

2010 Capital Athletic League Track and Field Head Coaches Meeting Agenda

January 6, 2010

Sac Joaquin Section (SJS) Business:

- **Divisional, Masters & State Meet Dates:** Division I trials and finals at Hughes Stadium (May 20 & 21), Division II trials and finals at Bella Vista HS (May 19 & 21), Division III trials and finals at MJC (May 18 & 20). Masters meet trials and finals at Hughes Stadium (May 27 & 28). State Meet at Buchanan HS, Clovis (June 4 & 5).
- **Section Divisional and Master's Meet formats** will be posted on SJS web site - <http://www.cifsjs.org/>. Follow the "playoffs" button. **Please read them!**
- **NFHS Track and Field Pre-Meet Notes:** changes for uniforms, contestant vs. competitor. Find on CAL web page on www.bvtrack.com. Follow the "C.A.L. Track and Field" red button. **Please read them!**
- **Disqualification rules note** – jewelry, uniform violations etc. Coaches must communicate to athletes. Season begins coach driven then changes to CIF officials driven meets.
- **D2 and Masters meet:** Coach must be present - athletes wristbands – please communicate with your athletes.
- **2010 SJS Divisional Meet at large standards** (attached & web site). These standards will be used for qualification from league finals to the divisional meet.
- **2010 SJS Masters Meet at large standards** (attached & web site). These standards will be used for qualification from Divisional meets to the Masters meet.
- **2010 SJS invitational** calendar (attached & web site).

Capital Athletic League (CAL) Business:

- **Update coaches information** – email & phone numbers. (attached)
- **Entry instructions** for center meets and league finals on athletic.net. (attached)
- **CAL season schedule** and school's officiating assignments. High Jump? (attached)
- **Center Meet and League Finals** schedule of events – (web site)
- May need relay exchange judge help.
- Hurdle etiquette. Please teach hurdlers to return hurdles to where they found them after warm-ups.
- Please help bring in all equipment from your event site.

Capital Athletic League Invitational (3-6-10):

- All CAL schools need to attend
- Official's assignments (same as center meets).
- Relay exchange judges. 4 x 100, 4 x 200.
- Intro letter, schedule, meet info (web site).