1993***
North Salinas (tie)	36	Ed Barber	Cerritos College, Norwalk	June 19, 1993***
Muir, Pasadena	36	Clyde Turner	Cerritos College, Norwalk	June 3-4, 1994
Muir, Pasadena	38	Clyde Turner	Cerritos College, Norwalk	June 2-3, 1995
Muir, Pasadena	57	Clyde Turner	Cerritos College, Norwalk	May 31-June 1, 1996
Poly, Long Beach	39	Don Norford	Hughes Stadium, Sacramento	June 6-7, 1997
Poly, Long Beach	42	Don Norford	Cerritos College, Norwalk	June 5-6, 1998
Vallejo	35	Mike Wilson	Hughes Stadium, Sacramento	June 4-5, 1999
Serra, Gardena	38	Richard Gatlin	Cerritos College, Norwalk	June 2-3, 2000
Arroyo Grande	28	James Brown	Hughes Stadium, Sacramento	June 1-2, 2001
Bakersfield	32	Bobby Gridiron	Cerritos College, Norwalk	May 31-June 1, 2002
Helix, La Mesa	23.5	Ray Mounts	Cerritos College, Norwalk	June 6-7, 2003
James Logan, Union City	46	Lee Webb	Hughes Stadium, Sacramento	June 4-5, 2004
Dorsey, Los Angeles	38.5	Ralph Tilley	Hughes Stadium, Sacramento	June 3-4, 2005
Poly, Long Beach	42	Don Norford	Cerritos College, Norwalk	June 2-3, 2006
Poly, Long Beach	46	Don Norford	Hughes Stadium, Sacramento	June 1-2, 2007
Dominguez, Compton	36	Darryl Smith	Cerritos College, Norwalk	May 30-31, 2008
Frontier, La Sierra, Cathedral, Clovis East	20	(Tied for 1st)	VM Stadium, Clovis	June 5-6, 2009
Jesuit, Sacramento	36	Tom McGuire	VM Stadium, Clovis	June 5-4, 2010
Poly, Long Beach	35	Don Norford	VM Stadium, Clovis	June 3-4, 2011
Notre Dame, Sherman Oaks	36	Joe McNab	VM Stadium, Clovis	June 1-2, 2012
Serra, Gardena	47	Lori Smith-Thompson	VM Stadium, Clovis	May 31-June 1, 2013
Mater Dei, Santa Ana	30	Rick Martinez	VM Stadium, Clovis	June 6-7, 2014
Vista Murrieta	37	Coley Candaele	VM Stadium, Clovis	June 5-6, 2015
Vista Murrieta	54	Coley Candaele	VM Stadium, Clovis	June 3-4, 2016
Rancho Verde	49	Tim Callier	VM Stadium, Clovis	June 2-3, 2017
Murrieta Mesa	35	Aaron Ballou	VM Stadium, Clovis	June 1-2, 2018
Clovis North	41	Rich Brazil	VM Stadium, Clovis	May 24-25, 2019
Central, Fresno	41	Cedric Pulliam	VM Stadium, Clovis	May 27-28, 2022
Granada Hills Charter	36	John Wiley	VM Stadium, Clovis	May 26-27, 2023
Poly, Long Beach	33	Crystal Irving	VM Stadium, Clovis	May 24-25, 2024

* No meets held during the World War II period (1942-45).

** Reported figures for finals.

*** Meet rescheduled due to rain.

Scoring system was 5-3-2-1 from 1915 to 1928; 5-3-2-1.5 from 1929 to 1965; 6-4-3-2-1 from 1966-1979; and 10-8-6-5-4-3 since 1980-2009; 10-8-6-5-4-3-2-1 since 2010.

All-Time Girls Team Champions

School	Points	Coach	Location	Dates
Berkeley	13	Willie White	Memorial Stadium, Bakersfield	May 31-June 1, 1974
Washington, Los Angeles	22	Arnice Reddick	Balboa Stadium, San Diego	June 6-7, 1975
Berkeley	20	Willie White	Edwards Stadium, Berkeley	June 4-5, 1976
Locke, Los Angeles	14	Cherie Muller-Williams	Drake Stadium, Westwood	June 3-4, 1977
Hill, San Jose	16	John Johnigan	Memorial Stadium, Bakersfield	June 2-3, 1978
Westchester	24	Pat Nordell	Hughes Stadium, Sacramento	June 1-2, 1979
Kennedy, Granada Hills	48	Dixie Griffen	Edwards Stadium, Berkeley	June 6-7, 1980
Berkeley	64	Willie White	Cerritos College, Norwalk	June 5-6, 1981
Berkeley	48	Willie White	Hughes Stadium, Sacramento	June 4-5, 1982
Berkeley	29	Willie White	Memorial Stadium, Bakersfield	June 4, 1983
Woodside	38	Susie Wilson	Los Angeles Coliseum	June 2, 1984
Muir, Pasadena	55	Jim Brownfield	Hughes Stadium, Sacramento	May 31, 1985
Hawthorne	40	Kye Courtney	Cerritos College, Norwalk	June 6, 1986
Pomona	30	Isaiah Sanders	Hughes Stadium, Sacramento	June 5, 1987
Bakersfield (tie)	28	Scott Semar	Cerritos College, Norwalk	June 3, 1988
Rio Mesa (tie)	28	Brian Fitzgerald/Rick Torres	Cerritos College, Norwalk	June 3, 1988
Muir, Pasadena	36	Jim Brownfield	Cerritos College, Norwalk	June 2-3, 1989
Bakersfield	61	Scott Semar	Cerritos College, Norwalk	June 1-2, 1990
Morningside	28	Ron Tatum	Cerritos College, Norwalk	May 31-June 1, 1991
Poly, Long Beach	39	Don Norford	Cerritos College, Norwalk	June 5-6, 1992
Poly, Long Beach	56	Don Norford	Cerritos College, Norwalk	June 19, 1993***
Skyline, Oakland	36	Darrell Hampton	Cerritos College, Norwalk	June 3-4, 1994
Poly, Long Beach	52	Don Norford	Cerritos College, Norwalk	June 2-3, 1995
Wilson, Long Beach	43	Terry Kennedy	Cerritos College, Norwalk	May 31-June 1, 1996
Poly, Long Beach	49	Don Norford	Hughes Stadium, Sacramento	June 6-7, 1997
Poly, Long Beach (tie)	42	Don Norford	Cerritos College, Norwalk	June 5-6, 1998
Wilson, Long Beach (tie)	42	Terry Kennedy	Cerritos College, Norwalk	June 5-6, 1998
J.W. North, Riverside	42	Charles Leathers	Hughes Stadium, Sacramento	June 4-5, 1999
J.W. North, Riverside	45	Charles Leathers	Cerritos College, Norwalk	June 2-3, 2000
Poly, Long Beach	59	Don Norford	Hughes Stadium, Sacramento	June 1-2, 2001
J.W. North, Riverside	57	Charles Leathers	Cerritos College, Norwalk	May 31-June 1, 2002
Poly, Long Beach	62	Don Norford	Cerritos College, Norwalk	June 6-7, 2003
Poly, Long Beach	80	Don Norford	Hughes Stadium, Sacramento	June 4-5, 2004
Merrill West, Tracy	48	John Harvey	Hughes Stadium, Sacramento	June 3-4, 2005
James Logan, Union City (tie)	37	Lee Webb	Cerritos College, Norwalk	June 2-3, 2006
Wilson, Long Beach (tie)	37	Terry Kennedy	Cerritos College, Norwalk	June 2-3, 2006
Mt. Pleasant, San Jose	44	Steve Nelson	Hughes Stadium, Sacramento	June 1-2, 2007
Poly, Long Beach	39	Don Norford	Cerritos College, Norwalk	May 30-31, 2008
Poly, Long Beach	45	Don Norford	VM Stadium, Clovis	June 5-6, 2009
Poly, Long Beach	51.33	Don Norford	VM Stadium, Clovis	June 4-5, 2010
Poly, Long Beach	72	Don Norford	VM Stadium, Clovis	June 3-4, 2011
Serra, Gardena	60	Lori Smith-Thompson	VM Stadium, Clovis	June 1-2, 2012
Poly, Long Beach	49	Don Norford	VM Stadium, Clovis	May 31-June 1, 2013
Poly, Long Beach	70	Don Norford	VM Stadium, Clovis	June 6-7, 2014
Oaks Christian, Westlake Village	34	Wesley Smith	VM Stadium, Clovis	June 5-6, 2015
Carson	40	JoJo Sablan-Johnson	VM Stadium, Clovis	June 3-4, 2016
Poly, Long Beach	31	Crystal Irving	VM Stadium, Clovis	June 2-3, 2017
Serra, Gardena	36	Chris Calvin	VM Stadium, Clovis	June 1-2, 2018
Buchanan	50	Brian Weaver	VM Stadium, Clovis	June 1-2, 2019
Serra, Gardena	37	Alexis Faulknor	VM Stadium, Clovis	May 27-28, 2022
Wilson, Long Beach	44	Neil Nelson	VM Stadium, Clovis	May 26-27, 2023
Wilson, Long Beach	36	Neil Nelson	VM Stadium, Clovis	May 24-25, 2024

*** Meet rescheduled due to rain.

Scoring system used was 5-3-1 in 1974; 5-4-3-2-1 from 1976 to 1979; and 10-8-6-4-2-1 since 1980-2009; 10-8-6-5-4-3-2-1 since 2010

All-Time Individual Champions

BOYS CHAMPIONS 100-Meter Dash (Boys)

1915	Roy Brown (Sacramento)	10.2
1916	Charley Paddock (Pasadena)	10.4
1917	Jack Melville (Berkeley)	10.0
1918	Charley Paddock (Pasadena)	10.2
1919	Al Wright (Lincoln, Los Angeles)	10.4
1920	Eddie Sutton (Lick-Wilmerding, SF)	10.0
1921	Vernon Blenkiron (Compton)	10.2
1922	Herschel Smith (San Fernando)	10.4
1923	Eddie Pollock (Pasadena)	10.0
1924	Vic Klein (Hollywood)	10.1
1925	Vernon Hanford (Manual Arts, Los Angeles)	10.1
1926	Dick Werner (Brawley)	9.8
1927	Frank Wycoff (Glendale)	9.8
1928	Frank Lombardi (Los Angeles)	9.6
1929	Jim Wilson (San Diego)	9.8
1930	Al Koenig (Huntington Beach)	10.1
1931	Foy Draper (Huntington Park)	9.9
1932	Milton Holt (Hoover, Glendale)	9.8
1933	Dave Seigel (Poly, Los Angeles)	10.0
1934	Mack Robinson (Muir, Pasadena)	10.0
1935	Bob Frick (San Ramon)	9.6
1936	Mickey Anderson (Muir, Pasadena)	9.7
1937	Bryant Allen (Jefferson)	9.8
1938	Bill Van Leuven (Wilson, Long Beach)	9.8
1939	Jack Trout (Bakersfield)	9.9
1940	Eddie Morris (Huntington Beach)	9.7
1941	Al Jackson (Edison, Fresno)	9.8
1942-45	(No meet held)	
1946	Art Williams (Riverside)	10.0
1947	John Bradley (Hoover, Glendale)	9.9
1948	Bill Fell (Compton)	9.7
1949	Erbie Schopper (Lincoln, Los Angeles)	9.9
1950	Gary Green (Jefferson, Los Angeles)	9.9
1951	Bob Cunning (Hoover, Glendale)	9.7
1952	Herb Turner (Alameda)	9.9
1953	Leamon King (Delano)	9.6
1954	James Jackson (Alameda)	9.6
1955	Ken Dennis (Centennial, Compton)	10.0
1956	Willie White (Jefferson, Los Angeles)	9.5
1957	Preston Griffin (Centennial, Compton)	9.6
1958	Hubie Watson (Jordan, Los Angeles)	9.6
1959	Hubie Watson (Jordan, Los Angeles)	9.8
1960	Bill Cowings (Fowler)	9.7
1961	Forrest Beaty (Hoover, Glendale)	9.5
1962	Forrest Beaty (Hoover, Glendale)	9.5
1963	Alvin Mann (Edison, Fresno)	9.6
1964	Jim Hines (McClymonds, Oakland)	9.7
1965	Harold Busby (Muir, Pasadena)	9.5
1966	Phil Underwood (Dorsey, Los Angeles)	9.6
1967	Mel Gray (Montgomery, Santa Rosa)	9.4
1968	Bob Ballard (Bellflower)	9.6
1969	Willie Robinson (Central, El Centro)	9.6
1970	Allen Carter (Bonita, La Verne)	9.8
1971	George Reddick (Hamilton, Los Angeles)	9.6
1972	Carl McCullough (Sacramento)	9.5
1973	Elijah Jefferson (Crawford, San Diego)	9.6w
1974	Elijah Jefferson (Crawford, San Diego)	9.8
1975	Kevin Williams (San Fernando)	9.4
1976	Billy Mullins (Hamilton, Los Angeles)	10.0
1977	David Russell (Patrick Henry, San Diego)	9.91
1978	Michael Sanford (Pasadena)	9.85
1979	Bill Green (Cubberly, Palo Alto)	9.59
1980	Howard Hawkins (Warren, Downey)	10.55
1981	Ken Robinson (Berkeley)	10.60
1982	Lew Dunn (J.W. North, Riverside)	10.53
1983	Steve Jones (Burbank, Sacramento)	10.64
1984	Henry Thomas (Hawthorne)	10.44
1985	Ron McCree (Madera)	10.49w
1986	Ron McCree (Madera)	10.57
1987	Quincy Watts (Taft, Woodland Hills)	10.49
1988	Darren Stringer (Vacaville)	10.78
1989	Curtis Conway (Hawthorne)	10.42
1990	Napolean Kaufman (Lompoc)	10.57
1991	Ricky Carrigan (Compton)	10.33w

1992	Riley Washington (Southwest, San Diego)	10.30
1993	Bryan Howard (Canyon Springs, Moreno Valley)	10.43
1994	Pat Johnson (Redlands)	10.43
1995	Marques Holliwell (West Bakersfield)	10.43w
1996	Jim McGee (Sacramento)	10.52
1997	Justin Fargas (Notre Dame, Sherman Oaks)	10.52w
1998	Darrell Rideaux (Poly, Long Beach)	10.43
1999	Kareem Kelly (Poly, Long Beach)	10.47
2000	Warren Rogers (Serra, Gardena)	10.42
2001	Phillip Francis (Fairfax, Los Angeles)	10.53
2002	Matt Bruno (Trabuco Hills, Mission Viejo)	10.55
2003	Chris Henry (Edison, Stockton)	10.56
2004	Kenny O'Neal (Skyline, Oakland)	10.34
2005	Jamere Holland (Taft, Woodland Hills)	10.54
2006	Rodney Glass (Notre Dame, Sherman Oaks)	10.52
2007	Jahvid Best (Salesian, Oakland)	10.31
2008	Randall Carroll (Cathedral, Los Angeles)	10.42
2009	Randall Carroll (Cathedral, Los Angeles)	10.38
2010	Remontay McClain (Covina)	10.45
2011	Remontay McClain (Covina)	10.39
2012	Khalifani Muhammad (Notre Dame, Sherman Oaks)	10.52w
2013	Khalifani Muhammad (Notre Dame, Sherman Oaks)	10.33
2014	Curtis Godin (Mater Dei, Santa Ana)	10.31
2015	TJ Brock (Chaminade, West Hills)	10.34
2016	TJ Brock (Chaminade, West Hills)	10.43
2017	Javelin Guidry (Vista Murrieta)	10.13w
2018	Kazmier Allen (Tulare Union)	10.44
2019	Kenan Christon (Madison, San Diego)	10.30w
2022	Rodrick Pleasant (Serra, Gardena)	10.30w
2023	Rodrick Pleasant (Serra, Gardena)	10.20
2024	Brandon Arrington Jr. (Mt. Miguel)	10.33



Michael Norman set new State meet records in 2015 in the 200 meter dash (20.30) and 400 meter dash (45.19), which also tied the national record.

200-Meter Dash (Boys)

1915	Les Wark (Poly, Long Beach)	22.0
1916	Charley Paddock (Pasadena)	22.4
1917	Charley Paddock (Pasadena)	22.4
1918	Charley Paddock (Pasadena)	22.4
1919	Bob Allen (Redlands)	23.8
1920	Eddie Sudden (Lick-Wilmerding, San Francisco)	21.8
1921	Bob Allen (Redlands)	22.6
1922	Walter Wickersham (Bakersfield)	24.2
1923	Bob Lee (Franklin)	22.2
1924	Archie Woodyard (Jefferson, Los Angeles)	22.5
1925	Walter Floyd (Lincoln, Los Angeles)	22.6
1926	Elam Kirk (El Monte)	22.1
1927	Frank Wycoff (Glendale)	21.0
1928	Frank Lombardi (Los Angeles)	21.4
1929	Jim Wilson (San Diego)	21.4
1930	Ashley Burch (Jordan, Los Angeles)	21.8
1931	Ashley Burch (Jordan, Los Angeles)	21.5
1932	George Anderson (Muir, Pasadena)	21.8
1933	George Anderson (Muir, Pasadena)	21.2
1934	Bainard Worrell (Muir, Pasadena)	21.8
1935	Burt Pierce (Excelsior)	21.2

1936	Burt Brady (Gridley)	21.6
1937	Bryant Allen (Jefferson, Los Angeles)	21.2
1938	Eddie Morris (Huntington Beach)	21.6
1939	Eddie Morris (Huntington Beach)	21.4
1940	Eddie Morris (Huntington Beach)	21.3
1941	Glen Willis (San Diego)	21.7
1942-45	(No meet held)	
1946	Ray Gregg (El Monte)	21.9
1947	John Bradley (Hoover, Glendale)	21.5
1948	John Bradley (Hoover, Glendale)	21.5
1949	Erbie Schopper (Lincoln, Los Angeles)	21.6
1950	Guy Blackburn (Jefferson, Los Angeles)	21.3
1951	Leamon King (Delano)	21.4
1952	Herb Turner (Alameda)	21.6
1953	Leamon King (Delano)	21.4
1954	James Jackson (Alameda)	21.2
1955	Bob Poynter (Pasadena)	21.6
1956	Bob Poynter (Pasadena)	21.0
1957	Preston Griffin (Centennial, Compton)	21.3
1958	Mel Clipper (Muir, Pasadena)	20.7
1959	Hubie Watson (Jordan, Los Angeles)	21.6
1960	Bill Cowings (Fowler)	21.0
1961	Forrest Beaty (Hoover, Glendale)	21.5
1962	Richard Stebbins (Fremont, Los Angeles)	20.9
1963	John House (Muir, Pasadena)	21.3
1964	Jim Hines (McClymonds, Oakland)	21.5
1965	Harold Busby (Muir, Pasadena)	21.0
1966	Phil Underwood (Dorsey, Los Angeles)	21.2
1967*	Mel Gray (Montgomery, Santa Rosa)	20.7
1968	Willie Deckard (Dorsey, Los Angeles)	21.7
1969	Willie Robinson (Central, El Centro)	21.7
1970	Jackie White (Santa Ana)	21.5
1971	Chuck Bommarito (Crestmoor, San Bruno)	21.2w
1972	Mike Shavers (Albany)	21.0
1973	Clancy Edwards (Santa Ana)	21.2w
1974	Millard Hampton (Silver Creek, San Jose)	21.1
1975	Billy Mullins (Hamilton, Los Angeles)	21.2
1976	Billy Mullins (Hamilton, Los Angeles)	21.6
1977	David Russell (Patrick Henry, San Diego)	20.97w
1978	Michael Sanford (Pasadena)	21.42
1979	Michael Sanford (Pasadena)	21.00
1980	Ken Robinson (Berkeley)	21.21
1981	Kevin Wilhite (Cordova, Rancho Cordova)	20.81
1982	Antonio Manning (Hamilton, Los Angeles)	21.05w
1983	Henry Thomas (Hawthorne)	21.02
1984	Henry Thomas (Hawthorne)	20.77
1985	Michael Marsh (Hawthorne)	20.83w
1986	Quincy Watts (Taft, Woodland Hills)	21.03
1987	Quincy Watts (Taft, Woodland Hills)	20.99
1988	Bryan Bridgewater (Washington, Los Angeles)	21.00
1989	Barry Smith (Mission, San Francisco)	20.82
1990	Napolean Kaufman (Lompoc)	21.15
1991	Ricky Carrigan (Compton)	20.84w
1992	Gentry Bradley (Pius X, Downey)	20.97w
1993	Calvin Harrison (North Salinas, Salinas)	21.12
1994	Pat Johnson (Redlands)	21.01
1995	Bryan Harrison (Dana Hills, Dana Point)	20.82w
1996	Obea Moore (Muir, Pasadena)	20.91
1997	Andrea Ammons (Skyline, Oakland)	20.91w
1998	Kareem Kelly (Poly, Long Beach)	20.76
1999	Kareem Kelly (Poly, Long Beach)	20.76w
2000	Bennie Robinson (Poly, Long Beach)	20.96
2001	Seth Amoo (Highland, Palmdale)	21.05
2002	Matt Bruno (Trabuco Hills, Mission Viejo)	20.82
2003	Lionel Larry (Dominguez, Compton)	20.97
2004	Derrick Jones (Poly, Long Beach)	21.10
2005	Jamere Holland (Taft, Woodland Hills)	20.88w
2006	Bryshon Nellum (Poly, Long Beach)	20.96
2007	Bryshon Nellum (Poly, Long Beach)	20.43
2008	Randall Carroll (Cathedral, Los Angeles)	20.91
2009	Randall Carroll (Cathedral, Los Angeles)	21.08
2010	Remontay McClain (Covina)	20.85
2011	Remontay McClain (Covina)	20.95
2012	Khalifani Muhammad (Notre Dame, Sherman Oaks)	21.15w
2013	Khalifani Muhammad (Notre Dame, Sherman Oaks)	20.86
2014	Curtis Godin (Mater Dei, Santa Ana)	20.87
2015	Michael Norman (Vista Murrieta)	20.30

All-Time Individual Champions

200-Meter Dash (Boys) continued

2016	Michael Norman (Vista Murrieta)	20.42
2017	Isaiah Cunningham (Rancho Verde, Moreno Vly) ..	21.07w
2018	Christian Shakir-Ricks (Murrieta Mesa)	20.98
2019	Kenan Christon (Madison, San Diego)	20.69w
2022	Rodrick Pleasant (Serra, Gardena)	20.56w
2023	Rodrick Pleasant (Serra Gardena)	20.67
2024	Brandon Arrington Jr. (Mt. Miguel)	20.53

*(since 1967, the 220 yards and then 200 Meters were run exclusively around one turn.)

