



May 27-28

Veteran's Memorial Stadium, Clovis

YOUR PLAYERS. YOUR SCHOOLS.
CIF SPORTS
ON

SPECTRUM NEWS 1



SPECTRUM NEWS 1

IS PROUD TO BRING YOU THE BEST
OF THE CIF. WE CONNECT YOU TO
THE HOMETOWN TEAMS AND PLAYERS
THAT MATTER TO YOU.

SPECTRUMNEWS1.COM

  @SPECTRUMNEWS1SOCAL
 @SPECNEWS1SOCAL



AVAILABLE ON THE
SPECTRUM NEWS APP

2022 CIF STATE TRACK & FIELD CHAMPIONSHIPS

May 27-28
Veteran's Memorial Stadium
Buchanan HS, Clovis

Table of Contents

Pursuing Victory With Honor _{sm}	5	Girls High Jump/Girls Pole Vault	43
CIF Executive Committee/Federated Council	7	Girls Long Jump/Girls Triple Jump	45
Advisory Committee/State Office Staff	9	Girls Shot Put/Girls Discus Throw	47
2022 Schedule	11	Boys High Jump/Boys Pole Vault	47, 49
2022 Meet Preview	13-21	Boys Long Jump/Boys Triple Jump	49, 51
Girls/Boys 4x100M Relay	23-25	Boys Shot Put/Boys Discus Throw	51-52
Girls/Boys 1600M Run	27	Wheelchair/Ambulatory 100M/200M/400M	52
Girls 100M Hurdles/Boys 110M Hurdles	27, 29	Wheelchair/Ambulatory Shot Put	53
Girls/Boys 400M Dash.....	29	Unified Shot Put/4x100m Relay/100M	53
Girls/Boys 100M Dash.....	31	CIF State Track & Field Championship Records ...	55
Girls/Boys 800M Run	31, 33	U.S. National High School Records	56
Girls/Boys 300M Hurdles	33	Boys State Track & Field Team Champions ...	57-58
Girls/Boys 200M Dash.....	35	Girls State Track & Field Team Champions.....	59
Girls/Boys 3200M Run	35, 37	State Track & Field Individual Champions	60-69
Girls/Boys 4X400M Relay	37, 39, 41	State Track & Field Multiple Championships.....	70

BEING AN MVP REQUIRES FOCUS AND DETERMINATION

The California Army National Guard is made up of all-stars who lead their team to victory. They don't give up and let the clock run out. They sack any obstacle that stands in their way, and do whatever it takes to achieve success.

**Find your success in the Army National Guard.
Visit nationalguard.com/ca.**



Pursuing Victory With Honorsm

The CIF was formed during the 1914-15 school year with 65,000 high school students in California and less than 8,000 students participating on their high school teams. Today, there are over 1.8 million high school students with more than 838,000 participating for their school teams including an all-time high of more than 354,000 girls. Education-based athletics will continue to thrive because of the life lessons it imparts on our young people.

Several years ago, the National Federation of State High School Associations (NFHS) launched the #MyReasonWhy campaign. The intent behind it was to demonstrate why we (student-athletes, coaches, administrators, parents and fans) are all involved in high school sports. Recently, the CIF resurrected this campaign to once again demonstrate the real reasons why education-based athletics is so impactful on our lives. Our 10 Section Offices communicated with our member schools asking them to have their student-athletes, coaches and administrators post on various social media platforms #MyReasonWhy. We encourage you to watch/read some of these and to post your own. Whether you are a student-athlete, or coach, parent or administrator, official or fan, we all have our reason why.

It is no secret that our student-athletes are inherently drawn to sport because it is fun and because of the connection it develops between them and their peers, coaches and school community. It is human nature to want to feel part of something bigger than yourself and to find a place where you belong. Do our young people also want to compete and

win? Absolutely and that will always be a part of sport. However, the adults have to start asking the question, how far do we go to win a game? Do we sacrifice life lessons such as accountability, respect, fairness and loyalty? In looking at the current landscape of high school sports, some would say that we have already gone down this path. I disagree and the examples of the #MyReasonWhy responses that we have seen to this point and hopefully continue to see certainly demonstrate that the majority of those in our 1,609 school communities are involved for the right reasons. We need to put these examples forward of what it means to be part of the high school sports community in California.

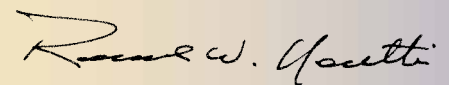
Indeed, we occasionally see acts of poor sportsmanship and behavior by a player or a coach, but the overwhelming majority of school contests reflect the positive elements of Pursuing Victory with Honorsm. True, the goal is always to win the contest, but education-based athletics, when done correctly, places the value of life lessons, character and sportsmanship ahead of winning. It is this ability of education-based sports leaders to keep athletics in its proper perspective that helps separate us from the rest.

It is vital that as parents, fans and education-based sports leaders that we remember that less than 2% of our participating students will go on and compete in college athletics. Students participate in sports because it's fun. The athletic fields, gymnasiums and classrooms our schools provide allows adults the opportunity to teach valuable lessons that might not be learned in any other environment.

Creating life-long skills and helping create better citizens through participation in education-based athletics is the greatest gift we can give to the future.

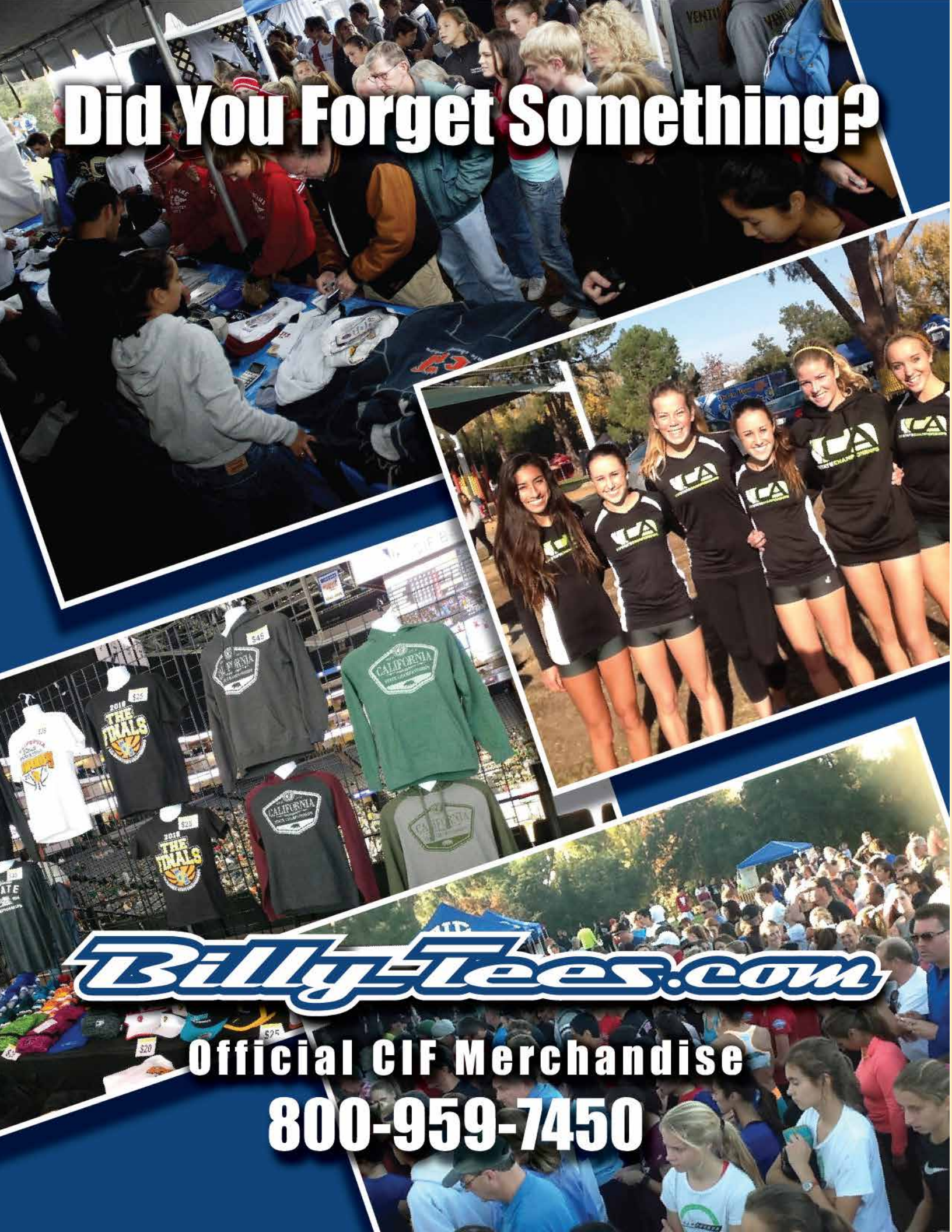
Ten years from now, many of our student-athletes will return to their high school campuses for their class reunions. The majority of them will not talk about the championships that they won or their individual accolades but the journey they went on with their teammates, coaches and school communities. They will share stories and memories of their high school experiences. – the bus rides and comradery. We, as the adults, have the power to influence these future stories. We can transform the lives of young people so that one day they show up to their reunion to relive these stories with teammates and coaches. They return as the adults ready to show the next generation the true meaning of high school sports – the lifelong friends and the connections created with an entire community of support.

WE ARE HIGH SCHOOL



Ronald W. Nocetti
CIF Executive Director





Did You Forget Something?

BillyTees.com

Official CIF Merchandise

800-959-7450



PRESIDENT
Dr. Monica Colunga
Principal
Irvine H.S.



PRESIDENT-ELECT
Marty Bitter
Director of Athletics
Madera U.S.D.



PAST PRESIDENT
James Perry
District Athletic Director
Huntington Beach U.H.S.D.



John Becker
Superintendent
Roseville Joint U.H.S.D.



Scott Giusti
Dir. of Athletics, P.E. &
Health San Diego
U.S.D.



Neezer McNab
Assistant Principal
Taft H.S.



Cris Oseguera
Principal
Hamilton H.S.



Rianne Pfaltzgraff
Principal
Concord H.S.



Natalie Thorne
Dean of Athletics and MS
Pacific Bay Christian

CIF STATE OFFICE STAFF

4658 Duckhorn Drive Sacramento, CA 95834
916.239.4477 phone | 916.239.4478 fax



Ronald W. Nocetti
Executive Director

Ron Nocetti, Executive Director
Brian Seymour, Assoc. Exec. Director
Bobbi Madsen, Director
Cici Robinson, Director
William Chavarin, Director

Chris Fahey, Dir. of Corp. Sponsorships
Rebecca Brutlag, Media Relations Officer
Christina Shannon, Asst. to Exec. Director
Anthony Ramos, Administrative Assistant
Diane Marshall-Freeman, General Counsel

MEMBER

National Federation of State
High School Associations (NFHS)
P.O. Box 690
Indianapolis, Indiana 46206
317.972.6900 | 317.822.5700 fax
www.nfhs.org

CIF FEDERATED COUNCIL

Dr. Catherine Arenson, Assistant Principal, Balboa High School
Jean Ashen, California State Athletic Directors Association
John Becker, Superintendent, Roseville Joint U.H.S.D.
Patrick Bendzick, Dir. of Health & Wellness, St. Margaret's Episcopal School
Marty Bitter, Director of Athletics, Madera U.S.D.
Dave Brown, California Department of Education
Andrea Bustamante, Executive Director, Community Schools Partnership
Jed Clark, California Coaches Association
Dr. Monica Colunga, Principal, Irvine High School
Lori Ann Donnell, Assistant Principal, Woodcreek High School
Maureen Ferrel, California Association for Health, P.E., Recreation & Dance
Scott Giusti, Director of Athletics/P.E. & Health San Diego U.S.D.
Jesse Hardwick, Athletic Director, Clovis High School
Dr. Paula Hart Rodas, Principal, Lawndale High School
Mary Jane Hibbard, Principal, Rancho Alamitos High School
Clarence Isadore, Principal, Rodriguez High School
Doug Kaelin, Superintendent/Principal, Biggs U.S.D.
Neezer McNab, Assistant Principal, Taft High School
Charlene Metoyer, California School Boards Association
Geniel Moon, California Association of Directors of Activities
Diana Nalbandian-Hatton, Athletic Director, Tulare Union High School
John Nazar, Association of California School Administrators

Marybeth Ortiz, California Association of Private School Organizations
Cris Oseguera, Principal, Hamilton High School
James Perry, District Athletic Director, Huntington Beach U.H.S.D.
Rianne Pfaltzgraff, Principal, Concord High School
Dave Reid, California State Athletic Directors Association
Louie Rocha, Principal, Antioch High School
Ricardo Rosales, Principal, North Hollywood High School
Steve Sell, Athletic Director, Aragon High School
Dr. Anne Staffieri Ed.D., Superintendent, Escondido Union High School District
Dr. Dan Stepenosky, Superintendent Liaison Committee
David Sullivan, Principal, Palma School
Kevin Swartwood, Principal, Golden Valley High School
Jeffrey Taylor, Principal, McClymonds High School
Cristi Tellechea, Principal, Oroville High School
Anthony Thomas CAA, Director of Athletics, Francis Parker School
Suniqua Thomas, Principal, Burton High School
Dr. Reggie Thompkins, Associate Superintendent, Corona-Norco U.S.D.
Natalie Thorne, Dean of Athletics and MS, Pacific Bay Christian
Mary Jo Truesdale, California Coaches Association
Alex Vara, California School Boards Association
Mike West, Principal, Martin Luther King High School
Doug Williams, Principal, Chico High School

CIF SECTIONS

CENTRAL

Ryan Tos - P.O. Box 427, Kingsburg, Calif. 93631
559.781.7586 | www.cifcs.org

CENTRAL COAST

David Grissom - 333 Piercy Road, San Jose, Calif. 95138
408.224.2994 | fax 408.224.0476 | www.cifccs.org

LOS ANGELES CITY

Vicky Lagos - 10660 White Oak Ave., Suite 216, Granada Hills, Calif. 91344
818.767.0800 | fax 818.767.0802 | www.cif-la.org

NORTH COAST

Pat Cruickshank - 5 Crow Canyon Court, Suite 209, San Ramon, Calif. 94583
925.263.2110 | fax 925.263.2120 | www.cifncs.org

NORTHERN

Scott Johnson - 2241 St. George Lane Suite 2, Chico, Calif. 95926-1375
530.343.7285 | fax 530.343.5619 | www.cifns.org

OAKLAND

Francisco Navarro - 1000 Broadway Street, Suite 150, Oakland, Calif. 94607
510.879.3141 | fax 510.434.3351 | www.cifoakland.org

SAC-JOQUIN

Michael Garrison - P.O. Box 289, Lodi, Calif. 95241
209.334.5900 | fax 209.334.0300 | www.cifjs.org

SAN DIEGO

Joe Heinz - 3470 College Avenue, San Diego, Calif. 92115
858.292.8165 | fax 858.292.1375 | www.cifsd.org

SAN FRANCISCO

Gail Barksdale - 555 Portola Drive, Bungalow 2, San Francisco, Calif. 94131
415.920.5185 | fax 415.920.5189 | www.cifsf.org

SOUTHERN

Rob Wigod - 10932 Pine Street, Los Alamitos, Calif. 90720
562.493.9500 | fax 562.493.6266 | www.cifss.org



TEAM

ENGINEERED
TO THE EXACT SPECIFICATIONS
OF CHAMPIONSHIP ATHLETES

WIN STATE!

XL

Track & Field Advisory Committee



John Becker
Superintendent
Roseville Joint U.H.S.D.



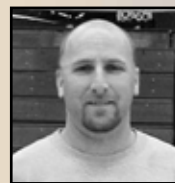
Kevin Adams
PE Instructor/Coach
Galileo Academy



Peter Brewer
Northgate H.S./
NCS Rep.



Mike Cummings
CC/Track Coach/AD
Valley Center H.S.



Jim Deaver
Track Coach
Enterprise H.S.



Fernando Fernandez
Coach/Teacher
Reseda H.S.



Hal Harkness
Rules Interpreter



Sean Kohles
CC/Track Coach
Skyline H.S.



Jonas Koolsbergen
Head Coach
Harvard-Westlake H.S.



Vicky Lagos
Commissioner
L.A. City Section



Amber Lassetter
CC/Track Coach
Cosumnes Oak H.S.



Dustin Marzolf
Cross Country Meet Dir.
Clovis East H.S.



Brian Weaver
Track Meet Director
Buchanan H.S.

CIF State Office Staff



Ron Nocetti
Executive Director



Brian Seymour
Associate Executive
Director



Bobbi Madsen
Director



Cici Robinson
Director



William Chavarin
Director



Chris Fahey
Director of Corporate
Sponsorships



Rebecca Brutlag
Media Relations
Officer



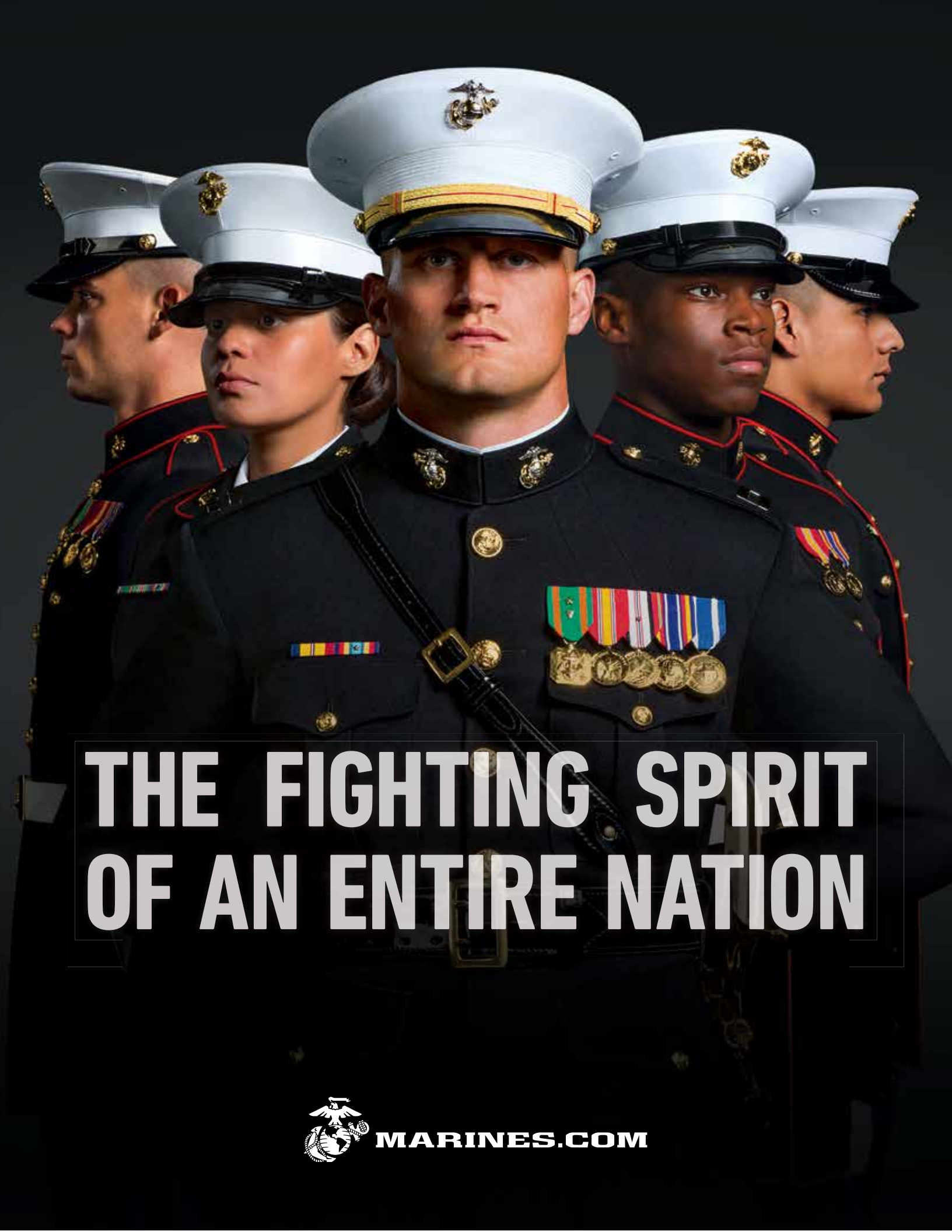
Christina Shannon
Assistant to Executive
Director



Anthony Ramos
Administrative
Assistant



Diane Marshall-
Freeman
General Counsel



THE FIGHTING SPIRIT OF AN ENTIRE NATION



MARINES.COM

2022 Schedule

Field Events

Friday, May 27 - Qualifying Events

Event	Starting Time
Wheelchair/Ambulatory Shot Put Final	3:00 p.m.
Girls' Discus	3:00 p.m.
Girls' Long Jump	3:00 p.m.
Boys' Long Jump	3:00 p.m.
Boys' High Jump	3:00 p.m.
Unified Shot Put Final	5:00 p.m.
Boys' Discus	5:30 p.m.
Girls' Shot Put	5:30 p.m.
Boys' Pole Vault	6:00 p.m.
Girls' Pole Vault	6:00 p.m.
Boys' Triple Jump	6:00 p.m.
Girls' Triple Jump	6:00 p.m.
Girls' High Jump	7:00 p.m.
Boys' Shot Put	8:00 p.m.

Saturday, May 28 - Championship Events

Event	Starting Time
Girls' Discus	4:30 p.m.
Boys' High Jump	5:00 p.m.
Girls' Long Jump	5:00 p.m.
Boys' Long Jump	5:00 p.m.
Girls' Pole Vault	5:15 p.m.
Boys' Discus	6:30 p.m.
Girls' Shot Put	6:30 p.m.
Boys' Pole Vault	7:15 p.m.
Girls' High Jump	7:30 p.m.
Boys' Triple Jump	7:30 p.m.
Girls' Triple Jump	7:30 p.m.
Boys' Shot Put	8:30 p.m.

Track Events

Friday, May 27 - Qualifying Events

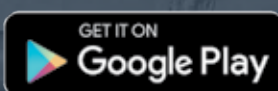
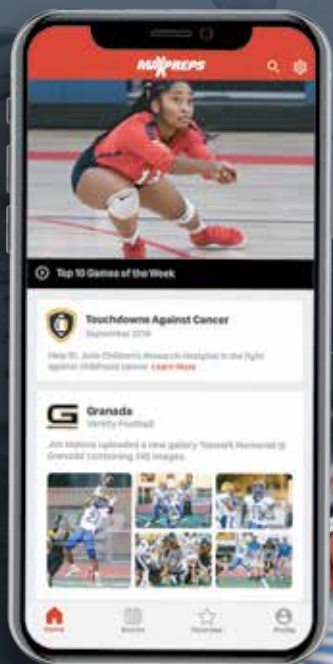
5:00 p.m. Girls' 4x100m Relay	Three Heats
5:15 p.m. Boys' 4x100m Relay	Three Heats
5:30 p.m. Girls' 1600m Run	Two Heats
5:45 p.m. Boys' 1600m Run	Two Heats
6:00 p.m. Girls' 100m High Hurdles	Three Heats
6:15 p.m. Boys' 110m High Hurdles	Three Heats
6:30 p.m. Wheelchair/Ambulatory 400m Dash	Four Finals
6:50 p.m. Girls' 400m Dash	Three Heats
7:05 p.m. Boys' 400m Dash	Three Heats
7:20 p.m. Girls' 100m Dash	Three Heats
7:30 p.m. Boys' 100m Dash	Four Heats
7:40 p.m. Girls' 800m Run	Three Heats
7:50 p.m. Boys' 800m Run	Three Heats
8:00 p.m. Girls' 300m LH	Three Heats
8:15 p.m. Boys' 300m IH	Three Heats
8:30 p.m. Unified 400 Relay	Final
8:40 p.m. Girls' 200m Dash	Three Heats
8:50 p.m. Boys' 200m Dash	Four Heats
9:00 p.m. Unified 100m Dash	Final
9:10 p.m. Girls' 4x400m Relay	Three Heats
9:30 p.m. Boys' 4x400m Relay	Three Heats

Saturday, May 28 - Championship Events

6:00 p.m. Girls' 400x100m Relay
6:05 p.m. Boys' 400x100m Relay
6:15 p.m. Girls' 1600m Run
6:25 p.m. Boys' 1600m Run
6:35 p.m. Girls' 100m High Hurdles
6:45 p.m. Boys' 110m High Hurdles
6:55 p.m. Girls' 400m Dash
7:00 p.m. Boys' 400m Dash
7:10 p.m. Girls' Ambulatory 100m Dash
7:15 p.m. Boys' Ambulatory 100m Dash
7:20 p.m. Girls' Wheelchair 100m Dash
7:25 p.m. Boys' Wheelchair 100m Dash
7:35 p.m. Girls' 100m Dash
7:40 p.m. Boys' 100m Dash
7:50 p.m. Girls' 800m Run
7:55 p.m. Boys' 800m Run
8:05 p.m. Girls' 300m LH
8:15 p.m. Boys' 300m IH
8:25 p.m. Girls' 200m Dash
8:30 p.m. Boys' 200m Dash
8:40 p.m. Girls' Ambulatory 200m Dash
8:45 p.m. Boys' Ambulatory 200m Dash
8:50 p.m. Girls' Wheelchair 200m Dash
8:55 p.m. Boys' Wheelchair 200m Dash
9:10 p.m. Girls' 3200m Run
9:25 p.m. Boys' 3200m Run
9:40 p.m. Girls' 4x400m Relay
9:50 p.m. Boys' 4x400m Relay

FOLLOW YOUR FAVORITE HIGH SCHOOL TEAMS

Exclusive push notifications.
Real-time updates for
rankings, scores and stats.



Maxpreps is an Official Digital Content Provider of the CIF and the CIF Sections. MaxPreps is also an Official Photographer for the CIF.



facebook.com/maxpreps



instagram.com/maxpreps



twitter.com/maxpreps

2022 Meet Preview

GOLDEN STATE TALENT PRIMED TO GLISTEN

*World-Class Male Speedster, Unprecedented Female
Vault & Distance Strength Highlight 102nd CIF State Meet*

By Rich Gonzalez

PrepCalTrack.com Editor

@PrepCalTrack IG: rich_prepcaltrack

WE. ARE. BACK.

YES, WE ARE BACK!!!

One-thousand-and-ninety-eight days after the conclusion of our 2019 spectacular, the nation's premier state meet finally returns, with motivated teenagers seeking to return the sport back to normal.

Welcome to the 102nd annual CIF State Track and Field Championships where lockdowns have been supplanted by show-downs.... Social distancing has given way to distance racing... and virtual learning has been replaced by virtually one of the fastest teen preps we've ever seen!

Golden State athletes from across each of the 10 CIF sections have weathered the challenging path along the "Road To State" to arrive to beautiful Veterans Stadium at Buchanan High School for the annual coronation of the very best in dashing, jumping, running, and throwing to determine both individual and team hardware.

With athletes aided by a boisterous crowd, warm evening temperatures, a slight occasional homestretch breeze, and a lightning-fast Beynon track surface find a prime viewing spot and your best refreshments as we get ready for two days of thrilling storylines and action!

Below is our meet preview of each of the event areas as we focus on the prime contenders for gold.

Notations after school names are for CIF sectional representation as follows: cc/Central Coast; ce/Central; la/Los Angeles City; nc/North Coast; no/Northern; ok/Oakland; sd/San Diego; sf/San Francisco; sj/Sac-Joaquin; ss/Southern

BOYS THROWS

For more than a year, Murrieta Mesa's Cade Moran held a pristine ledger against Golden State competition in the shot put. But that all changed two weekends ago, when Great Oak's Aiden Pastorian stunned everyone by blasting out to a three-foot improvement to win their Southern Sectionals showdown, his first victory this season in nine outings against his Southwestern League foe. Now comes the high-stakes rematch, their career bests separated by a mere three inches (Moran's 66-10 to Pastorian's breakthrough 66-07) in potentially one of the great Golden State in-the-ring showdowns to date. Only once before in state meet history has the year-end duel featured two finalists that went on to throw at least 66 feet, that being the 2016 affair when Bronson Osborn and Nathan Esparza delivered fans an absolutely titanic clash that yielded a pair of mind-boggling 69-foot performances!

With his similar prowess in the discus ring, Moran is the best-positioned thrower for a title sweep based on his state-leading (and U.S. #2) best toss of 207-04 at CIF-SS Division 1 Prelims in breaking the Inland Empire region record. His consistency has netted the University of Michigan-bound senior the six leading victory marks in the state this spring, ranging from 207-04 to 198-04.

Dual-proficient throws talents also showcased here include Redondo Union's Kai Deines, Shafter's Nicholas Godbehere, and South Pasadena's Nik Iwaniki, with each thrower holding career bests of 62-11 or better and 189-02 or farther in the two disciplines.

BOYS SPRINTS

Global shock waves reverberated from the Southern Section Masters Meet, where the big news was Serra/ss junior Rodrick Pleasant absolutely torching the state record in the 100-meter dash via his electrifying 10.14-second wind-legal performance, which

also registered as equaling the world's second-fastest wind-legal time ever for a 17-year-old. Pleasant has helped comprise an amazing cache of national dash talent this spring as three teens (one of them being 18 have clocked either 10.13 or 10.14 in recent weeks!

But this is an 'all-timer' year for California's gold rush of speedsters as no less than a dozen athletes have broken into the state's illustrious all-time 100-deep lists. Several have failed to advance through the rigorous postseason rounds, with Servite/ss star Max Thomas (a convert from soccer) and University of Utah-signed quarterback Nathan Johnson of Clovis/ce looming as chief threats. Long Beach sophomore Jordan Washington has really impressed us with his power this spring while Los Alamitos speed merchant Devin Bragg broke the freshman state record with his wind-legal 10.45 sizzler last weekend; he also has blurred 10.35 wind-aided).

Pleasant is also favored in the 200, where his 20.40 clocking two weekends ago broke the state junior class record has slotted him #2 on the all-time state high school list, only trailing Olympian Michael Norman's stunning 20.14 at the U.S. Olympic Trials from his senior year in 2016. Central/ce senior Jeremiah Walker rose his stock notably last week during a legal 20.89 performance that helped delivered the team title at Central Section Masters. Seniors Jaelen Knox from the revered Long Beach Poly juggernaut and emerging mega-star talent Jaden Smith of St. John Bosco/ss lead a loaded cast here.

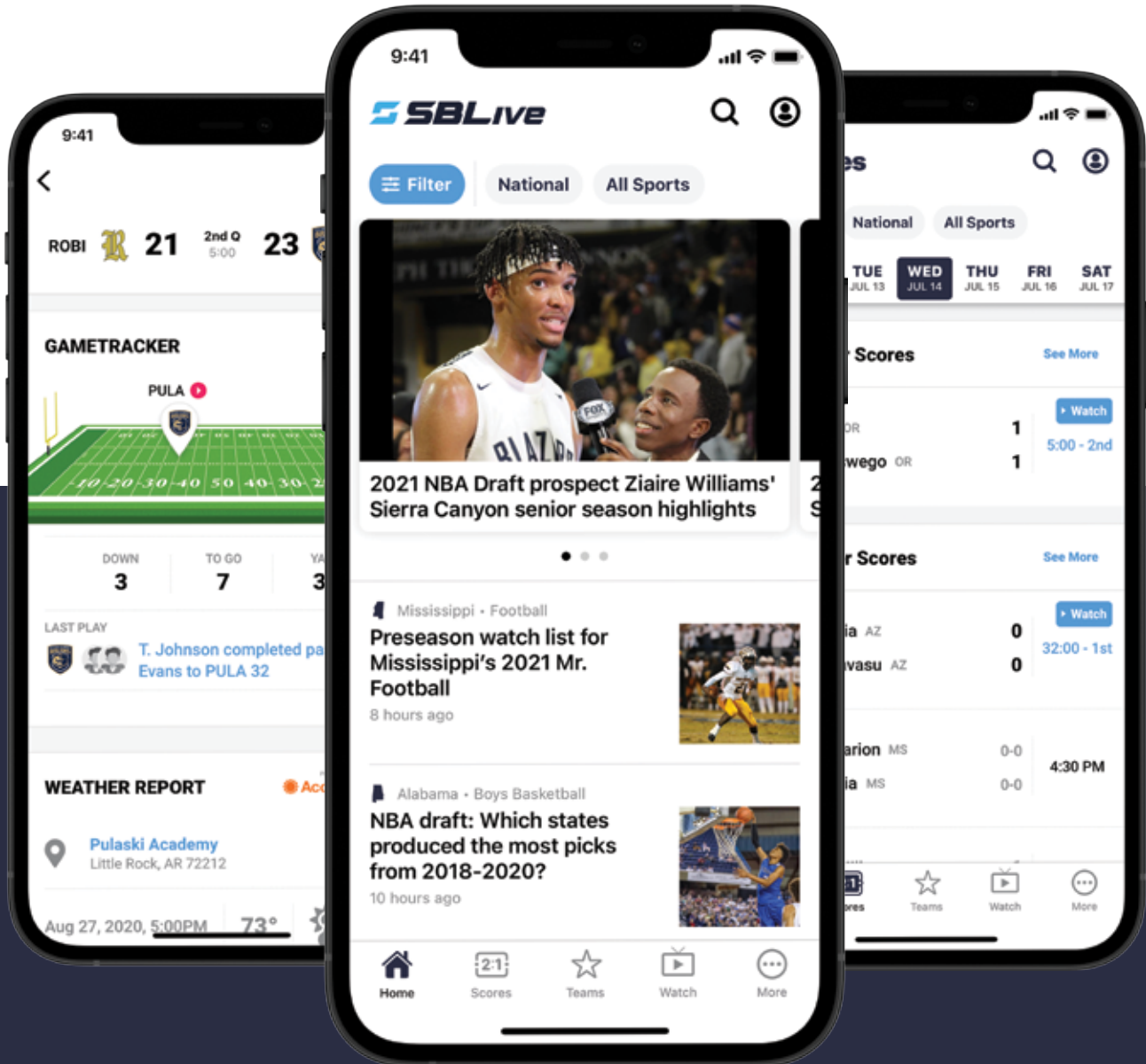
In the one-lap challenge, both Christopher Goode of West Ranch/ss and Dijon Stanley of Granada Hills Charter/la have traded the state lead in recent weeks, the former being on a clear roll down the stretch while the latter – also a football star – has prospered under the postseason limelight.

DOWNLOAD THE

SBLive

MOBILE APP

Your Home For High School Sports



Download on the
App Store



GET IT ON
Google Play



Download The App Today



2022 Meet Preview

BOYS DISTANCES

Admittedly, two of the distance events have lost some luster in recent weeks as all-time national talents from Newbury Park/ss (senior Colin Sahlman and junior twins Lex and Leo Young) are either bypassing the stretch drive in favor of professional competition or have had their season cut short by a viral infection. Even so, this is the deepest year of talent in the state annals so plenty of 'star power' remains.

Leading the talent pool is Clovis/ce junior Christopher Caudillo, who already owns the section record at 3200 meters (8:45.19) and his 4:03.83 ranks third on the section's all-time 1600/mile converted lists. This special talent will loom large in the Cougars' state team title chances if he can brave the Central Valley heat and rugged competition over these next few days.

Across 3200 meters, Newbury Park senior Daniel Appleford (8:52.19) arrives here as the SS Masters champion, seeking to culminate an impressive prep career where he's come a long way since being the #7 performer on the school's cross-country team as a freshman. Sage Creek/sd senior Bryce Gilmore (8:53.23) has been pure money this year, fashioning impressive consistency during a carefully constructed competition calendar. Millikan/ss sensation Jason Parra has evolved into one of the premier sophomore talents in state history, but we're most impressed with the recent maturation in racing tactics. San Luis Obispo/ce junior Milo Skapinsky (a clutch performer) and seniors Daniel Winter of Stockton St. Mary's/sj, Will Sheehy of Harvard-Westlake (the most improved performer in the state this spring), and Max Sannes of Big Bear/ss (a small school with tremendous distance tradition) could also factor prominently. Keep your eye also on dark horse entry Mario Giannini of Chico/no, who has cracked under 9:15 six times this season, including 9:00.59 at his section qualifier.

In the four-lapper, Scotts Valley/cc senior Jeremy Kain commands respect after a series of clutch outings in recent

seasons. Still the world age-12 record holder in the mile (4:36.80 in 2017), Kain won the de facto state championship in a Southland gathering late last spring during the Covid-19 pandemic. He's gone 4:07.77 for 1600 meters this season but really caught our attention with a 1:51.32 leg speed for the two-lapper last weekend in an event he has since scratched. In a long list of quality challengers, vastly improved Agoura senior Ethan Godsey (4:09.49) and 11th-grade hometown hero Noah Ray of Buchanan/ce (4:09.68) also court huge aspirations.

The 800-meter run is always an exciting draw come state championship time, but this year's two-lap clash is especially alluring as it could be the first time in meet history that three finishers break the 1:50 barrier. Top entrant Aaron Sahlman, a junior at Newbury Park/ss) has already eclipsed 1:49 this season, with two others on the verge of breezing under the magical 1:50 threshold. Sahlman's 1:48.91 at the Distance Meet of Champions is the top time in the world this year by a 16-year-old, but he still had to battle to secure third place at the competitive Southern Section Masters Meet behind seniors Ellis Delvecchio (1:50.13 seasonal best three weeks ago) of Thacher and Jai Dawson (1:50.63 in March) of Dana Hills. Two additional mega-threats are Yutaka Roberts of El Camino/cc (1:51.04), who has crazy distance doubles to his credit in his career, and fast-improving/fast-starting senior Quinn Harder of San Marcos/sd (1:51.90).

BOYS RELAYS

From the get-go, the boys' action in the track events gets off to a roaring start as the new Central Section record-holders from Central High of Fresno (arrive as the #12 team in state history (40.63) but must be fully aware that Southern Section leader Serra of Gardena will be brandishing the fastest prep in America on its anchor leg! The Rodrick Pleasant-led Cavaliers (also featuring Jaylin Franklin, Cordell Montgomery, and Dakota Fields) toured the oval in a seasonal-best 40.89 last weekend while rolling out its

top quartet sparingly this spring! McClymonds/ok (Roland Ham-mork, Jay'Vion Cole, Javian Thomas, and Michael Dansby) has also been lightly tested this season yet dropped a 40.98 burner in invitational action last month.

Several hot teams gather for the meet-ending 4x400 relay, with four squads, in particular, eliciting feverish excitement in the form charts. Cathedral/ss of Los Angeles (Anthony Walton, Jake Preston, Adonyss Currie, and William Mullins Jr.) has been in high drive since the wintertime with strong indoor action across the nation but having plenty in the gas tank to regain the state lead with its 3:13.98 sizzler at Southern Section Masters last weekend. Long Beach Wilson blasted into the state lead a week earlier when driving to the SS Division 1 crown in 3:14.20; look for secret weapon addition Nico Colchico – also a 4:11 miler – to bolster the Bruins' chances; he split low 48 in an out-of-state relay carry last month but has been otherwise rested out from relay duty. Central clocked a nearly overlooked 3:16.02 in a high-profile midseason outing but had the time nullified by a post-race disqualification. Rocklin, the Sac-Joaquin Section Masters champion, is especially intriguing. Considered the best lineup in the state last year, those title dreams were wiped out by Covid-19. Laying very low for much of this season, the aptly named Thunder has started rumbling of late, improving by more than 10 seconds in their last two meets. Kent ripped 47.47 as a junior in limited action last year.

BOYS JUMPS

Without question, Roosevelt's Hunter O'Brien has been the state's leading pole vault talent this season after clearing 16-feet-plus at five meets, owning California's top three marks, and grabbing major-meet titles at Redondo, Arcadia, and Southern Section Masters.

But the UCLA-signed sensation will be fielding stiff challenges from near and far, including training mate Gavin Hanes (the Mt. SAC Relays champion) of Ramona/ss and the Central Section duo



OFFICIAL

DIGITAL TICKETING PARTNER OF



2022 Meet Preview

of Buchanan's Hilton Green and Lemoore's Shane Bagley.

Hanes netted the CIF-SS Division 2 crown via a career-best 16-03 showing two weekends ago and is the only Golden State athlete to defeat O'Brien via a higher mark.

Meanwhile, an invigorated Green has been rocketing upward to improve by nearly two feet this spring while Bagley notched his big breakthrough performance one month ago; both have cleared 16-05 this season.

Also eyeing the top spot is superb ninth-grade entry Khaliq Muhammad from Dublin/nc, fresh off a section-title performance (15-07). The state frosh record (16-00 by Granite Bay's Ryan Shuler) has stood since 2003.

With strong momentum being built during the stretch drive by Golden Valley's programs as a whole and by their jumpers, in particular, Elijah Ellis looms as an explosive double threat along the runways. Dropping a pair of career-best marks two weekends ago (24-02.50 in the long and 48-03.50 in the triple) and then capturing victory in the latter at Southern Section Masters, Ellis has emerged as a bona fide big-meet performer.

But Great Oak/ss senior J.C. Stevenson arrives as the state leader in both events (24-09.50 at Arcadia and 48-05.50 at the Mt. SAC Relays) and seeks to uphold the family's championship tradition. Older brother C.J. won the state triple jump crown in 2017 and 2018 while older sisters Summer (the de facto state triple jump champion in 2021) and Ciynamon (the state silver medalist in the triple jump in 2016) also earned prominent hardware in their season finales.

Seniors Camryn O'Bannon of St. John Bosco/ss and Elijah Yoshinaga of Elsinore/ss have also brushed near the top of the state leader lists this spring and remain viable title threats.

