



MAY 24-25

**VETERANS MEMORIAL STADIUM
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2019 CIF STATE TRACK & FIELD CHAMPIONSHIPS

May 24-25
Veterans Memorial Stadium
Buchanan HS, Clovis

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Pursuing Victory With Honorsm

The CIF was formed, and had its humble beginning, during the 1914-1915 school year with only 65,927 high school students in California; it has been estimated that less than 8,000 students were participating on their high school athletic teams. Today, California high schools boast over 1.8 million students and this past school year more than 838,000 students participated in education-based athletics in California.

During the past century, education-based athletics transformed from an important local community event to one that is frequently on broadcast television and the Internet with full-time websites dedicated to recruiting and blogging about teams, student-athletes and coaches. Most however, still refer to education-based athletics as the last "true amateur sport" venue in America, because our mission and value system is based upon the core foundation of student participation, sportsmanship and fair play. While professional sports, collegiate athletics and even most youth programs have moved toward a business model where finances, income and winning is the sole mission, education-based sports still remains dedicated to providing opportunities for kids to compete in a safe and fair environment.

Sports add richness to a school culture by providing opportunities for any student who wants them. It is the largest "elective" program on any high school campus. Nationally, and here in California, participation by students in high school sports programs is at its highest level in history proving the desire and need is vast. In the process of deriving enjoyment from participation in athletics (Number one reason kids play sports: Fun), our students are learning life-long skills that help them develop into healthy adults



Roger L. Blake
CIF Executive Director

and productive citizens. National research continues to validate that students involved in extra-curricular activities attend more days of school, perform better in the classroom, and have less behavioral issues at school; lower dropout rates and lower alcohol and drug abuse rates, than students who do not participate. The data and the lists of participation benefits are endless.

It is true that we occasionally see acts of poor sportsmanship and behavior by a player or a coach, but the overwhelming majority of school contests reflect the positive elements of Pursuing Victory With Honorsm. True, the goal is always to win the contest, but education-based athletics, when done correctly, places the value of life lessons, character and sportsmanship ahead of winning. It is this ability of education-based sports leaders to keep athletics in its proper perspective that helps separate us from the rest.

It is vital that as parents, fans and education-based sports leaders that we remember that less than 2% of our participating students will go on and compete in college

athletics. Kids participate in sports because it's fun and the athletic fields and gymnasium classrooms our schools provide gives adults the opportunity to teach valuable lessons that might not be learned in any other environment. Creating life-long skills and helping create better citizens through participation in education-based athletics is the greatest gift we can give to the future.

We acknowledge that education-based, high school sports are enhancing students' lives, and ours, in ways that few other activities could. And we agree that, regardless of what side of the field we sit on, attending a high school sporting event is an uplifting, enriching, family-friendly experience for all of us. We would be remiss if the CIF did not thank our CIF family of corporate sponsors who contribute and allow for all of us to experience the joy of education-based athletics.

Help us create an atmosphere where the students of California gain a love of competition and personal growth that will help them mature into productive and caring citizens through their participation in sports. As you enjoy these Championship contest, please help by teaching and demonstrating respect. Displays of good sportsmanship will say positive things about you and your school community, and hopefully remind us all that in the end, sports are meant to be fun and enjoyed by not only those participating, but those in attendance also.

A handwritten signature in dark ink that reads "Roger L. Blake".

Roger L. Blake
CIF Executive Director



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CIF STATE OFFICE STAFF

4658 Duckhorn Drive Sacramento, CA 95834
916.239.4477 phone | 916.239.4478 fax



Roger L. Blake
Executive Director

Roger L. Blake, Executive Director
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National Federation of State
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P.O. Box 690
Indianapolis, Indiana 46206
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www.nfhs.org

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Jim Crichlow - P.O. Box 1567, Porterville, Calif. 93258
559.781.7586 | fax 559.781.7033 | www.cifcs.org

CENTRAL COAST

Duane Morgan - 333 Piercy Road, San Jose, Calif. 95138
408.224.2994 | fax 408.224.0476 | www.cifccs.org

LOS ANGELES CITY

John Aguirre - 10660 White Oak Ave., Suite 216, Granada Hills, Calif. 91344
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NORTH COAST

Gil Lemmon - 5 Crow Canyon Court, Suite 209, San Ramon, Calif. 94583
925.263.2110 | fax 925.263.2120 | www.cifncs.org

NORTHERN

Elizabeth Kyle - 2241 St. George Lane Suite 2, Chico, Calif. 95926-1375
530.343.7285 | fax 530.343.5619 | www.cifns.org

OAKLAND

Sonjha Phillips - 1000 Broadways Street, Suite 150, Oakland, Calif. 94607
510.879.2846 | fax 510.434.3351 | www.cifoakland.org

SAC-JOQUIN

Michael Garrison - P.O. Box 289, Lodi, Calif. 95241
209.334.5900 | fax 209.334.0300 | www.cifsjs.org

SAN DIEGO

Jerry Schniepp - 3636 Camino Del Rio North #200, San Diego, Calif. 92108
858.292.8165 | fax 858.292.1375 | www.cifsdcs.org

SAN FRANCISCO

Don Collins - 555 Portola Drive, Bungalow 2, San Francisco, Calif. 94131
415.920.5185 | fax 415.920.5189 | www.cifsf.org

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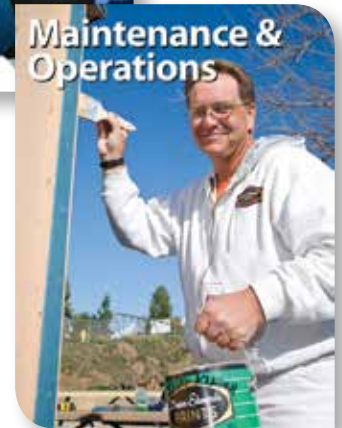
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Our missions are similar. Whether through interscholastic sporting events, academic activities or building the communities that support our public schools, CSEA members are determined to enhance the lives of all California students.

Ben Valdepeña
Association President



AFL-CIO

Dave Low
Executive Director

2019 Schedule

Field Events

Friday, May 24 - Qualifying Events

Event	Starting Time
Wheelchair/Ambulatory Shot Put Final	3:00 p.m.
Boys' Discus	3:00 p.m.
Girls' Long Jump	3:00 p.m.
Boys' Long Jump	3:00 p.m.
Boys' High Jump	3:00 p.m.
Girls' Discus	5:30 p.m.
Boys' Shot Put	5:30 p.m.
Boys' Pole Vault	6:00 p.m.
Girls' Pole Vault	6:00 p.m.
Boys' Triple Jump	6:00 p.m.
Girls' Triple Jump	6:00 p.m.
Girls' High Jump	7:00 p.m.
Girls' Shot Put	8:00 p.m.

Saturday, May 25 - Championship Events

Event	Starting Time
Boys' Discus	4:30 p.m.
Boys' High Jump	5:00 p.m.
Girls' Long Jump	5:00 p.m.
Boys' Long Jump	5:00 p.m.
Boys' Pole Vault	5:15 p.m.
Girls' Discus	6:30 p.m.
Boys' Shot Put	6:30 p.m.
Girls' High Jump	7:30 p.m.
Boys' Triple Jump	7:30 p.m.
Girls' Triple Jump	7:30 p.m.
Girls' Pole Vault	7:15 p.m.
Girls' Shot Put	8:30 p.m.

Track Events

Friday, May 24 - Qualifying Events

5:00 p.m. Girls' 4x100m Relay	Three Heats
5:15 p.m. Boys' 4x100m Relay	Three Heats
5:30 p.m. Girls' 1600m Run	Two Heats
5:45 p.m. Boys' 1600m Run	Two Heats
6:00 p.m. Girls' 100m High Hurdles	Three Heats
6:15 p.m. Boys' 110m High Hurdles	Three Heats
6:30 p.m. Wheelchair/Ambulatory 400m Dash	Four Finals
6:50 p.m. Girls' 400m Dash	Four Heats
7:05 p.m. Boys' 400m Dash	Three Heats
7:20 p.m. Girls' 100m Dash	Three Heats
7:30 p.m. Boys' 100m Dash	Three Heats
7:40 p.m. Girls' 800m Run	Three Heats
7:55 p.m. Boys' 800m Run	Three Heats
8:10 p.m. Girls' 300m LH	Three Heats
8:25 p.m. Boys' 300m IH	Three Heats
8:40 p.m. Girls' 200m Dash	Three Heats
8:50 p.m. Boys' 200m Dash	Three Heats
9:00 p.m. 100m Dash (Special Olympics)	Final
9:20 p.m. Girls' 4x400m Relay	Three Heats
9:40 p.m. Boys' 4x400m Relay	Three Heats

Saturday, May 25 - Championship Events

6:00 p.m. Girls' 400x100m Relay
6:10 p.m. Boys' 400x100m Relay
6:20 p.m. Girls' 1600m Run
6:30 p.m. Boys' 1600m Run
6:45 p.m. Girls' 100m High Hurdles
6:55 p.m. Boys' 110m High Hurdles
7:05 p.m. Girls' 400m Dash
7:15 p.m. Boys' 400m Dash
7:25 p.m. Girls' Ambulatory 100m Dash
7:30 p.m. Boys' Ambulatory 100m Dash
7:35 p.m. Girls' Wheelchair 100m Dash
7:40 p.m. Boys' Wheelchair 100m Dash
7:50 p.m. Girls' 100m Dash
7:55 p.m. Boys' 100m Dash
8:05 p.m. Girls' 800m Run
8:15 p.m. Boys' 800m Run
8:25 p.m. Girls' 300m LH
8:35 p.m. Boys' 300m IH
8:45 p.m. Girls' Ambulatory 200m Dash
8:50 p.m. Boys' Ambulatory 200m Dash
8:55 p.m. Girls' Wheelchair 200m Dash
9:00 p.m. Boys' Wheelchair 200m Dash
9:10 p.m. Girls' 200m Dash
9:25 p.m. Boys' 200m Dash
9:40 p.m. Girls' 3200m Run
9:55 p.m. Boys' 3200m Run
10:10 p.m. Girls' 4x400m Relay
10:15 p.m. Boys' 4x400m Relay

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2019 Meet Preview

Girls' Pole Vault, Boys' 3200 Headline Entries For CIF-State Championships!

By Rich Gonzales
PrepCalTrack.com Editor
@PrepCalTrack

(LANE FIVE) -- To officially kick off the next 100 years of the California state meet, Buchanan High School has recently remodeled what was already regarded as the best track and field venue in the state. If all goes true to form, they'll add one last touch to the "re-do" this weekend – a girls' team championship plaque to their trophy case!

On the boys' side, it could very well come down to "The Caleb and Caleb Show" in determining the overall team crown, but each first needs to find a way to corral a pretty speedy and agile set of Jackrabbits!

But in terms of particular event fields, the girls pole vault and the boys 3200 are the headliner attractions in what could likely evolve into the greatest competitions in state history for those events!

Welcome to Veterans Memorial Stadium for the 2019 CIF-State Track and Field Championships on Memorial Day weekend – the first time the season-ending meet has been paired with the holiday break since way back in 1968. In the half century since, this gathering has churned out more eventual Olympians, produced more national records, and provided more seminal moments in the sport than any other state meet in the land!

With our unique single-division, single-champion setup, to win a Golden State title here truly rings of something ultra-special, a rare place instance where you truly are the best of the best. With such high stakes in play,

look for that rich state meet tradition to continue this weekend!

Here's our overview of the leading athletes, teams, and storylines of the 101st edition of the true California classic, with leading athletes representing the 10 CIF Sections.

AERIALISTS CONVERGE AT THE TREASURE VAULT

– The annual tug-of-war for national bragging rights between California and Texas continues. While the Lone Star State remains deeper yet again this spring, the Golden State is at least superior this time around at the very top. Ten Californians have scaled at least 13 feet this year – the most in California history for a single year and second to Texas' single-year record of a dozen in 2014 – to lead the nation. The battle for individual gold should be a doozy, with the state leader (Elizabeth Funk of Clovis West/ce), the state record-setter for consistency (Ashley Callahan of Rancho Bernardo/sd), and another 10th-grade phenom each rated among the top dozen vaulters nationally! Funk has been the pacesetter, leading the state list for much of the season's stretch drive and topping the charts with her 13-09 clearance (#3 in state history) at her conference final. Callahan has been ultra-steady each time out, registering clearances of 13 feet or higher in a single-season state record 12 high school meets! Sommers, who has also qualified here in the high jump, has double-digits credentials in meets at 13 feet or better as well! Plus, we have seven more vaulters at 13-00 or better? OH MY!!!

"GAME OF THROWS"

– With apologies to the recently retired Game Of Thrones television series, the real kings and queens of the "ring-dom" are on display here. With three athletes ranked among the top six nationally, the girls' discus throw holds the distinction of being the top-heaviest girls' event on the weekend docket!

Fowler/ce senior Jocelynn Budwig, the defending state champion in the shot put, seeks to add titles in both throws events this weekend, but is being challenged by a hamstring malady of late. Her best of 171-07 in the discus throw this spring ranks her second nationally, but she also owns a career best of 174-2 from last year (#16 state all-time). She ranks 10th in America in the shot put (47-8), where she aims to become the eighth girl in state history to win consecutive crowns in that event. If she can capture both throws crowns this week, she'd join a legendary list of phenoms (including Fullerton's Natalie Kaaiawahia, Shafter's Anna Jelmini and Dos Pueblos' Stamatia Scarvelis) to capture at least two shot titles and a discus title.

All that being said, the shotput battle could become a real war as four athletes have career-best heaves that have all landed within just seven inches of each other! Topping the yearly list is U.S. #5 Shyann Franklin of Golden Valley/ss, whose 47-11.50 toss a month ago was a huge career breakthrough of more than a foot; she won the silver medal here last year. Natalie Ramirez (U.S. #8 47-09.75) of West Ranch/ss has busted out beyond 46 feet on four occasions this year while super sophomore Faith Bender of Liberty/ce is fresh off



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2019 Meet Preview

a career-best 47-04.75 launch despite slick ring conditions in the rain here last weekend! Budwig, a University of Auburn commit, has easily been the most consistent of the lot this spring, bettering 46 feet at an impressive 11 meets and powering beyond 47 feet at 4 meets. Budwig downed Bender (164-02, good for #4 U.S.) in the platter toss at this very ring two months ago in producing the top two throwers in the state; Ramirez (163-02 to rank sixth nationally) is the only other thrower within six feet thus far.

FROSH TURNS 2019 INTO A LEAP YEAR! – From season's outset, Upland/ss 9th grader Caelyn Harris has been turning heads in the sand pits. But she yanked that to another level last weekend after stretching to the #3 mark on the planet this year by a Youth athlete (age 18-and-under) with a wind-legal 20-05.25 performance in the long jump! Afterward, Harris even opined there's more in the tank if she can correct a newfound technique flaw – oh my! While Harris arrives as the favorite, Coronado/sd senior Alysah Hickey has been simply dazzling for a couple of years now and is the returning state champion in the event. Hickey (#5 U.S. at 20-02.00 wind legal) clearly relishes a challenge; it was last year that Hickey avoided a "foul out" disaster in the prelims with a clutch final-round effort that led to the eventual title a day later. Redondo Union/ss senior Mahkaia Lee (19-09.50, tied for ninth nationally) is mapping out her own plans to join the 20-foot club.

The triple jump showcases Silver Creek/cc senior Jazlynn Shearer as the top returnee after a fifth-place showing a year ago. Since then, she had bounded into new ground with a 41-03.75 midseason eyepop-

per that remains seventh in the land this spring; she also holds 3 of the top 4 marks in the state this season. Junior Simone Johnson of nearby Central/ce High is also in the title conversation while Great Oak/ss sophomore Summer Stevenson has gone at least 39-9 in legal pits in each of her last five meets!

The high jump features state leader Hickey of Coronado (5-10.50, tied for 9th nationally) and defending co-champ Rachel Glenn of Long Beach Wilson/ss (whose career best of 5-11 is from 2017) as the most seasoned combatants. Returning medalists Hannah Lybbert of Davis/sj and Katie Hurst of Fortuna/nc along with six more with bests of 5-08.00 also grace the entry lists.

GOLDEN STATE TALENTS GOING THE DISTANCE – The girls' multi-lap races here have typically delivered "instant classic" performances over the years. From the likes of national record holders Kim Mortensen, Christine Babcock and Polly Plummer to national cross-country and/or champions such as Jordan Hasay Sarah Baxter and Anita Siraki, the Golden State has never lacked for star power here. This year's cupboard is an attractive set as well, with three of America's fastest "milers" on tap! Audrey Suarez (4:45.04 state leader, also #4 U.S.), the sophomore sensation from Mayfield/ss, flashed impressive moxie to "re-rally" late in the game in against Great Oak's/ss Fatima Cortes at the Southern Section Masters, revealing a new weapon (poise) for the precocious 10th grader. Cortes (4:45.41, #8 U.S.), however, is a highly cerebral talent undoubtedly licking her chops at another chance, while lethal Chino Hills super sophomore Jacqueline Duarte courts perhaps the best sheer

leg speed of those in the field. That said, Buchanan senior leader Meagen Lowe (4:45.17, #5 U.S./10:12.78, #9 U.S.) has been downright awesome this spring and shoulders a big part of the load in her school's overall team-title chances with her ambitious 1600/3200 distance double. Village Christian's Mia Barnett, another highly talented 10th grader, has flashed nice range in her short career while Healdsburg's/nc Gabrielle Peterson has achieved new levels of excellence in recent weeks. Oak Park/ss senior Sarah Shulze has evolved into a national star as well, seeking to continue her progress against the biggest names this weekend. The two-lap war features returning medalists Charlotte Tomkinson of Menlo/cc and Rayna Stanziano of Concord/nc topping the entries, but with several in striking distance. J.W. North sophomore Makayla Browne arrives with perhaps the most momentum of late, including a powerful showing in her Southern Section Masters win as well as quality efforts in relay action! Oaks Christian's Hannah Wilson is perhaps the most experienced in the group; she'll be looking to draw on that racing knowledge to devise a winning bid here.

SPEED THRILLS – A few weeks ago, Calabasas/ss seemed destined for a blowout team victory come state meet time, with heralded senior De'Anna Nowling primed to emerge as the meet's sprint supernova. But the "Road To State" for the Coyotes turned more into a minefield once disqualifications were levied at their league finals meet for exceeding the maximum number of entries allowed. Overnight, more than 30 projected team points were essentially forfeited for state meet weekend. Amazingly, the crew remains in the

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2019 Meet Preview

title hunt, but recent ailments for Nowling (the state leader at both 100 and 200, with times of 11.43 and 23.64, respectively) have created clear vulnerability. Serra speedster Jazmyne Frost, who keyed the Cavaliers' state team title win last year, is rounding into top form and holds a career best of 11.57. From the north, Amador Valley dazzler Chinyere Okoro (11.60 & 23.94, #2 in the state in both events) is a quality threat. Also keep an eye on LB Poly's Saundria Martin, who we pegged as a darkhorse title threat early on and has made a notable rush recently, including a SS Masters Meet win at 200m last weekend. The one-lap dash lacks a clear favorite, although Long Beach Millikan super frosh Samarra Monroy sure made a statement in winning last week's SS Masters in state-leading time (54.16). In an event dominated by the south thus far – the top eight entrants all hail from that end of the state – keep an eye on a pair of Inland Empire standouts in frosh starlet Naomi Johnson of Roosevelt and Chioma Oknokwo of Murrieta Mesa.

TEAM-TITLE FORTUNES COULD BECOME A BEAR MARKET – A trio of teams project to vie for the title, but it's host Buchanan which has the clearest path to the crown. Unlike Calabasas and Long Beach Poly, the hometown Bears are primed to amass their points from a swath of event areas, including the sprints, distances, relays, jumps and throws! If all goes as projected, Buchanan is the only team we see capable of scoring in the upper 30's, which should put the outcome out of reach. But if difficulties arise – and having a key distance ace attempting the tough 1600/3200 double is among the tenuous scenarios – Nowling-led Cala-

basas and Martin-paced Poly can flirt with the 30-point range and be ready to seize opportunity.

While California has annually led the way in terms of true firepower across the events areas on a national scope, this year's set is not quite as loaded as usual. But look for the year-end magic to emerge as several leading talents set out for titles and records!

BOYS COMPETITION – With the Golden State courting the national leader of 5 of this weekend's 16 events here (200, 3200, 110H, 300H and shotput), all eyes will be on California in what could be among the most exciting boys meets in recent years. A blockbuster field is assembled in the 3200 meters, while all-time greats are also showcased in the shot put and the half-lapper.

SHOWDOWN FOR THE AGES – Not merely hyperbole, this should be the greatest distance showdown in state meet history. The national cross-country champion. The defending state champion. The prodigy. ... Redwood's/nc Liam Anderson. Jesuit's/sj Matt Strangio. Newbury Park's/ss Nico Young.

When the 3,200-meter run hits the track late Saturday night, the anticipation among true distance experts will be astronomical and even non-distance fans will be entertained. Strangio dropped the hammer with a 57-second closing lap last year to win the title in 8:56.18. Since then, he's improved further to drop an 8:47.97 shocker in race where he did most of the pace "work" and defeated Anderson in the process. Then it was Young's time, turning the prep distance world on its ear at last month's Arcadia Invitational with an

8:40.00 ultra-stunner (#3 state all-time) while defeating Strangio, Anderson and a host of other mega-names in the process. But Anderson has been biding his time, always pointing toward this weekend's grand finale. For the third consecutive year pursuing that elusive state title double (last year, he did win the four lapper), Anderson is wholly prepared – physically, mentally, and strategically – in his bid to slay the two big dragons; we've never seen a better "racer" in big races in Golden State lore, and he'll need it in order to topple the two greatest 11th-grade talents we've ever seen west of Illinois. Don't be surprised if... dare we say it... all three seriously threaten that sub-8:40 barrier! (Everyone else should have on for a wild and very fast ride!) Could German Fernandez's unfathomable state record 8:34.23 record fall? There's a small chance, but Fernandez did it on his own, stamping him as the greatest distance talent we've ever seen.

It seems almost anti-climactic, but Redwood's Anderson is favored to repeat as the 1600m champion, that despite being more than a full second behind the state leader (Arroyo's/ss Noah Hibbard, 4:07.25, and a lethal racing threat) on this year's seasonal list. The JSerra/ss duo of senior Peter Herold and junior Anthony Grover have been a special tandem to watch this spring, a modicum of respectful and supportive symbiosis fueling their success. North Coast Section star Christopher Middleton-Pearson of Dublin and red-hot Central Coast Section sophomore Colin Peattie of Bellarmine (4:11.52) could be title longshots to be wary of. The 800-meter challenge is chockful of drama, with state leader Kai Wingo of Valencia/ss (1:52.08) on a seemingly accelerated learning curve in racing

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2019 Meet Preview

tactics of late, while Loyola/ss senior Mason Ratkovich has impressed us most with his closing power in recent weeks. One of the intriguing entries is senior Grant Callen of Foothill/ss, who has improved his time by nearly four seconds across the last five weeks!

LORD OF THE RINGS –

When it comes to the boys' field events this weekend, there is no more dominant name in the program than Liberty's/ce Daniel Viveros. The shotput specialist has been spectacular of late, throwing no less than 66 feet in each of his last 11 meets, including a monstrous launch of 71 feet, 3 inches at the South Area Meet that catapulted him into the national lead and to third place on the state's all-time list. The state record 76-02 stunner by Fallbrook's Brent Noon back in 1990 might be far-fetched, but Viveros is definitely an entertaining talent you'll want to catch this weekend! Almost lost amid all the hype surrounding Viveros is another tremendous commodity in Esperanza/ss junior Jeff Duensing, who ranks third nationally this spring with a towering 66-08.00 best. San Juan Hills/ss senior Sean Rhyan, a UCLA football signee, has improved dramatically this season to check in at 63-03.50.

The discus throw is a separate ring treat that's a bit wider open. Newport Harbor junior Aidan Elbettar (6-8, 310 pounds) tossed the platter 197-04 in an early-season mark that still stands 10th nationally, with the massive talent looking to be the latest state meet star for legendary coach Tony Ciarelli. Viveros, however, will be seeing to sweep the titles from a Kern County region that has established quite an impressive ring tradition over the years. Should Viveros claim both wins,

he'd join Frontier thrower Matt Darr, Taft thrower Leon Patterson, Delano dasher Leamon King and Stockdale distance star Blake Haney as the only three-time male gold medalists in Central Section history. Ventura County talents Gino Cruz (Newbury Park) and Carlos Aviles (Ventura) each hold career bests in the 194-foot range while hometown star Christian Johnson of Buchanan has multiple 191-foot tosses this year as well.

CHRISTON VS. GRUBB SPEED GALORE! –

In their early- and mid-season encounters, Christian Grubb of Notre Dame/ss gained the upper hand on Kenan Christon of Madison/sd in a battle between gridiron stars. Of late, however, Christon has shifted into a jaw-dropping new gear. Destined for USC on a football scholarship, Christon motored to the #5 time in state history (20.95), only trailing two Olympians (Bryshon Nelum of Long Beach Poly and Quincy Watts of Taft), an indoor world recordholder (Michael Norman of Vista Murrieta), and a multi-time NCAA champion (Bryan Bridgewater of L.A. Washington). Yes indeed, Mr. Christon has been able to draw in to top gear earlier than ever and has fully arrived, further evidenced by his wing legal 10.33 clocking in the 100 last weekend. Did we mention the state meet record in 10.30? But Grubb has been magical in his own right, downing Christon in high-profile showdowns at Mt. Carmel and Arcadia while ranking amongst the top 10 nationally in both dashes (10.40/20.93) this spring! That said, Upland's Caleb Roberson is a monster talent still polishing his craft while Long Beach Poly's Kenyon Reed is seeking valuable team points here. West Valley/ss senior Ismail Turner has flashed

repeated doses of brilliance in recent weeks to loom as a dangerous dark horse, while Del Oro's/sk Ryan Mulholland has been the king of the short sprints up north. The quest for one-lap supremacy has Monterey Trail's Zachary Larrier as the leading talent thus far, his midseason 46.49 effort still the gold standard within state lines this spring. The aforementioned Turner of West Valley is ultra-dangerous, but it has been the last-race gear shifts of West Ranch junior Solomon Strader that has perhaps been most noteworthy. Dash fans will certainly be entertained along the home straightaway this weekend!

FOSTERING EXCITEMENT IN THE SAND PITS –

If asked to rate the most impressive progress we've seen from any one athlete during the course of this season, Clovis North's Caleb Foster certainly gets the nod. Speed. Explosiveness. Versatility. Durability. Charisma. Class. He has the "it" factor, as we like to say. A standout hurdler/sprinter/jumper, the 11th-grade phenom eclipsed the 25-foot barrier for the first time at Arcadia (25-1.50, #3 nationally) when deciding to ditch one of his sprint events that day. But Foster flashed even more of the wow factor with an all-conditions state leader 49-01.25 performance in the triple jump at the Central Section Masters! Upland junior Namir Hemphill arrives as the only jumper with a wind legal mark beyond 48 feet (48-08.50), with South Pasadena junior Tianhao Wei (47-11.75) leading four others within two inches of the 48-foot plateau. The Central Section boasts the top three wind-legal marks in the long jump, with Foster joined by Clovis West's Dante Chachere (23-06.50) and Selma's DeAndra

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McDaniel (23-06.00) atop the yearly list. River Valley/sj junior John Kroeger making is another making repeated sightings on our radar this season.

BARRIERS TO GREATNESS

– Amazingly, the two best high hurdling talents nationally this spring come from the very same league! St. Mary's of Stockton's Jamar Marshall and Merrill West's Warren Williams of the Tri-Cities Athletic League have already faced off an amazing 11 times this year, with Williams winning the first three and Marshall taking 7 of the last 8 – but with many close calls! In addition to Marshall (13.50, the Sac-Joaquin Section record) and Williams (13.55, #2 SJS all time) ranking 1-2 nationally, they also sit at #7 and #10, respectively, on the state's all-time list! But keep an eye on Clovis North junior Caleb Foster. He's a downright stud and we're anxious to see how much more short-term upside he has! Los Gatos/cc senior Masaki Wada-Law and tenth-grade stars Jadyn Marshall (Jamar's brother) and Anthony Taylor (Cathedral/ss) are rising talents as well.

While Reggie Wyatt's mind-boggling national record in the intermediate hurdles on this very track from 10 years ago is considered wholly safe this weekend, a couple of the nation's premier talents of 2019 are well capable of stamping themselves among the state's all-time greats. Upland's/ss Caleb Roberson and M.L. King's/ss Reyte Rash seek to replicate the 1-2 finish from last year, with Rash only wishing to change the pecking order. Roberson's 36.35 performance from two weekends ago tops the yearly national list, with Rash's 36.59 settling in at #5. In an event where big late-season time drops are common, Los Osos'/

ss Oluwatobi Adegoke, Long Beach Poly's/ss Liam Anderson and oncoming state finalist returnee Brandon Andrade of Redwood/ce are to be respected!

HEADED TOWARD SEVENTH HEAVEN?

– There's no harder event to handicap this weekend than the high jump, where state leader Beau Allen of San Marcos is the only entrant to have successfully negotiated seven feet this spring but has placed no better than third in each of his last two outings, including a pair losses to his own teammate (Jaydn Mata, with a best of 6-10). Perhaps the most improbable pick would be Huntington Beach's Jack Wiseman, who cleared 6-6 early in his sophomore campaign, but had been stuck on that mark for 25 ½ months. Wiseman finally breached the 6-7 mark four weekends ago, then stunned himself with an out-of-nowhere 6-10 performance in winning last weekend's Southern Section Masters Meet! Three others have cleared 6-10 this year as well.

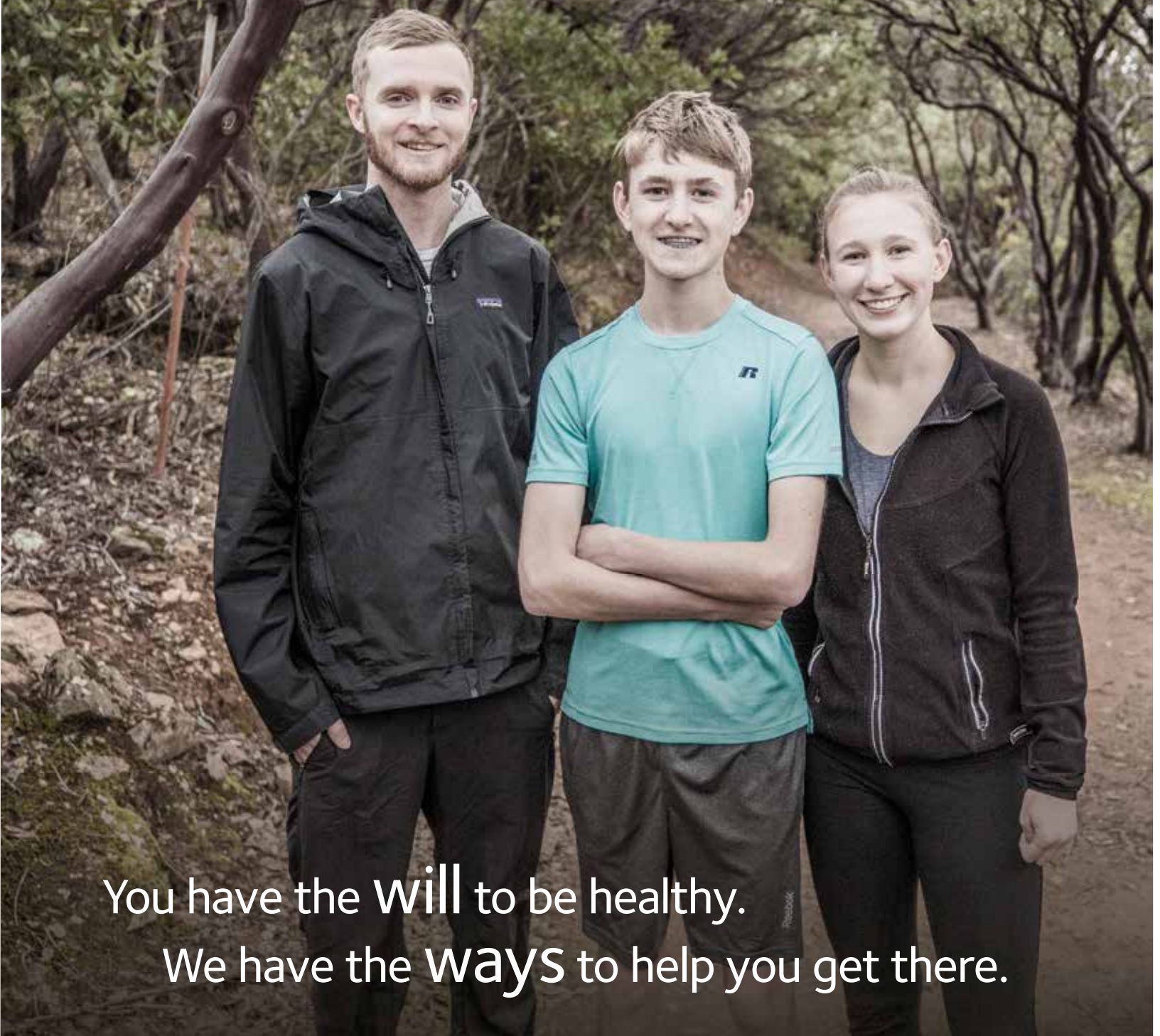
Lodi/sj senior Samuel Wright has been the state leader for more than two months after scaling 16-08.00 at the County Clash, also owning six more meet-winning performances at 16-0 or better. Senior Jacob Rice of vault factory Rancho Bernardo is Wright's leading threat, going unbeaten since losing to Wright at Arcadia by stringing together five 16-foot-plus efforts in his six finals-format meets since! Super sophomore Garrett Brown of La Costa Canyon has already negotiated 16 feet this spring (to rank third nationally among tenth graders), with Miramonte/nc senior Marcus Young also fresh off a 16-foot effort in his most recent outing.