400-Meter Dash (Boys)

1915	George Conn (Pasadena)	50.0
1916	Mark Kellog (Fresno)	51.4
1917	Dick Seltzer (Redlands)	53.0
1918	George Schiller (Poly, Los Angeles)	49.6
1919	Jeff Wilcox (Harvard)	54.2
1920	Thurmond Clarke (Los Angeles)	50.2
1921	Ed Shaw (Monrovia)	52.2
1922	Ed Shaw (Monrovia)	54.4
1923	Vernon Hanford (Manual Arts, Los Angeles) ..	52.6
1924	Wilburn Talbot (Analay, Sebastopol)	51.6
1925	Walter Hanson (Concord, Mt. Diablo)	51.0
1926	Cliff Gantt (Poly, Los Angeles)	50.0
1927	Percy McArthur (Huntington Park)	51.0
1928	Carl Childreth (Poly, Long Beach)	50.2
1929	Irvine Warburton (San Diego)	49.6
1930	Carl Satterfield (Manual Arts, Los Angeles) ..	50.3
1931	John McCarthy (Fairfax)	48.7
1932	John Routt (Jefferson, Los Angeles)	50.1
1933	Murel Gillett (Central, El Centro)	48.4
1934	Doug Hammond (Hollywood)	50.3
1935	Howard Upton (Turlock)	48.9
1936	George Gray (Wilson, Long Beach)	49.9
1937	Wilbur Miller (Jefferson, Los Angeles)	49.7
1938	Bob Hogan (Piedmont)	50.4
1939	Ken Horn (Fowler)	50.5
1940	Duane Lewis (Compton)	48.8
1941	O.B. Hughes (Whittier)	49.9
1942-45	(No meet held)	
1946	Norm Stocks (San Diego)	49.3
1947	Luther Butler (Jefferson, Los Angeles)	49.4
1948	Fred Thompson (Jordan, Los Angeles)	49.2
	Luther Butler (Jefferson, Los Angeles)	49.2
1949	George Adrian (Hollywood)	49.3
1950	Sherman Miller (Napa)	48.8
1951	Jack North (Jordan, Long Beach)	49.7
1952	Lanny Carter (Orange)	48.8
1953	X.L. Emerson (Richmond)	49.2
1954	Bruce Kitchen (Riverside)	48.7
1955	Jerry White (Corcoran)	48.7
1956	Jerry White (Corcoran)	46.7
1957	Fred DeWitt (Berkeley)	47.9
1958	Dixon Farmer (Miramonte, Orinda)	48.6
1959	Dixon Farmer (Miramonte, Orinda)	48.6
1960	Ulis Williams (Compton)	47.2
1961	Ulis Williams (Compton)	47.8
1962	Manual Diaz (Keppel, Alhambra)	48.1
1963	Tommie Smith (Lemoore)	47.3
1964	Fred Banks (Jefferson, Los Angeles)	47.5
1965	Randy Julian (Bolsa Grande, Garden Grove) ..	47.4
1966	Wayne Collett (Gardena)	47.8
1967	Mike Newton (Whittier)	47.2
1968	Edsel Garrison (Centennial, Compton)	46.7
1969	Larance Jones (Lemoore)	46.6
1970	Rick Brown (Los Altos)	47.8
1971	Tony Krzyzosiak (Garden Grove)	46.7
1972	Robert Harrell (Santa Ana)	47.4
1973	Ron Whitaker (Wilson, San Francisco)	47.0
1974	Rod Connors (Cordova, Rancho Cordova)	47.7
1975	John Ware (Sacramento)	47.2
1976	Darold Harris (Pittsburg)	47.6
1977	James Sanford (Pasadena)	46.60
1978	Bill Greene (Cubberly, Palo Alto)	46.77
1979	Tony Banks (Morse, San Diego)	47.28
1980	Mike Turner (Centennial, Compton)	47.51
1981	David Timmons (Oakland)	47.09

1982	Fabian Cooper (Washington, Los Angeles) ..	46.38
1983	Larry Walker (Edison, Fresno)	47.03
1984	Chip Rish (Marina, Huntington Beach)	46.82
1985	Chip Rish (Marina, Huntington Beach)	45.7h
1986	Steve Lewis (American, Fremont)	46.59
1987	Steve Lewis (American, Fremont)	46.7h
1988	Travis Hannah (Hawthorne)	47.02
1989	Beno Bryant (Dorsey, Los Angeles)	47.52
1990	Mike Sulcer (Muir, Pasadena)	47.54
1991	Richard Dupree (Roosevelt, Fresno)	47.21
1992	Derek Shepard (Lincoln, San Francisco)	46.95
1993	Calvin Harrison (North Salinas, Salinas)	45.25
1994	James Davis (Will C. Wood, Vacaville)	46.96
1995	Obea Moore (Muir, Pasadena)	46.08
1996	Obea Moore (Muir, Pasadena)	45.81
1997	Eddie Levine (Golden Valley, Merced)	46.77
1998	Mike Ryan (Beverly Hills)	47.62
1999	Blaine Bussey (Taft, Los Angeles)	46.94
2000	Brandon Matlock (Stockdale, Bakersfield) ..	47.63
2001	Jason Lovell (Cleveland, Los Angeles)	47.51
2002	Blake Mackey (Bakersfield)	47.93
2003	David Gettis (Dorsey, Los Angeles)	47.41
2004	David Gettis (Dorsey, Los Angeles)	46.69
2005	David Gettis (Dorsey, Los Angeles)	45.84
2006	Bryshon Nellum (Poly, Long Beach)	46.38
2007	Bryshon Nellum (Poly, Long Beach)	45.54
2008	Joey Hughes (Poly, Long Beach)	46.28
2009	Reggie Wyatt (La Sierra)	46.13
2010	Josh Mance (Don Lugo, Chino)	45.90
2011	Shaquille Howard (Poly, Long Beach)	47.49
2012	Alex Rohani (Beverly Hills)	47.34
2013	Mike Parish (Etiwanda)	46.53
2014	Kemonie Briggs (Wilson, Long Beach)	46.92
2015	Michael Norman (Vista Murrieta)	45.19
2016	Michael Norman (Vista Murrieta)	45.77
2017	Zachary Shinnick (Damien, La Verne)	46.12
2018	Max Glasser (Marin Catholic)	46.97
2019	Zachary Larrier (Monterey Trail, Elk Grove) ..	46.73
2022	Jeremiah Walker (Central, Fresno)	47.49
2023	Dijon Stanley (Granada Hills Charter)	45.77
2024	Xai Ricks (Poly, Long Beach)	46.79

800-Meter Run (Boys)

1915	Gerald Blankenship (Visalia)	1:59.8
1916	Colin Kilby (Coalinga)	2:02.8
1917	Harleigh Baker (Fillmore)	2:02.0
1918	Ken Saunders (Pasadena)	2:02.8
1919	Jerry Pearce (Berkeley)	2:08.2
1920	Paul Stroud (Perris)	1:59.4
1921	Elmer Boyden (Vallejo)	1:59.2
1922	Irving Thomas (Manual Arts, Los Angeles) ..	2:04.6
1923	Earl Lockhart (Sacramento)	1:59.0
1924	Ed Cloege (Covina)	1:59.1
1925	Alex McKinnon (Poly, Los Angeles)	1:59.8
1926	Doug Knowles (Bakersfield)	2:01.2
1927	Bill McGeagh (Poly, Los Angeles)	2:02.8
1928	Herb Welch (Visalia)	2:01.2
1929	Herb Welch (Visalia)	1:58.4
1930	Al Hassan (Jefferson, Los Angeles)	2:00.1
1931	Carl Satterfield (Manual Arts, Los Angeles) ..	1:57.6
1932	Ray Cartwright (Santa Ana)	2:00.6
1933	Bill McCurdy (Tamalpais)	2:00.1
1934	Mel Nickerson (Poly, Los Angeles)	1:58.4
1935	Ralph Wood (Carpinteria)	1:57.6
1936	Jerry Lopez (Placer, Auburn)	1:57.1
1937	Jim Lawson (Jordan, Los Angeles)	1:59.7
1938	Leroy Weed (Coachella Valley)	1:58.8
1939	Paul Christensen (Beverly Hills)	2:01.3
1940	Roger Lane (San Rafael)	1:57.7
1941	Thelmo Knowles (Santa Monica)	1:55.6
1942-45	(No meet held)	
1946	Dan Guest (Santa Monica)	2:00.5
1947	Jerome Walters (Compton)	1:57.6
1948	Wilbur Firestone (Compton)	1:57.8
1949	Wilbur Firestone (Compton)	1:58.1
1950	Lang Stanley (Jefferson, Los Angeles)	1:53.9
1951	Gene Jones (Oakland Technical)	1:58.9

1952	Jim Briggs (Pittsburg)	1:57.2
1953	Don Bowden (Lincoln, San Jose)	1:57.1
1954	Don Bowden (Lincoln, San Jose)	1:52.9
1955	Leonard Havens (Avenal)	1:57.0
1956	Jerry Siebert (Willits)	1:53.8
1957	Jim Cerveny (Mission Bay, San Diego)	1:52.7
1958	Alfred Gentry (Fremont, Los Angeles)	1:55.4
1959	Dave Dunbar (Westmoor, Daly City)	1:53.2
1960	Ray VanAsten (Bonita, La Verne)	1:51.9
1961	Mike Gibeau (Lincoln, San Francisco)	1:53.1
1962	Doug Parker (Chico)	1:52.2
1963	Dennis Carr (Lowell, Whittier)	1:50.9
1964	Bob Hose (Madison, San Diego)	1:51.7
1965	Richard Joyce (Sierra, Whittier)	1:48.8
1966	Terry Rogers (Hilltop, Chula Vista)	1:51.5
1967	Lawrence Banks (Dorsey, Los Angeles)	1:51.2
1968	George Alfaro (Pittsburg)	1:52.3
1969	Ricco Sanchez (Canoga Park)	1:51.6
1970	Rick Brown (Los Altos)	1:50.6
1971	Perrell Keeling (Morningside, Inglewood) ..	1:51.8
1972	Dale Scott (El Cerrito)	1:49.7
1973	Randy Lopez (Alhambra)	1:52.4
1974	John Musich (Burbank)	1:51.0
1975	Conrad Suhr (Leigh, San Jose)	1:51.0
1976	Wyatt Bishop (Carlmont, Belmont)	1:54.4
1977	Jim Walters (Estancia, Costa Mesa)	1:49.4
1978	David Mack (Locke, Los Angeles)	1:51.83
1979	David Mack (Locke, Los Angeles)	1:50.18
1980	Peter Quinonez (Tulare)	1:50.13
1981	Pete Richardson (Berkeley)	1:47.31
1982	John Phillips (Los Altos)	1:49.99
1983	Kimmie James (Richmond)	1:50.63
1984	Eric Schermerhorn (Woodbridge, Irvine) ..	1:49.61
1985	Sean Langer (Bakersfield)	1:51.75
1986	Vincent Thompson (Locke, Los Angeles) ..	1:50.25
1987	Don Gabor (Amador Valley, Pleasanton)	1:52.3h
1988	Mark Senior (Mt. Miguel, Spring Valley)	1:51.37
1989	Gordon Johnson (Piedmont)	1:51.88
1990	Craig Magress (Santa Teresa, San Jose)	1:51.66
1991	Mike Terry (El Modena, Orange)	1:53.99
1992	Mike Katri (Fortuna)	1:49.56
1993	Vondre Armour (Bakersfield)	1:50.13
1994	Michael Granville (Bell Gardens)	1:49.82
1995	Aaron Richburg (James Logan, Union City) ..	1:48.40
1996	Michael Granville (Bell Gardens)	1:50.68
1997	James Levine (Golden Valley, Merced)	1:50.62
1998	Jon Stevens (Mission San Jose, San Jose) ..	1:52.07
1999	Brandon Shaw (Rancho Verde, Moreno Valley) ..	1:53.98
2000	Mike Serratos (Don Lugo, Chino)	1:51.75
2001	Tykie Harris (San Geronio)	1:53.80
2002	Michael Haddan (Woodbridge, Irvine)	1:51.41
2003	Duane Solomon (Cabrillo, Lompoc)	1:49.79
2004	Bryan Rodie (Royal, Simi Valley)	1:52.04
2005	Jesse O'Brien (San Pasqual, Escondido)	1:53.71
2006	Cory Primm (Westlake, Westlake Village)	1:50.53
2007	Cory Primm (Westlake, Westlake Village)	1:50.95
2008	Charles Jock (Mission Bay, San Diego)	1:51.64
2009	Sean Krinik (Valencia, Placentia)	1:51.83
2010	Sean Krinik (Valencia, Placentia)	1:48.20
2011	Immanuel Hutchinson (San Jacinto)	1:49.63
2012	Alexander Monsivaiz (Army & Navy)	1:51.34
2013	Ivan Gonzalez (Ridgeview, Bakersfield)	1:50.71
2014	David Manahan (Harv-Wst, N. Hillywd.)	1:51.04
2015	Isaac Trevino (Centennial, Bakersfield)	1:51.55
2016	Isaac Cortez (Great Oak, Temecula)	1:50.75
2017	Jett Charvet (Heritage, Brentwood)	1:51.07
2018	Jason Gomez (Westmont, Campbell)	1:50.21
2019	Kai Wingo (Valencia)	1:51.71
2022	Ellis Delvecchio (Thacher)	1:50.82
2023	Joesph Lighthall (Hughson)	1:52.06
2024	Cain Evans (Carlsbad)	1:50.21

1600-Meter Run (Boys)

1915	Gerald Blankenship (Visalia)	4:30.0
1916	Andy Silva (Oakland Technical)	4:40.6
1917	Whitney Reeves (Pasadena)	4:37.4
1918	Jerry Pearce (Berkeley)	4:44.4

All-Time Individual Champions

1600-Meter Run (Boys) - cont.

1919	Atwood Scovel (San Bernardino).....	4:47.0
1920	Charlie Watts (Berkeley).....	4:36.2
1921	Bill Kerr (Huntington Beach).....	4:30.4
1922	Les Schwoebda (Petaluma).....	4:40.0
1923	Earl Lockhart (Sacramento).....	4:31.6
1924	Lee Hansen (Manual Arts, Los Angeles).....	4:37.1
1925	Chesley Unruh (El Monte).....	4:35.2
1926	Jack Ferguson (Inglewood).....	4:35.7
1927	Cliff Halstead (Sacramento).....	4:33.6
1928	Dick Brooks (Redlands).....	4:39.0
1929	John Baker (Huntington Beach).....	4:31.1
1930	Phil Morentin (Visalia).....	4:31.0
1931	Phil Morentin (Visalia).....	4:32.8
1932	Virgil Hooper (Antelope Valley).....	4:32.3
1933	Virgil Hooper (Antelope Valley).....	4:29.2
1934	Louis Zamperini (Torrance).....	4:27.8
1935	Elmer Bayer (Paso Robles).....	4:30.4
1936	Simon Scott (Tamalpais).....	4:31.2
1937	Bruce Hammack (Yreka).....	4:30.4
1938	Jack Moore (Stockton).....	4:26.9
1939	John Hall (Torrance).....	4:26.8
1940	Kellen Ramirez (Edison, Fresno).....	4:31.5
1941	Bob Ingram (San Jose).....	4:32.8
1942-45	(No meet held)	
1946	Bob McMillen (Cathedral, Los Angeles).....	4:24.0
1947	Chuck Kohl (Compton, Los Angeles).....	4:29.2
1948	John Woolley (Marshall Fundamental).....	4:29.1
1949	Elwyn Stribling (Commerce, San Francisco).....	4:25.1
1950	Ron Bauer (Washington, San Francisco).....	4:23.7
1951	Allie Cage (McClymonds, Oakland).....	4:30.7
1952	Fernando Ledesma (Compton).....	4:23.2
1953	Bob Seaman (Reedley).....	4:21.0
1954	Ty Hadley (Bellflower).....	4:25.8
1955	Tod White (Newport Harbor).....	4:20.0
1956	Ron Larrieu (Palo Alto).....	4:20.1
1957	Tim Roelen (San Fernando).....	4:20.2
1958	Woody Covington (Compton).....	4:23.7
1959	Dale Storey (Orange).....	4:11.0
1960	Ben Tucker (Poly, San Francisco).....	4:14.3
1961	Bruce Bess (La Habra).....	4:18.8
1962	Dennis Carr (Lowell, Whittier).....	4:08.7
1963	Tracy Smith (Arcadia).....	4:14.4
1964	Mike Ryan (Wilcox, Santa Clara).....	4:11.2
1965	Tim Danielson (Chula Vista).....	4:08.0
1966	Tim Danielson (Chula Vista).....	4:07.0
1967	Mike Solomon (Westminster).....	4:11.4
1968	Clifton West (Kennedy, Sacramento).....	4:09.0
1969	Decker Underwood (South Torrance, Torrance).....	4:12.1
1970	Brent Tubb (Cleveland, Reseda).....	4:12.9
1971	Brent Tubb (Cleveland, Reseda).....	4:09.6
1972	Mark Schilling (Garden Grove).....	4:05.4
1973	Alvin Gilmore (Lompoc).....	4:11.4
1974	Rick Kimball (De La Salle, Concord).....	4:06.6
1975	John Johnson (Skyline, Oakland).....	4:09.5
1976	Jim Arriola (Gahr, Cerritos).....	4:14.6
1977	Mark Stillman (Willow Glen, San Jose).....	4:06.9
1978	Paul Medvin (University, Los Angeles).....	4:08.91
1979	Paul Medvin (University, Los Angeles).....	4:12.9
1980	Larry Guinne (Castro Valley).....	4:06.18
1981	Jeff Scott (El Camino, Sacramento).....	4:10.06
1982	Tom Grewe (Carpinteria).....	4:08.05
1983	Jim Frey (Yreka).....	4:08.82
1984	Roman Gomez (Belmont, Los Angeles).....	4:09.05
1985	Roman Gomez (Belmont, Los Angeles).....	4:15.93
1986	Mark Mastalir (Jesuit, Carmichael).....	4:07.81
1987	Scott Robinson (Bellarmine, San Jose).....	4:07.95
1988	Reggie Williams (River City, West Sacramento).....	4:08.78
1989	Francis O'Neil (San Pasqual, Escondido).....	4:08.67
1990	Coley Candaele (Carpinteria).....	4:06.26
1991	Daniel DasNeves (Helix, La Mesa).....	4:12.22
1992	Daniel DasNeves (Helix, La Mesa).....	4:09.54
1993	Brian Wilkinson (Merced).....	4:08.13
1994	Mebrahton Keflezighi (San Diego).....	4:07.67
1995	Michael Stember (Jesuit, Carmichael).....	4:04.00
1996	Michael Stember (Jesuit, Carmichael).....	4:06.72
1997	Jon Stevens (Mission, San Jose).....	4:10.08

1998	Jon Stevens (Mission, San Jose).....	4:12.58
1999	Marcus Chandler (Serra, San Diego).....	4:10.44
2000	Evan Fox (West Hills, Santee).....	4:09.44
2001	Ryan Hall (Big Bear, Big Bear Lake).....	4:02.62
2002	Matt Johnsrud (Woodcreek, Roseville).....	4:11.89
2003	Phillip Reid (Rio Mesa, Oxnard).....	4:08.49
2004	Mark Matusak (Loyola, Los Angeles).....	4:15.89
2005	Mark Matusak (Loyola, Los Angeles).....	4:10.72
2006	AJ Acosta (El Camino, Oceanside).....	4:04.95
2007	Hudson Andrews (Royal, Simi Valley).....	4:07.59
2008	German Fernandez (Riverbank).....	4:00.29
2009	Mac Fleet (University City, San Diego).....	4:05.33
2010	Elias Gedyon (Loyola, Los Angeles).....	4:21.12
2011	Jantzen Oshier (Trabucco Hills, Mission Viejo).....	4:00.83
2012	Darren Fahy (La Costa Canyon, Carlsbad).....	4:08.78
2013	Blake Haney (Stockdale, Bakersfield).....	4:06.91
2014	Blake Haney (Stockdale, Bakersfield).....	4:08.52
2015	Austin Tamagno (Brea Olinda).....	4:09.13
2016	Isaac Cortes (Great Oak, Temecula).....	4:04.62
2017	Luis Grijalva (Armijo, Fairfield).....	4:08.62
2018	Liam Anderson (Redwood, Larkspur).....	4:09.31
2019	Matt Strangio (Jesuit, Carmichael).....	4:08.07
2022	Christopher Caudi (Clovis).....	4:10.72
2023	Andreas Dybdahl (Santa Barbara).....	4:08.64
2024	Andreas Dybdahl (Santa Barbara).....	4:08.23



German Fernandez from Riverbank shattered the previous national record in the 3200 meters by nearly eight seconds with a time of 8:34.23 at the 2008 State meet. This performance followed his near-national record showing earlier in the day in the 1600.