White-knuckle anxiety swirls around the high jump apron as several boys are in contention for the crown.

Leon Gillis of Steele Canyon/sd and Seth Johnson of Cajon/ss share the state lead at 6-9, but nei-

ther claimed the top spot at their respective state qualifier. Gillis' top showing came in mid-April while Johnson's came in early-season dual meet action and must negotiate a busy weekend schedule that includes splitting his energy across four events (also the 110-meter hurdles and both relays). Johnson, a superb collegiate decathlete prospect destined for UC Berkeley, is the state's best all-around track and field athlete.

Johnson isn't the Inland Empire's sole title threat here as Riverside Poly senior Owen Pennington is a late arriver to the form charts after a surprising four-inch improvement in clearing 6-8 at last weekend's Southern Section qualifier.

The event could also see the spawning of a multi-year rivalry between a pair of prized underclassmen – both with bests of 6-8 – who are meeting for the first time. Versatile sophomore Brandon Cheeks II of Mission Bay arrives as a San Diego Section divisional champion in three events (including both horizontal jumps) while frosh Brandon Gorski of Mater Dei/ss, also a top reserve in the school's nationally recognized basketball program, emerged as winner of the Southern Section Masters gathering. Gorski ranks as the top ninth-grader nationally in the event this spring; the state freshman record is 6-10 by Selma's Gabriel Zarate from 1996.

BOYS HURDLES

The state lost one of its biggest headliners when St. Mary's of Stockton hurdles specialist Jadyn Marshall, the co-national leader in the 110-meter highs (13.49) and state leader in the 300-meter intermediates, succumbed to a hamstringing injury in the Sac-Joaquin Section postseason rounds. That leaves the door open with a wide swath of challengers, including a historic quartet of barrier negotiators from Upland/ss, that three times in the last 13 months has broken the state record in the shuttle hurdle relay. That lineup included Delaney Crawford, Kai Graves-Blanks, Davis Davis-Lyric, and Dequan January.

The most precocious in the lot for the Highlanders is Crawford,

who showed great promise while clocking 36.64 in only his second try at the intermediates last year but has done it sparingly ever since. We could see something special from him this weekend and should be one to watch closely later on down the road (Crawford also took a spill at the section finals in the highs, prematurely ending his CIF campaign in the event).

Graves-Blanks has the fastest times (13.75 legal, 13.64 wind-aided) among the high hurdlers remaining in the field after Marshall's departure, but the ultra-versatile/powerful Seth Johnson of Cajon (13.94w/14.02 legal) and quick-improving junior Logan Lyght from Mater Dei are also in the title mix. Central Coast Section talents Ben Kin Ho Tsang (Independence) and Shawn Toney (Los Altos) will aim to break up the Southern Section's wave of leading entries.

BOYS TEAM COMPETITION

With a fateful dropped baton or a false start, we've seen best-laid plans for team success fall by the wayside each year, dropping the favorites and bringing new teams into the championship fold. This year, four programs start the weekend in prime contention for the three-team plaques barring the unexpected.

Upland, based on four projected mid-to-high-range scorers in the hurdles and additional points in the 400 has the best path to the championship. We have them with a 33-30 lead over Central, which owns impressive upside possibilities. They have plenty of entries on the cusp of scoring. Based on multiple factors, we could easily see them rack up several bonus points to win going away. We have Great Oak pegged as the #3 team, but their scoring maximum tops out at 30 points. Waiting in the wings right behind them should any of the top three falter is Serra of Gardena, which also caps put at 30 points possible, but unlikely. Clovis and Golden Valley are next on the form charts.



Black Bear Diner

BREAKFAST
SERVED *All Day!*



GOOD OLD-FASHIONED
FAMILY FOOD

BREAKFAST

LUNCH

DINNER



LET US BUY YOU BREAKFAST



Get 2 FREE meals
your first year when you
join our Bear Lovers eClub.

**TEXT TEAM TO 94418
OR SCAN THIS CODE**



California Interscholastic
Federation

Order for pickup
or delivery at

BLACKBEARDINER.COM



2022 Meet Preview

GIRLS DISTANCES

The top four lappers in the land are set to clash at Saturday's finals should all go to plan at prelims the day before as Ventura frosh wunderkind Sadie Engelhardt and Mira Costa senior Dalia Frias renew their across spawned during cross-country season last September.

Engelhardt has been shell-ing the age-group all-time lists for years and has only picked up steam with her arrival on the prep scene. Repeated big-meet performances have only elicited further breakthroughs, including an en-route 4:33.29 clocking in the Arcadia Invitational mile race that matches the National High School Federation record (ratification pending). This spring, she also broke the freshman national record for 3200 meters by 11 seconds with her 9:50.69 (#3 in state history, regardless of grade) and has excelled in the two lapper as well.

But Frias is an exceptional talent in her own rite, with the Duke University-signed talent holding down the #2 performance in state history when she toured 4:33.54 en route during a full mile at the Distance Meet of Champions. Frias, an All-American performer in cross country as well, has prevailed over Engelhardt on three occasions this school year, once on the track and twice across hill and dale.

The third mega-talent in this ultra-attractive clash is Newbury Park senior and Alabama-signed starlet Samantha McDonnell (4:38.91 en route, #8 in the nation), who defeated Engelhardt in cross-country on the nearby Woodward Park course at the Clovis Invitational and has filled the lead role in elevating the Panthers girls' program onto the national stage.

Both Engelhardt and McDonnell are also featured at 800 meters this weekend, with the former state-leading 2:05.66 ranking fourth in the nation outdoors this spring. Chino/ss senior Mia Chavez (2:08.08) and La Cañada sophomore Arielle McKenzie (2:08.89) spearhead a particular deep year in the event for the Golden state.

In the 3200, Northern Californians hold down the top six entry spots as super frosh Hanne Thomson of Montgomery/nc seeks to become the latest state distance champion from the Redwood Empire, joining the likes of Julia Stamps, Trina Cox, Jen Aldridge, and Sara Bei (now Hall), among others.

Additional veteran stars projected to appear in the lead pack in seniors Sophia Nordenholz (10:14.32) of Albany/nc, Riley Chamberlain (10:14.56) of Del Oro/sj, and Mackenzie Rogers ((10:17.91) of Poway/sd. Quick improving Lauren Soobrian of Los Altos/cc, sophomore sensation Payton Godsey of Agoura/ss (her sibling Ethan is entered in the boys 1600), and the Buchanan tandem of Grace Hutchison and Sydney Sundgren stake this event with alarming depth!

GIRLS JUMPS

For the first time in national history, a single state championship meet will showcase *THREE* female 14-footers stalking the pole vault runway as Lexi Evans of Scripps Ranch/sd, Jathiyah Muhammad of Dublin/nc, and Allison Leigh of Del Norte/sd each court career bests at that height.

Evans joined the 14-foot club last weekend at the San Diego Section Finals after delivering clearances in the 13-foot range at an amazing ten prior meets this season. Muhammad tied the sophomore class state record and re-broke her own North Coast Section record at last weekend's Meet of Champions affair, now having sailed 13-05+ on three occasions. Leigh's career-best mark came last year but has cleared at least 13-06 on two occasions this spring. Oak Ridge senior Ali Sahaïda broke the Sac-Joaquin Section record when she scaled 13-09 in dual meet action late last month. Rising sophomore Aspen Fears of Vista Murrieta and junior Jordan Leveque competing on her home facility for Buchanan are additional lead entries.

An excellent cast is put forth for the long jump competition as three leapers arrive here ranked among the Top 10 nationally on the wind-legal list this spring. Leading the way is Golden Valley/

ss senior Kylee Davis, who unleashed a towering 20-04.50 win at the Southern Section Masters Meet, registering as the #2 mark in America this spring. Upland's Caelyn Harris is a seasoned prime-time performer to be respected, notching a wind legal-best of 19-09 at Arcadia and then following that up a week later with a wind-aided 19-09.75 at Mt. SAC; she holds a career-best of 20-08.50 in winning the 2019 state meet before injuries and the pandemic steered her off course. M.L. King star Alyssa Hope has spanned 19-08.75 while Mission Viejo's has found her groove to improve by nearly two feet over the course of the last two weekends while competing in pits with legal sand levels. A long list of girls is separated by mere inches here on the state leader lists!

On the triple jump runway, accomplished 40-foot juniors Hope (40-03.25) of Riverside M.L. King/ss and Jada Gatlin (40-02.25) of Mission Viejo/ss strive to place a bow on their successful 2022 campaigns with title climaxes. Hope has been the state's most accomplished bounder this spring going 39-06 or farther at eight meets on the calendar. Gatlin, however, won their head-on duel at CIF-SS Masters last weekend.

High jump action features seven competitors with seasonal bests within two inches of each other with Whitney junior Ashanti Elie topping the list via back-to-back midseason marks of 5-10 just four days apart and a pair of 5-8 clearances to her credit as well. Both Elizabeth Churchill of Aptos/cc and Meagan Humphries of Golden Valley are fresh off career bests of 5-09 at their state qualifier meets. Both Golden Valley (with Humphries and 5-08 teammate Kylee Davis) and Long Beach Poly (with former state leader Zharia Taylor at 5-09 and frosh newcomer Jillene Wetteland at 5-08) have a pair of high-caliber talents factoring in the scoring equation.

GIRLS SPRINTS

Serra/ss of Gardena arrives here on a roll after going an impressive 1-2-3 in hot times in the 100 at their section Division 4 Final, then advancing two of those as high-end entries here. Junior



**Deliciously Affordable
3-Course Meals**

**Banquet and
Catering Services**

**Let's Eat Out
Fundraising Program**

**Coaches Eat
Free Program**



**Arden • Concord • Duarte • Elk Grove • Fresno
Fullerton • Newport Beach • Rancho Cordova
Rancho Cucamonga • Rancho Mirage
Redlands • Riverside • Roseville
Sacramento • San Diego • San Jose • San Marcos**

www.osf.com

2022 Meet Preview

Jordan Washington entered as the wind-legal state leader in both the 100 (11.55, ranking tenth nationally this spring) and the 200 (23.68) while also helping fuel their #2 state-ranked 4100 squad.

But major challengers await, including L.A. City champ Reign Redmond of Carson (11.71 in near-still wind) to finish as the top Californian and fourth overall at the blockbuster Arcadia Invitational), powerful junior Amirah Shaheed of San Diego Madison (11.66), Harvard-Westlake multi-sport phenom Alyssa Thompson (also the top-rated soccer player in America), and Serra #2 entry Brazil Neal, she of the often red-dish hair and red-hot feet!

In the long sprints, Washington will compete with teammate Neal against top-shelf dashers Takiya Cenci (23.90 for 200 and a state-leading and U.S. #5 53.19 in the 400) of Clovis North/ce and Adonijah Currie (23.82) of Golden Valley/ss in an event determining key point distributions in the quest for the team championship! Long Beach Wilson/ss long dash threats Aujane Luckey and Samarra Monrroy are also featured at one lap along with former state leader Naomi Johnson, who keyed Roosevelt's march to the CIF-SS Division 1 team crown.

GIRLS HURDLES

San Diego Section athletes have enjoyed the upper hand in the barrier races down the stretch, boasting 3 of the top 4 performers statewide in both the 100-meter lows and the 300-meter lows.

Scripps Ranch senior Aaliyah McCormick authored the biggest hurdling headlines during league finals week, storming to the San Diego Section record 13.61 in the 100 highs at the Western League Finals that also grabbed her the state lead and the #3 mark nationally in the event. She also owns a wind-aided 13.46 mark.

Fellow San Diegan Charlize James is the only other sib-14.00 performer in the field but there is a wave of others on the cusp. Versatile talent Kailah McKenzie of Orange Vista/ss, veteran star Yvette Harris of Stockton Lincoln/sj, and late-charging Daniela Ruelas of Arroyo Grande/ce are additional key players in the title

chase.

Cathedral Catholic/sd junior Kapiolani Coleman established herself as the early title favorite in the 300-meter hurdles following her state-leading performance at the Arcadia Invitational but junior Karina Janik of Torrey Pines/sd has made notable drops in time in recent weeks. Harris and James also factor in here, with decorated senior Madeleine Conte of Monrovia progressing nicely of late in Southern Section competitions.

GIRLS RELAYS

No girls' program in the state has gained more momentum this spring to establish itself as a new national power as has Golden Valley (Kylee Davis, Tylar Gallien, Nevaeh Williams, and Adonijah Currie) from the Southern Section. The Grizzlies come at you hard via various disciplines, including excellence in the speed events. Last weekend, GV dropped a state-leading time of 45.98 in the short relay, also claiming the #9 spot on the yearly national charts. But Serra of Gardena (Jaiya Fletcher, Mia Flowers, Brazil Neal, and Jordan Washington) has been motoring into top form of late, including a fine 46.19 runner-up performance at Southern Section Masters. Respected national power Long Beach Poly (46.26), their Moore League foe in Long Beach Wilson (46.49), and Los Angeles City Section winner Carson (46.49) also grace the entry list.

It remains to be seen if anyone can counter powerful Wilson in the longer relay, the Bruins striking impressively with a Mt. SAC Relays performance in a meet-leading qualifying effort thereof 3:43.87, easily still the state leader. Aujane Luckey, Samarra Monrroy, Kaylan Edwards, and Sadia Green power the stick for Wilson. Clovis North, the Mt. SAC Relays runner up, seeks to turn the tables in their rematch as Tatum Zinkin, Maya Cordoba, Emerson Parks, and Takiya Cenci comprise the attack.

GIRLS THROWS

One of California's bigger throws talents hails from one of the state's smaller student enrollments represented here. Discus throw state leader Nailea Fields from Caruthers/ce, with a stu-

dent enrollment of close to 600 students, sets out in quest of the school's first state title in the sport. She moved into contention after a huge step-up performance with a toss of 162-07 at the section's Division 4 Finals gave her the state lead in the event by nine feet and moved her up to #8 on the national list. But chief rival Feyi Olukanni of nearby Clovis East should be the co-favorite after three outings this spring at 150-feet plus, including two of them right here at this Buchanan facility (the first being a 153-07 fling in mid-March). Notre Dame's April Fontennette, the surprise Southern Section Division 3 winner at 150-10, and Cathedral Catholic star Kennedy Clarke (147-09) each harbor championship plans of their own.

In the shot put, Clarke owns the state lead with her 47-05 bomb in dual meet action in early April, but it's her only instance beyond 45 feet. Yet she remains unbeaten this spring with major meet wins at Mt. Carmel, Arcadia, and Mt. SAC. Notre Dame's Hope Gordon, one of the school's three entries in this event, is the only other 45-footer in the field. Clovis East's Olukanni has thrown in the mid-44s two of the last three weekends, both times at this venue.

GIRLS TEAM COMPETITION

A scoring shootout projects to take place between co-favorites Golden Valley/ss and Serra/ss of Gardena, with each targeting in the 40-point range. Golden Valley gets the slight nod, with the Grizzlies primed to score big points from two key entries in the high jump while also courting the state leader in both the long jump and the short relay. More big points are also in the cards in the 200. Serra will be set to score big in the 100, the 200, and the short relay, barring disaster, the battle is really for the third-place plaque, with Cathedral Catholic/sd being string in the hurdles and throws to hold the slightest advantage over the trio of Long Poly Poly/ss, Long Beach Wilson/ss, and Poway/sd. Both Poly and Poway have an army of entries, so each one has a bonus scoring upside!



CORPORATE CHAMPIONS

Through the CIF Corporate Champion program, these companies provide a direct, positive impact on the opportunities afforded to more than 830,000 CIF student-athletes each year. These corporations are dedicated to emphasizing the role of athletics in interscholastic education by supporting CIF programs throughout the year. So, on behalf of the CIF and our student-athletes, we'd like to extend a big thank you to our Corporate Champions for being a vital part of the CIF family.



Statewide Sponsors

Black Bear Diner
California Canopy
ChangeUp
Concordia University, Irvine
Courtclean/MatClean
Data Impressions
Dick's Sporting Goods
Dollamur Sports Surfaces

eTeamSponsor
First Team Media
G3 Minerals
Gipper
GoFan
Hudl
JAWKU, LLC
JOLYN

MaxPreps
MileSplit
Nfinity Athletic
OMEN/NVIDIA
PlayVS
Rapsodo
SBLive
Smitty Official's Apparel

Southern Bleacher Company
Sports Imports
Techline Sports Lighting
The Old Spaghetti Factory
Universal Tennis Ranking
Verde Design

CIF Ring Licensees

Baron Championship Rings
Herff Jones
J. Lewis Small
Jostens
Signature Style Jewelry

CIF State Ball Sponsors

Baden
Head Penn
HL Corporation
Kap 7
Spalding

CIF State Track & Field Championships

Event 1 Girls 4x100 Meter Relay Varsity

9 Advance: Top 1 Each Heat plus Next 6 Best Times

Lane	Team	Relay	Seed Time
------	------	-------	-----------

Heat 1 of 3 Prelims

1	Birmingham-la		49.69
	1) Song Jackson 10	2) Harlym Harris 9	
	3) shani Coffey 12	4) Emmerson Wiggins 12	
	5) Ani Brown 9		
2	Cath. Cath-sd		48.51
	1) Ceana Thomas 12	2) Vanessa Sukay 12	
	3) Kapiolani Coleman 11	4) Mia Bento 11	
	5) Mattea Jones 9	6) Izzy Matteson 9	
3	Lynbrook-cc		47.99
	1) Alyssa Meng 12	2) Alison Tjoe 12	
	3) Vanessa Su 12	4) Claire Wang 12	
4	Culver City -ss		47.41
	1) Andrea Smith 10	2) Joelle Trepagnier 9	
	3) Morgan Maddox 10	4) Imaan Minwalla 11	
	5) Sanaa Bellard 10	6) Maeva Dubache 10	
5	Golden Val-ss		45.98
	1) Kylee Davis 12	2) Taahjah Fann 11	
	3) Nevaeh Williams 11	4) Adonijah Currie 11	
	5) Tylar Gallien 12	6) Breelyn Newsome 9	
6	Carson-la		46.85
	1) Sahara Wray 11	2) Samira Stevenson 11	
	3) Tiffany Williams 9	4) Reign Remond 11	
	5) Ari'yona Smith 11	6) Kaitlyn Williams 9	
7	Granada Hls-la		47.95
	1) Simone Bart-Plange 11	2) Isabella Vally 11	
	3) Monique Fulling 10	4) Gabriella Caldwell 10	
	5) Samantha Martinez 12	6) Chelsea Ohanaga 11	
8	Frontier-ce		48.47
	1) Natalia Carrillo 11	2) Avianna Carrillo 11	
	3) Kenahdi Haslip 11	4) Cyan Haslip 10	
	5) Reagan Cole 12	6) Adeline Rangel 9	
9	San Lean-nc		49.30
	1) Rymiyah Pringle Hamilton 11	2) Inaam Campbell 12	
	3) Jayonnah Carter 12	4) Maleah Taylor 11	
	5) Bella Torrance 10		

Heat 2 of 3 Prelims

1	Shasta-no		50.72
	1) Abigail Moore 12	2) Nyla Schmidt 12	
	3) Ellie Whitmire 10	4) Aria del Rosario-Sabet 10	
	5) Bria Tate 9	6) Talyn Hanly 9	
2	St. Ignatius-cc		48.91
	1) Aij McFarland 12	2) Kennedy Bluford 12	
	3) Mary Casserly 12	4) Kate Walsh 12	
	5) Lucy Mahoney 11	6) Cariana Campbell 9	
3	Whitney -sj		48.07
	1) Emily Beasley 12	2) Juliana Roberson 10	
	3) Jasmine Beasley 10	4) Ashanti Elie 11	
	5) Phoenix Eastman 11	6) Isabella Leach 10	
4	Wilson(LB)-ss		47.44
	1) Samarra Monroy 12	2) Aujane Luckey 11	
	3) Kaylin Edwards 9	4) Sadia Green 11	
	5) Trinity Moseby 12	6) Loren Webster 12	
5	Serra-ss		46.19
	1) Jaiya Fletcher 10	2) Mia Flowers 10	
	3) Brazil Neal 11	4) Jordan Washington 11	
	5) Za'kiyah Wilson 11		
6	St. Mary's -sk		46.66
	1) Kendall Clay 10	2) Cameron Fields 12	
	3) Rylen Scott 12	4) Kori Fields 11	
	5) Thailan Brown-Carrier 9	6) Tai Sherman 12	
7	Central		47.80
	1) Iyanna Fuller 12	2) Keytonna Ross 10	
	3) Tionna Clements 11	4) Taleeah Hoggatt 11	
	5) Kaiya Quarles 9		
8	Campolindo-nc		48.42
	1) Mari Testa 11	2) Kyrstin Wilson 12	
	3) Meagan Kennedy 11	4) Sara Tabibian 12	
	5) Hanna Birdsong 10	6) Emily Hatch 12	
9	Foothill-nc		49.05
	1) Emma Lim 12	2) Marina Garcia 12	
	3) Makenna Meyers-McNerney 12	4) Torre Anderson 12	
	5) Sabrina Nelson 12	6) Claire Van Horn 11	

CIF State Track & Field Championships

Heat 3 of 3 Prelims...(Event 1 Girls 4x100 Meter Relay Varsity)

2	Carlsbad-sd	48.92
	1) Morgan Herbst 9	2) Kate Pugmire 11
	3) Makenna Herbst 9	4) Kelsey Swyney 11
	5) Charlotte Cliff 9	6) Haley Large 12
3	Oakland Tec -ok	48.14
	1) Inelaboh Ajayi 11	2) Jala Williams 11
	3) Eliza Ayres 9	4) Jada Williams 11
	5) Zamiel Atenga 10	6) Nahlani Snow 11
4	Edison -sj	47.72
	1) Aliyah Williams 12	2) Sharli'e McCuller 12
	3) Nakai Johnson 11	4) Kimora Hill-Brown 9
5	Roosevelt E-Ss	46.58
	1) Kaia Burns 9	2) Dakota Minor 11
	3) Krystal Harrell 11	4) Naomi Johnson 12
	5) Orchid Concha 11	6) Jai Lin Salas 11
6	Poly(LB)-ss	46.64
	1) River Sampson 12	2) Taylor Johnson 10
	3) Aniyah Wynche 12	4) Lauren Reed 12
	5) Alyssa Perkins 9	6) Reed Kennadi 12
7	Clovis North-ce	47.75
	1) Maya Cordoba 10	2) Takiya Cenci 12
	3) Emerson Parks 9	4) Hayden Craft 9
	5) Emma O'Neil 9	6) Jada Brooks 12
8	Silver Creek-cc	48.23
	1) Shayana Tomasetti 11	2) Chika Nwachukwu 12
	3) Madeleine Yamamoto 12	4) Keana Mahava 12
	5) Kristy Huynh 11	6) Makalya Day 10
9	Poway-sd	49.03
	1) Courtney Carpenter 10	2) Claire Blanco 12
	3) Indiana Langford 12	4) Alyssa Bean 12
	5) Tessa Buswell 10	6) Madisen Nichols 9

Event 2 Boys 4x100 Meter Relay Varsity

9 Advance: Top 1 Each Heat plus Next 6 Best Times

Lane	Team	Relay	Seed Time
Heat 1 of 3 Prelims			
1	Freedom-nc		42.69
	1) Taylor Edmon 10	2) Shamond Brooks 12	
	3) Tai Reed 11	4) Demi Kalmon 10	
	5) Elijah Jordan 12	6) Richard Fontenot 11	
2	Con. Oaks -sj		42.44
	1) Niekko McCauley 12	2) Elias Weathers 11	
	3) Andrew Bishop 9	4) Lehman Benson 10	
	5) Alejandro Muhammad 10	6) Cristiano Okwuosa 9	
3	Helix-sd		42.03
	1) Laurence Burston 9	2) Adren Parker 11	
	3) Xavier Van 12	4) Jared Jones 12	
	5) Spencer Gray		
4	Clovis North-ce		41.75
	1) Nickolas Miller 11	2) Jake Parnagian 12	
	3) Andrew Chavez 10	4) Vincent Cordoba 10	
	5) David Nichols 9	6) Frank Solis 10	
5	Central		40.63
	1) Jeremiah Walker 12	2) Cameron Tarver 12	
	3) Elijah Lindsey 12	4) Imari Conley 11	
	5) Terrell Johnson 11	6) Jesiah Lindsey 12	
6	Mission Hls-sd		41.70
	1) Samuel Taylor 12	2) Quince Chapman 12	
	3) Titan Taylor 12	4) Lamar Smith 12	
	5) Matt Martin 12	6) Ian Castro 12	
7	Los Alamitos-ss		41.90
	1) Devin Bragg 9	2) Lincoln Marschall 12	
	3) Brian Arens 12	4) Luke Pollard 12	
	5) DeAndre Moore 11	6) Michael Don Vito 9	
8	Yuba City -sj		42.43
	1) Joaquin Porcayo 12	2) Michael Rojo 12	
	3) Dorsey Sanders 11	4) Amias Bazemore 10	
	5) Nick Afato 11	6) Janero Brown 10	
9	Bellarmine-cc		42.61
	1) Kevin Yu 12	2) William Rainey 12	
	3) John Ham 12	4) Edgar Perez-Lopez 12	
	5) Marcus Facione 9	6) Alex Nguyen 10	
	7) Colin Lakkaraju 10	8) Brennan Kelly 12	



CIF State Track & Field Championships

Heat 2 of 3 Prelims...(Event 2 Boys 4x100 Meter Relay Varsity)

1	Pl. Valley-no	43.54
	1) Evan Enserro 12	2) Anthony Seiler 11
	3) Joey Stuart 12	4) Parker Williams 11
	5) Noah Thomas 12	6) Keegan McGregor 10
2	Los Altos-cc	42.47
	1) Jacob Howmiller 12	2) Zach Fagin 11
	3) Joshua Kung 12	4) Braden Harrison 12
3	Pittsburg-nc	42.07
	1) LaRico Tezeno 10	2) Zach Card 11
	3) Keynan Higgins 11	4) Dearen Idahosa 12
	5) Israel Polk 11	6) Mykel King 11
4	Upland-ss	41.76
	1) DeQuan January 12	2) Kai Graves-Blanks 11
	3) Davis Davis-Lyric 11	4) Christopher Coats 12
	5) Delaney Crawford 12	
5	Serra-ss	41.14
	1) Jaylin Franklin 12	2) Cordell Montgomery 11
	3) Dakoda Fields 10	4) Rodrick Pleasant 11
	5) Deven Lewis 11	6) Darrian Anderson 12
6	Cajon -ss	41.66
	1) Ethan Powell 12	2) Brent Austin 12
	3) Seth Johnson 12	4) JeyQuan Smith 11
	5) Ian Beauregard 11	6) Austin Brayden 11
7	El Cerrito-nc	41.90
	1) Aaron Woodard 11	2) Robert Stitts 11
	3) Warren Smith 11	4) Daniel Harper 10
	5) Jayvon Bolds 10	6) Gavin Thompson 9
8	McClymonds-ok	42.36
	1) Javian Thomas 11	2) Michael Dansby 12
	3) Jay'Vion Cole 12	4) Roland Hammork 12
	5) Tajir Golden 9	6) Dwayne McDougal 12
9	Dorsey-la	42.58
	1) David Grayson 12	2) Jaye Harden 12
	3) Collin Harris 12	4) Mykale Mundy 12
	5) Aliyy Rabb 11	6) Sean-Paul Jacobs 12

Heat 3 of 3 Prelims

1	Lincoln-sf	43.90
	1) Zayar Myint 12	2) Ashton Mak 11
	3) Jayden Kwong 12	4) Kean Ignacio 12
	5) Syd Villegas 9	6) Liam Baker 12
2	San Pedro-la	42.48
	1) Christian Phillips 12	2) Kejuan Bullard 12
	3) Ja'Mion Duncan 12	4) Burrell Adams 12
	5) Aidan Davis 12	6) Elijah Thorp 12
3	Harker-cc	42.11
	1) Zain Vakath 11	2) Andrew Fu 11
	3) Armaan Thakker 11	4) Rodrigo Gonzales 11
	5) Pranav Mullappalli 11	6) Kai Burich 12
4	Cathedral -ss	41.87
	1) Ekene Onwaeze 12	2) William Mullins 12
	3) Antonio Walton 9	4) Adonyss Currie 9
	5) Jake Preston 12	6) Jai Banks-Chambers 12
5	Granada Hls-la	41.34
	1) Jordan Coleman 10	2) Jayden Smith 11
	3) Dijon Stanley 11	4) Jeremy Gamble 12
	5) Matthew Young 11	6) Kanye Martin 12
6	Buchanan-cc	41.44
	1) Augustus Remlinger 11	2) Garrett Fox 12
	3) Harrison Kalpakoff 12	4) Hilton Green 11
	5) Michael Runnels 11	6) Parker Brandt 12
7	Jordan-ss	41.88
	1) Elijah Jones 12	2) Jordan Washington 10
	3) Jacob Hernandez 11	4) Darryl Stevens 11
	5) Ahmad Diouf 12	6) Damian Henderson 11
	7) Fernando Reyes 12	
8	Lincoln-sd	42.21
	1) Jaden-Bryce Smith 11	2) Marcus Moore 12
	3) Nathan Acevedo 12	4) Jalil Tucker 12
	5) Josiah Cox 11	6) Makhi Gray-Virgil 10
9	Downey -sj	42.51
	1) Jorden Lewis 11	2) Fayzon Allen 12
	3) Gabriel Hernandez 11	4) Rusty Jones 11
	5) Derrick Kirkendall 10	

WELCOME



Thank you to the hundreds of volunteers who make this event possible.

Enjoy your time in Clovis Unified!

Now Enrolling for 2022-23

www.CUSD.com/Enroll



CLOVIS
UNIFIED
SCHOOL DISTRICT

CIF State Track & Field Championships

Event 3 Girls 1600 Meter Run Varsity

12 Advance: Top 4 Each Heat plus Next 4 Best Times

Lane	Name	Yr	School	Seed Time
Heat 1 of 2 Prelims				
1	Sam McDonnell	12	Newbury Pk-ss	4:49.19
2	Sierra Cornett	9	Buchanan-ce	4:50.75
3	Sadie Engelhardt	9	Ventura-ss	4:51.32
4	Emma Dunmire	12	Tamalpais-nc	4:51.73
5	Brianna McInnis	12	Tamalpais-nc	4:51.88
6	Athena Ryan	10	Sonoma Acad.-nc	4:52.60
7	Ashlyn Boothby	10	Scotts Valley-cc	4:53.81
8	Samira Kennedy	11	Castilleja-cc	4:55.79
9	Julia Soderbery	11	Sac. Hrt Prep-cc	4:56.81
10	Tatiana Cornejo	12	St. Francis -sj	5:02.97
11	Carly Foster	11	Gran. Bay -sj	5:06.39
12	Jacqueline Holman	11	Lowell-sf	5:16.38
13	Elizabeth Merill	9	Shasta-no	5:17.14

Heat 2 of 2 Prelims

1	Mia Chavez	12	Chino -ss	4:50.33
2	Mia Torrecillas	10	Highland-ce	4:50.51
3	Emma Hadley	12	Canyon An. -ss	4:51.39
4	Dalia Frias	12	Mira Costa-ss	4:51.56
5	Allura Markow	11	Dana Hills -ss	4:51.97
6	Isabella Smith	12	V Murrieta-ss	4:52.58
7	Hannah Riggins	11	Del Norte-sd	4:54.68
8	Grace Hutchison	11	Buchanan-ce	4:54.80
9	McCall Dame	11	El Camino-sd	4:58.73
10	Breea Selbrede	11	Mt. Carmel-sd	5:02.83
11	Leila Swenson	12	Bella Vista -sj	5:07.02
12	Sofia Abrego	12	Granada Hls-la	5:09.55
13	Gabriela Nascimento	10	New West Cha	5:18.20
14	Dulce Gonzalez	12	Canoga Pk-la	5:19.90

Event 4 Boys 1600 Meter Run Varsity

12 Advance: Top 4 Each Heat plus Next 4 Best Times

Lane	Name	Yr	School	Seed Time
Heat 1 of 2 Prelims				
1	Christopher Caudillo	11	Clovis-ce	4:07.57
2	Brandon Moreno	11	Jesuit -sj	4:12.82
3	Ryan Mitchell	11	Davis -sj	4:13.02
4	Daniel Winter	12	St. Mary's -sk	4:15.27
5	Ethan Godsey	12	Agoura -ss	4:16.10
6	Micah Sanchez	11	Liberty Ch.-sd	4:16.80
7	Nathaniel Avila	12	Clovis-ce	4:17.22
8	Jack Stein	12	Piedmont-nc	4:17.91
9	Jonah Bazerkanian	11	Royal-ss	4:17.95
10	Dheeraj Gurusamy	11	Granada-nc	4:18.56
11	Manuel Correia	11	Pt. Loma-sd	4:18.67
12	Adrian Sverlow-Mendoza	11	San Pedro-la	4:30.87
13	Daniel Ruiz	11	San Pedro-la	4:31.34

Heat 2 of 2 Prelims

1	Noah Ray	11	Buchanan-ce	4:09.68
2	Levi Taylor	12	San Marcos-sd	4:11.87
3	Jeremy Kain	12	Scotts Valley-cc	4:14.10
4	Alex Lamoureux	11	Colig Pk-nc	4:14.94
5	Rowan FitzGerald	12	Cres. Val. -ss	4:16.19
6	Harrison Dance	12	Saratoga-cc	4:16.45
7	Carson Hedlund	9	Pioneer-cc	4:17.23
8	Tyler Kaan	12	Santiago(Cor)-ss	4:17.66
9	Jared Steins	12	Servite-ss	4:18.11
10	Richard Moreno	12	Loyola-ss	4:18.18
11	Miles Jones	10	Oakland Tec -ok	4:21.25
12	Renton McGregor	12	Pl. Valley-no	4:24.41
13	James Jimenez	12	Venice-la	4:31.56
14	Oliver Witt	12	Lowell-sf	4:34.69

Event 5 Girls 100 Meter Hurdles Varsity

9 Advance: Top 1 Each Heat plus Next 6 Best Times

Lane	Name	Yr	School	Seed Time
Heat 1 of 3 Prelims				
1	Naomi-Alyssa Pippins	11	Pali-la	17.25
2	Trisha Sharma	12	Fremont-cc	15.04
3	Niya Clayton	10	Oaks Chr-ss	14.54
4	Kori Fields	11	St. Mary's -sk	14.26
5	Aaliyah McCormick	12	Scripps Ran-sd	13.82
6	Daniela Ruelas	12	A. Grande-ce	14.13
7	Yvette Harris	11	Lincoln(ST)-sj	14.52
8	Taleeah Hoggatt	11	Central	14.76
9	Sandra Melendez	11	Chats-la	17.23

Heat 2 of 3 Prelims

1	Giselle Rodriguez-Sanchez	11	Fall River-no	17.36
2	Elizabeth Churchill	12	Aptos-cc	15.18
3	Riley Costales	11	Central	14.57
4	Madeleine Conte	12	Monrovia-ss	14.26
5	Kailah McKenzie	11	Orange Vista	14.03
6	Kapiolani Coleman	11	Cath. Cath-sd	14.05
7	Chika Nwachukwu	12	Silver Creek-cc	14.45
8	Saqqara Ruffin	12	El Cerrito-nc	14.74
9	Mia Jamerson	11	Carson-la	17.17

Heat 3 of 3 Prelims

2	Alessandra Ionescu-Zanetti	11	Berkeley-nc	15.19
3	Sarah Ajayi	11	King Ml-Ss	14.57
4	Lauren Thai	12	Thou Oaks-ss	14.26
5	Charlize James	12	San Diego-sd	14.03
6	Giselle Kirchner	10	Rocklin -sj	14.03
7	London Davis	10	Upland-ss	14.35
8	Mari Testa	11	Campolindo-nc	14.68
9	Eliza Ayres	9	Oakland Tec -ok	15.59



MAKING FAST LOOK GOOD

BEST OF LUCK TO ALL COMPETING ATHLETES

559-237-2590 | info@beynonsports.com | beynonsports.com



PRODUCT: BSS 2000RE
TEXTURE: Hobart
COLOR: Beynon Red & Southern Blue

CIF State Track & Field Championships

Event 6 Boys 110 Meter Hurdles Varsity

9 Advance: Top 1 Each Heat plus Next 6 Best Times

Lane	Name	Yr	School	Seed Time
------	------	----	--------	-----------

Heat 1 of 3 Prelims

1	Jamurian Broussad	11	Carson-la	16.02
2	Hudson Hergenrader	9	Buchanan-ce	15.00
3	Anthony Trucks	12	Delasalle-nc	14.58
4	Dario Rock	12	St. Francis-ss	14.34
5	Kai Graves-Blanks	11	Upland-ss	13.75
6	Miles Roberts	11	Leland-cc	14.19
7	Adam Wright	12	Monte Vst-nc	14.56
8	Isaac Thomas	12	Mission Hls-sd	14.96
9	Xander Contreras	12	Lincoln-sf	15.63

Heat 2 of 3 Prelims

1	Caden Rowe	11	Foothill-no	16.26
2	Jaylen Durham	12	Hamilton-la	15.03
3	Cameron Williams	10	M. West -sj	14.64
4	Kathir Balakrishnan	11	Fremont-cc	14.34
5	Logan Lyght	11	Mater Dei-ss	14.04
6	Ben Kin Ho Tsang	11	Independ-cc	14.17
7	Isaiah Earls	12	Woodcreek-sj	14.55
8	Nathanael DeMatto	10	S. Pacific-cc	14.92
9	Burrell Adams	12	San Pedro-la	15.50

Heat 3 of 3 Prelims

2	Shon Martin	10	East Lake-sd	15.07
3	Rickey Green III	10	Inderkum -sj	14.75
4	Anish Kasam	12	Dublin-nc	14.39
5	Davis Davis-Lyric	11	Upland-ss	14.14
6	Seth Johnson	12	Cajon -ss	14.16
7	DeQuan January	12	Upland-ss	14.53
8	Kyle Hughes	11	Bullard-ce	14.87
9	Elton Hurd	11	El Camino-sd	15.17

Event 7 Girls 400 Meter Dash Varsity

9 Advance: Top 1 Each Heat plus Next 6 Best Times

Lane	Name	Yr	School	Seed Time
------	------	----	--------	-----------

Heat 1 of 3 Prelims

1	Sara Tabibian	12	Campolindo-nc	59.05
2	Isabella Vally	11	Granada Hls-la	57.50
3	Taylor Snaer	11	E. Union -sj	56.50
4	Caroline Hawkes	12	S. Clemente-ss	55.39
5	Takiya Cenci	12	Clovis North-ce	53.40
6	Maya Shinnick	12	Glendora -ss	55.35
7	Mikelia Strong	12	Fairfield -sj	56.38
8	Makenna Herbst	9	Carlsbad-sd	57.48
9	Eliah DeMange	11	MarCarrillo-nc	58.66

Heat 2 of 3 Prelims

1	Talyn Hanly	9	Shasta-no	1:00.79
2	Layla Clay	12	Buchanan-ce	57.70
3	Anjali Yella	10	Harker-cc	56.99
4	Morgan Maddox	10	Culver City -ss	55.56
5	Aujane Luckey	11	Wilson(LB)-ss	53.83
6	Samarra Monroy	12	Wilson(LB)-ss	55.11
7	Payton Smith	10	La Jolla-sd	56.33
8	Avery Adelman	10	Gunn-cc	57.37
9	Simone Bart-Plange	11	Granada Hls-la	58.34

Heat 3 of 3 Prelims

2	Brooklyn Harris	9	Hamilton-la	57.76
3	Keilee Hall	11	Chr. Brth. -sj	56.99
4	Joelle Trepagnier	9	Culver City -ss	55.66
5	Naomi Johnson	12	Roosevelt E-Ss	54.86
6	Alyssa Bean	12	Poway-sd	54.96
7	Hannah Rutherford	9	Mountain V-Cc	55.88
8	Isabella Flores	12	El Diamante-ce	57.11
9	Zoe Lahanas	10	Clayton Vy-nc	57.79

Event 8 Boys 400 Meter Dash Varsity

9 Advance: Top 1 Each Heat plus Next 6 Best Times

Lane	Name	Yr	School	Seed Time
------	------	----	--------	-----------

Heat 1 of 3 Prelims

1	Alexander Franco	11	Dublin-nc	49.92
2	Quincy Patton	12	Buchanan-ce	49.45
3	Bryce Thomas	11	Moreau Ct-nc	48.41
4	Jaden Smith	12	S J Bosco-ss	47.73
5	Christopher Goode	12	W. Ranch-ss	46.75
6	William Mullins	12	Cathedral -ss	47.47
7	Leroy Crook	12	Wilson(LB)-ss	48.39
8	Jeremiah Earby	12	Mnlo Ath-cc	49.35
9	Jayden Smith	11	Granada Hls-la	49.88

Heat 2 of 3 Prelims

1	Jahari Johnson	12	Enterprise-no	50.02
2	Wil Brennan	11	Los Gatos-cc	49.48
3	Mason Fara	12	Campolindo-nc	48.43
4	Christopher Coats	12	Upland-ss	47.77
5	Dijon Stanley	11	Granada Hls-la	46.94
6	Logan Davis	12	Marsh Fund-ss	47.31
7	Jaden Rattay	11	Lincoln (Abr	48.15
8	Luke Stewart	12	Oak Ridge -sj	49.12
9	Brayden Chavez	10	Vanden -sj	49.85