100 REASONS WHY THE TEAM BATTLE WILL BE CRAZY!

– There are three schools we see with a good look at winning the team title: Clovis North, Upland, and Long Beach Poly. Or to put it another way, Caleb Foster vs. Caleb Roberson, vs. a swarm of Jackrabbits!

Poly, which has captured a state record 10 boys team titles (and a state record team titles between both genders), is seeking a return to glory by winning its first boys team crown since 2011. Dasher Kenyon Reed and hurdler Liam Anderson help key the Jackrabbits' relay fortunes as well, with valuable bonus team points possible in the one-lap dash and the 3200m as well. While Poly brandishes better team balance, the other two teams court some major artillery. Clovis North's scoring attack centers around super phenom Caleb Foster (high hurdles, both horizontal jumps and the short relay), with speedster Naythn Scruggs and distance ace Isaiah Galindo being key factors as well. Upland's title chances are largely dependent on the type of meet that top-shelf talent Caleb Roberson enjoys; he's the top entrant in the intermediate hurdles, and a projected high finisher in the 100 and the 4x400 as well. Jumper/hurdler Namir Hemphill could help push the team over the top. Look for a score of 38 points to grab the team title.





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CIF State Track & Field Championships

Heat 2 of 3 Prelims...(Event 2 Boys 4x100 Meter Relay Varsity)

1	McClymnds-ok	A
	1) Montrell Smith 11	2) Daniel Phoenix 11
	3) Elijah King-Turner 10	4) Edwards Woods 11
	5) Da Veonne Sanders	
2	Cath. Cath.-sd	A
	1) Bryce Brock 9	2) Mitchell Seipt 11
	3) Ethan Hughes 11	4) Ethan Simley 12
	5) Matt Bryant 11	6) Anthony Maisano 12
3	Clayton V-Nc	A
	1) Justin Lowe 12	2) Gabriel Merritt 9
	3) Christian Seeley 12	4) Cameron Reynolds 12
	5) Melvin Brown 11	6) Nicholas Muller 11
4	Monterey-cc	A
	1) William Caliz 11	2) Azjani McGill 11
	3) Eris Hutchins 12	4) Jaiden Russell 10
	5) Brennan Namocot 10	6) Marco Rovell 10
5	Rnch Cucm-ss	A
	1) Quentin Moten 11	2) Malachi Harrison 12
	3) Silas Bolden 11	4) Mark Perry 12
	5) Kael Jackson 12	6) Nathan Grant 10
6	HarvWest ss	A
	1) Jack Riley 12	2) Brayden Borquez 12
	3) Joshua Johnson 12	4) Chase Harleston 10
	5) James Chung 12	6) Will Liu 11
7	Clovis-ce	A
	1) Nathan Johnson 9	2) Julius Grant 11
	3) Sebastian Criego 12	4) Reef Dove 12
	5) Cody Gale 9	6) Jordan Viloría 12
8	San Lndro-nc	A
	1) Jayland Bailey 12	2) Obinna Elendu 12
	3) Dante Johnson 12	4) Jacari Ward 12
	5) Trevon Caldwell 11	6) Paul Randall 11
9	Pitman -sj	A
	1) Michael Moore 11	2) Quincey Williams 12
	3) Colby Vierra 12	4) Denzel Steckwren 12
	5) Edidguin Mendoza 11	6) Ty Thomson 12

Heat 3 of 3 Prelims

1	Lincoln-sf	A
	1) Joshua Lee	2) Bhonopha Mustapha 11
	3) Nathan Zhou 12	4) Seth Tom 11
	5) Wynton Gee 12	6) Lorenzo Oakley 9
2	Canyon Cr. Acad.	A
	1) Bradley Keel 12	2) Kamon Stewart 12
	3) Kyle Lu 11	4) Jiawei (Johnny) Ren 12
	5) Ethan Chan 11	6) Robert Moragrega 11
3	St Mary's-sj	A
	1) Charles Jones 10	2) Joseph Fontes 12
	3) Donovan Jordan 12	4) Jamar Marshall 11
	5) Amir Brooks 11	6) Jadyn Marshall 9
4	Central	A
	1) Jeremiah Walker 9	2) Akeli Conley 12
	3) Cameron Tarver 9	4) Xavier Worthy 10
	5) Milton Clements 12	6) Cyreese Riley 10
5	Clovis North	A
	1) Naythn Scruggs 12	2) Brandon Ralls 12
	3) Tyler Ximines 12	4) Caleb Foster 11
	5) Jake Parnagian 9	6) Towasin Akindele 12
6	Trabuco H-Ss	A
	1) Kiwon Lee 12	2) Jake Burns 12
	3) Anthony DeLuca 12	4) Jay Williams 12
	5) Chase Shiner 11	6) Isaac Korn 11
7	Mater Dei-ss	A
	1) Patrick Michinock 12	2) Quincy Craig 9
	3) Corbin Utley 12	4) Chad Lemmons 12
	5) David Nisson 10	6) Sam Neglia 11
8	Narbonne -la	A
	1) Marcee Yetts 10	2) Octavian Shepherd 11
	3) Macen Williams 11	4) Trevor True 12
	5) Steve Jenkins 12	
9	Mont. Trail	A
	1) Andre Crump 12	2) Prophet Brown 10
	3) Camden Wheeler 10	4) Zachary Larrier 12
	5) Mizay Davis 9	6) Chris Lands 10



Welcome to the

2019 CIF Track and Field Championships

Congratulations to CIF Track and Field on its 101st year. Thanks to the hundreds of Clovis Unified volunteers who make this event possible.

Enjoy your time in Clovis!

CIF State Track & Field Championships

Event 3 Girls 1600 Meter Run Varsity

Lane	Name	Yr	School	Seed Time
Heat 1 of 2 Prelims				
1	Audrey Suarez	10	Mayfield -ss	
2	Jaqueline Duarte	10	Chino Hll-ss	
3	Mia Barnett	10	Village Chr.	
4	Chloe Arriaga	12	Walnut-ss	
5	Dalia Frias	9	Mira Cst-ss	
6	Rachel Fitt	11	Bishop -ce	
7	Bella Longo	10	Mission Vista	
8	Sierra Atkins	12	Analy-nc	
9	Madison Kackley	10	Gregori -sj	
10	Claire Yerby	11	Half Moon-cc	
11	Eleanor Wikstrom	11	Skyline-ok	
12	Oriana Jalal	11	Cupertino-cc	
13	Sophia Karperos	11	Rio Amer- sj	
14	Elizabeth Holcombe	9	Lowell-sf	

Heat 2 of 2 Prelims

1	Fatima Cortes	12	Great Oak
2	Gabrielle Peterson	12	Healdsburg-hc
3	Meagen Lowe	12	Buchanan-co
4	Emma Hadley	9	Canyon-An-so
5	Miliana Perez	9	Clovis North
6	Jacey Farmer	9	Rancho Brn-sd
7	Luz Mercado	12	Eastlake-sd
8	Cassidy Haskell	12	Miramonte-hc
9	Jessica Kain	12	Scotts V-co
10	Sofia Abrego	9	Granada H-La
11	Gabriela Hernandez	12	Vacaville-sj
12	Norma Alvarez	10	Santee
13	Grace Gaddy	10	Uni. Prep
14	Sarah Bentley	11	Palisades-la

Event 4 Boys 1600 Meter Run Varsity

Lane	Name	Yr	School	Seed Time
Heat 1 of 2	Prelims			
1	Peter Herold	12	Junipero Serra	
2	Anthony Grover	11	Junipero Serra	
3	Dylan Wilbur	11	Cres. Vly-ss	
4	Jacob Stanford	12	La Costa-sd	
5	Sebastian Fisher	12	Laguna Beach -ss	
6	Anthony Stone	11	Loyola-ss	
7	Jake Parker	11	West Torranc	
8	Liam Anderson	12	Redwood-nc	
9	Jacob Yagers	10	Highland	
10	Isaiah Galindo	11	Clovis North	
11	Abel-Rudisha Teffra	11	Central	
12	Kellen Steplight	9	Vacaville-sj	
13	Sean Larbaoui	12	Granada H-La	
14	Nick Torres	11	Enterpris-no	
15	Parker Zachary	11	Lowell-sf	

Heat 2 of 2 Prelims

1	Colin Peattie	10	Bellarmino-cc
2	Noah Hibbard	12	Arroyo -ss
3	Garrett Stanford	12	La Costa-sd
4	Nader Ali	12	Crawford-sd
5	Carrick Denker	11	Dana Hills-ss
6	Juan Pablo Garcia	11	St. Francis (Mou
7	Eric Eng	12	St. Francis (Mou
8	Ethan Bersley	12	Thsnd Oak-ss
9	Christopher Middleton-Pearse	11	Dublin -nc
10	Matt Strangio	11	Jesuit-sj
11	Lucas Badcock	12	Dougherty Val.
12	Brayden McLaughlin	12	Del Oro-sj
13	Noah Contreras	12	Kennedy-la
14	David J Reyes	12	Garfield-la

Event 5 Girls 100 Meter Hurdles Varsity

Lane	Name	Yr	School	Seed	Time
------	------	----	--------	------	------

Heat 1 of 3 Prelims

1	Camrin Dolcini	12	Fortuna-nc
2	Monea Jennings	11	Central
3	Jessica Swalve	12	Westmont- cc
4	Jade McDonald	10	Calabasas-ss
5	Jazlynn Shearer	12	Silver Cr-cc
6	Rachel Glen	11	Whison-LB/ss
7	Jazmin Jackson	11	Chaminade-ss
8	Indiah Turner	12	Carson-la
9	Amelia Tremain	11	St Mary's-nc

Heat 2 of 3 Prelims

1	De'Saya Smith	10	Skyline-ok
2	Alessandra Quisado	12	Clovis East
3	Caitlin Worline	12	View Park
4	Cyvanna Bowen	12	Edison-sj
5	Asjah Atkinson	10	St Anthony
6	Reyna Johnson	10	St Frncs-sj
7	Tierra Davis	10	Stagg-sj
8	Alexandra Chan	12	Menlo-cc
9	Sofia Bailey	11	St Mary's-nc

Heat 3 of 3 Prelims

2	Hailey Fune	11	Chico-no
3	Citlalli Anguiano	12	La Mirada-ss
4	Reese Renz	10	Liberty -ce
5	Sonia Redon	12	San Diego-sd
6	Taylor Shorter	11	Norco -ss
7	Charlize James	9	San Diego-sd
8	Emelliah Vaught	11	Steele Canyon-sd
9	Justina Graham	11	Carson-la



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ClF State Track & Field Championships

Event 9 Girls 100 Meter Dash Varsity

Lane	Name	Yr	School	Seed Time
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Heat 1 of 3 Prelims

1	Alisha McFall	11	Yreka-no
2	Jailah Brice-Moore	12	Bear Crk- sj
3	Queen Okoh	12	Poly (Lb)-Ss
4	Columba Effiong	9	Ch Brthrs-sj
5	Aysha Shaheed	10	Madison -sd
6	Jazmyne Frost	12	Serra-ss
7	Tessa Green	12	S Margrta-ss
8	Lauren Fowler	10	Buchanan-ce
9	Skye Harris	10	Univrsty-la

Heat 2 of 3 Prelims

2	Sarah Canavan	10	Soquel-cc
3	Gabrielle Spencer	11	Franklin, Sto-sj
4	Saundria Martin	12	Poly (Lb)-Ss
5	Chinyere Okoro	12	Amador Va-nc
6	Jaymie Ruskovich	10	Scripps R-Sd
7	Sophia Alexander	12	St Mary's-nc
8	Trinity Bolden	11	Pittsburg-nc
9	Mia Bolton	9	Bakrsfld-cc

Heat 3 of 3 Prelims

2	Kaitlyn Williams	11	Carson-la
3	Renee Parker	10	Soquel-cc
4	Kalah Bateman	11	Eastlake-sd
5	De'anna Nowling	12	Calabasas-ss
6	Shelby Daniele	12	Buchanan-ce
7	Jessica Eagle	12	Mnlo Ath-cc
8	Arianna Alexander	12	Cent.-Cor-ss
9	Olivia Adams	11	Univrsty-la

Event 10 Boys 100 Meter Dash Varsity

Lane	Name	Yr	School	Seed Time
------	------	----	--------	-----------

Heat 1 of 3 Prelims

1	Dante Jackson	11	Pleasant V-No
2	Isaiah Marecheau	10	Oxnard -ss
3	Ameer Muhammad	12	Crenshaw-la
4	Naythn Scruggs	12	Clovis North
5	Kenan Christon	12	Madison -sd
6	Donovan Jordan	12	St Mary's-sj
7	Azjani McGill	11	Monterey-cc
8	Jalil Tucker	9	St Agstn-sd
9	James Jenkins	11	Crenshaw-la

Heat 2 of 3 Prelims

1	Edwards Woods	11	McClymnds-ok
2	Kenyon Reed	12	Poly (Lb)-Ss
3	David Phillips, Jr.	12	Dixon-sj
4	Moray Steward	12	Orng Gln-sd
5	Christian Grubb	12	N Dame(SO)ss
6	Xavier Worthly	10	Central
7	Caleb Lutalo Roberson	12	Upland -ss
8	Kurtis Lee	11	Evergreen V.
9	Naseem Woods	12	El Cerrto-nc

Heat 3 of 3 Prelims

1	Jelani Al-Malik	12	Mission- sf
2	Patrick Izeiamu	9	Chaminade-ss
3	Austin Kresley	11	Northgate-nc
4	Jalen McMillan	11	San Joaquin
5	Rayshon Luke	9	St. John Bos
6	Ryan Mulholland	11	Del Oro-sj
7	Alonzo Florioli	12	John F. Kenn
8	Macen Williams	11	Narbonne -la
9	Francisco Sanchez	11	Mnlo Ath-cc

Event 11 Girls 800 Meter Run Varsity

Lane	Name	Yr	School	Seed Time
------	------	----	--------	-----------

Heat 1 of 3 Prelims

1	Makayla Browne	10	North Jw-Ss
2	Hailey Golmon	11	Westlake -ss
3	Samantha Wallenstrom	10	Marin Cth-nc
4	Isabella Fauria	11	St Frncs-sj
5	Malia Gay	10	Ch Brthrs-sj
6	Rayna Stanziano	12	Condord-nc
7	Maya Lacamp	10	Lick-Wlmr-nc
8	Sydney Olofe	10	Granada H-La

Heat 2 of 3 Prelims

1	Fatima Cortes	12	Great Oak
2	Janiah Brown	12	Oaks Chr -ss
3	Charlotte Tomkinson	11	Menlo-cc
4	Kennedy Jennings	10	Edison-ce
5	Alaina Zamorano	10	Christian-sd
6	Briseida Garcia-Meza	12	Gregori -sj
7	Tatum Zinkin	9	Clovis North
8	Brittany Darrow	12	Palisades-la

Heat 3 of 3 Prelims

1	Hannah Wilson	11	Oaks Chr -ss
2	Daniela Quintero	9	HarvWest ss
3	Teresa Perez	12	Coronado-sd
4	Julia Morales	12	Scripps R-Sd
5	Kyra Pretre	11	Menlo-cc
6	Isabelle Cairns	10	St. Francis (Mou
7	Sophia Berry	9	Paso Robl-ces
8	Lauren Harper	12	Trinityv -no

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ClF State Track & Field Championships

Event 12 Boys 800 Meter Run Varsity

Lane	Name	Yr	School	Seed Time
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Heat 1 of 3 Prelims

1	Chase Gordon	11	Jesuit-sj
2	Garrett MacQuiddy	11	Westmont- cc
3	Kai Wingo	12	Valenc-V-ss
4	Armando Bryson	12	Wilson-LB/ss
5	Mason Ratkovich	12	Loyola-ss
6	Jesus Nichols	12	Wilson-LB/ss
7	Mason Elephant	12	St. Francis (Mou
8	Sean Larbaoui	12	Granada H-La
9	CJ Duncan	12	Wheatland-no

Heat 2 of 3 Prelims

1	Andrew Jackson	11	Pleasant Grove
2	Christian Rodriguez	11	Dorsey-la
3	Drake Prince	11	High Tech CV
4	Euan Cairns	11	St. Francis (Mou
5	William Sornberger	12	Northgate-nc
6	Willie Colman	12	Vis. Murrieta
7	Ryan Hemphill	11	Redwood-ce
8	Bryan Trujillo	11	Clovis-ce
9	James Coomber	11	Verdugo H-La

Heat 3 of 3 Prelims

1	Juan Zarate-Sanchez	12	Davis -sj
2	Quinton Alexander	12	Vanden- sj
3	John Lester	10	Amador Va-nc
4	Noah Tellez-Velazquez	12	San Psqul-sd
5	Grant Callen	12	Foothill-ss
6	Parker Wilkerson	12	Las Lomas-nc
7	Angel Palacio	12	Brawley -sd
8	Ronnje Barrett	11	Buchanan-ce

Event 13 Girls 300 Meter Hurdles Varsity

Lane	Name	Yr	School	Seed Time
------	------	----	--------	-----------

Heat 1 of 3 Prelims

1	Abegail Kpekpe	9	King Drew Me
2	Alexa Dandridge	10	Buchanan-ce
3	Madilyn Mayo	10	Grossmont-sd
4	Kathryn Bingham	12	Oak Ridge-sj
5	Rachel Glen	11	Wilson-LB/ss
6	Makell Edwards	12	San Psqul-sd
7	Taylor Shorter	11	Norco -ss
8	Aleeza Hassan	12	Buchanan-ce
9	Shaylynn Rodriguez-Rucker	10	Verdugo H-La

Heat 2 of 3 Prelims

2	Daylee Dunn	11	Salesian-nc
3	Maya Occiano	12	Mission Hills
4	Abby Monti	11	Los Gatos-cc
5	Amari Jenkins	11	North Jw-Ss
6	Jordyn Grady	10	Upland -ss
7	Shimona Draper	12	Oak Ridge-sj
8	Maxine Schultz	12	Cupertino-cc
9	Justina Graham	11	Carson-la

Heat 3 of 3 Prelims

2	Sofia Bailey	11	St Mary's-snc
3	Deja Hudson	12	Edison-sj
4	Taylor Weidinger	12	Las Lomas-nc
5	Hailey Ray	12	Dana Hills-ss
6	Reese Renz	10	Liberty -ce
7	Myah Hatcher	11	Roosevelt, E
8	Thea Mollerstedt	12	Los Altos-cc
9	Maddie Steele	11	West Vllv-no

Event 14 Boys 300 Meter Hurdles Varsity

Lane	Name	Yr	School	Seed Time
------	------	----	--------	-----------

Heat 1 of 3 Prelims

1	Kenny Davis	11	Palisades-la
2	Levi Knobloch	11	Granite H-Sd
3	Anthony Taylor	10	Cathedral-ss
4	Donald Davis	12	Dublin -nc
5	Reyte Rash	12	King, ML -ss
6	Oluwatobi Adegoke	12	Los Osos -ss
7	Kamon Stewart	12	Canyon Cr. Acad.
8	Brayden Glascock	12	Santa Rsa-nc
9	Alex Sweeney	12	Dorsey-la

Heat 2 of 3 Prelims

Rank	First Name	Age	Location
2	Leyikun Solomon	12	Grossmont-sd
3	Diego Rodriquez	12	Leigh-cc
4	Liam Anderson	12	Poly (Lb)-Ss
5	Namir Hemphill	11	Upland -ss
6	Masaki Wada-Law	12	Los Gatos-cc
7	Pita Vi	11	Kennedy-sj
8	Jadyn Marshall	9	St Mary's-sj
9	Nnamdi Onwaoze	11	Palisades-la

Heat 3 of 3 Prelims

2	Dylan Northrup	12	Foothill-no
3	Jacob Winch	12	Atasedro.-Ce
4	Caleb Lutalo Roberson	12	Upland -ss
5	Joey Monti	12	Los Gatos-cc
6	Jaelen Craft	12	Newark M-Nc
7	Brandon Andrade	11	Redwood-ce
8	Jamar Marshall	11	St Mary's-sj
9	Clark Donaghy	10	Buchanan-ce



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than your best
is to sacrifice
the gift."*

- Steve "Pre" Prefontaine



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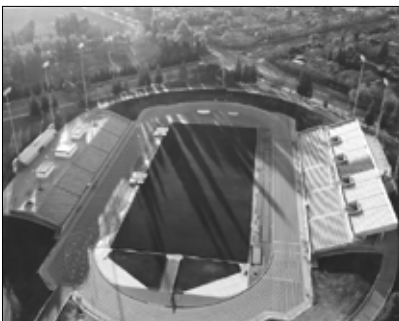
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CIF State Track & Field Championships

Event 19 Girls 4x400 Meter Relay Varsity

Lane	Team	Relay	Seed Time
Heat 1 of 3	Prelims		
1	Granada H-La	A	
	1) Justice Wilkins 12		2) Ouanessa Nana 11
	3) Jenna Rashkovsky 10		4) Sydney Olofe 10
	5) Sofia Abrego 9		6) Sonia Parikh 10
2	Lodi-sj	A	
	1) Paige Sefried 12		2) Amelia Ellison 11
	3) Jackie Westerterp 12		4) Brooke Aberle 12
3	St Mary's-nc	A	
	1) Maddie Dwyer 9		2) Jordan Cornet 10
	3) Sofia Bailey 11		4) Kaia Gant-Hatcher 10
	5) Sophia Alexander 12		6) Najah Williams 9
4	Scripps R-Sd	A	
	1) Julia Kiersnowski 11		2) Jaymie Ruskovich 10
	3) Brianna Sproles 12		4) Aaliyah McCormick 9
	5) Julia Morales 12		6) Cassie Ferguson 9
5	Roosevelt, E	A	
	1) Jordyn Crutchfield 10		2) Alexys Ford 12
	3) Amaia Johnson 10		4) Naomi Johnson 9
	5) Chaselyn Amos 12		6) Myah Hatcher 11
6	Dana Hills-ss	A	
	1) Camryn Toole 10		2) Hailey Ray 12
	3) Anisa Rind 11		4) Mia Lawrence 11
	5) Leah Boskovich 11		6) Tess Mathes 12
7	Los Altos-cc	A	
	1) Jessie Bourgan 12		2) Thea Mollerstedt 12
	3) Jessie Carlson 12		4) Anna Zaeske 11
	5) Francesca Stepanov 12		
8	Sheldon-sj	A	
	1) Michaela Andrews 12		2) Tatumn LaChapelle 11
	3) Jordin Abdur-Rahim 11		4) Thalia Reid 12
	5) Alina Higgins-Grier 10		6) Faith Jones 9
9	Foothill-no	A	
	1) Savana Dutton 9		2) Grace Dudley 11
	3) Melody Wu 11		4) Zoey Bishop 11
	5) Sophia Porzio 10		6) Teagan Richards 10

Heat 2 of 3 Prelims

1	Lowell-sf	A	
	1) Janelle Lo 11		2) Kathleen Mai 12
	3) Brianna Grissom 10		4) Emily Liu 10
	5) Christine Huang 12		6) Sophia Ladyzhensky 10
2	Oak Ridge-sj	A	
	1) Kathryn Bingham 12		2) Jessica Willis 11
	3) Chloe Taylor 12		4) Shimona Draper 12
	5) Alyssa Heinlein 9		6) Kastin Ostrode 9
3	Edison-ce	A	
	1) Zula Omawahleh 11		2) Kennedy Jennings 10
	3) Zakia Ashley 12		4) Kamari Wilson 10
	5) Jayda Wiley 12		6) Brooklyn Lee 10
4	Liberty -ce	A	
	1) Ellen Palmgren 11		2) Alexa Schacher 12
	3) Reese Renz 10		4) Rebecca Vanderpoel 10
	5) Amanda Amos 12		6) Simi Ayeni 12
5	Poly (Lb)-Ss	A	
	1) Qushayah Peters 12		2) Kenya Payne 12
	3) Saminah Haddad 11		4) Saundria Martin 12
	5) Queen Okoh 12		6) Kennedy Butler 9
6	Oaks Chr -ss	A	
	1) Hannah Wilson 11		2) Janiah Brown 12
	3) Jahzara Richardson 10		4) Brooklyn Courttnall 10
	5) Raeshell Austin 10		6) Tasha Biereing 12
7	Menlo-cc	A	
	1) Michelle Louie 11		2) Lauren Hamilton 12
	3) Charlotte Lee 11		4) Reena Kagan 09
	5) Alexandra Chan 12		6) Kyra Pretre 11
8	Foothill-nc	A	
	1) Belle Aduaka 12		2) Elyse Wohlenberg 10
	3) Sabrina Nelson 9		4) Samantha Lim 9
	5) Emma Monsen 12		6) Emma Lim 9
9	Carson-la	A	
	1) Ryan Lacefield 11		2) Jada Love 11
	3) Skye Barkeley 10		4) Alaysia Halley 10
	5) Justina Graham 11		6) Kyla Blockett 10

The good thing about Clovis is that there are so many good things.



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CIF State Track & Field Championships

Event 21 Girls High Jump Varsity

Pos	Name	Yr	School	Seed	Mark
Flight 1 of 1 Prelims					
1	Samantha Hernandez	11	CanogaPrk-la		
2	Gianna Troppy	12	Siena J-Nc		
3	Amina Middleton-Pearson	11	Dublin -nc		
4	Jessica Swalve	12	Westmont- cc		
5	Mallory Elick	12	Tulare Un-cc		
6	Lauren Pritchard	10	Carmel- cc		
7	Cailey Beaudoin	11	Westview-sd		
8	Kira Porzio	12	Foothill-no		
9	Tiyanane Kamba-Griffin	12	Davis -sj		
10	Lilly Vaal	11	Imperial -sd		
11	Hannah Butler	9	Buchanan-cc		
12	Shay Hawkes	10	Davis -sj		
13	Emma Hirsch	10	Oakmont-sj		
14	Hanna Bevan	12	Trabuco H-Ss		
15	Katie Hurst	12	Fortuna-nc		
16	Paige Sommers	10	Westlake -ss		
17	Hannah Lybbert	12	Davis -sj		
18	Tierni Kaufman	12	HarvWest ss		
19	Gedney Quynh	10	Moorpark-ss		
20	Teagan Ford	12	Etna -no		
21	Ry'ann O'Bannon	11	St. JsphLW-s		
22	Aylana Crosby	12	Lincoln, Stoc-sj		
23	Emily Dubois	12	Lodi-sj		
24	Victoria Plummer	11	Moorpark-ss		
25	Jocelyn Hipwell	12	Bonita-ss		
26	Amethyst Harper	12	Central		
27	Maia Garcia	10	Snt Clara-cc		
28	Isabella Chilcutt	9	Bella Vst-sj		
29	Alysah Hickey	12	Coronado-sd		
30	Rachel Glen	11	Wilson-LB/ss		

Event 22 Girls Pole Vault Varsity

Pos	Name	Yr	School	Seed	Mark
Flight 1 of 1 Prelims					
1	Addie Galantine	11	Corning-no		
2	Elen Zhu	11	Lincoln-sf		
3	Taylor Hohenbrink	12	Buchanan-cc		
4	Haley Barham	12	Buchanan-cc		
5	Elena Siemens	11	Davis -sj		
6	Sky Kezmoh	11	Vista d. Lago		
7	Miranda Miller	12	Sierra-sj		
8	Erica Bagby	11	Palisades-la		
9	Tamara Bader	12	Vis. Murrieta		
10	Layne Hayward	12	S Torrance		
11	Seanne Chan	12	Thsnd Oak-ss		
12	Lauren Ross	12	Tamalpais-nc		
13	Laurel Wong	12	Snta Catalin		
14	Elizabeth Funk	12	Clovis West		
15	Mikayla Ray	12	Rncho Brn-sd		
16	Maya Grudman	10	Sage Creek		
17	Brooke Simon	12	Drake -nc		
18	Lindsay Gigliello	11	Branham -cc		
19	Isabella Grant	12	Presnttn- cc		
20	Kaitlyn Swenson	11	Great Oak		
21	Katerina Adamiec	11	Poway-sd		
22	Morgan Flynn	11	Aliso Ngl-ss		
23	Paige Sommers	10	Westlake -ss		
24	Camryn Thomson	12	Poway-sd		
25	Mia Cervantes	12	Poway-sd		
26	Ashley Callahan	10	Rncho Brn-sd		
27	Kelly Kern	11	Carondelt-nc		

**Wishing you a successful
Track Meet Clovis USD!**



ClF State Track & Field Championships

Event 23 Girls Long Jump Varsity

Pos	Name	Yr	School	Seed	Mark
Flight 1 of 1 Prelims					
1	Alanna Lee	12	Galileo-sf		
2	Sheelah Carey	12	Skyline-ok		
3	Jourdan Murphy	11	Carson-la		
4	Jada Harper	11	Granite B-Sj		
5	Isabella Farrell	10	Berkeley-nc		
6	Lexi Jones	12	Uni. Prep		
7	Sydney Johnson	10	Whitney		
8	Aryel Coats	11	Carondelt-nc		
9	Airiana Dargan	11	Condord-nc		
10	Sarah Aanenson	11	Bear Rvr-sj		
11	Indiah Turner	12	Carson-la		
12	Anneke Moersdorf	12	S.L. Obsp-ce		
13	Angel Nwuso	10	Narbonne -la		
14	Elise Miller	10	San Psqul-sd		
15	Lauren Fowler	10	Buchanan-ce		
16	Sophia Hartwell	11	Luth. (Or.) -ss		
17	Megan Ronan	10	St Ignts-ce		
18	Helen Chu	10	Buchanan-ce		
19	A'Lena Chaney	12	Serra-ss		
20	Meagan Kiefer	12	Branham -cc		
21	Jazlynn Shearer	12	Silver Cr-cc		
22	Asha Fletcher	12	Wildwood		
23	Mahkaia Lee	12	Redondo -ss		
24	Jazmine Scott	12	Gompers -sd		
25	Asjah Atkinson	10	St Anthony		
26	Jade McDonald	10	Calabasas-ss		
27	Alysah Hickey	12	Coronado-sd		
28	Caelyn Harris	9	Upland -ss		

Event 24 Girls Triple Jump Varsity

Pos	Name	Yr	School	Seed Mark
Flight 1 of 1 Prelims				
1	Hailey Fune	11	Chico-no	
2	Mattie Cecilio	12	S Teresa -cc	
3	Emma Scarra	11	N Dame(SJ)cc	
4	Tirah Timms	11	Carson-la	
5	Simone Johnson	11	Central	
6	Jayne Blackard	11	Carondelt-nc	
7	Anneke Moersdorf	12	S.L. Obsp-cc	
8	Julia Alexander	9	St Mary's-nc	
9	Ar'Ricya Harper	11	Carson-la	
10	Tiyanane Kamba-Griffin	12	Davis -sj	
11	Miranda Miller	12	Sierra-sj	
12	Indiah Turner	12	Carson-la	
13	Airiana Dargan	11	Condord-nc	
14	Haley Abirached	12	Buchanan-cc	
15	Mariana Lanz	12	Los Osos -ss	
16	Jazlynn Shearer	12	Silver Cr-cc	
17	Sameerah Evans	11	Vanden- sj	
18	Jazmine Scott	12	Gompers -sd	
19	Kerrington Smith	11	Upland -ss	
20	Jayla Flowers	10	Burbank -ss	
21	Kalani Hardyway	11	Oceanside-sd	
22	Jade McDonald	10	Calabasas-ss	
23	Madison Lyon	11	Woodbridg-ss	
24	Summer Stevenson	10	Great Oak	
25	Elise Miller	10	San Psqul-sd	



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ClF State Track & Field Championships

