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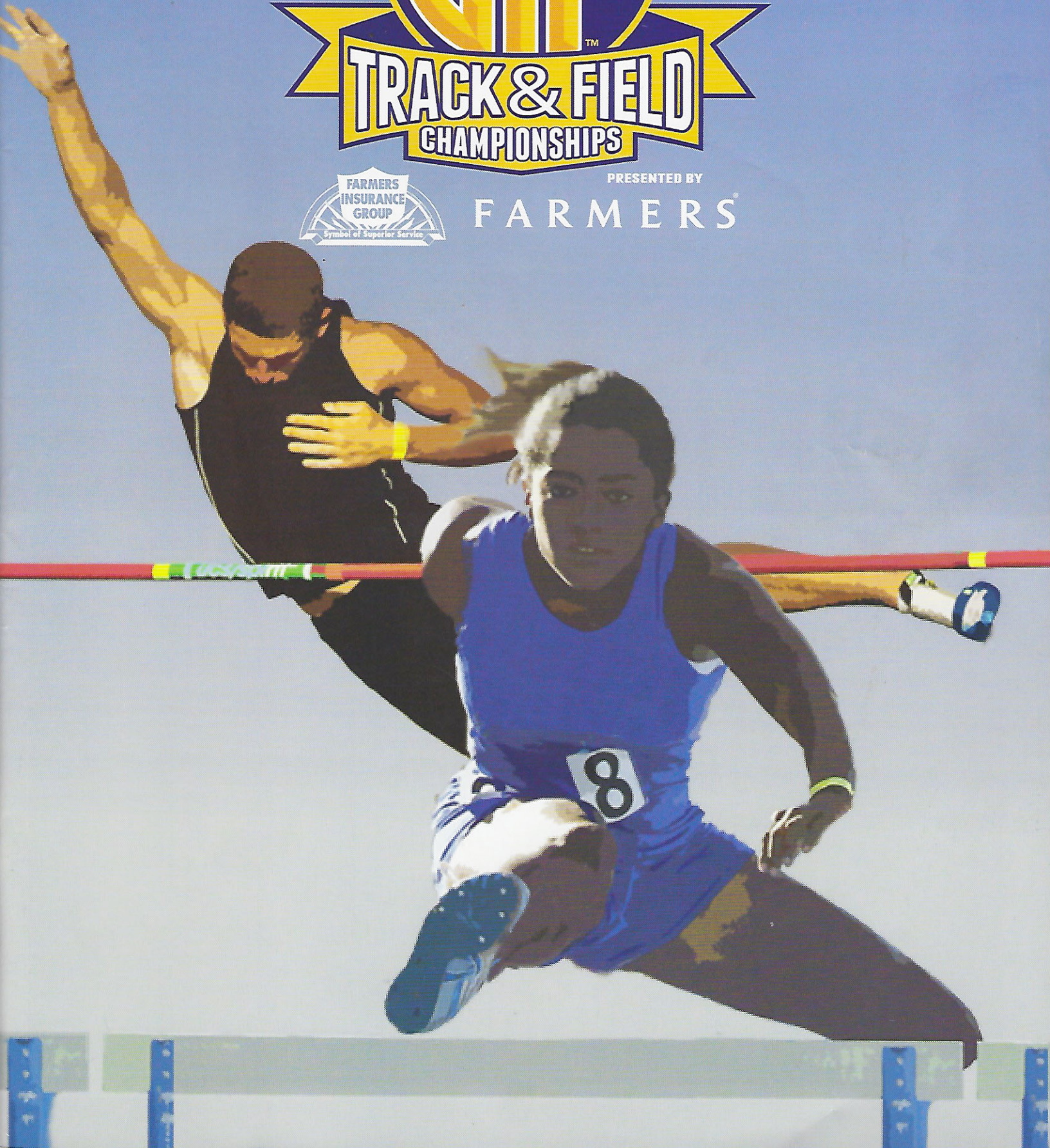
TRACK & FIELD

CHAMPIONSHIPS

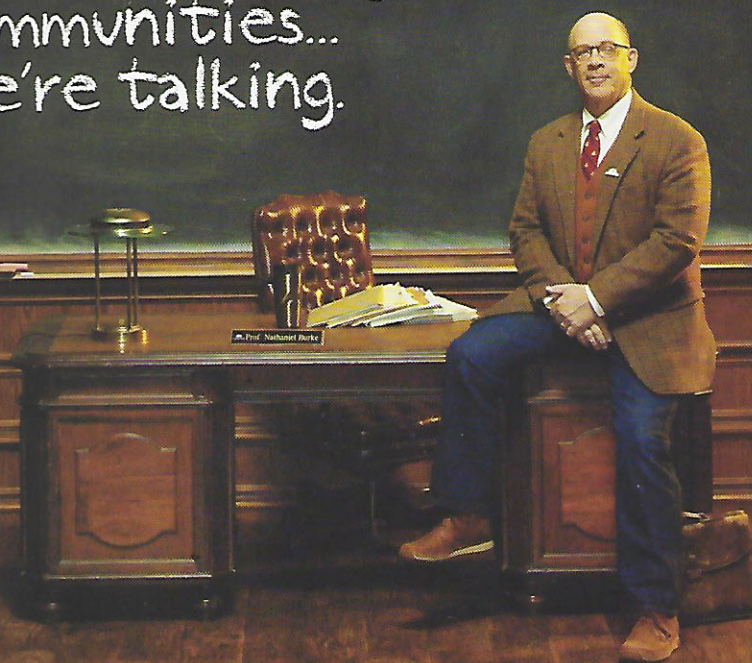


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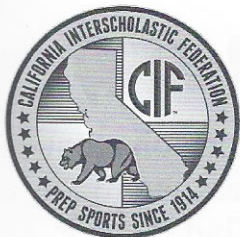


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2013 CIF STATE TRACK AND FIELD CHAMPIONSHIPS



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May 31 – June 1, 2013
Veterans Memorial Stadium
at Buchanan High School
1560 N. Minnewawa • Clovis, California 93611

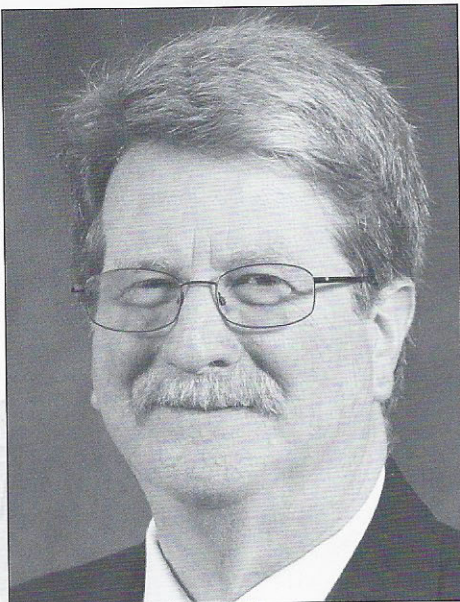
Photos courtesy of Kirby Lee/Image of Sport and MaxPreps.
Program Design courtesy of SectionSports.net

Pursuing Victory with Honor.SM

In August of 2012, all of us were attached to our televisions watching the 30th Olympiad and the unbelievable competition taking place in London. Modern Olympic athletic competition began when a 24-year old French physical education teacher named Pierre, Barron de Coubertin, considered to be the founder of the modern Olympics stated, "The most important thing in the Olympic Games is not winning, but taking part; the essential thing in life is not conquering but fighting well."

As we enter into the State Championship season, I urge everyone to take a moment and celebrate within your school and community this great achievement of reaching the State Playoffs and reflect on the true purpose of competition and sports in an education based setting. This bright spotlight on your students and community along with their actions and behavior will serve for many as their first and only impression of your school.

True, the goal is always to win the contest but high



Roger Blake
CIF Executive Director

school sports, when done correctly, places the value of life lessons, character and sportsmanship ahead of winning. It is the ability of education based sports leaders to keep athletics in its proper perspective that helps separate us from the rest.

This past school year almost 800,000 students participated in sports on our high school campuses in California and less than 2% will go on and compete in athletics in college. Kids participate in sports because they're fun and the athletic fields and gymnasium classrooms that our schools provide give adults the opportunity to

teach valuable lessons that might not be learned in any other place. What Pierre, Baron de Coubertin stated over 120 years ago is still true today. As educational leaders, we must ensure that creating life-long skills and helping develop better citizens through participation in education based athletics is the essential thing we teach our student-athletes, above all else.

So, as you celebrate reaching this elite level of competition let your actions speak volumes and represent the almost 800,000 student-athletes, who exemplify on a daily basis the positives in high school sports, by Pursuing Victory with HonorsSM.

We hope all schools will enjoy the best this educational athletic experience has to offer.

Sincerely,

A handwritten signature in black ink that reads "Roger L. Blake". The signature is fluid and cursive.

Roger L. Blake
CIF Executive Director

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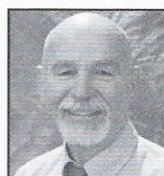
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Hilltop H.S.



Dave Contreras
Athletic Director
Wheatland H.S.



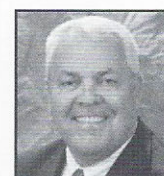
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H.R., Rocklin U.S.D.



Richard Graey
Superintendent
Mattole Triple Junction U.S.D.



Keith Mathews
Assistant Principal
Archbishop Mitty H.S.



James Perry
Calif Assoc. For Health
PE, Rec. and Dance

CIF STATE OFFICE STAFF

4658 Duckhorn Drive Sacramento, CA 95834

916.239.4477 phone | 916.239.4478 fax



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Executive Director

Roger L. Blake, Executive Director
Ron Nocetti, Associate Executive Director
Brandi Stuart, Senior Director
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Sheri Ross, Championship Events Supervisor
Diane Marshall-Freeman, General Counsel
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www.nfhs.org

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Terry Barnum, Head of Athletics, Harvard-Westlake School
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Chris Walsh, California Coaches Association
Kim Wheeler, Coach, Red Bluff High School

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415.920.5185 | fax 415.920.5189 | www.cifsf.org

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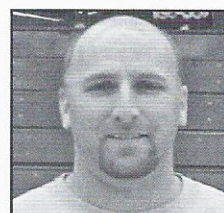
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Athletic Director,
Skyline High School



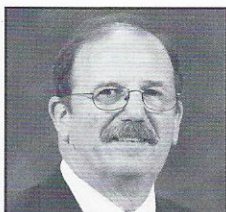
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President, California
Track and Cross Country



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Coach and Athletic Director,
Valley Center High School



Jim Deaver
Coach, Enterprise
High School



Steve Filios
Assistant Commissioner, CIF
Central Coast Section



Brian Fitzgerald
Athletic Director, Teacher,
Coach, Rio Mesa High School



Hal Harkness
CIF Rules
Interpreter



Vicky Lagos
Assistant Commissioner, CIF
Los Angeles City Section



Nancy Lambert-Campbell
Assistant Principal,
Galileo Academy



Amber Lassetter
Coach, Cosumnes
Oak High School



Dustin Marzolf
Meet Director, Clovis
East High School

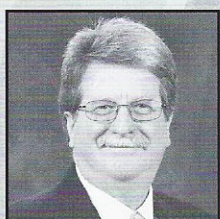


Meredith Smith
Teach. Coach, Crenshaw
High School

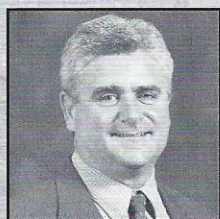


Brian Weaver
State Track & Field Meet Director,
Buchanan High School

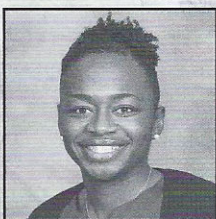
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Executive Director



Ron Nocetti,
Associate Executive Director



Brandi Stuart,
Senior Director



Brian Seymour,
Director of Championship Events



Matthew Cohen,
Director of
Corporate Sponsorships



Bobbi Madsen,
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Al Goldberg,
Assistant Director



Rebecca Brutlag,
Media Relations Officer



Jade Chin,
Assistant to Executive Director



Jennifer Stephens,
Receptionist



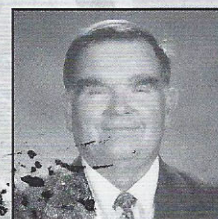
Dean Crowley,
Championship Events Supervisor



Sheri Ross,
Championship Events Supervisor



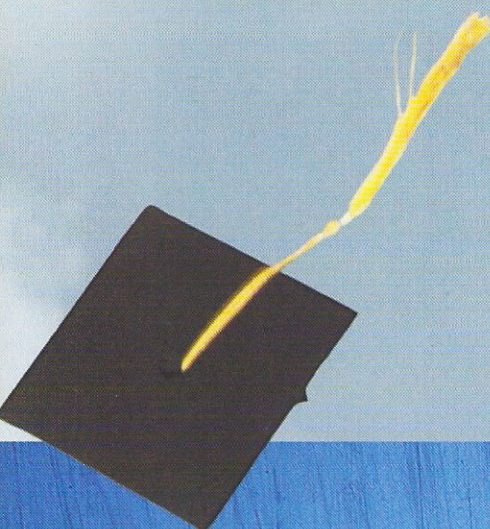
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General Counsel



Richard Nelson,
Foreign Exchange Coordinator



Sydney Rothman,
Intern

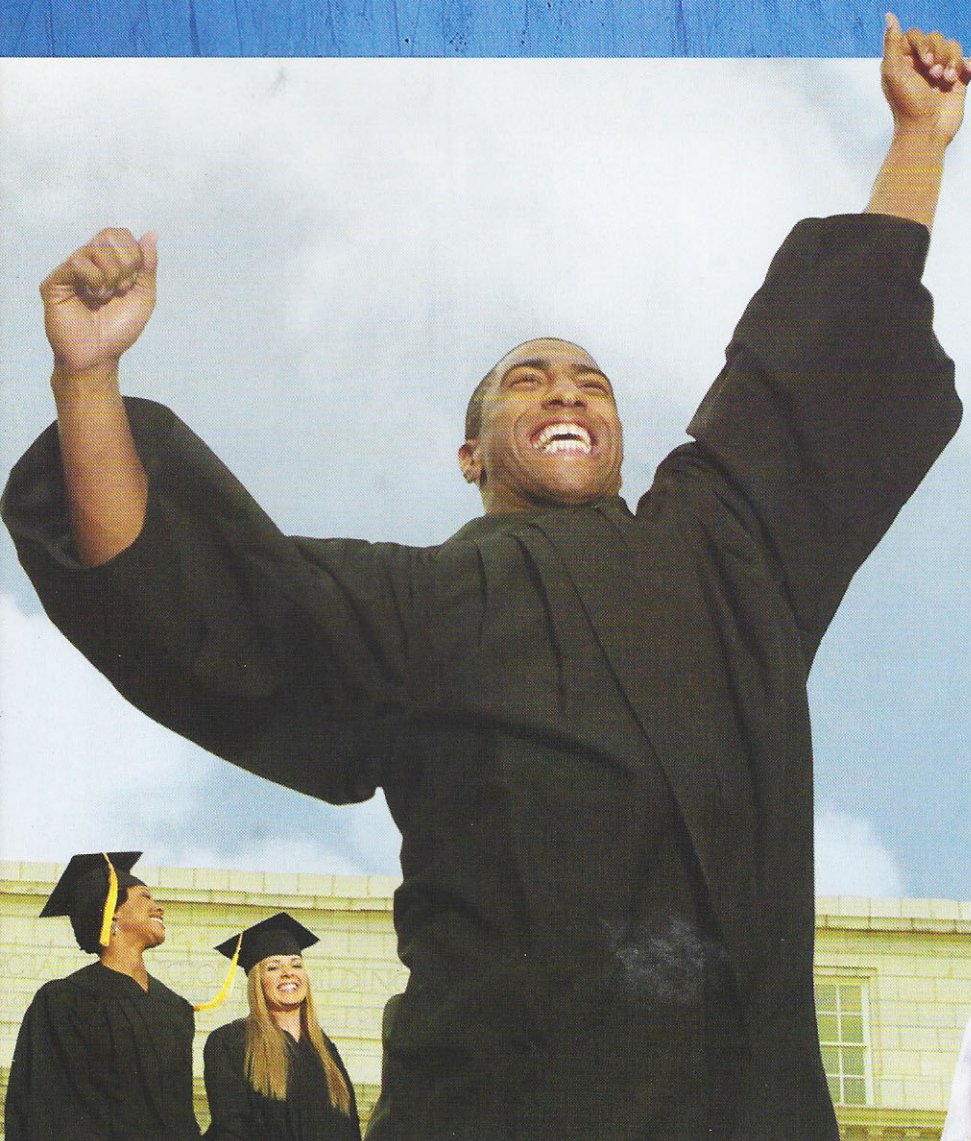


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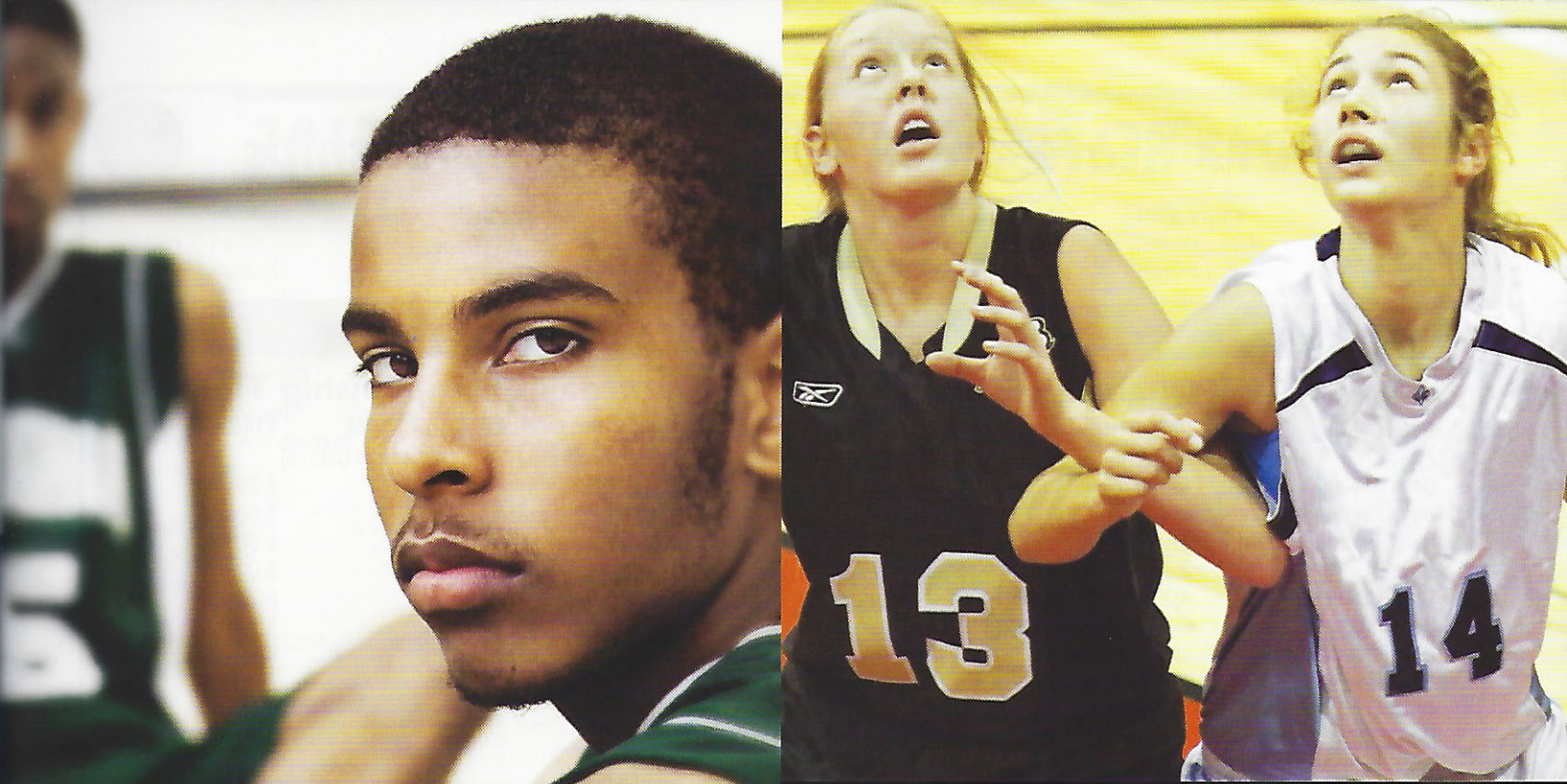
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2013 State Track & Field Championships Schedule



FIELD EVENTS

Friday Qualifying Times

EVENT	REPORTING TIME	STARTING TIME
(Report to Field Event Clerk of Course)		
Boys' Discus	1:45 p.m.	3:00 p.m.
Boys' Long Jump	1:45 p.m.	3:00 p.m.
Girls' Triple Jump	1:45 p.m.	3:00 p.m.
Boys' High Jump	2:45 p.m.	4:00 p.m.
Girls' Discus	4:30 p.m.	5:30 p.m.
Boys' Shot Put	4:30 p.m.	5:30 p.m.
Boys' Pole Vault	4:30 p.m.	6:00 p.m.
Girls' Pole Vault	4:30 p.m.	6:00 p.m.
Girls' Long Jump	5:00 p.m.	6:00 p.m.
Boys' Triple Jump	5:00 p.m.	6:00 p.m.
Girls' High Jump	5:30 p.m.	6:30 p.m.
Girls' Shot Put	7:00 p.m.	8:00 p.m.

Saturday Championship Times

EVENT	REPORTING TIME	STARTING TIME
(Report to Field Event Clerk of Course)		
Boys' Discus	3:30 p.m.	4:30 p.m.
Boys' High Jump	4:00 p.m.	5:00 p.m.
Boys' Long Jump	4:00 p.m.	5:00 p.m.
Girls' Triple Jump	4:00 p.m.	5:00 p.m.
Boys' Pole Vault	4:15 p.m.	5:15 p.m.
Girls' Discus	5:30 p.m.	6:30 p.m.
Boys' Shot Put	5:30 p.m.	6:30 p.m.
Girls' High Jump	6:00 p.m.	7:00 p.m.
Girls' Long Jump	6:00 p.m.	7:00 p.m.
Boys' Triple Jump	6:00 p.m.	7:00 p.m.
Girls' Pole Vault	6:15 p.m.	7:15 p.m.
Girls' Shot Put	7:30 p.m.	8:30 p.m.

TRACK EVENTS

Track Qualifying (Friday)

This schedule may be lengthened if four heats are necessary in any event(s)

Girls 4x100 Relay

Heat 1	5:00
Heat 2	5:05
Heat 3	5:10
Heat 4	5:15

Boys 4x100 Relay

Heat 1	5:20
Heat 2	5:25
Heat 3	5:30

Girls 1600 Meter Run

Heat 1	5:35
Heat 2	5:42

Boys 1600 Meter Run

Heat 1	5:49
Heat 2	5:56

Girls 100 Meter Hurdles

Heat 1	6:03
Heat 2	6:07
Heat 3	6:11

Boys 110 Meter Hurdles

Heat 1	6:18
Heat 2	6:23
Heat 3	6:28

Girls 400 Meter Dash

Heat 1	6:33
Heat 2	6:38
Heat 3	6:43

Boys 400 Meter Dash

Heat 1	6:48
Heat 2	6:53
Heat 3	6:58
Heat 4	7:03

Girls 100 Meter Dash

Heat 1	7:07
Heat 2	7:11
Heat 3	7:15
Heat 4	7:19

Boys 100 Meter Dash

Heat 1	7:23
Heat 2	7:27
Heat 3	7:31

Girls 800 Meter Run

Heat 1	7:36
Heat 2	7:41
Heat 3	7:46

Boys 800 Meter Run

Heat 1	7:51
Heat 2	7:56
Heat 3	8:01

Girls 300 Meter Hurdles

Heat 1	8:07
Heat 2	8:11
Heat 3	8:15

Boys 300 Meter Hurdles

Heat 1	8:20
Heat 2	8:24
Heat 3	8:28

Girls 200 Meter Dash

Heat 1	8:33
Heat 2	8:37
Heat 3	8:41

Boys 200 Meter Dash

Heat 1	8:45
Heat 2	8:49
Heat 3	8:53

Girls 4x400 Relay

Heat 1	9:05
Heat 2	9:12
Heat 3	9:19
Heat 4	9:26

Boys 4x400 Relay

Heat 1	9:33
Heat 2	9:40
Heat 3	9:47

Saturday Championships

6:00	Girls' 400m Relay
6:10	Boys' 400m Relay
6:21	Girls' 1600m Run
6:32	Boys' 1600m Run
6:49	Girls' 100m High Hurdles
7:00	Boys' 110m High Hurdles
7:11	Girls' 400m Dash
7:20	Boys' 400m Dash
7:31	Girls' 100m Dash
7:40	Boys' 100m Dash
7:50	Girls' 800m Run
8:00	Boys' 800m Run
8:12	Girls' 300m LH
8:22	Boys' 300m IH
8:30	Girls' 200m Dash
8:38	Boys' 200m Dash
8:46	Girls' 3200m Run
9:03	Boys' 3200m Run
9:28	Girls' 1600m Relay
9:38	Boys' 1600m Relay

2013 State Track & Field Meet Officials

Meet Directors

Brian Weaver
Roger Orazo

Meet Director Coordinator

Carlo Prandini

Assistant Meet Director Coordinator

Carol Johnson

Meet Support

Hal Hakness
Bob McGuire

Logistics Assistant

Martin Simpson
Dave Dodson

Meet Referee

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Ray Hansen

Head Running Judge

Mark Peterson

Head Finish Line Official

Steve Negin

Asst. Finish Line Official

Dustin Beauchamp

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Denise Groves

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Marshal

Clay Manning

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Tiffany Farmer
Jim Farmer
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Dixon Farmer
Win Downing

Jury of Appeals

Denis McClanahan
Vicky Lagos
Steve Filios

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Nick Paramo
Field Area Set-up
Billie Childes

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Bill Mocnik (SS)
Jeff Haspell (SS)
Chuck Buettnier (SJS)
Leroy Milam (back-UP)

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Dale Campbell

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Stephanie Sonnenburg
Aaron Weaver
Haylie Hansen
Rowen Shaterian

Results

Anita Dodson

Announcing

Keith Conning
Niles Sundstrom
Carl Bryan

Hurdles

Peter Lango

Timing

Sean Laughlin
Connor Laughlin
Bob Rush
Jim Hume
Al Hernandez
John Cole
Mike Bower
Bill Daskerolis
Mark Foyer

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Cindy Downing

Results Inspector

Ron Blackwood

Inspector of Implements

Bob Seaman
Alan Amundsen
Ned Rogers
Lawrence Watson
Wayne Richardson

Pole Vault Inspector

Jon Renwick
Terri Renwick

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Robert Holmes
Richard Thaxton
Eliana Soto
Lupe Solis
Don Collins
Michelle Brunetti
Allen Shelby
Scott Spielman
Janice Beauchamp

Triple Jump

Teddy Hayes
Daniel Irick
Mike Runge
Robert Benoy
Adam Ahtye
Steve Martin
Scott King
Diane Runge
Kaysee King
Melinda Pate

Shot Put

Tom Pagani
Ken Dose
Oscar Dragon
Gary Prentice
Regina Dargon
Monica Brewer
Matt Karsevar
Joe Marquez
Jackie Rivas
Lynn Paape

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Scott Endler
Mike Guidry
Don Crow
Wayne Richardson
Dave Suterland
Jack Wilkinson
Bob Seaman
JR Heberle

Pole Vault

Jon Renwick
Aaron Esquibel
Garrett Wright
Steve Unzueta
Vince Gagliardi
Bill Bradley
Jackie Allen
Anginae Monteverde
Dave Shepard
Ashley Shepard Nef

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Larry Lung
Cozet Gahan
Marianne Holmes
Brook Constable
Ronda Turney

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Jim Fletcher (Head)
Joe Herzog
Oscar Haynes
Jose Garcia
Curt Elia
Craig Elia
Steve Shelly
Ed Savage
Bill Beauchamp
Hugh Adams
Irene Orozco-Jauregui
Ray Knight
Rodney Harp
Jim Nau
Lawrence Watson
David Vartanian
Red Estes
Danny Vartanian

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Buchanan Track Team
Sanger Track Team
Central Track Team

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Greg Brazeal

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Clovis North

Parking

Clovis West

Ticket Takers

Clovis East

Snack Bar

Clovis High

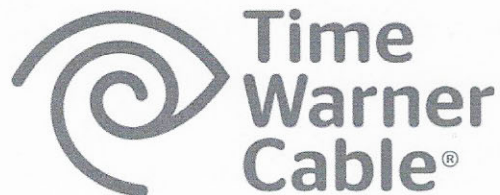


CORPORATE CHAMPIONS

Through the CIF Corporate Champion program, these companies provide a direct, positive impact on the opportunities afforded to more than 750,000 CIF student-athletes each year. These corporations are dedicated to emphasizing the role of athletics in interscholastic education by supporting CIF programs throughout the year. So, on behalf of the CIF and our student-athletes, we'd like to extend a big thank you to our Corporate Champions for being a vital part of the CIF family.



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2013 State Track & Field Championships Preview

Record Breakers, Record Chasers Headline 95th CIF-State Track and Field Championships, Presented by Farmers

By Rich Gonzalez
Editor, PrepCalTrack.com

(CLOVIS, Calif.) – Nothing excites a track and field crowd like speed. Especially when it's on display in either the sport's glamorous event (the 100-meter dash) or the sport's thrill event (the 4x100-meter relay).

Fortunately for fans gathered inside Buchanan High's Veterans Stadium this weekend, they'll be treated to ample portions of both.

Led by the fastest female teenager on the planet this season and a male sprinter making an all-out assault at the state meet record in the century dash, the 95th annual CIF-State Track and Field Championships, *Presented by Farmers*, is once again jam-packed with big names and great storylines across all event areas.

All told, one current global leader, seven national leaders and two national class record holders will be on display while at least four meet records in the speed-based events figure to come under serious attack.

Over in the distances, the Central Valley's greatest male multi-lap talent ever seeks a rare double title while the defending girls four-lap state champ from the Central Coast undertakes a serious task as she also bids for a most grueling "double-dip" performance.

Team-wise, there are clear favorites to capture the crown in each gender, but all it takes is a dropped baton, a hamstring twinge, or a premature getaway from the starting blocks to potentially send those form charts crumbling.

With temperature highs projected to reach triple digits for the Finals, grab yourself plenty of refreshments and a great vantage point as you witness what is annually regarded as the deepest state meet in the nation!

Here's our pre-meet breakdown of each event area, along with the leading athletes and stories to watch:

BOYS SPRINTS/RELAYS – Muhammad Ali proclaimed himself "The Greatest." Khalfani Muhammad merely wants to prove himself "The Fastest."

Only the slightest extra bluster of wind denied the coronation last weekend when Muhammad torched the Cerritos College straightaway at the Southern Section Masters Meet in a time of 10.22 seconds – or .03 seconds faster than Henry "The Heat" Thomas' all-time California record and .08 faster than Riley Washington's state meet record from 1992. But a +2.1 meters-per-second tailwind (a maximum of +2.0 mps [+4.4 mph] is accepted for record purposes) negated him snatching the state's most coveted record!

Perhaps it'll be a case of delayed, but not denied?

A UC Berkeley-signed footballer, Muhammad seeks to celebrate history this weekend on the ultra-fast Mondo surface, but he'll have swift company. Upland's Myles Valentine (10.48) is among the fastest tenth graders in history, seeking the sophomore class state record (10.39) as well as the championship. Three others brandishing upset dreams include Jesuit's Austin "The Red Missile" Mitsch (10.63 in a headwind), Kennedy's Takkarist McKinley and Chico late bloomer and superb athlete Eli Penick, who could take down a 23-years-standing Northern Section record (10.59).

The 200m again features Muhammad as the favorite (20.73 last weekend to move to #10 on the all-time state list there) but Loyola double school record holder Morgan Simon (second at SS Masters) is an exceptional curve-running specialist. Valentine, Antelope's Robert Ellis (21.32 in a headwind) and Mitsch are solid medals picks as well.

The one-lap dash features defending champ Alex Rohani of Beverly Hills, but the hottest talent is Eureka's Alexis Robinson, who matched the existing state-leading time this season (47.03) while beating state leader Frank Kurtz (Heritage) at the North Coast Section Meet of Champions. What makes Robinson an exciting commodity is the fact that he's dropped nearly two seconds off his time (from 48.87) in just the last five weekends!

Maria Carrillo's Herbie Polk, who beat Robinson at the Redwood Empire Area Finals, and Southern Section Masters champ Miles Parish (harboring great upside for the collegiate/post-collegiate ranks) are added talents here. Rohani, who represented Iran at last summer's World Junior Championships in Barcelona, clearly has to be at his best if he is to successfully defend this weekend.

The sprint relays took on a dose of added drama when favored Gardena Serra had a key team member sustain injury at the outset of last weekend's Southern Section Masters Meet. How much their state-leading 40.73 and 3:15.12 relay squads will be affected by the potentially shorthanded or afflicted development remains to be seen. Simon-led Loyola of Los Angeles (40.89 at the Mission League Finals) and defending champion Notre Dame – yep, with Muhammad running the anchor – will also contend. Scanning the entire roster, Notre Dame harbors the most pure speed. We'll see if Notre Dame can claim the title for a second straight year in joining San Francisco Wilson (1972-73) and Long Beach Poly (2007-08) as the only squads to successfully repeat. Castro Valley, with siblings Myles and Matt Speegle pacing a crew with no one under 10.80 but relying on great exchanges, leads the NorCal attack with a 41.35 seasonal best.

The longer relay projects to be another wild one with hard-charging Amador Valley, fresh off its state #2 3:15.15 at the NCS Meet of Champions, being well equipped to topple charts leader Serra. Amador Valley is led by Josh Slaton (48.98) and Darnell Roberson (49.44) while the Cavaliers counter with junior Runny Hall (47.65) and senior hurdles specialist Lloyd Sicard. L.A. City Section champion and Reggie Bell-led Dorsey, which boasts great history in this event, leads a deep cadre of challengers, including Central Section champ Buchanan, powered by Hunter Sasso and Aurelio Valenzuela.

GIRLS SPRINTS/RELAYS – Ariana "Air" Washington could be a breeze to big win here. The precocious Long Beach Poly junior has yet to taste defeat against Golden State competition this spring, be it in individual or relays action. The trend should continue here as the World Youth Championships medalist hopeful (that competition takes place in the Ukraine this summer) blazed to an all-conditions teen world leader 11.20 win (wind-aided) two weekends ago in the 100 and then torched a wind-legal 23.18 – the fastest time in the world by a 16-year-old in 2013 – last weekend at the CIF-SS Masters Meet at 200 meters. *Continued...*

2013 State Track & Field Championships Preview

Trying to keep Washington in check is a budding national-class star (ranked among the Top 20 in the land at both 100 and 200) in Claremont-SS senior Brittany Brown, a big improver in the longer dash event over the last calendar year. Established veterans LaTroya Franklin (Long Beach Jordan-SS), Sierra Peterson (St. Mt Mary's Academy-SS) and Nia Dorner (Cordova-SJ) will try to contend for high positions as well while Corona Centennial's Eboni Sutherland (SS) and San Leandro's Gabriella Cantrell (NC) are additional top-tier talents gathered.

Cordova's Dorner has to be the heavy favorite at 400 meters, where she holds down 6 of the top 7 times in the state this spring, including a seasonal-best 54.05 in last weekend's Sac-Joaquin Section Masters win. Laying low for a good chunk of the season, Dorner is well positioned to mine gold this weekend.

But Buchanan's Hannah Waller is the future, and she'll try to push that chronological window up to this weekend. Waller sent a Central Section all-time frosh record of 54.42 in this very same track two weeks ago, creating the need to seek out new goals. Here's one: Trying to become the second freshman in 15 years to break 54 seconds at the state meet. Only Angela Williams (53.40 in 1995), an eventual world indoor sprint champion, and eventual two-time Olympic gold medalist Monique Henderson (53.41 in 1998) and Serra's Chimere Ezumah (52.97 in 2010) have ever done it. Waller isn't the only frosh phenom in the field as Carson's Jeannette Paul stormed to a lifetime-best 55.13 in claiming the Los Angeles City Section crown 10 days ago. Menlo's Madeline Price, the Central Coast Section champion, and San Diego Section title winner Melissa Mongiovi of West Hills, who brandished great late-race strength in a pair of wins last weekend are additional title threats. Serra's Ezumah seeks a return to the top step on the podium after winning the crown as a ninth grader in 2010.

The relays could be historic as well, especially with Washington-led Long Beach Poly fresh off a nation-leading 44.94 burner at the SS Masters Meet, catapulting the Jackrabbits to sixth on the all-time state list and drawing ever closer to St. Bernard's state meet record time (44.70) set back in 1997. Likely to join Thomas on the record attempt are Diamond Thomas – daughter of state 100m record holder Henry Thomas of the legendary 1985 Hawthorne sprinting unit – super frosh Maya Perkins and Jade Lewis.

While Poly might need to "come back to the pack" if it is to be beaten, newly minted Central Section record holder Edison of Fresno (46.04) and Masters Meet runner-up St. Mary's Academy – a tiny private school in Inglewood – are among the leading pursuers.

The longer relay could once again feature a team champion from the city of Long Beach, especially if "Miss You Know Who" elects to lace up the spikes. Poly arrives here as the state leader by nearly a full second over Edison (3:45.08 to 3:46.04), achieving that mark with Ariana Washington on the sidelines (she often skips this relay). Poly's "A" crew of late has featured Hollie Harris, Kymber Payne, Ratanya Washington and Ebony Crear, daughter of two-time Olympic medalist hurdler Mark Crear. But with the team title hanging in the balance, could the lineup change this weekend? The Jackrabbits already lay claim to three of the four fastest times in state history (including its national record 3:35.49 at the 2004 state meet), with

Long Beach rival Wilson owning the other six times in the all-time state top nine.

Edison of Fresno has been dynamite in its own right this spring, storming to the Central Section record at its recent Masters Meet (just hours after staking claim to the 4x100 record as well) to move into gold medal contention. The Tigers likely will roll out an all-senior crew including Njeri Omawahleh (55.62), Nailah Harris-Murillo (56.27), Melese Crozier (56.82) and Tara Edwards (58.08). Etiwanda (SS), featuring frosh twins Kayla and Kyla Richardson and Corona Roosevelt (SS) are other top teams.

BOYS DISTANCES – Stockdale's Blake Haney has progressed with expert precision in recent years, first setting the state frosh record at 1600 in 2011, becoming the nation's top sophomore at both 1600m and 3200m in 2012, and now claiming the Central Section records in both events this spring while being the leading junior in the nation in both events. That said, the "Amazin' Haney" will be undertaking his biggest challenge yet: Trying to win the state title at both distances, especially in the cauldron that is Clovis this weekend.

La Costa Canyon's Darren Fahy achieved the rare 1600/3200 title feat last year (becoming just the eighth long distance double winner in the meet's 94-year history), with Haney equally suited to repeat the conquest this weekend. Excellent stamina, fine speed and an insatiable desire to succeed make the young 'legend' from Kern County a dangerous race-day performer. Undoubtedly anxious to improve upon last year's 3rd-place/11th-place performance here (1600/3200), Haney had oozed with big-race experiences since then, including an 8:48.58 3200m shocker at the Arcadia Invitational and a 4:07.78 for the full mile in New York City last weekend.

All that said, his biggest challenge should come from Carlsbad's Christian Freeman, second to Haney among Californians (8:52.65) and who has dropped from the 1600 to focus all his energies on the 3200. His 9:03.51 unleashed last weekend is the fastest mark in the state outside of the Arcadia extravaganza. Huntington Beach Edison's Jeff Thies, quite an improver the last two seasons and at just the right time in each case, rolled to a 9:04.38 win at the SS Masters Meet.

Another very dangerous weapon is El Toro's Juan Gonzalez, perhaps the most harrowing threat to Haney in the four-lapper and a true veteran set to double back in the 3200. Bishop O'Dowd's Eugene Hamilton, the state leader at 800 meters, dropped that event to focus here, where his converted 4:11.27 from the full mile ranks fourth in the state. Villa Park's Garrett Corcoran, who loves to set a hard pace, and Brea frosh phenom Austin Tamagno (the fastest American-born ninth-grade 1600m runner in U.S. history at 4:11.10) are two of a mind-boggling total of five individuals advancing to the state meet from the Southern Section's Century League.

The 800m run could yield some surprises, which would only continue the trend of recent weeks in this event. State leader Hamilton surprisingly dropped this event while 2012 top non-senior Brett Moulton of Corona Santiago (SS) was unable to advance from qualifying this year. Bakersfield Ridgeview's Ivan Gonzalez was only able to muster sixth in his state prelims heat a year ago, but is much more seasoned and definitely better polished this time around. Recording a 1:50.59 in his state qualifier, he courts the best time in the field. David Aguilar

Continued....

2013 State Track & Field Championships Preview

(1:52.15) won a loaded Central Coast Section Finals last week, where four athletes bested 1:53 flat, including a 2012 state medalist who was left home this time around. San Diego Section champ Alex Grigoriev of Rancho Bernardo, who likely has the most race-day experience in the field across 200m and 400m, should be very sharp here. He owns a best of 1:52.35.

GIRLS DISTANCES – Will an amazing historical stretch be halted? Will rare history be made? The legs of San Lorenzo Valley's Anna Maxwell could hold the answer to both.

Simi Valley junior Sarah Baxter, who has yet to lose either a cross-country race or a 3200-meter track race in her high school career, puts that incredible ledger on the line against Central Coast Section double champion Maxwell, the state leader at 1600m (4:42.57 last weekend) and the state's #2 at 3200 (10:10.51 to Baxter's 10:06.74). Baxter's metronome-like pacing is quite efficient and has never let her down, but Maxwell could attempt a latch-and-kick approach in relying on her superior speed down the stretch.

The bigger picture, however, shows Maxwell attempting a tough 1600/3200 double, meaning she'd need to likely undergo two rounds of the four lapper (prelims on Friday, finals on Saturday) before meeting Baxter in the eight lapper. Making it all the more tougher, Aptos speed maven Nikki Hiltz returns as the lethal defending champion at 1600m (and less than a tick ahead of Maxwell as the all-time CCS record holder). Hiltz, too, will be attempting a daunting double, hers being of the 1600/800 variety. This year's second-fastest performer in each event (and yes, each of those performances coming last weekend), Hiltz seeks to become only the second girl in state meet history to pull off the 1600/800 double title, joining Pleasant Hills' Kathy Costello from 1975.

The 1600 could turn out to be a CCS fest, which would be nothing new. Gunn's Sarah Robinson (4:47.58, converted from the full mile) and Aptos' Clare Peabody (4:49.83, converted) join Maxwell and Hiltz in giving the Central Coast Section the top four times in the state this year. But keep an eye on La Costa Canyon's Emma Abrahamson, who clocked 4:51 in league action, as well as Beverly Hill's Sydney Segal and Bishop Montgomery's Danielle Shanahan, both rounding into great form and placing 1-2 at the SS Masters. Palisades' Marissa Williams, a tough sophomore who took down L.A. City Section meet records at 1600 and 3200, and Vista Del Lago's Madeleine Ankhelyi are additional dark horse contenders.

BOYS/GIRLS THROWS – No single performance created more shock waves across the Golden State than when Nick Ponzio's 12-pound shot struck the earth... nearly seventy feet away from the ring. Ponzio's prodigious launch of 69-07.25 – the best ever by a Southern Section athlete and third-best in state history – in dual meet action brought out hordes of skeptics since his previous lifetime best was a shade under 61 feet. All he has done lately is record three straight meets with tosses of at least 65 feet, a mark only one other athlete in the nation has achieved this spring. Based on his consistency over the last month, Ponzio has to be the state favorite, but nothing is a given; the Great Oak senior actually fouled on all his attempts at both the Arcadia Invitational and the Mt. SAC Relays before his monstrous career breakthrough.