Heat 3 of 3 Prelims

1	Marc Webb	12	Mission-sf	50.74
2	Payton Mathias	12	Clovis North-ce	49.54
3	John Dailey	11	Whitney -sj	48.44
4	Liam Gair	12	Vill Prep-ss	47.86
5	Jeremiah Walker	12	Central	47.27
6	Adren Parker	11	Helix-sd	47.31
7	Haydn Brotschi	12	Otay Ranch-sd	48.12
8	Kian Maher	12	San Marcos-sd	49.02
9	Caleb Womack	12	Santa Cruz-cc	49.68

Chick-fil-A[®]

Fashion Fair

GUADALAJARA



Mexican Restaurants

"If you don't see the Fat Man it's not the real thing".
"Si no miras a el gordo no es el Guadalajara Original"

CIF State Track & Field Championships

Event 9 Girls 100 Meter Dash Varsity

9 Advance: Top 1 Each Heat plus Next 6 Best Times

Lane	Name	Yr	School	Seed Time
Heat 1 of 3 Prelims				
1	Maliah Sampson	9	O'Connell-Sf	12.59
2	Leila Champion	11	Dublin-nc	12.30
3	Juliette Kosmont	11	S. Catalina-cc	12.16
4	Aniyah Wyche	12	Poly(LB)-ss	11.84
5	Jordan Washington	11	Serra-ss	11.64
6	Reign Redmond	11	Carson-la	11.84
7	Avianna Carrillo	11	Frontier-cc	12.06
8	Shanye Harris	10	Dough Val-nc	12.27
9	Daryana Hall	12	Val. Chr-cc	12.55

Heat 2 of 3 Prelims

1	Kylie Atteberry	10	Las Plumas-no	12.66
2	Riley Allen	10	Righetti-cc	12.32
3	Elizabeth Hatton	12	Sage Creek-sd	12.18
4	Ta'ahja Fann	11	Golden Val-ss	11.86
5	Brazil Neal	11	Serra-ss	11.73
6	Alyssa Thompson	11	HarvWest-ss	11.82
7	Marlee Cavitt	11	Kennedy -sj	12.02
8	Vanessa Su	12	Lynbrook-cc	12.23
9	Jala Williams	11	Oakland Tec -ok	12.54

Heat 3 of 3 Prelims

2	Samira Stevenson	11	Carson-la	12.33
3	Mari Testa	11	Campolindo-nc	12.19
4	Sharli'e Mcculler	12	Edison -sj	11.89
5	Aaliyah McCormick	12	Scripps Ran-sd	11.76
6	Cameron Fields	12	St. Mary's -sk	11.81
7	Eve Divinity	12	Redondo-ss	11.90
8	Haley Duvall	9	Clovis East-cc	12.20
9	Sahara Wray	11	Carson-la	12.43

Event 10 Boys 100 Meter Dash Varsity

9 Advance: Top 1 Each Heat plus Next 5 Best Times

Lane	Name	Yr	School	Seed Time
Heat 1 of 4 Prelims				
2	Michael Rojo	12	Yuba City -sj	10.89
3	Lamar Smith	12	Mission Hls-sd	10.68
4	Evan Johnson	12	Stevenson-cc	10.54
5	Rodrick Pleasant	11	Serra-ss	10.14
6	Jake Parnagian	12	Clovis North-cc	10.53
7	Dominic Gates	12	Tesoro-ss	10.64
8	Jason Wells	11	La Costa Cyn-sd	10.86

Heat 2 of 4 Prelims

2	Mykale Mundy	12	Dorsey-la	11.01
4	Jaelen Knox	12	Poly(LB)-ss	10.56
5	Jordan Washington	10	Jordan-ss	10.38
6	Max Thomas	12	Servite-ss	10.53
7	Nickolas Miller	11	Clovis North-cc	10.64
8	Andrew Fu	11	Harker-cc	10.82

Heat 3 of 4 Prelims

2	Jordan Coleman	10	Granada Hls-la	11.02
3	Zion Allen	12	Marteca -sj	10.73
4	Paul Kuhner	10	Acalanes-nc	10.56
5	Nathan Johnson	12	Clovis-cc	10.43
6	Zach Card	11	Pittsburg-nc	10.53
7	Devon Sundgren	12	Shafter-cc	10.62
8	Nyзия Hunter	11	Salinas-cc	10.80
9	Anthony McFall	12	Yreka-no	11.06

Heat 4 of 4 Prelims

2	Zayar Myint	12	Lincoln-sf	11.03
3	Matthew Priest	10	Maranatha C.-Sd	10.77
4	Cameron Tarver	12	Central	10.58
5	Devin Bragg	9	Los Alamitos-ss	10.45
6	Cornell Davis	12	Pinole Val-nc	10.47
7	Elijah Lindsey	12	Central	10.61
8	Ah'Marion Ashley	11	Edison -sj	10.78
9	James Thurmand	12	Chats-la	11.05

Event 11 Girls 800 Meter Run Varsity

12 Advance: Top 3 Each Heat plus Next 3 Best Times

Lane	Name	Yr	School	Seed Time
Heat 1 of 3 Prelims				
1	Mia Chavez	12	Chino -ss	2:08.84
2	Tessa Buswell	10	Poway-sd	2:11.09
3	Ashlynn Viramontes	12	Katella-ss	2:11.33
4	Trinity Dixon	12	San Marcos-sd	2:12.66
5	Hillary Studdert	11	Palo Alto-cc	2:12.77
6	Summer Doyle	10	Rio Amer. -sjs	2:16.06
7	Adeline Johnson	11	Branson -nc	2:16.74
8	Dulce Gonzalez	12	Canoga Pk-la	2:20.91
9	Ava Baak	11	Pali-la	2:22.76

Heat 2 of 3 Prelims

1	Mackenzie Browne	11	North Js-Ss	2:09.36
2	Ashlee Gallegos	12	Jserra-Ss	2:10.61
3	Lillian Kaelber	10	St. Fran(MV)-cc	2:11.48
4	Kaitlyn Arciaga	9	Westview-sd	2:12.32
5	Tatum Olesen	10	Mnlo Ath-cc	2:12.90
6	Nia Lamas	12	Sanger-cc	2:14.75
7	Carolina Dawson	12	West County-nc	2:16.85
8	Sofia Abrego	12	Granada Hls-la	2:18.64
9	Makenze Knowles	12	Foothill-no	2:23.33

Heat 3 of 3 Prelims

1	Sadie Engelhardt	9	Ventura-ss	2:10.18
2	Arielle Mckenzie	10	La Canada-ss	2:10.61
3	Elle Lomeli	9	Buchanan-cc	2:11.95
4	Kaho Cichon	12	Fount. Val -ss	2:12.29
5	Tatum Zinkin	12	Clovis North-cc	2:13.28
6	Aliyah Williams	12	Edison -sj	2:13.87
7	Emma Gardner	9	Tamalpais-nc	2:17.57
8	Quinn Walker	11	Oak Ridge -sj	2:17.92
9	Katja Jackson	12	Lowell-sf	2:24.11



*"To give
anything less
than your best
is to sacrifice
the gift."*

- Steve "Pre" Prefontaine



Membership is open to school employees, students,
members of school organizations, and their families.

1-800-538-3328 | myEECU.org

  Insured by NCUA

CIF State Track & Field Championships

Event 12 Boys 800 Meter Run Varsity

12 Advance: Top 3 Each Heat plus Next 3 Best Times

Lane	Name	Yr	School	Seed Time
------	------	----	--------	-----------

Heat 1 of 3 Prelims

1	Ellis Delvecchio	12	Thacher-ss	1:51.11
2	Furious Clay	11	Crystal Sprgs-cc	1:52.69
3	Jacob Robison	12	Foothill -ss	1:52.90
4	Yutaka Roberts	12	El Camino-cc	1:54.47
5	Noah Pagaran	12	Lincoln(ST)-sj	1:54.53
6	Zach Weaver	11	Buchanan-cc	1:56.16
7	Isaac Torres	11	El Cam. Real-la	1:56.50
8	Francisco Rodriguez	11	Franklin-la	1:58.52
9	Aman Bereket	11	Skyline-ok	1:59.85

Heat 2 of 3 Prelims

1	Jai Dawson	12	Dana Hills -ss	1:51.13
2	Ben Pinkel	12	Bellarmine-cc	1:52.61
3	Ryan Thomas	11	Torrey Pines-sd	1:53.11
4	Joseph Lighthall	11	Hughson -sj	1:54.25
5	Emanuel Salas	12	Sanger-cc	1:54.81
6	Ben Borchers	12	Edison-cc	1:56.15
7	Timothy Keller	12	Berkeley-nc	1:57.28
8	Shane Badcock	11	Dough Val-nc	1:58.15
9	Benjamin Lester	12	Lowell-sf	2:00.23

Heat 3 of 3 Prelims

1	Quinn Harder	12	San Marcos-sd	1:51.90
2	Aaron Sahlman	11	Newbury Pk-ss	1:52.08
3	Marcell Francis-Mitchell	11	Wilson(LB)-ss	1:53.36
4	Jacob Snodgress	12	San Marcos-ss	1:53.43
5	Vaughn Lacour	12	R. Bernardo-sd	1:55.38
6	Damian Garcia	12	Pitman -sj	1:56.13
7	Finlay Robertson	12	Marshall-la	1:57.40
8	Cooper Downing	12	Piedmont-nc	1:57.47
9	Avery Munson Clark	12	Chico-no	2:00.56

Event 13 Girls 300 Meter Hurdles Varsity

9 Advance: Top 1 Each Heat plus Next 6 Best Times

Lane	Name	Yr	School	Seed Time
------	------	----	--------	-----------

Heat 1 of 3 Prelims

1	Jaya Westby	10	Carson-la	47.59
2	Melia Middleton	11	Christopher-cc	45.07
3	Genesis Washington	12	Wilson(LB)-ss	44.70
4	Daniela Ruelas	12	A. Grande-cc	43.33
5	Karina Janik	11	Torrey Pines-sd	42.38
6	Madeleine Conte	12	Monrovia-ss	43.33
7	Milani Ward	10	Clovis East-cc	44.45
8	Lauren Thai	12	Thou Oaks-ss	45.07
9	Mia Jamerson	11	Carson-la	47.17

Heat 2 of 3 Prelims

1	Giselle Rodriguez-Sanchez	11	Fall River-no	48.97
2	Sara Tabibian	12	Campolindo-nc	45.63
3	Brejia Stredic	11	North Js-Ss	44.77
4	Dominika Janik	11	Torrey Pines-sd	43.38
5	Yvette Harris	11	Lincoln(ST)-sj	42.61
6	Kapiolani Coleman	11	Cath. Cath-sd	43.07
7	Kaylin Edwards	9	Wilson(LB)-ss	44.15
8	Alison Tjoe	12	Lynbrook-cc	44.97
9	Mari Testa	11	Campolindo-nc	47.05

Heat 3 of 3 Prelims

1	Audrey Lin	12	Lincoln-sf	49.48
2	Sydney Thweatt	12	Siena Ju-nc	46.13
3	Sharona Schwab	12	Gunn-cc	44.87
4	Isabel Perez-Zoghbi	12	Merced -sl	44.06
5	Charlize James	12	San Diego-sd	42.71
6	Keilee Hall	11	Chr. Brth. -sj	42.76
7	Riley Costales	11	Central	44.14
8	Shriya Velichala	12	Arcadia -ss	44.96
9	Anise Becker	10	Carson-la	46.55

Event 14 Boys 300 Meter Hurdles Varsity

9 Advance: Top 1 Each Heat plus Next 6 Best Times

Lane	Name	Yr	School	Seed Time
------	------	----	--------	-----------

Heat 1 of 3 Prelims

1	Jamurian Broussad	11	Carson-la	42.18
2	Jamie Nel	12	Tamalpais-nc	39.71
3	Aiden Guibert	12	Scrd Hrt-nc	39.35
4	Daryll Stevens	11	Jordan-ss	38.29
5	Delaney Crawford	12	Upland-ss	37.23
6	Anthony Sausedo	12	Ripon -sj	38.26
7	Julius Cheek	12	Roosevelt E-Ss	39.31
8	Stephen Dahdouh	11	Pleas. Grove -sj	39.70
9	Moses Bigelow	12	West Valley-no	41.91

Heat 2 of 3 Prelims

2	Isaiah Earls	12	Woodcreek-sj	39.81
3	Augustus Remlinger	11	Buchanan-cc	39.57
4	William Rainey	12	Bellarmine-cc	38.71
5	Ben Kin Ho Tsang	11	Independ-cc	37.32
6	Isaac Lewis	11	Wilson(LB)-ss	37.96
7	Davis Davis-Lyric	11	Upland-ss	39.21
8	Jaylen Durham	12	Hamilton-la	39.69
9	Joshua Patapoff	12	San Pedro-la	41.33

Heat 3 of 3 Prelims

2	Sean Huckleberry	12	Univ. Sf-Nc	39.91
3	Danny Tragarz	11	Del Norte-sd	39.63
4	Vincent Atilano	10	Cath. Cath-sd	38.78
5	Shawn Toney	12	Los Altos-cc	37.61
6	Kai Graves-Blanks	11	Upland-ss	37.74
7	Jonathan Nelson	12	Pat. Henry-sd	38.93
8	Noel Felix	10	Central	39.65
9	Nathan Gardner	11	Nipomo-cc	40.45



TRACK & FIELD



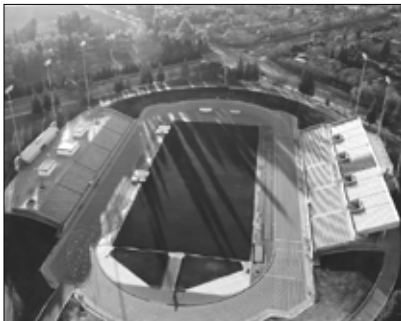
AQUATIC FACILITIES



PLAY FIELDS



ATHLETIC COURTS



STADIUMS

Blair, Church & Flynn

CONSULTING ENGINEERS

GOOD LUCK

to all athletes & coaches!

We are proud to support
Clovis Unified School District
and the CIF State Track &
Field Championships.

Blair, Church & Flynn is a professional consulting firm
offering engineering, surveying and
landscape architecture services.

For 60 years, we have been a trusted advisor
to K-12 school districts, community colleges
and universities throughout California.

CIF State Track & Field Championships

Event 15 Girls 200 Meter Dash Varsity

9 Advance: Top 1 Each Heat plus Next 6 Best Times

Lane	Name	Yr	School	Seed Time
------	------	----	--------	-----------

Heat 1 of 3 Prelims

1	Maliah Sampson	9	O'Connell-Sf	26.29
2	Hannah Rutherford	9	Mountain V-Cc	25.23
3	Vanessa Su	12	Lynbrook-cc	24.98
4	Alyssa Bean	12	Poway-sd	24.25
5	Adonijah Currie	11	Golden Val-ss	23.45
6	Naomi Johnson	12	Roosevelt E-Ss	24.03
7	Payton Smith	10	La Jolla-sd	24.89
8	Isabella Flores	12	El Diamante-cc	25.10
9	Leila Champion	11	Dublin-nc	25.82

Heat 2 of 3 Prelims

1	Kylie Atteberry	10	Las Plumas-no	26.93
2	Simone Bart-Plange	11	Granada Hls-la	25.32
3	Mikelia Strong	12	Fairfield -sj	25.00
4	Eve Divinity	12	Redondo-ss	24.34
5	Jordan Washington	11	Serra-ss	23.62
6	Takiya Cenci	12	Clovis North-cc	24.02
7	Avianna Carrillo	11	Frontier-cc	24.65
8	Juliette Kosmont	11	S. Catalina-cc	25.08
9	Nairobi Smith	10	Internat-nc	25.68

Heat 3 of 3 Prelims

2	Samira Stevenson	11	Carson-la	25.32
3	Kelsey Swyney	11	Carlsbad-sd	25.01
4	Kori Fields	11	St. Mary's -sk	24.44
5	Aujane Luckey	11	Wilson(LB)-ss	23.82
6	Brazil Neal	11	Serra-ss	24.01
7	Reign Redmond	11	Carson-la	24.58
8	Sharli'e McCuller	12	Edison -sj	25.05
9	Victoria Chatter	9	Miramonte-nc	25.48

Event 16 Boys 200 Meter Dash Varsity

9 Advance: Top 1 Each Heat plus Next 5 Best Times

Lane	Name	Yr	School	Seed Time
------	------	----	--------	-----------

Heat 1 of 4 Prelims

2	Robert Stitts	11	El Cerrito-nc	22.06
3	Ryan Teeple	11	Leland-cc	21.83
4	Evan Johnson	12	Stevenson-cc	21.49
5	Rodrick Pleasant	11	Serra-ss	20.49
6	Cameron Tarver	12	Central	21.48
7	Zion Allen	12	Marteca -sj	21.82
8	MacGregor TeSelle	12	Rocklin -sj	22.01

Heat 2 of 4 Prelims

2	Dearen Idahosa	12	Pittsburg-nc	22.24
3	Kanye Clark	11	Capital Chr -sj	21.83
4	Dijon Stanley	11	Granada Hls-la	21.53
5	Jeremiah Walker	12	Central	20.89
6	Imari Conley	11	Central	21.48
7	Logan Davis	12	Marsh Fund-ss	21.73
8	Cash Jones	12	Ramona-sd	21.98

Heat 3 of 4 Prelims

2	Kejuan Bullard	12	San Pedro-la	22.33
3	Sione Laulea	12	J. Serra-cc	21.83
4	Christopher Coats	12	Upland-ss	21.55
5	Jaelen Knox	12	Poly(LB)-ss	21.13
6	Jake Parnagian	12	Clovis North-cc	21.34
7	Jaden Smith	12	S J Bosco-ss	21.70
8	Lamar Smith	12	Mission Hls-sd	21.94

Heat 4 of 4 Prelims

2	Zayar Myint	12	Lincoln-sf	22.53
3	Matthew Priest	10	Maranatha C.-Sd	21.92
4	Elijah Lindsey	12	Central	21.62
5	Nickolas Miller	11	Clovis North-cc	21.16
6	Jordan Washington	10	Jordan-ss	21.33
7	Mykale Mundy	12	Dorsey-la	21.65
8	Bryce Thomas	11	Moreau Ct-nc	21.93
9	Jahari Johnson	12	Enterprise-no	22.56

Event 17 Girls 3200 Meter Run Varsity

Lane	Name	Yr	School	Seed Time
------	------	----	--------	-----------

Section 1 of 1 Finals

1	Lauren Soobrian	11	Los Altos-cc	10:17.17
2	Riley Chamberlain	12	Del Oro -sj	10:20.51
3	Kaiya Brooks	11	Crystal Sprgs-cc	10:23.66
4	Hanne Thomsen	9	Montgom -nc	10:23.82
5	Gioana Lopizzo	10	La Costa Cyn-sd	10:25.46
6	Mackenzie Rogers	12	Poway-sd	10:26.82
7	Cate Joaquin	12	St. Francis -sj	10:28.69
8	Sophia Nordenholz	12	Albany-nc	10:29.77
9	Sam McDonnell	12	Newbury Pk-ss	10:30.15
10	Payton Godsey	10	Oaks Chr-ss	10:32.78
11	Grace Hutchison	11	Buchanan-cc	10:33.70
12	Katie Kopec	11	Whitney -sj	10:34.95
13	Mia Torrecillas	10	Highland-cc	10:35.45
14	Sydney Sundgren	11	Buchanan-cc	10:35.70
15	Alexis Fernandez	12	W. Ranch-ss	10:40.37
16	Anna Chittenden	11	Mira Costa-ss	10:41.09
17	Ella Fadil	11	Los Altos-cc	10:45.08
18	Isabella Duarte	12	Saugus-ss	10:45.68
19	Ailish Hawkins	11	Newbury Pk-ss	10:46.98
20	Annika Salz	12	Torrey Pines-sd	10:50.43
21	Ellie Black	12	Piedmont-nc	10:57.65
22	Iresh Molina	12	Chico-no	11:12.69
23	Jenna Satovsky	12	Lowell-sf	11:21.99
24	Keely Miyamoto	12	Eagle Rock-la	11:25.14
25	Ava Baak	11	Pali-la	11:51.55
26	Jocelyn Pacheco	11	Granada Hls-la	11:54.24

The good thing about Clovis is that there are so many good things.



Every season of the year, there's something happening in Clovis. From Big Hat Days to the Rodeo, from Farmer's Market to the Children's Electric Christmas Parade, Clovis is alive with activities, shopping, dining and fun for all.

Go to VisitClovis.com, and check out a complete calendar of events, choose a restaurant, see where to shop, plan a bike ride, and discover all that Clovis has to offer.



www.VisitClovis.com

CIF State Track & Field Championships

Event 18 Boys 3200 Meter Run Varsity

Lane	Name	Yr	School	Seed Time
Section 1 of 1 Finals				
1	Daniel Appleford	12	Newbury Pk-ss	8:58.85
2	Jason Parra	10	Millidan-ss	8:59.87
3	Mario Giannini	12	Chico-no	9:00.59
4	Matthew Donis	11	Highland-ss	9:02.49
5	Billie Issa	11	W. Ranch-ss	9:02.59
6	Max Sannes	12	Big Bear -ss	9:02.74
7	Michael Julian	12	York-cc	9:03.50
8	Jaden Wiley	12	Hart-ss	9:03.61
9	Will Sheehy	12	HarvWest-ss	9:04.00
10	Kenan Pala	12	Parker-sd	9:04.04
11	Zachary Ayers	12	Davis -sj	9:04.82
12	Preston Bowlds	12	Pat. Henry-sd	9:06.03
13	John Sesteaga	12	Glendora -ss	9:06.14
14	Christopher Caudillo	11	Clovis-ce	9:06.14
15	Milo Skapinsky	11	Sluisobis-Ce	9:06.31
16	Bryce Gilmore	12	Sage Creek-sd	9:06.50
17	Carter Spradling	10	Clovis East-ce	9:07.68
18	Sean Morello	11	Albany-nc	9:08.54
19	Landon Pretre	9	Menlo-cc	9:09.13
20	Daniel Winter	12	St. Mary's -sk	9:09.79
21	Grant Morgenfeld	10	Palo Alto-cc	9:10.60
22	Nathan Short	11	Folsom -sj	9:12.83
23	Daniel Trampe	12	Dublin-nc	9:14.62
24	Andrew Richards	11	Dough Val-nc	9:15.15
25	Oliver Witt	12	Lowell-sf	9:33.86
26	Max Fields	10	Pali-la	9:39.66
27	Luis Sandoval	12	San Pedro-la	9:40.22
28	Jose Sevilla	12	Pali-la	9:42.64
29	Andy Ixtabalan Argueta	11	Skyline-ok	10:37.03

Event 19 Girls 4x400 Meter Relay Varsity

9 Advance: Top 1 Each Heat plus Next 6 Best Times			
Lane	Team	Relay	Seed Time
Heat 1 of 3 Prelims			
1	Lowell-sf		4:11.12
	1) Celia Fong 11	2) Samantha Gee 11	
	3) Jacqueline Holman 11	4) Maria (Fe) Carbajal 10	
	5) Sarah Knight-Weiss 10	6) Christina Chan 11	
2	Los Altos-cc		4:01.38
	1) Cameron Cox 12	2) Jenna Houdek 12	
	3) Megan MacKenzie 11	4) Madeline Randall 10	
3	Turlock -sj		3:57.22
	1) Olivia Walker 10	2) Zoe Lamur 9	
	3) Ava Torres 10	4) Ella Spaulding 11	
	5) Evelyn Ladine 10	6) Emma Ward 9	
4	Del Norte-sd		3:53.12
	1) Anna Prasouvo 10	2) Ella Echsner 10	
	3) Lauren Medley 12	4) Paige Echsner 9	
	5) Brianna Busse 10	6) Emily Russo 9	
5	Clovis North-ce		3:47.33
	1) Maya Cordoba 10	2) Takiya Cenci 12	
	3) Emerson Parks 9	4) Tatum Zinkin 12	
	5) Emma O'Neil 9	6) Hayden Craft 9	
6	Poly(LB)-ss		3:51.61
	1) Kennedy Butler 12	2) Kennadi Reed 11	
	3) Jaylin Hunter 9	4) Taylor Johnson 10	
	5) Leila Holland 9	6) Aniyah Wyche 12	
7	Frontier-ce		3:57.18
	1) Kenahdi Haslip 11	2) Adeline Rangel 9	
	3) Cyan Haslip 10	4) Avianna Carrillo 11	
	5) Kaitleigh Downing 10	6) Giuliana Contreras 11	
8	Clayton Vy-nc		4:00.96
	1) Ashleigh Christy 12	2) Skylar Bennett 10	
	3) Kimora McDonald 10	4) Zoe Lahanas 10	
	5) Vivienne Magu 9	6) Jocelyn Pelcastre 10	
9	Garfield-la		4:08.78
	1) MariaJose Munoz 12	2) Kelia Naranjo-Champion 5	
	3) Emma Saucedo 12	4) Jacqueline Ramirez 12	
	5) Sophia Naranjo-Champion 10	6) Halle Perez 12	

COMPETE & WIN HERE IN FRESNO COUNTY



Let us help you plan your next sports event!



CIF State Track & Field Championships

Heat 2 of 3 Prelims...(Event 19 Girls 4x400 Meter Relay Varsity)

1	Chico-no	4:11.77
	1) Melayna Trento 10	2) Harper Stark 12
	3) Ava-Marie Csutoras 9	4) Melia Bainbridge 12
	5) Mira Sidhu 9	6) Claire Edwards 10
2	Foothill-nc	4:01.85
	1) Sabrina Nelson 12	2) Samantha Lim 12
	3) Claire Van Horn 11	4) Kayla Galvez 12
	5) Katelyn Espino 10	6) Marina Garcia 12
3	Edison -sj	3:57.43
	1) Kimora Hill-Brown 9	2) Sir'renitie Lyons-Wright 11
	3) Chariana Rogers 11	4) Arielle Phillips 11
4	Carlsbad-sd	3:54.87
	1) Morgan Herbst 9	2) Haley Large 12
	3) Kelsey Swyney 11	4) Makenna Herbst 9
	5) Jillian Herrera 9	6) Kate Pugmire 11
5	Wilson(LB)-ss	3:49.47
	1) Samarra Monrroy 12	2) Kaylin Edwards 9
	3) Aujane Luckey 11	4) Sadia Green 11
	5) MaNia Tidwell 11	6) Genesis Washington 12
6	Calabasas -ss	3:50.77
	1) Lahela Ray 10	2) Zanae Woods 12
	3) Braelon Holmes 11	4) Zoe Ray 10
	5) Jordyn Holmes 10	6) Charisma Collins 12
7	Bella Vista -sj	3:56.76
	1) Kathleen O'Brien 12	2) Uriah Walton 9
	3) Emily Bluemel 10	4) Isabelle Rasmussen 12
	5) Ryan Ragagli 11	6) Isabella Chilcutt 12
8	St. Fran(MV)-cc	3:59.19
	1) Hinako Yamamoto 11	2) Anna Fawcett 11
	3) Sabrina Zanetto 9	4) Lillian Kaelber 10
	5) Hope Fordyce 12	6) Christel Elkins 12
9	Granada Hls-la	4:07.69
	1) Isabella Vally 11	2) Reece Trice 9
	3) Sofia Abrego 12	4) Simone Bart-Plange 11
	5) Gabriella Caldwell 10	6) Chelsea Ohanaga 11

Heat 3 of 3 Prelims

2	Archbish Mtty-cc	4:01.99
	1) Alice Tsioutsouloukli 11	2) Maxina Jakobskrueger 12
	3) Taylor Oden 10	4) Tiana Osuna 10
	5) Christina Pellegrini 10	
3	Carson-la	3:58.29
	1) Mia Jamerson 11	2) Eva Walker 10
	3) Jaya Westby 10	4) Anise Becker 10
	5) Samira Stevenson 11	6) Ari'yona Smith 11
4	Ventura-ss	3:55.32
	1) Valentina Fakrogha 10	2) Ryan Mendez 11
	3) Olivia Mobley 9	4) Sadie Engelhardt 9
	5) Chelsea Ochoa 11	6) Donnea Prehn 11
5	Poway-sd	3:49.93
	1) Claire Blanco 12	2) Indiana Langford 12
	3) Tessa Buswell 10	4) Alyssa Bean 12
	5) Mackenzie Rogers 12	6) Shani Edelstein 9
6	Culver City -ss	3:50.62
	1) Kennady Iverson 12	2) Joelle Trepagnier 9
	3) Savanna Mullins 10	4) Morgan Maddox 10
	5) Sierra Nimnual 12	6) Andrea Smith 10
7	Chino Hls. -ss	3:56.10
	1) Jordyn Thomas 11	2) Lady William-Mensah 10
	3) Isabella Duarte 11	4) Alayna McGarry 10
	5) Michelle Ramos 9	6) Riley Rivera 12
8	Clovis East-cc	3:58.65
	1) Haley Duvall 9	2) Brooklyn Washington 9
	3) Milani Ward 10	4) Kylie Ward 11
	5) Yamilhet Gonzalez 11	6) Reigan Rose 12
9	St. Mary's-nc	4:03.75
	1) Maddie Dwyer 12	2) Alexa Lawson 9
	3) Sofia Jackson 11	4) Dylan Hedgspeth 11
	5) Taryn Fettig 11	6) Brooklyn Dwyer 9

**Wishing you a successful
Track Meet Clovis USD!**



CIF State Track & Field Championships

Event 20 Boys 4x400 Meter Relay Varsity

9 Advance: Top 1 Each Heat plus Next 6 Best Times

Lane	Team	Relay	Seed Time
Heat 1 of 3 Prelims			
1	Dorsey-la		3:29.83
	1) David Grayson 12	2) Collin Harris 12	
	3) Sean-Paul Jacobs 12	4) Mykale Mundy 12	
	5) Malik Claros 11	6) Aliyy Rabb 11	
2	Archbish Mtty-cc		3:21.90
	1) Elijah Bautista 10	2) Nathan Lau 11	
	3) Aaron Biebel 10	4) Xavier Swanagan 10	
	5) Toju Maku 10	6) Julian Shearin-Sewell 12	
	7) Brandon Chun 10		
3	Los Altos-cc		3:20.84
	1) Reece Enthoven 12	2) Jacob Howmiller 12	
	3) Braden Harrison 12	4) Shawn Toney 12	
4	Poly(LB)-ss		3:19.26
	1) Nicholas Mejia 12	2) Jaelen Knox 12	
	3) Daylen Austin 11	4) Xai Ricks 10	
	5) Caliph Johnson 9	6) Willie Hall 12	
5	Cathedral -ss		3:13.98
	1) Jake Preston 12	2) William Mullins 12	
	3) Antonio Walton 9	4) Adonyss Currie 9	
	5) Ekene Onwaeze 12	6) Devon Beckom 11	
6	Helix-sd		3:19.19
	1) Xavier Van 12	2) Ethan Denison 12	
	3) Laurence Burston 9	4) Adren Parker 11	
	5) Tibyasa Matovu 12		
7	Dublin-nc		3:20.82
	1) Brandon Burns 12	2) Alexander Franco 11	
	3) Takehiro Masubuchi 12	4) Manogya Yara 12	
	5) Manyu Yara 11	6) Anish Kasam 12	
8	Piedmont-nc		3:21.77
	1) Luke Alban 12	2) Parker Long 11	
	3) Cooper Downing 12	4) Parker Terrill 12	
	5) Jack Stein 12	6) Matthew Riordan 11	
9	Pl. Valley-no		3:28.94
	1) Evan Enserro 12	2) Keegan McGregor 10	
	3) Jackson Hein 9	4) Renton McGregor 12	
	5) Anthony Seiler 11	6) Parker Williams 11	
Heat 2 of 3 Prelims			
1	Lowell-sf		3:33.21
	1) Noah Louie 11	2) Hayden Kwok 12	
	3) Samuel Lawrence 12	4) Blake Wong 10	
	5) Matthew Kimotsuki 12	6) Paolo Canigiula 12	
2	Steele Cyn-sd		3:22.20
	1) Samuel Cook 12	2) Benito Villa 11	
	3) Nathan Gillis 12	4) Michael Dodds 10	
	5) Arthur Simpson 12	6) Leon Gillis 12	
3	Cajon -ss		3:20.89
	1) Seth Johnson 12	2) Spencer Nelson 11	
	3) Vicente Quiroz Jr. 12	4) JeyQuan Smith 11	
	5) Keith Cotlage 12		
4	Monrovia-ss		3:19.48
	1) Devin Paton 11	2) Carlos Hernandez 11	
	3) Andrew Sayles 12	4) Nasir Samuels 12	
	5) Brian Salazar 10	6) Jacob Monroe 10	

5	Wilson(LB)-ss	3:14.55
	1) Isaac Lewis 11	2) Leroy Crook 12
	3) Marcell Francis-Mitchel 11	4) Diego Alvarado 10
	5) Nico Colchico 12	6) Andrew Johnson 10
6	Central	3:18.28
	1) Walter Pierce 10	2) Imari Conley 11
	3) Terrell Johnson 11	4) Jeremiah Walker 12
	5) Jerome Brown 11	6) Cameron Tarver 12
7	Los Gatos-cc	3:20.74
	1) Levi Romero 11	2) Brady Kamali 11
	3) Luke Pittock 12	4) Wil Brennan 11
8	Heritage-nc	3:21.62
	1) Morel Ombougno 12	2) Zachary Carroll 12
	3) Jordan Maldonado 11	4) Jordan Green 9
	5) Devin Jones 12	6) Aaron Reyna 12
9	El Cam. Real-la	3:26.50
	1) Jacob Daum 11	2) Kenneth Stovall 11
	3) Seth Mack 12	4) Isaac Torres 11
	5) Evan Dixon 12	6) Chidera Ohiaeri 11

Heat 3 of 3 Prelims...(Event 20 Boys 4x400 Meter Relay Varsity)

2	Clovis North-cc	3:22.44
	1) Paul Porter 12	2) Payton Mathias 12
	3) Spencer Mueller 12	4) Ryan Alali 10
	5) Nickolas Miller 11	6) Cameron Black 11
3	Westlake-ss	3:21.19
	1) Ife Orekoya 10	2) Marcus Nortey 11
	3) Cole Jarvis 12	4) Taylor Johnson 12
	5) Kelton Garber 12	6) KC Barber 11
4	San Marcos-sd	3:20.59
	1) Kian Maher 12	2) Levi Taylor 12
	3) Sam Whelan 12	4) Quinn Harder 12
	5) Riley Ronquillo 11	6) Ezriah Jones 11
5	Rocklin -sj	3:16.62
	1) Isaac Ja 12	2) MacGregor TeSelle 12
	3) Kyle Hall 11	4) Nathan Kent 12
	5) Ian Ronald 12	6) Jordan Ventura 10
6	Edison -sj	3:17.59
	1) Kaleb Gibbs 12	2) Dietrich Lacy 12
	3) Charles Rogers 11	4) Tyree Owens 11
7	Del Campo -sj	3:20.62
	1) Leo Krug 11	2) Dante Schutz 12
	3) Nasir Jones Roberts 11	4) Elias Baeder 12
8	Buchanan-cc	3:21.47
	1) Quincy Patton 12	2) Zach Weaver 11
	3) Henry Baxter 10	4) Noah Ray 11
	5) Marcus Jauregui 12	6) Parker Brandt 12
9	Granada Hls-la	3:25.99
	1) Jordan Coleman 10	2) Matthew Young 11
	3) Jayden Smith 11	4) Dijon Stanley 11
	5) Pablo Abrego 12	6) D'Javonte' Richmond 11



OFFICIAL EQUIPMENT SUPPLIER TO **USATF**



CALIFORNIA DIRECT EQUIPMENT AND SERVICE

CALIFORNIA DIRECT REPRESENTATIVE

Michael Chappell - 530.228.5826

michaelc@ucsspirit.com

LOCALLY MADE. GLOBALLY RENOWNED. | *EQUIP TO WIN™* | UCSSPIRIT.com | 800.526.4856

UCS®



Kiwanis Club of Old Town Clovis

Proud Organizer of the Annual **Clovis Children's Electric Christmas Parade;**

Provides Volunteers and Funding for **Special Olympics;**

Provides **Scholarships** for the Clovis Unified School District;

Sponsors **Hope of America Awards** for CUSD Intermediate Schools;

Supports **Valley Children's Hospital Pediatric Trauma Unit;**

Supports **Future Farmers of America** (FFA);

Provides **Holiday Food Baskets** to Local Families;

Provides Leadership and Funding for the **Key Clubs at Clovis Unified High Schools;**

Provides Support and Volunteers for the **CIF State Track Meet;**

And Much More

Interested in Community Service?

Join us each 1st and 3rd Wednesday at noon

Classic Catering—625 Fourth Street in Old Town Clovis



Kiwanis is a global organization of volunteers dedicated to
changing the world one child and one community at a time



CIF State Track & Field Championships

Event 21 Girls High Jump Varsity

Top 12 Advance by Mark

Prelim Progression: 5-3, 5-5, 5-6, 5-7 then 1"

Pos	Name	Yr	School	Seed	Mark
Flight 1 of 1 Prelims					
1	Haley Willison	12	Yreka-no	4	10.00
2	Oleana Taalman-Koch	9	Marshall-la	5	00.00
3	Sarai Elder	12	Carson-la	5	00.00
4	Kendra Daniels	10	Righetti-ce	5	01.00
5	Karina Rodriguez	10	Clovis-ce	5	01.00
6	Esther Ikediuba	12	King Drew Me	5	02.00
7	Haley Chelemedos	9	Acalanes-nc	5	02.00
8	Isabella Chilcutt	12	Bella Vista -sj	5	03.00
9	Claire Predmore	12	Bullard-ce	5	03.00
10	Carly Young Harriman	11	Acalanes-nc	5	03.00
11	Mara Lampsas	12	Calif-nc	5	04.00
12	Amia Witt	10	Calabasas -ss	5	05.00
13	Kylee Davis	12	Golden Val-ss	5	05.00
14	Clara Fan	9	Monta Vista-cc	5	05.00
15	Jillene Wetteland	9	Poly(LB)-ss	5	05.00
16	Cheyenne Roberts	12	Westview-sd	5	05.00
17	Kelly De Jong	10	Maranatha C.-Sd	5	05.00
18	Kailah McKenzie	11	Orange Vista	5	05.00
19	Kendra Duffey	12	Aliso Niguel -ss	5	05.00
20	Jazmine Severo	12	Golden Val -sj	5	05.00
21	Carissa Martinez	12	Mater Dei-ss	5	05.00
22	Milana Herrera	12	Palos Verdes-ss	5	05.00
23	Amara Thomas	10	Val View-ss	5	05.00
24	Ashanti Elie	11	Whitney -sj	5	06.00
25	Zharia Taylor	12	Poly(LB)-ss	5	07.00
26	Katherine Porter	12	Los Altos-ss	5	07.00
27	Melanie Castelli	11	Notre Dm(B)-cc	5	07.00
28	Lizzie Tarczy	11	Scripps Ran-sd	5	07.00
29	Macaria Moore-Bastide	12	East Lake-sd	5	07.00
30	Hannah Slover	11	Los Gatos-cc	5	07.00
31	Meagan Humphries	10	Golden Val-ss	5	09.00
32	Elizabeth Churchill	12	Aptos-cc	5	09.00

Event 22 Girls Pole Vault Varsity

Top 12 Advance by Mark

Prelim Progression: 11-9, 12-3, 12-7, 12-11, then 4"

Pos	Name	Yr	School	Seed	Mark
Flight 1 of 1 Prelims					
1	SeaAnna Ross	12	Orland-no	9	00.00
2	Emily Zamora	11	Willow Glen-cc	10	06.00
3	Abigail Goetz	10	Sequoia-cc	10	06.00
4	Ava Burton	12	Morro Bay-ce	11	03.00
5	Madison Pelfrey	11	St. Francis -sj	11	06.00
6	Jonelle Scott	10	Soguel-cc	11	06.00
7	Elise Doyle	10	S. Ramon V-Nc	11	07.00
8	Natalia Wilson	12	Trabuco Hls-ss	11	09.00
9	Avery Macktinger	12	Del Oro -sj	11	09.00
10	Jessica Thompson	11	HarvWest-ss	11	09.00
11	Celeste Taylor	12	S Margaret's-ss	11	09.00
12	Peyton Bedrosian	10	Paso Robles-ce	11	09.00
13	Evangeline Thomson	11	Poway-sd	12	03.00
14	Charlotte O'Connor	12	R. Bernardo-sd	12	03.00
15	Kayla Tassara	12	So Torrance-ss	12	03.00
16	Rose Wagner	12	Fallbrook-sd	12	03.00
17	Jordan Leveque	11	Buchanan-ce	12	09.00
18	Iliana Downing	10	La Costa Cyn-sd	12	09.00
19	Quincy Hansen	12	S Dieguito-sd	12	09.00
20	Madisyn Negro	11	Murr Val-ss	12	09.00
21	Allison Leigh	12	Del Norte-sd	12	09.00
22	Lily Mulligan	11	MarCarrillo-nc	12	11.00
23	Alison Sahaída	12	Oak Ridge -sj	13	02.00
24	Aspen Fears	10	V Murrieta-ss	13	03.00
25	Lexi Evans	12	Scripps Ran-sd	14	00.00
26	Jathiyah Muhammad	10	Dublin-nc	14	00.00

PRINT • SIGNS • GRAPHICS

"Motivated by customer satisfaction,
powered by employees who care."

WE'VE GOT SPIRIT!

YES, WE DO!