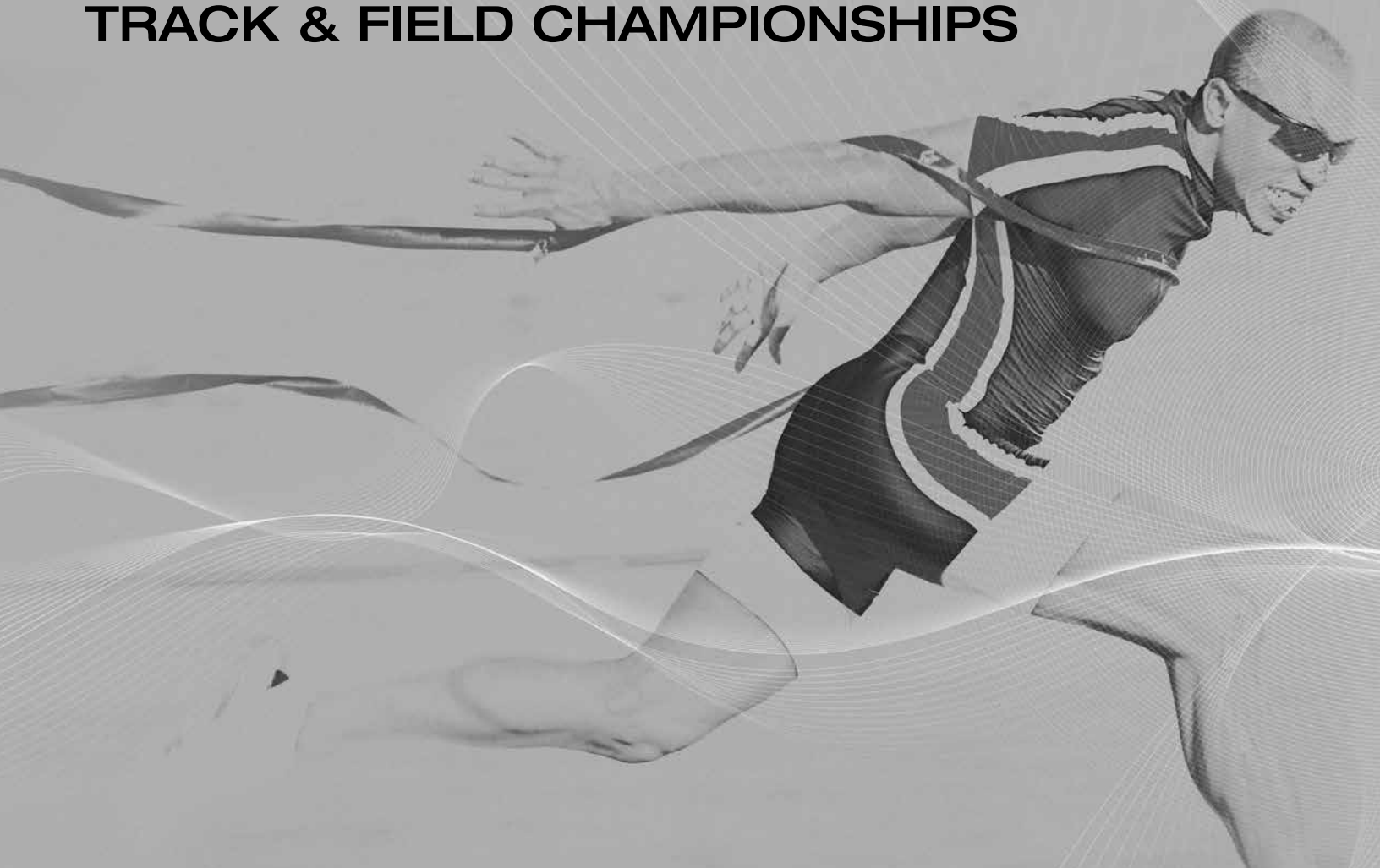
Event 25 Girls Shot Put Varsity

Pos	Name	Yr	School	Seed	Mark
Flight 1 of 1 Prelims					
1	Ogechi Nekes	10	King Drew Me		
2	Mary Agnes Reed	12	Hamilton-la		
3	Mia White	11	Taft-la		
4	Joanna Togiai	10	Hayward-nc		
5	Angelica Lowry	11	Oakdale-sj		
6	Deanna Gaines	11	San Lndro-nc		
7	Lillian McCoy	11	Casa Grnd-nc		
8	Natalie Rogers	12	West Villy-no		
9	Danielle Lister	12	M Viejo-ss		
10	Tierra Crockrell	12	Calabasas-ss		
11	Faauiiga Toeie	12	Cordova-sj		
12	Moorea Mitchell	11	Castillej-cc		
13	Kimberly Buchanan	12	Paso Robl-ces		
14	Kaylah McNairy	10	San Diego-sd		
15	Lily Lagoy	12	Rncho Brn-sd		
16	Lydia Liu	12	Roosevelt, E		
17	Ava Butterbaugh	12	M Viejo-ss		
18	Maren Butler	12	Buchanan-ce		
19	Brandy Atuatasi	10	West Hlls-sd		
20	Melisa Toilolo	11	M West-sj		
21	Shyann Franklin	12	Golden Valley-ss		
22	Natalie Ramirez	12	West Ranch -ss		
23	Krissy Smoot	12	NotreDm(B)cc		
24	Carly Watts	12	Terra Nov-cc		
25	Jocelynn Budwig	12	Fowler -ce		
26	Faith Bender	10	Liberty -ce		

Event 26 Girls Discus Throw Varsity

Pos	Name	Yr	School	Seed	Mark
Flight 1 of 1 Prelims					
1	Markayla Billings	11	Cosumnes Oaks		
2	Natalia Hiatt	11	Rnch Buna-sd		
3	Joanna Togiai	10	Hayward-nc		
4	Melisa Toilolo	11	M West-sj		
5	Kassidy Sani	11	El Molino-nc		
6	Miranda Nichols	10	Christian-sd		
7	Kiera Cruz	12	Mission Hills		
8	Emma Harper	10	Oakdale-sj		
9	Saloni Khandhadia	11	Beckman		
10	Cherish Washington	10	Lakewood-ss		
11	Claire March	11	Granada-nc		
12	Amaya Fuller	12	Snt Clara-cc		
13	Carly Watts	12	Terra Nov-cc		
14	Krissy Smoot	12	NotreDm(B)cc		
15	Kyliegh Wilkerson	12	Trabuco H-Ss		
16	Jade Whitfield	11	Mt Whtny-ce		
17	Bella Rigby	10	Liberty -ce		
18	Natalie Rogers	12	West Vlly-no		
19	Amanda Spear	12	Thsnd Oak-ss		
20	Lydia Liu	12	Roosevelt, E		
21	Natalie Ramirez	12	West Ranch -ss		
22	Faith Bender	10	Liberty -ce		
23	Jocelynn Budwig	12	Fowler -ce		

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CIF State Track & Field Championships

Event 27 Boys High Jump Varsity

Pos	Name	Yr	School	Seed	Mark
Flight 1 of 1 Prelims					
1	Ulises Flores	11	Legacy		
2	Devin Fry	12	Palisades-la		
3	Paul Randall	11	San Lndro-nc		
4	Desai Lopez	12	St. Francis (Mou		
5	Kyler Lunde	12	Lib Ranch		
6	Benjamin Hagan	12	S Bnto-cc		
7	Eduardo Hurtado	12	Atwater-sj		
8	Kailen Smith	10	Diamnd Br-ss		
9	Austin Muirbrook	12	Aliso Ngl-ss		
10	Marshall Lott	12	Calfrnia-nc		
11	Dayten Zepeda	12	Rancho Al-ss		
12	Caveli Hensley	11	Whitney		
13	Zavier Rodrigues	11	Mra Crlo-nc		
14	Tyler Cash	11	Canyon-CC-ss		
15	Rae'Kwon Alvez	11	Mojave -ss		
16	Steven Marquez	12	El Centro-sd		
17	Andrew Lugo	12	Canyon Cr. Acad.		
18	Miles Bennett	10	Castro Vy-nc		
19	Zach Deering-Haddix	11	St Mary's-nc		
20	Kevin Tyson	12	Poly (Pas.)		
21	Jacob Furbee	12	Morro Bay-ce		
22	Alan Tabales	12	Millikan-ss		
23	Alex Lee	11	Vista d. Lago		
24	Lawrence Harris	11	Downey-sj		
25	Dominic Johnson	12	Buchingham Ch.		
26	Kelton Chenworth	11	Boron -ss		
27	Enrique Quinonez	12	Clovis East		
28	Altan Mitchell	12	Pnt Loma-sd		
29	Jack Honeyman	12	Serd Hrt-nc		
30	Lucas Wright	12	Enterpris-no		
31	Aiden Garnett	12	Edison(HB)ss		
32	Joseph Ruddell	11	Morro Bay-ce		
33	Marcus Gelpi	11	Dixon-sj		
34	Oliver Aristil	12	Los Gatos-cc		
35	Donovan Jones	12	Roseville-sj		
36	Johnny Choi	12	Acalanes-nc		
37	Daylon Hicks	12	Clayton V-Nc		
38	Sidarth Raman	12	Msn Sn Js-nc		
39	Kyle Jankans	11	Vll Prk-ss		
40	Beau Allen	12	San Marcos-ss		
41	Kyle Brownell	12	San Diego-sd		
42	Jaydn Mata	12	San Marcos-ss		
43	Jack Wiseman	12	Hntng Bch-ss		

Event 28 Boys Pole Vault Varsity

Pos	Name	Yr	School	Seed Mark
Flight 1 of 1 Prelims				
1	Ryan White	11	Lemoore-ce	
2	Vicentejordan Vanderlipe	11	Alvarez- cc	
3	Clay Wilshusen	11	Paso Robl-ces	
4	Nathan Wright	12	San Ramon-nc	
5	Nick Gammal	12	James Logan	
6	Brett Craft	12	Leland-cc	
7	Nicholas Small	12	L Plumas -no	
8	Caleb Pouliot	10	Buchanan-ce	
9	Derek Pekar	12	Ventura-ss	
10	Kyten Arthur	12	West Torranc	
11	Kyle Yonker	11	Great Oak	
12	Aaron Rodriguez	11	Covina-ss	
13	Jacob Camarena	12	Roosevelt, E	
14	Caiden Macktinger	11	Del Oro-sj	
15	Preston Sladek	11	Colfax-sj	
16	Jachin Clarke	12	El Camino-sd	
17	Lucas Tailin	11	S Pasadena	
18	Tyler Burns	11	Oak Ridge-sj	
19	Jake Chaney	12	Ponderosa-sj	
20	Garrett Brown	10	La Costa-sd	
21	Vince Elamparo	12	Rncho Brn-sd	
22	Ethan Amata	12	Roosevelt, E	
23	Kendal Gibbs	11	Vis. Murrieta	
24	Will O'Brien	12	Loyola-ss	
25	Skyler Magula	12	Marina-ss	
26	Silas Fredeen	12	Turlock-sj	
27	Samuel Wright	12	Lodi-sj	
28	Zachary Volpe	11	San Marc-sd	
29	Scott Toney	11	St. Francis (Mou	
30	Marcus Young	12	Miramonte-nc	
31	Jacob Rice	12	Rncho Brn-sd	



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ClF State Track & Field Championships

Event 29 Boys Long Jump Varsity

Pos	Name	Yr	School	Seed	Mark
Flight 1 of 1 Prelims					
1	Benny Wu	11	Galileo-sf		
2	Anthony Coleman	11	Madison Park		
3	Justin Pulsifer	11	Core Butte		
4	Deangelo Johnson	12	Monroe-la		
5	Kenny Davis	11	Palisades-la		
6	Deandre Smith	11	El Centro-sd		
7	DeAndra McDaniel	12	Selma-ce		
8	James Burbank	12	View Park		
9	Drake Nguyen	12	Woodbridg-ss		
10	Derek Pekar	12	Ventura-ss		
11	Mason Mitchell	10	Pioneer		
12	Antoine Morales	12	St Mary's-nc		
13	Altan Mitchell	12	Pnt Loma-sd		
14	Jonathan Atkins	12	Westmont- cc		
15	Oluwatobi Adegoke	12	Los Osos -ss		
16	Jordan Aubert	12	California M		
17	Sean Ayale	12	Los Alamitos-ss		
18	Allan Hunter	11	Kimball		
19	Ramahn Yokley	11	El Capitn-sd		
20	Marion Allen	12	Encinal-nc		
21	Hunter Matys	12	Aptos-cc		
22	Dante Chachere	12	Clovis West		
23	John Kroeger	11	River Valley		
24	Bralyn Lux	12	The Kings Ac		
25	Kamari Maddox	12	Elsinore -ss		
26	Caleb Foster	11	Clovis North		
27	Malcolm Clemons	11	St Mary's-nc		

Event 30 Boys Triple Jump Varsity

Pos	Name	Yr	School	Seed Mark
Flight 1 of 1 Prelims				
1	Martin Koulikov	11	Lincoln-sf	
2	Cody Howser	10	Verdugo H-La	
3	Arlis Boardingham	9	Birmghm-la	
4	Nathan Anderson	12	Dorsey-la	
5	Jeramiah Havens	12	L Plumas -no	
6	Marshall Lott	12	Calfrnia-nc	
7	Avery Townsel	11	Gldn Vlly-sj	
8	Brandon Lindner	11	M West-sj	
9	Seth Hoque	11	Valley Christian	
10	Kijana Hilton	12	Bellarmine-cc	
11	Jonathan DA Silva	12	Crespi-ss	
12	Allan Hunter	11	Kimball	
13	Jared Vazquez	11	S Teresa -cc	
14	Kosi Agina	11	Sanger-ce	
15	Malcolm Clemons	11	St Mary's-nc	
16	Sidarth Raman	12	Msn Sn Js-nc	
17	Richard Harris Williams	11	Granite H-Sd	
18	Tianhao (Th) Wei	11	S Pasadena	
19	Anthony Victa	12	Laguna Hl-ss	
20	DeAndra McDaniel	12	Selma-ce	
21	Deondre Ruth	12	Heritage	
22	Namir Hemphill	11	Upland -ss	
23	John Gibbs	11	Oceanside-ss	
24	Trevor Harris	12	Etiwanda-ss	
25	Altan Mitchell	12	Pnt Loma-sd	
26	Caleb Foster	11	Clovis North	

If an individual student athlete or team wins, it's an amazing thing.
It's also just the icing on the cake.

Young people who participate in education-based athletics are already winners. Studies show that, win or lose, participation helps to impart skills they can use to enjoy greater success in other areas of their lives. That's what makes school sports a winning part of a complete education.



This message presented by the California Interscholastic Federation
and the California State Athletic Directors Association.



ClF State Track & Field Championships

Event 31 Boys Shot Put Varsity

Pos	Name	Yr	School	Seed	Mark
Flight 1 of 1 Prelims					
1	Jimme Mince		Trinity -no		
2	Jaivontrel Turner	12	S.Fern.-La		
3	Fidelis Okereke	11	King Drew Me		
4	Leo Gallegos		Lincoln-sf		
5	Shawn Wade	12	Hamilton-la		
6	Michael Sappa	12	Wheatland-no		
7	Holden Fishburn	11	Sierra-sj		
8	Jason Reyes	11	Tracy-sj		
9	Tamir Rokach	12	Mt Carmel-sd		
10	Gabe West	12	Torrey Pn-sd		
11	Taniela Fisilau	12	L Burbank-sj		
12	Kalathan Laiwa-McKay	11	Ukiah-nc		
13	Jared Freeman	12	Gunn-cc		
14	Max Gurevitz	12	Los Gatos-cc		
15	Matt Monti	12	Los Gatos-cc		
16	Matthew Amankonah	12	Canyon Cr. Acad.		
17	Chance Hefter	12	Newark M-Nc		
18	Corban Payne	12	Paso Robl-ces		
19	Kienan Donovan	10	Golden Valley-ss		
20	Cole White	12	Cr dl Mar-ss		
21	Dirk Nelson	11	CentralVC-cc		
22	Thomas Richardson	12	Shafter-cc		
23	Kyler Van Grouw	11	Buchanan-cc		
24	Sawyer Howard	11	Los Alamitos-ss		
25	Bryson Trask	12	Middletwn-nc		
26	Christian Johnson	12	Buchanan-cc		
27	Jacob Lopez	12	Canyon-CC-ss		
28	Carlos Aviles	12	Ventura-ss		
29	Quinten Lyons	11	N Dame(SO)ss		
30	Aidan Elbettar	11	Nwpt Hrbt-ss		
31	Sean Rhyan	12	San Juan Hills		
32	Jeff Duensing	11	Esperanza-ss		
33	Daniel Viveros	12	Libertv -cc		

Event 47 Boys Shot Put Ambulatory Para

Pos	Name	Yr	School	Seed	Mark
Flight 1 of 1 Finals					
1	Ethan Fung	11	Lowell-sf		
2	Saqueo Hernandez	11	SF International		

Event 49 Girls Shot Put Wheelchair Para

Pos	Name	Yr	School	Seed	Mark
Flight 1 of 1 Finals					
1	Vaiva Puodziunas	09	N Dame(SO)ss		
2	Ruby Melchior		Scripps R-Sd		
3	Divine Atuhwere	09	Reseda-la		

Event 50 Boys Shot Put Wheelchair Para

Pos	Name	Yr	School	Seed	Mark
Flight 1 of 1 Finals					
1	Juan Rodriquez		Brawley -sd		
2	Gylberto Eusebio	11	Lakeside-ss		

Event 32 Boys Discus Throw Varsity

Pos	Name	Yr	School	Seed	Mark
Flight 1 of 1 Prelims					
1	Eugene Larios-Felton	12	Lincoln-sf		
2	Jason Reyes	11	Tracy-sj		
3	Holden Fishburn	11	Sierra-sj		
4	Payton Fuller	12	West Villy-no		
5	Ben Chappell	11	Oakdale-sj		
6	Shane Aberg	11	Archbishop Mitty		
7	Cesar Salazar	11	Sweetwtr-sd		
8	Austin Peterson	12	Rncho Brn-sd		
9	Joshua Boamah	11	Scripps R-Sd		
10	Jared Freeman	12	Gunn-cc		
11	Jailen Weaver	10	Antioch-nc		
12	Charlie Dang	10	Silver Cr-cc		
13	Kienan Donovan	10	Golden Valley-ss		
14	Jeff Duensing	11	Esperanza-ss		
15	Bryson Trask	12	Middletwn-nc		
16	Jacob Lopez	12	Canyon-CC-ss		
17	Carlos Aviles	12	Ventura-ss		
18	John Maka	12	Pittsburg-nc		
19	Daniel Viveros	12	Liberty -ce		
20	Kyler Van Grouw	11	Buchanan-ce		
21	Gino Cruz	12	Newbury Park		
22	Aidan Elbettar	11	Nwpt Hrbt-ss		
23	Christian Johnson	12	Buchanan-ce		

Event 42 Boys 400 Meter Dash Ambulatory Para

Lane	Name	Yr	School	Seed	Time
Section 1 of 1 Finals					
4	Saqueo Hernandez	11	SF International		
5	Joel Gomez	10	Canyon Cr. Acad.		
6	Ethan Fung	11	Lowell-sf		
7	Joseph Lehmenkuler	11	M Viejo-ss		

Event 45 Girls 400 Meter Dash Ambulatory Para

Lane	Name	Yr	School	Seed	Time
Section 1 of 1 Finals					
4	Esteli Macario Ramirez		SF International		
5	Ella Rodriguez	9	Christopher		

Event 46 Girls Shot Put Ambulatory Para

Pos	Name	Yr	School	Seed	Mark
Flight 1 of 1 Finals					
1	Esteli Macario Ramirez		SF International		
2	Gisselle Hernandez	12	M Viejo-ss		
3	Allison Montes	11	Montebell-ss		
4	Miracle Traylor		Pleasant V-No		
5	Ella Rodriguez	9	Christopher		

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CIF State Track & Field Championships

Event 17 Girls 3200 Meter Run Varsity

Lane	Name	Yr	School	Seed Time
Section 1 of 1 Finals				
1	Sarah Shulze	12	Oak Park-ss	
2	Hana Catsimanes	11	San Clmnt-ss	
3	Kristin Fahy	12	La Costa-sd	
4	Carly Corsinita	11	Capo Val-ss	
5	Meagen Lowe	12	Buchanan-ce	
6	Corie Smith	11	Buchanan-ce	
7	Madeleine Locher	11	Ventura-ss	
8	Kelli Wilson	11	Monte Vst-nc	
9	Gabrielle Peterson	12	Healdsburg-nc	
10	Harper McClain	10	St Helena-nc	
11	Carlie Dorostkar	11	Canyon Cr. Acad.	
12	Isabella Frisone	9	Canyon-An-ss	
13	Mia Barnett	10	Village Chr.	
14	Riley Chamberlain	9	Del Oro-sj	
15	Kaimei Gescuk	11	Carlmont-cc	
16	Gianna Mendoza	11	Presnttn-cc	
17	Sofia Abrego	9	Granada H-La	
18	Caroline Garrett	12	Oakld Tch-ok	
19	Lila Roake	12	Santa Crz-cc	
20	Skyler Wallace	11	Sage Creek	
21	Miranda Schriver	10	Palisades-la	
22	Destiny Everett	12	Linc, Lin -sj	
23	McKaylie Caesar	12	Lindsay -ce	
24	Madison Kackley	10	Gregori -sj	
25	Shana Mendelsohn	10	El Camino Re	
26	Jenna Satovsky	9	Lowell-sf	
27	Alicia Murillo	12	Hamilton NO	

Event 41 Boys 200 Meter Dash Ambulatory Para

Lane	Name	Yr	School	Seed Time
Section 1 of 1 Finals				
4	Ethan Fung	11	Lowell-sf	
5	Henry Waterman	11	Mater Dei-ss	
6	Saqueo Hernandez	11	SF International	
7	Joseph Lehmenkuler	11	M Viejo-ss	

Event 43 Girls 100 Meter Dash Ambulatory Para

Lane	Name	Yr	School	Seed Time
Section 1 of 1 Finals				
2	Gisselle Hernandez	12	M Viejo-ss	
3	Miracle Traylor		Pleasant V-No	
4	Ella Rodriguez	9	Christopher	
5	Emma Limor	10	HarvWest ss	
6	Esteli Macario Ramirez		SF International	
7	Daniella Medina	10	Reseda-la	

Event 44 Girls 200 Meter Dash Ambulatory Para

Lane	Name	Yr	School	Seed Time
Section 1 of 1 Finals				
3	Ella Rodriguez	9	Christopher	
4	Esteli Macario Ramirez		SF International	
5	Emma Limor	10	HarvWest ss	

Event 18 Boys 3200 Meter Run Varsity

Lane	Name	Yr	School	Seed Time
Section 1 of 1 Finals				
1	Nico Young	11	Newbury Park	
2	Liam Anderson	12	Redwood-nc	
3	Ethan Danforth	12	Canyon-CC-ss	
4	Peter Herold	12	Junipero Serra	
5	Evan Bates	12	West Ranch -ss	
6	William Frankenfeld	12	Poly (Lb)-Ss	
7	Connor Livingston	12	DeLaSalle-nc	
8	Alexis Garcia	12	Nwpt Hrbt-ss	
9	Jace Aschbrenner	11	Newbury Park	
10	Edward Buckley	12	Campolndo-nc	
11	Matt Strangio	11	Jesuit-sj	
12	Jonathan Velasco	12	Mission Hills	
13	Garrett Gough	12	Nevada Union	
14	Austin Vasquez	11	Whitney	
15	Caleb Niednagel	11	La Costa-sd	
16	Ryan Connors	12	Scripps R-Sd	
17	Isaiah Galindo	11	Clovis North	
18	Ivan Mendez	12	Monache-ce	
19	Ethan Jones	11	Liberty -ce	
20	Colin Peattie	10	Bellarmine-cc	
21	Chris Anderson	12	S Lrnz V-Cc	
22	Nolan Topper	10	Bellarmine-cc	
23	James Corrigan	11	Eagle Rck-la	
24	Charlie Giannini	12	Chico-no	
25	Marvin Guardado	12	Birmghm-la	
26	Quinn Garity	11	Granada H-La	
27	Noah Battaglia	12	Lowell-sf	

Event 35 Mixed 100 Meter Dash Wheelchair Para

Lane	Name	Yr	School	Seed Time
Section 1 of 1 Finals				
4	Gylberto Eusebio	M11	Lakeside-ss	
5	Jimme Mince	M	Trinity -no	
6	Juan Rodriguez	M	Brawley -sd	
7	Kyle Wyborney	M	St Agstn-sd	

Event 36 Mixed 200 Meter Dash Wheelchair Para

Lane	Name	Yr	School	Seed Time
Section 1 of 1 Finals				
5	Juan Rodriguez	M	Brawley -sd	
6	Gylberto Eusebio	M11	Lakeside-ss	

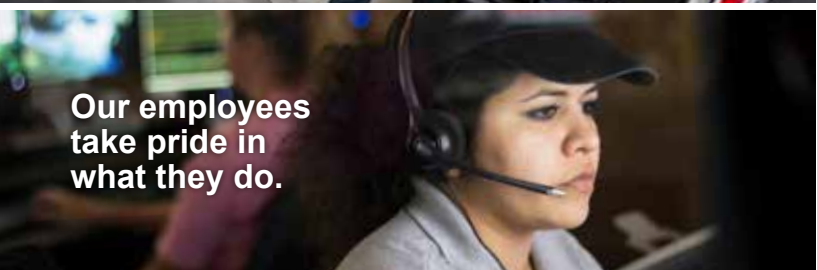
Event 40 Boys 100 Meter Dash Ambulatory Para

Lane	Name	Yr	School	Seed Time
Section 1 of 1 Finals				
4	Ethan Fung	11	Lowell-sf	
5	Henry Waterman	11	Mater Dei-ss	
6	Saqueo Hernandez	11	SF International	
7	Joseph Lehmenkuler	11	M Viejo-ss	

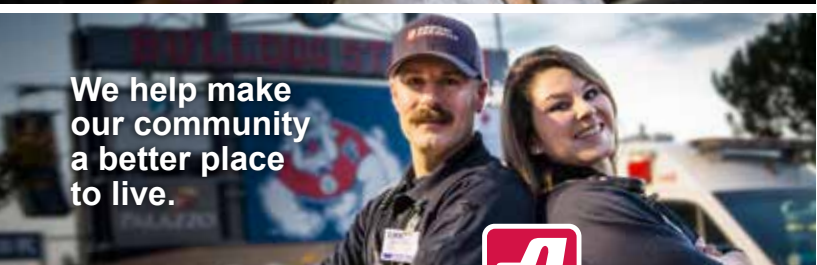
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CIF State Championship Records

BOYS

100 METERS

10.30 Riley Washington (Southwest, San Diego) 1992

200 METERS

20.30 Michael Norman (Vista Murrieta)..... 2015

400 METERS

45.19 Michael Norman (Vista Murrieta)..... 2015

800 METERS

1:46.45 Michael Granville (Bell Gardens) 1996

1600 METERS

4:00.29 German Fernandez (Riverbank) 2008

3200 METERS

8:34.23 German Fernandez (Riverbank) 2008

110-METER HIGH HURDLES

13.33 Joseph Anderson (Upland)..... 2017

300-METER INTERMEDIATE HURDLES

35.02 Reggie Wyatt, La Sierra (Riverside, CA)..... 2009

400-METER RELAY

40.24 Hawthorne 1989

1600-METER RELAY

3:08.42 Serra (Gardena) 2010

DISCUS THROW

213-07 Bo Taylor (Newport Harbor, Newport Beach) 2006

HIGH JUMP

7-03.25 Lee Balkin (Glendale)..... 1979

LONG JUMP

26-04.75 James Stallworth (Tulare Union, Tulare) 1989

POLE VAULT

17-10 Sondre Guttormsen (Davis) 2018

SHOT PUT

74-04.75 Brent Noon (Fallbrook)..... 1990

TRIPLE JUMP

52-05.75 Marcus Hooks (Lakewood) 1986

TRIPLE JUMP

52-05.75 Marcus Hooks (Lakewood) 1986

100 METERS AMBULATORY

12.32 Parker Harvey (San Diego) 2018

100 METERS WHEELCHAIR

19.79 Michael Seo (Escondido Charter) 2017

200 METERS AMBULATORY

25.48 Parker Harvey (San Diego) 2018

200 METERS WHEELCHAIR

37.43 Michael Seo (Escondido Charter) 2017

400 METERS AMBULATORY

1:02.57 Ethan Fung (Lowell, San Francisco) 2018

400 METERS WHEELCHAIR

1:16.25 Michael Seo (Escondido Charter) 2017

SHOT PUT AMBULATORY

39-00.00 Parker Harvey (San Diego) 2018

SHOT PUT WHEELCHAIR

16-06.00 Danny Smutt (Mission Hills) 2018

GIRLS

100 METERS

11.14 Marion Jones (Thousand Oaks)..... 1992

200 METERS

22.52 Allyson Felix (Los Angeles Baptist, North Hills) 2003

400 METERS

50.74 Monique Henderson (Morse, San Diego)..... 2000

800 METERS

2:02.04 Amy Weissenbach (Harvard-Westlake, N. Hollywood)..... 2011

1600 METERS

4:33.82 Christine Babcock (Woodbridge, Irvine)..... 2008

3200 METERS

9:52.13 Jordan Hasay (Mission Prep, San Luis Obispo) 2008

100-METER HIGH HURDLES

13.03 Vashti Thomas (Mt. Pleasant, San Jose) 2007

300-METER LOW HURDLES

40.10 Ebony Collins (Wilson, Long Beach)..... 2005

400-METER RELAY

44.70 St. Bernard, Playa del Rey 1997

1600-METER RELAY

3:35.49 Poly, Long Beach 2004

DISCUS THROW

186-09 Anna Jelmini (Shafter)..... 2009

HIGH JUMP

6-02.00 Latrese Johnson (Clovis) 1985

LONG JUMP

22-00.50 Marion Jones (Thousand Oaks)..... 1993

POLE VAULT

14-02 Rachel Baxter (Canyon, Anaheim)..... 2016

SHOT PUT

53-08.00 Anna Jelmini (Shafter)..... 2009

TRIPLE JUMP

44-00.50 Juliana Yendork (Walnut) 1991

100 METERS AMBULATORY

13.44 Amy Watt (Gunn)..... 2016

100 METERS WHEELCHAIR

41.30 Johana Alas (Hollywood)..... 2018

200 METERS AMBULATORY

28.02 Amy Watt (Gunn)..... 2016

400 METERS AMBULATORY

1:07.17 Amy Watt (Gunn)..... 2016

SHOT PUT AMBULATORY

21-07.25 Miracle Traylor (Pleasant Valley, Chico)..... 2018

SHOT PUT WHEELCHAIR

12-06.25 Kendall Stier (Saddleback Valley Christian) 2018



The California Interscholastic Federation (CIF) and the Clovis Unified School District (CUSD) would like to thank the following companies and organizations for their support of the 2019 CIF State Track & Field Championships



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U.S. National High School Records

BOYS

100 METERS

10.15 Recorded by four individuals

200 METERS

20.13 Roy Martin, Roosevelt (Dallas, TX)..... 1985

400 METERS

45.19 Aldrich Bailey, Mansfield Timberview (Arlington, TX) .. 2012

45.19 Michael Norman (Visa Murrieta, CA)..... 2015

800 METERS

1:46.45 Michael Granville (Bell Gardens, CA) 1996

1600 METERS

3:59.51 Alan Webb, South Lakes (Reston, VA) 2001

3200 METERS

8:34.23 German Fernandez (Riverbank, CA) 2008

110-METER HIGH HURDLES

13.10 Dennis Brantley, Worthing (Houston, TX) (manual) 1980

13.30 Chris Nelloms, Dunbar (Dayton, OH) (FAT) 1990

300-METER INTERMEDIATE HURDLES

35.02 Reggie Wyatt, La Sierra (Riverside, CA)..... 2009

400-METER RELAY

39.76 Wyatt (Fort Worth, TX) 1998

1600-METER RELAY

3:07.40 Hawthorne (Hawthorne, CA)..... 1985

DISCUS

236-06 Mason Finely (Buena Vista, CO)..... 2009

HIGH JUMP

7-06 Vernon Turner (Yukon, OK)..... 2017

LONG JUMP

26-04.75 James Stallworth, Tulare Union (Tulare, CA) 1989

POLE VAULT

19-05.5 Armand Duplantis, Lafayette (Baton Rouge, LA) 2018

SHOT PUT

77-00 Michael Carter, Jefferson (Dallas, TX) 1979

TRIPLE JUMP

52-10.50 Charles Mayfield, John Muir (Pasadena, CA) 1980

GIRLS

100 METERS

11.14 Marion Jones (Thousand Oaks, CA)..... 1992

200 METERS

22.52 Allyson Felix, LA Baptist (North Hills, CA)..... 2003

400 METERS

50.74 Monique Henderson, Morse (San Diego, CA)..... 2000

800 METERS

2:02.04 Amy Wessienbach, Harvard-Westlake, (N. Hollywood, CA) 2011

1600 METERS

4:33.29 Alexa Efraimson, Camas (Tacoma, WA) 2014

3200 METERS

9:47.88 Katelyn Touhy (Thiells North Rockland, NY) 2018

100-METER HIGH HURDLES

13.03 Vashti Thomas, Mt. Pleasant (San Jose, CA) 2007

300-METER LOW HURDLES

39.98 Lashinda Demus, Wilson (Long Beach, CA)..... 2001

400-METER RELAY

44.50 Poly (Long Beach, CA)..... 2004

1600-METER RELAY

3:35.49 Poly (Long Beach, CA)..... 2004

DISCUS THROW

191-06 Shelbi Vaughan, Mansfield Legacy (Mansfield, TX).... 2012

HIGH JUMP

6-04.50 Vashti Cunningham, Bishop Gorman (Las Vegas, NV)..... 2015

LONG JUMP

22-01.75 Kathy McMillan, Hoke County (Raeford, NC)..... 1976

POLE VAULT

14-04 Rachel Baxter (Canyon, Anaheim) 2017

SHOT PUT

57-01.25 Alyssa Wilson (Toms River Donovan Catholic, NJ)..... 2017

TRIPLE JUMP

44-02.25 Ychindria Spears (Luling, TX)..... 2001





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Through the CIF Corporate Champion program, these companies provide a direct, positive impact on the opportunities afforded to more than 838,000 CIF student-athletes each year. These corporations are dedicated to emphasizing the role of athletics in interscholastic education by supporting CIF programs throughout the year. So, on behalf of the CIF and our student-athletes, we'd like to extend a big thank you to our Corporate Champions for being a vital part of the CIF family.

