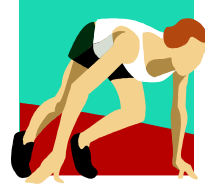




The Clarke Massey Relays
March 1st 2008
Presented By Sierra Valley Conference
At Cordova High School



On the 1st of March 2008, Cordova High School will be hosting the Sierra Valley Conferences "Clarke Massey Memorial Relays". The SVC would like to invite your team to participate in our great and fun meet. In order to ensure that the meet is of reasonable size we will be limiting the size of the meet. It will be determined by a first come first served basis to the first **30** full teams to sign up. (Partial schools will of course be allowed)

The host Sierra Valley Conference schools are Christian Brothers High School, Cordova High School, Galt High School, Oak Ridge High School, Ponderosa High School, Union Mine High School & Vista del Lago High School.

There are (3) classifications for your athletes (JV Boys, Varsity Girls, and Varsity Boys). A list of events will be included. You will be allowed **Only 2 relay teams per Track & 1 relayField event team, but only the first team will medal.** (in the 3200 individual event only **3** athletes per team max will be allowed in each classification) **The High Jump and Pole Vault are both only 2 person relay teams! Please make a note of that.** All times will be hand times. Being an early season meet there will just be seeding at the line so no times will need to be entered. We will be using a XC style finish for the 3200 race.

The Clarke Massey medals will be given to the top three relays in each event. In the individual distance race the top 6 will be awarded a medal.

When you arrive at Cordova High School you will receive a packet. In each packet you will have another copy of the schedule, a large trash bag, a note from the league, and field event relay cards. **Each relay card needs to be filled out BY THE COACH and brought to the field event or the athletes may not be allowed to compete** With first and last names on the cards.

Entry fees for the meet will be \$200.00 per school (\$80.00 per classification - \$150.00 for two classifications and \$200.00 for a school competing in all three of the classifications.

Remember – Only the first **30** schools entering full teams will be considered so send in your response via email to smjackso@fcusd.org or sjackson9@aol.com . Include in your response the following information

- A. School Name and Mascot
- B. Coaches name or contact
- C. Contact persons Email or phone number
- D. Classifications you will be bringing.

For further information please contact Meet Manager Shane Jackson at 916-362-1104 x 447 at Cordova High School or 916-743-9062 cell. Email is Smjackso@fcusd.org or Mail me at **Cordova High School c/o Coach Shane Jackson: 2239 Chase Drive, Rancho Cordova, CA 95670**

The Sierra Valley Conference looks forward to seeing you on a great day for competition.

**Clarke Massey Memorial Relays
Order of Events
Beginning At 8:45 AM**

FROSH/SOPH	3200 METERS		
VARSITY GIRLS	3200 METERS		
VARSITY BOYS	3200 METERS		
VARSITY BOYS	4 X 65 HIGH HURDLES		
FROSH/SOPH	4 X 65 INT HURDLES		
VARSITY GIRLS	4 X 60 HIGH HURDLES		
FROSH/SOPH	4 X 100m RELAY		
VARSITY GIRLS	4 X 100m RELAY		
VARSITY BOYS	4 X 100m RELAY		
FROSH/SOPH	4 X 800m RELAY		
VARSITY GIRLS	4 X 800m RELAY		
VARSITY BOYS	4 X 800m RELAY		
FROSH/SOPH	SPRINT MEDLEY (100-100-200-400)		
VARSITY GIRLS	SPRINT MEDLEY (100-100-200-400)		
VARSITY BOYS	SPRINT MEDLEY (100-100-200-400)		
FROSH/SOPH	4 X 200m RELAY		
VARSITY GIRLS	4 X 200m RELAY		
VARSITY BOYS	4 X 200m RELAY		
FROSH/SOPH	DISTANCE MEDLEY (800-400-1200-1600)		
VARSITY GIRLS	DISTANCE MEDLEY (800-400-1200-1600)		
VARSITY BOYS	DISTANCE MEDLEY (800-400-1200-1600)		
FROSH/SOPH	4 X 400m RELAY		
VARSITY GIRLS	4 X 400m RELAY		
VARSITY BOYS	4 X 400m RELAY		
LONG JUMP - PIT # 1		SHOT PUT	
VARSITY BOYS - 9:00AM		VARSITY BOYS - 9:00AM, Ring # 1	
FROSH/SOPH - at completion of VB		VARSITY GIRLS - at completion of V/B	
VARSITY GIRLS - at completion of F/S		FROSH/SOPH - at completion of F/S Discus, Ring # 2	
HIGH JUMP		TRIPLE JUMP - PIT #2	
FROSH/SOPH - 9:00AM		VARSITY GIRLS - 9:00AM	
VARSITY GIRLS - at completion of F/S		VARSITY BOYS - at completion of VG	
VARSITY BOYS - at completion of VG		FROSH/SOPH - at completion of VB	
DISCUS		POLE VAULT	
VARSITY GIRLS - 9:00AM, RING # 1		VARSITY GIRLS - 9:00AM	
VARSITY BOYS - at completion of VG		FROSH/SOPH - at completion of VG	
FROSH/SOPH - 9:00AM, RING #2		VARSITY BOYS - at completion of F/S	

All field event relays will consist of three person teams, Except the Pole Vault and High Jump which will be two person teams. This Year only 3 Entries per division in the 3200



If you are corresponding by mail please fill out below and return to Coach Jackson
At **Cordova High School: 2239 Chase Drive, Rancho Cordova, CA 95670**

The Clarke Massey Relays presented by the Sierra Valley Conference

School's Name _____

Contact Name _____

Email or Contact Phone Number _____

Cost : please Circle one 1 class \$80.00 2 class \$150.00 or full team \$200.00

Clarke Massey Relay