



May 26-27

Veteran's Memorial Stadium, Clovis



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2023 CIF STATE TRACK & FIELD CHAMPIONSHIPS

May 26-27
Veteran's Memorial Stadium
Buchanan HS, Clovis

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Pursuing Victory With Honorsm

When you attended your last high school athletic event did you witness a crowd of spectators who were excited to be there and positively supported their team or did you see a group of people who constantly berated the officials, coaches, and even the student-athletes playing the game? While we hope it was the former, it is not surprising if it was the latter. And if that were the case, we can no longer sit back and observe that behavior without taking action. If we do, there is the real possibility that sometime in the near future there will no longer be enough officials for our students to play the game they love.

The CIF produced a public service announcement (PSA) that featured CIF student-athletes describing what they like about the support they receive from their families and communities but also the behaviors they wish would not occur at their games. One student-athlete described her experience which is incredibly disheartening as our mission is for our participants to feel exactly the opposite: You're trying your best and you're putting yourself out

there and you're on the court, doing what you love, and seeing and hearing people belligerently be mean to you is frustrating. It makes you not want to play anymore. It makes you just want to go on the sidelines and cry. It's not fun.

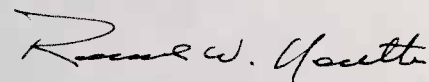
To that end, the CIF put out the following message in the same PSA:

How we behave at games is a reflection of who we are. Let's turn the tables on bad behavior and show friends, students, our kids, and the other team a side of ourselves that makes them truly proud. Sportsmanship is simple. It means treating other students, fans, and opponents as you'd like your school's players to be treated. It also means showing respect to our game officials. Without them, our student-athletes don't get to play the sport they love. Only then are we worthy of the title of CIF student-athletes, families, and coaches. So, let's get back to what we do best, California. Great competition and the best fans in the country. Thank you for being part of the change. And that you for being there to lift us up.

We sincerely hope that you enjoy this exciting time of year when CIF member schools and student-athletes compete both regionally and statewide. As you enjoy these contests, please remember that the focus should be on our student-athletes and all that they have accomplished to get here. Please respect them, our coaches, and contest officials while cheering positively for your team. We appreciate your support of high school sports in California.

#BeTheChange
<https://cifstate.org/PSAs/index>

Ron Nocetti
CIF Executive Director





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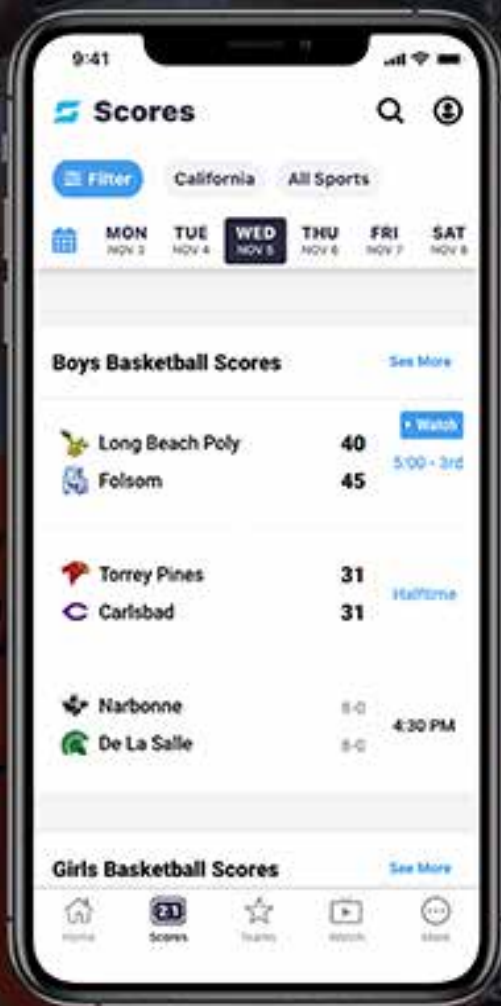
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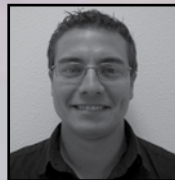
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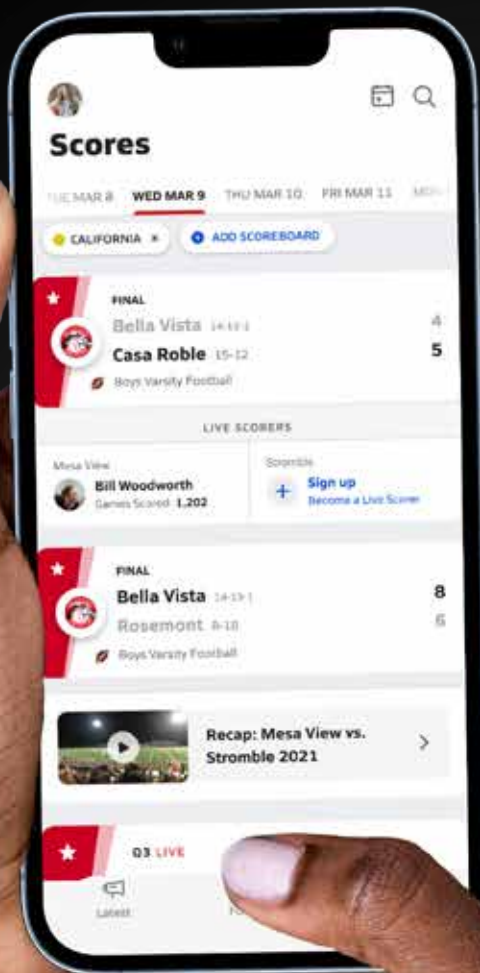


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2023 Schedule

Field Events

Friday, May 26 - Qualifying Events

Event	Starting Time
Wheelchair/Ambulatory Shot Put Final	3:00 p.m.
Boys' Discus	3:00 p.m.
Girls' Long Jump	3:00 p.m.
Boys' Long Jump	3:00 p.m.
Girls' High Jump	3:00 p.m.
Unified Shot Put Final	5:00 p.m.
Girls' Discus	5:30 p.m.
Boys' Shot Put	5:30 p.m.
Boys' Pole Vault	6:00 p.m.
Girls' Pole Vault	6:00 p.m.
Boys' Triple Jump	6:00 p.m.
Girls' Triple Jump	6:00 p.m.
Boys' High Jump	7:00 p.m.
Girls' Shot Put	8:00 p.m.

Saturday, May 27 - Championship Events

Event	Starting Time
Boys' Discus	4:30 p.m.
Girls' High Jump	5:00 p.m.
Girls' Long Jump	5:00 p.m.
Boys' Long Jump	5:00 p.m.
Boys' Pole Vault	5:15 p.m.
Girls' Discus	6:30 p.m.
Boys' Shot Put	6:30 p.m.
Girls' Pole Vault	7:15 p.m.
Boys' High Jump	7:30 p.m.
Boys' Triple Jump	7:30 p.m.
Girls' Triple Jump	7:30 p.m.
Girls' Shot Put	8:30 p.m.

Track Events

Friday, May 26 - Qualifying Events

5:00 p.m. Girls' 4x100m Relay	Three Heats
5:15 p.m. Boys' 4x100m Relay	Three Heats
5:30 p.m. Girls' 1600m Run	Two Heats
5:45 p.m. Boys' 1600m Run	Two Heats
6:00 p.m. Girls' 100m High Hurdles	Three Heats
6:15 p.m. Boys' 110m High Hurdles	Three Heats
6:30 p.m. Wheelchair/Ambulatory 400m Dash	Four Finals
6:50 p.m. Girls' 400m Dash	Three Heats
7:05 p.m. Boys' 400m Dash	Three Heats
7:20 p.m. Girls' 100m Dash	Three Heats
7:30 p.m. Boys' 100m Dash	Three Heats
7:40 p.m. Girls' 800m Run	Two Heats
7:50 p.m. Boys' 800m Run	Two Heats
8:00 p.m. Girls' 300m LH	Three Heats
8:15 p.m. Boys' 300m IH	Three Heats
8:30 p.m. Unified 400 Relay	Final
8:40 p.m. Girls' 200m Dash	Three Heats
8:50 p.m. Boys' 200m Dash	Three Heats
9:00 p.m. Unified 100m Dash	Final
9:10 p.m. Girls' 4x400m Relay	Three Heats
9:30 p.m. Boys' 4x400m Relay	Three Heats

Saturday, May 27 - Championship Events

5:45 p.m. Girls' 400x100m Relay
5:50 p.m. Boys' 400x100m Relay
6:00 p.m. Girls' 1600m Run
6:10 p.m. Boys' 1600m Run
6:20 p.m. Girls' 100m High Hurdles
6:30 p.m. Boys' 110m High Hurdles
6:40 p.m. Girls' 400m Dash
6:45 p.m. Boys' 400m Dash
6:55 p.m. Girls' Ambulatory 100m Dash
7:00 p.m. Boys' Ambulatory 100m Dash
7:05 p.m. Girls' Wheelchair 100m Dash
7:10 p.m. Boys' Wheelchair 100m Dash
7:20 p.m. Girls' 100m Dash
7:25 p.m. Boys' 100m Dash
7:35 p.m. Girls' 800m Run
7:40 p.m. Boys' 800m Run
7:50 p.m. Girls' 300m LH
8:00 p.m. Boys' 300m IH
8:10 p.m. Girls' 200m Dash
8:15 p.m. Boys' 200m Dash
8:25 p.m. Girls' Ambulatory 200m Dash
8:30 p.m. Boys' Ambulatory 200m Dash
8:35 p.m. Girls' Wheelchair 200m Dash
8:40 p.m. Boys' Wheelchair 200m Dash
8:50 p.m. Girls' 4x800 Relay
9:05 p.m. Boys' 4x800 Relay
9:20 p.m. Girls' 3200m Run
9:35 p.m. Boys' 3200m Run
9:50 p.m. Girls' 4x400m Relay
9:55 p.m. Boys' 4x400m Relay



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2023 Meet Preview

Potentially Pleasant, Surely Memorable

Male Dashers, Female Mid-Distance Divas Headline 103rd Annual CIF-State Track & Field Championships

By Rich Gonzalez, PrepCalTrack.com Editor

Twitter: @PrepCalTrack — Instagram: rich_prepcaltrack

(LANE 5) — No state meet across the land carries as much prestige as the California Inter-scholastic Federation State Track and Field Championships.

The wealth of talent annually assembled at Veterans Stadium looms unmatched beyond state lines, featuring voluminous elite performances and eventual U.S. Olympians at levels remaining unprecedented.

Competing on Buchanan High's ultra-fast Beynon BSS2000RE surface and its first-rate field facilities in challenging weather climates amid pristine meet presentation only adds to the lore.

But what makes the CIF-State Championships ultra-special is its unique single-division format, pitting all that talent head-on in the ultimate litmus test. While other state meets offer as many as eight divisions that limit showdowns and dilute their competitions, the Golden State's year-end pressure cooker crowns just one single champion per event in leaving no doubt who emerges as best of the best.

The talent, the facilities, the setting, and the format ... ingredients all perfectly mixed for your enjoyment this weekend.

So, claim your preferred vantage point, stock up on your favorite snacks and beverages, and pay full attention: The 103rd edition of America's premier state championship is here and rolling yet again!

Here are our event area breakdowns, focusing on the premier entrants and the leading story-lines, with two-letter CIF section affiliations for each CIF member school as follows: *Central/ce; Central Coast/cc; Los Angeles City/la; North Coast/nc; Northern/ns; Oakland, OK; Sac-Joaquin/sj; San*

Diego/sd; San Francisco/sf; Southern/ss.

GENERAL OVERVIEW

The year-end spectacular in the Central Valley sizes up especially strong in the male sprints (Rodrick Pleasant, Jordan Washington, and Dijon Stanley) and female mid-distances (Mackenzie Browne and Sadie Engelhardt) as a national record holder and additional all-time talents decorate the entry lists. State meet records also figure to come under serious assault in both the boys short relay and the girls pole vault, with every girl's distance event all-time standard also being threatened.

The meet introduces a new event — the 4x800 relay — into the schedule for the first time while an especially thrilling girls' team-title competition plays out as six teams project within two points of the title!

Overall, the girls' portion of the meet brandishes very nice depth across most event areas and boys' action along the oval features the presence of several national-class entries to carry the torch. Admittedly, the sport nationally is still working its way back from the pandemic in the 'technique' events — centering squarely on the field events and the hurdles — and California is not immune as those events work their way back to pre-pandemic levels. Still, a modicum of top entries in the rings, along the runways, and on the apron promise their share of highlights throughout the weekend!

EVENT-AREA 'DRILLDOWNS'

The Sprints

Notching captivates a track and field crowd's attention quite like the sprint events — especially the 100 meters. Speed aficionados

will get their fix this weekend as the strongest and deepest collection of male straightaway dashers in meet history takes center stage.

Serra's/ss Rodrick Pleasant and Long Beach Jordan's/ss Jordan Washington arrive here with the tagline "fastest sprinters in state history" as the pair own the two fastest all-time wind-legal clockings ever registered by Golden State athletes.

Pleasant, destined to the University of Oregon as a two-sport star also excelling on the gridiron, has twice punched 10.14 seconds for the century dash, including just last weekend at the Southern Section Masters Meet. The week prior, he delivered an all-conditions all-time California-best 10.09 wind-aided shocker as well. However, the sultan of speed did suffer a hamstring twang in the final meters of his 200-meter win last weekend, casting intrigue over his availability and effectiveness across four possible races (prelims and finals of both the 100 and 200) this weekend. Stay tuned.

Nearly lost in Pleasant's shadow over the last two years has been the emergence of Long Beach Jordan's/ss dasher Jordan Washington. But that shadow has only grown larger as Washington has continued to draw closer. Each of the last two weekends, the talented junior has dropped 10.24-second masterpieces, the third- and fourth-fastest wind-legal times in state history!

The unprecedented plethora of speed gushes forward from all corners, with a record 12 state meet entrants confirmed at 10.50 or faster this spring: Pleasant at 10.14 and Washington at 10.24; Anthony Flowers of South Torrance/ss, 10.33; LA City champion Jordan Coleman of Granada Hills, 10.36; North Coast Section win-



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2023 Meet Preview

ner Robert Stitts of El Cerrito, 10.43; Central Section Masters champ Nickolas Miller of Clovis North, 10.44; Donnie Parish of Chino Hills/ss, 10.45; Jason Deal of Paloma Valley/ss, 10.48; Devin Bragg of Los Alamitos/ss, 10.48; San Diego Section champ Jason Wells of La Costa Canyon, 10.49; frosh phenom Deshonne Redeaux of Oaks Christian/ss, 10.50; and Andrew Fu of Harker/cc, 10.50. It's loaded!!!

While not nearly as deep, the 'deuce dash' is equally appealing to watch. Pleasant leads the lists here with a superb 20.53 seasonal best, but his 20.40 clocking last spring ranks #2 wind-legal in state history, with #1 Michael Norman, #3 Bryshon Nellum, and #4 Quincy Watts each recognized as Golden State prep legends and eventual Olympic Games medalists!

Giving serious chase to Pleasant in the half-lapper will be L.A. City Section and Granada Hills mega-star footballer/speedster Dijon "Doodie" Stanley, headed for the University of Utah on a football scholarship (the Utes do not sponsor track and field as an official intercollegiate sport), and Jordan's/ss aforementioned Washington. Veteran talent Miller of Clovis North/ce and the quick-improving Flowers of South Torrance/ss are noteworthy candidates for top-three finishes as well.

Stanley really excels in the one-lap challenge, where his 45.92 performance at the Arcadia Invitational last month ranks among the top dozen performers in state history. Signaling his readiness for the year-end challenge, Doodie dropped a fully automatic-timed 45.34 anchor scorcher on the 4x400 relay at the City Section Finals. Helix senior Adren Parker further stamped himself as a leading contender last weekend, producing a 46.48 blazer that smashed the San Diego Section record while Long Beach Poly junior Xai Ricks absolutely dazzled us with a spectacu-

lar 1:16.13/33.23 double across 600 meters/300 meters with limited recovery at the California Winter Championships that still has us in awe!

In the girls' sprints, will the Reign continue?

Carson/la speedster extraordinaire Reign Redmond seeks to become the first Los Angeles City Section athlete to repeat as champion at 100 meters and to sweep the 100 and 200 since Westchester's Gwen Loud back in 1979, all the while keying the Colts' bid for this weekend's overall team championship! The wholly consistent Redmond is unbeaten against in-state rivals in the century dash this season and has ripped the beams at 11.56 or faster on four occasions this spring.

Redmond, who sustained injury before the 200-meter final at last year's state meet, counts as among her main nemeses this weekend: defending 200m state champion Brazil "Redd" Neal of Serra/ss; Oaks Christian's/ss Niya Clayton; Quartz Hill's/ss Adonijah Currie; and Madison's/sd Amirah Shaheed.

Neal, identified by her brightly colored red hair, has been building momentum in recent weeks as has a focused Clayton, with the blonde-haired 'power puff' hairdo who won their recent duel at 100 meters and is evolving as the early favorite for the 2024 crown, if not sooner! Currie, who placed fifth at state in last year's 200 while attending Golden Valley/ss, has purred into the spotlight at her new digs and has the benefit of focusing on just one individual (plus the meet-starting short relay). Shaheed, a junior, has clocked 11.58 to close in on the all-time San Diego Section best 11.51 by Olympian Gail Devers.

The dash for 400-meter gold could pit two talents breaking personal barriers in repeated recent outings, with Long Beach Wilson's/ss Aujane Luckey and Culver City's/ss Joelle Trepagnier snaring

the top two spots (in that order at 52.71 and 53.46, respectively) at the Southern Section Masters Meet. No others in the field have broken the 54-second threshold this spring.

The Distances

The strongest eight-lap state championship field in national girls prep history gathers here as a triumvirate of talents with sub-10-minute credentials is culled together for the first time. All three of those combatants earned those spurs against an all-timer field at the mid-season Arcadia Invitational, so the high-end experience to handle the pressure certainly is there. North Coast Section record holder Hanne Thomsen of Montgomery has achieved amazing things in both cross country and track and field in recent seasons, with her ambitious schedule this weekend (1600, 3200 and the 4x800, but likely an alternate in the latter) challenging the sophomore's durability to new levels. Oaks Christian's/ss Payton Godsey and San Diego Section record holder Gioana Lopizzo of La Costa Canyon have also ducked under the 10-minute barrier, each the latest product from programs with traditions steeped in success. Keep an eye also on dangerous ninth-grade talent Jaelyn Williams of Eastlake/sd, who has repeatedly delivered scintillating performances in her debut season.

The girls' 1600 showcases the National Federation record holder as Ventura's/ss sensational Sadie Engelhardt seeks to successfully defend her crown in the event. Engelhardt, who timed 4:33.29 en route during a mile race last spring for the federation record, has an eight-second cushion on the field when comparing seasonal-best times from this spring. La Jolla frosh Chiara Dailey posted the top qualifying time from across the 10 CIF sections, a 4:42.69 meet record sizzler at the San Diego Section Finals,

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2023 Meet Preview

while Dana Hills'/ss Allura Markow looms as a top threat as well. Buchanan's/ce Grace Hutchison is one of few top-end talents to chase a 1600/3200 double this weekend as valuable team points for the contending Bears are on the table.

The girls' 800 clash is equally compelling as, for the first time in her high school uniform, Engelhardt arrives as the underdog in a distance race. In perhaps the showdown of the meet, defending champion Mackenzie Browne of J.W. North/ss seeks to duplicate her stunning Arcadia Invitational performance from April, when she rallied to win in 2:03.07, the third-fastest time in state history! Engelhardt, who was passed by Browne entering the final straight at last year's state meet, is seeking to become the first female to win the 1600/800 crowns since Pleasant Hill's Kathy Costello did so back in 1975 (when imperial distances were used, and the state meet event order had the more grueling 880-yard run taking place before the one-mile run). Monte Vista/nc phenom Cate Peters, who owns a career-best 2:06.89 in the event, is the top entry from the north.

In boys distance racing, the 3200-meter run looms as the featured attraction as a whopping six entrants have already eclipsed 8:54 in the test of both physical and mental stamina. Outstanding Millikan/ss junior Jason Parra tops the entry lists in terms of time (a sparkling 8:46.50), but precocious Dana Hills/ss sophomore Evan Noonan won the duel between the two at last weekend's Masters Meet and has been the most intriguing and impressive Golden State sophomore we've ever seen. Clovis East junior Carter Spradling, the flagbearer for the Central Section, the Southern Section quartet of Highland's Matthew Donis, Cathedral's Emmanuel Perez, West Ranch's Billie Issa, and Crescenta Valley's Parker Simmons, and Cen-

tral Coast Section winner Aydon Stefanopoulos of Los Gatos (doubling in the 1600) add shocking depth to the race!

The 1600-meter challenge draws plenty of suspense as a flurry of breakthroughs are taking shape. Ventura's/ss Anthony Fast Horse has been a spectacular newcomer to the national distance scene as a junior while Levente "Levi" Palvolgyi enjoyed his breakthrough at the Central Coast Section finals after showing us true upside promise during the cross-country season. Veteran talents Justin Pretre of Menlo School/cc and Ryan Thomas of Torrey Pines/sd are joined by a great sophomore trio of Stefanopoulos, Pioneer's/cc Carson Hedlund and Great Oak's/ss Westin Brown. There are so many other additional contenders here!

The 800 figures to be a grind right to the finish, with Cathedral/ss junior Ambodai "Bodi" Ligons enjoying a highly successful individual/relay season and seeking to place the cherry on top here. Vista Murrieta's/ss Tarron Johnson and the Long Beach duo of Poly's/ss Lamarr Kirk Jr. and Wilson's/ss Marcel Mitchell-Francis are other choice picks, with Hughson's/sj Joseph Lighthall being an excellent dark horse threat.

For sake of historical reference, the incredible Newbury Park/ss 'Fab Four' saw their seasons halted early, three opting to forego their CIF eligibility at varying points this spring and the fourth hit by illness.

The Throws

The Veterans Stadium facility is a clear favorite for discus throwers and coaches alike as the right-quartering winds relative to the ring placement are a boon for delivering just the right amount of 'lift' for platters to sail precious extra few feet in competition.

Among those looking to benefit this weekend are the Sherman Oaks Notre Dame/ss

tandem of senior April Fontenette and sophomore Aja Johnson, the former ranking second in the state this spring in both events (162-08/45-02.00) and the latter grabbing the state lead in the shot put (46-10.00) last weekend. If both stars hold form, those two athletes — also the top returnees from last year's state meet in the shot put — could combine to land the Knights the overall team title!

The shot put competition should be red hot in that each of the top nine shot putters in the state have achieved their seasonal-best mark within the last two weeks. Weston Ranch/sj senior Galadriel Mellion is another top veteran in the fray.

Defending state discus throw champ Nailea Fields delivered a powerful message last weekend, hitting a career-best 167-08 at this same venue to claim the state lead.

The boys' events welcome back defending discus throw champ Brendon See of JSerra/ss, whose career-best toss of 203-10 came here 52 weeks ago! Glenn/ss senior Mikel Udengwu, who has stunningly improved in the event by nearly 30 feet in the eight weeks, is a dangerous wild card here. Clovis North/ce sophomore McKay Madsen, competing at a venue very familiar to him, is the only other entrant tossing beyond 186 feet.

See is also the favorite for the shot put competition, launching nearly 66 feet a month ago to win the Trinity League Finals, courting more than a three-foot advantage over his rivals this spring. Redondo Union/ss senior Kai Deines is next on the form charts, with three others — Warren's/ss Jaylon Wells, Garden Grove Pacifica's/ss Zach Lewis and Tulare Western's/ce Jose Soto — all beyond 60 feet this season.



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2023 Meet Preview

The Jumps

No pole vaulter in the 102-year year of the California state meet has ever won the state championship while competing on their home facility. This weekend, host Buchanan/ce will be focused on achieving the feat twice!

In the boys' competition, state leader Hilton Green has scaled 16-01 or higher on four occasions during his senior season, including a chart-topping 17-01 at his section's divisional final. While nabbing 10 big team points and the section all-time best (17-04 by Fresno Hoover's David Cox in 1991) are goals to shoot for, he must also fend off challenges from Redondo Union's/ss Dylan Curtis and Turlock's/sj Max McFarlane; both handed Cox his only defeat this year, coming at last month's Mt. SAC Relays. Curtis is fresh off a career-best 16-06 clearance at the Southern Section Masters Meet while McFarlane nailed a season-best 16-05 at the Sac-Joaquin Section Division II Finals. A grand total of seven 16-footers grace the entries.

In the girls' vault, Buchanan senior Jordan Leveque seeks to mine gold after scaling 13-06 earlier this month. She'll be chasing La Costa Canyon's/sd Iliana Downing through Clovis airspace as the state leader from down south has cleared at least 13 feet at every meet since late March, including a 14-foot negotiation at her league final. Vista Murrieta/ss junior Aspen fears added a big notch in her belt by winning last weekend's Masters Meet (13-04) as the Golden State continues churning out top aerialists!

Another great story to follow on the infield this weekend is the continuing fortunes of Castaic junior Meagan Humphries, who could single-handedly capture the state team title. The athletic wunderkind is entered in the high jump (5-10.25), long jump (20-00.25), triple jump (40-08.75), and 200-meter dash (23.55, wind-aid-

ed) as she conjures up memories of the incredible Wendy Brown, who scored 38 points by herself to win the state team title for Woodside with three golds and a silver at the 1984 meet. Humphries is favored in both the high jump and the triple jump (20 points) and we are projecting 34 points will win the team title; although her scoring 40 points is not off the table, we project her to finish at 33.

Challenging Humphries in the triple jump will be Mission Viejo/ss senior Jada Gatlin, who has bounded 40-feet-plus at five meets in her career, Elsinore's/ss Daj'Eauna Williams and United Christian Academy/ss senior Tamarara Aimufia, who has stretched nearly 40 feet in her first year in the event!

Clovis/ce senior Sydnie Vanek, whose state-leading mark (20-07.50) in the long jump came on the national stage at the Arcadia Invitational, leads a field of 20-footers that also includes Humphries and M.L. King's/ss Alyssa Hope.

Take your pick in the girls' high jump. Humphries has the best ledger thus far in terms of consistency but defending champion Hannah Slover (daughter of former state pole vault champ Scott Slover of Leland/cc), Scripps Ranch's/sd Lizzie Tarczy, and Belmont Notre Dame's/cc Melanie Castelli are other veterans to keep tabs on.

Another to keep an eye on this weekend is the progress of St. Ignatius' Ellie McCuskey-Hay, who swept the Central Coast Section titles in the 100, 200, and long jump in addition to duty on the school's winning 4x100-meter relay team, an unprecedented feat at the CCS championship meet! The boys field events are tougher to call than usual, equal parts due to injury and a slow return from the pandemic in the technique events.

The high jump sees Mater Dei/ss super sophomore Brandon

Gorski topping the state leader list with a 6-09 clearance at the Trinity League Finals, but out-of-nowhere improver and league rival Jake Stafford — also a standout thrower — of JSerra/ss and Chukwunonso Udeh of De La Salle/nc among key entrants to monitor. Gorski has been nursing a foot injury since mid-March, adding intrigue to outlook on the high jump apron.

In the horizontal jumps, the forecasting is no easier as Central Section stars Christian Edwards of Bakersfield Liberty and Daimon Dedmon of Kern Valley have both popped big marks in the long jump. The section also boasts the slight favorite in the triple jump as South Bakersfield's Shane Carr is the all-conditions state leader (48-08.75 wind-aided) and is fresh off his best two outings of the year. Bullard's/ce Kyle Hughes and Stockton Lincoln's/sj Ethan Fong also are strong title contenders.

The Hurdles

The hurdling factory that is Upland/ss, seeking its eighth male state champion in the last six state meets in either the 110-meter high hurdles or the 300-meter intermediate hurdles, is laying its hopes that senior Davis Davis-Lyric will continue the tradition. He is the state leader and boasting a near-pristine ledger this spring, but Mater Dei/ss hurdler Logan Lyght — who pinned the only defeat on Lyght this season — is seeking to author a thrilling comeback story after missing much of the season due to injury. Hurdling has also been hot in the Sac-Joaquin Section, where the threesome of sectional masters champion Stephen Dahdouh of Pleasant Grove, Cameron Williams of Merrill West, and Myles McFarland of Cosumnes Oaks arrive with respect on the mind!

State leader Roman Mendoza of Santa Margarita/ss succumbed to injury at his section finals meet, but the Southern Section still ar-

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CLOVIS
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2023 Meet Preview

rives here with plenty of bragging rights. Masters Meet champion Cayden Roberson of Roosevelt and Darryll Stevens of Long Beach Jordan went 1-2 at their Masters Meet, but Loyola junior John Mueller tagged both of them to defeat a week earlier in their SS Division 1 showdown.

In girls hurdling, Christian Brothers/sj senior Keilee Hall has been strong in major meets of late and courts the leading time (42.02) entering here, with section foe Yvette Harris of Stockton Lincoln and San Diego's Anisa Bowen-Fontenot also in the title mix.

The Sac-Joaquin Section wars continue in Clovis in the short hurdles as well as the trio of Harris (the state leader at 13.83 wind-legal and 13.53 wind-aided), Gigi Kirchner of Rocklin and Kori Fields of Stockton St. Mary's have been knocking heads of late! London Davis of St. Bernard, a state finalist last year while at Upland, has gone 14.03 wind-legal at the Texas Relays this year.

The Relays

Our meet promises to wind down in thrilling fashion as a phalanx of well-matched baton squads interlock in the concluding 4x400-meter relays with both team championships likely on the line!

But first comes the 4x800 and the short relays.

After decades of waiting, the 4x800 relay finally becomes a beautiful and anticipated reality at the state meet, with distance and mid-distance stars afforded the chance to flex their collective muscle in the baton wars!

On the boys' side, host Buchanan leads the charge into history as the state leaders (7:43.84 at Arcadia) have veteran bookends Noah Ray and Zach Weaver spearheading their effort. National distance power San Clemente/ss caught some off guard by toppling mid-distance juggernauts

Long Beach Poly/ss and Long Beach Wilson/ss at their sectional Masters Meet, seeking to repeat the feat this weekend. Loyola/ss, with great tradition in the event, well-tested Menlo School/cc (paced by brothers Justin and Landon Pretre), and North Coast Section force Clayton Valley are others to be respected.

The girls' 4x800 is loaded, with three of the top dozen teams in state history on a collision course here! Buchanan/ce also leads on the distaff side after a sub-9:00 performance at the Mt. SAC Relays, but Del Norte/sd and JSerra/ss — returning three girls from a squad that last summer ran the state's fastest time ever in the event — supply this clash with a talent pool of epic proportions!

In the boys 4x100, Granada Hills/la is the clear pick after a jaw-dropping 40.28 scorcher to match the meet record at the Arcadia Invitational as Jordan Coleman, Dijon Stanley, Kanye Martin, and Jayden Smith parlayed pure speed and clean handoffs to victory! Several leading teams encountered setbacks along "The Road To State" — from injuries, but botched handoffs, to poor timing through the exchange zone — opening the door for others. Talent-laden Oaks Christian and veteran crews from Acalanes and De La Salle are reading for showtime!

In the girls 4x100, Carson has been dominant in L.A. City Section action and elsewhere. Their 45.28 burner (#17 in state history) at the Mt. SAC Relays still tops the state lists, but both Serra/ss and Long Beach Wilson/ss are powerful squads needing big points here in their respective bids for the overall team title!

In the boys 4x400 relay, Long Beach Wilson/ss drew DQ misfortune as the section qualifier, leaving Long Beach Poly/ss (led by Xai Ricks) and Granada Hills/la (headed by Dijon Stanley) to likely duel for the crown, with Bodi Ligons-led Cathedral/ss among

those keeping their eye on the prize.

The girls meet-ending 4x400 should carry significantly more drama as new state leader and Joelle Trepagnier-led Culver City/ss (3:41.40) is coalescing well of late, leaving superpowers Long Beach Wilson/ss, Oaks Christian/ss, and Mackenzie Browne-anchored J.W. North/ss among those determined to hold on for a fast ride!

Team Competitions

The pre-meet form charts for the team title are often a very iffy proposition as the single-division format coupled with an extreme talent pool tends to drive down team scores and drive up the anxiety. Any slip-up or breakthrough among the contenders results in the type of scoring volatility sure to smash the crystal ball!

When all is said and done, Granada Hills Charter/la leads our projections as a double-digit scoring favorite over host Buchanan/ce, which holds a slight edge over Long Beach Poly.

The ever-changing girls' team fortunes this weekend will be like a roaring rapids whitewater — and white-knuckled — adventure, with the outcome likely not decided until the last race's final seconds! Throws-powered Notre Dame and human highlight reel Meagan Humphries of Castaic (with bonus scoring for the latter being possible in the high jump) will be done with their events and anxiously observing along with Serra/ss as the 4x400 takes the spotlight, with Long Beach Wilson, Oaks Christian and possibly Carson taking one last stab at a points haul!

The best state meet in the land will come right down to the final powerful lean!