3200-Meter Run (Boys)

1965	Ralph Gamez (Berkeley).....	9:12.9
1966	Ralph Gamez (Berkeley).....	9:01.6
1967	Pete Romero (Reedley).....	9:00.5
1968	Ruben Chappins (Excelsior, Norwalk).....	9:05.7
1969	Ruben Chappins (Excelsior, Norwalk).....	8:57.0
1970	Ron Johnson (West Torrance, Torrance).....	8:55.6
1971	Dale Fleet (Clairemont, San Diego).....	8:53.8
1972	Curtis Beck (Santa Monica).....	8:52.3
1973	Terry Williams (Lompoc).....	8:54.8
1974	Rick Kimball (De La Salle, Concord).....	8:46.5
1975	Eric Hulst (Laguna Beach).....	8:44.9
1976	Eric Hulst (Laguna Beach).....	8:57.4
1977	Frank Assuma (Eisenhower, Rialto).....	8:52.9
1978	Jeff Nelson (Burbank).....	8:59.28
1979	Jeff Nelson (Burbank).....	8:47.35
1980	Andy DiConti (La Canada).....	8:55.79
1981	Jon Butler (Edison, Huntington Beach).....	8:46.78
1982	Harold Kuphaldt (Bella Vista, Fair Oaks).....	8:51.99
1983	Eric Reynolds (Camarillo).....	8:54.75
1984	Roman Gomez (Belmont, Los Angeles).....	8:58.91
1985	Roman Gomez (Belmont, Los Angeles).....	9:03.05
1986	Eric Mastalir (Jesuit, Carmichael).....	8:44.95
1987	Paul Thomas (Jesuit, Carmichael).....	9:02.82
1988	Reggie Williams (River City, West Sacramento).....	8:59.61

1989	David Welsh (Jesuit, Carmichael).....	8:58.08
1990	Bryan Dameworth (Agoura).....	8:53.26
1991	Dave Hartman (Canyon, Canyon Country).....	8:58.38
1992	Angel Martinez (San Gabriel).....	8:56.34
1993	Matt Farley (Jesuit, Carmichael).....	9:04.39
1994	Mebrahton Keflezighi (San Diego).....	8:58.11
1995	Jason Balkman (Lynbrook, San Jose).....	9:05.31
1996	Aaron Gillen (Yreka).....	9:03.96
1997	Isaiah Festa (Morro Bay).....	9:06.06
1998	Gary Passanisi (Aptos).....	9:05.74
1999	Josh Spiker (Ventura).....	9:02.00
2000	Ryan Hall (Big Bear, Big Bear Lake).....	8:55.12
2001	Yong-Sung Leal (Arroyo, San Lorenzo).....	9:00.49
2002	Kyle Alcorn (Buchanan, Clovis).....	9:00.46
2003	Tim Nelson (Liberty Christian, Redding).....	8:53.59
2004	Yosef Ghebray (James Logan, Union City).....	9:04.20
2005	Michael Cybulski (Royal, Simi Valley).....	9:02.57
2006	Michael Cybulski (Royal, Simi Valley).....	8:53.77
2007	Eric Avila (Bonita Vista, Chula Vista).....	9:01.77
2008	German Fernandez (Riverbank).....	8:34.23
2009	Chris Schwartz (Foothill).....	8:51.60
2010	Sam Pons (South Pasadena).....	8:55.40
2011	Elias Gedyon (Loyola, Los Angeles).....	8:50.03
2012	Darren Fahy (La Costa Canyon, Carlsbad).....	9:03.29
2013	Blake Haney (Stockdale, Bakersfield).....	9:01.65
2014	Fred Huxham (Redwood, Larkspur).....	8:54.24
2015	Caleb Webb (Big Bear).....	8:47.30
2016	Cooper Teare (St. Joseph ND, Alameda).....	8:51.85
2017	Callum Bolger (San Luis Obispo).....	8:53.91
2018	Matt Strangio (Jesuit).....	8:56.18
2019	Nico Young (Newbury Park).....	8:47.27
2022	Zachary Ayers (Davis).....	8:56.93
2023	Matthew Donis (Highland).....	8:51.37
2024	Evan Noonan (Dana Hills).....	8:43.12

110-Meter High Hurdles (Boys)

1915	Earl Thomson (Poly, Long Beach).....	15.2
1916	Harry Lampion (Manual Arts, Los Angeles).....	16.4
1917	Earl Johnston (Fullerton).....	16.2
1918	Larry Rice (Fresno).....	16.0
1919	Charley Daggs (Claremont).....	16.6
1920	Otto Anderson (Pomona).....	15.8
1921	Jack Houston (Lincoln, Los Angeles).....	16.0
1922	Richard Bleet (Manual Arts, Los Angeles).....	16.6
1923	Ross Nichols (Huntington Beach).....	15.4
1924	Ross Nichols (Huntington Beach).....	15.3
1925	Les Eade (Hollywood).....	15.4
1926	Jim Meeks (Hollywood).....	15.1
1927	Jeddy Welsh (Pasadena).....	14.8
1928	Joe Bills (Poly, Long Beach).....	15.6
1929	Bernie Miller (Hollywood).....	15.4
1930	Bill DuPuy (Inglewood).....	15.4
1931	Art Fisher (Redlands).....	15.5
1932	Jack Ward (Selma).....	15.0
1933	Roy Staley (Santa Monica).....	15.2
1934	Roy Kirpatrick (Central, El Cerrito).....	14.7
1935	Johnny Lindell (Monrovia).....	15.0
1936	Doug Busby (Sacramento).....	15.7
1937	Ray Seares (Wilson, Long Beach).....	15.5
1938	John Biewener (San Diego).....	15.3
1939	Don Diez (Lincoln, Los Angeles).....	14.9
	Sam Johnson (Fillmore).....	14.9
1940	Keith Hale (Bakersfield).....	14.7
	Don Reiss (Burlingame).....	14.7
1941	Omar Cowles (Palo Alto).....	14.3
1942-45	(No meet held)	
1946	Bob Bacon (Redondo).....	14.5
1947	Hugh McElhenny (Washington, Los Angeles).....	14.5
1948	Bob Mathias (Tulare).....	14.5
1949	Jack Davis (Hoover, Glendale).....	14.4
1950	Steve Turner (Glendale).....	14.1
1951	Don Brinker (Fresno).....	14.5
1952	Ancel Robinson (Selma).....	14.7
1953	Harry Healey (Keppel).....	14.4
1954	Rafer Heasley (Kingsburg).....	14.3
1955	Ken Thompson (Centennial, Compton).....	14.1
1956	Dale Messer (Lemoore).....	14.2

All-Time Individual Champions

110-Meter High Hurdles (Boys) - cont.

1957	Ken Overholser (Glendale).....	14.3
1958	Floyd James (Centennial, Compton).....	14.1
1959	Bob Pierce (Burbank).....	14.3
1960	Robert Bonds (Poly, Riverside).....	13.9
1961	Abe Johnson (McClymonds, Oakland).....	14.2w
1962	Ron White (Dorsey, Los Angeles).....	14.0
1963	Carl Davis (Compton).....	13.9
1964	Earl McCullough (Poly, Long Beach).....	14.1
1965	Bill Persons (San Francisco).....	13.8
	Rich Miller (Monrovia).....	13.8
1966	Donald Parish (Dorsey, Los Angeles).....	13.9
1967	Jerry Proctor (Muir, Pasadena).....	13.7
1968	Kerry Hampton (Poly, San Francisco).....	14.0
1969	Jerry Wilson (Roosevelt, Fresno).....	13.7
1970	Alfonzo Hall (Morningside, Inglewood).....	13.9
1971	Charles Jackson (Lompoc).....	13.6w
1972	Daniel Jones (Palo Verde, Blythe).....	13.6
1973	Mike Johnson (Pasadena).....	13.6w
1974	Fred Shaw (Muir, Pasadena).....	13.7
1975	Robert Gains (Kennedy, Richmond).....	13.3
1976	Lloyd Jones (Ganesha, Pomona).....	14.5
1977	Phillip Johnson (Gardena).....	13.66
1978	Milan Stewart (West Covina).....	13.97
1979	Jim Scannella (San Ramon, Danville).....	13.87
1980	Don Ward (St. Mary's, Berkeley).....	13.73
1981	David Ashford (West Covina).....	13.67
1982	Steve Kerho (Mission Viejo).....	13.41
1983	Mark Boyd (St. Mary's, Berkeley).....	13.93
1984	Raymond Young (Hawthorne).....	14.32
1985	Robert Reading (St. Mary's, Berkeley).....	13.88
1986	Terry Johnson (Katella, Anaheim).....	13.88
1987	Dana Hall (Ganesha, Pomona).....	13.98
1988	Darrell Thompson (Cerritos).....	14.25
1989	William Henry (Arroyo Grande).....	14.05
1990	Curtis Hawkins (Carson).....	14.41
1991	Issac Carson (Jefferson, Los Angeles).....	13.67
1992	Charlie Davidson (Saddleback, Santa Ana).....	13.94w
1993	Drue Powell (Reseda).....	13.87
1994	Gerimi Burleigh (Upland).....	13.93w
1995	Joe Naivalu (Fremont, San Jose).....	14.33
1996	Joe Naivalu (Fremont, San Jose).....	13.68
1997	Dominique DeGrammont (Tustin).....	13.48
1998	Marcell Allmond (St. Paul, Santa Fe Springs).....	13.83
1999	Marcell Allmond (St. Paul, Santa Fe Springs).....	13.54
2000	Christopher Morgan (Taft, Woodland Hills).....	13.95
2001	Christopher Morgan (Taft, Woodland Hills).....	13.59w
2002	Thomas Mack (Bakersfield).....	14.34
2003	Kevin Craddock (James Logan, Union City).....	14.09
2004	Kevin Craddock (James Logan, Union City).....	13.39
2005	Robert Williams (Ramona).....	13.97
2006	Terry Prentice (Diamond Ranch, Pomona).....	14.11
2007	Terry Prentice (Diamond Ranch, Pomona).....	13.53
2008	Devron Walker (Dominguez, Compton).....	13.96
2009	Dale Morgan (Taft, Woodland Hills).....	13.76
2010	Johnathan Cabral (Agoura, Agoura Hills).....	13.54
2011	Johnathan Cabral (Agoura, Agoura Hills).....	13.79
2012	Lloyd Sicard (Serra, Gardena).....	14.09
2013	Marquis Morris (De La Salle, Concord).....	13.90
2014	Misana Viltz (Millikan, Long Beach).....	13.47
2015	Alexander Billing (Simi Valley).....	13.68
2016	Joseph Anderson (Upland).....	13.59
2017	Joseph Anderson (Upland).....	13.33
2018	Jaden Ellis (Vista del Lago, Moreno Valley).....	13.97
2019	Jamar Marshall (St. Mary's, Stockton).....	13.31w
2022	Kai Graves-Blanks (Upland).....	13.75w
2023	Davis Davis-Lyric (Upland).....	13.83
2024	Myles McFarland (Cosumnes Oaks).....	13.69w

300-Meter Intermediate Hurdles (Boys)

1975	Dedy Cooper (Ellis, Richmond).....	36.5
1976	Charles White (San Fernando).....	36.7
1977	Andre Phillips (Silver Creek, San Jose).....	36.43
1978	Gary Lee (Poly, Long Beach).....	36.58
1979	Gary Lee (Poly, Long Beach).....	36.22
1980	Don Ward (St. Mary's, Berkeley).....	36.57
1981	Walter Murray (Berkeley).....	36.26



Reggie Wyatt's 35.02 in the 300-meter intermediate hurdles at the 2009 State meet bettered the national record set by Jeshua Anderson (35.28) at the 2007 State meet.

1982	Steve Kerho (Mission Viejo).....	35.85
1983	Danny Harris (Perris).....	35.52
1984	George Porter (Cabrillo, Lompoc).....	36.10
1985	George Porter (Cabrillo, Lompoc).....	35.50
1986	Rodney Bradshaw (Saugus, Santa Clarita).....	37.30
1987	Yki Vallery (Hawthorne).....	37.14
1988	John Montgomery (Independence, San Jose).....	36.43
1989	John Prudenti (Siena, Napa).....	37.28
1990	Rocky Morris (Andrew Hill, San Jose).....	37.46
1991	Keith Williams (Escondido).....	37.28
1992	Demond Smith (Hawthorne).....	37.34
1993	Kenny Haslip (Muir, Pasadena).....	37.80
1994	Kenny Haslip (Muir, Pasadena).....	37.14
1995	Mickey Grimes (Canyon Springs, Moreno Valley).....	36.83
1996	Makio Haywood (Muir, Pasadena).....	36.18
1997	Kenyon Rambo (Poly, Long Beach).....	36.57
1998	Al Williams (Irvine).....	37.17
1999	Rico Hatter (Vallejo).....	36.53
2000	Trevor Jones (Newport Harbor).....	36.60
2001	Jeffrey Hunter (Granite Hills, El Cajon).....	36.25
2002	Thomas Mack (Bakersfield).....	37.45
2003	Brandon Bornes (Rancho Buena Vista, Vista).....	38.00
2004	Kevin Craddock (James Logan, Union City).....	35.93
2005	David Klech (California, San Ramon).....	36.06
2006	David Klech (California, San Ramon).....	35.87
2007	Jeshua Anderson (Taft, Woodland Hills).....	35.28
2008	Brian Baucham (West Torrance).....	37.26
2009	Reggie Wyatt (La Sierra).....	36.71
2010	R.J. Frasier (Jesuit, Sacramento).....	36.90
2011	Johnathan Cabral (Agoura, Agoura Hills).....	36.20
2012	Jarrett Gonzales (Damien, La Verne).....	37.30
2013	Lloyd Sicard (Serra, Gardena).....	37.06
2014	Marquis Morris (De La Salle, Concord).....	36.86
2015	Justin Collins (Carson).....	36.67
2016	Koty Burton (La Quinta).....	36.34
2017	Joseph Anderson (Upland).....	36.02
2018	Caleb Lutalo Roberson (Upland).....	36.61
2019	Caleb Lutalo Roberson (Upland).....	36.32
2022	Delaney Crawford (Upland).....	37.11
2023	Darryll Stevens (Jordan).....	37.44
2024	Jordehn Gammage (Canyon, C. Country).....	37.35

400-Meter Relay (Boys)

1968	Centennial (Compton).....	41.5
1969	Castlemont (Oakland).....	41.4
1970	Santa Ana.....	41.6
1971	El Cerrito.....	41.0
1972	Wilson (San Francisco).....	41.3
1973	Wilson (San Francisco).....	41.5
1974	Kennedy (Richmond).....	41.2
1975	Ellis (Richmond).....	41.2
1976	Kennedy (Barstow).....	41.4
1977	Pasadena.....	41.61
1978	El Cerrito.....	41.55
1979	Pasadena.....	41.45
1980	Washington (Los Angeles).....	41.51
1981	Berkeley.....	40.86
1982	Oakland.....	41.09
1983	Edison (Fresno).....	40.83

1984	Berkeley.....	40.93
1985	Muir (Pasadena).....	41.32
1986	Hiram Johnson (Sacramento).....	41.30
1987	Muir (Pasadena).....	40.78
1988	Oakland.....	41.33
1989	Poly (Long Beach).....	41.82
1990	San Bernardino.....	41.05
1991	Compton.....	41.68
1992	Morningside (Inglewood).....	42.04
1993	Merced.....	41.42
1994	El Camino (Oceanside).....	41.16
1995	Skyline (Oakland).....	40.78
1996	Serra (Gardena).....	40.63
1997	Muir (Pasadena).....	40.35
1998	Poly (Long Beach).....	40.45
1999	Vallejo.....	40.94
2000	Serra (Gardena).....	40.97
2001	Helix (La Mesa).....	41.17
2002	Poly (Long Beach).....	40.63
2003	Carson (Los Angeles).....	41.53
2004	Skyline (Oakland).....	40.95
2005	Dorsey (Los Angeles).....	40.92
2006	Notre Dame (Sherman Oaks).....	41.27
2007	Poly (Long Beach).....	40.81
2008	Poly (Long Beach).....	41.26
2009	Serra (Gardena).....	40.67
2010	Poly (Long Beach).....	41.13
2011	Oaks Christian (Westlake Village).....	41.19
2012	Notre Dame (Sherman Oaks).....	41.13
2013	Serra (Gardena).....	40.49
2014	Woodcreek (Roseville).....	41.20
2015	Chaminade (West Hills).....	40.75
2016	Vista Murrieta.....	40.32
2017	Oaks Christian.....	40.95
2018	Great Oak.....	40.99
2019	Monterey Trail (Elk Grove).....	41.47
2022	Central (Fresno).....	41.36
2023	Granada Hills Charter.....	40.39
2024	Pittsburg.....	40.77

1600-Meter Relay (Boys)

1968	Centennial (Compton).....	3:14.3
1969	Los Angeles.....	3:15.2
1970	Los Altos (Los Altos).....	3:15.6
1971	Castlemont (Oakland).....	3:13.2
1972	El Cerrito.....	3:17.6
1973	Cordova (Rancho Cordova).....	3:17.4
1974	Muir (Pasadena).....	3:13.8
1975	Ellis (Richmond).....	3:15.7
1976	Pasadena.....	3:18.2
1977	Pasadena.....	3:13.7
1978	Banning (Wilmington).....	3:11.57
1979	Locke (Los Angeles).....	3:14.04
1980	Centennial (Compton).....	3:10.37
1981	Berkeley.....	3:08.94
1982	Compton.....	3:14.45
1983	Hawthorne.....	3:10.11
1984	Hawthorne.....	3:09.45
1985	Hawthorne.....	3:14.13
1986	Hawthorne.....	3:14.79
1987	Hawthorne.....	3:11.77
1988	Hawthorne.....	3:10.46
1989	Dorsey (Los Angeles).....	3:12.21
1990	Muir (Pasadena).....	3:14.00
1991	Morningside (Inglewood).....	3:15.01
1992	Morningside (Inglewood).....	3:15.37
1993	North Salinas (Salinas).....	3:14.19
1994	Muir (Pasadena).....	3:12.54
1995	Muir (Pasadena).....	3:13.08
1996	Muir (Pasadena).....	3:08.66
1997	Dominguez (Compton).....	3:12.51
1998	Dominguez (Compton).....	3:12.64
1999	Dorsey (Los Angeles).....	3:13.01
2000	Serra (Gardena).....	3:12.94
2001	Poly (Long Beach).....	3:15.11
2002	Poly (Long Beach).....	3:12.90
2003	Poly (Long Beach).....	3:14.35

All-Time Individual Champions

1600-Meter Relay (Boys) - cont.