SPECTRUM NEWS 1



All-Time Boys Team Champions

<i>School</i>	<i>Points</i>	<i>Coach</i>	<i>Location</i>	<i>Dates</i>
Manual Arts, Los Angeles	25	Otto Fritsch	Fresno High	April 3, 1915
Manual Arts, Los Angeles	37.5	Otto Fritsch	YMCA Field, Los Angeles	April 8, 1916
Coalinga	25	Charles Geer	Berkeley	April 28, 1917
Pasadena	25	George Main	Sacramento Fair	April 27, 1918
Manual Arts, Los Angeles	21	Sid Foster	San Bernardino High	April 26, 1919
Los Angeles	18	Glenn Whittle	Bakersfield Fair	April 24, 1920
Lincoln, Los Angeles	17	Tommy Davis	Berkeley	April 30, 1921
Huntington Beach	16	Ray Walker	Stockton Fair	May 6, 1922
Hollywood	17.5	William Paige	Occidental College, Los Angeles	May 12, 1923
Manual Arts, Los Angeles	26	Sid Foster	Taft High	May 10, 1924
Manual Arts, Los Angeles	16	Sid Foster	Stanford Stadium	May 9, 1925
Poly, Los Angeles	17	Edward Leahy	Los Angeles Coliseum	May 8, 1926
Glendale	35	Norman Hayhurst	Modesto High	May 7, 1927
Poly, Long Beach	21	Norman Baker	Selma High	May 5, 1928
San Diego	22.75	Glenn Broderick	Los Angeles Coliseum	May 11, 1929
Sacramento (tie)	11	Lawrence Janssen	Berkeley	May 10, 1930
San Diego (tie)	11	Glenn Broderick	Berkeley	May 10, 1930
Santa Ana (tie)	11	G.A. "Tex" Oliver	Berkeley	May 10, 1930
Poly, Los Angeles	19.5	Edward Leahy	Visalia	May 23, 1931
Poly, Long Beach	22.5	Norman Baker	Modesto Junior College	May 2, 1932
Central, El Centro	18	J.H. Armstrong	Los Angeles Coliseum	May 20, 1933
Muir, Pasadena	15.5	Albion Walton	Edwards Stadium, Berkeley	May 26, 1934
Fullerton	14	Harold Lang	Ratcliffe Stadium, Fresno	May 25, 1935
Muir, Pasadena	18	Albion Walton	Gridley High	May 23, 1936
Jefferson, Los Angeles	23.5	Harold Edelson	Wilson High, Long Beach	May 22, 1937
San Diego	18.5	Glenn Broderick	San Benito High, Hollister	May 28, 1938
Bakersfield	16	"Cap" Haralson	Los Angeles Coliseum	May 27, 1939
Bakersfield	18.5	"Cap" Haralson	Visalia High	May 25, 1940
Edison, Fresno	22	Harold Bicknell	Spartan Stadium, San Jose	May 24, 1941
Redondo	21	Harold Grant	Compton College	May 25, 1946*
Washington, Los Angeles	24	Gail Wyatt	Visalia High	May 31, 1947
Jordan, Los Angeles	22	Bill Zazueta	Edwards Stadium, Berkeley	May 29, 1948
Jefferson, Los Angeles	28.5	Estel Johnson	Los Angeles Coliseum	May 28, 1949
Jefferson, Los Angeles	40	Estel Johnson	Hughes Stadium, Sacramento	May 27, 1950
Jefferson, Los Angeles	16.5	Estel Johnson	Edwards Stadium, Berkeley	May 26, 1951
Jefferson, Los Angeles	30.5	Estel Johnson	Los Angeles Coliseum	May 24, 1952
Manual Arts, Los Angeles	16.6	Charles Toney	Ratcliffe Stadium, Fresno	May 29, 1953
Alameda	19	Lewis Jolley	Edwards Stadium, Berkeley	May 29, 1954
Centennial, Compton	29	Bill Gill	Los Angeles Coliseum	May 28, 1955
Jefferson, Los Angeles	24.67	Estel Johnson	Chico State College	June 2, 1956
Berkeley	23	Rich Hacker	Edwards Stadium, Berkeley	June 1, 1957
Compton (tie)	11	Ernest Hartman	Veterans Stadium, Long Beach	May 31, 1958
Manual Arts, Los Angeles (tie)	11	Charles Toney	Veterans Stadium, Long Beach	May 31, 1958
Poly, Long Beach	14	Leon Forman	Memorial Stadium, Bakersfield	May 29, 1959
Jordan, Los Angeles	15	Jesse Flores	Stanford Stadium, Palo Alto	June 4, 1960
Centennial, Compton	11	Bill Gill	East Los Angeles College	June 3, 1961
Jefferson, Los Angeles	14	John Childress	Modesto Junior College	June 2, 1962
Edison, Fresno	15	Frank Fletcher	Edwards Stadium, Berkeley	May 31-June 1, 1963
Jefferson, Los Angeles (tie)	13	Andy Bakjian	Los Angeles Coliseum	June 5-6, 1964
Poly, Long Beach (tie)	13	Leon Forman	Los Angeles Coliseum	June 5-6, 1964
Poly, Long Beach	19	Leon Forman	Memorial Stadium, Bakersfield	June 4-5, 1965
Dorsey, Los Angeles	22	Rod Richard	Edwards Stadium, Berkeley	June 3-4, 1966
Muir, Pasadena	26	Walter Opp	Balboa Stadium, San Diego	June 2-3, 1967
Centennial, Compton	26	Bill Gill	Edwards Stadium, Berkeley	June 1-2, 1968
Los Angeles	22	E. Bravo	UCLA Track Stadium, Westwood	June 6-7, 1969

All-Time Boys Team Champions

<i>School</i>	<i>Points</i>	<i>Coach</i>	<i>Location</i>	<i>Dates</i>
Los Altos	29	Leo Long	Edwards Stadium, Berkeley	June 5-6, 1970
Lompoc	13	Frank Hiatt	UCLA Track Stadium, Westwood	June 4-5, 1971
Sacramento	**18	Scotty Bingham	Mitchell Field, Oroville	June 1-2, 1972
Wilson, San Francisco	20	Adam Banks	Woodland High School	June 1-2, 1973
Muir, Pasadena	**23	Walter Opp	Memorial Stadium, Bakersfield	June 1-2, 1974
Harry Elis, Richmond	22	Silvester Greenwood	Balboa Stadium, San Diego	June 6-7, 1975
Hamilton, Los Angeles (tie)	12	Gene Broadwater	Edwards Stadium, Berkeley	June 4-5, 1976
San Fernando, Los Angeles (tie)	12	John Wachtler	Edwards Stadium, Berkeley	June 4-5, 1976
Pasadena	26	Bob Pruitt	Drake Stadium, Westwood	June 3-4, 1977
El Camino, Oceanside	16	Nill Kovacevich	Memorial Stadium, Bakersfield	June 2-3, 1978
Pasadena	16	Art Large	Hughes Stadium, Sacramento	June 1-2, 1979
Berkeley	41	Willie White	Edwards Stadium, Berkeley	June 6-7, 1980
Berkeley	58	Willie White	Cerritos College, Norwalk	June 5-6, 1981
Crenshaw, Los Angeles (tie)	20	Bob Volles	Hughes Stadium, Sacramento	June 4-5, 1982
Mission Viejo (tie)	20	Gene Gurule	Hughes Stadium, Sacramento	June 4-5, 1982
Hawthorne	**40	Kye Courtney	Memorial Stadium, Bakersfield	June 4, 1983
Hawthorne	52	Kye Courtney	Los Angeles Coliseum	June 2, 1984
Hawthorne	29	Kye Courtney	Hughes Stadium, Sacramento	May 31, 1985
Taft, Woodland Hills	26	Tom Stevenson	Cerritos College, Norwalk	June 6, 1986
Hawthorne	34	Kye Courtney	Hughes Stadium, Sacramento	June 5, 1987
Hawthorne	34	Kye Courtney	Cerritos College, Norwalk	June 3, 1988
Hawthorne	40	Kye Courtney	Cerritos College, Norwalk	June 2-3, 1989
Muir, Pasadena	24	Clyde Turner	Cerritos College, Norwalk	June 1-2, 1990
Compton	30	Alonzo Simmons	Cerritos College, Norwalk	May 31-June 1, 1991
Bakersfield	25	Art Dalzell	Cerritos College, Norwalk	June 5-6, 1992
Merced (tie)	36	Greg McKinstry	Cerritos College, Norwalk	June 19, 1993***
North Salinas (tie)	36	Ed Barber	Cerritos College, Norwalk	June 19, 1993***
Muir, Pasadena	36	Clyde Turner	Cerritos College, Norwalk	June 3-4, 1994
Muir, Pasadena	38	Clyde Turner	Cerritos College, Norwalk	June 2-3, 1995
Muir, Pasadena	57	Clyde Turner	Cerritos College, Norwalk	May 31-June 1, 1996
Poly, Long Beach	39	Don Norford	Hughes Stadium, Sacramento	June 6-7, 1997
Poly, Long Beach	42	Don Norford	Cerritos College, Norwalk	June 5-6, 1998
Vallejo	35	Mike Wilson	Hughes Stadium, Sacramento	June 4-5, 1999
Serra, Gardena	38	Richard Gatlin	Cerritos College, Norwalk	June 2-3, 2000
Arroyo Grande	28	James Brown	Hughes Stadium, Sacramento	June 1-2, 2001
Bakersfield	32	Bobby Gridiron	Cerritos College, Norwalk	May 31-June 1, 2002
Helix, La Mesa	23.5	Ray Mounts	Cerritos College, Norwalk	June 6-7, 2003
James Logan, Union City	46	Lee Webb	Hughes Stadium, Sacramento	June 4-5, 2004
Dorsey, Los Angeles	38.5	Ralph Tilley	Hughes Stadium, Sacramento	June 3-4, 2005
Poly, Long Beach	42	Don Norford	Cerritos College, Norwalk	June 2-3, 2006
Poly, Long Beach	46	Don Norford	Hughes Stadium, Sacramento	June 1-2, 2007
Dominguez, Compton	36	Darryl Smith	Cerritos College, Norwalk	May 30-31, 2008
Frontier, La Sierra, Cathedral, Clovis East	20	(Tied for 1st)	VM Stadium, Clovis	June 5-6, 2009
Jesuit, Sacramento	36	Tom McGuire	VM Stadium, Clovis	June 5-4, 2010
Poly, Long Beach	35	Don Norford	VM Stadium, Clovis	June 3-4, 2011
Notre Dame, Sherman Oaks	36	Joe McNab	VM Stadium, Clovis	June 1-2, 2012
Serra, Gardena	47	Lori Smith-Thompson	VM Stadium, Clovis	May 31-June 1, 2013
Mater Dei, Santa Ana	30	Rick Martinez	VM Stadium, Clovis	June 6-7, 2014
Vista Murrieta	37	Coley Candaele	VM Stadium, Clovis	June 5-6, 2015
Vista Murrieta	54	Coley Candaele	VM Stadium, Clovis	June 3-4, 2016
Rancho Verde	49	Tim Callier	VM Stadium, Clovis	June 2-3, 2017
Murrieta Mesa	35	Aaron Ballou	VM Stadium, Clovis	June 1-2, 2018

* No meets held during the World War II period (1942-45).

** Reported figures for finals.

*** Meet rescheduled due to rain.

Scoring system was 5-3-2-1 from 1915 to 1928; 5-3-2-1.5 from 1929 to 1965; 6-4-3-2-1 from 1966-1979; and 10-8-6-5-4-3 since 1980-2009; 10-8-6-5-4-3-2-1 since 2010.

All-Time Girls Team Champions

<i>School</i>	<i>Points</i>	<i>Coach</i>	<i>Location</i>	<i>Dates</i>
Berkeley	13	Willie White	Memorial Stadium, Bakersfield	May 31-June 1, 1974
Washington, Los Angeles	22	Arnice Reddick	Balboa Stadium, San Diego	June 6-7, 1975
Berkeley	20	Willie White	Edwards Stadium, Berkeley	June 4-5, 1976
Locke, Los Angeles	14	Cherie Muller-Williams	Drake Stadium, Westwood	June 3-4, 1977
Hill, San Jose	16	John Johnigan	Memorial Stadium, Bakersfield	June 2-3, 1978
Westchester	24	Pat Nordell	Hughes Stadium, Sacramento	June 1-2, 1979
Kennedy, Granada Hills	48	Dixie Griffen	Edwards Stadium, Berkeley	June 6-7, 1980
Berkeley	64	Willie White	Cerritos College, Norwalk	June 5-6, 1981
Berkeley	48	Willie White	Hughes Stadium, Sacramento	June 4-5, 1982
Berkeley	29	Willie White	Memorial Stadium, Bakersfield	June 4, 1983
Woodside	38	Susie Wilson	Los Angeles Coliseum	June 2, 1984
Muir, Pasadena	55	Jim Brownfield	Hughes Stadium, Sacramento	May 31, 1985
Hawthorne	40	Kye Courtney	Cerritos College, Norwalk	June 6, 1986
Pomona	30	Isaiah Sanders	Hughes Stadium, Sacramento	June 5, 1987
Bakersfield (tie)	28	Scott Semar	Cerritos College, Norwalk	June 3, 1988
Rio Mesa (tie)	28	Brian Fitzgerald/Rick Torres	Cerritos College, Norwalk	June 3, 1988
Muir, Pasadena	36	Jim Brownfield	Cerritos College, Norwalk	June 2-3, 1989
Bakersfield	61	Scott Semar	Cerritos College, Norwalk	June 1-2, 1990
Morningside	28	Ron Tatum	Cerritos College, Norwalk	May 31-June 1, 1991
Poly, Long Beach	39	Don Norford	Cerritos College, Norwalk	June 5-6, 1992
Poly, Long Beach	56	Don Norford	Cerritos College, Norwalk	June 19, 1993***
Skyline, Oakland	36	Darrell Hampton	Cerritos College, Norwalk	June 3-4, 1994
Poly, Long Beach	52	Don Norford	Cerritos College, Norwalk	June 2-3, 1995
Wilson, Long Beach	43	Terry Kennedy	Cerritos College, Norwalk	May 31-June 1, 1996
Poly, Long Beach	49	Don Norford	Hughes Stadium, Sacramento	June 6-7, 1997
Poly, Long Beach (tie)	42	Don Norford	Cerritos College, Norwalk	June 5-6, 1998
Wilson, Long Beach (tie)	42	Terry Kennedy	Cerritos College, Norwalk	June 5-6, 1998
J.W. North, Riverside	42	Charles Leathers	Hughes Stadium, Sacramento	June 4-5, 1999
J.W. North, Riverside	45	Charles Leathers	Cerritos College, Norwalk	June 2-3, 2000
Poly, Long Beach	59	Don Norford	Hughes Stadium, Sacramento	June 1-2, 2001
J.W. North, Riverside	57	Charles Leathers	Cerritos College, Norwalk	May 31-June 1, 2002
Poly, Long Beach	62	Don Norford	Cerritos College, Norwalk	June 6-7, 2003
Poly, Long Beach	80	Don Norford	Hughes Stadium, Sacramento	June 4-5, 2004
Merrill West, Tracy	48	John Harvey	Hughes Stadium, Sacramento	June 3-4, 2005
James Logan, Union City (tie)	37	Lee Webb	Cerritos College, Norwalk	June 2-3, 2006
Wilson, Long Beach (tie)	37	Terry Kennedy	Cerritos College, Norwalk	June 2-3, 2006
Mt. Pleasant, San Jose	44	Steve Nelson	Hughes Stadium, Sacramento	June 1-2, 2007
Poly, Long Beach	39	Don Norford	Cerritos College, Norwalk	May 30-31, 2008
Poly, Long Beach	45	Don Norford	VM Stadium, Clovis	June 5-6, 2009
Poly, Long Beach	51.33	Don Norford	VM Stadium, Clovis	June 4-5, 2010
Poly, Long Beach	72	Don Norford	VM Stadium, Clovis	June 3-4, 2011
Serra, Gardena	60	Lori Smith-Thompson	VM Stadium, Clovis	June 1-2, 2012
Poly, Long Beach	49	Don Norford	VM Stadium, Clovis	May 31-June 1, 2013
Poly, Long Beach	70	Don Norford	VM Stadium, Clovis	June 6-7, 2014
Oaks Christian, Westlake Village	34	Wesley Smith	VM Stadium, Clovis	June 5-6, 2015
Carson	40	JoJo Sablan-Johnson	VM Stadium, Clovis	June 3-4, 2016
Poly, Long Beach	31	Crystal Irving	VM Stadium, Clovis	June 2-3, 2017
Serra, Gardena	36	Chris Calvin	VM Stadium, Clovis	June 1-2, 2018

*** Meet rescheduled due to rain.

Scoring system used was 5-3-1 in 1974; 5-4-3-2-1 from 1976 to 1979; and 10-8-6-4-2-1 since 1980-2009; 10-8-6-5-4-3-2-1 since 2010

All-Time Individual Champions

BOYS CHAMPIONS 100-Meter Dash (Boys)

1915	Roy Brown (Sacramento)	10.2
1916	Charley Paddock (Pasadena)	10.4
1917	Jack Melville (Berkeley)	10.0
1918	Charley Paddock (Pasadena)	10.2
1919	Al Wright (Lincoln, Los Angeles)	10.4
1920	Eddie Sutton (Lick-Wilmerding, SF)	10.0
1921	Vernon Blenkiron (Compton)	10.2
1922	Herschel Smith (San Fernando)	10.4
1923	Eddie Pollock (Pasadena)	10.0
1924	Vic Klein (Hollywood)	10.1
1925	Vernon Hanford (Manual Arts, Los Angeles)	10.1
1926	Dick Werner (Brawley)	9.8
1927	Frank Wycoff (Glendale)	9.8
1928	Frank Lombardi (Los Angeles)	9.6
1929	Jim Wilson (San Diego)	9.8
1930	Al Koenig (Huntington Beach)	10.1
1931	Foy Draper (Huntington Park)	9.9
1932	Milton Holt (Hoover, Glendale)	9.8
1933	Dave Seigel (Poly, Los Angeles)	10.0
1934	Mack Robinson (Muir, Pasadena)	10.0
1935	Bob Frick (San Ramon)	9.6
1936	Mickey Anderson (Muir, Pasadena)	9.7
1937	Bryant Allen (Jefferson)	9.8
1938	Bill Van Leuven (Wilson, Long Beach)	9.8
1939	Jack Trout (Bakersfield)	9.9
1940	Eddie Morris (Huntington Beach)	9.7
1941	Al Jackson (Edison, Fresno)	9.8
1942-45	(No meet held)	
1946	Art Williams (Riverside)	10.0
1947	John Bradley (Hoover, Glendale)	9.9
1948	Bill Fell (Compton)	9.7
1949	Erbie Schopper (Lincoln, Los Angeles)	9.9
1950	Gary Green (Jefferson, Los Angeles)	9.9
1951	Bob Cuning (Hoover, Glendale)	9.7
1952	Herb Turner (Alameda)	9.9
1953	Leamon King (Delano)	9.6
1954	James Jackson (Alameda)	9.6
1955	Ken Dennis (Centennial, Compton)	10.0
1956	Willie White (Jefferson, Los Angeles)	9.5
1957	Preston Griffin (Centennial, Compton)	9.6
1958	Hubie Watson (Jordan, Los Angeles)	9.6
1959	Hubie Watson (Jordan, Los Angeles)	9.8
1960	Bill Cowings (Fowler)	9.7
1961	Forrest Beaty (Hoover, Glendale)	9.5
1962	Forrest Beaty (Hoover, Glendale)	9.5
1963	Alvin Mann (Edison, Fresno)	9.6
1964	Jim Hines (McClymonds, Oakland)	9.7
1965	Harold Busby (Muir, Pasadena)	9.5
1966	Phil Underwood (Dorsey, Los Angeles)	9.6
1967	Mel Gray (Montgomery, Santa Rosa)	9.4
1968	Bob Ballard (Bellflower)	9.6
1969	Willie Robinson (Central, El Centro)	9.6
1970	Allen Carter (Bonita, La Verne)	9.8
1971	George Reddick (Hamilton, Los Angeles)	9.6
1972	Carl McCullough (Sacramento)	9.5
1973	Elijah Jefferson (Crawford, San Diego)	9.6w
1974	Elijah Jefferson (Crawford, San Diego)	9.8
1975	Kevin Williams (San Fernando)	9.4
1976	Billy Mullins (Hamilton, Los Angeles)	10.0
1977	David Russell (Patrick Henry, San Diego)	9.91
1978	Michael Sanford (Pasadena)	9.85
1979	Bill Green (Cubberly, Palo Alto)	9.59
1980	Howard Hawkins (Warren, Downey)	10.55
1981	Ken Robinson (Berkeley)	10.60
1982	Lew Dunn (J.W. North, Riverside)	10.53
1983	Steve Jones (Burbank, Sacramento)	10.64
1984	Henry Thomas (Hawthorne)	10.44
1985	Ron McCree (Madera)	10.49w
1986	Ron McCree (Madera)	10.57
1987	Quincy Watts (Taft, Woodland Hills)	10.49
1988	Darren Stringer (Vacaville)	10.78
1989	Curtis Conway (Hawthorne)	10.42
1990	Napolean Kaufman (Lompoc)	10.57
1991	Ricky Carrigan (Compton)	10.33w
1992	Riley Washington (Southwest, San Diego)	10.30

1993	Bryan Howard (Canyon Springs, Moreno Valley)	10.43
1994	Pat Johnson (Redlands)	10.43
1995	Marques Holiwell (West Bakersfield)	10.43w
1996	Jim McGee (Sacramento)	10.52
1997	Justin Fargas (Notre Dame, Sherman Oaks)	10.52w
1998	Darrell Rideaux (Poly, Long Beach)	10.43
1999	Kareem Kelly (Poly, Long Beach)	10.47
2000	Warren Rogers (Serra, Gardena)	10.42
2001	Phillip Francis (Fairfax, Los Angeles)	10.53
2002	Matt Bruno (Trabuco Hills, Mission Viejo)	10.55
2003	Chris Henry (Edison, Stockton)	10.56
2004	Kenny O'Neal (Skyline, Oakland)	10.34
2005	Jamere Holland (Taft, Woodland Hills)	10.54
2006	Rodney Glass (Notre Dame, Sherman Oaks)	10.52
2007	Jahvid Best (Salesian, Oakland)	10.31
2008	Randall Carroll (Cathedral, Los Angeles)	10.42
2009	Randall Carroll (Cathedral, Los Angeles)	10.38
2010	Remontay McClain (Covina)	10.45
2011	Remontay McClain (Covina)	10.39
2012	Khalfani Muhammad (Notre Dame, Sherman Oaks)	10.52w
2013	Khalfani Muhammad (Notre Dame, Sherman Oaks)	10.33
2014	Curtis Godin (Mater Dei, Santa Ana)	10.31
2015	TJ Brock (Chaminade, West Hills)	10.34
2016	TJ Brock (Chaminade, West Hills)	10.43
2017	Javelin Guidry (Vista Murrieta)	10.13w
2018	Kazmier Allen (Tulare Union)	10.44

200-Meter Dash (Boys)

1915	Les Wark (Poly, Long Beach)	22.0
1916	Charley Paddock (Pasadena)	22.4
1917	Charley Paddock (Pasadena)	22.4
1918	Charley Paddock (Pasadena)	22.4
1919	Bob Allen (Redlands)	23.8
1920	Eddie Sudden (Lick-Wilmerding, San Francisco)	21.8
1921	Bob Allen (Redlands)	22.6
1922	Walter Wickersham (Bakersfield)	24.2
1923	Bob Lee (Franklin)	22.2
1924	Archie Woodyard (Jefferson, Los Angeles)	22.5
1925	Walter Floyd (Lincoln, Los Angeles)	22.6
1926	Elam Kirk (El Monte)	22.1
1927	Frank Wycoff (Glendale)	21.0
1928	Frank Lombardi (Los Angeles)	21.4
1929	Jim Wilson (San Diego)	21.4
1930	Ashley Burch (Jordan, Los Angeles)	21.8
1931	Ashley Burch (Jordan, Los Angeles)	21.5
1932	George Anderson (Muir, Pasadena)	21.8
1933	George Anderson (Muir, Pasadena)	21.2
1934	Bainard Worrell (Muir, Pasadena)	21.8
1935	Burt Pierce (Excelsior)	21.2
1936	Brady Gridley	21.6
1937	Bryant Allen (Jefferson, Los Angeles)	21.2
1938	Eddie Morris (Huntington Beach)	21.6
1939	Eddie Morris (Huntington Beach)	21.4
1940	Eddie Morris (Huntington Beach)	21.3
1941	Glen Willis (San Diego)	21.7
1942-45	(No meet held)	
1946	Ray Gregg (El Monte)	21.9
1947	John Bradley (Hoover, Glendale)	21.5
1948	John Bradley (Hoover, Glendale)	21.5
1949	Erbie Schopper (Lincoln, Los Angeles)	21.6
1950	Guy Blackburn (Jefferson, Los Angeles)	21.3
1951	Leamon King (Delano)	21.4
1952	Herb Turner (Alameda)	21.6
1953	Leamon King (Delano)	21.4
1954	James Jackson (Alameda)	21.2
1955	Bob Poynter (Pasadena)	21.6
1956	Bob Poynter (Pasadena)	21.0
1957	Preston Griffin (Centennial, Compton)	21.3
1958	Mel Clipper (Muir, Pasadena)	20.7
1959	Hubie Watson (Jordan, Los Angeles)	21.6
1960	Bill Cowings (Fowler)	21.0
1961	Forrest Beaty (Hoover, Glendale)	21.5
1962	Richard Stebbins (Fremont, Los Angeles)	20.9
1963	John House (Muir, Pasadena)	21.3
1964	Jim Hines (McClymonds, Oakland)	21.5
1965	Harold Busby (Muir, Pasadena)	21.0
1966	Phil Underwood (Dorsey, Los Angeles)	21.2
1967*	Mel Gray (Montgomery, Santa Rosa)	20.7

1968	Willie Deckard (Dorsey, Los Angeles)	21.7
1969	Willie Robinson (Central, El Centro)	21.7
1970	Jackie White (Santa Ana)	21.5
1971	Chuck Bommarito (Crestmoor, San Bruno)	21.2w
1972	Mike Shavers (Albany)	21.0
1973	Clancy Edwards (Santa Ana)	21.2w
1974	Millard Hampton (Silver Creek, San Jose)	21.1
1975	Billy Mullins (Hamilton, Los Angeles)	21.2
1976	Billy Mullins (Hamilton, Los Angeles)	21.6
1977	David Russell (Patrick Henry, San Diego)	20.97w
1978	Michael Sanford (Pasadena)	21.42
1979	Michael Sanford (Pasadena)	21.00
1980	Ken Robinson (Berkeley)	21.21
1981	Kevin Wilhite (Cordova, Rancho Cordova)	20.81
1982	Antonio Manning (Hamilton, Los Angeles)	21.05w
1983	Henry Thomas (Hawthorne)	21.02
1984	Henry Thomas (Hawthorne)	20.77
1985	Michael Marsh (Hawthorne)	20.83w
1986	Quincy Watts (Taft, Woodland Hills)	21.03
1987	Quincy Watts (Taft, Woodland Hills)	20.99
1988	Bryan Bridgewater (Washington, Los Angeles)	21.00
1989	Barry Smith (Mission, San Francisco)	20.82
1990	Napolean Kaufman (Lompoc)	21.15
1991	Ricky Carrigan (Compton)	20.84w
1992	Gentry Bradley (Pius X, Downey)	20.97w
1993	Calvin Harrison (North Salinas, Salinas)	21.12
1994	Pat Johnson (Redlands)	21.01
1995	Bryan Harrison (Dana Hills, Dana Point)	20.82w
1996	Obea Moore (Muir, Pasadena)	20.91
1997	Andrea Ammons (Skyline, Oakland)	20.91w
1998	Kareem Kelly (Poly, Long Beach)	20.76
1999	Kareem Kelly (Poly, Long Beach)	20.76w
2000	Bennie Robinson (Poly, Long Beach)	20.96
2001	Seth Amoo (Highland, Palmdale)	21.05
2002	Matt Bruno (Trabuco Hills, Mission Viejo)	20.82
2003	Lionel Larry (Dominguez, Compton)	20.97
2004	Derrick Jones (Poly, Long Beach)	21.10
2005	Jamere Holland (Taft, Woodland Hills)	20.88w
2006	Bryshon Nellum (Poly, Long Beach)	20.96
2007	Bryshon Nellum (Poly, Long Beach)	20.43
2008	Randall Carroll (Cathedral, Los Angeles)	20.91
2009	Randall Carroll (Cathedral, Los Angeles)	21.08
2010	Remontay McClain (Covina)	20.85
2011	Remontay McClain (Covina)	20.95
2012	Khalfani Muhammad (Notre Dame, Sherman Oaks)	21.15w
2013	Khalfani Muhammad (Notre Dame, Sherman Oaks)	20.86
2014	Curtis Godin (Mater Dei, Santa Ana)	20.87
2015	Michael Norman (Vista Murrieta)	20.30
2016	Michael Norman (Vista Murrieta)	20.42
2017	Isaiah Cunningham (Rancho Verde, Moreno Vly)	21.07w
2018	Christian Shakir-Ricks (Murrieta Mesa)	20.98

*(since 1967, the 220 yards and then 200 Meters were run exclusively around one turn.)



Michael Norman set new State meet records in 2015 in the 200 meter dash (20.30) and 400 meter dash (45.19), which also tied the national record.