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CIF State Track & Field Championships

Event 1 Girls 4x100 Meter Relay Varsity

Lane	Team	Relay	Seed Time
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Heat 1 of 4 Prelims

2	Mnlo Ath-cc		48.97
	1) Jolene Chu 11	2) Kei'Niyah Talton 9	
	3) Sara Nordlund 10	4) De'Auri Ellis 11	
	5) Zaina Hamzawi 12	6) Siana Barker 12	
	7) Yael Stewart 11		
3	St. Ignatius-cc		48.18
	1) Izzy DeSouza 12	2) Odavia Goldman 10	
	3) Sophia Boudraa 9	4) Ellie McCuskey-Hay 9	
	5) Breion Glaspie 9	6) Cariana Campbell 10	
4	Edison -sj		47.49
	1) Nakai Johnson 12	2) Shanye Harris 11	
	3) Natalia Lockhart 12	4) Kimora Hill-Brown 10	
	5) Arielle Phillips 12		
5	Carson-la		46.16
	1) Christina Gray 9	2) TaAhjah Fann 12	
	3) Kaitlyn E. Williams 10	4) Reign Redmond 12	
	5) Tiffany Williams 10	6) Jaya Westby 11	
	7) Samira Stevenson 12	8) Sahara Wray 12	
6	Lakewood-ss		47.33
	1) Jai'ya Jones 11	2) Amaya Rice 10	
	3) Naleyah Davis 10	4) Brooklyn Lee 9	
	5) Aniya Milton 10	6) Tinaya Campbell-Howell 10	
7	Kennedy -sj		48.16
	1) Jada Henriques 12	2) Melinda Pearson 10	
	3) Dejah Dean 9	4) Marlee Cavitt 12	
8	Oakland Tec -ok		48.84
	1) Inelaboh Ajayi 12	2) Jala Williams 12	
	3) Eliza Ayres 10	4) Jada Williams 12	

Heat 2 of 4 Prelims

2	St. Mary's-nc		49.20
	1) Kira Gant Hatcher 9	2) Taryn Fettig 12	
	3) Dylan Hedgspeth 12	4) Sofia Jackson 12	
	5) Brooklyn Dwyer 10	6) Jaiden Reed 10	
	7) Georgia Rogers 12	8) Alexa Lawson 10	
3	Pittsburg-nc		48.28
	1) Billie Jenkins 9	2) Milani Bell 11	
	3) Janai Rockmore 10	4) Amirat (Temi) Aganju 9	
	5) Anaya Russell 10	6) Nyla Tims 10	
4	Trabuco Hls-ss		47.56
	1) Tara Ohlwiler 12	2) Karina Wagoner 12	
	3) Halle Sutherland 12	4) Nicole Pierce 10	
	5) Molly Maguire 11	6) Yumi Gunn	
5	Wilson(LB)-ss		46.28
	1) Tarynn Maroney 11	2) Aujane Luckey 12	
	3) Kaylin Edwards 10	4) Loren Webster 10	
	5) MaNia Tidwell 12	6) Jamiyah Sanders 10	
6	Oaks Chr-ss		47.01
	1) Rayah Rodriguez 9	2) Imani Clayton 11	
	3) Eleanor Borchart 10	4) Niya Clayton 11	
	5) Danielle Irvin 12	6) Sophia Colebrooke 10	
7	Frontier-ce		48.13
	1) Natalia Carrillo 12	2) Kenahdi Haslip 12	
	3) Avianna Carrillo 12	4) Adeline Rangel 10	
	5) Alexis Tinnin 10	6) Amelia Heisey 12	
	7) Natalie Maxwell 12		
8	Los Altos-cc		48.62
	1) Daniela Hughes 9	2) Ananya Vaswani 9	
	3) Paige Kasso 12	4) Megan MacKenzie 12	
	5) Gwendolyn Mello	6) Allison Hepworth	
	7) Madeline Ross 10	8) Emma Lewis 9	



CIF State Track & Field Championships

Heat 3 of 4 Prelims...(Event 1 Girls 4x100 Meter Relay Varsity)

2	Pl. Valley-no	50.13
	1) Hannah Hanf 12	2) Abigail Guichard 9
	3) Oghogho Odiase 11	4) Allie Devine 11
	5) Katelyn Enos 9	
3	R. Bernardo-sd	48.29
	1) Kati Gillespie 11	2) Taylora Hoagland 11
	3) Kyah Otholt 12	4) Riley Lankford 12
	5) Skye Uyeda 12	6) Erin Huang 12
	7) Madison Beeby 9	8) Abby Mendenhall 11
4	Steele Cyn-sd	47.58
	1) Kaliani Ewing 9	2) Ily Barclay 9
	3) Brionna Dickens 11	4) Nicoletta Burkhardt 11
	5) Jahmyia Richardson 11	6) Kailey Fuller 9
5	Serra-ss	46.58
	1) Brazil Neal 12	2) Mia Flowers 11
	3) Sadia Green 12	4) Sienna Claiborne 12
	5) Jordan Washington 12	6) Jaiya Fletcher 11
6	Chino Hls. -ss	46.99
	1) Lady William-Mensah 11	2) Jordyn Thomas 12
	3) Isabella Duarte 12	4) Adaorah Okafor 11
	5) Taylor Garcia 11	6) Makena Bailey 11
7	Madison-sd	47.98
	1) Nayomi Herriott Campos 11	2) Brielle Jimerson 11
	3) Souckeye Ndiaye 9	4) Amirah Shaheed 11
	5) Jocelyn Kettles 10	
8	Birmingham-la	48.56
	1) Emmerson Wiggins 11	2) Ani Brown 10
	3) S'Riaya Peters 11	4) Harlym Harris 10
	5) Jasmine Thomas 11	6) Jordyn Waters 10
	7) Hannah Brown 10	8) Song Jackson 11

Heat 4 of 4 Prelims

2	Pal Ch Acad-ss	50.21
	1) Kalee Herd 10	2) Elysha Chae 12
	3) Skyla Jones 10	4) Mikayla Murphy 11
	5) Alexis Ticer 12	6) Fatoumata Kere 12
	7) Shyla Pierre 12	8) Annabelle Refnes 9
3	Buchanan-ce	48.29
	1) Nneka Egbuziem 11	2) Jordan Leveque 12
	3) Lauren Jones 9	4) Megan Clenney 12
	5) Reyna Estes 9	6) Lauren Mozier 11
	7) Kaylie Keenan 11	8) Ava Owen 11
4	Central	47.79
	1) Tionna Clements 12	2) Layla Griffin 9
	3) Keytonna Ross 11	4) Mikiyla Royal 11
	5) Kaiya Quarles 10	6) Chase Wilson 10
	7) Vivian Moore 10	
5	Quartz Hill-ss	46.88
	1) Lea Rachal 12	2) Brandee Hollins 11
	3) Sanaiya Watkins 10	4) Adonijah Currie 12
	5) Laisette Rachal 12	
6	Poly(LB)-ss	46.89
	1) Eriss Portley 10	2) Kennadi Reed 12
	3) Ari'yona Smith 12	4) Jaylin Hunter 10
	5) Anise Becker 11	6) Leila Holland 10
7	Chr. Brth. -sj	47.80
	1) Devin Greer 11	2) Keilee Hall 12
	3) Syniah Beverley 11	4) Sydnie Watkins 11
8	MarCarrillo-nc	48.51
	1) Lily Mulligan 12	2) Eliannah DeMange 12
	3) Sydney Moore 11	4) Kathryn O'Malley 12
	5) Payton McGarva 12	6) Mia Carra 11



CIF State Track & Field Championships

Event 2 Boys 4x100 Meter Relay Varsity

Lane	Team	Relay	Seed Time
Heat 1 of 3 Prelims			
1	Foothill-no		42.91
	1) Alonzo Borchert 11	2) Mason Calvert 9	
	3) Ryan McNally 10	4) Chris Hall 11	
	5) Cameron Brooks 10	6) Caden Rowe 12	
2	Buchanan-ce		42.06
	1) Andrew Magnuson 11	2) Donovan Dunmore 9	
	3) Hank Baxter 11	4) Hudson Hergenrader 10	
	5) Jaelen Merancio 9	6) Augustus Remlinger 12	
3	Poly(LB)-ss		41.93
	1) Javon Hampton 12	2) Malachi Dawson 9	
	3) Jady Robinson 12	4) Caliph Johnson 10	
	5) Xai Ricks 11	6) Noah Smith 9	
4	Delasalle-nc		41.67
	1) Jaden Jefferson 9	2) Chukwunonso Udeh 12	
	3) Johnathan Guerrero 11	4) Toa Faavae 10	
	5) Keon Harris 10	6) Lucas Funk 11	
	7) Ikembuchukwu Udeh 10	8) Dominic Kelly 10	
5	Granada Hls-la		40.68
	1) Dijon Stanley 12	2) Jordan Coleman 11	
	3) Jayden Smith 12	4) Kanye Martin 11	
	5) Lucas Scott 11	6) Darrell Stanley 10	
6	Ran Cuca-ss		41.63
	1) Cameron Sermons 10	2) Rodney Sermons 9	
	3) Trey Wilson 11	4) Johan Dawson 11	
	5) Nehemiah Harrison 11	6) Daniel Wimbush 10	
	7) Tyrese Wilson 9		
7	Liberty Bak-ce		41.91
	1) Brock Wattenbarger 10	2) Ethan Mahanke 12	
	3) Xander Chisolm 12	4) Christian Edwards 12	
	5) Ermiah Harrison 12	6) Brock Turner 11	
	7) Jamel Davis 11	8) Hayden Higbee 11	
8	Harker-cc		42.05
	1) Zain Vakath 12	2) Andrew Fu 12	
	3) Rigo Gonzales 12	4) Armaan Thakker 12	
	5) Brady Tse 9	6) Michael Chang 11	
	7) Spencer Chang 9	8) Rushil Jaiswal 10	
9	Trabuco Hls-ss		42.75
	1) Camden Mann 12	2) Michael Serpa 12	
	3) Cooper DeCillo 12	4) Tyler Harvey 11	
	5) Jackson McCusker 11		

Heat 2 of 3 Prelims

1	Washington-sf		43.88
	1) Yibin Zhu 11	2) Zhicong Cheng 12	
	3) Ayan Razzak 12	4) Yuliyán Valdez 12	
	5) Tony Lu 11	6) Alex Leung 11	
2	La Costa Cyn-sd		42.23
	1) Jason Wells 12	2) Ian Seifert 12	
	3) Ben Furgerson 11	4) Seven McGrath 12	
	5) Justin Lee 9	6) Hudson Shaver 11	
	7) Drew Clevinger 11		
3	Laguna Cr. -sj		41.94
	1) Justis Yarrell 11	2) Halim Tholley 11	
	3) Caleb Kennedy 12	4) Malachi Bean-Seay 12	
	5) Malachi Zhurko 10		
4	M. West -sj		41.72
	1) Christopher Williams 12	2) Yosef Poblano 10	
	3) Xavier Renshaw 11	4) Cameron Williams 11	
	5) Anton Foster	6) Jamani Hampton 10	
5	Oaks Chr-ss		41.43
	1) Lexington Leffall 11	2) Isaiah Green 12	
	3) Davon Benjamin 9	4) Deshonne Redeaux 9	
	5) Chase Farrell 11	6) Luke Eldrige	
	7) Chase Hansen 10		
6	Simi Valley-ss		41.62
	1) Thenuk Chandrasekera 11	2) Sean Brown 12	
	3) Logan Pollard 10	4) Jaelon Barbarin 12	
	5) Thaddeus Ek 9	6) Jayden Clarke 9	
7	El Cerrito-nc		41.89
	1) Daniel Harper 11	2) Robert Stitts 12	
	3) Donavyn Lewis 11	4) Gavin Thompson 10	
	5) Zion Shelton 11	6) Jayvon Bolds 11	
	7) Micah Avery 11		
8	Helix-sd		42.04
	1) Laurence Burstton 10	2) Adren Parker 12	
	3) Shon Martin 11	4) Spencer Gray 10	
	5) Kevin Allen 11	6) Jackson Ellis 9	
9	Birmingham-la		42.72
	1) Mandell Anthony 10	2) Deshawn Banks 11	
	3) Edrick Noah 11	4) Antrell Harris 10	
	5) Mason Williams 12	6) Brian Anderson 10	



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CIF State Track & Field Championships

Heat 3 of 3 Prelims...(Event 2 Boys 4x100 Meter Relay Varsity)

2	Carson-la	42.24
	1) Kameryn Hurst 10	2) Jerald Martin Evangelista 10
	3) Jayden Rendon 9	4) Craig Walker 9
	5) Keion Liburd 10	6) Dior Sowell 12
	7) Avant Jackson 10	8) Curtis Williams 11
3	Clovis-cc	42.03
	1) Aidan Coyne 12	2) Jacob Saldate 11
	3) Jaden Carrillo 12	4) Logan Cole 10
	5) Jaden Mora 11	6) Zane Martin 12
	7) Tyler Haggard 10	8) Linkin Woolf 11
4	Los Altos-cc	41.73
	1) Ata Sen	2) Zachary Fagin 12
	3) Leopold Goebel 12	4) Nathaniel Guillory 11
	5) Thomas Schumann	6) Kamil Jakatdar
	7) Maxime Morelle 12	
5	Acalanes-nc	41.46
	1) Ethan Torres 12	2) Kyle Bielawski 12
	3) Trevor Rogers 11	4) Paul Kuhner 11
	5) Luca Mathias 12	6) Collin Glick 11
	7) Kiran Foster 11	8) River Lockwood 9
6	Sac. Hrt Prep-cc	41.60
	1) Tynan Macaluso 12	2) Carter Shaw 12
	3) Luke Maxwell 12	4) James Mustarde 10
	5) Jack Stevens 11	6) Oskar Herlitz 9
	7) Ancel Bulchanadani 11	8) Logan Chang 10
7	Edison -sj	41.76
	1) Langdon Horace 9	2) Ah'Marion Ashley 12
	3) Charles Rogers 12	4) Tyree Owens 12
	5) Marcus Harrison 10	6) Amon Sanford 10
8	Jordan-ss	42.04
	1) Jermar Andrews 9	2) Jordan Washington 11
	3) Jacob Hernandez 12	4) Darryll Stevens 12
	5) Fernando Reyes 11	6) Tre'Jon Spears 9
	7) Johnthan Edwards	
9	Mt. Carmel-sd	42.29
	1) Myles Farkas 11	2) Jonathan Krynicki 12
	3) David Slaughter 10	4) Jonathan Aukerman Salinas 12
	5) Khalid Aldelaimi 12	6) Christian Saia 12
	7) Jack Tucker 11	8) Shaun Young 10

Event 3 Girls 1600 Meter Run Varsity

Lane	Name	Yr	School	Seed Time
Heat 1 of 2 Prelims				
1	Chiara Dailey	9	La Jolla-sd	4:42.69
2	Lorelei Barrett	10	Buckley -ss	4:49.66
3	Hanne Thomsen	10	Montgom -nc	4:51.77
4	Ashlyn Boothby	11	Scotts Valley-cc	4:52.27
5	Aishling Callanan	12	Peninsula-ss	4:53.58
6	Elle Lomeli	10	Buchanan-cc	4:54.18
7	Jasleen Sidhu	11	Los Altos-cc	4:54.55
8	Mia Torrecillas	11	Highland-cc	4:58.62
9	Adeline Johnson	12	Branson -nc	4:58.63
10	Grace Dunham	11	St. Francis -sj	5:02.27
11	Ava Baak	12	Pal Ch Acad-ss	5:05.68
12	Jacqueline Holman	12	Lowell-sf	5:10.09
13	Angelina Valladares	11	Canoga Pk-la	5:11.05
Heat 2 of 2 Prelims				
1	Sadie Engelhardt	10	Ventura-ss	4:46.02
2	Hannah Riggins	12	Del Norte-sd	4:46.35
3	Grace Hutchison	12	Buchanan-cc	4:51.83
4	Allura Markow	12	Dana Hills -ss	4:52.18
5	Kinga Czajkowska	10	Palo Alto-cc	4:53.59
6	Sofia Lieberman	11	Murr Val-ss	4:53.89
7	Athena Ryan	11	Sonoma Acad.-nc	4:55.91
8	Janelle Avilez	12	Etiwanda -ss	4:58.01
9	Lindsay Zimmer	9	Cath. Cath-sd	5:01.08
10	Norah Dulaney	12	Davis -sj	5:01.34
11	Jesse Redding	11	Colfax -sj	5:06.79
12	Jocelyn Pacheco	12	Granada Hls-la	5:06.89
13	Elizabeth Merrill	10	Shasta-no	5:18.14

Event 4 Boys 1600 Meter Run Varsity

Lane	Name	Yr	School	Seed Time
Heat 1 of 2 Prelims				
1	Levente Palvolgyi	12	Woodside Pr-cc	4:10.17
2	Aydon Stefanopoulos	10	Los Gatos-cc	4:10.66
3	Carson Hedlund	10	Pioneer-cc	4:11.16
4	Westin Brown	10	Gr. Oak-ss	4:11.50
5	Sebastian Sutch	11	Cate -ss	4:11.84
6	Tom Bell	12	Mt. Carmel-sd	4:12.37
7	Andreas Dybdahl	11	S. Barbara-ss	4:12.41
8	Brandon Day	12	R. Bernardo-sd	4:12.87
9	Manny (Emmanuel) Hernandez	11	Cathedral -ss	4:13.16
10	Alex Lamoureux	12	Colig Pk-nc	4:13.91
11	Caleb Cavanaugh	12	Oakdale -sj	4:15.21
12	Ryan Martin	12	River City -sj	4:15.73
13	Jacob Diaz	12	Reedley-cc	4:16.83
14	Adrian Sverlow-Mendoza	12	San Pedro-la	4:22.40
15	Carter Murphy	10	Chico-no	4:28.92





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Heat 2 of 2 Prelims...(Event 4 Boys 1600 Meter Run Varsity)

1	Ryan Thomas	12	Torrey Pines-sd	4:10.35
2	Manuel Correia	12	Pt. Loma-sd	4:10.65
3	Justin Pretre	12	Menlo-cc	4:11.42
4	Mateo Malko-Allen	12	St. Mary's-nc	4:11.44
5	Gabriel Rodriguez	11	Gr. Oak-ss	4:12.16
6	Lucas Cohen	11	Albany-nc	4:12.18
7	Jacob Juden	12	Otay Ranch-sd	4:12.43
8	Anthony Fast Horse	11	Ventura-ss	4:12.65
9	Micah Grossman	11	Ventura-ss	4:13.82
10	Brandon Moreno	12	Jesuit -sj	4:13.88
11	Teg Pandher	11	Clovis North-cc	4:15.29
12	Luke Sanders	10	Buchanan-cc	4:15.67
13	Joseph Vargas	11	Cleveland-la	4:20.92
14	Paul Tranquilla	10	Venice-la	4:21.89
15	Alexi Leduc	11	Oakland Tec -ok	4:32.68

Event 5 Girls 100 Meter Hurdles Varsity

Lane	Name	Yr	School	Seed Time
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Heat 1 of 4 Prelims

2	Alessandra Ionescu-Zanetti	12	Berkeley-nc	15.33
3	Zamaria Mack	10	Otay Ranch-sd	14.79
4	Mari Testa	12	Campolindo-nc	14.28
5	Yvette Harris	12	Lincoln(ST)-sj	13.63
6	Davis London	11	St Bernard-ss	14.25
7	Laniah Simpson	10	Archbish Mtty-cc	14.78
8	Eliza Ayres	10	Oakland Tec -ok	15.28

Heat 2 of 4 Prelims

2	Sophia Notaro	12	Vintage-nc	16.00
3	Victoria Bolds	12	Washington-sf	14.81
4	Fallyn Gowans	11	Marlborough-ss	14.29
5	Kori Fields	12	St. Mary's -sk	13.75
6	Mia Reid	12	La Salle-ss	14.13
7	Sydney Watkins	11	Chr. Brth. -sj	14.54
8	Lillian Cook	11	Steele Cyn-sd	15.25

Heat 3 of 4 Prelims

2	Caylin Norwood	10	El Cam. Real-la	16.20
3	Tiana Grady	12	Independence-cc	14.86
4	Bella Turner	11	Liberty Bak-cc	14.31
5	Kailah Mckenzie	12	Orange Vista	13.85
6	Keilee Hall	12	Chr. Brth. -sj	14.00
7	Sarah Ajayi	12	King MI-Ss	14.43
8	Lena Manchester	12	Aptos-cc	15.15
9	Sandra Melendez	12	Chats-la	16.51

Heat 4 of 4 Prelims

2	Giselle Rodriguez-Sanchez	12	Fall River-no	16.40
3	Milani Ward	11	Clovis East-cc	14.89
4	Sanaiya Watkins	10	Quartz Hill-ss	14.37
5	Giselle Kirchner	11	Rocklin -sj	13.89
6	Anisa Bowen-Fontenot	10	San Diego-sd	13.92
7	Niya Clayton	11	Oaks Chr-ss	14.39
8	Tiana Osuna	11	Archbish Mtty-cc	15.02
9	Victoria Brown	10	El Cam. Real-la	16.46

Event 6 Boys 110 Meter Hurdles Varsity

Lane	Name	Yr	School	Seed Time
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Heat 1 of 3 Prelims

1	Jayden Rendon	9	Carson-la	15.57
2	Hudson Blattman	12	R. Bernardo-sd	14.91
3	Kaiden Whitt	12	Culver City -ss	14.59
4	Jeremy Frank	12	Thou Oaks-ss	14.18
5	Davis Davis-Lyric	12	Upland-ss	13.89
6	Miles Roberts	12	Leland-cc	14.17
7	Kyle Hughes	12	Bullard-cc	14.58
8	Mekyi Patterson	12	Ridgeview-cc	14.80
9	Caden Rowe	12	Foothill-no	15.41

Heat 2 of 3 Prelims

1	Harrison Brown	11	Lincoln-sf	15.72
2	Vincent Carnegie	10	Stockdale-cc	14.94
3	Shon Martin	11	Helix-sd	14.64
4	Sean Brown	12	Simi Valley-ss	14.20
5	Stephen Dahdouh	12	Pleas. Grove -sj	13.94
6	Myles McFarland	11	Con. Oaks -sj	14.12
7	James Buellesbach	11	Bellarmino-cc	14.57
8	La'Rico Tezeno	11	Pittsburg-nc	14.74
9	Owen Hament	11	Eagle Rock-la	15.34

Heat 3 of 3 Prelims

2	Sai Vadrawale	12	R Cotate-nc	14.95
3	Peter Olson	12	J. Serra-cc	14.68
4	Chukwunonso Udeh	12	Delasalle-nc	14.36
5	Cameron Williams	11	M. West -sj	14.02
6	Logan Lyght	12	Mater Dei-ss	14.11
7	Pyrcce Edwards	12	Thou Oaks-ss	14.55
8	Jaden Dorsey	12	Olympian-sd	14.71
9	Gabriel Pearson	12	Hamilton-la	15.19

Event 7 Girls 400 Meter Dash Varsity

Lane	Name	Yr	School	Seed Time
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Heat 1 of 3 Prelims

1	Amaya DeFlorimonte	9	B.O'Dowd-Nc	58.19
2	Kenahdi Haslip	12	Frontier-cc	57.36
3	Ihe Okoh	11	Franklin (Eg)-Sj	56.43
4	Mercy Ehiemere	12	Orange Vista	55.01
5	Aujane Luckey	12	Wilson(LB)-ss	52.71
6	Payton Smith	11	La Jolla-sd	54.87
7	Ava Decleve	9	Scotts Valley-cc	56.27
8	Lexi Schartmann	9	Immanuel-cc	57.30
9	Elianah DeMange	12	MarCarrillo-nc	58.03



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Heat 2 of 3 Prelims...(Event 7 Girls 400 Meter Dash Varsity)

1	Emma Gaddy	12	Univ Prep-no	58.73
2	Diyana Hackley	12	St. Mary's -sk	57.38
3	Brooklyn Harris	10	Hamilton-la	56.89
4	Nicoletta Burkhardt	11	Steele Cyn-sd	55.13
5	Joelle Trepagnier	10	Culver City -ss	53.46
6	Morgan Maddox	11	Culver City -ss	54.87
7	Melia Middleton	12	Christopher-cc	55.92
8	Isabella Vally	12	Granada Hls-la	57.07
9	Eden Enoru	10	Heritage-nc	57.76

Heat 3 of 3 Prelims

2	Olivia Walker	11	Turlock -sj	57.38
3	Makenna Herbst	10	Carlsbad-sd	57.00
4	Sadia Green	12	Serra-ss	55.51
5	Rayah Rodriguez	9	Oaks Chr-ss	54.44
6	Hannah Rutherford	10	Mountain V-Cc	54.81
7	Leena Powell	9	Culver City -ss	55.69
8	Emerson Parks	10	Clovis North-cc	57.04
9	DeAuna Louis	9	Girls Acad-la	57.58

Event 8 Boys 400 Meter Dash Varsity

Lane	Name	Yr	School	Seed Time
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Heat 1 of 3 Prelims

1	Logan Borg	11	Foothill-no	50.29
2	Bryce Thomas	12	Moreau Ct-nc	48.67
3	Jt Kraemer	11	Wilson(LB)-ss	48.50
4	Wil Brennan	12	Los Gatos-cc	48.02
5	Dijon Stanley	12	Granada Hls-la	46.17
6	Chase Hansen	10	Oaks Chr-ss	48.02
7	Levi Romero	12	Los Gatos-cc	48.28
8	Joziah Hagedorn	12	Tulare West-cc	48.66
9	Sebastian Pott	12	Kennedy (Joh)	50.11

Heat 2 of 3 Prelims

1	Yuliyán Valdez	12	Washington-sf	50.71
2	Parker Harrison	12	J. Serra-cc	48.77
3	John Dailey	12	Whitney -sj	48.52
4	David Slaughter	10	Mt. Carmel-sd	48.14
5	Adren Parker	12	Helix-sd	46.48
6	Brayden Chavez	11	Vanden -sj	47.80
7	Joey Stout	12	Pitman -sj	48.27
8	Ethan Avalos	11	Lemoore-cc	48.65
9	Jayden Smith	12	Granada Hls-la	49.78

Heat 3 of 3 Prelims

2	Malachi McCoy	12	Hilltop-sd	48.81
3	Arian Naim	12	Beverly Hl -ss	48.56
4	Seth Shigg	10	Chaminade -ss	48.17
5	Xai Ricks	11	Poly(LB)-ss	46.50
6	Jaden Rattay	12	Lincoln (Abr	47.35
7	Noah Smith	9	Poly(LB)-ss	48.19
8	Alexander Franco	12	Dublin-nc	48.65
9	Ethan Mahanke	12	Liberty Bak-cc	48.90

Event 9 Girls 100 Meter Dash Varsity

Lane	Name	Yr	School	Seed Time
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Heat 1 of 4 Prelims

2	Tianna Ruskovich	11	Mt. Carmel-sd	12.13
3	Mari Testa	12	Campolindo-nc	11.94
4	Alysiana Winston	10	Twelve Brid-sj	11.85
5	Niya Clayton	11	Oaks Chr-ss	11.46
6	Taylor Anyansi	10	Murr Val-ss	11.82
7	Marley Scoggins	9	Golden Val-ss	11.93
8	Natalia Carrillo	12	Frontier-cc	12.11

Heat 2 of 4 Prelims

2	Shaniya Randolph	12	Bullard-cc	12.13
3	Ava Simos	11	Cdm -ss	11.96
4	Jai'ya Jones	11	Lakewood-ss	11.87
5	Amirah Shaheed	11	Madison-sd	11.58
6	Nakai Johnson	12	Edison -sj	11.79
7	Ellie McCuskey-Hay	9	St. Ignatius-cc	11.92
8	Nyarah Anderson-Brown	11	J. Logan-nc	12.11

Heat 3 of 4 Prelims

2	Juliette Kosmont	12	S. Catalina-cc	12.19
3	Christina Gray	9	Carson-la	12.02
4	Andrea Smith	11	St Bernard-ss	11.88
5	Brazil Neal	12	Serra-ss	11.63
6	Reign Redmond	12	Carson-la	11.75
7	Riley Allen	11	Righetti-cc	11.92
8	TaAhjah Fann	12	Carson-la	12.08
9	Kylie Atteberry	11	Las Plumas-no	12.65

Heat 4 of 4 Prelims

2	Jala Williams	12	Oakland Tec -ok	12.53
3	Ily Barclay	9	Steele Cyn-sd	12.05
4	Ciella Seals	12	Tracy -sj	11.89
5	Shanye Harris	11	Edison -sj	11.73
6	Marlee Cavitt	12	Kennedy -sj	11.74
7	Mia Flowers	11	Serra-ss	11.91
8	Sophie Spokes	12	Lick-Wlrmnc-nc	12.07
9	Kei'Niyah Talton	9	Mnlo Ath-cc	12.54

Event 10 Boys 100 Meter Dash Varsity

Lane	Name	Yr	School	Seed Time
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Heat 1 of 4 Prelims

2	Amari Yolas	12	Pal Ch Acad-ss	10.87
3	Jordan Coleman	11	Granada Hls-la	10.67
4	Jason Wells	12	La Costa Cyn-sd	10.49
5	Rodrick Pleasant	12	Serra-ss	10.14
6	Devin Bragg	10	Los Alamitos-ss	10.48
7	Xavier Bruce	12	Whitney -sj	10.65
8	Andrew Fu	12	Harker-cc	10.87



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Heat 2 of 4 Prelims...(Event 10 Boys 100 Meter Dash Varsity)

2	Ian Reynolds	12	West Valley-no	10.91
3	Jaden Jefferson	9	Delasalle-nc	10.71
4	Deshonne Redeaux	9	Oaks Chr-ss	10.54
5	Jordan Washington	11	Jordan-ss	10.24
6	Ian Dossman	12	Franklin (Eg)-Sj	10.47
7	Jason Deal	12	Paloma Val-ss	10.64
8	Steven Luker	12	Central Un-sd	10.85

Heat 3 of 4 Prelims

2	Antrell Harris	10	Birmingham-la	11.01
3	Matthew Robertson	12	Palo Verde-sd	10.74
4	Gianni Miles	12	Rodriguez -sj	10.54
5	Anthony Flowers	12	So Torrance-ss	10.33
6	Brycen Tablit	11	Frontier-cc	10.43
7	Jacob Saldate	11	Clovis-cc	10.63
8	Zachary Jones	12	Archbsh Riord-cc	10.81

Heat 4 of 4 Prelims

2	Khairee Baker	10	Mission-sf	11.07
3	Josh Myers	12	Campolindo-nc	10.74
4	Jaelon Barbarin	12	Simi Valley-ss	10.59
5	Robert Stitts	12	El Cerrito-nc	10.35
6	Nickolas Miller	12	Clovis North-cc	10.40
7	Donnie Parish	11	Chino Hls. -ss	10.63
8	Christian Hauge	11	Live Oak-cc	10.75

Event 11 Girls 800 Meter Run Varsity

Lane	Name	Yr	School	Seed Time
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Heat 1 of 3 Prelims

1	Mackenzie Browne	12	North Js-Ss	2:07.49
2	Sabrina Zanetto	10	St. Fran(MV)-cc	2:10.35
3	Tatum Olesen	11	Mnlo Ath-cc	2:10.47
4	Chloe Esponda	11	So Torrance-ss	2:12.68
5	Cate Peters	12	Monte Vst-nc	2:12.77
6	Lilly Escorcica	12	Elk Grove -sj	2:16.50
7	Summer Doyle	11	Rio Amer. -sjs	2:16.74
8	Angelina Valladares	11	Canoga Pk-la	2:20.10
9	Kelia Naranjo-Champion	10	Garfield-la	2:20.79

Heat 2 of 3 Prelims

1	Tessa Buswell	11	Poway-sd	2:08.30
2	Keaton Robar	10	Newport Ha-ss	2:10.19
3	Dominika Janik	12	Torrey Pines-sd	2:10.74
4	Georgia Jeanneret	11	Jserra-Ss	2:11.66
5	Sophia Biesinger	12	La Costa Cyn-sd	2:13.22
6	Cameron Macias	9	Clovis West	2:15.38
7	Abigail Varner	11	Bakersfield-cc	2:17.07
8	Eva Walker	11	Carson-la	2:18.54
9	Holly Alchin	10	Pl. Valley-no	2:22.14

Heat 3 of 3 Prelims

1	Sadie Engelhardt	10	Ventura-ss	2:09.76
2	L'Mio Edwards	11	Claremont -ss	2:09.82
3	Dominique Abbott	12	North Js-Ss	2:10.79
4	Samira Kennedy	12	Castilleja-cc	2:10.87
5	Jessica Chisar	12	Colig Pk-nc	2:13.23
6	Isabelle Ruff	12	Clayton Vy-nc	2:15.02
7	Nicole Bridges	11	Liberty Bak-cc	2:17.63
8	Theone Divinagracia	12	Franklin (Eg)-Sj	2:17.70

Event 12 Boys 800 Meter Run Varsity

Lane	Name	Yr	School	Seed Time
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Heat 1 of 3 Prelims

1	Ambodai Ligons	11	Cathedral -ss	1:51.96
2	Lamarr Kirk Jr.	12	Poly(LB)-ss	1:53.00
3	Manuel Correia	12	Pt. Loma-sd	1:53.11
4	Keeran Murray	11	So. Pasadena-ss	1:53.80
5	Parker Long	12	Piedmont-nc	1:53.80
6	Aleksander Schade	11	Granada-nc	1:54.96
7	Mason Lantz	11	Scotts Valley-cc	1:55.16
8	Jackson Hein	10	Pl. Valley-no	1:56.80
9	Finley Hanson	12	Granada Hls-la	1:57.26

Heat 2 of 3 Prelims

1	Noah Ray	12	Buchanan-cc	1:52.54
2	Zach Weaver	12	Buchanan-cc	1:53.00
3	Elijah Williams	12	Edison-cc	1:53.40
4	Marcell Francis-Mitchell	12	Wilson(LB)-ss	1:53.50
5	Tarron Johnson	12	V Murrieta-ss	1:54.10
6	Evan Gardner	10	Homestead-cc	1:54.71
7	Israel Limosnero	12	King City-cc	1:55.17
8	Braidon Campora	11	El Dorado -sj	1:56.58
9	Jesus Murillo	12	Verdugo Hills-la	1:57.73

Heat 3 of 3 Prelims

1	Taj Clark	11	S. Clemente-ss	1:52.84
2	Aidan Ransom	11	Edison-cc	1:52.88
3	Joseph Lighthall	12	Hughson -sj	1:53.41
4	Angel Cordero	12	Olympian-sd	1:53.43
5	Ian Rosen	12	Grossmont-sd	1:54.26
6	Joaquin Foster	11	San Domic-nc	1:54.60
7	Jeffrey Overgaard	11	Lincoln(ST)-sj	1:55.30
8	Isaac Torres	12	El Cam. Real-la	1:55.47
9	Mathias Camilli	12	Galileo-sf	2:00.34



CIF State Track & Field Championships

Event 13 Girls 300 Meter Hurdles Varsity

Lane	Name	Yr	School	Seed Time
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Heat 1 of 3 Prelims

1	Monique Fulling	11	Granada Hls-la	48.20
2	Maya Cordoba	11	Clovis North-cc	45.41
3	Mia Holden	11	So. Pasadena-ss	43.95
4	Bella Turner	11	Liberty Bak-cc	43.67
5	Keilee Hall	12	Chr. Brth. -sj	42.02
6	MaNia Tidwell	12	Wilson(LB)-ss	43.55
7	Kennadi Reed	12	Poly(LB)-ss	43.94
8	Charlotte Lyon	11	Serd Hrt-nc	45.15
9	AnaGloria Estrella-Luevano	11	Gridley-no	47.60

Heat 2 of 3 Prelims

1	Nicole Vanegas	12	Verdugo Hills-la	49.16
2	Jaya Westby	11	Carson-la	45.91
3	Giselle Kirchner	11	Rocklin -sj	43.96
4	Kaylin Edwards	10	Wilson(LB)-ss	43.69
5	Anisa Bowen-Fontenot	10	San Diego-sd	42.12
6	Morgan Herbst	10	Carlsbad-sd	43.48
7	Avery Adelman	11	Gunn-cc	43.89
8	Lillian Cook	11	Steele Cyn-sd	45.02
9	Victoria Bolds	12	Washington-sf	47.55