FANINABOX[®]
faninabox.com

think **INSIDE** the box™

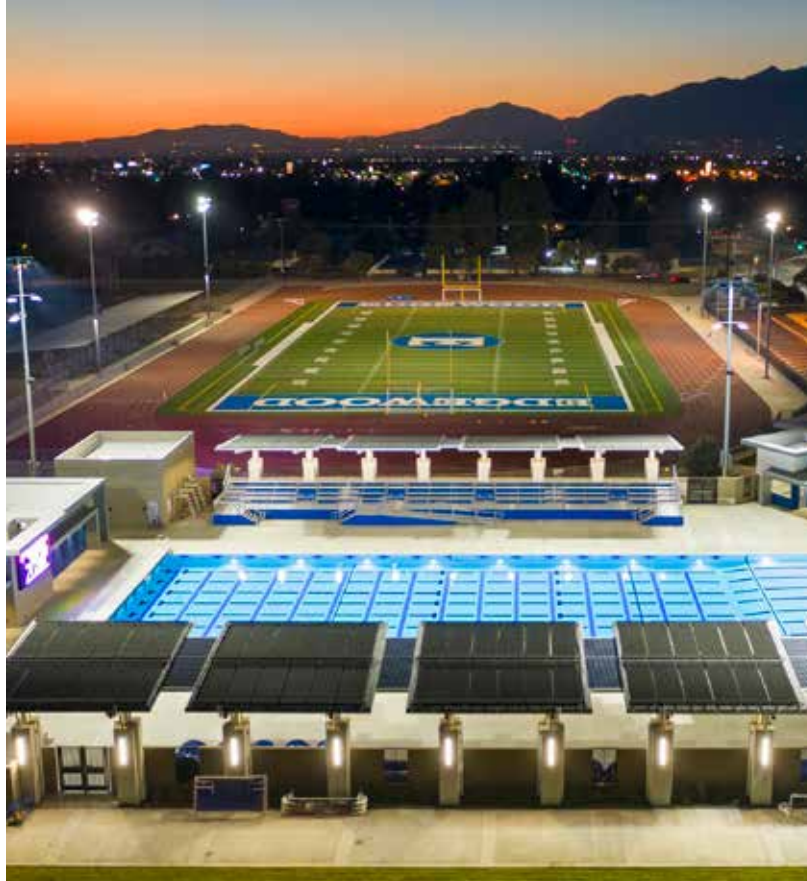
CIF State Track & Field Championships

Event 23 Girls Long Jump Varsity

Top 12 Advance by Mark			
Pos	Name	Yr School	Seed Mark
Flight 1 of 1 Prelims			
1	Kylie Atteberry	10 Las Plumas-no	16-01.25
2	Norah Laurance	10 Lincoln-sf	16-02.00
3	Kylah Hyatt	11 Carson-la	16-09.00
4	Eliza Ayres	9 Oakland Tec -ok	16-10.00
5	Tabitha Sulaiman	12 Fairfax-la	16-10.50
6	Madeleine Passmore	12 Buchanan-ce	17-07.00
7	Riley Lankford	11 R. Bernardo-sd	17-08.50
8	Pia Cho	10 Aragon-cc	17-09.50
9	Simone Terry	12 Carson-la	17-10.50
10	Kate Walsh	12 St. Ignatius-cc	18-00.00
11	Jenna Fields	11 Santana-sd	18-01.50
12	Elizabeth Hatton	12 Sage Creek-sd	18-05.00
13	Riley Costales	11 Central	18-05.50
14	Hannah Crone	12 El Dorado -sj	18-06.00
15	Kenna DeLemos	12 St. Francis -sj	18-07.50
16	Desie Armstrong	12 Alhambra-nc	18-07.75
17	Jessi Barry	12 Val. Chr-cc	18-07.75
18	Cameron Fields	12 St. Mary's -sk	18-08.50
19	Torre Anderson	12 Foothill-nc	18-08.50
20	Alyssa Hope	11 King MI-Ss	18-08.75
21	Caelyn Harris	12 Upland-ss	18-09.00
22	Meagan Humphries	10 Golden Val-ss	18-10.00
23	Lynce Sims	11 Castro Val-nc	18-10.25
24	Adrienne Usher	12 HarvWest-ss	18-10.50
25	Lauren Reed	12 Poly(LB)-ss	18-10.75
26	Eve Divinity	12 Redondo-ss	19-03.00
27	Alyssa Alumbres	10 V Murrieta-ss	19-06.00
28	Kailah McKenzie	11 Orange Vista	19-06.75
29	Sydney Vanek	11 Clovis-ce	19-07.25
30	Emily Psarras	11 Mission Vie-ss	19-07.75
31	Kylee Davis	12 Golden Val-ss	20-04.50

Event 24 Girls Triple Jump Varsity

Top 12 Advance by Mark			
Pos	Name	Yr School	Seed Mark
Flight 1 of 1 Prelims			
1	Sophia Loren Lampano	9 Marshall-la	32-01.00
2	Emma Schulte	11 Live Oak-no	33-04.00
3	Janessa Morse	12 Granada Hls-la	35-06.00
4	Hannah Vincent	9 San Benito-cc	35-08.75
5	Alexa Lowe	12 Harker-cc	35-10.25
6	Simone Terry	12 Carson-la	36-00.00
7	Michelle Chen	12 Dublin-nc	36-03.75
8	Nina Navarette	11 Buchanan-ce	36-05.00
9	Megan MacKenzie	11 Los Altos-cc	36-06.00
10	Anela Thomas	12 St. Mary's-nc	36-09.25
11	Aiza Sarwar	12 Dublin-nc	36-10.25
12	Monique Ricks	12 Skyline-ok	37-02.00
13	Madeline Scovil	12 A. Grande-ce	37-06.50
14	Jenna Fields	11 Santana-sd	37-08.00
15	Jenniece Pingley	12 El Camino-sd	37-10.00
16	Mikaela Miles	12 Pt. Loma-sd	38-01.50
17	Azaria Purdy	12 Inderkum -sj	38-03.25
18	Juliana Roberson	10 Whitney -sj	38-09.00
19	Cameron Fields	12 St. Mary's -sk	39-00.50
20	Madeleine Passmore	12 Buchanan-ce	39-01.25
21	Alaya Robinson	10 Etiwanda -ss	39-02.25
22	Lauren Reed	12 Poly(LB)-ss	39-03.00
23	Alyssa Alumbres	10 V Murrieta-ss	39-03.50
24	Mackenzie Kirk	12 Los Alamitos-ss	39-04.00
25	Alyssa Hope	11 King MI-Ss	39-10.25
26	Jada Gatlin	11 Mission Vie-ss	40-02.50



PBK TRACK AND FIELD EXPERIENCE

PBK IS A PROUD SPONSOR OF CLOVIS USD AND THE 2022 CALIFORNIA STATE TRACK AND FIELD CHAMPIONSHIPS

ARCHITECTURE ■ ENGINEERING ■ PLANNING ■ TECHNOLOGY ■ FACILITY CONSULTING



Celebrating the **inspirational individuals** and **landmark moments** in the history of **Title IX**, and **continuing to grow** the **educational** and **competitive opportunities** for the **future**.



Please visit: www.nfhs.org/resources/title-IX



Promote the NFHS Title IX at 50 Campaign on Social Media Using **#TitleIXat50**

Facebook: @NFHS1920 | Twitter: @NFHS_Org | Instagram: @nfhs_org

CIF State Track & Field Championships

Event 25 Girls Shot Put Varsity

Top 12 Advance by Mark				
Pos	Name	Yr	School	Seed Mark
Flight 1 of 1 Prelims				
1	Stephonie White	12	Panorama-la	35-05.00
2	Kais Kimuli	12	Mt. Carmel-sd	37-01.00
3	Nicole Loy	12	Del Norte-sd	37-03.50
4	Lauryl Williams	10	Carson-la	37-04.50
5	Chinyere Egbuziem	12	Buchanan-cc	37-07.50
6	Angela Schykerynec	11	Orland-no	37-11.75
7	Kimora Mcemore	11	Heritage-nc	38-00.25
8	Peri Durbin	12	N Dame (Sj)-Cc	38-06.00
9	Daisy Hart	12	Antioch-nc	38-08.00
10	Julia Pisenti	12	Bear Riv. -sj	38-09.00
11	Nicole Steiner	9	Los Gatos-cc	38-10.00
12	Jocelyn Alexander	11	San Benito-cc	39-00.00
13	Miah Molette	11	Carson-la	39-02.50
14	Nyla Baker	12	Del Campo -sj	39-09.50
15	Ellie Roan	12	West County-nc	39-09.75
16	Jocelyn Hoggard	11	Burr (R) -ss	40-00.50
17	Galadriel Mellion	11	Weston Ran-sj	40-04.00
18	Erica Collins	12	Chino Hls. -ss	40-06.50
19	April Fontenette	11	No Dame(SO)-ss	40-11.50
20	Nailea Fields	11	Caruthers-cc	41-07.75
21	Rebel Tuinuknafa	12	Lutheran(OR)-ss	41-10.00
22	Kennedy Clarke	12	Cath. Cath-sd	42-00.00
23	Hope Gordon	12	No Dame(SO)-ss	43-03.50
24	Aja Johnson	9	No Dame(SO)-ss	43-06.00
25	Feyi Olukanni	12	Clovis East-cc	44-05.00

Event 27 Boys High Jump Varsity

Top 12 Advance by Mark				
Prelim Progression:6-4, 6-6, 6-7, 6-8 then 1"				
Pos	Name	Yr	School	Seed Mark
Flight 1 of 1 Prelims				
1	Sean-Paul Jacob	12	Dorsey-la	5-08.00
2	Jeremy Gamble	12	Granada Hls-la	6-00.00
3	Tyler Gonos	12	Clovis North-cc	6-02.00
4	William Oliver	12	Shasta-no	6-02.00
5	Uzoma Meremikwu	11	Granada Hls-la	6-02.00
6	Noah Wright	12	No. Bksfld-cc	6-02.00
7	Legend Moore	10	Vent. Acad-sj	6-03.00
8	Travis Hightower	11	Siena Ju-nc	6-04.00
9	Luke Buddie	12	Woodside-cc	6-04.00
10	Chukwunonso Udeh	11	Delasalle-nc	6-04.00
11	Keith Orona	12	Enochs -sj	6-04.00
12	Caleb Jackson	11	Clovis-cc	6-04.00
13	Zach Fagin	11	Los Altos-cc	6-04.00
14	Eric Chan	12	Homestead-cc	6-04.00
15	Jordan Navarro	12	Moorpark-ss	6-06.00
16	Aryan Shrivastava	12	Portola	6-06.00
17	Seth Johnson	12	Cajon -ss	6-06.00
18	Drake Miller	11	Tamalpais-nc	6-06.00
19	Leon Gillis	12	Steele Cyn-sd	6-06.00
20	Jonh Saracay	12	V Murrieta-ss	6-06.00
21	Ray Oldham	12	Davis -sj	6-07.50
22	Cole Hoegl	11	Crossroads -ss	6-08.00
23	Brandon Gorski	9	Mater Dei-ss	6-08.00
24	Owen Pennington	12	Poly(Riv)-ss	6-08.00
25	Justin Cardoza	12	East Lake-sd	6-08.00
26	Brandon Cheeks II	10	Mission Bay-sd	6-08.00

Event 26 Girls Discus Throw Varsity

Top 12 Advance by Mark				
Pos	Name	Yr	School	Seed Mark
Flight 1 of 1 Prelims				
1	Kylie Walsh	12	Univ Prep-no	111-04
2	Golda Demby	9	Del Mar-cc	114-06
3	Sydney Kane	12	S. Ramon V-Nc	114-07
4	Jocelyn Alexander	11	San Benito-cc	116-01
5	Madeleine Seabolt	12	Mt. Carmel-sd	118-09
6	Ellie Roan	12	West County-nc	119-01
7	Ningning O'Brien	11	Homestead-cc	119-08
8	Nicole Loy	12	Del Norte-sd	121-04
9	Hannah Richardson	12	Calif-nc	122-10
10	Bailey Speakman	12	Esperanza -ss	130-06
11	Loie Madsen	11	Clovis North-cc	131-00
12	Siena Lambert	11	Jserra-Ss	132-09
13	Kennedy Clarke	12	Cath. Cath-sd	133-02
14	Julia Pisenti	12	Bear Riv. -sj	134-05
15	Jinelle Stiber	12	Hesperia-ss	135-00
16	Sariyah Horne	12	El Camino -sj	136-04
17	Karyssa Owens	12	Roosevelt E-Ss	136-08
18	Galadriel Mellion	11	Weston Ran-sj	137-06
19	April Fontenette	11	No Dame(SO)-ss	139-03
20	Taylor Hofland	11	Los Alamitos-ss	139-07
21	Nailea Fields	11	Caruthers-cc	140-05
22	Feyi Olukanni	12	Clovis East-cc	152-11

Xerox Corporation
is proud to be a partner of
Clovis Unified School District
and supporter of the
CIF State High School Track
and Field Championships.



CIF State Track & Field Championships

Event 28 Boys Pole Vault Varsity

Top 12 Advance by Mark

Prelim Progression:14-5, 14-11, 15-3, 15-7 then 4"

Pos	Name	Yr	School	Seed	Mark
Flight 1 of 1 Prelims					
1	Christopher Marquez	11	Garfield-la	8-00.00	
2	Sean-Paul Jacob	12	Dorsey-la	8-06.00	
3	Marco Romero	11	Garfield-la	8-06.00	
4	Erik Dodge	11	Aragon-cc	13-00.00	
5	Justin Vigna	12	Bellarmino-cc	13-06.00	
6	Miles Chamberlin	12	Lincoln-sf	13-09.00	
7	Jackson Paramo	12	Buchanan-cc	13-11.00	
8	Logan Lehnert	12	St. Ignatius-cc	14-00.00	
9	Logan Meredith	9	Orland-no	14-01.00	
10	Jaeden Correa	12	Poway-sd	14-05.00	
11	Nathan Richards	12	Poway-sd	14-05.00	
12	Parker Terrill	12	Piedmont-nc	14-07.00	
13	Tyler Trinh	12	Dublin-nc	14-07.00	
14	Matt Rydbeck	12	R. Bernardo-sd	14-11.00	
15	Kyle Burns	12	Oak Ridge -sj	14-11.00	
16	Max McFarlane	10	Turlock -sj	14-11.00	
17	Aidan Hagerty	12	Foot. Tech -ss	14-11.00	
18	Dylan Curtis	11	Redondo-ss	14-11.00	
19	Jake Reed	12	Oaks Chr-ss	14-11.00	
20	Tiger Bachmeier	11	Murr Val-ss	14-11.00	
21	Ian Strode	12	Turlock -sj	14-11.00	
22	Gavin Hanes	12	Ramona-ss	15-05.00	
23	Axel Verdoorn	12	Pleas. Grove -sj	15-05.00	
24	Shane Bagley	12	Lemoore-cc	15-05.00	
25	Leo Davis	11	Newport Ha-ss	15-05.00	
26	Jaden McKee	10	King Ml-Ss	15-05.00	
27	Khaliq Muhammad	9	Dublin-nc	15-07.00	
28	Hilton Green	11	Buchanan-cc	15-11.00	
29	Hunter O'Brien	12	Roosevelt E-Ss	16-05.00	

Event 29 Boys Long Jump Varsity

Top 12 Advance by Mark

Pos	Name	Yr	School	Seed	Mark
Flight 1 of 1 Prelims					
1	Arlis Boardingham	12	Birmingham-la	20-07.50	
2	Deonte Chappell	10	Birmingham-la	20-08.00	
3	Noah Thomas	12	Pl. Valley-no	20-08.50	
4	Nicolo Chiera Sciammas	12	Lowell-sf	21-03.00	
5	Tajir Golden	9	McClymonds-ok	21-07.00	
6	Jai Banks-Chambers	12	Cathedral -ss	21-10.25	
7	Christian Edwards	11	Liberty Bak-cc	22-00.75	
8	Collin Harris	12	Dorsey-la	22-02.00	
9	Sherrod Smith	11	Mnlo Ath-cc	22-02.25	
10	Zach Fagin	11	Los Altos-cc	22-05.50	
11	Kyran Bell	12	Rocklin -sj	22-05.50	
12	Justin Cardoza	12	East Lake-sd	22-07.25	
13	Trevor Rogers	10	Acalanes-nc	22-07.75	
14	Taeshawn Lyons	11	Tennyson-nc	22-08.25	
15	Jeontay Berry	12	Sierra -sj	22-09.75	
16	Elijah Yoshinaga	12	Elsinore -ss	22-09.75	
17	Jason Plumb	12	Cdm -ss	22-10.50	
18	Elijha Ellis	12	Golden Val-ss	22-11.50	
19	Brandon Cheeks II	10	Mission Bay-sd	23-02.50	
20	Jc Stevenson	12	Gr. Oak-ss	23-02.50	
21	Andrew Fu	11	Harker-cc	23-02.50	
22	Tibyasa Matovu	12	Helix-sd	23-03.50	
23	Elias Ajamu Reed	12	Salesian-nc	23-06.00	
24	Nathan Johnson	12	Clovis-cc	23-06.00	
25	Bronson Ortlieb	12	Taft Union-cc	23-07.50	
26	Camryn O'Bannon	12	S J Bosco-ss	23-09.75	
27	Maceo McDowell	11	Lodi -sj	23-10.00	



American Ambulance *Paramedics*

Service • Excellence • Integrity



www.americanambulance.com

CIF State Track & Field Championships

Event 30 Boys Triple Jump Varsity

Top 12 Advance by Mark				
Pos	Name	Yr	School	Seed Mark
Flight 1 of 1 Prelims				
1	Timothy Jackson	12	Birmingham-la	41-02.00
2	Abraham Metzger	11	No. Holly-la	41-04.00
3	Jeremy Gamble	12	Granada Hls-la	42-02.00
4	Jacob Wagner	11	Enterprise-no	42-10.00
5	Emmerson Menjivar-Cortez	11	Salinas-cc	43-02.50
6	Ethan Fong	11	Lincoln(ST)-sj	44-03.75
7	Kingsley Okoronkwo	11	Christopher-cc	44-04.50
8	Jorge Hernandez	12	Antioch-nc	44-06.25
9	Joshua Kung	12	Los Altos-cc	44-09.00
10	Justin Cardoza	12	East Lake-sd	44-09.25
11	Jack Fairchild	12	Crean Luth. -ss	44-11.00
12	Kyan Thomas	12	Val View-ss	45-00.00
13	Je Stevenson	12	Gr. Oak-ss	45-00.00
14	Brandon Cheeks II	10	Mission Bay-sd	45-00.25
15	Robert Breed	12	Vanden -sj	45-01.50
16	Brandon Buu	12	East Lake-sd	45-04.75
17	Sean Huckleberry	12	Univ. Sf-Nc	45-06.75
18	Christian Edwards	11	Liberty Bak-cc	45-10.00
19	Elijah Yoshinaga	12	Elsinore -ss	45-10.25
20	Jonathan Taylor	12	Edison -sj	46-00.50
21	Camryn O'Bannon	12	S J Bosco-ss	46-02.25
22	Jacob Watts	12	J. Logan-nc	46-04.00
23	William Dawes	12	A. Grande-cc	46-05.75
24	Shane Carr	11	South Bakers-cc	46-08.00
25	Elijha Ellis	12	Golden Val-ss	48-01.50

Event 31 Boys Shot Put Varsity

Top 12 Advance by Mark				
Pos	Name	Yr	School	Seed Mark
Flight 1 of 1 Prelims				
1	Zaire Peters	11	Pali-la	45-00.00
2	Eduardo Lopez	12	Birmingham-la	47-08.00
3	Caleb Moran-Murphy	12	Palma-cc	48-02.50
4	Nick Afato	11	Yuba City -sj	49-00.00
5	Mateo Garcia	11	Santa Clara-cc	49-07.00
6	Noah Dunham	11	Yuba City -sj	50-05.00
7	Mar'Agen Fowler	12	Hamilton-la	50-09.50
8	Benjamin Feldstein	12	Vintage-nc	50-10.00
9	Albert Beerbower	12	Cdnl Mwmn-nc	51-02.75
10	Abayomi Babalola	12	Enochs -sj	52-09.50
11	Khalil Golden	12	San Lean-nc	52-09.75
12	Andrew Trottier	12	Liberty Bak-cc	54-01.00
13	Zach Lewis	10	Pacifica(GG)-ss	54-11.00
14	Luis Martinez	12	Vista-sd	55-11.00
15	Joseph Harbert	12	Archbsh Riord-cc	56-00.00
16	Travis Zavala	12	Canyon An. -ss	56-02.00
17	Kai Deines	11	Redondo-ss	56-04.00
18	McKay Madsen	9	Clovis North-cc	57-06.50
19	Nicholas Godbehere	12	Shafter-cc	57-06.75
20	Simon Dixon	12	Paradise-no	58-04.00
21	Guillermo Lopez	12	Sowest(ED)-sd	58-07.00
22	Hawkin Miller	12	El Camino-sd	58-10.50
23	Aiden Pastorian	12	Gr. Oak-ss	61-06.50
24	Nikolas Iwankiw	12	So. Pasadena-ss	62-11.00
25	Cade Moran	12	Murr Me-ss	66-01.00

CIF State Track & Field Championships

Event 32 Boys Discus Throw Varsity

Top 12 Advance by Mark

Pos	Name	Yr	School	Seed	Mark
-----	------	----	--------	------	------

Flight 1 of 1 Prelims

1	Juan Lujano	11	San Benito-cc	140-05
2	Andrew Baum	12	Davis -sj	147-01
3	Jordan Zamora	12	Santa Rosa-nc	147-02
4	Clayton King	12	M Vista Chr-cc	150-08
5	Khalil Golden	12	San Lean-nc	150-10
6	Azriel Shakur	12	Skyline-ok	153-01
7	Jacob Watts	12	J. Logan-nc	153-08
8	Kyler Headley	10	Silver Creek-cc	154-07
9	Tyler Knowles	11	R. Buena Vis-sd	155-02
10	Simon Dixon	12	Paradise-no	156-06
11	Steve Mai	12	Enochs -sj	160-07
12	Hawkin Miller	12	El Camino-sd	163-08
13	Abayomi Babalola	12	Enochs -sj	168-01
14	Christopher Antunez	12	Madera South-cc	169-03
15	McKay Madsen	9	Clovis North-cc	169-07
16	Guillermo Lopez	12	Sowest(ED)-sd	174-05
17	Adam Laycock	11	Westlake-ss	176-11
18	Elijah Ignacio	12	Elsinore -ss	177-03
19	Brendon See	11	Jterra-Ss	177-05
20	Nikolas Iwankiw	12	So. Pasadena-ss	180-08
21	Nicholas Godbehere	12	Shafter-cc	182-07
22	Jordan Franco	12	Hesperia-ss	188-03
23	Kai Deines	11	Redondo-ss	188-03
24	Cade Moran	12	Murr Me-ss	188-04
25	Terraine Wiggins Jr.	12	Golden Val-ss	196-10

Event 35 Mixed 100 Meter Dash Wheelchair Para

Lane	Name	Yr	School	Seed Time
------	------	----	--------	-----------

Section 1 of 1 Finals

4	Audrey Aguilar	W10	Imperial-sd	27.54
5	Josiah Ettore	M11	Ramona-ss	17.22
6	Brandon Louie	M11	Los Altos-cc	21.65
7	Angelina Garcia	W11	Yosemite-cc	27.54

Event 36 Mixed 200 Meter Dash Wheelchair Para

Lane	Name	Yr	School	Seed Time
------	------	----	--------	-----------

Section 1 of 1 Finals

4	Angelina Garcia	W11	Yosemite-cc	1:06.86
5	Josiah Ettore	M11	Ramona-ss	32.08
6	Brandon Louie	M11	Los Altos-cc	42.62

Event 37 Mixed 400 Meter Dash Wheelchair Para

Lane	Name	Yr	School	Seed Time
------	------	----	--------	-----------

Section 1 of 1 Finals

5	Josiah Ettore	M11	Ramona-ss	1:07.58
6	Brandon Louie	M11	Los Altos-cc	1:29.11

Event 40 Boys 100 Meter Dash Ambulatory Para

Lane	Name	Yr	School	Seed Time
------	------	----	--------	-----------

Section 1 of 2 Finals

2	Ashton Pluckhan	12	Christopher-cc	15.01
3	Jaime Castellanos	11	S. Fran Int-sf	14.92
5	Michael Reyes	10	S. Fran Int-sf	13.80
7	Gabriel Tyler	11	Poly(LB)-ss	14.88
8	Carson Fox	10	Los Alamitos-ss	14.93

Section 2 of 2 Finals

3	Alexis Lobato Huerta	12	R. Buena Vis-sd	17.65
5	Hamza Mosleh	10	S. Fran Int-sf	20.90
7	Logan Mann	9	West Hills-sd	15.97

Event 41 Boys 200 Meter Dash Ambulatory Para

Lane	Name	Yr	School	Seed Time
------	------	----	--------	-----------

Section 1 of 1 Finals

1	Logan Mann	9	West Hills-sd	33.83
2	Ashton Pluckhan	12	Christopher-cc	33.81
3	Michael Reyes	10	S. Fran Int-sf	29.85
5	Jaime Castellanos	11	S. Fran Int-sf	32.11
6	Carson Fox	10	Los Alamitos-ss	33.81
7	Hamza Mosleh	10	S. Fran Int-sf	47.67

Event 42 Boys 400 Meter Dash Ambulatory Para

Lane	Name	Yr	School	Seed Time
------	------	----	--------	-----------

Section 1 of 1 Finals

1	Jaime Castellanos	11	S. Fran Int-sf	1:21.49
2	Ashton Pluckhan	12	Christopher-cc	1:11.92
3	Benjamin Schultz	11	Claremont -ss	1:00.99
4	Michael Reyes	10	S. Fran Int-sf	1:08.40
6	Gabriel Tyler	11	Poly(LB)-ss	1:15.66
7	Hamza Mosleh	10	S. Fran Int-sf	1:54.39

Event 43 Girls 100 Meter Dash Ambulatory Para

Lane	Name	Yr	School	Seed Time
------	------	----	--------	-----------

Section 1 of 1 Finals

2	Sydney Saulo	12	Christopher-cc	20.49
3	Audrey Sugden	11	University-ss	18.08
4	Ella Rodriguez	12	Christopher-cc	15.46
5	Kiarrah Dixon	12	Bear Crk -sj	16.34
6	Isabella Browne	11	Christopher-cc	18.51
7	Yizereth Cisneros	10	Sowest(ED)-sd	45.17

Event 44 Girls 200 Meter Dash Ambulatory Para

Lane	Name	Yr	School	Seed Time
------	------	----	--------	-----------

Section 1 of 1 Finals

3	Isabella Browne	11	Christopher-cc	42.65
4	Kiarrah Dixon	12	Bear Crk -sj	34.06
5	Audrey Sugden	11	University-ss	39.64
6	Sydney Saulo	12	Christopher-cc	48.92

CIF State Track & Field Championships

Event 45 Girls 400 Meter Dash Ambulatory Para

Lane	Name	Yr	School	Seed Time
Section 1 of 1 Finals				
3	Sydney Saulo	12	Christopher-cc	1:54.05
4	Kiarrah Dixon	12	Bear Crk -sj	1:18.27
5	Isabella Browne	11	Christopher-cc	1:37.89

Event 46 Girls Shot Put Ambulatory Para

Pos	Name	Yr	School	Seed Mark
Flight 1 of 1 Finals				
1	Alliyah Yerington	12	Lassen-no	16-10.00
2	Kiarrah Dixon	12	Bear Crk -sj	19-09.00
3	Jackie Heath	11	Notre Dame Ac-ss	20-07.00
4	Vaiva Poudziunas	12	No Dame(SO)-ss	21-01.00
5	Ella Rodriguez	12	Christopher-cc	29-05.00

Event 47 Boys Shot Put Ambulatory Para

Pos	Name	Yr	School	Seed Mark
Flight 1 of 1 Finals				
1	Ashton Pluckhan	12	Christopher-cc	16-08.00
2	Hamza Mosleh	10	S. Fran Int-sf	17-05.50
3	Carter Jones	12	Excelsior -ss	19-02.00
4	Michael Reyes	10	S. Fran Int-sf	29-09.00
5	Jaime Castellanos	11	S. Fran Int-sf	30-07.00
6	Carson Fox	10	Los Alamitos-ss	32-11.25

Event 49 Girls Shot Put Wheelchair Para

Pos	Name	Yr	School	Seed Mark
Flight 1 of 1 Finals				
1	Audrey Aguilar	10	Imperial-sd	15-08.00

Event 50 Boys Shot Put Wheelchair Para

Pos	Name	Yr	School	Seed Mark
Flight 1 of 1 Finals				
1	Brandon Louie	11	Los Altos-cc	17-03.00
2	Ismael Estrada	11	Univ City-sd	20-11.00
3	Zachary Grover	12	Univ City-sd	22-02.00

Event 53 Girls Shot Put Unified

Pos	Name	Yr	School	Seed Mark
Flight 1 of 1 Finals				
1	Rylyn Shields	10	Trabuco Hls-ss	42-08.00
2	Karina Barrios	10	Trabuco Hls-ss	42-08.00
3	Liyah Davis	12	Clovis East-ce	43-08.00
4	Sydney Flynn	12	Clovis East-ce	43-08.00

Event 54 Boys Shot Put Unified

Pos	Name	Yr	School	Seed Mark
Flight 1 of 1 Finals				
1	Zarayah Crew	9	Sweetwater-sd	55-10.50
2	Michael Serrano	12	Sweetwater-sd	55-10.50
3	Aiden Sos	10	King MI-Ss	62-07.00
4	Isiah Butler	10	King MI-Ss	62-07.00
5	Matt Vanhron	12	Clovis East-ce	62-11.00
6	Cy Cortez	12	Clovis East-ce	62-11.00

Event 55 Mixed 4x100 Meter Relay Unified

Lane	Team	Relay	Seed Time
Section 1 of 1 Finals			
3	Trabuco Hls-ss		1:03.08
4	Laguna Cr. -sj		51.83
5	Oak Hls.-ss		45.56
6	Clovis East-ce		51.58
7	Sweetwater-sd		57.35

Event 56 Boys 100 Meter Dash Unified

Lane	Name	Yr	School	Seed Time
Section 1 of 2 Finals				
2	Halim Tholley	10	Laguna Cr. -sj	24.83
3	Alex Rosales	11	Laguna Cr. -sj	24.83
4	Tyler Harvey	12	Trabuco Hls-ss	23.10
5	Dominic McComas	12	Trabuco Hls-ss	23.10
6	Tristan Oliver	12	Dublin-nc	23.32
7	Adam Moore	12	Dublin-nc	23.32

Section 2 of 2 Finals

3	Ishaun Singh	12	Tesoro-ss	23.00
4	Michael Serrano	12	Sweetwater-sd	29.00
5	Zarayah Crew	9	Sweetwater-sd	29.00
6	Luis Nunez	12	McFarland-ce	25.99
7	Ansony Granados	12	McFarland-ce	25.99

Event 57 Girls 100 Meter Dash Unified

Lane	Name	Yr	School	Seed Time
Section 1 of 1 Finals				
2	Reigan Rose	12	Clovis East-ce	31.53
3	Sydney Flynn	12	Clovis East-ce	31.53
4	Rachel Okwudiafor Johnson	11	Dublin-nc	27.36
5	Nyla Williams	10	Dublin-nc	27.36
6	Kaylie Nguyen	12	Los Alamitos-ss	29.32
7	Kelsey Little	12	Los Alamitos-ss	29.32

Stronger is better.



Proud Sponsor of the CIF State Track & Field Championships

At Sierra Pacific Orthopedics, we provide advanced, specialized bone, joint, and muscle care to keep athletes of all ages and abilities stronger. See the same experts who treat the region's top athletes.

Call (559) 256-5200 for an appointment.



**SIERRA PACIFIC
ORTHOPEDICS**

The Strength of Experience.

Official team physicians for



Fresno State

• www.spoc-ortho.com



CIF State Championship Records

BOYS

100 METERS

10.30	Riley Washington (Southwest, San Diego)	1992
10.30	Kenan Christon (Madison, San Diego)	2019

200 METERS

20.30	Michael Norman (Vista Murrieta)	2015
-------	---------------------------------------	------

400 METERS

45.19	Michael Norman (Vista Murrieta)	2015
-------	---------------------------------------	------

800 METERS

1:46.45	Michael Granville (Bell Gardens)	1996
---------	--	------

1600 METERS

4:00.29	German Fernandez (Riverbank)	2008
---------	------------------------------------	------

3200 METERS

8:34.23	German Fernandez (Riverbank)	2008
---------	------------------------------------	------

110-METER HIGH HURDLES

13.33	Joseph Anderson (Upland)	2017
-------	--------------------------------	------

300-METER INTERMEDIATE HURDLES

35.02	Reggie Wyatt, La Sierra (Riverside, CA)	2009
-------	---	------

400-METER RELAY

40.24	Hawthorne	1989
-------	-----------------	------

1600-METER RELAY

3:08.42	Serra (Gardena)	2010
---------	-----------------------	------

DISCUS THROW

213-07	Bo Taylor (Newport Harbor, Newport Beach)	2006
--------	---	------

HIGH JUMP

7-03.25	Lee Balkin (Glendale)	1979
---------	-----------------------------	------

LONG JUMP

26-04.75	James Stallworth (Tulare Union, Tulare)	1989
----------	---	------

POLE VAULT

17-10	Sondre Guttormsen (Davis)	2018
-------	---------------------------------	------

SHOT PUT

74-04.75	Brent Noon (Fallbrook)	1990
----------	------------------------------	------

TRIPLE JUMP

52-05.75	Marcus Hooks (Lakewood)	1986
----------	-------------------------------	------

TRIPLE JUMP

52-05.75	Marcus Hooks (Lakewood)	1986
----------	-------------------------------	------

100 METERS AMBULATORY

12.22	Henry Waterman (Mater Dei)	2019
-------	----------------------------------	------

100 METERS WHEELCHAIR

19.79	Michael Seo (Escondido Charter)	2017
-------	---------------------------------------	------

200 METERS AMBULATORY

25.23	Henry Waterman (Mater Dei)	2019
-------	----------------------------------	------

200 METERS WHEELCHAIR

37.43	Michael Seo (Escondido Charter)	2017
-------	---------------------------------------	------

400 METERS AMBULATORY

53.37	Joel Gomez (Canyon Crest)	2019
-------	---------------------------------	------

400 METERS WHEELCHAIR

1:16.25	Michael Seo (Escondido Charter)	2017
---------	---------------------------------------	------

SHOT PUT AMBULATORY

39-00.00	Parker Harvey (San Diego)	2018
----------	---------------------------------	------

SHOT PUT WHEELCHAIR

17-11.75	Gylberto Eusebio (Lakeside)	2019
----------	-----------------------------------	------

GIRLS

100 METERS

11.14	Marion Jones (Thousand Oaks)	1992
-------	------------------------------------	------

200 METERS

22.52	Allyson Felix (Los Angeles Baptist, North Hills)	2003
-------	--	------

400 METERS

50.74	Monique Henderson (Morse, San Diego)	2000
-------	--	------

800 METERS

2:02.04	Amy Weissenbach (Harvard-Westlake, N. Hollywood)	2011
---------	--	------

1600 METERS

4:33.82	Christine Babcock (Woodbridge, Irvine)	2008
---------	--	------

3200 METERS

9:52.13	Jordan Hasay (Mission Prep, San Luis Obispo)	2008
---------	--	------

100-METER HIGH HURDLES

13.03	Vashti Thomas (Mt. Pleasant, San Jose)	2007
-------	--	------

300-METER LOW HURDLES

40.10	Ebony Collins (Wilson, Long Beach)	2005
-------	--	------

400-METER RELAY

44.70	St. Bernard, Playa del Rey	1997
-------	----------------------------------	------

1600-METER RELAY

3:35.49	Poly, Long Beach	2004
---------	------------------------	------

DISCUS THROW

186-09	Anna Jelmini (Shafter)	2009
--------	------------------------------	------

HIGH JUMP

6-02.00	Latrese Johnson (Clovis)	1985
---------	--------------------------------	------

LONG JUMP

22-00.50	Marion Jones (Thousand Oaks)	1993
----------	------------------------------------	------

POLE VAULT

14-02	Rachel Baxter (Canyon, Anaheim)	2016
-------	---------------------------------------	------

SHOT PUT

53-08.00	Anna Jelmini (Shafter)	2009
----------	------------------------------	------

TRIPLE JUMP

44-00.50	Juliana Yendork (Walnut)	1991
----------	--------------------------------	------

100 METERS AMBULATORY

13.44	Amy Watt (Gunn)	2016
-------	-----------------------	------

100 METERS WHEELCHAIR

41.30	Johana Alas (Hollywood)	2018
-------	-------------------------------	------

200 METERS AMBULATORY

28.02	Amy Watt (Gunn)	2016
-------	-----------------------	------

400 METERS AMBULATORY

1:07.17	Amy Watt (Gunn)	2016
---------	-----------------------	------

SHOT PUT AMBULATORY

27-10.25	Ella Rodriguez (Christopher, Gilroy)	2019
----------	--	------

SHOT PUT WHEELCHAIR

18-04.00	Vaiva Puodziunas (Notre Dame, Sherman Oaks)	2019
----------	---	------

DISCUS AMBULATORY

77-08	Ella Rodriguez (Christopher, Gilroy)	2019
-------	--	------

U.S. National High School Records

BOYS

100 METERS

10.13 Matthew Boling, Strake Jesuit (Houston, TX)..... 2019

200 METERS

20.13 Roy Martin, Roosevelt (Dallas, TX)..... 1985

400 METERS

45.19 Aldrich Bailey, Mansfield Timberview (Arlington, TX) .. 2012

45.19 Michael Norman (Visa Murrieta, CA)..... 2015

800 METERS

1:46.45 Michael Granville (Bell Gardens, CA) 1996

1600 METERS

3:59.51 Alan Webb, South Lakes (Reston, VA) 2001

3200 METERS

8:34.23 German Fernandez (Riverbank, CA) 2008

110-METER HIGH HURDLES

13.10 Dennis Brantley, Worthing (Houston, TX) (manual) 1980

13.30 Chris Nelloms, Dunbar (Dayton, OH) (FAT) 1990

300-METER INTERMEDIATE HURDLES

35.02 Reggie Wyatt, La Sierra (Riverside, CA)..... 2009

400-METER RELAY

39.76 Wyatt (Fort Worth, TX) 1998

1600-METER RELAY

3:07.40 Hawthorne (Hawthorne, CA)..... 1985

DISCUS

236-06 Mason Finely (Buena Vista, CO)..... 2009

HIGH JUMP

7-06 Vernon Turner (Yukon, OK)..... 2017

LONG JUMP

26-04.75 James Stallworth, Tulare Union (Tulare, CA) 1989

POLE VAULT

19-05.5 Armand Duplantis, Lafayette (Baton Rouge, LA) 2018

SHOT PUT

77-00 Michael Carter, Jefferson (Dallas, TX) 1979

TRIPLE JUMP

52-10.50 Charles Mayfield, John Muir (Pasadena, CA) 1980

GIRLS

100 METERS

11.14 Marion Jones (Thousand Oaks, CA)..... 1992

200 METERS

22.52 Allyson Felix, LA Baptist (North Hills, CA)..... 2003

400 METERS

50.74 Monique Henderson, Morse (San Diego, CA)..... 2000

800 METERS

2:02.04 Amy Wessienbach, Harvard-Westlake, (N. Hollywood, CA) 2011

1600 METERS

4:33.29 Alexa Efraimson, Camas (Tacoma, WA) 2014

3200 METERS

9:47.88 Katelyn Touhy (Thiells North Rockland, NY) 2018

100-METER HIGH HURDLES

13.03 Vashti Thomas, Mt. Pleasant (San Jose, CA) 2007

300-METER LOW HURDLES

39.98 Lashinda Demus, Wilson (Long Beach, CA)..... 2001

400-METER RELAY

44.24 DeSoto (TX) 2019

1600-METER RELAY

3:35.49 Poly (Long Beach, CA)..... 2004

DISCUS THROW

191-06 Shelbi Vaughan, Mansfield Legacy (Mansfield, TX).... 2012

HIGH JUMP

6-04.50 Vashti Cunningham, Bishop Gorman (Las Vegas, NV)..... 2015

LONG JUMP

22-01.75 Kathy McMillan, Hoke County (Raeford, NC)..... 1976

POLE VAULT

14-04 Rachel Baxter (Canyon, Anaheim) 2017

SHOT PUT

57-01.25 Alyssa Wilson (Toms River Donovan Catholic, NJ)..... 2017

TRIPLE JUMP

44-10.00 Jasmine Moore Lake Ridge (Mansfield, TX) 2019



All-Time Boys Team Champions

<i>School</i>	<i>Points</i>	<i>Coach</i>	<i>Location</i>	<i>Dates</i>
Manual Arts, Los Angeles	25	Otto Fritsch	Fresno High	April 3, 1915
Manual Arts, Los Angeles	37.5	Otto Fritsch	YMCA Field, Los Angeles	April 8, 1916
Coalinga	25	Charles Geer	Berkeley	April 28, 1917
Pasadena	25	George Main	Sacramento Fair	April 27, 1918
Manual Arts, Los Angeles	21	Sid Foster	San Bernardino High	April 26, 1919
Los Angeles	18	Glenn Whittle	Bakersfield Fair	April 24, 1920
Lincoln, Los Angeles	17	Tommy Davis	Berkeley	April 30, 1921
Huntington Beach	16	Ray Walker	Stockton Fair	May 6, 1922
Hollywood	17.5	William Paige	Occidental College, Los Angeles	May 12, 1923
Manual Arts, Los Angeles	26	Sid Foster	Taft High	May 10, 1924
Manual Arts, Los Angeles	16	Sid Foster	Stanford Stadium	May 9, 1925
Poly, Los Angeles	17	Edward Leahy	Los Angeles Coliseum	May 8, 1926
Glendale	35	Norman Hayhurst	Modesto High	May 7, 1927
Poly, Long Beach	21	Norman Baker	Selma High	May 5, 1928
San Diego	22.75	Glenn Broderick	Los Angeles Coliseum	May 11, 1929
Sacramento (tie)	11	Lawrence Janssen	Berkeley	May 10, 1930
San Diego (tie)	11	Glenn Broderick	Berkeley	May 10, 1930
Santa Ana (tie)	11	G.A. "Tex" Oliver	Berkeley	May 10, 1930
Poly, Los Angeles	19.5	Edward Leahy	Visalia	May 23, 1931
Poly, Long Beach	22.5	Norman Baker	Modesto Junior College	May 2, 1932
Central, El Centro	18	J.H. Armstrong	Los Angeles Coliseum	May 20, 1933
Muir, Pasadena	15.5	Albion Walton	Edwards Stadium, Berkeley	May 26, 1934
Fullerton	14	Harold Lang	Ratcliffe Stadium, Fresno	May 25, 1935
Muir, Pasadena	18	Albion Walton	Gridley High	May 23, 1936
Jefferson, Los Angeles	23.5	Harold Edelson	Wilson High, Long Beach	May 22, 1937
San Diego	18.5	Glenn Broderick	San Benito High, Hollister	May 28, 1938
Bakersfield	16	"Cap" Haralson	Los Angeles Coliseum	May 27, 1939
Bakersfield	18.5	"Cap" Haralson	Visalia High	May 25, 1940
Edison, Fresno	22	Harold Bicknell	Spartan Stadium, San Jose	May 24, 1941
Redondo	21	Harold Grant	Compton College	May 25, 1946*
Washington, Los Angeles	24	Gail Wyatt	Visalia High	May 31, 1947
Jordan, Los Angeles	22	Bill Zazueta	Edwards Stadium, Berkeley	May 29, 1948
Jefferson, Los Angeles	28.5	Estel Johnson	Los Angeles Coliseum	May 28, 1949
Jefferson, Los Angeles	40	Estel Johnson	Hughes Stadium, Sacramento	May 27, 1950
Jefferson, Los Angeles	16.5	Estel Johnson	Edwards Stadium, Berkeley	May 26, 1951
Jefferson, Los Angeles	30.5	Estel Johnson	Los Angeles Coliseum	May 24, 1952
Manual Arts, Los Angeles	16.6	Charles Toney	Ratcliffe Stadium, Fresno	May 29, 1953
Alameda	19	Lewis Jolley	Edwards Stadium, Berkeley	May 29, 1954
Centennial, Compton	29	Bill Gill	Los Angeles Coliseum	May 28, 1955
Jefferson, Los Angeles	24.67	Estel Johnson	Chico State College	June 2, 1956
Berkeley	23	Rich Hacker	Edwards Stadium, Berkeley	June 1, 1957
Compton (tie)	11	Ernest Hartman	Veterans Stadium, Long Beach	May 31, 1958
Manual Arts, Los Angeles (tie)	11	Charles Toney	Veterans Stadium, Long Beach	May 31, 1958
Poly, Long Beach	14	Leon Forman	Memorial Stadium, Bakersfield	May 29, 1959
Jordan, Los Angeles	15	Jesse Flores	Stanford Stadium, Palo Alto	June 4, 1960
Centennial, Compton	11	Bill Gill	East Los Angeles College	June 3, 1961
Jefferson, Los Angeles	14	John Childress	Modesto Junior College	June 2, 1962
Edison, Fresno	15	Frank Fletcher	Edwards Stadium, Berkeley	May 31-June 1, 1963
Jefferson, Los Angeles (tie)	13	Andy Bakjian	Los Angeles Coliseum	June 5-6, 1964
Poly, Long Beach (tie)	13	Leon Forman	Los Angeles Coliseum	June 5-6, 1964
Poly, Long Beach	19	Leon Forman	Memorial Stadium, Bakersfield	June 4-5, 1965
Dorsey, Los Angeles	22	Rod Richard	Edwards Stadium, Berkeley	June 3-4, 1966
Muir, Pasadena	26	Walter Opp	Balboa Stadium, San Diego	June 2-3, 1967
Centennial, Compton	26	Bill Gill	Edwards Stadium, Berkeley	June 1-2, 1968
Los Angeles	22	E. Bravo	UCLA Track Stadium, Westwood	June 6-7, 1969
Los Altos	29	Leo Long	Edwards Stadium, Berkeley	June 5-6, 1970

