

2010 Sac-Joaquin Section Division II Track and Field Trials Schedule

FIELD EVENT SCHEDULE – Wednesday, May 19, 2010

Field Event	Reporting Time	Scratch Time	Starting Time
Boys's High Jump	2:00 p.m.	2:45 p.m.	3:00 p.m.
Girl's Pole Vault	2:00 p.m.	2:45 p.m.	3:00 p.m.
Girl's Triple Jump	2:00 p.m.	2:45 p.m.	3:00 p.m.
Girl's Discus	2:00 p.m.	2:45 p.m.	3:00 p.m.
Boy's Shot Put	4:00 p.m.	4:45 p.m.	5:00 p.m.
Boy's Triple Jump	4:00 p.m.	4:45 p.m.	5:00 p.m.

All of the above field events will conduct trials and finals on May 19

REVISED RUNNING EVENT SCHEDULE – Wednesday, May 19, 2010

Track Events	Scratch Time	Event Time	Track Events	Scratch Time	Event Time
Boy's 4 x 100 Relay - Heat 1	4:15	4:30	Boy's 800 M - Heat 1	6:00	6:15
Boy's 4 x 100 Relay - Heat 2	4:15	4:34	Boy's 800 M - Heat 2	6:00	6:20
Boy's 4 x 100 Relay - Heat 3	4:15	4:38	Boy's 800 M - Heat 3	6:00	6:25
Girl's 4 x 100 Relay - Heat 1	4:27	4:42	Boy's 800 M - Heat 4	6:00	6:30
Girl's 4 x 100 Relay - Heat 2	4:27	4:46	Girl's 800 M - Heat 1	6:20	6:35
Girl's 4 x 100 Relay - Heat 3	4:27	4:50	Girl's 800 M - Heat 2	6:20	6:40
Boy's 110 M HH - Heat 1	4:40	4:55	Girl's 800 M - Heat 3	6:20	6:45
Boy's 110 M HH - Heat 2	4:40	5:00	Boy's 300 M LH - Heat 1	6:35	6:50
Boy's 110 M HH - Heat 3	4:40	5:05	Boy's 300 M LH - Heat 2	6:35	6:54
Girl's 100 M HH - Heat 1	4:55	5:10	Boy's 300 M LH - Heat 3	6:35	6:58
Girl's 100 M HH - Heat 2	4:55	5:15	Girl's 300 M LH - Heat 1	6:47	7:02
Girl's 100 M HH - Heat 3	4:55	5:20	Girl's 300 M LH - Heat 2	6:47	7:06
Boy's 400 M - Heat 1	5:10	5:25	Girl's 300 M LH - Heat 3	6:47	7:10
Boy's 400 M - Heat 2	5:10	5:29	Boy's 200 M - Heat 1	7:00	7:15
Boy's 400 M - Heat 3	5:10	5:34	Boy's 200 M - Heat 2	7:00	7:19
Girl's 400 M - Heat 1	5:23	5:38	Boy's 200 M - Heat 3	7:00	7:23
Girl's 400 M - Heat 2	5:23	5:42	Girl's 200 M - Heat 1	7:12	7:27
Girl's 400 M - Heat 3	5:23	5:46	Girl's 200 M - Heat 2	7:12	7:31
Boy's 100 M - Heat 1	5:35	5:50	Girl's 200 M - Heat 3	7:12	7:35
Boy's 100 M - Heat 2	5:35	5:54	Boy's 4 x 400 Relay - Heat 1	7:40	7:55
Boy's 100 M - Heat 3	5:35	5:58	Boy's 4 x 400 Relay - Heat 2	7:40	8:03
Girl's 100 M - Heat 1	5:47	6:02	Boy's 4 x 400 Relay - Heat 3	7:40	8:11
Girl's 100 M - Heat 2	5:47	6:06	Girl's 4 x 400 Relay - Heat 1	8:04	8:19
Girl's 100 M - Heat 3	5:47	6:10	Girl's 4 x 400 Relay - Heat 2	8:04	8:27
			Girl's 4 x 400 Relay - Heat 3	8:04	8:35

2010 Sac-Joaquin Section Division II Track and Field Finals Schedule

FIELD EVENT SCHEDULE—Friday, May 21, 2010

Field Event	Reporting Time	Scratch Time	Starting Time
Girl's High Jump	3:00 p.m.	3:45 p.m.	4:00 p.m.
Boy's Pole Vault	3:00 p.m.	3:45 p.m.	4:00 p.m.
Boy's Long Jump	3:00 p.m.	3:45 p.m.	4:00 p.m.
Boy's Discus	3:00 p.m.	3:45 p.m.	4:00 p.m.
Girl's Shot Put	5:00 p.m.	5:45 p.m.	6:00 p.m.
Girl's Long Jump	5:00 p.m.	5:45 p.m.	6:00 p.m.

All of the above field events will conduct trials and finals on May 21

RUNNING EVENT SCHEDULE – Friday, May 21, 2010

Track Events	Scratch Time	Event Time	Track Events	Scratch Time	Event Time
Boy's 4 x 100 Relay	6:45	7:00	Boy's 800 M	7:45	8:00
Girl's 4 x 100 Relay	6:50	7:05	Girl's 800 M	7:50	8:05
Boy's 1600 M	6:55	7:10	Boy's 300 M LH	7:57	8:12
Girl's 1600 M	7:03	7:18	Girl's 300 M LH	8:02	8:17
Boy's 110 M HH	7:10	7:25	Boy's 200 M	8:10	8:25
Girl's 100 M HH	7:15	7:30	Girl's 200 M	8:15	8:30
Boy's 400 M	7:25	7:40	Boy's 3200 M	8:20	8:35
Girl's 400 M	7:30	7:45	Girl's 3200 M	8:35	8:50
Boy's 100 M	7:35	7:50	Boy's 4 x 400 Relay	8:50	9:05
Girl's 100 M	7:40	7:55	Girl's 4 x 400 Relay	9:00	9:15