2004	Poly (Long Beach).....	3:13.74
2005	Dorsey (Los Angeles).....	3:12.12
2006	J.W. North (Riverside).....	3:10.36
2007	Poly (Long Beach).....	3:10.92
2008	Dominguez (Compton).....	3:09.59
2009	Lutheran (Orange).....	3:14.53
2010	Serra (Gardena).....	3:08.42
2011	Poly (Long Beach).....	3:12.44
2012	Rio Mesa (Oxnard).....	3:16.21
2013	Serra (Gardena).....	3:10.59
2014	Poly (Long Beach).....	3:11.86
2015	Wilson (Long Beach).....	3:13.46
2016	Vista Murrieta.....	3:14.97
2017	Rancho Verde.....	3:14.46
2018	Murrieta Mesa.....	3:10.86
2019	Loyola.....	3:17.56
2022	Cathedral.....	3:13.87
2023	Poly (Long Beach).....	3:12.99
2024	Wilson (Long Beach).....	3:12.54

4x800-Meter Relay (Boys)

2023	San Clemente.....	7:38.59
2024	San Clemente.....	7:38.07

Discus Throw (Boys)

1915	Cifford Merritt (Santa Rosa).....	113-00
1916	Wayne Weeks (Santa Rosa).....	117-00
1917	Roy Evans (Chaffey).....	122-11
1918	Johnny Boyle (Los Angeles).....	114-02.75
1919	Johnny Boyle (Los Angeles).....	120-06
1920	Clarence Houser (Oxnard).....	123-08
1921	Clarence Houser (Oxnard).....	135-00.50
1922	Clarence Houser (Oxnard).....	144-03.20
1923	Eric Krenz (Stockton).....	128-04.25
1924	Robert Patton (Poly, Riverside).....	124-06.50
1925	Eddie Moeller (San Diego).....	126-00.62
1926	Eddie Moeller (San Diego).....	141-00
1927	Fred Steiner (Chaffey).....	135-08
1928	Dudley Stephens (Woodland).....	135-00.37
1929	Dudley Stephens (Woodland).....	134-09
1930	Gordon Dunn (Fresno).....	130-05.12
1931	George Theodoratus (Sacramento).....	132-01.50
1932	Arlo Munch (Poly, Long Beach).....	130-11.50
1949	John Henry Johnson (Pittsburg).....	145-02
1950	Louie Irigara (Lemoore).....	145-01.25
1951	Leon Pattersonb (Taft).....	165-02
1954	Jack Egan (Balboa, San Francisco).....	159-01.50
1955	Wayne Crow (Corcoran).....	160-07
1956	Wayne Crow (Corcoran).....	171-05.25
1957	Don Bell (Alameda).....	172-03.75
1958	Bill Hook (Ukiah).....	166-08
1959	Ron Sindow (San Rafael).....	176-01
1960	Alex Darnes (Poly, San Francisco).....	178-08
1961	Bob Stoecker (Los Altos).....	188-06.50
1962	Bob Stoecker (Los Altos).....	185-11.50
1963	Stan McDonald (Edison, Fresno).....	178-01
1964	Bill Staley (Las Lomas, Walnut Creek).....	181-02
1965	Bruce Naglee (Baltimore, San Jose).....	172-03.50
1966	Jim Peters (Piedmont).....	189-01
1967	Fred DeBernardi (Hart, Newhall).....	178-02
1968	Rory Kenward (San Marcos, Santa Barbara).....	183-11
1969	Chris Adams (Los Altos).....	188-00
1970	Chris Adams (Los Altos).....	201-03
1971	Bob Otto (Porterville).....	184-09
1972	Scott Overton (Los Altos).....	185-10
1973	Lonnie Shelton (Foothill, Bakersfield).....	195-05
1974	Ray Burton (Vacaville).....	193-00
1975	Mike Alberg (Lodi).....	171-11
1976	Scott Endler (Hoover, Fresno).....	192-10
1977	David Thompson (Santa Ynez).....	190-00
1978	David Porath (Atwater).....	199-05
1979	Hank Kraychir (San Jacinto).....	192-09
1980	Paul Bender (Shafter).....	192-09
1981	Antonio Dobbins (Burroughs, Ridgecrest).....	180-10
1982	Antonio Dobbins (Burroughs, Ridgecrest).....	191-01
1983	Barry Estes (Clovis).....	183-04
1984	Tambi Wenj (Fountain Valley).....	185-11

1985	Brian Bluetreich (Capistrano Valley, Mission Viejo).....	203-04
1986	Jeff Hooper (Del Campo, Fair Oaks).....	187-04
1987	Dave Bultman (Royal, Simi Valley).....	193-06
1988	John Wirtz (Leland, San Jose).....	192-10
1989	Derrick Stevens (Bakersfield).....	188-02
1990	Rob Powell (Redwood, Visalia).....	203-04
1991	Jeff Buckley (Bakersfield).....	182-05
1992	Jeff Buckley (Bakersfield).....	186-10
1993	Chad Peare (Trabuco Hills, Mission Viejo).....	182-02
1994	Jeremy Staat (Bakersfield).....	183-08
1995	Chad Jones (Arroyo Grande).....	183-09
1996	Scott Moser (Huntington Beach).....	185-07
1997	Scott Moser (Huntington Beach).....	203-02
1998	Reedus Thurman (Serra, Gardena).....	202-01
1999	Dan Ames (El Capitan, Lakeside).....	199-09
2000	Travis Pendleton (Esperanza, Anaheim).....	203-05
2001	Sean Shields (Arroyo Grande).....	189-01
2002	Jared Morgan (La Quinta).....	194-01
2003	Nik Kay (Los Gatos).....	203-03
2004	Daniel Schaefer (The Bishop's School, La Jolla).....	206-05
2005	Darius Savage (Morse, San Diego).....	194-08
2006	Darius Savage (Morse, San Diego).....	205-06
2007	Derek Johnson (Agoura, Agoura Hills).....	203-06
2008	Dayshan Ragans (Foothill, Bakersfield).....	202-06
2009	Matt Darr (Frontier, Bakersfield).....	192-00
2010	Willy Irwin (Clovis East).....	207-08
2011	Ethan Cochran (Newport Harbor, Newport).....	185-09
2012	Ethan Cochran (Newport Harbor, Newport).....	196-04
2013	Brenden Song (West Hills, Santee).....	188-08
2014	Rocky Fenton (San Clemente).....	184-10
2015	Charles Lenford (Oceanside).....	195-04
2016	Bronson Osborn (Esperanza, Anaheim).....	200-10
2017	Iffy Joyner (Pittsburg).....	203-08
2018	Christian Lavalle (Mission Viejo).....	182-07
2019	Gino Cruz (Newbury Park).....	191-11
2022	Brendon See (JSerra Catholic).....	203-10
2023	Brendon See (JSerra Catholic).....	196-04
2024	McKay Madsen (Clovis North).....	206-08

High Jump (Boys)

1915	Millard Webster (Santa Paula).....	5-09.50
1916	Titus Moore (Pasadena).....	5-08.50
1917	Lloyd Hill (Coalinga).....	5-09.25
1918	Harold Muller (San Diego).....	5-01.75
1919	Harold Muller (Oakland Technical).....	5-06
1920	Oliver Corey (Chaffey).....	6-00
1921	Al Fisher (Lincoln, Los Angeles).....	6-00.37
1922	Ed Shaw (Monrovia).....	5-10.75
1923	Henry Coggeshall (Poly, Los Angeles).....	5-11
1924	Henry Coggeshall (Poly, Los Angeles).....	6-01.25
1925	Al Bowen (Santa Monica).....	6-01.50
1926	Olympus Carter (Jordan, Los Angeles).....	5-11
	Bob Van Osdel (Compton).....	5-11
1927	Lynford Scott (Eureka).....	6-00.75
1928	Henry Lassalette (La Puente).....	6-02.12
	Bob Van Osdel (Compton).....	6-02.12
1929	Walter Marty (Fresno).....	6-04.25
1930	Kermit Plowman (Sequoia).....	6-00.50
1931	Paul Jacques (Santa Ana).....	6-04.12
1932	Cornelius Johnson (Los Angeles).....	6-03
1933	Cornelius Johnson (Los Angeles).....	6-04.75
1934	Delos Thurber (Glendale).....	6-05.87
1935	Les Steers (Palo Alto).....	6-02
1936	Les Steers (Palo Alto).....	6-00.75
1937	Les Steers (Palo Alto).....	6-04
1938	Gil La Cava (Beverly Hills).....	6-07.12
1939	Bill Stewart (Torrance).....	6-04
1940	Jack Newman (Poly, Long Beach).....	6-04.12
1941	Henry Caldwell (Edison, Fresno).....	6-01
1942-45	(No meet held)	
1946	Wilfred Schlange (Citrus).....	6-02
	Dick Smith (Roosevelt, Fresno).....	6-02
1947	Daryl Butts (Excelsior, Norwalk).....	6-00
	Walter Kirk (Porterville).....	6-00
1948	Dick Brombach (Poly, Long Beach).....	6-03
	Ed Young (Jefferson, Los Angeles).....	6-03
1949	Norman Woods (Jefferson, Los Angeles).....	6-03

1950	Ralph Bonham (Pomona).....	6-02.50
1951	Vern Wilson (San Jose).....	6-02
1952	Bernie Allard (Fresno).....	6-05.50
1953	Bernie Nelson (Hoover, San Diego).....	6-04
1954	Dick Daily (Hayward).....	6-05.50
1955	Charlie Dumas (Centennial, Compton).....	6-08.87
1956	Curtis Chappel (Jefferson, Los Angeles).....	6-03.25
1957	Robert Avant (Hart, Newhall).....	6-08
1958	Ray Nickleberry (Oxnard).....	6-08
	Paul Stuber (Bellflower).....	6-08
1959	Paul Stuber (Bellflower).....	6-07.25
1960	Archie Green (Oakland).....	6-06.25
	Roger Olsen (Willow Glen, San Jose).....	6-06.25
1961	Richard Jones (Bakersfield).....	6-08.25
1962	Richard Jones (Bakersfield).....	6-07.50
	Otis Burrell (Jefferson, Los Angeles).....	6-07.50
	Bob Channell (McLane, Fresno).....	6-07.50
1963	Ed Caruthers (Santa Ana Valley, Santa Ana).....	6-08
1964	Greg Heet (Lowell, Whittier).....	6-07.75
1965	Ken Brown (Castlemont, Oakland).....	6-08.50
1966	Tom Clyburn (Balboa, San Francisco).....	6-10
1967	Reynaldo Brown (Compton).....	6-09.25
1968	Reynaldo Brown (Compton).....	7-00
1969	Reynaldo Brown (Compton).....	7-00
1970	Jerry Culp (Oceanside).....	7-00.25
1971	Dwight Stones (Glendale).....	7-01.50
1972	Carl Miles (Poly, Long Beach).....	6-10
1973	Randy Turner (Wilson, San Francisco).....	6-06
1974	Charles Hatch (Wilson, San Francisco).....	7-00
1975	Johnny Washington (Fremont, Los Angeles).....	7-00
1976	John Lane (American, Fremont).....	6-11
1977	Dennis Smith (Santa Monica).....	7-02
1978	Brad Harris (Los Alamitos).....	6-11
1979	Lee Balkin (Glendale).....	7-03.25
1980	Greg Denby (Crenshaw, Los Angeles).....	6-10
1981	Anthony Caire (Pius X, Downey).....	7-01
1982	Maurice Crumby (Balboa, San Francisco).....	7-00
1983	Maurice Crumby (Balboa, San Francisco).....	7-02
1984	Kenny Burke (Westlake, Westlake Village).....	7-00
1985	Mark Webster (Homestead, Cupertino).....	6-09
1986	Derrick Moore (Millikan, Long Beach).....	6-10
1987	Luis Juico (Piedmont Hills, San Jose).....	7-01
1988	Reggie Bettor (Antelope Valley).....	7-00
1989	Mark Wilson (Charter Oak, Covina).....	7-00
1990	Kevin Carlson (Katella, Anaheim).....	7-00
1991	Avery Anderson (J.W. North, Riverside).....	7-02
1992	Griffin Childers (Woodland).....	6-11
1993	Jeff Nadeau (Monroe, North Hills).....	7-02
1994	Jeremy Fischer (Camarillo).....	7-00
1995	Michael Wilkins (Red Bluff).....	7-00
1996	Elliott Parks (El Toro, Lake Forest).....	6-10
1997	Jason Howard (Ridgeview, Bakersfield).....	7-01
1998	Darren Marble (Los Altos).....	6-08
1999	Gabe Zarete (Parlier).....	6-11
2000	Ebon Glenn (St. Mary's, Berkeley).....	7-00
2001	Teak Wilburn (Chico).....	6-10
2002	Cole Herron (Sanger).....	6-11
2003	Cole Herron (Sanger).....	6-10
2004	Ed Wright (St. Mary's, Berkeley).....	6-10.25
2005	Fletcher Carlyle (Vintage, Napa).....	6-09
2006	Casey Ryan (Argonaut, Jackson).....	6-09
2007	Daniel Kirkpatrick (Trabuco Hills, Mission Viejo).....	6-11
2008	Harrison Steed (J Serra, San Juan Capistrano).....	7-01
2009	Nick Ross (Vista Murrieta, Murrieta).....	7-01
2010	Tyler Jordan (Romona).....	6-11
2011	Crampton Cody (Canyon, Anaheim).....	6-11
2012	Noel Frazier (California, San Ramon).....	6-10.25
2013	Eric Moore (Carter, Rialto).....	6-11
2014	Eric Moore (Carter, Rialto).....	7-00.25
2015	Michael Burke (Lemoore).....	6-11
2016	Darius Carbin (Mt. Pleasant, San Jose).....	7-00
2017	Sean Lee (Trabuco Hills).....	6-11
2018	Sean Lee (Trabuco Hills).....	7-02
2019	Beau Allen (San Marcos).....	6-11
2022	Seth Johnson (Cajon).....	6-07
2023	Jake Stafford (JSerra).....	6-07
2024	Deshawn Banks (Birmingham).....	7-00.5

All-Time Individual Champions

Long Jump (Boys)

1915	Ernest Plavan (Santa Ana)	21-02.00
1916	Harry Lamport (Manual Arts, Los Angeles)	21-05.25
1917	Gene Davis (Poly, Los Angeles)	21-10.50
1918	Roy Hasselbach (Fresno)	21-10.50
1919	Harold Miller (Oakland Technical)	20-11.25
1920	Verden Nash (Chino)	21-00.50
1921	Verden Nash (Chino)	21-10.50
1922	Verden Nash (Huntington Beach)	21-05.25
1923	Mort Kaer (Red Bluff)	23-02.75
1924	Virgil Elliot (Huntington Beach)	22-03.50
1925	Fred Osborne (Fullerton)	21-08.50
1926	Walter Rehwal (Lincoln, Los Angeles)	21-08.50
1927	Frank Wycoff (Glendale)	22-05.00
1928	Dick Barber (Poly, Long Beach)	23-05.75
1929	Wells Ruby (Hollywood)	22-07.25
1930	George Shehtanian (Tulare)	22-02.62
1931	Floyd Wilson (Riverside)	23-02.62
1932	Tom White (Poly, Long Beach)	22-10.50
1933	Don Skinner (Manual Arts)	22-08.00
1934	Don Skinner (Manual Arts)	23-08.50
1935	Jimmy Montgomery (El Monte)	23-00.25
1936	Eddie Arnold (Muir)	23-01.75
1937	Bill Bugbee (Montebello)	23-01.00
1938	Bill Bugbee (Montebello)	23-07.12
1939	Jim Jurkovich (Fresno)	24-00.50
1940	Glenn Shoop (Long Beach, Jordan)	22-02.50
1941	Ray Meagher (Bakersfield)	23-05.75
1942-45	(No meet held)	
1946	Carl Monser (Alameda)	22-02.25
1947	Hugh McElhenry (Washington, Los Angeles)	22-10.50
1948	George Brown (Jordan, Los Angeles)	23-02.25
1949	George Brown (Jordan, Los Angeles)	24-06.25
1950	William Johnson (Jefferson, Los Angeles)	24-02.75
1951	Bill Holland (Jefferson, Los Angeles)	22-05.75
1952	Rollin Garrison (Compton)	23-05.25
1953	Monte Upshaw (Piedmont)	23-05.00
1954	Monte Upshaw (Piedmont)	25-04.25
1955	Bobby Baines (Jordan, Los Angeles)	23-03.50
1956	Oscar Bean (Jefferson, Los Angeles)	24-09.00
1957	Luther Hayes (Lincoln, San Diego)	23-08.50
1958	Steve Rogers (Brawley)	24-06.00
1959	Efthen Jones (Delano)	23-05.75
1960	Walt Roberts (Compton)	24-07.25
1961	Robert McKeever (Fremont, Los Angeles)	24-03.00
1962	James Kennedy (Lincoln, San Diego)	24-05.75
1963	Jerry Williams (Berkeley)	24-03.50
1964	Bobby Bonds (Poly, Riverside)	25-03.00
1965	Manuel Murrell (Poly, Long Beach)	24-09.75
1966	Doyle Steel (San Diego)	25-03.25
1967	Jerry Proctor (Muir, Pasadena)	25-04.50
1968	Heulon Hewitt (Merced)	24-07.00
1969	James McAllister (Blair, Pasadena)	24-02.25
1970	Lynn Swann (Serra, San Mateo)	24-02.75
1971	Randy Williams (Edison, Fresno)	26-03.25w
1972	Carl McCullough (Sacramento)	24-07.00
1973	Jerry Herndon (Cajon, San Bernardino)	25-04.50w
1974	James Lofton (Washington, Los Angeles)	24-03.50
1975	Paul Wilson (Fontana)	24-08.50
1976	Larry Doubly (Manual Arts, Los Angeles)	25-03.75w
1977	Kurt Durham (Oakland)	25-00.75
1978	Dokie Williams (El Camino, Oceanside)	25-01.25
1979	George Gaffney (Lemoore)	24-01.75
1980	Charles Mayfield (Muir, Pasadena)	23-04.75
1981	Ed Tave (Muir, Pasadena)	25-00.50
1982	Eric Thomas (Norte Del Rio, Sacramento)	24-04.75
1983	Johnny Cleveland (Soquel)	24-06.50
1984	Joe Richardson (Pasadena)	24-11.00
1985	Larry Nelson (Simi Valley)	24-03.25
1986	Curtis Rodgers (Hiram Johnson, Sacramento)	23-10.00
1987	Percy Knox (Antelope Valley, Lancaster)	24-06.50
1988	Diatory Gildersleeve (Grant, Sacramento)	24-05.50w
1989	James Stallworth (Tulare Union, Tulare)	26-04.75
1990	Jerome Price (University City, San Diego)	25-03.25
1991	Steve Stanley (Gardena)	25-01.25w
1992	Eugene Dreher (Antelope Valley, Lancaster)	24-01.50w
1993	LeAndrew Childs (Inglewood)	24-00.00w

1994	Tyree Washington (La Sierra, Riverside)	23-09.25w
1995	Clarence Scott (Fremont, Los Angeles)	24-07.75
1996	Gerald Williams (Lynwood)	24-10.50
1997	Marvin Brown (Will C. Wood, Vacaville)	24-05.25
1998	BB Malone (Redwood, Visalia)	24-01.00w
1999	Robert Kennedy (El Camino, Sacramento)	25-02.00
2000	Oliver Jackson (Royal, Simi Valley)	24-04.25
2001	Trevell Quinley (Merrill West, Tracy)	24-05.75w
2002	Ronald Hill (Walnut)	23-09.50
2003	Derrell Hutsona (Helix, La Mesa)	25-05.75
2004	Demitri Mosby (Gahr, Cerritos)	24-03.75
2005	Nadre Crenshaw (Antelope Valley, Lancaster)	22-08.00
2006	Terry Prentice (Diamond Ranch, Pomona)	23-10.50
2007	Terry Prentice (Diamond Ranch, Pomona)	23-08.50w
2008	Cameron Gillette (La Mirada)	24-01.75w
2009	Chase Wheeler (De La Salle, Concord)	25-02.25
2010	Niko DiMartino (Oaks Christian, Westlake Village)	23-10.50
2011	Jovante Slater (Vista Murrieta, Murrieta)	24-10.50
2012	Adoree Jackson (Serra, Gardena)	25-00.50
2013	Nate Moore (Castro Valley)	24-11.75
2014	Nate Moore (Castro Valley)	25-08.75
2015	Gregory Vann (Rio Mesa, Oxnard)	24-06.00
2016	Isaiah Holmes (Oakmont, Roseville)	25-05.00
2017	Sanjay Kettels (St. Mary's, Berkeley)	24-03.75
2018	Malcolm Clemons (St. Mary's, Berkeley)	25-01.00
2019	Caleb Foster (Clovis North)	25-00.00w
2022	Jason Plumb (Corona del Mar)	24-05.75w
2023	Chukwunonso Udeh (De La Salle)	23-09.75w
2024	Trevor Rogers (Acalanes)	24-03.75

Pole Vault (Boys)

1915	Lincoln Hall (Santa Paula)	11-06
1916	Lincoln Hall (Santa Paula)	11-09
1917	Vance Wilbur (Sacramento)	11-00
1918	Eric Richardson (Ukiah)	11-06
1919	Dick Emmons (Manual Arts, Los Angeles)	10-06
1920	Leroy Goodenough (Fillmore)	11-10
1921	Harold Shoebridge (Anaheim)	12-00
1922	Harry Smith (San Diego)	11-11.50
1923	Leo Barnes (Hollywood)	12-03.37
	Harry Smith (San Diego)	12-03.62
1924	Leo Barnes (Hollywood)	12-11.50
1925	Jack Williams (Inglewood)	12-09.62
1926	Marshall Beeman (Armijo Fairfield)	12-04
	Conrad Boyle (Manual Arts, Los Angeles)	12-04
	Bill Hubbard (San Diego)	12-04
	Jerry Stewart (Los Angeles)	12-04
1927	Bill Miller (San Diego)	12-00
1928	Bill Miller (San Diego)	12-09.50
1929	Bill Miller (San Diego)	12-06
1930	Dave Crow (Poly, Long Beach)	12-06
1931	Joe Ramsey (Inglewood)	12-08.25
	Matt Stankovich (Poly, Los Angeles)	12-08.25
1932	Bill Sefton (Poly, Los Angeles)	13-00
1933	Ed Harrison (Santa Monica)	12-07
1934	Dick Clark (Hoover, Glendale)	12-10
	Rich Rodriguez (Poly, Los Angeles)	12-10
1935	Dick Clark (Hoover, Glendale)	12-10.50
1936	Dave Bodkins (Inglewood)	12-11
1937	Baylor Maynard (Belmont, Los Angeles)	13-01.25
1938	Floyd Doty (Lodi)	12-10.75
	Lawrence McLanahan (Sacramento)	12-10.75
1939	Frank Ferguson (Inglewood)	13-03.75
	Clarence Humberger (Glendale)	13-03.75
1940	Frank Ferguson (Inglewood)	13-00
	Irving Moore (Piedmont)	13-00
1941	Chet Hartmann (San Benito)	12-06
	Irving Moore (Piedmont)	12-06
	Ernie Sontag (Taft, Fresno)	12-06
1942-45	(No meet held)	
1946	Bill Mays (Oxnard)	12-06.50
	Phil Quilter (Pasadena)	12-06.50
1947	George Mattos (Pacific Grove)	12-06
1948	Don Barnes (Fullerton)	12-06
1949	Jack Widman (Lomita Narbonne)	13-04.50
1950	Dick McDonald (Wilson, Long Beach)	13-00.50
	Harold Red (Lemoore)	13-00.50

