

# *Bob King/Don Gilbert Invitational*

**Saturday, March 10, 2012**

We are pleased to announce that on Saturday, March 10, 2012, we will host the Bob King/Don Gilbert Invitational. The meet will be held at Granite Bay High School and will feature an all weather track and FinishLynx timing system.

**Format:** There are 4 divisions of competition – varsity boys/girls and JV boys/girls. Each school will be allowed 3 entries in all events except the 1600m and the 3200m which will be allowed 4 entries. There is only 1 entry per relay (4X100 and 4X400).

We will continue with minimum marks in the throwing and horizontal jumps this year. All athletes will receive 4 attempts. The first attempt will be measured as usual. The following 3 attempts will need to meet the minimum required distance in order obtain a measurement. The minimum marks will be an average from the previous 2 years and will be provided for you at a later date.

**Awards:** Custom medals will be provided for 1<sup>st</sup> through 3<sup>rd</sup> place in all individual events. Trophies will be awarded to the 1<sup>st</sup> place teams in all 4 divisions.

**Entry Fees:** Entry Fee is due **by March 1, 2012**

In order to conduct a smooth and exciting track and field meet, the event will be limited to the first **21 teams** who contact Coach Nasca by email. Teams will be notified by email of acceptance. Additional information concerning entering your athletes online at [athletic.net](http://athletic.net) will be emailed to each accepted school two weeks prior to the meet.

4-Divisions-\$235.00  
3-Divisions-\$210.00  
2-Divisions-\$160.00  
1-Division-\$85.00

**Make checks payable to:**  
***Granite Bay Track & Field***  
***#1 Grizzly Way***  
***Granite Bay, Ca 95746***

**Hospitality:** Each team will receive 3 complimentary Coaches lunch tickets. The meet will have a complete snack bar and custom meet t-shirts will be for sale.

**Athletic Trainer:** More information will be provided at a later date.

**Entry Process:** Email Coach Nasca at [nascasis@aol.com](mailto:nascasis@aol.com) with your intent to attend. **Please specify participating divisions; Varsity boys/girls, JV boys/girls.**

All the Best for a Successful Track Season,

Jackie Nasca  
Head Coach-Granite Bay High School  
[nascasis@aol.com](mailto:nascasis@aol.com)