All-Time Individual Champions

400-Meter Dash (Boys)

1915	George Conn (Pasadena)	50.0
1916	Mark Kellog (Fresno)	51.4
1917	Dick Seltzer (Redlands)	53.0
1918	George Schiller (Poly, Los Angeles)	49.6
1919	Jeff Wilcox (Harvard)	54.2
1920	Thurmond Clarke (Los Angeles)	50.2
1921	Ed Shaw (Monrovia)	52.2
1922	Ed Shaw (Monrovia)	54.4
1923	Vernon Hanford (Manual Arts, Los Angeles)	52.6
1924	Wilburn Talbot (Analay, Sebastopol)	51.6
1925	Walter Hanson (Concord, Mt. Diablo)	51.0
1926	Cliff Gantt (Poly, Los Angeles)	50.0
1927	Percy McArthur (Huntington Park)	51.0
1928	Carl Childreth (Poly, Long Beach)	50.2
1929	Irvine Warburton (San Diego)	49.6
1930	Carl Satterfield (Manual Arts, Los Angeles)	50.3
1931	John McCarthy (Fairfax)	48.7
1932	John Routt (Jefferson, Los Angeles)	50.1
1933	Murel Gillett (Central, El Centro)	48.4
1934	Doug Hammond (Hollywood)	50.3
1935	Howard Upton (Turlock)	48.9
1936	George Gray (Wilson, Long Beach)	49.9
1937	Wilbur Miller (Jefferson, Los Angeles)	49.7
1938	Bob Hogan (Piedmont)	50.4
1939	Ken Horn (Fowler)	50.5
1940	Duane Lewis (Compton)	48.8
1941	O.B. Hughes (Whittier)	49.9
1942-45	(No meet held)	
1946	Norm Stocks (San Diego)	49.3
1947	Luther Butler (Jefferson, Los Angeles)	49.4
1948	Fred Thompson (Jordan, Los Angeles)	49.2
	Luther Butler (Jefferson, Los Angeles)	49.2
1949	George Adrian (Hollywood)	49.3
1950	Sherman Miller (Napa)	48.8
1951	Jack North (Jordan, Long Beach)	49.7
1952	Lanny Carter (Orange)	48.8
1953	X.L. Emerson (Richmond)	49.2
1954	Bruce Kitchen (Riverside)	48.7
1955	Jerry White (Corcoran)	48.7
1956	Jerry White (Corcoran)	46.7
1957	Fred DeWitt (Berkeley)	47.9
1958	Dixon Farmer (Miramonte, Orinda)	48.6
1959	Dixon Farmer (Miramonte, Orinda)	48.6
1960	Ulis Williams (Compton)	47.2
1961	Ulis Williams (Compton)	47.8
1962	Manual Diaz (Keppel, Alhambra)	48.1
1963	Tommie Smith (Lemoore)	47.3
1964	Fred Banks (Jefferson, Los Angeles)	47.5
1965	Randy Julian (Bolsa Grande, Garden Grove)	47.4
1966	Wayne Collett (Gardena)	47.8
1967	Mike Newton (Whittier)	47.2
1968	Edesel Garrison (Centennial, Compton)	46.7
1969	Larance Jones (Lemoore)	46.6
1970	Rick Brown (Los Altos)	47.8
1971	Tony Krzyzosiak (Garden Grove)	46.7
1972	Robert Harrell (Santa Ana)	47.4
1973	Ron Whitaker (Wilson, San Francisco)	47.0
1974	Rod Connors (Cordova, Rancho Cordova)	47.7
1975	John Ware (Sacramento)	47.2
1976	Darold Harris (Pittsburg)	47.6
1977	James Sanford (Pasadena)	46.60
1978	Bill Greene (Cubberly, Palo Alto)	46.77
1979	Tony Banks (Morse, San Diego)	47.28
1980	Mike Turner (Centennial, Compton)	47.51
1981	David Timmons (Oakland)	47.09
1982	Fabian Cooper (Washington, Los Angeles)	46.38
1983	Larry Walker (Edison, Fresno)	47.03
1984	Chip Rish (Marina, Huntington Beach)	46.82
1985	Chip Rish (Marina, Huntington Beach)	45.7h
1986	Steve Lewis (American, Fremont)	46.59
1987	Steve Lewis (American, Fremont)	46.7h
1988	Travis Hannah (Hawthorne)	47.02
1989	Beno Bryant (Dorsey, Los Angeles)	47.52
1990	Mike Sulcer (Muir, Pasadena)	47.54
1991	Richard Dupree (Roosevelt, Fresno)	47.21
1992	Derek Shepard (Lincoln, San Francisco)	46.95
1993	Calvin Harrison (North Salinas, Salinas)	45.25

1994	James Davis (Will C. Wood, Vacaville)	46.96
1995	Obea Moore (Muir, Pasadena)	46.08
1996	Obea Moore (Muir, Pasadena)	45.81
1997	Eddie Levine (Golden Valley, Merced)	46.77
1998	Mike Ryan (Beverly Hills)	47.62
1999	Blaine Bussey (Taft, Los Angeles)	46.94
2000	Brandon Matlock (Stockdale, Bakersfield)	47.63
2001	Jason Lovell (Cleveland, Los Angeles)	47.51
2002	Blake Mackey (Bakersfield)	47.93
2003	David Gettis (Dorsey, Los Angeles)	47.41
2004	David Gettis (Dorsey, Los Angeles)	46.69
2005	David Gettis (Dorsey, Los Angeles)	45.84
2006	Bryshon Nellum (Poly, Long Beach)	46.38
2007	Bryshon Nellum (Poly, Long Beach)	45.54
2008	Joey Hughes (Poly, Long Beach)	46.28
2009	Reggie Wyatt (La Sierra)	46.13
2010	Josh Mance (Don Lugo, Chino)	45.90
2011	Shaquille Howard (Poly, Long Beach)	47.49
2012	Alex Rohani (Beverly Hills)	47.34
2013	Mile Parish (Etiwanda)	46.53
2014	Kemonie Briggs (Wilson, Long Beach)	46.92
2015	Michael Norman (Vista Murrieta)	45.19
2016	Michael Norman (Vista Murrieta)	45.77
2017	Zachary Shinnick (Damien, La Verne)	46.12
2018	Max Glasser (Marin Catholic)	46.97

800-Meter Run (Boys)

1915	Gerald Blankenship (Visalia)	1:59.8
1916	Colin Kilby (Coalinga)	2:02.8
1917	Harleigh Baker (Fillmore)	2:02.0
1918	Ken Saunders (Pasadena)	2:02.8
1919	Jerry Pearce (Berkeley)	2:08.2
1920	Paul Stroud (Perris)	1:59.4
1921	Elmer Boyden (Vallejo)	1:59.2
1922	Irving Thomas (Manual Arts, Los Angeles)	2:04.6
1923	Earl Lockhart (Sacramento)	1:59.0
1924	Ed Cloege (Covina)	1:59.1
1925	Alex McKinnon (Poly, Los Angeles)	1:59.8
1926	Doug Knowles (Bakersfield)	2:01.2
1927	Bill McGeagh (Poly, Los Angeles)	2:02.8
1928	Herb Welch (Visalia)	2:01.2
1929	Herb Welch (Visalia)	1:58.4
1930	Al Hassan (Jefferson, Los Angeles)	2:00.1
1931	Carl Satterfield (Manual Arts, Los Angeles)	1:57.6
1932	Ray Cartwright (Santa Ana)	2:00.6
1933	Bill McCurdy (Tamalpais)	2:00.1
1934	Mel Nickerson (Poly, Los Angeles)	1:58.4
1935	Ralph Wood (Carpinteria)	1:57.6
1936	Jerry Lopez (Placer, Auburn)	1:57.1
1937	Jim Lawson (Jordan, Los Angeles)	1:59.7
1938	Leroy Weed (Coachella Valley)	1:58.8
1939	Paul Christensen (Beverly Hills)	2:01.3
1940	Roger Lane (San Rafael)	1:57.7
1941	Thelmo Knowles (Santa Monica)	1:55.6
1942-45	(No meet held)	
1946	Dan Guest (Santa Monica)	2:00.5
1947	Jerome Walters (Compton)	1:57.6
1948	Wilbur Firestone (Compton)	1:57.8
1949	Wilbur Firestone (Compton)	1:58.1
1950	Lang Stanley (Jefferson, Los Angeles)	1:53.9
1951	Gene Jones (Oakland Technical)	1:58.9
1952	Jim Briggs (Pittsburg)	1:57.2
1953	Don Bowden (Lincoln, San Jose)	1:57.1
1954	Don Bowden (Lincoln, San Jose)	1:52.9
1955	Leonard Havens (Avenal)	1:57.0
1956	Jerry Siebert (Willits)	1:53.8
1957	Jim Cerveny (Mission Bay, San Diego)	1:52.7
1958	Alfred Gentry (Fremont, Los Angeles)	1:55.4
1959	Dave Dunbar (Westmoor, Daly City)	1:53.2
1960	Ray VanAsten (Bonita, La Verne)	1:51.9
1961	Mike Gibeau (Lincoln, San Francisco)	1:53.1
1962	Doug Parker (Chico)	1:52.2
1963	Dennis Carr (Lowell, Whittier)	1:50.9
1964	Bob Hose (Madison, San Diego)	1:51.7
1965	Richard Joyce (Sierra, Whittier)	1:48.8
1966	Terry Rogers (Hilltop, Chula Vista)	1:51.5
1967	Lawrence Banks (Dorsey, Los Angeles)	1:51.2
1968	George Alfaro (Pittsburg)	1:52.3

1969	Ricco Sanchez (Canoga Park)	1:51.6
1970	Rick Brown (Los Altos)	1:50.6
1971	Percell Keeling (Morningside, Inglewood)	1:51.8
1972	Dale Scott (El Cerrito)	1:49.7
1973	Randy Lopez (Alhambra)	1:52.4
1974	John Musich (Burbank)	1:51.0
1975	Conrad Suhr (Leigh, San Jose)	1:51.0
1976	Wyatt Bishop (Carlmont, Belmont)	1:54.4
1977	Jim Walters (Estancia, Costa Mesa)	1:49.4
1978	David Mack (Locke, Los Angeles)	1:51.83
1979	David Mack (Locke, Los Angeles)	1:50.18
1980	Peter Quinonez (Tulare)	1:50.13
1981	Pete Richardson (Berkeley)	1:47.31
1982	John Phillips (Los Altos)	1:49.99
1983	Kimmie James (Richmond)	1:50.63
1984	Eric Schermerhorn (Woodbridge, Irvine)	1:49.61
1985	Sean Langer (Bakersfield)	1:51.75
1986	Vincent Thompson (Locke, Los Angeles)	1:50.25
1987	Don Gabor (Amador Valley, Pleasanton)	1:52.3h
1988	Mark Senior (Mt. Miguel, Spring Valley)	1:51.37
1989	Gordon Johnson (Piedmont)	1:51.88
1990	Craig Magress (Santa Teresa, San Jose)	1:51.66
1991	Mike Terry (El Modena, Orange)	1:53.99
1992	Mike Katri (Fortuna)	1:49.56
1993	Vondre Armour (Bakersfield)	1:50.13
1994	Michael Granville (Bell Gardens)	1:49.82
1995	Aaron Richburg (James Logan, Union City)	1:48.40
1996	Michael Granville (Bell Gardens)	1:50.68
1997	James Levine (Golden Valley, Merced)	1:50.62
1998	Jon Stevens (Mission San Jose, San Jose)	1:52.07
1999	Brandon Shaw (Rancho Verde, Moreno Valley)	1:53.98
2000	Mike Serratos (Don Lugo, Chino)	1:51.75
2001	Tykie Harris (San Geronio)	1:53.80
2002	Michael Haddan (Woodbridge, Irvine)	1:51.41
2003	Duane Solomon (Cabrillo, Lompoc)	1:49.79
2004	Bryan Rodie (Royal, Simi Valley)	1:52.04
2005	Jesse O'Brien (San Pasqual, Escondido)	1:53.71
2006	Cory Primm (Westlake, Westlake Village)	1:50.53
2007	Cory Primm (Westlake, Westlake Village)	1:50.95
2008	Charles Jock (Mission Bay, San Diego)	1:51.64
2009	Sean Krinik (Valencia, Placentia)	1:51.83
2010	Sean Krinik (Valencia, Placentia)	1:48.20
2011	Immanuel Hutchinson (San Jacinto)	1:49.63
2012	Alexander Monsivaiz (Army & Navy)	1:51.34
2013	Ivan Gonzalez (Ridgeview, Bakersfield)	1:50.71
2014	David Manahan (Harv-Wst, N. Hillywd.)	1:51.04
2015	Isaac Trevino (Centennial, Bakersfield)	1:51.55
2016	Isaac Cortes (Great Oak, Temecula)	1:50.75
2017	Jett Charvet (Heritage, Brentwood)	1:51.07
2018	Jason Gomez (Westmont, Campbell)	1:59.21

1600-Meter Run (Boys)

1915	Gerald Balkenship (Visalia)	4:30.0
1916	Andy Silvas (Oakland Technical)	4:40.6
1917	Whitney Reeves (Pasadena)	4:37.4
1918	Jerry Pearce (Berkeley)	4:44.4
1919	Atwood Scovel (San Bernadino)	4:47.0
1920	Charlie Watts (Berkeley)	4:36.2
1921	Bill Kerr (Huntington Beach)	4:30.4
1922	Les Schwoeboda (Petaluma)	4:40.0
1923	Earl Lockhart (Sacramento)	4:31.6
1924	Lee Hansen (Manual Arts, Los Angeles)	4:37.1
1925	Chesley Unruh (El Monte)	4:35.2
1926	Jack Ferguson (Inglewood)	4:35.7
1927	Cliff Halstead (Sacramento)	4:33.6
1928	Dick Brooks (Redlands)	4:39.0
1929	John Baker (Huntington Beach)	4:31.1
1930	Phil Morentin (Visalia)	4:31.0
1931	Phil Morentin (Visalia)	4:32.8
1932	Virgil Hooper (Antelope Valley)	4:32.3
1933	Virgil Hooper (Antelope Valley)	4:29.2
1934	Louis Zamperini (Torrance)	4:27.8
1935	Elmer Bayer (Paso Robles)	4:30.4
1936	Simon Scott (Tamalpais)	4:31.2
1937	Bruce Hammack (Yreka)	4:30.4
1938	Jack Moore (Stockton)	4:26.9
1939	John Hall (Torrance)	4:26.8
1940	Kellen Ramirez (Edison, Fresno)	4:31.5

All-Time Individual Champions

1600-Meter Run (Boys) - continued

1941	Bob Ingram (San Jose)	4:32.8
1942-45	(No meet held)	
1946	Bob McMillen (Cathedral, Los Angeles)	4:24.0
1947	Chuck Kohl (Compton, Los Angeles)	4:29.2
1948	John Woolley (Marshall Fundamental)	4:29.1
1949	Ellwyn Stribling (Commerce, San Francisco)	4:25.1
1950	Ron Bauer (Washington, San Francisco)	4:23.7
1951	Allie Cage (McClymonds, Oakland)	4:30.7
1952	Fernando Ledesma (Compton)	4:23.2
1953	Bob Seaman (Reedley)	4:21.0
1954	Ty Hadley (Bellflower)	4:25.8
1955	Tod White (Newport Harbor)	4:20.0
1956	Ron Larrieu (Palo Alto)	4:20.1
1957	Tim Roelen (San Fernando)	4:20.2
1958	Woody Covington (Compton)	4:23.7
1959	Dale Storey (Orange)	4:11.0
1960	Ben Tucker (Poly, San Francisco)	4:14.3
1961	Bruce Bess (La Habra)	4:18.8
1962	Dennis Carr (Lowell, Whittier)	4:08.7
1963	Tracy Smith (Arcadia)	4:14.4
1964	Mike Ryan (Wilcox, Santa Clara)	4:11.2
1965	Tim Danielson (Chula Vista)	4:08.0
1966	Tim Danielson (Chula Vista)	4:07.0
1967	Mike Solomon (Westminster)	4:11.4
1968	Clifton West (Kennedy, Sacramento)	4:09.0
1969	Decker Underwood (South Torrance, Torrance)	4:12.1
1970	Brent Tubb (Cleveland, Reseda)	4:12.9
1971	Brent Tubb (Cleveland, Reseda)	4:09.6
1972	Mark Schilling (Garden Grove)	4:05.4
1973	Alvin Gilmore (Lompoc)	4:11.4
1974	Rick Kimball (De La Salle, Concord)	4:06.6
1975	John Johnson (Skyline, Oakland)	4:09.5
1976	Jim Arriola (Gahr, Cerritos)	4:14.6
1977	Mark Stillman (Willow Glen, San Jose)	4:06.9
1978	Paul Medvin (University, Los Angeles)	4:08.91
1979	Paul Medvin (University, Los Angeles)	4:12.9
1980	Larry Guinne (Castro Valley)	4:06.18
1981	Jeff Scott (El Camino, Sacramento)	4:10.06
1982	Tom Grewe (Carpinteria)	4:08.05
1983	Jim Frey (Yreka)	4:08.82
1984	Roman Gomez (Belmont, Los Angeles)	4:09.05
1985	Roman Gomez (Belmont, Los Angeles)	4:15.93
1986	Mark Mastalir (Jesuit, Carmichael)	4:07.81
1987	Scott Robinson (Bellarmine, San Jose)	4:07.95
1988	Reggie Williams (River City, West Sacramento)	4:08.78
1989	Francis O'Neil (San Pasqual, Escondido)	4:08.67
1990	Coley Candaele (Carpinteria)	4:06.26
1991	Daniel DasNeves (Helix, La Mesa)	4:12.22
1992	Daniel DasNeves (Helix, La Mesa)	4:09.54
1993	Brian Wilkinson (Merced)	4:08.13
1994	Mebratton Keflezighi (San Diego)	4:07.67
1995	Michael Stember (Jesuit, Carmichael)	4:04.00
1996	Michael Stember (Jesuit, Carmichael)	4:06.72
1997	Jon Stevens (Mission, San Jose)	4:10.08
1998	Jon Stevens (Mission, San Jose)	4:12.58
1999	Marcus Chandler (Serra, San Diego)	4:10.44
2000	Evan Fox (West Hills, Santee)	4:09.44
2001	Ryan Hall (Big Bear, Big Bear Lake)	4:02.62
2002	Matt Johnsrud (Woodcreek, Roseville)	4:11.89
2003	Phillip Reid (Rio Mesa, Oxnard)	4:08.49
2004	Mark Matusak (Loyola, Los Angeles)	4:15.89
2005	Mark Matusak (Loyola, Los Angeles)	4:10.72
2006	AJ Acosta (El Camino, Oceanside)	4:04.95
2007	Hudson Andrews (Royal, Simi Valley)	4:07.59
2008	German Fernandez (Riverbank)	4:00.29
2009	Mac Fleet (University City, San Diego)	4:05.33
2010	Elias Gedyon (Loyola, Los Angeles)	4:21.12
2011	Jantzen Oshier (Trabucco Hills, Mission Viejo)	4:00.83
2012	Darren Fahy (La Costa Canyon, Carlsbad)	4:08.78
2013	Blake Haney (Stockdale, Bakersfield)	4:06.91
2014	Blake Haney (Stockdale, Bakersfield)	4:08.52
2015	Austin Tamagno (Brea Olinda)	4:09.13
2016	Isaac Cortes (Great Oak, Temecula)	4:04.62
2017	Luis Grijalva (Armijo, Fairfield)	4:08.62
2018	Liam Anderson (Redwood, Larkspur)	4:09.31



German Fernandez from Riverbank shattered the previous national record in the 3200 meters by nearly eight seconds with a time of 8:34.23 at the 2008 State meet. This performance followed his near-national record showing earlier in the day in the 1600.

3200-Meter Run (Boys)

1965	Ralph Gamez (Berkeley)	9:12.9
1966	Ralph Gamez (Berkeley)	9:01.6
1967	Pete Romero (Reedley)	9:00.5
1968	Ruben Chappins (Excelsior, Norwalk)	9:05.7
1969	Ruben Chappins (Excelsior, Norwalk)	8:57.0
1970	Ron Johnson (West Torrance, Torrance)	8:55.6
1971	Dale Fleet (Clairemont, San Diego)	8:53.8
1972	Curtis Beck (Santa Monica)	8:52.3
1973	Terry Williams (Lompoc)	8:54.8
1974	Rick Kimball (De La Salle, Concord)	8:46.5
1975	Eric Hulst (Laguna Beach)	8:44.9
1976	Eric Hulst (Laguna Beach)	8:57.4
1977	Frank Assuma (Eisenhower, Rialto)	8:52.9
1978	Jeff Nelson (Burbank)	8:59.28
1979	Jeff Nelson (Burbank)	8:47.35
1980	Andy DiConti (La Canada)	8:55.79
1981	Jon Butler (Edison, Huntington Beach)	8:46.78
1982	Harold Kuphaldt (Bella Vista, Fair Oaks)	8:51.99
1983	Eric Reynolds (Camarillo)	8:54.75
1984	Roman Gomez (Belmont, Los Angeles)	8:58.91
1985	Roman Gomez (Belmont, Los Angeles)	9:03.05
1986	Eric Mastalir (Jesuit, Carmichael)	8:44.95
1987	Paul Thomas (Jesuit, Carmichael)	9:02.82
1988	Reggie Williams (River City, West Sacramento)	8:59.61
1989	David Welsh (Jesuit, Carmichael)	8:58.08
1990	Bryan Dameworth (Agoura)	8:53.26
1991	Dave Hartman (Canyon, Canyon Country)	8:58.38
1992	Angel Martinez (San Gabriel)	8:56.34
1993	Matt Farley (Jesuit, Carmichael)	9:04.39
1994	Mebratton Keflezighi (San Diego)	8:58.11
1995	Jason Balkman (Lynbrook, San Jose)	9:05.31
1996	Aaron Gillen (Yreka)	9:03.96
1997	Isaiah Festa (Morro Bay)	9:06.06
1998	Gary Passanisi (Aptos)	9:05.74
1999	Josh Spiker (Ventura)	9:02.00
2000	Ryan Hall (Big Bear, Big Bear Lake)	8:55.12
2001	Yong-Sung Leal (Arroyo, San Lorenzo)	9:00.49
2002	Kyle Alcorn (Buchanan, Clovis)	9:00.46
2003	Tim Nelson (Liberty Christian, Redding)	8:53.59
2004	Yosef Ghebray (James Logan, Union City)	9:04.20
2005	Michael Cybulski (Royal, Simi Valley)	9:02.57
2006	Michael Cybulski (Royal, Simi Valley)	8:53.77
2007	Eric Avila (Bonita Vista, Chula Vista)	9:01.77
2008	German Fernandez (Riverbank)	8:34.23
2009	Chris Schwartz (Foothill)	8:51.60
2010	Sam Pons (South Pasadena)	8:55.40
2011	Elias Gedyon (Loyola, Los Angeles)	8:50.03
2012	Darren Fahy (La Costa Canyon, Carlsbad)	9:03.29
2013	Blake Haney (Stockdale, Bakersfield)	9:01.65
2014	Fred Huxham (Redwood, Larkspur)	8:54.24

2015	Caleb Webb (Big Bear)	8:47.30
2016	Cooper Teare (St. Joseph ND, Alameda)	8:51.85
2017	Callum Bolger (San Luis Obispo)	8:53.91
2018	Matt Strangio (Jesuit)	8:56.18

110-Meter High Hurdles (Boys)

1915	Earl Thomson (Poly, Long Beach)	15.2
1916	Harry Lamport (Manual Arts, Los Angeles)	16.4
1917	Earl Johnston (Fullerton)	16.2
1918	Larry Rice (Fresno)	16.0
1919	Charley Daggs (Claremont)	16.6
1920	Otto Anderson (Pomona)	15.8
1921	Jack Houston (Lincoln, Los Angeles)	16.0
1922	Richard Bleet (Manual Arts, Los Angeles)	16.6
1923	Ross Nichols (Huntington Beach)	15.4
1924	Ross Nichols (Huntington Beach)	15.3
1925	Les Eade (Hollywood)	15.4
1926	Jim Meeks (Hollywood)	15.1
1927	Jeddy Welsh (Pasadena)	14.8
1928	Joe Bills (Poly, Long Beach)	15.6
1929	Bernie Miller (Hollywood)	15.4
1930	Bill DuPuy (Inglewood)	15.4
1931	Art Fisher (Redlands)	15.5
1932	Jack Ward (Selma)	15.0
1933	Roy Staley (Santa Monica)	15.2
1934	Roy Kirkpatrick (Central, El Cerrito)	14.7
1935	Johnny Lindell (Monrovia)	15.0
1936	Doug Busby (Sacramento)	15.7
1937	Ray Seares (Wilson, Long Beach)	15.5
1938	John Biewener (San Diego)	15.3
1939	Don Diez (Lincoln, Los Angeles)	14.9
	Sam Johnson (Fillmore)	14.9
1940	Keith Hale (Bakersfield)	14.7
	Don Reiss (Burlingame)	14.7
1941	Omar Cowles (Palo Alto)	14.3
1942-45	(No meet held)	
1946	Bob Bacon (Redondo)	14.5
1947	Hugh McElhenny (Washington, Los Angeles)	14.5
1948	Bob Mathias (Tulare)	14.5
1949	Jack Davis (Hoover, Glendale)	14.4
1950	Steve Turner (Glendale)	14.1
1951	Don Brinker (Fresno)	14.5
1952	Ancel Robinson (Selma)	14.7
1953	Harry Healey (Keppel)	14.4
1954	Rafer Johnson (Kingsburg)	14.3
1955	Ken Thompson (Centennial, Compton)	14.1
1956	Dale Messer (Lemoore)	14.2
1957	Ken Overholser (Glendale)	14.3
1958	Floyd James (Centennial, Compton)	14.1
1959	Bob Pierce (Burbank)	14.3
1960	Robert Bonds (Poly, Riverside)	13.9
1961	Abe Johnson (McClymonds, Oakland)	14.2w
1962	Ron White (Dorsey, Los Angeles)	14.0
1963	Carl Davis (Compton)	13.9
1964	Earl McCullough (Poly, Long Beach)	14.1
1965	Bill Persons (San Francisco)	13.8
	Rich Miller (Monrovia)	13.8
1966	Donald Parish (Dorsey, Los Angeles)	13.9
1967	Jerry Proctor (Muir, Pasadena)	13.7
1968	Kerry Hampton (Poly, San Francisco)	14.0
1969	Jerry Wilson (Roosevelt, Fresno)	13.7
1970	Alfonzo Hall (Morningside, Inglewood)	13.9
1971	Charles Jackson (Lompoc)	13.6w
1972	Daniel Jones (Palo Verde, Blythe)	13.6
1973	Mike Johnson (Pasadena)	13.6w
1974	Fred Shaw (Muir, Pasadena)	13.7
1975	Robert Gains (Kennedy, Richmond)	13.3
1976	Lloyd Jones (Ganesha, Pomona)	14.5
1977	Phillip Johnson (Gardena)	13.66
1978	Milan Stewart (West Covina)	13.97
1979	Jim Scannella (San Ramon, Danville)	13.87
1980	Don Ward (St. Mary's, Berkeley)	13.73
1981	David Ashford (West Covina)	13.67
1982	Steve Kerho (Mission Viejo)	13.41
1983	Mark Boyd (St. Mary's, Berkeley)	13.93
1984	Raymond Young (Hawthorne)	14.32
1985	Robert Reading (St. Mary's, Berkeley)	13.88
1986	Terry Johnson (Katella, Anaheim)	13.88

All-Time Individual Champions

110-Meter High Hurdles (Boys) - cont.

1987	Dana Hall (Ganessa, Pomona).....	13.98
1988	Darrell Thompson (Cerritos).....	14.25
1989	William Henry (Arroyo Grande).....	14.05
1990	Curtis Hawkins (Carson).....	14.41
1991	Issac Carson (Jefferson, Los Angeles).....	13.67
1992	Charlie Davidson (Saddleback, Santa Ana).....	13.94w
1993	Drue Powell (Reseda).....	13.87
1994	Gerimi Burleigh (Upland).....	13.93w
1995	Joe Naivalu (Fremont, San Jose).....	14.33
1996	Joe Naivalu (Fremont, San Jose).....	13.68
1997	Dominique DeGrammont (Tustin).....	13.48
1998	Marcell Allmond (St. Paul, Santa Fe Springs).....	13.83
1999	Marcell Allmond (St. Paul, Santa Fe Springs).....	13.54
2000	Christopher Morgan (Taft, Woodland Hills).....	13.95
2001	Christopher Morgan (Taft, Woodland Hills).....	13.59w
2002	Thomas Mack (Bakersfield).....	14.34
2003	Kevin Craddock (James Logan, Union City).....	14.09
2004	Kevin Craddock (James Logan, Union City).....	13.39
2005	Robert Williams (Ramona).....	13.97
2006	Terry Prentice (Diamond Ranch, Pomona).....	14.11
2007	Terry Prentice (Diamond Ranch, Pomona).....	13.53
2008	Devron Walker (Dominguez, Compton).....	13.96
2009	Dale Morgan (Taft, Woodland Hills).....	13.76
2010	Johnathan Cabral (Agoura, Agoura Hills).....	13.54
2011	Johnathan Cabral (Agoura, Agoura Hills).....	13.79
2012	Lloyd Sicard (Serra, Gardena).....	14.09
2013	Marquis Morris (De La Salle, Concord).....	13.90
2014	Misana Viltz (Millikan, Long Beach).....	13.47
2015	Alexander Billing (Simi Valley).....	13.68
2016	Joseph Anderson (Upland).....	13.59
2017	Joseph Anderson (Upland).....	13.33
2018	Jaden Ellis (Vista del Lago, Moreno Valley).....	13.97



Reggie Wyatt's 35.02 in the 300-meter intermediate hurdles at the 2009 State meet bettered the national record set by Jeshua Anderson (35.28) at the 2007 State meet.