1951	Clarke Merrill (Belmont, Los Angeles)	13-00
1952	Ron Morris (Burroughs, Burbank)	13-03.75
1953	Ron Morris (Burroughs, Burbank)	13-09.12
1954	Bob McKay (Inglewood)	13-00
	Joe Rose (Hoover, Glendale)	13-00
	Stan Gaunt (Mt. Diablo)	13-00
1955	Nathaniel Finney (Jordan, Los Angeles)	13-04
1956	Bill Logan (El Cajon)	13-06
	Tim Helms (Shingle Springs, El Dorado)	13-06
1957	Voyce Hendrix (Riverside)	13-06
1958	John Rose (Hoover, Glendale)	14-01
1959	Bob Looney (Santa Barbara)	13-08.75
1960	Mike Flanagan (Ganesha, Pomona)	13-03
	Gary Down (Anaheim)	13-03
1961	Mike Graves (El Cajon)	14-02.50
1962	Eric Berge (Costa Mesa)	14-03
	Bob Richardson (Ganesha, Pomona)	14-03
1963	Bill Fosdick (Andrew Hill, San Jose)	14-08.75
1964	Paul Wilson (Warren, Downey)	15-04.25
1965	Paul Wilson (Warren, Downey)	15-06.50
1966	Wayne Meyers (Foothill, Sacramento)	15-00.75
1967	Tom Reynolds (Morningside, Inglewood)	14-10
1968	Steve Smith (South Torrance, Torrance)	15-03.50
1969	Steve Smith (South Torrance, Torrance)	16-00
1970	Tom Lindsay (La Sierra, Carmichael)	14-10.50
1971	Tim Quinn (Monroe, Sepulveda)	15-02
1972	Hubert Black (Fremont, Los Angeles)	15-02
1973	Tim Curran (Crespi, Encino)	16-02.75
1974	Jim Knaub (Lakewood)	15-06
1975	Keith Schimmel (Villa Park)	15-06
1976	Tim Hintnaus (Aviation, Redondo Beach)	15-02
1977	Anthony Curran (Crespi, Encino)	16-00
1978	Anthony Curran (Crespi, Encino)	17-00.25
1979	Clark Elliot (Bellflower)	15-06
1980	Greg Stull (Troy, Fullerton)	15-10
1981	Doug Wikks (South Bakersfield, Bakersfield)	15-02
1982	Scott Christensen (Acalanes, Lafayette)	15-06
1983	Mike Kibort (Saratoga)	15-06
1984	Ivar Moen (Los Gatos)	16-02
1985	Brent Burns (Acalanes, Lafayette)	16-02
1986	Steve Toney (Menlo-Atherton, Atherton)	16-02
1987	Steve Slocum (Foothill, Santa Ana)	15-06
1988	Tom Richards (San Marcos)	16-00
1989	Jim Lawrence (Del Mar, San Jose)	15-06
1990	Ed Lasquette (Mt. Pleasant, San Jose)	15-10
1991	David Cox (Foothill, Fresno)	16-06
1992	Clarence Phelps (Christian Brothers, Sacramento)	16-00
1993	Scott Slover (Leland, San Jose)	16-02
1994	Scott Slover (Leland, San Jose)	16-10
1995	Mike Brown (Torrey Pines, Encinitas)	16-04
1996	Steve Michels (Brethren Christian, Cypress)	16-02
1997	David Gritz (Bear Creek, Stockton)	16-07
1998	Mark Unzueta (Lemoore)	16-02
1999	Brandon Braunstein (Newark Memorial, Newark)	16-02
2000	Shane Hackett (Verdugo Hills, Tujunga)	16-04
2001	Mike Landers (Golden Valley, Merced)	16-03
2002	David Moore (Miramonte, Orinda)	16-06
2003	Ryan Shuler (Granite Bay)	16-00
2004	Scott Roth (Granite Bay)	16-04
2005	Scott Roth (Granite Bay)	17-01
2006	Scott Roth (Granite Bay)	16-11
2007	Nico Weiler (Los Gatos)	17-02
2008	Nico Weiler (Los Gatos)	17-03
2009	Michael Woespe (Mater Dei, Santa Ana)	16-05
2010	Scott Cook (Mater Dei, Santa Ana)	16-03
2011	Ian Rock (Davis)	16-02
2012	Peter Chapman (Murrieta Valley, Murrieta)	16-04
2013	Luigi Colella (Thousand Oaks)	16-04
2014	Carl Johansson (Lutheran, Orange)	17-00
2015	Austin Laut (Oak Ridge, El Dorado Hills)	15-09
2016	Jeff Gordon (Marina, Huntington Beach)	16-08
2017	Tate Curran (Redondo Union)	16-10
2018	Sondre Guttormsen (Davis)	17-10
2019	Samuel Wright (Lodi)	16-05
2022	Hunter O'Brien (Roosevelt)	16-05
2023	Hilton Green (Buchanan)	16-06
2024	Kai Anderson (University City, San Diego)	16-08

All-Time Individual Champions

Shot Put (Boys)

1915	Wayne Weeks (Santa Rosa)	46-02.37
1916	Wayne Weeks (Santa Rosa)	47-04.25
1917	Jim Blewett (Manual Arts, Los Angeles)	47-09.25
1918	Jennings Robertson (Sutter)	44-06.00
1919	Ernst Hartmann (Poly, Los Angeles)	42-03.00
1920	Clarence Houser (Oxnard)	49-09.00
1921	Clarence Houser (Oxnard)	52-00.00
1922	Clarence Houser (Oxnard)	55-04.75
1923	Cecil White (Modesto)	48-00.50
1924	Cecil White (Modesto)	49-07.37
1925	Herb Fleishacker (Menlo Park)	49-02.00
1926	Maurey Lauterman (Poly, Los Angeles)	49-00.25
1927	Harold Falter (Glendale)	49-09.62
1928	Garrett Arbelbide (Huntington Park)	48-10.50
1929	Nelson Gray (Chaffey)	53-05.50
1930	Don Carter (Franklin, Los Angeles)	52-08.25
1931	Don Carter (Franklin, Los Angeles)	52-10.00
1932	Bob Pyle (Pasadena)	53-06.00
1933	Jim Donaldson (Hollywood)	53-03.00
1934	Ray Young (Riis, Los Angeles)	55-10.00
1935	John Raitt (Fullerton)	55-05.25
1936	Joe Hill (CSD, Berkeley)	54-05.25
1937	Wilbur Thompson (Modesto)	55-08.75
1938	Mario Russo (Pittsburg)	55-05.75
1939	Frank Minini (Paso Robles)	54-01.00
1940	Ben Steele (Santa Rosa)	54-04.12
1941	George Souza (Vallejo)	52-04.25
1942-45	(No meet held)	
1946	John Helwig (Mt. Carmel, Los Angeles)	59-05.12
1947	Bob Cameron (Washington, Los Angeles)	53-10.87
1948	Bob Cameron (Washington, Los Angeles)	59-07.25
1949	Elmer Willhoite (Merced)	57-03.23
1950	Hal Norris (Grossmont, San Diego)	56-05.50
1951	Leon Patterson (Taft)	59-02.50
1952	Leon Patterson (Taft)	60-09.87
1953	Don Vick (Chaffey)	60-07.75
1954	Dick Bronson (Grossmont, San Diego)	59-07.12
1955	Duncan Ward (Santa Monica)	59-04.50
1956	Homer Robertson (Pacific, San Bernardino)	63-09.50
1957	Clark Branson (Pasadena)	64-00.75
1958	Jack Slocombe (Millikan, Long Beach)	61-04.50
1959	Mike Parker (Turlock)	57-08.00
1960	Matthew Baggett (Berkeley)	60-07.00
1961	Bill Pace (El Rancho, Pico Rivera)	64-03.50
1962	Jim O'Brien (DeAnza, Richmond)	62-02.25
1963	Bruce Wilhelm (Fremont, Sunnyvale)	63-04.75
1964	Bob Brannan (Los Gatos)	62-07.25
1965	Steve Marcus (Palisades, Pacific Palisades)	63-11.25
1966	John Hubbell (Poly, Long Beach)	66-11.00
1967	John Buehler (Whittier)	65-03.25
1968	Pete Schmock (San Diego, Encinitas)	63-11.00
1969	Sam Cunningham (Santa Barbara)	61-02.00
1970	Randy Withrow (Pasadena)	63-08.75
1971	Mark Stevens (Newport Harbor)	67-02.25
1972	Randy Cross (Crespi, Encino)	65-07.25
1973	Jim Niedhart (Newport Harbor)	67-03.25
1974	David Kurrasch (Santa Ana)	63-10.50
1975	David Kurrasch (Santa Ana)	65-09.50
1976	Steve Montgomery (Lassen, Susanville)	68-00.00
1977	Craig Polley (Sunny Hills, Fullerton)	62-04.25
1978	Dave Porath (Atwater)	65-10.75
1979	Don Mosebar (Mt. Whitney, Visalia)	62-06.75
1980	Scott Garnett (Muir, Pasadena)	64-04.25
1981	John Frazier (Antelope Valley, Lancaster)	63-08.75
1982	Pat Kyle (Buena Park)	60-04.00
1983	Curt Sissel (Vacaville)	63-09.50
1984	Brian Blutreich (Capistrano Valley, Mission Viejo)	64-07.25
1985	Brian Blutreich (Capistrano Valley, Mission Viejo)	68-04.00
1986	Brian Boggess (El Capitan, Lakeside)	61-04.00
1987	Dave Bultman (Royal, Simi Valley)	67-00.00
1988	Kaleaph Carter (Edison, Huntington Beach)	64-00.25
1989	Brent Noon (Fallbrook)	66-01.50
1990	Brent Noon (Fallbrook)	74-04.75
1991	Mark Parlin (Esperanza, Anaheim)	61-05.50
1992	Pete Swanson (San Benito, Hollister)	61-03.25
1993	Tyson Lingenfelter (Upland)	60-09.50

1994	Chris DeMartine (St. Ignatius, San Francisco)	58-11.50
1995	Matt Pentecost (Loyola, Los Angeles)	62-03.75
1996	Jason Hammond (Fowler)	64-04.00
1997	Van Mounts (Bakersfield)	67-00.75
1998	Van Mounts (Bakersfield)	66-07.00
1999	Rhuben Williams (Eagle Rock, Los Angeles)	62-08.50
2000	Rhuben Williams (Eagle Rock, Los Angeles)	63-02.50
2001	David Guerin (Leuzinger, Lawndale)	62-10.75
2002	Noah Bryant (Carpinteria)	65-07.75
2003	Jared Bray (Mission Bay, San Diego)	63-03.25
2004	Mark Lewis (Arroyo Grande)	63-05.50
2005	Danny Rohr (Arroyo Grande)	60-06.25
2006	Darius Savage (Morse, San Diego)	66-03.25
2007	Joe Canavan (Palm Desert)	67-01.50
2008	Dayshan Ragans (Foothill, Bakersfield)	62-10.00
2009	Matt Darr (Frontier, Bakersfield)	62-01.25
2010	Matt Darr (Frontier, Bakersfield)	63-09.75
2011	Nicholas Scarvelis (Dos Pueblos, Goleta)	64-00.00
2012	Ethan Cochran (Newport Harbor, Newport)	62-04.25
2013	Nick Ponzio (Great Oak, Temecula)	66-02.50
2014	Dotun Ogundej (Madison, San Diego)	65-05.50
2015	Matt Katnik (St. John Bosco, Bellflower)	72-00.00
2016	Bronson Osborn (Esperanza, Anaheim)	69-10.75
2017	Jonah Wilson (Clovis)	66-02.75
2018	Daniel Viveros (Liberty, Bakersfield)	62-05.50
2019	Daniel Viveros (Liberty, Bakersfield)	68-10.50
2022	Cade Moran (Murrieta Mesa)	64-03.25
2023	Brendon See (J Serra Catholic)	62-09.50
2024	McKay Madsen (Clovis North)	62-09.50

Triple Jump (Boys)

1939	Jack Laughner (Wilson, Long Beach)	44-08.50
1973	Willie Banks (Oceanside)	49-07.25
1974	Willie Banks (Oceanside)	50-09.00
1975	Michael Dobbins (Merced)	49-03.00
1976	Greg Caldwell (Fremont, Los Angeles)	51-08.50w
1977	Dokie Williams (El Camino, Oceanside)	51-00.50
1978	Dokie Williams (El Camino, Oceanside)	50-04.25
1979	Henry Ellard (Hoover, Fresno)	49-02.50
1980	Freeman Miller (Fremont, Los Angeles)	50-08.00
1981	Ken Frazier (Mission, San Francisco)	50-10.75
1982	Archie Cornell (Fresno)	50-03.75
1983	Torrey Barr (McLane, Fresno)	50-02.50
1984	Joe Richardson (Pasadena)	51-08.25
1985	Terrence Strong (Bakersfield)	51-09.50w
1986	Marcus Hooks (Lakewood)	51-04.25
1987	Joel Smith (Cordova, Rancho Cordova)	50-10.00
1988	Tyrone Scott (Mesa Verde, Citrus Heights)	50-06.00
1989	Lenny McGill (Orange Glen, Escondido)	51-01.25
1990	Pouphet Singbandith (Magnolia, Anaheim)	51-07.75
1991	Offord Rollins (Wasco)	51-04.75
1992	Tony Parrish (Marina, Huntington Beach)	49-01.00w
1993	Tony Parrish (Marina, Huntington Beach)	50-11.75
1994	Von Ware (Rancho Buena Vista, Vista)	50-06.00
1995	Michael Turner (Morningside, Inglewood)	49-02.00w
1996	Tye Anderson (Poly, Long Beach)	49-11.75
1997	Anthony Colson (Center, Antelope)	49-11.25w
1998	Benson Jones (Clayton Valley, Concord)	51-01.50w
1999	Kyle Carano (Hoover, Fresno)	52-02.50w
2000	Jamil Smith (Palmdale)	49-04.25
2001	Jamil Smith (Palmdale)	49-08.00
2002	Nathan Atkins (Cerritos)	49-07.75
2003	Rudy Burgess (Desert, Edwards AFB)	50-04.25
2004	Nkosinza Balumbu (James Logan, Union City)	50-06.00
2005	Nkosinza Balumbu (James Logan, Union City)	49-07.50
2006	Richard Sherman (Dominguez, Compton)	50-08.00
2007	Jonathan Clark (Loyola, Los Angeles)	49-00.25w
2008	Johnny Carter (Ridgeview, Bakersfield)	49-00.75w
2009	Hammed Suleman (Deer Valley, Antioch)	49-07.50
2010	Jovon Cunningham (Enterprise, Redding)	50-08.25
2011	Marques Roberts (Otay Ranch, Chula Vista)	49-06.50
2012	Klyvens Delunay (Claremont)	51-07.00w
2013	Nate Moore (Castro Valley)	50-11.75
2014	Nate Moore (Castro Valley)	51-04.00
2015	Ron Smith (St. Mary's College, Berkeley)	49-00.25
2016	Morrell Osling (Antelope Valley, Lancaster)	48-09.25
2017	CJ Stevenson (Great Oak, Temecula)	49-07.75

2018	CJ Stevenson (Great Oak, Temecula)	49-11.75
2019	Caleb Foster (Clovis North)	49-09.50w
2022	Camryn O'Bannon (St. John Bosco)	47-06.75
2023	Jeremiah Bolanos (Redlands E. Valley)	48-03.25w
2024	Brandon Rush (Bishop O'Dowd)	47-05.00

100-Meter Dash Ambulatory (Boys)

2016	Cameron Kading (Claremont)	13.43
2017	Cameron Kading (Claremont)	12.84
2018	Parker Harvey (San Diego)	12.32
2019	Henry Waterman (Mater Dei)	12.22
2022	Michael Reyes (San Francisco International)	12.63
2023	Michael Reyes (San Francisco International)	12.88
2024	Caleb Mooman (Heritage)	13.47

100-Meter Dash Wheelchair (Boys)

2016	Michael Seo (Escondido Charter)	21.12
2017	Michael Seo (Escondido Charter)	19.79
2018	Danny Smutt (Mission Hills)	20.32
2019	Juan Rodriguez (Brawley)	21.56
2022	Josiah Ettore (Ramona)	16.74
2023	Brandon Louie (Los Altos)	19.96
2024	Angel Guzman (Rancho Verde)	21.02

200-Meter Dash Ambulatory (Boys)

2016	Joshua Morales (O'Connell)	28.65
2017	Henry Waterman (Mater Dei)	26.92
2018	Parker Harvey (San Diego)	25.48
2019	Henry Waterman (Mater Dei)	25.23
2022	Michael Reyes (San Francisco International)	25.37
2023	Michael Reyes (San Francisco International)	26.25
2024	Thomas Dillon (Piedmont Hills)	26.71

200-Meter Dash Wheelchair (Boys)

2016	Michael Seo (Escondido Charter)	39.91
2017	Michael Seo (Escondido Charter)	37.43
2018	Danny Smutt (Mission Hills)	40.81
2019	Juan Rodriguez (Brawley)	42.24
2022	Josiah Ettore (Ramona)	32.14
2023	Brandon Louie (Los Altos)	35.65
2024	Angel Guzman (Rancho Verde)	38.98

400-Meter Dash Ambulatory (Boys)

2016	Justin Gallegos (Hart)	1:27.36
2017	Saqueo Hernandez (SF International)	1:07.30
2018	Ethan Fung (Lowell, San Francisco)	1:02.57
2019	Joel Gomez (Canyon Crest)	53.37
2022	Benjamin Schultz (Claremont)	1:01.68
2023	Benjamin Schultz (Claremont)	1:00.36
2024	Thomas Dillon (Piedmont Hills)	1:00.01

400-Meter Dash Wheelchair (Boys)

2016	Michael Seo (Escondido Charter)	1:20.08
2017	Michael Seo (Escondido Charter)	1:16.25
2018	Shawn Vanaman (Clovis)	1:22.14
2022	Josiah Ettore (Ramona)	1:05.18
2023	Brandon Louie (Los Altos)	1:11.24

Shot Put Ambulatory (Boys)

2016	Kurt Axene (Woodbridge)	33-09.00
2017	Saqueo Hernandez (SF International)	32-03.50
2018	Parker Harvey (San Diego)	39-00.00
2019	Saqueo Hernandez (SF International)	36-03.50
2022	Carson Fox (Los Alamitos)	33-00.50
2023	Carson Fox (Los Alamitos)	35-11.00
2024	Joshua Martinez (Pomona)	38-11.25

Shot Put Wheelchair (Boys)

2016	Javier Diaz (Grant)	12-02.75
2017	Michael Seo (Escondido Charter)	10-07.50
2018	Danny Smutt (Mission Hills)	16-06.00
2019	Gylberto Eusebio (Lakeside)	17-11.75
2022	Ismael Estrada (University City)	21-10.50
2023	Ismael Estrada (University City)	22-01.00
2024	Adrian Gonzalez (Imperial)	18-11.50

All-Time Individual Champions

GIRLS CHAMPIONS 100-Meter Dash (Girls)

1974	Janice Wiser (La Jolla).....	10.8
1975	Sandi Howard (Manual Arts, Los Angeles)	10.7
1976	Pam Waters (Bell, Los Angeles).....	11.0
1977	Jeanette Bolden (Centennial, Compton)	10.48w
1978	Kelia Bolton (Andrew Hill, San Jose).....	10.92
1979	Gwen Loud (Westchester, Los Angeles).....	10.62
1980	Sharon Ware (Berkeley)	11.42
1981	Sharon Ware (Berkeley).....	11.66
1982	Gervaise McCraw (Ganeshia, Pomona).....	11.69
1983	Lisa Winston (Jordan, Long Beach).....	11.73
1984	Gail Devers (Sweetwater, National City)	11.51
1985	Tesha Giddens (Locke, Los Angeles).....	11.58
1986	Angela Burnham (Rio Mesa, Oxnard).....	11.78
1987	Janeene Vickers (Pomona)	11.76
1988	Angela Burnham (Rio Mesa, Oxnard).....	11.52
1989	Angela Burnham (Rio Mesa, Oxnard).....	11.31w
1990	Marion Jones (Rio Mesa, Oxnard).....	11.67w
1991	Marion Jones (Rio Mesa, Oxnard)	11.17
1992	Marion Jones (Thousand Oaks).....	11.14
1993	Marion Jones (Thousand Oaks).....	11.61
1994	Heather Sumpter (Muir, Pasadena).....	11.69
1995	Lakeisha Backus (Wilson, Long Beach).....	11.39w
1996	Malika Edmonson (St. Bernard, Marina del Rey).....	11.82w
1997	Angela Williams (Chino).....	11.15
1998	Angela Williams (Chino).....	11.10w
1999	Tania Woods (Skyline, Oakland)	11.41
2000	Sani Roseby (Monterey).....	11.90
2001	Allyson Felix (Los Angeles Baptist, North Hills).....	11.61
2002	Allyson Felix (Los Angeles Baptist, North Hills).....	11.55
2003	Allyson Felix (Los Angeles Baptist, North Hills).....	11.29
2004	Jasmin Baldwin (Bishop Amat, La Puente)	11.33
2005	Ebony Collins (Wilson, Long Beach).....	11.50
2006	Jeneba Tarmoh (Mt. Pleasant, San Jose)	11.59
2007	Jeneba Tarmoh (Mt. Pleasant, San Jose)	11.27
2008	Ashton Purvis (St. Elizabeth, Oakland).....	11.92
2009	Valexia Droughn (Rio Mesa, Oxnard).....	11.54
2010	Ashton Purvis (St. Elizabeth, Oakland).....	11.17
2011	Jenna Prandini (Clovis)	11.69
2012	Ariana Washington (Poly, Long Beach).....	11.47
2013	Ariana Washington (Poly, Long Beach).....	11.39
2014	Ariana Washington (Poly, Long Beach).....	11.22
2015	Zaria Francis (Rio Mesa, Oxnard).....	11.31
2016	Lauren Williams (Oaks Christian, Westlake Village).....	11.39
2017	Ariyonna Augustine (Poly, Long Beach).....	11.58
2018	De'Anna Nowling (Calabasas)	11.47
2019	De'Anna Nowling (Calabasas)	11.55
2022	Reign Redmond (Carson)	11.56w
2023	Niya Clayton (Oaks Christian).....	11:45
2024	Mikaela Warr (Canyon, Canyon Country)....	11.41w