Newport Harbor's Marty Taylor (62-05), younger brother to #2 state all-time discus thrower Bo Taylor (213-07 in the state prelims in 2006), is the latest top-shelf Southern Section talent

mentored by throws coaching legend Tony Ciarelli. San Clemente's Kelsey Benoit, who has been battling injury in recent weeks, seeks to revert to the late-season form that saw him unload a lifetime-best 62-06.75.

The boys discus figures to be a two-person duel between state leader Brenden Song of West Hills (194-04) in the San Diego Section and Newport Harbor's Taylor (second in the state at 190-04), who have traded off the lead this spring. But Ponzio joined the fray in mid-April with a fine 187-08 performance in league action, a mark he threatened while winning last weekend's SS Masters Meet.

Shot put fans could be in a state of euphoria in witnessing two of the state's all-time best putters in the same meet. In addition to Ponzio on the boys' side, Dos Pueblos' Stamatia Scarvelis is an "A-list" attraction on the girls' side. Already a high-end talent entering postseason, Scarvelis really upped her stock with a massive 51-09.25 heave at last weekend's SS Masters that shot her up to #5 on the all-time state list and brings her tantalizingly close to the junior class state record (52-02.25 by Fullerton High great Natalie Kaaiawahia way back in 1982).

Scarvelis holds well over a two-foot advantage on the field, making her among the strongest favorites in any event this weekend. Nevertheless, Alemany's Nia Britt (49-00.50), Clovis West's Nikki Okwelogu (481-0.25) and four-time state qualifier Tanya Sapa of La Sierra each will give it their best shot.

In the girls' discus throw, Okwelogu will be competing on essentially home turf here (same city, different school) and arrives as the state leader after a lifetime-best fling of 168-04 at the Central Section Finals, also held here at Buchanan. Only two other throwers, Arroyo Grande's Madison Jacobs and Dos Pueblos' Scarvelis, have bettered 160 feet this spring.

GIRLS/BOYS HURDLES – Sasha Wallace, who won both the 100-meter hurdles and triple jump titles while at Holy Names High last year, seeks to repeat the feat as a senior at Castro Valley (NC). Thus far, she has been beyond compare in 2013 in being unbeaten in either discipline at the major invitationals. Her 13.43 win at the Mt. SAC Relays puts her second nationally in the hurdles event, where the University of Oregon-signed gem is the clear favorite. Patriana Perry and Daria Cook, a pair of exceptional hurdling teammates from Vacaville (SJ), will gun for precious team points along with Long Beach Poly's Ebony Crear.

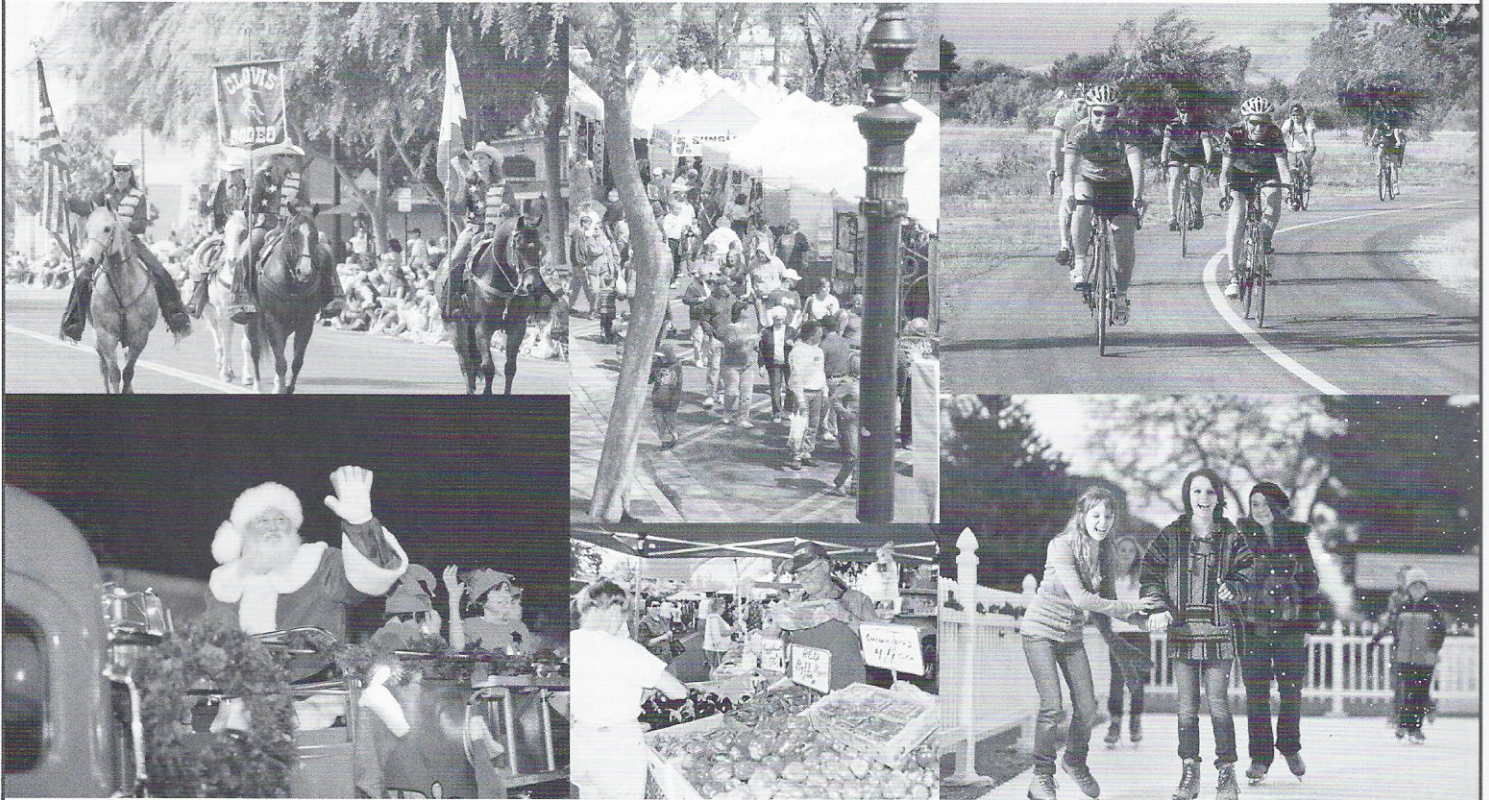
The girls' 300-meter hurdles should be a thrilling rematch between Great Oak's Jade Miller and Long Beach Poly's Kymber Payne. Miller, the national leader in the event at 41.15, briefly lost the momentum to Payne at the SS Masters Meet, but kept her poise and regained command to post the victory. Payne (a 41.32 seasonal best) remains the leading threat.

The boys' high hurdles picture took two bizarre twists due to developments at the Los Angeles City Section Finals, where at-the-time state leader Reggie Bell had to scurry in a panic to fix an apparent uniform violation, with the winded and unnerved youngster then failing to advance. An off-the-track overturn one day later of a previously denied protest, however, allowed the senior back in.

Bell is no longer the favorite, however. Four athletes bettered Bell's time in the 48 hours since his reinstatement, with Central Coast Section champion Jalen Wright of San Jose Bellarmine (13.91 in a headwind) taking over the state lead. Lloyd Sicard of

Continued (page 15)...

The good thing about Clovis is that there are so many good things.



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2013 State Track & Field Championships Preview

Serra (SS), Andre Lindsey of Stagg (SJ), Misana Viltz of Millikan (SS), Marquis Morris of De La Salle (NCS) and Cameron Akins of Cathedral (SS) give this event alarming balance on top.

The boy 300-meter hurdles saw De La Salle's Morris flagged for a trail-leg violation at his Area Finals meet, where no reinstatement took place. That likely leaves Serra's Sicard as the man to beat, fresh off a seasonal-best 37.23 in which he just edged out Los Osos' Victor Bolden. Central Coast Section rivals Wright of Bellarmine and Kamara Biawogi of Prospect should also be in the thick of the title mix.

GIRLS JUMPS – The aforementioned Wallace of Castro Valley is a big favorite in the triple jump, her 42-4 performance in late season still leading the national charts. But three other 40-footers grace the pits in giving this event solid depth, with Tokay's Jannell Hadnot making a big improvement this spring, including a legal best 41-02 at the Sac-Joaquin Section Masters Meet. Wilcox's Marisa Kwiatkowski (40-08.50) and St. Mary's Academy senior Rachel Tolliver Wallace (41-01.50w) are additional headliners here.

The girls' long jump competition has evolved into among the marquee events this weekend as four athletes – including one record setter – have already spanned beyond 20 feet with a few others knocking on the door. Harvard-Westlake's Courtney Corrin has been a huge sensation this spring, punctuating a storybook season with an eye-popping 20-11.00 performance at the Mt SAC Relays that not only seized the national lead, but smashed the national freshmen record in the process! While the steady Corrin is the favorite, Los Osos senior Kira Moreland served notice with a 20-07.00 performance at her sectional final that she's ready for a battle. Redlands sophomore Margaux Jones, the top returnee after being the bronze medalist last June, Castro Valley's Wallace (20-02.00), River Valley's Mackenzie Arnold and another frosh star in Clovis North's Rhesa Foster also are featured.

Santa Margarita's Kaitlyn Merritt soared into the record books with an astronomical clearance at the Arcadia Invitational, clearing 13-08.00 in the pole vault to set a national sophomore class record in the event. Owning at least eight performances this spring that have measured higher than anyone else in the state, Merritt is the leading pick here. That said, the vault can be a very nerve-racking and unforgiving event, with Los Gatos star Greta Wagner and Roosevelt's Gardena Centanaro also among the big names seeking clutch performances.

The girls' high jump welcomes back defending champion Claire Kieffer-Wright (6-00.00) from South Pasadena, but she'll be challenged dearly in one of the weekend's deepest events. CKW's newest nemesis is AB Miller's Rachel McCoy, who looked brilliant in handling her head-on at last week's SS Masters Meet. Fresno Edison's Maciah Murray (5-10.00), Buena's Erinn Beattie, University City's Breanna Curry, Harvard-Westlake's Alex Florent and Santa Rosa's Morgan Berthsch are additional prime time performers in the field.

BOYS JUMPS – Defending champion Adoree Jackson of Serra, also an exceptional football talent, is tabbed as the one to beat here, with his 25-00.00 performance at the Southern Section Division Finals leaving him more than four inches clear of the field. Jackson figures to be doing some heavy duty work

this weekend with action on both relays as well, possibly leaving him a bit wearier than he'd prefer. Last year, Jackson sustained injury in the long jump finals, but it was after he had already secured the winning jump.

Redlands star Walter Jones, who harbored goals of qualifying to state in four events, now only has two left, but the long jump (24-11.75w) may be his best one anyway. Point Loma's Sydney Rush-Dunigan pulled one out of the hat with his stellar 24-03.50 section win in San Diego while Bakersfield's Scotty Newton and JSerra's Dante Pettis (son of former baseball major leaguer Gary Pettis) are two additional 24-foot talents.

The triple jump landscape saw its first wind-legal 50-footer of the season last week when James Logan senior Jeffrey Prothro bounded 50-04.00 in taking the North Coast Section Meet of Champions crown, the latest 50-footer to emerge from Coach Lee Webb's stable of jumpers. Sultana's Jaelen Spencer, who two years ago competed in the World Youth Championships, and Castro Valley's Nate Moore have each nailed 50-foot efforts as well, each coming with a slightly over-the-allowable wind assistance for record purposes. Bakersfield's Newton, a prime candidate for two individual medals this weekend, is also a hot talent.

Mt. Carmel's Kyle Pater, the top returnee in the state, moved to the top of the pole vault leader board in recent weeks after a 16-06.00 clearance, with the San Diego Section champion poised for the stretch drive. Also looming largely in the field are Thousand Oaks' Luigi Colella (16-04.75), son of two-time world championships qualifier and three-time Italian Olympic Trials qualifier Antonio Colella, and Marc Toney (16-01.00) from traditional vault power St. Francis of Mountain View (CC).

The high jump competition is often the toughest to handicap, and that's that case again this time. Center's Xavier Howell took over the state lead with his seven-foot winning performance at the Sac-Joaquin Section Masters Meet, with Carter's consistent Eric Moore (6-11.00) and Buchanan's Taylor Smith (6-10.25) also performing well. Although Smith will be competing on his home apron, where he has a best of 6-09.00, his best mark came at the Reedley Invitational.

TEAM BATTLES – Serra of Gardena's boys have been the season-long favorite and sure looked the part in establishing a Southern Section all-divisions scoring record at the Divisional Finals meet two weeks ago. But the Cavaliers did get banged up a bit last weekend, bringing their vulnerability into question. Still, based on two stellar relays, courting the favorite in the long jump and among the co-favorites in both hurdles races, Serra remains the boys team to beat. Several times are in the hunt for podium positions, led by Mission League foes Notre Dame of Sherman Oaks and Loyola of Los Angeles, each squad relying on the dashes and relays.

The girls' team-title picture seems to be dominated by Long Beach Poly yet again, seeking to return to the top spot for the fifth time in six years and a record twelfth time in school history. The Jackrabbits were favored to win last year as well, but a pair of devastating disqualifications and two additional setbacks in separate hurdles races caused an uncharacteristic implosion for the squad while Gardena Serra performed brilliantly to run away with the crown. Poly's chief challenge this time around should come from Edison of Fresno, the Central Section superpower. ■



2013 State Track & Field Championships



GIRLS 4x100M RELAY

National: 44.50 4/23/2004 Poly, Long Beach CA
Shana Woods, J. Lee, C. Picott, Shalonda Solomon
State Meet: 44.70 6/7/1997 St. Bernard, Playa del Rey
R Caruthers, Ma Edmonson, Mi Edmonson, M Withers

Lane	Team Relay	Sec.	Seed Time
Heat 1 of 4 Prelims			
2	Morse	SD	48.45
3	Buchanan	CE	47.81
4	Independence	CE	47.15
5	Poly (LB)	SS	44.94
6	Notre Dame(SO)	SS	47.07
7	Carson	LA	47.78
8	Westchester	LA	48.42
Heat 2 of 4 Prelims			
2	St. Francis	SJ	48.50
3	Franklin of Elk Grove	SJ	47.85
4	San Leandro	NC	47.28
5	Edison	CE	46.04
6	Vista Murrieta	SS	47.03
7	Cathedral Catholic	SD	47.77
8	Rodriguez	SJ	48.35
Heat 3 of 4 Prelims			
2	Wilcox	CC	49.18
3	Deer Valley	NC	47.87
4	Los Gatos	CC	47.31
5	St. Mary's Academy	SS	46.12
6	Roosevelt, E	SS	46.93
7	Newark Mem	NC	47.64
8	Mission Hills	SD	48.34
9	Washington	SF	50.74
Heat 4 of 4 Prelims			
2	Foothill	NO	49.29
3	Piedmont Hills	CC	48.04
4	Mater Dei	SS	47.39
5	Colony	SS	46.66
6	Westlake	SS	46.73
7	Alemany	SS	47.41
8	El Camino Real	LA	48.06
9	Oakland Tech	OK	49.64

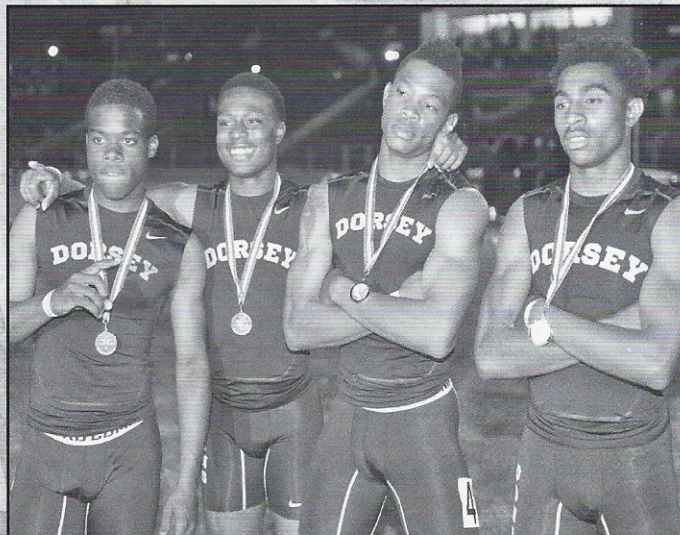


Poly (LB)

BOYS 4x100M RELAY

National: 39.76 5/16/1998 Wyatt, Ft. Worth TX
M. Wesley, M. Clopton, M. Franklin, De Wesley
State Meet: 40.24 6/2/1989 Hawthorne, Hawthorne
Alexander, Smith, Allen & Curtis Conway

Lane	Team Relay	Sec.	Seed Time
Heat 1 of 3 Prelims			
1	Red Bluff	NO	43.67
2	Mt. Carmel	SD	42.63
3	Emery	NC	42.22
4	Notre Dame(SO)	SS	41.83
5	Serra	SS	40.91
6	Dorsey	LA	41.77
7	Taft	LA	42.21
8	El Camino Real	LA	42.43
9	Clovis West	CE	43.12
Heat 2 of 3 Prelims			
1	Washington	SF	43.84
2	Central	CE	42.66
3	St. Francis	CC	42.26
4	Poly (Lb)	SS	41.87
5	Castro Valley	NC	41.42
6	Bellarmine	CC	41.65
7	American Canyon	SJ	42.05
8	Rodriguez	SJ	42.35
9	Piedmont Hills	CC	43.05
Heat 3 of 3 Prelims			
2	Granite Hills	SD	42.83
3	Heritage	NC	42.27
4	Edison	CE	41.96
5	Loyola	SS	41.46
6	Highland	SS	41.58
7	Granite Bay	SJ	42.04
8	Alemany	SS	42.30
9	Helix	SD	42.94



Dorsey



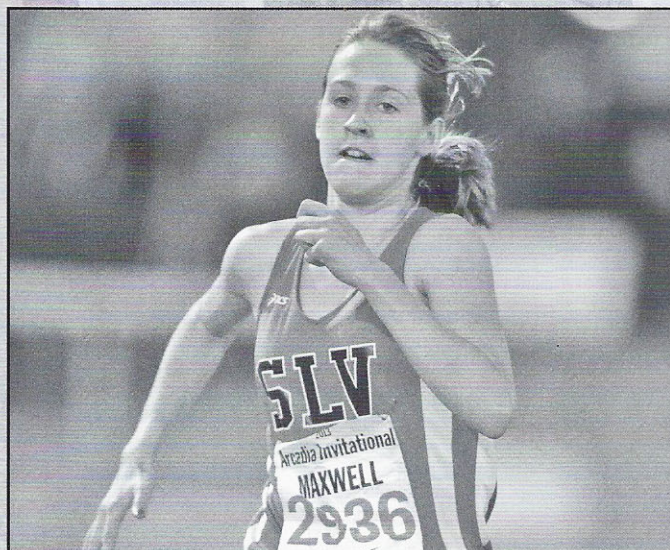
2013 State Track & Field Championships



GIRLS 1600M RUN

National: 4:33.82 5/31/2008 Christine Babcock, Woodbridge CA
State Meet: 4:33.82 5/31/2008 Christine Babcock, Woodbridge

Lane	Name	Year	School	Sec.	Time
Heat 1 of 2 Prelims					
1	Nikki Hiltz	12	Aptos	CC	4:44.93
2	Sarah Robinson	11	Gunn	CC	4:48.41
3	Paige Canterbury	12	Dana Hills	SS	4:53.66
4	Clare Peabody	11	Aptos	CC	4:53.68
5	Cara Ulizio	12	Redondo	SS	4:54.39
6	Faith Makau	12	Enochs	SJ	4:54.48
7	Rianna Goins	12	Canyon-Ana	SS	4:55.44
8	Kayla Ferron	12	Redondo	SS	4:55.60
9	Ashley Helbig	11	Great Oak	SS	4:56.55
10	Marissa Williams	10	Palisades	LA	4:56.60
11	Ali Teliha	12	Bullard	CE	4:57.44
12	Marissa Scott	12	Bonita	SS	4:57.62
13	Ellie Abrahamson	12	La Costa Cnyn	SD	4:59.44
14	Sophie Meads	11	Davis	SJ	5:02.86
15	Spencer Moore	11	St. Mary's	NC	5:07.50
16	Lorena Garcia	12	San Pedro	LA	5:12.66
17	Sarah Dobbs	11	Venice	LA	5:21.00
Heat 2 of 2 Prelims					
1	Anna Maxwell	11	San Lorenzo Valley	CC	4:42.57
2	Sydney Segal	12	Beverly Hills	SS	4:51.69
3	Danielle Shanahan	12	Bishop Montgomery	SS	4:52.17
4	Emma Abrahamson	11	La Costa Cnyn	SD	4:54.02
5	Kelly Bernd	9	Canyon Crest Acad.	SD	4:54.19
6	Danielle Katz	12	Los Gatos	CC	4:55.03
7	Amanda Gehrich	9	Tesoro	SS	4:55.36
8	Alana Jones	12	Laguna Hills	SS	4:56.12
9	Kendall Derry	9	Bella Vista	SJ	4:56.23
10	Melissa Fairchild	11	Serrano	SS	4:56.82
11	Yesenia Silva	12	Exeter	CE	4:57.33
12	Sabrina Seay	12	Mt. Carmel	SD	4:57.90
13	Hannah Benoit	10	Buchanan	CE	4:58.27
14	Maryann Gong	12	Granada	NC	5:02.87
15	Kendall Stuscavage	12	College Park	NC	5:03.65
16	Jenna Storms	10	West Valley	NO	5:12.79
17	Kristen Leung	09	Lowell	SF	5:17.16

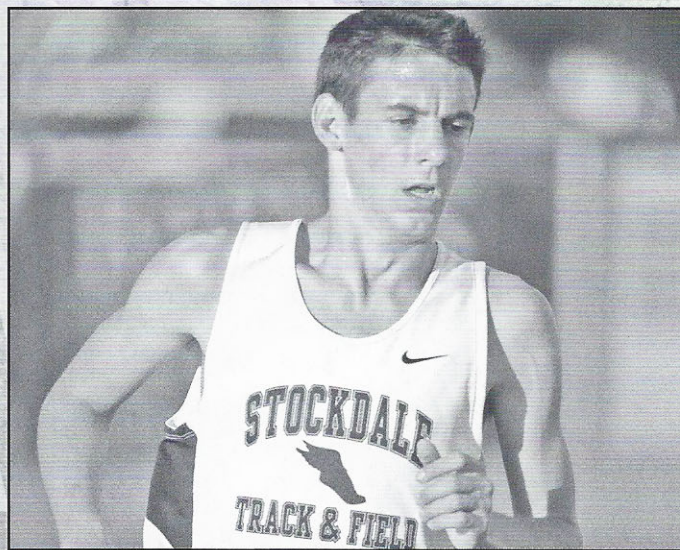


Anna Maxwell

BOYS 1600M RUN

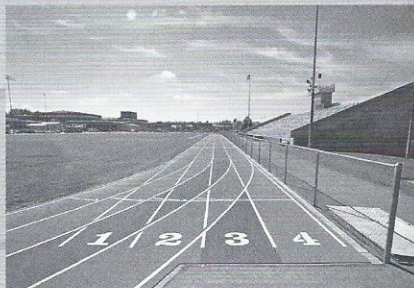
National: 3:59.51 4/14/2001 Alan Webb, South Lakes VA
State Meet: 4:00.29 5/31/2008 German Fernandez, Riverbank

Lane	Name	Year	School	Sec.	Time
Heat 1 of 2 Prelims					
1	Blake Haney	11	Stockdale	CE	4:07.16
2	Porter Reddish	12	Vista Murrieta	SS	4:12.77
3	David Luna	11	Indio	SS	4:12.87
4	Austin Goins	12	Canyon-Ana	SS	4:13.28
5	Kyle Warrick	12	Roosevelt, E	SS	4:13.43
6	Bryan Fernandez	12	Dos Pueblos	SS	4:13.59
7	Daniel De La Torre	12	La Salle	SS	4:13.64
8	Brennon Koryta	11	Brea Olinda	SS	4:14.33
9	Connor Fisher	12	Stockdale	CE	4:14.36
10	Cody Brazeal	12	Buchanan	CE	4:14.87
11	Kasey Knevelbaard	10	Immanuel	CE	4:14.97
12	Yohaness Estifanos	12	Milpitas	CC	4:15.62
13	Jacob Zufelt	12	Whitney	SJ	4:15.79
14	Eric Sindel	12	Mt. Carmel	SD	4:16.30
15	Ricky Sweet	12	Point Loma	SD	4:17.02
16	Arturo Arevalo	11	Bravo Medical Magnet	LA	4:23.23
17	Michael Mrgudic	12	Granada Hills	LA	4:23.64
Heat 2 of 2 Prelims					
1	Juan Gonzalez	12	El Toro	SS	4:12.45
2	Miguel Vasquez	12	Andrew Hill	CC	4:12.48
3	Garrett Corcoran	11	Villa Park	SS	4:13.01
4	Austin Tamagno	9	Brea Olinda	SS	4:13.04
5	Eugene Hamilton III	12	Bishop O'Dowd	NC	4:13.49
6	Clayton Hutchins	12	Drake	NC	4:13.50
7	Trent Brendel	12	Granite Bay	SJ	4:13.94
8	Chanan Batra	12	Beverly Hills	SS	4:13.95
9	Jose Herrera	12	Madera South	CE	4:14.70
10	Sydney Gidabuday	11	El Modena	SS	4:14.71
11	Scott Edwards	11	Scotts Valley	CC	4:14.99
12	Tyler Olson	11	Livermore	NC	4:15.38
13	Garrett Miglioizzi	11	Nevada Union	SJ	4:15.80
14	Jack Scranton	12	Davis	SJ	4:15.94
15	Derek Morton	11	Mt. Carmel	SD	4:18.62
16	Steve Correa	11	San Pedro	LA	4:19.17
17	John Hogan	11	Lowell	SF	4:26.87
18	Chris Midkiff	12	Chico	NO	4:31.28



Blake Haney

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2013 State Track & Field Championships



GIRLS 100M Hurdles

National: 13.03 6/2/2007 Vashti Thomas, Mt. Pleasant CA
State Meet: 13.03 6/2/2007 Vashti Thomas, Mt. Pleasant

Lane	Name	Year	School	Sec.	Seed Time
Heat 1 of 3 Prelims					
1	Caice Lanovaz	9	Los Gatos	CC	15.21
2	Kelli Hancock	12	La Jolla	SD	14.64
3	Ciara Levy	11	Monterey Trail	SJ	14.41
4	Kortni Smyers-Jones	12	San Leandro	NC	14.31
5	Sasha Wallace	12	Castro Valley	NC	13.73
6	Taylor Fleming	12	King, ML	SS	14.31
7	Mecca McGlaston	9	Dublin	NC	14.41
8	Dani Johnson	9	Cathedral Catholic	SD	14.64
9	Dayna Hurd	12	Carson	LA	15.11
Heat 2 of 3 Prelims					
1	Jenavieve Turner	11	Yreka	NO	15.29
2	Kendall Gustafson	12	Palisades	LA	14.68
3	Rhesa Foster	9	Clovis North	CE	14.41
4	Kim Dargel	12	Murrieta Mesa	SS	14.32
5	Daria Cook	11	Vacaville	SJ	13.83
6	Jade Miller	12	Great Oak	SS	14.24
7	Hannah Labrie-Smith	10	Cathedral Catholic	SD	14.39
8	Sidney Mosley	10	Monrovia	SS	14.50
9	Jenny Delucchi	12	Santa Cruz	CC	15.00
Heat 3 of 3 Prelims					
1	Devan Simmons	11	Lincoln	SF	16.21
2	Jessica Davis	12	King City	CC	14.72
3	Skylin Harbin	11	Alemany	SS	14.43
4	Kristen Robinson	12	Skyline	OK	14.36
5	Pattriana Perry	11	Vacaville	SJ	13.99
6	Ebony Crear	11	Poly (Lb)	SS	14.10
7	Morganne Hill	10	Liberty	CE	14.38
8	Jeannette Paul	9	Carson	LA	14.46
9	Lyndsey Lopes	10	Clovis West	CE	14.85



Ebony Crear

BOYS 110M Hurdles

National: 13.30 5/26/1990 Chris Nelloms, Dunbar, Dayton OH
State Meet: 13.39 6/5/2004 Kevin Craddock, James Logan

Lane	Name	Year	School	Sec.	Seed Time
Heat 1 of 3 Prelims					
1	Alec Benavides	11	Stockdale	CE	15.09
2	Justin Collins	10	Carson	LA	14.74
3	James Warwick	12	Modesto Chr	SJ	14.34
4	Misana Viltz	11	Millikan	SS	14.23
5	Jalen Wright	12	Bellarmine	CC	13.91
6	James Traylor	12	Berkeley	NC	14.23
7	Nico Robinson	12	Sacred Hrt Prep	CC	14.34
8	Nick Putman	11	West Valley	NO	14.62
9	Adam Soesman	11	Buchanan	CE	15.08
Heat 2 of 3 Prelims					
1	Xavier Jones	11	Dinuba	CE	15.14
2	Tyler Nelson	11	Del Norte	SD	14.78
3	Ben Hartinger	12	San Pasqual	SD	14.39
4	Kamara Biawogi	12	Prospect	CC	14.23
5	Andre Lindsey	12	Stagg	SJ	13.96
6	Marquis Morris	11	DeLaSalle	NC	14.11
7	Elijah Holt	12	Arroyo Grande	SS	14.34
8	Alonzo Easter	12	Lincoln, Stoc	SJ	14.58
9	Connor Celeri	11	Piner	NC	14.91
Heat 3 of 3 Prelims					
1	Henry Diep	12	Balboa	SF	15.68
2	Matthew Kenney	12	Carlsbad	SD	14.80
3	Kyle Johnson	12	Quartz Hill	SS	14.39
4	Bayron Manuel	11	Wilson/LB	SS	14.24
5	Lloyd Sicard	12	Serra	SS	13.96
6	Cameron Akins	12	Cathedral	SS	14.02
7	Sike Azu Irondi	12	No. Hollywood	LA	14.31
8	Mckenzie Rickman	12	Carson	LA	14.44
9	Reggie Bell	12	Dorsey	LA	14.84



Misana Viltz



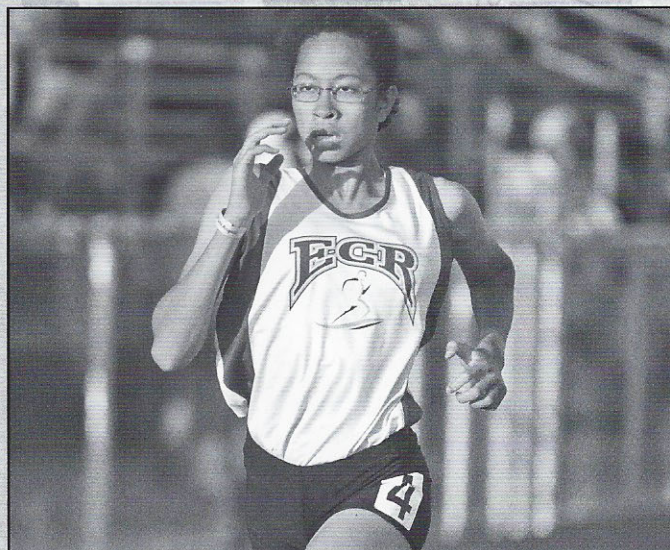
2013 State Track & Field Championships



GIRLS 400M DASH

National: 50.74 6/3/2000 Monique Henderson, Morse San Diego CA
State Meet: 50.74 6/3/2000 Monique Henderson, Morse, San Diego

Lane	Name	Year	School	Sec.	Seed	Time
Heat 1 of 3 Prelims						
1	Tigest Nealy	12	Dorsey	LA	57.78	
2	Nailah Harris-Murillo	12	Edison	CE	56.27	
3	Mianni Brown	12	Newark Mem	NC	55.93	
4	Timarya Baynard	10	Piedmont Hills	CC	55.36	
5	Nia Dorner	12	Cordova	SJ	54.05	
6	Jeannette Paul	9	Carson	LA	55.13	
7	Chimere Ezumah	12	Serra	SS	55.79	
8	Kareemah Marshall	10	San Lorenzo	NC	56.25	
9	Uwakmfon (M'Fon) Ibekwe	10	North, JW	SS	57.39	
Heat 2 of 3 Prelims						
1	Mandy Che	11	Lowell	SF	58.19	
2	Laura Anuakpado	12	South Pasadena	SS	56.45	
3	Brandy Coward	10	Buchach Colony	SJ	56.00	
4	Ellie Eaton	12	Davis	SJ	55.54	
5	Hannah Waller	9	Buchanan	CE	54.42	
6	Melissa Mongiovi	10	West Hills	SD	55.05	
7	Tara Radan	11	Mater Dei	SS	55.76	
8	Betsy Armitage	12	Clairmont	SD	56.10	
9	Ratanya Washington	12	Poly (Lb)	SS	56.92	
Heat 3 of 3 Prelims						
2	Sofia Evanoff	10	Winters	NO	56.53	
3	Simone Buchanan	11	Roosevelt, E	SS	56.00	
4	Njeri Omawahleh	12	Edison	CE	55.62	
5	Madeline Price	11	Menlo	CC	54.78	
6	Ellisa Bryant	12	Piedmont Hills	CC	55.01	
7	Christina Chenault	10	Carondelet	NC	55.75	
8	Rochelle Nadreau	12	El Camino Real	LA	56.06	
9	Alexis Hernandez	12	Mt. Carmel	SD	56.55	

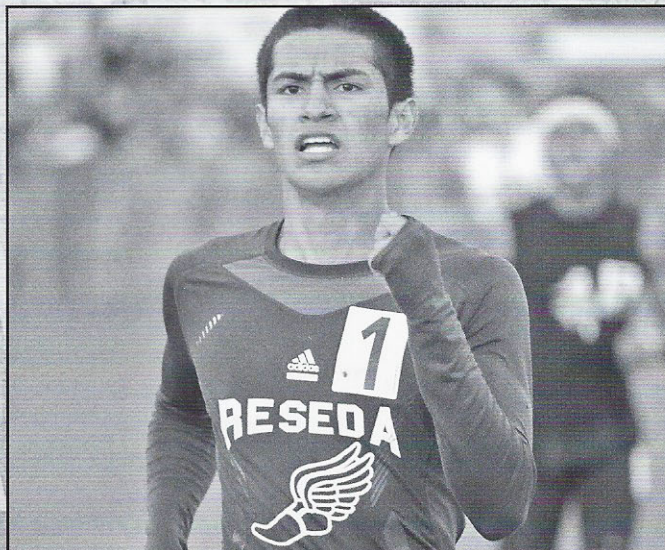


Rochelle Nadreau

BOYS 400M DASH

National: 45.19 4/24/2012 Aldrich Bailey, Mansfield, TX
State Meet: 45.25 6/19/1993 Calvin Harrison, North Salinas

Lane	Name	Year	School	Sec.	Seed	Time
Heat 1 of 4 Prelims						
2	Adriel Gibbs	12	Hanford	CE	49.80	
3	Joe Herrera	11	Tulare West	CE	48.63	
4	Alexander Rohani	12	Beverly Hills	SS	48.03	
5	Alexis Robinson	11	Eureka	NC	47.03	
6	Billy Vaughn	12	Dorsey	LA	47.78	
7	Mark Baker	10	Rio Americano	SJ	48.56	
8	Francisco Sillas	12	Centennial	CE	49.74	
Heat 2 of 4 Prelims						
2	Sam Ozenbaugh	12	Poway	SD	50.03	
3	Jonathan Moniz	12	Culver City	SS	48.75	
4	Brandon James	11	Dorsey	LA	48.08	
5	Herbie Polk	12	Maria Carrillo	NC	47.21	
6	Christian Carter	12	San Leandro	NC	47.71	
7	Andrew Kozel	12	Healdsburg	NC	48.56	
8	Damion Marshall	10	Great Oak	SS		
Heat 3 of 4 Prelims						
2	Blake Dehaven	11	Granite Hills	SD	50.07	
3	Michael Beery	12	San Mateo	CC	48.78	
4	Daniel Lawson	11	Dorsey	LA	48.09	
5	Bryce Houston	12	Rodriguez	SJ	47.37	
6	Ronny Hall	11	Serra	SS	47.65	
7	Cameron Stone	10	Sheldon	SJ	48.50	
8	Nick Sullivan	11	Palo Alto	CC	48.97	
Heat 4 of 4 Prelims						
2	Brad Cox	12	Pleasant Valley	NO	50.24	
3	Daniel Mouton	12	St. Bernard	SS	48.82	
4	Brian Thomas	11	Scripps Ranch	SD	48.28	
5	Miles Parish	12	Etiwanda	SS	47.45	
6	Frank Kurtz	11	Heritage	NC	47.65	
7	Kevin Griffin	11	DeLaSalle	NC	48.48	
8	Edward Lampkin	12	Sacred Hrt Cathedral	CC	48.91	
9	Isaiah King	11	Skyline	OK	50.31	



Christian Luvian



2013 State Track & Field Championships



GIRLS 100M DASH

National: 11.14 6/6/1992 Marion Jones, Thousand Oaks CA
State Meet: 11.14 6/6/1992 Marion Jones, Thousand Oaks

Lane	Name	Year	School	Sec.	Seed Time
Heat 1 of 4 Prelims					
2	Tyrana Beasley	12	Dorsey	LA	12.47
3	Alexandra Diaz	12	Piedmont Hills	CC	12.12
4	Kayla Wilson	11	La Quinta(LQ)	SS	11.78
5	Ariana Washington	11	Poly (Lb)	SS	11.27
6	Donatella Asemota	11	Notre Dame(SO)	SS	11.72
7	Kayla Lawson	12	Eastlake	SD	12.08
8	Camille Deadwiler	12	Newark Mem	NC	12.37
Heat 2 of 4 Prelims					
2	Lily Brose	12	Red Bluff	NO	12.48
3	Gabrielle Cantrell	11	San Leandro	NC	12.15
4	Jazmen Bunch	11	Edison	CE	11.80
5	Brittany Brown	12	Claremont	SS	11.49
6	Abigail Smith	10	Westlake	SS	11.71
7	Jayla Scholis	12	Seaside	CC	12.05
8	Natsumi Mcgee	10	Cosumnes Oaks	SJ	12.36
Heat 3 of 4 Prelims					
2	Briana Guillory	10	Deer Valley	NC	12.63
3	Daijah Joe-Smith	12	Florin	SJ	12.27
4	Brena Andrews	12	Independence	CE	11.83
5	Eboni Sutherland	12	Centennial-Cor	SS	11.57
6	Danielle Darden	12	Aliso Niguel	SS	11.70
7	Hannah Labrie-Smith	10	Cathedral Catholic	SD	11.97
8	Chinyere Dike	10	Franklin of Elk Grove	SJ	12.33
Heat 4 of 4 Prelims					
2	Lisha Yao	12	Galileo	SF	12.64
3	Rachel Staab	12	Los Gatos	CC	12.28
4	Suzie Acolatse	10	Mission Hills	SD	11.87
5	La Troya Franklin	12	Jordan	SS	11.63
6	Destinee Brown	12	Westchester	LA	11.69
7	Rhesa Foster	9	Clovis North	CE	11.90
8	Shakia Sims	12	Locke	LA	12.32
9	NyErin Buckley	11	Oakland Tech	OK	12.75

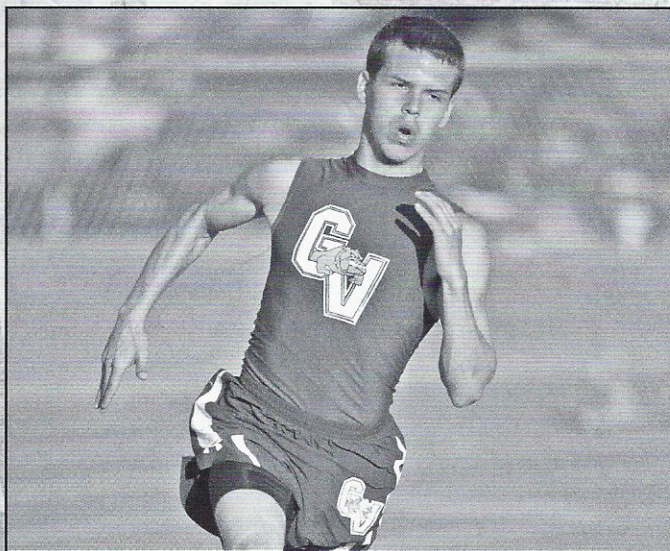


Ariana Washington

BOYS 100M DASH

National: 10.15 5/12/1990 Henry Neal, Greenville TX
State Meet: 10.30 6/6/1992 Riley Washington, Southwest, San Diego

Lane	Name	Year	School	Sec.	Seed Time
Heat 1 of 3 Prelims					
1	Christian Corbin	11	Novato	NC	11.12
2	Robert Ellis	12	Antelope	SJ	10.82
3	Austin Mitsch	12	Jesuit	SJ	10.76
4	Darren Andrews	12	Bishop Amat	SS	10.68
5	Khalfani Muhammad	12	Notre Dame(SO)	SS	10.22
6	Luis Matos	12	Golden Valley	CE	10.66
7	Spencer Danner	11	San Juan Hills		10.73
8	Ben Duncan	12	Taft	LA	10.82
9	Lavon Washington	11	McClymonds	OK	11.12
Heat 2 of 3 Prelims					
1	Myles Speegle	12	Castro Valley	NC	11.13
2	Paul Doan	11	St. Augustine	SD	10.84
3	Joey Sanfilippo	12	Bellarmino	CC	10.76
4	Lee Lawson	12	Dorsey	LA	10.69
5	Myles Valentine	10	Upland	SS	10.33
6	Eli Penick	12	Chico	NO	10.65
7	Khalid Johnson	12	St. Francis	CC	10.71
8	Sike Azu Irondi	12	No. Hollywood	LA	10.81
9	Takkarist McKinley	12	Kennedy-Richmond	NC	11.09
Heat 3 of 3 Prelims					
1	Preston Leung	12	Lowell	SF	11.17
2	John McDonald	10	Weston Ranch	SJ	10.87
3	Brandon Lucas	11	Poway	SD	10.78
4	Antony Ardis	12	La Costa Cnyn	SD	10.70
5	Morgan Simon	12	Loyola	SS	10.53
6	Cyntrell Smith	12	Highland	SS	10.58
7	Evan Whitlock	12	Madera	CE	10.70
8	Charles Wheeler	11	Edison	CE	10.79
9	Julius Elzie	12	Aragon	CC	10.90



Luis Matos



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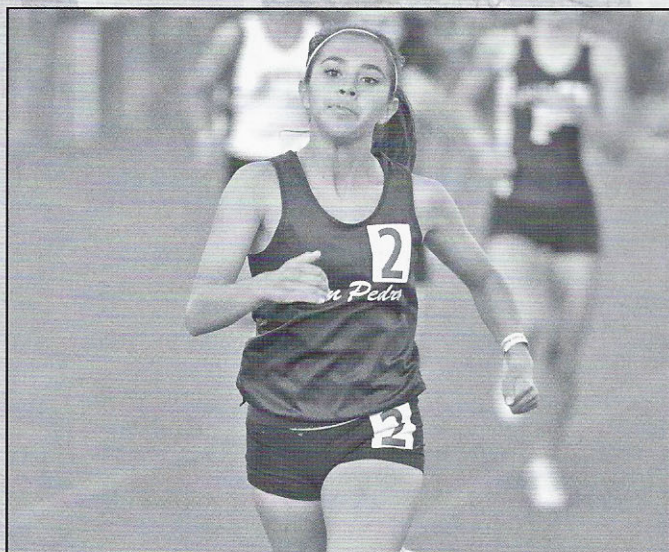
2013 State Track & Field Championships



