

## 3rd Annual Fighting Zebra Invitational

We are proud to Host the 4th Annual Fighting Zebra Invitational held on **Saturday, March 16, 2024**, at Lincoln High School. We are very excited to run an early season meet that will allow every athlete an opportunity to get a solid time to prepare them for the rest of the season.

**FORMAT:** There will be 4 divisions OF COMPETITION: 1) Frosh/Soph Boys, 2) Frosh/Soph Girls, 3) Varsity Girls, and 4) Varsity Boys. 1 Relay Team per division and 3 individuals per event per division except for the 1600m and 3200m which will be allowed 4 entries.

- Field Events begin at 9:00am, Running Events begin at 9:30am
- Athletes must compete with ¼ inch or smaller pyramid spikes on the track and runways.
- **Timing:** Results and Timing will be provided by Mentzer Timing.
- **Starters:** Michael Brown, Aaron Weidkamp, Dan Tinnel
- **AWARDS:**
  - Will be awarded to the top (3) event and Relay Winners, and can be picked up by the athletes at the awards table during the meet.
  - Team trophies will be awarded to the 1<sup>st</sup> place teams in each division.
- **ATHLETIC TRAINER:** TBD
- The Snack Bar will be open during the meet as well as other vendors.
- **HOSPITALITY:** We will provide snacks and a meal ticket from our snack bar for each coach.
- **ENTRY FEES:**
  - \$300 per high school for 4 divisions
  - \$250 for 3 divisions
  - \$175 for 2 divisions
  - \$100 for 1 division
  - Individual athletes are \$15 per entry. Individual Relay teams are \$20 per entry.
  - Please make checks payable to **Lincoln High School – Track and Field**. (Please either send the Check to Lincoln High School c/o Track and Field 790 J St. Lincoln, CA 95648 or bring the day of the event.)
- **SPECTATOR FEE:**
  - \$7 adults
  - \$5 students/kids
  - Spectators 60+, Military and 10 and younger- Free.

In order for a smooth and efficient meet we will be limited to the first **20 teams**. All teams have been confirmed via Athletic.net.

For questions and additional information regarding the meet, please contact:

Dan Friese 916-995-1267 or via email [d.friese11@gmail.com](mailto:d.friese11@gmail.com)