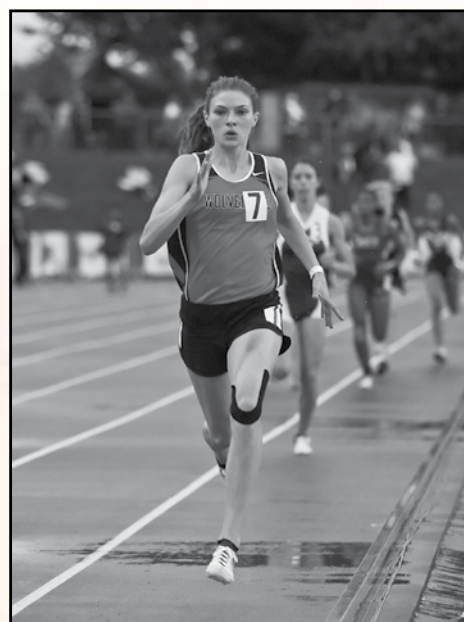
200-Meter Dash (Girls)

1974	Janice Wiser (La Jolla).....	24.2
1975	Pam Waters (Bell, Los Angeles).....	24.4
1976	Pam Waters (Bell, Los Angeles).....	24.8
1977	Kim Robinson (Westchester, Los Angeles)	23.97
1978	Kelia Bolton (Andrew Hill, San Jose).....	23.99
1979	Gwen Loud (Westchester, Los Angeles).....	23.54
1980	Sherri Howard (Kennedy, Granada Hills).....	23.19
1981	Denean Howard (Kennedy, Granada Hills).....	23.73
1982	Denean Howard (Kennedy, Granada Hills) ..	23.59w
1983	Lisa Winston (Jordan, Long Beach).....	23.83
1984	Paulette Blalock (Compton).....	23.59
1985	Tami Stiles (Hawthorne).....	23.45
1986	Tami Stiles (Hawthorne).....	24.02
1987	Maddette Smith (Quartz Hill).....	24.12
1988	Angela Burnham (Rio Mesa, Oxnard).....	23.45
1989	Angela Burnham (Rio Mesa, Oxnard).....	23.56
1990	Marion Jones (Rio Mesa, Oxnard).....	23.71
1991	Marion Jones (Rio Mesa, Oxnard).....	22.91w
1992	Marion Jones (Thousand Oaks).....	22.83
1993	Marion Jones (Thousand Oaks).....	23.14
1994	Lakeisha Backus (Wilson, Long Beach).....	23.21
1995	Lakeisha Backus (Wilson, Long Beach).....	23.01w
1996	Malika Edmonson (St. Bernard, Marina del Rey) ..	23.47
1997	Kinshasa Davis (Wilson, Long Beach).....	22.90

1998	Angela Williams (Chino).....	23.02
1999	Tania Woods (Skyline, Oakland).....	22.88
2000	Monique Henderson (Morse, San Diego)	23.19
2001	Angel Perkins (Gahr, Cerritos).....	22.85w
2002	Allyson Felix (Los Angeles Baptist, North Hills).....	22.83
2003	Allyson Felix (Los Angeles Baptist, North Hills).....	22.52
2004	Jasmin Baldwin (Bishop Amat, La Puente).....	22.86
2005	Khrystal Carter (Valley Christian, San Jose) ..	23.44w
2006	Jeneba Tarmoh (Mt. Pleasant, San Jose)	23.29
2007	Jeneba Tarmoh (Mt. Pleasant, San Jose)	23.20
2008	Jessica Davis (Highland, Palmdale).....	23.46
2009	Ashton Purvis (St. Elizabeth, Oakland).....	23.46
2010	Ashton Purvis (St. Elizabeth, Oakland).....	22.90
2011	Jenna Prandini (Clovis).....	23.81
2012	Ariana Washington (Poly, Long Beach).....	23.41
2013	Ariana Washington (Poly, Long Beach).....	23.22
2014	Ariana Washington (Poly, Long Beach).....	22.96
2015	Zaria Francis (Rio Mesa, Oxnard).....	23.09
2016	Celera Barnes (St. Bonaventure, Ventura)	23.25
2017	Ariyonna Augustine (Poly, Long Beach).....	23.41
2018	Tierra Robinson-Jones (Bishop O'Dowd).....	23.66
2019	Shelby Daniele (Buchanan)	23.73
2022	Brazil Neal (Serra)	23.68w
2023	Joelle Trepagnier (Culver City).....	23.62
2024	Amirah Shaheed (Madison).....	23.53

400-Meter Dash (Girls)

1974	Veronica Venezie (Terra Linda, San Rafael).....	56.4
1975	Jodi Anderson (Washington, Los Angeles).....	55.3
1976	Marquita Belk (Silver Creek, San Jose).....	55.2
1977	Valerie Brisco (Locke, Los Angeles)	55.14
1978	Arlise Emerson (Westminster)	54.3
1979	Sherri Howard (San Geronio, San Bernardino).....	53.65
1980	Denean Howard (Kennedy, Granada Hills).....	53.04
1981	Gervaise McCraw (Ganeshia, Pomona).....	54.15
1982	Denean Howard (Kennedy, Granada Hills).....	52.39
1983	Leslie Maxie (Mills, Millbrae).....	53.19
1984	Chewaukii Knighten (Locke, Los Angeles).....	52.67
1985	Chewaukii Knighten (Locke, Los Angeles).....	52.72
1986	Princess Bennett (Compton)	53.56
1987	Angela Rolfe (Dorsey, Los Angeles).....	53.55
1988	Angela Rolfe (Dorsey, Los Angeles)	54.26
1989	Angela Rolfe (Dorsey, Los Angeles).....	53.97
1990	Janice Nichols (Bakersfield).....	53.89
1991	Janice Nichols (Bakersfield)	54.19
1992	Janice Nichols (Bakersfield)	54.46
1993	Asha Jaysinghe (Arcadia).....	55.45
1994	Latasha Gilliam (Pittsburg).....	53.93
1995	Angela Williams (Chino).....	53.40
1996	Kinshasa Davis (Wilson, Long Beach).....	52.67
1997	Kinshasa Davis (Wilson, Long Beach).....	52.66
1998	Monique Henderson (Morse, San Diego)	53.41
1999	Monique Henderson (Morse, San Diego)	52.87
2000	Monique Henderson (Morse, San Diego)	50.74
2001	Monique Henderson (Morse, San Diego).....	51.34
2002	Christina Hardeman (Wilcox, Santa Clara).....	54.09
2003	Jasmine Lee (Poly, Long Beach)	53.17
2004	Jasmine Lee (Poly, Long Beach)	52.93
2005	Sa'de Williams (Rancho Cucamonga)	52.35
2006	Sa'de Williams (Rancho Cucamonga)	53.21
2007	Jasmine Joseph (Poly, Long Beach)	53.15
2008	Akawkw Ndigpagbor (Poly, Long Beach).....	53.35
2009	Turquoise Thompson (Serra, Gardena).....	53.10
2010	Chimere Ezumah (Serra, Gardena).....	52.97
2011	Akawkw Ndigpagbor (Poly, Long Beach).....	53.38
2012	Renetia James (Serra, Gardena).....	53.98
2013	Nia Dornier (Cordova, Rancho Cordova).....	53.00
2014	Kaelin Roberts (Poly, Long Beach).....	52.52
2015	Hannah Waller (Buchanan, Clovis).....	53.13
2016	Kaelin Roberts (Carson).....	52.28
2017	Shae Anderson (Norco).....	52.91
2018	Tierra Robinson-Jones (Bishop O'Dowd).....	52.37
2019	Katriina Wright (University City, San Diego) ...	53.93
2022	Takiya Cenci (Clovis North)	54.01
2023	Aujane Luckey (Wilson, Long Beach).....	53.26
2024	Payton Smith (La Jolla).....	53.39



Amy Weissenbach broke the national record by 0.86 seconds with her time of 2:02.04 in the 800 meters during the 2011 State Championships. Her time also bested the the previous State meet record set in 1984.

800-Meter Run (Girls)

1974	Kathy Costello (Pleasant Hill)	2:10.4
1975	Kathy Costello (Pleasant Hill)	2:09.2
1976	Alice Trumbley (Coalinga)	2:13.3
1977	Ann Regan (Camden, San Jose)	2:08.0
1978	Ann Regan (Camden, San Jose)	2:07.93
1979	Ann Regan (Camden, San Jose)	2:10.22
1980	Marilyn Davis (Miramonte, Orinda).....	2:09.73
1981	Donna Curtis (Culver City).....	2:06.08
1982	Rennie Durrand (Laguna Beach).....	2:06.36
1983	Kerri Zaleski (Millikan, Long Beach).....	2:06.41
1984	Trena Hull (Compton)	2:04.91
1985	Kristen Dowell (Santa Teresa, San Jose)	2:10.07
1986	Laura Chapel (University City, San Diego) ..	2:08.66
1987	Kimberly McAllister (Locke, Los Angeles) ...	2:12.92
1988	Kathy Roldan (Mt. Whitney, Visalia)	2:12.11
1989	Kim Toney (Atascadero)	2:09.33
1990	Kim Toney (Atascadero)	2:06.13
1991	Nicole Teter (West Valley, Cottonwood).....	2:08.14
1992	Miesha Marzell (Bishop O'Dowd, Oakland) ...	2:10.29
1993	Miesha Marzell (Bishop O'Dowd, Oakland).....	2:09.13
1994	Kristie Johnston (Central, Fresno).....	2:09.98
1995	Kristie Johnston (Central, Fresno).....	2:08.86
1996	Lindsay Hyatt (Placer, Auburn)	2:11.24
1997	Lindsay Hyatt (Placer, Auburn)	2:09.16
1998	Lindsay Hyatt (Placer, Auburn)	2:07.90
1999	Lindsay Hyatt (Placer, Auburn)	2:06.74
2000	Liz Morse (Corona del Mar)	2:08.16
2001	Shannon Rowbury (Sacred Heart Cathedral, SF) ..	2:10.31
2002	Jamillah Titus (Vintage, Napa)	2:08.62
2003	Ashley Freeman (Wilson, Long Beach)	2:08.86
2004	Alysia Johnson (Canyon, Canyon Country).....	2:08.97
2005	Libby Jenke (Menlo, Atherton).....	2:10.39
2006	Haley Lawrence (Aliso Niguel, Aliso Viejo) ..	2:10.57
2007	Dominique Jackson (Fairfield)	2:06.09
2008	Anniya Louis (Culver City)	2:10.29
2009	Aly Drake (Valencia).....	2:07.45
2010	Amy Weissenbach (Harvard Westlake, N. Hlywd) ..	2:07.52
2011	Amy Weissenbach (Harvard Westlake, N. Hlywd) ..	2:02.04
2012	Amy Weissenbach (Harvard Westlake, N. Hlywd) ..	2:05.70
2013	Mikaela Smith (Clovis North, Clovis)	2:08.39
2014	Mikaela Smith (Clovis North, Clovis)	2:06.85
2015	Erika Schroeder (Santa Marcos, Santa Barbara) ..	2:07.08
2016	Alyssa Brewer (California, San Ramon)	2:06.86
2017	Alyssa Brewer (California, San Ramon)	2:07.07
2018	Cathilyn McIntosh (Del Oro)	2:05.22

All-Time Individual Champions

800-Meter Run (Girls) - continued

2019	Samantha Wallenstrom (Marin Catholic).....	2:08.78
2022	Mackenzie Browne (J.W. North)	2:08.66
2023	Sadie Engelhardt (Ventura)	2:07.22
2024	Tessa Buswell (Poway)	2:06.51

1600-Meter Run (Girls)

1974	Jill Caldwell (Westminster).....	5:02.2
1975	Kathy Costello (Pleasant Hill)	4:53.5
1976	Linda Broderick (Tamalpais, Mill Valley)	4:56.8
1977	Linda Goen (North, Bakersfield).....	4:47.8
1978	Cheri Williams (Livermore).....	4:44.95
1979	Linda Goen (North, Bakersfield).....	4:51.09
1980	Polly Plumer (University, Irvine).....	4:46.71
1981	Polly Plumer (University, Irvine).....	4:42.43
1982	Polly Plumer (University, Irvine).....	4:39.92
1983	Cory Schubert (Del Mar, San Jose).....	4:44.93
1984	Shannon Clark (Mountain View).....	4:47.52
1985	Shannon Clark (Mountain View).....	4:49.14
1986	Darcy Arreola (Grossmont, La Mesa).....	4:45.13
1987	Kira Jorgensen (Vista)	4:45.98
1988	Kira Jorgensen (Rancho Buena Vista).....	4:49.54
1989	Kira Jorgensen (Rancho Buena Vista).....	4:49.55
1990	Becky Spies (Livermore).....	4:48.74
1991	Becky Spies (Livermore).....	4:45.11
1992	Shelley Taylor (Edison, Huntington Beach).....	4:48.52
1993	Milena Glusac (Fallbrook).....	4:50.83
1994	Elissa Riedy (Mission San Jose, Fremont).....	4:54.28
1995	Elissa Riedy (Mission San Jose, Fremont).....	4:45.35
1996	Annie Ebner (St. Lucy's Prep, Glendora).....	4:48.72
1997	Julia Stamps (Santa Rosa).....	4:44.78
1998	Sara Bei (Montgomery, Santa Rosa)	4:49.21
1999	Alejandra Barrientos (San Lorenzo).....	4:45.02
2000	Jenny Aldridge (Maria Carillo, Santa Rosa).....	4:49.63
2001	Alejandra Barrientos (San Lorenzo Valley)	4:43.24
2002	Shannon Rowbury (Sacred Heart Cathedral, SF).....	4:52.77
2003	Alicia Follmar (Saratoga).....	4:51.47
2004	Alicia Follmar (Saratoga).....	4:46.47
2005	Annie St. Geme (Corona del Mar, Newport Beach).....	4:50.40
2006	Christine Babcock (Woodbridge, Irvine).....	4:41.29
2007	Christine Babcock (Woodbridge, Irvine).....	4:38.85
2008	Christine Babcock (Woodbridge, Irvine).....	4:33.82
2009	Sammy Silva (Academy OLP, San Diego).....	4:47.67
2010	Chloe Curtis (Redondo).....	4:46.63
2011	Cami Chapus (Harvard Westlake, N. Hollywood).....	4:40.88
2012	Nikki Hiltz (Aptos).....	4:42.45
2013	Anna Maxwell (San Lorenzo Valley, Felton).....	4:47.33
2014	Sarah Robinson (Gunn, Palo Alto).....	4:44.25
2015	Amanda Gehrich (Tesoro, Rancho Santa Margarita).....	4:39.33
2016	Amanda Gehrich (Tesoro, Rancho Santa Margarita).....	4:45.51
2017	Maddy Denner (Oak Ridge, El Dorado Hills).....	4:44.89
2018	Maddy Denner (Oak Ridge, El Dorado Hills).....	4:42.77
2019	Jaqueline Duarte (Chino Hills).....	4:42.58
2022	Sadie Engelhardt (Ventura)	4:36.67
2023	Sadie Engelhardt (Ventura)	4:33.45
2024	Sadie Engelhardt (Ventura)	4:32.06

3200-Meter Run (Girls)

1977	Roxanne Bier (Independence, San Jose).....	10:39.7
1978	Cheri Williams (Livermore).....	10:17.71
1979	Lisa Scaduto (Santa Monica).....	10:34.94
1980	Vicki Cook (Alemany, Mission Hills)	10:14.78
1981	Vicki Cook (Alemany, Mission Hills)	10:12.31
1982	Vicki Cook (Alemany, Mission Hills)	10:16.27
1983	Cory Schubert (Del Mar, San Jose).....	10:08.14
1984	Kristen O'Hara (Palos Verde).....	10:11.82
1985	Rebecca Chamberlain (Leigh, San Jose)	10:23.85
1986	Laurie Chapman (Gunderson, San Jose).....	10:12.86
1987	Mary Mendoza (Presentation, San Jose).....	10:33.04
1988	Karen Hecox (South Hills, West Covina)	10:16.14
1989	Rayna Cervantes (Montebello).....	10:32.95
1990	Deena Drossin (Agoura).....	10:29.60
1991	Deena Drossin (Agoura).....	10:30.71
1992	Milena Glusac (Fallbrook).....	10:28.62
1993	Milena Glusac (Fallbrook).....	10:42.68
1994	Julia Stamps (Rincon Valley Christian, Santa Rosa).....	10:26.51
1995	Julia Stamps (Santa Rosa).....	10:15.27

1996	Kim Mortensen (Thousand Oaks).....	9:52.80
1997	Julia Stamps (Santa Rosa).....	10:15.17
1998	Sara Bei (Montgomery, Santa Rosa)	10:31.06
1999	Lauren Fleshman (Canyon, Canyon Country).....	10:18.81
2000	Anita Siraki (Hoover, Glendale).....	10:18.50
2001	Sara Bei (Montgomery, Santa Rosa)	10:11.11
2002	Clara Horowitz, (Head Royce, Oakland).....	10:31.01
2003	Claire Rethmeier (San Pasqual, Escondido).....	10:27.32
2004	Lindsay Flacks (Harvard Westlake, N. Hollywood).....	10:26.25
2005	Tori Tyler (Gunn, Palo Alto).....	10:38.90
2006	Jordan Hasay (Mission Prep, San Luis Obispo).....	10:13.55
2007	Jordan Hasay (Mission Prep, San Luis Obispo).....	10:06.76
2008	Jordan Hasay (Mission Prep, San Luis Obispo).....	9:52.13
2009	Jordan Hasay (Mission Prep, San Luis Obispo).....	10:05.29
2010	Molly Grabill (Rancho Bernardo, San Diego)	10:20.25
2011	Sarah Baxter (Simi Valley)	10:13.00
2012	Sarah Baxter (Simi Valley)	10:12.00
2013	Sarah Baxter (Simi Valley)	10:10.71
2014	Bethan Knights (Northwood, Irvine)	10:00.19
2015	Destiny Collins (Great Oak, Temecula).....	9:53.79
2016	Fiona O'Keeffe (Davis).....	10:12.02
2017	Claudia Lane (Malibu).....	10:07.33
2018	Elena Denner (Oak Ridge).....	10:10.32
2019	Kristin Fahy (La Costa Canyon).....	10:11.38
2022	Hanne Thomsen (Montgomery)	10:06.89
2023	Rylee Blade (Santiago, Corona).....	10:02.19
2024	Jaelyn Williams (East Lake).....	9:57.11

100-Meter Low Hurdles (Girls)

1974*	Yvonne Boone (Fremont, Oakland)	11.1
1975*	Yvonne Boone (Fremont, Oakland)	10.1
1976*	Tuti Lee (Merced).....	10.7
1977	Kris Costello (Lynbrook, San Jose).....	13.97
1978	Kris Costello (Lynbrook, San Jose).....	13.83
1979	Janet Yarrow (Clovis)	14.01
1980	Judy Young (Berkeley).....	13.52w
1981	Sherifa Sanders (Berkeley).....	13.74
1982	Natalie Spinks (Skyline, Oakland).....	13.88w
1983	Chewaukui Knighten (Locke, Los Angeles)	13.88
1984	Gail Devers (Sweetwater, National City).....	13.41
1985	Lana Cantrell (Muir, Pasadena).....	13.57
1986	Janeene Vickers (Pomona).....	13.74
1987	Janeene Vickers (Pomona).....	13.34
1988	Michelle Decoux (Bishop O'Dowd, Oakland)	13.91
1989	Felice Lipscomb (Santa Monica)	13.69
1990	Felice Lipscomb (Santa Monica)	13.58
1991	Phetima Woods (Duarte)	14.08
1992	Twila Sims (Lompoc).....	13.83

* from 1974-76, race was 80 Meters

100-Meter High Hurdles (Girls)