GIRLS 800M RUN

National: 2:02.04 6/4/2011 Amy Weissenbach, Harvard Westlake CA
State Meet: 2:02.04 6/4/2011 Amy Weissenbach, Harvard-Westlake

Lane	Name	Year	School	Sec.	Seed Time
Heat 1 of 3 Prelims					
1	Nikki Hiltz	12	Aptos	CC	2:09.50
2	Mikaela Smith	10	Clovis North	CE	2:12.59
3	Natalie Herberg	11	Capo Valley	SS	2:12.74
4	Olivia Pear	12	Valencia-V	SS	2:13.69
5	Faith Makau	12	Enochs	SJ	2:13.78
6	Han-ah Sumner	11	Davis	SJ	2:15.16
7	Kandace Compton	12	El Camino	SJ	2:15.26
8	Alexa Flagg	10	West Valley	NO	2:18.57
9	Danielle Nunez	10	San Pedro	LA	2:18.66
Heat 2 of 3 Prelims					
1	Nijae Jones	12	San Leandro	NC	2:11.21
2	Jeanine Noordam	11	Pioneer	CC	2:12.56
3	Heidi Fuhrman	9	Monte Vista	NC	2:12.93
4	Jackie Crowther	10	Linfield Chr.	SS	2:13.65
5	Bianca Alonzo	9	Marlborough	SS	2:13.90
6	Katie Sammer	11	Rancho Bernardo	SD	2:14.85
7	Kaelyn Harbison	12	Westview	SD	2:15.51
8	Mackenzie Gray	11	Palisades	LA	2:17.86
9	Marayne Martin-Fields	11	Skyline	OK	2:21.51
Heat 3 of 3 Prelims					
1	Bianca Bryant	10	Piedmont Hills	CC	2:11.97
2	Sabrina Janes	10	Saugus	SS	2:12.35
3	Amber Gore	10	Redondo	SS	2:13.05
4	Alimatu-Sadia Ibrahim	12	Santa Rosa	NC	2:13.39
5	Courtney Moore	12	Sierra Pacific		2:14.62
6	Carina Gillespie	12	Otay Ranch	SD	2:14.80
7	Maddy Nikkel	11	Buchanan	CE	2:15.94
8	Narges Motamedi	12	Taft	LA	2:17.77
9	Sydney Gutierrez	10	Lowell	SF	2:26.82

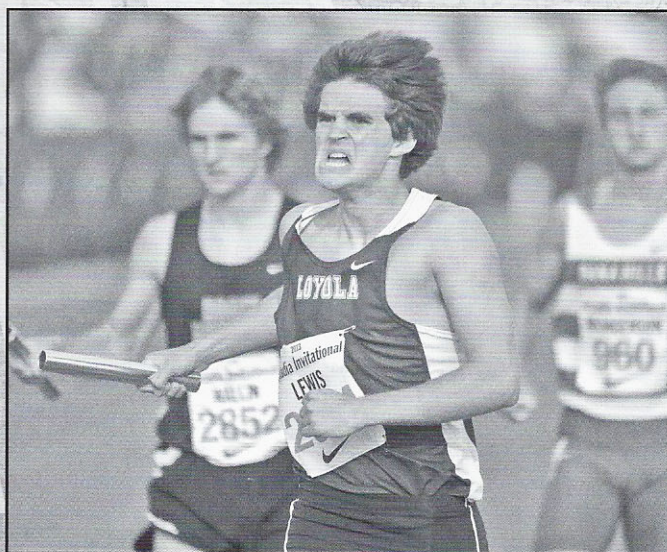


Danielle Nunez

BOYS 800M RUN

National: 1:46.45 5/31/1996 Michael Granville, Bell Gargens CA
State Meet: 1:46.45 5/31/1996 Michael Granville, Bell Gardens

Lane	Name	Year	School	Sec.	Seed Time
Heat 1 of 3 Prelims					
1	Ivan Gonzalez	12	Ridgeview	CE	1:50.59
2	Jacob Barger	12	Frontier	CE	1:52.78
3	Alex Grigoriev	12	Rancho Bernardo	SD	1:52.88
4	David French	12	Nevada Union	SJ	1:54.00
5	Jared Senese	12	Mt. Carmel	SD	1:54.02
6	Omar Solis	12	Vista Murrieta	SS	1:54.49
7	Isaiah Thompson	12	Sherman Indian	SS	1:54.59
8	Brandon Towns	12	San Pedro	LA	1:55.41
9	Maxwell Niehaus	12	Lowell	SF	1:58.40
Heat 2 of 3 Prelims					
1	David Aguilar	12	Oak Grove	CC	1:52.15
2	Tim Layten	12	Carlmont	CC	1:52.60
3	Jeremiah Bias	10	Vista del Lago	SS	1:53.59
4	Paul Mohr	12	Davis	SJ	1:53.98
5	Dante Hay	11	Maria Carrillo	NC	1:54.14
6	Josh Lewis	12	Loyola	SS	1:54.47
7	Jacob Orozco	12	Lakewood	SS	1:54.74
8	Blake Croft	10	Davis	SJ	1:55.00
9	Hunter Jensen	12	Shasta	NO	2:00.14
Heat 3 of 3 Prelims					
1	Uriel Cabanas	12	Madera South	CE	1:52.51
2	Miguel Vasquez	12	Andrew Hill	CC	1:52.55
3	Adler Faulkner	12	Acalanes	NC	1:53.92
4	Shelby Hernandez	12	Helix	SD	1:53.98
5	Christian Luvian	12	Reseda	LA	1:54.34
6	Isaiah Marshall	11	Carson	LA	1:54.45
7	Michael Rameriz	12	Rancho Cucamonga	SS	1:54.76
8	Austin Orr	12	Sonoma Academy	NC	1:54.86



Josh Lewis



2013 STATE Track & Field Championships



GIRLS 300M HURDLES

National: 39.98 5/19/2001 Lashinda Demus, Long Beach Wilson CA
State Meet: 40.10 6/4/2005 Ebony Collins

Lane	Name	Year	School	Sec.	Seed Time
Heat 1 of 3 Prelims					
1	Jessica Mills	12	El Camino Real	LA	46.36
2	Jenavieve Turner	11	Yreka	NO	44.76
3	Makayla Webb	11	Valley	SJ	43.67
4	Skylin Harbin	11	Alemany	SS	43.27
5	Jade Miller	12	Great Oak	SS	41.34
6	Taylor Fleming	12	King, ML	SS	42.84
7	Ebony Crear	11	Poly (Lb)	SS	43.61
8	Lyndsey Lopes	10	Clovis West	CE	44.54
9	Kendall Gustafson	12	Palisades	LA	46.29
Heat 2 of 3 Prelims					
1	Kristen Robinson	12	Skyline	OK	46.71
2	Rianna Chavez	12	Mt. Whitney	CE	44.80
3	Janaysha Lyons-Walker	12	Morse	SD	43.80
4	Jordie Munford	12	Rancho Cucamonga	SS	43.28
5	Kymer Payne	11	Poly (Lb)	SS	42.33
6	Kelli Hancock	12	La Jolla	SD	42.59
7	Daria Cook	11	Vacaville	SJ	43.59
8	Carly Schulz	11	St. Mary's	NC	44.45
9	Dayna Hurd	12	Carson	LA	45.53
Heat 3 of 3 Prelims					
1	Robin Yee	11	Lowell	SF	48.30
2	Mariah Walker	12	Freedom	NC	44.88
3	Kolisa Nhlapo	11	Mountain View	CC	44.04
4	Morganne Hill	10	Liberty	CE	43.33
5	Hannah Labrie-Smith	10	Cathedral Catholic	SD	42.49
6	Pattiana Perry	11	Vacaville	SJ	42.54
7	Maya Miklos	9	Gunn	CC	43.39
8	Hannah Chen	11	Los Gatos	CC	44.39
9	Lauren McCoy	11	Arcata	NC	44.98



Jordie Munford

BOYS 300M HURDLES

National: 35.02 6/5/2009 Reggie Wyatt, La Sierra Riverside CA
State Meet: 35.02 6/5/2009 Reggie Wyatt, La Sierra

Lane	Name	Year	School	Sec.	Seed Time
Heat 1 of 3 Prelims					
1	Scott Hickam	11	Golden West	CE	40.26
2	Jacob Sipes	11	Oak Ridge	SJ	38.79
3	Ben Hartinger	12	San Pasqual	SD	38.44
4	Sam Peters	12	Amador Valley	NC	37.88
5	Lloyd Sicard	12	Serra	SS	37.23
6	Jelani Legohn	12	Oxnard	SS	37.87
7	John Turks	12	Washington	SF	38.41
8	LaVelle Hamlin	12	Deer Valley	NC	38.78
9	Kyle Lawson	10	Clovis	CE	40.15
Heat 2 of 3 Prelims					
1	Alec Benavides	11	Stockdale	CE	40.50
2	Reggie Bell	12	Dorsey	LA	39.26
3	Cullan Riser	12	Lutheran (Orange)	SS	38.44
4	Nikko Hayes	12	Lompoc	SS	37.97
5	Victor Bolden	11	Los Osos	SS	37.36
6	Jalen Doss	11	Hercules	NC	37.87
7	Zachary Mitchell	12	Junipero Serra	CC	38.35
8	Andre Lindsey	12	Stagg	SJ	38.69
9	Mckenzie Rickman	12	Carson	LA	39.94
Heat 3 of 3 Prelims					
2	Nick Putman	11	West Valley	NO	39.36
3	Aaron Woods	12	Heritage	SS	38.48
4	Brandon Howard	12	Steele Canyon	SD	38.19
5	Jalen Wright	12	Bellarmine	CC	37.52
6	Kamara Biawogi	12	Prospect	CC	37.59
7	Dallas Hoofard	12	Atwater	SJ	38.26
8	Tyler Nelson	11	Del Norte	SD	38.61
9	Milton Arguello	12	Taft	LA	39.60



Lloyd Sicard

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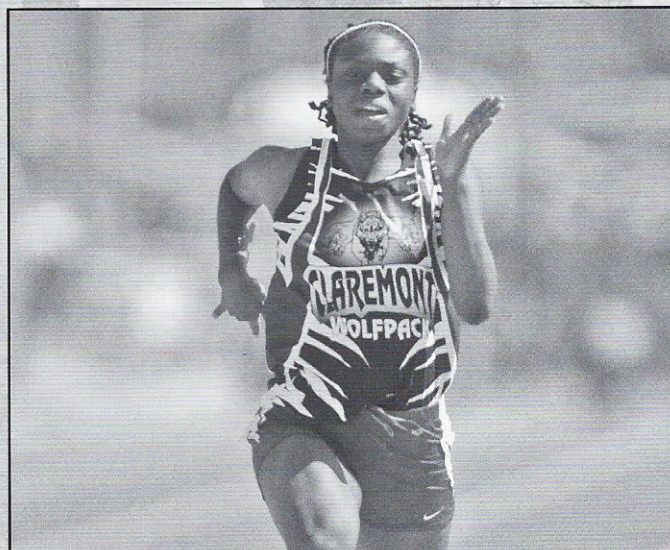
2013 State Track & Field Championships



GIRLS 200M DASH

National: 22.52 6/7/2003 Allyson Felix, Los Angeles Baptist CA
State Meet: 22.52 6/7/2003 Allyson Felix, Los Angeles Baptist

Lane	Name	Year	School	Sec.	Seed Time
Heat 1 of 3 Prelims					
1	Sirai Thompson	12	Cleveland	LA	25.90
2	LaShall Hamlin	12	Deer Valley	NC	25.11
3	Jazmen Bunch	11	Edison	CE	24.47
4	Madeline Price	11	Menlo	CC	24.30
5	La Troya Franklin	12	Jordan	SS	23.90
6	Eboni Sutherland	12	Centennial-Cor	SS	23.92
7	Njeri Omawahleh	12	Edison	CE	24.31
8	Karly Zlatic	12	La Jolla	SD	24.78
9	Mianni Brown	12	Newark Mem	NC	25.25
Heat 2 of 3 Prelims					
1	Mandy Che	11	Lowell	SF	25.86
2	Sofia Evanoff	10	Winters	NO	24.98
3	Jayla Scholis	12	Seaside	CC	24.47
4	Brena Andrews	12	Independence	CE	24.30
5	Brittany Brown	12	Claremont	SS	23.85
6	Sierra Peterson	11	St. Mary's Academy	SS	23.96
7	Sarah Dunmore	12	Colony	SS	24.32
8	Gabrielle Cantrell	11	San Leandro	NC	24.70
9	Chinyere Dike	10	Franklin of Elk Grove	SJ	25.29
Heat 3 of 3 Prelims					
1	Naiah Boardingham	9	El Camino Real	LA	25.82
2	Isabelle Connell	12	Harker	CC	24.74
3	Melissa Mongiovi	10	West Hills	SD	24.44
4	Danielle Darden	12	Aliso Niguel	SS	24.24
5	Ariana Washington	11	Poly (Lb)	SS	23.18
6	Destinee Brown	12	Westchester	LA	24.20
7	Nia Dorner	12	Cordova	SJ	24.36
8	Dani Johnson	9	Cathedral Catholic	SD	24.61
9	Natsumi Mcgee	10	Cosumnes Oaks	SJ	25.32

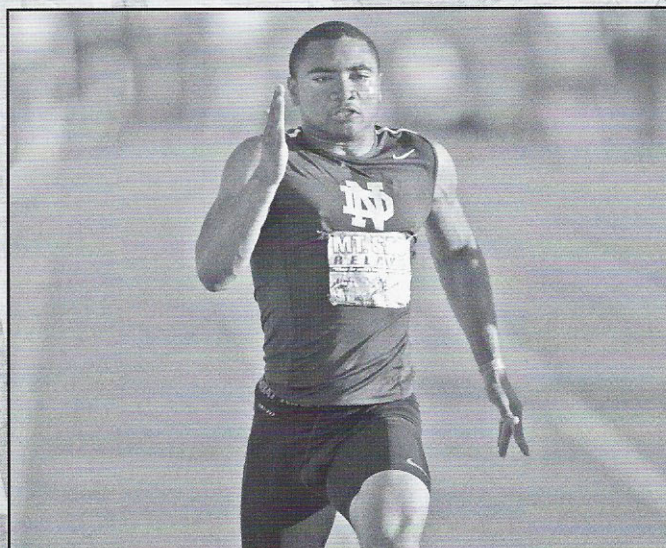


Brittany Brown

BOYS 200M DASH

National: 20.13 5/11/1985 Roy Martin, Roosevelt, Dallas TX
State Meet: 20.43 6/2/2007 Bryshon Nellum, Long Beach Poly

Lane	Name	Year	School	Sec.	Seed Time
Heat 1 of 3 Prelims					
1	Jeremiah Emershy	12	Anderson	NO	22.21
2	Kevin Nutt	11	Edison	CE	21.92
3	Spencer Danner	11	San Juan Hills		21.70
4	Brandon Lucas	11	Poway	SD	21.55
5	Khalfani Muhammad	12	Notre Dame(SO)	SS	20.73
6	Michael Davis	12	Glendale	SS	21.42
7	Christian Corbin	11	Novato	NC	21.63
8	Lee Lawson	12	Dorsey	LA	21.91
9	Kenyatta McGee-Jackson	12	McClymonds	OK	22.18
Heat 2 of 3 Prelims					
1	Lawrence Shephard	12	Westchester	LA	22.33
2	Austin Harper	12	El Cerrito	NC	21.92
3	John McDonald	10	Weston Ranch	SJ	21.77
4	Austin Mitsch	12	Jesuit	SJ	21.48
5	Morgan Simon	12	Loyola	SS	21.05
6	Antony Ardis	12	La Costa Cnyn	SD	21.35
7	Walter Jones	12	Redlands	SS	21.59
8	Ben Duncan	12	Taft	LA	21.84
9	Kyle Lewis	12	San Marcos	SD	21.95
Heat 3 of 3 Prelims					
1	Preston Leung	12	Lowell	SF	22.49
2	Takkarist McKinley	12	Kennedy-Richmond	NC	21.92
3	Charles Wheeler	11	Edison	CE	21.83
4	Sumit Minocha	12	Harker	CC	21.43
5	Myles Valentine	10	Upland	SS	21.15
6	Robert Ellis	12	Antelope	SJ	21.32
7	Luis Matos	12	Golden Valley	CE	21.59
8	Joey Sanfilippo	12	Bellarmino	CC	21.90
9	Alex Morris	11	Santa Cruz	CC	21.95



Khalfani Muhammad



2013 State Track & Field Championships



GIRLS 4x400M RELAY

National: 3:35.49 6/5/2004 Poly, Long Beach CA
S Woods55.7 De Harris55.6 J Lee52.6 S Solomon51.6
State Meet: 3:35.49 6/5/2004 Long Beach Poly, Long Beach Poly
S Woods55.7 D Harris55.6 J Lee52.6 S Solomon51.6

Lane	Team	Relay	Seed Time
Heat 1 of 4 Prelims			
2	Los Gatos	CC	4:01.26
3	Dorsey	LA	3:54.94
4	Santa Margarita	SS	3:51.80
5	Wilson/LB	SS	3:48.83
6	Buchanan	CE	3:48.97
7	St. Mary's	NC	3:52.22
8	Bonita Vista	SD	3:55.40
Heat 2 of 4 Prelims			
2	St. Ignatius	CC	4:00.66
3	Monte Vista	NC	3:54.86
4	Aleman	SS	3:50.45
5	Great Oak	SS	3:48.67
6	South Pasadena	SS	3:49.23
7	Rocklin	SJ	3:52.95
8	Carson	LA	3:56.08
Heat 3 of 4 Prelims			
2	Lowell	SF	4:11.08
3	La Jolla	SD	3:53.98
4	St. Francis	SJ	3:50.47
5	Poly (LB)	SS	3:47.01
6	Roosevelt, E	SS	3:49.17
7	St. Mary's	SJ	3:52.51
8	El Camino Real	LA	3:56.71
Heat 4 of 4 Prelims			
2	Red Bluff	NO	3:58.42
3	Liberty	CE	3:54.78
4	Piedmont Hills	CC	3:50.23
5	Edison	CE	3:46.04
6	Mater Dei	SS	3:49.46
7	Carlsbad	SD	3:54.91
8	Bishop O'Dowd	NC	3:56.91

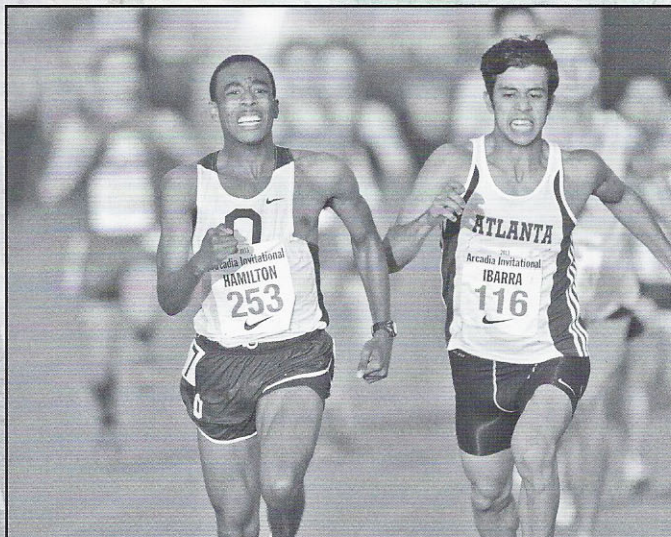


Poly (LB)

BOYS 4x400M RELAY

National: 3:07.40 4/6/1985 Hawthorne, Hawthorne CA
M Graham48.1 M March47.7 S Kelly46.1 H Thomas44.5
State Meet: 3:08.42 6/4/2010 Serra, Gardena
Olloqui, Lauderdale, Spann, Woods

Lane	Team	Relay	Seed Time
Heat 1 of 3 Prelims			
1	Red Bluff	NO	3:23.67
2	Del Oro	SJ	3:20.84
3	Sheldon	SJ	3:19.20
4	Beverly Hills	SS	3:17.68
5	Amador Valley	NC	3:15.15
6	Maria Carrillo	NC	3:17.59
7	Poway	SD	3:18.90
8	Steele Canyon	SD	3:20.44
9	St. Francis	CC	3:23.63
Heat 2 of 3 Prelims			
2	Clovis	CE	3:21.83
3	Kennedy	LA	3:19.24
4	Buchanan	CE	3:17.77
5	Hercules	NC	3:16.59
6	Culver City	SS	3:17.26
7	Serra	SS	3:18.22
8	Taft	LA	3:20.41
9	Junipero Serra	CC	3:23.55
Heat 3 of 3 Prelims			
2	Centennial	CE	3:22.22
3	Mt. Carmel	SD	3:19.27
4	Wilson/LB	SS	3:18.04
5	Vista Murrieta	SS	3:16.59
6	Dorsey	LA	3:17.49
7	Loyola	SS	3:18.21
8	Monterey Trail	SJ	3:19.63
9	Palo Alto	CC	3:22.77



Eugene Hamilton



2013 State Track & Field Championships



GIRLS 3200M RUN

National: 9:48.59 5/24/1996 Kim Mortensen, Thousand Oaks CA
State Meet: 9:52.13 5/31/2008 Jordan Hasay, Mission College Prep

Section 1 of 1 Timed Finals

1	Sarah Baxter	11	Simi Valley	SS	10:17.58
2	Anna Maxwell	11	San Lorenzo Valley	CC	10:22.02
3	Danielle Shanahan	12	Bishop Montgomery	SS	10:25.40
4	Sarah Robinson	11	Gunn	CC	10:28.08
5	Madeleine Ankhelyi	12	Vista del Lago	SJ	10:28.21
6	Kimberly Coscia	10	South Torrance	SS	10:28.23
7	Sydney Segal	12	Beverly Hills	SS	10:30.28
8	Samantha Ortega	10	Saugus	SS	10:30.68
9	Destiny Collins	9	Great Oak	SS	10:30.81
10	Vanessa Fraser	12	Scotts Valley	CC	10:32.33
11	Lizzy Thomas	11	Harvard Westlake	SS	10:32.43
12	Clare Carroll	11	Vista del Lago	SJ	10:35.45
13	Caroline Pietrzyk	10	Malibu	SS	10:35.91
14	Marissa Williams	10	Palisades	LA	10:37.33
15	Hannah Kirkegaard	12	Ventura	SS	10:37.61
16	Fiona O'Keeffe	9	Davis	SJ	10:40.17
17	Brighie Leach	10	Campolindo	NC	10:41.45
18	Morgin Coonfield	9	McKinleyville	NC	10:48.22
19	Megan McCandless	9	Granada	NC	10:48.69
20	Hagen Reedy	12	Buchanan	CE	10:49.52
21	Leigh Moffett	11	Clovis North	CE	10:50.59
22	Mikayla Sodersten	9	Clovis	CE	10:53.78
23	Brianna Miller	12	Carlsbad	SD	10:54.75
24	Kelly Lawson	12	La Costa Cnyn	SD	10:57.09
25	Kelsey O'Connell	12	Torrey Pines	SD	10:57.29
26	Hannah Dorman	12	West Valley	NO	11:08.59
27	Lorena Garcia	12	San Pedro	LA	11:13.76
28	Ashley Carrera	12	San Pedro	LA	11:17.70
29	Kristen Leung	09	Lowell	SF	11:52.00



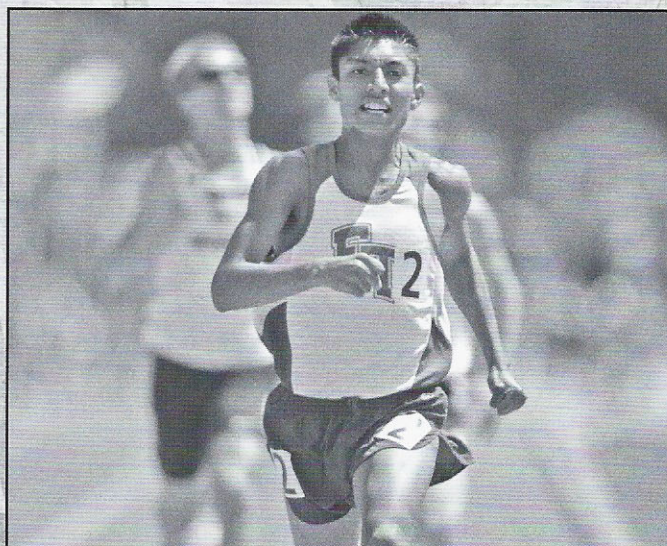
Sarah Baxter

BOYS 3200M RUN

National: 8:34.23 5/31/2008 German Fernandez, Riverbank CA
State Meet: 8:34.23 5/31/2008 German Fernandez, Riverbank

Section 1 of 1 Timed Finals

1	Christian Freeman	12	Carlsbad	SD	9:03.51
2	Jeff Thies	12	Edison-HB	SS	9:04.38
3	David Luna	11	Indio	SS	9:05.09
4	Tal Braude	11	Torrey Pines	SD	9:05.26
5	Sydney Gidabuday	11	El Modena	SS	9:06.24
6	Daniel De La Torre	12	La Salle	SS	9:06.54
7	Myles Smith	12	St. John Bosco	SS	9:06.96
8	Juan Gonzalez	12	El Toro	SS	9:07.31
9	Yohaness Estifanos	12	Milpitas	CC	9:07.58
10	Richard Ho	12	Leland	CC	9:07.85
11	Rodrigo Ornelas	12	Saugus	SS	9:08.58
12	Steven Fahy	11	La Costa Cnyn	SD	9:08.86
13	Blake Haney	11	Stockdale	CE	9:09.96
14	Daniel Bereket	12	Carlmont	CC	9:10.05
15	John Lawson	12	Drake	NC	9:12.10
16	Aidan Goltra	11	Campolindo	NC	9:16.53
17	Blair Hurlock	11	De La Salle	NC	9:17.26
18	Sean Jagerson	12	Del Campo	SJ	9:18.36
19	Connor Nolen	11	Clovis North	CE	9:19.28
20	George Miao	11	Rocklin	SJ	9:19.66
21	Edward Chance	10	Del Campo	SJ	9:21.92
22	Jose Herrera	12	Madera South	CE	9:25.00
23	John Whelan	12	Etna	NO	9:27.87
24	Ryan Alexander	10	Birmingham	LA	9:36.35
25	Jonathan Tewodros	12	Palisades	LA	9:40.10
26	Drake Johnston	12	Palisades	LA	9:41.55



Juan Gonzalez



2013 State Track & Field Championships



GIRLS HIGH JUMP

National: 6-04 4/25/2009 Toni Young, Del City OK
State Meet: 6-02 6/1/1985 Latrese Johnson, Clovis

Pos	Name	Year	School	Sec.	Seed	Mark
Flight 1 of 1 Prelims						
1	Lauren Duval	12	Foothill	NO	5-00.00	
2	Natalie Diaz	10	Soquel	CC	5-01.00	
3	Caren McCarthy	11	Pioneer	CC	5-01.00	
4	Arielle Adams	10	El Camino Real	LA	5-02.00	
5	Sydney Yates	10	Rancho Buena Vista	SD	5-03.00	
6	Melina Moore	10	Los Gatos	CC	5-03.00	
7	Sarah Reinhardt	12	Bella Vista	SJ	5-03.00	
8	Doshawn Franks	11	Palisades	LA	5-04.00	
9	Raegan Nizdil	12	Rio Mesa	SS	5-05.00	
10	Kaelin Davis	11	Wilson/LB	SS	5-05.00	
11	Skyler Daniel	10	Upland	SS	5-05.00	
12	Maya Hutchinson	9	Oaks Christian	SS	5-05.00	
13	Maciah Murray	11	Edison	CE	5-05.00	
14	Susannah Oleson	11	Huntington Bch	SS	5-05.00	
15	Rachel Reichenbach	11	Foothill	NC	5-05.00	
16	Ravyn Rowlett	11	Carlsbad	SD	5-05.00	
17	Morgan Bertsch	11	Santa Rosa	NC	5-05.00	
18	Claire Kieffer-Wright	11	South Pasadena	SS	5-05.00	
19	Taylor Getty	12	Lincoln, Stoc	SJ	5-05.00	
20	Leah Carter	12	Rocklin	SJ	5-05.00	
21	Tammy McVickar	10	Peninsula	SS	5-05.00	
22	Alexandria Florent	10	Harvard Westlake	SS	5-05.00	
23	Kirsten Mork	11	Granada	NC	5-05.00	
24	Jennifer Kurtz	9	California	NC	5-06.00	
25	Katie Reeves	12	El Diamante	CE	5-07.00	
26	Kiana Herold	12	Sonoma Academy	NC	5-07.00	
27	Asia Chesley	11	Stockdale	CE	5-07.00	
28	Becky Collier	12	Woodcrest Chr.	SS	5-07.00	
29	Idalis Rubacava	10	Sierra Pacific	CE	5-07.00	
30	Lyndsey Lopes	10	Clovis West	CE	5-07.00	
31	Breanna Curry	11	University City	SD	5-09.00	
32	Erinn Beattie	10	Buena	SS	5-09.00	
33	Rachel McCoy	12	Miller, A.B.	SS	5-11.00	

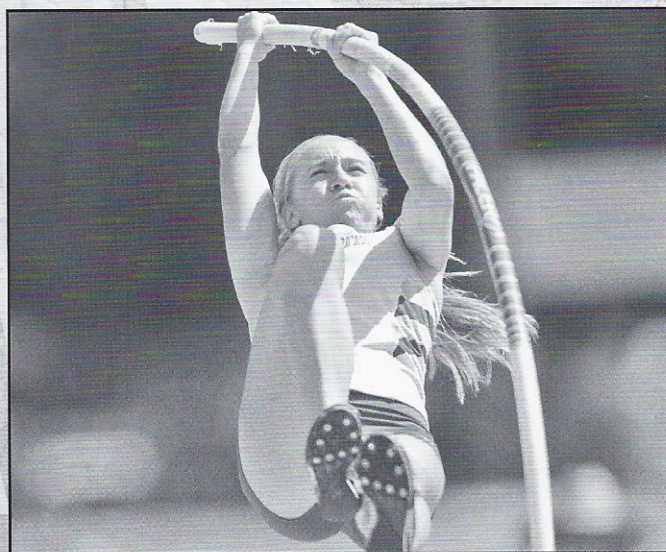


Alex Cerise

GIRLS POLE VAULT

National: 14-01 6/2/2007 Tori Anthony, Castilleja CA
State Meet: 14-01 6/2/2007 Tori Anthony, Castilleja

Pos	Name	Year	School	Sec.	Seed	Mark
Flight 1 of 1 Prelims						
1	Janelle Jaegel	12	Mt. Shasta	NO	9-03.00	
2	Casey Campos	11	Clovis East	CE	11-03.00	
3	Nicole Ballesterio	12	Clovis North	CE	11-03.00	
4	Courtney Jackson	11	Ramona	SD	11-03.00	
5	Hayley Farr	11	Patrick Henry	SD	11-03.00	
6	Helen Ann Haun	12	Healdsburg	NC	11-03.00	
7	Lauren Larson	11	San Ramon Valley	NC	11-03.00	
8	Annelise Spargo	12	Granite Bay	SJ	11-06.00	
9	Grace Boyer	12	Mater Dei	SS	11-06.00	
10	Hayley Carbullido	12	St. Francis	SJ	11-06.00	
11	Caitlin Nilssen	12	Jserra	SS	11-09.00	
12	Jenny Wilson	10	Buchanan	CE	11-09.00	
13	Sierra Hansen	12	Dana Hills	SS	11-09.00	
14	Jady Tolda	12	Cathedral Catholic	SD	11-09.00	
15	Katherine Whiting	11	Santa Cruz	CC	12-00.00	
16	Keren Hendel	12	Westmont	CC	12-00.00	
17	Holly Tokar	12	Ventura	SS	12-03.00	
18	Taylor Jaques	11	Presentation	CC	12-06.00	
19	Emma McCarthy	12	Presentation	CC	12-06.00	
20	Gardenia Centanaro	12	Roosevelt, E	SS	12-09.00	
21	Ariel Cheng	12	Mission San Js	NC	12-10.00	
22	Kylee Trageser	12	Ponderosa	SJ	13-00.00	
23	Greta Wagner	11	Los Gatos	CC	13-00.00	
24	Kaitlyn Merritt	10	Santa Margarita	SS	13-03.00	



Kaitlyn Merritt



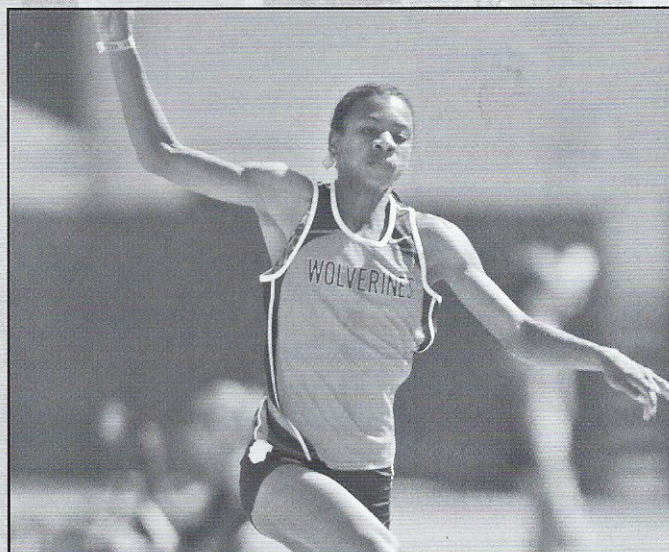
2013 State Track & Field Championships



GIRLS LONG JUMP

National: 22-01.75 5/24/1976 Kathy McMillan, Raeford NC
State Meet: 22-00.50 6/19/1993 Marion Jones, Thousand Oaks

Pos	Name	Year	School	Sec.	Seed	Mark
Flight	I of I Prelims					
1	Devan Simmons	11	Lincoln	SF	16-11.00	
2	Maggie Cusick	11	Notre Dame(SJ)	CC	17-01.75	
3	Hadiyah Muhammad	11	LJ Country Day	SD	17-04.50	
4	Hannah Lopez	12	Birmingham	LA	17-06.50	
5	Kristen Robinson	12	Skyline	OK	17-06.50	
6	Angel Hill	12	Golden West	CE	17-09.75	
7	Sarah Williams	12	Leigh	CC	17-10.50	
8	Talisha Dozier	11	Mt. Miguel	SD	18-02.00	
9	Rachel Reichenbach	11	Foothill	NC	18-03.25	
10	Marisa Kwiatkowski	11	Wilcox	CC	18-04.50	
11	Naiah Boardingham	9	El Camino Real	LA	18-04.50	
12	Zoe Goss	11	Sierra Canyon	SS	18-04.75	
13	Jaela Williams	10	Roosevelt, E	SS	18-06.25	
14	Jessica Rasmussen	12	Tamalpais	NC	18-06.75	
15	Kendall Gustafson	12	Palisades	LA	18-07.50	
16	Meghan Tucker	11	Placer	SJ	18-08.25	
17	McKenzie Sup	11	Bella Vista	SJ	18-09.25	
18	Brooke Whitburn	12	Pleasant Valley	NO	18-09.50	
19	Maciah Murray	11	Edison	CE	18-10.25	
20	Kortni Smyers-Jones	12	San Leandro	NC	18-11.00	
21	Karly Zlatic	12	La Jolla	SD	19-00.75	
22	Jasmyne Graham	10	Roosevelt, E	SS	19-08.25	
23	Rhesa Foster	9	Clovis North	CE	19-10.50	
24	Mackenzie Arnold	10	River Valley	SJ	19-11.75	
25	Sasha Wallace	12	Castro Valley	NC	20-02.00	
26	Kira Moreland	12	Los Osos	SS	20-02.25	
27	Margaux Jones	10	Redlands	SS	20-03.50	
28	Courtney Corrin	9	Harvard Westlake	SS	20-05.25	



Courtney Corrin

GIRLS TRIPLE JUMP

National: 44-02.25 5/11/2001 Ychindria Spears, Lubing TX
State Meet: 44-00.50 5/31/1991 Juliana Yendork, Walnut

Pos	Name	Year	School	Sec.	Seed	Mark
Flight	I of I Prelims					
1	Robin Yee	11	Lowell	SF	34-10.50	
2	Johnna Noiseaux	10	Eastlake	SD	37-01.00	
3	Alexa Kuechle	11	Leland	CC	37-01.75	
4	Brooke Whitburn	12	Pleasant Valley	NO	37-04.25	
5	Alicia Yee	11	Wilcox	CC	37-04.25	
6	Cynna Booker	11	Tulare West	CE	37-07.00	
7	Monique Van	12	Steele Canyon	SD	37-08.25	
8	Rian Young-Werner	11	Citrus Valley	SS	37-11.50	
9	Dominique Wheatley	11	Bonita	SS	38-01.50	
10	Caitlin Cole	11	Del Norte	SD	38-01.75	
11	Brenna Barker	12	Dana Hills	SS	38-02.00	
12	Marielle Owens	12	Carson	LA	38-02.00	
13	Rachel Reichenbach	11	Foothill	NC	38-03.50	
14	Naomi Orisarayi	10	El Camino Real	LA	38-04.00	
15	Kayla Phillips	12	St. Mary's Academy	SS	38-04.00	
16	Teyana Poole	12	Yucca Valley		38-04.50	
17	Kiare Tanner	12	Stockdale	CE	38-07.00	
18	Tiara Webb	10	Monterey Trail	SJ	38-07.00	
19	Tais Marinho-Gomez	11	Cosumnes Oaks	SJ	38-10.00	
20	Nia Vance	10	Vacaville	SJ	39-02.00	
21	Christina Chenault	10	Carondelet	NC	39-03.25	
22	Rachel Tolliver	12	St. Mary's Academy	SS	39-03.25	
23	Ashley Anderson	11	Narbonne	LA	39-05.50	
24	Nashedah Mumin	9	Mission Oak		39-09.50	
25	Marisa Kwiatkowski	11	Wilcox	CC	40-00.00	
26	Jannell Hadnot	12	Tokay	SJ	40-07.75	
27	Sasha Wallace	12	Castro Valley	NC	41-08.50	



Ashley Anderson



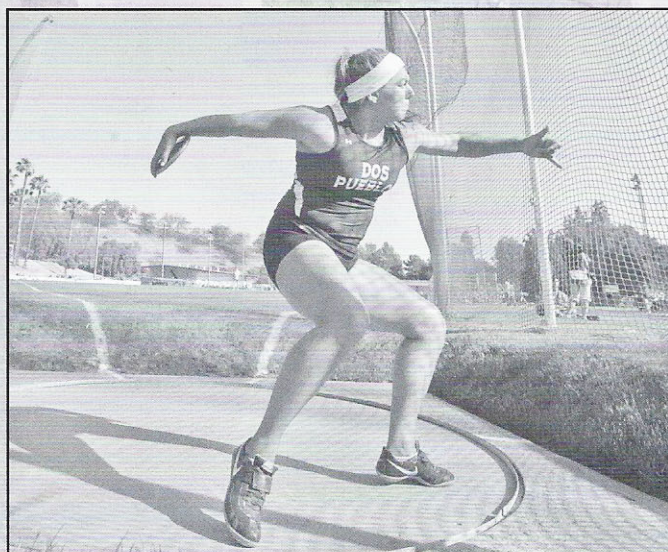
2013 State Track & Field Championships



GIRLS SHOT PUT

National: 54-10.75 5/9/2003 Michelle Carter, Red Oak TX
State Meet: 53-08 6/6/2009 Kristin Heaston, Ygnacio Valley

Pos	Name	Year	School	Sec.	Seed	Mark
Flight	1 of 1 Prelims					
1	Jaylin Allston	12	Lincoln	SF	34-11.25	
2	Mariela Chavez	12	Reseda	LA	36-02.00	
3	Janaa Evans	12	Skyline	OK	36-11.00	
4	Aisiah Tuasosopo	12	Birmingham	LA	37-00.25	
5	Alex Jones	12	James Logan	NC	37-05.00	
6	Elenoa Taulaki	11	Polytechnic	LA	38-00.00	
7	Sara Arias	12	Madera	CE	38-02.25	
8	Tyra Lassair	11	Pittsburg	NC	38-09.00	
9	Ronna Stone	10	Valley Christian SJ	CC	39-05.00	
10	Tiffanie Obilor	12	Presentation	CC	40-00.00	
11	Morgan Jones	10	James Logan	NC	40-00.25	
12	Marisela Cardenas	10	Gridley	NO	40-00.50	
13	Monique Newton	11	Cordova	SJ	40-08.25	
14	Amarie Bremel	12	Kingsburg	CE	41-00.25	
15	Sabrina Mendoza	12	Mills	CC	41-00.50	
16	Brandi Walker	12	Rancho Bernardo	SD	41-06.00	
17	Vanessa Sierra	12	El Capitan	SD	41-06.75	
18	Geraldynn Leaupepe	11	Camarillo	SS	41-11.25	
19	Megan Dulaney	10	Rodriguez	SJ	42-03.00	
20	Madison Jacobs	12	Arroyo Grande	SS	42-04.50	
21	Mandy Coleman	11	McNair	SJ	42-04.75	
22	Grace Ward	12	Hoover	SD	43-00.50	
23	Destiny Parker	11	Summit	SS	43-09.75	
24	Ginika Iwuchukwu	11	Notre Dame(SO)	SS	44-02.75	
25	Destiny Talalemotu	12	Millikan	SS	45-08.00	
26	Tanya Sapa	12	La Sierra	SS	46-05.75	
27	Nia Britt	10	Aleman	SS	47-02.50	
28	Nikki Okwelogu	12	Clovis West	CE	47-03.25	
29	Stamatia Scarvelis	11	Dos Pueblos	SS	51-09.25	

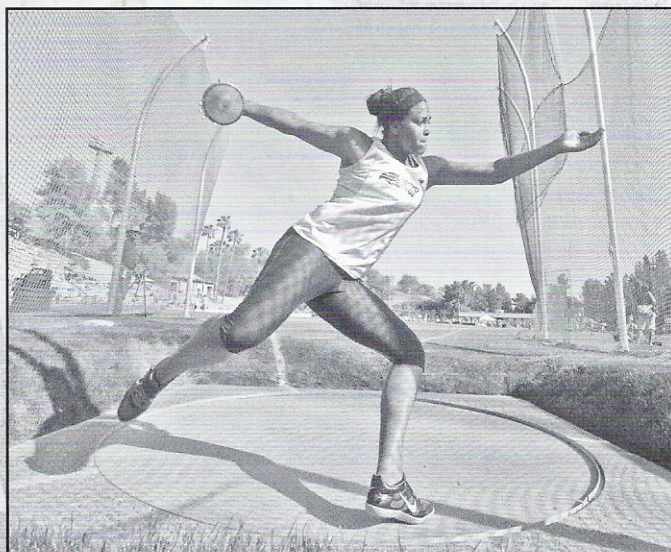


Stamatia Scarvelis

GIRLS DISCUS THROW

National: 191-06 5/19/2012 Shelbi Vaughan, Mansfield, TX
State Meet: 186-09 6/6/2009 Anna Jelmini, Shafter