300-Meter Intermediate Hurdles (Boys)

1975	Dedy Cooper (Ells, Richmond).....	36.5
1976	Charles White (San Fernando).....	36.7
1977	Andre Phillips (Silver Creek, San Jose).....	36.43
1978	Gary Lee (Poly, Long Beach).....	36.58
1979	Gary Lee (Poly, Long Beach).....	36.22
1980	Don Ward (St. Mary's, Berkeley).....	36.57
1981	Walter Murray (Berkeley).....	36.26
1982	Steve Kerho (Mission Viejo).....	35.85
1983	Danny Harris (Perris).....	35.52
1984	George Porter (Cabrillo, Lompoc).....	36.10
1985	George Porter (Cabrillo, Lompoc).....	35.50
1986	Rodney Bradshaw (Saugus, Santa Clarita).....	37.30
1987	Yki Vallery (Hawthorne).....	37.14
1988	John Montgomery (Independence, San Jose).....	36.43
1989	John Prudenti (Siena, Napa).....	37.28
1990	Rocky Morris (Andrew Hill, San Jose).....	37.46
1991	Keith Williams (Escondido).....	37.28
1992	Demond Smith (Hawthorne).....	37.34
1993	Kenny Haslip (Muir, Pasadena).....	37.80
1994	Kenny Haslip (Muir, Pasadena).....	37.14
1995	Mickey Grimes (Canyon Springs, Moreno Valley).....	36.83
1996	Makio Haywood (Muir, Pasadena).....	36.18
1997	Kenyon Rambo (Poly, Long Beach).....	36.57
1998	Al Williams (Irvine).....	37.17

1999	Rico Hatter (Vallejo).....	36.53
2000	Trevor Jones (Newport Harbor).....	36.60
2001	Jeffrey Hunter (Granite Hills, El Cajon).....	36.25
2002	Thomas Mack (Bakersfield).....	37.45
2003	Brandon Bornes (Rancho Buena Vista, Vista).....	38.00
2004	Kevin Craddock (James Logan, Union City).....	35.93
2005	David Klech (California, San Ramon).....	36.06
2006	David Klech (California, San Ramon).....	35.87
2007	Jeshua Anderson (Taft, Woodland Hills).....	35.28
2008	Brian Baucham (West Torrance).....	37.26
2009	Reggie Wyatt (La Sierra).....	36.71
2010	R.J. Frasier (Jesuit, Sacramento).....	36.90
2011	Johnathan Cabral (Agoura, Agoura Hills).....	36.20
2012	Jarrett Gonzales (Damien, La Verne).....	37.30
2013	Lloyd Sicard (Serra, Gardena).....	37.06
2014	Marquis Morris (De La Salle, Concord).....	36.86
2015	Justin Collins (Carson).....	36.67
2016	Koty Burton (La Quinta).....	36.34
2017	Joseph Anderson (Upland).....	36.02
2018	Caleb Lutalo Roberson (Upland).....	36.61

400-Meter Relay (Boys)

1968	Centennial (Compton).....	41.5
1969	Castlemont (Oakland).....	41.4
1970	Santa Ana.....	41.6
1971	El Cerrito.....	41.0
1972	Wilson (San Francisco).....	41.3
1973	Wilson (San Francisco).....	41.5
1974	Kennedy (Richmond).....	41.2
1975	Ells (Richmond).....	41.2
1976	Kennedy (Barstow).....	41.4
1977	Pasadena.....	41.61
1978	El Cerrito.....	41.55
1979	Pasadena.....	41.45
1980	Washington (Los Angeles).....	41.51
1981	Berkeley.....	40.86
1982	Oakland.....	41.09
1983	Edison (Fresno).....	40.83
1984	Berkeley.....	40.93
1985	Muir (Pasadena).....	41.32
1986	Hiram Johnson (Sacramento).....	41.30
1987	Muir (Pasadena).....	40.78
1988	Oakland.....	41.33
1989	Poly (Long Beach).....	41.82
1990	San Bernardino.....	41.05
1991	Compton.....	41.68
1992	Morningside (Inglewood).....	42.04
1993	Merced.....	41.42
1994	El Camino (Oceanside).....	41.16
1995	Skyline (Oakland).....	40.78
1996	Serra (Gardena).....	40.63
1997	Muir (Pasadena).....	40.35
1998	Poly (Long Beach).....	40.45
1999	Vallejo.....	40.94
2000	Serra (Gardena).....	40.97
2001	Helix (La Mesa).....	41.17
2002	Poly (Long Beach).....	40.63
2003	Carson (Los Angeles).....	41.53
2004	Skyline (Oakland).....	40.95
2005	Dorsey (Los Angeles).....	40.92
2006	Notre Dame (Sherman Oaks).....	41.27
2007	Poly (Long Beach).....	40.81
2008	Poly (Long Beach).....	41.26
2009	Serra (Gardena).....	40.67
2010	Poly (Long Beach).....	41.13
2011	Oaks Christian (Westlake Village).....	41.19
2012	Notre Dame (Sherman Oaks).....	41.13
2013	Serra (Gardena).....	40.49
2014	Woodcreek (Roseville).....	41.20
2015	Chaminade (West Hills).....	40.75
2016	Vista Murrieta.....	40.32
2017	Oaks Christian.....	40.95
2018	Great Oak.....	40.99

1600-Meter Relay (Boys)

1968	Centennial (Compton).....	3:14.3
1969	Los Angeles.....	3:15.2
1970	Los Altos (Los Altos).....	3:15.6

1971	Castlemont (Oakland).....	3:13.2
1972	El Cerrito.....	3:17.6
1973	Cordova (Rancho Cordova).....	3:17.4
1974	Muir (Pasadena).....	3:13.8
1975	Ells (Richmond).....	3:15.7
1976	Pasadena.....	3:18.2
1977	Pasadena.....	3:13.7
1978	Banning (Wilmington).....	3:11.57
1979	Locke (Los Angeles).....	3:14.04
1980	Centennial (Compton).....	3:10.37
1981	Berkeley.....	3:08.94
1982	Compton.....	3:14.45
1983	Hawthorne.....	3:10.11
1984	Hawthorne.....	3:09.45
1985	Hawthorne.....	3:14.13
1986	Hawthorne.....	3:14.79
1987	Hawthorne.....	3:11.77
1988	Hawthorne.....	3:10.46
1989	Dorsey (Los Angeles).....	3:12.21
1990	Muir (Pasadena).....	3:14.00
1991	Morningside (Inglewood).....	3:15.01
1992	Morningside (Inglewood).....	3:15.37
1993	North Salinas (Salinas).....	3:14.19
1994	Muir (Pasadena).....	3:12.54
1995	Muir (Pasadena).....	3:13.08
1996	Muir (Pasadena).....	3:08.66
1997	Dominguez (Compton).....	3:12.51
1998	Dominguez (Compton).....	3:12.64
1999	Dorsey (Los Angeles).....	3:13.01
2000	Serra (Gardena).....	3:12.94
2001	Poly (Long Beach).....	3:15.11
2002	Poly (Long Beach).....	3:12.90
2003	Poly (Long Beach).....	3:14.35
2004	Poly (Long Beach).....	3:13.74
2005	Dorsey (Los Angeles).....	3:12.12
2006	J.W. North (Riverside).....	3:10.36
2007	Poly (Long Beach).....	3:10.92
2008	Dominguez (Compton).....	3:09.59
2009	Lutheran (Orange).....	3:14.53
2010	Serra (Gardena).....	3:08.42
2011	Poly (Long Beach).....	3:12.44
2012	Rio Mesa (Oxnard).....	3:16.21
2013	Serra (Gardena).....	3:10.59
2014	Poly (Long Beach).....	3:11.86
2015	Wilson (Long Beach).....	3:13.46
2016	Vista Murrieta.....	3:14.97
2017	Rancho Verde.....	3:14.46
2018	Murrieta Mesa.....	3:10.86

Discus Throw (Boys)

1915	Cifford Merritt (Santa Rosa).....	113-00
1916	Wayne Weeks (Santa Rosa).....	117-00
1917	Roy Evans (Chaffey).....	122-11
1918	Johnny Boyle (Los Angeles).....	114-02.75
1919	Johnny Boyle (Los Angeles).....	120-06
1920	Clarence Houser (Oxnard).....	123-08
1921	Clarence Houser (Oxnard).....	135-00.50
1922	Clarence Houser (Oxnard).....	144-03.20
1923	Eric Krenz (Stockton).....	128-04.25
1924	Robert Patton (Poly, Riverside).....	124-06.50
1925	Eddie Moeller (San Diego).....	126-00.62
1926	Eddie Moeller (San Diego).....	141-00
1927	Fred Steiner (Chaffey).....	135-08
1928	Dudley Stephens (Woodland).....	135-00.37
1929	Dudley Stephens (Woodland).....	134-09
1930	Gordon Dunn (Fresno).....	130-05.12
1931	George Theodoratus (Sacramento).....	132-01.50
1932	Arlo Munch (Poly, Long Beach).....	130-11.50
1949	John Henry Johnson (Pittsburg).....	145-02
1950	Louie Irigara (Lemoore).....	145-01.25
1951	Leon Pattersonb (Taft).....	165-02
1954	Jack Egan (Balboa, San Francisco).....	159-01.50
1955	Wayne Crow (Corcoran).....	160-07
1956	Wayne Crow (Corcoran).....	171-05.25
1957	Don Bell (Alameda).....	172-03.75
1958	Bill Hook (Ukiah).....	166-08
1959	Ron Sindow (San Rafael).....	176-01
1960	Alex Darnes (Poly, San Francisco).....	178-08

All-Time Individual Champions

Discus Throw (Boys) - continued

1961	Bob Stoecker (Los Altos).....	188-06.50
1962	Bob Stoecker (Los Altos).....	185-11.50
1963	Stan McDonald (Edison, Fresno).....	178-01
1964	Bill Staley (Las Lomas, Walnut Creek).....	181-02
1965	Bruce Naglee (Baltimore, San Jose).....	172-03.50
1966	Jim Peters (Piedmont).....	189-01
1967	Fred DeBernardi (Hart, Newhall).....	178-02
1968	Rory Kenward (San Marcos, Santa Barbara).....	183-11
1969	Chris Adams (Los Altos).....	188-00
1970	Chris Adams (Los Altos).....	201-03
1971	Bob Otto (Porterville).....	184-09
1972	Scott Overton (Los Altos).....	185-10
1973	Lonnie Shelton (Foothill, Bakersfield).....	195-05
1974	Ray Burton (Vacaville).....	193-00
1975	Mike Alberg (Lodi).....	171-11
1976	Scott Endler (Hoover, Fresno).....	192-12
1977	David Thompson (Santa Ynez).....	190-00
1978	David Porath (Atwater).....	199-05
1979	Hank Kraychir (San Jacinto).....	192-09
1980	Paul Bender (Shafter).....	192-09
1981	Antonio Dobbins (Burroughs, Ridgecrest).....	180-10
1982	Antonio Dobbins (Burroughs, Ridgecrest).....	191-01
1983	Barry Estes (Clovis).....	183-04
1984	Tambi Wenj (Fountain Valley).....	185-11
1985	Brian Bluetreich (Capistrano Valley, Mission Viejo).....	203-04
1986	Jeff Hooper (Del Campo, Fair Oaks).....	187-04
1987	Dave Bultman (Royal, Simi Valley).....	193-06
1988	John Wirtz (Leland, San Jose).....	192-10
1989	Derrick Stevens (Bakersfield).....	188-02
1990	Rob Powell (Redwood, Visalia).....	203-04
1991	Jeff Buckley (Bakersfield).....	182-05
1992	Jeff Buckley (Bakersfield).....	186-10
1993	Chad Pearce (Trabuco Hills, Mission Viejo).....	182-02
1994	Jeremy Staat (Bakersfield).....	183-08
1995	Chad Jones (Arroyo Grande).....	183-09
1996	Scott Moser (Huntington Beach).....	185-07
1997	Scott Moser (Huntington Beach).....	203-02
1998	Reedus Thurman (Serra, Gardena).....	202-01
1999	Dan Ames (El Capitan, Lakeside).....	199-09
2000	Travis Pendleton (Esperanza, Anaheim).....	203-05
2001	Sean Shields (Arroyo Grande).....	189-01
2002	Jarred Morgan (La Quinta).....	194-01
2003	Nik Kay (Los Gatos).....	203-03
2004	Daniel Schaerer (The Bishop's School, La Jolla).....	206-05
2005	Darius Savage (Morse, San Diego).....	194-08
2006	Darius Savage (Morse, San Diego).....	205-06
2007	Derek Johnson (Agoura, Agoura Hills).....	203-06
2008	Dayshan Ragans (Foothill, Bakersfield).....	202-06
2009	Matt Darr (Frontier, Bakersfield).....	192-00
2010	Willy Irwin (Clovis East).....	207-08
2011	Ethan Cochran (Newport Harbor, Newport).....	185-09
2012	Ethan Cochran (Newport Harbor, Newport).....	196-04
2013	Brenden Song (West Hills, Santee).....	188-08
2014	Rocky Fenton (San Clemente).....	184-10
2015	Charles Lenford (Oceanside).....	195-04
2016	Bronson Osborn (Esperanza, Anaheim).....	200-10
2017	Iffy Joyner (Pittsburg).....	203-08
2018	Christian Lavalie (Mission Viejo).....	182-07

High Jump (Boys)

1915	Millard Webster (Santa Paula).....	5-09.50
1916	Titus Moore (Pasadena).....	5-08.50
1917	Lloyd Hill (Coalinga).....	5-09.25
1918	Harold Muller (San Diego).....	5-01.75
1919	Harold Muller (Oakland Technical).....	5-06
1920	Oliver Corey (Chaffey).....	6-00
1921	Al Fisher (Lincoln, Los Angeles).....	6-00.37
1922	Ed Shaw (Monrovia).....	5-10.75
1923	Henry Coggeshall (Poly, Los Angeles).....	5-11
1924	Henry Coggeshall (Poly, Los Angeles).....	6-01.25
1925	Al Bowen (Santa Monica).....	6-01.50
1926	Olympus Carter (Jordan, Los Angeles).....	5-11
	Bob Van Osdal (Compton).....	5-11
1927	Lynford Scott (Eureka).....	6-00.75
1928	Henry Lassalette (La Puente).....	6-02.12
	Bob Van Osdal (Compton).....	6-02.12
1929	Walter Marty (Fresno).....	6-04.25

1930	Kermit Plowman (Sequoia).....	6-00.50
1931	Paul Jacques (Santa Ana).....	6-04.12
1932	Cornelius Johnson (Los Angeles).....	6-03
1933	Cornelius Johnson (Los Angeles).....	6-04.75
1934	Delos Thurber (Glendale).....	6-05.87
1935	Les Steers (Palo Alto).....	6-02
1936	Les Steers (Palo Alto).....	6-00.75
1937	Les Steers (Palo Alto).....	6-04
1938	Gil La Cava (Beverly Hills).....	6-07.12
1939	Bill Stewart (Torrance).....	6-04
1940	Jack Newman (Poly, Long Beach).....	6-04.12
1941	Henry Caldwell (Edison, Fresno).....	6-01
1942-45	(No meet held)	
1946	Wilfred Schlange (Citrus).....	6-02
	Dick Smith (Roosevelt, Fresno).....	6-02
1947	Daryl Butts (Excelsior, Norwalk).....	6-00
	Walter Kirk (Porterville).....	6-00
1948	Dick Brombach (Poly, Long Beach).....	6-03
	Ed Young (Jefferson, Los Angeles).....	6-03
1949	Norman Woods (Jefferson, Los Angeles).....	6-03
1950	Ralph Bonham (Pomona).....	6-02.50
1951	Vern Wilson (San Jose).....	6-02
1952	Bernie Allard (Fresno).....	6-05.50
1953	Bernie Nelson (Hoover, San Diego).....	6-04
1954	Dick Daily (Hayward).....	6-05.50
1955	Charlie Dumas (Centennial, Compton).....	6-08.87
1956	Curtis Chappel (Jefferson, Los Angeles).....	6-03.25
1957	Robert Avant (Hart, Newhall).....	6-08
1958	Ray Nickleberry (Oxnard).....	6-08
	Paul Stuber (Bellflower).....	6-08
1959	Paul Stuber (Bellflower).....	6-07.25
1960	Archie Green (Oakland).....	6-06.25
	Roger Olsen (Willow Glen, San Jose).....	6-06.25
1961	Richard Jones (Bakersfield).....	6-08.25
1962	Richard Jones (Bakersfield).....	6-07.50
	Otis Burrell (Jefferson, Los Angeles).....	6-07.50
	Bob Channell (McLane, Fresno).....	6-07.50
1963	Ed Caruthers (Santa Ana Valley, Santa Ana).....	6-08
1964	Greg Heet (Lowell, Whittier).....	6-07.75
1965	Ken Brown (Castlemont, Oakland).....	6-08.50
1966	Tom Clyburn (Balboa, San Francisco).....	6-10
1967	Reynaldo Brown (Compton).....	6-09.25
1968	Reynaldo Brown (Compton).....	7-00
1969	Reynaldo Brown (Compton).....	7-00
1970	Jerry Culp (Oceanside).....	7-00.25
1971	Dwight Stones (Glendale).....	7-01.50
1972	Carl Miles (Poly, Long Beach).....	6-10
1973	Randy Turner (Wilson, San Francisco).....	6-06
1974	Charles Hatch (Wilson, San Francisco).....	7-00
1975	Johnny Washington (Fremont, Los Angeles).....	7-00
1976	John Lane (American, Fremont).....	6-11
1977	Dennis Smith (Santa Monica).....	7-02
1978	Brad Harris (Los Alamitos).....	6-11
1979	Lee Balkin (Glendale).....	7-03.25
1980	Greg Denby (Crenshaw, Los Angeles).....	6-10
1981	Anthony Caire (Pius X, Downey).....	7-01
1982	Maurice Crumby (Balboa, San Francisco).....	7-00
1983	Maurice Crumby (Balboa, San Francisco).....	7-02
1984	Kenny Burke (Westlake, Westlake Village).....	7-00
1985	Mark Webster (Homestead, Cupertino).....	6-09
1986	Derrick Moore (Millikan, Long Beach).....	6-10
1987	Luis Juico (Piedmont Hills, San Jose).....	7-01
1988	Reggie Bettor (Antelope Valley).....	7-00
1989	Mark Wilson (Charter Oak, Covina).....	7-00
1990	Kevin Carlson (Katella, Anaheim).....	7-00
1991	Avery Anderson (J.W. North, Riverside).....	7-02
1992	Griffin Childers (Woodland).....	6-11
1993	Jeff Nadeau (Monroe, North Hills).....	7-02
1994	Jeremy Fischer (Camarillo).....	7-00
1995	Michael Wilkins (Red Bluff).....	7-00
1996	Elliott Parks (El Toro, Lake Forest).....	6-10
1997	Jason Howard (Ridgeview, Bakersfield).....	7-01
1998	Darren Marble (Los Altos).....	6-08
1999	Gabe Zarete (Parlier).....	6-11
2000	Ebon Glenn (St. Mary's, Berkeley).....	7-00
2001	Teak Wilburn (Chico).....	6-10
2002	Cole Herron (Sanger).....	6-11
2003	Cole Herron (Sanger).....	6-10

2004	Ed Wright (St. Mary's, Berkeley).....	6-10.25
2005	Fletcher Carlyle (Vintage, Napa).....	6-09
2006	Casey Ryan (Argonaut, Jackson).....	6-09
2007	Daniel Kirkpatrick (Trabuco Hills, Mission Viejo).....	6-11
2008	Harrison Steed (J Serra, San Juan Capistrano).....	7-01
2009	Nick Ross (Vista Murrieta, Murrieta).....	7-01
2010	Tyler Jordan (Romona).....	6-11
2011	Crampton Cody (Canyon, Anaheim).....	6-11
2012	Noel Frazier (California, San Ramon).....	6-10.25
2013	Eric Moore (Carter, Rialto).....	6-11
2014	Eric Moore (Carter, Rialto).....	7-00.25
2015	Michael Burke (Lemoore).....	6-11
2016	Darius Carbin (Mt. Pleasant, San Jose).....	7-00
2017	Sean Lee (Trabuco Hills).....	6-11
2018	Sean Lee (Trabuco Hills).....	7-02

Long Jump (Boys)

1915	Ernest Plavan (Santa Ana).....	21-02.00
1916	Harry Lamport (Manual Arts, Los Angeles).....	21-05.25
1917	Gene Davis (Poly, Los Angeles).....	21-10.50
1918	Roy Hasselbach (Fresno).....	21-10.50
1919	Harold Miller (Oakland Technical).....	20-11.25
1920	Verden Nash (Chino).....	21-00.50
1921	Verden Nash (Chino).....	21-10.50
1922	Verden Nash (Huntington Beach).....	21-05.25
1923	Mort Kaer (Red Bluff).....	23-02.75
1924	Virgil Elliot (Huntington Beach).....	22-03.50
1925	Fred Osborne (Fullerton).....	21-08.50
1926	Walter Rehwald (Lincoln, Los Angeles).....	21-08.50
1927	Frank Wycoff (Glendale).....	22-05.00
1928	Dick Barber (Poly, Long Beach).....	23-05.75
1929	Wells Ruby (Hollywood).....	22-07.25
1930	George Shehtanian (Tulare).....	22-02.62
1931	Floyd Wilson (Riverside).....	23-02.62
1932	Tom White (Poly, Long Beach).....	22-10.50
1933	Don Skinner (Manual Arts).....	22-08.00
1934	Don Skinner (Manual Arts).....	23-08.50
1935	Jimmy Montgomery (El Monte).....	23-00.25
1936	Eddie Arnold (Muir).....	23-01.75
1937	Bill Bugbee (Montebello).....	23-01.00
1938	Bill Bugbee (Montebello).....	23-07.12
1939	Jim Jurkovich (Fresno).....	24-00.50
1940	Glenn Shoop (Long Beach, Jordan).....	22-02.50
1941	Ray Meagher (Bakersfield).....	23-05.75
1942-45	(No meet held)	
1946	Carl Monser (Alameda).....	22-02.25
1947	Hugh McElhenry (Washington, Los Angeles).....	22-10.50
1948	George Brown (Jordan, Los Angeles).....	23-02.25
1949	George Brown (Jordan, Los Angeles).....	24-06.25
1950	William Johnson (Jefferson, Los Angeles).....	24-02.75
1951	Bill Holland (Jefferson, Los Angeles).....	22-05.75
1952	Rollin Garrison (Compton).....	23-05.25
1953	Monte Upshaw (Piedmont).....	23-05.00
1954	Monte Upshaw (Piedmont).....	25-04.25
1955	Bobby Baines (Jordan, Los Angeles).....	23-03.50
1956	Oscar Bean (Jefferson, Los Angeles).....	24-09.00
1957	Luther Hayes (Lincoln, San Diego).....	23-08.50
1958	Steve Rogers (Brawley).....	24-06.00
1959	Efften Jones (Delano).....	23-05.75
1960	Walt Roberts (Compton).....	24-07.25
1961	Robert McKeever (Fremont, Los Angeles).....	24-03.00
1962	James Kennedy (Lincoln, San Diego).....	24-05.75
1963	Jerry Williams (Berkeley).....	24-03.50
1964	Bobby Bonds (Poly, Riverside).....	25-03.00
1965	Manuel Murrell (Poly, Long Beach).....	24-09.75
1966	Doyle Steel (San Diego).....	25-03.25
1967	Jerry Proctor (Muir, Pasadena).....	25-04.50
1968	Heulon Hewitt (Merced).....	24-07.00
1969	James McAllister (Blair, Pasadena).....	24-02.25
1970	Lynn Swann (Serra, San Mateo).....	24-02.75
1971	Randy Williams (Edison, Fresno).....	26-03.25w
1972	Carl McCullough (Sacramento).....	24-07.00
1973	Jerry Herndon (Cajon, San Bernadino).....	25-04.50w
1974	James Lofton (Washington, Los Angeles).....	24-03.50
1975	Paul Wilson (Fontana).....	24-08.50
1976	Larry Doubly (Manual Arts, Los Angeles).....	25-03.75w
1977	Kurt Durham (Oakland).....	25-00.75
1978	Dokie Williams (El Camino, Oceanside).....	25-01.25

All-Time Individual Champions

Long Jump (Boys) - continued

1979	George Gaffney (Lemoore)	24-01.75
1980	Charles Mayfield (Muir, Pasadena)	23-04.75
1981	Ed Tave (Muir, Pasadena)	25-00.50
1982	Eric Thomas (Norte Del Rio, Sacramento)	24-04.75
1983	Johnny Cleveland (Soquel)	24-06.50
1984	Joe Richardson (Pasadena)	24-11.00
1985	Larry Nelson (Simi Valley)	24-03.25
1986	Curtis Rodgers (Hiram Johnson, Sacramento)	23-10.00
1987	Percy Knox (Antelope Valley, Lancaster) ..	24-06.50
1988	Diatory Gildersleeve (Grant, Sacramento) ..	24-05.50w
1989	James Stallworth (Tulare Union, Tulare) ..	26-04.75
1990	Jerome Price (University City, San Diego) ..	25-03.25
1991	Steve Stanley (Gardena)	25-01.25w
1992	Eugene Dreher (Antelope Valley, Lancaster) ..	24-01.50w
1993	LeAndrew Childs (Inglewood)	24-00.00w
1994	Tyree Washington (La Sierra, Riverside) ..	23-09.25w
1995	Clarence Scott (Fremont, Los Angeles)	24-07.75
1996	Gerald Williams (Lynwood)	24-10.50
1997	Marvin Brown (Will C. Wood, Vacaville) ..	24-05.25
1998	BB Malone (Redwood, Visalia)	24-01.00w
1999	Robert Kennedy (El Camino, Sacramento) ..	25-02.00
2000	Oliver Jackson (Royal, Simi Valley)	24-04.25
2001	Trevell Quinley (Merrill West, Tracy)	24-05.75w
2002	Ronald Hill (Walnut)	23-09.50
2003	Derrell Hutsona (Helix, La Mesa)	25-05.75
2004	Demetri Mosby (Gahr, Cerritos)	24-03.75
2005	Andre Crenshaw (Antelope Valley, Lancaster) ..	22-08.00
2006	Terry Prentice (Diamond Ranch, Pomona) ..	23-10.50
2007	Terry Prentice (Diamond Ranch, Pomona) ..	23-08.50w
2008	Cameron Gillette (La Mirada)	24-01.75w
2009	Chase Wheeler (De La Salle, Concord)	25-02.25
2010	Niko DiMartino (Oaks Christian, Westlake Village) ..	23-10.50
2011	Jovante Slater (Vista Murrieta, Murrieta) ..	24-10.50
2012	Adoree Jackson (Serra, Gardena)	25-00.50
2013	Nate Moore (Castro Valley)	24-11.75
2014	Nate Moore (Castro Valley)	25-08.75
2015	Gregory Vann (Rio Mesa, Oxnard)	24-06.00
2016	Isaijah Holmes (Oakmont, Roseville)	25-05.00
2017	Sanjay Kettels (St. Mary's, Berkeley)	24-03.75
2018	Malcolm Clemons (St. Mary's, Berkeley) ..	25-01.00

Pole Vault (Boys)

1915	Lincoln Hall (Santa Paula)	11-06
1916	Lincoln Hall (Santa Paula)	11-09
1917	Vance Wilbur (Sacramento)	11-00
1918	Eric Richardson (Ukiah)	11-06
1919	Dick Emmons (Manual Arts, Los Angeles) ..	10-06
1920	Leroy Goodenough (Fillmore)	11-10
1921	Harold Shoebridge (Anaheim)	12-00
1922	Harry Smith (San Diego)	11-11.50
1923	Leo Barnes (Hollywood)	12-03.37
	Harry Smith (San Diego)	12-03.62
1924	Leo Barnes (Hollywood)	12-11.50
1925	Jack Williams (Inglewood)	12-09.62
1926	Marshall Beeman (Armijo Fairfield)	12-04
	Conrad Boyle (Manual Arts, Los Angeles) ..	12-04
	Bill Hubbard (San Diego)	12-04
	Jerry Stewart (Los Angeles)	12-04
1927	Bill Miller (San Diego)	12-00
1928	Bill Miller (San Diego)	12-09.50
1929	Bill Miller (San Diego)	12-06
1930	Dave Crow (Poly, Long Beach)	12-06
1931	Joe Ramsey (Inglewood)	12-08.25
	Matt Stankovich (Poly, Los Angeles)	12-08.25
1932	Bill Sefton (Poly, Los Angeles)	13-00
1933	Ed Harrison (Santa Monica)	12-07
1934	Dick Clark (Hoover, Glendale)	12-10
	Rich Rodriguez (Poly, Los Angeles)	12-10
1935	Dick Clark (Hoover, Glendale)	12-10.50
1936	Dave Bodkins (Inglewood)	12-11
1937	Baylor Maynard (Belmont, Los Angeles) ..	13-01.25
1938	Floyd Doty (Lodi)	12-10.75
	Lawrence McLanahan (Sacramento)	12-10.75
1939	Frank Ferguson (Inglewood)	13-03.75
	Clarence Humberger (Glendale)	13-03.75
1940	Frank Ferguson (Inglewood)	13-00
	Irving Moore (Piedmont)	13-00

1941	Chet Hartmann (San Benito)	12-06
	Irving Moore (Piedmont)	12-06
	Ernie Sontag (Taft, Fresno)	12-06
1942-45	(No meet held)	
1946	Bill Mays (Oxnard)	12-06.50
	Phil Quilter (Pasadena)	12-06.50
1947	George Mattos (Pacific Grove)	12-06
1948	Don Barnes (Fullerton)	12-06
1949	Jack Widman (Lomita Narbonne)	13-04.50
1950	Dick McDonald (Wilson, Long Beach)	13-00.50
	Harold Red (Lemoore)	13-00.50
1951	Clarke Merrill (Belmont, Los Angeles)	13-00
1952	Ron Morris (Burroughs, Burbank)	13-03.75
1953	Ron Morris (Burroughs, Burbank)	13-09.12
1954	Bob McKay (Inglewood)	13-00
	Joe Rose (Hoover, Glendale)	13-00
	Stan Gaunt (Mt. Diablo)	13-00
1955	Nathaniel Finney (Jordan, Los Angeles) ..	13-04
1956	Bill Logan (El Cajon)	13-06
	Tim Helms (Shingle Springs, El Dorado) ..	13-06
1957	Voyce Hendrix (Riverside)	13-06
1958	John Rose (Hoover, Glendale)	14-01
1959	Bob Looney (Santa Barbara)	13-08.75
1960	Mike Flanagan (Ganesha, Pomona)	13-03
	Gary Down (Anaheim)	13-03
1961	Mike Graves (El Cajon)	14-02.50
1962	Eric Berge (Costa Mesa)	14-03
	Bob Richardson (Ganesha, Pomona)	14-03
1963	Bill Fosdick (Andrew Hill, San Jose)	14-08.75
1964	Paul Wilson (Warren, Downey)	15-04.25
1965	Paul Wilson (Warren, Downey)	15-06.50
1966	Wayne Meyers (Foothill, Sacramento) ..	15-00.75
1967	Tom Reynolds (Morningside, Inglewood) ..	14-10
1968	Steve Smith (South Torrance, Torrance) ..	15-03.50
1969	Steve Smith (South Torrance, Torrance) ..	16-00
1970	Tom Lindsay (La Sierra, Carmichael)	14-10.50
1971	Tim Quinn (Monroe, Sepulveda)	15-02
1972	Hubert Black (Fremont, Los Angeles)	15-02
1973	Tim Curran (Crespi, Encino)	16-02.75
1974	Jim Knaub (Lakewood)	15-06
1975	Keith Schimmel (Villa Park)	15-06
1976	Tim Hintnaus (Aviation, Redondo Beach) ..	15-02
1977	Anthony Curran (Crespi, Encino)	16-00
1978	Anthony Curran (Crespi, Encino)	17-00.25
1979	Clark Elliot (Bellflower)	15-06
1980	Greg Stull (Troy, Fullerton)	15-10
1981	Doug Wicks (South Bakersfield, Bakersfield) ..	15-02
1982	Scott Christensen (Acalanes, Lafayette) ..	15-06
1983	Mike Kibort (Saratoga)	15-06
1984	Ivar Moen (Los Gatos)	16-02
1985	Brent Burns (Acalanes, Lafayette)	16-02
1986	Steve Toney (Menlo-Atherton, Atherton) ..	16-02
1987	Steve Slocum (Foothill, Santa Ana)	15-06
1988	Tom Richards (San Marcos)	16-00
1989	Jim Lawrence (Del Mar, San Jose)	15-06
1990	Ed Lasquette (Mt. Pleasant, San Jose) ..	15-10
1991	David Cox (Foothill, Fresno)	16-06
1992	Clarence Phelps (Christian Brothers, Sacramento) ..	16-00
1993	Scott Slover (Leland, San Jose)	16-02
1994	Scott Slover (Leland, San Jose)	16-10
1995	Mike Brown (Torrey Pines, Encinitas) ..	16-04
1996	Steve Michels (Brethren Christian, Cypress) ..	16-02
1997	David Gritz (Bear Creek, Stockton)	16-07
1998	Mark Unzueta (Lemoore)	16-02
1999	Brandon Braunstein (Newark Memorial, Newark) ..	16-02
2000	Shane Hackett (Verdugo Hills, Tujunga) ..	16-04
2001	Mike Landers (Golden Valley, Merced)	16-03
2002	David Moore (Miramonte, Orinda)	16-06
2003	Ryan Shuler (Granite Bay)	16-00
2004	Scott Roth (Granite Bay)	16-04
2005	Scott Roth (Granite Bay)	17-01
2006	Scott Roth (Granite Bay)	16-11
2007	Nico Weiler (Los Gatos)	17-02
2008	Nico Weiler (Los Gatos)	17-03
2009	Michael Woespe (Mater Dei, Santa Ana) ..	16-05
2010	Scott Cook (Mater Dei, Santa Ana)	16-03
2011	Ian Rock (Davis)	16-02
2012	Peter Chapman (Murrieta Valley, Murrieta) ..	16-04

2013	Luigi Colella (Thousand Oaks)	16-04
2014	Carl Johansson (Lutheran, Orange)	17-00
2015	Austin Laut (Oak Ridge, El Dorado Hills) ..	15-09
2016	Jeff Gordon (Marina, Huntington Beach) ..	16-08
2017	Tate Curran (Redondo Union)	16-10
2018	Sondre Guttormsen (Davis)	17-10

Shot Put (Boys)

1915	Wayne Weeks (Santa Rosa)	46-02.37
1916	Wayne Weeks (Santa Rosa)	47-04.25
1917	Jim Blewett (Manual Arts, Los Angeles) ..	47-09.25
1918	Jennings Robertson (Sutter)	44-06.00
1919	Ernst Hartmann (Poly, Los Angeles)	42-03.00
1920	Clarence Houser (Oxnard)	49-09.00
1921	Clarence Houser (Oxnard)	52-00.00
1922	Clarence Houser (Oxnard)	55-04.75
1923	Cecil White (Modesto)	48-00.50
1924	Cecil White (Modesto)	49-07.37
1925	Herb Fleishhacker (Menlo Park)	49-02.00
1926	Maurey Lauterman (Poly, Los Angeles) ..	49-00.25
1927	Harold Falter (Glendale)	49-09.62
1928	Garrett Arbelbide (Huntington Park)	48-10.50
1929	Nelson Gray (Chaffey)	53-05.50
1930	Don Carter (Franklin, Los Angeles)	52-08.25
1931	Don Carter (Franklin, Los Angeles)	52-10.00
1932	Bob Pyle (Pasadena)	53-06.00
1933	Jim Donaldson (Hollywood)	53-03.00
1934	Ray Young (Riis, Los Angeles)	55-10.00
1935	John Raitt (Fullerton)	55-05.25
1936	Joe Hill (CSD, Berkeley)	54-05.25
1937	Wilbur Thompson (Modesto)	55-08.75
1938	Mario Russo (Pittsburg)	55-05.75
1939	Frank Minini (Paso Robles)	54-01.00
1940	Ben Steele (Santa Rosa)	54-04.12
1941	George Souza (Vallejo)	52-04.25
1942-45	(No meet held)	
1946	John Helwig (Mt. Carmel, Los Angeles) ..	59-05.12
1947	Bob Cameron (Washington, Los Angeles) ..	53-10.87
1948	Bob Cameron (Washington, Los Angeles) ..	59-07.25
1949	Elmer Willhoite (Merced)	57-03.23
1950	Hal Norris (Grossmont, San Diego)	56-05.50
1951	Leon Patterson (Taft)	59-02.50
1952	Leon Patterson (Taft)	60-09.87
1953	Don Vick (Chaffey)	60-07.75
1954	Dick Bronson (Grossmont, San Diego) ..	59-07.12
1955	Duncan Ward (Santa Monica)	59-04.50
1956	Homer Robertson (Pacific, San Bernadino) ..	63-09.50
1957	Clark Branson (Pasadena)	64-00.75
1958	Jack Slocombe (Millikan, Long Beach) ..	61-04.50
1959	Mike Parker (Turlock)	57-08.00
1960	Matthew Baggett (Berkeley)	60-07.00
1961	Bill Pace (El Rancho, Pico Rivera)	64-03.50
1962	Jim O'Brien (DeAnza, Richmond)	62-02.25
1963	Bruce Wilhelm (Fremont, Sunnyvale)	63-04.75
1964	Bob Brannan (Los Gatos)	62-07.25
1965	Steve Marcus (Palisades, Pacific Palisades) ..	63-11.25
1966	John Hubbell (Poly, Long Beach)	66-11.00
1967	John Buehler (Whittier)	65-03.25
1968	Pete Schmock (San Dieguito, Encinitas) ..	63-11.00
1969	Sam Cunningham (Santa Barbara)	61-02.00
1970	Randy Withrow (Pasadena)	63-08.75
1971	Mark Stevens (Newport Harbor)	67-02.25
1972	Randy Cross (Crespi, Encino)	65-07.25
1973	Jim Niedhart (Newport Harbor)	67-03.25
1974	David Kurrasch (Santa Ana)	63-10.50
1975	David Kurrasch (Santa Ana)	65-09.50
1976	Steve Montgomery (Lassen, Susanville) ..	68-00.00
1977	Craig Polley (Sunny Hills, Fullerton)	62-04.25
1978	Dave Porath (Atwater)	65-10.75
1979	Don Mosebar (Mt. Whitney, Visalia)	62-06.75
1980	Scott Garnett (Muir, Pasadena)	64-04.25
1981	John Frazier (Antelope Valley, Lancaster) ..	63-08.75
1982	Pat Kyle (Buena Park)	60-04.00
1983	Curt Sisco (Vacaville)	63-09.50
1984	Brian Blutreich (Capistrano Valley, Mission Viejo) ..	64-07.25
1985	Brian Blutreich (Capistrano Valley, Mission Viejo) ..	68-04.00
1986	Brian Boggess (El Capitan, Lakeside)	61-04.00
1987	Dave Bultman (Royal, Simi Valley)	67-00.00