Heat 3 of 3 Prelims

2	Amirat (Temi) Aganju	9	Pittsburg-nc	45.94
3	Avah Reichow	11	Burlingame-cc	44.67
4	Melia Middleton	12	Christopher-cc	43.74
5	Yvette Harris	12	Lincoln(ST)-sj	42.74
6	Lela Divinity	11	Redondo-ss	42.86
7	Eleanor Borchard	10	Oaks Chr-ss	43.85
8	Milani Ward	11	Clovis East-cc	44.70
9	Sophia Notaro	12	Vintage-nc	47.01

Event 14 Boys 300 Meter Hurdles Varsity

Lane	Name	Yr	School	Seed Time
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Heat 1 of 4 Prelims

2	Caden Rowe	12	Foothill-no	39.66
3	Jordehn Gammage	10	Canyon (Cc)-Ss	38.65
4	Devin Paton	12	Monrovia-ss	38.40
5	Cayden Roberson	11	Roosevelt E-Ss	37.59
6	Kathir Balakrishnan	12	Fremont-cc	38.38
7	Shon Martin	11	Helix-sd	38.64
8	Jayden Rendon	9	Carson-la	39.62

Heat 2 of 4 Prelims

2	Owen Foley	11	Analy-nc	39.78
3	Danny Tragarz	12	Del Norte-sd	38.79
4	Stephen Dahdouh	12	Pleas. Grove -sj	38.41
5	Darryll Stevens	12	Jordan-ss	37.72
6	Peter Olson	12	J. Serra-cc	38.30
7	Nick Nocero	12	Damian -ss	38.63
8	Verquel Turner	12	No. Bksfld-cc	39.51

Heat 3 of 4 Prelims

2	Alexander Ong	12	MarCarrillo-nc	40.40
3	Jazper Malone	12	El Diamante-cc	39.27
4	Pyrce Edwards	12	Thou Oaks-ss	38.43
5	John Mueller	11	Loyola-ss	37.85
6	Miles Roberts	12	Leland-cc	38.02
7	Richard Salazar	12	Santa Teresa-cc	38.50
8	La'Rico Tezeno	11	Pittsburg-nc	39.50

Heat 4 of 4 Prelims

2	Jacob Daum	12	El Cam. Real-la	40.71
3	Vincent Carnegie	10	Stockdale-cc	39.30
4	Adonis Siga	11	Lathrop -sj	38.45
5	Cameron Williams	11	M. West -sj	37.91
6	Vincent Atilano	11	Cath. Cath-sd	37.94
7	Davis Davis-Lyric	12	Upland-ss	38.49
8	Gabriel Pearson	12	Hamilton-la	39.41

Event 15 Girls 200 Meter Dash Varsity

Lane	Name	Yr	School	Seed Time
------	------	----	--------	-----------

Heat 1 of 4 Prelims

2	Nairobi Smith	11	Internat-nc	25.18
3	Hannah Rutherford	10	Mountain V-Cc	24.87
4	Aujane Luckey	12	Wilson(LB)-ss	24.12
5	Brazil Neal	12	Serra-ss	23.36
6	Payton Smith	11	La Jolla-sd	24.11
7	Tianna Ruskovich	11	Mt. Carmel-sd	24.83
8	Mikiyla Royal	11	Central	25.04

Heat 2 of 4 Prelims

2	Eden Enoru	10	Heritage-nc	25.28
3	Riley Allen	11	Righetti-cc	24.88
4	Morgan Maddox	11	Culver City -ss	24.14
5	Adonijah Currie	12	Quartz Hill-ss	23.41
6	Amirah Shaheed	11	Madison-sd	24.06
7	Briyanna Word	10	Chavez -sj	24.77
8	TaAhjah Fann	12	Carson-la	25.04

Heat 3 of 4 Prelims

2	Alice Tsioutsouloukli	12	Archbish Mtty-cc	25.67
3	Taylor Snaer	12	E. Union -sj	24.93
4	Ava Simos	11	Cdm -ss	24.28
5	Meagan Humphries	11	Castaic -ss	23.55
6	Rayah Rodriguez	9	Oaks Chr-ss	24.03
7	Ellie McCuskey-Hay	9	St. Ignatius-cc	24.76
8	Mari Testa	12	Campolindo-nc	25.02

Heat 4 of 4 Prelims

2	Emma Gaddy	12	Univ Prep-no	26.01
3	Keytonna Ross	11	Central	24.95
4	Reign Redmond	12	Carson-la	24.43
5	Joelle Trepagnier	10	Culver City -ss	23.55
6	Kayla McBride	11	Ayala -ss	23.79
7	Kori Fields	12	St. Mary's -sk	24.53
8	DeAuna Louis	9	Girls Acad-la	25.02





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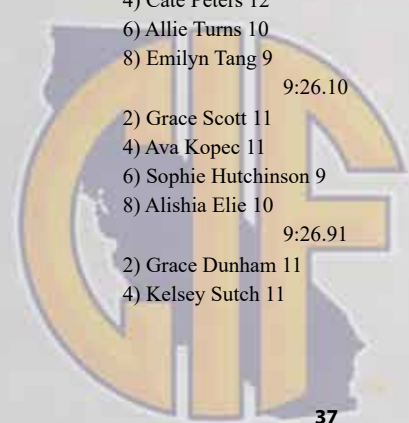
CIF State Track & Field Championships

Event 16 Boys 200 Meter Dash Varsity

Lane	Name	Yr	School	Seed Time
Heat 1 of 3 Prelims				
1	Khairae Baker	10	Mission-sf	22.13
2	Joey Stout	12	Pitman -sj	21.84
3	Jacob Saldate	11	Clovis-ce	21.55
4	Andrew Fu	12	Harker-cc	21.31
5	Rodrick Pleasant	12	Serra-ss	20.71
6	Jason Deal	12	Paloma Val-ss	21.23
7	Jason Wells	12	La Costa Cyn-sd	21.51
8	Christian Hauge	11	Live Oak-cc	21.82
9	Bryson Dessaure	12	Moreau Ct-nc	22.10
Heat 2 of 3 Prelims				
1	Parker Williams	12	Pl. Valley-no	22.23
2	Jaden Rattay	12	Lincoln (Abr	21.87
3	Adren Parker	12	Helix-sd	21.56
4	Robert Stitts	12	El Cerrito-nc	21.31
5	Jordan Washington	11	Jordan-ss	20.81
6	Dijon Stanley	12	Granada Hls-la	21.14
7	Jaiden Haire	12	Hanf. West-cc	21.50
8	Ian Dossman	12	Franklin (Eg)-Sj	21.75
9	Cristian Castro	12	Merced -sl	22.09
Heat 3 of 3 Prelims				
2	Matthew Robertson	12	Palo Verde-sd	21.95
3	Carter Shaw	12	Sac. Hrt Prep-cc	21.66
4	Jordan Coleman	11	Granada Hls-la	21.36
5	Anthony Flowers	12	So Torrance-ss	20.92
6	Nickolas Miller	12	Clovis North-cc	21.06
7	Jalen Aguillar-Carnes	9	Sierra Cyn-ss	21.37
8	Matthew Kaloustian	12	Lutheran(OR)-ss	21.69
9	Paul Kuhner	11	Acalanes-nc	22.08

Event 17 Girls 4x800 Meter Relay Varsity

Lane	Team	Relay	Seed Time
Section 1 of 1 Finals			
1	Claremont -ss		9:07.84
	1) Kaitlyn Smith 10	2) Denise Chen 11	
	3) Isla Bulmer 9	4) L'Mio Edwards 11	
	5) Sade Escalante 10	6) Alexa Gossett 11	
	7) Joy Cheng 9	8) Emily Noyes 11	
2	Jserra-Ss		9:10.59
	1) Amerie Johnson 10	2) Kaylah Tasser 9	
	3) Brooke O'Brien 11	4) Anastasia Snodgrass 12	
	5) Georgia Jeanneret 11	6) Anne Elise Packard 10	
	7) Brynn Garcia 10	8) Ellie Johnson 12	
3	Chino Hls. -ss		9:11.50
	1) Isabella Duarte 12	2) Michelle Ramos 10	
	3) Melanie Ramos 10	4) Alayna McGarry 11	
4	St. Fran(MV)-cc		9:12.05
	1) Katie Mullane 9	2) Hinako Yamamoto 12	
	3) Anna Fawcett 12	4) Sabrina Zanetto 10	
	5) Lillian Kaelber 11	6) Lauren Draper 9	
	7) Payton Wagner 9	8) Briana Kropp 10	
5	Del Norte-sd		9:12.91
	1) Emily Russo 10	2) Ella Echsner 11	
	3) Hannah Riggins 12	4) Paige Echsner 10	
	5) Brianna Busse 11	6) Addison Shannon 9	
	7) Lilah Enyedi 9	8) Addison Spurgiesz 9	
6	La Canada-ss		9:13.95
	1) Brittany Rivas 11	2) Charlotte Hopkins 9	
	3) Yasmin Ghaneh 11	4) Katelyn Matarese 11	
	5) Halo Ball 9	6) Katie McGuinness 10	
	7) Samantha Neumeier 10	8) Kelly Sellman 10	
7	Los Altos-cc		9:16.02
	1) Madeline Randall 11	2) Emma Beedon 9	
	3) Samantha Patel 11	4) Lily Symon 9	
	5) Emma Lewis 9	6) Emily Soobrian 10	
	7) Jasleen Sidhu 11	8) Jennifer Cruden 11	
8	Buchanan-cc		9:16.75
	1) Tayler Torosian 9	2) Sierra Cornett 10	
	3) Elle Lomeli 10	4) Sydney Sundgren 12	
	5) Riley Burgess 11	6) Avery Hutchison 10	
	7) Lilly Olsen 9	8) Ellie Dimitrashchuk 10	
9	Sage Creek-sd		9:19.57
	1) Gabriella Peters 10	2) Kaya Scuba 11	
	3) Michela Miracco 10	4) Malia Leupold 12	
	5) Belle Dolan-Carleton 12	6) Hannah Keehn 11	
	7) Julianna Miracco 10		
10	Monte Vst-nc		9:25.91
	1) Sally Binder 12	2) Sofia Fernandez 10	
	3) Peyton Dolan 11	4) Cate Peters 12	
	5) Maraki Amare 11	6) Allie Turns 10	
	7) Alexandra Powell 10	8) Emilyn Tang 9	
11	Whitney -sj		9:26.10
	1) Isabel Soto 10	2) Grace Scott 11	
	3) Addison Ewers 9	4) Ava Kopec 11	
	5) Katie Kopec 12	6) Sophie Hutchinson 9	
	7) Sophie Bowen 11	8) Alishia Elie 10	
12	St. Francis -sj		9:26.91
	1) Kayla Towne 11	2) Grace Dunham 11	
	3) Daphne Witherell 12	4) Kelsey Sutch 11	



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Section 1 of 1 Finals

5) Pamela Vargas 11	6) Ryann Strawn 11
7) Paige Quigley 12	
13 Montgom -nc	9:30.73
1) Seelah Kittelstrom 10	2) Hope Martin 12
3) Amrie Lacefield 10	4) Elizabeth Beiswanger 12
5) Jasmine Mansfield 10	6) Hanne Thomsen 10
14 Clovis North-ce	9:33.06
1) Ashlyn Leath 12	2) Samantha Ebell 11
3) Kaitelyn Emmons 11	4) Keira Quigley 10
5) Isabella Blanco 12	6) Daniella Munguia 12
7) Aubrey Pacheco 10	8) Gohar Hakimipour 10
15 Granada Hls-la	9:57.97
1) Samantha Pacheco 9	2) Reece Trice 10
3) Kiana Diamond 9	4) Jocelyn Pacheco 12
5) Megan Eng 12	6) Fiona Le 12
16 Canoga Pk-la	10:04.13
1) Ana Jasso 9	2) Angelina Lopez 10
3) Karina Perez 11	4) Angelina Valladares 11
5) Sarai Rosas 9	6) Peyton Hernandez 9
7) Heidy Torres 11	8) Dulce Godinez 10
17 Pl. Valley-no	10:04.73
1) Chloe Alchin 12	2) Ava Devine 11
3) Ali Lugo 10	4) Holly Alchin 10
18 Lowell-sf	10:24.39
1) Connie Wu 11	2) Opshory Choudhury 12
3) Devon Szalva 12	4) Samantha Gee 12
5) Maria (Fe) Carbajal 11	6) Niya St Onge 11
7) Celia Fong 12	8) Mackenzie Luk 11

Event 18 Boys 4x800 Meter Relay Varsity

Lane	Team	Relay	Seed Time
Section 1 of 1 Finals			
1	S. Clemente-ss		7:45.93
	1) Brett Ephraim 11	2) Jackson Brownell 11	
	3) Pierce Clark 11	4) Taj Clark 11	
	5) Dallin Harrington 9	6) Juan Chantaca 12	
2	Wilson(LB)-ss		7:48.79
	1) Gus Hollister 11	2) Wyland Obando 9	
	3) Marcell Francis-Mitchell 12	4) Jt Kraemer 11	
	5) Jordan Kincherlow 9	6) Elijah Jackson 10	
	7) Diego Alvarado 12	8) Cash Obando 10	
3	Poly(LB)-ss		7:50.18
	1) Lamarr Kirk Jr. 12	2) Cameron Rhone 12	
	3) Noah Addison 12	4) Xai Ricks 11	
	5) Anthony Hines 12	6) Tony Chism 12	
4	Menlo-cc		7:50.88
	1) Justin Pretre 12	2) William Hauser 10	
	3) Landon Pretre 10	4) Aiden Deffner 12	
	5) Jared Saal 10		
5	Loyola-ss		7:51.06
	1) Connor Bennett 11	2) Henry Payne 12	
	3) Jake Ratkovich 12	4) Harrison Lavery 12	
	5) Matteo Sanavio 11	6) Aaron Pavon 10	
	7) Diego Banegas 10	8) Lucas Garcia 10	
6	Crystal Sprgs-cc		7:51.10
	1) Tarik Baker 10	2) Benjamin Bouie 10	
	3) Dean Wu 11	4) Furious Clay 12	
	5) Oliver Boesch 10	6) Lachlan Guo 11	
7	Buchanan-ce		7:51.70
	1) Noah Ray 12	2) Luke Sanders 10	
	3) Ryan Kunkel 11	4) Zach Weaver 12	
	5) RJ Estrada 11	6) Andres Diaz 11	
	7) Aidan Ardekani 11	8) Jansen Geyer 9	
8	Clovis-ce		7:52.74
	1) Jalen Morales 11	2) Cole McNeal 11	
	3) Jack Titus 11	4) Josiah Delgadillo 11	
9	Clayton Vy-nc		7:58.10
	1) Daniel Messer 11	2) Daniel Martinez 11	
	3) Alex Walker 12	4) Alan Solari 12	
	5) Fernando Perez 11	6) Ryder Bartholomew 12	
	7) Ryan Christy 11		
10	Foothill-nc		7:59.11
	1) Elias Benard 11	2) Brennan DeCoite 10	
	3) Colin Wong 12	4) Shiven Karnik 11	
	5) Shon Kachare 11	6) Colin Surridge 11	
	7) Nolan Chavez 10	8) Zach Payne 10	
11	Davis -sj		8:01.75
	1) Lucas Tam 11	2) Beckett Dolan 10	
	3) Brian Fackert 12	4) Jefferson Wright 11	
	5) Liam Lopez 12	6) Jay Doctor 11	
	7) Samuel Rosas 12	8) Ryan Mitchell 12	
12	Jesuit -sj		8:02.05
	1) Brady Blum 10	2) Navin Kadel 10	
	3) Jonah Reynolds 11	4) Brandon Moreno 12	
	5) Jacob Swanson 12	6) Declan Higgins 11	
	7) Isaac Abbott 9	8) Charlie Kim 10	
13	Del Norte-sd		8:05.33
	1) Cameron Yarbrough 9	2) Joshua Spurgiesz 11	



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than your best
is to sacrifice
the gift.”*

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Section 1 of 1 Finals

	3) Kielan Rigg 10	4) Stanley Yan 11	
	5) Tristan Harpster 10	6) Peter Akinpelu 11	
	7) Luke Jin 10	8) Ben Owsley 9	
14	Granada Hls-la	8:05.39	
	1) Sean Taylor 12	2) Alec Flores 11	
	3) Reece Robles 12	4) Finley Hanson 12	
	5) Ryan Dudley 11	6) Michael Ward 12	
15	Helix-sd	8:05.78	
	1) Alex Freshley 11	2) Jb Kouwonou 12	
	3) Joshua Caneday 12	4) Adam Freshley 11	
	5) Adren Parker 12	6) Dylan Towne 11	
16	Trinity-no	8:10.00	
	1) Christopher Brennan 12	2) Liam Brennan 12	
	3) Kyle Cox 12	4) Jackson Poburko 9	
17	Pal Ch Acad-ss	8:12.93	
	1) Owen Lewicky 10	2) Bodhi Sahakian 11	
	3) Daylen Dacay 12	4) Max Fields 11	
	5) Elan Lee 12	6) Zachary Amster 10	
	7) Vafa Vosough 11	8) Alex Mammem	
18	Galileo-sf	8:16.45	
	1) Mathias Camilli 12	2) Nicolas Rivas 10	
	3) Jackson Vazquez 11	4) Marcel Gingrich 11	
	5) Georges Bikahi 10	6) Cedric Gingrich 10	
	7) Nicholas Kwong 10	8) Shepard Pertersen 10	
19	Oakland Tec -ok	8:55.66	
	1) Oliver Arnold 10	2) Nathan Dewan 10	
	3) Cezar Gomez 11	4) Gus Schafer 10	

Event 19 Girls 3200 Meter Run Varsity

Lane	Name	Yr	School	Seed Time
Section 1 of 1 Finals				
1	Gioana Lopizzo	11	La Costa Cyn-sd	10:25.83
2	Jaelyn Williams	9	East Lake-sd	10:26.17
3	Rylee Blade	10	Santiago(Cor)-ss	10:27.84
4	Holly Barker	10	Lag Hls-ss	10:28.39
5	Payton Godsey	11	Oaks Chr-ss	10:28.52
6	Hanne Thomsen	10	Montgom -nc	10:30.40
7	Makenzie McRae	11	Hunt. Beach-ss	10:31.21
8	Ailish Hawkins	12	Newbury Pk-ss	10:31.28
9	Maya DeBrouwer	10	La Canada-ss	10:33.41
10	Grace Hutchison	12	Buchanan-ce	10:37.85
11	Lauren Soobrian	12	Los Altos-cc	10:38.16
12	Ashlyn Leath	12	Clovis North-cc	10:41.02
13	Evangelina Marheineke	10	Archbish Mtty-cc	10:41.10
14	Caroline Mendyk	12	Buchanan-ce	10:41.58
15	Jasleen Sidhu	11	Los Altos-cc	10:43.11
16	Katie Kopec	12	Whitney -sj	10:44.82
17	Ellie Buckley	12	Campolindo-nc	10:44.97
18	Abby Stein	10	Granada-nc	10:45.13
19	Anna McNatt	12	McClatchy -sj	10:51.33
20	Scarlett Martin	11	Cath. Cath-sd	10:51.91
21	Brooke Butler	12	Oak Ridge -sj	10:54.19
22	Jocelyn Pacheco	12	Granada Hls-la	11:08.51
23	Samantha Pacheco	9	Granada Hls-la	11:17.47
24	Erin McKinnon	12	Foothill-no	11:39.20
25	Jacqueline Holman	12	Lowell-sf	11:41.32

Event 20 Boys 3200 Meter Run Varsity

Lane	Name	Yr	School	Seed Time
Section 1 of 1 Finals				
1	Evan Noonan	10	Dana Hills -ss	8:49.38
2	Billie Issa	12	W. Ranch-ss	8:57.68
3	Jason Parra	11	Millidan-ss	8:58.06
4	Aydon Stefanopoulos	10	Los Gatos-cc	9:00.33
5	Matthew Donis	12	Highland-ss	9:00.57
6	Juan Chantaca	12	S. Clemente-ss	9:01.86
7	Garrett Hartline	12	El Toro -ss	9:02.13
8	Roland Ruckmann-Barnes	12	Granada-nc	9:02.27
9	Evan Markelz	12	Mountain V-Cc	9:02.70
10	Parker Simmons	12	Cres. Val. -ss	9:02.90
11	Ethan Miller	12	Monte Vst-nc	9:03.15
12	John Cooper	12	Wilcox-cc	9:04.29
13	Emmanuel Perez	11	Cathedral -ss	9:04.47
14	Carter Spradling	11	Clovis East-cc	9:04.97
15	Sean Morello	12	Albany-nc	9:05.42
16	Eli Fitchen-Young	10	Santa Cruz-cc	9:05.52
17	Joshua Bell	11	Templeton-ce	9:05.53
18	Devin Pereira	12	Rocklin -sj	9:08.10
19	Dax Daley	12	Oakdale -sj	9:08.84
20	Broen Holman	10	Sonora -sj	9:10.36
21	Micah Sanchez	12	Liberty Ch.-sd	9:10.66
22	Alazar Teffra	12	Central	9:12.86
23	Tom Bell	12	Mt. Carmel-sd	9:13.64
24	Adrian Welton	11	Westview-sd	9:15.80
25	Charles Brennan	11	Chico-no	9:27.10
26	Owen Lewicky	10	Pal Ch Acad-ss	9:34.08
27	Max Fields	11	Pal Ch Acad-ss	9:37.30
28	Francisco Rodriguez	12	Franklin-la	9:42.97
29	Andy Ixtabalan Argueta	12	Skyline-ok	9:52.53
30	Bruno Bartalos	12	Lowell-sf	10:04.90





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Event 21 Girls 4x400 Meter Relay Varsity

Lane	Team	Relay	Seed Time
Heat 1 of 3 Prelims			
1	Birmingham-la		4:03.28
	1) Emmerson Wiggins 11	2) Daisy Kabukuru 11	
	3) Harlym Harris 10	4) Ani Brown 10	
	5) Larissa Caver 12	6) Alexa Arreguin 10	
2	Los Altos-cc		3:58.98
	1) Madeline Ross 10	2) Madeline Randall 11	
	3) Emma Lewis 9	4) Megan MacKenzie 12	
	5) Paige Kasso 12	6) Daniela Hughes 9	
	7) Emma Beedon 9	8) Lily Symon 9	
3	Lincoln(ST)-sj		3:54.64
	1) Tatiana Turner 9	2) Yvette Harris 12	
	3) JadyN Glover 12	4) Ashonti Brown 11	
	5) Marisol Orozco 10	6) Kaylee Gerardot 11	
4	Chr. Brth. -sj		3:52.42
	1) Devin Greer 11	2) Veronica White 9	
	3) Sydnie Watkins 11	4) Keilee Hall 12	
	5) Syniah Beverley 11	6) Paige Rupert	
5	Culver City -ss		3:41.40
	1) Leena Powell 9	2) Morgan Maddox 11	
	3) Imaan Minwalla 12	4) Joelle Trepagnier 10	
	5) Zakeyah Ross 10	6) Naomi Kim 10	
6	Oaks Chr-ss		3:51.84
	1) Eleanor Borchard 10	2) Niya Clayton 11	
	3) Danielle Irvin 12	4) Rayah Rodriguez 9	
	5) Payton Godsey 11	6) Sophia Colebrooke 10	
	7) Keri Dickerson 11		
7	Frontier-ce		3:54.60
	1) Kenahdi Haslip 12	2) Adeline Rangel 10	
	3) Kaitleigh Downing 11	4) Giuliana Contreras 12	
	5) Avianna Carrillo 12	6) Natalie Maxwell 12	
	7) Alexis Tinnin 10		
8	Torrey Pines-sd		3:58.95
	1) Karina Janik 12	2) Dominika Janik 12	
	3) Morgan Johnson 12	4) Natalie Christmore 12	
	5) Sophie Bryson 9	6) Charlotte Weale 10	
	7) Audra Clark 10	8) Sophia Lesser 9	
9	Granada Hls-la		4:02.76
	1) Simone Bart-Plange 12	2) Isabella Vally 12	
	3) Gabriella Caldwell 11	4) Skye Thompson 9	
	5) Monique Fulling 11	6) Savannah McCay-McDonald 12	

Heat 2 of 3 Prelims

1	Pl. Valley-no		4:05.34
	1) Abigail Guichard 9	2) Ava Devine 11	
	3) Holly Alchin 10	4) Katelyn Enos 9	
	5) Allie Devine 11	6) Hannah Hanf 12	
2	Lick-Wlmrnc-nc		3:59.71
	1) Sophie Spokes 12	2) Ella Mogannam 9	
	3) Nora Choi 11	4) Savannah Harris 10	
	5) Henrietta Benziger 11	6) Hailey Moy 10	
3	Carlsbad-sd		3:55.34
	1) Morgan Herbst 10	2) Jillian Herrera 10	
	3) Audrey Sinnett 11	4) Makenna Herbst 10	
	5) Lily Nolte 10	6) Kate Pugmire 12	
	7) Leela Hunter 11		
4	Monte Vst-nc		3:52.76
	1) Cate Miller 10	2) Isabella Moriyama 10	
	3) Natalia McGowan 11	4) Cate Peters 12	
	5) Jesse Stock 12	6) Maraki Amare 11	
	7) Sally Binder 12	8) Peyton Dolan 11	
5	Wilson(LB)-ss		3:43.19
	1) Brooke Blue 9	2) Kaylin Edwards 10	
	3) Aujane Luckey 12	4) MaNia Tidwell 12	
	5) Xcaret Tirado 11	6) Journii Spencer 9	
	7) Jamiyah Sanders 10	8) Kimani Tindal 9	
6	Calabasas -ss		3:50.56
	1) Lahela Ray 11	2) Arielle McKenzie 11	
	3) Paige Porter 11	4) Zoe Ray 11	
	5) Braelon Holmes 12	6) Sarah Najibi 10	
7	Clovis North-ce		3:53.25
	1) Hayden Craft 10	2) Emerson Parks 10	
	3) Maya Cordoba 11	4) Emma O'Neil 10	
	5) Kylee Critzer 11	6) Tyra Kelly 12	
	7) Ella Mirelez 9		
8	St. Fran(MV)-cc		3:58.49
	1) Hinako Yamamoto 12	2) Anna Fawcett 12	
	3) Maia Jimenez 10	4) Sabrina Zanetto 10	
	5) Lillian Kaelber 11	6) Katie Mullane 9	
	7) Devon Swanson 12	8) Payton Wagner 9	
9	Carson-la		4:00.82
	1) Kylah Hyatt 12	2) Jaya Westby 11	
	3) Samira Stevenson 12	4) Eva Walker 11	
	5) Mia Jamerson 12	6) Samarria Miller 9	
	7) Jayana Bryant 11	8) Skyy Armstrong 11	



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CIF State Track & Field Championships

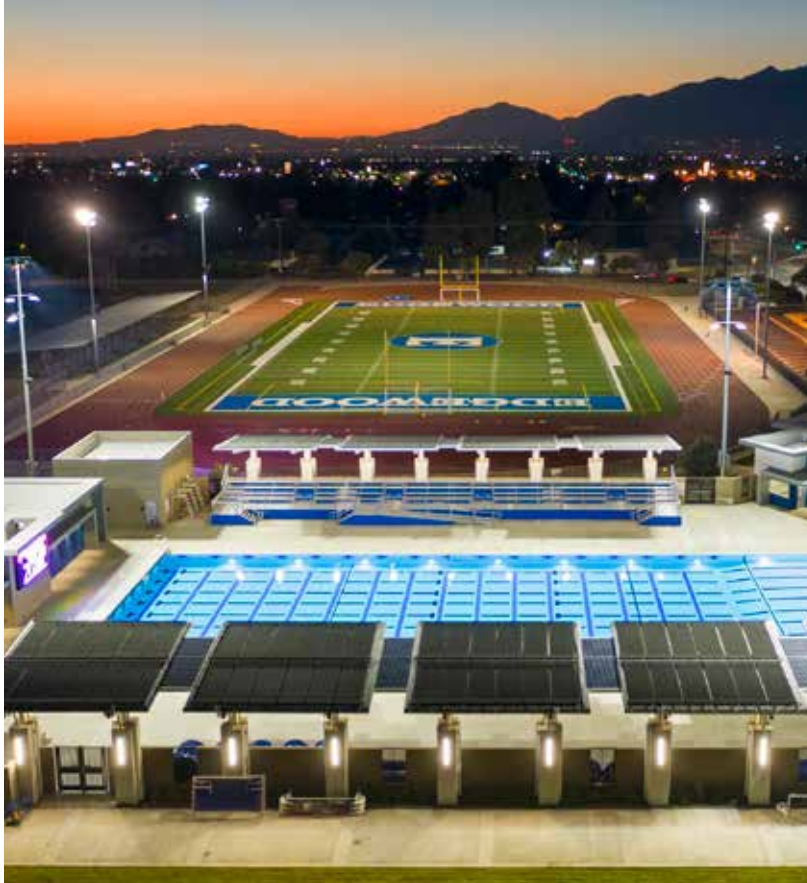
Heat 3 of 3 Prelims...(Event 21 Girls 4x400 Meter Relay Varsity)

2	Heritage-nc	4:00.17
	1) Isharie O'Neal 11	2) Kayla Marino 11
	3) Camille Williams 11	4) Eden Enoru 10
	5) Jasper Villanueva 12	6) Jasmine Staples 11
	7) Kimora Mclemore 12	8) Allison Diaz 10
3	Del Norte-sd	3:55.65
	1) Anna Prasouvo 11	2) Ella Echsner 11
	3) Bianca Calafato 12	4) Paige Echsner 10
	5) Emily Russo 10	6) Lilah Enyedi 9
	7) Addison Shannon 9	8) Hannah Riggins 12
4	Ventura-ss	3:52.92
	1) Valentina Fakrogha 11	2) Melanie True 9
	3) Ryan Mendez 12	4) Sadie Engelhardt 10
	5) Chelsea Ochoa 12	6) Olivia Mobley 10
5	North Js-Ss	3:46.50
	1) Breija Stredic 12	2) Dominique Abbott 12
	3) Leilani Brandon 9	4) Mackenzie Browne 12
6	Chino Hls. -ss	3:48.88
	1) Jordyn Thomas 12	2) Lady William-Mensah 11
	3) Michelle Ramos 10	4) Isabella Duarte 12
	5) Alayna McGarry 11	6) Melanie Ramos 10
7	Turlock -sj	3:53.21
	1) Ava Torres 11	2) Olivia Walker 11
	3) Zoe Lamur 10	4) Ella Spaulding 12
8	Bakersfield-cc	3:56.63
	1) Abigail Varner 11	2) Kalaya Miller 9
	3) La Sheau Hayden 10	4) Kyndall Hannible 11
9	S.H Cathed-cc	4:00.27
	1) Tessa Wehrle 9	2) Katherine Borek 11
	3) Chloe Thorpe 11	4) Vivien Colwick 10
	5) Isabella Guzman 10	

Event 22 Boys 4x400 Meter Relay Varsity

Lane	Team	Relay	Seed Time
Heat 1 of 3 Prelims			
1	Foothill-no		3:27.26
	1) Brandon Berens 12	2) Mason Calvert 9	
	3) Caden Rowe 12	4) Logan Borg 11	
	5) Cameron Brooks 10	6) Chris Hall 11	
2	Liberty Bak-cc		3:22.88
	1) David Avena 9	2) Christian Edwards 12	
	3) Charlie Castle 11	4) Ethan Mahanke 12	
	5) Ermiah Harrison 12	6) Hayden Higbee 11	
	7) Jamel Davis 11	8) Brock Turner 11	
3	Archbish Mtty-cc		3:20.89
	1) Elijah Bautista 11	2) Nathan Lau 12	
	3) Aaron Biebal 11	4) Xavier Swanagan 11	
	5) Prince Buchango-Babalola 9	6) Toju Maku 11	
	7) Marquis Marshall 9	8) Liam Saxton 11	
4	Central		3:19.49
	1) Jerome Brown 12	2) Emanuel Morgan 9	
	3) Walter Pierce 11	4) Imari Conley 12	
	5) Braylen Hall 11	6) Brandon Smith 9	
	7) Jaylen Jackson 9		
5	Poly(LB)-ss		3:13.86
	1) Noah Smith 9	2) Caliph Johnson 10	
	3) Lamarr Kirk Jr. 12	4) Xai Ricks 11	
	5) Malachi Dawson 9	6) Javon Hampton 12	
6	Westlake-ss		3:19.24
	1) Brandon Orlow 12	2) KC Barber 12	
	3) Ifeoluwaleyi Orekoya 11	4) Marcus Nortey 12	
	5) Ylian Ostojic 11	6) Grady Sterling 12	
	7) Carter Cox 12	8) Richard Hoffman 12	
7	Canyon (Cc)-Ss		3:20.72
	1) Josh Cambaliza 10	2) Jordehn Gammage 10	
	3) Emrys Coleman 11	4) Jeremiah Taylor 11	
	5) Myles McCrory 9	6) Keyshawn Wooten 9	
8	Con. Oaks -sj		3:22.16
	1) Mason Beloney 10	2) Elias Weathers 12	
	3) Jackson Traynham 10	4) Jeremiah Archie 11	
	5) Devin Jones 10	6) Lehman Benson 11	
	7) Divine Omini 11	8) Andrew Bishop 10	
9	Lincoln (Abr		3:26.10
	1) Daron Cotton 11	2) Joshua Sosa 11	
	3) Jason Nim 12	4) Jaden Rattay 12	





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Fans:

ENOUGH IS ENOUGH!

Bad behavior at high school athletic events has gotten OUT OF CONTROL. Are YOU part of the problem? Always be respectful, encouraging and positive. Let's come together to #BenchBadBehavior for good!