Pos	Name	Year	School	Sec.	Seed	Mark
Flight	1 of 1 Prelims					
1	Jaylin Allston	12	Lincoln	SF	119-05	
2	Kiki Sappa	11	Wheatland	NO	121-11	
3	Tyra Lassair	11	Pittsburg	NC	122-01	
4	Kayla O'Brine	11	St. Francis	SJ	123-05	
5	Sabrina Mendoza	12	Mills	CC	124-00	
6	Tara Park	12	Amador Valley	NC	126-05	
7	Mandy Coleman	11	McNair	SJ	127-11	
8	Zaybree Haury	12	Scripps Ranch	SD	128-04	
9	Jashell Smith	12	Helix	SD	129-03	
10	Kiely Osby	11	Escondido	SD	129-11	
11	Brianna Cueva	12	Watsonville	CC	134-09	
12	Hannah Chappell	9	Oakdale	SJ	135-07	
13	Anyia Tonga	12	Del Mar	CC	136-07	
14	Kendall Mader	9	Newbury Park	SS	138-11	
15	Coryne McKenney	11	Buchanan	CE	139-05	
16	Kathleen Durand	12	Maria Carrillo	NC	140-04	
17	Breanna Standifer	12	Elsinore	SS	141-04	
18	Katelynn Homb	12	Ventura	SS	141-10	
19	Rae Blansett	11	Liberty	CE	144-01	
20	Tanya Sapa	12	La Sierra	SS	144-10	
21	Stamatia Scarvelis	11	Dos Pueblos	SS	146-06	
22	Destiny Talalemotu	12	Millikan	SS	147-05	
23	Madison Jacobs	12	Arroyo Grande	SS	152-10	
24	Amarie Bremel	12	Kingsburg	CE	155-11	
25	Nikki Okwelogu	12	Clovis West	CE	168-04	



Madison Jacobs



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Buchanan High School Girl's New Year's Basketball Tournament

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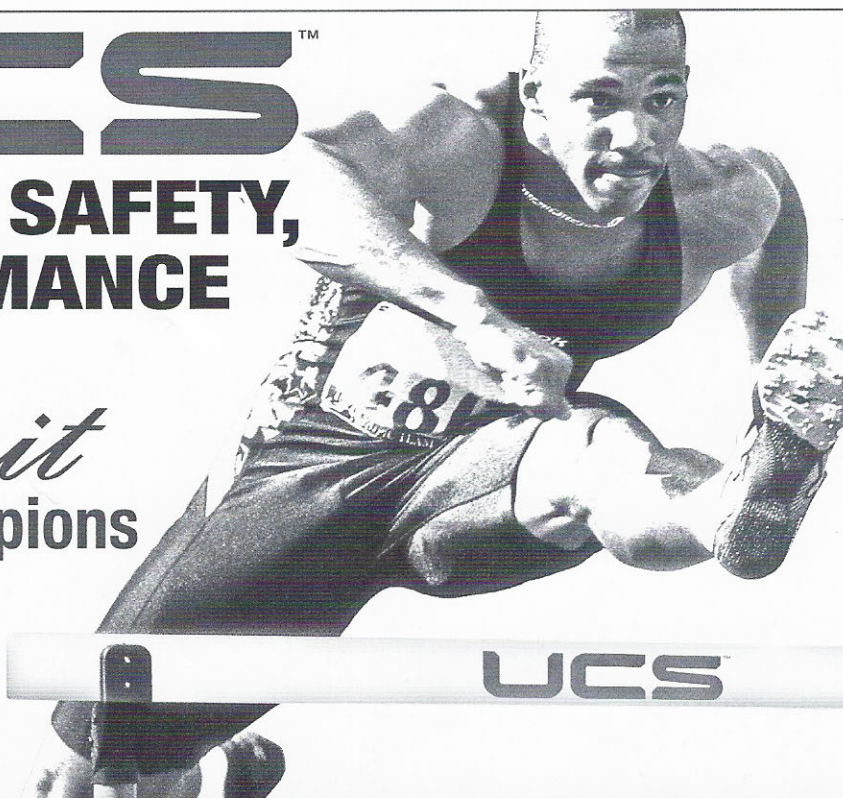
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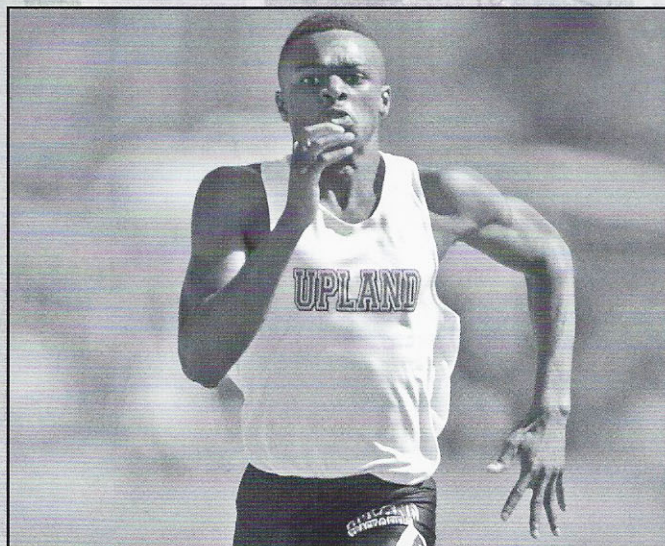
2013 State Track & Field Championships



BOYS HIGH JUMP

National: 7-05.75 4/22/2009 James White, Grandville MD
State Meet: 7-03.25 6/2/1979 Lee Balkin, Glendale

Pos	Name	Year	School	Sec.	Seed Mark
Flight 1 of 1 Prelims					
1	Stanley Chen	12	Galileo	SF	6-03.00
2	Marcus Stamps	12	Jefferson	LA	6-04.00
3	Joselito Flores	11	St. Patrick-Vincent	NC	6-05.00
4	Raymond Silver	11	Watsonville	CC	6-05.00
5	DeAndre Benson	11	Point Loma	SD	6-05.00
6	Charlie Bush	11	Poway	SD	6-05.00
7	John-Christian Williams	12	Mission Hills	SD	6-05.00
8	Nolan Kelly	12	Corona	SS	6-05.00
9	Harman Purewal	12	Golden Valley	SJ	6-05.00
10	Brian Graber	10	Granite Bay	SJ	6-05.00
11	Anthony Cota	12	Branham	CC	6-05.00
12	Matt Tyler	12	Granada	NC	6-05.00
13	Danny Shellworth	12	Vacaville	SJ	6-05.00
14	Harold Terrell	11	St. Mary's	NC	6-05.00
15	AJ Beynon	10	Edison-HB	SS	6-05.00
16	Davis Kepon	12	Foothill	NC	6-05.00
17	Sage Stone	12	Mission Viejo	SS	6-05.00
18	Matt Dispenza	11	Marina	SS	6-05.00
19	Brycen Poarch	12	Casa Grande	NC	6-05.00
20	Donnie Hilliard	12	Rancho Buena Vista	SD	6-05.00
21	Myles Hawkins	11	Lutheran (Orange)	SS	6-05.00
22	Shaun Stephenson	11	El Diamante	CE	6-05.00
23	Lohnnie Tape-Jackson	12	Quartz Hill	SS	6-05.00
24	Clancey Kyle	10	Davis	SJ	6-05.00
25	Justin Zinnerman	10	Rancho Cotate	NC	6-06.00
26	David Canchola	11	Granada Hills	LA	6-06.00
27	Christopher Jaeger	10	Hamilton	NO	6-06.00
28	David Chukwu	11	American	NC	6-07.00
29	Ryan Shelton	11	Cerritos	SS	6-07.00
30	Eric Moore	11	Carter	SS	6-07.00
31	LJ Moore	12	Central	CE	6-07.00
32	Darius Armstead	12	Mt. Whitney	CE	6-07.00
33	Dion Shattuck	11	Santa Cruz	CC	6-07.00
34	Jonathan Moore	12	Independence	CE	6-07.00
35	Jeremy Kimmer	11	Canyon-CC	SS	6-07.00
36	Thomas Cheval	12	Birmingham	LA	6-08.00
37	Edwin Matthews	12	Las Lomas	NC	6-08.00
38	Vincent Calhoun	11	Poly (Lb)	SS	6-09.00
39	Taylor Smith	12	Buchanan	CE	6-09.00
40	Xavier Howell	12	Center	SJ	7-00.00

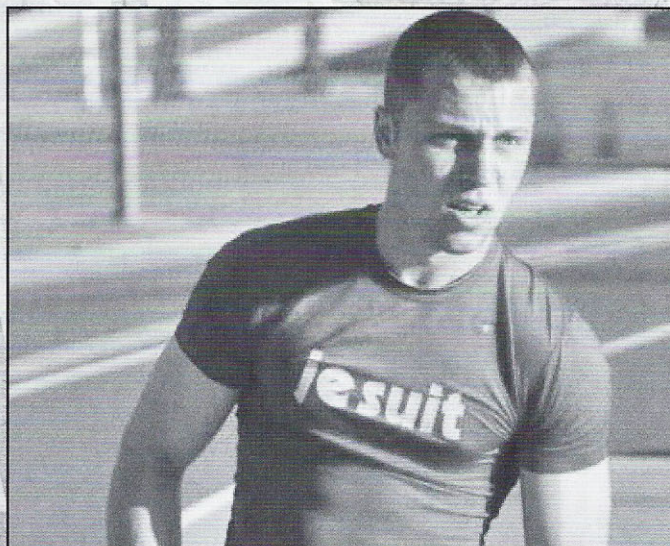


Myles Valentine

BOYS POLE VAULT

National: 18-02.25 5/14/1999 Eric Eshbach, Orangefield TX
State Meet: 17-03 5/31/2008 Nico Weiler, Los Gatos

Pos	Name	Year	School	Sec.	Seed Mark
Flight 1 of 1 Prelims					
1	Nicola Celada	12	Marshall	LA	13-00.00
2	Josh Clark	12	West Valley	NO	13-06.00
3	Clint Bishop	12	Liberty	NC	13-09.00
4	Dalton Welch	12	Clovis East	CE	14-04.00
5	Andy Kotval	12	Windsor	NC	14-06.00
6	Jason Nicholls	12	Santa Teresa	CC	14-06.00
7	Jon Stofer	11	Bellarmino	CC	14-06.00
8	Louie Pancotti	12	Clovis East	CE	14-10.00
9	Ryan Pust	11	Golden Valley	SJ	15-01.00
10	Jacob Bowler	9	Del Oro	SJ	15-01.00
11	Adam Thomas	12	Benicia	SJ	15-01.00
12	Brad Beekman	12	Clovis East	CE	15-01.00
13	David Bean	11	Lutheran (Orange)	SS	15-04.00
14	Jake David	11	Ventura	SS	15-04.00
15	Chandler Thorpe	12	Edison-HB	SS	15-04.00
16	Kyle Beck	12	Los Osos	SS	15-04.00
17	Charlie Bush	11	Poway	SD	15-04.00
18	August Kiles	11	Tamalpais	NC	15-08.00
19	Marc Toney	12	St. Francis	CC	15-08.00
20	Dillon Groener	12	Chino Hills	SS	15-10.00
21	Michael Rovzar	12	Mater Dei	SS	15-10.00
22	Xander Law	12	Otay Ranch	SD	15-10.00
23	Carl Johansson	11	Lutheran (Orange)	SS	15-10.00
24	Ben Gaylord	12	Harvard Westlake	SS	15-10.00
25	Parker Curry	11	Santa Margarita	SS	15-10.00
26	Luigi Colella	11	Thousand Oaks	SS	15-10.00
27	Kyle Pater	12	Mt. Carmel	SD	16-04.00



Austin Mitch



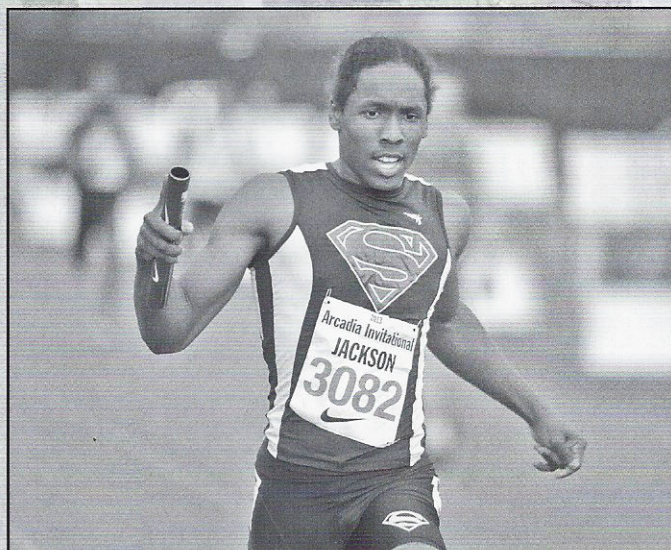
2013 State Track & Field Championships



BOYS LONG JUMP

National: 26-04.75 6/3/1989 James Stallworth, Tulare CA
State Meet: 26-04.75 6/3/1989 James Stallworth, Tulare

Pos	Name	Year	School	Sec.	Seed Mark
Flight 1 of 1 Prelims					
1	Marcus Simmons	11	West Valley	NO	21-04.50
2	Anthony White	10	McClymonds	OK	21-09.00
3	Renzo Salvador	12	Carson	LA	22-01.00
4	Henry Diep	12	Balboa	SF	22-04.50
5	Zachery Thomas	12	Crespi	SS	22-05.00
6	Darrell Fuery	12	Serra	SS	22-07.00
7	Ivy Adair	12	Rancho Bernardo	SD	22-07.00
8	Thomas Cheval	12	Birmingham	LA	22-08.00
9	Scotty Newton	11	Bakersfield	CE	22-09.75
10	Nico Robinson	12	Sacred Hrt Prep	CC	22-10.00
11	Scott Pater	12	Mt. Carmel	SD	22-10.00
12	Christopher Cook	11	San Benito Hol	CC	22-10.00
13	Devin Thompson	12	Rowland	SS	22-10.25
14	Donte McDaniel	12	Selma	CE	22-10.25
15	Zuhuri Manley	12	Clear Lake	NC	22-10.25
16	Khalil Johnson	12	St. Francis	CC	22-10.25
17	Kurt Felicitas	10	Mt. Pleasant	CC	22-11.00
18	Cory Barger	12	Bella Vista	SJ	22-11.25
19	Brycen Poarch	12	Casa Grande	NC	22-11.50
20	Richard Cooper	12	Pleasant Grove	SJ	23-02.00
21	Romin Geiger	12	Monterey Trail	SJ	23-02.00
22	Joshua Taylor	12	Franklin	LA	23-02.00
23	Dante Pettis	11	Jserra	SS	23-02.50
24	Nate Moore	11	Castro Valley	NC	23-03.25
25	Matthew Wong	12	Archbishop Mitty	CC	23-03.50
26	Victor Du	12	Palo Alto	CC	23-04.00
27	Dwayne Lee	12	Bear Creek	SJ	23-05.25
28	David Booker	12	Tulare West	CE	23-05.75
29	Karsten Wethington	11	James Logan	NC	23-06.00
30	Walter Jones	12	Redlands	SS	23-08.00
31	Joey Souza	10	Kingsburg	CE	23-08.25
32	Sydney Rush-Dunigan	12	Point Loma	SD	24-03.50
33	Adoree Jackson	11	Serra	SS	24-09.00

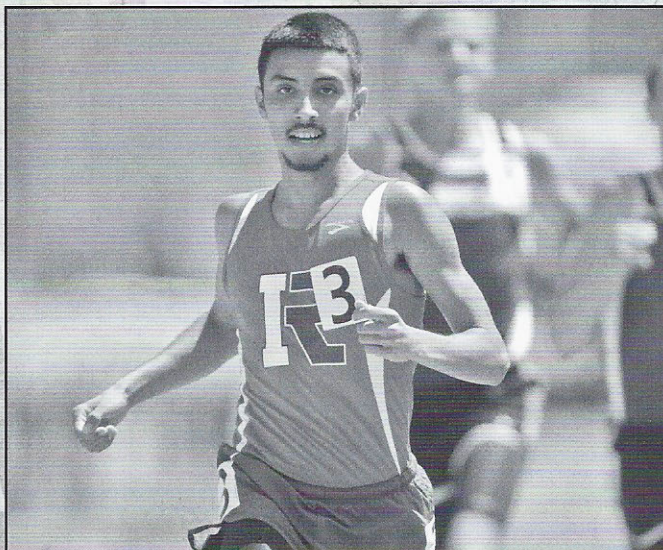


Adoree Jackson

BOYS TRIPLE JUMP

National: 52-10.50 5/6/1980 Charles Mayfield, Muir, Pasadena CA
State Meet: 52-05.75 6/6/1986 Marcus Hooks, Lakewood

Pos	Name	Year	School	Sec.	Seed Mark
Flight 1 of 1 Prelims					
1	Marcus Simmons	11	West Valley	NO	44-00.00
2	Miles Keys-Mckay	11	Santa Cruz	CC	44-01.50
3	Brian Yeager	10	Los Altos	CC	44-05.75
4	Aaron Dyson	12	Carson	LA	44-10.25
5	Henry Diep	12	Balboa	SF	45-00.50
6	Lonnie Tuff	12	Steele Canyon	SD	45-03.50
7	Matthew Wong	12	Archbishop Mitty	CC	45-04.25
8	Zane Palacio	11	Dorsey	LA	45-06.00
9	Devon Jackson	12	Mt. Miguel	SD	46-01.75
10	TK Kevin Dodds	11	Oceanside	SD	46-04.00
11	Thomas Cheval	12	Birmingham	LA	46-05.50
12	Romin Geiger	12	Monterey Trail	SJ	46-06.50
13	Kameron Williams	11	Rosemont	SJ	46-09.00
14	Gathungu Ndirangu	12	Rosemont	SJ	46-09.25
15	Devin Thompson	12	Rowland	SS	46-10.00
16	Austin Collier	12	St. Mary's	NC	46-10.00
17	Jaelen Spencer	12	Sultana	SS	46-11.00
18	Scotty Newton	11	Bakersfield	CE	47-02.00
19	Josh Webster	12	South Hills	SS	47-03.50
20	Karsten Wethington	11	James Logan	NC	47-05.00
21	Gregory Salazar	11	Cathedral	SS	47-09.00
22	Myles Hawkins	11	Lutheran (Orange)	SS	47-09.00
23	Darius Armstead	12	Mt. Whitney	CE	47-10.00
24	Idrees Bernard	10	Agoura	SS	48-00.50
25	Matt Bowen	11	Buchanan	CE	48-00.50
26	Nate Moore	11	Castro Valley	NC	49-02.50
27	Jeffrey Prothro	12	James Logan	NC	50-04.00



David Luna



2013 State Track & Field Championships



BOYS SHOT PUT

National: 77-00 5/5/1979 Michael Carter, Jefferson, Dallas TX
State Meet: 74-04.75 6/2/1990 Brent Noon, Fallbrook

Pos	Name	Year	School	Sec.	Seed	Mark
Flight 1 of 1 Prelims						
1	Jerry Johnson	11	Lincoln	SF	46-04.75	
2	Cisco Cruz	11	Van Nuys	LA	47-01.50	
3	Julian Walker	12	Carson	LA	47-07.50	
4	David Sellens III	12	Yreka	NO	49-08.75	
5	Markele Williams	12	Locke	LA	50-11.00	
6	Arnie Sambel	12	Junipero Serra	CC	53-07.50	
7	Wesley Braddock	11	Eastlake	SD	53-09.50	
8	Kevin Palma	12	Mission Oak		53-11.00	
9	Max Moore	12	Northgate	NC	54-02.00	
10	Sebastian Santos	12	Imperial	SD	54-07.75	
11	Joseph Munoz	12	Shafter	CE	55-06.50	
12	Nolan Nagle	12	Cardinal Nwman	NC	55-08.00	
13	Afolabi Olabode	11	Golden Valley	SJ	55-11.50	
14	Sina Javidan-Nejad	12	Jesuit	SJ	56-02.50	
15	Colton Foster	11	Frontier	CE	56-07.50	
16	Nick Denton	12	Davis	SJ	56-09.50	
17	Joseph Ilaoa	11	Homestead	CC	56-10.50	
18	Matthew Esparza	12	Amador Valley	NC	57-08.00	
19	Malik McMorris	10	Mater Dei	SS	57-08.50	
20	Dotun Ogundeji	11	Madison	SD	57-10.50	
21	Kelsey Benoit	11	San Clemente	SS	57-11.75	
22	Eric Bielke	12	Ventura	SS	58-06.00	
23	Sione Tovi	12	San Geronio	SS	58-08.25	
24	Matt Katnik	10	St. John Bosco	SS	59-00.25	
25	Jonathan Beering	12	Junipero Serra	CC	59-09.00	
26	Marty Taylor	12	Newport Harbor	SS	60-02.00	
27	Amir Ali Patterson	11	Crespi	SS	61-01.75	
28	Nick Ponzio	12	Great Oak	SS	65-01.00	

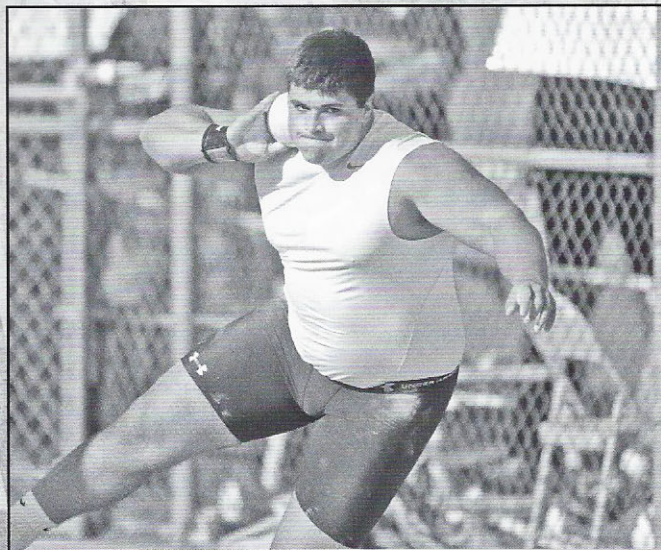
BOYS DISCUS THROW

National: 236-06 4/26/2009 Mason Finley, Buena Vista, CO
State Meet: 213-07 6/2/2006 Bo Taylor, Newport Harbor

Pos	Name	Year	School	Sec.	Seed	Mark
Flight 1 of 1 Prelims						
1	Jerry Johnson	11	Lincoln	SF	140-02	
2	Christopher Delaney	11	Anderson	NO	155-07	
3	Luis Maciel	11	Willow Glen	CC	157-05	
4	Dustin Samms	11	Monte Vista Chr	CC	157-08	
5	Sina Javidan-Nejad	12	Jesuit	SJ	157-09	
6	Darrion Savage	11	Morse	SD	159-08	
7	Colton Foster	11	Frontier	CE	160-03	
8	Teddy Scranton	12	Petaluma	NC	163-10	
9	Joseph Ilaoa	11	Homestead	CC	165-09	
10	Max Moore	12	Northgate	NC	166-09	
11	Darrin Paulo	10	Grant	SJ	168-03	
12	Matt Smith	10	Bakersfield Christian	CE	168-03	
13	Matthew Esparza	12	Amador Valley	NC	169-10	
14	Brad Beekman	12	Clovis East	CE	170-00	
15	Kyle Peterson	11	Oakdale	SJ	170-07	
16	Dotun Ogundeji	11	Madison	SD	171-06	
17	Zack Tombol	12	Servite	SS	174-10	
18	Jeremy Franklin	11	Serra	SS	175-03	
19	Amir Ali Patterson	11	Crespi	SS	177-06	
20	Malik McMorris	10	Mater Dei	SS	178-11	
21	Brenden Song	12	West Hills	SD	180-01	
22	Marty Taylor	12	Newport Harbor	SS	184-08	
23	Nick Ponzio	12	Great Oak	SS	186-05	



Marty Taylor



Nick Ponzio



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All-Time CIF Boys Track & Field Top Times/Marks

BOYS 100 METERS

10.25 Henry Thomas (Hawthorne) 1985
10.30 Riley Washington (Southwest, San Diego) 1992
10.30 Randall Carroll (Cathedral, Los Angeles) 2009
10.31 Jahvid Best (Salesian, Richmond) 2007
10.32 Bryan Howard (Canyon Springs, Moreno Valley) 1994
10.32 Rodney Glass (Notre Dame, Sherman Oaks) 2006
10.32 Remontay McClain (Covina) 2011

State Championship Record

10.30 Riley Washington (Southwest, S.D.) 1992

BOYS 200 METERS

20.43 Bryshon Nellyum (Poly, Long Beach) 2007
20.53 Brian Bridgewater (Washington, Los Angeles) 1988
20.62 Sultan McCullough (Muir, Pasadena) 1997
20.65 Jahvid Best (Salesian, Richmond) 2007
20.67 Quincy Watts (Taft, Woodland Hills) 1987

State Championship Record

20.43 Bryshon Nellyum (Poly, Long Beach) 2007

BOYS 400 METERS

45.25 Calvin Harrison (North Salinas) 1993
45.54 Bryshon Nellyum (Poly, Long Beach) 2007
45.81 Obea Moore (Muir, Pasadena) 1996
45.84 David Gettis (Dorsey, Los Angeles) 2005
45.7h Chip Rish (Marina, Huntington Beach) 1985

State Championship Record

45.25 Calvin Harrison (North Salinas, Salinas) 1993

BOYS 800 METERS

1:46.45 Michael Granville (Bell Gardens) 1996
1:47.31 Pete Richardson (Berkeley) 1981
1:48.20 Sean Krinik (Valencia, Placentia) 2010
1:48.8yh Richard Joyce (Sierra, Whittier) 1965
1:48.40 Aaron Richberg (James Logan, Union City) 1995

State Championship Record

1:46.45 Michael Granville (Bell Gardens) 1996

BOYS 1600 METERS

4:00.29 German Fernandez (Riverbank) 2008
4:00.83 Jantzen Oshier (Trabuco Hills, Mission Viejo) 2011
4:02.4yh Rich Kimball (De La Salle, Concord) 1974
4:02.62 Ryan Hall (Big Bear) 2001
4:05.4yh Mark Schilling (Garden Grove) 1972
4:04.00 Mike Stember (Jesuit, Carmichael) 1995

State Championship Record

4:00.29 German Fernandez (Riverbank) 2008

BOYS 3200 METERS

8:34.23 German Fernandez (Riverbank) 2008
8:44.6yh Eric Hulst (Laguna Beach) 1976
8:45.2yh Thom Hunt (Patrick Henry, San Diego) 1976
8:45.9yh Ralph Serna (Loara, Anaheim) 1975
8:46.5yh Rich Kimball (De La Salle, Concord) 1974

State Championship Record

8:34.23 German Fernandez (Riverbank) 2008

BOYS 110-METER HIGH HURDLES

13.39 Kevin Craddock (James Logan, Union City) 2004
13.41 Steve Kerho (Mission Viejo) 1982
13.43 Jonathan Cabral (Agoura) 2011
13.48 Dominique DeGrammont (Tustin) 1997
13.54 Marcel Allmond (St. Paul, Santa Fe Springs) 1999

State Championship Record

13.39 Kevin Craddock (J. Logan, Union City) 2004

BOYS 300-METER INTERMEDIATE HURDLES

35.02 Reggie Wyatt (La Sierra, Riverside) 2009
35.28 Jeshua Anderson (Taft, Woodland Hills) 2007
35.32 George Porter (Cabrillo, Lompoc) 1985
35.45 David Klech (California, San Ramon) 2006
35.93 Kevin Craddock (James Logan, Union City) 2004

State Championship Record

35.02 Reggie Wyatt (La Sierra, Riverside) 2009

BOYS 400-METER RELAY

40.14 Poly, Long Beach 1999
40.24 Hawthorne 1989
40.28 Muir, Pasadena 1997
40.39 Poly, Long Beach 1998
40.53 Serra, Gardena 1996

State Championship Record

40.24 Hawthorne 1989

BOYS 1600-METER RELAY

3:07.40 Hawthorne 1985
3:08.42 Serra, Gardena 2010
3:08.66 Muir, Pasadena 1996
3:08.72 Muir, Pasadema 1997
3:08.94 Berkeley 1981

State Championship Record

3:08.42 Serra, Gardena 2010

BOYS HIGH JUMP

7-04.50 Maurice Crumby (Balboa, San Francisco) 1983
7-04.25 Teak Wilburn (Chico) 2002
7-04.00 Jeremy Fischer (Camarillo) 1994
7-03.25 Lee Balkin (Glendale) 1979

7-03.00 Tim Polti (Alemany, Mission Hills) 1979
7-03.00 Jeff Rogers (Overfelt, San Jose) 1985
7-03.00 Nick Ross (Vista Murrieta, Murrieta) 2009

State Championship Record

7-03.25 Lee Balkin (Glendale) 1979

BOYS POLE VAULT

17-06.25 Nico Weliler (Los Gatos) 2007
17-06.00 Michael Woepse (Mater Dei, Santa Ana) 2010
17-05.50 Brent Burns (Acalanes, Lafayette) 1987
17-05.00 Scott Roth (Granite Bay) 2006
17-04.25 Anthony Curran (Crespi, Encino) 1978

State Championship Record

17-03 Nico Weiler (Los Gatos) 2008

BOYS LONG JUMP

26-04.75 James Stallworth (Tulare) 1989
25-10.75 Heulon Hewitt (Merced) 1968
25-09.50 Gerald Hardeman (Edison, Fresno) 1972
25-07.00 Jerry Proctor (Muir, Pasadena) 1967
25-07.00 James McAlister (Blair, Pasadena) 1970

State Championship Record

26-04.75 James Stallworth (Tulare) 1989

BOYS TRIPLE JUMP

52-10.50 Charles Mayfield (Muir, Pasadena) 1980
52-06.25 Dave Tucker (San Joaquin Memorial, Fresno) 1970
52-05.75 Marcus Hooks (Lakewood) 1986
52-04.75 Ken Frazier (Mission, San Francisco) 1981
52-03.50 Randy Williams (Edison, Fresno) 1971

State Championship Record

52-05.75 Marcus Hooks (Lakewood) 1986

BOYS SHOT PUT

76-02.00 Brent Noon (Fallbrook) 1990
69-06.50 Brian Blutreich (Capistrano Valley) 1985
69-03.50 Van Mounts (Bakersfield) 1998
68-05.00 Dave Kurasch (Newport Harbor, Newport Beach) 1975
68-00.00 Steve Montgomery (Lassen, Susanville) 1976

State Championship Record

74-04.75 Brent Noon (Fallbrook) 1990

BOYS DISCUS THROW

213-07 Bo Taylor (Newport Harbor, Newport Beach) 2006
212-01 Darius Savage (Morse, San Diego) 2006
210-08 Brian Blutreich (Capistrano Valley) 1985
210-01 Jeff Buckey (Bakersfield) 1991
209-09 Sean Shields (Arroyo Grande) 2001

State Championship Record

213-07 Bo Taylor (Newport Harbor, Newport Beach) 2006

y = yards

h = hand timed

All-Time CIF Girls Track & Field Top Times/Marks

GIRLS 100 METERS

11.14 Marion Jones (Thousand Oaks) 1992
 11.15 Angela Williams (Chino) 1997
 11.17 Ashton Purvis (St. Elizabeth, Oakland) 2010
 11.27 Jeneba Tarmoh (Mt. Pleasant, San Jose) 2007
 11.29 Allyson Felix (L.A. Baptist, North Hills) 2003

State Championship Record

11.14 Marion Jones (Thousand Oaks) 1992

GIRLS 200 METERS

22.52 Allyson Felix (LA Baptist, North Hills) 2003
 22.67 Marion Jones (Thousand Oaks) 1992
 22.86 Jasmine Baldwin (Bishop Amat, La Puente) 2004
 22.88 Tania Woods (Skyline, Oakland) 1999
 22.90 Kinshasa Davis (Wilson, Long Beach) 1997
 22.90 Ashton Purvis (St. Elizabeth, Oakland) 2010

State Championship Record

22.52 Allyson Felix (Los Angeles Baptist, North Hills) 2003

GIRLS 400 METERS

50.74 Monique Henderson (Morse, San Diego) 2000
 52.18 Angel Perkins (Gahr, Cerritos) 2001
 52.26 Allyson Felix (LA Baptist, North Hills) 2003
 52.35 Sade Williams (Rancho Cucamonga) 2005
 52.39 Denean Howard (Kennedy, Granada Hills) 1982

State Championship Record

50.74 Monique Henderson (Morse, San Diego) 2000

GIRLS 800 METERS

2:02.04 Amy Weissenbach (Harvard-West. N. Hllywd) 2011
 2:04.91 Trena Hull (Compton) 1984
 2:05.70 Amy Weissenbach (Harvard-West. N. Hllywd) 2012
 2:05.87 Kerri Zaleski (Millikan, Long Beach) 1985
 2:06.01 Donna Curtis (Culver City) 1981
 2:06.09 Dominique Jackson (Fairfield) 2007

State Championship Record

2:02.04 Amy Weissenbach (Harvard-Westlake) 2011

GIRLS 1600 METERS

4:33.82 Christine Babcock (Woodbridge, Irvine) 2008
 4:38.15 Alex Kosinski (Oak Ridge, El Dorado Hills) 2007
 4:39.13 Jordan Hasay (Mission Prep, San Luis Obispo) 2007
 4:39.92 Polly Plumer (University, Irvine) 1982
 4:40.88 Cami Chapus (Harvard-Westlake, N. Hollywood) 2011

State Championship Record

4:33.82 Christine Babcock (Woodbridge, Irvine) 2008

GIRLS 3200 METERS

9:48.59 Kim Mortensen (Thousand Oaks) 1996
 9:52.13 Jordan Hasay (Mission Prep, San Luis Obispo) 2008
 9:52.51 Lauryne Chetelat (Davis) 2008

10:04.03 Christine Babcock (Woodbridge, Irvine) 2008
 10:04.20y Cory Schubert (Del Mar, San Jose) 1983

State Championship Record

9:52.13 Jordan Hasay (Mission Prep, San Luis Obispo) 2008

GIRLS 100-METER HIGH HURDLES

13.03 Vashti Thomas (Mt. Pleasant, San Jose) 2007
 13.20 Nichole Denby (J.W. North, Riverside) 2000
 13:32 Julian Purvis (St. Elizabeth, Oakland) 2007
 13:32 Ke'Nyia Richardson (Holy Names, Oakland) 2007
 13.33 Kori Carter (Claremont) 2010

13.33 Sasha Wallace (Holy Names, Oakland) 2012

State Championship Record

13.03 Vashti Thomas (Mt. Pleasant, San Jose) 2007

GIRLS 300-METER LOW HURDLES

39.98 Lashinda Demus (Wilson, Long Beach) 2001
 40.10 Ebony Collins (Wilson, Long Beach) 2005
 40.18 Leslie Maxie (Mills, Millbrae) 1984
 40.26 Janeene Vickers (Pomona) 1987
 40.44 Kori Carter (Claremont) 2010

State Championship Record

40.10 Ebony Collins (Wilson, Long Beach) 2005

GIRLS 400-METER RELAY

44.50 Poly, Long Beach 2004
 44.70 St. Bernard, Playa del Rey 1997
 44.84 Wilson, Long Beach 2005
 44.90 Poly, Long Beach 2003
 44.93 Wilson, Long Beach 2004

State Championship Record

44.70 St. Bernard (Playa Del Rey) 1997

GIRLS 1600-METER RELAY

3:35.49 Poly, Long Beach 2004
 3:35.55 Poly, Long Beach 2003
 3:35.72 Wilson, Long Beach 2001
 3:35.99 Poly, Long Beach 2002
 3:36.32 Wilson, Long Beach 1998

State Championship Record

3:35.49 Poly, Long Beach 2004

GIRLS HIGH JUMP

6-02.75 Latrese Johnson (Clovis) 1985
 6-02.25 Wendy Brown (Woodside) 1984
 6-02.25 Julieann Broughton (Woodland) 1989
 6-02.00 Sharon Day (Costa Mesa) 2003
 6-01.00 Tonya Mendonica (Mt. Whitney, Visalia) 1983

State Championship Record

6-02.00 Latrese Johnson (Clovis) 1985

GIRLS POLE VAULT

14-01.00 Tori Anthony (Castilleja, Palo Alto) 2007
 13-08.00 Shayla Balentine (Morro Bay) 2001
 13-07.00 Allison Stokke (Newport Harbor, Newport Beach) 2007
 13-06.00 Chelsea Johnson (Atascadero) 2002
 13-06.00 Kortney Ross (Westview, San Diego) 2010
 13-06.00 Anginae Monteverde (Clovis West, Clovis) 2011

State Championship Record

14-01.00 Tori Anthony (Castilleja, Palo Alto) 2007

GIRLS LONG JUMP

22-00.50 Marion Jones (Thousand Oaks) 1993
 20-11.50 Juliana Yendork (Walnut) 1990
 20-11.25 Ke'Nyia Richardson (Holy Names, Oakland) 2007
 20-09.75 Wendy Brown (Woodside) 1984
 20-08.75 Marlene Harmon (Thousand Oaks) 1980

State Championship Record

22-00.50 Marion Jones (Thousand Oaks) 1993

GIRLS TRIPLE JUMP

44-00.50 Juliana Yendork (Walnut) 1991
 44-00.00 Brittany Daniels (Merrill West, Tracy) 2004
 43-03.25 Ke'Nyia Richardson (Holy Names, Oakland) 2006
 43-01.50 Vashti Thomas (Mt. Pleasant, San Jose) 2008
 42-10.50 Wendy Brown (Woodside) 1984

State Championship Record

44-00.50 Juliana Yendork (Walnut) 1991

GIRLS SHOT PUT

54-04.75 Anna Jelmini (Shafter) 2009
 53-07.75 Natalie Kaaiawahia (Fullerton) 1983
 53-07.50 Karen Freberg (San Luis Obispo) 2001
 52-11.50 Kristin Heaston (Ygnacio Valley, Concord) 1993
 50-11.75 Dawn Dumble (Bakersfield) 1990

State Championship Record

53-08.00 Anna Jelmini (Shafter) 2009

GIRLS DISCUS THROW

190-03 Anna Jelmini (Shafter) 2009
 188-04 Suzy Powell (Downey, Modesto) 1994
 182-06 Billie Jo Grant (Arroyo Grande) 2003
 181-03 Stephanie Brown (Arroyo Grande) 1998
 180-09 Alex Collatz (Stockdale) 2010

State Championship Record

186-09 Anna Jelmini (Shafter) 2009

y = yards

h = hand timed

2013 CIF Top Track and Field Top Times/Marks

BOYS 100 METERS

10:33w	Khalfani Muhammad	12	Notre Dame	SS
10:36w	Myles Valentine	10	Upland	SS
10:40w	Jordan Neal-Davis		Hoover	CS
10:44w	Morgan Simon	12	Loyola	SS
10:33	Khalfani Muhammad	12	Notre Dame	SS

BOYS 200 METERS

20.84	Khalfani Muhammad	12	Notre Dame	SS
20.87w	Khalfani Muhammad	12	Notre Dame	SS
21.05	Myles Valentine	10	Upland	SS
21.12w	Morgan Simon	12	Loyola	SS
21.14	Morgan Simon	12	Loyola	SS

BOYS 400 METERS

47.03	Frank Kurtz	11	Heritage	NCS
47.12	Alex Rohani	12	Beverly Hills	SS
47.31	Miles Parish	12	Etiwanda	SS
47.35	Alex Rohani	12	Beverly Hills	SS
47.51	Daniel Mouton	12	St. Bernard	SS

BOYS 800 METERS

1:50.19	Eugene Hamilton III	12	Bishop O'Dowd	NCS
1:50.59	Ivan Gonzalez	12	Ridgeview	CS
1:51.78	Brett Moulton	12	Santiago (Cor)	SS
1:52.35	Alex Grigoriev	12	Rancho Bernardo	SDS
1:52.51	Uriel Cabanas	12	Madera South	CS

BOYS 1600 METERS

4:07.16	Blake Haney	11	Stockdale	CS
4:10.95	Garrett Corcoran	11	Villa Park	SS
4:11.10	Austin Tamagno	9	Brea	SS
4:11.27c	Eugene Hamilton III	12	Bishop O'Dowd	NCS
4:11.64	Christian Freeman	12	Carlsbad	NCS

BOYS 3200 METERS

8:48.58	Blake Haney	11	Stockdale	CS
8:52.65	Christian Freeman	12	Carlsbad	SDS
8:54.01	Juan Gonzalez	12	El Toro	SS
8:58.19	John Lawson	12	Drake	NCS
9:01.61	Steven Fahy	11	La Costa Canyon	SDS

BOYS 110-METER HIGH HURDLES

13.95w	Lloyd Siscard	12	Serra	SS
13.97w	Misana Viltz	11	Millikan	SS
14.00w	Kamara Biawogi	12	Prospect	CCS
14.03	Reggie Bell	12	Dorsey	LAS
14.04	Misana Viltz	11	Millikan	SS

BOYS 300-METER INTERMEDIATE HURDLES

37.19	Marquis Morris	11	De La Salle	NCS
37.62	Lloyd Sicard	12	Serra	SS
37.66	Victor Bolden	11	Los Osos	SS
37.75	Cullan Riser	12	Lutheran (Orange)	SS
37.77	Jacob Sipes	11	Oak Ridge	SJS

BOYS 400 METER RELAY

40.73	Serra			SS
40.89	Loyola			SS
41.26	Notre Dame (SO)			SS
41.35	Castro Valley			NCS
41.47	Roosevelt			SS

BOYS 1600 METER RELAY

3:15.12	Serra			SS
3:15.92	Dorsey			LAS
3:16.91	Amador Valley			NCS
3:17.33	Vista Murrieta			SS
3:17.48	Buchanan			CS

BOYS HIGH JUMP

6-11.00	Eric Moore	11	Carter	SS
6-10.25	Taylor Smith	12	Buchanan	CS
6-10.00	Xavier Howell	12	Center	SJS
6-10.00	Vincent Calhoun	11	Long Beach Poly	SS
6-10.00	Lohnniei Tape-Jackson	12	Quartz Hill	SS
6-10.00	LJ Moore	12	Central	CS

BOYS LONG JUMP

25-00.00	Adoree Jackson	11	Serra	SS
24-11.75w	Walter Jones	12	Redlands	SS
24-07.50w	Adoree Jackson	11	Serra	SS
24-02.75	Scotty Newton	11	Bakersfield	CS
24-02.00	Dante Pettis	11	JSerra	SS

BOYS TRIPLE JUMP

50-0.50w	Nate Moore	11	Castro Valley	NCS
50-00.25w	Jaelen Spencer	12	Sultana	SS
49-10.00	Nate Moore	11	Castro Valley	NCS
49-08.75w	Jeffrey Prothro	12	James Logan	NCS
49-00.50	Scotty Newton	11	Bakersfield	CS

BOYS POLE VAULT

16-06.00	Kyle Pater	12	Mt. Carmel	SDS
16-04.75	Luigi Collela	11	Thousand Oaks	SS
16-02.00	Connor Hall	12	San Luis Obispo	SS
16-01.00	Marc Toney	12	St. Francis	CCS
16-01.00	Luigi Collela	11	Thousand Oaks	SS

BOYS DISCUS THROW

194-04.00	Brenden Song	12	West Hills	SDS
190-04.00	Marty Taylor	12	Newport Harbor	SS
187-08.00	Nick Ponzio	12	Great Oak	SS
181-10.00	Eric Beilke	12	Ventura	SS
180-01.00	Derek Fenton	11	San Clemente	SS

BOYS SHOT PUT

69-07.25	Nick Ponzio	12	Great Oak	SS
62-06.75	Kelsey Benoit	11	San Clemente	SS
62-05.00	Marty Taylor	12	Newport Harbor	SS
60-07.50	Colton Foster	11	Frontier	CS
60-01.00	Amir Ali Patterson	11	Crespi	SS

GIRLS 100 METERS

11.20w	Arianna Washington	11	Long Beach Poly	SS
11.49w	Brittany Brown	12	Claremont	SS
11.51	Arianna Washington	11	Long Beach Poly	SS
11.56w	Danielle Darden	12	Aliso Niguel	SS
11.56w	Arianna Washington	11	Long Beach Poly	SS

