

2009 CAPITAL ATHLETIC LEAGUE TRACK AND FIELD INVITATIONAL – MEET INFORMATION

When: Saturday, March 7 2009

Where: Bella Vista High School
8301 Madison Avenue
Fair Oaks, CA 95628

Admission: Students (w/SBC) - \$3.00
Adults - \$5.00
Seniors - \$3.00
Children 12 & Under - Free

Time Schedule: See www.bvtrack.com for schedule of events.

Facility Requirements: All weather track and jump runways require ¼ inch (or shorter) spikes (NO EXCEPTIONS). Spikes will be on sale at the concessions stand.

Entry Instructions: Teams will enter by school and athletes will be seeded at the line.

Entry Fees: Entry fees are based on a rate for each school by classification. (\$75.00 per classification - \$150 for a school competing in two classifications and \$200.00 for a school competing in all three [3] classifications).

Send entry fee (made payable to Bella Vista Track Boosters) to:

C.A.L. Track and Field Invitational
C/O David Unterholzner
8301 Madison Avenue
Fair Oaks, CA 95628

Awards: The following awards will be presented:

Individuals/relay teams - Medals to the top five (5) in each event
Team – Plaques to first and second place in each classification

Meet Officials: The idea for this meet was conceived by the head track coaches of the 7 Capital Athletic League Schools to raise money for all of our league expenses. All the officials will be provided by the schools of the C.A.L. so enjoy the meet!

If you have any questions contact Dave Unterholzner (916) 971-5032 (school), (916) 971-5011 (school fax) or (916) 771-3134 (home); E-mail – daveu@surewest.net or the Bella Vista track & field web page <http://www.bvtrack.com> for additional information.

- If for any reason your team cannot attend after you have entered the meet please contact
- us immediately so that we can make room for other schools.
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