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Heat 2 of 3 Prelims...(Event 22 Boys 4x400 Meter Relay Varsity)

2	Dublin-nc	3:23.60
	1) Joshua Arevalo 11	2) Alexander Franco 12
	3) Sebastian Guinther 12	4) Manyu Yara 12
	5) Anthony Pickens 10	6) Hayden Choi 9
	7) Seth Kwan 12	8) Garrett Esomonu 11
3	Cath. Cath-sd	3:20.89
	1) Gavin Holt 11	2) Nathan Bruhn 11
	3) Blake Behmer 12	4) Vincent Atilano 11
	5) Riley Leyva 11	6) Austin McCotter 11
	7) Carter Wilson 11	8) Teddy Lang 9
4	Laguna Cr. -sj	3:19.59
	1) Caleb Kennedy 12	2) Halim Tholley 11
	3) William McCoy 12	4) Malachi Bean-Seay 12
	5) Jerimiah Hollowel 9	6) Xavier Castillo 10
5	Cathedral -ss	3:16.68
	1) Ehinone Inegbenoise 12	2) Sean Brooks 10
	3) Santiago Orozco 12	4) Ambodai Ligons 11
	5) Sebastian Skarr 11	6) Manny (Emmanuel) Hernandez 1
6	Edison -sj	3:19.03
	1) Langdon Horace 9	2) Ah'Marion Ashley 12
	3) Charles Rogers 12	4) Tyree Owens 12
7	Loyola-ss	3:20.61
	1) John Mueller 11	2) Derek Favorite 12
	3) Asa Phillips 12	4) Zachary Pastore 12
	5) Harrison Lavery 12	6) Steven Prunier Herman 11
8	Poway-sd	3:21.92
	1) Arturo Sevilla 11	2) Lukas Hughes 12
	3) Rory Kim 11	4) Carter Schoon 12
	5) Kaipo Christensen 12	6) Cooper Castleberry 9
9	Venice-la	3:25.32
	1) Bryan Castro 11	2) Amir Smith 11
	3) Sema'J Baber 12	4) Nathan Santa Cruz 10
	5) Paul Tranquilla 10	6) Caleb Long 11
	7) Isaiah Atkins 12	8) Rashawn Jackson 12

Heat 3 of 3 Prelims

2	Piedmont-nc	3:24.58
	1) Christian Taylor 12	2) Parker Long 12
	3) Jack Zirkelbach-Ngai 12	4) Sam Shelby 10
	5) Ryan Riddell 9	6) Maddox Ma 9
	7) Spencer Sorensen-Wald 11	8) Conor Kim 12
3	Lutheran(OR)-ss	3:21.38
	1) Alex Vasquez	2) Longevity Khanrad Hernar
	3) Damon (Deuce) Frierson-Cotter	4) Jackson Weng 12
	5) Shane Plourde 11	6) Roary Erskine
4	Mt. Carmel-sd	3:19.82
	1) Myles Farkas 11	2) Jonathan Aukerman Salina
	3) David Slaughter 10	4) Jonathan Krynicki 12
	5) Jack Tucker 11	6) Khalid Aldelaimi 12
	7) Tom Bell 12	8) Christian Saia 12
5	Granada Hls-la	3:17.61
	1) Dijon Stanley 12	2) Jordan Coleman 11
	3) Jayden Smith 12	4) Kanye Martin 11
	5) Lucas Scott 11	6) Finley Hanson 12
6	Los Gatos-cc	3:18.27
	1) Levi Romero 12	2) Jake Bohane 11
	3) Brady Kamali 12	4) Wil Brennan 12
	5) Aydon Stefanopoulos 10	6) Boxer Kopcsak-Yeung 11
	7) Alex Cross	
7	Clovis-ce	3:20.15
	1) Logan Cole 10	2) Linkin Woolf 11
	3) Jacob Saldate 11	4) Aidan Coyne 12
	5) Tyler Haggard 10	6) Tyler Radley 11
	7) Josiah Delgadillo 11	8) Jack Titus 11
8	J. Serra-cc	3:21.53
	1) Jaxon Igtanloc 12	2) Dylan Joudieh 12
	3) Jermaine Barrett 10	4) Parker Harrison 12
	5) Peter Olson 12	6) Jaden Green 11
	7) Nicholas Meade 12	8) Tyler Castricone 10
9	Clayton Vy-nc	3:25.26
	1) Alan Solari 12	2) Fernando Perez 11
	3) Daniel Messer 11	4) Ryan Christy 11
	5) Andres Watts 9	6) Alex Walker 12
	7) Daniel Martinez 11	8) Kilwin Brown 11



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Event 23 Girls High Jump Varsity

Pos	Name	Yr	School	Seed	Mark
Flight 1 of 1 Prelims					
1	Jaedyn Lynn	10	Shasta-no	4	10.00
2	Mihrell Reece	12	Hollywood \-La	5	02.00
3	Emma Fredrick	12	Liberty Bak-cc	5	03.00
4	Bridget Lopez Valenzuela	10	Poway-sd	5	03.00
5	Olivia Walker	11	Turlock -sj	5	03.00
6	Jade Tchouawou Nayap	11	Mira Loma -sj	5	03.00
7	Illicia Ross	10	Central	5	03.00
8	Rachael Osicka	9	Calif-nc	5	03.00
9	London Williams	10	Granada Hls-la	5	04.00
10	Quincy Collins	10	Arcata-nc	5	04.00
11	Oleana Taalman-Koch	10	Marshall-la	5	04.00
12	Kailah Mckenzie	12	Orange Vista	5	05.00
13	Emoree Smith	11	V Murrieta-ss	5	05.00
14	Jillene Wetteland	10	Poly(LB)-ss	5	05.00
15	Lillian Thrasher	12	Hollister-cc	5	05.00
16	Hannah Slover	12	Los Gatos-cc	5	05.00
17	Summer Young	11	Menlo-cc	5	05.00
18	Breeze Czapinski	12	Poway-sd	5	05.00
19	Gabriela Baxter	12	Christopher-cc	5	05.00
20	Valentina Fakrogha	11	Ventura-ss	5	05.00
21	Regan Thompson	11	Castaic -ss	5	05.00
22	Madison Thai	10	Thou Oaks-ss	5	05.00
23	Amia Witt	11	Chaminade -ss	5	05.00
24	Jamie Wade	11	St. Fran(MV)-cc	5	05.00
25	Makena Bailey	11	Chino Hls. -ss	5	05.00
26	Alexis Hunt	12	MarCarrillo-nc	5	06.00
27	Kendra Daniels	11	Righetti-cc	5	06.00
28	Meagan Humphries	11	Castaic -ss	5	07.00
29	Melanie Castelli	12	Notre Dm(B)-cc	5	07.00
30	Ashanti Elie	12	Whitney -sj	5	07.00
31	Lizzie Tarczy	12	Scripps Ran-sd	5	09.00

Event 24 Girls Pole Vault Varsity

Pos	Name	Yr	School	Seed	Mark
Flight 1 of 1 Prelims					
1	Elise Toste	11	Corning-no	9	03.00
2	Valentina Amescua	12	Laces-La	10	00.00
3	Meilia Nee	10	Santa Cruz-cc	10	06.00
4	Jonelle Scott	11	Soguel-cc	11	00.00
5	Kendra Williams	11	Branham-cc	11	00.00
6	Alexa Chan	12	Moreau Ct-nc	11	03.00
7	Brooklyn Ashjian	10	Clovis West	11	03.00
8	Peyton Bedrosian	11	Paso Robles-cc	11	03.00
9	Maddy Juhler	11	Pioneer -sj	11	06.00
10	Victoria Bradley	12	Dublin-nc	11	07.00
11	Shayna Hinds	12	Gr. Oak-ss	11	09.00
12	Jessica Davis	12	Trabuco Hls-ss	11	09.00
13	Abigail Wagner	12	Pleas. Grove -sj	12	00.00
14	Madison Pelfrey	12	St. Francis -sj	12	00.00
15	Madisyn Negro	12	Murr Val-ss	12	03.00
16	Jessica Thompson	12	HarvWest-ss	12	03.00
17	Lilia Montiel	12	R. Bernardo-sd	12	03.00
18	Jessica Condliff	10	Canyon Cr Ac-sd	12	03.00
19	Avery Hilliard	12	Poway-sd	12	03.00
20	Evangeline Thomson	12	Poway-sd	12	03.00
21	Michal Coates	10	Gr. Oak-ss	12	03.00
22	Lily Mulligan	12	MarCarrillo-nc	12	07.00
23	Paige Echsner	10	Del Norte-sd	12	09.00
24	Iliana Downing	11	La Costa Cyn-sd	13	03.00
25	Aspen Fears	11	V Murrieta-ss	13	04.00
26	Jordan Leveque	12	Buchanan-cc	13	04.00



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Event 25 Girls Long Jump Varsity

Pos	Name	Yr	School	Seed	Mark
Flight 1 of 1 Prelims					
1	Praise Odenyi	11	Washington-sf	16-00.25	
2	Kylah Hyatt	12	Carson-la	16-08.75	
3	Siena Bateman	10	La Jolla Cou	17-02.50	
4	Mia Jamerson	12	Carson-la	17-04.25	
5	Kayla Johnson	11	Pl. Valley-no	17-05.75	
6	Suraya Newman	11	St. Ignatius-cc	17-07.50	
7	Millie Weitz	12	Marin Cth-nc	17-08.00	
8	Liliana Hobough	12	Siena Ju-nc	17-08.50	
9	Riley Lankford	12	R. Bernardo-sd	17-08.50	
10	Jenna Fields	12	Santana-sd	17-10.00	
11	Christina Gray	9	Carson-la	17-10.25	
12	Juliana Roberson	11	Whitney -sj	17-10.50	
13	Eliza Ayres	10	Oakland Tec -ok	18-00.50	
14	Annah Wright	12	Mt. House -sj	18-03.75	
15	Pia Cho	11	Aragon-cc	18-04.00	
16	Riley Costales	12	Central	18-05.25	
17	Lynee Sims	12	Castro Val-nc	18-05.50	
18	Kyndall Hannible	11	Bakersfield-cc	18-06.75	
19	Shaylan Roy-Williams	11	Turlock -sj	18-07.00	
20	Ellie McCuskey-Hay	9	St. Ignatius-cc	18-09.50	
21	Loren Webster	10	Wilson(LB)-ss	18-09.75	
22	Tamara Aimufa	12	United Chris	18-10.50	
23	Alyssa Alumbres	11	V Murrieta-ss	19-00.75	
24	Meagan Humphries	11	Castaic -ss	19-03.75	
25	Kailah Mckenzie	12	Orange Vista	19-04.25	
26	Alyssa Hope	12	King MI-Ss	19-09.50	
27	Sydney Vanek	12	Clovis-cc	19-11.25	

Event 26 Girls Triple Jump Varsity

Pos	Name	Yr	School	Seed	Mark
Flight 1 of 1 Prelims					
1	Cassidy Ford	11	El Cam. Real-la	33-04.00	
2	Camrynn Williams	11	Carson-la	34-03.50	
3	Kayla Johnson	11	Pl. Valley-no	35-02.00	
4	Rae Ball	11	East Lake-sd	36-00.75	
5	Tatiana Avila	12	Analy-nc	36-01.00	
6	Mia Jamerson	12	Carson-la	36-01.00	
7	Riley Lankford	12	R. Bernardo-sd	36-08.00	
8	Santia Ali	10	Clayton Vy-nc	36-11.25	
9	Ashlyn Reed	11	Tulare West-cc	37-00.00	
10	Clara Fan	10	Monta Vista-cc	37-02.00	
11	Amaya DeFlorimonte	9	B.O'Dowd-Nc	37-03.00	
12	Jenna Fields	12	Santana-sd	37-03.50	
13	Emma Franks	10	Hollister-cc	37-05.00	
14	Hannah Vincent	10	Hollister-cc	37-05.50	
15	Grace Sloan	11	Rocklin -sj	37-06.00	
16	Vivian Moore	10	Central	37-08.75	
17	Chidiebere Agunanne	12	Modesto -sj	37-10.50	
18	Alyssa Murillo	12	Clovis East-cc	38-00.50	
19	Juliana Roberson	11	Whitney -sj	38-02.50	
20	Meagan Humphries	11	Castaic -ss	38-07.75	
21	Alyssa Alumbres	11	V Murrieta-ss	39-00.00	
22	Simone Smith	12	Upland-ss	39-02.25	
23	Tamara Aimufa	12	United Chris	39-03.50	
24	Dajeauna Williams	12	Elsinore -ss	39-08.50	
25	Jada Gatlin	12	Mission Vie-ss	39-10.75	



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Event 27 Girls Shot Put Varsity

Pos	Name	Yr	School	Seed	Mark
Flight 1 of 1 Prelims					
1	Jazzmine Cannon	11	Carson-la		36-01.75
2	Sol Bitners	11	Davis -sj		37-04.50
3	Tesa Liufau	11	Helix-sd		37-07.00
4	Shani Ford	10	Helix-sd		37-09.00
5	Brielle Moseley	10	Silver Creek-cc		37-10.00
6	Peyton Bitter	12	Clovis North-cc		37-10.75
7	Siolo Lua	12	R Cotate-nc		38-09.25
8	Kennedi Jones	12	Steele Cyn-sd		39-01.50
9	Erin Brown	12	Amador Va-nc		39-01.50
10	Angela Schykerynec	12	Orland-no		39-07.50
11	Pinkie Schnayer	11	Campolindo-nc		39-07.75
12	Mi'ah McNeal-Molette	12	Carson-la		39-08.75
13	Nevaeh Dyer	11	Paso Robles-cc		39-11.75
14	Nailea Fields	12	Caruthers-cc		40-00.75
15	Zenallah Hatcher Simmons	10	Del Campo -sj		40-01.00
16	Nicole Steiner	10	Los Gatos-cc		40-07.00
17	Lauryn Williams	11	Carson-la		41-01.00
18	April Fontenette	12	No Dame(SO)-ss		41-03.50
19	Mai Ricks	11	Poly(LB)-ss		41-08.50
20	Treasure Brown	12	Archer -ss		42-05.00
21	Laura Brennan	12	Hart-ss		42-08.00
22	Camryn Alo	12	Etiwanda -ss		42-11.00
23	Golda Demby	10	Hollister-cc		43-04.50
24	Galadriel Mellion	12	Weston Ran-sj		43-06.00
25	Aja Johnson	10	No Dame(SO)-ss		46-10.00

Event 28 Girls Discus Throw Varsity

Pos	Name	Yr	School	Seed	Mark
Flight 1 of 1 Prelims					
1	Lauryn Williams	11	Carson-la		112-00
2	Uchechukwu Moghalu	12	Freedom-nc		118-07
3	Jean Ikenaga	12	Benicia-nc		118-09
4	Samantha Smith	12	Santa Teresa-cc		121-04
5	Maya Ifo Desai	10	Archbish Mtty-cc		123-08
6	Zenallah Hatcher Simmons	10	Del Campo -sj		125-03
7	Sol Bitners	11	Davis -sj		129-08
8	Lauren Lemire	12	Pittsburg-nc		131-11
9	Brenna Williams	11	Cath. Cath-sd		134-06
10	Brooklyn Epperley	11	Central		135-01
11	Mairead Frankel	10	Sage Creek-sd		135-05
12	Shelbie Rogers	11	West Valley-no		138-00
13	Ningning O'Brien	12	Homestead-cc		138-04
14	Loie Madsen	12	Clovis North-cc		138-05
15	Elisabeth Driscoll	11	Canyon Cr Ac-sd		139-02
16	Trinity Tipton	10	Camarillo -ss		141-09
17	Galadriel Mellion	12	Weston Ran-sj		142-06
18	Laynie Tuimauluga	12	Camarillo -ss		143-03
19	Treasure Brown	12	Archer -ss		143-06
20	Aja Johnson	10	No Dame(SO)-ss		143-10
21	Siena Lambert	12	Jserra-Ss		147-03
22	April Fontenette	12	No Dame(SO)-ss		162-05
23	Nailea Fields	12	Caruthers-cc		167-08



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Event 29 Boys High Jump Varsity

Pos	Name	Yr	School	Seed	Mark
Flight 1 of 1 Prelims					
1	Owen Evans	12	West Valley-no	6-02.00	
2	Asher Cleary	12	Siena Ju-nc	6-02.00	
3	Isaiah Love	11	El Cam. Real-la	6-02.00	
4	Nathan Fifer	12	Montgom -nc	6-03.00	
5	Kamoni Reams	12	Central	6-03.00	
6	Aaron Fruge'	12	Univ City-sd	6-03.00	
7	Andrew Mueller	12	Bakersf Chr-ce	6-03.00	
8	Emerson Ames	12	Gunn-cc	6-03.00	
9	Braylon Noble	11	Soguel-cc	6-03.00	
10	Michael Smith	10	Dorsey-la	6-04.00	
11	Chukwunonso Udeh	12	Delasalle-nc	6-04.00	
12	DaRon Elam	12	Loyola-ss	6-05.00	
13	Zach Owens	12	Poly(Riv)-ss	6-05.00	
14	Griffin Schwab	12	S. Clemente-ss	6-05.00	
15	Brandon Cheeks II	11	Mission Bay-sd	6-05.00	
16	Legend Moore	11	St. Mary's -sk	6-05.00	
17	Jake Stafford	12	Jserra-Ss	6-05.00	
18	Aiydan Bague	12	Vent. Acad-sj	6-05.00	
19	Jermaine Schexnayder	12	Fresno-cc	6-05.00	
20	Zachary Fagin	12	Los Altos-cc	6-05.00	
21	Dominic Cotton	12	Northwood-ss	6-05.00	
22	Isley Gutierrez	12	Mater Dei-ss	6-05.00	
23	John Chang	12	R. Bernardo-sd	6-05.00	
24	Deshawn Banks	11	Birmingham-la	6-06.00	
25	Victor Ezike	12	Moorpark-ss	6-07.00	
26	Alan Vuong	12	Cypress -ss	6-07.00	
27	Delbert Davis	12	Golden Val -sj	6-07.00	
28	Brandon Gorski	10	Mater Dei-ss	6-09.00	

Event 30 Boys Pole Vault Varsity

Pos	Name	Yr	School	Seed	Mark
Flight 1 of 1 Prelims					
1	Reimius Aceret	12	Moreau Ct-nc	13-04.00	
2	Mason Lalanne	12	El Diamante-cc	13-06.00	
3	Derek Lo	12	S. Ramon V-Nc	13-08.00	
4	Michael Mitchell	11	Washington-nc	13-08.00	
5	Jacob Gash	11	A. Grande-cc	14-00.00	
6	Logan Meredith	10	Orland-no	14-02.00	
7	Kiyan Abel	12	Leigh-cc	14-06.00	
8	M Jack Nolan	11	Salinas-cc	14-06.00	
9	Collin Young	12	Jesuit -sj	14-09.00	
10	Benjamin Feyrer	11	Davis -sj	14-09.00	
11	William Floyd	12	Menlo-cc	15-00.00	
12	Cade Sommers	11	Westlake-ss	15-00.00	
13	Joey Weisman	11	Torrey Pines-sd	15-00.00	
14	Maxwell McFarlane	11	Turlock -sj	15-00.00	
15	Ryan Leuenberger	11	Capo Valley -ss	15-00.00	
16	Spencer Ciccarelli	12	No. Torrance-ss	15-00.00	
17	Cole Dinkler	12	Foot. Tech -ss	15-00.00	
18	Kai Anderson	10	Univ City-sd	15-06.00	
19	Jacob Emerson	11	Sage Creek-sd	15-06.00	
20	Jaden Mckee	11	King MI-Ss	16-00.00	
21	Leo Davis	12	Newport Ha-ss	16-00.00	
22	Hilton Green	12	Buchanan-cc	16-01.00	
23	Dylan Curtis	12	Redondo-ss	16-06.00	



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Event 31 Boys Long Jump Varsity

Pos	Name	Yr	School	Seed	Mark
Flight 1 of 1 Prelims					
1	Jarvis Thompson	12	Galileo-sf		21-02.50
2	Louis Chukwu	12	Carson-la		21-03.00
3	Ethan Rosborough	12	Narbonne-la		21-06.50
4	Benson Fleischer	12	HarvWest-ss		21-08.75
5	Phil Cotton	12	Walnut-ss		21-09.00
6	Jerald Martin Evangelista	10	Carson-la		21-09.25
7	Davis Flanagan	12	S. Barbara-ss		21-10.00
8	Josh Jornadal	12	Jserra-Ss		21-11.50
9	Brandyn Wetherspoon	11	B. Amat -ss		21-11.50
10	Elijah Crook	12	Sultana-ss		22-01.75
11	Chris Hall	11	Foothill-no		22-02.75
12	Ryley Parentau	10	Madison-sd		22-03.00
13	Marcus Harris	11	Vista-sd		22-06.00
14	Ethan Fong	12	Lincoln(ST)-sj		22-06.50
15	Jeremy Craft	11	J. Logan-nc		22-06.50
16	Victor Noble	12	Rosemont -sj		22-07.50
17	Jabari King	12	Central		22-07.75
18	Kingsley Okoronkwo	12	Christopher-cc		22-08.75
19	Sherrod Smith	12	Mnlo Ath-cc		22-09.00
20	Logan Saldade	11	Palma-cc		22-09.50
21	Maceo McDowell	12	Lodi -sj		22-11.00
22	Kyle Hughes	12	Bullard-cc		22-11.50
23	Zachary Fagin	12	Los Altos-cc		23-00.25
24	Trevor Rogers	11	Acalanes-nc		23-00.50
25	Shane Carr	12	South Bakers-cc		23-00.50
26	Jonathan Craft	10	Val. Chr-cc		23-01.00
27	AJ Cornthwaite	12	Valhalla-sd		23-02.25
28	Zachary Jones	12	Archbsh Riord-cc		23-02.75
29	Chukwunonso Udeh	12	Delasalle-nc		23-09.25
30	Daimon Dedmon	12	Kern Valley-cc		24-00.50
31	Christian Edwards	12	Liberty Bak-cc		24-05.25

Event 32 Boys Triple Jump Varsity

Pos	Name	Yr	School	Seed	Mark
Flight 1 of 1 Prelims					
1	Dominic Jefferson	11	Birmingham-la		39-10.25
2	Darrell Stanley	10	Granada Hls-la		41-08.25
3	Isaiah Atkins	12	Venice-la		41-10.50
4	Chris Hall	11	Foothill-no		43-06.00
5	Anthony Dean	10	Delasalle-nc		43-11.25
6	Jarvis Thompson	12	Galileo-sf		44-04.75
7	Monroe Barnum	11	St. Ignatius-cc		44-05.75
8	Kazu Kimura	11	Branham-cc		44-08.50
9	Jared McDuffie	12	Mater Dei-ss		45-01.75
10	Brandon Rush	11	B.O'Dowd-Nc		45-04.75
11	Joseph Saenz	12	Murr Val-ss		45-07.00
12	Bradley Hall	12	B. Harte -sj		45-07.50
13	Kesean Goodson	12	Oceanside-sd		45-08.50
14	Terrell Simpson	11	Stagg -sj		45-08.50
15	Collin Joyce	12	Aleman -ss		46-00.00
16	Kenneth Tucker	11	Bellarmino-cc		46-02.00
17	AJ McIlwain	12	Otay Ranch-sd		46-04.00
18	Obi Nwafor	12	V Murrieta-ss		46-04.50
19	Samuel Agbakoba	11	Central		46-05.50
20	Justin Reichenberg	11	Mission Bay-sd		46-06.00
21	Jeremiah Bolanos	12	Redland E Val-ss		46-06.25
22	Andrew Robinson	11	Gr. Oak-ss		46-10.25
23	Ethan Fong	12	Lincoln(ST)-sj		47-00.00
24	Josh Dunu	12	Buchanan-cc		47-01.25
25	Frankie Cruz	12	Liberty-nc		47-02.75
26	Kyle Hughes	12	Bullard-cc		47-08.50
27	Shane Carr	12	South Bakers-cc		48-08.75



CIF State Track & Field Championships

Event 33 Boys Shot Put Varsity

Pos	Name	Yr	School	Seed	Mark
Flight 1 of 1 Prelims					
1	Lawrence Kensing	9	Venice-la	46-08.00	
2	Emmanuel Limon	11	Shasta-no	47-07.00	
3	Tyler Lange	11	Oak Ridge -sj	50-09.00	
4	Richard La Grill	12	Carlmont-cc	51-01.00	
5	Edward Brandreth	11	La Costa Cyn-sd	51-04.00	
6	Abdoni Ubeda	11	Birmingham-la	51-08.50	
7	Ian Gammal	12	J. Logan-nc	51-10.00	
8	Zaire Peters	12	Pali-la	52-05.00	
9	Mateo Garcia	12	Santa Clara-cc	53-03.00	
10	Emmanuel Hermosillo	12	Pinole Val-nc	53-10.00	
11	Luke Lewis	10	J. Serra-cc	54-00.50	
12	Derek Ray	12	McKinleyv-nc	54-03.00	
13	Matthew Palchak	12	Jesuit -sj	54-05.00	
14	Jake Todden	11	Argonaul -sj	55-00.00	
15	Elijah Eason	12	Bullard-ce	55-02.50	
16	McKay Madsen	10	Clovis North-ce	55-03.75	
17	Jose Soto	12	Tulare West-ce	55-10.00	
18	Trey Vergenz	12	Mission Hls-sd	56-03.00	
19	Leland Godfrey	12	Chaparral -ss	56-03.50	
20	Tyler Knowles	12	R. Buena Vis-sd	56-10.50	
21	Wyatt Schrader	12	Ventura-ss	56-11.50	
22	Zach Lewis	11	Pacifica(GG)-ss	60-05.50	
23	Jaylon Wells	12	Warren-ss	60-08.00	
24	Kai Deines	12	Redondo-ss	62-04.00	
25	Brendon See	12	Jserra-Ss	63-10.00	

Event 34 Boys Discus Throw Varsity

Pos	Name	Yr	School	Seed	Mark
Flight 1 of 1 Prelims					
1	Zaire Peters	12	Pali-la	135-00	
2	Blake DaQuino	11	Westmont-cc	147-04	
3	Ian Gammal	12	J. Logan-nc	151-10	
4	Santiago Adan	11	Cdnl Mwmn-nc	152-08	
5	Matt Larsen	12	Durham-no	153-00	
6	Logan Edwards	11	Enochs -sj	155-06	
7	Kaleb Bowler	12	Otay Ranch-sd	155-08	
8	Ryan Telemaque	11	Sage Creek-sd	155-10	
9	Phoenix Nunez-Bradshaw	12	Turlock -sj	159-01	
10	Kyler Headley	11	Silver Creek-cc	162-04	
11	Benjamin Condrin	12	Jesuit -sj	164-01	
12	Jamin Guilbert	12	Eureka-nc	164-04	
13	Jesse Goldman	12	HarvWest-ss	171-08	
14	Julian Ramirez	11	Dinuba-ce	172-02	
15	Christopher Nora	12	Oak Hls.-ss	175-01	
16	Tyler Knowles	12	R. Buena Vis-sd	175-11	
17	Jake Stafford	12	Jserra-Ss	176-00	
18	Liam Brennan	12	Santa Clara-cc	176-06	
19	Kai Deines	12	Redondo-ss	178-03	
20	Derek Smith	11	Buchanan-ce	179-01	
21	Zach Lewis	11	Pacifica(GG)-ss	180-04	
22	Brendon See	12	Jserra-Ss	180-06	
23	Mikel Udengwu	12	Glenn-ss	181-10	
24	Justice Mephors	12	North Js-Ss	184-07	
25	McKay Madsen	10	Clovis North-ce	191-03	

Event 37 Mixed 100 Meter Dash Wheelchair Para

Lane	Name	Yr	School	Seed	Time
Section 1 of 1 Finals					
1					
2					
3					
4	Adrian Gonzalez	M9	Imperial-sd	29.59	
5	Brandon Louie	M12	Los Altos-ss	20.98	
6	Luzi Ashley	W10	Woodbridge-ss	26.62	
7	Angelina Garcia	W12	Yosemite-ce	34.55	
8					
9					

Event 38 Mixed 200 Meter Dash Wheelchair Para

Lane	Name	Yr	School	Seed	Time
Section 1 of 1 Finals					
1					
2					
3					
4	Angelina Garcia	W12	Yosemite-ce	1:09.82	
5	Brandon Louie	M12	Los Altos-ss	37.62	
6	Adrian Gonzalez	M9	Imperial-sd	1:00.56	
7					
8					
9					



CIF State Track & Field Championships

Event 39 Mixed 400 Meter Dash Wheelchair Para

Lane	Name	Yr	School	Seed Time
Section 1 of 1 Finals				
1				
2				
3				
4	Angelina Garcia	W12	Yosemite-cc	2:28.72
5	Brandon Louie	M12	Los Altos-ss	1:13.91
6	Luzi Ashley	W10	Woodbridge-ss	1:25.96
7				
8				
9				

Event 42 Boys 100 Meter Dash Ambulatory Para

Lane	Name	Yr	School	Seed Time
Section 1 of 2 Finals				
1				
2				
3	Gabriel Tyler	12	Poly(LB)-ss	14.92
4	Carson Fox	11	Los Alamitos-ss	14.08
5	Michael Reyes	11	S. Fran Int-sf	13.19
6	Alejandro Cervantes	11	Heritage-nc	13.85
7	Nefi Rodarte Lopez	10	Pittsburg-nc	14.68
8				
9				

Section 2 of 2 Finals

1				
2				
3				
4	Chris Adamson	9	Mission Bay-sd	16.55
5				
6	Logan Mann	10	West Hills-sd	15.43
7	Nick Card	9	Mission Vie-ss	15.10
8				
9				

Event 43 Boys 200 Meter Dash Ambulatory Para

Lane	Name	Yr	School	Seed Time
Section 1 of 1 Finals				
1	Logan Mann	10	West Hills-sd	34.42
2	Nefi Rodarte Lopez	10	Pittsburg-nc	31.08
3	Alejandro Cervantes	11	Heritage-nc	30.21
4	Michael Reyes	11	S. Fran Int-sf	26.95
5	Benjamin Schulz	12	Claremont -ss	26.40
6	Rogelio Mas	9	S. Fran Int-sf	26.62
7	Carson Fox	11	Los Alamitos-ss	29.97
8	Nick Card	9	Mission Vie-ss	30.41
9	Gabriel Tyler	12	Poly(LB)-ss	33.26

Event 44 Boys 400 Meter Dash Ambulatory Para

Lane	Name	Yr	School	Seed Time
Section 1 of 1 Finals				
1				
2	Hamza Mosleh	12	S. Fran Int-sf	1:57.04
3	Gabriel Tyler	12	Poly(LB)-ss	1:17.59
4	Nick Card	9	Mission Vie-ss	1:07.60
5	Benjamin Schulz	12	Claremont -ss	1:00.38
6				
7	Michael Reyes	11	S. Fran Int-sf	1:07.60
8	Nefi Rodarte Lopez	10	Pittsburg-nc	1:14.43
9	Rogelio Mas	9	S. Fran Int-sf	1:20.00

Event 45 Girls 100 Meter Dash Ambulatory Para

Lane	Name	Yr	School	Seed Time
Section 1 of 1 Finals				
1				
2	Mariah Patil	10	Lowell-sf	23.49
3	Maribel Soto	10	S. Fran Int-sf	19.50
4	Sydney Bridgeland	9	Redland E Val-ss	17.18
5	Bethany Wong	11	Fresno Chr-cc	14.41
6	Bayley Wong	9	Fresno Chr-cc	15.81
7	Isabella Browne	12	Christopher-cc	18.46
8	Vivian Horner	9	Mission-sf	23.32
9				

Event 46 Girls 200 Meter Dash Ambulatory Para

Lane	Name	Yr	School	Seed Time
Section 1 of 1 Finals				
1				
2				
3	Mariah Patil	10	Lowell-sf	52.09
4	Isabella Browne	12	Christopher-cc	40.62
5	Bethany Wong	11	Fresno Chr-cc	30.04
6	Bayley Wong	9	Fresno Chr-cc	31.68
7	Maribel Soto	10	S. Fran Int-sf	49.20
8				
9				

Event 47 Girls 400 Meter Dash Ambulatory Para

Lane	Name	Yr	School	Seed Time
Section 1 of 1 Finals				
1				
2				
3				
4	Maribel Soto	10	S. Fran Int-sf	1:49.00
5	Bayley Wong	9	Fresno Chr-cc	1:14.22
6	Isabella Browne	12	Christopher-cc	1:37.41
7				
8				
9				



CIF State Track & Field Championships

Event 48 Girls Shot Put Ambulatory Para

Pos	Name	Yr	School	Seed	Mark
Flight 1 of 1 Finals					
1	Jackie Heath	12	Notre Dame Ac-ss	ND	
2	Vivian Horner	9	Mission-sf	12-04.00	
3	Mariyah Patel	10	Lowell-sf	13-02.00	
4	Maribel Soto	10	S. Fran Int-sf	16-06.50	
5	Arelle Middleton	9	Los Osos-ss	30-05.25	

Event 49 Boys Shot Put Ambulatory Para

Pos	Name	Yr	School	Seed	Mark
Flight 1 of 1 Finals					
1	Rogelio Mas	9	S. Fran Int-sf	13-04.00	
2	Byron Chox	9	S. Fran Int-sf	19-01.00	
3	Banyar Htut	12	S. Fran Int-sf	20-07.00	
4	Hamza Mosleh	12	S. Fran Int-sf	20-08.00	
5	Gabriel Tyler	12	Poly(LB)-ss	21-04.00	
6	Nefi Rodarte Lopez	10	Pittsburg-nc	24-08.00	
7	Benjamin Schulz	12	Claremont-ss	29-11.00	
8	Michael Reyes	11	S. Fran Int-sf	33-10.00	
9	Carson Fox	11	Los Alamitos-ss	37-01.00	

Event 51 Girls Shot Put Wheelchair Para

Pos	Name	Yr	School	Seed	Mark
Flight 1 of 1 Finals					
1	Angelina Garcia	12	Yosemite-ce	9-10.75	

Event 52 Boys Shot Put Wheelchair Para

Pos	Name	Yr	School	Seed	Mark
Flight 1 of 1 Finals					
1	Adrian Gonzalez	9	Imperial-sd	13-09.50	
2	Brandon Louie	12	Los Altos-ss	18-02.25	
3	Mathew Rodriguez	12	Tulare West-ce	22-00.00	
4	Ismael Estrada	12	Univ City-sd	22-05.50	

Event 55 Girls Shot Put Unified

Pos	Name	Yr	School	Seed	Mark
Flight 1 of 1 Finals					
1	Rylyn Shields	12	Trabuco Hls-ss	ND	
2	Sasha DeJong	12	Trabuco Hls-ss	ND	
3	Sophia Garcia	12	East Lake-sd	23-09.00	
4	Erin Kinchen	12	East Lake-sd	23-09.00	
5	Angelica Lamadora	11	Burton-sf	29-10.50	
6	Genny Gee	11	Burton-sf	29-10.50	
7	Nikyla Moore	12	Pittsburg-nc	35-11.00	
8	Myasia Jones	11	Pittsburg-nc	35-11.00	
9	Raquel Carrillo	11	Ridgeview-ce	36-00.75	
10	Bree O'Toole	9	Ridgeview-ce	36-00.75	