All-Time Individual Champions

Shot Put (Boys) - continued

1988	Kaleaph Carter (Edison, Huntington Beach)...	64-00.25
1989	Brent Noon (Fallbrook).....	66-01.50
1990	Brent Noon (Fallbrook).....	74-04.75
1991	Mark Parlin (Esperanza, Anaheim).....	61-05.50
1992	Pete Swanson (San Benito, Hollister).....	61-03.25
1993	Tyson Lingenfelter (Upland).....	60-09.50
1994	Chris DeMartine (St. Ignatius, San Francisco).....	58-11.50
1995	Matt Pentecost (Loyola, Los Angeles).....	62-03.75
1996	Jason Hammond (Fowler).....	64-04.00
1997	Van Mounts (Bakersfield).....	67-00.75
1998	Van Mounts (Bakersfield).....	66-07.00
1999	Rhuben Williams (Eagle Rock, Los Angeles).....	62-08.50
2000	Rhuben Williams (Eagle Rock, Los Angeles).....	63-02.50
2001	David Guerin (Leuzinger, Lawndale).....	62-10.75
2002	Noah Bryant (Carpinteria).....	65-07.75
2003	Jared Bray (Mission Bay, San Diego).....	63-03.25
2004	Mark Lewis (Arroyo Grande).....	63-05.50
2005	Danny Rohr (Arroyo Grande).....	60-06.25
2006	Darius Savage (Morse, San Diego).....	66-03.25
2007	Joe Canavan (Palm Desert).....	67-01.50
2008	Dayshan Ragans (Foothill, Bakersfield).....	62-10.00
2009	Matt Darr (Frontier, Bakersfield).....	62-01.25
2010	Matt Darr (Frontier, Bakersfield).....	63-09.75
2011	Nicholas Scarvelis (Dos Pueblos, Goleta).....	64-00.00
2012	Ethan Cochran (Newport Harbor, Newport).....	62-04.25
2013	Nick Ponzio (Great Oak, Temecula).....	66-02.50
2014	Dotun Ogundej (Madison, San Diego).....	65-05.50
2015	Matt Katnik (St. John Bosco, Bellflower).....	72-00.00
2016	Bronson Osborn (Esperanza, Anaheim).....	69-10.75
2017	Jonah Wilson (Clovis).....	66-02.75
2018	Daniel Viveros (Liberty, Bakersfield).....	62-05.50

Triple Jump (Boys)

1939	Jack Laughner (Wilson, Long Beach).....	44-08.50
1973	Willie Banks (Oceanside).....	49-07.25
1974	Willie Banks (Oceanside).....	50-09.00
1975	Mike Dobbins (Merced).....	49-03.00
1976	Greg Caldwell (Fremont, Los Angeles).....	51-08.50w
1977	Dokie Williams (El Camino, Oceanside).....	51-00.50
1978	Dokie Williams (El Camino, Oceanside).....	50-04.25
1979	Henry Ellard (Hoover, Fresno).....	49-02.50
1980	Freeman Miller (Fremont, Los Angeles).....	50-08.00
1981	Ken Frazier (Mission, San Francisco).....	50-10.75
1982	Archie Cornell (Fresno).....	50-03.75
1983	Torrey Barr (McLane, Fresno).....	50-02.50
1984	Joe Richardson (Pasadena).....	51-08.25
1985	Terrence Strong (Bakersfield).....	51-09.50w
1986	Marcus Hooks (Lakewood).....	51-04.25
1987	Joel Smith (Cordova, Rancho Cordova).....	50-10.00
1988	Tyrone Scott (Mesa Verde, Citrus Heights).....	50-06.00
1989	Lenny McGill (Orange Glen, Escondido).....	51-01.25
1990	Pouphet Singbandith (Magnolia, Anaheim).....	51-07.75
1991	Offord Rollins (Wasco).....	51-04.75
1992	Tony Parrish (Marina, Huntington Beach).....	49-01.00w
1993	Tony Parrish (Marina, Huntington Beach).....	50-11.75
1994	Von Ware (Rancho Buena Vista, Vista).....	50-06.00
1995	Michael Turner (Morningside, Inglewood).....	49-02.00w
1996	Tye Anderson (Poly, Long Beach).....	49-11.75
1997	Anthony Colson (Center, Antelope).....	49-11.25w
1998	Benson Jones (Clayton Valley, Concord).....	51-01.50w
1999	Kyle Carano (Hoover, Fresno).....	52-02.50w
2000	Jamil Smith (Palmdale).....	49-04.25
2001	Jamil Smith (Palmdale).....	49-08.00
2002	Nathan Atkins (Cerritos).....	49-07.75
2003	Rudy Burgess (Desert, Edwards AFB).....	50-04.25
2004	Nkosinza Balumbu (James Logan, Union City).....	50-06.00
2005	Nkosinza Balumbu (James Logan, Union City).....	49-07.50
2006	Richard Sherman (Dominguez, Compton).....	50-08.00
2007	Jonathan Clark (Loyola, Los Angeles).....	49-00.25w
2008	Johnny Carter (Ridgeview, Bakersfield).....	49-00.75w
2009	Hammed Suleman (Deer Valley, Antioch).....	49-07.50
2010	Jovon Cunningham (Enterprise, Redding).....	50-08.25
2011	Marques Roberts (Otay Ranch, Chula Vista).....	49-06.50
2012	Klyvens Delunay (Claremont).....	51-07.00w
2013	Nate Moore (Castro Valley).....	50-11.75
2014	Nate Moore (Castro Valley).....	51-04.00
2015	Ron Smith (St. Mary's College, Berkeley).....	49-00.25

2016	Morrell Osling (Antelope Valley, Lancaster).....	48-09.25
2017	CJ Stevenson (Great Oak, Temecula).....	49-07.75
2018	CJ Stevenson (Great Oak, Temecula).....	49-11.75

100-Meter Dash Ambulatory (Boys)

2016	Cameron Kading (Claremont).....	13.43
2017	Cameron Kading (Claremont).....	12.84
2018	Parker Harvey (San Diego).....	12.32

100-Meter Dash Wheelchair (Boys)

2016	Michael Seo (Escondido Charter).....	21.12
2017	Michael Seo (Escondido Charter).....	19.79
2018	Danny Smutt (Mission Hills).....	20.32

200-Meter Dash Ambulatory (Boys)

2016	Joshua Morales (O'Connell).....	28.65
2017	Henry Waterman (Mater Dei).....	26.92
2018	Parker Harvey (San Diego).....	25.48

200-Meter Dash Wheelchair (Boys)

2016	Michael Seo (Escondido Charter).....	39.91
2017	Michael Seo (Escondido Charter).....	37.43
2018	Danny Smutt (Mission Hills).....	40.81

400-Meter Dash Ambulatory (Boys)

2016	Justin Gallegos (Hart).....	1:27.36
2017	Saqueo Hernandez (SF International).....	1:07.30
2018	Ethan Fung (Lowell, San Francisco).....	1:02.57

400-Meter Dash Wheelchair (Boys)

2016	Michael Seo (Escondido Charter).....	1:20.08
2017	Michael Seo (Escondido Charter).....	1:16.25
2018	Shawn Vanaman (Clovis).....	1:22.14

Shot Put Ambulatory (Boys)

2016	Kurt Axene (Woodbridge).....	33-09.00
2017	Saqueo Hernandez (SF International).....	32-03.50
2018	Parker Harvey (San Diego).....	39-00.00

Shot Put Wheelchair (Boys)

2016	Javier Diaz (Grant).....	12-02.75
2017	Michael Seo (Escondido Charter).....	10-07.50
2018	Danny smutt (Mission Hills).....	16-06.00

GIRLS CHAMPIONS

100-Meter Dash (Girls)

1974	Janice Wiser (La Jolla).....	10.8
1975	Sandi Howard (Manual Arts, Los Angeles).....	10.7
1976	Pam Waters (Bell, Los Angeles).....	11.0
1977	Jeanette Bolden (Centennial, Compton).....	10.48w
1978	Kelia Bolton (Andrew Hill, San Jose).....	10.92
1979	Gwen Loud (Westchester, Los Angeles).....	10.62
1980	Sharon Ware (Berkeley).....	11.42
1981	Sharon Ware (Berkeley).....	11.66
1982	Gervaise McCraw (Ganesha, Pomona).....	11.69
1983	Lisa Winston (Jordan, Long Beach).....	11.73
1984	Gail Devers (Sweetwater, National City).....	11.51
1985	Tesha Giddens (Locke, Los Angeles).....	11.58
1986	Angela Burnham (Rio Mesa, Oxnard).....	11.78
1987	Janeene Vickers (Pomona).....	11.76
1988	Angela Burnham (Rio Mesa, Oxnard).....	11.52
1989	Angela Burnham (Rio Mesa, Oxnard).....	11.31w
1990	Marion Jones (Rio Mesa, Oxnard).....	11.67w
1991	Marion Jones (Rio Mesa, Oxnard).....	11.17
1992	Marion Jones (Thousand Oaks).....	11.14
1993	Marion Jones (Thousand Oaks).....	11.61
1994	Heather Sumpter (Muir, Pasadena).....	11.69
1995	Lakeisha Backus (Wilson, Long Beach).....	11.39w
1996	Malika Edmonson (St. Bernard, Marina del Rey).....	11.82w
1997	Angela Williams (Chino).....	11.15
1998	Angela Williams (Chino).....	11.10w
1999	Tania Woods (Skyline, Oakland).....	11.41
2000	Sani Roseby (Monterey).....	11.90
2001	Allyson Felix (Los Angeles Baptist, North Hills).....	11.61
2002	Allyson Felix (Los Angeles Baptist, North Hills).....	11.55
2003	Allyson Felix (Los Angeles Baptist, North Hills).....	11.29
2004	Jasmin Baldwin (Bishop Amat, La Puente).....	11.33
2005	Ebony Collins (Wilson, Long Beach).....	11.50

2006	Jeneba Tarmoh (Mt. Pleasant, San Jose).....	11.59
2007	Jeneba Tarmoh (Mt. Pleasant, San Jose).....	11.27
2008	Ashton Purvis (St. Elizabeth, Oakland).....	11.92
2009	Valexia Droughn (Rio Mesa, Oxnard).....	11.54
2010	Ashton Purvis (St. Elizabeth, Oakland).....	11.17
2011	Jenna Prandini (Clovis).....	11.69
2012	Ariana Washington (Poly, Long Beach).....	11.47
2013	Ariana Washington (Poly, Long Beach).....	11.39
2014	Ariana Washington (Poly, Long Beach).....	11.22
2015	Zaria Francis (Rio Mesa, Oxnard).....	11.31
2016	Lauren Williams (Oaks Christian, Westlake Village).....	11.39
2017	Ariyonna Augustine (Poly, Long Beach).....	11.58
2018	DeAnna Nowling (Calabasas).....	11.47

200-Meter Dash (Girls)

1974	Janice Wiser (La Jolla).....	24.2
1975	Pam Waters (Bell, Los Angeles).....	24.4
1976	Pam Waters (Bell, Los Angeles).....	24.8
1977	Kim Robinson (Westchester, Los Angeles).....	23.97
1978	Kelia Bolton (Andrew Hill, San Jose).....	23.99
1979	Gwen Loud (Westchester, Los Angeles).....	23.54
1980	Sherri Howard (Kennedy, Granada Hills).....	23.19
1981	Denean Howard (Kennedy, Granada Hills).....	23.73
1982	Denean Howard (Kennedy, Granada Hills).....	23.59w
1983	Lisa Winston (Jordan, Long Beach).....	23.83
1984	Paulette Blalock (Compton).....	23.59
1985	Tami Stiles (Hawthorne).....	23.45
1986	Tami Stiles (Hawthorne).....	24.02
1987	Maddette Smith (Quartz Hill).....	24.12
1988	Angela Burnham (Rio Mesa, Oxnard).....	23.45
1989	Angela Burnham (Rio Mesa, Oxnard).....	23.56
1990	Marion Jones (Rio Mesa, Oxnard).....	23.71
1991	Marion Jones (Rio Mesa, Oxnard).....	22.91w
1992	Marion Jones (Thousand Oaks).....	22.83
1993	Marion Jones (Thousand Oaks).....	23.14
1994	Lakeisha Backus (Wilson, Long Beach).....	23.21
1995	Lakeisha Backus (Wilson, Long Beach).....	23.01w
1996	Malika Edmonson (St. Bernard, Marina del Rey).....	23.47
1997	Kinshasa Davis (Wilson, Long Beach).....	22.90
1998	Angela Williams (Chino).....	23.02
1999	Tania Woods (Skyline, Oakland).....	22.88
2000	Monique Henderson (Morse, San Diego).....	23.19
2001	Angel Perkins (Gahr, Cerritos).....	22.85w
2002	Allyson Felix (Los Angeles Baptist, North Hills).....	22.83
2003	Allyson Felix (Los Angeles Baptist, North Hills).....	22.52
2004	Jasmin Baldwin (Bishop Amat, La Puente).....	22.86
2005	Khrystal Carter (Valley Christian, San Jose).....	23.44w
2006	Jeneba Tarmoh (Mt. Pleasant, San Jose).....	23.29
2007	Jeneba Tarmoh (Mt. Pleasant, San Jose).....	23.20
2008	Jessica Davis (Highland, Palmdale).....	23.46
2009	Ashton Purvis (St. Elizabeth, Oakland).....	23.46
2010	Ashton Purvis (St. Elizabeth, Oakland).....	22.90
2011	Jenna Prandini (Clovis).....	23.81
2012	Ariana Washington (Poly, Long Beach).....	23.41
2013	Ariana Washington (Poly, Long Beach).....	23.22
2014	Ariana Washington (Poly, Long Beach).....	22.96
2015	Zaria Francis (Rio Mesa, Oxnard).....	23.09
2016	Celera Barnes (St. Bonaventure, Ventura).....	23.25
2017	Ariyonna Augustine (Poly, Long Beach).....	23.41
2018	Tierra Robinson-Jones (Bishop O'Dowd).....	23.66

400-Meter Dash (Girls)

1974	Veronica Venezie (Terra Linda, San Rafael).....	56.4
1975	Jodi Anderson (Washington, Los Angeles).....	55.3
1976	Marquita Belk (Silver Creek, San Jose).....	55.2
1977	Valerie Brisco (Locke, Los Angeles).....	55.14
1978	Arlise Emerson (Westminster).....	54.3
1979	Sherri Howard (San Geronio, San Bernardino).....	53.65
1980	Denean Howard (Kennedy, Granada Hills).....	53.04
1981	Gervaise McCraw (Ganesha, Pomona).....	54.15
1982	Denean Howard (Kennedy, Granada Hills).....	52.39
1983	Leslie Maxie (Mills, Millbrae).....	53.19
1984	Chewaukii Knighten (Locke, Los Angeles).....	52.67
1985	Chewaukii Knighten (Locke, Los Angeles).....	52.72
1986	Princess Bennett (Compton).....	53.56
1987	Angela Rolf (Dorsey, Los Angeles).....	53.55
1988	Angela Rolf (Dorsey, Los Angeles).....	54.26
1989	Angela Rolf (Dorsey, Los Angeles).....	53.97

All-Time Individual Champions

400-Meter Dash (Girls) - continued

1990	Janice Nichols (Bakersfield)	53.89
1991	Janice Nichols (Bakersfield)	54.19
1992	Janice Nichols (Bakersfield)	54.46
1993	Asha Jaysinghe (Arcadia)	55.45
1994	Latasha Gilliam (Pittsburg)	53.93
1995	Angela Williams (Chino)	53.40
1996	Kinshasa Davis (Wilson, Long Beach)	52.67
1997	Kinshasa Davis (Wilson, Long Beach)	52.66
1998	Monique Henderson (Morse, San Diego)	53.41
1999	Monique Henderson (Morse, San Diego)	52.87
2000	Monique Henderson (Morse, San Diego)	50.74
2001	Monique Henderson (Morse, San Diego)	51.34
2002	Christina Hardeman (Wilcox, Santa Clara)	54.09
2003	Jasmine Lee (Poly, Long Beach)	53.17
2004	Jasmine Lee (Poly, Long Beach)	52.93
2005	Sa'de Williams (Rancho Cucamonga)	52.35
2006	Sa'de Williams (Rancho Cucamonga)	53.21
2007	Jasmine Joseph (Poly, Long Beach)	53.15
2008	Akawkaw Ndigagbor (Poly, Long Beach)	53.35
2009	Turquoise Thompson (Serra, Gardena)	53.10
2010	Chimere Ezumah (Serra, Gardena)	52.97
2011	Akawkaw Ndigagbor (Poly, Long Beach)	53.38
2012	Renetia James (Serra, Gardena)	53.98
2013	Nia Dörner (Cordova, Rancho Cordova)	53.00
2014	Kaelin Roberts (Poly, Long Beach)	52.52
2015	Hannah Waller (Buchanan, Clovis)	53.13
2016	Kaelin Roberts (Carson)	52.28
2017	Shae Anderson (Norco)	52.91
2018	Tierra Robinson-Jones (Bishop O'Dowd)	52.37



Amy Weissenbach broke the national record by 0.86 seconds with her time of 2:02.04 in the 800 meters during the 2011 State Championships. Her time also bested the previous State meet record set in 1984.

800-Meter Run (Girls)

1974	Kathy Costello (Pleasant Hill)	2:10.4
1975	Kathy Costello (Pleasant Hill)	2:09.2
1976	Alice Trumbley (Coalinga)	2:13.3
1977	Ann Regan (Camden, San Jose)	2:08.0
1978	Ann Regan (Camden, San Jose)	2:07.93
1979	Ann Regan (Camden, San Jose)	2:10.22
1980	Marilyn Davis (Miramonte, Orinda)	2:09.73
1981	Donna Curtis (Culver City)	2:06.08
1982	Rennie Durrand (Laguna Beach)	2:06.36
1983	Kerri Zaleski (Millikan, Long Beach)	2:06.41
1984	Trena Hull (Compton)	2:04.91
1985	Kristen Dowell (Santa Teresa, San Jose)	2:10.07
1986	Laura Chapel (University City, San Diego)	2:08.66
1987	Kimberly McAllister (Locke, Los Angeles)	2:12.92
1988	Kathy Roldan (Mt. Whitney, Visalia)	2:12.11

1989	Kim Toney (Atascadero)	2:09.33
1990	Kim Toney (Atascadero)	2:06.13
1991	Nicole Teter (West Valley, Cottonwood)	2:08.14
1992	Miesha Marzell (Bishop O'Dowd, Oakland)	2:10.29
1993	Miesha Marzell (Bishop O'Dowd, Oakland)	2:09.13
1994	Kristie Johnston (Central, Fresno)	2:09.98
1995	Kristie Johnston (Central, Fresno)	2:08.86
1996	Lindsay Hyatt (Placer, Auburn)	2:11.24
1997	Lindsay Hyatt (Placer, Auburn)	2:09.16
1998	Lindsay Hyatt (Placer, Auburn)	2:07.90
1999	Lindsay Hyatt (Placer, Auburn)	2:06.74
2000	Liz Morse (Corona del Mar)	2:08.16
2001	Shannon Rowbury (Sacred Heart Cathedral, SF)	2:10.31
2002	Jamillah Titus (Vintage, Napa)	2:08.62
2003	Ashley Freeman (Wilson, Long Beach)	2:08.86
2004	Alysia Johnson (Canyon, Canyon Country)	2:08.97
2005	Libby Jenke (Menlo, Atherton)	2:10.39
2006	Haley Lawrence (Aliso Niguel, Aliso Viejo)	2:10.57
2007	Dominique Jackson (Fairfield)	2:06.09
2008	Anniya Louis (Culver City)	2:10.29
2009	Aly Drake (Valencia)	2:07.45
2010	Amy Weissenbach (Harvard Westlake, N. Hollywood)	2:07.52
2011	Amy Weissenbach (Harvard Westlake, N. Hollywood)	2:02.04
2012	Amy Weissenbach (Harvard Westlake, N. Hollywood)	2:05.70
2013	Mikaela Smith (Clovis North, Clovis)	2:08.39
2014	Mikaela Smith (Clovis North, Clovis)	2:06.85
2015	Erica Schroeder (San Marcos, Santa Barbara)	2:07.08
2016	Alyssa Brewer (California, San Ramon)	2:06.86
2017	Alyssa Brewer (California, San Ramon)	2:07.07
2018	Cathilyn McIntosh (Del Oro)	2:05.22

1600-Meter Run (Girls)

1974	Jill Caldwell (Westminster)	5:02.2
1975	Kathy Costello (Pleasant Hill)	4:53.5
1976	Linda Broderick (Tamalpais, Mill Valley)	4:56.8
1977	Linda Goen (North, Bakersfield)	4:47.8
1978	Cheri Williams (Livermore)	4:44.95
1979	Linda Goen (North, Bakersfield)	4:51.09
1980	Polly Plumer (University, Irvine)	4:46.71
1981	Polly Plumer (University, Irvine)	4:42.43
1982	Polly Plumer (University, Irvine)	4:39.92
1983	Cory Schubert (Del Mar, San Jose)	4:44.93
1984	Shannon Clark (Mountain View)	4:47.52
1985	Shannon Clark (Mountain View)	4:49.14
1986	Darcy Arreola (Grossmont, La Mesa)	4:45.13
1987	Kira Jorgensen (Vista)	4:45.98
1988	Kira Jorgensen (Rancho Buena Vista)	4:49.54
1989	Kira Jorgensen (Rancho Buena Vista)	4:49.55
1990	Becky Spies (Livermore)	4:48.74
1991	Becky Spies (Livermore)	4:45.11
1992	Shelley Taylor (Edison, Huntington Beach)	4:48.52
1993	Milena Glusac (Fallbrook)	4:50.83
1994	Elissa Riedy (Mission San Jose, Fremont)	4:54.28
1995	Elissa Riedy (Mission San Jose, Fremont)	4:45.35
1996	Annie Ebner (St. Lucy's Prep, Glendora)	4:48.72
1997	Julia Stamps (Santa Rosa)	4:44.78
1998	Sara Bei (Montgomery, Santa Rosa)	4:49.21
1999	Alejandra Barrientos (San Lorenzo)	4:45.02
2000	Jenny Aldridge (Maria Carillo, Santa Rosa)	4:49.63
2001	Alejandra Barrientos (San Lorenzo Valley)	4:43.24
2002	Shannon Rowbury (Sacred Heart Cathedral, SF)	4:52.77
2003	Alicia Follmar (Saratoga)	4:51.47
2004	Alicia Follmar (Saratoga)	4:46.47
2005	Annie St. Geme (Corona del Mar, Newport Beach)	4:50.40
2006	Christine Babcock (Woodbridge, Irvine)	4:41.29
2007	Christine Babcock (Woodbridge, Irvine)	4:38.85
2008	Christine Babcock (Woodbridge, Irvine)	4:33.82
2009	Sammy Silva (Academy OLP, San Diego)	4:47.67
2010	Chloe Curtis (Redondo)	4:46.63
2011	Cami Chapus (Harvard Westlake, N. Hollywood)	4:40.88
2012	Nikki Hiltz (Aptos)	4:42.45
2013	Anna Maxwell (San Lorenzo Valley, Felton)	4:47.33
2014	Sarah Robinson (Gunn, Palo Alto)	4:44.25
2015	Amanda Gehrich (Tesoro, Rancho Santa Margarita)	4:39.33
2016	Amanda Gehrich (Tesoro, Rancho Santa Margarita)	4:45.51
2017	Maddy Denner (Oak Ridge, El Dorado Hills)	4:44.89
2018	Maddy Denner (Oak Ridge, El Dorado Hills)	4:42.77

3200-Meter Run (Girls)

1977	Roxanne Bier (Independence, San Jose)	10:39.7
1978	Cheri Williams (Livermore)	10:17.71
1979	Lisa Scaduto (Santa Monica)	10:34.94
1980	Vicki Cook (Alemany, Mission Hills)	10:14.78
1981	Vicki Cook (Alemany, Mission Hills)	10:12.31
1982	Vicki Cook (Alemany, Mission Hills)	10:16.27
1983	Cory Schubert (Del Mar, San Jose)	10:08.14
1984	Kristen O'Hara (Palos Verde)	10:11.82
1985	Rebecca Chamberlain (Leigh, San Jose)	10:23.85
1986	Laurie Chapman (Gunderson, San Jose)	10:12.86
1987	Mary Mendoza (Presentation, San Jose)	10:33.04
1988	Karen Hecox (South Hills, West Covina)	10:16.14
1989	Rayna Cervantes (Montebello)	10:32.95
1990	Deena Drossin (Agoura)	10:29.60
1991	Deena Drossin (Agoura)	10:30.71
1992	Milena Glusac (Fallbrook)	10:28.62
1993	Milena Glusac (Fallbrook)	10:42.68
1994	Julia Stamps (Rincon Valley Christian, Santa Rosa)	10:26.51
1995	Julia Stamps (Santa Rosa)	10:15.27
1996	Kim Mortensen (Thousand Oaks)	9:52.80
1997	Julia Stamps (Santa Rosa)	10:15.17
1998	Sara Bei (Montgomery, Santa Rosa)	10:31.06
1999	Lauren Flesham (Canyon, Canyon Country)	10:18.81
2000	Anita Siraki (Hoover, Glendale)	10:18.50
2001	Sara Bei (Montgomery, Santa Rosa)	10:11.11
2002	Clara Horowitz (Head Royce, Oakland)	10:31.01
2003	Claire Rethmeier (San Pasqual, Escondido)	10:27.32
2004	Lindsay Flacks (Harvard Westlake, N. Hollywood)	10:26.25
2005	Tori Tyler (Gunn, Palo Alto)	10:38.90
2006	Jordan Hasay (Mission Prep, San Luis Obispo)	10:13.55
2007	Jordan Hasay (Mission Prep, San Luis Obispo)	10:06.76
2008	Jordan Hasay (Mission Prep, San Luis Obispo)	9:52.13
2009	Jordan Hasay (Mission Prep, San Luis Obispo)	10:05.29
2010	Molly Grabill (Rancho Bernardo, San Diego)	10:20.25
2011	Sarah Baxter (Simi Valley)	10:13.00
2012	Sarah Baxter (Simi Valley)	10:12.00
2013	Sarah Baxter (Simi Valley)	10:10.71
2014	Bethan Knights (Northwood, Irvine)	10:00.19
2015	Destiny Collins (Great Oak, Temecula)	9:53.79
2016	Fiona O'Keeffe (Davis)	10:12.02
2017	Claudia Lane (Malibu)	10:07.33
2018	Elena Denner (Oak Ridge)	10:10.32

100-Meter Low Hurdles (Girls)

1974*	Yvonne Boone (Fremont, Oakland)	11.1
1975*	Yvonne Boone (Fremont, Oakland)	10.1
1976*	Tuti Lee (Merced)	10.7
1977	Kris Costello (Lynbrook, San Jose)	13.97
1978	Kris Costello (Lynbrook, San Jose)	13.83
1979	Janet Yarborough (Clovis)	14.01
1980	Judy Young (Berkeley)	13.52w
1981	Shirafa Sanders (Berkeley)	13.74
1982	Natalie Spinks (Skyline, Oakland)	13.88w
1983	Chewaukii Knighten (Locke, Los Angeles)	13.88
1984	Gail Devers (Sweetwater, National City)	13.41
1985	Lana Cantrell (Muir, Pasadena)	13.57
1986	Janeene Vickers (Pomona)	13.74
1987	Janeene Vickers (Pomona)	13.34
1988	Michelle Decoux (Bishop O'Dowd, Oakland)	13.91
1989	Felice Lipscomb (Santa Monica)	13.69
1990	Felice Lipscomb (Santa Monica)	13.58
1991	Phetima Woods (Duarte)	14.08
1992	Twila Sims (Lompoc)	13.83

* from 1974-76, race was 80 Meters

100-Meter High Hurdles (Girls)

1993	Bisa Grant (Bishop O'Dowd, Oakland)	14.11
1994	Davetta Shepard (Kennedy, Sacramento)	13.73w
1995	Joanna Hayes (J.W. North, Riverside)	13.45
1996	Nicole Hoxie (J.W. North, Riverside)	13.87
1997	Nicole Hoxie (J.W. North, Riverside)	13.35
1998	Natasha Neal (James Logan, Union City)	13.57
1999	Nichole Denby (J.W. North, Riverside)	13.42w
2000	Nichole Denby (J.W. North, Riverside)	13.20
2001	Lashinda Demus (Wilson, Long Beach)	13.39w
2002	Talia Stewart (James Logan, Union City)	14.03
2003	Ashlee Brown (J.W. North, Riverside)	13.58

All-Time Individual Champions

100-Meter High Hurdles (Girls) - cont'd

2004	Talia Stewart (James Logan, Union City).....	13.31
2005	Leslie Mercado (Diamond Ranch, Pomona) ...	13.58w
2006	Julian Purvis (St. Elizabeth, Oakland)	13.93
2007	Vashti Thomas (Mt. Pleasant, San Jose)	13.03
2008	Vashti Thomas (Mt. Pleasant, San Jose)	13.44
2009	Kori Carter (Claremont)	13.59
2010	Kori Carter (Claremont)	13.33
2011	Trinity Wilson (St. Mary's, Berkeley).....	13.41
2012	Sasha Wallace (Holy Names, Oakland).....	13.33
2013	Sasha Wallace (Castro Valley)	13.43
2014	Mecca McGlaston (Dublin).....	13.54
2015	Jasmyne Graham (Eleanor Roosevelt, Corona).....	13.17
2016	Tara Davis (Agoura, Agoura Hills)	13.38
2017	Tara Davis (Agoura, Agoura Hills)	12.83w
2018	Jada Hicks (Upland)	13.35

300-Meter Low Hurdles (Girls)

1981	Audrey Williams (Saugus).....	42.26
1982	Gayle Kellon (Walnut)	41.09
1983	Gayle Kellon (Walnut)	41.71
1984	Leslie Maxie (Mills, Millbrae).....	40.90
1985	Leslie Maxie (Mills, Millbrae).....	41.80
1986	Janeene Vickers (Pomona)	41.32
1987	Janeene Vickers (Pomona)	40.96
1988	Michelle Decoux (Bishop O'Dowd, Oakland)....	42.16
1989	Twila Sims (Lompoc)	42.54
1990	Felice Lipscomb (Santa Monica)	41.69
1991	Erin Blunt (San Pasqual, Escondido)	43.02
1992	Twila Sims (Lompoc)	42.75
1993	Angela Harris (Skyline, Oakland)	42.78
1994	Angela Harris (Skyline, Oakland)	42.78
1995	Joanna Hayes (J.W. North, Riverside)	41.20
1996	Tisha Ponder (Del Mar, San Jose)	42.22
1997	Ryan Peters (Skyline, Oakland)	41.47
1998	Natasha Neal (James Logan, Union City).....	40.86
1999	Lashinda Demus (Wilson, Long Beach).....	40.44
2000	Lashinda Demus (Wilson, Long Beach).....	40.41
2001	Ashlee Brown (J.W. North, Riverside)	41.81
2002	Ashlee Brown (J.W. North, Riverside)	41.67
2003	McKenzie Hill (Wilson, Long Beach)	41.31
2004	Talia Stewart (James Logan, Union City).....	41.31
2005	Ebony Collins (Wilson, Long Beach)	40.10
2006	Ebony Collins (Wilson, Long Beach)	40.13
2007	Jamesha Youngblood (Hercules)	41.08
2008	Kori Carter (Claremont)	41.28
2009	Kori Carter (Claremont)	41.26
2010	Kori Carter (Claremont)	40.44
2011	Melia Cox (Poly, Long Beach)	41.80
2012	Daje Pugh (Fairfield)	40.57
2013	Jade Miller (Great Oak, Temecula)	41.02
2014	Hannah Labrie-Smith (Cathedral Catholic, San Diego)....	41.67
2015	Jasmyne Graham (Eleanor Roosevelt, Corona).....	40.73
2016	Jurnee Woodward (Vacaville)	40.62
2017	Shae Anderson (Norco)	40.31
2018	Breanna Bernard Joseph (Roosevelt, Corona)....	41.76