All-Time Boys Team Champions

<i>School</i>	<i>Points</i>	<i>Coach</i>	<i>Location</i>	<i>Dates</i>
Lompoc	13	Frank Hiatt	UCLA Track Stadium, Westwood	June 4-5, 1971
Sacramento	**18	Scotty Bingham	Mitchell Field, Oroville	June 1-2, 1972
Wilson, San Francisco	20	Adam Banks	Woodland High School	June 1-2, 1973
Muir, Pasadena	**23	Walter Opp	Memorial Stadium, Bakersfield	June 1-2, 1974
Harry Elis, Richmond	22	Silvester Greenwood	Balboa Stadium, San Diego	June 6-7, 1975
Hamilton, Los Angeles (tie)	12	Gene Broadwater	Edwards Stadium, Berkeley	June 4-5, 1976
San Fernando, Los Angeles (tie)	12	John Wachtler	Edwards Stadium, Berkeley	June 4-5, 1976
Pasadena	26	Bob Pruitt	Drake Stadium, Westwood	June 3-4, 1977
El Camino, Oceanside	16	Nill Kovacevich	Memorial Stadium, Bakersfield	June 2-3, 1978
Pasadena	16	Art Large	Hughes Stadium, Sacramento	June 1-2, 1979
Berkeley	41	Willie White	Edwards Stadium, Berkeley	June 6-7, 1980
Berkeley	58	Willie White	Cerritos College, Norwalk	June 5-6, 1981
Crenshaw, Los Angeles (tie)	20	Bob Volles	Hughes Stadium, Sacramento	June 4-5, 1982
Mission Viejo (tie)	20	Gene Gurule	Hughes Stadium, Sacramento	June 4-5, 1982
Hawthorne	**40	Kye Courtney	Memorial Stadium, Bakersfield	June 4, 1983
Hawthorne	52	Kye Courtney	Los Angeles Coliseum	June 2, 1984
Hawthorne	29	Kye Courtney	Hughes Stadium, Sacramento	May 31, 1985
Taft, Woodland Hills	26	Tom Stevenson	Cerritos College, Norwalk	June 6, 1986
Hawthorne	34	Kye Courtney	Hughes Stadium, Sacramento	June 5, 1987
Hawthorne	34	Kye Courtney	Cerritos College, Norwalk	June 3, 1988
Hawthorne	40	Kye Courtney	Cerritos College, Norwalk	June 2-3, 1989
Muir, Pasadena	24	Clyde Turner	Cerritos College, Norwalk	June 1-2, 1990
Compton	30	Alonzo Simmons	Cerritos College, Norwalk	May 31-June 1, 1991
Bakersfield	25	Art Dalzell	Cerritos College, Norwalk	June 5-6, 1992
Merced (tie)	36	Greg McKinstry	Cerritos College, Norwalk	June 19, 1993***
North Salinas (tie)	36	Ed Barber	Cerritos College, Norwalk	June 19, 1993***
Muir, Pasadena	36	Clyde Turner	Cerritos College, Norwalk	June 3-4, 1994
Muir, Pasadena	38	Clyde Turner	Cerritos College, Norwalk	June 2-3, 1995
Muir, Pasadena	57	Clyde Turner	Cerritos College, Norwalk	May 31-June 1, 1996
Poly, Long Beach	39	Don Norford	Hughes Stadium, Sacramento	June 6-7, 1997
Poly, Long Beach	42	Don Norford	Cerritos College, Norwalk	June 5-6, 1998
Vallejo	35	Mike Wilson	Hughes Stadium, Sacramento	June 4-5, 1999
Serra, Gardena	38	Richard Gatlin	Cerritos College, Norwalk	June 2-3, 2000
Arroyo Grande	28	James Brown	Hughes Stadium, Sacramento	June 1-2, 2001
Bakersfield	32	Bobby Gridiron	Cerritos College, Norwalk	May 31-June 1, 2002
Helix, La Mesa	23.5	Ray Mounts	Cerritos College, Norwalk	June 6-7, 2003
James Logan, Union City	46	Lee Webb	Hughes Stadium, Sacramento	June 4-5, 2004
Dorsey, Los Angeles	38.5	Ralph Tilley	Hughes Stadium, Sacramento	June 3-4, 2005
Poly, Long Beach	42	Don Norford	Cerritos College, Norwalk	June 2-3, 2006
Poly, Long Beach	46	Don Norford	Hughes Stadium, Sacramento	June 1-2, 2007
Dominguez, Compton	36	Darryl Smith	Cerritos College, Norwalk	May 30-31, 2008
Frontier, La Sierra, Cathedral, Clovis East	20	(Tied for 1st)	VM Stadium, Clovis	June 5-6, 2009
Jesuit, Sacramento	36	Tom McGuire	VM Stadium, Clovis	June 5-4, 2010
Poly, Long Beach	35	Don Norford	VM Stadium, Clovis	June 3-4, 2011
Notre Dame, Sherman Oaks	36	Joe McNab	VM Stadium, Clovis	June 1-2, 2012
Serra, Gardena	47	Lori Smith-Thompson	VM Stadium, Clovis	May 31-June 1, 2013
Mater Dei, Santa Ana	30	Rick Martinez	VM Stadium, Clovis	June 6-7, 2014
Vista Murrieta	37	Coley Candaele	VM Stadium, Clovis	June 5-6, 2015
Vista Murrieta	54	Coley Candaele	VM Stadium, Clovis	June 3-4, 2016
Rancho Verde	49	Tim Callier	VM Stadium, Clovis	June 2-3, 2017
Murrieta Mesa	35	Aaron Ballou	VM Stadium, Clovis	June 1-2, 2018
Clovis North	41	Rich Brazil	VM Stadium, Clovis	May 24-25, 2019

* No meets held during the World War II period (1942-45).

** Reported figures for finals.

*** Meet rescheduled due to rain.

Scoring system was 5-3-2-1 from 1915 to 1928; 5-3-2-1.5 from 1929 to 1965; 6-4-3-2-1 from 1966-1979; and 10-8-6-5-4-3 since 1980-2009; 10-8-6-5-4-3-2-1 since 2010.

All-Time Girls Team Champions

School	Points	Coach	Location	Dates
Berkeley	13	Willie White	Memorial Stadium, Bakersfield	May 31-June 1, 1974
Washington, Los Angeles	22	Arnice Reddick	Balboa Stadium, San Diego	June 6-7, 1975
Berkeley	20	Willie White	Edwards Stadium, Berkeley	June 4-5, 1976
Locke, Los Angeles	14	Cherie Muller-Williams	Drake Stadium, Westwood	June 3-4, 1977
Hill, San Jose	16	John Johnigan	Memorial Stadium, Bakersfield	June 2-3, 1978
Westchester	24	Pat Nordell	Hughes Stadium, Sacramento	June 1-2, 1979
Kennedy, Granada Hills	48	Dixie Griffen	Edwards Stadium, Berkeley	June 6-7, 1980
Berkeley	64	Willie White	Cerritos College, Norwalk	June 5-6, 1981
Berkeley	48	Willie White	Hughes Stadium, Sacramento	June 4-5, 1982
Berkeley	29	Willie White	Memorial Stadium, Bakersfield	June 4, 1983
Woodside	38	Susie Wilson	Los Angeles Coliseum	June 2, 1984
Muir, Pasadena	55	Jim Brownfield	Hughes Stadium, Sacramento	May 31, 1985
Hawthorne	40	Kye Courtney	Cerritos College, Norwalk	June 6, 1986
Pomona	30	Isaiah Sanders	Hughes Stadium, Sacramento	June 5, 1987
Bakersfield (tie)	28	Scott Semar	Cerritos College, Norwalk	June 3, 1988
Rio Mesa (tie)	28	Brian Fitzgerald/Rick Torres	Cerritos College, Norwalk	June 3, 1988
Muir, Pasadena	36	Jim Brownfield	Cerritos College, Norwalk	June 2-3, 1989
Bakersfield	61	Scott Semar	Cerritos College, Norwalk	June 1-2, 1990
Morningside	28	Ron Tatum	Cerritos College, Norwalk	May 31-June 1, 1991
Poly, Long Beach	39	Don Norford	Cerritos College, Norwalk	June 5-6, 1992
Poly, Long Beach	56	Don Norford	Cerritos College, Norwalk	June 19, 1993***
Skyline, Oakland	36	Darrell Hampton	Cerritos College, Norwalk	June 3-4, 1994
Poly, Long Beach	52	Don Norford	Cerritos College, Norwalk	June 2-3, 1995
Wilson, Long Beach	43	Terry Kennedy	Cerritos College, Norwalk	May 31-June 1, 1996
Poly, Long Beach	49	Don Norford	Hughes Stadium, Sacramento	June 6-7, 1997
Poly, Long Beach (tie)	42	Don Norford	Cerritos College, Norwalk	June 5-6, 1998
Wilson, Long Beach (tie)	42	Terry Kennedy	Cerritos College, Norwalk	June 5-6, 1998
J.W. North, Riverside	42	Charles Leathers	Hughes Stadium, Sacramento	June 4-5, 1999
J.W. North, Riverside	45	Charles Leathers	Cerritos College, Norwalk	June 2-3, 2000
Poly, Long Beach	59	Don Norford	Hughes Stadium, Sacramento	June 1-2, 2001
J.W. North, Riverside	57	Charles Leathers	Cerritos College, Norwalk	May 31-June 1, 2002
Poly, Long Beach	62	Don Norford	Cerritos College, Norwalk	June 6-7, 2003
Poly, Long Beach	80	Don Norford	Hughes Stadium, Sacramento	June 4-5, 2004
Merrill West, Tracy	48	John Harvey	Hughes Stadium, Sacramento	June 3-4, 2005
James Logan, Union City (tie)	37	Lee Webb	Cerritos College, Norwalk	June 2-3, 2006
Wilson, Long Beach (tie)	37	Terry Kennedy	Cerritos College, Norwalk	June 2-3, 2006
Mt. Pleasant, San Jose	44	Steve Nelson	Hughes Stadium, Sacramento	June 1-2, 2007
Poly, Long Beach	39	Don Norford	Cerritos College, Norwalk	May 30-31, 2008
Poly, Long Beach	45	Don Norford	VM Stadium, Clovis	June 5-6, 2009
Poly, Long Beach	51.33	Don Norford	VM Stadium, Clovis	June 4-5, 2010
Poly, Long Beach	72	Don Norford	VM Stadium, Clovis	June 3-4, 2011
Serra, Gardena	60	Lori Smith-Thompson	VM Stadium, Clovis	June 1-2, 2012
Poly, Long Beach	49	Don Norford	VM Stadium, Clovis	May 31-June 1, 2013
Poly, Long Beach	70	Don Norford	VM Stadium, Clovis	June 6-7, 2014
Oaks Christian, Westlake Village	34	Wesley Smith	VM Stadium, Clovis	June 5-6, 2015
Carson	40	JoJo Sablan-Johnson	VM Stadium, Clovis	June 3-4, 2016
Poly, Long Beach	31	Crystal Irving	VM Stadium, Clovis	June 2-3, 2017
Serra, Gardena	36	Chris Calvin	VM Stadium, Clovis	June 1-2, 2018
Buchanan	50	Brian Weaver	VM Stadium, Clovis	June 1-2, 2019

*** Meet rescheduled due to rain.

Scoring system used was 5-3-1 in 1974; 5-4-3-2-1 from 1976 to 1979; and 10-8-6-4-2-1 since 1980-2009; 10-8-6-5-4-3-2-1 since 2010

All-Time Individual Champions

BOYS CHAMPIONS 100-Meter Dash (Boys)

1915	Roy Brown (Sacramento)	10.2
1916	Charley Paddock (Pasadena)	10.4
1917	Jack Melville (Berkeley)	10.0
1918	Charley Paddock (Pasadena)	10.2
1919	Al Wright (Lincoln, Los Angeles)	10.4
1920	Eddie Sutton (Lick-Wilmerding, SF)	10.0
1921	Vernon Blenkiron (Compton)	10.2
1922	Herschel Smith (San Fernando)	10.4
1923	Eddie Pollock (Pasadena)	10.0
1924	Vic Klein (Hollywood)	10.1
1925	Vernon Hanford (Manual Arts, Los Angeles)	10.1
1926	Dick Werner (Brawley)	9.8
1927	Frank Wycoff (Glendale)	9.8
1928	Frank Lombardi (Los Angeles)	9.6
1929	Jim Wilson (San Diego)	9.8
1930	Al Koenig (Huntington Beach)	10.1
1931	Foy Draper (Huntington Park)	9.9
1932	Milton Holt (Hoover, Glendale)	9.8
1933	Dave Seigel (Poly, Los Angeles)	10.0
1934	Mack Robinson (Muir, Pasadena)	10.0
1935	Bob Frick (San Ramon)	9.6
1936	Mickey Anderson (Muir, Pasadena)	9.7
1937	Bryant Allen (Jefferson)	9.8
1938	Bill Van Leuven (Wilson, Long Beach)	9.8
1939	Jack Trout (Bakersfield)	9.9
1940	Eddie Morris (Huntington Beach)	9.7
1941	Al Jackson (Edison, Fresno)	9.8
1942-45	(No meet held)	
1946	Art Williams (Riverside)	10.0
1947	John Bradley (Hoover, Glendale)	9.9
1948	Bill Fell (Compton)	9.7
1949	Ernie Schopper (Lincoln, Los Angeles)	9.9
1950	Gary Green (Jefferson, Los Angeles)	9.9
1951	Bob Cuning (Hoover, Glendale)	9.7
1952	Herb Turner (Alameda)	9.9
1953	Leamon King (Delano)	9.6
1954	James Jackson (Alameda)	9.6
1955	Ken Dennis (Centennial, Compton)	10.0
1956	Willie White (Jefferson, Los Angeles)	9.5
1957	Preston Griffin (Centennial, Compton)	9.6
1958	Hubie Watson (Jordan, Los Angeles)	9.6
1959	Hubie Watson (Jordan, Los Angeles)	9.8
1960	Bill Cowings (Fowler)	9.7
1961	Forrest Beaty (Hoover, Glendale)	9.5
1962	Forrest Beaty (Hoover, Glendale)	9.5
1963	Alvin Mann (Edison, Fresno)	9.6
1964	Jim Hines (McClymonds, Oakland)	9.7
1965	Harold Busby (Muir, Pasadena)	9.5
1966	Phil Underwood (Dorsey, Los Angeles)	9.6
1967	Mel Gray (Montgomery, Santa Rosa)	9.4
1968	Bob Ballard (Bellflower)	9.6
1969	Willie Robinson (Central, El Centro)	9.6
1970	Allen Carter (Bonita, La Verne)	9.8
1971	George Reddick (Hamilton, Los Angeles)	9.6
1972	Carl McCullough (Sacramento)	9.5
1973	Elijah Jefferson (Crawford, San Diego)	9.6w
1974	Elijah Jefferson (Crawford, San Diego)	9.8
1975	Kevin Williams (San Fernando)	9.4
1976	Billy Mullins (Hamilton, Los Angeles)	10.0
1977	David Russell (Patrick Henry, San Diego)	9.91
1978	Michael Sanford (Pasadena)	9.85
1979	Bill Green (Cubberly, Palo Alto)	9.59
1980	Howard Hawkins (Warren, Downey)	10.55
1981	Ken Robinson (Berkeley)	10.60
1982	Lew Dunn (J.W. North, Riverside)	10.53
1983	Steve Jones (Burbank, Sacramento)	10.64
1984	Henry Thomas (Hawthorne)	10.44
1985	Ron McCree (Madera)	10.49w
1986	Ron McCree (Madera)	10.57
1987	Quincy Watts (Taft, Woodland Hills)	10.49
1988	Darren Stringer (Vacaville)	10.78
1989	Curtis Conway (Hawthorne)	10.42
1990	Napolean Kaufman (Lompoc)	10.57
1991	Ricky Carrigan (Compton)	10.33w
1992	Riley Washington (Southwest, San Diego)	10.30
1993	Bryan Howard (Canyon Springs, Moreno Valley)	10.43
1994	Pat Johnson (Redlands)	10.43

1995	Marques Holliwell (West Bakersfield)	10.43w
1996	Jim McGee (Sacramento)	10.52
1997	Justin Fargas (Notre Dame, Sherman Oaks)	10.52w
1998	Darrell Rideaux (Poly, Long Beach)	10.43
1999	Kareem Kelly (Poly, Long Beach)	10.47
2000	Warren Rogers (Serra, Gardena)	10.42
2001	Phillip Francis (Fairfax, Los Angeles)	10.53
2002	Matt Bruno (Trabuco Hills, Mission Viejo)	10.55
2003	Chris Henry (Edison, Stockton)	10.56
2004	Kenny O'Neal (Skyline, Oakland)	10.34
2005	Jamere Holland (Taft, Woodland Hills)	10.54
2006	Rodney Glass (Notre Dame, Sherman Oaks)	10.52
2007	Jahvir Best (Salesian, Oakland)	10.31
2008	Randall Carroll (Cathedral, Los Angeles)	10.42
2009	Randall Carroll (Cathedral, Los Angeles)	10.38
2010	Remontay McClain (Covina)	10.45
2011	Remontay McClain (Covina)	10.39
2012	Khalifani Muhammad (Notre Dame, Sherman Oaks)	10.52w
2013	Khalifani Muhammad (Notre Dame, Sherman Oaks)	10.33
2014	Curtis Godin (Mater Dei, Santa Ana)	10.31
2015	TJ Brock (Chaminade, West Hills)	10.34
2016	TJ Brock (Chaminade, West Hills)	10.43
2017	Javelin Guidry (Vista Murrieta)	10.13w
2018	Kazmier Allen (Tulare Union)	10.44
2019	Kenan Christon (Madison, San Diego)	10.30



Michael Norman set new State meet records in 2015 in the 200 meter dash (20.30) and 400 meter dash (45.19), which also tied the national record.

200-Meter Dash (Boys)

1915	Les Wark (Poly, Long Beach)	22.0
1916	Charley Paddock (Pasadena)	22.4
1917	Charley Paddock (Pasadena)	22.4
1918	Charley Paddock (Pasadena)	22.4
1919	Bob Allen (Redlands)	23.8
1920	Eddie Sudden (Lick-Wilmerding, San Francisco)	21.8
1921	Bob Allen (Redlands)	22.6
1922	Walter Wickersham (Bakersfield)	24.2
1923	Bob Lee (Franklin)	22.2
1924	Archie Woodyard (Jefferson, Los Angeles)	22.5
1925	Walter Floyd (Lincoln, Los Angeles)	22.6
1926	Elam Kirk (El Monte)	22.1
1927	Frank Wycoff (Glendale)	21.0
1928	Frank Lombardi (Los Angeles)	21.4
1929	Jim Wilson (San Diego)	21.4
1930	Ashley Burch (Jordan, Los Angeles)	21.8
1931	Ashley Burch (Jordan, Los Angeles)	21.5
1932	George Anderson (Muir, Pasadena)	21.8
1933	George Anderson (Muir, Pasadena)	21.2
1934	Bainard Worrill (Muir, Pasadena)	21.8
1935	Burt Pierce (Excelsior)	21.2
1936	Burt Brady (Gridley)	21.6
1937	Bryant Allen (Jefferson, Los Angeles)	21.2
1938	Eddie Morris (Huntington Beach)	21.6
1939	Eddie Morris (Huntington Beach)	21.4
1940	Eddie Morris (Huntington Beach)	21.3
1941	Glen Willis (San Diego)	21.7
1942-45	(No meet held)	
1946	Ray Gregg (El Monte)	21.9
1947	John Bradley (Hoover, Glendale)	21.5
1948	John Bradley (Hoover, Glendale)	21.5

1949	Ernie Schopper (Lincoln, Los Angeles)	21.6
1950	Guy Blackburn (Jefferson, Los Angeles)	21.3
1951	Leamon King (Delano)	21.4
1952	Herb Turner (Alameda)	21.6
1953	Leamon King (Delano)	21.4
1954	James Jackson (Alameda)	21.2
1955	Bob Poynter (Pasadena)	21.6
1956	Bob Poynter (Pasadena)	21.0
1957	Preston Griffin (Centennial, Compton)	21.3
1958	Mel Clipper (Muir, Pasadena)	20.7
1959	Hubie Watson (Jordan, Los Angeles)	21.6
1960	Bill Cowings (Fowler)	21.0
1961	Forrest Beaty (Hoover, Glendale)	21.5
1962	Richard Stebbins (Fremont, Los Angeles)	20.9
1963	John House (Muir, Pasadena)	21.3
1964	Jim Hines (McClymonds, Oakland)	21.5
1965	Harold Busby (Muir, Pasadena)	21.0
1966	Phil Underwood (Dorsey, Los Angeles)	21.2
1967*	Mel Gray (Montgomery, Santa Rosa)	20.7
1968	Willie Deckard (Dorsey, Los Angeles)	21.7
1969	Willie Robinson (Central, El Centro)	21.7
1970	Jackie White (Santa Ana)	21.5
1971	Chuck Bommarito (Crestmoor, San Bruno)	21.2w
1972	Mike Shavers (Albany)	21.0
1973	Clancy Edwards (Santa Ana)	21.2w
1974	Millard Hampton (Silver Creek, San Jose)	21.1
1975	Billy Mullins (Hamilton, Los Angeles)	21.2
1976	Billy Mullins (Hamilton, Los Angeles)	21.6
1977	David Russell (Patrick Henry, San Diego)	20.97w
1978	Michael Sanford (Pasadena)	21.42
1979	Michael Sanford (Pasadena)	21.00
1980	Ken Robinson (Berkeley)	21.21
1981	Kevin Wilhite (Cordova, Rancho Cordova)	20.81
1982	Antonio Manning (Hamilton, Los Angeles)	21.05w
1983	Henry Thomas (Hawthorne)	21.02
1984	Henry Thomas (Hawthorne)	20.77
1985	Michael Marsh (Hawthorne)	20.83w
1986	Quincy Watts (Taft, Woodland Hills)	21.03
1987	Quincy Watts (Taft, Woodland Hills)	20.99
1988	Bryan Bridgewater (Washington, Los Angeles)	21.00
1989	Barry Smith (Mission, San Francisco)	20.82
1990	Napolean Kaufman (Lompoc)	21.15
1991	Ricky Carrigan (Compton)	20.84w
1992	Gentry Bradley (Pius X, Downey)	20.97w
1993	Calvin Harrison (North Salinas, Salinas)	21.12
1994	Pat Johnson (Redlands)	21.01
1995	Bryan Harrison (Dana Hills, Dana Point)	20.82w
1996	Obea Moore (Muir, Pasadena)	20.91
1997	Andrea Ammons (Skyline, Oakland)	20.91w
1998	Kareem Kelly (Poly, Long Beach)	20.76
1999	Kareem Kelly (Poly, Long Beach)	20.76w
2000	Bennie Robinson (Poly, Long Beach)	20.96
2001	Seth Amoo (Highland, Palmdale)	21.05
2002	Matt Bruno (Trabuco Hills, Mission Viejo)	20.82
2003	Lionel Larry (Dominguez, Compton)	20.97
2004	Derrick Jones (Poly, Long Beach)	21.10
2005	Jamere Holland (Taft, Woodland Hills)	20.88w
2006	Bryshon Nellum (Poly, Long Beach)	20.96
2007	Bryshon Nellum (Poly, Long Beach)	20.43
2008	Randall Carroll (Cathedral, Los Angeles)	20.91
2009	Randall Carroll (Cathedral, Los Angeles)	21.08
2010	Remontay McClain (Covina)	20.85
2011	Remontay McClain (Covina)	20.95
2012	Khalifani Muhammad (Notre Dame, Sherman Oaks)	21.15w
2013	Khalifani Muhammad (Notre Dame, Sherman Oaks)	20.86
2014	Curtis Godin (Mater Dei, Santa Ana)	20.87
2015	Michael Norman (Vista Murrieta)	20.30
2016	Michael Norman (Vista Murrieta)	20.42
2017	Isaiah Cunningham (Rancho Verde, Moreno Vly)	21.07w
2018	Christian Shakir-Ricks (Murrieta Mesa)	20.98
2019	Kenan Christon (Madison, San Diego)	20.69w

*(since 1967, the 220 yards and then 200 Meters were run exclusively around one turn.)

400-Meter Dash (Boys)

1915	George Conn (Pasadena)	50.0
1916	Mark Kellog (Fresno)	51.4
1917	Dick Seltzer (Redlands)	53.0
1918	George Schiller (Poly, Los Angeles)	49.6
1919	Jeff Wilcox (Harvard)	54.2

All-Time Individual Champions

400-Meter Dash (Boys) continued

1920	Thurmond Clarke (Los Angeles).....	50.2
1921	Ed Shaw (Monrovia)	52.2
1922	Ed Shaw (Monrovia)	54.4
1923	Vernon Hanford (Manual Arts, Los Angeles) ...	52.6
1924	Wilburn Talbot (Analay, Sebastopol)	51.6
1925	Walter Hanson (Concord, Mt. Diablo)	51.0
1926	Cliff Gantt (Poly, Los Angeles).....	50.0
1927	Percy McArthur (Huntington Park)	51.0
1928	Carl Childreth (Poly, Long Beach)	50.2
1929	Irvine Warburton (San Diego).....	49.6
1930	Carl Satterfield (Manual Arts, Los Angeles)....	50.3
1931	John McCarthy (Fairfax)	48.7
1932	John Routt (Jefferson, Los Angeles)	50.1
1933	Murel Gillett (Central, El Centro)	48.4
1934	Doug Hammond (Hollywood).....	50.3
1935	Howard Upton (Turlock).....	48.9
1936	George Gray (Wilson, Long Beach)	49.9
1937	Wilbur Miller (Jefferson, Los Angeles).....	49.7
1938	Bob Hogan (Piedmont)	50.4
1939	Ken Horn (Fowler)	50.5
1940	Duane Lewis (Compton)	48.8
1941	O.B. Hughes (Whittier)	49.9
1942-45	(No meet held)	
1946	Norm Stocks (San Diego).....	49.3
1947	Luther Butler (Jefferson, Los Angeles)	49.4
1948	Fred Thompson (Jordan, Los Angeles)	49.2
	Luther Butler (Jefferson, Los Angeles)	49.2
1949	George Adrian (Hollywood)	49.3
1950	Sherman Miller (Napa)	48.8
1951	Jack North (Jordan, Long Beach).....	49.7
1952	Lanny Carter (Orange)	48.8
1953	X.L. Emerson (Richmond)	49.2
1954	Bruce Kitchen (Riverside).....	48.7
1955	Jerry White (Corcoran)	48.7
1956	Jerry White (Corcoran)	46.7
1957	Fred DeWitt (Berkeley)	47.9
1958	Dixon Farmer (Miramonte, Orinda).....	48.6
1959	Dixon Farmer (Miramonte, Orinda).....	48.6
1960	Ulis Williams (Compton).....	47.2
1961	Ulis Williams (Compton).....	47.8
1962	Manual Diaz (Keppel, Alhambra).....	48.1
1963	Tommie Smith (Lemoore)	47.3
1964	Fred Banks (Jefferson, Los Angeles).....	47.5
1965	Randy Julian (Bolsa Grande, Garden Grove)....	47.4
1966	Wayne Collett (Gardena).....	47.8
1967	Mike Newton (Whittier)	47.2
1968	Edsel Garrison (Centennial, Compton).....	46.7
1969	Larance Jones (Lemoore)	46.6
1970	Rick Brown (Los Altos)	47.8
1971	Tony Krzyzosiak (Garden Grove)	46.7
1972	Robert Harrell (Santa Ana)	47.4
1973	Ron Whitaker (Wilson, San Francisco)	47.0
1974	Rod Connors (Cordova, Rancho Cordova).....	47.7
1975	John Ware (Sacramento)	47.2
1976	Darold Harris (Pittsburg).....	47.6
1977	James Sanford (Pasadena)	46.60
1978	Bill Greene (Cubberly, Palo Alto).....	46.77
1979	Tony Banks (Morse, San Diego)	47.28
1980	Mike Turner (Centennial, Compton)	47.51
1981	David Timmons (Oakland)	47.09
1982	Fabian Cooper (Washington, Los Angeles) ...	46.38
1983	Larry Walker (Edison, Fresno)	47.03
1984	Chip Rish (Marina, Huntington Beach).....	46.82
1985	Chip Rish (Marina, Huntington Beach).....	45.7h
1986	Steve Lewis (American, Fremont).....	46.59
1987	Steve Lewis (American, Fremont).....	46.7h
1988	Travis Hannah (Hawthorne).....	47.02
1989	Beno Bryant (Dorsey, Los Angeles).....	47.52
1990	Mike Sulcer (Muir, Pasadena)	47.54
1991	Richard Dupree (Roosevelt, Fresno)	47.21
1992	Derek Shepard (Lincoln, San Francisco)	46.95
1993	Calvin Harrison (North Salinas, Salinas)	45.25
1994	James Davis (Will C. Wood, Vacaville).....	46.96
1995	Obea Moore (Muir, Pasadena)	46.08
1996	Obea Moore (Muir, Pasadena)	45.81
1997	Eddie Levine (Golden Valley, Merced).....	46.77
1998	Mike Ryan (Beverly Hills).....	47.62
1999	Blaine Bussey (Taft, Los Angeles).....	46.94
2000	Brandon Matlock (Stockdale, Bakersfield)....	47.63

2001	Jason Lovell (Cleveland, Los Angeles).....	47.51
2002	Blake Mackey (Bakersfield)	47.93
2003	David Gettis (Dorsey, Los Angeles)	47.41
2004	David Gettis (Dorsey, Los Angeles)	46.69
2005	David Gettis (Dorsey, Los Angeles)	45.84
2006	Bryshon Nellum (Poly, Long Beach).....	46.38
2007	Bryshon Nellum (Poly, Long Beach).....	45.54
2008	Joey Hughes (Poly, Long Beach)	46.28
2009	Reggie Wyatt (La Sierra)	46.13
2010	Josh Mance (Don Lugo, Chino)	45.90
2011	Shaquille Howard (Poly, Long Beach)	47.49
2012	Alex Rohani (Beverly Hills)	47.34
2013	Mile Parish (Etiwanda)	46.53
2014	Kemonie Briggs (Wilson, Long Beach).....	46.92
2015	Michael Norman (Vista Murrieta)	45.19
2016	Michael Norman (Vista Murrieta)	45.77
2017	Zachary Shinnick (Damien, La Verne)	46.12
2018	Max Glasser (Marin Catholic)	46.97
2019	Zachary Larrier (Monterey Trail, Elk Grove) ...	46.73

800-Meter Run (Boys)

1915	Gerald Blankenship (Visalia)	1:59.8
1916	Colin Kilby (Coalinga).....	2:02.8
1917	Harleigh Baker (Fillmore)	2:02.0
1918	Ken Saunders (Pasadena)	2:02.8
1919	Jerry Pearce (Berkeley)	2:08.2
1920	Paul Stroud (Perris)	1:59.4
1921	Elmer Boyden (Vallejo)	1:59.2
1922	Irving Thomas (Manual Arts, Los Angeles)....	2:04.6
1923	Earl Lockhart (Sacramento)	1:59.0
1924	Ed Cloege (Covina)	1:59.1
1925	Alex McKinnon (Poly, Los Angeles)	1:59.8
1926	Doug Knowles (Bakersfield)	2:01.2
1927	Bill McGeagh (Poly, Los Angeles)	2:02.8
1928	Herb Welch (Visalia).....	2:01.2
1929	Herb Welch (Visalia).....	1:58.4
1930	Al Hassan (Jefferson, Los Angeles).....	2:00.1
1931	Carl Satterfield (Manual Arts, Los Angeles)....	1:57.6
1932	Ray Cartwright (Santa Ana)	2:00.6
1933	Bill McCurdy (Tamalpais)	2:00.1
1934	Mel Nickerson (Poly, Los Angeles).....	1:58.4
1935	Ralph Wood (Carpinteria)	1:57.6
1936	Jerry Lopez (Placer, Auburn).....	1:57.1
1937	Jim Lawson (Jordan, Los Angeles)	1:59.7
1938	Leroy Weed (Coachella Valley)	1:58.8
1939	Paul Christensen (Beverly Hills).....	2:01.3
1940	Roger Lane (San Rafael)	1:57.7
1941	Thelmo Knowles (Santa Monica)	1:55.6
1942-45	(No meet held)	
1946	Dan Guest (Santa Monica)	2:00.5
1947	Jerome Walters (Compton)	1:57.6
1948	Wilbur Firestone (Compton).....	1:57.8
1949	Wilbur Firestone (Compton).....	1:58.1
1950	Lang Stanley (Jefferson, Los Angeles)	1:53.9
1951	Gene Jones (Oakland Technical)	1:58.9
1952	Jim Briggs (Pittsburg).....	1:57.2
1953	Don Bowden (Lincoln, San Jose)	1:57.1
1954	Don Bowden (Lincoln, San Jose)	1:52.9
1955	Leonard Havens (Avenal).....	1:57.0
1956	Jerry Siebert (Willits)	1:53.8
1957	Jim Cerveny (Mission Bay, San Diego)	1:52.7
1958	Alfred Gentry (Fremont, Los Angeles)	1:55.4
1959	Dave Dunbar (Westmoor, Daly City).....	1:53.2
1960	Ray VanAsten (Bonita, La Verne)	1:51.9
1961	Mike Gibeau (Lincoln, San Francisco)	1:53.1
1962	Doug Parker (Chico)	1:52.2
1963	Dennis Carr (Lowell, Whittier)	1:50.9
1964	Bob Hose (Madison, San Diego)	1:51.7
1965	Richard Joyce (Sierra, Whittier).....	1:48.8
1966	Terry Rogers (Hilltop, Chula Vista)	1:51.5
1967	Lawrence Banks (Dorsey, Los Angeles).....	1:51.2
1968	George Alfaro (Pittsburg)	1:52.3
1969	Ricco Sanchez (Canoga Park)	1:51.6
1970	Rick Brown (Los Altos)	1:50.6
1971	Perrell Keeling (Morningside, Inglewood)....	1:51.8
1972	Dale Scott (El Cerrito).....	1:49.7
1973	Randy Lopez (Alhambra)	1:52.4
1974	John Musich (Burbank)	1:51.0
1975	Conrad Suhr (Leigh, San Jose)	1:51.0
1976	Wyatt Bishop (Carlmont, Belmont)	1:54.4

1977	Jim Walters (Estancia, Costa Mesa).....	1:49.4
1978	David Mack (Locke, Los Angeles)	1:51.83
1979	David Mack (Locke, Los Angeles)	1:50.18
1980	Peter Quinonez (Tulare)	1:50.13
1981	Pete Richardson (Berkeley)	1:47.31
1982	John Phillips (Los Altos)	1:49.99
1983	Kimmie James (Richmond)	1:50.63
1984	Eric Schermerhorn (Woodbridge, Irvine) ...	1:49.61
1985	Sean Langer (Bakersfield).....	1:51.75
1986	Vincent Thompson (Locke, Los Angeles)	1:50.25
1987	Don Gabor (Amador Valley, Pleasanton).....	1:52.3h
1988	Mark Senior (Mt. Miguel, Spring Valley)	1:51.37
1989	Gordon Johnson (Piedmont)	1:51.88
1990	Craig Magress (Santa Teresa, San Jose)	1:51.66
1991	Mike Terry (El Modena, Orange).....	1:53.99
1992	Mike Katri (Fortuna).....	1:49.56
1993	Vondre Armour (Bakersfield).....	1:50.13
1994	Michael Granville (Bell Gardens).....	1:49.82
1995	Aaron Richburg (James Logan, Union City)....	1:48.40
1996	Michael Granville (Bell Gardens).....	1:50.68
1997	James Levine (Golden Valley, Merced).....	1:50.62
1998	Jon Stevens (Mission San Jose, San Jose) ...	1:52.07
1999	Brandon Shaw (Rancho Verde, Moreno Valley) ...	1:53.98
2000	Mike Serratos (Don Lugo, Chino)	1:51.75
2001	Tykie Harris (San Geronio).....	1:53.80
2002	Michael Haddan (Woodbridge, Irvine)	1:51.41
2003	Duane Solomon (Cabrillo, Lompoc)	1:49.79
2004	Bryan Rodie (Royal, Simi Valley)	1:52.04
2005	Jesse O'Brien (San Pasqual, Escondido)	1:53.71
2006	Cory Primm (Westlake, Westlake Village)....	1:50.53
2007	Cory Primm (Westlake, Westlake Village)....	1:50.95
2008	Charles Jock (Mission Bay, San Diego).....	1:51.64
2009	Sean Krinik (Valencia, Placentia)	1:51.83
2010	Sean Krinik (Valencia, Placentia)	1:48.20
2011	Immanuel Hutchinson (San Jacinto)	1:49.63
2012	Alexander Monsivaiz (Army & Navy)	1:51.34
2013	Ivan Gonzalez (Ridgeview, Bakersfield).....	1:50.71
2014	David Manahan (Harv-Wst, N. Hillywd.)	1:51.04
2015	Isaac Trevino (Centennial, Bakersfield)	1:51.55
2016	Isaac Cortes (Great Oak, Temecula)	1:50.75
2017	Jett Charvet (Heritage, Brentwood).....	1:51.07
2018	Jason Gomez (Westmont, Campbell).....	1:50.21
2019	Kai Wingo (Valencia)	1:51.71