Event 56 Boys Shot Put Unified

Pos	Name	Yr	School	Seed	Mark
Flight 1 of 1 Finals					
1	Brody Brown	12	Trabuco Hls-ss	ND	
2	Jacob Neeman	12	Trabuco Hls-ss	ND	
3	Jalen Beamon	12	East Lake-sd	53-03.00	
4	Brady Albright	12	East Lake-sd	53-03.00	
5	Colby Faumui	9	Santa Teresa-cc	56-11.00	
6	Sterling Fox-Araya	11	Santa Teresa-cc	56-11.00	
7	Jasiah Tate	9	Laguna Cr. -sj	57-05.00	
8	Isaac Hallbourg	12	Laguna Cr. -sj	57-05.00	
9	Daniel Clayborn	11	Hoover-ce	66-10.25	
10	Tre Mobley	10	Hoover-ce	66-10.25	
11	Michael Hourel Flores	10	Hayward-nc	68-06.00	
12	Johnathan Villargran	11	Hayward-nc	68-06.00	

Event 57 Mixed 4x100 Meter Relay Unified

Lane	Team	Relay	Seed	Time
Section 1 of 1 Finals				
1				
2	Yorba Linda-ss		NT	
3	Pittsburg-nc	B	1:02.58	
4	Pittsburg-nc		53.89	
5	Ridgeview-ce		51.10	
6	Laguna Cr. -sj		52.44	
7	Claremont-sd		54.92	
8	Christopher-cc		1:03.92	
9	Gr. Oak-ss		NT	

Event 58 Boys 100 Meter Dash Unified

Lane	Name	Yr	School	Seed	Time
Section 1 of 2 Finals					
1					
2	Lukas Fabrega	12	Claremont-sd	26.12	
3	Anthony Khem	12	Claremont-sd	26.12	
4	Alex Rosales	12	Laguna Cr. -sj	25.00	
5	Justis Yarrell	11	Laguna Cr. -sj	25.00	
6	Braylin Herron	10	Ridgeview-ce	23.00	
7	Devin Ford	12	Ridgeview-ce	23.00	
8	Avi Taneja	12	Dublin-nc	26.17	
9	Elijah McDaniel	11	Dublin-nc	26.17	

Section 2 of 2 Finals

1					
2					
3	Jasiah Tate	9	Laguna Cr. -sj	28.00	
4	Malachi Zhurko	10	Laguna Cr. -sj	NT	
5	Gabriel Heredia	11	Christopher-cc	28.96	
6	Blake Roberto	9	Christopher-cc	28.96	
7	Merrick Heitz	12	Yorba Linda-ss	NT	
8	Aidan Anstead	12	Yorba Linda-ss	NT	
9					

Event 59 Girls 100 Meter Dash Unified

Lane	Name	Yr	School	Seed	Time
Section 1 of 2 Finals					
1					
2					
3	Tevphin Sullivan	12	San Pedro-la	29.05	
4	Ameya Anderson	12	Clovis East-ce	30.54	
5	Sydney Flynn	12	Clovis East-ce	30.54	
6	Zoe Wasseem	9	Santa Teresa-cc	29.56	
7	Brenna Caves	9	Santa Teresa-cc	29.56	
8	Ali Tautolo	11	Pittsburg-nc	31.76	
9	Conifer Hernandez	11	Pittsburg-nc	31.76	

Section 2 of 2 Finals

1					
2					
3	Erin Kinchen	12	East Lake-sd	31.94	
4	Sophia Garcia	12	East Lake-sd	31.94	
5	Genny Gee	11	Burton-sf	36.00	
6	Angelica Lamadora	11	Burton-sf	36.00	
7	Yexusbely Ocampo	12	Trabuco Hls-ss	NT	
8	Emma Ortiz	12	Trabuco Hls-ss	NT	
9					

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CIF State Championship Records

BOYS

100 METERS

10.30	Riley Washington (Southwest, San Diego)	1992
10.30	Kenan Christon (Madison, San Diego)	2019

200 METERS

20.30	Michael Norman (Vista Murrieta)	2015
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400 METERS

45.19	Michael Norman (Vista Murrieta)	2015
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800 METERS

1:46.45	Michael Granville (Bell Gardens)	1996
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1600 METERS

4:00.29	German Fernandez (Riverbank)	2008
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3200 METERS

8:34.23	German Fernandez (Riverbank)	2008
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110-METER HIGH HURDLES

13.33	Joseph Anderson (Upland)	2017
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300-METER INTERMEDIATE HURDLES

35.02	Reggie Wyatt, La Sierra (Riverside, CA)	2009
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400-METER RELAY

40.24	Hawthorne	1989
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1600-METER RELAY

3:08.42	Serra (Gardena)	2010
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DISCUS THROW

213-07	Bo Taylor (Newport Harbor, Newport Beach)	2006
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HIGH JUMP

7-03.25	Lee Balkin (Glendale)	1979
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LONG JUMP

26-04.75	James Stallworth (Tulare Union, Tulare)	1989
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POLE VAULT

17-10	Sondre Guttormsen (Davis)	2018
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SHOT PUT

74-04.75	Brent Noon (Fallbrook)	1990
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TRIPLE JUMP

52-05.75	Marcus Hooks (Lakewood)	1986
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100 METERS AMBULATORY

12.22	Henry Waterman (Mater Dei)	2019
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100 METERS WHEELCHAIR

16.74	Josiah Ettore (Ramona)	2022
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200 METERS AMBULATORY

25.23	Henry Waterman (Mater Dei)	2019
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200 METERS WHEELCHAIR

32.14	Josiah Ettore (Ramona)	2022
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400 METERS AMBULATORY

53.37	Joel Gomez (Canyon Crest)	2019
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400 METERS WHEELCHAIR

1:05.18	Josiah Ettore (Ramona)	2022
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SHOT PUT AMBULATORY

39-00.00	Parker Harvey (San Diego)	2018
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SHOT PUT WHEELCHAIR

21-10.50	Ismael Estrada (University City)	2022
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GIRLS

100 METERS

11.14	Marion Jones (Thousand Oaks)	1992
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200 METERS

22.52	Allyson Felix (Los Angeles Baptist, North Hills)	2003
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400 METERS

50.74	Monique Henderson (Morse, San Diego)	2000
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800 METERS

2:02.04	Amy Weissenbach (Harvard-Westlake, N. Hollywood)	2011
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1600 METERS

4:33.82	Christine Babcock (Woodbridge, Irvine)	2008
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3200 METERS

9:52.13	Jordan Hasay (Mission Prep, San Luis Obispo)	2008
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100-METER HIGH HURDLES

13.03	Vashti Thomas (Mt. Pleasant, San Jose)	2007
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300-METER LOW HURDLES

40.10	Ebony Collins (Wilson, Long Beach)	2005
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400-METER RELAY

44.70	St. Bernard, Playa del Rey	1997
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1600-METER RELAY

3:35.49	Poly, Long Beach	2004
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DISCUS THROW

186-09	Anna Jelmini (Shafter)	2009
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HIGH JUMP

6-02.00	Latrese Johnson (Clovis)	1985
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LONG JUMP

22-00.50	Marion Jones (Thousand Oaks)	1993
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POLE VAULT

14-02	Rachel Baxter (Canyon, Anaheim)	2016
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SHOT PUT

53-08.00	Anna Jelmini (Shafter)	2009
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TRIPLE JUMP

44-00.50	Juliana Yendork (Walnut)	1991
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100 METERS AMBULATORY

13.44	Amy Watt (Gunn)	2016
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100 METERS WHEELCHAIR

24.34	Audrey Aguilar (Imperial)	2022
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200 METERS AMBULATORY

28.02	Amy Watt (Gunn)	2016
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200 METERS WHEELCHAIR

1:10.44	Angelina Garcia (Yosemite)	2022
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400 METERS AMBULATORY

1:07.17	Amy Watt (Gunn)	2016
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SHOT PUT AMBULATORY

31-00.50	Ella Rodriguez (Christopher, Gilroy)	2022
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SHOT PUT WHEELCHAIR

18-04.00	Vaiva Puodziunas (Notre Dame, Sherman Oaks)	2019
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DISCUS AMBULATORY

77-08	Ella Rodriguez (Christopher, Gilroy)	2019
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U.S. National High School Records

BOYS

100 METERS

10.13 Matthew Boling, Strake Jesuit (Houston, TX)..... 2019

200 METERS

20.13 Roy Martin, Roosevelt (Dallas, TX)..... 1985

400 METERS

45.19 Aldrich Bailey, Mansfield Timberview (Arlington, TX) ..2012

45.19 Michael Norman (Visa Murrieta, CA)..... 2015

800 METERS

1:46.45 Michael Granville (Bell Gardens, CA) 1996

1600 METERS

3:59.51 Alan Webb, South Lakes (Reston, VA) 2001

3200 METERS

8:34.23 German Fernandez (Riverbank, CA) 2008

110-METER HIGH HURDLES

13.10 Dennis Brantley, Worthing (Houston, TX) (manual) 1980

13.30 Chris Nelloms, Dunbar (Dayton, OH) (FAT) 1990

300-METER INTERMEDIATE HURDLES

35.02 Reggie Wyatt, La Sierra (Riverside, CA)..... 2009

400-METER RELAY

39.76 Wyatt (Fort Worth, TX) 1998

1600-METER RELAY

3:07.40 Hawthorne (Hawthorne, CA) 1985

4x800-METER RELAY

7:33.48 Warrington Central Bucks South (PA) 2009

DISCUS

236-06 Mason Finely (Buena Vista, CO)..... 2009

HIGH JUMP

7-06 Vernon Turner (Yukon, OK)..... 2017

LONG JUMP

26-04.75 James Stallworth, Tulare Union (Tulare, CA) 1989

POLE VAULT

19-05.5 Armand Duplantis, Lafayette (Baton Rouge, LA) 2018

SHOT PUT

77-00 Michael Carter, Jefferson (Dallas, TX) 1979

TRIPLE JUMP

52-10.50 Charles Mayfield, John Muir (Pasadena, CA) 1980

GIRLS

100 METERS

11.14 Marion Jones (Thousand Oaks, CA)..... 1992

200 METERS

22.52 Allyson Felix, LA Baptist (North Hills, CA)..... 2003

400 METERS

50.74 Monique Henderson, Morse (San Diego, CA)..... 2000

800 METERS

2:00.03 Roisin Willis (Stevens Point Area, WI) 2022

1600 METERS

4:33.29 Sadie Engelhardt (Ventura, CA) 2022

4:33.29 Alexa Efraimson, Camas (Tacoma, WA) 2014

3200 METERS

9:47.88 Katelyn Touhy (Thiells North Rockland, NY) 2018

100-METER HIGH HURDLES

13.03 Vashti Thomas, Mt. Pleasant (San Jose, CA) 2007

300-METER LOW HURDLES

39.98 Lashinda Demus, Wilson (Long Beach, CA)..... 2001

400-METER RELAY

44.24 DeSoto (TX) 2019

1600-METER RELAY

3:35.49 Poly (Long Beach, CA)..... 2004

4x800-METER RELAY

8:48.29 Grosse Pointe South (MI)..... 2012

DISCUS THROW

193-8 Emma Sralla, Flower Mound Marcus (TX)..... 2023

HIGH JUMP

6-04.50 Vashti Cunningham, Bishop Gorman (Las Vegas, NV)..... 2015

LONG JUMP

22-01.75 Kathy McMillan, Hoke County (Raeford, NC)..... 1976

POLE VAULT

14-09.5 Amanda Moll, Olympia Capital (TX) 2022

SHOT PUT

57-01.25 Alyssa Wilson (Toms River Donovan Catholic, NJ)..... 2017

TRIPLE JUMP

44-10.00 Jasmine Moore Lake Ridge (Mansfield, TX) 2019



All-Time Boys Team Champions

<i>School</i>	<i>Points</i>	<i>Coach</i>	<i>Location</i>	<i>Dates</i>
Manual Arts, Los Angeles	25	Otto Fritsch	Fresno High	April 3, 1915
Manual Arts, Los Angeles	37.5	Otto Fritsch	YMCA Field, Los Angeles	April 8, 1916
Coalinga	25	Charles Geer	Berkeley	April 28, 1917
Pasadena	25	George Main	Sacramento Fair	April 27, 1918
Manual Arts, Los Angeles	21	Sid Foster	San Bernardino High	April 26, 1919
Los Angeles	18	Glenn Whittle	Bakersfield Fair	April 24, 1920
Lincoln, Los Angeles	17	Tommy Davis	Berkeley	April 30, 1921
Huntington Beach	16	Ray Walker	Stockton Fair	May 6, 1922
Hollywood	17.5	William Paige	Occidental College, Los Angeles	May 12, 1923
Manual Arts, Los Angeles	26	Sid Foster	Taft High	May 10, 1924
Manual Arts, Los Angeles	16	Sid Foster	Stanford Stadium	May 9, 1925
Poly, Los Angeles	17	Edward Leahy	Los Angeles Coliseum	May 8, 1926
Glendale	35	Norman Hayhurst	Modesto High	May 7, 1927
Poly, Long Beach	21	Norman Baker	Selma High	May 5, 1928
San Diego	22.75	Glenn Broderick	Los Angeles Coliseum	May 11, 1929
Sacramento (tie)	11	Lawrence Janssen	Berkeley	May 10, 1930
San Diego (tie)	11	Glenn Broderick	Berkeley	May 10, 1930
Santa Ana (tie)	11	G.A. "Tex" Oliver	Berkeley	May 10, 1930
Poly, Los Angeles	19.5	Edward Leahy	Visalia	May 23, 1931
Poly, Long Beach	22.5	Norman Baker	Modesto Junior College	May 2, 1932
Central, El Centro	18	J.H. Armstrong	Los Angeles Coliseum	May 20, 1933
Muir, Pasadena	15.5	Albion Walton	Edwards Stadium, Berkeley	May 26, 1934
Fullerton	14	Harold Lang	Ratcliffe Stadium, Fresno	May 25, 1935
Muir, Pasadena	18	Albion Walton	Gridley High	May 23, 1936
Jefferson, Los Angeles	23.5	Harold Edelson	Wilson High, Long Beach	May 22, 1937
San Diego	18.5	Glenn Broderick	San Benito High, Hollister	May 28, 1938
Bakersfield	16	"Cap" Haralson	Los Angeles Coliseum	May 27, 1939
Bakersfield	18.5	"Cap" Haralson	Visalia High	May 25, 1940
Edison, Fresno	22	Harold Bicknell	Spartan Stadium, San Jose	May 24, 1941
Redondo	21	Harold Grant	Compton College	May 25, 1946*
Washington, Los Angeles	24	Gail Wyatt	Visalia High	May 31, 1947
Jordan, Los Angeles	22	Bill Zazueta	Edwards Stadium, Berkeley	May 29, 1948
Jefferson, Los Angeles	28.5	Estel Johnson	Los Angeles Coliseum	May 28, 1949
Jefferson, Los Angeles	40	Estel Johnson	Hughes Stadium, Sacramento	May 27, 1950
Jefferson, Los Angeles	16.5	Estel Johnson	Edwards Stadium, Berkeley	May 26, 1951
Jefferson, Los Angeles	30.5	Estel Johnson	Los Angeles Coliseum	May 24, 1952
Manual Arts, Los Angeles	16.6	Charles Toney	Ratcliffe Stadium, Fresno	May 29, 1953
Alameda	19	Lewis Jolley	Edwards Stadium, Berkeley	May 29, 1954
Centennial, Compton	29	Bill Gill	Los Angeles Coliseum	May 28, 1955
Jefferson, Los Angeles	24.67	Estel Johnson	Chico State College	June 2, 1956
Berkeley	23	Rich Hacker	Edwards Stadium, Berkeley	June 1, 1957
Compton (tie)	11	Ernest Hartman	Veterans Stadium, Long Beach	May 31, 1958
Manual Arts, Los Angeles (tie)	11	Charles Toney	Veterans Stadium, Long Beach	May 31, 1958
Poly, Long Beach	14	Leon Forman	Memorial Stadium, Bakersfield	May 29, 1959
Jordan, Los Angeles	15	Jesse Flores	Stanford Stadium, Palo Alto	June 4, 1960
Centennial, Compton	11	Bill Gill	East Los Angeles College	June 3, 1961
Jefferson, Los Angeles	14	John Childress	Modesto Junior College	June 2, 1962
Edison, Fresno	15	Frank Fletcher	Edwards Stadium, Berkeley	May 31-June 1, 1963
Jefferson, Los Angeles (tie)	13	Andy Bakjian	Los Angeles Coliseum	June 5-6, 1964
Poly, Long Beach (tie)	13	Leon Forman	Los Angeles Coliseum	June 5-6, 1964
Poly, Long Beach	19	Leon Forman	Memorial Stadium, Bakersfield	June 4-5, 1965
Dorsey, Los Angeles	22	Rod Richard	Edwards Stadium, Berkeley	June 3-4, 1966
Muir, Pasadena	26	Walter Opp	Balboa Stadium, San Diego	June 2-3, 1967
Centennial, Compton	26	Bill Gill	Edwards Stadium, Berkeley	June 1-2, 1968
Los Angeles	22	E. Bravo	UCLA Track Stadium, Westwood	June 6-7, 1969
Los Altos	29	Leo Long	Edwards Stadium, Berkeley	June 5-6, 1970

All-Time Boys Team Champions

School	Points	Coach	Location	Dates
Lompoc	13	Frank Hiatt	UCLA Track Stadium, Westwood	June 4-5, 1971
Sacramento	**18	Scotty Bingham	Mitchell Field, Oroville	June 1-2, 1972
Wilson, San Francisco	20	Adam Banks	Woodland High School	June 1-2, 1973
Muir, Pasadena	**23	Walter Opp	Memorial Stadium, Bakersfield	June 1-2, 1974
Harry Elis, Richmond	22	Silvester Greenwood	Balboa Stadium, San Diego	June 6-7, 1975
Hamilton, Los Angeles (tie)	12	Gene Broadwater	Edwards Stadium, Berkeley	June 4-5, 1976
San Fernando, Los Angeles (tie)	12	John Wachtler	Edwards Stadium, Berkeley	June 4-5, 1976
Pasadena	26	Bob Pruitt	Drake Stadium, Westwood	June 3-4, 1977
El Camino, Oceanside	16	Nill Kovacevich	Memorial Stadium, Bakersfield	June 2-3, 1978
Pasadena	16	Art Large	Hughes Stadium, Sacramento	June 1-2, 1979
Berkeley	41	Willie White	Edwards Stadium, Berkeley	June 6-7, 1980
Berkeley	58	Willie White	Cerritos College, Norwalk	June 5-6, 1981
Crenshaw, Los Angeles (tie)	20	Bob Volles	Hughes Stadium, Sacramento	June 4-5, 1982
Mission Viejo (tie)	20	Gene Gurule	Hughes Stadium, Sacramento	June 4-5, 1982
Hawthorne	**40	Kye Courtney	Memorial Stadium, Bakersfield	June 4, 1983
Hawthorne	52	Kye Courtney	Los Angeles Coliseum	June 2, 1984
Hawthorne	29	Kye Courtney	Hughes Stadium, Sacramento	May 31, 1985
Taft, Woodland Hills	26	Tom Stevenson	Cerritos College, Norwalk	June 6, 1986
Hawthorne	34	Kye Courtney	Hughes Stadium, Sacramento	June 5, 1987
Hawthorne	34	Kye Courtney	Cerritos College, Norwalk	June 3, 1988
Hawthorne	40	Kye Courtney	Cerritos College, Norwalk	June 2-3, 1989
Muir, Pasadena	24	Clyde Turner	Cerritos College, Norwalk	June 1-2, 1990
Compton	30	Alonzo Simmons	Cerritos College, Norwalk	May 31-June 1, 1991
Bakersfield	25	Art Dalzell	Cerritos College, Norwalk	June 5-6, 1992
Merced (tie)	36	Greg McKinstry	Cerritos College, Norwalk	June 19, 1993***
North Salinas (tie)	36	Ed Barber	Cerritos College, Norwalk	June 19, 1993***
Muir, Pasadena	36	Clyde Turner	Cerritos College, Norwalk	June 3-4, 1994
Muir, Pasadena	38	Clyde Turner	Cerritos College, Norwalk	June 2-3, 1995
Muir, Pasadena	57	Clyde Turner	Cerritos College, Norwalk	May 31-June 1, 1996
Poly, Long Beach	39	Don Norford	Hughes Stadium, Sacramento	June 6-7, 1997
Poly, Long Beach	42	Don Norford	Cerritos College, Norwalk	June 5-6, 1998
Vallejo	35	Mike Wilson	Hughes Stadium, Sacramento	June 4-5, 1999
Serra, Gardena	38	Richard Gatlin	Cerritos College, Norwalk	June 2-3, 2000
Arroyo Grande	28	James Brown	Hughes Stadium, Sacramento	June 1-2, 2001
Bakersfield	32	Bobby Gridiron	Cerritos College, Norwalk	May 31-June 1, 2002
Helix, La Mesa	23.5	Ray Mounts	Cerritos College, Norwalk	June 6-7, 2003
James Logan, Union City	46	Lee Webb	Hughes Stadium, Sacramento	June 4-5, 2004
Dorsey, Los Angeles	38.5	Ralph Tilley	Hughes Stadium, Sacramento	June 3-4, 2005
Poly, Long Beach	42	Don Norford	Cerritos College, Norwalk	June 2-3, 2006
Poly, Long Beach	46	Don Norford	Hughes Stadium, Sacramento	June 1-2, 2007
Dominguez, Compton	36	Darryl Smith	Cerritos College, Norwalk	May 30-31, 2008
Frontier, La Sierra, Cathedral, Clovis East	20	(Tied for 1st)	VM Stadium, Clovis	June 5-6, 2009
Jesuit, Sacramento	36	Tom McGuire	VM Stadium, Clovis	June 5-4, 2010
Poly, Long Beach	35	Don Norford	VM Stadium, Clovis	June 3-4, 2011
Notre Dame, Sherman Oaks	36	Joe McNab	VM Stadium, Clovis	June 1-2, 2012
Serra, Gardena	47	Lori Smith-Thompson	VM Stadium, Clovis	May 31-June 1, 2013
Mater Dei, Santa Ana	30	Rick Martinez	VM Stadium, Clovis	June 6-7, 2014
Vista Murrieta	37	Coley Candaele	VM Stadium, Clovis	June 5-6, 2015
Vista Murrieta	54	Coley Candaele	VM Stadium, Clovis	June 3-4, 2016
Rancho Verde	49	Tim Callier	VM Stadium, Clovis	June 2-3, 2017
Murrieta Mesa	35	Aaron Ballou	VM Stadium, Clovis	June 1-2, 2018
Clovis North	41	Rich Brazil	VM Stadium, Clovis	May 24-25, 2019
Central, Fresno	41	Cedric Pulliam	VM Stadium, Clovis	May 27-28, 2022

* No meets held during the World War II period (1942-45).

** Reported figures for finals.

*** Meet rescheduled due to rain.

Scoring system was 5-3-2-1 from 1915 to 1928; 5-3-2-1.5 from 1929 to 1965; 6-4-3-2-1 from 1966-1979; and 10-8-6-5-4-3 since 1980-2009; 10-8-6-5-4-3-2-1 since 2010.

All-Time Girls Team Champions

School	Points	Coach	Location	Dates
Berkeley	13	Willie White	Memorial Stadium, Bakersfield	May 31-June 1, 1974
Washington, Los Angeles	22	Arnice Reddick	Balboa Stadium, San Diego	June 6-7, 1975
Berkeley	20	Willie White	Edwards Stadium, Berkeley	June 4-5, 1976
Locke, Los Angeles	14	Cherie Muller-Williams	Drake Stadium, Westwood	June 3-4, 1977
Hill, San Jose	16	John Johnigan	Memorial Stadium, Bakersfield	June 2-3, 1978
Westchester	24	Pat Nordell	Hughes Stadium, Sacramento	June 1-2, 1979
Kennedy, Granada Hills	48	Dixie Griffen	Edwards Stadium, Berkeley	June 6-7, 1980
Berkeley	64	Willie White	Cerritos College, Norwalk	June 5-6, 1981
Berkeley	48	Willie White	Hughes Stadium, Sacramento	June 4-5, 1982
Berkeley	29	Willie White	Memorial Stadium, Bakersfield	June 4, 1983
Woodside	38	Susie Wilson	Los Angeles Coliseum	June 2, 1984
Muir, Pasadena	55	Jim Brownfield	Hughes Stadium, Sacramento	May 31, 1985
Hawthorne	40	Kye Courtney	Cerritos College, Norwalk	June 6, 1986
Pomona	30	Isaiah Sanders	Hughes Stadium, Sacramento	June 5, 1987
Bakersfield (tie)	28	Scott Semar	Cerritos College, Norwalk	June 3, 1988
Rio Mesa (tie)	28	Brian Fitzgerald/Rick Torres	Cerritos College, Norwalk	June 3, 1988
Muir, Pasadena	36	Jim Brownfield	Cerritos College, Norwalk	June 2-3, 1989
Bakersfield	61	Scott Semar	Cerritos College, Norwalk	June 1-2, 1990
Morningside	28	Ron Tatum	Cerritos College, Norwalk	May 31-June 1, 1991
Poly, Long Beach	39	Don Norford	Cerritos College, Norwalk	June 5-6, 1992
Poly, Long Beach	56	Don Norford	Cerritos College, Norwalk	June 19, 1993***
Skyline, Oakland	36	Darrell Hampton	Cerritos College, Norwalk	June 3-4, 1994
Poly, Long Beach	52	Don Norford	Cerritos College, Norwalk	June 2-3, 1995
Wilson, Long Beach	43	Terry Kennedy	Cerritos College, Norwalk	May 31-June 1, 1996
Poly, Long Beach	49	Don Norford	Hughes Stadium, Sacramento	June 6-7, 1997
Poly, Long Beach (tie)	42	Don Norford	Cerritos College, Norwalk	June 5-6, 1998
Wilson, Long Beach (tie)	42	Terry Kennedy	Cerritos College, Norwalk	June 5-6, 1998
J.W. North, Riverside	42	Charles Leathers	Hughes Stadium, Sacramento	June 4-5, 1999
J.W. North, Riverside	45	Charles Leathers	Cerritos College, Norwalk	June 2-3, 2000
Poly, Long Beach	59	Don Norford	Hughes Stadium, Sacramento	June 1-2, 2001
J.W. North, Riverside	57	Charles Leathers	Cerritos College, Norwalk	May 31-June 1, 2002
Poly, Long Beach	62	Don Norford	Cerritos College, Norwalk	June 6-7, 2003
Poly, Long Beach	80	Don Norford	Hughes Stadium, Sacramento	June 4-5, 2004
Merrill West, Tracy	48	John Harvey	Hughes Stadium, Sacramento	June 3-4, 2005
James Logan, Union City (tie)	37	Lee Webb	Cerritos College, Norwalk	June 2-3, 2006
Wilson, Long Beach (tie)	37	Terry Kennedy	Cerritos College, Norwalk	June 2-3, 2006
Mt. Pleasant, San Jose	44	Steve Nelson	Hughes Stadium, Sacramento	June 1-2, 2007
Poly, Long Beach	39	Don Norford	Cerritos College, Norwalk	May 30-31, 2008
Poly, Long Beach	45	Don Norford	VM Stadium, Clovis	June 5-6, 2009
Poly, Long Beach	51.33	Don Norford	VM Stadium, Clovis	June 4-5, 2010
Poly, Long Beach	72	Don Norford	VM Stadium, Clovis	June 3-4, 2011
Serra, Gardena	60	Lori Smith-Thompson	VM Stadium, Clovis	June 1-2, 2012
Poly, Long Beach	49	Don Norford	VM Stadium, Clovis	May 31-June 1, 2013
Poly, Long Beach	70	Don Norford	VM Stadium, Clovis	June 6-7, 2014
Oaks Christian, Westlake Village	34	Wesley Smith	VM Stadium, Clovis	June 5-6, 2015
Carson	40	JoJo Sablan-Johnson	VM Stadium, Clovis	June 3-4, 2016
Poly, Long Beach	31	Crystal Irving	VM Stadium, Clovis	June 2-3, 2017
Serra, Gardena	36	Chris Calvin	VM Stadium, Clovis	June 1-2, 2018
Buchanan	50	Brian Weaver	VM Stadium, Clovis	June 1-2, 2019
Serra, Gardena	37	Alexis Faulknor	VM Stadium, Clovis	May 27-28, 2022

*** Meet rescheduled due to rain.

Scoring system used was 5-3-1 in 1974; 5-4-3-2-1 from 1976 to 1979; and 10-8-6-4-2-1 since 1980-2009; 10-8-6-5-4-3-2-1 since 2010



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All-Time Individual Champions

BOYS CHAMPIONS

100-Meter Dash (Boys)

1915	Roy Brown (Sacramento)	10.2
1916	Charley Paddock (Pasadena)	10.4
1917	Jack Melville (Berkeley)	10.0
1918	Charley Paddock (Pasadena)	10.2
1919	Al Wright (Lincoln, Los Angeles)	10.4
1920	Eddie Sutton (Lick-Wilmerding, SF)	10.0
1921	Vernon Blenkiron (Compton)	10.2
1922	Herschel Smith (San Fernando)	10.4
1923	Eddie Pollock (Pasadena)	10.0
1924	Vic Klein (Hollywood)	10.1
1925	Vernon Hanford (Manual Arts, Los Angeles)	10.1
1926	Dick Werner (Brawley)	9.8
1927	Frank Wycoff (Glendale)	9.8
1928	Frank Lombardi (Los Angeles)	9.6
1929	Jim Wilson (San Diego)	9.8
1930	Al Koenig (Huntington Beach)	10.1
1931	Foy Draper (Huntington Park)	9.9
1932	Milton Holt (Hoover, Glendale)	9.8
1933	Dave Seigel (Poly, Los Angeles)	10.0
1934	Mack Robinson (Muir, Pasadena)	10.0
1935	Bob Frick (San Ramon)	9.6
1936	Mickey Anderson (Muir, Pasadena)	9.7
1937	Bryant Allen (Jefferson)	9.8
1938	Bill Van Leuven (Wilson, Long Beach)	9.8
1939	Jack Trout (Bakersfield)	9.9
1940	Eddie Morris (Huntington Beach)	9.7
1941	Al Jackson (Edison, Fresno)	9.8
1942-45	(No meet held)	
1946	Art Williams (Riverside)	10.0
1947	John Bradley (Hoover, Glendale)	9.9
1948	Bill Fell (Compton)	9.7
1949	Ernie Schopper (Lincoln, Los Angeles)	9.9
1950	Gary Green (Jefferson, Los Angeles)	9.9
1951	Bob Cuning (Hoover, Glendale)	9.7
1952	Herb Turner (Alameda)	9.9
1953	Leamon King (Delano)	9.6
1954	James Jackson (Alameda)	9.6
1955	Ken Dennis (Centennial, Compton)	10.0
1956	Willie White (Jefferson, Los Angeles)	9.5
1957	Preston Griffin (Centennial, Compton)	9.6
1958	Hubie Watson (Jordan, Los Angeles)	9.6
1959	Hubie Watson (Jordan, Los Angeles)	9.8
1960	Bill Cowings (Fowler)	9.7
1961	Forrest Beaty (Hoover, Glendale)	9.5
1962	Forrest Beaty (Hoover, Glendale)	9.5
1963	Alvin Mann (Edison, Fresno)	9.6
1964	Jim Hines (McClymonds, Oakland)	9.7
1965	Harold Busby (Muir, Pasadena)	9.5
1966	Phil Underwood (Dorsey, Los Angeles)	9.6
1967	Mel Gray (Montgomery, Santa Rosa)	9.4
1968	Bob Ballard (Bellflower)	9.6
1969	Willie Robinson (Central, El Centro)	9.6
1970	Allen Carter (Bonita, La Verne)	9.8
1971	George Reddick (Hamilton, Los Angeles)	9.6
1972	Carl McCullough (Sacramento)	9.5
1973	Elijah Jefferson (Crawford, San Diego)	9.6w
1974	Elijah Jefferson (Crawford, San Diego)	9.8
1975	Kevin Williams (San Fernando)	9.4
1976	Billy Mullins (Hamilton, Los Angeles)	10.0
1977	David Russell (Patrick Henry, San Diego)	9.91
1978	Michael Sanford (Pasadena)	9.85
1979	Bill Green (Cubberly, Palo Alto)	9.59
1980	Howard Hawkins (Warren, Downey)	10.55
1981	Ken Robinson (Berkeley)	10.60
1982	Lew Dunn (J.W. North, Riverside)	10.53
1983	Steve Jones (Burbank, Sacramento)	10.64
1984	Henry Thomas (Hawthorne)	10.44
1985	Ron McCree (Madera)	10.49w
1986	Ron McCree (Madera)	10.57
1987	Quincy Watts (Taft, Woodland Hills)	10.49
1988	Daren Stringer (Vacaville)	10.78
1989	Curtis Conway (Hawthorne)	10.42

1990	Napoleon Kaufman (Lompoc)	10.57
1991	Ricky Carrigan (Compton)	10.33w
1992	Riley Washington (Southwest, San Diego)	10.30
1993	Bryan Howard (Canyon Springs, Moreno Valley)	10.43
1994	Pat Johnson (Redlands)	10.43
1995	Marques Holiwell (West Bakersfield)	10.43w
1996	Jim McGee (Sacramento)	10.52
1997	Justin Fargas (Notre Dame, Sherman Oaks)	10.52w
1998	Darrell Rideaux (Poly, Long Beach)	10.43
1999	Kareem Kelly (Poly, Long Beach)	10.47
2000	Warren Rogers (Serra, Gardena)	10.42
2001	Phillip Francis (Fairfax, Los Angeles)	10.53
2002	Matt Bruno (Trabuco Hills, Mission Viejo)	10.55
2003	Chris Henry (Edison, Stockton)	10.56
2004	Kenny O'Neal (Skyline, Oakland)	10.34
2005	Jamere Holland (Taft, Woodland Hills)	10.54
2006	Rodney Glass (Notre Dame, Sherman Oaks)	10.52
2007	Jahvid Best (Salesian, Oakland)	10.31
2008	Randall Carroll (Cathedral, Los Angeles)	10.42
2009	Randall Carroll (Cathedral, Los Angeles)	10.38
2010	Remontay McClain (Covina)	10.45
2011	Remontay McClain (Covina)	10.39
2012	Khalifani Muhammad (Notre Dame, Sherman Oaks)	10.52w
2013	Khalifani Muhammad (Notre Dame, Sherman Oaks)	10.33
2014	Curtis Godin (Mater Dei, Santa Ana)	10.31
2015	TJ Brock (Chaminade, West Hills)	10.34
2016	TJ Brock (Chaminade, West Hills)	10.43
2017	Javelin Guidry (Vista Murrieta)	10.13w
2018	Kazmier Allen (Tulare Union)	10.44
2019	Kenan Christon (Madison, San Diego)	10.30w
2022	Rodrick Pleasant (Serra, Gardena)	10.30w



Michael Norman set new State meet records in 2015 in the 200 meter dash (20.30) and 400 meter dash (45.19), which also tied the national record.