1993	Bisa Grant (Bishop O'Dowd, Oakland)	14.11
1994	Davetta Shepard (Kennedy, Sacramento)	13.73w
1995	Joanna Hayes (J.W. North, Riverside).....	13.45
1996	Nicole Hoxie (J.W. North, Riverside).....	13.87
1997	Nicole Hoxie (J.W. North, Riverside).....	13.35
1998	Natasha Neal (James Logan, Union City).....	13.57
1999	Nichole Denby (J.W. North, Riverside)	13.42w
2000	Nichole Denby (J.W. North, Riverside)	13.20
2001	Lashinda Demus (Wilson, Long Beach).....	13.39w
2002	Talia Stewart (James Logan, Union City).....	14.03
2003	Ashlee Brown (J.W. North, Riverside).....	13.58
2004	Talia Stewart (James Logan, Union City).....	13.31
2005	Leslie Mercado (Diamond Ranch, Pomona)	13.58w
2006	Julian Purvis (St. Elizabeth, Oakland).....	13.93
2007	Vashti Thomas (Mt. Pleasant, San Jose).....	13.03
2008	Vashti Thomas (Mt. Pleasant, San Jose).....	13.44
2009	Kori Carter (Claremont)	13.59
2010	Kori Carter (Claremont)	13.33
2011	Trinity Wilson (St. Mary's, Berkeley).....	13.41
2012	Sasha Wallace (Holy Names, Oakland).....	13.33
2013	Sasha Wallace (Castro Valley)	13.43
2014	Mecca McGlaston (Dublin).....	13.54
2015	Jasmyne Graham (Eleanor Roosevelt, Corona).....	13.17
2016	Tara Davis (Agoura, Agoura Hills)	13.38
2017	Tara Davis (Agoura, Agoura Hills)	12.83w
2018	Jada Hicks (Upland).....	13.35

2019	Jazlynn Shearer (Silver Creek, San Jose).....	13.24w
2022	Charlize James (San Diego)	13.95
2023	Kori Fields (St. Mary's, Stockton)	13.79w
2024	Anisa Bowen-Fontenot (San Diego)	13.59

300-Meter Low Hurdles (Girls)

1981	Audrey Williams (Saugus).....	42.26
1982	Gayle Kellon (Walnut)	41.09
1983	Gayle Kellon (Walnut)	41.71
1984	Leslie Maxie (Mills, Millbrae).....	40.90
1985	Leslie Maxie (Mills, Millbrae).....	41.80
1986	Janeene Vickers (Pomona)	41.32
1987	Janeene Vickers (Pomona)	40.96
1988	Michelle Decoux (Bishop O'Dowd, Oakland).....	42.16
1989	Twila Sims (Lompoc)	42.54
1990	Felice Lipscomb (Santa Monica)	41.69
1991	Erin Blunt (San Pasqual, Escondido)	43.02
1992	Twila Sims (Lompoc)	42.75
1993	Angela Harris (Skyline, Oakland)	42.78
1994	Angela Harris (Skyline, Oakland)	42.78
1995	Joanna Hayes (J.W. North, Riverside)	41.20
1996	Tisha Ponder (Del Mar, San Jose).....	42.22
1997	Ryan Peters (Skyline, Oakland)	41.47
1998	Natasha Neal (James Logan, Union City).....	40.86
1999	Lashinda Demus (Wilson, Long Beach).....	40.44
2000	Lashinda Demus (Wilson, Long Beach).....	40.41
2001	Ashlee Brown (J.W. North, Riverside)	41.81
2002	Ashlee Brown (J.W. North, Riverside)	41.67
2003	McKenzie Hill (Wilson, Long Beach).....	41.31
2004	Talia Stewart (James Logan, Union City).....	41.31
2005	Ebony Collins (Wilson, Long Beach).....	40.10
2006	Ebony Collins (Wilson, Long Beach).....	40.13
2007	Jamesha Youngblood (Hercules).....	41.08
2008	Kori Carter (Claremont)	41.28
2009	Kori Carter (Claremont)	41.26
2010	Kori Carter (Claremont)	40.44
2011	Melia Cox (Poly, Long Beach).....	41.80
2012	Daje Pugh (Fairfield).....	40.57
2013	Jade Miller (Great Oak, Temecula).....	41.02
2014	Hannah Labrie-Smith (Cathedral Catholic, San Diego).....	41.67
2015	Jasmyne Graham (Eleanor Roosevelt, Corona).....	40.73
2016	Jurnee Woodward (Vacaville)	40.62
2017	Shae Anderson (Norco).....	40.31
2018	Breanna Bernard Joseph (Roosevelt, Corona).....	41.76
2019	Rachel Glen (Wilson, Long Beach).....	41.71
2022	Kapiolani Coleman (Cathedral Catholic).....	42.23
2023	Kaylin Edwards (Wilson, Long Beach).....	41.57
2024	Morgan Herbst (Carlsbad).....	41.26

400-Meter Relay (Girls)

1974	Berkeley	47.5
1975	Muir (Pasadena).....	48.0
1976	Muir (Pasadena).....	47.6
1977	Crawford (San Diego).....	46.14
1978	Jordan (Los Angeles).....	47.14
1979	Westchester	47.95
1980	Kennedy (Granada Hills)	45.81
1981	Berkeley	45.13
1982	Dorsey (Los Angeles)	45.42
1983	Hawthorne.....	46.56
1984	Hawthorne.....	45.99
1985	Hawthorne.....	45.95
1986	Hawthorne.....	45.54
1987	St. Francis (Mountain View)	45.95
1988	Hawthorne.....	47.10
1989	Muir (Pasadena).....	46.46
1990	Bakersfield	46.49
1991	Morningside (Inglewood)	46.38
1992	Morningside (Inglewood)	46.34
1993	Poly (Long Beach).....	45.74
1994	Wilson (Long Beach).....	46.17
1995	Poly (Long Beach).....	45.1h
1996	James Logan (Union City)	45.20
1997	St. Bernard (Playa del Rey)	44.70
1998	St. Bernard (Playa del Rey)	46.00
1999	San Lorenzo.....	45.90
2000	Berkeley	45.96

All-Time Individual Champions

400-Meter Relay (Girls) - continued

2001	Wilson (Long Beach).....	45.40
2002	Poly (Long Beach).....	45.50
2003	Poly (Long Beach).....	45.04
2004	Poly (Long Beach).....	45.11
2005	Wilson (Long Beach).....	44.84
2006	Wilson (Long Beach).....	45.19
2007	Rancho Verde (Moreno Valley)	45.74
2008	St. Mary's Academy (Inglewood)	46.41
2009	Poly (Long Beach).....	45.88
2010	Rancho Verde (Moreno Valley)	45.74
2011	Poly (Long Beach).....	45.70
2012	Serra (Gardena).....	45.92
2013	Poly (Long Beach).....	44.93
2014	Poly (Long Beach).....	45.19
2015	Oaks Christian (Westlake Village)	45.66
2016	Carson.....	45.06
2017	Serra (Gardena).....	46.04
2018	Serra (Gardena).....	45.69
2019	Scripps Ranch (San Diego).....	46.51
2022	Serra (Gardena).....	46.08
2023	Carson.....	45.61
2024	Oaks Christian.....	45.67

1600-Meter Relay (Girls)

1974	Berkeley	3:46.4
1975	Washington (Los Angeles)	3:44.5
1976	Fremont (Los Angeles)	3:55.9
1977	Locke (Los Angeles)	3:52.1
1978	Fremont (Los Angeles)	3:51.3
1979	San Geronio (San Bernadino)	3:44.05
1980	Kennedy (Granada Hills)	3:37.98
1981	Kennedy (Granada Hills)	3:37.71
1982	Dorsey (Los Angeles)	3:41.72
1983	Dorsey (Los Angeles)	3:46.24
1984	Locke (Los Angeles).....	3:38.65
1985	Muir (Pasadena).....	3:43.30
1986	Compton.....	3:42.31
1987	Poly (Long Beach).....	3:45.20
1988	Hawthorne.....	3:47.32
1989	Hawthorne.....	3:46.59
1990	Morningside (Inglewood)	3:44.16
1991	Poly (Long Beach).....	3:48.85
1992	Poly (Long Beach).....	3:45.91
1993	Poly (Long Beach).....	3:42.75
1994	Skyline (Oakland)	3:41.90
1995	Poly (Long Beach).....	3:39.53
1996	Wilson (Long Beach).....	3:38.50
1997	St. Bernard (Playa del Rey)	3:39.43
1998	Wilson (Long Beach).....	3:36.32
1999	Wilson (Long Beach).....	3:39.01
2000	J.W. North (Riverside).....	3:41.11
2001	Wilson (Long Beach).....	3:35.72
2002	Poly (Long Beach).....	3:35.99
2003	Poly (Long Beach).....	3:35.78
2004	Poly (Long Beach).....	3:35.49
2005	Wilson (Long Beach).....	3:39.27
2006	Wilson (Long Beach).....	3:37.14
2007	Bishop O'Dowd (Oakland).....	3:47.42
2008	Poly (Long Beach).....	3:40.87
2009	Serra (Gardena)	3:42.91
2010	Poly (Long Beach).....	3:39.15
2011	Serra (Gardena)	3:43.21
2012	Serra (Gardena).....	3:46.45
2013	Piedmont Hills (San Jose)	3:41.14
2014	Poly (Long Beach).....	3:38.05
2015	St. Mary's College (Berkeley)	3:43.33
2016	Carson.....	3:42.80
2017	Bishop O'Dowd (Oakland).....	3:46.33
2018	Bonita (La Verne)	3:42.62
2019	Poly (Long Beach).....	3:46.23
2022	Clover North.....	3:45.38
2023	Culver City.....	3:41.08
2024	Wilson (Long Beach).....	3:41.40

4x800-Meter Relay (Girls)

2023	Del Norte (San Diego).....	8:55.99
2024	Ventura.....	8:57.21

Discus Throw (Girls)

1976	Kathy Middleton (Poway).....	134-05
1977	Karen Stampfl (Lassen, Susanville).....	137-08
1978	Christi Pyle (Hoover, Glendale)	149-03
1979	Leslie Deniz (Gridley)	167-01
1980	Leslie Deniz (Gridley)	172-11
1981	Natalie Kaaiawahia (Fullerton).....	162-10
1982	Jacque Norton (Mission Viejo)	160-02
1983	Natalie Kaaiawahia (Fullerton).....	170-01
1984	Stacy Horn (Cordova, Rancho Cordova).....	159-01
1985	Lil Ili (Nogales, La Puente)	162-02
1986	Tracy Crawford (Southwest, San Diego).....	156-02
1987	Dawn Dunble (Bakersfield).....	144-10
1988	Melissa Weis (Bakersfield).....	159-07
1989	Melissa Weis (Bakersfield).....	168-00
1990	Melissa Weis (Bakersfield).....	169-11
1991	Celeste McVey (Redlands)	160-11
1992	Suzi Powell (Downey, Modesto)	169-08
1993	Suzi Powell (Downey, Modesto)	168-11
1994	Suzi Powell (Downey, Modesto)	174-02
1995	Nadia Lopez (Arroyo Grande)	152-06
1996	Chaniqua Ross (Laguna Creek, Elk Grove).....	158-04
1997	Chaniqua Ross (Laguna Creek, Elk Grove).....	177-01
1998	Stephanie Brown (Arroyo Grande).....	181-03
1999	April Burton (Bakersfield).....	153-10
2000	Jill Camarena (Woodland).....	151-01
2001	Rachel Varner (Bakersfield)	162-09
2002	Billie Jo Grant (Arroyo Grande).....	174-00
2003	Billie Jo Grant (Arroyo Grande).....	174-04
2004	Missy Faubus (Centennial, Bakersfield)	166-09
2005	Alexarae Toeaina (Pittsburg).....	158-03
2006	Sarah Robles (San Jacinto)	158-00
2007	Hilary Fraser (El Toro, Lake Forest).....	159-07
2008	Anna Jelmini (Shafter)	169-04
2009	Anna Jelmini (Shafter)	186-09
2010	Alex Collatz (Stockdale, Bakersfield).....	170-09
2011	Alex Morgan (Ventura).....	153-08
2012	Lisette Mendivil (Redwood, Visalia)	155-10
2013	Nikki Okwelogu (Clovis West, Clovis)	173-09
2014	Stamatia Scarvelis (Dos Pueblos, Goleta)	163-07
2015	Ronna Stone (Valley Christian, San Jose).....	161-09
2016	Pamela Amaechi (Lincoln).....	164-01
2017	Ashley Anumba (Los Osos, Rancho Cucamonga).....	177-08
2018	Erica Grotegeer (Wheatland)	174-09
2019	Jocelynn Budwig (Fowler)	171-10
2022	Nailea Fields (Caruthers)	157-01
2023	Nailea Fields (Caruthers)	167-06
2024	Aja Johnson (Notre Dame SO)	158-10

High Jump (Girls)

1974	Pam Blackburn (Cubberley, Palo Alto).....	5-08
1975	Kim Maddox (Los Angeles)	5-08
1976	Kari Gossweiler (Upland)	5-10
1977	Kari Gossweiler (Upland)	5-09
1978	Sue McNeal (Carlsbad)	5-10.25
1979	Tonya Alston (Chico)	5-09
1980	Karen Lysaght (St. Francis, Sacramento)	6-00
1981	Katrina Johnson (Marshall Fundamental, Pasadena).....	5-10
1982	Katrina Johnson (Marshall Fundamental, Pasadena).....	5-11
1983	Tonya Mendonca, Mt. Whitney, Visalia)	6-01
1984	Wendy Brown (Woodside)	6-01.25
1985	Latrese Johnson (Clovis)	6-02
1986	Yleana Carrasco (Anaheim).....	5-10
1987	Lynn Patrick (Serra, San Diego)	5-10
1988	Crissy Mills (Campbell Hall, North Hollywood) ..	5-10
1989	Crissy Mills (Campbell Hall, North Hollywood) ..	6-00
1990	Chi Johnson (Menlo-Atherton, Atherton)	5-08
1991	Tanya Smith (Cordova, Rancho Cordova)	5-11
1992	Kristy Kieruff (Esperanza, Anaheim)	5-10
1993	Tracye Lawyer (Cate, Carpinteria).....	5-10
1994	Kristy Kieruff (Esperanza, Anaheim)	5-10
1995	Tara Fleming (Immanuel, Reedley)	6-00
1996	Liz Giltner (Chaminade, Canoga Park)	5-10

1997	Tayyiba Haneef (Laguna Hills)	5-09
1998	Tia Hanson (El Cajon)	5-08
1999	Kim Stone (York, Monterey).....	5-09
2000	Schquay Brignac (Taft, Los Angeles)	5-09
2001	Chaunte Howard (J.W. North, Riverside).....	5-10
2002	Sharon Day (Costa Mesa).....	5-11
2003	Sharon Day (Costa Mesa).....	5-10
2004	Allie Miller (Los Altos)	5-09.25
2005	Desirae Gonder (Stockdale).....	5-09
2006	Jasmine Day (Costa Mesa).....	5-09
2007	Whitney Sisler (La Costa Canyon, Carlsbad) ...	5-10
2008	Tara Richmond (Poly, Long Beach).....	5-11
2009	Adrienne Johnson (Carondelet, Concord).....	5-08
2010	Lydia French (Thousand Oaks)	5-10
2011	Rachel McCoy (A.B. Miller, Fontana)	5-08
2012	Claire Kieffer-Wright (South Pasadena).....	5-10
2013	Rachel McCoy (Miller, Fontana)	6-00.75
2014	Asia Chesley (Stockdale, Bakersfield)	5-10
2015	Erinn Beattie (Buena, Ventura)	5-09
2016	Cassidy Palka (Oaks Christian, Westlake Village) ...	5-09
2017	Abigail Burke (Poly, Riverside)	5-08
2018	Abigail Burke (Poly, Riverside)	5-10
2019	Alysa Hickey (Coronado)	5-08
2022	Hannah Slover (Los Gatos).....	5-06
2023	Ashanti Elie (Whitney, Rocklin).....	5-10
2024	Valentina Fakrogha (Ventura)	5-08

Long Jump (Girls)

1974	Jodi Anderson (Washington, Los Angeles) ...	19-07.00
1975	Jodi Anderson (Washington, Los Angeles)...	19-06.50w
1976	Jodi Anderson (Washington, Los Angeles)...	20-00.25
1977	Lisa Gouridine (El Toro, Lake Forest)	19-01.00
1978	Kathy Hayes (Madera).....	19-03.00
1979	Gwen Loud (Westchester).....	20-04.50
1980	Marlene Harmon (Thousand Oaks).....	20-08.75
1981	Chris Mose (El Cajon)	18-10.25
1982	Wendy Brown (Woodside)	19-10.50
1983	Gail Devers (Sweetwater, National City)...	19-06.00
1984	Wendy Brown (Woodside)	20-09.75
1985	Yvette Roberts (Washington Union, Fresno).....	19-01.00
1986	Madette Smith (Quartz Hill)	20-04.75
1987	Karen Lawson (St. Francis, Mountain View)	19-01.50
1988	Tonya Conner (Barstow).....	19-05.75
1989	Juliana Yendork (Walnut).....	20-02.50w
1990	Juliana Yendork (Walnut).....	20-01.50
1991	Juliana Yendork (Walnut).....	20-07.50w
1992	Kam Warner (West, Bakersfield)	20-06.25
1993	Marion Jones (Thousand Oaks).....	22-00.50
1994	Tara Oettinger (Foothill, Santa Ana)	19-07.50
1995	Jemae Wright (James Logan, Union City) ...	20-08.00w
1996	Jemae Wright (James Logan, Union City).....	20-03.00
1997	Bunmi Ogunleye (Poly, Long Beach).....	20-00.75w
1998	Angela Williams (Chino)	19-07.75w
1999	Sani Roseby (Monterey)	19-08.75w
2000	Michelle Sanford (Woodbridge, Irvine)	19-07.25
2001	Elzunia Wojcicka (Hollister).....	20-05.50w
2002	Lena Bettis (J.W. North, Riverside).....	19-08.25
2003	Rene Williams (Skyline, Oakland).....	20-08.25
2004	Shana Woods (Poly, Long Beach).....	20-07.75
2005	Brittany Daniels (Merrill West, Tracy)	20-08.25w
2006	Amber Purvis (Benicia).....	19-10.25
2007	Jamesha Youngblood (Hercules)	20-11.75w
2008	Vashti Thomas (Mt. Pleasant, San Jose)	20-00.25
2009	Karynn Dunn (Diamond Ranch, Pomona).....	20-03.25w
2010	Jenna Prandini (Clovis)	20-05.75
2011	Jenna Prandini (Clovis)	19-11.75
2012	Alexis Faulknor (Serra, Gardena)	20-03.00w
2013	Courtney Corrin (Harv. Westlk. N. Holywd)	20-09.25
2014	Margaux Jones (Redlands).....	20-04.75
2015	Courtney Corrin, (Harv. Westlk. N. Holywd)	20-10.25
2016	Rhesa Forst (Clovis North)	20-07.50
2017	Tara Davis (Agoura).....	22-01.25w
2018	Alysa Hickey (Coronado)	19-09.75
2019	Caelyn Harris (Upland)	20-08.50
2022	Sydney Vanek (Clovis)	20-08.50w
2023	Sydney Vanek (Clovis)	20-07.75
2024	Loren Webster (Wilson, Long Beach)	20-05.25

All-Time Individual Champions



Tori Anthony became the first high school girl to pole vault higher than 14 feet when she jumped 14-01 at the 2007 state meet. She held the national record until 2011.