1600-Meter Run (Boys)

1915	Gerald Balnkenship (Visalia)	4:30.0
1916	Andy Silvas (Oakland Technical)	4:40.6
1917	Whitney Reeves (Pasadena)	4:37.4
1918	Jerry Pearce (Berkeley)	4:44.4
1919	Atwood Scovel (San Bernadino)	4:47.0
1920	Charlie Watts (Berkeley)	4:36.2
1921	Bill Kerr (Huntington Beach).....	4:30.4
1922	Les Schwoeboda (Petaluma)	4:40.0
1923	Earl Lockhart (Sacramento)	4:31.6
1924	Lee Hansen (Manual Arts, Los Angeles)	4:37.1
1925	Chesley Unruh (El Monte)	4:35.2
1926	Jack Ferguson (Inglewood).....	4:35.7
1927	Cliff Halstead (Sacramento)	4:33.6
1928	Dick Brooks (Redlands).....	4:39.0
1929	John Baker (Huntington Beach).....	4:31.1
1930	Phil Morentin (Visalia)	4:31.0
1931	Phil Morentin (Visalia)	4:32.8
1932	Virgil Hooper (Antelope Valley)	4:32.3
1933	Virgil Hooper (Antelope Valley)	4:29.2
1934	Louis Zamperini (Torrance)	4:27.8
1935	Elmer Bayer (Paso Robles)	4:30.4
1936	Simon Scott (Tamalpais)	4:31.2
1937	Bruce Hammack (Yreka)	4:30.4
1938	Jack Moore (Stockton)	4:26.9
1939	John Hall (Torrance)	4:26.8
1940	Kellen Ramirez (Edison, Fresno)	4:31.5
1941	Bob Ingram (San Jose)	4:32.8
1942-45	(No meet held)	
1946	Bob McMillen (Cathedral, Los Angeles).....	4:24.0
1947	Chuck Kohl (Compton, Los Angeles).....	4:29.2
1948	John Woolley (Marshall Fundamental)	4:29.1
1949	Ellwyn Stribling (Commerce, San Francisco) ..	4:25.1
1950	Ron Bauer (Washington, San Francisco)	4:23.7
1951	Allie Cage (McClymonds, Oakland)	4:30.7
1952	Fernando Ledesma (Compton)	4:23.2

All-Time Individual Champions

1600-Meter Run (Boys) - continued

1953	Bob Seaman (Reedley)	4:21.0
1954	Ty Hadley (Bellflower)	4:25.8
1955	Tod White (Newport Harbor)	4:20.0
1956	Ron Larrieu (Palo Alto)	4:20.1
1957	Tim Roelen (San Fernando)	4:20.2
1958	Woody Covington (Compton)	4:23.7
1959	Dale Storey (Orange)	4:11.0
1960	Ben Tucker (Poly, San Francisco)	4:14.3
1961	Bruce Bess (La Habra)	4:18.8
1962	Dennis Carr (Lowell, Whittier)	4:08.7
1963	Tracy Smith (Arcadia)	4:14.4
1964	Mike Ryan (Wilcox, Santa Clara)	4:11.2
1965	Tim Danielson (Chula Vista)	4:08.0
1966	Tim Danielson (Chula Vista)	4:07.0
1967	Mike Solomon (Westminster)	4:11.4
1968	Clifton West (Kennedy, Sacramento)	4:09.0
1969	Decker Underwood (South Torrance, Torrance)	4:12.1
1970	Brent Tubb (Cleveland, Reseda)	4:12.9
1971	Brent Tubb (Cleveland, Reseda)	4:09.6
1972	Mark Schilling (Garden Grove)	4:05.4
1973	Alvin Gilmore (Lompoc)	4:11.4
1974	Rick Kimball (De La Salle, Concord)	4:06.6
1975	John Johnson (Skyline, Oakland)	4:09.5
1976	Jim Arriola (Gahr, Cerritos)	4:14.6
1977	Mark Stillman (Willow Glen, San Jose)	4:06.9
1978	Paul Medvin (University, Los Angeles)	4:08.91
1979	Paul Medvin (University, Los Angeles)	4:12.9
1980	Larry Guinne (Castro Valley)	4:06.18
1981	Jeff Scott (El Camino, Sacramento)	4:10.06
1982	Tom Grewe (Carpinteria)	4:08.05
1983	Jim Frey (Yreka)	4:08.82
1984	Roman Gomez (Belmont, Los Angeles)	4:09.05
1985	Roman Gomez (Belmont, Los Angeles)	4:15.93
1986	Mark Mastalir (Jesuit, Carmichael)	4:07.81
1987	Scott Robinson (Bellarmine, San Jose)	4:07.95
1988	Reggie Williams (River City, West Sacramento)	4:08.78
1989	Francis O'Neil (San Pasqual, Escondido)	4:08.67
1990	Coley Candaele (Carpinteria)	4:06.26
1991	Daniel DasNeves (Helix, La Mesa)	4:12.22
1992	Daniel DasNeves (Helix, La Mesa)	4:09.54
1993	Brian Wilkinson (Merced)	4:08.13
1994	Mebrahton Keflezighi (San Diego)	4:07.67
1995	Michael Stember (Jesuit, Carmichael)	4:04.00
1996	Michael Stember (Jesuit, Carmichael)	4:06.72
1997	Jon Stevens (Mission, San Jose)	4:10.08
1998	Jon Stevens (Mission, San Jose)	4:12.58
1999	Marcus Chandler (Serra, San Diego)	4:10.44
2000	Evan Fox (West Hills, Santee)	4:09.44
2001	Ryan Hall (Big Bear, Big Bear Lake)	4:02.62
2002	Matt Johnsrud (Woodcreek, Roseville)	4:11.89
2003	Phillip Reid (Rio Mesa, Oxnard)	4:08.49
2004	Mark Matusak (Loyola, Los Angeles)	4:15.89
2005	Mark Matusak (Loyola, Los Angeles)	4:10.72
2006	AJ Acosta (El Camino, Oceanside)	4:04.95
2007	Hudson Andrews (Royal, Simi Valley)	4:07.59
2008	German Fernandez (Riverbank)	4:00.29
2009	Mac Fleet (University City, San Diego)	4:05.33
2010	Elias Gedyon (Loyola, Los Angeles)	4:21.12
2011	Jantzen Oshier (Trabucco Hills, Mission Viejo)	4:00.83
2012	Darren Fahy (La Costa Canyon, Carlsbad)	4:08.78
2013	Blake Haney (Stockdale, Bakersfield)	4:06.91
2014	Blake Haney (Stockdale, Bakersfield)	4:08.52
2015	Austin Tamagno (Brea Olinda)	4:09.13
2016	Isaac Cortes (Great Oak, Temecula)	4:04.62
2017	Luis Grijalva (Armijo, Fairfield)	4:08.62
2018	Liam Anderson (Redwood, Larkspur)	4:09.31
2019	Matt Strangio (Jesuit, Carmichael)	4:08.07

3200-Meter Run (Boys)

1965	Ralph Gamez (Berkeley)	9:12.9
1966	Ralph Gamez (Berkeley)	9:01.6
1967	Pete Romero (Reedley)	9:00.5
1968	Ruben Chappins (Excelsior, Norwalk)	9:05.7
1969	Ruben Chappins (Excelsior, Norwalk)	8:57.0
1970	Ron Johnson (West Torrance, Torrance)	8:55.6
1971	Dale Fleet (Clairemont, San Diego)	8:53.8
1972	Curtis Beck (Santa Monica)	8:52.3
1973	Terry Williams (Lompoc)	8:54.8
1974	Rick Kimball (De La Salle, Concord)	8:46.5



German Fernandez from Riverbank shattered the previous national record in the 3200 meters by nearly eight seconds with a time of 8:34.23 at the 2008 State meet. This performance followed his near-national record showing earlier in the day in the 1600.

1975	Eric Hulst (Laguna Beach)	8:44.9
1976	Eric Hulst (Laguna Beach)	8:57.4
1977	Frank Assuma (Eisenhower, Rialto)	8:52.9
1978	Jeff Nelson (Burbank)	8:59.28
1979	Jeff Nelson (Burbank)	8:47.35
1980	Andy DiConti (La Canada)	8:55.79
1981	Jon Butler (Edison, Huntington Beach)	8:46.78
1982	Harold Kuphaldt (Bella Vista, Fair Oaks)	8:51.99
1983	Eric Reynolds (Camarillo)	8:54.75
1984	Roman Gomez (Belmont, Los Angeles)	8:58.91
1985	Roman Gomez (Belmont, Los Angeles)	9:03.05
1986	Eric Mastalir (Jesuit, Carmichael)	8:44.95
1987	Paul Thomas (Jesuit, Carmichael)	9:02.82
1988	Reggie Williams (River City, West Sacramento)	8:59.61
1989	David Welsh (Jesuit, Carmichael)	8:58.08
1990	Bryan Dameworth (Agoura)	8:53.26
1991	Dave Hartman (Canyon, Canyon Country)	8:58.38
1992	Angel Martinez (San Gabriel)	8:56.34
1993	Matt Farley (Jesuit, Carmichael)	9:04.39
1994	Mebrahton Keflezighi (San Diego)	8:58.11
1995	Jason Balkman (Lynbrook, San Jose)	9:05.31
1996	Aaron Gillen (Yreka)	9:03.96
1997	Isayah Festa (Morro Bay)	9:06.06
1998	Gary Passanisi (Aptos)	9:05.74
1999	Josh Spiker (Ventura)	9:02.00
2000	Ryan Hall (Big Bear, Big Bear Lake)	8:55.12
2001	Yong-Sung Leal (Arroyo, San Lorenzo)	9:00.49
2002	Kyle Alcorn (Buchanan, Clovis)	9:00.46
2003	Tim Nelson (Liberty Christian, Redding)	8:53.59
2004	Yosef Ghebray (James Logan, Union City)	9:04.20
2005	Michael Cybulski (Royal, Simi Valley)	9:02.57
2006	Michael Cybulski (Royal, Simi Valley)	8:53.77
2007	Eric Avila (Bonita Vista, Chula Vista)	9:01.77
2008	German Fernandez (Riverbank)	8:34.23
2009	Chris Schwartz (Foothill)	8:51.60
2010	Sam Pons (South Pasadena)	8:55.40
2011	Elias Gedyon (Loyola, Los Angeles)	8:50.03
2012	Darren Fahy (La Costa Canyon, Carlsbad)	9:03.29
2013	Blake Haney (Stockdale, Bakersfield)	9:01.65
2014	Fred Huxham (Redwood, Larkspur)	8:54.24
2015	Caleb Webb (Big Bear)	8:47.30
2016	Cooper Teare (St. Joseph ND, Alameda)	8:51.85
2017	Callum Bolger (San Luis Obispo)	8:53.91
2018	Matt Strangio (Jesuit)	8:56.18
2019	Nico Young (Newbury Park)	8:47.27

110-Meter High Hurdles (Boys)

1915	Earl Thomson (Poly, Long Beach)	15.2
1916	Harry Lampport (Manual Arts, Los Angeles)	16.4
1917	Earl Johnston (Fullerton)	16.2
1918	Larry Rice (Fresno)	16.0
1919	Charles Daggs (Claremont)	16.6
1920	Otto Anderson (Pomona)	15.8

1921	Jack Houston (Lincoln, Los Angeles)	16.0
1922	Richard Bleet (Manual Arts, Los Angeles)	16.6
1923	Ross Nichols (Huntington Beach)	15.4
1924	Ross Nichols (Huntington Beach)	15.3
1925	Les Eade (Hollywood)	15.4
1926	Jim Meeks (Hollywood)	15.1
1927	Jeddy Welsh (Pasadena)	14.8
1928	Joe Bills (Poly, Long Beach)	15.6
1929	Bernie Miller (Hollywood)	15.4
1930	Bill DuPuy (Inglewood)	15.4
1931	Art Fisher (Redlands)	15.5
1932	Jack Ward (Selma)	15.0
1933	Roy Staley (Santa Monica)	15.2
1934	Roy Kirpatrick (Central, El Cerrito)	14.7
1935	Johnny Lindell (Monrovia)	15.0
1936	Doug Busby (Sacramento)	15.7
1937	Ray Seares (Wilson, Long Beach)	15.5
1938	John Biewener (San Diego)	15.3
1939	Don Diez (Lincoln, Los Angeles)	14.9
	Sam Johnson (Fillmore)	14.9
1940	Keith Hale (Bakersfield)	14.7
	Don Reiss (Burlingame)	14.7
1941	Omar Cowles (Palo Alto)	14.3
1942-45	(No meet held)	
1946	Bob Bacon (Redondo)	14.5
1947	Hugh McElhenny (Washington, Los Angeles)	14.5
1948	Bob Mathias (Tulare)	14.5
1949	Jack Davis (Hoover, Glendale)	14.4
1950	Steve Turner (Glendale)	14.1
1951	Don Brinker (Fresno)	14.5
1952	Ancel Robinson (Selma)	14.7
1953	Harry Healey (Keppel)	14.4
1954	Rafer Johnson (Kingsburg)	14.3
1955	Ken Thompson (Centennial, Compton)	14.1
1956	Dale Messer (Lemoore)	14.2
1957	Ken Overholser (Glendale)	14.3
1958	Floyd James (Centennial, Compton)	14.1
1959	Bob Pierce (Burbank)	14.3
1960	Robert Bonds (Poly, Riverside)	13.9
1961	Abe Johnson (McClymonds, Oakland)	14.2w
1962	Ron White (Dorsey, Los Angeles)	14.0
1963	Carl Davis (Compton)	13.9
1964	Earl McCullough (Poly, Long Beach)	14.1
1965	Bill Persons (San Francisco)	13.8
	Rich Miller (Monrovia)	13.8
1966	Donald Parish (Dorsey, Los Angeles)	13.9
1967	Jerry Proctor (Muir, Pasadena)	13.7
1968	Kerry Hampton (Poly, San Francisco)	14.0
1969	Jerry Wilson (Roosevelt, Fresno)	13.7
1970	Alfonzo Hall (Morningside, Inglewood)	13.9
1971	Charles Jackson (Lompoc)	13.6w
1972	Daniel Jones (Palo Verde, Blythe)	13.6
1973	Mike Johnson (Pasadena)	13.6w
1974	Fred Shaw (Muir, Pasadena)	13.7
1975	Robert Gains (Kennedy, Richmond)	13.3
1976	Lloyd Jones (Ganesha, Pomona)	14.5
1977	Phillip Johnson (Gardena)	13.66
1978	Milan Stewart (West Covina)	13.97
1979	Jim Scannella (San Ramon, Danville)	13.87
1980	Don Ward (St. Mary's, Berkeley)	13.73
1981	David Ashford (West Covina)	13.67
1982	Steve Kerho (Mission Viejo)	13.41
1983	Mark Boyd (St. Mary's, Berkeley)	13.93
1984	Raymond Young (Hawthorne)	14.32
1985	Robert Reading (St. Mary's, Berkeley)	13.88
1986	Terry Johnson (Katella, Anaheim)	13.88
1987	Dana Hall (Ganesha, Pomona)	13.98
1988	Darrell Thompson (Cerritos)	14.25
1989	William Henry (Arroyo Grande)	14.05
1990	Curtis Hawkins (Carson)	14.41
1991	Issac Carson (Jefferson, Los Angeles)	13.67
1992	Charlie Davidson (Saddleback, Santa Ana)	13.94w
1993	Drue Powell (Reseda)	13.87
1994	Gerimi Burleigh (Upland)	13.93w
1995	Joe Naivalu (Fremont, San Jose)	14.33
1996	Joe Naivalu (Fremont, San Jose)	13.68
1997	Dominique DeGrammont (Tustin)	13.48
1998	Marcell Allmond (St. Paul, Santa Fe Springs)	13.83
1999	Marcell Allmond (St. Paul, Santa Fe Springs)	13.54
2000	Christopher Morgan (Taft, Woodland Hills)	13.95

All-Time Individual Champions

110-Meter High Hurdles (Boys) - cont.

2001	Christopher Morgan (Taft, Woodland Hills) ...	13.59w
2002	Thomas Mack (Bakersfield)	14.34
2003	Kevin Craddock (James Logan, Union City) ..	14.09
2004	Kevin Craddock (James Logan, Union City) ..	13.39
2005	Robert Williams (Ramona)	13.97
2006	Terry Prentice (Diamond Ranch, Pomona)	14.11
2007	Terry Prentice (Diamond Ranch, Pomona)	13.53
2008	Devron Walker (Dominguez, Compton)	13.96
2009	Dale Morgan (Taft, Woodland Hills)	13.76
2010	Johnathan Cabral (Agoura, Agoura Hills)	13.54
2011	Johnathan Cabral (Agoura, Agoura Hills)	13.79
2012	Lloyd Sicard (Serra, Gardena)	14.09
2013	Marquis Morris (De La Salle, Concord)	13.90
2014	Misana Viltz (Millikan, Long Beach)	13.47
2015	Alexander Billing (Simi Valley)	13.68
2016	Joseph Anderson (Upland)	13.59
2017	Joseph Anderson (Upland)	13.33
2018	Jaden Ellis (Vista del Lago, Moreno Valley) ...	13.97
2019	Jamar Marshall (St. Mary's, Stockton)	13.31w

300-Meter Intermediate Hurdles (Boys)

1975	Dedy Cooper (Ells, Richmond)	36.5
1976	Charles White (San Fernando)	36.7
1977	Andre Phillips (Silver Creek, San Jose)	36.43
1978	Gary Lee (Poly, Long Beach)	36.58
1979	Gary Lee (Poly, Long Beach)	36.22
1980	Don Ward (St. Mary's, Berkeley)	36.57
1981	Walter Murray (Berkeley)	36.26
1982	Steve Kerho (Mission Viejo)	35.85
1983	Danny Harris (Perris)	35.52
1984	George Porter (Cabrillo, Lompoc)	36.10
1985	George Porter (Cabrillo, Lompoc)	35.50
1986	Rodney Bradshaw (Saugus, Santa Clarita)	37.30
1987	Yki Vallery (Hawthorne)	37.14
1988	John Montgomery (Independence, San Jose)	36.43
1989	John Prudenti (Siena, Napa)	37.28
1990	Rocky Morris (Andrew Hill, San Jose)	37.46
1991	Keith Williams (Escondido)	37.28
1992	Diamond Smith (Hawthorne)	37.34
1993	Kenny Haslip (Muir, Pasadena)	37.80
1994	Kenny Haslip (Muir, Pasadena)	37.14
1995	Mickey Grimes (Canyon Springs, Moreno Valley) ..	36.83
1996	Makio Haywood (Muir, Pasadena)	36.18
1997	Kenyon Rambo (Poly, Long Beach)	36.57
1998	Al Williams (Irvine)	37.17
1999	Rico Hatter (Vallejo)	36.53
2000	Trevor Jones (Newport Harbor)	36.60
2001	Jeffrey Hunter (Granite Hills, El Cajon)	36.25
2002	Thomas Mack (Bakersfield)	37.45
2003	Brandon Borne (Rancho Buena Vista, Vista)	38.00
2004	Kevin Craddock (James Logan, Union City) ..	35.93
2005	David Klech (California, San Ramon)	36.06
2006	David Klech (California, San Ramon)	35.87
2007	Jeshua Anderson (Taft, Woodland Hills)	35.28
2008	Brian Baucham (West Torrance)	37.26
2009	Reggie Wyatt (La Sierra)	36.71
2010	R.J. Frasier (Jesuit, Sacramento)	36.90
2011	Johnathan Cabral (Agoura, Agoura Hills)	36.20
2012	Jarrett Gonzales (Damien, La Verne)	37.30
2013	Lloyd Sicard (Serra, Gardena)	37.06
2014	Marquis Morris (De La Salle, Concord)	36.86
2015	Justin Collins (Carson)	36.67
2016	Koty Burton (La Quinta)	36.34
2017	Joseph Anderson (Upland)	36.02
2018	Caleb Lutalo Roberson (Upland)	36.61
2019	Caleb Lutalo Roberson (Upland)	36.32

400-Meter Relay (Boys)

1968	Centennial (Compton)	41.5
1969	Castlemont (Oakland)	41.4
1970	Santa Ana	41.6
1971	El Cerrito	41.0
1972	Wilson (San Francisco)	41.3
1973	Wilson (San Francisco)	41.5
1974	Kennedy (Richmond)	41.2
1975	Ells (Richmond)	41.2
1976	Kennedy (Bartow)	41.4
1977	Pasadena	41.61
1978	El Cerrito	41.55



Reggie Wyatt's 35.02 in the 300-meter intermediate hurdles at the 2009 State meet bettered the national record set by Jeshua Anderson (35.28) at the 2007 State meet.

1979	Pasadena	41.45
1980	Washington (Los Angeles)	41.51
1981	Berkeley	40.86
1982	Oakland	41.09
1983	Edison (Fresno)	40.83
1984	Berkeley	40.93
1985	Muir (Pasadena)	41.32
1986	Hiram Johnson (Sacramento)	41.30
1987	Muir (Pasadena)	40.78
1988	Oakland	41.33
1989	Poly (Long Beach)	41.82
1990	San Bernardino	41.05
1991	Compton	41.68
1992	Morningside (Inglewood)	42.04
1993	Merced	41.42
1994	El Camino (Oceanside)	41.16
1995	Skyline (Oakland)	40.78
1996	Serra (Gardena)	40.63
1997	Muir (Pasadena)	40.35
1998	Poly (Long Beach)	40.45
1999	Vallejo	40.94
2000	Serra (Gardena)	40.97
2001	Helix (La Mesa)	41.17
2002	Poly (Long Beach)	40.63
2003	Carson (Los Angeles)	41.53
2004	Skyline (Oakland)	40.95
2005	Dorsey (Los Angeles)	40.92
2006	Notre Dame (Sherman Oaks)	41.27
2007	Poly (Long Beach)	40.81
2008	Poly (Long Beach)	41.26
2009	Serra (Gardena)	40.67
2010	Poly (Long Beach)	41.13
2011	Oaks Christian (Westlake Village)	41.19
2012	Notre Dame (Sherman Oaks)	41.13
2013	Serra (Gardena)	40.49
2014	Woodcreek (Roseville)	41.20
2015	Chaminade (West Hills)	40.75
2016	Vista Murrieta	40.32
2017	Oaks Christian	40.95
2018	Great Oak	40.99
2019	Monterey Trail (Elk Grove)	41.47

1600-Meter Relay (Boys)

1968	Centennial (Compton)	3:14.3
1969	Los Angeles	3:15.2
1970	Los Altos (Los Altos)	3:15.6
1971	Castlemont (Oakland)	3:13.2
1972	El Cerrito	3:17.6
1973	Cordova (Rancho Cordova)	3:17.4
1974	Muir (Pasadena)	3:13.8
1975	Ells (Richmond)	3:15.7
1976	Pasadena	3:18.2
1977	Pasadena	3:13.7
1978	Banning (Wilmington)	3:11.57
1979	Locke (Los Angeles)	3:14.04
1980	Centennial (Compton)	3:10.37
1981	Berkeley	3:08.94
1982	Compton	3:14.45
1983	Hawthorne	3:10.11
1984	Hawthorne	3:09.45
1985	Hawthorne	3:14.13

1986	Hawthorne	3:14.79
1987	Hawthorne	3:11.77
1988	Hawthorne	3:10.46
1989	Dorsey (Los Angeles)	3:12.21
1990	Muir (Pasadena)	3:14.00
1991	Morningside (Inglewood)	3:15.01
1992	Morningside (Inglewood)	3:15.37
1993	North Salinas (Salinas)	3:14.19
1994	Muir (Pasadena)	3:12.54
1995	Muir (Pasadena)	3:13.08
1996	Muir (Pasadena)	3:08.66
1997	Dominguez (Compton)	3:12.51
1998	Dominguez (Compton)	3:12.64
1999	Dorsey (Los Angeles)	3:13.01
2000	Serra (Gardena)	3:12.94
2001	Poly (Long Beach)	3:15.11
2002	Poly (Long Beach)	3:12.90
2003	Poly (Long Beach)	3:14.35
2004	Poly (Long Beach)	3:13.74
2005	Dorsey (Los Angeles)	3:12.12
2006	J.W. North (Riverside)	3:10.36
2007	Poly (Long Beach)	3:10.92
2008	Dominguez (Compton)	3:09.59
2009	Lutheran (Orange)	3:14.53
2010	Serra (Gardena)	3:08.42
2011	Poly (Long Beach)	3:12.44
2012	Rio Mesa (Oxnard)	3:16.21
2013	Serra (Gardena)	3:10.59
2014	Poly (Long Beach)	3:11.86
2015	Wilson (Long Beach)	3:13.46
2016	Vista Murrieta	3:14.97
2017	Rancho Verde	3:14.46
2018	Murrieta Mesa	3:10.86
2019	Loyola	3:17.56

Discus Throw (Boys)

1915	Cifford Merritt (Santa Rosa)	113-00
1916	Wayne Weeks (Santa Rosa)	117-00
1917	Roy Evans (Chaffey)	122-11
1918	Johnny Boyle (Los Angeles)	114-02.75
1919	Johnny Boyle (Los Angeles)	120-06
1920	Clarence Houser (Oxnard)	123-08
1921	Clarence Houser (Oxnard)	135-00.50
1922	Clarence Houser (Oxnard)	144-03.20
1923	Eric Krenz (Stockton)	128-04.25
1924	Robert Patton (Poly, Riverside)	124-06.50
1925	Eddie Moeller (San Diego)	126-00.62
1926	Eddie Moeller (San Diego)	141-00
1927	Fred Steiner (Chaffey)	135-08
1928	Dudley Stephens (Woodland)	135-00.37
1929	Dudley Stephens (Woodland)	134-09
1930	Gordon Dunn (Fresno)	130-05.12
1931	George Theodoratus (Sacramento)	132-01.50
1932	Arlo Munch (Poly, Long Beach)	130-11.50
1949	John Henry Johnson (Pittsburg)	145-02
1950	Louie Irigara (Lemoore)	145-01.25
1951	Leon Patterson (Taft)	165-02
1954	Jack Egan (Balboa, San Francisco)	159-01.50
1955	Wayne Crow (Corcoran)	160-07
1956	Wayne Crow (Corcoran)	171-05.25
1957	Don Bell (Alameda)	172-03.75
1958	Bill Hook (Ukiah)	166-08
1959	Ron Sindow (San Rafael)	176-01
1960	Alex Darnes (Poly, San Francisco)	178-08
1961	Bob Stoeker (Los Altos)	188-06.50
1962	Bob Stoeker (Los Altos)	185-11.50
1963	Stan McDonald (Edison, Fresno)	178-01
1964	Bill Staley (Las Lomas, Walnut Creek)	181-02
1965	Bruce Naglee (Baltimore, San Jose)	172-03.50
1966	Jim Peters (Piedmont)	189-01
1967	Fred DeBernardi (Hart, Newhall)	178-02
1968	Rory Kenward (San Marcos, Santa Barbara) ..	183-11
1969	Chris Adams (Los Altos)	188-00
1970	Chris Adams (Los Altos)	201-03
1971	Bob Otto (Porterville)	184-09
1972	Scott Overton (Los Altos)	185-10
1973	Lonnie Shelton (Foothill, Bakersfield)	195-05
1974	Ray Burton (Vacaville)	193-00
1975	Mike Alberg (Lodi)	171-11
1976	Scott Endler (Hoover, Fresno)	192-10

All-Time Individual Champions

Discus Throw (Boys) - continued

1977	David Thompson (Santa Ynez).....	190-00
1978	David Porath (Atwater).....	199-05
1979	Hank Krachir (San Jacinto).....	192-09
1980	Paul Bender (Shafter).....	192-09
1981	Antonio Dobbins (Burroughs, Ridgecrest).....	180-10
1982	Antonio Dobbins (Burroughs, Ridgecrest).....	191-01
1983	Barry Estes (Clovis).....	183-04
1984	Tambi Wenj (Fountain Valley).....	185-11
1985	Brian Bluetreich (Capistrano Valley, Mission Viejo).....	203-04
1986	Jeff Hooper (Del Campo, Fair Oaks).....	187-04
1987	Dave Bultman (Royal, Simi Valley).....	193-06
1988	John Wirtz (Leland, San Jose).....	192-10
1989	Derrick Stevens (Bakersfield).....	188-02
1990	Rob Powell (Redwood, Visalia).....	203-04
1991	Jeff Buckey (Bakersfield).....	182-05
1992	Jeff Buckey (Bakersfield).....	186-10
1993	Chad Pearce (Trabuco Hills, Mission Viejo).....	183-02
1994	Jeremy Staat (Bakersfield).....	182-08
1995	Chad Jones (Arroyo Grande).....	183-09
1996	Scott Moser (Huntington Beach).....	185-07
1997	Scott Moser (Huntington Beach).....	203-02
1998	Reed Thurman (Serra, Gardena).....	202-01
1999	Dan Ames (El Capitan, Lakeside).....	199-09
2000	Travis Pendleton (Esperanza, Anaheim).....	203-05
2001	Sean Shields (Arroyo Grande).....	189-01
2002	Jared Morgan (La Quinta).....	194-01
2003	Nik Kay (Los Gatos).....	203-03
2004	Daniel Schaerer (The Bishop's School, La Jolla).....	206-05
2005	Darius Savage (Morse, San Diego).....	194-08
2006	Darius Savage (Morse, San Diego).....	205-06
2007	Derek Johnson (Agoura, Agoura Hills).....	203-06
2008	Dayshan Ragans (Foothill, Bakersfield).....	202-06
2009	Matt Darr (Frontier, Bakersfield).....	192-00
2010	Willy Irwin (Clovis East).....	207-08
2011	Ethan Cochran (Newport Harbor, Newport).....	185-09
2012	Ethan Cochran (Newport Harbor, Newport).....	196-04
2013	Brenden Song (West Hills, Santee).....	188-08
2014	Rocky Fenton (San Clemente).....	184-10
2015	Charles Lenford (Oceanside).....	195-04
2016	Bronson Osborn (Esperanza, Anaheim).....	200-10
2017	Iffy Joyner (Pittsburg).....	203-08
2018	Christian Lavalie (Mission Viejo).....	182-07
2019	Gino Cruz (Newbury Park).....	191-11

High Jump (Boys)

1915	Millard Webster (Santa Paula).....	5-09.50
1916	Titus Moore (Pasadena).....	5-08.50
1917	Lloyd Hill (Coalinga).....	5-09.25
1918	Harold Muller (San Diego).....	5-01.75
1919	Harold Muller (Oakland Technical).....	5-06
1920	Oliver Corey (Chaffey).....	6-00
1921	Al Fisher (Lincoln, Los Angeles).....	6-00.37
1922	Ed Shaw (Monrovia).....	5-10.75
1923	Henry Coggeshall (Poly, Los Angeles).....	5-11
1924	Henry Coggeshall (Poly, Los Angeles).....	6-01.25
1925	Al Bowen (Santa Monica).....	6-01.50
1926	Olympus Carter (Jordan, Los Angeles).....	5-11
	Bob Van Osdal (Compton).....	5-11
1927	Lynford Scott (Eureka).....	6-00.75
1928	Henry Lassalette (La Puente).....	6-02.12
	Bob Van Osdal (Compton).....	6-02.12
1929	Walter Marty (Fresno).....	6-04.25
1930	Kermit Plowman (Sequoia).....	6-00.50
1931	Paul Jacques (Santa Ana).....	6-04.12
1932	Cornelius Johnson (Los Angeles).....	6-03
1933	Cornelius Johnson (Los Angeles).....	6-04.75
1934	Delos Thurber (Glendale).....	6-05.87
1935	Les Steers (Palo Alto).....	6-02
1936	Les Steers (Palo Alto).....	6-00.75
1937	Les Steers (Palo Alto).....	6-04
1938	Gil La Cava (Beverly Hills).....	6-07.12
1939	Bill Stewart (Torrance).....	6-04
1940	Jack Newman (Poly, Long Beach).....	6-04.12
1941	Henry Caldwell (Edison, Fresno).....	6-01
1942-45	(No meet held)	
1946	Wilfred Schlange (Citrus).....	6-02
	Dick Smith (Roosevelt, Fresno).....	6-02

1947	Daryl Butts (Excelsior, Norwalk).....	6-00
	Walter Kirk (Porterville).....	6-00
1948	Dick Brombach (Poly, Long Beach).....	6-03
	Ed Young (Jefferson, Los Angeles).....	6-03
1949	Norman Woods (Jefferson, Los Angeles).....	6-03
1950	Ralph Bonham (Pomona).....	6-02.50
1951	Vern Wilson (San Jose).....	6-02
1952	Bernie Allard (Fresno).....	6-05.50
1953	Bernie Nelson (Hoover, San Diego).....	6-04
1954	Dick Daily (Hayward).....	6-05.50
1955	Charlie Dumas (Centennial, Compton).....	6-08.87
1956	Curtis Chappel (Jefferson, Los Angeles).....	6-03.25
1957	Robert Avant (Hart, Newhall).....	6-08
1958	Ray Nickleberry (Oxnard).....	6-08
	Paul Stuber (Bellflower).....	6-08
1959	Paul Stuber (Bellflower).....	6-07.25
1960	Archie Green (Oakland).....	6-06.25
	Roger Olsen (Willow Glen, San Jose).....	6-06.25
1961	Richard Jones (Bakersfield).....	6-08.25
1962	Richard Jones (Bakersfield).....	6-07.50
	Otis Burrell (Jefferson, Los Angeles).....	6-07.50
	Bob Channell (McLane, Fresno).....	6-07.50
1963	Ed Caruthers (Santa Ana Valley, Santa Ana).....	6-08
1964	Greg Heet (Lowell, Whittier).....	6-07.75
1965	Ken Brown (Castlemont, Oakland).....	6-08.50
1966	Tom Clyburn (Balboa, San Francisco).....	6-10
1967	Reynaldo Brown (Compton).....	6-09.25
1968	Reynaldo Brown (Compton).....	7-00
1969	Reynaldo Brown (Compton).....	7-00
1970	Jerry Culp (Oceanside).....	7-00.25
1971	Dwight Stones (Glendale).....	7-01.50
1972	Carl Miles (Poly, Long Beach).....	6-10
1973	Randy Turner (Wilson, San Francisco).....	6-06
1974	Charles Hatch (Wilson, San Francisco).....	7-00
1975	Johnny Washington (Fremont, Los Angeles).....	7-00
1976	John Lane (American, Fremont).....	6-11
1977	Dennis Smith (Santa Monica).....	7-02
1978	Brad Harris (Los Alamitos).....	6-11
1979	Lee Balkin (Glendale).....	7-03.25
1980	Greg Denby (Crenshaw, Los Angeles).....	6-10
1981	Anthony Caire (Pius X, Downey).....	7-01
1982	Maurice Crumby (Balboa, San Francisco).....	7-00
1983	Maurice Crumby (Balboa, San Francisco).....	7-02
1984	Kenny Burke (Westlake, Westlake Village).....	7-00
1985	Mark Webster (Homestead, Cupertino).....	6-09
1986	Derrick Moore (Millikan, Long Beach).....	6-10
1987	Luis Juico (Piedmont Hills, San Jose).....	7-01
1988	Reggie Bettor (Antelope Valley).....	7-00
1989	Mark Wilson (Charter Oak, Covina).....	7-00
1990	Kevin Carlson (Katella, Anaheim).....	7-00
1991	Avery Anderson (J.W. North, Riverside).....	7-02
1992	Griffin Childers (Woodland).....	6-11
1993	Jeff Nadeau (Monroe, North Hills).....	7-02
1994	Jeremy Fischer (Camarillo).....	7-00
1995	Michael Wilkins (Red Bluff).....	7-00
1996	Elliott Parks (El Toro, Lake Forest).....	6-10
1997	Jason Howard (Ridgeview, Bakersfield).....	7-01
1998	Darren Marble (Los Altos).....	6-08
1999	Gabe Zarete (Parlier).....	6-11
2000	Ebon Glenn (St. Mary's, Berkeley).....	7-00
2001	Teak Wilburn (Chico).....	6-10
2002	Cole Herron (Sanger).....	6-11
2003	Cole Herron (Sanger).....	6-10
2004	Ed Wright (St. Mary's, Berkeley).....	6-10.25
2005	Fletcher Carlyle (Vintage, Napa).....	6-09
2006	Casey Ryan (Argonaut, Jackson).....	6-09
2007	Daniel Kirkpatrick (Trabuco Hills, Mission Viejo).....	6-11
2008	Harmon Steed (J. Serra, San Juan Capistrano).....	7-01
2009	Nick Ross (Vista Murrieta, Murrieta).....	7-01
2010	Tyler Jordan (Romona).....	6-11
2011	Crampton Cody (Canyon, Anaheim).....	6-11
2012	Noel Frazier (California, San Ramon).....	6-10.25
2013	Eric Moore (Carter, Rialto).....	6-11
2014	Eric Moore (Carter, Rialto).....	7-00.25
2015	Michael Burke (Lemoore).....	6-11
2016	Darius Carbin (Mt. Pleasant, San Jose).....	7-00
2017	Sean Lee (Trabuco Hills).....	6-11
2018	Sean Lee (Trabuco Hills).....	7-02
2019	Beau Allen (San Marcos).....	6-11

Long Jump (Boys)

1915	Ernest Plavan (Santa Ana).....	21-02.00
1916	Harry Lamport (Manual Arts, Los Angeles).....	21-05.25
1917	Gene Davis (Poly, Los Angeles).....	21-10.50
1918	Roy Hasselbach (Fresno).....	21-10.50
1919	Harold Miller (Oakland Technical).....	20-11.25
1920	Verden Nash (Chino).....	21-00.50
1921	Verden Nash (Chino).....	21-10.50
1922	Verden Nash (Huntington Beach).....	21-05.25
1923	Mort Kaer (Red Bluff).....	23-02.75
1924	Virgil Elliot (Huntington Beach).....	22-03.50
1925	Fred Osborne (Fullerton).....	21-08.50
1926	Walter Rehwal (Lincoln, Los Angeles).....	21-08.50
1927	Frank Wycoff (Glendale).....	22-05.00
1928	Dick Barber (Poly, Long Beach).....	23-05.75
1929	Wells Ruby (Hollywood).....	22-07.25
1930	George Shehtanian (Tulare).....	22-02.62
1931	Floyd Wilson (Riverside).....	23-02.62
1932	Tom White (Poly, Long Beach).....	22-10.50
1933	Don Skinner (Manual Arts).....	22-08.00
1934	Don Skinner (Manual Arts).....	23-08.50
1935	Jimmy Montgomery (El Monte).....	23-00.25
1936	Eddie Arnold (Muir).....	23-01.75
1937	Bill Bugbee (Montebello).....	23-01.00
1938	Bill Bugbee (Montebello).....	23-07.12
1939	Jim Jurkovich (Fresno).....	24-00.50
1940	Glenn Shoop (Long Beach, Jordan).....	22-02.50
1941	Ray Meagher (Bakersfield).....	23-05.75
1942-45	(No meet held)	
1946	Carl Monser (Alameda).....	22-02.25
1947	Hugh McElhenry (Washington, Los Angeles).....	22-10.50
1948	George Brown (Jordan, Los Angeles).....	23-02.25
1949	George Brown (Jordan, Los Angeles).....	24-06.25
1950	William Johnson (Jefferson, Los Angeles).....	24-02.75
1951	Bill Holland (Jefferson, Los Angeles).....	22-05.75
1952	Rollin Garrison (Compton).....	23-05.25
1953	Monte Upshaw (Piedmont).....	23-05.00
1954	Monte Upshaw (Piedmont).....	25-04.25
1955	Bobby Baines (Jordan, Los Angeles).....	23-03.50
1956	Oscar Bean (Jefferson, Los Angeles).....	24-09.00
1957	Luther Hayes (Lincoln, San Diego).....	23-08.50
1958	Steve Rogers (Brawley).....	24-06.00
1959	Efften Jones (Delano).....	23-05.75
1960	Walt Roberts (Compton).....	24-07.25
1961	Robert McKeever (Fremont, Los Angeles).....	24-03.00
1962	James Kennedy (Lincoln, San Diego).....	24-05.75
1963	Jerry Williams (Berkeley).....	24-03.50
1964	Bobby Bonds (Poly, Riverside).....	25-03.00
1965	Manuel Murrell (Poly, Long Beach).....	24-09.75
1966	Doyle Steel (San Diego).....	25-03.25
1967	Jerry Proctor (Muir, Pasadena).....	25-04.50
1968	Heulon Hewitt (Merced).....	24-07.00
1969	James McAllister (Blair, Pasadena).....	24-02.25
1970	Lynn Swann (Serra, San Mateo).....	24-02.75
1971	Randy Williams (Edison, Fresno).....	26-03.25w
1972	Carl McCullough (Sacramento).....	24-07.00
1973	Jerry Herndon (Cajon, San Bernardino).....	25-04.50w
1974	James Lofton (Washington, Los Angeles).....	24-03.50
1975	Paul Wilson (Fontana).....	24-08.50
1976	Larry Doubly (Manual Arts, Los Angeles).....	25-03.75w
1977	Kurt Durham (Oakland).....	25-00.75
1978	Dokie Williams (El Camino, Oceanside).....	25-01.25
1979	George Gaffney (Lemoore).....	24-01.75
1980	Charles Mayfield (Muir, Pasadena).....	23-04.75
1981	Ed Tave (Muir, Pasadena).....	25-00.50
1982	Eric Thomas (Norte Del Rio, Sacramento).....	24-04.75
1983	Johnny Cleveland (Soquel).....	24-06.50
1984	Joe Richardson (Pasadena).....	24-11.00
1985	Larry Nelson (Simi Valley).....	24-03.25
1986	Curtis Rodgers (Hiram Johnson, Sacramento).....	23-10.00
1987	Percy Knox (Antelope Valley, Lancaster).....	24-06.50
1988	Diatry Gildersleeve (Grant, Sacramento).....	24-05.50w
1989	James Stallworth (Tulare Union, Tulare).....	26-04.75
1990	Jerome Price (University City, San Diego).....	25-03.25
1991	Steve Stanley (Gardena).....	25-01.25w
1992	Eugene Dreher (Antelope Valley, Lancaster).....	24-01.50w
1993	LeAndrew Childs (Inglewood).....	24-00.00w
1994	Tyree Washington (La Sierra, Riverside).....	23-09.25w
1995	Clarence Scott (Fremont, Los Angeles).....	24-07.75
1996	Gerald Williams (Lynwood).....	24-10.50