200-Meter Dash (Boys)

1915	Les Wark (Poly, Long Beach)	22.0
1916	Charley Paddock (Pasadena)	22.4
1917	Charley Paddock (Pasadena)	22.4
1918	Charley Paddock (Pasadena)	22.4
1919	Bob Allen (Redlands)	23.8
1920	Eddie Sudden (Lick-Wilmerding, San Francisco)	21.8
1921	Bob Allen (Redlands)	22.6
1922	Walter Wickersham (Bakersfield)	24.2
1923	Bob Lee (Franklin)	22.2
1924	Archie Woodyard (Jefferson, Los Angeles)	22.5
1925	Walter Floyd (Lincoln, Los Angeles)	22.6
1926	Elam Kirk (El Monte)	22.1
1927	Frank Wycoff (Glendale)	21.0
1928	Frank Lombardi (Los Angeles)	21.4
1929	Jim Wilson (San Diego)	21.4
1930	Ashley Burch (Jordan, Los Angeles)	21.8
1931	Ashley Burch (Jordan, Los Angeles)	21.5
1932	George Anderson (Muir, Pasadena)	21.8
1933	George Anderson (Muir, Pasadena)	21.2

1934	Bainard Worrill (Muir, Pasadena)	21.8
1935	Burt Pierce (Excelsior)	21.2
1936	Burt Brady (Gridley)	21.6
1937	Bryant Allen (Jefferson, Los Angeles)	21.2
1938	Eddie Morris (Huntington Beach)	21.6
1939	Eddie Morris (Huntington Beach)	21.4
1940	Eddie Morris (Huntington Beach)	21.3
1941	Glen Willis (San Diego)	21.7
1942-45	(No meet held)	
1946	Ray Gregg (El Monte)	21.9
1947	John Bradley (Hoover, Glendale)	21.5
1948	John Bradley (Hoover, Glendale)	21.5
1949	Ernie Schopper (Lincoln, Los Angeles)	21.6
1950	Guy Blackburn (Jefferson, Los Angeles)	21.3
1951	Leamon King (Delano)	21.4
1952	Herb Turner (Alameda)	21.6
1953	Leamon King (Delano)	21.4
1954	James Jackson (Alameda)	21.2
1955	Bob Poynter (Pasadena)	21.6
1956	Bob Poynter (Pasadena)	21.0
1957	Preston Griffin (Centennial, Compton)	21.3
1958	Mel Clipper (Muir, Pasadena)	20.7
1959	Hubie Watson (Jordan, Los Angeles)	21.6
1960	Bill Cowings (Fowler)	21.0
1961	Forrest Beaty (Hoover, Glendale)	21.5
1962	Richard Stebbins (Fremont, Los Angeles)	20.9
1963	John House (Muir, Pasadena)	21.3
1964	Jim Hines (McClymonds, Oakland)	21.5
1965	Harold Busby (Muir, Pasadena)	21.0
1966	Phil Underwood (Dorsey, Los Angeles)	21.2
1967*	Mel Gray (Montgomery, Santa Rosa)	20.7
1968	Willie Deckard (Dorsey, Los Angeles)	21.7
1969	Willie Robinson (Central, El Centro)	21.7
1970	Jackie White (Santa Ana)	21.5
1971	Chuck Bommarito (Crestmoor, San Bruno)	21.2w
1972	Mike Shavers (Albany)	21.0
1973	Clancy Edwards (Santa Ana)	21.2w
1974	Millard Hampton (Silver Creek, San Jose)	21.1
1975	Billy Mullins (Hamilton, Los Angeles)	21.2
1976	Billy Mullins (Hamilton, Los Angeles)	21.6
1977	David Russell (Patrick Henry, San Diego)	20.97w
1978	Michael Sanford (Pasadena)	21.42
1979	Michael Sanford (Pasadena)	21.00
1980	Ken Robinson (Berkeley)	21.21
1981	Kevin Wilhite (Cordova, Rancho Cordova)	20.81
1982	Antonio Manning (Hamilton, Los Angeles)	21.05w
1983	Henry Thomas (Hawthorne)	21.02
1984	Henry Thomas (Hawthorne)	20.77
1985	Michael Marsh (Hawthorne)	20.83w
1986	Quincy Watts (Taft, Woodland Hills)	21.03
1987	Quincy Watts (Taft, Woodland Hills)	20.99
1988	Bryan Bridgewater (Washington, Los Angeles)	21.00
1989	Barry Smith (Mission, San Francisco)	20.82
1990	Napoleon Kaufman (Lompoc)	21.15
1991	Ricky Carrigan (Compton)	20.84w
1992	Gentry Bradley (Pius X, Downey)	20.97w
1993	Calvin Harrison (North Salinas, Salinas)	21.12
1994	Pat Johnson (Redlands)	21.01
1995	Bryan Harrison (Dana Hills, Dana Point)	20.82w
1996	Obea Moore (Muir, Pasadena)	20.91
1997	Andrea Ammons (Skyline, Oakland)	20.91w
1998	Kareem Kelly (Poly, Long Beach)	20.76
1999	Kareem Kelly (Poly, Long Beach)	20.76w
2000	Bennie Robinson (Poly, Long Beach)	20.96
2001	Seth Amoo (Highland, Palmdale)	21.05
2002	Matt Bruno (Trabuco Hills, Mission Viejo)	20.82
2003	Lionel Larry (Dominguez, Compton)	20.97
2004	Derrick Jones (Poly, Long Beach)	21.10
2005	Jamere Holland (Taft, Woodland Hills)	20.88w
2006	Bryshon Nellum (Poly, Long Beach)	20.96
2007	Bryshon Nellum (Poly, Long Beach)	20.43
2008	Randall Carroll (Cathedral, Los Angeles)	20.91
2009	Randall Carroll (Cathedral, Los Angeles)	21.08
2010	Remontay McClain (Covina)	20.85

All-Time Individual Champions

200-Meter Dash (Boys) continued

2011	Remontay McClain (Covina).....	20.95
2012	Khalifani Muhammad (Notre Dame, Sherman Oaks).....	21.15w
2013	Khalifani Muhammad (Notre Dame, Sherman Oaks).....	20.86
2014	Curtis Godin (Mater Dei, Santa Ana).....	20.87
2015	Michael Norman (Vista Murrieta).....	20.30
2016	Michael Norman (Vista Murrieta).....	20.42
2017	Isaiah Cunningham (Rancho Verde, Moreno Vly).....	21.07w
2018	Christian Shakir-Ricks (Murrieta Mesa).....	20.98
2019	Kenan Christon (Madison, San Diego).....	20.69w
2022	Rodrick Pleasant (Serra, Gardena).....	20.56w

*(since 1967, the 220 yards and then 200 Meters were run exclusively around one turn.)

400-Meter Dash (Boys)

1915	George Conn (Pasadena).....	50.0
1916	Mark Kellog (Fresno).....	51.4
1917	Dick Seltzer (Redlands).....	53.0
1918	George Schiller (Poly, Los Angeles).....	49.6
1919	Jeff Wilcox (Harvard).....	54.2
1920	Thurmond Clarke (Los Angeles).....	50.2
1921	Ed Shaw (Monrovia).....	52.2
1922	Ed Shaw (Monrovia).....	54.4
1923	Vernon Hanford (Manual Arts, Los Angeles).....	52.6
1924	Wilburn Talbot (Analay, Sebastopol).....	51.6
1925	Walter Hanson (Concord, Mt. Diablo).....	51.0
1926	Cliff Gantt (Poly, Los Angeles).....	50.0
1927	Percy McArthur (Huntington Park).....	51.0
1928	Carl Childreth (Poly, Long Beach).....	50.2
1929	Irvine Warburton (San Diego).....	49.6
1930	Carl Satterfield (Manual Arts, Los Angeles).....	50.3
1931	John McCarthy (Fairfax).....	48.7
1932	John Routt (Jefferson, Los Angeles).....	50.1
1933	Murel Gillett (Central, El Centro).....	48.4
1934	Doug Hammond (Hollywood).....	50.3
1935	Howard Upton (Turlock).....	48.9
1936	George Gray (Wilson, Long Beach).....	49.9
1937	Wilbur Miller (Jefferson, Los Angeles).....	49.7
1938	Bob Hogan (Piedmont).....	50.4
1939	Ken Horn (Fowler).....	50.5
1940	Duane Lewis (Compton).....	48.8
1941	O.B. Hughes (Whittier).....	49.9
1942-45	(No meet held)	
1946	Norm Stocks (San Diego).....	49.3
1947	Luther Butler (Jefferson, Los Angeles).....	49.4
1948	Fred Thompson (Jordan, Los Angeles).....	49.2
	Luther Butler (Jefferson, Los Angeles).....	49.2
1949	George Adrian (Hollywood).....	49.3
1950	Sherman Miller (Napa).....	48.8
1951	Jack North (Jordan, Long Beach).....	49.7
1952	Lanny Carter (Orange).....	48.8
1953	X.L. Emerson (Richmond).....	49.2
1954	Bruce Kitchen (Riverside).....	48.7
1955	Jerry White (Corcoran).....	48.7
1956	Jerry White (Corcoran).....	46.7
1957	Fred DeWitt (Berkeley).....	47.9
1958	Dixon Farmer (Miramonte, Orinda).....	48.6
1959	Dixon Farmer (Miramonte, Orinda).....	48.6
1960	Ulis Williams (Compton).....	47.2
1961	Ulis Williams (Compton).....	47.8
1962	Manual Diaz (Keppel, Alhambra).....	48.1
1963	Tommie Smith (Lemoore).....	47.3
1964	Fred Banks (Jefferson, Los Angeles).....	47.5
1965	Randy Julian (Bolsa Grande, Garden Grove).....	47.4
1966	Wayne Collett (Gardena).....	47.8
1967	Mike Newton (Whittier).....	47.2
1968	Edesel Garrison (Centennial, Compton).....	46.7
1969	Larance Jones (Lemoore).....	46.6
1970	Rick Brown (Los Altos).....	47.8
1971	Tony Krzyzosiak (Garden Grove).....	46.7
1972	Robert Harrell (Santa Ana).....	47.4
1973	Ron Whitaker (Wilson, San Francisco).....	47.0
1974	Rod Connors (Cordova, Rancho Cordova).....	47.7
1975	John Ware (Sacramento).....	47.2
1976	Darold Harris (Pittsburg).....	47.6

1977	James Sanford (Pasadena).....	46.60
1978	Bill Greene (Cubberly, Palo Alto).....	46.77
1979	Tony Banks (Morse, San Diego).....	47.28
1980	Mike Turner (Centennial, Compton).....	47.51
1981	David Timmons (Oakland).....	47.09
1982	Fabian Cooper (Washington, Los Angeles).....	46.38
1983	Larry Walker (Edison, Fresno).....	47.03
1984	Chip Rish (Marina, Huntington Beach).....	46.82
1985	Chip Rish (Marina, Huntington Beach).....	45.7h
1986	Steve Lewis (American, Fremont).....	46.59
1987	Steve Lewis (American, Fremont).....	46.7h
1988	Travis Hannah (Hawthorne).....	47.02
1989	Beno Bryant (Dorsey, Los Angeles).....	47.52
1990	Mike Sulcer (Muir, Pasadena).....	47.54
1991	Richard Dupree (Roosevelt, Fresno).....	47.21
1992	Derek Shepard (Lincoln, San Francisco).....	46.95
1993	Calvin Harrison (North Salinas, Salinas).....	45.25
1994	James Davis (Will C. Wood, Vacaville).....	46.96
1995	Obea Moore (Muir, Pasadena).....	46.08
1996	Obea Moore (Muir, Pasadena).....	45.81
1997	Eddie Levine (Golden Valley, Merced).....	46.77
1998	Mike Ryan (Beverly Hills).....	47.62
1999	Blaine Bussey (Taft, Los Angeles).....	46.94
2000	Brandon Matlock (Stockdale, Bakersfield).....	47.63
2001	Jason Lovell (Cleveland, Los Angeles).....	47.51
2002	Blake Mackey (Bakersfield).....	47.93
2003	David Gettis (Dorsey, Los Angeles).....	47.41
2004	David Gettis (Dorsey, Los Angeles).....	46.69
2005	David Gettis (Dorsey, Los Angeles).....	45.84
2006	Bryshon Nellum (Poly, Long Beach).....	46.38
2007	Bryshon Nellum (Poly, Long Beach).....	45.54
2008	Joey Hughes (Poly, Long Beach).....	46.28
2009	Reggie Wyatt (La Sierra).....	46.13
2010	Josh Mance (Don Lugo, Chino).....	45.90
2011	Shaquille Howard (Poly, Long Beach).....	47.49
2012	Alex Rohani (Beverly Hills).....	47.34
2013	Mile Parish (Etiwanda).....	46.53
2014	Kemonie Briggs (Wilson, Long Beach).....	46.92
2015	Michael Norman (Vista Murrieta).....	45.19
2016	Michael Norman (Vista Murrieta).....	45.77
2017	Zachary Shinnick (Damien, La Verne).....	46.12
2018	Max Glasser (Marin Catholic).....	46.97
2019	Zachary Larrier (Monterey Trail, Elk Grove).....	46.73
2022	Jeremiah Walker (Central, Fresno).....	47.49

800-Meter Run (Boys)

1915	Gerald Blankenship (Visalia).....	1:59.8
1916	Colin Kilby (Coalinga).....	2:02.8
1917	Harleigh Baker (Fillmore).....	2:02.0
1918	Ken Saunders (Pasadena).....	2:02.8
1919	Jerry Pearce (Berkeley).....	2:08.2
1920	Paul Stroud (Perris).....	1:59.4
1921	Elmer Boyden (Vallejo).....	1:59.2
1922	Irving Thomas (Manual Arts, Los Angeles).....	2:04.6
1923	Earl Lockhart (Sacramento).....	1:59.0
1924	Ed Cloege (Covina).....	1:59.1
1925	Alex McKinnon (Poly, Los Angeles).....	1:59.8
1926	Doug Knowles (Bakersfield).....	2:01.2
1927	Bill McGeagh (Poly, Los Angeles).....	2:02.8
1928	Herb Welch (Visalia).....	2:01.2
1929	Herb Welch (Visalia).....	1:58.4
1930	Al Hassan (Jefferson, Los Angeles).....	2:00.1
1931	Carl Satterfield (Manual Arts, Los Angeles).....	1:57.6
1932	Ray Cartwright (Santa Ana).....	2:00.6
1933	Bill McCurdy (Tamalpais).....	2:00.1
1934	Mel Nickerson (Poly, Los Angeles).....	1:58.4
1935	Ralph Wood (Carpinteria).....	1:57.6
1936	Jerry Lopez (Placer, Auburn).....	1:57.1
1937	Jim Lawson (Jordan, Los Angeles).....	1:59.7
1938	Leroy Weed (Coachella Valley).....	1:58.8
1939	Paul Christensen (Beverly Hills).....	2:01.3
1940	Roger Lane (San Rafael).....	1:57.7
1941	Thelmo Knowles (Santa Monica).....	1:55.6
1942-45	(No meet held)	
1946	Dan Guest (Santa Monica).....	2:00.5

1947	Jerome Walters (Compton).....	1:57.6
1948	Wilbur Firestone (Compton).....	1:57.8
1949	Wilbur Firestone (Compton).....	1:58.1
1950	Lang Stanley (Jefferson, Los Angeles).....	1:53.9
1951	Gene Jones (Oakland Technical).....	1:58.9
1952	Jim Briggs (Pittsburg).....	1:57.2
1953	Don Bowden (Lincoln, San Jose).....	1:57.1
1954	Don Bowden (Lincoln, San Jose).....	1:52.9
1955	Leonard Havens (Avenal).....	1:57.0
1956	Jerry Siebert (Willits).....	1:53.8
1957	Jim Cerveny (Mission Bay, San Diego).....	1:52.7
1958	Alfred Gentry (Fremont, Los Angeles).....	1:55.4
1959	Dave Dunbar (Westmont, Daly City).....	1:53.2
1960	Ray VanAsten (Bonita, La Verne).....	1:51.9
1961	Mike Gibeau (Lincoln, San Francisco).....	1:53.1
1962	Doug Parker (Chico).....	1:52.2
1963	Dennis Carr (Lowell, Whittier).....	1:50.9
1964	Bob Hose (Madison, San Diego).....	1:51.7
1965	Richard Joyce (Sierra, Whittier).....	1:48.8
1966	Terry Rogers (Hilltop, Chula Vista).....	1:51.5
1967	Lawrence Banks (Dorsey, Los Angeles).....	1:51.2
1968	George Alfaro (Pittsburg).....	1:52.3
1969	Ricco Sanchez (Canoga Park).....	1:51.6
1970	Rick Brown (Los Altos).....	1:50.6
1971	Percell Keeling (Morningside, Inglewood).....	1:51.8
1972	Dale Scott (El Cerrito).....	1:49.7
1973	Randy Lopez (Alhambra).....	1:52.4
1974	John Musich (Burbank).....	1:51.0
1975	Conrad Suhr (Leigh, San Jose).....	1:51.0
1976	Wyatt Bishop (Carlmont, Belmont).....	1:54.4
1977	Jim Walters (Estancia, Costa Mesa).....	1:49.4
1978	David Mack (Locke, Los Angeles).....	1:51.83
1979	David Mack (Locke, Los Angeles).....	1:50.18
1980	Peter Quinonez (Tulare).....	1:50.13
1981	Pete Richardson (Berkeley).....	1:47.31
1982	John Phillips (Los Altos).....	1:49.99
1983	Kimmie James (Richmond).....	1:50.63
1984	Eric Schermerhorn (Woodbridge, Irvine).....	1:49.61
1985	Sean Langer (Bakersfield).....	1:51.75
1986	Vincent Thompson (Locke, Los Angeles).....	1:50.25
1987	Don Gabor (Amador Valley, Pleasanton).....	1:52.3h
1988	Mark Senior (Mt. Miguel, Spring Valley).....	1:51.37
1989	Gordon Johnson (Piedmont).....	1:51.88
1990	Craig Magress (Santa Teresa, San Jose).....	1:51.66
1991	Mike Terry (El Modena, Orange).....	1:53.99
1992	Mike Katri (Fortuna).....	1:49.56
1993	Vondre Armour (Bakersfield).....	1:50.13
1994	Michael Granville (Bell Gardens).....	1:49.82
1995	Aaron Richburg (James Logan, Union City).....	1:48.40
1996	Michael Granville (Bell Gardens).....	1:50.68
1997	James Levine (Golden Valley, Merced).....	1:50.62
1998	Jon Stevens (Mission San Jose, San Jose).....	1:52.07
1999	Brandon Shaw (Rancho Verde, Moreno Valley).....	1:53.98
2000	Mike Serratos (Don Lugo, Chino).....	1:51.75
2001	Tykie Harris (San Geronio).....	1:53.80
2002	Michael Haddan (Woodbridge, Irvine).....	1:51.41
2003	Duane Solomon (Cabrillo, Lompoc).....	1:49.79
2004	Bryan Rodie (Royal, Simi Valley).....	1:52.04
2005	Jesse O'Brien (San Pasaqual, Escondido).....	1:53.71
2006	Cory Primm (Westlake, Westlake Village).....	1:50.53
2007	Cory Primm (Westlake, Westlake Village).....	1:50.95
2008	Charles Jock (Mission Bay, San Diego).....	1:51.64
2009	Sean Krinik (Valencia, Placentia).....	1:51.83
2010	Sean Krinik (Valencia, Placentia).....	1:48.20
2011	Immanuel Hutchinson (San Jacinto).....	1:49.63
2012	Alexander Monsivaiz (Army & Navy).....	1:51.34
2013	Ivan Gonzalez (Ridgeview, Bakersfield).....	1:50.71
2014	David Manahan (Harv-Wst, N. Hillywd).....	1:51.04
2015	Isaac Trevino (Centennial, Bakersfield).....	1:51.55
2016	Isaac Cortes (Great Oak, Temecula).....	1:50.75
2017	Jett Charvet (Heritage, Brentwood).....	1:51.07
2018	Jason Gomez (Westmont, Campbell).....	1:50.21
2019	Kai Wingo (Valencia).....	1:51.71
2022	Ellis Delvecchio (Thacher).....	1:50.82

All-Time Individual Champions

1600-Meter Run (Boys)

1915	Gerald Balkenship (Visalia).....	4:30.0
1916	Andy Silvas (Oakland Technical).....	4:40.6
1917	Whitney Reeves (Pasadena).....	4:37.4
1918	Jerry Pearce (Berkeley).....	4:44.4
1919	Atwood Scovel (San Bernardino).....	4:47.0
1920	Charlie Watts (Berkeley).....	4:36.2
1921	Bill Kerr (Huntington Beach).....	4:30.4
1922	Les Schwoeboda (Petaluma).....	4:40.0
1923	Earl Lockhart (Sacramento).....	4:31.6
1924	Lee Hansen (Manual Arts, Los Angeles).....	4:37.1
1925	Chesley Unruh (El Monte).....	4:35.2
1926	Jack Ferguson (Inglewood).....	4:35.7
1927	Cliff Halstead (Sacramento).....	4:33.6
1928	Dick Brooks (Redlands).....	4:39.0
1929	John Baker (Huntington Beach).....	4:31.1
1930	Phil Morentin (Visalia).....	4:31.0
1931	Phil Morentin (Visalia).....	4:32.8
1932	Virgil Hooper (Antelope Valley).....	4:32.3
1933	Virgil Hooper (Antelope Valley).....	4:29.2
1934	Louis Zamperini (Torrance).....	4:27.8
1935	Elmer Bayer (Paso Robles).....	4:30.4
1936	Simon Scott (Tamalpais).....	4:31.2
1937	Bruce Hammack (Yreka).....	4:30.4
1938	Jack Moore (Stockton).....	4:26.9
1939	John Hall (Torrance).....	4:26.8
1940	Kellen Ramirez (Edison, Fresno).....	4:31.5
1941	Bob Ingram (San Jose).....	4:32.8
1942-45	(No meet held)	
1946	Bob McMillen (Cathedral, Los Angeles).....	4:24.0
1947	Chuck Kohl (Compton, Los Angeles).....	4:29.2
1948	John Woolley (Marshall Fundamental).....	4:29.1
1949	Ellwyn Stribling (Commerce, San Francisco).....	4:25.1
1950	Ron Bauer (Washington, San Francisco).....	4:23.7
1951	Allie Cage (McClymonds, Oakland).....	4:30.7
1952	Fernando Ledesma (Compton).....	4:23.2
1953	Bob Seaman (Reedley).....	4:21.0
1954	Ty Hadley (Bellflower).....	4:25.8
1955	Tod White (Newport Harbor).....	4:20.0
1956	Ron Larrieu (Palo Alto).....	4:20.1
1957	Tim Roelen (San Fernando).....	4:20.2
1958	Woody Covington (Compton).....	4:23.7
1959	Dale Storey (Orange).....	4:11.0
1960	Ben Tucker (Poly, San Francisco).....	4:14.3
1961	Bruce Bess (La Habra).....	4:18.8
1962	Dennis Carr (Lowell, Whittier).....	4:08.7
1963	Tracy Smith (Arcadia).....	4:14.4
1964	Mike Ryan (Wilcox, Santa Clara).....	4:11.2
1965	Tim Danielson (Chula Vista).....	4:08.0
1966	Tim Danielson (Chula Vista).....	4:07.0
1967	Mike Solomon (Westminster).....	4:11.4
1968	Clifton West (Kennedy, Sacramento).....	4:09.0
1969	Decker Underwood (South Torrance, Torrance).....	4:12.1
1970	Brent Tubb (Cleveland, Reseda).....	4:12.9
1971	Brent Tubb (Cleveland, Reseda).....	4:09.6
1972	Mark Schilling (Garden Grove).....	4:05.4
1973	Alvin Gilmore (Lompoc).....	4:11.4
1974	Rick Kimball (De La Salle, Concord).....	4:06.6
1975	John Johnson (Skyline, Oakland).....	4:09.5
1976	Jim Arriola (Gahr, Cerritos).....	4:14.6
1977	Mark Stillman (Willow Glen, San Jose).....	4:06.9
1978	Paul Medvin (University, Los Angeles).....	4:08.91
1979	Paul Medvin (University, Los Angeles).....	4:12.9
1980	Larry Guinne (Castro Valley).....	4:06.18
1981	Jeff Scott (El Camino, Sacramento).....	4:10.06
1982	Tom Grewe (Carpinteria).....	4:08.05
1983	Jim Frey (Yreka).....	4:08.82
1984	Roman Gomez (Belmont, Los Angeles).....	4:09.05
1985	Roman Gomez (Belmont, Los Angeles).....	4:15.93
1986	Mark Mastalir (Jesuit, Carmichael).....	4:07.81
1987	Scott Robinson (Bellarmine, San Jose).....	4:07.95
1988	Reggie Williams (River City, West Sacramento).....	4:08.78
1989	Francis O'Neil (San Pasqual, Escondido).....	4:08.67
1990	Coley Candaele (Carpinteria).....	4:06.26
1991	Daniel DasNeves (Helix, La Mesa).....	4:12.22

1992	Daniel DasNeves (Helix, La Mesa).....	4:09.54
1993	Brian Wilkinson (Merced).....	4:08.13
1994	Mebrahton Keflezighi (San Diego).....	4:07.67
1995	Michael Stember (Jesuit, Carmichael).....	4:04.00
1996	Michael Stember (Jesuit, Carmichael).....	4:06.72
1997	Jon Stevens (Mission, San Jose).....	4:10.08
1998	Jon Stevens (Mission, San Jose).....	4:12.58
1999	Marcus Chandler (Serra, San Diego).....	4:10.44
2000	Evan Fox (West Hills, Santee).....	4:09.44
2001	Ryan Hall (Big Bear, Big Bear Lake).....	4:02.62
2002	Matt Johnsrud (Woodcreek, Roseville).....	4:11.89
2003	Phillip Reid (Rio Mesa, Oxnard).....	4:08.49
2004	Mark Matusak (Loyola, Los Angeles).....	4:15.89
2005	Mark Matusak (Loyola, Los Angeles).....	4:10.72
2006	AJ Acosta (El Camino, Oceanside).....	4:04.95
2007	Hudson Andrews (Royal, Simi Valley).....	4:07.59
2008	German Fernandez (Riverbank).....	4:00.29
2009	Mac Fleet (University City, San Diego).....	4:05.33
2010	Elias Gedyon (Loyola, Los Angeles).....	4:21.12
2011	Jantzen Oshier (Trabucco Hills, Mission Viejo).....	4:00.83
2012	Darren Fahy (La Costa Canyon, Carlsbad).....	4:08.78
2013	Blake Haney (Stockdale, Bakersfield).....	4:06.91
2014	Blake Haney (Stockdale, Bakersfield).....	4:08.52
2015	Austin Tamagno (Brea Olinda).....	4:09.13
2016	Isaac Cortes (Great Oak, Temecula).....	4:04.62
2017	Luis Grijalva (Armijo, Fairfield).....	4:08.62
2018	Liam Anderson (Redwood, Larkspur).....	4:09.31
2019	Matt Strangio (Jesuit, Carmichael).....	4:08.07
2022	Christopher Caudi (Clovis).....	4:10.72



German Fernandez from Riverbank shattered the previous national record in the 3200 meters by nearly eight seconds with a time of 8:34.23 at the 2008 State meet. This performance followed his near-national record showing earlier in the day in the 1600.

3200-Meter Run (Boys)

1965	Ralph Gamez (Berkeley).....	9:12.9
1966	Ralph Gamez (Berkeley).....	9:01.6
1967	Pete Romero (Reedley).....	9:00.5
1968	Ruben Chappins (Excelsior, Norwalk).....	9:05.7
1969	Ruben Chappins (Excelsior, Norwalk).....	8:57.0
1970	Ron Johnson (West Torrance, Torrance).....	8:55.6
1971	Dale Fleet (Clairemont, San Diego).....	8:53.8
1972	Curtis Beck (Santa Monica).....	8:52.3
1973	Terry Williams (Lompoc).....	8:54.8
1974	Rick Kimball (De La Salle, Concord).....	8:46.5
1975	Eric Hulst (Laguna Beach).....	8:44.9
1976	Eric Hulst (Laguna Beach).....	8:57.4
1977	Frank Assuma (Eisenhower, Rialto).....	8:52.9
1978	Jeff Nelson (Burbank).....	8:59.28
1979	Jeff Nelson (Burbank).....	8:47.35
1980	Andy DiConti (La Canada).....	8:55.79
1981	Jon Butler (Edison, Huntington Beach).....	8:46.78
1982	Harold Kuphaldt (Bella Vista, Fair Oaks).....	8:51.99
1983	Eric Reynolds (Camarillo).....	8:54.75

1984	Roman Gomez (Belmont, Los Angeles).....	8:58.91
1985	Roman Gomez (Belmont, Los Angeles).....	9:03.05
1986	Eric Mastalir (Jesuit, Carmichael).....	8:44.95
1987	Paul Thomas (Jesuit, Carmichael).....	9:02.82
1988	Reggie Williams (River City, West Sacramento).....	8:59.61
1989	David Welsh (Jesuit, Carmichael).....	8:58.08
1990	Bryan Dameworth (Agoura).....	8:53.26
1991	Dave Hartman (Canyon, Canyon Country).....	8:58.38
1992	Angel Martinez (San Gabriel).....	8:56.34
1993	Matt Farley (Jesuit, Carmichael).....	9:04.39
1994	Mebrahton Keflezighi (San Diego).....	8:58.11
1995	Jason Balkman (Lynbrook, San Jose).....	9:05.31
1996	Aaron Gillen (Yreka).....	9:03.96
1997	Isaiah Fata (Morro Bay).....	9:06.06
1998	Gary Passanisi (Aptos).....	9:05.74
1999	Josh Spiker (Ventura).....	9:02.00
2000	Ryan Hall (Big Bear, Big Bear Lake).....	8:55.12
2001	Yong-Sung Leal (Arroyo, San Lorenzo).....	9:00.49
2002	Kyle Alcorn (Buchanan, Clovis).....	9:00.46
2003	Tim Nelson (Liberty Christian, Redding).....	8:53.59
2004	Yosef Ghebray (James Logan, Union City).....	9:04.20
2005	Michael Cybulski (Royal, Simi Valley).....	9:02.57
2006	Michael Cybulski (Royal, Simi Valley).....	8:53.77
2007	Eric Avila (Bonita Vista, Chula Vista).....	9:01.77
2008	German Fernandez (Riverbank).....	8:34.23
2009	Chris Schwartz (Foothill).....	8:51.60
2010	Sam Pons (South Pasadena).....	8:55.40
2011	Elias Gedyon (Loyola, Los Angeles).....	8:50.03
2012	Darren Fahy (La Costa Canyon, Carlsbad).....	9:03.29
2013	Blake Haney (Stockdale, Bakersfield).....	9:01.65
2014	Fred Huxham (Redwood, Larkspur).....	8:54.24
2015	Caleb Webb (Big Bear).....	8:47.30
2016	Cooper Teare (St. Joseph ND, Alameda).....	8:51.85
2017	Callum Bolger (San Luis Obispo).....	8:53.91
2018	Matt Strangio (Jesuit).....	8:56.18
2019	Nico Young (Newbury Park).....	8:47.27
2022	Zachary Ayers (Davis).....	8:56.93

110-Meter High Hurdles (Boys)

1915	Earl Thomson (Poly, Long Beach).....	15.2
1916	Harry Lamport (Manual Arts, Los Angeles).....	16.4
1917	Earl Johnston (Fullerton).....	16.2
1918	Larry Rice (Fresno).....	16.0
1919	Charley Daggs (Claremont).....	16.6
1920	Otto Anderson (Pomona).....	15.8
1921	Jack Houston (Lincoln, Los Angeles).....	16.0
1922	Richard Bleet (Manual Arts, Los Angeles).....	16.6
1923	Ross Nichols (Huntington Beach).....	15.4
1924	Ross Nichols (Huntington Beach).....	15.3
1925	Les Eade (Hollywood).....	15.4
1926	Jim Meeks (Hollywood).....	15.1
1927	Jeddy Welsh (Pasadena).....	14.8
1928	Joe Bills (Poly, Long Beach).....	15.6
1929	Bernie Miller (Hollywood).....	15.4
1930	Bill DuPuy (Inglewood).....	15.4
1931	Art Fisher (Redlands).....	15.5
1932	Jack Ward (Selma).....	15.0
1933	Roy Staley (Santa Monica).....	15.2
1934	Roy Kirpatrick (Central, El Cerrito).....	14.7
1935	Johnny Lindell (Monrovia).....	15.0
1936	Doug Busby (Sacramento).....	15.7
1937	Ray Seares (Wilson, Long Beach).....	15.5
1938	John Biewener (San Diego).....	15.3
1939	Don Diez (Lincoln, Los Angeles).....	14.9
	Sam Johnson (Fillmore).....	14.9
1940	Keith Hale (Bakersfield).....	14.7
	Don Reiss (Burlingame).....	14.7
1941	Omar Cowles (Palo Alto).....	14.3
1942-45	(No meet held)	
1946	Bob Bacon (Redondo).....	14.5
1947	Hugh McElhenny (Washington, Los Angeles).....	14.5
1948	Bob Mathias (Tulare).....	14.5
1949	Jack Davis (Hoover, Glendale).....	14.4
1950	Steve Turner (Glendale).....	14.1
1951	Don Brinker (Fresno).....	14.5

All-Time Individual Champions

110-Meter High Hurdles (Boys) - cont.

