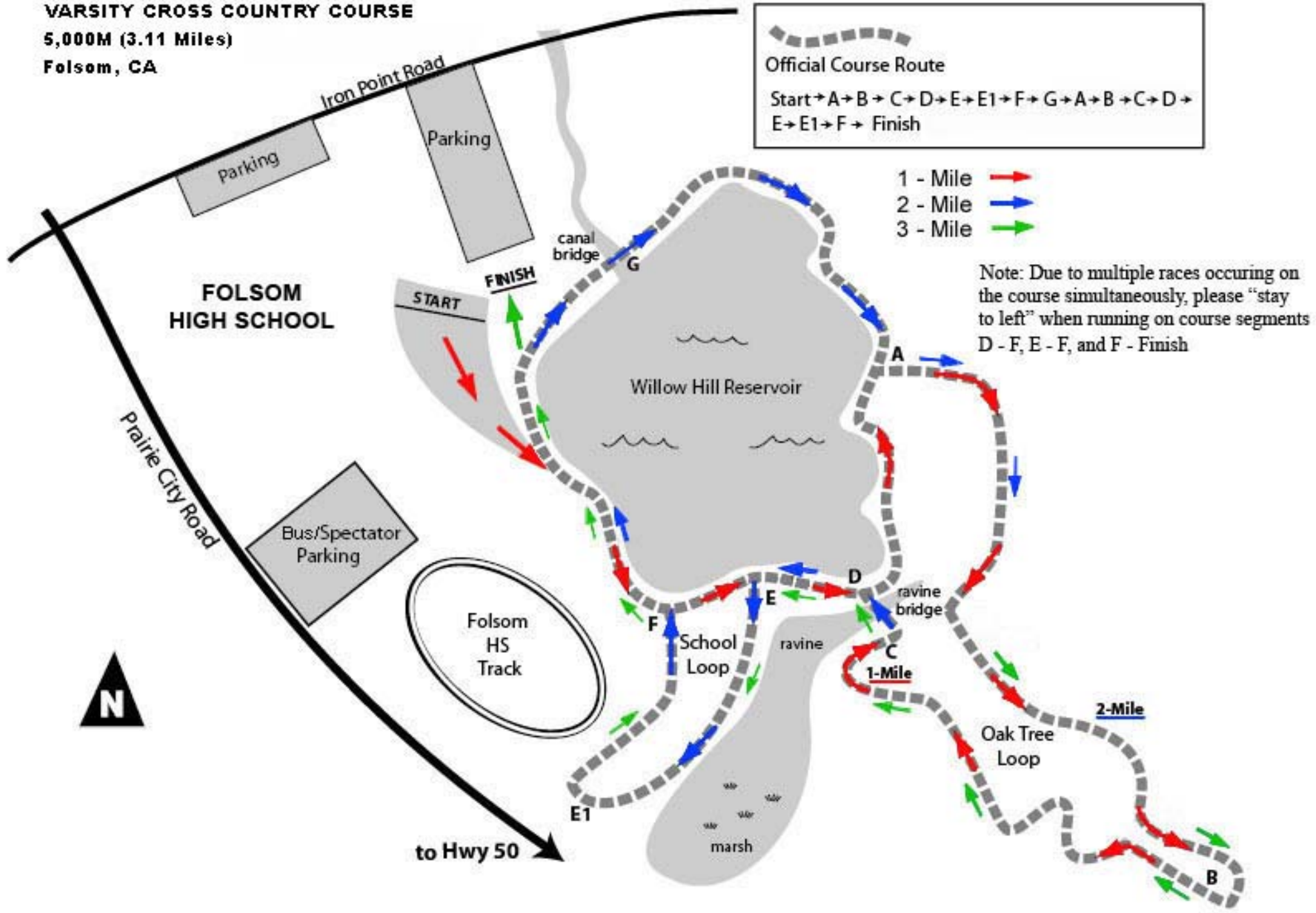


**WILLOW HILL
VARSITY CROSS COUNTRY COURSE
5,000M (3.11 Miles)
Folsom, CA**



Official Course Route
Start → A → B → C → D → E → E1 → F → G → A → B → C → D → E → E1 → F → Finish

- 1 - Mile (red arrow)
- 2 - Mile (blue arrow)
- 3 - Mile (green arrow)

Note: Due to multiple races occurring on the course simultaneously, please "stay to left" when running on course segments D - F, E - F, and F - Finish