GIRLS 200 METERS

23.33	Arianna Washington	11	Long Beach Poly	SS
23.34	Arianna Washington	11	Long Beach Poly	SS
23.68w	Brittany Brown	12	Claremont	SS
23.70w	Arianna Washington	11	Long Beach Poly	SS
23.84w	Kayla Richardson	9	Etiwanda	SS

GIRLS 400 METERS

54.37	Nia Dörner	12	Cordova	SJS
54.42	Hannah Waller	9	Buchanan	CS
54.99	Melissa Mongiovi	10	West Hills	SDS
55.05	Jade Miller	12	Great Oak	SS
55.16	Madeline Price	11	Menlo	CCS

GIRLS 800 METERS

2:09.34	Anna Maxwell	11	San Lorenzo Vly	CCS
2:11.49	Kylie Goo	12	Westmoor	CCS
2:11.94	Megan Huebner	11	La Quinta (LQ)	SS
2:12.15	Kiara McIntosh	12	Paloma Valley	SS
2:12.39	Katie Sammer	11	Rancho Bernardo	SDS

GIRLS 1600 METERS

4:43.01	Anna Maxwell	11	San Lorenzo Vly	CCS
4:47.58c	Sarah Robinson	11	Gunn	CCS
4:49.83c	Nikki Hiltz	12	Aptos	CCS
4:49.83c	Clare Peabody	11	Aptos	CCS
4:50.59	Megan Huebner	11	La Quinta (LQ)	SS

GIRLS 3200 METERS

10:06.74	Sarah Baxter	11	Simi Valley	SS
10:10.51	Anna Maxwell	11	San Lorenzo Vly	CCS
10:26.54	Megan Huebner	11	La Quinta (LQ)	SS
10:31.50	Danielle Shanahan	12	Bishop Mntgmy	SS
10:33.02	Vanessa Fraser	12	Scotts Valley	CCS

GIRLS 100 METER HIGH HURDLES

13.43	Sasha Wallace	12	Castro Valley	NCS
13.79w	Jasmyne Graham	10	Roosevelt	SS
13.80	Kymber Payne	11	Long Beach Poly	SS
13.80	Jasmyne Graham	10	Roosevelt	SS
13.94	Kortni Smyers-Jones	12	San Leandro	NCS

GIRLS 300M LOW HURDLES

41.15	Jade Miller	12	Great Oak	SS
41.32	Kymber Payne	11	Long Beach Poly	SS
42.22	Jordie Munford	12	Rancho Cucamonga	SS
42.64	Pattiana Perry	11	Vacaville	SJS
42.80	Hannah Labrie-Smith	10	Cathedral Catholic	SDS

GIRLS 400M RELAY

45.54	Long Beach Poly			SS
46.04	Edison			CS
46.77	Colony			SS
46.83	Westlake			SS
46.89	Alemamy			SS

GIRLS 1600M RELAY

3:45.08	Long Beach Poly			SS
3:46.04	Edison			CS
3:47.07	Etiwanda			SS
3:47.34	Roosevelt			SS
3:47.66	Alemamy			SS

GIRLS HIGH JUMP

6-00.00	Claire Kieffer-Wright	11	South Pasadena	SS
5-11.00	Rachel McCoy	12	AB Miller	SS
5-10.75	Madeline Fagan	11	Los Gatos	CCS
5-10.00	Maciah Murray	11	Edison	CS
5-09.00	Erinn Beattie	10	Buena	SS

GIRLS LONG JUMP

20-11.00	Courtney Corrin	9	Harvard-Westlake	SS
20-07.00	Kira Moreland	12	Los Osos	SS
20-06.50w	Courtney Corrin	9	Harvard-Westlake	SS
20-02.75	Margaux Jones	10	Redlands	SS
19-10.50	Rhesa Foster	9	Clovis North	CS

GIRLS TRIPLE JUMP

42-04.00	Sasha Wallace	12	Castro Valley	NCS
41-02.25w	Jannell Hadnot	12	Tokay	SJS
41-02.00	Jannell Hadnot	12	Tokay	SJS
40-01.50w	Rachel Tolliver	12	St. Mary's Acad.	SS
40-08.50	Marisa Kwiatkowski	11	Wilcox	CCS

GIRLS POLE VAULT

13-08.00	Kaitlyn Merritt	10	Santa Margarita	SS
13-02.00	Greta Wagner	11	Los Gatos	CCS
13-01.00	Gardenia Centanaro	12	Roosevelt	SS
12-10.00	Holly Tokar	12	Ventura	SS
12-08.00	Kylee Trageser	12	Ponderosa	SJS

GIRLS DISCUS THROW

168-04.00	Nikki Okwelogu	12	Clovis West	CS
163-11.00	Madison Jacobs	12	Arroyo Grande	SS
161-06.00	Stamatia Scarvelis	11	Dos Pueblos	SS
155-11.00	Amarie Bremel	12	Kingsburg	CS
155-02.00	Katelynn Homb	12	Ventura	SS

GIRLS SHOT PUT

50-04.50	Stamatia Scarvelis	11	Dos Pueblos	SS
49-00.50	Nia Britt	10	Alemamy	SS
48-10.25	Nikki Okwelogu	12	Clovis West	CS
48-05.50	Tanya Sapa	12	La Sierra	SS
47-03.00	Madison Jacobs	12	Arroyo Grande	SS

w=winded aided result

CIF State Track and Field Championship Records

BOYS

100 METERS

10.30 Riley Washington (Southwest, San Diego) 1992

200 METERS

20.43 Bryshon Nellum (Poly, Long Beach)..... 2007

400 METERS

45.25 Calvin Harrison (North Salinas)..... 1993

800 METERS

1:46.45 Michael Granville (Bell Gardens) 1996

1600 METERS

4:00.29 German Fernandez (Riverbank) 2008

3200 METERS

8:34.23 German Fernandez (Riverbank) 2008

110-METER HIGH HURDLES

13.39 Kevin Craddock (James Logan, Union City) 2004

300-METER INTERMEDIATE HURDLES

35.02 Reggie Wyatt, La Sierra (Riverside, CA)..... 2009

400-METER RELAY

40.24 Hawthorne 1989

1600-METER RELAY

3:08.42 Serra (Gardena) 2010

DISCUS THROW

213-07 Bo Taylor (Newport Harbor, Newport Beach) 2006

HIGH JUMP

7-03.25 Lee Balkin (Glendale)..... 1979

LONG JUMP

26-04.75 James Stallworth (Tulare Union, Tulare)..... 1989

POLE VAULT

17-03 Nico Weiler (Los Gatos) 2008

SHOT PUT

74-04.75 Brent Noon (Fallbrook)..... 1990

TRIPLE JUMP

52-05.75 Marcus Hooks (Lakewood) 1986

GIRLS

100 METERS

11.14 Marion Jones (Thousand Oaks)..... 1992

200 METERS

22.52 Allyson Felix (Los Angeles Baptist, North Hills) 2003

400 METERS

50.74 Monique Henderson (Morse, San Diego)..... 2000

800 METERS

2:02.04 Amy Weissenbach (Harvard-Westlake, N. Hollywood)..... 2011

1600 METERS

4:33.82 Christine Babcock (Woodbridge, Irvine)..... 2008

3200 METERS

9:52.13 Jordan Hasay (Mission Prep, San Luis Obispo) 2008

100-METER HIGH HURDLES

13.03 Vashti Thomas (Mt. Pleasant, San Jose) 2007

300-METER LOW HURDLES

40.10 Ebony Collins (Wilson, Long Beach)..... 2005

400-METER RELAY

44.70 St. Bernard, Playa del Rey 1997

1600-METER RELAY

3:35.49 Poly, Long Beach 2004

DISCUS THROW

186-09 Anna Jelmini (Shafter)..... 2009

HIGH JUMP

6-02.00 Latrese Johnson (Clovis) 1985

LONG JUMP

22-00.50 Marion Jones (Thousand Oaks)..... 1993

POLE VAULT

14-01 Tori Anthony (Castilleja, Palo Anthony) 2007

SHOT PUT

53-08.00 Anna Jelmini (Shafter)..... 2009

TRIPLE JUMP

44-00.50 Juliana Yendork (Walnut) 1991

U.S. National High School Records

BOYS

100 METERS

10.15 Henry Neal (Greenville, TX) 1990

200 METERS

20.13 Roy Martin, Roosevelt (Dallas, TX)..... 1985

400 METERS

45.19 Aldrich Bailey, Mansfield Timberview (Arlington, TX) .. 2012

800 METERS

1:46.45 Michael Granville (Bell Gardens, CA) 1996

1600 METERS

3:59.51 Alan Webb, South Lakes (Reston, VA) 2001

3200 METERS

8:34.23 German Fernandez (Riverbank, CA) 2008

110-METER HIGH HURDLES

13.10 Dennis Brantley, Worthing (Houston, TX) (manual) 1980

13.30 Chris Nelloms, Dunbar (Dayton, OH) (FAT time) 1990

300-METER INTERMEDIATE HURDLES

35.02 Reggie Wyatt, La Sierra (Riverside, CA)..... 2009

400-METER RELAY

39.76 Wyatt (Fort Worth, TX) 1998

1600-METER RELAY

3:07.40 Hawthorne (Hawthorne, CA) 1985

DISCUS

236-06 Mason Finely (Buena Vista, CO)..... 2009

HIGH JUMP

7-05.75 James White (Grandview, MO) 2009

LONG JUMP

26-04.75 James Stallworth, Tulare Union (Tulare, CA)..... 1989

POLE VAULT

18-02.25 Eric Eshbach (Orangefield, TX)..... 1999

SHOT PUT

77-00 Michael Carter, Jefferson (Dallas, TX) 1979

TRIPLE JUMP

52-10.50 Charles Mayfield, John Muir (Pasadena, CA) 1980

GIRLS

100 METERS

11.14 Marion Jones (Thousand Oaks, CA)..... 1992

200 METERS

22.52 Allyson Felix, LA Baptist (North Hills, CA)..... 2003

400 METERS

50.74 Monique Henderson, Morse (San Diego, CA)..... 2000

800 METERS

2:02.04 Amy Wessienbach, Harvard-Westlake, (N. Hollywood, CA) 2011

1600 METERS

4:33.82 Christine Babcock, Woodbridge (Irvine, CA)..... 2008

3200 METERS

9:48.59 Kim Mortensen (Thousand Oaks, CA) 1996

100-METER HIGH HURDLES

13.03 Vashti Thomas, Mt. Pleasant (San Jose, CA) 2007

300-METER LOW HURDLES

39.98 Lashinda Demus, Wilson (Long Beach, CA)..... 2001

400-METER RELAY

44.50 Poly (Long Beach, CA)..... 2004

1600-METER RELAY

3:35.49 Poly (Long Beach, CA)..... 2004

DISCUS THROW

191-06 Shelbi Vaughan, Mansfield Legacy (Mansfield, TX).... 2012

HIGH JUMP

6-04 Toni Young (Del City, OK)..... 2009

LONG JUMP

22-01.75 Kathy McMillan, Hoke County (Raeford, NC)..... 1976

POLE VAULT

14-02.75 Morgan LeLeux, New Iberia Catholic (New Iberia, LA)..... 2011

SHOT PUT

54-10.75 Michelle Carter (Red Oak, TX) 2003

TRIPLE JUMP

44-02.25 Ychindria Spears (Luling, TX)..... 2001

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CIF State Track and Field Team Champions

BOYS TEAM CHAMPIONS

<i>School</i>	<i>Points</i>	<i>Coach</i>	<i>Location</i>	<i>Dates</i>
Manual Arts, Los Angeles	25	Otto Fritsch	Fresno High	April 3, 1915
Manual Arts, Los Angeles	37.5	Otto Fritsch	YMCA Field, Los Angeles	April 8, 1916
Coalinga	25	Charles Geer	Berkeley	April 28, 1917
Pasadena	25	George Main	Sacramento Fair	April 27, 1918
Manual Arts, Los Angeles	21	Sid Foster	San Bernardino High	April 26, 1919
Los Angeles	18	Glenn Whittle	Bakersfield Fair	April 24, 1920
Lincoln, Los Angeles	17	Tommy Davis	Berkeley	April 30, 1921
Huntington Beach	16	Ray Walker	Stockton Fair	May 6, 1922
Hollywood	17.5	William Paige	Occidental College, Los Angeles	May 12, 1923
Manual Arts, Los Angeles	26	Sid Foster	Taft High	May 10, 1924
Manual Arts, Los Angeles	16	Sid Foster	Stanford Stadium	May 9, 1925
Poly, Los Angeles	17	Edward Leahy	Los Angeles Coliseum	May 8, 1926
Glendale	35	Norman Hayhurst	Modesto High	May 7, 1927
Poly, Long Beach	21	Norman Baker	Selma High	May 5, 1928
San Diego	22.75	Glenn Broderick	Los Angeles Coliseum	May 11, 1929
Sacramento (tie)	11	Lawrence Janssen	Berkeley	May 10, 1930
San Diego (tie)	11	Glenn Broderick	Berkeley	May 10, 1930
Santa Ana (tie)	11	G.A. "Tex" Oliver	Berkeley	May 10, 1930
Poly, Los Angeles	19.5	Edward Leahy	Visalia	May 23, 1931
Poly, Long Beach	22.5	Norman Baker	Modesto Junior College	May 2, 1932
Central, El Centro	18	J.H. Armstrong	Los Angeles Coliseum	May 20, 1933
Muir, Pasadena	15.5	Albion Walton	Edwards Stadium, Berkeley	May 26, 1934
Fullerton	14	Harold Lang	Ratcliffe Stadium, Fresno	May 25, 1935
Muir, Pasadena	18	Albion Walton	Gridley High	May 23, 1936
Jefferson, Los Angeles	23.5	Harold Edelson	Wilson High, Long Beach	May 22, 1937
San Diego	18.5	Glenn Broderick	San Benito High, Hollister	May 28, 1938
Bakersfield	16	"Cap" Haralson	Los Angeles Coliseum	May 27, 1939
Bakersfield	18.5	"Cap" Haralson	Visalia High	May 25, 1940
Edison, Fresno	22	Harold Bicknell	Spartan Stadium, San Jose	May 24, 1941
Redondo	21	Harold Grant	Compton College	May 25, 1946*
Washington, Los Angeles	24	Gail Wyatt	Visalia High	May 31, 1947
Jordan, Los Angeles	22	Bill Zazueta	Edwards Stadium, Berkeley	May 29, 1948
Jefferson, Los Angeles	28.5	Estel Johnson	Los Angeles Coliseum	May 28, 1949
Jefferson, Los Angeles	40	Estel Johnson	Hughes Stadium, Sacramento	May 27, 1950
Jefferson, Los Angeles	16.5	Estel Johnson	Edwards Stadium, Berkeley	May 26, 1951
Jefferson, Los Angeles	30.5	Estel Johnson	Los Angeles Coliseum	May 24, 1952
Manual Arts, Los Angeles	16.6	Charles Toney	Ratcliffe Stadium, Fresno	May 29, 1953
Alameda	19	Lewis Jolley	Edwards Stadium, Berkeley	May 29, 1954
Centennial, Compton	29	Bill Gill	Los Angeles Coliseum	May 28, 1955
Jefferson, Los Angeles	24.67	Estel Johnson	Chico State College	June 2, 1956
Berkeley	23	Rich Hacker	Edwards Stadium, Berkeley	June 1, 1957
Compton (tie)	11	Ernest Hartman	Veterans Stadium, Long Beach	May 31, 1958
Manual Arts, Los Angeles (tie)	11	Charles Toney	Veterans Stadium, Long Beach	May 31, 1958
Poly, Long Beach	14	Leon Forman	Memorial Stadium, Bakersfield	May 29, 1959
Jordan, Los Angeles	15	Jesse Flores	Stanford Stadium, Palo Alto	June 4, 1960
Centennial, Compton	11	Bill Gill	East Los Angeles College	June 3, 1961
Jefferson, Los Angeles	14	John Childress	Modesto Junior College	June 2, 1962
Edison, Fresno	15	Frank Fletcher	Edwards Stadium, Berkeley	May 31-June 1, 1963
Jefferson, Los Angeles (tie)	13	Andy Bakjian	Los Angeles Coliseum	June 5-6, 1964
Poly, Long Beach (tie)	13	Leon Forman	Los Angeles Coliseum	June 5-6, 1964
Poly, Long Beach	19	Leon Forman	Memorial Stadium, Bakersfield	June 4-5, 1965
Dorsey, Los Angeles	22	Rod Richard	Edwards Stadium, Berkeley	June 3-4, 1966
Muir, Pasadena	26	Walter Opp	Balboa Stadium, San Diego	June 2-3, 1967
Centennial, Compton	26	Bill Gill	Edwards Stadium, Berkeley	June 1-2, 1968

CIF State Track and Field Team Champions

BOYS TEAM CHAMPIONS

<i>School</i>	<i>Points</i>	<i>Coach</i>	<i>Location</i>	<i>Dates</i>
Los Angeles	22	E. Bravo	UCLA Track Stadium, Westwood	June 6-7, 1969
Los Altos	29	Leo Long	Edwards Stadium, Berkeley	June 5-6, 1970
Lompoc	13	Frank Hiatt	UCLA Track Stadium, Westwood	June 4-5, 1971
Sacramento	**18	Scotty Bingham	Mitchell Field, Oroville	June 1-2, 1972
Wilson, San Francisco	20	Adam Banks	Woodland High School	June 1-2, 1973
Muir, Pasadena	**23	Walter Opp	Memorial Stadium, Bakersfield	June 1-2, 1974
Harry Elis, Richmond	22	Silvester Greenwood	Balboa Stadium, San Diego	June 6-7, 1975
Hamilton, Los Angeles (tie)	12	Gene Broadwater	Edwards Stadium, Berkeley	June 4-5, 1976
San Fernando, Los Angeles (tie)	12	John Wachtler	Edwards Stadium, Berkeley	June 4-5, 1976
Pasadena	26	Bob Pruitt	Drake Stadium, Westwood	June 3-4, 1977
El Camino, Oceanside	16	Nill Kovacevich	Memorial Stadium, Bakersfield	June 2-3, 1978
Pasadena	16	Art Large	Hughes Stadium, Sacramento	June 1-2, 1979
Berkeley	41	Willie White	Edwards Stadium, Berkeley	June 6-7, 1980
Berkeley	58	Willie White	Cerritos College, Norwalk	June 5-6, 1981
Crenshaw, Los Angeles (tie)	20	Bob Volles	Hughes Stadium, Sacramento	June 4-5, 1982
Mission Viejo (tie)	20	Gene Gurule	Hughes Stadium, Sacramento	June 4-5, 1982
Hawthorne	**40	Kye Courtney	Memorial Stadium, Bakersfield	June 4, 1983
Hawthorne	52	Kye Courtney	Los Angeles Coliseum	June 2, 1984
Hawthorne	29	Kye Courtney	Hughes Stadium, Sacramento	May 31, 1985
Taft, Woodland Hills	26	Tom Stevenson	Cerritos College, Norwalk	June 6, 1986
Hawthorne	34	Kye Courtney	Hughes Stadium, Sacramento	June 5, 1987
Hawthorne	34	Kye Courtney	Cerritos College, Norwalk	June 3, 1988
Hawthorne	40	Kye Courtney	Cerritos College, Norwalk	June 2-3, 1989
Muir, Pasadena	24	Clyde Turner	Cerritos College, Norwalk	June 1-2, 1990
Compton	30	Alonzo Simmons	Cerritos College, Norwalk	May 31-June 1, 1991
Bakersfield	25	Art Dalzell	Cerritos College, Norwalk	June 5-6, 1992
Merced (tie)	36	Greg McKinstry	Cerritos College, Norwalk	June 19, 1993***
North Salinas (tie)	36	Ed Barber	Cerritos College, Norwalk	June 19, 1993***
Muir, Pasadena	36	Clyde Turner	Cerritos College, Norwalk	June 3-4, 1994
Muir, Pasadena	38	Clyde Turner	Cerritos College, Norwalk	June 2-3, 1995
Muir, Pasadena	57	Clyde Turner	Cerritos College, Norwalk	May 31-June 1, 1996
Poly, Long Beach	39	Don Norford	Hughes Stadium, Sacramento	June 6-7, 1997
Poly, Long Beach	42	Don Norford	Cerritos College, Norwalk	June 5-6, 1998
Vallejo	35	Mike Wilson	Hughes Stadium, Sacramento	June 4-5, 1999
Serra, Gardena	38	Richard Gatlin	Cerritos College, Norwalk	June 2-3, 2000
Arroyo Grande	28	James Brown	Hughes Stadium, Sacramento	June 1-2, 2001
Bakersfield	32	Bobby Gridiron	Cerritos College, Norwalk	May 31-June 1, 2002
Helix, La Mesa	23.5	Ray Mounts	Cerritos College, Norwalk	June 6-7, 2003
James Logan, Union City	46	Lee Webb	Hughes Stadium, Sacramento	June 4-5, 2004
Dorsey, Los Angeles	38.5	Ralph Tilley	Hughes Stadium, Sacramento	June 3-4, 2005
Poly, Long Beach	42	Don Norford	Cerritos College, Norwalk	June 2-3, 2006
Poly, Long Beach	46	Don Norford	Hughes Stadium, Sacramento	June 1-2, 2007
Dominguez, Compton	36	Darryl Smith	Cerritos College, Norwalk	May 30-31, 2008
Frontier, La Sierra, Cathedral, Clovis East 20 (Tied for 1st)			VM Stadium, Clovis	June 5-6, 2009
Jesuit, Sacramento	36	Tom McGuire	VM Stadium, Clovis	June 5-4, 2010
Poly, Long Beach	35	Don Norford	VM Stadium, Clovis	June 3-4, 2011
Notre Dame, Sherron Oaks	36	Joe McNab	VM Stadium, Clovis	June 1-2, 2012

* No meets held during the World War II period (1942-45).

** Reported figures for finals.

*** Meet rescheduled due to rain.

Scoring system was 5-3-2-1 from 1915 to 1928; 5-3-2-1.5 from 1929 to 1965; 6-4-3-2-1 from 1966-1979; and 10-8-6-5-4-3 since 1980-2009; 10-8-6-5-4-3-2-1 since 2010.

CIF State Track and Field Team Champions

GIRLS TEAM CHAMPIONS

School	Points	Coach	Location	Dates
Berkeley	13	Willie White	Memorial Stadium, Bakersfield	May 31-June 1, 1974
Washington, Los Angeles	22	Arnice Reddick	Balboa Stadium, San Diego	June 6-7, 1975
Berkeley	20	Willie White	Edwards Stadium, Berkeley	June 4-5, 1976
Locke, Los Angeles	14	Cherie Muller-Williams	Drake Stadium, Westwood	June 3-4, 1977
Hill, San Jose	16	John Johnigan	Memorial Stadium, Bakersfield	June 2-3, 1978
Westchester	24	Pat Nordell	Hughes Stadium, Sacramento	June 1-2, 1979
Kennedy, Granada Hills	48	Dixie Griffen	Edwards Stadium, Berkeley	June 6-7, 1980
Berkeley	64	Willie White	Cerritos College, Norwalk	June 5-6, 1981
Berkeley	48	Willie White	Hughes Stadium, Sacramento	June 4-5, 1982
Berkeley	29	Willie White	Memorial Stadium, Bakersfield	June 4, 1983
Woodside	38	Susie Wilson	Los Angeles Coliseum	June 2, 1984
Muir, Pasadena	55	Jim Brownfield	Hughes Stadium, Sacramento	May 31, 1985
Hawthorne	40	Kye Courtney	Cerritos College, Norwalk	June 6, 1986
Pomona	30	Isaiah Sanders	Hughes Stadium, Sacramento	June 5, 1987
Bakersfield (tie)	28	Scott Semar	Cerritos College, Norwalk	June 3, 1988
Rio Mesa (tie)	28	Brian Fitzgerald/Rick Torres	Cerritos College, Norwalk	June 3, 1988
Muir, Pasadena	36	Jim Brownfield	Cerritos College, Norwalk	June 2-3, 1989
Bakersfield	61	Scott Semar	Cerritos College, Norwalk	June 1-2, 1990
Morningside	28	Ron Tatum	Cerritos College, Norwalk	May 31-June 1, 1991
Poly, Long Beach	39	Don Norford	Cerritos College, Norwalk	June 5-6, 1992
Poly, Long Beach	56	Don Norford	Cerritos College, Norwalk	June 19, 1993***
Skyline, Oakland	36	Darrell Hampton	Cerritos College, Norwalk	June 3-4, 1994
Poly, Long Beach	52	Don Norford	Cerritos College, Norwalk	June 2-3, 1995
Wilson, Long Beach	43	Terry Kennedy	Cerritos College, Norwalk	May 31-June 1, 1996
Poly, Long Beach	49	Don Norford	Hughes Stadium, Sacramento	June 6-7, 1997
Poly, Long Beach (tie)	42	Don Norford	Cerritos College, Norwalk	June 5-6, 1998
Wilson, Long Beach (tie)	42	Terry Kennedy	Cerritos College, Norwalk	June 5-6, 1998
J.W. North, Riverside	42	Charles Leathers	Hughes Stadium, Sacramento	June 4-5, 1999
J.W. North, Riverside	45	Charles Leathers	Cerritos College, Norwalk	June 2-3, 2000
Poly, Long Beach	59	Don Norford	Hughes Stadium, Sacramento	June 1-2, 2001
J.W. North, Riverside	57	Charles Leathers	Cerritos College, Norwalk	May 31-June 1, 2002
Poly, Long Beach	62	Don Norford	Cerritos College, Norwalk	June 6-7, 2003
Poly, Long Beach	80	Don Norford	Hughes Stadium, Sacramento	June 4-5, 2004
Merrill West, Tracy	48	John Harvey	Hughes Stadium, Sacramento	June 3-4, 2005
James Logan, Union City (tie)	37	Lee Webb	Cerritos College, Norwalk	June 2-3, 2006
Wilson, Long Beach (tie)	37	Terry Kennedy	Cerritos College, Norwalk	June 2-3, 2006
Mt. Pleasant, San Jose	44	Steve Nelson	Hughes Stadium, Sacramento	June 1-2, 2007
Poly, Long Beach	39	Don Norford	Cerritos College, Norwalk	May 30-31, 2008
Poly, Long Beach	45	Don Norford	VM Stadium, Clovis	June 5-6, 2009
Poly, Long Beach	51.33	Don Norford	VM Stadium, Clovis	June 4-5, 2010
Poly, Long Beach	72	Don Norford	VM Stadium, Clovis	June 3-4, 2011
Serra, Gardena	60	Lori Smith-Thompson	VM Stadium, Clovis	June 1-2, 2012

*** Meet rescheduled due to rain.

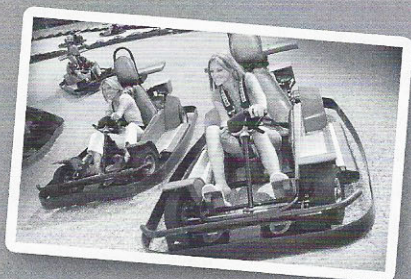
Scoring system used was 5-3-1 in 1974; 5-4-3-2-1 from 1976 to 1979; and 10-8-6-4-2-1 since 1980-2009; 10-8-6-5-4-3-2-1 since 2010



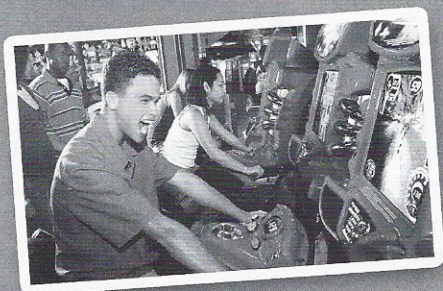
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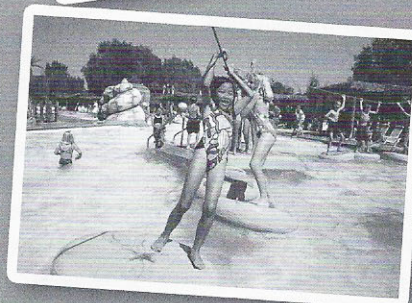
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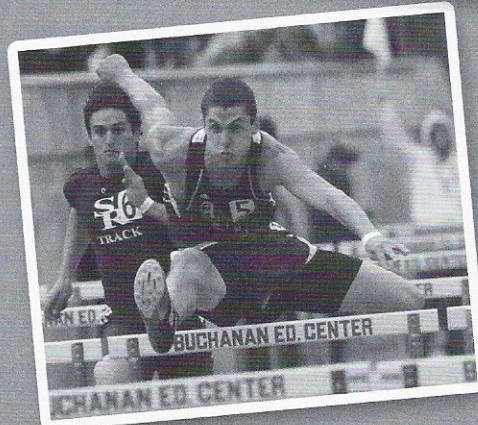
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CIF State Track and Field Individual Champions

BOYS CHAMPIONS 100-Meter Dash (Boys)

1915	Roy Brown (Sacramento)	10.2
1916	Charley Paddock (Pasadena)	10.4
1917	Jack Melville (Berkeley)	10.0
1918	Charley Paddock (Pasadena)	10.2
1919	Al Wright (Lincoln, Los Angeles)	10.4
1920	Eddie Sutton (Lick-Wilmerding, SF)	10.0
1921	Vernon Blenkiron (Compton)	10.2
1922	Herschel Smith (San Fernando)	10.4
1923	Eddie Pollock (Pasadena)	10.0
1924	Vic Klein (Hollywood)	10.1
1925	Vernon Hanford (Manual Arts, Los Angeles)	10.1
1926	Dick Werner (Brawley)	9.8
1927	Frank Wycoff (Glendale)	9.8
1928	Frank Lombardi (Los Angeles)	9.6
1929	Jim Wilson (San Diego)	9.8
1930	Al Koenig (Huntington Beach)	10.1
1931	Foy Draper (Huntington Park)	9.9
1932	Milton Holt (Hoover, Glendale)	9.8
1933	Dave Seigel (Poly, Los Angeles)	10.0
1934	Mack Robinson (Muir, Pasadena)	10.0
1935	Bob Frick (San Ramon)	9.6
1936	Mickey Anderson (Muir, Pasadena)	9.7
1937	Bryant Allen (Jefferson)	9.8
1938	Bill Van Leuven (Wilson, Long Beach)	9.8
1939	Jack Trout (Bakersfield)	9.9
1940	Eddie Morris (Huntington Beach)	9.7
1941	Al Jackson (Edison, Fresno)	9.8
1942-45	(No meet held)	
1946	Art Williams (Riverside)	10.0
1947	John Bradley (Hoover, Glendale)	9.9
1948	Bill Fell (Compton)	9.7
1949	Ernie Schopper (Lincoln, Los Angeles)	9.9
1950	Gary Green (Jefferson, Los Angeles)	9.9
1951	Bob Cuning (Hoover, Glendale)	9.7
1952	Herb Turner (Alameda)	9.9
1953	Leamon King (Delano)	9.6
1954	James Jackson (Alameda)	9.6
1955	Ken Dennis (Centennial, Compton)	10.0
1956	Willie White (Jefferson, Los Angeles)	9.5
1957	Preston Griffin (Centennial, Compton)	9.6
1958	Hubie Watson (Jordan, Los Angeles)	9.6
1959	Hubie Watson (Jordan, Los Angeles)	9.8
1960	Bill Cowings (Fowler)	9.7
1961	Forrest Beaty (Hoover, Glendale)	9.5
1962	Forrest Beaty (Hoover, Glendale)	9.5
1963	Alvin Mann (Edison, Fresno)	9.6
1964	Jim Hines (McClymonds, Oakland)	9.7
1965	Harold Busby (Muir, Pasadena)	9.5
1966	Phil Underwood (Dorsey, Los Angeles)	9.6
1967	Mel Gray (Montgomery, Santa Rosa)	9.4
1968	Bob Ballard (Bellflower)	9.6
1969	Willie Robinson (Central, El Centro)	9.6
1970	Allen Carter (Bonita, La Verne)	9.8
1971	George Reddick (Hamilton, Los Angeles)	9.6
1972	Carl McCullough (Sacramento)	9.5
1973	Elijah Jefferson (Crawford, San Diego)	9.6w
1974	Elijah Jefferson (Crawford, San Diego)	9.8
1975	Kevin Williams (San Fernando)	9.4
1976	Billy Mullins (Hamilton, Los Angeles)	10.0
1977	David Russell (Patrick Henry, San Diego)	9.91
1978	Michael Sanford (Pasadena)	9.85
1979	Bill Green (Cubberly, Palo Alto)	9.59
1980	Howard Hawkins (Warren, Downey)	10.55
1981	Ken Robinson (Berkeley)	10.60
1982	Lew Dunn (J.W. North, Riverside)	10.53
1983	Steve Jones (Burbank, Sacramento)	10.64
1984	Henry Thomas (Hawthorne)	10.44
1985	Ron McCree (Madera)	10.49w
1986	Ron McCree (Madera)	10.57
1987	Quincy Watts (Taft, Woodland Hills)	10.49
1988	Darren Stringer (Vacaville)	10.78
1989	Curtis Conway (Hawthorne)	10.42
1990	Napoleon Kaufman (Lompoc)	10.57
1991	Ricky Carrigan (Compton)	10.33w
1992	Riley Washington (Southwest, San Diego)	10.30
1993	Bryan Howard (Canyon Springs, Moreno Valley)	10.43
1994	Pat Johnson (Redlands)	10.43
1995	Marques Holliwell (West Bakersfield)	10.43w
1996	Jim McGee (Sacramento)	10.52
1997	Justin Fargas (Notre Dame, Sherman Oaks)	10.52w
1998	Darrell Rideaux (Poly, Long Beach)	10.43
1999	Kareem Kelly (Poly, Long Beach)	10.47
2000	Warren Rogers (Serra, Gardena)	10.42

2001	Phillip Francis (Fairfax, Los Angeles)	10.53
2002	Matt Bruno (Trabuco Hills, Mission Viejo)	10.55
2003	Chris Henry (Edison, Stockton)	10.56
2004	Kenny O'Neal (Skyline, Oakland)	10.34
2005	Jamere Holland (Taft, Woodland Hills)	10.54
2006	Rodney Glass (Notre Dame, Sherman Oaks)	10.52
2007	Jahvid Best (Salesian, Oakland)	10.31
2008	Randall Carroll (Cathedral, Los Angeles)	10.42
2009	Randall Carroll (Cathedral, Los Angeles)	10.38
2010	Remontay McClain (Covina)	10.45
2011	Remontay McClain (Covina)	10.39
2012	Khalifani Muhammad (Notre Dame, Sherman Oaks)	10.52w

200-Meter Dash (Boys)

1915	Les Wark (Poly, Long Beach)	22.0
1916	Charley Paddock (Pasadena)	22.4
1917	Charley Paddock (Pasadena)	22.4
1918	Charley Paddock (Pasadena)	22.4
1919	Bob Allen (Redlands)	23.8
1920	Eddie Sudden (Lick-Wilmerding, San Francisco)	21.8
1921	Bob Allen (Redlands)	22.6
1922	Walter Wickersham (Bakersfield)	24.2
1923	Bob Lee (Franklin)	22.2
1924	Archie Woodyard (Jefferson, Los Angeles)	22.5
1925	Walter Floyd (Lincoln, Los Angeles)	22.6
1926	Elam Kirk (El Monte)	22.1
1927	Frank Wycoff (Glendale)	21.0
1928	Frank Lombardi (Los Angeles)	21.4
1929	Jim Wilson (San Diego)	21.4
1930	Ashley Burch (Jordan, Los Angeles)	21.8
1931	Ashley Burch (Jordan, Los Angeles)	21.5
1932	George Anderson (Muir, Pasadena)	21.8
1933	George Anderson (Muir, Pasadena)	21.2
1934	Bainard Worrill (Muir, Pasadena)	21.8
1935	Burt Pierce (Excelsior)	21.2
1936	Burt Brady (Gridley)	21.6
1937	Bryant Allen (Jefferson, Los Angeles)	21.2
1938	Eddie Morris (Huntington Beach)	21.6
1939	Eddie Morris (Huntington Beach)	21.4
1940	Eddie Morris (Huntington Beach)	21.3
1941	Glen Willis (San Diego)	21.7
1942-45	(No meet held)	
1946	Ray Gregg (El Monte)	21.9
1947	John Bradley (Hoover, Glendale)	21.5
1948	John Bradley (Hoover, Glendale)	21.5
1949	Ernie Schopper (Lincoln, Los Angeles)	21.6
1950	Guy Blackburn (Jefferson, Los Angeles)	21.3
1951	Leamon King (Delano)	21.4
1952	Herb Turner (Alameda)	21.6
1953	Leamon King (Delano)	21.4
1954	James Jackson (Alameda)	21.2
1955	Bob Poynter (Pasadena)	21.6
1956	Bob Poynter (Pasadena)	21.0
1957	Preston Griffin (Centennial, Compton)	21.3
1958	Mel Clipper (Muir, Pasadena)	20.7
1959	Hubie Watson (Jordan, Los Angeles)	21.6
1960	Bill Cowings (Fowler)	21.0
1961	Forrest Beaty (Hoover, Glendale)	21.5
1962	Richard Stebbins (Fremont, Los Angeles)	20.9
1963	John House (Muir, Pasadena)	21.3
1964	Jim Hines (McClymonds, Oakland)	21.5
1965	Harold Busby (Muir, Pasadena)	21.0
1966	Phil Underwood (Dorsey, Los Angeles)	21.2
1967*	Mel Gray (Montgomery, Santa Rosa)	20.7
1968	Willie Deckard (Dorsey, Los Angeles)	21.7
1969	Willie Robinson (Central, El Centro)	21.7
1970	Jackie White (Santa Ana)	21.5
1971	Chuck Bommarito (Crestmoor, San Bruno)	21.2w
1972	Mike Shavers (Albany)	21.0
1973	Clancy Edwards (Santa Ana)	21.2w
1974	Millard Hampton (Silver Creek, San Jose)	21.1
1975	Billy Mullins (Hamilton, Los Angeles)	21.2
1976	Billy Mullins (Hamilton, Los Angeles)	21.6
1977	David Russell (Patrick Henry, San Diego)	20.97w
1978	Michael Sanford (Pasadena)	21.42
1979	Michael Sanford (Pasadena)	21.00
1980	Ken Robinson (Berkeley)	21.21
1981	Kevin Wilhite (Cordova, Rancho Cordova)	20.81
1982	Antonio Manning (Hamilton, Los Angeles)	21.05w
1983	Henry Thomas (Hawthorne)	21.02
1984	Henry Thomas (Hawthorne)	20.77
1985	Michael Marsh (Hawthorne)	20.83w
1986	Quincy Watts (Taft, Woodland Hills)	21.03
1987	Quincy Watts (Taft, Woodland Hills)	20.99
1988	Bryan Bridgewater (Washington, Los Angeles)	21.00
1989	Barry Smith (Mission, San Francisco)	20.82

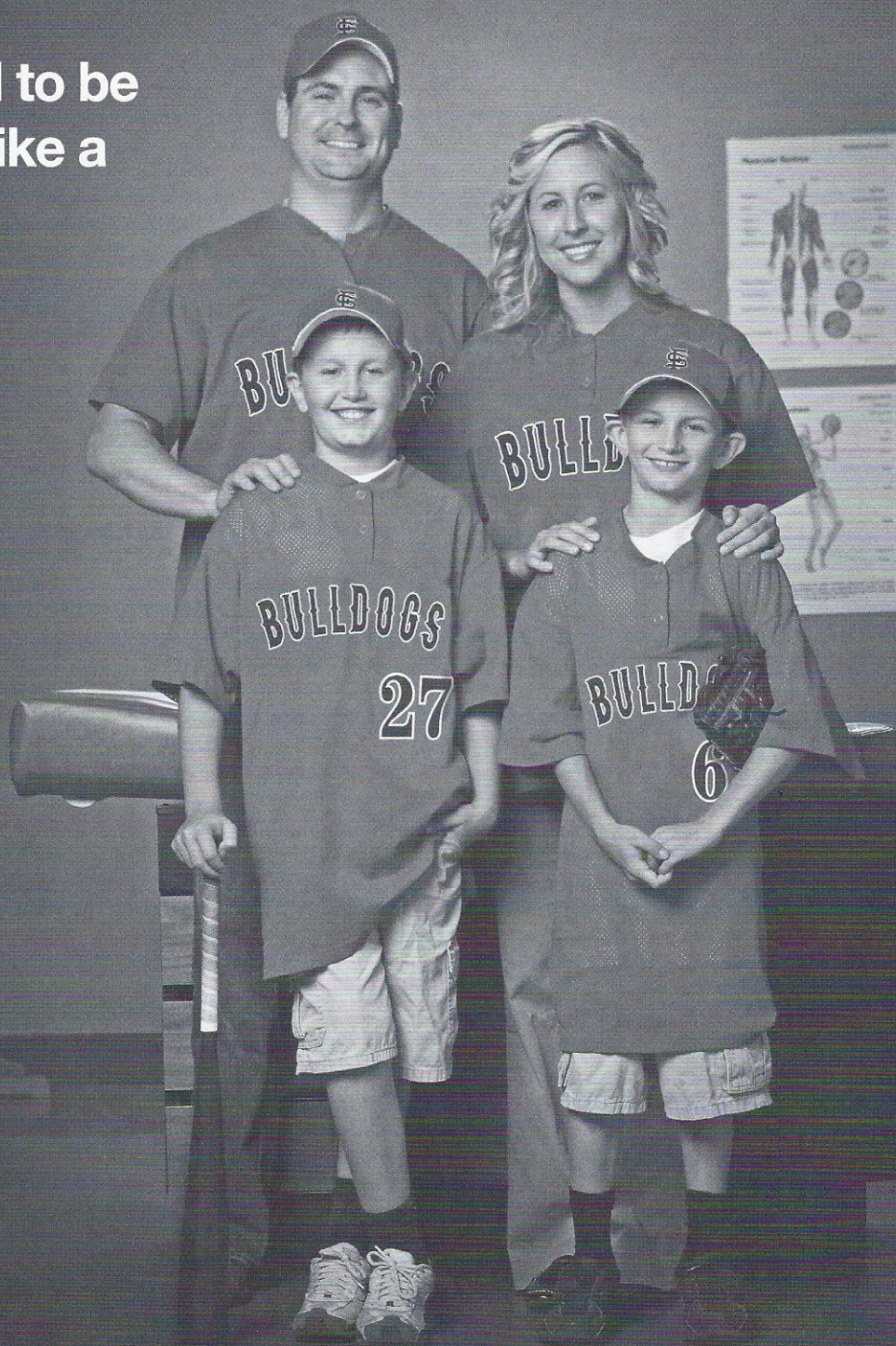
1990	Napoleon Kaufman (Lompoc)	21.15
1991	Ricky Carrigan (Compton)	20.84w
1992	Gentry Bradley (Pius X, Downey)	20.97w
1993	Calvin Harrison (North Salinas, Salinas)	21.12
1994	Pat Johnson (Redlands)	21.01
1995	Bryan Harrison (Dana Hills, Dana Point)	20.82w
1996	Obea Moore (Muir, Pasadena)	20.91
1997	Andrea Ammons (Skyline, Oakland)	20.91w
1998	Kareem Kelly (Poly, Long Beach)	20.76
1999	Kareem Kelly (Poly, Long Beach)	20.76w
2000	Bennie Robinson (Poly, Long Beach)	20.96
2001	Seth Amoo (Highland, Palmdale)	21.05
2002	Matt Bruno (Trabuco Hills, Mission Viejo)	20.82
2003	Lionel Larry (Dominguez, Compton)	20.97
2004	Derrick Jones (Poly, Long Beach)	21.10
2005	Jamere Holland (Taft, Woodland Hills)	20.88w
2006	Bryshon Nellum (Poly, Long Beach)	20.96
2007	Bryshon Nellum (Poly, Long Beach)	20.43
2008	Randall Carroll (Cathedral, Los Angeles)	20.91
2009	Randall Carroll (Cathedral, Los Angeles)	21.08
2010	Remontay McClain (Covina)	20.85
2011	Remontay McClain (Covina)	20.95
2012	Khalifani Muhammad (Notre Dame, Sherman Oaks)	21.15w

*(since 1967, the 220 yards and then 200 Meters were run exclusively around one turn.)