400-Meter Relay (Girls)

1974	Berkeley.....	47.5
1975	Muir (Pasadena)	48.0
1976	Muir (Pasadena)	47.6
1977	Crawford (San Diego)	46.14
1978	Jordan (Los Angeles)	47.14
1979	Westchester	47.95
1980	Kennedy (Granada Hills)	45.81
1981	Berkeley	45.13
1982	Dorsey (Los Angeles)	45.42
1983	Hawthorne.....	46.56
1984	Hawthorne.....	45.99
1985	Hawthorne.....	45.95
1986	Hawthorne.....	45.54
1987	St. Francis (Mountain View)	45.95
1988	Hawthorne.....	47.10
1989	Muir (Pasadena)	46.46
1990	Bakersfield	46.49
1991	Morningside (Inglewood)	46.38
1992	Morningside (Inglewood)	46.34
1993	Poly (Long Beach)	45.74

1994	Wilson (Long Beach).....	46.17
1995	Poly (Long Beach).....	45.1h
1996	James Logan (Union City)	45.20
1997	St. Bernard (Playa del Rey)	44.70
1998	St. Bernard (Playa del Rey)	46.00
1999	San Lorenzo Valley	45.90
2000	Berkeley	45.96
2001	Wilson (Long Beach).....	45.40
2002	Poly (Long Beach).....	45.50
2003	Poly (Long Beach).....	45.04
2004	Poly (Long Beach).....	45.11
2005	Wilson (Long Beach).....	44.84
2006	Wilson (Long Beach).....	45.19
2007	Rancho Verde (Moreno Valley)	45.74
2008	St. Mary's Academy (Inglewood)	46.41
2009	Poly (Long Beach).....	45.88
2010	Rancho Verde (Moreno Valley)	45.74
2011	Poly (Long Beach).....	45.70
2012	Serra (Gardena)	45.92
2013	Poly (Long Beach).....	44.93
2014	Poly (Long Beach).....	45.19
2015	Oaks Christian (Westlake Village)	45.66
2016	Carson	45.06
2017	Serra (Gardena)	46.04
2018	Serra (Gardena)	45.69

1600-Meter Relay (Girls)

1974	Berkeley	3:46.4
1975	Washington (Los Angeles)	3:44.5
1976	Fremont (Los Angeles)	3:55.9
1977	Locke (Los Angeles)	3:52.1
1978	Fremont (Los Angeles)	3:51.3
1979	San Geronio (San Bernardino).....	3:44.05
1980	Kennedy (Granada Hills)	3:37.98
1981	Kennedy (Granada Hills)	3:37.71
1982	Dorsey (Los Angeles)	3:41.72
1983	Dorsey (Los Angeles)	3:46.24
1984	Locke (Los Angeles).....	3:38.65
1985	Muir (Pasadena)	3:43.30
1986	Compton	3:42.31
1987	Poly (Long Beach).....	3:45.20
1988	Hawthorne.....	3:47.32
1989	Hawthorne.....	3:46.59
1990	Morningside (Inglewood)	3:44.16
1991	Poly (Long Beach).....	3:48.85
1992	Poly (Long Beach).....	3:45.91
1993	Poly (Long Beach).....	3:42.75
1994	Skyline (Oakland)	3:41.90
1995	Poly (Long Beach).....	3:39.53
1996	Wilson (Long Beach).....	3:38.50
1997	St. Bernard (Playa del Rey)	3:39.43
1998	Wilson (Long Beach)	3:36.32
1999	Wilson (Long Beach)	3:39.01
2000	J.W. North (Riverside)	3:41.11
2001	Wilson (Long Beach).....	3:35.72
2002	Poly (Long Beach).....	3:35.99
2003	Poly (Long Beach).....	3:35.78
2004	Poly (Long Beach).....	3:35.49
2005	Wilson (Long Beach).....	3:39.27
2006	Wilson (Long Beach).....	3:37.14
2007	Bishop O'Dowd (Oakland).....	3:47.42
2008	Poly (Long Beach).....	3:40.87
2009	Serra (Gardena).....	3:42.91
2010	Poly (Long Beach).....	3:39.15
2011	Serra (Gardena)	3:43.21
2012	Serra (Gardena)	3:46.45
2013	Piedmont Hills (San Jose)	3:41.14
2014	Poly (Long Beach).....	3:38.05
2015	St. Mary's College (Berkeley)	3:43.33
2016	Carson	3:42.80
2017	Bishop O'Dowd (Oakland).....	3:46.33
2018	Bonita (La Verne)	3:42.62

Discus Throw (Girls)

1976	Kathy Middleton (Poway).....	134-05
1977	Karen Stampfli (Lassen, Susanville).....	137-08
1978	Christi Pyle (Hoover, Glendale).....	149-03
1979	Leslie Deniz (Gridley)	167-01

1980	Leslie Deniz (Gridley)	172-11
1981	Natalie Kaaiawahia (Fullerton).....	162-10
1982	Jacque Norton (Mission Viejo).....	160-02
1983	Natalie Kaaiawahia (Fullerton).....	170-01
1984	Stacy Horn (Cordova, Rancho Cordova).....	159-01
1985	Lil Ili (Nogales, La Puente)	162-02
1986	Tracy Crawford (Southwest, San Diego).....	156-02
1987	Dawn Dumble (Bakersfield).....	144-10
1988	Melissa Weis (Bakersfield).....	159-07
1989	Melissa Weis (Bakersfield).....	168-00
1990	Melissa Weis (Bakersfield).....	169-11
1991	Celeste McVey (Redlands)	160-11
1992	Suzy Powell (Downey, Modesto)	169-08
1993	Suzy Powell (Downey, Modesto)	168-11
1994	Suzy Powell (Downey, Modesto)	174-02
1995	Nadia Lopez (Arroyo Grande)	152-06
1996	Chaniqua Ross (Laguna Creek, Elk Grove)....	158-04
1997	Chaniqua Ross (Laguna Creek, Elk Grove)....	177-01
1998	Stephanie Brown (Arroyo Grande).....	181-03
1999	April Burton (Bakersfield)	153-10
2000	Jill Camarena (Woodland)	151-01
2001	Rachel Varner (Bakersfield)	162-09
2002	Billie Jo Grant (Arroyo Grande)	174-00
2003	Billie Jo Grant (Arroyo Grande)	174-04
2004	Missy Faubus (Centennial, Bakersfield)	166-09
2005	Alexarae Toeina (Pittsburg)	158-03
2006	Sarah Robles (San Jacinto)	158-00
2007	Hilary Frazer (El Toro, Lake Forest)	159-07
2008	Anna Jelmini (Shafter)	169-04
2009	Anna Jelmini (Shafter)	186-09
2010	Alex Collatz (Stockdale, Bakersfield).....	170-09
2011	Alex Morgan (Ventura)	153-08
2012	Lisette Mendivil (Redwood, Visalia)	155-10
2013	Nikki Okwelogu (Clovis West, Clovis)	173-09
2014	Stamatia Scarvelis (Dos Pueblos, Goleta)	163-07
2015	Ronna Stone (Valley Christian, San Jose).....	161-09
2016	Pamela Amaechi (Lincoln)	164-01
2017	Ashley Anumba (Los Osos, Rancho Cucamonga)....	177-08
2018	Erica Grotegeer (Wheatland)	174-09

High Jump (Girls)

1974	Pam Blackburn (Cubberley, Palo Alto).....	5-08
1975	Kim Maddox (Los Angeles)	5-08
1976	Kari Gossweiler (Upland)	5-10
1977	Kari Gossweiler (Upland)	5-09
1978	Sue McNeal (Carlsbad)	5-10.25
1979	Tonya Alston (Chico)	5-09
1980	Karen Lysaght (St. Francis, Sacramento).....	6-00
1981	Katrina Johnson (Marshall Fundamental, Pasadena)....	5-10
1982	Katrina Johnson (Marshall Fundamental, Pasadena)....	5-11
1983	Tonya Mendonca, Mt. Whitney, Visalia)	6-01
1984	Wendy Brown (Woodside)	6-01.25
1985	Latrese Johnson (Clovis)	6-02
1986	Yleana Carrasco (Anaheim)	5-10
1987	Lynn Patrick (Serra, San Diego)	5-10
1988	Crissy Mills (Campbell Hall, North Hollywood) ..	5-10
1989	Crissy Mills (Campbell Hall, North Hollywood) ..	6-00
1990	Chi Johnson (Menlo-Atherton, Atherton)	5-08
1991	Tanya Smith (Cordova, Rancho Cordova)	5-11
1992	Kristy Kieruff (Esperanza, Anaheim)	5-10
1993	Tracye Lawyer (Cate, Carpinteria)	5-10
1994	Kristy Kieruff (Esperanza, Anaheim)	5-10
1995	Tara Fleming (Immanuel, Reedley)	6-00
1996	Liz Giltner (Chaminade, Canoga Park)	5-10
1997	Tayyiba Haneef (Laguna Hills)	5-09
1998	Tia Hanson (El Cajon)	5-08
1999	Kim Stone (York, Monterey)	5-09
2000	Schquay Brignac (Taft, Los Angeles)	5-09
2001	Chaunte Howard (J.W. North, Riverside).....	5-10
2002	Sharon Day (Costa Mesa).....	5-11
2003	Sharon Day (Costa Mesa).....	5-10
2004	Allie Miller (Los Altos)	5-09.25
2005	Desirae Gonder (Stockdale).....	5-09
2006	Jasmine Day (Costa Mesa)	5-09
2007	Whitney Sisler (La Costa Canyon, Carlsbad) ...	5-10
2008	Tara Richmond (Poly, Long Beach)	5-11
2009	Adrienne Johnson (Carondelet, Concord).....	5-08
2010	Lydia French (Thousand Oaks)	5-10

All-Time Individual Champions

High Jump (Girls) - continued

2011	Rachel McCoy (A.B. Miller, Fontana)	5-08
2012	Claire Kieffer-Wright (South Pasadena)	5-10
2013	Rachel McCoy (Miller, Fontana)	6-00.75
2014	Asia Chesley (Stockdale, Bakersfield)	5-10
2015	Erinn Beattie (Buena, Ventura)	5-09
2016	Cassidy Palka (Oaks Christian, Westlake Village)	5-09
2017	Abigail Burke (Poly, Riverside)	5-08
2018	Abigail Burke (Poly, Riverside)	5-10

Long Jump (Girls)

1974	Jodi Anderson (Washington, Los Angeles) ...	19-07.00
1975	Jodi Anderson (Washington, Los Angeles)...	19-06.50w
1976	Jodi Anderson (Washington, Los Angeles)...	20-00.25
1977	Lisa Gourdine (El Toro, Lake Forest)	19-01.00
1978	Kathy Hayes (Madera)	19-03.00
1979	Gwen Loud (Westchester)	20-04.50
1980	Marlene Harmon (Thousand Oaks)	20-08.75
1981	Chris Mose (El Cajon)	18-10.25
1982	Wendy Brown (Woodside)	19-10.50
1983	Gail Devers (Sweetwater, National City)...	19-06.00
1984	Wendy Brown (Woodside)	20-09.75
1985	Yvette Roberts (Washington Union, Fresno)...	19-01.00
1986	Madette Smith (Quartz Hill)	20-04.75
1987	Karen Lawson (St. Francis, Mountain View) ...	19-01.50
1988	Tonya Conner (Barstow)	19-05.75
1989	Juliana Yendork (Walnut)	20-02.50w
1990	Juliana Yendork (Walnut)	20-01.50
1991	Juliana Yendork (Walnut)	20-07.50w
1992	Kam Warner (West, Bakersfield)	20-06.25
1993	Marion Jones (Thousand Oaks)	22-00.50
1994	Tara Oettinger (Foothill, Santa Ana)	19-07.50
1995	Jernae Wright (James Logan, Union City) ...	20-08.00w
1996	Jernae Wright (James Logan, Union City)...	20-03.00
1997	Bunmi Ogunleye (Poly, Long Beach)	20-00.75w
1998	Angela Williams (Chino)	19-07.75w
1999	Sani Roseby (Monterey)	19-08.75w
2000	Michelle Sanford (Woodbridge, Irvine)	19-07.25
2001	Elzunia Wojcicka (Hollister)	20-05.50w
2002	Lena Bettis (J.W. North, Riverside)	19-08.25
2003	Rene Williams (Skyline, Oakland)	20-08.25
2004	Shana Woods (Poly, Long Beach)	20-07.75
2005	Brittany Daniels (Merrill West, Tracy)	20-08.25w
2006	Amber Purvis (Benicia)	19-10.25
2007	Jamesha Youngblood (Hercules)	20-11.75w
2008	Vashti Thomas (Mt. Pleasant, San Jose)	20-00.25
2009	Karynn Dunn (Diamond Ranch, Pomona)	20-03.25w
2010	Jenna Prandini (Clovis)	20-05.75
2011	Jenna Prandini (Clovis)	19-11.75
2012	Alexis Faulknor (Serra, Gardena)	20-03.00w
2013	Courtney Corrin (Harv. Westlk. N. Holywd)	20-09.25
2014	Margaux Jones (Redlands)	20-04.75
2015	Courtney Corrin (Harv. Westlk. N. Holywd)	20-10.25
2016	Rhesa Forst (Clovis North)	20-07.50
2017	Tara Davis (Agoura)	22-01.25w
2018	Alysah Hickey (Coronado)	19-09.75

Pole Vault (Girls)

1995	Melissa Price (Kingsburg)	12-06
1996	Alexa Harz (Peninsula, Rolling Hills Estates) ...	12-01.25
1997	Bridget Pearson (Hoover, Glendale)	12-00
1998	Tracy O'Hara (Rancho Bernardo, San Diego)	12-08
1999	Kathleen Donoghue (Rancho Bernardo, San Diego) ...	12-08.25
2000	Lara Chen (Temple City)	12-04
2001	Shayla Ballentine (Morro Bay)	13-08
2002	Chelsee Johnson (Atascadero)	13-03
2003	Kira Costa (San Joaquin Memorial, Fresno)	13-05
2004	Allison Stokke (Newport Harbor, Newport Beach)	12-08
2005	Bryson Stately (Cordova, Rancho Cordova)	13-04
2006	Tori Anthony (Castilleja, Palo Alto)	13-03
2007	Tori Anthony (Castilleja, Palo Alto)	14-01
2008	Emily Mattoon (Rancho Bernardo, San Diego)	12-06
2009	Kortney Ross (Westview, San Diego)	13-04
2010	Kortney Ross (Westview, San Diego)	13-06
2011	Anginae Monteverde (Clovis West, Fresno)	13-06
2012	Taylor Jaques (Presentation, San Jose)	13-04.25
2013	Kaitlyn Merritt (Santa Margarita, Rancho SM)	13-03.75
2014	Greta Wagner (Los Gatos)	13-00.25



Tori Anthony became the first high school girl to pole vault higher than 14 feet when she jumped 14-01 at the 2007 state meet. She held the national record until 2011.

Pole Vault (Girls) - continued

2015	Kaitlyn Merritt (Santa Margarita, Rancho SM)	13-03
2016	Rachel Baxter (Canyon, Anaheim)	14-02
2017	Rachel Baxter (Canyon, Anaheim)	14-00
2018	Laurel Wong (Santa Catalina, Monterey)	12-06

Shot Put (Girls)

1974	Kathy Devine (Mission Bay, San Diego)	47-04.50
1975	Kathy Devine (Mission Bay, San Diego)	42-03.25
1976	Becky Daniel (Newport Harbor)	42-09.75
1977	Debra Thorntana (Sacramento)	43-09.00
1978	Kerry Zwart (Crescenta Valley, La Crescenta)	45-11.50
1979	Susie Ray (Villa Park)	49-06.50
1980	Natalie Kaaiawahia (Fullerton)	48-04.50
1981	Natalie Kaaiawahia (Fullerton)	51-08.50
1982	Natalie Kaaiawahia (Fullerton)	50-03.00
1983	Natalie Kaaiawahia (Fullerton)	52-07.50
1984	Pam Alexander (Arlington, Riverside)	46-03.50
1985	Elaina Oden (Irvine)	46-11.75
1986	Brandi Gail (Rowland, Rowland Heights)	45-02.50
1987	Kim Lassair (Northgate, Walnut Creek)	39-06.25
1988	Dawn Dumble (Bakersfield)	48-02.50
1989	Melissa Weis (Bakersfield)	44-01.00
1990	Dawn Dumble (Bakersfield)	49-03.50
1991	Mike Hilaire (Pittsburg)	45-04.25
1992	Kristin Heaston (Ygnacio Valley, Concord)	45-03.50
1993	Kristin Heaston (Ygnacio Valley, Concord)	52-11.50
1994	Delores Tuimoloau (Channel Islands, Oxnard)	46-10.00
1995	Rebecca Morrison (Presentation, San Jose)	47-06.75
1996	Stephanie Brown (Arroyo Grande)	43-00.25
1997	Cynthia Ademiluyi (Poly, Long Beach)	47-05.25
1998	Althea Moses (Morningside)	40-09.75
1999	Jill Camarena (Woodland)	48-06.00
2000	Karen Freberg (San Luis Obispo)	50-07.25
2001	Karen Freberg (San Luis Obispo)	50-02.25
2002	Rachel Varner (Bakersfield)	47-00.50
2003	Jessica Pressley (Laguna Creek, Elk Grove)	50-05.00
2004	Megan Howard (Arroyo Grande)	49-11.75
2005	Julie Dufresne (Harbor, Santa Cruz)	47-07.50
2006	Erin Delaney (Paso Robles)	45-05.25
2007	Rosario Sanchez (Selma)	47-10
2008	Anna Jelmini (Shafter)	48-03.50
2009	Anna Jelmini (Shafter)	50-05.75
2010	Jasmine Burrell (North Torrance)	47-06.50
2011	Breana Jemison (Carlsbad)	43-01.25
2012	Stamatia Scarvelis (Dos Pueblos, Goleta)	47-03.25
2013	Stamatia Scarvelis (Dos Pueblos, Goleta)	50-07.75

2014	Stamatia Scarvelis (Dos Pueblos, Goleta)	52-02.00
2015	Elena Bruckner (Valley Christian, San Jose)	50-02.50
2016	Elena Bruckner (Valley Christian, San Jose)	49-05.75
2017	Pamela Amaechi (Lincoln, San Francisco)	47-05.25
2018	Jocelyn Budwig (Fowler)	46-11.00

Triple Jump (Girls)

1982	Wendy Brown (Woodside)	39-08.75
1983	Wendy Brown (Woodside)	40-03.00
1984	Wendy Brown (Woodside)	42-10.50
1985	Sheila Hudson (Rio Linda)	41-10.00w
1986	Felicia Harris (San Lorenzo)	40-02.00
1987	Kim Lassair (Northgate, Walnut Creek)	39-06.25
1988	Althea Moses (Morningside)	40-09.75
1989	Juliana Yendork (Walnut)	41-10.00
1990	Juliana Yendork (Walnut)	42-00.25
1991	Juliana Yendork (Walnut)	43-06.50
1992	Kayla Montgomery (Clovis West, Fresno)	39-11.25
1993	Cheaza Figueroa (Quartz Hill)	40-01.25
1994	Tamieka Porter (Orange Glen, Escondido)	38-11.50
1995	Kelly O'Connor (Esperanza, Anaheim)	40-06.50
1996	Kelly O'Connor (Esperanza, Anaheim)	40-02.50
1997	Andrea Booker (El Camino, Oceanside)	40-00.00w
1998	Andrea Booker (El Camino, Oceanside)	40-00.25w
1999	Heather Contreras (Sutter)	40-03.75
2000	Blessing Ufodiama (Poly, Long Beach)	40-08.75
2001	Candace Bauman (Poly, Long Beach)	42-04.50
2002	Michelle Sanford (Woodbridge, Irvine)	41-05.25
2003	Brittany Daniels (Merrill West, Tracy)	42-04.75
2004	Brittany Daniels (Merrill West, Tracy)	42-08.00
2005	Brittany Daniels (Merrill West, Tracy)	44-05.50w
2006	Ke'Nyia Richardson (Holy Names, Oakland)	43-03.25
2007	Ke'Nyia Richardson (Holy Names, Oakland)	45-04.25w
2008	Vashti Thomas (Mt. Pleasant, San Jose)	42-00.50
2009	Ciarra Brewer (James Logan, Union City)	42-11.50
2010	Jenna Prandini (Clovis)	42-07.25
2011	Ciarra Brewer (James Logan, Union City)	41-11.00
2012	Sasha Wallace (Holy Names, Oakland)	41-05.75
2013	Sasha Wallace (Castro Valley)	41-09.50
2014	Ashley Anderson (Carson)	41-03.00
2015	Kennedy Jones (Castro Valley)	42-05.25
2016	Tara Davis (Agoura)	41-05.50
2017	Tara Davis (Agoura)	42-11.75w
2018	Arianna Fisher (Silver Creek, San Jose)	41-07.00w

100-Meter Dash Ambulatory (Girls)

2016	Amy Watt (Gunn, Palo Alto)	13.44
2017	Sophia O'Shea (Berkeley)	15.42
2018	Sophia O'Shea (Berkeley)	14.51

100-Meter Dash Wheelchair (Girls)

2018	Johana Alas (Hollywood)	41.30
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200-Meter Dash Ambulatory (Girls)

2016	Amy Watt (Gunn, Palo Alto)	28.02
2017	Sophia O'Shea (Berkeley)	33.04
2018	Sophia O'Shea (Berkeley)	33.04

400-Meter Dash Ambulatory (Girls)

2016	Amy Watt (Gunn, Palo Alto)	1:07.17
2017	Sophia O'Shea (Berkeley)	1:15.63
2018	Sophia O'Shea (Berkeley)	1:11.61

Shot Put Ambulatory (Girls)

2016	Amy Watt (Gunn, Palo Alto)	17-11.00
2017	Miracle Traylor (Pleasant Valley, Chico)	19-09.25
2018	Miracle Traylor (Pleasant Valley, Chico)	21-07.25

Shot Put Wheelchair (Girls)

2016	Kendall Stier (Saddleback Valley Christian) ..	11-03.00
2018	Kendall Stier (Saddleback Valley Christian) ..	12-06.25

In 1980, running event distances transitioned from yards to meters.

w -- wind aided result
h -- hand timed

All-Time Multiple Champions

BOYS RECORDS

Most Team State Championships

10	Poly, Long Beach.....	(1928, 1932, 1959, 1964-65, 1997-98, 2006-07, 2011)
8	Jefferson, Los Angeles	(1938, 1949-52, 1956, 1962, 1964)
8	Muir, Pasadena	(1934, 1936, 1967, 1974, 1990, 1994-96)
7	Manual Arts, Los Angeles	(1915-16, 1919, 1924-25, 1953, 1958)
6	Hawthorne.....	(1983-85, 1987-89)

Most Consecutive Team State Championships

4	Jefferson, Los Angeles	(1949-52)
3	Hawthorne, twice	(1983-85, 1987-89)
3	Muir, Pasadena	(1994-96)
2	Vista Murrieta.....	(2015-16)

Most Individual State Championships

6	Clarence "Bud" Houser (Oxnard)	Discus (1920-22); Shot (1920-22)
5	Charley Paddock (Pasadena)	100yd (1916, 1918); 220yd (1916-18)
4	Randall Carroll (Cathedral, Los Angeles)	100m (2008-09); 200m (2008-09)
4	Roman Gomez (Belmont, Los Angeles) ..	1600m (1984-85); 3200m (1984-85)
4	Remontay McClain (Covina)	100m (2010-11); 200m (2010-11)
4	Eddie Morris (Huntington Beach)	100yd (1940); 220yd (1938-40)
4	Khalfani Muhammad (Notre Dame, Sherman Oaks) ..	100m (2012-13); 200m (2012-13)
4	Bryshon Nellum (Poly, Long Beach)	200m (2006-07); 400m (2006-07)
4	Michael Norman (Vista Murrieta)	200m (2015-16); 400m (2015-16)
4	Terry Prentice (Diamond Ranch, Pomona)	110HH (2006-07); LJ (2006-07)
4	Frank Wykoff (Glendale)	100yd (1927); 220yd (1927-28); LJ (1927)
4	Nate Moore (Castro Valley)	TJ (2013-2014); LJ (2013-2014)
3	Joseph Anderson (Upland)	110HH (2016-17); 300IH (2017)
3	Forrest Beaty (Hoover, Glendale)	100yd (1961-62); 200yd (1961)
3	Brian Bluetreich (Capistrano Valley, Mission Viejo)	Shot (1984-85); Discus (1985)
3	John Bradley (Hoover, Glendale)	100yd (1947); 220yd (1947-48)
3	Reynaldo Brown (Compton)	HJ (1967-69)
3	Johnathan Cabral (Agoura, Agoura Hills)	110HH (2010-11); 300IH (2011)
3	Ethyan Cochran (Newport Harbor, Newport)	Discus (2011-12); Shot (2012)
3	Bill Cowings (Fowler)	100yd (1959-60); 200yd (1960)
3	Kevin Craddock (James Logan, Union City) ..	110HH (2003-04); 300IH (2004)
3	Matt Darr (Frontier, Bakersfield)	Discus (2009); Shot (2009-10)
3	Dixon Farmer (Miramonte)	440yd (1958); 440yd; 180LH (1959)
3	David Gettis (Dorsey, Los Angeles)	400m (2003-05)
3	Lincoln Hall (Santa Paula)	PV (1914-16)
3	Blake Haney (Stockdale, Bakersfield)	1600m (2013-14); 3200m (2013)
3	Mort Kaer (Red Bluff)	220LH (1922-23); LJ (1923)
3	Leamon King (Delano)	220yd (1951, 1953); 100yd (1953)
3	Roy Kirpatrick (Entral, El Centro)	220LH (1933-34); 120HH (1934)
3	Harry Lamport (Manual Arts, LA)	120HH (1916); 220LH (1916); LJ (1916)
3	Hugh McElhenny (Washington, LA) ..	120HH (1947); 180LH (1947); LJ (1947)
3	Bill Miller (San Diego)	PV (1927-29)
3	Obea Moore (Muir, Pasadena)	200m (1996); 400m (1995-96)
3	Billy Mullins (Hamilton, Los Angeles)	100yd (1976); 200yd (1975-76)
3	Verden Nash (Chino 1920-21); Huntington Beach (1922)	LJ (1920-22)
3	Leon Patterson (Taft)	Discus (1951); Shot (1951-52)
3	Jerry Proctor (Muir, Pasadena)	110HH (1967); 300IH (1967); LJ (1967)
3	Scott Roth (Granite Bay)	PV (2004-06)
3	Darius Savage (Morse, San Diego)	Discus (2005-06); Shot (2006)
3	Les Steers (Palo Alto)	HJ (1935-37)
3	Monte Upshaw (Piedmont)	LJ (1953-54); 180 LH (1954)
3	Hubie Watson (Jordan, Los Angeles)	100yd (1958-59); 220yd (1959)
3	Quincy Watts (Taft)	100m (1987); 200m (1986-87)
3	Wayne Weeks (Santa Rosa)	Shot (1915-16); Discus (1916)

Boys CIF State Track and Field Championships began in 1915 and have since been held annually, excluding the World War II years (1942-45).

GIRLS RECORDS

Most Team State Championships

15	Poly, Long Beach.....	(1992-93, 1995, 1997-98, 2001, 2003-04, 2008-11, 2013-14, 2017)
5	Berkeley	(1974, 1976, 1981-83)
3	J.W. North, Riverside	(1999-00, 2002)
3	Wilson, Long Beach	(1996, 1998, 2006)

Most Consecutive Team State Championships

4	Poly, Long Beach	(2008-11)
3	Berkeley	(1981-83)
2	J.W. North, Riverside	(1999-2000)
2	Poly, Long Beach, three times	(1992-93, 1997-98, 2003-04, 2013-14)

Most Individual State Championships

9	Marion Jones.....	(Rio Mesa, Oxnard 1990-91); (Thousand Oaks 1992-93)
		100m (1990-93); 200m (1990-93); LJ (1993)
6	Natalie Kaaiawahia (Fullerton)	Shot (1980-83); Discus (1981, 1983)
6	Wendy Brown (Woodside)	LJ (1982-84); TJ (1982-84); HJ (1984)
6	Juliana Yendork (Walnut)	LJ (1989-91); TJ (1989-91)
6	Ariana Washington (Poly, Long Beach)	100m (2012-14); 200m (2012-14)
5	Angela Burnham (Rio Mesa, Oxnard) ..	100m (1986, 1988-89); 200m (1988-89)
5	Kori Carter (Claremont)	100HH (2009-10); 300LH (2008-10)
5	Tara Davis (Agoura)	100HH (2016-17); LJ (2017); TJ (2016-17)
5	Allyson Felix (Los Angeles Baptist, No. Hills) ...	100m (2001-03); 200m (2002-03)
5	Monique Henderson (Morse, San Diego) ...	200m (2000); 400m (1998-2001)
5	Jenna Prandini (Clovis) ...	LJ (2010-11); TJ (2010); 100m (2011); 200m (2011)
5	Angela Williams (Chino) ..	100m (1997-98); 200m (1998); 400m (1995); LJ (1998)
4	Brittany Daniels (Merrill West, Tracy)	TJ (2003-05); LJ (2005)
4	Jordan Hasay (Mission Prep, San Luis Obispo)	3200m (2006-09)
4	Denean Howard (Kennedy, Granada Hills) ..	200m (1981-82); 400m (1980, 1982)
4	Lindsay Hyatt (Placer, Auburn)	800m (1996-99)
4	Anna Jelmini (Shafter)	Discus (2008-09); Shot (2008-09)
4	Ashton Purvis (St. Elizabeth, Oakland) ...	100m (2008, 2010); 200m (2009-10)
4	Julia Stamps (Rincon Valley Christian, Santa Rosa 1994); (Santa Rosa 1995-97)	3200m (1994-95, 1997); 1600m (1997)
4	Jeneba Tarmoh (Mt. Pleasant, San Jose)	100m (2006-07); 200m (2006-07)
4	Vashti Thomas (Mt. Pleasant, San Jose) ..	100HH (2007-08); LJ (2008); TJ (2008)
4	Janeene Vickers (Pomona)	300LH (1986-87); 100LH (1986-87)
4	Melisa Weis (Bakersfield)	Discus (1988-90); Shot (1989)
4	Stamatia Scarvelis (Dos Pueblos, Goleta)	Shot (2012-2014); Discus (2014)
3	Jodi Anderson (Washington, Los Angeles)	LJ (1974-76)
3	Christine Babcock (Woodbridge, Irvine)	1600m (2006-08)
3	Lakeisha Backus (Wilson, Long Beach)	100m (1995); 200m (1994-95)
3	Sarah Baxter (Simi Valley)	3200m (2011-13)
3	Sara Bei (Montgomery, Santa Rosa)	1600m (1998); 3200m (1998, 2001)
3	Ashlee Brown (J.W. North, Riverside)	100HH (2003); 300LH (2001-02)
3	Stephanie Brown (Arroyo Grande)	Shot (1996, 1998); Discus (1998)
3	Ebony Collins (Wilson, Long Beach)	300LH (2005-06); 100m (2005)
3	Vicki Cook (Alemany, Mission Hills)	3200m (1980-82)
3	Kathy Costello (Pleasant Hill)	800m (1974-75); 1600m (1975)
3	Kinshasa Davis (Wilson, Long Beach)	400m (1996-97); 200m (1997)
3	Dawn Dumble (Bakersfield)	Discus (1988-90); Shot (1989)
3	Milena Glusac (Fallbrook)	1600m (1993); 3200m (1992-93)
3	Kira Jorgensen (Vista)	1600m (1987-89)
3	Felice Lipscomb (Santa Monica)	100LH (1989-90); 300LH (1990)
3	Janice Nichols (Bakersfield)	400m (1990-92)
3	Polly Plumer (University, Irvine)	1600m (1980-82)
3	Suzy Powell (Downey, Modesto)	Discus (1992-94)
3	Ann Regan (Camden, San Jose)	800yd (1977-79)
3	Angela Rolfe (Dorsey, Los Angeles)	400m (1987-89)
3	Twila Sims (Lompoc)	300LH (1989, 1992); 100LH (1992)
3	Talia Stewart (James Logan, Union City) ..	100HH (2002, 2004); 300LH (2004)
3	Pam Waters (Bell)	200m (1975-76); 100m (1976)
3	Angela Williams (Chino)	100m (1997-98); 200m (1998)
3	Amy Weissenbach (Harvard Westlake, N. Hollywood)	800m (2010-12)

Girls CIF State Track and Field Championships were initiated in 1974 and have since been held annually.



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