1952	Ancel Robinson (Selma).....	14.7
1953	Harry Healey (Keppel).....	14.4
1954	Rafer Johnson (Kingsburg).....	14.3
1955	Ken Thompson (Centennial, Compton).....	14.1
1956	Dale Messer (Lemoore).....	14.2
1957	Ken Overholser (Glendale).....	14.3
1958	Floyd James (Centennial, Compton).....	14.1
1959	Bob Pierce (Burbank).....	14.3
1960	Robert Bonds (Poly, Riverside).....	13.9
1961	Abe Johnson (McClymonds, Oakland).....	14.2w
1962	Ron White (Dorsey, Los Angeles).....	14.0
1963	Carl Davis (Compton).....	13.9
1964	Earl McCullough (Poly, Long Beach).....	14.1
1965	Bill Persons (San Francisco).....	13.8
	Rich Miller (Monrovia).....	13.8
1966	Donald Parish (Dorsey, Los Angeles).....	13.9
1967	Jerry Proctor (Muir, Pasadena).....	13.7
1968	Kerry Hampton (Poly, San Francisco).....	14.0
1969	Jerry Wilson (Roosevelt, Fresno).....	13.7
1970	Alfonzo Hall (Morningside, Inglewood).....	13.9
1971	Charles Jackson (Lompoc).....	13.6w
1972	Daniel Jones (Palo Verde, Blythe).....	13.6
1973	Mike Johnson (Pasadena).....	13.6w
1974	Fred Shaw (Muir, Pasadena).....	13.7
1975	Robert Gains (Kennedy, Richmond).....	13.3
1976	Lloyd Jones (Ganeshha, Pomona).....	14.5
1977	Phillip Johnson (Gardena).....	13.66
1978	Milan Stewart (West Covina).....	13.97
1979	Jim Scannella (San Ramon, Danville).....	13.87
1980	Don Ward (St. Mary's, Berkeley).....	13.73
1981	David Ashford (West Covina).....	13.67
1982	Steve Kerho (Mission Viejo).....	13.41
1983	Mark Boyd (St. Mary's, Berkeley).....	13.93
1984	Raymond Young (Hawthorne).....	14.32
1985	Robert Reading (St. Mary's, Berkeley).....	13.88
1986	Terry Johnson (Katella, Anaheim).....	13.88
1987	Dana Hall (Ganeshha, Pomona).....	13.98
1988	Darrell Thompson (Cerritos).....	14.25
1989	William Henry (Arroyo Grande).....	14.05
1990	Curtis Hawkins (Carson).....	14.41
1991	Issac Carson (Jefferson, Los Angeles).....	13.67
1992	Charlie Davidson (Saddleback, Santa Ana).....	13.94w
1993	Drue Powell (Reseda).....	13.87
1994	Gerimi Burleigh (Upland).....	13.93w
1995	Joe Naivalu (Fremont, San Jose).....	14.33
1996	Joe Naivalu (Fremont, San Jose).....	13.68
1997	Dominique DeGrammont (Tustin).....	13.48
1998	Marcell Allmond (St. Paul, Santa Fe Springs).....	13.83
1999	Marcell Allmond (St. Paul, Santa Fe Springs).....	13.54
2000	Christopher Morgan (Taft, Woodland Hills).....	13.95
2001	Christopher Morgan (Taft, Woodland Hills).....	13.59w
2002	Thomas Mack (Bakersfield).....	14.34
2003	Kevin Craddock (James Logan, Union City).....	14.09
2004	Kevin Craddock (James Logan, Union City).....	13.39
2005	Robert Williams (Ramona).....	13.97
2006	Terry Prentice (Diamond Ranch, Pomona).....	14.11
2007	Terry Prentice (Diamond Ranch, Pomona).....	13.53
2008	Devron Walker (Dominguez, Compton).....	13.96
2009	Dale Morgan (Taft, Woodland Hills).....	13.76
2010	Johnathan Cabral (Agoura, Agoura Hills).....	13.54
2011	Johnathan Cabral (Agoura, Agoura Hills).....	13.79
2012	Lloyd Sicard (Serra, Gardena).....	14.09
2013	Marquis Morris (De La Salle, Concord).....	13.90
2014	Misana Viltz (Millikan, Long Beach).....	13.47
2015	Alexander Billing (Simi Valley).....	13.68
2016	Joseph Anderson (Upland).....	13.59
2017	Joseph Anderson (Upland).....	13.33
2018	Jaden Ellis (Vista del Lago, Moreno Valley).....	13.97
2019	Jamar Marshall (St. Mary's, Stockton).....	13.31w
2022	Kai Graves-Blanks (Upland).....	13.75w



Reggie Wyatt's 35.02 in the 300-meter intermediate hurdles at the 2009 State meet bettered the national record set by Jeshua Anderson (35.28) at the 2007 State meet.

300-Meter Intermediate Hurdles (Boys)

1975	Dedy Cooper (Ells, Richmond).....	36.5
1976	Charles White (San Fernando).....	36.7
1977	Andre Phillips (Silver Creek, San Jose).....	36.43
1978	Gary Lee (Poly, Long Beach).....	36.58
1979	Gary Lee (Poly, Long Beach).....	36.22
1980	Don Ward (St. Mary's, Berkeley).....	36.57
1981	Walter Murray (Berkeley).....	36.26
1982	Steve Kerho (Mission Viejo).....	35.85
1983	Danny Harris (Perris).....	35.52
1984	George Porter (Cabrillo, Lompoc).....	36.10
1985	George Porter (Cabrillo, Lompoc).....	35.50
1986	Rodney Bradshaw (Saugus, Santa Clarita).....	37.30
1987	Yki Vallery (Hawthorne).....	37.14
1988	John Montgomery (Independence, San Jose).....	36.43
1989	John Prudenti (Siena, Napa).....	37.28
1990	Rocky Morris (Andrew Hill, San Jose).....	37.46
1991	Keith Williams (Escondido).....	37.28
1992	Demond Smith (Hawthorne).....	37.34
1993	Kenny Haslip (Muir, Pasadena).....	37.80
1994	Kenny Haslip (Muir, Pasadena).....	37.14
1995	Mickey Grimes (Canyon Springs, Moreno Valley).....	36.83
1996	Makio Haywood (Muir, Pasadena).....	36.18
1997	Kenyon Rambo (Poly, Long Beach).....	36.57
1998	Al Williams (Irvine).....	37.17
1999	Rico Hatter (Vallejo).....	36.53
2000	Trevor Jones (Newport Harbor).....	36.60
2001	Jeffrey Hunter (Granite Hills, El Cajon).....	36.25
2002	Thomas Mack (Bakersfield).....	37.45
2003	Brandon Bornes (Rancho Buena Vista, Vista).....	38.00
2004	Kevin Craddock (James Logan, Union City).....	35.93
2005	David Klech (California, San Ramon).....	36.06
2006	David Klech (California, San Ramon).....	35.87
2007	Jeshua Anderson (Taft, Woodland Hills).....	35.28
2008	Brian Baucham (West Torrance).....	37.26
2009	Reggie Wyatt (La Sierra).....	36.71
2010	R.J. Frasier (Jesusit, Sacramento).....	36.90
2011	Johnathan Cabral (Agoura, Agoura Hills).....	36.20
2012	Jarrett Gonzales (Damien, La Verne).....	37.30
2013	Lloyd Sicard (Serra, Gardena).....	37.06
2014	Marquis Morris (De La Salle, Concord).....	36.86
2015	Justin Collins (Carson).....	36.67
2016	Koty Burton (La Quinta).....	36.34
2017	Joseph Anderson (Upland).....	36.02
2018	Caleb Lutalo Roberson (Upland).....	36.61
2019	Caleb Lutalo Roberson (Upland).....	36.32
2022	Delaney Crawford (Upland).....	37.11

400-Meter Relay (Boys)

1968	Centennial (Compton).....	41.5
1969	Castlemont (Oakland).....	41.4
1970	Santa Ana.....	41.6
1971	El Cerrito.....	41.0
1972	Wilson (San Francisco).....	41.3
1973	Wilson (San Francisco).....	41.5
1974	Kennedy (Richmond).....	41.2
1975	Ells (Richmond).....	41.2

1976	Kennedy (Barstow).....	41.4
1977	Pasadena.....	41.61
1978	El Cerrito.....	41.55
1979	Pasadena.....	41.45
1980	Washington (Los Angeles).....	41.51
1981	Berkeley.....	40.86
1982	Oakland.....	41.09
1983	Edison (Fresno).....	40.83
1984	Berkeley.....	40.93
1985	Muir (Pasadena).....	41.32
1986	Hiram Johnson (Sacramento).....	41.30
1987	Muir (Pasadena).....	40.78
1988	Oakland.....	41.33
1989	Poly (Long Beach).....	41.82
1990	San Bernardino.....	41.05
1991	Compton.....	41.68
1992	Morningside (Inglewood).....	42.04
1993	Merced.....	41.42
1994	El Camino (Oceanside).....	41.16
1995	Skyline (Oakland).....	40.78
1996	Serra (Gardena).....	40.63
1997	Muir (Pasadena).....	40.35
1998	Poly (Long Beach).....	40.45
1999	Vallejo.....	40.94
2000	Serra (Gardena).....	40.97
2001	Helix (La Mesa).....	41.17
2002	Poly (Long Beach).....	40.63
2003	Carson (Los Angeles).....	41.53
2004	Skyline (Oakland).....	40.95
2005	Dorsey (Los Angeles).....	40.92
2006	Notre Dame (Sherman Oaks).....	41.27
2007	Poly (Long Beach).....	40.81
2008	Poly (Long Beach).....	41.26
2009	Serra (Gardena).....	40.67
2010	Poly (Long Beach).....	41.13
2011	Oaks Christian (Westlake Village).....	41.19
2012	Notre Dame (Sherman Oaks).....	41.13
2013	Serra (Gardena).....	40.49
2014	Woodcreek (Roseville).....	41.20
2015	Chaminade (West Hills).....	40.75
2016	Vista Murrieta.....	40.32
2017	Oaks Christian.....	40.95
2018	Great Oak.....	40.99
2019	Monterey Trail (Elk Grove).....	41.47
2022	Central (Fresno).....	41.36

1600-Meter Relay (Boys)

1968	Centennial (Compton).....	3:14.3
1969	Los Angeles.....	3:15.2
1970	Los Altos (Los Altos).....	3:15.6
1971	Castlemont (Oakland).....	3:13.2
1972	El Cerrito.....	3:17.6
1973	Cordova (Rancho Cordova).....	3:17.4
1974	Muir (Pasadena).....	3:13.8
1975	Ells (Richmond).....	3:15.7
1976	Pasadena.....	3:18.2
1977	Pasadena.....	3:13.7
1978	Banning (Wilmington).....	3:11.57
1979	Locke (Los Angeles).....	3:14.04
1980	Centennial (Compton).....	3:10.37
1981	Berkeley.....	3:08.94
1982	Compton.....	3:14.45
1983	Hawthorne.....	3:10.11
1984	Hawthorne.....	3:09.45
1985	Hawthorne.....	3:14.13
1986	Hawthorne.....	3:14.79
1987	Hawthorne.....	3:11.77
1988	Hawthorne.....	3:10.46
1989	Dorsey (Los Angeles).....	3:12.21
1990	Muir (Pasadena).....	3:14.00
1991	Morningside (Inglewood).....	3:15.01
1992	Morningside (Inglewood).....	3:15.37
1993	North Salinas (Salinas).....	3:14.19
1994	Muir (Pasadena).....	3:12.54
1995	Muir (Pasadena).....	3:13.08

All-Time Individual Champions

1600-Meter Relay (Boys) - cont.

1996	Muir (Pasadena)	3:08.66
1997	Dominguez (Compton)	3:12.51
1998	Dominguez (Compton)	3:12.64
1999	Dorsey (Los Angeles)	3:13.01
2000	Serra (Gardena)	3:12.94
2001	Poly (Long Beach)	3:15.11
2002	Poly (Long Beach)	3:12.90
2003	Poly (Long Beach)	3:14.35
2004	Poly (Long Beach)	3:13.74
2005	Dorsey (Los Angeles)	3:12.12
2006	J.W. North (Riverside)	3:10.36
2007	Poly (Long Beach)	3:10.92
2008	Dominguez (Compton)	3:09.59
2009	Lutheran (Orange)	3:14.53
2010	Serra (Gardena)	3:08.42
2011	Poly (Long Beach)	3:12.44
2012	Rio Mesa (Oxnard)	3:16.21
2013	Serra (Gardena)	3:10.59
2014	Poly (Long Beach)	3:11.86
2015	Wilson (Long Beach)	3:13.46
2016	Vista Murrieta	3:14.97
2017	Rancho Verde	3:14.46
2018	Murrieta Mesa	3:10.86
2019	Loyola	3:17.56
2022	Cathedral	3:13.87

Discus Throw (Boys)

1915	Cifford Merritt (Santa Rosa)	113-00
1916	Wayne Weeks (Santa Rosa)	117-00
1917	Roy Evans (Chaffey)	122-11
1918	Johnny Boyle (Los Angeles)	114-02.75
1919	Johnny Boyle (Los Angeles)	120-06
1920	Clarence Houser (Oxnard)	123-08
1921	Clarence Houser (Oxnard)	135-00.50
1922	Clarence Houser (Oxnard)	144-03.20
1923	Eric Krenz (Stockton)	128-04.25
1924	Robert Patton (Poly, Riverside)	124-06.50
1925	Eddie Moeller (San Diego)	126-00.62
1926	Eddie Moeller (San Diego)	141-00
1927	Fred Steiner (Chaffey)	135-08
1928	Dudley Stephens (Woodland)	135-00.37
1929	Dudley Stephens (Woodland)	134-09
1930	Gordon Dunn (Fresno)	130-05.12
1931	George Theodoratus (Sacramento)	132-01.50
1932	Arlo Munch (Poly, Long Beach)	130-11.50
1949	John Henry Johnson (Pittsburg)	145-02
1950	Louie Irigara (Lemoore)	145-01.25
1951	Leon Pattersonb (Taft)	165-02
1954	Jack Egan (Balboa, San Francisco)	159-01.50
1955	Wayne Crow (Corcoran)	160-07
1956	Wayne Crow (Corcoran)	171-05.25
1957	Don Bell (Alameda)	172-03.75
1958	Bill Hook (Ukiah)	166-08
1959	Ron Sindow (San Rafael)	176-01
1960	Alex Darnes (Poly, San Francisco)	178-08
1961	Bob Stoecker (Los Altos)	188-06.50
1962	Bob Stoecker (Los Altos)	185-11.50
1963	Stan McDonald (Edison, Fresno)	178-01
1964	Bill Staley (Las Lomas, Walnut Creek)	181-02
1965	Bruce Naglee (Baltimore, San Jose)	172-03.50
1966	Jim Peters (Piedmont)	189-01
1967	Fred DeBernardi (Hart, Newhall)	178-02
1968	Rory Kenward (San Marcos, Santa Barbara)	183-11
1969	Chris Adams (Los Altos)	188-00
1970	Chris Adams (Los Altos)	201-03
1971	Bob Otto (Porterville)	184-09
1972	Scott Overton (Los Altos)	185-10
1973	Lonnie Shelton (Foothill, Bakersfield)	195-05
1974	Ray Burton (Vacaville)	193-00
1975	Mike Alberg (Lodi)	171-11
1976	Scott Endler (Hoover, Fresno)	192-10
1977	David Thompson (Santa Ynez)	190-00
1978	David Porath (Atwater)	199-05
1979	Hank Krachir (San Jacinto)	192-09

1980	Paul Bender (Shafter)	192-09
1981	Antonio Dobbins (Burroughs, Ridgecrest)	180-10
1982	Antonio Dobbins (Burroughs, Ridgecrest)	191-01
1983	Barry Estes (Clovis)	183-04
1984	Tambi Wenj (Fountain Valley)	185-11
1985	Brian Bluetreich (Capistrano Valley, Mission Viejo)	203-04
1986	Jeff Hooper (Del Campo, Fair Oaks)	187-04
1987	Dave Bultman (Royal, Simi Valley)	193-06
1988	John Wirtz (Leland, San Jose)	192-10
1989	Derrick Stevens (Bakersfield)	188-02
1990	Rob Powell (Redwood, Visalia)	203-04
1991	Jeff Buckley (Bakersfield)	182-05
1992	Jeff Buckley (Bakersfield)	186-10
1993	Chad Peare (Trabuco Hills, Mission Viejo)	182-02
1994	Jeremy Staat (Bakersfield)	183-08
1995	Chad Jones (Arroyo Grande)	183-09
1996	Scott Moser (Huntington Beach)	185-07
1997	Scott Moser (Huntington Beach)	203-02
1998	Reedus Thurman (Serra, Gardena)	202-01
1999	Dan Ames (El Capitan, Lakeside)	199-09
2000	Travis Pendleton (Esperanza, Anaheim)	203-05
2001	Sean Shields (Arroyo Grande)	189-01
2002	Jarered Morgan (La Quinta)	194-01
2003	Nik Kay (Los Gatos)	203-03
2004	Daniel Schaefer (The Bishop's School, La Jolla)	206-05
2005	Darius Savage (Morse, San Diego)	194-08
2006	Darius Savage (Morse, San Diego)	205-06
2007	Derek Johnson (Agoura, Agoura Hills)	203-06
2008	Dayshan Ragans (Foothill, Bakersfield)	202-06
2009	Matt Darr (Frontier, Bakersfield)	192-00
2010	Willy Irwin (Clovis East)	207-08
2011	Ethan Cochran (Newport Harbor, Newport)	185-09
2012	Ethan Cochran (Newport Harbor, Newport)	196-04
2013	Brenden Song (West Hills, Santee)	188-08
2014	Ricky Fenton (San Clemente)	184-10
2015	Charles Lenford (Oceanside)	195-04
2016	Bronson Osborn (Esperanza, Anaheim)	200-10
2017	Iffy Joyner (Pittsburg)	203-08
2018	Christian Lavalle (Mission Viejo)	182-07
2019	Gino Cruz (Newbury Park)	191-11
2022	Brendon See (JSerra Catholic)	203-10

High Jump (Boys)

1915	Millard Webster (Santa Paula)	5-09.50
1916	Titus Moore (Pasadena)	5-08.50
1917	Lloyd Hill (Coalinga)	5-09.25
1918	Harold Muller (San Diego)	5-01.75
1919	Harold Muller (Oakland Technical)	5-06
1920	Oliver Corey (Chaffey)	6-00
1921	Al Fisher (Lincoln, Los Angeles)	6-00.37
1922	Ed Shaw (Monrovia)	5-10.75
1923	Henry Coggeshall (Poly, Los Angeles)	5-11
1924	Henry Coggeshall (Poly, Los Angeles)	6-01.25
1925	Al Bowen (Santa Monica)	6-01.50
1926	Olympus Carter (Jordan, Los Angeles)	5-11
	Bob Van Osdel (Compton)	5-11
1927	Lynford Scott (Eureka)	6-00.75
1928	Henry Lassalette (La Puente)	6-02.12
	Bob Van Osdel (Compton)	6-02.12
1929	Walter Marty (Fresno)	6-04.25
1930	Kermit Plowman (Sequoia)	6-00.50
1931	Paul Jacques (Santa Ana)	6-04.12
1932	Cornelius Johnson (Los Angeles)	6-03
1933	Cornelius Johnson (Los Angeles)	6-04.75
1934	Delos Thurber (Glendale)	6-05.87
1935	Les Steers (Palo Alto)	6-02
1936	Les Steers (Palo Alto)	6-00.75
1937	Les Steers (Palo Alto)	6-04
1938	Gil La Cava (Beverly Hills)	6-07.12
1939	Bill Stewart (Torrance)	6-04
1940	Jack Newman (Poly, Long Beach)	6-04.12
1941	Henry Caldwell (Edison, Fresno)	6-01
1942-45	(No meet held)	
1946	Wilfred Schlange (Citrus)	6-02
	Dick Smith (Roosevelt, Fresno)	6-02

1947	Daryl Butts (Excelsior, Norwalk)	6-00
	Walter Kirk (Porterville)	6-00
1948	Dick Brombach (Poly, Long Beach)	6-03
	Ed Young (Jefferson, Los Angeles)	6-03
1949	Norman Woods (Jefferson, Los Angeles)	6-03
1950	Ralph Bonham (Pomona)	6-02.50
1951	Vern Wilson (San Jose)	6-02
1952	Bernie Allard (Fresno)	6-05.50
1953	Bernie Nelson (Hoover, San Diego)	6-04
1954	Dick Daily (Hayward)	6-05.50
1955	Charlie Dumas (Centennial, Compton)	6-08.87
1956	Curtis Chappel (Jefferson, Los Angeles)	6-03.25
1957	Robert Avant (Hart, Newhall)	6-08
1958	Ray Nickleberry (Oxnard)	6-08
	Paul Stuber (Bellflower)	6-08
1959	Paul Stuber (Bellflower)	6-07.25
1960	Archie Green (Oakland)	6-06.25
	Roger Olsen (Willow Glen, San Jose)	6-06.25
1961	Richard Jones (Bakersfield)	6-08.25
1962	Richard Jones (Bakersfield)	6-07.50
	Otis Burrell (Jefferson, Los Angeles)	6-07.50
	Bob Channell (McLane, Fresno)	6-07.50
1963	Ed Caruthers (Santa Ana Valley, Santa Ana)	6-08
1964	Greg Heet (Lowell, Whittier)	6-07.75
1965	Ken Brown (Castlemont, Oakland)	6-08.50
1966	Tom Clyburn (Balboa, San Francisco)	6-10
1967	Reynaldo Brown (Compton)	6-09.25
1968	Reynaldo Brown (Compton)	7-00
1969	Reynaldo Brown (Compton)	7-00
1970	Jerry Culp (Oceanside)	7-00.25
1971	Dwight Stones (Glendale)	7-01.50
1972	Carl Miles (Poly, Long Beach)	6-10
1973	Randy Turner (Wilson, San Francisco)	6-06
1974	Charles Hatch (Wilson, San Francisco)	7-00
1975	Johnny Washington (Fremont, Los Angeles)	7-00
1976	John Lane (American, Fremont)	6-11
1977	Dennis Smith (Santa Monica)	7-02
1978	Brad Harris (Los Alamitos)	6-11
1979	Lee Balkin (Glendale)	7-03.25
1980	Greg Denby (Crenshaw, Los Angeles)	6-10
1981	Anthony Caire (Pius X, Downey)	7-01
1982	Maurice Crumby (Balboa, San Francisco)	7-00
1983	Maurice Crumby (Balboa, San Francisco)	7-02
1984	Kenny Burke (Westlake, Westlake Village)	7-00
1985	Mark Webster (Homestead, Cupertino)	6-09
1986	Derrick Moore (Millikan, Long Beach)	6-10
1987	Luis Juico (Piedmont Hills, San Jose)	7-01
1988	Reggie Bettor (Antelope Valley)	7-00
1989	Mark Wilson (Charter Oak, Covina)	7-00
1990	Kevin Carlson (Katella, Anaheim)	7-00
1991	Avery Anderson (J.W. North, Riverside)	7-02
1992	Griffin Childers (Woodland)	6-11
1993	Jeff Nadeau (Monroe, North Hills)	7-02
1994	Jeremy Fischer (Camarillo)	7-00
1995	Michael Wilkins (Red Bluff)	7-00
1996	Elliott Parks (El Toro, Lake Forest)	6-10
1997	Jason Howard (Ridgeview, Bakersfield)	7-01
1998	Darren Marble (Los Altos)	6-08
1999	Gabe Zarete (Parlier)	6-11
2000	Ebon Glenn (St. Mary's, Berkeley)	7-00
2001	Teak Wilburn (Chico)	6-10
2002	Cole Herron (Sanger)	6-11
2003	Cole Herron (Sanger)	6-10
2004	Ed Wright (St. Mary's, Berkeley)	6-10.25
2005	Fletcher Carlyle (Vintage, Napa)	6-09
2006	Casey Ryan (Argonaut, Jackson)	6-09
2007	Daniel Kirkpatrick (Trabuco Hills, Mission Viejo)	6-11
2008	Harrison Steed (J Serra, San Juan Capistrano)	7-01
2009	Nick Ross (Vista Murrieta, Murrieta)	7-01
2010	Tyler Jordan (Romona)	6-11
2011	Crampton Cody (Canyon, Anaheim)	6-11
2012	Noel Frazier (California, San Ramon)	6-10.25
2013	Eric Moore (Carter, Rialto)	6-11
2014	Eric Moore (Carter, Rialto)	7-00.25
2015	Michael Burke (Lemoore)	6-11

All-Time Individual Champions

High Jump (Boys) - cont.

2016	Darius Carbin (Mt. Pleasant, San Jose)	7-00
2017	Sean Lee (Trabuco Hills)	6-11
2018	Sean Lee (Trabuco Hills)	7-02
2019	Beau Allen (San Marcos)	6-11
2022	Seth Johnson (Cajon)	6-07

Long Jump (Boys)

1915	Ernest Plavan (Santa Ana)	21-02.00
1916	Harry Lamport (Manual Arts, Los Angeles)	21-05.25
1917	Gene Davis (Poly, Los Angeles)	21-10.50
1918	Roy Hasselbach (Fresno)	21-10.50
1919	Harold Miller (Oakland Technical)	20-11.25
1920	Verden Nash (Chino)	21-00.50
1921	Verden Nash (Chino)	21-10.50
1922	Verden Nash (Huntington Beach)	21-05.25
1923	Mort Kaer (Red Bluff)	23-02.75
1924	Virgil Elliot (Huntington Beach)	22-03.50
1925	Fred Osborne (Fullerton)	21-08.50
1926	Walter Rehwald (Lincoln, Los Angeles)	21-08.50
1927	Frank Wycoff (Glendale)	22-05.00
1928	Dick Barber (Poly, Long Beach)	23-05.75
1929	Wells Ruby (Hollywood)	22-07.25
1930	George Shehtanian (Tulare)	22-02.62
1931	Floyd Wilson (Riverside)	23-02.62
1932	Tom White (Poly, Long Beach)	22-10.50
1933	Don Skinner (Manual Arts)	22-08.00
1934	Don Skinner (Manual Arts)	23-08.50
1935	Jimmy Montgomery (El Monte)	23-00.25
1936	Eddie Arnold (Muir)	23-01.75
1937	Bill Bugbee (Montebello)	23-01.00
1938	Bill Bugbee (Montebello)	23-07.12
1939	Jim Jurkovich (Fresno)	24-00.50
1940	Glenn Shoop (Long Beach, Jordan)	22-02.50
1941	Ray Meagher (Bakersfield)	23-05.75
1942-45	(No meet held)	
1946	Carl Monser (Alameda)	22-02.25
1947	Hugh McElheny (Washington, Los Angeles)	22-10.50
1948	George Brown (Jordan, Los Angeles)	23-02.25
1949	George Brown (Jordan, Los Angeles)	24-06.25
1950	William Johnson (Jefferson, Los Angeles)	24-02.75
1951	Bill Holland (Jefferson, Los Angeles)	22-05.75
1952	Rollin Garrison (Compton)	23-05.25
1953	Monte Upshaw (Piedmont)	23-05.00
1954	Monte Upshaw (Piedmont)	25-04.25
1955	Bobby Baines (Jordan, Los Angeles)	23-03.50
1956	Oscar Bean (Jefferson, Los Angeles)	24-09.00
1957	Luther Hayes (Lincoln, San Diego)	23-08.50
1958	Steve Rogers (Brawley)	24-06.00
1959	Efften Jones (Delano)	23-05.75
1960	Walt Roberts (Compton)	24-07.25
1961	Robert McKeever (Fremont, Los Angeles)	24-03.00
1962	James Kennedy (Lincoln, San Diego)	24-05.75
1963	Jerry Williams (Berkeley)	24-03.50
1964	Bobby Bonds (Poly, Riverside)	25-03.00
1965	Manuel Murrell (Poly, Long Beach)	24-09.75
1966	Doyle Steel (San Diego)	25-03.25
1967	Jerry Proctor (Muir, Pasadena)	25-04.50
1968	Heulon Hewitt (Merced)	24-07.00
1969	James McAllister (Blair, Pasadena)	24-02.25
1970	Lynn Swann (Serra, San Mateo)	24-02.75
1971	Randy Williams (Edison, Fresno)	26-03.25w
1972	Carl McCullough (Sacramento)	24-07.00
1973	Jerry Herndon (Cajon, San Bernardino)	25-04.50w
1974	James Lofton (Washington, Los Angeles)	24-03.50
1975	Paul Wilson (Fontana)	24-08.50
1976	Larry Doubly (Manual Arts, Los Angeles)	25-03.75w
1977	Kurt Durham (Oakland)	25-00.75
1978	Dokie Williams (El Camino, Oceanside)	25-01.25
1979	George Gaffney (Lemoore)	24-01.75
1980	Charles Mayfield (Muir, Pasadena)	23-04.75
1981	Ed Tave (Muir, Pasadena)	25-00.50
1982	Eric Thomas (Norte Del Rio, Sacramento)	24-04.75
1983	Johnny Cleveland (Soquel)	24-06.50
1984	Joe Richardson (Pasadena)	24-11.00

1985	Larry Nelson (Simi Valley)	24-03.25
1986	Curtis Rodgers (Hiram Johnson, Sacramento)	23-10.00
1987	Percy Knox (Antelope Valley, Lancaster)	24-06.50
1988	Diatory Geldersleeve (Grant, Sacramento)	24-05.50w
1989	James Stallworth (Tulare Union, Tulare)	26-04.75
1990	Jerome Price (University City, San Diego)	25-03.25
1991	Steve Stanley (Gardena)	25-01.25w
1992	Eugene Dreher (Antelope Valley, Lancaster)	24-01.50w
1993	LeAndrew Childs (Inglewood)	24-00.00w
1994	Tyree Washington (La Sierra, Riverside)	23-09.25w
1995	Clarence Scott (Fremont, Los Angeles)	24-07.75
1996	Gerald Williams (Lynwood)	24-10.50
1997	Marvin Brown (Will C. Wood, Vacaville)	24-05.25
1998	BB Malone (Redwood, Visalia)	24-01.00w
1999	Robert Kennedy (El Camino, Sacramento)	25-02.00
2000	Oliver Jackson (Royal, Simi Valley)	24-04.25
2001	Trevell Quinley (Merrill West, Tracy)	24-05.75w
2002	Ronald Hill (Walnut)	23-09.50
2003	Derrell Hutsona (Helix, La Mesa)	25-05.75
2004	Demitri Mosby (Gahr, Cerritos)	24-03.75
2005	Andre Crenshaw (Antelope Valley, Lancaster)	22-08.00
2006	Terry Prentice (Diamond Ranch, Pomona)	23-10.50
2007	Terry Prentice (Diamond Ranch, Pomona)	23-08.50w
2008	Cameron Gillette (La Mirada)	24-01.75w
2009	Chase Wheeler (De La Salle, Concord)	25-02.25
2010	Niko DiMartino (Oaks Christian, Westlake Village)	23-10.50
2011	Jovante Slater (Vista Murrieta, Murrieta)	24-10.50
2012	Adoree Jackson (Serra, Gardena)	25-00.50
2013	Nate Moore (Castro Valley)	24-11.75
2014	Nate Moore (Castro Valley)	25-08.75
2015	Gregory Vann (Rio Mesa, Oxnard)	24-06.00
2016	Isaiah Holmes (Oakmont, Roseville)	25-05.00
2017	Sanjay Kettels (St. Mary's, Berkeley)	24-03.75
2018	Malcolm Clemons (St. Mary's, Berkeley)	25-01.00
2019	Caleb Foster (Clovis North)	25.00.00w
2022	Jason Plumb (Corona del Mar)	24-05.75w

Pole Vault (Boys)

1915	Lincoln Hall (Santa Paula)	11-06
1916	Lincoln Hall (Santa Paula)	11-09
1917	Vance Wilbur (Sacramento)	11-00
1918	Eric Richardson (Ukiah)	11-06
1919	Dick Emmons (Manual Arts, Los Angeles)	10-06
1920	Leroy Goodenough (Fillmore)	11-10
1921	Harold Shoebridge (Anaheim)	12-00
1922	Harry Smith (San Diego)	11-11.50
1923	Leo Barnes (Hollywood)	12-03.37
	Harry Smith (San Diego)	12-03.62
1924	Leo Barnes (Hollywood)	12-11.50
1925	Jack Williams (Inglewood)	12-09.62
1926	Marshall Beeman (Armijo Fairfield)	12-04
	Conrad Boyle (Manual Arts, Los Angeles)	12-04
	Bill Hubbard (San Diego)	12-04
	Jerry Stewart (Los Angeles)	12-04
1927	Bill Miller (San Diego)	12-00
1928	Bill Miller (San Diego)	12-09.50
1929	Bill Miller (San Diego)	12-06
1930	Dave Crow (Poly, Long Beach)	12-06
1931	Joe Ramsey (Inglewood)	12-08.25
	Matt Stankovich (Poly, Los Angeles)	12-08.25
1932	Bill Sefton (Poly, Los Angeles)	13-00
1933	Ed Harrison (Santa Monica)	12-07
1934	Dick Clark (Hoover, Glendale)	12-10
	Rich Rodriguez (Poly, Los Angeles)	12-10
1935	Dick Clark (Hoover, Glendale)	12-10.50
1936	Dave Bodkins (Inglewood)	12-11
1937	Baylor Maynard (Belmont, Los Angeles)	13-01.25
1938	Floyd Doty (Lodi)	12-10.75
	Lawrence McLanahan (Sacramento)	12-10.75
1939	Frank Ferguson (Inglewood)	13-03.75
	Clarence Humberger (Glendale)	13-03.75
1940	Frank Ferguson (Inglewood)	13-00
	Irving Moore (Piedmont)	13-00
1941	Chet Hartmann (San Benito)	12-06
	Irving Moore (Piedmont)	12-06