400-Meter Dash (Boys)

1915	George Conn (Pasadena)	50.0
1916	Mark Kellog (Fresno)	51.4
1917	Dick Seltzer (Redlands)	53.0
1918	George Schiller (Poly, Los Angeles)	49.6
1919	Jeff Wilcox (Harvard)	54.2
1920	Thurmond Clarke (Los Angeles)	50.2
1921	Ed Shaw (Monrovia)	52.2
1922	Ed Shaw (Monrovia)	54.4
1923	Vernon Hanford (Manual Arts, Los Angeles)	52.6
1924	Wilbur Talbot (Analay, Sebastopol)	51.6
1925	Walter Hanson (Concord, Mt. Diablo)	51.0
1926	Cliff Gantt (Poly, Los Angeles)	50.0
1927	Percy McArthur (Huntington Park)	51.0
1928	Carl Childreth (Poly, Long Beach)	50.2
1929	Irvine Warburton (San Diego)	49.6
1930	Carl Satterfield (Manual Arts, Los Angeles)	50.3
1931	John McCarthy (Fairfax)	48.7
1932	John Routt (Jefferson, Los Angeles)	50.1
1933	Murel Gillett (Central, El Centro)	48.4
1934	Doug Hammond (Hollywood)	50.3
1935	Howard Upton (Turlock)	48.9
1936	George Gray (Wilson, Long Beach)	49.9
1937	Wilbur Miller (Jefferson, Los Angeles)	49.7
1938	Bob Hogan (Piedmont)	50.4
1939	Ken Horn (Fowler)	50.5
1940	Duane Lewis (Compton)	48.8
1941	O.B. Hughes (Whittier)	49.9
1942-45	(No meet held)	
1946	Norm Stocks (San Diego)	49.3
1947	Luther Butler (Jefferson, Los Angeles)	49.4
1948	Fred Thompson (Jordan, Los Angeles)	49.2
	Luther Butler (Jefferson, Los Angeles)	49.2
1949	George Adrian (Hollywood)	49.3
1950	Sherman Miller (Napa)	48.8
1951	Jack North (Jordan, Long Beach)	49.7
1952	Lanny Carter (Orange)	48.8
1953	X.L. Emerson (Richmond)	49.2
1954	Bruce Kitchen (Riverside)	48.7
1955	Jerry White (Corcoran)	48.7
1956	Jerry White (Corcoran)	46.7
1957	Fred DeWitt (Berkeley)	47.9
1958	Dixon Farmer (Miramonte, Orinda)	48.6
1959	Dixon Farmer (Miramonte, Orinda)	48.6
1960	Ulis Williams (Compton)	47.2
1961	Ulis Williams (Compton)	47.8
1962	Manual Diaz (Keppel, Alhambra)	48.1
1963	Tommie Smith (Lemoore)	47.3
1964	Fred Banks (Jefferson, Los Angeles)	47.5
1965	Randy Julian (Bolsa Grande, Garden Grove)	47.4
1966	Wayne Collett (Gardena)	47.8
1967	Mike Newton (Whittier)	47.2
1968	Edsel Garrison (Centennial, Compton)	46.7
1969	Larance Jones (Lemoore)	46.6
1970	Rick Brown (Los Altos)	47.8
1971	Tony Krzyzosiak (Garden Grove)	46.7
1972	Robert Harrell (Santa Ana)	47.4
1973	Ron Whitaker (Wilson, San Francisco)	47.0
1974	Rod Connors (Cordova, Rancho Cordova)	47.7
1975	John Ware (Sacramento)	47.2

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CIF State Track and Field Individual Champions

1976	Darold Harris (Pittsburg).....	47.6
1977	James Sanford (Pasadena).....	46.60
1978	Bill Greene (Cubberly, Palo Alto).....	46.77
1979	Tony Banks (Morse, San Diego).....	47.28
1980	Mike Turner (Centennial, Compton).....	47.51
1981	David Timmons (Oakland).....	47.09
1982	Fabian Cooper (Washington, Los Angeles).....	46.38
1983	Larry Walker (Edison, Fresno).....	47.03
1984	Chip Rish (Marina, Huntington Beach).....	46.82
1985	Chip Rish (Marina, Huntington Beach).....	45.7h
1986	Steve Lewis (American, Fremont).....	46.59
1987	Steve Lewis (American, Fremont).....	46.7h
1988	Travis Hannah (Hawthorne).....	47.02
1989	Beno Bryant (Dorsey, Los Angeles).....	47.52
1990	Mike Sulcer (Muir, Pasadena).....	47.54
1991	Richard Dupree (Roosevelt, Fresno).....	47.21
1992	Derek Shepard (Lincoln, San Francisco).....	46.95
1993	Calvin Harrison (North Salinas, Salinas).....	45.25
1994	James Davis (Will C. Wood, Vacaville).....	46.96
1995	Obea Moore (Muir, Pasadena).....	46.08
1996	Obea Moore (Muir, Pasadena).....	45.81
1997	Eddie Levine (Golden Valley, Merced).....	46.77
1998	Mike Ryan (Beverly Hills).....	46.62
1999	Blaine Bussey (Taft, Los Angeles).....	46.94
2000	Brandon Matlock (Stockdale, Bakersfield).....	47.63
2001	Jason Lovell (Cleveland, Los Angeles).....	47.51
2002	Blake Mackey (Bakersfield).....	47.93
2003	David Gettis (Dorsey, Los Angeles).....	47.41
2004	David Gettis (Dorsey, Los Angeles).....	46.69
2005	David Gettis (Dorsey, Los Angeles).....	45.84
2006	Bryshon Nellum (Poly, Long Beach).....	46.38
2007	Bryshon Nellum (Poly, Long Beach).....	45.54
2008	Joey Hughes (Poly, Long Beach).....	46.28
2009	Reggie Wyatt (La Sierra).....	46.13
2010	Josh Mance (Don Lugo, Chino).....	45.90
2011	Shaquille Howard (Poly, Long Beach).....	47.49
2012	Alex Rohani (Beverly Hills).....	47.34

800-Meter Run (Boys)

1915	Gerald Blankenship (Visalia).....	1:59.8
1916	Colin Kilby (Coalinga).....	2:02.8
1917	Harleigh Baker (Fillmore).....	2:02.0
1918	Ken Saunders (Pasadena).....	2:02.8
1919	Jerry Pearce (Berkeley).....	2:08.2
1920	Paul Stroud (Perris).....	1:59.4
1921	Elmer Boyden (Vallejo).....	1:59.2
1922	Irving Thomas (Manual Arts, Los Angeles).....	2:04.6
1923	Earl Lockhart (Sacramento).....	1:59.0
1924	Ed Cloege (Covina).....	1:59.1
1925	Alex McKinnon (Poly, Los Angeles).....	1:59.8
1926	Doug Knowles (Bakersfield).....	2:01.2
1927	Bill McGeagh (Poly, Los Angeles).....	2:02.8
1928	Herb Welch (Visalia).....	2:01.2
1929	Herb Welch (Visalia).....	1:58.4
1930	Al Hassan (Jefferson, Los Angeles).....	2:00.1
1931	Carl Satterfield (Manual Arts, Los Angeles).....	1:57.6
1932	Ray Cartwright (Santa Ana).....	2:00.6
1933	Bill McCurdy (Tampalpais).....	2:00.1
1934	Mel Nickerson (Poly, Los Angeles).....	1:58.4
1935	Ralph Wood (Carpinteria).....	1:57.6
1936	Jerry Lopez (Placer, Auburn).....	1:57.1
1937	Jim Lawson (Jordan, Los Angeles).....	1:59.7
1938	Leroy Weed (Coachella Valley).....	1:58.8
1939	Paul Christensen (Beverly Hills).....	2:01.3
1940	Roger Lane (San Rafael).....	1:57.7
1941	Thelmo Knowles (Santa Monica).....	1:55.6
1942-45	(No meet held)	
1946	Dan Guest (Santa Monica).....	2:00.5
1947	Jerome Walters (Compton).....	1:57.6
1948	Wilbur Firestone (Compton).....	1:57.8
1949	Wilbur Firestone (Compton).....	1:58.1
1950	Lang Stanley (Jefferson, Los Angeles).....	1:53.9
1951	Gene Jones (Oakland Technical).....	1:58.9
1952	Jim Briggs (Pittsburg).....	1:57.2
1953	Don Bowden (Lincoln, San Jose).....	1:57.1
1954	Don Bowden (Lincoln, San Jose).....	1:52.9
1955	Leonard Havens (Avenal).....	1:57.0
1956	Jerry Siebert (Willits).....	1:53.8
1957	Jim Cerveny (Mission Bay, San Diego).....	1:52.7
1958	Alfred Gentry (Fremont, Los Angeles).....	1:55.4
1959	Dave Dunbar (Westmoor, Daly City).....	1:53.2
1960	Ray VanAsten (Bonita, La Verne).....	1:51.9
1961	Mike Gibeau (Lincoln, San Francisco).....	1:53.1
1962	Doug Parker (Chico).....	1:52.2
1963	Dennis Carr (Lowell, Whittier).....	1:50.9
1964	Bob Hose (Madison, San Diego).....	1:51.7

1965	Richard Joyce (Sierra, Whittier).....	1:48.8
1966	Terry Rogers (Hilltop, Chula Vista).....	1:51.5
1967	Lawrence Banks (Dorsey, Los Angeles).....	1:51.2
1968	George Alfaro (Pittsburg).....	1:52.3
1969	Ricco Sanchez (Canoga Park).....	1:51.6
1970	Rick Brown (Los Altos).....	1:50.6
1971	Perrell Keeling (Morningside, Inglewood).....	1:51.8
1972	Dale Scott (El Cerrito).....	1:49.7
1973	Randy Lopez (Alhambra).....	1:52.4
1974	John Musich (Burbank).....	1:51.0
1975	Conrad Suhr (Leigh, San Jose).....	1:51.0
1976	Wyatt Bishop (Carmont, Belmont).....	1:54.4
1977	Jim Walters (Estancia, Costa Mesa).....	1:49.4
1978	David Mack (Locke, Los Angeles).....	1:51.83
1979	David Mack (Locke, Los Angeles).....	1:50.18
1980	Peter Quinonez (Tulare).....	1:50.13
1981	Pete Richardson (Berkeley).....	1:47.31
1982	John Phillips (Los Altos).....	1:49.99
1983	Kimmie James (Richmond).....	1:50.63
1984	Eric Schermerhorn (Woodbridge, Irvine).....	1:49.61
1985	Sean Langer (Bakersfield).....	1:51.75
1986	Vincent Thompson (Locke, Los Angeles).....	1:50.25
1987	Don Gabor (Amador Valley, Pleasanton).....	1:52.3h
1988	Mark Senior (Mt. Miguel, Spring Valley).....	1:51.37
1989	Gordon Johnson (Piedmont).....	1:51.88
1990	Craig Magress (Santa Teresa, San Jose).....	1:51.66
1991	Mike Terry (El Modena, Orange).....	1:53.99
1992	Mike Katri (Fortuna).....	1:49.56
1993	Vondre Armour (Bakersfield).....	1:50.13
1994	Michael Granville (Bell Gardens).....	1:49.82
1995	Aaron Richburg (James Logan, Union City).....	1:48.40
1996	Michael Granville (Bell Gardens).....	1:50.68
1997	James Levine (Golden Valley, Merced).....	1:50.62
1998	Jon Stevens (Mission San Jose, San Jose).....	1:52.07
1999	Brandon Shaw (Rancho Verde, Moreno Valley).....	1:53.98
2000	Mike Serratos (Don Lugo, Chino).....	1:51.75
2001	Tykie Harris (San Geronio).....	1:53.80
2002	Michael Haddan (Woodbridge, Irvine).....	1:51.41
2003	Duane Solomon (Cabrillo, Lompoc).....	1:49.79
2004	Bryan Rodie (Royal, Simi Valley).....	1:52.04
2005	Jesse O'Brien (San Pasqual, Escondido).....	1:53.71
2006	Cory Primm (Westlake, Westlake Village).....	1:50.53
2007	Cory Primm (Westlake, Westlake Village).....	1:50.95
2008	Charles Jock (Mission Bay, San Diego).....	1:51.64
2009	Sean Krinik (Valencia, Placentia).....	1:51.83
2010	Sean Krinik (Valencia, Placentia).....	1:48.20
2011	Immanuel Hutchinson (San Jacinto).....	1:49.63
2012	Alexander Monsivaiz (Army & Navy).....	1:51.34

1600-Meter Run (Boys)

1915	Gerald Blankenship (Visalia).....	4:30.0
1916	Andy Silvas (Oakland Technical).....	4:40.6
1917	Whitney Reeves (Pasadena).....	4:37.4
1918	Jerry Pearce (Berkeley).....	4:44.4
1919	Atwood Scovel (San Bernardino).....	4:47.0
1920	Charlie Watts (Berkeley).....	4:36.2
1921	Bill Kerr (Huntington Beach).....	4:30.4
1922	Les Schwoeboda (Petaluma).....	4:40.0
1923	Earl Lockhart (Sacramento).....	4:31.6
1924	Lee Hansen (Manual Arts, Los Angeles).....	4:37.1
1925	Charles Unruh (El Monte).....	4:35.2
1926	Jack Ferguson (Inglewood).....	4:35.7
1927	Cliff Halstead (Sacramento).....	4:33.6
1928	Dick Brooks (Redlands).....	4:39.0
1929	John Baker (Huntington Beach).....	4:31.1
1930	Phil Morentin (Visalia).....	4:31.0
1931	Phil Morentin (Visalia).....	4:32.8
1932	Virgil Hooper (Antelope Valley).....	4:32.3
1933	Virgil Hooper (Antelope Valley).....	4:29.2
1934	Louis Zamperini (Torrance).....	4:27.8
1935	Elmer Bayer (Paso Robles).....	4:30.4
1936	Simon Scott (Tampalpais).....	4:31.2
1937	Bruce Hammack (Yreka).....	4:30.4
1938	Jack Moore (Stockton).....	4:26.9
1939	John Hall (Torrance).....	4:26.8
1940	Kellen Ramirez (Edison, Fresno).....	4:31.5
1941	Bob Ingram (San Jose).....	4:32.8
1942-45	(No meet held)	
1946	Bob McMillen (Cathedral, Los Angeles).....	4:24.0
1947	Chuck Kool (Compton, Los Angeles).....	4:29.2
1948	John Wohl (Marshall Fundamental).....	4:29.1
1949	Ellwyn Stribling (Commerce, San Francisco).....	4:25.1
1950	Ron Bauer (Washington, San Francisco).....	4:23.7
1951	Allie Cage (McClymonds, Oakland).....	4:30.7
1952	Fernando Ledesma (Compton).....	4:23.2
1953	Bob Seaman (Reedley).....	4:21.0

1954	Ty Hadley (Bellflower).....	4:25.8
1955	Tod White (Newport Harbor).....	4:20.0
1956	Ron Larrieu (Palo Alto).....	4:20.1
1957	Tom Roelen (San Fernando).....	4:20.2
1958	Woody Covington (Compton).....	4:23.7
1959	Dale Storey (Orange).....	4:11.0
1960	Ben Tucker (Poly, San Francisco).....	4:14.3
1961	Bruce Bess (La Habra).....	4:18.8
1962	Dennis Carr (Lowell, Whittier).....	4:08.7
1963	Tracy Smith (Arcadia).....	4:14.4
1964	Mike Ryan (Wilcox, Santa Clara).....	4:11.2
1965	Tim Danielson (Chula Vista).....	4:08.0
1966	Tim Danielson (Chula Vista).....	4:07.0
1967	Mike Solomon (Westminster).....	4:11.4
1968	Clifton West (Kennedy, Sacramento).....	4:09.0
1969	Decker Underwood (South Torrance, Torrance).....	4:12.1
1970	Brent Tubb (Cleveland, Reseda).....	4:12.9
1971	Brent Tubb (Cleveland, Reseda).....	4:09.6
1972	Mark Schilling (Garden Grove).....	4:05.4
1973	Alvin Gilmore (Lompoc).....	4:11.4
1974	Rick Kimball (De La Salle, Concord).....	4:06.6
1975	John Johnson (Skyline, Oakland).....	4:09.5
1976	Jim Arriola (Gahr, Cerritos).....	4:14.6
1977	Mark Stillman (Willow Glen, San Jose).....	4:06.9
1978	Paul Medvin (University, Los Angeles).....	4:08.91
1979	Paul Medvin (University, Los Angeles).....	4:12.9
1980	Larry Guinne (Castro Valley).....	4:06.18
1981	Jeff Scott (El Camino, Sacramento).....	4:10.06
1982	Tom Grewe (Carpinteria).....	4:08.05
1983	Jim Frey (Yreka).....	4:08.82
1984	Roman Gomez (Belmont, Los Angeles).....	4:09.05
1985	Roman Gomez (Belmont, Los Angeles).....	4:15.93
1986	Mark Mastalir (Jesusit, Carmichael).....	4:07.81
1987	Scott Robinson (Bellarmine, San Jose).....	4:07.95
1988	Reggie Williams (River City, West Sacramento).....	4:08.78
1989	Francis O'Neil (San Pasqual, Escondido).....	4:08.67
1990	Coley Candaele (Carpinteria).....	4:06.26
1991	Daniel DasNeves (Helix, La Mesa).....	4:12.22
1992	Daniel DasNeves (Helix, La Mesa).....	4:09.54
1993	Brian Wilkinson (Merced).....	4:08.13
1994	Mebrathon Keflezighi (San Diego).....	4:07.67
1995	Michael Stember (Jesusit, Carmichael).....	4:04.00
1996	Michael Stember (Jesusit, Carmichael).....	4:06.72
1997	Jon Stevens (Mission, San Jose).....	4:10.08
1998	Jon Stevens (Mission, San Jose).....	4:12.58
1999	Marcus Chandler (Serra, San Diego).....	4:10.44
2000	Evan Fox (West Hills, Santee).....	4:09.44
2001	Ryan Hall (Big Bear, Big Bear Lake).....	4:02.62
2002	Matt Johnsrud (Woodcreek, Roseville).....	4:11.89
2003	Phillip Reid (Rio Mesa, Oxnard).....	4:08.49
2004	Mark Matusak (Loyola, Los Angeles).....	4:15.89
2005	Mark Matusak (Loyola, Los Angeles).....	4:10.72
2006	AJ Acosta (El Camino, Oceanside).....	4:04.95
2007	Hudson Andrews (Royal, Simi Valley).....	4:07.59
2008	German Fernandez (Riverbank).....	4:00.29
2009	Mac Fleet (University City, San Diego).....	4:05.33
2010	Elias Gedyon (Loyola, Los Angeles).....	4:21.12
2011	Jantzen Oshier (Trabucco Hills, Mission Viejo).....	4:00.83
2012	Darren Fahy (La Costa Canyon, Carlsbad).....	4:08.78

3200-Meter Run (Boys)

1965	Ralph Gamez (Berkeley).....	9:12.9
1966	Ralph Gamez (Berkeley).....	9:01.6
1967	Pete Romero (Reedley).....	9:00.5
1968	Ruben Chappins (Excelsior, Norwalk).....	9:05.7
1969	Ruben Chappins (Excelsior, Norwalk).....	8:57.0
1970	Ron Johnson (West Torrance, Torrance).....	8:55.6
1971	Dale Fleet (Clairemont, San Diego).....	8:53.8
1972	Curtis Beck (Santa Monica).....	8:52.3
1973	Terry Williams (Lompoc).....	8:54.8
1974	Rick Kimball (De La Salle, Concord).....	8:46.5
1975	Eric Hulst (Laguna Beach).....	8:44.9
1976	Eric Hulst (Laguna Beach).....	8:57.4
1977	Frank Assuma (Eisenhower, Rialto).....	8:52.9
1978	Jeff Nelson (Burbank).....	8:59.28
1979	Jeff Nelson (Burbank).....	8:47.35
1980	Andy DiConti (La Canada).....	8:55.79
1981	Jon Butler (Edison, Huntington Beach).....	8:46.78
1982	Harold Kuphaldt (Bella Vista, Fair Oaks).....	8:51.99
1983	Eric Reynolds (Camarillo).....	8:54.75
1984	Roman Gomez (Belmont, Los Angeles).....	8:58.91
1985	Roman Gomez (Belmont, Los Angeles).....	9:03.05
1986	Eric Mastalir (Jesusit, Carmichael).....	8:44.95
1987	Paul Thomas (Jesusit, Carmichael).....	9:02.82
1988	Reggie Williams (River City, West Sacramento).....	8:59.61
1989	David Welsh (Jesusit, Carmichael).....	8:58.08



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1990	Bryan Dameworth (Agoura).....	8:53.26
1991	Dave Hartman (Canyon, Canyon Country).....	8:58.38
1992	Angel Martinez (San Gabriel).....	8:56.34
1993	Matt Farley (Jesuit, Carmichael).....	9:04.39
1994	Mebrahton Keflezighi (San Diego).....	8:58.11
1995	Jason Balkman (Lynbrook, San Jose).....	9:05.31
1996	Aaron Gillen (Yreka).....	9:03.96
1997	Isaiah Festa (Morro Bay).....	9:06.06
1998	Gary Passanisi (Aptos).....	9:05.74
1999	Josh Spiker (Ventura).....	9:02.00
2000	Ryan Hall (Big Bear, Big Bear Lake).....	8:55.12
2001	Yong-Sung Leal (Arroyo, San Lorenzo).....	9:00.49
2002	Kyle Alcorn (Buchanan, Clovis).....	9:00.46
2003	Tim Nelson (Liberty Christian, Redding).....	8:53.59
2004	Yosef Ghebray (James Logan, Union City).....	9:04.20
2005	Michael Cybulski (Royal, Simi Valley).....	9:02.57
2006	Michael Cybulski (Royal, Simi Valley).....	8:53.77
2007	Eric Avila (Bonita Vista, Chula Vista).....	9:01.77
2008	German Fernandez (Riverbank).....	8:34.23
2009	Chris Schwartz (Foothill).....	8:51.60
2010	Sam Pons (South Pasadena).....	8:55.40
2011	Elias Gedyon (Loyola, Los Angeles).....	8:50.03
2012	Darren Fahy (La Costa Canyon, Carlsbad).....	9:03.29



German Fernandez from Riverbank shattered the previous national record in the 3200 meters by nearly eight seconds with a time of 8:34.23 at the 2008 State meet. This performance followed his near-national record showing earlier in the day in the 1600.

110-Meter High Hurdles (Boys)

1915	Earl Thomson (Poly, Long Beach).....	15.2
1916	Harry Lampert (Manual Arts, Los Angeles).....	16.4
1917	Earl Johnston (Fullerton).....	16.2
1918	Larry Rice (Fresno).....	16.0
1919	Charley Daggs (Claremont).....	16.6
1920	Otto Anderson (Pomona).....	15.8
1921	Jack Houston (Lincoln, Los Angeles).....	16.0
1922	Richard Bleet (Manual Arts, Los Angeles).....	16.6
1923	Ross Nichols (Huntington Beach).....	15.4
1924	Ross Nichols (Huntington Beach).....	15.3
1925	Les Eade (Hollywood).....	15.4
1926	Jim Meeks (Hollywood).....	15.1
1927	Jeddy Welsh (Pasadena).....	14.8
1928	Joe Bills (Poly, Long Beach).....	15.6
1929	Bernie Miller (Hollywood).....	15.4
1930	Bill DuPuy (Inglewood).....	15.4
1931	Art Fisher (Redlands).....	15.5
1932	Jack Ward (Selma).....	15.0
1933	Roy Staley (Santa Monica).....	15.2
1934	Roy Kirpatrick (Central, El Cerrito).....	14.7
1935	Johnny Lindell (Monrovia).....	15.0
1936	Doug Busby (Sacramento).....	15.7
1937	Ray Seares (Wilson, Long Beach).....	15.5
1938	John Biewener (San Diego).....	15.3

1939	Don Diez (Lincoln, Los Angeles).....	14.9
	Sam Johnson (Fillmore).....	14.9
1940	Keith Hale (Bakersfield).....	14.7
	Don Reiss (Burlingame).....	14.7
1941	Omar Cowles (Palo Alto).....	14.3
1942-45	(No meet held)	
1946	Bob Bacon (Redondo).....	14.5
1947	Hugh McElhenny (Washington, Los Angeles).....	14.5
1948	Bob Mathias (Tulare).....	14.5
1949	Jack Davis (Hoover, Glendale).....	14.4
1950	Steve Turner (Glendale).....	14.1
1951	Don Brinker (Fresno).....	14.5
1952	Ancel Robinson (Selma).....	14.7
1953	Harry Healey (Keppel).....	14.4
1954	Rafer Johnson (Kingsburg).....	14.3
1955	Ken Thompson (Centennial, Compton).....	14.1
1956	Dale Messer (Lemoore).....	14.2
1957	Ken Overholser (Glendale).....	14.3
1958	Floyd James (Centennial, Compton).....	14.1
1959	Bob Pierce (Burbank).....	14.3
1960	Robert Bonds (Poly, Riverside).....	13.9
1961	Abe Johnson (McClymonds, Oakland).....	14.2w
1962	Ron White (Dorsey, Los Angeles).....	14.0
1963	Carl Davis (Compton).....	13.9
1964	Earl McCullough (Poly, Long Beach).....	14.1
1965	Bill Persons (San Francisco).....	13.8
	Rich Miller (Monrovia).....	13.8
1966	Donald Parish (Dorsey, Los Angeles).....	13.9
1967	Jerry Proctor (Muir, Pasadena).....	13.7
1968	Kerry Hampton (Poly, San Francisco).....	14.0
1969	Jerry Wilson (Roosevelt, Fresno).....	13.7
1970	Alfonzo Hall (Morningside, Inglewood).....	13.9
1971	Charles Jackson (Lompoc).....	13.6w
1972	Daniel Jones (Palo Verde, Blythe).....	13.6
1973	Mike Johnson (Pasadena).....	13.6w
1974	Fred Shaw (Muir, Pasadena).....	13.7
1975	Robert Gains (Kennedy, Richmond).....	13.3
1976	Lloyd Jones (Ganesha, Pomona).....	14.5
1977	Phillip Johnson (Gardena).....	13.66
1978	Milan Stewart (West Covina).....	13.97
1979	Jim Scannella (San Ramon, Danville).....	13.87
1980	Don Ward (St. Mary's, Berkeley).....	13.73
1981	David Ashford (West Covina).....	13.67
1982	Steve Kerho (Mission Viejo).....	13.41
1983	Mark Boyd (St. Mary's, Berkeley).....	13.93
1984	Raymond Young (Hawthorne).....	14.32
1985	Robert Reading (St. Mary's, Berkeley).....	13.88
1986	Terry Johnson (Katella, Anaheim).....	13.88
1987	Dana Hall (Ganesha, Pomona).....	13.98
1988	Darrell Thompson (Cerritos).....	14.25
1989	William Henry (Arroyo Grande).....	14.05
1990	Curtis Hawkins (Carson).....	14.41
1991	Issac Carson (Jefferson, Los Angeles).....	13.67
1992	Charlie Davidson (Saddleback, Santa Ana).....	13.94w
1993	Drue Powell (Reseda).....	13.87
1994	Gerimi Burleigh (Upland).....	13.93w
1995	Joe Naivalu (Fremont, San Jose).....	14.33
1996	Joe Naivalu (Fremont, San Jose).....	13.68
1997	Dominique DeGrammont (Tustin).....	13.48
1998	Marcell Allmond (St. Paul, Santa Fe Springs).....	13.83
1999	Marcell Allmond (St. Paul, Santa Fe Springs).....	13.54
2000	Christopher Morgan (Taft, Woodland Hills).....	13.95
2001	Christopher Morgan (Taft, Woodland Hills).....	13.59w
2002	Thomas Mack (Bakersfield).....	14.34
2003	Kevin Craddock (James Logan, Union City).....	14.09
2004	Kevin Craddock (James Logan, Union City).....	13.39
2005	Robert Williams (Ramona).....	13.97
2006	Terry Prentice (Diamond Ranch, Pomona).....	14.11
2007	Terry Prentice (Diamond Ranch, Pomona).....	13.53
2008	Devron Walker (Dominguez, Compton).....	13.96
2009	Dale Morgan (Taft, Woodland Hills).....	13.76
2010	Johnathan Cabral (Agoura, Agoura Hills).....	13.54
2011	Johnathan Cabral (Agoura, Agoura Hills).....	13.79
2012	Lloyd Sicard (Serra, Gardena).....	14.09

300-Meter Intermediate Hurdles (Boys)

1975	Dedy Cooper (Ells, Richmond).....	36.5
1976	Charles White (San Fernando).....	36.7
1977	Andre Phillips (Silver Creek, San Jose).....	36.43
1978	Gary Lee (Poly, Long Beach).....	36.58
1979	Gary Lee (Poly, Long Beach).....	36.22
1980	Don Ward (St. Mary's, Berkeley).....	36.57
1981	Walter Murray (Berkeley).....	36.26
1982	Steve Kerho (Mission Viejo).....	35.85
1983	Danny Harris (Perris).....	35.52
1984	George Porter (Cabrillo, Lompoc).....	36.10



Reggie Wyatt's 35.02 in the 300-meter intermediate hurdles at the 2009 State meet bettered the national record set by Jeshua Anderson (35.28) at the 2007 State meet.

1985	George Porter (Cabrillo, Lompoc).....	35.50
1986	Rodney Bradshaw (Saugus, Santa Clarita).....	37.30
1987	Yki Vallery (Hawthorne).....	37.14
1988	John Montgomery (Independence, San Jose).....	36.43
1989	John Prudenti (Siena, Napa).....	37.28
1990	Rocky Morris (Andrew Hill, San Jose).....	37.46
1991	Keith Williams (Escondido).....	37.28
1992	Demon Smith (Hawthorne).....	37.34
1993	Kenny Haslip (Muir, Pasadena).....	37.80
1994	Kenny Haslip (Muir, Pasadena).....	37.14
1995	Mickey Grimes (Canyon Springs, Moreno Valley).....	36.83
1996	Makio Haywood (Muir, Pasadena).....	36.18
1997	Kenyon Rambo (Poly, Long Beach).....	36.57
1998	Al Williams (Irvine).....	37.17
1999	Rico Hatter (Vallejo).....	36.53
2000	Trevor Jones (Newport Harbor).....	36.60
2001	Jeffrey Hunter (Granite Hills, El Cajon).....	36.25
2002	Thomas Mack (Bakersfield).....	37.45
2003	Brandon Bornes (Rancho Buena Vista, Vista).....	38.00
2004	Kevin Craddock (James Logan, Union City).....	35.93
2005	David Klech (California, San Ramon).....	36.06
2006	David Klech (California, San Ramon).....	35.87
2007	Jeshua Anderson (Taft, Woodland Hills).....	35.28
2008	Brian Baucham (West Torrance).....	37.26
2009	Reggie Wyatt (La Sierra).....	36.71
2010	R.J. Frasier (Jesuit, Sacramento).....	36.90
2011	Johnathan Cabral (Agoura, Agoura Hills).....	36.20
2012	Jarrett Gonzales (Damien, La Verne).....	37.30

400-Meter Relay (Boys)

1968	Centennial (Compton).....	41.5
1969	Castlemont (Oakland).....	41.4
1970	Santa Ana.....	41.6
1971	El Cerrito.....	41.0
1972	Wilson (San Francisco).....	41.3
1973	Wilson (San Francisco).....	41.5
1974	Kennedy (Richmond).....	41.2
1975	Ells (Richmond).....	41.2
1976	Kennedy (Barstow).....	41.4
1977	Pasadena.....	41.61
1978	El Cerrito.....	41.55
1979	Pasadena.....	41.45
1980	Washington (Los Angeles).....	41.51
1981	Berkeley.....	40.86
1982	Oakland.....	41.09
1983	Edison (Fresno).....	40.83
1984	Berkeley.....	40.93
1985	Muir (Pasadena).....	41.32
1986	Hiram Johnson (Sacramento).....	41.30
1987	Muir (Pasadena).....	40.78
1988	Oakland.....	41.33
1989	Poly (Long Beach).....	41.82
1990	San Bernardino.....	41.05
1991	Compton.....	41.68
1992	Morningside (Inglewood).....	42.04
1993	Merced.....	41.42
1994	El Camino (Oceanside).....	41.16
1995	Skyline (Oakland).....	40.78
1996	Serra (Gardena).....	40.63
1997	Muir (Pasadena).....	40.35
1998	Poly (Long Beach).....	40.45
1999	Vallejo.....	40.94
2000	Serra (Gardena).....	40.97
2001	Helix (La Mesa).....	41.17
2002	Poly (Long Beach).....	40.63
2003	Carson (Los Angeles).....	41.53

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CIF State Track and Field Individual Champions

2004	Skyline (Oakland)	40.95
2005	Dorsey (Los Angeles)	40.92
2006	Notre Dame (Sherman Oaks)	41:27
2007	Poly (Long Beach)	40.81
2008	Poly (Long Beach)	41.26
2009	Serra (Gardena)	40.67
2010	Poly (Long Beach)	41.13
2011	Oaks Christian (Westlake Village)	41.19
2012	Notre Dame (Sherman Oaks)	41.13

1600-Meter Relay (Boys)

1968	Centennial (Compton)	3:14.3
1969	Los Angeles	3:15.2
1970	Los Altos (Los Altos)	3:15.6
1971	Castlemont (Oakland)	3:13.2
1972	El Cerrito	3:17.6
1973	Cordova (Rancho Cordova)	3:17.4
1974	Muir (Pasadena)	3:13.8
1975	Ells (Richmond)	3:15.7
1976	Pasadena	3:18.2
1977	Pasadena	3:13.7
1978	Banning (Wilmington)	3:11.57
1979	Locke (Los Angeles)	3:14.04
1980	Centennial (Compton)	3:10.37
1981	Berkeley	3:08.94
1982	Compton	3:14.45
1983	Hawthorne	3:10.11
1984	Hawthorne	3:09.45
1985	Hawthorne	3:14.13
1986	Hawthorne	3:14.79
1987	Hawthorne	3:11.77
1988	Hawthorne	3:10.46
1989	Dorsey (Los Angeles)	3:12.21
1990	Muir (Pasadena)	3:14.00
1991	Morningside (Inglewood)	3:15.01
1992	Morningside (Inglewood)	3:15.37
1993	North Salinas (Salinas)	3:14.19
1994	Muir (Pasadena)	3:12.54
1995	Muir (Pasadena)	3:13.08
1996	Muir (Pasadena)	3:08.66
1997	Dominguez (Compton)	3:12.51
1998	Dominguez (Compton)	3:12.64
1999	Dorsey (Los Angeles)	3:13.01
2000	Serra (Gardena)	3:12.94
2001	Poly (Long Beach)	3:15.11
2002	Poly (Long Beach)	3:12.90
2003	Poly (Long Beach)	3:14.35
2004	Poly (Long Beach)	3:13.74
2005	Dorsey (Los Angeles)	3:12.12
2006	J.W. North (Riverside)	3:10.36
2007	Poly (Long Beach)	3:10.92
2008	Dominguez (Compton)	3:09.59
2009	Lutheran (Orange)	3:14.53
2010	Serra (Gardena)	3:08.42
2011	Poly (Long Beach)	3:12.44
2012	Rio Mesa (Oxnard)	3:16.21

Discus Throw (Boys)

1915	Cifford Merritt (Santa Rosa)	113-00
1916	Wayne Weeks (Santa Rosa)	117-00
1917	Roy Evans (Chaffey)	122-11
1918	Johnny Boyle (Los Angeles)	114-02.75
1919	Johnny Boyle (Los Angeles)	120-06
1920	Clarence Houser (Oxnard)	123-08
1921	Clarence Houser (Oxnard)	135-00.50
1922	Clarence Houser (Oxnard)	144-03.20
1923	Eric Krenz (Stockton)	128-04.25
1924	Robert Patton (Poly, Riverside)	124-06.50
1925	Eddie Moeller (San Diego)	126-00.62
1926	Eddie Moeller (San Diego)	141-00
1927	Fred Steiner (Chaffey)	135-08
1928	Dudley Stephens (Woodland)	135-00.37
1929	Dudley Stephens (Woodland)	134-09
1930	Gordon Dunn (Fresno)	130-05.12
1931	George Theodoratus (Sacramento)	132-01.50
1932	Arl Munch (Poly, Long Beach)	130-11.50
1949	John Henry Johnson (Pittsburg)	145-02
1950	Louie Irigara (Lemoore)	145-01.25
1951	Leon Pattersonb (Taft)	165-02
1954	Jack Egan (Balboa, San Francisco)	159-01.50
1955	Wayne Crow (Corcoran)	160-07
1956	Wayne Crow (Corcoran)	171-05.25
1957	Don Bell (Alameda)	172-03.75
1958	Bill Hook (Ukiah)	166-08
1959	Ron Sindow (San Rafael)	176-01
1960	Alex Darnes (Poly, San Francisco)	178-08

1961	Bob Stoecker (Los Altos)	188-06.50
1962	Bob Stoecker (Los Altos)	185-11.50
1963	Stan McDonald (Edison, Fresno)	178-01
1964	Bill Staley (Las Lomas, Walnut Creek)	181-02
1965	Bruce Naglee (Baltimore, San Jose)	172-03.50
1966	Jim Peters (Piedmont)	189-01
1967	Fred DeBernardi (Hart, Newhall)	178-02
1968	Rory Kenward (San Marcos, Santa Barbara)	183-11
1969	Chris Adams (Los Altos)	188-00
1970	Chris Adams (Los Altos)	201-03
1971	Bob Otto (Porterville)	184-09
1972	Scott Overton (Los Altos)	185-10
1973	Lonnie Shelton (Foothill, Bakersfield)	195-05
1974	Ray Burton (Vacaville)	193-00
1975	Mike Alberg (Lodi)	171-11
1976	Scott Endler (Hoover, Fresno)	192-10
1977	David Thompson (Santa Ynez)	190-00
1978	David Porath (Atwater)	199-05
1979	Hank Kraychir (San Jacinto)	192-09
1980	Paul Bender (Shafter)	192-09
1981	Antonio Dobbins (Burroughs, Ridgecrest)	180-10
1982	Antonio Dobbins (Burroughs, Ridgecrest)	191-01
1983	Barry Estes (Clovis)	183-04
1984	Tambi Wenj (Fountain Valley)	185-11
1985	Brian Bluetrich (Capistrano Valley, Mission Viejo)	203-04
1986	Jeff Hooper (Del Campo, Fair Oaks)	187-04
1987	Dave Bultman (Royal, Simi Valley)	193-06
1988	John Wirtz (Leland, San Jose)	192-10
1989	Derrick Stevens (Bakersfield)	188-02
1990	Rob Powell (Redwood, Visalia)	203-04
1991	Jeff Buckley (Bakersfield)	182-05
1992	Jeff Buckley (Bakersfield)	186-10
1993	Chad Pearce (Trabuco Hills, Mission Viejo)	182-02
1994	Jeremy Staat (Bakersfield)	183-08
1995	Chad Jones (Arroyo Grande)	183-09
1996	Scott Moser (Huntington Beach)	185-07
1997	Scott Moser (Huntington Beach)	203-02
1998	Reedus Thurman (Serra, Gardena)	202-01
1999	Dan Ames (El Capitan, Lakeside)	199-09
2000	Travis Pendleton (Esperanza, Anaheim)	203-05
2001	Sean Shields (Arroyo Grande)	189-01
2002	Jared Morgan (La Quinta)	194-01
2003	Nik Kay (Los Gatos)	203-03
2004	Daniel Schaefer (The Bishop's School, La Jolla)	206-05
2005	Darius Savage (Morse, San Diego)	194-08
2006	Darius Savage (Morse, San Diego)	205-06
2007	Derek Johnson (Agoura, Agoura Hills)	203-06
2008	Daysan Ragans (Foothill, Bakersfield)	202-06
2009	Matt Darr (Frontier, Bakersfield)	192-00
2010	Willy Irwin (Clovis East)	207-08
2011	Ethan Cochran (Newport Harbor, Newport)	185-09
2012	Ethan Cochran (Newport Harbor, Newport)	196-04

High Jump (Boys)

1915	Millard Webster (Santa Paula)	5-09.50
1916	Titus Moore (Pasadena)	5-08.50
1917	Lloyd Hill (Coalinga)	5-09.25
1918	Harold Muller (San Diego)	5-01.75
1919	Harold Muller (Oakland Technical)	5-06
1920	Oliver Corey (Chaffey)	6-00
1921	Al Fisher (Lincoln, Los Angeles)	6-00.37
1922	Ed Shaw (Monrovia)	5-10.75
1923	Henry Coggeshall (Poly, Los Angeles)	5-11
1924	Henry Coggeshall (Poly, Los Angeles)	6-01.25
1925	Al Bowen (Santa Monica)	6-01.50
1926	Olympus Carter (Jordan, Los Angeles)	5-11
1927	Bob Van Osdel (Compton)	5-11
1928	Lynford Scott (Eureka)	6-00.75
1929	Walter Marty (Fresno)	6-04.25
1930	Kermit Plowman (Sequoia)	6-00.50
1931	Paul Jacques (Santa Ana)	6-04.12
1932	Cornelius Johnson (Los Angeles)	6-03
1933	Cornelius Johnson (Los Angeles)	6-04.75
1934	Delos Thurber (Glendale)	6-05.87
1935	Les Steers (Palo Alto)	6-02
1936	Les Steers (Palo Alto)	6-00.75
1937	Les Steers (Palo Alto)	6-04
1938	Gil La Cava (Beverly Hills)	6-07.12
1939	Bill Stewart (Torrance)	6-04
1940	Jack Newman (Poly, Long Beach)	6-04.12
1941	Henry Caldwell (Edison, Fresno)	6-01
1942-45	(No meet held)	
1946	Wilfred Schlange (Citrus)	6-02
	Dick Smith (Roosevelt, Fresno)	6-02