All-Time Individual Champions

Long Jump (Boys) - continued

1997	Marvin Brown (Will C. Wood, Vacaville).....	24-05.25
1998	BB Malone (Redwood, Visalia).....	24-01.00w
1999	Robert Kennedy (El Camino, Sacramento).....	25-02.00
2000	Oliver Jackson (Royal, Simi Valley).....	24-04.25
2001	Trevell Quinley (Merrill West, Tracy).....	24-05.75w
2002	Ronald Hill (Walnut).....	23-09.50
2003	Derrell Hutsona (Helix, La Mesa).....	25-05.75
2004	Demitri Mosby (Gahr, Cerritos).....	24-03.75
2005	Andre Crenshaw (Antelope Valley, Lancaster).....	22-08.00
2006	Terry Prentice (Diamond Ranch, Pomona).....	23-10.50
2007	Terry Prentice (Diamond Ranch, Pomona).....	23-08.50w
2008	Cameron Gillette (La Mirada).....	24-01.75w
2009	Chase Wheeler (De La Salle, Concord).....	25-02.25
2010	Niko DiMartino (Oaks Christian, Westlake Village).....	23-10.50
2011	Jovante Slater (Vista Murrieta, Murrieta).....	24-10.50
2012	Adoree Jackson (Serra, Gardena).....	25-00.50
2013	Nate Moore (Castro Valley).....	24-11.75
2014	Nate Moore (Castro Valley).....	25-08.75
2015	Gregory Vann (Rio Mesa, Oxnard).....	24-06.00
2016	Isaiah Holmes (Oakmont, Roseville).....	25-05.00
2017	Sanjay Kettels (St. Mary's, Berkeley).....	24-03.75
2018	Malcolm Clemons (St. Mary's, Berkeley).....	25-01.00
2019	Caleb Foster (Clovis North).....	25-00.00w

Pole Vault (Boys)

1915	Lincoln Hall (Santa Paula).....	11-06
1916	Lincoln Hall (Santa Paula).....	11-09
1917	Vance Wilbur (Sacramento).....	11-00
1918	Eric Richardson (Ukiah).....	11-06
1919	Dick Emmons (Manual Arts, Los Angeles).....	10-06
1920	Leroy Goodenough (Fillmore).....	11-10
1921	Harold Shoebridge (Anaheim).....	12-00
1922	Harry Smith (San Diego).....	11-11.50
1923	Leo Barnes (Hollywood).....	12-03.37
	Harry Smith (San Diego).....	12-03.62
1924	Leo Barnes (Hollywood).....	12-11.50
1925	Jack Williams (Inglewood).....	12-09.62
1926	Marshall Beeman (Armijo Fairfield).....	12-04
	Conrad Boyle (Manual Arts, Los Angeles).....	12-04
	Bill Hubbard (San Diego).....	12-04
	Jerry Stewart (Los Angeles).....	12-04
1927	Bill Miller (San Diego).....	12-00
1928	Bill Miller (San Diego).....	12-09.50
1929	Bill Miller (San Diego).....	12-06
1930	Dave Crow (Poly, Long Beach).....	12-06
1931	Joe Ramsey (Inglewood).....	12-08.25
	Matt Stankovich (Poly, Los Angeles).....	12-08.25
1932	Bill Sefton (Poly, Los Angeles).....	13-00
1933	Ed Harrison (Santa Monica).....	12-07
1934	Dick Clark (Hoover, Glendale).....	12-10
	Rich Rodriguez (Poly, Los Angeles).....	12-10
1935	Dick Clark (Hoover, Glendale).....	12-10.50
1936	Dave Bodkins (Inglewood).....	12-11
1937	Baylor Maynard (Belmont, Los Angeles).....	13-01.25
1938	Floyd Doty (Lodi).....	12-10.75
	Lawrence McLanahan (Sacramento).....	12-10.75
1939	Frank Ferguson (Inglewood).....	13-03.75
	Clarence Humberger (Glendale).....	13-03.75
1940	Frank Ferguson (Inglewood).....	13-00
	Irving Moore (Piedmont).....	13-00
1941	Chet Hartmann (San Benito).....	12-06
	Irving Moore (Piedmont).....	12-06
	Ernie Sontag (Taft, Fresno).....	12-06
1942-45	(No meet held)	
1946	Bill Mays (Oxnard).....	12-06.50
	Phil Quilter (Pasadena).....	12-06.50
1947	George Mattos (Pacific Grove).....	12-06
1948	Don Barnes (Fullerton).....	12-06
1949	Jack Widman (Lomita Narbonne).....	13-04.50
1950	Dick McDonald (Wilson, Long Beach).....	13-00.50
	Harold Red (Lemoore).....	13-00.50
1951	Clarke Merrill (Belmont, Los Angeles).....	13-00
1952	Ron Morris (Burroughs, Burbank).....	13-03.75
1953	Ron Morris (Burroughs, Burbank).....	13-09.12
1954	Bob McKay (Inglewood).....	13-00
	Joe Rose (Hoover, Glendale).....	13-00
	Stan Gaunt (Mt. Diablo).....	13-00
1955	Nathaniel Finney (Jordan, Los Angeles).....	13-04
1956	Bill Logan (El Cajon).....	13-06

	Tim Helms (Shingle Springs, El Dorado).....	13-06
1957	Voyce Hendrix (Riverside).....	13-06
1958	John Rose (Hoover, Glendale).....	14-01
1959	Bob Looney (Santa Barbara).....	13-08.75
1960	Mike Flanagan (Ganesha, Pomona).....	13-03
	Gary Down (Anaheim).....	13-03
1961	Mike Graves (El Cajon).....	14-02.50
1962	Eric Berge (Costa Mesa).....	14-03
	Bob Richardson (Ganesha, Pomona).....	14-03
1963	Bill Fosdick (Andrew Hill, San Jose).....	14-08.75
1964	Paul Wilson (Warren, Downey).....	15-04.25
1965	Paul Wilson (Warren, Downey).....	15-06.50
1966	Wayne Meyers (Foothill, Sacramento).....	15-00.75
1967	Tom Reynolds (Morningside, Inglewood).....	14-10
1968	Steve Smith (South Torrance, Torrance).....	15-03.50
1969	Steve Smith (South Torrance, Torrance).....	16-00
1970	Tom Lindsay (La Sierra, Carmichael).....	14-10.50
1971	Tim Quinn (Monroe, Sepulveda).....	15-02
1972	Hubert Black (Fremont, Los Angeles).....	15-02
1973	Tim Curran (Crespi, Encino).....	16-02.75
1974	Jim Knaub (Lakewood).....	15-06
1975	Keith Schimmel (Villa Park).....	15-06
1976	Tim Hintnaus (Aviation, Redondo Beach).....	15-02
1977	Anthony Curran (Crespi, Encino).....	16-00
1978	Anthony Curran (Crespi, Encino).....	17-00.25
1979	Clark Elliot (Bellflower).....	15-06
1980	Greg Stull (Troy, Fullerton).....	15-10
1981	Doug Wicks (South Bakersfield, Bakersfield).....	15-02
1982	Scott Christensen (Acalanes, Lafayette).....	15-06
1983	Mike Kibort (Saratoga).....	15-06
1984	Ivar Moen (Los Gatos).....	16-02
1985	Brent Burns (Acalanes, Lafayette).....	16-02
1986	Steve Toney (Menlo-Atherton, Atherton).....	16-02
1987	Steve Slocum (Foothill, Santa Ana).....	15-06
1988	Tom Richards (San Marcos).....	16-00
1989	Jim Lawrence (Del Mar, San Jose).....	15-06
1990	Ed Lasquette (Mt. Pleasant, San Jose).....	15-10
1991	David Cox (Foothill, Fresno).....	16-06
1992	Clarence Phelps (Christian Brothers, Sacramento).....	16-00
1993	Scott Slover (Leland, San Jose).....	16-02
1994	Scott Slover (Leland, San Jose).....	16-10
1995	Mike Brown (Torrey Pines, Encinitas).....	16-04
1996	Steve Michels (Brethren Christian, Cypress).....	16-02
1997	David Gritz (Bear Creek, Stockton).....	16-07
1998	Mark Unzueta (Lemoore).....	16-02
1999	Brandon Braunstein (Newark Memorial, Newark).....	16-02
2000	Shane Hackett (Verdugo Hills, Tujunga).....	16-04
2001	Mike Landers (Golden Valley, Merced).....	16-03
2002	David Moore (Miramonte, Orinda).....	16-06
2003	Ryan Shuler (Granite Bay).....	16-00
2004	Scott Roth (Granite Bay).....	16-04
2005	Scott Roth (Granite Bay).....	17-01
2006	Scott Roth (Granite Bay).....	16-11
2007	Nico Weiler (Los Gatos).....	17-02
2008	Nico Weiler (Los Gatos).....	17-03
2009	Michael Woespe (Mater Dei, Santa Ana).....	16-05
2010	Scott Cook (Mater Dei, Santa Ana).....	16-03
2011	Ian Rock (Davis).....	16-02
2012	Peter Chapman (Murrieta Valley, Murrieta).....	16-04
2013	Luigi Colella (Thousand Oaks).....	16-04
2014	Carl Johansson (Lutheran, Orange).....	17-00
2015	Austin Laut (Oak Ridge, El Dorado Hills).....	15-09
2016	Jeff Gordon (Marina, Huntington Beach).....	16-08
2017	Tate Curran (Redondo Union).....	16-10
2018	Sondre Guttormsen (Davis).....	17-10
2019	Samuel Wright (Lodi).....	16-05

Shot Put (Boys)

1915	Wayne Weeks (Santa Rosa).....	46-02.37
1916	Wayne Weeks (Santa Rosa).....	47-04.25
1917	Jim Blewett (Manual Arts, Los Angeles).....	47-09.25
1918	Jennings Robertson (Sutter).....	44-06.00
1919	Ernst Hartmann (Poly, Los Angeles).....	42-03.00
1920	Clarence Houser (Oxnard).....	49-09.00
1921	Clarence Houser (Oxnard).....	52-00.00
1922	Clarence Houser (Oxnard).....	55-04.75
1923	Cecil White (Modesto).....	48-00.50
1924	Cecil White (Modesto).....	49-07.37
1925	Herb Fleishacker (Menlo Park).....	49-02.00
1926	Maurey Lauterman (Poly, Los Angeles).....	49-00.25

1927	Harold Falter (Glendale).....	49-09.62
1928	Garrett Arbelbide (Huntington Park).....	48-10.50
1929	Nelson Gray (Chaffey).....	53-05.50
1930	Don Carter (Franklin, Los Angeles).....	52-08.25
1931	Don Carter (Franklin, Los Angeles).....	52-10.00
1932	Bob Pyle (Pasadena).....	53-06.00
1933	Jim Donaldson (Hollywood).....	53-03.00
1934	Ray Young (Riis, Los Angeles).....	55-10.00
1935	John Raitt (Fullerton).....	55-05.25
1936	Joe Hill (CSD, Berkeley).....	54-05.25
1937	Wilbur Thompson (Modesto).....	55-08.75
1938	Mario Russo (Pittsburg).....	55-05.75
1939	Frank Minini (Paso Robles).....	54-01.00
1940	Ben Steele (Santa Rosa).....	54-04.12
1941	George Souza (Vallejo).....	52-04.25
1942-45	(No meet held)	
1946	John Helwig (Mt. Carmel, Los Angeles).....	59-05.12
1947	Bob Cameron (Washington, Los Angeles).....	53-10.87
1948	Bob Cameron (Washington, Los Angeles).....	59-07.25
1949	Elmer Willhoite (Merced).....	57-03.23
1950	Hal Norris (Grossmont, San Diego).....	56-05.50
1951	Leon Patterson (Taft).....	59-02.50
1952	Leon Patterson (Taft).....	60-09.87
1953	Don Vick (Chaffey).....	60-07.75
1954	Dick Bronson (Grossmont, San Diego).....	59-07.12
1955	Duncan Ward (Santa Monica).....	59-04.50
1956	Homer Robertson (Pacific, San Bernadino).....	63-09.50
1957	Clark Branson (Pasadena).....	64-00.75
1958	Jack Slocombe (Millikan, Long Beach).....	61-04.50
1959	Mike Parker (Turlock).....	57-08.00
1960	Matthew Baggett (Berkeley).....	60-07.00
1961	Bill Pace (El Rancho, Pico Rivera).....	64-03.50
1962	Jim O'Brien (DeAnza, Richmond).....	62-02.25
1963	Bruce Wilhelm (Fremont, Sunnyvale).....	63-04.75
1964	Bob Brannan (Los Gatos).....	62-07.25
1965	Steve Marcus (Palisades, Pacific Palisades).....	63-11.25
1966	John Hubbell (Poly, Long Beach).....	66-11.00
1967	John Buehler (Whittier).....	65-03.25
1968	Pete Schmock (San Dieguito, Encinitas).....	63-11.00
1969	Sam Cunningham (Santa Barbara).....	61-02.00
1970	Randy Withrow (Pasadena).....	63-08.75
1971	Mark Stevens (Newport Harbor).....	67-02.25
1972	Randy Cross (Crespi, Encino).....	65-07.25
1973	Jim Niedhart (Newport Harbor).....	67-03.25
1974	David Kurrasch (Santa Ana).....	63-10.50
1975	David Kurrasch (Santa Ana).....	65-09.50
1976	Steve Montgomery (Lassen, Susanville).....	68-00.00
1977	Craig Polley (Sunny Hills, Fullerton).....	62-04.25
1978	Dave Porath (Atwater).....	65-10.75
1979	Don Mosebar (Mt. Whitney, Visalia).....	62-06.75
1980	Scott Garrett (Muir, Pasadena).....	64-04.25
1981	John Frazier (Antelope Valley, Lancaster).....	63-08.75
1982	Pat Kyle (Buena Park).....	60-04.00
1983	Curt Sissel (Vacaville).....	63-09.50
1984	Brian Blutreich (Capistrano Valley, Mission Viejo).....	64-07.25
1985	Brian Blutreich (Capistrano Valley, Mission Viejo).....	68-04.00
1986	Brian Boggess (El Capitan, Lakeside).....	61-04.00
1987	Dave Blumenthal (Royal, Simi Valley).....	67-00.00
1988	Kaleaph Carter (Edison, Huntington Beach).....	64-00.25
1989	Brent Noon (Fallbrook).....	66-01.50
1990	Brent Noon (Fallbrook).....	74-04.75
1991	Mark Parlin (Esperanza, Anaheim).....	61-05.50
1992	Pete Swanson (San Benito, Hollister).....	61-03.25
1993	Tyson Lingenfelter (Upland).....	60-09.50
1994	Chris DeMartine (St. Ignatius, San Francisco).....	58-11.50
1995	Matt Pentecost (Loyola, Los Angeles).....	62-03.75
1996	Jason Hammond (Fowler).....	64-04.00
1997	Van Mounts (Bakersfield).....	67-00.75
1998	Van Mounts (Bakersfield).....	66-07.00
1999	Rhuben Williams (Eagle Rock, Los Angeles).....	62-08.50
2000	Rhuben Williams (Eagle Rock, Los Angeles).....	63-02.50
2001	David Guerin (Leuzinger, Lawndale).....	62-10.75
2002	Noah Bryant (Carpinteria).....	65-07.75
2003	Jared Bray (Mission Bay, San Diego).....	63-03.25
2004	Mark Lewis (Arroyo Grande).....	63-05.50
2005	Danny Rohr (Arroyo Grande).....	60-06.25
2006	Darius Savage (Morse, San Diego).....	66-03.25
2007	Joe Canavan (Palm Desert).....	67-01.50
2008	Dayshan Ragans (Foothill, Bakersfield).....	62-10.00
2009	Matt Darr (Frontier, Bakersfield).....	62-01.25

All-Time Individual Champions

Shot Put (Boys) - continued

2010	Matt Darr (Frontier, Bakersfield).....	63-09.75
2011	Nicholas Scarvelis (Dos Pueblos, Goleta).....	64-00.00
2012	Ethan Cochran (Newport Harbor, Newport).....	62-04.25
2013	Nick Ponzio (Great Oak, Temecula).....	66-02.50
2014	Dotun Ogundej (Madison, San Diego).....	65-05.50
2015	Matt Katnik (St. John Bosco, Bellflower).....	72-00.00
2016	Bronson Osborn (Esperanza, Anaheim).....	69-10.75
2017	Jonah Wilson (Clovis).....	66-02.75
2018	Daniel Viveros (Liberty, Bakersfield).....	62-05.50
2019	Daniel Viveros (Liberty, Bakersfield).....	68-10.50

Triple Jump (Boys)

1939	Jack Laughner (Wilson, Long Beach).....	44-08.50
1973	Willie Banks (Oceanside).....	49-07.25
1974	Willie Banks (Oceanside).....	50-09.00
1975	Mike Dobbins (Merced).....	49-03.00
1976	Greg Caldwell (Fremont, Los Angeles).....	51-08.50w
1977	Dokie Williams (El Camino, Oceanside).....	51-00.50
1978	Dokie Williams (El Camino, Oceanside).....	50-04.25
1979	Henry Ellard (Hoover, Fresno).....	49-02.50
1980	Freeman Miller (Fremont, Los Angeles).....	50-08.00
1981	Ken Frazier (Mission, San Francisco).....	50-10.75
1982	Archie Cornell (Fresno).....	50-03.75
1983	Torrey Barr (McLane, Fresno).....	50-02.50
1984	Joe Richardson (Pasadena).....	51-08.25
1985	Terrence Strong (Bakersfield).....	51-09.50w
1986	Marcus Hooks (Lakewood).....	51-04.25
1987	Joel Smith (Cordova, Rancho Cordova).....	50-10.00
1988	Tyrone Scott (Mesa Verde, Citrus Heights).....	50-06.00
1989	Lenny McGill (Orange Glen, Escondido).....	51-01.25
1990	Pouphet Singbandith (Magnolia, Anaheim).....	51-07.75
1991	Offord Rollins (Wasco).....	51-04.75
1992	Tony Parrish (Marina, Huntington Beach).....	49-01.00w
1993	Tony Parrish (Marina, Huntington Beach).....	50-11.75
1994	Von Ware (Rancho Buena Vista, Vista).....	50-06.00
1995	Michael Turner (Morningside, Inglewood).....	49-02.00w
1996	Tye Anderson (Poly, Long Beach).....	49-11.75
1997	Anthony Colson (Center, Antelope).....	49-11.25w
1998	Benson Jones (Clayton Valley, Concord).....	51-01.50w
1999	Kyle Carano (Hoover, Fresno).....	52-02.50w
2000	Jamil Smith (Palmdale).....	49-04.25
2001	Jamil Smith (Palmdale).....	49-08.00
2002	Nathan Atkins (Cerritos).....	49-07.75
2003	Rudy Burgess (Desert, Edwards AFB).....	50-04.25
2004	Nkosinza Balumbu (James Logan, Union City).....	50-06.00
2005	Nkosinza Balumbu (James Logan, Union City).....	49-07.50
2006	Richard Sherman (Dominguez, Compton).....	50-08.00
2007	Jonathan Clark (Loyola, Los Angeles).....	49-00.25w
2008	Johnny Carter (Ridgeview, Bakersfield).....	49-00.75w
2009	Hammed Suleman (Deer Valley, Antioch).....	49-07.50
2010	Jovon Cunningham (Enterprise, Redding).....	50-08.25
2011	Marques Roberts (Otay Ranch, Chula Vista).....	49-06.50
2012	Klyvens Delunay (Claremont).....	51-07.00w
2013	Nate Moore (Castro Valley).....	50-11.75
2014	Nate Moore (Castro Valley).....	51-04.00
2015	Ron Smith (St. Mary's College, Berkeley).....	49-00.25
2016	Morrell Osling (Antelope Valley, Lancaster).....	48-09.25
2017	CJ Stevenson (Great Oak, Temecula).....	49-07.75
2018	CJ Stevenson (Great Oak, Temecula).....	49-11.75
2019	Caleb Foster (Clovis North).....	49-09.50w

100-Meter Dash Ambulatory (Boys)

2016	Cameron Kading (Claremont).....	13.43
2017	Cameron Kading (Claremont).....	12.84
2018	Parker Harvey (San Diego).....	12.32
2019	Henry Waterman (Mater Dei).....	12.22

100-Meter Dash Wheelchair (Boys)

2016	Michael Seo (Escondido Charter).....	21.12
2017	Michael Seo (Escondido Charter).....	19.79
2018	Danny Smutt (Mission Hills).....	20.32
2019	Juan Rodriguez (Brawley).....	21.56

200-Meter Dash Ambulatory (Boys)

2016	Joshua Morales (O'Connell).....	28.65
2017	Henry Waterman (Mater Dei).....	26.92
2018	Parker Harvey (San Diego).....	25.48
2019	Henty Waterman (Mater Dei).....	25.23

200-Meter Dash Wheelchair (Boys)

2016	Michael Seo (Escondido Charter).....	39.91
2017	Michael Seo (Escondido Charter).....	37.43
2018	Danny Smutt (Mission Hills).....	40.81
2019	Juan Rodriguez (Brawley).....	42.24

400-Meter Dash Ambulatory (Boys)

2016	Justin Gallegos (Hart).....	1:27.36
2017	Saqueo Hernandez (SF International).....	1:07.30
2018	Ethan Fung (Lowell, San Francisco).....	1:02.57
2019	Joel Gomez (Canyon Crest).....	53.37

400-Meter Dash Wheelchair (Boys)

2016	Michael Seo (Escondido Charter).....	1:20.08
2017	Michael Seo (Escondido Charter).....	1:16.25
2018	Shawn Vanaman (Clovis).....	1:22.14

Shot Put Ambulatory (Boys)

2016	Kurt Axene (Woodbridge).....	33-09.00
2017	Saqueo Hernandez (SF International).....	32-03.50
2018	Parker Harvey (San Diego).....	39-00.00
2019	Saqueo Hernandez (SF International).....	36-03.50

Shot Put Wheelchair (Boys)

2016	Javier Diaz (Grant).....	12-02.75
2017	Michael Seo (Escondido Charter).....	10-07.50
2018	Danny Smutt (Mission Hills).....	16-06.00
2019	Gylberto Eusebio (Lakeside).....	17-11.75

GIRLS CHAMPIONS

100-Meter Dash (Girls)

1974	Janice Wiser (La Jolla).....	10.8
1975	Sandi Howard (Manual Arts, Los Angeles).....	10.7
1976	Pam Waters (Bell, Los Angeles).....	11.0
1977	Jeanette Bolden (Centennial, Compton).....	10.48w
1978	Kelia Bolton (Andrew Hill, San Jose).....	10.92
1979	Gwen Loud (Westchester, Los Angeles).....	10.62
1980	Sharon Ware (Berkeley).....	11.42
1981	Sharon Ware (Berkeley).....	11.66
1982	Gervaise McCraw (Ganesha, Pomona).....	11.69
1983	Lisa Winston (Jordan, Long Beach).....	11.73
1984	Gail Devers (Sweetwater, National City).....	11.51
1985	Tesha Giddens (Locke, Los Angeles).....	11.58
1986	Angela Burnham (Rio Mesa, Oxnard).....	11.78
1987	Janeene Vickers (Pomona).....	11.76
1988	Angela Burnham (Rio Mesa, Oxnard).....	11.52
1989	Angela Burnham (Rio Mesa, Oxnard).....	11.31w
1990	Marion Jones (Rio Mesa, Oxnard).....	11.67w
1991	Marion Jones (Rio Mesa, Oxnard).....	11.17
1992	Marion Jones (Thousand Oaks).....	11.14
1993	Marion Jones (Thousand Oaks).....	11.61
1994	Heather Sumpter (Muir, Pasadena).....	11.69
1995	Lakeisha Backus (Wilson, Long Beach).....	11.39w
1996	Malika Edmonson (St. Bernard, Marina del Rey).....	11.82w
1997	Angela Williams (Chino).....	11.15
1998	Angela Williams (Chino).....	11.10w
1999	Tania Woods (Skyline, Oakland).....	11.41
2000	Sani Roseby (Monterey).....	11.90
2001	Allyson Felix (Los Angeles Baptist, North Hills).....	11.61
2002	Allyson Felix (Los Angeles Baptist, North Hills).....	11.55
2003	Allyson Felix (Los Angeles Baptist, North Hills).....	11.29
2004	Jasmin Baldwin (Bishop Amat, La Puente).....	11.33
2005	Ebony Collins (Wilson, Long Beach).....	11.50
2006	Jeneba Tarmoh (Mt. Pleasant, San Jose).....	11.59
2007	Jeneba Tarmoh (Mt. Pleasant, San Jose).....	11.27
2008	Ashton Purvis (St. Elizabeth, Oakland).....	11.92
2009	Valexia Droughn (Rio Mesa, Oxnard).....	11.54
2010	Ashton Purvis (St. Elizabeth, Oakland).....	11.17
2011	Jenna Prandini (Clovis).....	11.69
2012	Ariana Washington (Poly, Long Beach).....	11.47
2013	Ariana Washington (Poly, Long Beach).....	11.39
2014	Ariana Washington (Poly, Long Beach).....	11.22
2015	Zaria Francis (Rio Mesa, Oxnard).....	11.31
2016	Lauren Williams (Oaks Christian, Westlake Village).....	11.39
2017	Ariyonna Augustine (Poly, Long Beach).....	11.58
2018	De'Anna Nowling (Calabasas).....	11.47
2019	De'Anna Nowling (Calabasas).....	11.55

200-Meter Dash (Girls)

1974	Janice Wiser (La Jolla).....	24.2
1975	Pam Waters (Bell, Los Angeles).....	24.4
1976	Pam Waters (Bell, Los Angeles).....	24.8
1977	Kim Robinson (Westchester, Los Angeles).....	23.97
1978	Kelia Bolton (Andrew Hill, San Jose).....	23.99
1979	Gwen Loud (Westchester, Los Angeles).....	23.54
1980	Sherri Howard (Kennedy, Granada Hills).....	23.19
1981	Denean Howard (Kennedy, Granada Hills).....	23.73
1982	Denean Howard (Kennedy, Granada Hills).....	23.59w
1983	Lisa Winston (Jordan, Long Beach).....	23.83
1984	Paulette Blalock (Compton).....	23.59
1985	Tami Stiles (Hawthorne).....	23.45
1986	Tami Stiles (Hawthorne).....	24.02
1987	Maddette Smith (Quartz Hill).....	24.12
1988	Angela Burnham (Rio Mesa, Oxnard).....	23.45
1989	Angela Burnham (Rio Mesa, Oxnard).....	23.56
1990	Marion Jones (Rio Mesa, Oxnard).....	23.71
1991	Marion Jones (Rio Mesa, Oxnard).....	22.91w
1992	Marion Jones (Thousand Oaks).....	22.83
1993	Marion Jones (Thousand Oaks).....	23.14
1994	Lakeisha Backus (Wilson, Long Beach).....	23.21
1995	Lakeisha Backus (Wilson, Long Beach).....	23.01w
1996	Malika Edmonson (St. Bernard, Marina del Rey).....	23.47
1997	Kinshasa Davis (Wilson, Long Beach).....	22.90
1998	Angela Williams (Chino).....	23.02
1999	Tania Woods (Skyline, Oakland).....	22.88
2000	Monique Henderson (Morse, San Diego).....	23.19
2001	Angel Perkins (Gahr, Cerritos).....	22.85w
2002	Allyson Felix (Los Angeles Baptist, North Hills).....	22.83
2003	Allyson Felix (Los Angeles Baptist, North Hills).....	22.52
2004	Jasmin Baldwin (Bishop Amat, La Puente).....	22.86
2005	Khrystal Carter (Valley Christian, San Jose).....	23.44w
2006	Jeneba Tarmoh (Mt. Pleasant, San Jose).....	23.29
2007	Jeneba Tarmoh (Mt. Pleasant, San Jose).....	23.20
2008	Jessica Davis (Highland, Palmdale).....	23.46
2009	Ashton Purvis (St. Elizabeth, Oakland).....	23.46
2010	Ashton Purvis (St. Elizabeth, Oakland).....	22.90
2011	Jenna Prandini (Clovis).....	23.81
2012	Ariana Washington (Poly, Long Beach).....	23.41
2013	Ariana Washington (Poly, Long Beach).....	23.22
2014	Ariana Washington (Poly, Long Beach).....	22.96
2015	Zaria Francis (Rio Mesa, Oxnard).....	23.09
2016	Celera Barnes (St. Bonaventure, Ventura).....	23.25
2017	Ariyonna Augustine (Poly, Long Beach).....	23.41
2018	Tierra Robinson-Jones (Bishop O'Dowd).....	23.66
2019	Shelby Daniele (Buchanan).....	23.73

400-Meter Dash (Girls)

1974	Veronica Venezie (Terra Linda, San Rafael).....	56.4
1975	Jodi Anderson (Washington, Los Angeles).....	55.3
1976	Marquita Belk (Silver Creek, San Jose).....	55.2
1977	Valerie Brisco (Locke, Los Angeles).....	55.14
1978	Arliene Emerson (Westminster).....	54.3
1979	Sherri Howard (San Geronio, San Bernardino).....	53.65
1980	Denean Howard (Kennedy, Granada Hills).....	53.04
1981	Gervaise McCraw (Ganesha, Pomona).....	54.15
1982	Denean Howard (Kennedy, Granada Hills).....	52.39
1983	Leslie Maxie (Mills, Millbrae).....	53.19
1984	Chewaukii Knighten (Locke, Los Angeles).....	52.67
1985	Chewaukii Knighten (Locke, Los Angeles).....	52.72
1986	Princess Bennett (Compton).....	53.56
1987	Angela Rolfe (Dorsey, Los Angeles).....	53.55
1988	Angela Rolfe (Dorsey, Los Angeles).....	54.26
1989	Angela Rolfe (Dorsey, Los Angeles).....	53.97
1990	Janice Nichols (Bakersfield).....	53.89
1991	Janice Nichols (Bakersfield).....	54.19
1992	Janice Nichols (Bakersfield).....	54.46
1993	Asha Jaysinghe (Arcadia).....	55.45
1994	Latasha Gilliam (Pittsburg).....	53.93
1995	Angela Williams (Chino).....	53.40
1996	Kinshasa Davis (Wilson, Long Beach).....	52.67
1997	Kinshasa Davis (Wilson, Long Beach).....	52.66
1998	Monique Henderson (Morse, San Diego).....	53.41
1999	Monique Henderson (Morse, San Diego).....	52.87
2000	Monique Henderson (Morse, San Diego).....	50.74
2001	Monique Henderson (Morse, San Diego).....	51.34
2002	Christina Hardeman (Wilcox, Santa Clara).....	54.09
2003	Jasmine Lee (Poly, Long Beach).....	53.17
2004	Jasmine Lee (Poly, Long Beach).....	52.93

All-Time Individual Champions

400-Meter Dash (Girls) - continued

2005	Sa'de Williams (Rancho Cucamonga).....	52.35
2006	Sa'de Williams (Rancho Cucamonga).....	53.21
2007	Jasmine Joseph (Poly, Long Beach).....	53.15
2008	Akawaw Ndiagbor (Poly, Long Beach).....	53.35
2009	Turquoise Thompson (Serra, Gardena).....	53.10
2010	Chimere Ezumah (Serra, Gardena).....	52.97
2011	Akawaw Ndiagbor (Poly, Long Beach).....	53.38
2012	Renetia James (Serra, Gardena).....	53.98
2013	Nia Dörner (Cordova, Rancho Cordova).....	53.00
2014	Kaelin Roberts (Poly, Long Beach).....	52.52
2015	Hannah Waller (Buchanan, Clovis).....	53.13
2016	Kaelin Roberts (Carson).....	52.28
2017	Shae Anderson (Norco).....	52.91
2018	Tierra Robinson-Jones (Bishop O'Dowd).....	52.37
2019	Katriina Wright (University City, San Diego) ...	53.93

800-Meter Run (Girls)

1974	Kathy Costello (Pleasant Hill).....	2:10.4
1975	Kathy Costello (Pleasant Hill).....	2:09.2
1976	Alice Trumbley (Coalinga).....	2:13.3
1977	Ann Regan (Camden, San Jose).....	2:08.0
1978	Ann Regan (Camden, San Jose).....	2:07.93
1979	Ann Regan (Camden, San Jose).....	2:10.22
1980	Marilyn Davis (Miramonte, Orinda).....	2:09.73
1981	Donna Curtis (Culver City).....	2:06.08
1982	Rennie Durrand (Laguna Beach).....	2:06.36
1983	Kerri Zaleski (Millikan, Long Beach).....	2:06.41
1984	Trena Hull (Compton).....	2:04.91
1985	Kristen Dowell (Santa Teresa, San Jose).....	2:10.07
1986	Laura Chapel (University City, San Diego).....	2:08.66
1987	Kimberly McAllister (Locke, Los Angeles).....	2:12.92
1988	Kathy Roldan (Mt. Whitney, Visalia).....	2:12.11
1989	Kim Toney (Atascadero).....	2:09.33
1990	Kim Toney (Atascadero).....	2:06.13
1991	Nicole Teter (West Valley, Cottonwood).....	2:08.14
1992	Miesha Marzell (Bishop O'Dowd, Oakland).....	2:10.29
1993	Miesha Marzell (Bishop O'Dowd, Oakland).....	2:09.13
1994	Kristie Johnston (Central, Fresno).....	2:09.98
1995	Kristie Johnston (Central, Fresno).....	2:08.86
1996	Lindsay Hyatt (Placer, Auburn).....	2:11.24
1997	Lindsay Hyatt (Placer, Auburn).....	2:09.16
1998	Lindsay Hyatt (Placer, Auburn).....	2:07.90
1999	Lindsay Hyatt (Placer, Auburn).....	2:06.74
2000	Liz Morse (Corona del Mar).....	2:08.16
2001	Shannon Rowbury (Sacred Heart Cathedral, SF).....	2:10.31
2002	Jamillah Titus (Vintage, Napa).....	2:08.62
2003	Ashley Freeman (Wilson, Long Beach).....	2:08.86
2004	Alyssa Johnson (Canyon, Canyon Country).....	2:08.97
2005	Libby Jenke (Menlo, Atherton).....	2:10.39
2006	Haley Lawrence (Aliso Niguel, Aliso Viejo).....	2:10.57
2007	Dominique Jackson (Fairfield).....	2:06.09
2008	Anniya Louis (Culver City).....	2:10.29
2009	Aly Drake (Valencia).....	2:07.45
2010	Amy Weissenbach (Harvard Westlake, N. Hlywd).....	2:07.52
2011	Amy Weissenbach (Harvard Westlake, N. Hlywd).....	2:02.04
2012	Amy Weissenbach (Harvard Westlake, N. Hlywd).....	2:05.70
2013	Mikaela Smith (Clovis North, Clovis).....	2:08.39
2014	Mikaela Smith (Clovis North, Clovis).....	2:06.85
2015	Erica Schroeder (San Marcos, Santa Barbara).....	2:07.08
2016	Alyssa Brewer (California, San Ramon).....	2:06.86
2017	Alyssa Brewer (California, San Ramon).....	2:07.07
2018	Cathilyn McIntosh (Del Oro).....	2:05.22
2019	Samantha Wallenstrom (Marin Catholic).....	2:08.78

1600-Meter Run (Girls)

1974	Jill Caldwell (Westminster).....	5:02.2
1975	Kathy Costello (Pleasant Hill).....	4:53.5
1976	Linda Broderick (Tamalpais, Mill Valley).....	4:56.8
1977	Linda Goen (North, Bakersfield).....	4:47.8
1978	Cheri Williams (Livermore).....	4:44.95
1979	Linda Goen (North, Bakersfield).....	4:51.09
1980	Polly Plumer (University, Irvine).....	4:46.71
1981	Polly Plumer (University, Irvine).....	4:42.43
1982	Polly Plumer (University, Irvine).....	4:39.92
1983	Cory Schubert (Del Mar, San Jose).....	4:44.93
1984	Shannon Clark (Mountain View).....	4:47.52
1985	Shannon Clark (Mountain View).....	4:49.14
1986	Darcy Arreola (Grossmont, La Mesa).....	4:45.13
1987	Kira Jorgensen (Vista).....	4:45.98



Amy Weissenbach broke the national record by 0.86 seconds with her time of 2:02.04 in the 800 meters during the 2011 State Championships. Her time also bested the previous State meet record set in 1984.