Pole Vault (Girls)

1995	Melissa Price (Kingsburg)	12-06
1996	Alexa Harz (Peninsula, Rolling Hills Estates) ..	12-01.25
1997	Bridget Pearson (Hoover, Glendale)	12-00
1998	Tracy O'Hara (Rancho Bernardo, San Diego) ..	12-08.25
1999	Kathleen Donoghue (Rancho Bernardo, San Diego) ..	12-08.25
2000	Lara Chen (Temple City)	12-04
2001	Shayla Ballentine (Morro Bay)	13-08
2002	Chelsea Johnson (Atascadero)	13-03
2003	Kira Costa (San Joaquin Memorial, Fresno) ..	13-05
2004	Allison Stokke (Newport Harbor, Newport Beach) ..	12-08
2005	Brysun Stately (Cordova, Rancho Cordova) ..	13-04
2006	Tori Anthony (Castilleja, Palo Alto)	13-03
2007	Tori Anthony (Castilleja, Palo Alto)	14-01
2008	Emily Mattoon (Rancho Bernardo, San Diego) ..	12-06
2009	Kortney Ross (Westview, San Diego)	13-04
2010	Kortney Ross (Westview, San Diego)	13-06
2011	Anginae Monteverde (Clovis West, Fresno) ..	13-06
2012	Taylor Jaques (Presentation, San Jose)	13-04.25
2013	Kaitlyn Merritt (Santa Margarita, Rancho SM) ..	13-03.75
2014	Greta Wagner (Los Gatos)	13-00.25
2015	Kaitlyn Merritt (Santa Margarita, Rancho SM) ..	13-03
2016	Rachel Baxter (Canyon, Anaheim)	14-02
2017	Rachel Baxter (Canyon, Anaheim)	14-00
2018	Laurel Wong (Santa Catalina, Monterey)	12-06
2019	Ashley Callahan (Rancho Bernardo)	13-04
2022	Jathiya Muhammad (Dublin)	13-09
2023	Iliana Downing (La Costa Canyon)	13-05
2024	Jathiyah Muhammad (Pittsburg)	13-09

Shot Put (Girls)

1974	Kathy Devine (Mission Bay, San Diego)	47-04.50
1975	Kathy Devine (Mission Bay, San Diego)	42-03.25
1976	Becky Daniel (Newport Harbor)	42-09.75
1977	Debra Thorntana (Sacramento)	43-09.00
1978	Kerry Zwart (Crescenta Valley, La Crescenta) ..	45-11.50
1979	Susie Ray (Villa Park)	49-06.50
1980	Natalie Kaaiawahia (Fullerton)	48-04.50
1981	Natalie Kaaiawahia (Fullerton)	51-08.50
1982	Natalie Kaaiawahia (Fullerton)	50-03.00
1983	Natalie Kaaiawahia (Fullerton)	52-07.50
1984	Pam Alexander (Arlington, Riverside)	46-03.50
1985	Elaina Oden (Irvine)	46-11.75
1986	Brandi Gail (Rowland, Rowland Heights) ..	45-02.50
1987	Kim Lassair (Northgate, Walnut Creek)	39-06.25
1988	Dawn Dunble (Bakersfield)	48-02.50
1989	Melissa Weis (Bakersfield)	44-01.00

1990	Dawn Dunble (Bakersfield)	49-03.50
1991	Mika Hilaire (Pittsburg)	45-04.25
1992	Kristin Heaston (Ygnacio Valley, Concord) ..	45-03.50
1993	Kristin Heaston (Ygnacio Valley, Concord) ..	52-11.50
1994	Delores Tuimoloau (Channel Islands, Oxnard) ..	46-10.00
1995	Rebecca Morrison (Presentation, San Jose) ..	47-06.75
1996	Stephanie Brown (Arroyo Grande)	43-00.25
1997	Cynthia Ademiluyi (Poly, Long Beach)	47-05.25
1998	Althea Moses (Morningside)	40-09.75
1999	Jill Camarena (Woodland)	48-06.00
2000	Karen Freberg (San Luis Obispo)	50-07.25
2001	Karen Freberg (San Luis Obispo)	50-02.25
2002	Rachel Varner (Bakersfield)	47-00.50
2003	Jessica Pressley (Laguna Creek, Elk Grove) ..	50-05.00
2004	Megan Howard (Arroyo Grande)	49-11.75
2005	Julie Dufresne (Harbor, Santa Cruz)	47-07.50
2006	Erin Delaney (Paso Robles)	45-05.25
2007	Rosario Sanchez (Selma)	47-10
2008	Anna Jelmini (Shafter)	48-03.50
2009	Anna Jelmini (Shafter)	50-05.75
2010	Jasmine Burrell (North Torrance)	47-06.50
2011	Breana Jemison (Carlsbad)	43-01.25
2012	Stamatia Scarvelis (Dos Pueblos, Goleta) ..	47-03.25
2013	Stamatia Scarvelis (Dos Pueblos, Goleta) ..	50-07.75
2014	Stamatia Scarvelis (Dos Pueblos, Goleta) ..	52-02.00
2015	Elena Bruckner (Valley Christian, San Jose) ..	50-02.50
2016	Elena Bruckner (Valley Christian, San Jose) ..	49-05.75
2017	Pamela Amaechi (Lincoln, San Francisco) ..	47-05.25
2018	Jocelynn Budwig (Fowler)	46-11.00
2019	Jocelynn Budwig (Fowler)	49-02.75
2022	Feyi Olukanni (Clovis East)	44-00.00
2023	Aja Johnson (Notre Dame, S.O.)	44-00.75
2024	Pinkie Schnayer (Campolindo)	47-03.75

Triple Jump (Girls)

1982	Wendy Brown (Woodside)	39-08.75
1983	Wendy Brown (Woodside)	40-03.00
1984	Wendy Brown (Woodside)	42-10.50
1985	Sheila Hudson (Rio Linda)	41-10.00w
1986	Felicia Harris (San Lorenzo)	40-02.00
1987	Kim Lassair (Northgate, Walnut Creek)	39-06.25
1988	Althea Moses (Morningside)	40-09.75
1989	Juliana Yendork (Walnut)	41-10.00
1990	Juliana Yendork (Walnut)	42-00.25
1991	Juliana Yendork (Walnut)	43-06.50
1992	Kayla Montgomery (Clovis West, Fresno) ..	39-11.25
1993	Cheaza Figueroa (Quartz Hill)	40-01.25
1994	Tamieka Porter (Orange Glen, Escondido) ..	38-11.50
1995	Kelly O'Connor (Esperanza, Anaheim)	40-06.50
1996	Kelly O'Connor (Esperanza, Anaheim)	40-02.50
1997	Andrea Booker (El Camino, Oceanside)	40-00.00w
1998	Andrea Booker (El Camino, Oceanside)	40-00.25w
1999	Heather Contreras (Sutter)	40-03.75
2000	Blessing Ufodiama (Poly, Long Beach)	40-08.75
2001	Candace Bauchman (Poly, Long Beach)	42-04.50
2002	Michelle Sanford (Woodbridge, Irvine)	41-05.25
2003	Brittany Daniels (Merrill West, Tracy)	42-04.75
2004	Brittany Daniels (Merrill West, Tracy)	42-08.00
2005	Brittany Daniels (Merrill West, Tracy)	44-05.50w
2006	Ke'Nyia Richardson (Holy Names, Oakland) ..	43-03.25
2007	Ke'Nyia Richardson (Holy Names, Oakland) ..	45-04.25w
2008	Vashti Thomas (Mt. Pleasant, San Jose)	42-00.50
2009	Ciarra Brewer (James Logan, Union City) ..	42-11.50
2010	Jenna Prandini (Clovis)	42-07.25
2011	Ciarra Brewer (James Logan, Union City) ..	41-11.00
2012	Sasha Wallace (Holy Names, Oakland)	41-05.75
2013	Sasha Wallace (Castro Valley)	41-09.50
2014	Ashley Anderson (Carson)	41-03.00
2015	Kennedy Jones (Castro Valley)	42-05.25
2016	Tara Davis (Agoura)	41-05.50
2017	Tara Davis (Agoura)	42-11.75w
2018	Arianna Fisher (Silver Creek, San Jose) ..	41-07.00w
2019	Jazlynn Shearer (Silver Creek, San Jose) ..	41-01.00w
2022	Alyssa Hope (M.L. King)	40-02.75w
2023	Dajeauna Williams (Elsinore)	40-07.25
2024	Alyssa Alumbres (Vista Murrieta)	40-11.00

100-Meter Dash Ambulatory (Girls)

2016	Amy Watt (Gunn, Palo Alto)	13.44
2017	Sophia O'Shea (Berkeley)	15.42
2018	Sophia O'Shea (Berkeley)	14.51
2019	Emma Limor (Harvard-Westlake)	15.54
2022	Ella Rodriguez (Christopher)	16.05
2023	Bethany Wong (Fresno Christian)	14.11
2024	Vivian Horner (Mission, San Francisco)	24.67

100-Meter Dash Wheelchair (Girls)

2018	Johana Alas (Hollywood)	41.30
2022	Audrey Aguilar (Imperial)	24.34
2023	Luzi Ashley (Woodbridge)	20.70
2024	Luzi Ashley-Castillo (Woodbridge)	21.46

200-Meter Dash Ambulatory (Girls)

2016	Amy Watt (Gunn, Palo Alto)	28.02
2017	Sophia O'Shea (Berkeley)	33.04
2018	Sophia O'Shea (Berkeley)	33.04
2019	Emma Limor (Harvard-Westlake)	33.07
2022	Audrey Sugden (University)	37.50
2023	Bethany Wong (Fresno Christian)	30.29
2024	Yizereth Cisneros (Southwest EC)	1:11.34

200-Meter Dash Wheelchair (Girls)

2022	Angelina Garcia (Yosemite)	1:10.44
2023	Angelina Garcia (Yosemite)	1:13.84
2024	Luzi Ashley-Castillo (Woodbridge)	38.90

400-Meter Dash Ambulatory (Girls)

2016	Amy Watt (Gunn, Palo Alto)	1:07.17
2017	Sophia O'Shea (Berkeley)	1:15.63
2018	Sophia O'Shea (Berkeley)	1:11.61
2019	Ella Rodriguez (Christopher, Gilroy)	1:23.31
2022	Isabella Browne (Christopher, Gilroy)	1:36.64
2023	Bayley Wong (Fresno Christian)	1:09.13
2024	Christa Tran (Piedmont Hills)	1:10.40

400-Meter Dash Wheelchair (Girls)

2023	Luzi Ashley (Woodbridge)	1:25.92
2024	Audrey Aguilar (Imperial)	1:30.80

Shot Put Ambulatory (Girls)

2016	Amy Watt (Gunn, Palo Alto)	17-11.00
2017	Miracle Traylor (Pleasant Valley, Chico)	19-09.25
2018	Miracle Traylor (Pleasant Valley, Chico)	21-07.25
2019	Ella Rodriguez (Christopher, Gilroy)	27-10.25
2022	Ella Rodriguez (Christopher, Gilroy)	31-00.50
2023	Arelle Middleton (Los Osos)	39-05.25
2024	Ariel Montejano (Foothill Tech)	30-10.50

Shot Put Wheelchair (Girls)

2016	Kendall Stier (Saddleback Valley Christian) ..	11-03.00
2018	Kendall Stier (Saddleback Valley Christian) ..	12-06.25
2019	Vaiva Puodziunas (Notre Dame, SO)	18-04.00
2022	Audrey Aguilar (Imperial)	17-05.00
2023	Angelina Garcia (Yosemite)	17-11.75
2024	Audrey Aguilar (Imperial)	21-06.75

Discus Ambulatory (Girls)

2019	Ella Rodriguez (Christopher, Gilroy)	77-08
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w -- wind aided result

h -- hand timed

In 1980, running event distances transitioned from yards to meters.

All-Time Multiple Champions

BOYS RECORDS Most Team State Championships

11	Poly, Long Beach.....	(1928, 1932, 1959, 1964-65, 1997-98, 2006-07, 2011, 2024)
8	Jefferson, Los Angeles	(1938, 1949-52, 1956, 1962, 1964)
8	Muir, Pasadena	(1934, 1936, 1967, 1974, 1990, 1994-96)
7	Manual Arts, Los Angeles	(1915-16, 1919, 1924-25, 1953, 1958)
6	Hawthorne.....	(1983-85, 1987-89)

Most Consecutive Team State Championships

4	Jefferson, Los Angeles	(1949-52)
3	Hawthorne, twice	(1983-85, 1987-89)
3	Muir, Pasadena	(1994-96)
2	Vista Murrieta.....	(2015-16)

Most Individual State Championships

6	Clarence "Bud" Houser (Oxnard)	Discus (1920-22); Shot (1920-22)
6	Michael Seo (Escondido Charter).....	100m WC, 200m WC, 400m WC (2016-17)
5	Charley Paddock (Pasadena).....	100yd (1916, 1918); 220yd (1916-18)
4	Randall Carroll (Cathedral, Los Angeles)	100m (2008-09); 200m (2008-09)
4	Roman Gomez (Belmont, Los Angeles).....	1600m (1984-85); 3200m (1984-85)
4	Remontay McClain (Covina)	100m (2010-11); 200m (2010-11)
4	Nate Moore (Castro Valley)	TJ (2013-2014); LJ (2013-2014)
4	Eddie Morris (Huntington Beach).....	100yd (1940); 220yd (1938-40)
4	Khalfani Muhammad (Notre Dame, Sherman Oaks).....	100m (2012-13); 200m (2012-13)
4	Bryshon Nellum (Poly, Long Beach).....	200m (2006-07); 400m (2006-07)
4	Michael Norman (Vista Murrieta)	200m (2015-16); 400m (2015-16)
4	Rodrick Pleasant (Serra, Gardena)	100m (2022-23); 200m (2022-23)
4	Terry Prentice (Diamond Ranch, Pomona)	110HH (2006-07); LJ (2006-07)
4	Michael Reyes (S.F. International).....	100m WC (2022-23); 200m WC (2022-23)
4	Frank Wykoff (Glendale).....	100yd (1927); 220yd (1927-28); LJ (1927)
3	Joseph Anderson (Upland)	110HH (2016-17); 300IH (2017)
3	Forrest Beaty (Hoover, Glendale)	100yd (1961-62); 200yd (1961)
3	Brian Bluetreich (Capistrano Valley, Mission Viejo)	Shot (1984-85); Discus (1985)
3	John Bradley (Hoover, Glendale)	100yd (1947); 220yd (1947-48)
3	Reynaldo Brown (Compton).....	HJ (1967-69)
3	Johnathan Cabral (Agoura, Agoura Hills)	110HH (2010-11); 300IH (2011)
3	Ethan Cochran (Newport Harbor, Newport).....	Discus (2011-12); Shot (2012)
3	Bill Cowings (Fowler).....	100yd (1959-60); 200yd (1960)
3	Kevin Craddock (James Logan, Union City)	110HH (2003-04); 300IH (2004)
3	Matt Darr (Frontier, Bakersfield)	Discus (2009); Shot (2009-10)
3	Dixon Farmer (Miramonte)	440yd (1958); 440yd; 180LH (1959)
3	David Gettis (Dorsey, Los Angeles)	400m (2003-05)
3	Lincoln Hall (Santa Paula)	PV (1914-16)
3	Blake Haney (Stockdale, Bakersfield)	1600m (2013-14); 3200m (2013)
3	Mort Kaer (Red Bluff)	220LH (1922-23); LJ (1923)
3	Leamon King (Delano).....	220yd (1951, 1953); 100yd (1953)
3	Roy Kirpatrick (Entral, El Centro)	220LH (1933-34); 120HH (1934)
3	Harry Lamport (Manual Arts, LA)	120HH (1916); 220LH (1916); LJ (1916)
3	Brandon Louie (Los Altos)	100m WC, 200m WC, 400m WC (2023)
3	Hugh McElhenny (Washington, LA) ..	120HH (1947); 180LH (1947); LJ (1947)
3	Bill Miller (San Diego).....	PV (1927-29)
3	Obea Moore (Muir, Pasadena)	200m (1996); 400m (1995-96)
3	Billy Mullins (Hamilton, Los Angeles)	100yd (1976); 200yd (1975-76)
3	Verden Nash (Chino 1920-21); Huntington Beach (1922)	LJ (1920-22)
3	Leon Patterson (Taft).....	Discus (1951); Shot (1951-52)
3	Jerry Proctor (Muir, Pasadena).....	110HH (1967); 300IH (1967); LJ (1967)
3	Scott Roth (Granite Bay).....	PV (2004-06)
3	Darius Savage (Morse, San Diego)	Discus (2005-06); Shot (2006)
3	Brendon See (JSerra Catholic)	Discus (2022-23); Shot (2023)
3	Les Steers (Palo Alto).....	HJ (1935-37)
3	Monte Upshaw (Piedmont)	LJ (1953-54); 180 LH (1954)
3	Hubie Watson (Jordan, Los Angeles)	100yd (1958-59); 220yd (1959)
3	Quincy Watts (Taft)	100m (1987); 200m (1986-87)
3	Wayne Weeks (Santa Rosa)	Shot (1915-16); Discus (1916)

Boys CIF State Track and Field Championships began in 1915 and have since been held annually, excluding the World War II years (1942-45).

GIRLS RECORDS Most Team State Championships

15	Poly, Long Beach.....	(1992-93, 1995, 1997-98, 2001, 2003-04, 2008-11, 2013-14, 2017)
5	Berkeley	(1974, 1976, 1981-83)
5	Wilson, Long Beach	(1996, 1998, 2006, 2023-24)
3	J.W. North, Riverside	(1999-00, 2002)
3	Serra, Gardena	(2012, 2018, 2022)

Most Consecutive Team State Championships

4	Poly, Long Beach	(2008-11)
3	Berkeley	(1981-83)
2	J.W. North, Riverside	(1999-2000)
2	Poly, Long Beach, three times	(1992-93, 1997-98, 2003-04, 2013-14)
2	Wilson, Long Beach	(2023-24)

Most Individual State Championships

9	Marion Jones.....	(Rio Mesa, Oxnard 1990-91); (Thousand Oaks 1992-93) 100m (1990-93); 200m (1990-93); LJ (1993)
6	Wendy Brown (Woodside)	LJ (1982-84); TJ (1982-84); HJ (1984)
6	Natalie Kaaiawahia (Fullerton).....	Shot (1980-83); Discus (1981, 1983)
6	Sophia O'Shea (Berkeley)	100m A, 200m A, 200m A (2017-18)
6	Ariana Washington (Poly, Long Beach).....	100m (2012-14); 200m (2012-14)
6	Juliana Yendork (Walnut).....	LJ (1989-91); TJ (1989-91)
5	Angela Burnham (Rio Mesa, Oxnard).....	100m (1986, 1988-89); 200m (1988-89)
5	Kori Carter (Claremont)	100HH (2009-10); 300LH (2008-10)
5	Tara Davis (Agoura).....	100HH (2016-17); LJ (2017); TJ (1989-91)
5	Allyson Felix (Los Angeles Baptist, No. Hills)	100m (2001-03); 200m (2002-03)
5	Monique Henderson (Morse, San Diego)	200m (2000); 400m (1998-2001)
5	Jenna Prandini (Clovis)	LJ (2010-11); TJ (2010); 100m (2011); 200m (2011)
5	Ella Rodriguez (Christopher, Gilroy).....	100m A (2022); 400m A (2019); Shot A (2019, 2022); Discus (2019)
5	Angela Williams (Chino).....	100m (1997-98); 200m (1998); 400m (1995); LJ (1998)
4	Luzi Ashley-Castillo (Woodbridge).....	100m W (2023-24); 200m W (2024); 400m W (2023)
4	Brittany Daniels (Merrill West, Tracy)	TJ (2003-05); LJ (2005)
4	Sadie Engelhardt (Ventura)	1600m (2022-24); 800m (2023)
4	Jordan Hasay (Mission Prep, San Luis Obispo).....	3200m (2006-09)
4	Denean Howard (Kennedy, Granada Hills)	200m (1981-82); 400m (1980, 1982)
4	Lindsay Hyatt (Placer, Auburn)	800m (1996-99)
4	Anna Jelmini (Shafter)	Discus (2008-09); Shot (2008-09)
4	Ashton Purvis (St. Elizabeth, Oakland).....	100m (2008, 2010); 200m (2009-10)
4	Julia Stamps (Rincon Valley Christian, Santa Rosa 1994/Santa Rosa 1995-97)	3200m (1994-95, 1997); 1600m (1997)
4	Jeneba Tarmoh (Mt. Pleasant, San Jose)	100m (2006-07); 200m (2006-07)
4	Vashti Thomas (Mt. Pleasant, San Jose).....	100HH (2007-08); LJ (2008); TJ (2008)
4	Janeene Vickers (Pomona)	300LH (1986-87); 100LH (1986-87)
4	Melisa Weis (Bakersfield).....	Discus (1988-90); Shot (1989)
4	Stamatia Scarvelis (Dos Pueblos, Goleta).....	Shot (2012-2014); Discus (2014)
3	Jodi Anderson (Washington, Los Angeles)	LJ (1974-76)
3	Christine Babcock (Woodbridge, Irvine).....	1600m (2006-08)
3	Lakeisha Backus (Wilson, Long Beach)	100m (1995); 200m (1994-95)
3	Sarah Baxter (Simi Valley)	3200m (2011-13)
3	Sara Bei (Montgomery, Santa Rosa).....	1600m (1998); 3200m (1998, 2001)
3	Ashlee Brown (J.W. North, Riverside)	100HH (2003); 300LH (2001-02)
3	Stephanie Brown (Arroyo Grande).....	Shot (1996, 1998); Discus (1998)
3	Jocelynn Budwig (Silver Creek)	Shot (2018-19); Discus (2019)
3	Ebony Collins (Wilson, Long Beach)	300LH (2005-06); 100m (2005)
3	Vicki Cook (Alemany, Mission Hills)	3200m (1980-82)
3	Kathy Costello (Pleasant Hill)	800m (1974-75); 1600m (1975)
3	Kinshasa Davis (Wilson, Long Beach)	400m (1996-97); 200m (1997)
3	Dawn Dumble (Bakersfield).....	Discus (1988-90); Shot (1989)
3	Angelina Garcia (Yosemite)	200m WC (2022-23); Shot (2023)
3	Milena Glusac (Fallbrook)	1600m (1993); 3200m (1992-93)
3	Kira Jorgensen (Vista)	1600m (1987-89)
3	Felice Lipscomb (Santa Monica)	100LH (1989-90); 300LH (1990)
3	Janice Nichols (Bakersfield)	400m (1990-92)
3	Polly Plumer (University, Irvine)	1600m (1980-82)
3	Suzy Powell (Downey, Modesto)	Discus (1992-94)
3	Ann Regan (Camden, San Jose)	800yd (1977-79)
3	Angela Rolfe (Dorsey, Los Angeles)	400m (1987-89)
3	Twila Sims (Lompoc)	300LH (1989, 1992); 100LH (1992)
3	Talia Stewart (James Logan, Union City).....	100HH (2002, 2004); 300LH (2004)
3	Pam Waters (Bell).....	200m (1975-76); 100m (1976)
3	Amy Watt (Gunn, Palo Alto)	200m A, 400m A, Shot A (2016)
3	Angela Williams (Chino)	100m (1997-98); 200m (1998)
3	Amy Weissenbach (Harvard Westlake, N. Hollywood)	800m (2010-12)

Girls CIF State Track and Field Championships were initiated in 1974 and have since been held annually.

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