1947	Daryl Butts (Excelsior, Norwalk)	6-00
	Walter Kirk (Porterville)	6-00
1948	Dick Brombach (Poly, Long Beach)	6-03
	Ed Young (Jefferson, Los Angeles)	6-03
1949	Norman Woods (Jefferson, Los Angeles)	6-03
1950	Ralph Bonham (Pomona)	6-02.50
1951	Verl Wilson (San Jose)	6-02
1952	Bernie Allard (Fresno)	6-05.50
1953	Bernie Nelson (Hoover, San Diego)	6-04
1954	Dick Daily (Hayward)	6-05.50
1955	Charlie Dumas (Centennial, Compton)	6-08.87
1956	Curtis Chappel (Jefferson, Los Angeles)	6-03.25
1957	Robert Avant (Hart, Newhall)	6-08
1958	Ray Nickleberry (Oxnard)	6-08
	Paul Stuber (Bellflower)	6-08
1959	Paul Stuber (Bellflower)	6-07.25
1960	Archie Green (Oakland)	6-06.25
	Roger Olsen (Willow Glen, San Jose)	6-06.25
1961	Richard Jones (Bakersfield)	6-08.25
1962	Richard Jones (Bakersfield)	6-07.50
	Otis Burrell (Jefferson, Los Angeles)	6-07.50
	Bob Channell (McLane, Fresno)	6-07.50
1963	Ed Caruthers (Santa Ana Valley, Santa Ana)	6-08
1964	Greg Heet (Lowell, Whittier)	6-07.75
1965	Ken Brown (Castlemont, Oakland)	6-08.50
1966	Tom Cilyburn (Balboa, San Francisco)	6-10
1967	Reynaldo Brown (Compton)	6-09.25
1968	Reynaldo Brown (Compton)	7-00
1969	Reynaldo Brown (Compton)	7-00
1970	Jerry Culp (Oceanside)	7-00.25
1971	Dwight Stones (Glendale)	7-01.50
1972	Carl Miles (Poly, Long Beach)	6-10
1973	Randy Turner (Wilson, San Francisco)	6-06
1974	Charles Hatch (Wilson, San Francisco)	7-00
1975	Johnny Washington (Fremont, Los Angeles)	7-00
1976	John Lane (American, Fremont)	6-11
1977	Dennis Smith (Santa Monica)	7-02
1978	Brad Harris (Los Alamitos)	6-11
1979	Lee Balkin (Glendale)	7-03.25
1980	Greg Denby (Crenshaw, Los Angeles)	6-10
1981	Anthony Caire (Pius X, Downey)	7-01
1982	Maurice Crumby (Balboa, San Francisco)	7-00
1983	Maurice Crumby (Balboa, San Francisco)	7-02
1984	Kenny Burke (Westlake, Westlake Village)	7-00
1985	Mark Webster (Homestead, Cupertino)	6-09
1986	Derrick Moore (Millikan, Long Beach)	6-10
1987	Luis Jujo (Piedmont Hills, San Jose)	7-01
1988	Reggie Bettor (Antelope Valley)	7-00
1989	Mark Wilson (Charter Oak, Covina)	7-00
1990	Kevin Carlson (Katella, Anaheim)	7-00
1991	Avery Anderson (J.W. North, Riverside)	7-02
1992	Griffin Childers (Woodland)	6-11
1993	Jeff Nadeau (Monroe, North Hills)	7-02
1994	Jeremy Fischer (Camarillo)	7-00
1995	Michael Wilkins (Red Bluff)	7-00
1996	Elliott Parks (El Toro, Lake Forest)	6-10
1997	Jason Howard (Ridgeview, Bakersfield)	7-01
1998	Darren Marble (Los Altos)	6-08
1999	Gabe Zarete (Parlier)	6-11
2000	Ebon Glenn (St. Mary's, Berkeley)	7-00
2001	Teak Wilburn (Chico)	6-10
2002	Cole Herron (Sanger)	6-11
2003	Cole Herron (Sanger)	6-10
2004	Ed Wright (St. Mary's, Berkeley)	6-10.25
2005	Fletcher Carlyle (Vintage, Napa)	6-09
2006	Casey Ryan (Argonaut, Jackson)	6-09
2007	Daniel Kirkpatrick (Trabuco Hills, Mission Viejo)	6-11
2008	Harrison Steed (J Serra, San Juan Capistrano)	7-01
2009	Nick Ross (Vista Murrieta, Murrieta)	7-01
2010	Tyler Jordan (Romona)	6-11
2011	Crampton Cody (Canyon, Anaheim)	6-11
2012	Noel Frazier (California, San Ramon)	6-10.25

Long Jump (Boys)

1915	Ernest Plavan (Santa Ana)	21-02.00
1916	Harry Lampont (Manual Arts, Los Angeles)	21-05.25
1917	Gene Davis (Poly, Los Angeles)	21-10.50
1918	Roy Hasselbach (Fresno)	21-10.50
1919	Harold Miller (Oakland Technical)	20-11.25
1920	Verden Nash (Chino)	21-00.50
1921	Verden Nash (Chino)	21-10.50
1922	Verden Nash (Huntington Beach)	21-05.25
1923	Mort Kaer (Red Bluff)	23-02.75
1924	Virgil Elliot (Huntington Beach)	22-03.50
1925	Fred Osborne (Fullerton)	21-08.50
1926	Walter Rehwal (Lincoln, Los Angeles)	21-08.50

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CIF State Track and Field Individual Champions

1927	Frank Wycoff (Glendale).....	22-05.00
1928	Dick Barber (Poly, Long Beach).....	23-05.75
1929	Wells Ruby (Hollywood).....	22-07.25
1930	George Shehtanian (Tulare).....	22-02.62
1931	Floyd Wilson (Riverside).....	23-02.62
1932	Tom White (Poly, Long Beach).....	22-10.50
1933	Don Skinner (Manual Arts).....	22-08.00
1934	Don Skinner (Manual Arts).....	23-08.50
1935	Jimmy Montgomery (El Monte).....	23-00.25
1936	Eddie Arnold (Muir).....	23-01.75
1937	Bill Bugbee (Montebello).....	23-01.00
1938	Bill Bugbee (Montebello).....	23-07.12
1939	Jim Jurkovich (Fresno).....	24-00.50
1940	Glenn Shoop (Long Beach, Jordan).....	22-02.50
1941	Ray Meagher (Bakersfield).....	23-05.75
1942-45	(No meet held)	
1946	Carl Monser (Alameda).....	22-02.25
1947	Hugh McElhenny (Washington, Los Angeles).....	22-10.50
1948	George Brown (Jordan, Los Angeles).....	23-02.25
1949	George Brown (Jordan, Los Angeles).....	24-06.25
1950	William Johnson (Jefferson, Los Angeles).....	24-02.75
1951	Bill Holland (Jefferson, Los Angeles).....	22-05.75
1952	Rollin Garrison (Compton).....	23-05.25
1953	Monte Upshaw (Piedmont).....	23-05.00
1954	Monte Upshaw (Piedmont).....	25-04.25
1955	Bobby Baines (Jordan, Los Angeles).....	23-03.50
1956	Oscar Bean (Jefferson, Los Angeles).....	24-09.00
1957	Luther Hayes (Lincoln, San Diego).....	23-08.50
1958	Steve Rogers (Brawley).....	24-06.00
1959	Efthen Jones (Delano).....	23-05.75
1960	Walt Roberts (Compton).....	24-07.25
1961	Robert McKeever (Fremont, Los Angeles).....	24-03.00
1962	James Kennedy (Lincoln, San Diego).....	24-05.75
1963	Jerry Williams (Berkeley).....	24-03.50
1964	Bobby Bonds (Poly, Riverside).....	25-03.00
1965	Manuel Murrell (Poly, Long Beach).....	24-09.75
1966	Doyle Steel (San Diego).....	25-03.25
1967	Jerry Proctor (Muir, Pasadena).....	25-04.50
1968	Heulon Hewitt (Merced).....	24-07.00
1969	James McAllister (Blair, Pasadena).....	24-02.25
1970	Lynn Swann (Serra, San Mateo).....	24-02.75
1971	Randy Williams (Edison, Fresno).....	26-03.25w
1972	Carl McCullough (Sacramento).....	24-07.00
1973	Jerry Herndon (Cajon, San Bernardino).....	25-04.50w
1974	James Lofton (Washington, Los Angeles).....	24-03.50
1975	Paul Wilson (Fontana).....	24-08.50
1976	Larry Doubly (Manual Arts, Los Angeles).....	25-03.75w
1977	Kurt Durham (Oakland).....	25-00.75
1978	Dodie Williams (El Camino, Oceanside).....	25-01.25
1979	George Gaffney (Lemoore).....	24-01.75
1980	Charles Mayfield (Muir, Pasadena).....	23-04.75
1981	Ed Tave (Muir, Pasadena).....	25-00.50
1982	Eric Thomas (Norte Del Rio, Sacramento).....	24-04.75
1983	Johnny Cleveland (Soquel).....	24-06.50
1984	Joe Richardson (Pasadena).....	24-11.00
1985	Larry Nelson (Simi Valley).....	24-03.25
1986	Curtis Rodgers (Hiram Johnson, Sacramento).....	23-10.00
1987	Percy Knox (Antelope Valley, Lancaster).....	24-06.50
1988	Diatory Gildersleeve (Grant, Sacramento).....	24-05.50w
1989	James Stallworth (Tulare Union, Tulare).....	26-04.75
1990	Jerome Price (University City, San Diego).....	25-03.25
1991	Steve Stanley (Gardena).....	25-01.25w
1992	Eugene Dreher (Antelope Valley, Lancaster).....	24-01.50w
1993	LeAndrew Childs (Inglewood).....	24-00.00w
1994	Tyree Washington (La Sierra, Riverside).....	23-09.25w
1995	Clarence Scott (Fremont, Los Angeles).....	24-07.75
1996	Gerald Williams (Lynwood).....	24-10.50
1997	Marvin Brown (Will C. Wood, Vacaville).....	24-05.25
1998	BB Malone (Redwood, Visalia).....	24-01.00w
1999	Robert Kennedy (El Camino, Sacramento).....	25-02.00
2000	Oliver Jackson (Royal, Simi Valley).....	24-04.25
2001	Trevell Quinley (Merrill West, Tracy).....	24-05.75w
2002	Ronald Hill (Walnut).....	23-09.50
2003	Derrill Hutsona (Helix, La Mesa).....	25-05.75
2004	Demetri Mosby (Gahr, Cerritos).....	24-03.75
2005	Andre Crenshaw (Antelope Valley, Lancaster).....	22-08.00
2006	Terry Prentice (Diamond Ranch, Pomona).....	23-10.50
2007	Terry Prentice (Diamond Ranch, Pomona).....	23-08.50w
2008	Cameron Gillette (La Mirada).....	24-01.75w
2009	Chase Wheeler (De La Salle, Concord).....	25-02.25
2010	Niko DiMartino (Oaks Christian, Westlake Village).....	23-10.50
2011	Jovante Slater (Vista Murrieta, Murrieta).....	24-10.50
2012	Adoree Jackson (Serra, Gardena).....	25-00.50

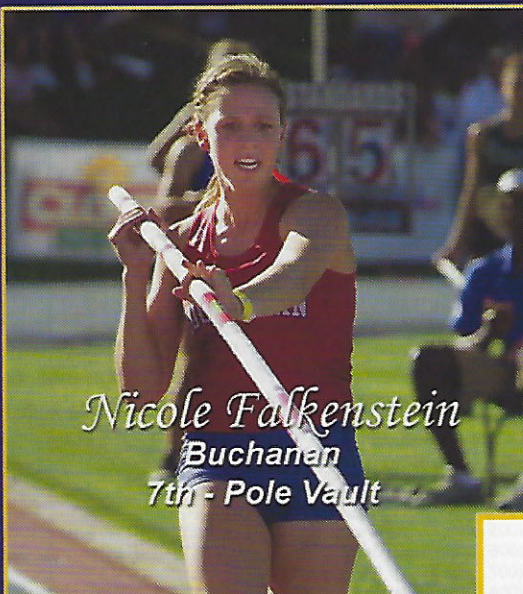
Pole Vault (Boys)

1915	Lincoln Hall (Santa Paula).....	11-06
1916	Lincoln Hall (Santa Paula).....	11-09
1917	Vance Wilbur (Sacramento).....	11-00
1918	Eric Richardson (Ukiah).....	11-06
1919	Dick Emmons (Manual Arts, Los Angeles).....	10-06
1920	Leroy Goodenough (Fillmore).....	11-10
1921	Harold Shoebridge (Anaheim).....	12-00
1922	Harry Smith (San Diego).....	11-11.50
1923	Leo Barnes (Hollywood).....	12-03.37
	Harry Smith (San Diego).....	12-03.62
1924	Leo Barnes (Hollywood).....	12-11.50
1925	Jack Williams (Inglewood).....	12-09.62
1926	Marshall Beeman (Armijo Fairfield).....	12-04
	Conrad Boyle (Manual Arts, Los Angeles).....	12-04
	Bill Hubbard (San Diego).....	12-04
	Jerry Stewart (Los Angeles).....	12-04
1927	Bill Miller (San Diego).....	12-00
1928	Bill Miller (San Diego).....	12-09.50
1929	Bill Miller (San Diego).....	12-06
1930	Dave Crow (Poly, Long Beach).....	12-06
1931	Joe Ramsey (Inglewood).....	12-08.25
	Matt Stankovich (Poly, Los Angeles).....	12-08.25
1932	Bill Sefton (Poly, Los Angeles).....	13-00
1933	Ed Harrison (Santa Monica).....	12-07
1934	Dick Clark (Hoover, Glendale).....	12-10
	Rich Rodriguez (Poly, Los Angeles).....	12-10
1935	Dick Clark (Hoover, Glendale).....	12-10.50
1936	Dave Bodkins (Inglewood).....	12-11
1937	Baylor Maynard (Belmont, Los Angeles).....	13-01.25
1938	Floyd Doty (Lodi).....	12-10.75
	Lawrence McLanahan (Sacramento).....	12-10.75
1939	Frank Ferguson (Inglewood).....	13-03.75
	Clarence Humberger (Glendale).....	13-03.75
1940	Frank Ferguson (Inglewood).....	13-00
	Irving Moore (Piedmont).....	13-00
1941	Chet Hartmann (San Benito).....	12-06
	Irving Moore (Piedmont).....	12-06
	Ernie Sontag (Taft, Fresno).....	12-06
1942-45	(No meet held)	
1946	Bill Mays (Oxnard).....	12-06.50
	Phil Quilter (Pasadena).....	12-06.50
1947	George Mattos (Pacific Grove).....	12-06
1948	Don Barnes (Fullerton).....	12-06
1949	Jack Widman (Lomita Narbonne).....	13-04.50
1950	Dick McDonald (Wilson, Long Beach).....	13-00.50
	Harold Red (Lemoore).....	13-00.50
1951	Clarke Merrill (Belmont, Los Angeles).....	13-00
1952	Ron Morris (Burroughs, Burbank).....	13-03.75
1953	Ron Morris (Burroughs, Burbank).....	13-09.12
1954	Bob McKay (Inglewood).....	13-00
	Joe Rose (Hoover, Glendale).....	13-00
	Stan Gaunt (Mt. Diablo).....	13-00
1955	Nathaniel Finney (Jordan, Los Angeles).....	13-04
1956	Bill Logan (El Cajon).....	13-06
	Tim Helms (Shingle Springs, El Dorado).....	13-06
1957	Voyce Hendrix (Riverside).....	13-06
1958	John Rose (Hoover, Glendale).....	14-01
1959	Bob Looney (Santa Barbara).....	13-08.75
1960	Mike Flanagan (Ganesha, Pomona).....	13-03
	Gary Down (Anaheim).....	13-03
1961	Mike Graves (El Cajon).....	14-02.50
1962	Eric Berge (Costa Mesa).....	14-03
	Bob Richardson (Ganesha, Pomona).....	14-03
1963	Bill Fosdick (Andrew Hill, San Jose).....	14-08.75
1964	Paul Wilson (Warren, Downey).....	15-04.25
1965	Paul Wilson (Warren, Downey).....	15-06.50
1966	Wayne Meyers (Foothill, Sacramento).....	15-00.75
1967	Tom Reynolds (Morningside, Inglewood).....	14-10
1968	Steve Smith (South Torrance, Torrance).....	15-03.50
1969	Steve Smith (South Torrance, Torrance).....	16-00
1970	Tom Lindsay (La Sierra, Carmichael).....	14-10.50
1971	Tim Quinn (Monroe, Sepulveda).....	15-02
1972	Hubert Black (Fremont, Los Angeles).....	15-02
1973	Tim Curran (Crespi, Encino).....	16-02.75
1974	Jim Knaub (Lakewood).....	15-06
1975	Keith Schimmel (Villa Park).....	15-06
1976	Tim Hintnaus (Aviation, Redondo Beach).....	15-02
1977	Anthony Curran (Crespi, Encino).....	16-00
1978	Anthony Curran (Crespi, Encino).....	17-00.25
1979	Clark Elliot (Bellflower).....	15-06
1980	Greg Stull (Troy, Fullerton).....	15-10
1981	Doug Wicks (South Bakersfield, Bakersfield).....	15-02
1982	Scott Christensen (Acalanes, Lafayette).....	15-06
1983	Mike Kibort (Saratoga).....	15-06
1984	Ivar Moen (Los Gatos).....	16-02

1985	Brent Burns (Acalanes, Lafayette).....	16-02
1986	Steve Toney (Menlo-Atherton, Atherton).....	16-02
1987	Steve Slocum (Foothill, Santa Ana).....	15-06
1988	Tom Richards (San Marcos).....	16-00
1989	Jim Lawrence (Del Mar, San Jose).....	15-06
1990	Ed Lasquette (Mt. Pleasant, San Jose).....	15-10
1991	David Cox (Foothill, Fresno).....	16-06
1992	Clarence Phelps (Christian Brothers, Sacramento).....	16-00
1993	Scott Slover (Leland, San Jose).....	16-02
1994	Scott Slover (Leland, San Jose).....	16-10
1995	Mike Brown (Torrey Pines, Encinitas).....	16-04
1996	Steve Michels (Brethren Christian, Cypress).....	16-02
1997	David Gritz (Bear Creek, Stockton).....	16-07
1998	Mark Unzueta (Lemoore).....	16-02
1999	Brandon Braunstein (Newark Memorial, Newark).....	16-02
2000	Shane Hackett (Verdugo Hills, Tujunga).....	16-04
2001	Mike Landers (Golden Valley, Merced).....	16-03
2002	David Moore (Miramonte, Orinda).....	16-06
2003	Ryan Shuler (Granite Bay).....	16-00
2004	Scott Roth (Granite Bay).....	16-04
2005	Scott Roth (Granite Bay).....	17-01
2006	Scott Roth (Granite Bay).....	16-11
2007	Nico Weiler (Los Gatos).....	17-02
2008	Nico Weiler (Los Gatos).....	17-03
2009	Michael Woespe (Mater Dei, Santa Ana).....	16-05
2010	Scott Cook (Mater Dei, Santa Ana).....	16-03
2011	Ian Rock (Davis).....	16-02
2012	Peter Chapman (Murrieta Valley, Murrieta).....	16-04

Shot Put (Boys)

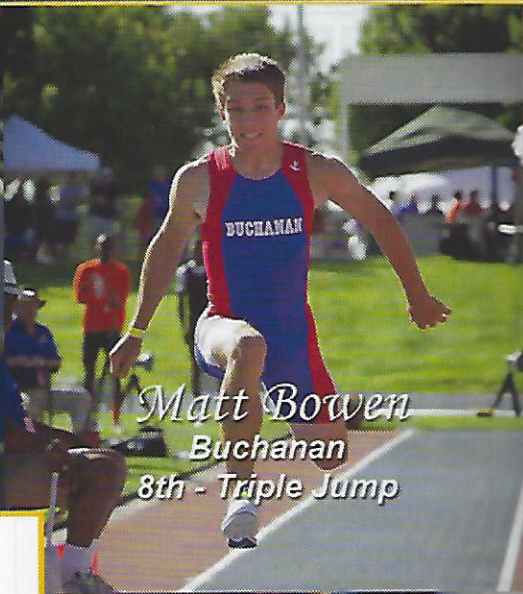
1915	Wayne Weeks (Santa Rosa).....	46-02.37
1916	Wayne Weeks (Santa Rosa).....	47-04.25
1917	Jim Blewett (Manual Arts, Los Angeles).....	47-09.25
1918	Jennings Robertson (Sutter).....	44-06.00
1919	Ernst Hartmann (Poly, Los Angeles).....	42-03.00
1920	Clarence Houser (Oxnard).....	49-09.00
1921	Clarence Houser (Oxnard).....	52-00.00
1922	Clarence Houser (Oxnard).....	55-04.75
1923	Cecil White (Modesto).....	48-00.50
1924	Cecil White (Modesto).....	49-07.37
1925	Herb Fleishhacker (Menlo Park).....	49-02.00
1926	Maurey Lauterman (Poly, Los Angeles).....	49-00.25
1927	Harold Falter (Glendale).....	49-09.62
1928	Garrett Arbelbide (Huntington Park).....	48-10.50
1929	Nelson Gray (Chaffey).....	53-05.50
1930	Don Carter (Franklin, Los Angeles).....	52-08.25
1931	Don Carter (Franklin, Los Angeles).....	52-10.00
1932	Bob Pyle (Pasadena).....	53-06.00
1933	Jim Donaldson (Hollywood).....	53-03.00
1934	Ray Young (Riis, Los Angeles).....	55-10.00
1935	John Raitt (Fullerton).....	55-05.25
1936	Joe Hill (CSD, Berkeley).....	54-05.25
1937	Wilbur Thompson (Modesto).....	55-08.75
1938	Mario Russo (Pittsburg).....	55-05.75
1939	Frank Minini (Paso Robles).....	54-01.00
1940	Ben Steele (Santa Rosa).....	54-04.12
1941	George Souza (Vallejo).....	52-04.25
1942-45	(No meet held)	
1946	John Helwig (Mt. Carmel, Los Angeles).....	59-05.12
1947	Bob Cameron (Washington, Los Angeles).....	53-10.87
1948	Bob Cameron (Washington, Los Angeles).....	59-07.25
1949	Elmer Willhoite (Merced).....	57-03.23
1950	Hal Norris (Grossmont, San Diego).....	56-05.50
1951	Leon Patterson (Taft).....	59-02.50
1952	Leon Patterson (Taft).....	60-09.87
1953	Don Vick (Chaffey).....	60-07.75
1954	Dick Bronson (Grossmont, San Diego).....	59-07.12
1955	Duncan Ward (Santa Monica).....	59-04.50
1956	Homer Robertson (Pacific, San Bernardino).....	63-09.50
1957	Clark Branson (Pasadena).....	64-00.75
1958	Jack Slocumbe (Millikan, Long Beach).....	61-04.50
1959	Mike Parker (Turlock).....	57-08.00
1960	Matthew Baggett (Berkeley).....	60-07.00
1961	Bill Pace (El Rancho, Pico Rivera).....	64-03.50
1962	Jim O'Brien (DeAnza, Richmond).....	62-02.25
1963	Bruce Wilhelm (Fremont, Sunnyvale).....	63-04.75
1964	Bob Brannan (Los Gatos).....	62-07.25
1965	Steve Marcus (Palisades, Pacific Palisades).....	63-11.25
1966	John Hubbell (Poly, Long Beach).....	66-11.00
1967	John Buehler (Whittier).....	65-03.25
1968	Pete Schmock (San Dieguito, Encinitas).....	63-11.00
1969	Sam Cunningham (Santa Barbara).....	61-02.00
1970	Randy Withrow (Pasadena).....	63-08.75
1971	Mark Stevens (Newport Harbor).....	67-02.25
1972	Randy Cross (Crespi, Encino).....	65-07.25
1973	Jim Niedhart (Newport Harbor).....	67-03.25



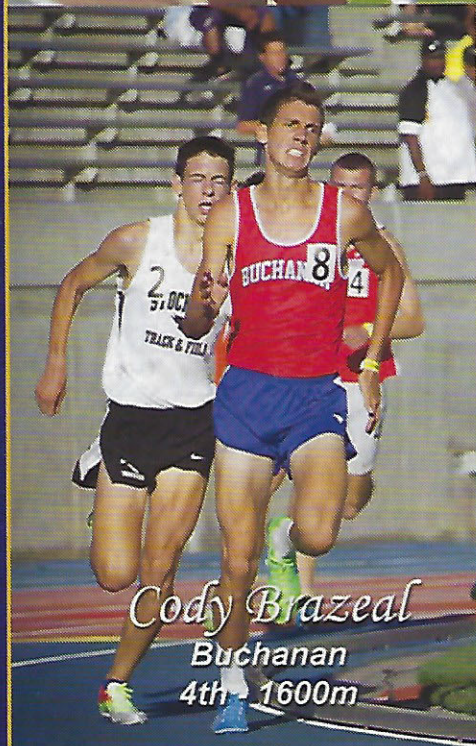
Nicole Falkenstein
Buchanan
7th - Pole Vault



Lara Lewis
Clovis West
7th - Shot Put



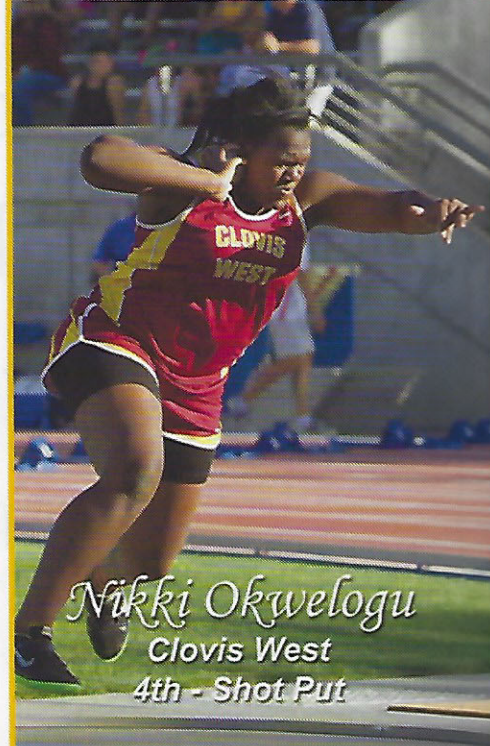
Matt Bowen
Buchanan
8th - Triple Jump



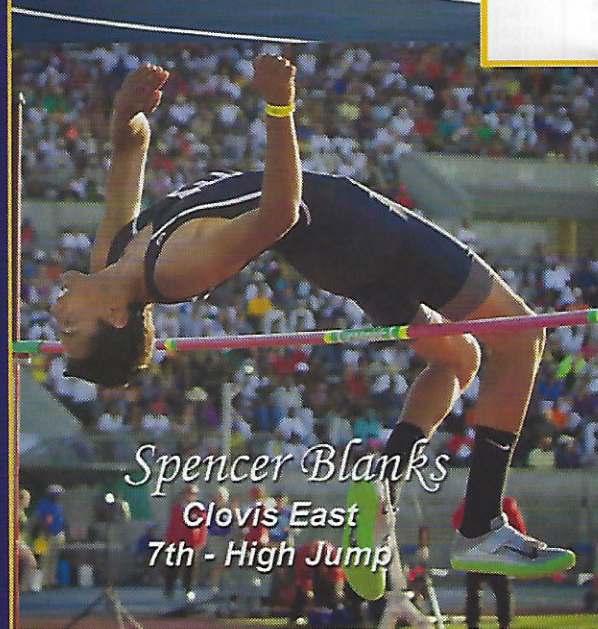
Cody Brazeal
Buchanan
4th - 1600m

CLOVIS UNIFIED
WELCOMES YOU TO THE
2013 CIF TRACK AND FIELD
CHAMPIONSHIPS, AND
THANKS THE HUNDREDS
OF VOLUNTEERS WHO
MAKE THIS MEET POSSIBLE.

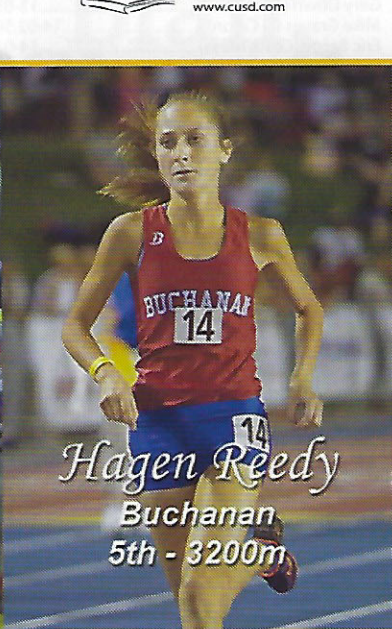
*Enjoy your time in
Clovis!*



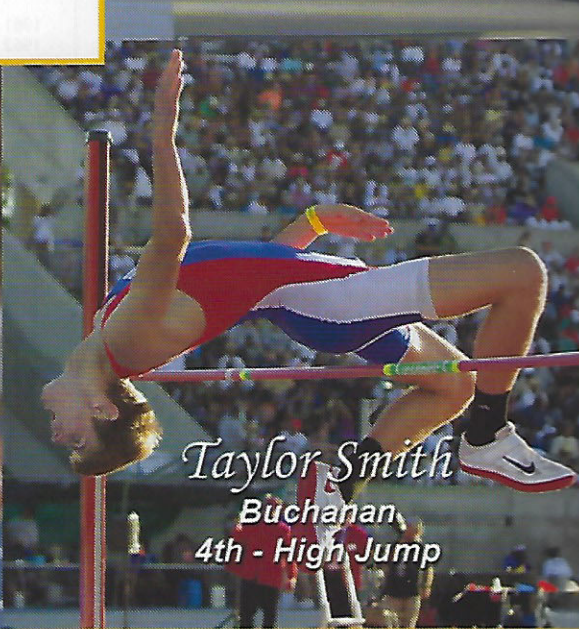
Nikki Okwelogu
Clovis West
4th - Shot Put



Spencer Blanks
Clovis East
7th - High Jump

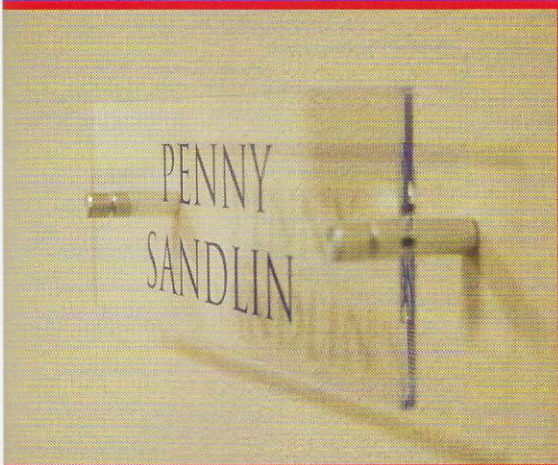


Hagen Reedy
Buchanan
5th - 3200m



Taylor Smith
Buchanan
4th - High Jump

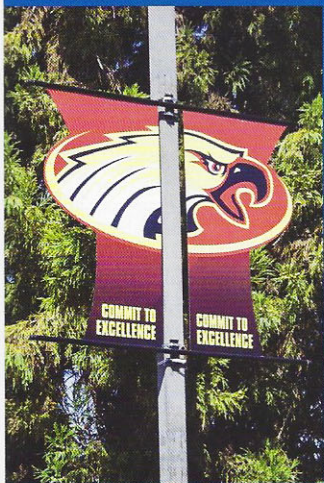
WHAT CAN WE CREATE?



NAME PLAQUES



STAIR GRAPHICS



RIGID POLE SIGNS



VEHICLE WRAPS



POLE BANNERS



STORE FRONT GRAPHICS



IMPACT WALL LOGOS

EVERYTHING!

CIF State Track and Field Individual Champions

1974	David Kurrasch (Santa Ana)	63-10.50
1975	David Kurrasch (Santa Ana)	65-09.50
1976	Steve Montgomery (Lassen, Susanville)	68-00.00
1977	Craig Polley (Sunny Hills, Fullerton)	62-04.25
1978	Dave Porath (Atwater)	65-10.75
1979	Don Mosebar (Mt. Whitney, Visalia)	62-06.75
1980	Scott Garnett (Muir, Pasadena)	64-04.25
1981	John Frazier (Antelope Valley, Lancaster)	63-08.75
1982	Pat Kyle (Buena Park)	60-04.00
1983	Curt Sisco (Vacaville)	63-09.50
1984	Brian Bluteich (Capistrano Valley, Mission Viejo)	64-07.25
1985	Brian Bluteich (Capistrano Valley, Mission Viejo)	68-04.00
1986	Brian Boggess (El Capitan, Lakeside)	61-04.00
1987	Dave Bultman (Royal, Simi Valley)	67-00.00
1988	Kaleph Carter (Edison, Huntington Beach)	64-00.25
1989	Brent Noon (Fallbrook)	66-01.50
1990	Brent Noon (Fallbrook)	74-04.75
1991	Mark Parlin (Esperanza, Anaheim)	61-05.50
1992	Pete Swanson (San Benito, Hollister)	61-03.25
1993	Tyson Lingenfelter (Upland)	60-09.50
1994	Chris DeMartine (St. Ignatius, San Francisco)	58-11.50
1995	Matt Pentecost (Loyola, Los Angeles)	62-03.75
1996	Jason Hammond (Fowler)	64-04.00
1997	Van Mounts (Bakersfield)	67-00.75
1998	Van Mounts (Bakersfield)	66-07.00
1999	Rhuben Williams (Eagle Rock, Los Angeles)	62-08.50
2000	Rhuben Williams (Eagle Rock, Los Angeles)	63-02.50
2001	David Guerin (Leuzinger, Lawndale)	62-10.75
2002	Noah Bryant (Carpinteria)	65-07.75
2003	Jared Bray (Mission Bay, San Diego)	63-03.25
2004	Mark Lewis (Arroyo Grande)	63-05.50
2005	Danny Rohr (Arroyo Grande)	60-06.25
2006	Darius Savage (Morse, San Diego)	66-03.25
2007	Joe Canavan (Palm Desert)	67-01.50
2008	Dashan Ragans (Foothill, Bakersfield)	62-10.00
2009	Matt Darr (Frontier, Bakersfield)	62-01.25
2010	Matt Darr (Frontier, Bakersfield)	63-09.75
2011	Nicholas Scarvelis (Dos Pueblos, Goleta)	64-00.00
2012	Ethan Cochran (Newport Harbor, Newport)	62-04.25

Triple Jump (Boys)

1939	Jack Laughner (Wilson, Long Beach)	44-08.50
1973	Willie Banks (Oceanside)	49-07.25
1974	Willie Banks (Oceanside)	50-09.00
1975	Mike Dobbins (Merced)	49-03.00
1976	Greg Caldwell (Fremont, Los Angeles)	51-08.50w
1977	Dokie Williams (El Camino, Oceanside)	51-00.50
1978	Dokie Williams (El Camino, Oceanside)	50-04.25
1979	Henry Ellard (Hoover, Fresno)	49-02.50
1980	Freeman Miller (Fremont, Los Angeles)	50-08.00
1981	Ken Frazier (Mission, San Francisco)	50-10.75
1982	Archie Cornell (Fresno)	50-03.75
1983	Torrey Barr (McLane, Fresno)	50-02.50
1984	Joe Richardson (Pasadena)	51-08.25
1985	Terrence Strong (Bakersfield)	51-09.50w
1986	Marcus Hooks (Lakewood)	51-04.25
1987	Joel Smith (Cordova, Rancho Cordova)	50-10.00
1988	Tyrone Scott (Mesa Verde, Citrus Heights)	50-06.00
1989	Lenny McGill (Orange Glen, Escondido)	51-01.25
1990	Pouphet Singbandith (Magnolia, Anaheim)	51-07.75
1991	Offord Rollins (Wasco)	51-04.75
1992	Tony Parrish (Marina, Huntington Beach)	49-01.00w
1993	Tony Parrish (Marina, Huntington Beach)	50-11.75
1994	Von Ware (Rancho Buena Vista, Vista)	50-06.00
1995	Michael Turner (Morningside, Inglewood)	49-02.00w
1996	Tye Anderson (Poly, Long Beach)	49-11.75
1997	Anthony Colson (Center, Antelope)	49-11.25w
1998	Benson Jones (Clayton Valley, Concord)	51-01.50w
1999	Kyle Carano (Hoover, Fresno)	52-02.50w
2000	Jamil Smith (Palmdale)	49-04.25
2001	Jamil Smith (Palmdale)	49-08.00
2002	Nathan Atkins (Cerritos)	49-07.75
2003	Rudy Burgess (Desert, Edwards AFB)	50-04.25
2004	Nkosinza Balumbu (James Logan, Union City)	50-06.00
2005	Nkosinza Balumbu (James Logan, Union City)	49-07.50
2006	Richard Sherman (Dominguez, Compton)	50-08.00
2007	Jonathan Clark (Loyola, Los Angeles)	49-00.25w
2008	Johnny Carter (Ridgeview, Bakersfield)	49-00.75w
2009	Hammed Suleman (Deer Valley, Antioch)	49-07.50
2010	Jovon Cunningham (Enterprise, Redding)	50-08.25
2011	Marques Roberts (Otay Ranch, Chula Vista)	49-06.50
2012	Klyvens Delunay (Claremont)	51-07.00w

GIRLS CHAMPIONS 100-Meter Dash (Girls)

1974	Janice Wiser (La Jolla)	10.8
1975	Sandi Howard (Manual Arts, Los Angeles)	10.7
1976	Pam Waters (Bell, Los Angeles)	11.0
1977	Jeanette Bolden (Centennial, Compton)	10.48w
1978	Kelia Bolton (Andrew Hill, San Jose)	10.92
1979	Gwen Loud (Westchester, Los Angeles)	10.62
1980	Sharon Ware (Berkeley)	11.42
1981	Sharon Ware (Berkeley)	11.66
1982	Gervaise McCraw (Ganesh, Pomona)	11.69
1983	Lisa Winston (Jordan, Long Beach)	11.73
1984	Gail Devers (Sweetwater, National City)	11.51
1985	Tesha Giddens (Locke, Los Angeles)	11.58
1986	Angela Burnham (Rio Mesa, Oxnard)	11.78
1987	Janeene Vickers (Pomona)	11.76
1988	Angela Burnham (Rio Mesa, Oxnard)	11.52
1989	Angela Burnham (Rio Mesa, Oxnard)	11.31w
1990	Marion Jones (Rio Mesa, Oxnard)	11.67w
1991	Marion Jones (Rio Mesa, Oxnard)	11.17
1992	Marion Jones (Thousand Oaks)	11.14
1993	Marion Jones (Thousand Oaks)	11.61
1994	Heather Sumpter (Muir, Pasadena)	11.69
1995	Lakeisha Backus (Wilson, Long Beach)	11.39w
1996	Malika Edmonson (St. Bernard, Marina del Rey)	11.82w
1997	Angela Williams (Chino)	11.15
1998	Angela Williams (Chino)	11.10w
1999	Tania Woods (Skyline, Oakland)	11.41
2000	Sani Roseby (Monterey)	11.90
2001	Allyson Felix (Los Angeles Baptist, North Hills)	11.61
2002	Allyson Felix (Los Angeles Baptist, North Hills)	11.55
2003	Allyson Felix (Los Angeles Baptist, North Hills)	11.29
2004	Jasmin Baldwin (Bishop Amat, La Puente)	11.33
2005	Ebony Collins (Wilson, Long Beach)	11.50
2006	Jeneba Tarmoh (Mt. Pleasant, San Jose)	11.59
2007	Jeneba Tarmoh (Mt. Pleasant, San Jose)	11.27
2008	Ashton Purvis (St. Elizabeth, Oakland)	11.92
2009	Valexia Droughn (Rio Mesa, Oxnard)	11.54
2010	Ashton Purvis (St. Elizabeth, Oakland)	11.17
2011	Jenna Prandini (Clovis)	11.69
2012	Ariana Washington (Poly, Long Beach)	11.47

200-Meter Dash (Girls)

1974	Janice Wiser (La Jolla)	24.2
1975	Pam Waters (Bell, Los Angeles)	24.4
1976	Pam Waters (Bell, Los Angeles)	24.8
1977	Kim Robinson (Westchester, Los Angeles)	23.97
1978	Kelia Bolton (Andrew Hill, San Jose)	23.99
1979	Gwen Loud (Westchester, Los Angeles)	23.54
1980	Sherril Howard (Kennedy, Granada Hills)	23.19
1981	Denean Howard (Kennedy, Granada Hills)	23.73
1982	Denean Howard (Kennedy, Granada Hills)	23.59w
1983	Lisa Winston (Jordan, Long Beach)	23.83
1984	Paulette Ballock (Compton)	23.59
1985	Tami Stiles (Hawthorne)	23.45
1986	Tami Stiles (Hawthorne)	24.02
1987	Maddette Smith (Quartz Hill)	24.12
1988	Angela Burnham (Rio Mesa, Oxnard)	23.45
1989	Angela Burnham (Rio Mesa, Oxnard)	23.56
1990	Marion Jones (Rio Mesa, Oxnard)	23.71
1991	Marion Jones (Rio Mesa, Oxnard)	22.91w
1992	Marion Jones (Thousand Oaks)	22.83
1993	Marion Jones (Thousand Oaks)	23.14
1994	Lakeisha Backus (Wilson, Long Beach)	23.21
1995	Lakeisha Backus (Wilson, Long Beach)	23.01w
1996	Malika Edmonson (St. Bernard, Marina del Rey)	23.47
1997	Kinshasa Davis (Wilson, Long Beach)	22.90
1998	Angela Williams (Chino)	23.02
1999	Tania Woods (Skyline, Oakland)	22.88
2000	Monique Henderson (Morse, San Diego)	23.19
2001	Angel Perkins (Gahr, Cerritos)	22.85w
2002	Allyson Felix (Los Angeles Baptist, North Hills)	22.83
2003	Allyson Felix (Los Angeles Baptist, North Hills)	22.52
2004	Jasmin Baldwin (Bishop Amat, La Puente)	22.86
2005	Khrystal Carter (Valley Christian, San Jose)	23.44w
2006	Jeneba Tarmoh (Mt. Pleasant, San Jose)	23.29
2007	Jeneba Tarmoh (Mt. Pleasant, San Jose)	23.20
2008	Jessica Davis (Highland, Palmdale)	23.46
2009	Ashton Purvis (St. Elizabeth, Oakland)	23.46
2010	Ashton Purvis (St. Elizabeth, Oakland)	22.90
2011	Jenna Prandini (Clovis)	23.81
2012	Ariana Washington (Poly, Long Beach)	23.41

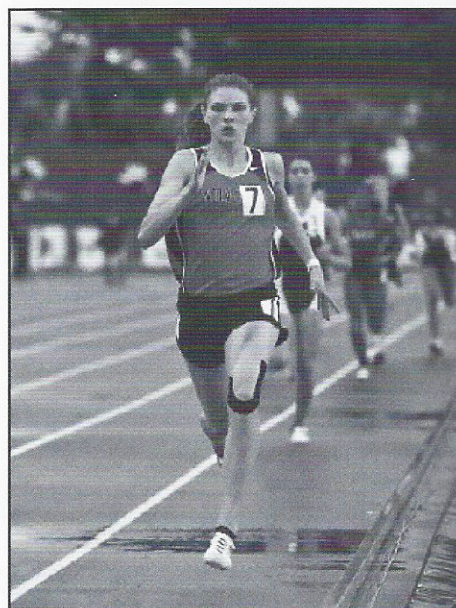
400-Meter Dash (Girls)

1974	Veronica Venezia (Terra Linda, San Rafael)	56.4
1975	Jodi Anderson (Washington, Los Angeles)	55.3

1976	Marquita Belk (Silver Creek, San Jose)	55.2
1977	Valerie Brisco (Locke, Los Angeles)	55.14
1978	Arlise Emerson (Westminster)	54.3
1979	Sheri Howard (San Geronio, San Bernardino)	53.65
1980	Denean Howard (Kennedy, Granada Hills)	53.04
1981	Gervaise McCraw (Ganesh, Pomona)	54.15
1982	Denean Howard (Kennedy, Granada Hills)	52.39
1983	Leslie Maxie (Mills, Millbrae)	53.19
1984	Chewaukii Knighten (Locke, Los Angeles)	52.67
1985	Chewaukii Knighten (Locke, Los Angeles)	52.72
1986	Princess Bennett (Compton)	53.56
1987	Angela Rolfe (Dorsey, Los Angeles)	53.55
1988	Angela Rolfe (Dorsey, Los Angeles)	54.26
1989	Angela Rolfe (Dorsey, Los Angeles)	53.97
1990	Janice Nichols (Bakersfield)	53.89
1991	Janice Nichols (Bakersfield)	54.19
1992	Janice Nichols (Bakersfield)	54.46
1993	Asha Jaysinghe (Arcadia)	55.45
1994	Latasha Gilliam (Pittsburg)	53.93
1995	Angela Williams (Chino)	53.40
1996	Kinshasa Davis (Wilson, Long Beach)	52.67
1997	Kinshasa Davis (Wilson, Long Beach)	52.66
1998	Monique Henderson (Morse, San Diego)	53.41
1999	Monique Henderson (Morse, San Diego)	52.87
2000	Monique Henderson (Morse, San Diego)	50.74
2001	Monique Henderson (Morse, San Diego)	51.34
2002	Christina Hardeman (Wilcox, Santa Clara)	54.09
2003	Jasmine Lee (Poly, Long Beach)	53.17
2004	Jasmine Lee (Poly, Long Beach)	52.93
2005	Sa'de Williams (Rancho Cucamonga)	52.35
2006	Sa'de Williams (Rancho Cucamonga)	53.21
2007	Jasmine Joseph (Poly, Long Beach)	53.15
2008	Akawkaw Ndiapagbor (Poly, Long Beach)	53.35
2009	Turquoise Thompson (Serra, Gardena)	53.10
2010	Chimere Ezumah (Serra, Gardena)	52.97
2011	Akawkaw Ndiapagbor (Poly, Long Beach)	53.38
2012	Renetia James (Serra, Gardena)	53.98

800-Meter Run (Girls)

1974	Kathy Costello (Pleasant Hill)	2:10.4
1975	Kathy Costello (Pleasant Hill)	2:09.2
1976	Alice Trumbley (Coalinga)	2:13.3
1977	Ann Regan (Camden, San Jose)	2:08.0
1978	Ann Regan (Camden, San Jose)	2:07.93
1979	Ann Regan (Camden, San Jose)	2:10.22
1980	Marilyn Davis (Miramonte, Orinda)	2:09.73
1981	Donna Curtis (Culver City)	2:06.08
1982	Rennie Durrand (Laguna Beach)	2:06.36
1983	Kerri Zaleski (Millikan, Long Beach)	2:06.41
1984	Trena Hull (Compton)	2:04.91
1985	Kristen Dowell (Santa Teresa, San Jose)	2:10.07
1986	Laura Chapel (University City, San Diego)	2:08.66



Amy Weissenbach broke the national record by 0.86 seconds with her time of 2:02.04 in the 800 meters during the 2011 State Championships. Her time also bested the previous State meet record set in 1984.