1988	Kira Jorgensen (Rancho Buena Vista).....	4:49.54
1989	Kira Jorgensen (Rancho Buena Vista).....	4:49.55
1990	Becky Spies (Livermore).....	4:48.74
1991	Becky Spies (Livermore).....	4:45.11
1992	Shelley Taylor (Edison, Huntington Beach).....	4:48.52
1993	Milena Glusac (Fallbrook).....	4:50.83
1994	Elissa Riedy (Mission San Jose, Fremont).....	4:54.28
1995	Elissa Riedy (Mission San Jose, Fremont).....	4:45.35
1996	Annie Ebner (St. Lucy's Prep, Glendora).....	4:48.72
1997	Julia Stamps (Santa Rosa).....	4:44.78
1998	Sara Bei (Montgomery, Santa Rosa).....	4:49.21
1999	Alejandra Barrientos (San Lorenzo).....	4:45.02
2000	Jenny Aldridge (Maria Carillo, Santa Rosa).....	4:49.63
2001	Alejandra Barrientos (San Lorenzo Valley).....	4:43.24
2002	Shannon Rowbury (Sacred Heart Cathedral, SF).....	4:52.77
2003	Alicia Follmar (Saratoga).....	4:51.47
2004	Alicia Follmar (Saratoga).....	4:46.47
2005	Annie St. Geme (Corona del Mar, Newport Beach).....	4:50.40
2006	Christine Babcock (Woodbridge, Irvine).....	4:41.29
2007	Christine Babcock (Woodbridge, Irvine).....	4:38.85
2008	Christine Babcock (Woodbridge, Irvine).....	4:33.82
2009	Sammy Silva (Academy OLP, San Diego).....	4:47.67
2010	Chloe Curtis (Redondo).....	4:46.63
2011	Cami Chapus (Harvard Westlake, N. Hollywood).....	4:40.88
2012	Nikki Hiltz (Aptos).....	4:42.45
2013	Anna Maxwell (San Lorenzo Valley, Felton).....	4:47.33
2014	Sarah Robinson (Gunn, Palo Alto).....	4:44.25
2015	Amanda Gehrich (Tesoro, Rancho Santa Margarita).....	4:39.33
2016	Amanda Gehrich (Tesoro, Rancho Santa Margarita).....	4:45.51
2017	Maddy Denner (Oak Ridge, El Dorado Hills).....	4:44.89
2018	Maddy Denner (Oak Ridge, El Dorado Hills).....	4:42.77
2019	Jaqueline Duarte (Chino Hills).....	4:42.58

3200-Meter Run (Girls)

1977	Roxanne Bier (Independence, San Jose).....	10:39.7
1978	Cheri Williams (Livermore).....	10:17.71
1979	Lisa Scaduto (Santa Monica).....	10:34.94
1980	Vicki Cook (Alemany, Mission Hills).....	10:14.78
1981	Vicki Cook (Alemany, Mission Hills).....	10:12.31
1982	Vicki Cook (Alemany, Mission Hills).....	10:16.27
1983	Cory Schubert (Del Mar, San Jose).....	10:08.14
1984	Kristen O'Hara (Palos Verde).....	10:11.82
1985	Rebecca Chamberlain (Leigh, San Jose).....	10:23.85
1986	Laurie Chapman (Gunderson, San Jose).....	10:12.86
1987	Mary Mendoza (Presentation, San Jose).....	10:33.04
1988	Karen Hexco (South Hills, West Covina).....	10:16.14
1989	Rayna Cervantes (Montebello).....	10:32.95
1990	Deena Drossin (Agoura).....	10:29.60

1991	Deena Drossin (Agoura).....	10:30.71
1992	Milena Glusac (Fallbrook).....	10:28.62
1993	Milena Glusac (Fallbrook).....	10:42.68
1994	Julia Stamps (Rincon Valley Christian, Santa Rosa).....	10:26.51
1995	Julia Stamps (Santa Rosa).....	10:15.27
1996	Kim Mortensen (Thousand Oaks).....	9:52.80
1997	Julia Stamps (Santa Rosa).....	10:15.17
1998	Sara Bei (Montgomery, Santa Rosa).....	10:31.06
1999	Lauren Fleshman (Canyon, Canyon Country).....	10:18.81
2000	Anita Siraki (Hoover, Glendale).....	10:18.50
2001	Sara Bei (Montgomery, Santa Rosa).....	10:11.11
2002	Clara Horowitz (Head Royce, Oakland).....	10:31.01
2003	Claire Rethmeier (San Pasqual, Escondido).....	10:27.32
2004	Lindsay Flacks (Harvard Westlake, N. Hollywood).....	10:26.25
2005	Tori Tyler (Gunn, Palo Alto).....	10:38.90
2006	Jordan Hasay (Mission Prep, San Luis Obispo).....	10:13.55
2007	Jordan Hasay (Mission Prep, San Luis Obispo).....	10:06.76
2008	Jordan Hasay (Mission Prep, San Luis Obispo).....	9:52.13
2009	Jordan Hasay (Mission Prep, San Luis Obispo).....	10:05.29
2010	Molly Grabill (Rancho Bernardo, San Diego).....	10:20.25
2011	Sarah Baxter (Simi Valley).....	10:13.00
2012	Sarah Baxter (Simi Valley).....	10:12.00
2013	Sarah Baxter (Simi Valley).....	10:10.71
2014	Bethan Knights (Northwood, Irvine).....	10:00.19
2015	Destiny Collins (Great Oak, Temecula).....	9:53.79
2016	Fiona O'Keeffe (Davis).....	10:12.02
2017	Claudia Lane (Malibu).....	10:07.33
2018	Elena Denner (Oak Ridge).....	10:10.32
2019	Kristin Fahy (La Costa Canyon).....	10:11.38

100-Meter Low Hurdles (Girls)

1974*	Yvonne Boone (Fremont, Oakland).....	11.1
1975*	Yvonne Boone (Fremont, Oakland).....	10.1
1976*	Tuti Lee (Merced).....	10.7
1977	Kris Costello (Lynbrook, San Jose).....	13.97
1978	Kris Costello (Lynbrook, San Jose).....	13.83
1979	Janet Yarbrough (Clovis).....	14.01
1980	Judy Young (Berkeley).....	13.52w
1981	Sherifa Sanders (Berkeley).....	13.74
1982	Natalie Spinks (Skyline, Oakland).....	13.88w
1983	Chewaukii Knighten (Locke, Los Angeles).....	13.88
1984	Gail Devers (Sweetwater, National City).....	13.41
1985	Lana Cantrell (Muir, Pasadena).....	13.57
1986	Janeene Vickers (Pomona).....	13.74
1987	Janeene Vickers (Pomona).....	13.34
1988	Michelle Decoux (Bishop O'Dowd, Oakland).....	13.91
1989	Felice Lipscomb (Santa Monica).....	13.69
1990	Felice Lipscomb (Santa Monica).....	13.58
1991	Phetima Woods (Duarte).....	14.08
1992	Twila Sims (Lompoc).....	13.83

* from 1974-76, race was 80 Meters

100-Meter High Hurdles (Girls)

1993	Bisa Grant (Bishop O'Dowd, Oakland).....	14.11
1994	Davetta Shepard (Kennedy, Sacramento).....	13.73w
1995	Joanna Hayes (J.W. North, Riverside).....	13.45
1996	Nicole Hoxie (J.W. North, Riverside).....	13.87
1997	Nicole Hoxie (J.W. North, Riverside).....	13.35
1998	Natasha Neal (James Logan, Union City).....	13.57
1999	Nichole Denby (J.W. North, Riverside).....	13.42w
2000	Nichole Denby (J.W. North, Riverside).....	13.20
2001	Lashinda Demus (Wilson, Long Beach).....	13.39w
2002	Talia Stewart (James Logan, Union City).....	14.03
2003	Ashlee Brown (J.W. North, Riverside).....	13.58
2004	Talia Stewart (James Logan, Union City).....	13.31
2005	Leslie Mercado (Diamond Ranch, Pomona).....	13.58w
2006	Julian Purvis (St. Elizabeth, Oakland).....	13.93
2007	Vashti Thomas (Mt. Pleasant, San Jose).....	13.03
2008	Vashti Thomas (Mt. Pleasant, San Jose).....	13.44
2009	Kori Carter (Claremont).....	13.59
2010	Kori Carter (Claremont).....	13.33
2011	Trinity Wilson (St. Mary's, Berkeley).....	13.41
2012	Sasha Wallace (Holy Names, Oakland).....	13.33
2013	Sasha Wallace (Castro Valley).....	13.43
2014	Mecca McGlaston (Dublin).....	13.54
2015	Jasmyne Graham (Eleanor Roosevelt, Corona).....	13.17
2016	Tara Davis (Agoura, Agoura Hills).....	13.38
2017	Tara Davis (Agoura, Agoura Hills).....	12.83w
2018	Jada Hicks (Upland).....	13.35
2019	Jazlynn Shearer (Silver Creek, San Jose).....	13.24w

All-Time Individual Champions

300-Meter Low Hurdles (Girls)

1981	Audrey Williams (Saugus).....	42.26
1982	Gayle Kellon (Walnut).....	41.09
1983	Gayle Kellon (Walnut).....	41.71
1984	Leslie Maxie (Mills, Millbrae).....	40.90
1985	Leslie Maxie (Mills, Millbrae).....	41.80
1986	Janeene Vickers (Pomona).....	41.32
1987	Janeene Vickers (Pomona).....	40.96
1988	Michelle Decoux (Bishop O'Dowd, Oakland).....	42.16
1989	Twila Sims (Lompoc).....	42.54
1990	Felice Lipscomb (Santa Monica).....	41.69
1991	Erin Blunt (San Pasqual, Escondido).....	43.02
1992	Twila Sims (Lompoc).....	42.75
1993	Angela Harris (Skyline, Oakland).....	42.78
1994	Angela Harris (Skyline, Oakland).....	42.78
1995	Joanna Hayes (J.W. North, Riverside).....	41.20
1996	Tisha Ponder (Del Mar, San Jose).....	42.22
1997	Ryan Peters (Skyline, Oakland).....	41.47
1998	Natasha Neal (James Logan, Union City).....	40.86
1999	Lashinda Demus (Wilson, Long Beach).....	40.44
2000	Lashinda Demus (Wilson, Long Beach).....	40.41
2001	Ashlee Brown (J.W. North, Riverside).....	41.81
2002	Ashlee Brown (J.W. North, Riverside).....	41.67
2003	McKenzie Hill (Wilson, Long Beach).....	41.31
2004	Talia Stewart (James Logan, Union City).....	41.31
2005	Ebony Collins (Wilson, Long Beach).....	40.10
2006	Ebony Collins (Wilson, Long Beach).....	40.13
2007	Jamesha Youngblood (Hercules).....	41.08
2008	Kori Carter (Claremont).....	41.28
2009	Kori Carter (Claremont).....	41.26
2010	Kori Carter (Claremont).....	40.44
2011	Melia Cox (Poly, Long Beach).....	41.80
2012	Daje Pugh (Fairfield).....	40.57
2013	Jade Miller (Great Oak, Temecula).....	41.02
2014	Hannah Labrie-Smith (Cathedral Catholic, San Diego).....	41.67
2015	Jasmyne Graham (Eleanor Roosevelt, Corona).....	40.73
2016	Jurnee Woodward (Vacaville).....	40.62
2017	Shae Anderson (Norco).....	40.31
2018	Breanna Bernard Joseph (Roosevelt, Corona).....	41.76
2019	Rachel Glen (Wilson, Long Beach).....	41.71

400-Meter Relay (Girls)

1974	Berkeley.....	47.5
1975	Muir (Pasadena).....	48.0
1976	Muir (Pasadena).....	47.6
1977	Crawford (San Diego).....	46.14
1978	Jordan (Los Angeles).....	47.14
1979	Westchester.....	47.95
1980	Kennedy (Granada Hills).....	45.81
1981	Berkeley.....	45.13
1982	Dorsey (Los Angeles).....	45.42
1983	Hawthorne.....	46.56
1984	Hawthorne.....	45.99
1985	Hawthorne.....	45.95
1986	Hawthorne.....	45.54
1987	St. Francis (Mountain View).....	45.95
1988	Hawthorne.....	47.10
1989	Muir (Pasadena).....	46.46
1990	Bakersfield.....	46.49
1991	Morningside (Inglewood).....	46.38
1992	Morningside (Inglewood).....	46.34
1993	Poly (Long Beach).....	45.74
1994	Wilson (Long Beach).....	46.17
1995	Poly (Long Beach).....	45.1h
1996	James Logan (Union City).....	45.20
1997	St. Bernard (Playa del Rey).....	44.70
1998	St. Bernard (Playa del Rey).....	46.00
1999	San Lorenzo Valley.....	45.90
2000	Berkeley.....	45.96
2001	Wilson (Long Beach).....	45.40
2002	Poly (Long Beach).....	45.50
2003	Poly (Long Beach).....	45.04
2004	Poly (Long Beach).....	45.11
2005	Wilson (Long Beach).....	44.84
2006	Wilson (Long Beach).....	45.19
2007	Rancho Verde (Moreno Valley).....	45.74
2008	St. Mary's Academy (Inglewood).....	46.41
2009	Poly (Long Beach).....	45.88
2010	Rancho Verde (Moreno Valley).....	45.74
2011	Poly (Long Beach).....	45.70

2012	Serra (Gardena).....	45.92
2013	Poly (Long Beach).....	44.93
2014	Poly (Long Beach).....	45.19
2015	Oaks Christian (Westlake Village).....	45.66
2016	Carson.....	45.06
2017	Serra (Gardena).....	46.04
2018	Serra (Gardena).....	45.69
2019	Scripps Ranch (San Diego).....	46.51

1600-Meter Relay (Girls)

1974	Berkeley.....	3:46.4
1975	Washington (Los Angeles).....	3:44.5
1976	Fremont (Los Angeles).....	3:55.9
1977	Locke (Los Angeles).....	3:52.1
1978	Fremont (Los Angeles).....	3:51.3
1979	San Geronio (San Bernardino).....	3:44.05
1980	Kennedy (Granada Hills).....	3:37.98
1981	Kennedy (Granada Hills).....	3:37.71
1982	Dorsey (Los Angeles).....	3:41.72
1983	Dorsey (Los Angeles).....	3:46.24
1984	Locke (Los Angeles).....	3:38.65
1985	Muir (Pasadena).....	3:43.30
1986	Compton.....	3:42.31
1987	Poly (Long Beach).....	3:45.20
1988	Hawthorne.....	3:47.32
1989	Hawthorne.....	3:46.59
1990	Morningside (Inglewood).....	3:44.16
1991	Poly (Long Beach).....	3:48.85
1992	Poly (Long Beach).....	3:45.91
1993	Poly (Long Beach).....	3:42.75
1994	Skyline (Oakland).....	3:41.90
1995	Poly (Long Beach).....	3:39.53
1996	Wilson (Long Beach).....	3:38.50
1997	St. Bernard (Playa del Rey).....	3:39.43
1998	Wilson (Long Beach).....	3:36.32
1999	Wilson (Long Beach).....	3:39.01
2000	J.W. North (Riverside).....	3:41.11
2001	Wilson (Long Beach).....	3:35.72
2002	Poly (Long Beach).....	3:35.99
2003	Poly (Long Beach).....	3:35.78
2004	Poly (Long Beach).....	3:35.49
2005	Wilson (Long Beach).....	3:39.27
2006	Wilson (Long Beach).....	3:37.14
2007	Bishop O'Dowd (Oakland).....	3:47.42
2008	Poly (Long Beach).....	3:40.87
2009	Serra (Gardena).....	3:42.91
2010	Poly (Long Beach).....	3:39.15
2011	Serra (Gardena).....	3:43.21
2012	Serra (Gardena).....	3:46.45
2013	Piedmont Hills (San Jose).....	3:41.14
2014	Poly (Long Beach).....	3:38.05
2015	St. Mary's College (Berkeley).....	3:43.33
2016	Carson.....	3:42.80
2017	Bishop O'Dowd (Oakland).....	3:46.33
2018	Bonita (La Verne).....	3:42.62
2019	Poly (Long Beach).....	3:46.23

Discus Throw (Girls)

1976	Kathy Middleton (Poway).....	134-05
1977	Karen Stampfl (Lassen, Susanville).....	137-08
1978	Christi Pyle (Hoover, Glendale).....	149-03
1979	Leslie Deniz (Gridley).....	167-01
1980	Leslie Deniz (Gridley).....	172-11
1981	Natalie Kaaiawahia (Fullerton).....	162-10
1982	Jacque Norton (Mission Viejo).....	160-02
1983	Natalie Kaaiawahia (Fullerton).....	170-01
1984	Stacy Horn (Cordova, Rancho Cordova).....	159-01
1985	Lil Ili (Nogales, La Puente).....	162-02
1986	Tracy Crawford (Southwest, San Diego).....	156-02
1987	Dawn Dunble (Bakersfield).....	144-10
1988	Melissa Weis (Bakersfield).....	159-07
1989	Melissa Weis (Bakersfield).....	168-00
1990	Melissa Weis (Bakersfield).....	169-11
1991	Celeste McVey (Redlands).....	160-11
1992	Suzy Powell (Downey, Modesto).....	169-08
1993	Suzy Powell (Downey, Modesto).....	168-11
1994	Suzy Powell (Downey, Modesto).....	174-02
1995	Nadia Lopez (Arroyo Grande).....	152-06
1996	Chaniqua Ross (Laguna Creek, Elk Grove).....	158-04
1997	Chaniqua Ross (Laguna Creek, Elk Grove).....	177-01

1998	Stephanie Brown (Arroyo Grande).....	181-03
1999	April Burton (Bakersfield).....	153-10
2000	Jill Camarena (Woodland).....	151-01
2001	Rachel Varner (Bakersfield).....	162-09
2002	Billie Jo Grant (Arroyo Grande).....	174-00
2003	Billie Jo Grant (Arroyo Grande).....	174-04
2004	Missy Faubus (Centennial, Bakersfield).....	166-09
2005	Alexarae Toaina (Pittsburg).....	158-03
2006	Sarah Robles (San Jacinto).....	158-00
2007	Hilary Fraser (El Toro, Lake Forest).....	159-07
2008	Anna Jelmini (Shafter).....	169-04
2009	Anna Jelmini (Shafter).....	186-09
2010	Alex Collatz (Stockdale, Bakersfield).....	170-09
2011	Alex Morgan (Ventura).....	153-08
2012	Lisette Mendivil (Redwood, Visalia).....	155-10
2013	Nikki Okwelogu (Clovis West, Clovis).....	173-09
2014	Stamatia Scarvelis (Dos Pueblos, Goleta).....	163-07
2015	Ronna Stone (Valley Christian, San Jose).....	161-09
2016	Pamela Amaechi (Lincoln).....	164-01
2017	Ashley Anumba (Los Osos, Rancho Cucamonga).....	177-08
2018	Erica Grotegeer (Wheatland).....	174-09
2019	Jocelynn Budwig (Fowler).....	171-10

High Jump (Girls)

1974	Pam Blackburn (Cubberley, Palo Alto).....	5-08
1975	Kim Maddox (Los Angeles).....	5-08
1976	Kari Gossweiler (Upland).....	5-10
1977	Kari Gossweiler (Upland).....	5-09
1978	Sue McNeal (Carlsbad).....	5-10.25
1979	Tonya Alston (Chico).....	5-09
1980	Karen Lysaght (St. Francis, Sacramento).....	6-00
1981	Katrina Johnson (Marshall Fundamental, Pasadena).....	5-10
1982	Katrina Johnson (Marshall Fundamental, Pasadena).....	5-11
1983	Tonya Mendonca, Mt. Whitney, Visalia).....	6-01
1984	Wendy Brown (Woodside).....	6-01.25
1985	Latrese Johnson (Clovis).....	6-02
1986	Yleana Carrasco (Anaheim).....	5-10
1987	Lynn Patrick (Serra, San Diego).....	5-10
1988	Crissy Mills (Campbell Hall, North Hollywood).....	5-10
1989	Crissy Mills (Campbell Hall, North Hollywood).....	6-00
1990	Chi Johnson (Menlo-Atherton, Atherton).....	5-08
1991	Tanya Smith (Cordova, Rancho Cordova).....	5-11
1992	Kristy Kieruff (Esperanza, Anaheim).....	5-10
1993	Tracye Lawyer (Cate, Carpinteria).....	5-10
1994	Kristy Kieruff (Esperanza, Anaheim).....	5-10
1995	Tara Fleming (Immanuel, Reedley).....	6-00
1996	Liz Giltner (Chaminade, Canoga Park).....	5-10
1997	Tayyiba Haneef (Laguna Hills).....	5-09
1998	Tia Hanson (El Cajon).....	5-08
1999	Kim Stone (York, Monterey).....	5-09
2000	Schquay Brignac (Taft, Los Angeles).....	5-09
2001	Chaunte Howard (J.W. North, Riverside).....	5-10
2002	Sharon Day (Costa Mesa).....	5-11
2003	Sharon Day (Costa Mesa).....	5-10
2004	Allie Miller (Los Altos).....	5-09.25
2005	Desirae Gonder (Stockdale).....	5-09
2006	Jasmine Day (Costa Mesa).....	5-09
2007	Whitney Sisler (La Costa Canyon, Carlsbad).....	5-10
2008	Tara Richmond (Poly, Long Beach).....	5-11
2009	Adrienne Johnson (Carondelet, Concord).....	5-08
2010	Lydia French (Thousand Oaks).....	5-10
2011	Rachel McCoy (A.B. Miller, Fontana).....	5-08
2012	Claire Kieffer-Wright (South Pasadena).....	5-10
2013	Rachel McCoy (Miller, Fontana).....	6-00.75
2014	Asia Chesley (Stockdale, Bakersfield).....	5-10
2015	Erinn Beattie (Buena, Ventura).....	5-09
2016	Cassidy Palka (Oaks Christian, Westlake Village).....	5-09
2017	Abigail Burke (Poly, Riverside).....	5-08
2018	Abigail Burke (Poly, Riverside).....	5-10
2019	Alysah Hickey (Coronado).....	5-08

All-Time Individual Champions

Long Jump (Girls)

1974	Jodi Anderson (Washington, Los Angeles) ...	19-07.00
1975	Jodi Anderson (Washington, Los Angeles)...	19-06.50w
1976	Jodi Anderson (Washington, Los Angeles)...	20-00.25
1977	Lisa Gourdine (El Toro, Lake Forest)	19-01.00
1978	Kathy Hayes (Madera).....	19-03.00
1979	Gwen Loud (Westchester).....	20-04.50
1980	Marlene Harmon (Thousand Oaks).....	20-08.75
1981	Chris Mose (El Cajon)	18-10.25
1982	Wendy Brown (Woodside)	19-10.50
1983	Gail Devers (Sweetwater, National City)...	19-06.00
1984	Wendy Brown (Woodside)	20-09.75
1985	Yvette Roberts (Washington Union, Fresno)...	19-01.00
1986	Madette Smith (Quartz Hill)	20-04.75
1987	Karen Lawson (St. Francis, Mountain View)	19-01.50
1988	Tonya Conner (Barstow).....	19-05.75
1989	Juliana Yendork (Walnut).....	20-02.50w
1990	Juliana Yendork (Walnut).....	20-01.50
1991	Juliana Yendork (Walnut).....	20-07.50w
1992	Kam Warner (West, Bakersfield)	20-06.25
1993	Marion Jones (Thousand Oaks).....	22-00.50
1994	Tara Oettinger (Foothill, Santa Ana)	19-07.50
1995	Jernae Wright (James Logan, Union City) ...	20-08.00w
1996	Jernae Wright (James Logan, Union City)...	20-03.00
1997	Bunmi Ogunleye (Poly, Long Beach)	20-00.75w
1998	Angela Williams (Chino).....	19-07.75w
1999	Sani Roseby (Monterey)	19-08.75w
2000	Michelle Sanford (Woodbridge, Irvine)	19-07.25
2001	Elzunia Wojcicka (Hollister)	20-05.50w
2002	Lena Bettis (J.W. North, Riverside)	19-08.25
2003	Rene Williams (Skyline, Oakland).....	20-08.25
2004	Shana Woods (Poly, Long Beach).....	20-07.75
2005	Brittany Daniels (Merrill West, Tracy).....	20-08.25w
2006	Amber Purvis (Benicia)	19-10.25
2007	Jamesha Youngblood (Hercules)	20-11.75w
2008	Vashti Thomas (Mt. Pleasant, San Jose).....	20-00.25
2009	Karynn Dunn (Diamond Ranch, Pomona).....	20-03.25w
2010	Jenna Prandini (Clovis)	20-05.75
2011	Jenna Prandini (Clovis)	19-11.75
2012	Alexis Faulknor (Serra, Gardena).....	20-03.00w
2013	Courtney Corrin (Harv.Westlk. N. Holywd)....	20-09.25
2014	Margaux Jones (Redlands).....	20-04.75
2015	Courtney Corrin, (Harv.Westlk. N. Holywd)....	20-10.25
2016	Rhesa Forst (Clovis North).....	20-07.50
2017	Tara Davis (Agoura).....	22-01.25w
2018	Alysa Hickey (Coronado).....	19-09.75
2019	Caelyn Harris (Upland)	20-08.50

Pole Vault (Girls)

1995	Melissa Price (Kingsburg)	12-06
1996	Alexa Harz (Peninsula, Rolling Hills Estates) ...	12-01.25
1997	Bridget Pearson (Hoover, Glendale)	12-00
1998	Tracy O'Hara (Rancho Bernardo, San Diego) 12-08	
1999	Kathleen Donoghue (Rancho Bernardo, San Diego) ...	12-08.25
2000	Lara Chen (Temple City)	12-04
2001	Shayla Ballentine (Morro Bay).....	13-08
2002	Chelsea Johnson (Atascadero)	13-03
2003	Kira Costa (San Joaquin Memorial, Fresno)....	13-05
2004	Allison Stokke (Newport Harbor, Newport Beach)...	12-08
2005	Bryson Stately (Cordova, Rancho Cordova) ..	13-04
2006	Tori Anthony (Castilleja, Palo Alto).....	13-03
2007	Tori Anthony (Castilleja, Palo Alto).....	14-01
2008	Emily Mattoon (Rancho Bernardo, San Diego)...	12-06
2009	Kortney Ross (Westview, San Diego).....	13-04
2010	Kortney Ross (Westview, San Diego).....	13-06
2011	Anginae Monteverde (Clovis West, Fresno) ..	13-06
2012	Taylor Jaques (Presentation, San Jose).....	13-04.25
2013	Kaitlyn Merritt (Santa Margarita, Rancho SM) ..	13-03.75
2014	Greta Wagner (Los Gatos).....	13-00.25
2015	Kaitlyn Merritt (Santa Margarita, Rancho SM)...	13-03
2016	Rachel Baxter (Canyon, Anaheim).....	14-02
2017	Rachel Baxter (Canyon, Anaheim).....	14-00
2018	Laurel Wong (Santa Catalina, Monterey)	12-06
2019	Ashley Callahan (Rancho Bernardo)	13-04

Shot Put (Girls)

1974	Kathy Devine (Mission Bay, San Diego)	47-04.50
1975	Kathy Devine (Mission Bay, San Diego)	42-03.25
1976	Becky Daniel (Newport Harbor).....	42-09.75
1977	Debra Thorntana (Sacramento)	43-09.00
1978	Kerry Zwart (Crescenta Valley, La Crescenta)....	45-11.50
1979	Susie Ray (Villa Park).....	49-06.50
1980	Natalie Kaaiawahia (Fullerton).....	48-04.50
1981	Natalie Kaaiawahia (Fullerton).....	51-08.50
1982	Natalie Kaaiawahia (Fullerton).....	50-03.00
1983	Natalie Kaaiawahia (Fullerton).....	52-07.50
1984	Pam Alexander (Arlington, Riverside)	46-03.50
1985	Elaina Oden (Irvine)	46-11.75
1986	Brandi Gail (Rowland, Rowland Heights)....	45-02.50
1987	Kim Lassair (Northgate, Walnut Creek)	39-06.25
1988	Dawn Dunble (Bakersfield)	48-02.50
1989	Melissa Weis (Bakersfield).....	44-01.00
1990	Dawn Dunble (Bakersfield)	49-03.50
1991	Mike Hilaire (Pittsburg).....	45-04.25
1992	Kristin Heaston (Ygnacio Valley, Concord) ..	45-03.50
1993	Kristin Heaston (Ygnacio Valley, Concord) ..	52-11.50
1994	Delores Tuimoloua (Channel Islands, Oxnard)....	46-10.00
1995	Rebecca Morrison (Presentation, San Jose)....	47-06.75
1996	Stephanie Brown (Arroyo Grande)	43-00.25
1997	Cynthia Ademiluyi (Poly, Long Beach)	47-05.25
1998	Althea Moses (Morningside)	40-09.75
1999	Jill Camarena (Woodland)	48-06.00
2000	Karen Freberg (San Luis Obispo)	50-07.25
2001	Karen Freberg (San Luis Obispo)	50-02.25
2002	Rachel Varner (Bakersfield)	47-00.50
2003	Jessica Pressley (Laguna Creek, Elk Grove)....	50-05.00
2004	Megan Howard (Arroyo Grande)	49-11.75
2005	Julie Dufresne (Harbor, Santa Cruz)	47-07.50
2006	Erin Delaney (Paso Robles)	45-05.25
2007	Rosario Sanchez (Selma).....	47-10
2008	Anna Jelmini (Shafter)	48-03.50
2009	Anna Jelmini (Shafter)	50-05.75
2010	Jasmine Burrell (North Torrance)	47-06.50
2011	Breana Jemison (Carlsbad)	43-01.25
2012	Stamatia Scarvelis (Dos Pueblos, Goleta)	47-03.25
2013	Stamatia Scarvelis (Dos Pueblos, Goleta)	50-07.75
2014	Stamatia Scarvelis (Dos Pueblos, Goleta)	52-02.00
2015	Elena Bruckner (Valley Christian, San Jose)....	50-02.50
2016	Elena Bruckner (Valley Christian, San Jose)....	49-05.75
2017	Pamela Amaechi (Lincoln, San Francisco) ...	47-05.25
2018	Jocelynn Budwig (Fowler)	46-11.00
2019	Jocelynn Budwig (Fowler)	49-02.75



Tori Anthony became the first high school girl to pole vault higher than 14 feet when she jumped 14-01 at the 2007 state meet. She held the national record until 2011.

Triple Jump (Girls)

1982	Wendy Brown (Woodside)	39-08.75
1983	Wendy Brown (Woodside)	40-03.00
1984	Wendy Brown (Woodside)	42-10.50
1985	Sheila Hudson (Rio Linda)	41-10.00w
1986	Felicia Harris (San Lorenzo).....	40-02.00
1987	Kim Lassair (Northgate, Walnut Creek).....	39-06.25
1988	Althea Moses (Morningside)	40-09.75
1989	Juliana Yendork (Walnut).....	41-10.00
1990	Juliana Yendork (Walnut).....	42-00.25
1991	Juliana Yendork (Walnut).....	43-06.50
1992	Kayla Montgomery (Clovis West, Fresno) ..	39-11.25
1993	Cheaza Figueroa (Quartz Hill)	40-01.25
1994	Tamieka Porter (Orange Glen, Escondido) ..	38-11.50
1995	Kelly O'Connor (Esperanza, Anaheim)	40-06.50
1996	Kelly O'Connor (Esperanza, Anaheim)	40-02.50
1997	Andrea Booker (El Camino, Oceanside)	40-00.00w
1998	Andrea Booker (El Camino, Oceanside) ..	40-00.25w
1999	Heather Contreras (Sutter).....	40-03.75
2000	Blessing Ufodiana (Poly, Long Beach)	40-08.75
2001	Candace Bauchman (Poly, Long Beach) ..	42-04.50
2002	Michelle Sanford (Woodbridge, Irvine)	41-05.25
2003	Brittany Daniels (Merrill West, Tracy).....	42-04.75
2004	Brittany Daniels (Merrill West, Tracy).....	42-08.00
2005	Brittany Daniels (Merrill West, Tracy).....	44-05.50w
2006	Ke'Nyia Richardson (Holy Names, Oakland) ...	43-03.25
2007	Ke'Nyia Richardson (Holy Names, Oakland)....	45-04.25w
2008	Vashti Thomas (Mt. Pleasant, San Jose)	42-00.50
2009	Ciarra Brewer (James Logan, Union City) 42-11.50	
2010	Jenna Prandini (Clovis)	42-07.25
2011	Ciarra Brewer (James Logan, Union City)	41-11.00
2012	Sasha Wallace (Holy Names, Oakland).....	41-05.75
2013	Sasha Wallave (Castro Valley)	41-09.50
2014	Ashley Anderson (Carson)	41-03.00
2015	Kennedy Jones (Castro Valley).....	42-05.25
2016	Tara Davis (Agoura).....	41-05.50
2017	Tara Davis (Agoura).....	42-11.75w
2018	Arianna Fisher (Silver Creek, San Jose) ...	41-07.00w
2019	Jazlynn Shearer (Silver Creek, San Jose)	41-01.00w

100-Meter Dash Ambulatory (Girls)

2016	Amy Watt (Gunn, Palo Alto)	13.44
2017	Sophia O'Shea (Berkeley)	15.42
2018	Sophia O'Shea (Berkeley)	14.51
2019	Emma Limor (Harvard-Westlake).....	15.54

100-Meter Dash Wheelchair (Girls)

2018	Johana Alas (Hollywood).....	41.30
------	------------------------------	-------

200-Meter Dash Ambulatory (Girls)

2016	Amy Watt (Gunn, Palo Alto)	28.02
2017	Sophia O'Shea (Berkeley)	33.04
2018	Sophia O'Shea (Berkeley)	33.04
2019	Emma Limor (Harvard-Westlake).....	33.07

400-Meter Dash Ambulatory (Girls)

2016	Amy Watt (Gunn, Palo Alto)	1:07.17
2017	Sophia O'Shea (Berkeley)	1:15.63
2018	Sophia O'Shea (Berkeley)	1:11.61
2019	Ella Rodriguez (Christopher, Gilroy).....	1:23.31

Shot Put Ambulatory (Girls)

2016	Amy Watt (Gunn, Palo Alto)	17-11.00
2017	Miracle Traylor (Pleasant Valley, Chico).....	19-09.25
2018	Miracle Traylor (Pleasant Valley, Chico).....	21-07.25
2019	Ella Rodriguez (Christopher, Gilroy).....	27-10.25

Shot Put Wheelchair (Girls)

2016	Kendall Stier (Saddleback Valley Christian) ...	11-03.00
2018	Kendall Stier (Saddleback Valley Christian) ...	12-06.25
2019	Vaiva Puodziunas (Notre Dame, SO).....	18-04.00

Discus Ambulatory (Girls)

2019	Ella Rodriguez (Christopher, Gilroy).....	77-08
------	---	-------

In 1980, running event distances transitioned from yards to meters.

w -- wind aided result

h -- hand timed

All-Time Multiple Champions

BOYS RECORDS

Most Team State Championships

10 Poly, Long Beach.....	(1928, 1932, 1959, 1964-65, 1997-98, 2006-07, 2011)
8 Jefferson, Los Angeles	(1938, 1949-52, 1956, 1962, 1964)
8 Muir, Pasadena	(1934, 1936, 1967, 1974, 1990, 1994-96)
7 Manual Arts, Los Angeles	(1915-16, 1919, 1924-25, 1953, 1958)
6 Hawthorne.....	(1983-85, 1987-89)

Most Consecutive Team State Championships

4 Jefferson, Los Angeles	(1949-52)
3 Hawthorne, twice	(1983-85, 1987-89)
3 Muir, Pasadena	(1994-96)
2 Vista Murrieta.....	(2015-16)

Most Individual State Championships

6 Clarence "Bud" Houser (Oxnard)	Discus (1920-22); Shot (1920-22)
5 Charley Paddock (Pasadena)	100yd (1916, 1918); 220yd (1916-18)
4 Randall Carroll (Cathedral, Los Angeles)	100m (2008-09); 200m (2008-09)
4 Roman Gomez (Belmont, Los Angeles)	1600m (1984-85); 3200m (1984-85)
4 Remontay McClain (Covina)	100m (2010-11); 200m (2010-11)
4 Eddie Morris (Huntington Beach)	100yd (1940); 220yd (1938-40)
4 Khalfani Muhammad (Notre Dame, Sherman Oaks)	100m (2012-13); 200m (2012-13)
4 Bryshon Nellum (Poly, Long Beach)	200m (2006-07); 400m (2006-07)
4 Michael Norman (Vista Murrieta)	200m (2015-16); 400m (2015-16)
4 Terry Prentice (Diamond Ranch, Pomona)	110HH (2006-07); LJ (2006-07)
4 Frank Wykoff (Glendale)	100yd (1927); 220yd (1927-28); LJ (1927)
4 Nate Moore (Castro Valley)	TJ (2013-2014); LJ (2013-2014)
3 Joseph Anderson (Upland)	110HH (2016-17); 300IH (2017)
3 Forrest Beaty (Hoover, Glendale)	100yd (1961-62); 200yd (1961)
3 Brian Bluetreich (Capistrano Valley, Mission Viejo)	Shot (1984-85); Discus (1985)
3 John Bradley (Hoover, Glendale)	100yd (1947); 220yd (1947-48)
3 Reynaldo Brown (Compton)	HJ (1967-69)
3 Johnathan Cabral (Agoura, Agoura Hills)	110HH (2010-11); 300IH (2011)
3 Ethan Cochran (Newport Harbor, Newport)	Discus (2011-12); Shot (2012)
3 Bill Covings (Fowler)	100yd (1959-60); 200yd (1960)
3 Kevin Craddock (James Logan, Union City)	110HH (2003-04); 300IH (2004)
3 Matt Darr (Frontier, Bakersfield)	Discus (2009); Shot (2009-10)
3 Dixon Farmer (Miramonte)	440yd (1958); 440yd; 180LH (1959)
3 David Gettis (Dorsey, Los Angeles)	400m (2003-05)
3 Lincoln Hall (Santa Paula)	PV (1914-16)
3 Blake Haney (Stockdale, Bakersfield)	1600m (2013-14); 3200m (2013)
3 Mort Kaer (Red Bluff)	220LH (1922-23); LJ (1923)
3 Leamon King (Delano)	220yd (1951, 1953); 100yd (1953)
3 Roy Kirpatrick (Entral, El Centro)	220LH (1933-34); 120HH (1934)
3 Harry Lamport (Manual Arts, LA)	120HH (1916); 220LH (1916); LJ (1916)
3 Hugh McElhenny (Washington, LA)	120HH (1947); 180LH (1947); LJ (1947)
3 Bill Miller (San Diego)	PV (1927-29)
3 Obea Moore (Muir, Pasadena)	200m (1996); 400m (1995-96)
3 Billy Mullins (Hamilton, Los Angeles)	100yd (1976); 200yd (1975-76)
3 Verden Nash (Chino 1920-21); Huntington Beach (1922)	LJ (1920-22)
3 Leon Patterson (Taft)	Discus (1951); Shot (1951-52)
3 Jerry Proctor (Muir, Pasadena)	110HH (1967); 300IH (1967); LJ (1967)
3 Scott Roth (Granite Bay)	PV (2004-06)
3 Darius Savage (Morse, San Diego)	Discus (2005-06); Shot (2006)
3 Les Steers (Palo Alto)	HJ (1935-37)
3 Monte Upshaw (Piedmont)	LJ (1953-54); 180 LH (1954)
3 Hubie Watson (Jordan, Los Angeles)	100yd (1958-59); 220yd (1959)
3 Quincy Watts (Taft)	100m (1987); 200m (1986-87)
3 Wayne Weeks (Santa Rosa)	Shot (1915-16); Discus (1916)

Boys CIF State Track and Field Championships began in 1915 and have since been held annually, excluding the World War II years (1942-45).

GIRLS RECORDS

Most Team State Championships

15 Poly, Long Beach.....	(1992-93, 1995, 1997-98, 2001, 2003-04, 2008-11, 2013-14, 2017)
5 Berkeley	(1974, 1976, 1981-83)
3 J.W. North, Riverside	(1999-00, 2002)
3 Wilson, Long Beach	(1996, 1998, 2006)

Most Consecutive Team State Championships

4 Poly, Long Beach	(2008-11)
3 Berkeley	(1981-83)
2 J.W. North, Riverside	(1999-2000)
2 Poly, Long Beach, three times	(1992-93, 1997-98, 2003-04, 2013-14)

Most Individual State Championships

9 Marion Jones.....	(Rio Mesa, Oxnard 1990-91); (Thousand Oaks 1992-93)
.....	100m (1990-93); 200m (1990-93); LJ (1993)
6 Natalie Kaaiawahia (Fullerton).....	Shot (1980-83); Discus (1981, 1983)
6 Wendy Brown (Woodside)	LJ (1982-84); TJ (1982-84); HJ (1984)
6 Juliana Yendork (Walnut).....	LJ (1989-91); TJ (1989-91)
6 Ariana Washington (Poly, Long Beach).....	100m (2012-14); 200m (2012-14)
5 Angela Burnham (Rio Mesa, Oxnard).....	100m (1986, 1988-89); 200m (1988-89)
5 Kori Carter (Claremont)	100HH (2009-10); 300LH (2008-10)
5 Tara Davis (Agoura).....	100HH (2016-17); LJ (2017); TJ (2016-17)
5 Allyson Felix (Los Angeles Baptist, No. Hills) ...	100m (2001-03); 200m (2002-03)
5 Monique Henderson (Morse, San Diego)	200m (2000); 400m (1998-2001)
5 Jenna Prandini (Clovis)	LJ (2010-11); TJ (2010); 100m (2011); 200m (2011)
5 Angela Williams (Chino).....	100m (1997-98); 200m (1998); 400m (1995); LJ (1998)
4 Brittany Daniels (Merrill West, Tracy)	TJ (2003-05); LJ (2005)
4 Jordan Hasay (Mission Prep, San Luis Obispo).....	3200m (2006-09)
4 Denean Howard (Kennedy, Granada Hills) ..	200m (1981-82); 400m (1980, 1982)
4 Lindsay Hyatt (Placer, Auburn)	800m (1996-99)
4 Anna Jelmini (Shafter)	Discus (2008-09); Shot (2008-09)
4 Ashton Purvis (St. Elizabeth, Oakland)...	100m (2008, 2010); 200m (2009-10)
4 Julia Stamps (Rincon Valley Christian, Santa Rosa 1994); (Santa Rosa 1995-97)	
.....	3200m (1994-95, 1997); 1600m (1997)
4 Jeneba Tarmoh (Mt. Pleasant, San Jose)	100m (2006-07); 200m (2006-07)
4 Vashti Thomas (Mt. Pleasant, San Jose).....	100HH (2007-08); LJ (2008); TJ (2008)
4 Janeene Vickers (Pomona)	300LH (1986-87); 100LH (1986-87)
4 Melisa Weis (Bakersfield).....	Discus (1988-90); Shot (1989)
4 Stamatia Scarvelis (Dos Pueblos, Goleta).....	Shot (2012-2014); Discus (2014)
3 Jodi Anderson (Washington, Los Angeles)	LJ (1974-76)
3 Christine Babcock (Woodbridge, Irvine).....	1600m (2006-08)
3 Lakeisha Backus (Wilson, Long Beach).....	100m (1995); 200m (1994-95)
3 Sarah Baxter (Simi Valley)	3200m (2011-13)
3 Sara Bei (Montgomery, Santa Rosa).....	1600m (1998); 3200m (1998, 2001)
3 Ashlee Brown (J.W. North, Riverside)	100HH (2003); 300LH (2001-02)
3 Stephanie Brown (Arroyo Grande).....	Shot (1996, 1998); Discus (1998)
3 Jocelynn Budwig (Silver Creek)	Shot (2018-19); Discus (2019)
3 Ebony Collins (Wilson, Long Beach)	300LH (2005-06); 100m (2005)
3 Vicki Cook (Alemany, Mission Hills)	3200m (1980-82)
3 Kathy Costello (Pleasant Hill)	800m (1974-75); 1600m (1975)
3 Kinshasa Davis (Wilson, Long Beach).....	400m (1996-97); 200m (1997)
3 Dawn Dumble (Bakersfield)	Discus (1988-90); Shot (1989)
3 Milena Glusac (Fallbrook)	1600m (1993); 3200m (1992-93)
3 Kira Jorgensen (Vista)	1600m (1987-89)
3 Felice Lipscomb (Santa Monica)	100LH (1989-90); 300LH (1990)
3 Janice Nichols (Bakersfield)	400m (1990-92)
3 Polly Plumer (University, Irvine)	1600m (1980-82)
3 Suzy Powell (Downey, Modesto)	Discus (1992-94)
3 Ann Regan (Camden, San Jose)	800yd (1977-79)
3 Angela Rolfe (Dorsey, Los Angeles)	400m (1987-89)
3 Twila Sims (Lompoc)	300LH (1989, 1992); 100LH (1992)
3 Talia Stewart (James Logan, Union City) ..	100HH (2002, 2004); 300LH (2004)
3 Pam Waters (Bell)	200m (1975-76); 100m (1976)
3 Angela Williams (Chino)	100m (1997-98); 200m (1998)
3 Amy Weissenbach (Harvard Westlake, N. Hollywood)	800m (2010-12)

Girls CIF State Track and Field Championships were initiated in 1974 and have since been held annually.



FUEL YOUR GAME FROM BEGINNING TO END. WIN FROM WITHIN.®

©2017 S-VC, Inc. GATORADE and the G BOLT design are registered trademarks of S-VC, Inc.



UNITED WE STAND
Together, for California.

California Correctional Peace Officers Association