

**FIFTH ANNUAL BELLA VISTA BRONCO ROUNDUP
DISTANCE CARNIVAL – MEET INFORMATION**

When: Friday, April 24, 2009

Where: Sparks Track at Bronco Stadium
Bella Vista High School
8301 Madison Avenue
Fair Oaks, CA 95628

Admission: Students (w/SBC) - \$2.00
Adults - \$4.00
Seniors - \$2.00
Children 12 and Under..... Free

Time Schedule: See attached schedule of events. We will adhere to the schedule of events as closely as possible. No event will begin prior to the indicated starting time.

Athlete/Coach Entrance: All athletes and coaches should enter Bronco Stadium through the athlete/coach entrance (see enclosed map).

Facility Requirements: The all-weather track requires ¼ inch (or shorter) spikes (NO EXCEPTIONS). Spikes can be purchased at the concession stand.

Restrooms/Locker Rooms: Restrooms will be available adjacent to the concession area. No locker rooms will be available, so athletes should come to the meet dressed to compete.

Warm-up Area: All warm-ups should be done on the grass fields outside of Bronco Stadium. No warm-ups should be done on the infield. After sunset, athletes will be allowed to warm-up on the infield of Sparks Track.

Clerk of the Course: All athletes should check in with the “Clerk of the Course” for their races approximately 30 minutes prior to the scheduled start time. Each runner in individual races and the anchor leg for each relay should have a “race tag” filled out as shown below with the “highlighted information” and attached to their singlet. The “Clerk of the Course” will assign you a “hip number” when you check- in for your race. The “hip number” should be worn on the left side of your shorts.

Sample Athlete Race Tag

Name: John Smith School: Bella Vista Hip Number: 11
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Please do not obscure your “hip number” by having your singlet outside of your shorts.

Individual Athletes per School: Each high school is allowed five (5) athletes in the 1600 meters and 3200 meters and three (3) in the 800 meters. Junior high schools are allowed unlimited entries in each individual race.

Race Seeding: There is no pre-entry required for individuals or relay teams prior to the meet. Individuals and relay teams will be seeded by the “Clerk of the Course” when they check in. Individual races with multiple heats will be seeded by the “Clerk of the Course” in fast and slow heats.

Multiple Relay Teams from a Single School: A single school may enter multiple teams (e.g., “A”, “B”, “C”) in a relay provided that the total number of teams in the race does not exceed twenty-seven (27). Only the first team finishing for a school with multiple relay teams is eligible for awards.

Sequence for Distance Medley Relay: The sequence of the individual legs of the distance medley relay will be 1200 meters, 400 meters, 800 meters, and 1600 meters.

Results: Results for all races will be posted following each race on the “results boards” adjacent to the concession area and following the meet on the Bella Vista High School Track and Cross Country website - <http://www.bvtrack.com/>.

Awards: The following awards will be presented:

Individual Events: Top six (6) in each event will receive distinctive custom medals – gold for first place, silver for second place, and bronze for third through sixth place. In races with multiple heats, the awards will be based on the times from each heat.

Relays: All members of the top three (3) teams in each relay event will receive distinctive custom medals - gold for first place, silver for second place, and bronze for third place.

Awards will be available at the “awards area” adjacent to the concession stand approximately fifteen (15) minutes after the conclusion of each race.

**!! THANKS FOR YOU PARTICPATION IN THE FIFTH ANNUAL
BRONCO ROUNDUP DISTANCE CARNIVAL !!**