CIF State Track and Field Individual Champions

1987	Kimberly McAllister (Locke, Los Angeles) ...	2:12.92
1988	Kathy Roldan (Mt. Whitney, Visalia)	2:12.11
1989	Kim Toney (Atascadero)	2:09.33
1990	Kim Toney (Atascadero)	2:06.13
1991	Nicole Teter (West Valley, Cottonwood)	2:08.14
1992	Miesha Marzell (Bishop O'Dowd, Oakland)	2:10.29
1993	Miesha Marzell (Bishop O'Dowd, Oakland)	2:09.13
1994	Kristie Johnson (Central, Fresno)	2:09.98
1995	Kristie Johnson (Central, Fresno)	2:08.86
1996	Lindsay Hyatt (Placer, Auburn)	2:11.24
1997	Lindsay Hyatt (Placer, Auburn)	2:09.16
1998	Lindsay Hyatt (Placer, Auburn)	2:07.90
1999	Lindsay Hyatt (Placer, Auburn)	2:06.74
2000	Liz Morse (Corona del Mar)	2:08.16
2001	Shannon Rowbury (Sacred Heart Cathedral, SF)	2:10.31
2002	Jamillah Titus (Vintage, Napa)	2:08.62
2003	Ashley Freeman (Wilson, Long Beach)	2:08.86
2004	Alycia Johnson (Canyon, Canyon Country)	2:08.97
2005	Libby Jenke (Menlo, Atherton)	2:10.39
2006	Haley Lawrence (Aliso Niguel, Aliso Viejo)	2:10.57
2007	Dominique Jackson (Fairfield)	2:06.09
2008	Anniya Louis (Culver City)	2:10.29
2009	Aly Drake (Valencia)	2:07.45
2010	Amy Weissenbach (Harvard Westlake, N.Hollywood)	2:07.52
2011	Amy Weissenbach (Harvard Westlake, N.Hollywood)	2:02.04
2012	Amy Weissenbach (Harvard Westlake, N.Hollywood)	2:05.70

1600-Meter Run (Girls)

1974	Jill Caldwell (Westminster)	5:02.2
1975	Kathy Costello (Pleasant Hill)	4:53.5
1976	Linda Broderick (Tamalpais, Mill Valley)	4:56.8
1977	Linda Goen (North, Bakersfield)	4:47.8
1978	Cheri Williams (Livermore)	4:44.95
1979	Linda Goen (North, Bakersfield)	4:51.09
1980	Polly Plumer (University, Irvine)	4:46.71
1981	Polly Plumer (University, Irvine)	4:42.43
1982	Polly Plumer (University, Irvine)	4:39.92
1983	Cory Schubert (Del Mar, San Jose)	4:44.93
1984	Shannon Clark (Mountain View)	4:47.52
1985	Shannon Clark (Mountain View)	4:49.14
1986	Darcy Arreola (Grossmont, La Mesa)	4:45.13
1987	Kira Jorgensen (Vista)	4:45.98
1988	Kira Jorgensen (Vista)	4:49.54
1989	Kira Jorgensen (Vista)	4:49.55
1990	Becky Spies (Livermore)	4:48.74
1991	Becky Spies (Livermore)	4:45.11
1992	Shelley Taylor (Edison, Huntington Beach)	4:48.52
1993	Milena Glusac (Fallbrook)	4:50.83
1994	Elissa Riedy (Mission San Jose, Fremont)	4:54.28
1995	Elissa Riedy (Mission San Jose, Fremont)	4:45.35
1996	Annie Ebner (St. Lucy's Prep, Glendora)	4:48.72
1997	Julia Stamps (Santa Rosa)	4:44.78
1998	Sara Bei (Montgomery, Santa Rosa)	4:49.21
1999	Alejandra Barrientos (San Lorenzo)	4:45.02
2000	Jenny Aldridge (Maria Carillo, Santa Rosa)	4:49.63
2001	Alejandra Barrientos (San Lorenzo Valley)	4:43.24
2002	Shannon Rowbury (Sacred Heart Cathedral, SF)	4:52.77
2003	Alicia Follmar (Saratoga)	4:51.47
2004	Alicia Follmar (Saratoga)	4:46.47
2005	Annie St. Geme (Corona del Mar, Newport Beach)	4:50.40
2006	Christine Babcock (Woodbridge, Irvine)	4:41.29
2007	Christine Babcock (Woodbridge, Irvine)	4:38.85
2008	Christine Babcock (Woodbridge, Irvine)	4:33.82
2009	Sammy Silva (Academy OLP, San Diego)	4:47.67
2010	Chloe Curtis (Redondo)	4:46.63
2011	Cami Chapus (Harvard Westlake, N.Hollywood)	4:40.88
2012	Nikki Hiltz (Aptos)	4:42.45

3200-Meter Run (Girls)

1977	Roxanne Bier (Independence, San Jose)	10:39.7
1978	Cheri Williams (Livermore)	10:17.71
1979	Lisa Scaduto (Santa Monica)	10:34.94
1980	Vicki Cook (Alemany, Mission Hills)	10:14.78
1981	Vicki Cook (Alemany, Mission Hills)	10:12.31
1982	Vicki Cook (Alemany, Mission Hills)	10:16.27
1983	Cory Schubert (Del Mar, San Jose)	10:08.14
1984	Kristen O'Hara (Palos Verde)	10:11.82
1985	Rebecca Chamberlain (Leigh, San Jose)	10:23.85
1986	Laurie Chapman (Gundersen, San Jose)	10:12.86
1987	Mary Mendoza (Presentation, San Jose)	10:33.04
1988	Karen Hecox (South Hills, West Covina)	10:16.14
1989	Rayna Cervantes (Montebello)	10:32.95
1990	Deena Drossin (Agoura)	10:29.60
1991	Deena Drossin (Agoura)	10:30.71
1992	Milena Glusac (Fallbrook)	10:28.62
1993	Milena Glusac (Fallbrook)	10:42.68
1994	Julia Stamps (Rincon Valley Christian, Santa Rosa)	10:26.51

1995	Julia Stamps (Santa Rosa)	10:15.27
1996	Kim Mortensen (Thousand Oaks)	9:52.80
1997	Julia Stamps (Santa Rosa)	10:15.17
1998	Sara Bei (Montgomery, Santa Rosa)	10:31.06
1999	Lauren Flesherman (Canyon, Canyon Country)	10:18.81
2000	Anita Siraki (Hoover, Glendale)	10:18.50
2001	Sara Bei (Montgomery, Santa Rosa)	10:11.11
2002	Clara Horowitz (Head Royce, Oakland)	10:31.01
2003	Claire Rethmeier (San Pasqual, Escondido)	10:27.32
2004	Lindsay Flacks (Harvard Westlake, N.Hollywood)	10:26.25
2005	Tori Tyler (Gunn, Palo Alto)	10:38.90
2006	Jordan Hasay (Mission Prep, San Luis Obispo)	10:13.55
2007	Jordan Hasay (Mission Prep, San Luis Obispo)	10:06.76
2008	Jordan Hasay (Mission Prep, San Luis Obispo)	9:52.13
2009	Jordan Hasay (Mission Prep, San Luis Obispo)	10:05.29
2010	Molly Grabill (Rancho Bernardo, San Diego)	10:20.25
2011	Sarah Baxter (Simi Valley)	10:13.00
2012	Sarah Baxter (Simi Valley)	10:12.00

100-Meter Low Hurdles (Girls)

1974*	Yvonne Boone (Fremont, Oakland)	11.1
1975*	Yvonne Boone (Fremont, Oakland)	10.1
1976*	Tuti Lee (Merced)	10.7
1977	Kris Costello (Lynbrook, San Jose)	13.97
1978	Kris Costello (Lynbrook, San Jose)	13.83
1979	Janet Yarbrough (Clovis)	14.01
1980	Judy Young (Berkeley)	13.52w
1981	Sherifa Sanders (Berkeley)	13.74
1982	Natalie Spinks (Skyline, Oakland)	13.88w
1983	Chewakui Knighten (Locke, Los Angeles)	13.88
1984	Gail Devers (Sweetwater, National City)	13.41
1985	Lana Cantrell (Muir, Pasadena)	13.57
1986	Janeene Vickers (Pomona)	13.74
1987	Janeene Vickers (Pomona)	13.34
1988	Michelle Decoux (Bishop O'Dowd, Oakland)	13.91
1989	Felice Lipscomb (Santa Monica)	13.69
1990	Felice Lipscomb (Santa Monica)	13.58
1991	Phetima Woods (Duarte)	14.08
1992	Twila Sims (Lompoc)	13.83

* from 1974-76, race was 80 Meters

100-Meter High Hurdles (Girls)

1993	Bisa Grant (Bishop O'Dowd, Oakland)	14.11
1994	Davetta Shepard (Kennedy, Sacramento)	13.73w
1995	Joanna Hayes (J.W. North, Riverside)	13.45
1996	Nicole Hoxie (J.W. North, Riverside)	13.87
1997	Nicole Hoxie (J.W. North, Riverside)	13.35
1998	Natasha Neal (James Logan, Union City)	13.57
1999	Nichole Denby (J.W. North, Riverside)	13.42w
2000	Nichole Denby (J.W. North, Riverside)	13.20
2001	Lashinda Demus (Wilson, Long Beach)	13.39w
2002	Talia Stewart (James Logan, Union City)	14.03
2003	Ashlee Brown (J.W. North, Riverside)	13.58
2004	Talia Stewart (James Logan, Union City)	13.31
2005	Leslie Mercado (Diamond Ranch, Pomona)	13.58w
2006	Julian Purvis (St. Elizabeth, Oakland)	13.93
2007	Vashti Thomas (Mt. Pleasant, San Jose)	13.03
2008	Vashti Thomas (Mt. Pleasant, San Jose)	13.44
2009	Kori Carter (Claremont)	13.59
2010	Kori Carter (Claremont)	13.33
2011	Trinity Wilson (St. Mary's, Berkeley)	13.41
2012	Sasha Wallace (Holy Names, Oakland)	13.33

300-Meter Low Hurdles (Girls)

1981	Audrey Williams (Saugus)	42.26
1982	Gayle Kellon (Walnut)	41.09
1983	Gayle Kellon (Walnut)	41.71
1984	Leslie Maxie (Mills, Millbrae)	40.90
1985	Leslie Maxie (Mills, Millbrae)	41.80
1986	Janeene Vickers (Pomona)	41.32
1987	Janeene Vickers (Pomona)	40.96
1988	Michelle Decoux (Bishop O'Dowd, Oakland)	42.16
1989	Twila Sims (Lompoc)	42.54
1990	Felice Lipscomb (Santa Monica)	41.69
1991	Erin Blunt (San Pasqual, Escondido)	43.02
1992	Twila Sims (Lompoc)	42.75
1993	Angela Harris (Skyline, Oakland)	42.78
1994	Angela Harris (Skyline, Oakland)	42.78
1995	Joanna Hayes (J.W. North, Riverside)	41.20
1996	Tisha Ponder (Del Mar, San Jose)	42.22
1997	Ryan Peters (Skyline, Oakland)	41.47
1998	Natasha Neal (James Logan, Union City)	40.86
1999	Lashinda Demus (Wilson, Long Beach)	40.44
2000	Lashinda Demus (Wilson, Long Beach)	40.41
2001	Ashlee Brown (J.W. North, Riverside)	41.81
2002	Ashlee Brown (J.W. North, Riverside)	41.67

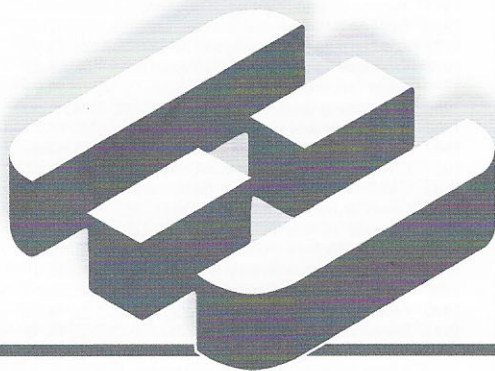
2003	McKenzie Hill (Wilson, Long Beach)	41.31
2004	Talia Stewart (James Logan, Union City)	41.31
2005	Ebony Collins (Wilson, Long Beach)	40.10
2006	Ebony Collins (Wilson, Long Beach)	40.13
2007	Jamesha Youngblood (Hercules)	41.08
2008	Kori Carter (Claremont)	41.28
2009	Kori Carter (Claremont)	41.26
2010	Kori Carter (Claremont)	40.44
2011	Melia Cox (Poly, Long Beach)	41.80
2012	Daje Pugh (Fairfield)	40.57

400-Meter Relay (Girls)

1974	Berkeley	47.5
1975	Muir (Pasadena)	48.0
1976	Muir (Pasadena)	47.6
1977	Crawford (San Diego)	46.14
1978	Jordan (Los Angeles)	47.14
1979	Westchester	47.95
1980	Kennedy (Granada Hills)	45.81
1981	Berkeley	45.13
1982	Dorsey (Los Angeles)	45.42
1983	Hawthorne	46.56
1984	Hawthorne	45.99
1985	Hawthorne	45.95
1986	Hawthorne	45.54
1987	St. Francis (Mountain View)	45.95
1988	Hawthorne	47.10
1989	Muir (Pasadena)	46.46
1990	Bakersfield	46.49
1991	Morningside (Inglewood)	46.38
1992	Morningside (Inglewood)	46.34
1993	Poly (Long Beach)	45.74
1994	Wilson (Long Beach)	46.17
1995	Poly (Long Beach)	45.1h
1996	James Logan (Union City)	45.20
1997	St. Bernard (Playa del Rey)	44.70
1998	St. Bernard (Playa del Rey)	46.00
1999	San Lorenzo Valley	45.90
2000	Berkeley	45.96
2001	Wilson (Long Beach)	45.40
2002	Poly (Long Beach)	45.50
2003	Poly (Long Beach)	45.04
2004	Poly (Long Beach)	45.11
2005	Wilson (Long Beach)	44.84
2006	Wilson (Long Beach)	45.19
2007	Rancho Verde (Moreno Valley)	45.74
2008	St. Mary's Academy (Inglewood)	46.41
2009	Poly (Long Beach)	45.88
2010	Rancho Verde (Moreno Valley)	45.74
2011	Poly (Long Beach)	45.70
2012	Serra (Gardena)	45.92

1600-Meter Relay (Girls)

1974	Berkeley	3:46.4
1975	Washington (Los Angeles)	3:44.5
1976	Fremont (Los Angeles)	3:55.9
1977	Locke (Los Angeles)	3:52.1
1978	Fremont (Los Angeles)	3:51.3
1979	San Geronio (San Bernardino)	3:44.05
1980	Kennedy (Granada Hills)	3:37.98
1981	Kennedy (Granada Hills)	3:37.71
1982	Dorsey (Los Angeles)	3:41.72
1983	Dorsey (Los Angeles)	3:46.24
1984	Locke (Los Angeles)	3:38.65
1985	Muir (Pasadena)	3:43.30
1986	Compton	3:42.31
1987	Poly (Long Beach)	3:45.20
1988	Hawthorne	3:47.32
1989	Hawthorne	3:46.59
1990	Morningside (Inglewood)	3:44.16
1991	Poly (Long Beach)	3:48.85
1992	Poly (Long Beach)	3:45.91
1993	Poly (Long Beach)	3:42.75
1994	Skyline (Oakland)	3:41.90
1995	Poly (Long Beach)	3:39.53
1996	Wilson (Long Beach)	3:38.50
1997	St. Bernard (Playa del Rey)	3:39.43
1998	Wilson (Long Beach)	3:36.32
1999	Wilson (Long Beach)	3:39.01
2000	J.W. North (Riverside)	3:41.11
2001	Wilson (Long Beach)	3:35.72
2002	Poly (Long Beach)	3:35.99
2003	Poly (Long Beach)	3:35.78
2004	Poly (Long Beach)	3:35.49
2005	Wilson (Long Beach)	3:39.27
2006	Wilson (Long Beach)	3:37.14
2007	Bishop O'Dowd (Oakland)	3:47.42



HARRIS

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CIF State Track and Field Individual Champions

2008	Poly (Long Beach).....	3:40.87
2009	Serra (Gardena).....	3:42.91
2010	Poly (Long Beach).....	3:39.15
2011	Serra (Gardena).....	3:43.21
2012	Serra (Gardena).....	3:46.45

Discus Throw (Girls)

1976	Kathy Middleton (Poway).....	134-05
1977	Karen Stampfl (Lassen, Susanville).....	137-08
1978	Christi Pyle (Hoover, Glendale).....	149-03
1979	Leslie Deniz (Gridley).....	167-01
1980	Leslie Deniz (Gridley).....	172-11
1981	Natalie Kaaiawahia (Fullerton).....	162-10
1982	Jacque Norton (Mission Viejo).....	160-02
1983	Natalie Kaaiawahia (Fullerton).....	170-01
1984	Stacy Horn (Cordova, Rancho Cordova).....	159-01
1985	Lil Ili (Nogales, La Puente).....	162-02
1986	Tracy Crawford (Southwest, San Diego).....	156-02
1987	Dawn Dunble (Bakersfield).....	144-10
1988	Melissa Weis (Bakersfield).....	159-07
1989	Melissa Weis (Bakersfield).....	168-00
1990	Melissa Weis (Bakersfield).....	169-11
1991	Celeste McVey (Redlands).....	160-11
1992	Suzy Powell (Downey, Modesto).....	169-08
1993	Suzy Powell (Downey, Modesto).....	168-11
1994	Suzy Powell (Downey, Modesto).....	174-02
1995	Nadia Lopez (Arroyo Grande).....	152-06
1996	Chaniqua Ross (Laguna Creek, Elk Grove).....	158-04
1997	Chaniqua Ross (Laguna Creek, Elk Grove).....	177-01
1998	Stephanie Brown (Arroyo Grande).....	181-03
1999	April Burton (Bakersfield).....	153-10
2000	Jill Camarena (Woodland).....	151-01
2001	Rachel Varner (Bakersfield).....	162-09
2002	Billie Jo Grant (Arroyo Grande).....	174-00
2003	Billie Jo Grant (Arroyo Grande).....	174-04
2004	Missy Faubus (Centennial, Bakersfield).....	166-09
2005	Alexarae Toeaina (Pittsburg).....	158-03
2006	Sarah Robles (San Jacinto).....	158-00
2007	Hilary Fraser (El Toro, Lake Forest).....	159-07
2008	Anna Jelmini (Shafter).....	169-04
2009	Anna Jelmini (Shafter).....	186-09
2010	Alex Collatz (Stockdale, Bakersfield).....	170-09
2011	Alex Morgan (Ventura).....	153-08
2012	Lissette Mendivil (Redwood, Visalia).....	155-10

High Jump (Girls)

1974	Pam Blackburn (Cubberley, Palo Alto).....	5-08
1975	Kim Maddox (Los Angeles).....	5-08
1976	Kari Gossweiler (Upland).....	5-10
1977	Kari Gossweiler (Upland).....	5-09
1978	Sue McNeal (Carlsbad).....	5-10.25
1979	Tonya Alston (Chico).....	5-09
1980	Karen Lysaght (St. Francis, Sacramento).....	6-00
1981	Katrina Johnson (Marshall Fundamental, Pasadena).....	5-10
1982	Katrina Johnson (Marshall Fundamental, Pasadena).....	5-11
1983	Tonya Mendonca, Mt. Whitney, Visalia).....	6-01
1984	Wendy Brown (Woodside).....	6-01.25
1985	Latrese Johnson (Clovis).....	6-02
1986	Yleana Carrasco (Anaheim).....	5-10
1987	Lynn Patrick (Serra, San Diego).....	5-10
1988	Crissy Mills (Campbell Hall, North Hollywood).....	5-10
1989	Crissy Mills (Campbell Hall, North Hollywood).....	6-00
1990	Chi Johnson (Menlo-Atherton, Atherton).....	5-08
1991	Tanya Smith (Cordova, Rancho Cordova).....	5-11
1992	Kristy Kieruff (Esperanza, Anaheim).....	5-10
1993	Tracye Lawyer (Cate, Carpinteria).....	5-10
1994	Kristy Kieruff (Esperanza, Anaheim).....	5-10
1995	Tara Fleming (Immanuel, Reedley).....	6-00
1996	Liz Giltner (Chaminade, Canoga Park).....	5-10
1997	Tayyiba Haneef (Laguna Hills).....	5-09
1998	Tia Hanson (El Cajon).....	5-08
1999	Kim Stone (York, Monterey).....	5-09
2000	Schquay Brignac (Taft, Los Angeles).....	5-09
2001	Chaunte Howard (J.W. North, Riverside).....	5-10
2002	Sharon Day (Costa Mesa).....	5-11
2003	Sharon Day (Costa Mesa).....	5-10
2004	Allie Miller (Los Altos).....	5-09.25
2005	Desirae Gonder (Stockdale).....	5-09
2006	Jasmine Day (Costa Mesa).....	5-09
2007	Whitney Sisler (La Costa Canyon, Carlsbad).....	5-10
2008	Tara Richmond (Poly, Long Beach).....	5-11
2009	Adrienne Johnson (Carondelet, Concord).....	5-08
2010	Lydia French (Thousand Oaks).....	5-10
2011	Rachel McCoy (A.B. Miller, Fontana).....	5-08
2012	Claire Kieffer-Wright (South Pasadena).....	5-10

Long Jump (Girls)

1974	Jodi Anderson (Washington, Los Angeles).....	19-07.00
1975	Jodi Anderson (Washington, Los Angeles).....	19-06.50w
1976	Jodi Anderson (Washington, Los Angeles).....	20-00.25
1977	Lisa Gouridine (El Toro, Lake Forest).....	19-01.00
1978	Kathy Hayes (Madera).....	19-03.00
1979	Gwen Loud (Westchester).....	20-04.50
1980	Marlene Harmon (Thousand Oaks).....	20-08.75
1981	Chris Mose (El Cajon).....	18-10.25
1982	Wendy Brown (Woodside).....	19-10.50
1983	Gail Devers (Sweetwater, National City).....	19-06.00
1984	Wendy Brown (Woodside).....	20-09.75
1985	Yvette Roberts (Washington Union, Fresno).....	19-01.00
1986	Madette Smith (Quartz Hill).....	20-04.75
1987	Karen Lawson (St. Francis, Mountain View).....	19-01.50
1988	Tonya Conner (Barstow).....	19-05.75
1989	Juliana Yendork (Walnut).....	20-02.50w
1990	Juliana Yendork (Walnut).....	20-01.50
1991	Juliana Yendork (Walnut).....	20-07.50w
1992	Kam Warner (West, Bakersfield).....	20-06.25
1993	Marion Jones (Thousand Oaks).....	22-00.50
1994	Tara Oettinger (Foothill, Santa Ana).....	19-07.50
1995	Jernae Wright (James Logan, Union City).....	20-08.00w
1996	Jernae Wright (James Logan, Union City).....	20-03.00
1997	Bunmi Ogunleye (Poly, Long Beach).....	20-00.75w
1998	Angela Williams (Chino).....	19-07.75w
1999	Sani Roseby (Monterey).....	19-08.75w
2000	Michelle Sanford (Woodbridge, Irvine).....	19-07.25
2001	Elzunia Wojcicka (Hollister).....	20-05.50w
2002	Lena Bettis (J.W. North, Riverside).....	19-08.25
2003	Rene Williams (Skyline, Oakland).....	20-08.25
2004	Shana Woods (Poly, Long Beach).....	20-07.75
2005	Brittany Daniels (Merrill West, Tracy).....	20-08.25w
2006	Amber Purvis (Benicia).....	19-10.25
2007	Jamsha Youngblood (Hercules).....	20-11.75w
2008	Vashti Thomas (Mt. Pleasant, San Jose).....	20-00.25
2009	Karynn Dunn (Diamond Ranch, Pomona).....	20-03.25w
2010	Jenna Prandini (Clovis).....	20-05.75
2011	Jenna Prandini (Clovis).....	19-11.75
2012	Alexis Faulknor (Serra, Gardena).....	20-03.00w

Pole Vault (Girls)

1995	Melissa Price (Kingsburg).....	12-06
1996	Alexa Harz (Peninsula, Rolling Hills Estates).....	12-01.25
1997	Bridget Pearson (Hoover, Glendale).....	12-00
1998	Tracy O'Hara (Rancho Bernardo, San Diego).....	12-08
1999	Kathleen Donoghue (Rancho Bernardo, San Diego).....	12-08.25
2000	Lara Chen (Temple City).....	12-04
2001	Shayla Ballentine (Morro Bay).....	13-08
2002	Chelsea Johnson (Atascadero).....	13-03
2003	Kira Costa (San Joaquin Memorial, Fresno).....	13-05
2004	Allison Stokke (Newport Harbor, Newport Beach).....	12-08
2005	Bryson Stately (Cordova, Rancho Cordova).....	13-04
2006	Tori Anthony (Castilleja, Palo Alto).....	13-03
2007	Tori Anthony (Castilleja, Palo Alto).....	14-01
2008	Emily Mattoon (Rancho Bernardo, San Diego).....	12-06
2009	Kortney Ross (Westview, San Diego).....	13-04
2010	Kortney Ross (Westview, San Diego).....	13-06
2011	Anginae Monteverde (Clovis West, Fresno).....	13-06
2012	Taylor Jaques (Presentation, San Jose).....	13-04.25

Shot Put (Girls)

1974	Kathy Devine (Mission Bay, San Diego).....	47-04.50
1975	Kathy Devine (Mission Bay, San Diego).....	42-03.25
1976	Becky Daniel (Newport Harbor).....	42-09.75
1977	Debra Thorntana (Sacramento).....	43-09.00
1978	Kerry Zwart (Crescenta Valley, La Crescenta).....	45-11.50
1979	Susie Ray (Villa Park).....	49-06.50
1980	Natalie Kaaiawahia (Fullerton).....	48-04.50
1981	Natalie Kaaiawahia (Fullerton).....	51-08.50
1982	Natalie Kaaiawahia (Fullerton).....	50-03.00
1983	Natalie Kaaiawahia (Fullerton).....	52-07.50
1984	Pam Alexander (Arlington, Riverside).....	46-03.50
1985	Elaina Oden (Irvine).....	46-11.75
1986	Brandi Gail (Rowland, Rowland Heights).....	45-02.50
1987	Kim Lassair (Northgate, Walnut Creek).....	39-06.25
1988	Dawn Dunble (Bakersfield).....	48-02.50
1989	Melissa Weis (Bakersfield).....	44-01.00
1990	Dawn Dunble (Bakersfield).....	49-03.50
1991	Mika Hilaire (Pittsburg).....	45-04.25
1992	Kristin Heaston (Ygnacio Valley, Concord).....	45-03.50
1993	Kristin Heaston (Ygnacio Valley, Concord).....	52-11.50
1994	Delores Tuimoloua (Channel Islands, Oxnard).....	46-10.00
1995	Rebecca Morrison (Presentation, San Jose).....	47-06.75
1996	Stephanie Brown (Arroyo Grande).....	43-00.25
1997	Cynthia Ademiluyi (Poly, Long Beach).....	47-05.25



Tori Anthony became the first high school girl to pole vault higher than 14 feet when she jumped 14-01 at the 2007 state meet, for a new national record which has yet to be overturned.

1998	Stephanie Brown (Arroyo Grande).....	48-10.75
1999	Jill Camarena (Woodland).....	48-06.00
2000	Karen Freberg (San Luis Obispo).....	50-07.25
2001	Karen Freberg (San Luis Obispo).....	50-02.25
2002	Rachel Varner (Bakersfield).....	47-00.50
2003	Jessica Pressley (Laguna Creek, Elk Grove).....	50-05.00
2004	Megan Howard (Arroyo Grande).....	49-11.75
2005	Julie Dufresne (Harbor, Santa Cruz).....	47-07.50
2006	Erin Delaney (Paso Robles).....	45-05.25
2007	Rosario Sanchez (Selma).....	47-10
2008	Anna Jelmini (Shafter).....	48-03.50
2009	Anna Jelmini (Shafter).....	50-05.75
2010	Jasmine Burrell (North Torrance).....	47-06.50
2011	Breana Jemison (Carlsbad).....	43-01.25
2012	Stamatia Scavellis (Dos Pueblos, Goleta).....	47-03.25

Triple Jump (Girls)

1982	Wendy Brown (Woodside).....	39-08.75
1983	Wendy Brown (Woodside).....	40-03.00
1984	Wendy Brown (Woodside).....	42-10.50
1985	Sheila Hudson (Rio Linda).....	41-10.00w
1986	Felicia Harris (San Lorenzo).....	40-02.00
1987	Kim Lassair (Northgate, Walnut Creek).....	39-06.25
1988	Stacy Thompson (Morse, San Diego).....	39-01.00
1989	Juliana Yendork (Walnut).....	41-10.00
1990	Juliana Yendork (Walnut).....	42-00.25
1991	Juliana Yendork (Walnut).....	43-06.50
1992	Kayla Montgomery (Clovis West, Fresno).....	39-11.25
1993	Cheaza Figueroa (Quartz Hill).....	40-01.25
1994	Tamieka Porter (Orange Glen, Escondido).....	38-11.50
1995	Kelly O'Connor (Esperanza, Anaheim).....	40-06.50
1996	Kelly O'Connor (Esperanza, Anaheim).....	40-02.50
1997	Andrea Booker (El Camino, Oceanside).....	40-00.00w
1998	Andrea Booker (El Camino, Oceanside).....	40-00.25w
1999	Heather Contreras (Sutter).....	40-03.75
2000	Blessing Ufodiama (Poly, Long Beach).....	40-08.75
2001	Candace Bauman (Poly, Long Beach).....	42-04.50
2002	Michelle Sanford (Woodbridge, Irvine).....	41-05.25
2003	Brittany Daniels (Merrill West, Tracy).....	42-04.75
2004	Brittany Daniels (Merrill West, Tracy).....	42-08.00
2005	Brittany Daniels (Merrill West, Tracy).....	44-05.50w
2006	Ke'Nyia Richardson (Holy Names, Oakland).....	43-03.25
2007	Ke'Nyia Richardson (Holy Names, Oakland).....	45-04.25w
2008	Vashti Thomas (Mt. Pleasant, San Jose).....	42-00.50
2009	Ciarra Brewer (James Logan, Union City).....	42-11.50
2010	Jenna Prandini (Clovis).....	42-07.25
2011	Ciarra Brewer (James Logan, Union City).....	41-11.00
2012	Sasha Wallace (Holy Names, Oakland).....	41-05.75

In 1980, running event distances transitioned from yards to meters.

w -- wind aided result
h -- hand timed

CIF State Track and Field Multiple Championships

BOYS RECORDS

Most Team State Championships

- 10 Poly, Long Beach.....(1928, 1932, 1959, 1964-65, 1997-98, 2006-07, 2011)
- 8 Jefferson, Los Angeles.....(1938, 1949-52, 1956, 1962, 1964)
- 8 Muir, Pasadena.....(1934, 1936, 1967, 1974, 1990, 1994-96)
- 7 Manual Arts, Los Angeles.....(1915-16, 1919, 1924-25, 1953, 1958)
- 6 Hawthorne.....(1983-85, 1987-89)

Most Consecutive Team State Championships

- 4 Jefferson, Los Angeles.....(1949-52)
- 3 Hawthorne, twice.....(1983-85, 1987-89)
- 3 Muir, Pasadena.....(1994-96)

Most Individual State Championships

- 6 Clarence "Bud" Houser (Oxnard).....Discus (1920-22); Shot (1920-22)
- 5 Charley Paddock (Pasadena).....100yd (1916, 1918); 220yd (1916-18)
- 4 Randall Carroll (Cathedral, Los Angeles).....100m (2008-09); 200m (2008-09)
- 4 Roman Gomez (Belmont, Los Angeles).....1600m (1984-85); 3200m (1984-85)
- 4 Remontay McClain (Covina).....100m (2010-11); 200m (2010-11)
- 4 Eddie Morris (Huntington Beach).....100yd (1940); 220yd (1938-40)
- 4 Bryshon Nellum (Poly, Long Beach).....200m (2006-07); 400m (2006-07)
- 4 Terry Prentice (Diamond Ranch, Pomona).....110HH (2006-07); LJ (2006-07)
- 4 Frank Wykoff (Glendale).....100yd (1927); 220yd (1927-28); LJ (1927)
- 3 Forrest Beaty (Hoover, Glendale).....100yd (1961-62); 200yd (1961)
- 3 Brian Bluetreich (Capistrano Valley, Mission Viejo).....Shot (1984-85); Discus (1985)
- 3 John Bradley (Hoover, Glendale).....100yd (1947); 220yd (1947-48)
- 3 Reynaldo Brown (Compton).....HJ (1967-69)
- 3 Johnathan Cabral (Agoura, Agoura Hills).....110HH (2010-11); 300IH (2011)
- 3 Bill Cowings (Fowler).....100yd (1959-60); 200yd (1960)
- 3 Kevin Craddock (James Logan, Union City).....110HH (2003-04); 300IH (2004)
- 3 Matt Darr (Frontier, Bakersfield).....Discus (2009); Shot (2009-10)
- 3 David Gettis (Dorsey, Los Angeles).....400m (2003-05)
- 3 Lincoln Hall (Santa Paula).....PV (1914-16)
- 3 Mort Kaer (Red Bluff).....220LH (1922-23); LJ (1923)
- 3 Leamon King (Delano).....220yd (1951, 1953); 100yd (1953)
- 3 Roy Kirpatrick (Entral, El Centro).....220LH (1933-34); 120HH (1934)
- 3 Harry Lampport (Manual Arts, LA).....120HH (1916); 220LH (1916); LJ (1916)
- 3 Hugh McElhenny (Washington, LA).....120HH (1947); 180LH (1947); LJ (1947)
- 3 Bill Miller (San Diego).....PV (1927-29)
- 3 Obea Moore (Muir, Pasadena).....200m (1996); 400m (1995-96)
- 3 Billy Mullins (Hamilton, Los Angeles).....100yd (1976); 200yd (1975-76)
- 3 Verden Nash (Chino 1920-21); Huntington Beach (1922).....LJ (1920-22)
- 3 Leon Patterson (Taft).....Discus (1951); Shot (1951-52)
- 3 Jerry Proctor (Muir, Pasadena).....110HH (1967); 300IH (1967); LJ (1967)
- 3 Scott Roth (Granite Bay).....PV (2004-06)
- 3 Darius Savage (Morse, San Diego).....Discus (2005-06); Shot (2006)
- 3 Les Steers (Palo Alto).....HJ (1935-37)
- 3 Monte Upshaw (Piedmont).....LJ (1953-54); 180 LH (1954)
- 3 Hubie Watson (Jordan, Los Angeles).....100yd (1958-59); 220yd (1959)
- 3 Quincy Watts (Taft).....100m (1987); 200m (1986-87)
- 3 Wayne Weeks (Santa Rosa).....Shot (1915-16); Discus (1916)
- 3 Ethan Cochran (Newport Harbor, Newport).....Discus (2011-12); Shot (2012)

Boys CIF State Track and Field Championships began in 1915 and have since been held annually, excluding the World War II years (1942-45).

Assistance with compilation of individual titles provided by Nelson Tennis, Founder Cal-Hi Sports

GIRLS RECORDS

Most Team State Championships

- 12 Poly, Long Beach.....(1992-93, 1995, 1997-98, 2001, 2003-04, 2008-11)
- 5 Berkeley.....(1974, 1976, 1981-83)
- 3 J.W. North, Riverside.....(1999-00, 2002)
- 3 Wilson, Long Beach.....(1996, 1998, 2006)
- 2 Bakersfield.....(1988, 1990)
- 2 Muir, Pasadena.....(1985, 1989)

Most Consecutive Team State Championships

- 4 Poly, Long Beach.....(2008-11)
- 3 Berkeley.....(1981-83)
- 2 J.W. North, Riverside.....(1999-2000)
- 2 Poly, Long Beach, three times.....(1992-93, 1997-98, 2003-04)

Most Individual State Championships

- 9 Marion Jones.....(Rio Mesa, Oxnard 1990-91); (Thousand Oaks 1992-93)
.....100m (1990-93); 200m (1990-93); LJ (1993)
- 6 Natalie Kaaiawahia (Fullerton).....Shot (1980-83); Discus (1981, 1983)
- 6 Wendy Brown (Woodside).....LJ (1982-84); TJ (1982-84); HJ (1984)
- 6 Juliana Yendork (Walnut).....LJ (1989-91); TJ (1989-91)
- 5 Angela Burnham (Rio Mesa, Oxnard).....100m (1986, 1988-89); 200m (1988-89)
- 5 Kori Carter (Claremont).....100HH (2009-10); 300LH (2008-10)
- 5 Allyson Felix (Los Angeles Baptist, No. Hills).....100m (2001-03); 200m (2002-03)
- 5 Monique Henderson (Morse, San Diego).....200m (2000); 400m (1998-2001)
- 5 Jenna Prandini (Clovis).....LJ (2010-11); TJ (2010); 100m (2011); 200m (2011)
- 5 Angela Williams (Chino).....100m (1997-98); 200m (1998); 400m (1995); LJ (1998)
- 4 Brittany Daniels (Merrill West, Tracy).....TJ (2003-05); LJ (2005)
- 4 Jordan Hasay (Mission Prep, San Luis Obispo).....3200m (2006-09)
- 4 Denean Howard (Kennedy, Granada Hills).....200m (1981-82); 400m (1980, 1982)
- 4 Lindsay Hyatt (Placer, Auburn).....800m (1996-99)
- 4 Anna Jelmini (Shafter).....Discus (2008-09); Shot (2008-09)
- 4 Ashton Purvis (St. Elizabeth, Oakland).....100m (2008, 2010); 200m (2009-10)
- 4 Julia Stamps.....(Rincon Valley Christian, Santa Rosa 1994); (Santa Rosa 1995-97)
.....3200m (1994-95, 1997); 1600m (1997)
- 4 Jeneba Tarmoh (Mt. Pleasant, San Jose).....100m (2006-07); 200m (2006-07)
- 4 Vashti Thomas (Mt. Pleasant, San Jose).....100HH (2007-08); LJ (2008); TJ (2008)
- 4 Janeene Vickers (Pomona).....300LH (1986-87); 100LH (1986-87)
- 4 Melisa Weis (Bakersfield).....Discus (1988-90); Shot (1989)
- 3 Jodi Anderson (Washington, Los Angeles).....LJ (1974-76)
- 3 Christine Babcock (Woodbridge, Irvine).....1600m (2006-08)
- 3 Lakeisha Backus (Wilson, Long Beach).....100m (1995); 200m (1994-95)
- 3 Sara Bei (Montgomery, Santa Rosa).....1600m (1998); 3200m (1998, 2001)
- 3 Ashlee Brown (J.W. North, Riverside).....100HH (2003); 300LH (2001-02)
- 3 Stephanie Brown (Arroyo Grande).....Shot (1996, 1998); Discus (1998)
- 3 Ebony Collins (Wilson, Long Beach).....300LH (2005-06); 100m (2005)
- 3 Vicki Cook (Alemany, Mission Hills).....3200m (1980-82)
- 3 Kathy Costello (Pleasant Hill).....800m (1974-75); 1600m (1975)
- 3 Kinshasa Davis (Wilson, Long Beach).....400m (1996-97); 200m (1997)
- 3 Dawn Dumble (Bakersfield).....Discus (1988-90); Shot (1989)
- 3 Milena Glusac (Fallbrook).....1600m (1993); 3200m (1992-93)
- 3 Kira Jorgensen (Vista).....1600m (1987-89)
- 3 Felice Lipscomb (Santa Monica).....100LH (1989-90); 300LH (1990)
- 3 Janice Nichols (Bakersfield).....400m (1990-92)
- 3 Polly Plumer (University, Irvine).....1600m (1980-82)
- 3 Suzy Powell (Downey, Modesto).....Discus (1992-94)
- 3 Ann Regan (Camden, San Jose).....800yd (1977-79)
- 3 Angela Rolfe (Dorsey, Los Angeles).....400m (1987-89)
- 3 Twila Sims (Lompoc).....300LH (1989, 1992); 100LH (1992)
- 3 Talia Stewart (James Logan, Union City).....100HH (2002, 2004); 300LH (2004)
- 3 Pam Waters (Bell).....200m (1975-76); 100m (1976)
- 3 Amy Weissenbach (Harvard Westlake, N. Hollywood).....800m (2010-12)

Girls CIF State Track and Field Championships were initiated in 1974 and have since been held annually.



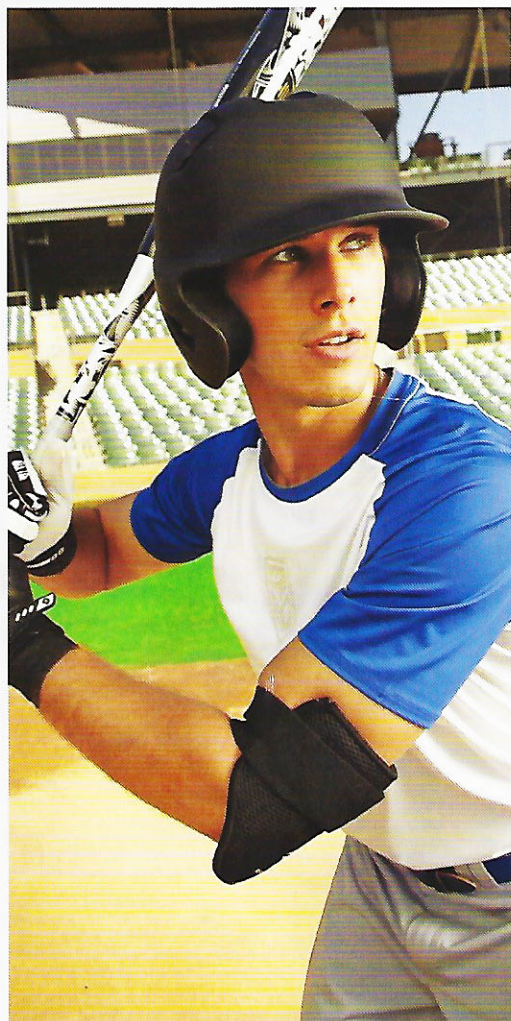
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