	Ernie Sontag (Taft, Fresno)	12-06
1942-45	(No meet held)	
1946	Bill Mays (Oxnard)	12-06.50
	Phil Quilter (Pasadena)	12-06.50
1947	George Mattos (Pacific Grove)	12-06
1948	Don Barnes (Fullerton)	12-06
1949	Jack Widman (Lomita Narbonne)	13-04.50
1950	Dick McDonald (Wilson, Long Beach)	13-00.50
	Harold Red (Lemoore)	13-00.50
1951	Clarke Merrill (Belmont, Los Angeles)	13-00
1952	Ron Morris (Burroughs, Burbank)	13-03.75
1953	Ron Morris (Burroughs, Burbank)	13-09.12
1954	Bob McKay (Inglewood)	13-00
	Joe Rose (Hoover, Glendale)	13-00
	Stan Gaunt (Mt. Diablo)	13-00
1955	Nathaniel Finney (Jordan, Los Angeles)	13-04
1956	Bill Logan (El Cajon)	13-06
	Tim Helms (Shingle Springs, El Dorado)	13-06
1957	Voyce Hendrix (Riverside)	13-06
1958	John Rose (Hoover, Glendale)	14-01
1959	Bob Looney (Santa Barbara)	13-08.75
1960	Mike Flanagan (Ganesha, Pomona)	13-03
	Gary Down (Anaheim)	13-03
1961	Mike Graves (El Cajon)	14-02.50
1962	Eric Berge (Costa Mesa)	14-03
	Bob Richardson (Ganesha, Pomona)	14-03
1963	Bill Fosdick (Andrew Hill, San Jose)	14-08.75
1964	Paul Wilson (Warren, Downey)	15-04.25
1965	Paul Wilson (Warren, Downey)	15-06.50
1966	Wayne Meyers (Foothill, Sacramento)	15-00.75
1967	Tom Reynolds (Morningside, Inglewood)	14-10
1968	Steve Smith (South Torrance, Torrance)	15-03.50
1969	Steve Smith (South Torrance, Torrance)	16-00
1970	Tom Lindsay (La Sierra, Carmichael)	14-10.50
1971	Tim Quibbin (Monroe, Sepulveda)	15-02
1972	Huett Black (Fremont, Los Angeles)	15-02
1973	Tim Curran (Crespi, Encino)	16-02.75
1974	Jim Knaub (Lakewood)	15-06
1975	Keith Schimmel (Villa Park)	15-06
1976	Tim Hintnaus (Aviation, Redondo Beach)	15-02
1977	Anthony Curran (Crespi, Encino)	16-00
1978	Anthony Curran (Crespi, Encino)	17-00.25
1979	Clark Elliot (Bellflower)	15-06
1980	Greg Stull (Troy, Fullerton)	15-10
1981	Doug Wicks (South Bakersfield, Bakersfield)	15-02
1982	Scott Christensen (Acalanes, Lafayette)	15-06
1983	Mike Kibort (Saratoga)	15-06
1984	Ivar Moen (Los Gatos)	16-02
1985	Brent Burns (Acalanes, Lafayette)	16-02
1986	Steve Toney (Menlo-Atherton, Atherton)	16-02
1987	Steve Slocum (Foothill, Santa Ana)	15-06
1988	Tom Richards (San Marcos)	16-00
1989	Jim Lawrence (Del Mar, San Jose)	15-06
1990	Ed Lasquette (Mt. Pleasant, San Jose)	15-10
1991	David Cox (Foothill, Fresno)	16-06
1992	Clarence Phelps (Christian Brothers, Sacramento)	16-00
1993	Scott Slover (Leland, San Jose)	16-02
1994	Scott Slover (Leland, San Jose)	16-10
1995	Mike Brown (Torrey Pines, Encinitas)	16-04
1996	Steve Michels (Brethren Christian, Cypress)	16-02
1997	David Gritz (Bear Creek, Stockton)	16-07
1998	Mark Unzueta (Lemoore)	16-02
1999	Brandon Braunstein (Newark Memorial, Newark)	16-02
2000	Shane Hackett (Verdugo Hills, Tujunga)	16-04
2001	Mike Landers (Golden Valley, Merced)	16-03
2002	David Moore (Miramonte, Orinda)	16-06
2003	Ryan Shuler (Granite Bay)	16-00
2004	Scott Roth (Granite Bay)	16-04
2005	Scott Roth (Granite Bay)	17-01
2006	Scott Roth (Granite Bay)	16-11
2007	Nico Weiler (Los Gatos)	17-02
2008	Nico Weiler (Los Gatos)	17-03
2009	Michael Woepse (Mater Dei, Santa Ana)	16-05
2010	Scott Cook (Mater Dei, Santa Ana)	16-03
2011	Ian Rock (Davis)	16-02

All-Time Individual Champions

Pole Vault (Boys) - continued

2012	Peter Chapman (Murrieta Valley, Murrieta).....	16-04
2013	Luigi Colella (Thousand Oaks).....	16-04
2014	Carl Johansson (Lutheran, Orange).....	17-00
2015	Austin Laut (Oak Ridge, El Dorado Hills).....	15-09
2016	Jeff Gordon (Marina, Huntington Beach).....	16-08
2017	Tate Curran (Redondo Union).....	16-10
2018	Sondre Guttormsen (Davis).....	17-10
2019	Samuel Wright (Lodi).....	16-05
2022	Hunter O'Brien (Roosevelt).....	16-05

Shot Put (Boys)

1915	Wayne Weeks (Santa Rosa).....	46-02.37
1916	Wayne Weeks (Santa Rosa).....	47-04.25
1917	Jim Blewett (Manual Arts, Los Angeles).....	47-09.25
1918	Jennings Robertson (Sutter).....	44-06.00
1919	Ernst Hartmann (Poly, Los Angeles).....	42-03.00
1920	Clarence Houser (Oxnard).....	49-09.00
1921	Clarence Houser (Oxnard).....	52-00.00
1922	Clarence Houser (Oxnard).....	55-04.75
1923	Cecil White (Modesto).....	48-00.50
1924	Cecil White (Modesto).....	49-07.37
1925	Herb Fleishhacker (Menlo Park).....	49-02.00
1926	Maurey Lauterman (Poly, Los Angeles).....	49-00.25
1927	Harold Falter (Glendale).....	49-09.62
1928	Garrett Arbelbide (Huntington Park).....	48-10.50
1929	Nelson Gray (Chaffey).....	53-05.50
1930	Don Carter (Franklin, Los Angeles).....	52-08.25
1931	Don Carter (Franklin, Los Angeles).....	52-10.00
1932	Bob Pyle (Pasadena).....	53-06.00
1933	Jim Donaldson (Hollywood).....	53-03.00
1934	Ray Young (Riis, Los Angeles).....	55-10.00
1935	John Raitt (Fullerton).....	55-05.25
1936	Joe Hill (CSD, Berkeley).....	54-05.25
1937	Wilbur Thompson (Modesto).....	55-08.75
1938	Mario Russo (Pittsburg).....	55-05.75
1939	Frank Minini (Paso Robles).....	54-01.00
1940	Ben Steele (Santa Rosa).....	54-04.12
1941	George Souza (Vallejo).....	52-04.25
1942-45	(No meet held)	
1946	John Helwig (Mt. Carmel, Los Angeles).....	59-05.12
1947	Bob Cameron (Washington, Los Angeles).....	53-10.87
1948	Bob Cameron (Washington, Los Angeles).....	59-07.25
1949	Elmer Willhoite (Merced).....	57-03.23
1950	Hal Norris (Grossmont, San Diego).....	56-05.50
1951	Leon Patterson (Taft).....	59-02.50
1952	Leon Patterson (Taft).....	60-09.87
1953	Don Vick (Chaffey).....	60-07.75
1954	Dick Bronson (Grossmont, San Diego).....	59-07.12
1955	Duncan Ward (Santa Monica).....	59-04.50
1956	Homer Robertson (Pacific, San Bernardino).....	63-09.50
1957	Clark Bronson (Pasadena).....	64-00.75
1958	Jack Slocombe (Millikan, Long Beach).....	61-04.50
1959	Mike Parker (Turlock).....	57-08.00
1960	Matthew Baggett (Berkeley).....	60-07.00
1961	Bill Pace (El Rancho, Pico Rivera).....	64-03.50
1962	Jim O'Brien (DeAnza, Richmond).....	62-02.25
1963	Bruce Wilhelm (Fremont, Sunnyvale).....	63-04.75
1964	Bob Brannan (Los Gatos).....	62-07.25
1965	Steve Marcus (Palisades, Pacific Palisades).....	63-11.25
1966	John Hubbell (Poly, Long Beach).....	66-11.00
1967	John Buehler (Whittier).....	65-03.25
1968	Pete Schmock (San Dieguito, Encinitas).....	63-11.00
1969	Sam Cunningham (Santa Barbara).....	61-02.00
1970	Randy Withrow (Pasadena).....	63-08.75
1971	Mark Stevens (Newport Harbor).....	67-02.25
1972	Randy Cross (Crespi, Encino).....	65-07.25
1973	Jim Niedhart (Newport Harbor).....	67-03.25
1974	David Kurrasch (Santa Ana).....	63-10.50
1975	David Kurrasch (Santa Ana).....	65-09.50
1976	Steve Montgomery (Lassen, Susanville).....	68-00.00
1977	Craig Polley (Sunny Hills, Fullerton).....	62-04.25
1978	Dave Porath (Atwater).....	65-10.75
1979	Don Mosebar (Mt. Whitney, Visalia).....	62-06.75
1980	Scott Garnett (Muir, Pasadena).....	64-04.25

1981	John Frazier (Antelope Valley, Lancaster).....	63-08.75
1982	Pat Kyle (Buena Park).....	60-04.00
1983	Curt Siscel (Vacaville).....	63-09.50
1984	Brian Blutreich (Capistrano Valley, Mission Viejo).....	64-07.25
1985	Brian Blutreich (Capistrano Valley, Mission Viejo).....	68-04.00
1986	Brian Boggess (El Capitan, Lakeside).....	61-04.00
1987	Dave Bultman (Royal, Simi Valley).....	67-00.00
1988	Kaleaph Carter (Edison, Huntington Beach).....	64-00.25
1989	Brent Noon (Fallbrook).....	66-01.50
1990	Brent Noon (Fallbrook).....	74-04.75
1991	Mark Parlin (Esperanza, Anaheim).....	61-05.50
1992	Pete Swanson (San Benito, Hollister).....	61-03.25
1993	Tyson Lingenfelter (Upland).....	60-09.50
1994	Chris DeMartine (St. Ignatius, San Francisco).....	58-11.50
1995	Matt Pentecost (Loyola, Los Angeles).....	62-03.75
1996	Jason Hammond (Fowler).....	64-04.00
1997	Van Mounts (Bakersfield).....	67-00.75
1998	Van Mounts (Bakersfield).....	66-07.00
1999	Rhuben Williams (Eagle Rock, Los Angeles).....	62-08.50
2000	Rhuben Williams (Eagle Rock, Los Angeles).....	63-02.50
2001	David Guerin (Leuzinger, Lawndale).....	62-10.75
2002	Noah Bryant (Carpinteria).....	65-07.75
2003	Jared Bray (Mission Bay, San Diego).....	63-03.25
2004	Mark Lewis (Arroyo Grande).....	63-05.50
2005	Danny Rohr (Arroyo Grande).....	60-06.25
2006	Darius Savage (Morse, San Diego).....	66-03.25
2007	Joe Canavan (Palm Desert).....	67-01.50
2008	Dayshan Ragans (Foothill, Bakersfield).....	62-10.00
2009	Matt Darr (Frontier, Bakersfield).....	62-01.25
2010	Matt Darr (Frontier, Bakersfield).....	63-09.75
2011	Nicholas Scarvelis (Dos Pueblos, Goleta).....	64-00.00
2012	Ethan Cochran (Newport Harbor, Newport).....	62-04.25
2013	Nick Ponzio (Great Oak, Temecula).....	66-02.50
2014	Dotun Ogundej (Madison, San Diego).....	65-05.50
2015	Matt Katnik (St. John Bosco, Bellflower).....	72-00.00
2016	Bronson Osborn (Esperanza, Anaheim).....	69-10.75
2017	Jonah Wilson (Clovis).....	66-02.75
2018	Daniel Viveros (Liberty, Bakersfield).....	62-05.50
2019	Daniel Viveros (Liberty, Bakersfield).....	68-10.50
2022	Cade Moran (Murrieta Mesa).....	64-03.25

Triple Jump (Boys)

1939	Jack Laughner (Wilson, Long Beach).....	44-08.50
1973	Willie Banks (Oceanside).....	49-07.25
1974	Willie Banks (Oceanside).....	50-09.00
1975	Mike Dobbins (Merced).....	49-03.00
1976	Greg Caldwell (Fremont, Los Angeles).....	51-08.50w
1977	Dokie Williams (El Camino, Oceanside).....	51-00.50
1978	Dokie Williams (El Camino, Oceanside).....	50-04.25
1979	Henry Ellard (Hoover, Fresno).....	49-02.50
1980	Freeman Miller (Fremont, Los Angeles).....	50-08.00
1981	Ken Frazier (Mission, San Francisco).....	50-10.75
1982	Archie Cornell (Fresno).....	50-03.75
1983	Torrey Barr (McLane, Fresno).....	50-02.50
1984	Joe Richardson (Pasadena).....	51-08.25
1985	Terrence Strong (Bakersfield).....	51-09.50w
1986	Marcus Hooks (Lakewood).....	51-04.25
1987	Joel Smith (Cordova, Rancho Cordova).....	50-10.00
1988	Tyrone Scott (Mesa Verde, Citrus Heights).....	50-06.00
1989	Lenny McGill (Orange Glen, Escondido).....	51-01.25
1990	Pouphet Singbandith (Magnolia, Anaheim).....	51-07.75
1991	Offord Rollins (Wasco).....	51-04.75
1992	Tony Parrish (Marina, Huntington Beach).....	49-01.00w
1993	Tony Parrish (Marina, Huntington Beach).....	50-11.75
1994	Von Ware (Rancho Buena Vista, Vista).....	50-06.00
1995	Michael Turner (Morningside, Inglewood).....	49-02.00w
1996	Tye Anderson (Poly, Long Beach).....	49-11.75
1997	Anthony Colson (Center, Antelope).....	49-11.25w
1998	Benson Jones (Clayton Valley, Concord).....	51-01.50w
1999	Kyle Carano (Hoover, Fresno).....	52-02.50w
2000	Jamil Smith (Palmdale).....	49-04.25
2001	Jamil Smith (Palmdale).....	49-08.00
2002	Nathan Atkins (Cerritos).....	49-07.75
2003	Rudy Burgess (Desert, Edwards AFB).....	50-04.25
2004	Nkosinza Balumbu (James Logan, Union City).....	50-06.00

2005	Nkosinza Balumbu (James Logan, Union City).....	49-07.50
2006	Richard Sherman (Dominguez, Compton).....	50-08.00
2007	Jonathan Clark (Loyola, Los Angeles).....	49-00.25w
2008	Johnny Carter (Ridgeview, Bakersfield).....	49-00.75w
2009	Hammed Suleman (Deer Valley, Antioch).....	49-07.50
2010	Jovon Cunningham (Enterprise, Redding).....	50-08.25
2011	Marques Roberts (Otay Ranch, Chula Vista).....	49-06.50
2012	Klyvens Delunay (Claremont).....	51-07.00w
2013	Nate Moore (Castro Valley).....	50-11.75
2014	Nate Moore (Castro Valley).....	51-04.00
2015	Ron Smith (St. Mary's College, Berkeley).....	49-00.25
2016	Morrell Osling (Antelope Valley, Lancaster).....	48-09.25
2017	CJ Stevenson (Great Oak, Temecula).....	49-07.75
2018	CJ Stevenson (Great Oak, Temecula).....	49-11.75
2019	Caleb Foster (Clovis North).....	49-09.50w
2022	Camryn O'Bannon (St. John Bosco).....	47-06.75

100-Meter Dash Ambulatory (Boys)

2016	Cameron Kading (Claremont).....	13.43
2017	Cameron Kading (Claremont).....	12.84
2018	Parker Harvey (San Diego).....	12.32
2019	Henry Waterman (Mater Dei).....	12.22
2022	Michael Reyes (San Francisco International).....	12.63

100-Meter Dash Wheelchair (Boys)

2016	Michael Seo (Escondido Charter).....	21.12
2017	Michael Seo (Escondido Charter).....	19.79
2018	Danny Smutt (Mission Hills).....	20.32
2019	Juan Rodriguez (Brawley).....	21.56
2022	Josiah Ettore (Ramona).....	16.74

200-Meter Dash Ambulatory (Boys)

2016	Joshua Morales (O'Connell).....	28.65
2017	Henry Waterman (Mater Dei).....	26.92
2018	Parker Harvey (San Diego).....	25.48
2019	Henty Waterman (Mater Dei).....	25.23
2022	Michael Reyes (San Francisco International).....	25.37

200-Meter Dash Wheelchair (Boys)

2016	Michael Seo (Escondido Charter).....	39.91
2017	Michael Seo (Escondido Charter).....	37.43
2018	Danny Smutt (Mission Hills).....	40.81
2019	Juan Rodriguez (Brawley).....	42.24
2022	Josiah Ettore (Ramona).....	32.14

400-Meter Dash Ambulatory (Boys)

2016	Justin Gallegos (Hart).....	1:27.36
2017	Saqueo Hernandez (SF International).....	1:07.30
2018	Ethan Fung (Lowell, San Francisco).....	1:02.57
2019	Joel Gomez (Canyon Crest).....	53.37
2022	Benjamin Schultz (Claremont).....	1:01.68

400-Meter Dash Wheelchair (Boys)

2016	Michael Seo (Escondido Charter).....	1:20.08
2017	Michael Seo (Escondido Charter).....	1:16.25
2018	Shawn Vanaman (Clovis).....	1:22.14
2022	Josiah Ettore (Ramona).....	1:05.18

Shot Put Ambulatory (Boys)

2016	Kurt Axene (Woodbridge).....	33-09.00
2017	Saqueo Hernandez (SF International).....	32-03.50
2018	Parker Harvey (San Diego).....	39-00.00
2019	Saqueo Hernandez (SF International).....	36-03.50
2022	Carson Fox (Los Alamitos).....	33-00.50

Shot Put Wheelchair (Boys)

2016	Javier Diaz (Grant).....	12-02.75
2017	Michael Seo (Escondido Charter).....	10-07.50
2018	Danny Smutt (Mission Hills).....	16-06.00
2019	Gylberto Eusebio (Lakeside).....	17-11.75
2022	Ismael Estrada (University City).....	21-10.50

All-Time Individual Champions

GIRLS CHAMPIONS 100-Meter Dash (Girls)

1974	Janice Wiser (La Jolla).....	10.8
1975	Sandi Howard (Manual Arts, Los Angeles).....	10.7
1976	Pam Waters (Bell, Los Angeles).....	11.0
1977	Jeanette Bolden (Centennial, Compton).....	10.48w
1978	Kelia Bolton (Andrew Hill, San Jose).....	10.92
1979	Gwen Loud (Westchester, Los Angeles).....	10.62
1980	Sharon Ware (Berkeley).....	11.42
1981	Sharon Ware (Berkeley).....	11.66
1982	Gervaise McCraw (Ganeshia, Pomona).....	11.69
1983	Lisa Winston (Jordan, Long Beach).....	11.73
1984	Gail Devers (Sweetwater, National City).....	11.51
1985	Tesha Giddens (Locke, Los Angeles).....	11.58
1986	Angela Burnham (Rio Mesa, Oxnard).....	11.78
1987	Janeene Vickers (Pomona).....	11.76
1988	Angela Burnham (Rio Mesa, Oxnard).....	11.52
1989	Angela Burnham (Rio Mesa, Oxnard).....	11.31w
1990	Marion Jones (Rio Mesa, Oxnard).....	11.67w
1991	Marion Jones (Rio Mesa, Oxnard).....	11.17
1992	Marion Jones (Thousand Oaks).....	11.14
1993	Marion Jones (Thousand Oaks).....	11.61
1994	Heather Sumpter (Muir, Pasadena).....	11.69
1995	Lakeisha Backus (Wilson, Long Beach).....	11.39w
1996	Malika Edmonson (St. Bernard, Marina del Rey).....	11.82w
1997	Angela Williams (Chino).....	11.15
1998	Angela Williams (Chino).....	11.10w
1999	Tania Woods (Skyline, Oakland).....	11.41
2000	Sani Roseby (Monterey).....	11.90
2001	Allyson Felix (Los Angeles Baptist, North Hills).....	11.61
2002	Allyson Felix (Los Angeles Baptist, North Hills).....	11.55
2003	Allyson Felix (Los Angeles Baptist, North Hills).....	11.29
2004	Jasmin Baldwin (Bishop Amat, La Puente).....	11.33
2005	Ebony Collins (Wilson, Long Beach).....	11.50
2006	Jeneba Tarmoh (Mt. Pleasant, San Jose).....	11.59
2007	Jeneba Tarmoh (Mt. Pleasant, San Jose).....	11.27
2008	Ashton Purvis (St. Elizabeth, Oakland).....	11.92
2009	Valexsia Droughn (Rio Mesa, Oxnard).....	11.54
2010	Ashton Purvis (St. Elizabeth, Oakland).....	11.17
2011	Jenna Prandini (Clovis).....	11.69
2012	Ariana Washington (Poly, Long Beach).....	11.47
2013	Ariana Washington (Poly, Long Beach).....	11.39
2014	Ariana Washington (Poly, Long Beach).....	11.22
2015	Zaria Francis (Rio Mesa, Oxnard).....	11.31
2016	Lauren Williams (Oaks Christian, Westlake Village).....	11.39
2017	Ariyonna Augustine (Poly, Long Beach).....	11.58
2018	De'Anna Nowling (Calabasas).....	11.47
2019	De'Anna Nowling (Calabasas).....	11.55
2022	Reign Redmond (Carson).....	11.56w

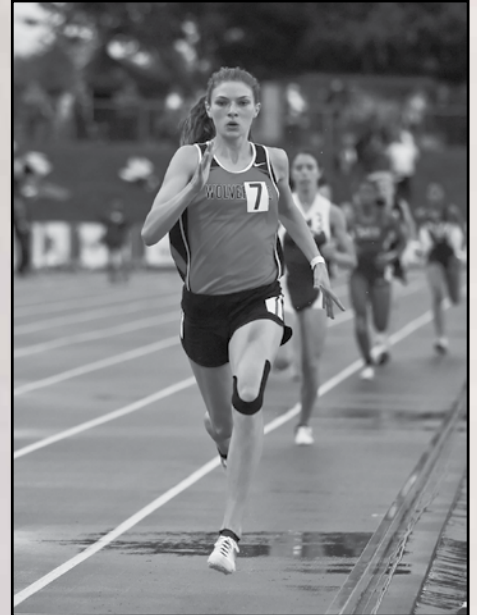
200-Meter Dash (Girls)

1974	Janice Wiser (La Jolla).....	24.2
1975	Pam Waters (Bell, Los Angeles).....	24.4
1976	Pam Waters (Bell, Los Angeles).....	24.8
1977	Kim Robinson (Westchester, Los Angeles).....	23.97
1978	Kelia Bolton (Andrew Hill, San Jose).....	23.99
1979	Gwen Loud (Westchester, Los Angeles).....	23.54
1980	Sherri Howard (Kennedy, Granada Hills).....	23.19
1981	Denean Howard (Kennedy, Granada Hills).....	23.73
1982	Denean Howard (Kennedy, Granada Hills).....	23.59w
1983	Lisa Winston (Jordan, Long Beach).....	23.83
1984	Paulette Blalock (Compton).....	23.59
1985	Tami Stiles (Hawthorne).....	23.45
1986	Tami Stiles (Hawthorne).....	24.02
1987	Maddette Smith (Quartz Hill).....	24.12
1988	Angela Burnham (Rio Mesa, Oxnard).....	23.45
1989	Angela Burnham (Rio Mesa, Oxnard).....	23.56
1990	Marion Jones (Rio Mesa, Oxnard).....	23.71
1991	Marion Jones (Rio Mesa, Oxnard).....	22.91w
1992	Marion Jones (Thousand Oaks).....	22.83
1993	Marion Jones (Thousand Oaks).....	23.14
1994	Lakeisha Backus (Wilson, Long Beach).....	23.21
1995	Lakeisha Backus (Wilson, Long Beach).....	23.01w
1996	Malika Edmonson (St. Bernard, Marina del Rey).....	23.47

1997	Kinshasa Davis (Wilson, Long Beach).....	22.90
1998	Angela Williams (Chino).....	23.02
1999	Tania Woods (Skyline, Oakland).....	22.88
2000	Monique Henderson (Morse, San Diego).....	23.19
2001	Angel Perkins (Gahr, Cerritos).....	22.85w
2002	Allyson Felix (Los Angeles Baptist, North Hills).....	22.83
2003	Allyson Felix (Los Angeles Baptist, North Hills).....	22.52
2004	Jasmin Baldwin (Bishop Amat, La Puente).....	22.86
2005	Khrystal Carter (Valley Christian, San Jose).....	23.44w
2006	Jeneba Tarmoh (Mt. Pleasant, San Jose).....	23.29
2007	Jeneba Tarmoh (Mt. Pleasant, San Jose).....	23.20
2008	Jessica Davis (Highland, Palmdale).....	23.46
2009	Ashton Purvis (St. Elizabeth, Oakland).....	23.46
2010	Ashton Purvis (St. Elizabeth, Oakland).....	22.90
2011	Jenna Prandini (Clovis).....	23.81
2012	Ariana Washington (Poly, Long Beach).....	23.41
2013	Ariana Washington (Poly, Long Beach).....	23.22
2014	Ariana Washington (Poly, Long Beach).....	22.96
2015	Zaria Francis (Rio Mesa, Oxnard).....	23.09
2016	Celera Barnes (St. Bonaventure, Ventura).....	23.25
2017	Ariyonna Augustine (Poly, Long Beach).....	23.41
2018	Tierra Robinson-Jones (Bishop O'Dowd).....	23.66
2019	Shelby Daniele (Buchanan).....	23.73
2022	Brazil Neal (Serra).....	23.68w

400-Meter Dash (Girls)

1974	Veronica Venezie (Terra Linda, San Rafael).....	56.4
1975	Jodi Anderson (Washington, Los Angeles).....	55.3
1976	Marquita Belk (Silver Creek, San Jose).....	55.2
1977	Valerie Brisco (Locke, Los Angeles).....	55.14
1978	Arlise Emerson (Westminster).....	54.3
1979	Sherri Howard (San Geronio, San Bernardino).....	53.65
1980	Denean Howard (Kennedy, Granada Hills).....	53.04
1981	Gervaise McCraw (Ganeshia, Pomona).....	54.15
1982	Denean Howard (Kennedy, Granada Hills).....	52.39
1983	Leslie Maxie (Mills, Millbrae).....	53.19
1984	Chewaukii Knighten (Locke, Los Angeles).....	52.67
1985	Chewaukii Knighten (Locke, Los Angeles).....	52.72
1986	Princess Bennett (Compton).....	53.56
1987	Angela Rolfe (Dorsey, Los Angeles).....	53.55
1988	Angela Rolfe (Dorsey, Los Angeles).....	54.26
1989	Angela Rolfe (Dorsey, Los Angeles).....	53.97
1990	Janice Nichols (Bakersfield).....	53.89
1991	Janice Nichols (Bakersfield).....	54.19
1992	Janice Nichols (Bakersfield).....	54.46
1993	Asha Jaysinghe (Arcadia).....	55.45
1994	Latasha Gilliam (Pittsburg).....	53.93
1995	Angela Williams (Chino).....	53.40
1996	Kinshasa Davis (Wilson, Long Beach).....	52.67
1997	Kinshasa Davis (Wilson, Long Beach).....	52.66
1998	Monique Henderson (Morse, San Diego).....	53.41
1999	Monique Henderson (Morse, San Diego).....	52.87
2000	Monique Henderson (Morse, San Diego).....	50.74
2001	Monique Henderson (Morse, San Diego).....	51.34
2002	Christina Hardeman (Wilcox, Santa Clara).....	54.09
2003	Jasmine Lee (Poly, Long Beach).....	53.17
2004	Jasmine Lee (Poly, Long Beach).....	52.93
2005	Sa'de Williams (Rancho Cucamonga).....	52.35
2006	Sa'de Williams (Rancho Cucamonga).....	53.21
2007	Jasmine Joseph (Poly, Long Beach).....	53.15
2008	Akawkaw Ndiapagbor (Poly, Long Beach).....	53.35
2009	Turquoise Thompson (Serra, Gardena).....	53.10
2010	Chimere Ezumah (Serra, Gardena).....	52.97
2011	Akawkaw Ndiapagbor (Poly, Long Beach).....	53.38
2012	Renetia James (Serra, Gardena).....	53.98
2013	Nia Dornor (Cordova, Rancho Cordova).....	53.00
2014	Kaelin Roberts (Poly, Long Beach).....	52.52
2015	Hannah Waller (Buchanan, Clovis).....	53.13
2016	Kaelin Roberts (Carson).....	52.28
2017	Shae Anderson (Norco).....	52.91
2018	Tierra Robinson-Jones (Bishop O'Dowd).....	52.37
2019	Katrina Wright (University City, San Diego).....	53.93
2022	Takiya Cenci (Clovis North).....	54.01



Amy Weissenbach broke the national record by 0.86 seconds with her time of 2:02.04 in the 800 meters during the 2011 State Championships. Her time also bested the previous State meet record set in 1984.

800-Meter Run (Girls)

1974	Kathy Costello (Pleasant Hill).....	2:10.4
1975	Kathy Costello (Pleasant Hill).....	2:09.2
1976	Alice Trumbley (Coalinga).....	2:13.3
1977	Ann Regan (Camden, San Jose).....	2:08.0
1978	Ann Regan (Camden, San Jose).....	2:07.93
1979	Ann Regan (Camden, San Jose).....	2:10.22
1980	Marilyn Davis (Miramonte, Orinda).....	2:09.73
1981	Donna Curtis (Culver City).....	2:06.08
1982	Rennie Durrand (Laguna Beach).....	2:06.36
1983	Kerri Zaleski (Millikan, Long Beach).....	2:06.41
1984	Trena Hull (Compton).....	2:04.91
1985	Kristen Dowell (Santa Teresa, San Jose).....	2:10.07
1986	Laura Chapel (University City, San Diego).....	2:08.66
1987	Kimberly McAllister (Locke, Los Angeles).....	2:12.92
1988	Kathy Roldan (Mt. Whitney, Visalia).....	2:12.11
1989	Kim Toney (Atascadero).....	2:09.33
1990	Kim Toney (Atascadero).....	2:06.13
1991	Nicole Teter (West Valley, Cottonwood).....	2:08.14
1992	Miesha Marzell (Bishop O'Dowd, Oakland).....	2:10.29
1993	Miesha Marzell (Bishop O'Dowd, Oakland).....	2:09.13
1994	Kristie Johnston (Central, Fresno).....	2:09.98
1995	Kristie Johnston (Central, Fresno).....	2:08.86
1996	Lindsay Hyatt (Placer, Auburn).....	2:11.24
1997	Lindsay Hyatt (Placer, Auburn).....	2:09.16
1998	Lindsay Hyatt (Placer, Auburn).....	2:07.90
1999	Lindsay Hyatt (Placer, Auburn).....	2:06.74
2000	Liz Shanon (Corona del Mar).....	2:08.16
2001	Shannon Rowbury (Sacred Heart Cathedral, SF).....	2:10.31
2002	Jamillah Titus (Vintage, Napa).....	2:08.62
2003	Ashley Freeman (Wilson, Long Beach).....	2:08.86
2004	Alyssa Johnson (Canyon, Canyon Country).....	2:08.97
2005	Libby Jenke (Menlo, Atherton).....	2:10.39
2006	Haley Lawrence (Aliso Niguel, Aliso Viejo).....	2:10.57
2007	Dominique Jackson (Fairfield).....	2:06.09
2008	Anniya Louis (Culver City).....	2:10.29
2009	Aly Drake (Valencia).....	2:07.45
2010	Amy Weissenbach (Harvard Westlake, N. Hlywd).....	2:07.52
2011	Amy Weissenbach (Harvard Westlake, N. Hlywd).....	2:02.04
2012	Amy Weissenbach (Harvard Westlake, N. Hlywd).....	2:05.70
2013	Mikaela Smith (Clovis North, Clovis).....	2:08.39
2014	Mikaela Smith (Clovis North, Clovis).....	2:06.85
2015	Erica Schroeder (San Marcos, Santa Barbara).....	2:07.08
2016	Alyssa Brewer (California, San Ramon).....	2:06.86
2017	Alyssa Brewer (California, San Ramon).....	2:07.07

All-Time Individual Champions

800-Meter Run (Girls) - continued

2018	Cathilyn McIntosh (Del Oro).....	2:05.22
2019	Samantha Wallenstrom (Marin Catholic)....	2:08.78
2022	Mackenzie Browne (J.W. North).....	2:08.66

1600-Meter Run (Girls)

1974	Jill Caldwell (Westminster).....	5:02.2
1975	Kathy Costello (Pleasant Hill).....	4:53.5
1976	Linda Broderick (Tamalpais, Mill Valley).....	4:56.8
1977	Linda Goen (North, Bakersfield).....	4:47.8
1978	Cheri Williams (Livermore).....	4:44.95
1979	Linda Goen (North, Bakersfield).....	4:51.09
1980	Polly Plumer (University, Irvine).....	4:46.71
1981	Polly Plumer (University, Irvine).....	4:42.43
1982	Polly Plumer (University, Irvine).....	4:39.92
1983	Cory Schubert (Del Mar, San Jose).....	4:44.93
1984	Shannon Clark (Mountain View).....	4:47.52
1985	Shannon Clark (Mountain View).....	4:49.14
1986	Darcy Arreola (Grossmont, La Mesa).....	4:45.13
1987	Kira Jorgensen (Vista).....	4:45.98
1988	Kira Jorgensen (Rancho Buena Vista).....	4:49.54
1989	Kira Jorgensen (Rancho Buena Vista).....	4:49.55
1990	Becky Spies (Livermore).....	4:48.74
1991	Becky Spies (Livermore).....	4:45.11
1992	Shelley Taylor (Edison, Huntington Beach).....	4:48.52
1993	Milena Glusac (Fallbrook).....	4:50.83
1994	Elissa Riedy (Mission San Jose, Fremont).....	4:54.28
1995	Elissa Riedy (Mission San Jose, Fremont).....	4:45.35
1996	Annie Ebner (St. Lucy's Prep, Glendora).....	4:48.72
1997	Julia Stamps (Santa Rosa).....	4:44.78
1998	Sara Bei (Montgomery, Santa Rosa).....	4:49.21
1999	Alejandra Barrientos (San Lorenzo).....	4:45.02
2000	Jenny Aldridge (Maria Carillo, Santa Rosa).....	4:49.63
2001	Alejandra Barrientos (San Lorenzo Valley).....	4:43.24
2002	Shannon Rowbury (Sacred Heart Cathedral, SF).....	4:52.77
2003	Alicia Follmar (Saratoga).....	4:51.47
2004	Alicia Follmar (Saratoga).....	4:46.47
2005	Annie St. Geme (Corona del Mar, Newport Beach).....	4:50.40
2006	Christine Babcock (Woodbridge, Irvine).....	4:41.29
2007	Christine Babcock (Woodbridge, Irvine).....	4:38.85
2008	Christine Babcock (Woodbridge, Irvine).....	4:33.82
2009	Sammy Silva (Academy OLP, San Diego).....	4:47.67
2010	Chloe Curtis (Redondo).....	4:46.63
2011	Cami Chapus (Harvard Westlake, N. Hollywood).....	4:40.88
2012	Nikki Hiltz (Aptos).....	4:42.45
2013	Anna Maxwell (San Lorenzo Valley, Felton).....	4:47.33
2014	Sarah Robinson (Gunn, Palo Alto).....	4:44.25
2015	Amanda Gehrich (Tesoro, Rancho Santa Margarita).....	4:39.33
2016	Amanda Gehrich (Tesoro, Rancho Santa Margarita).....	4:45.51
2017	Maddy Denner (Oak Ridge, El Dorado Hills).....	4:44.89
2018	Maddy Denner (Oak Ridge, El Dorado Hills).....	4:42.77
2019	Jaqueline Duarte (Chino Hills).....	4:42.58
2022	Sadie Engelhardt (Ventura).....	4:36.67

3200-Meter Run (Girls)

1977	Roxanne Bier (Independence, San Jose).....	10:39.7
1978	Cheri Williams (Livermore).....	10:17.71
1979	Lisa Scaduto (Santa Monica).....	10:34.94
1980	Vicki Cook (Alemany, Mission Hills).....	10:14.78
1981	Vicki Cook (Alemany, Mission Hills).....	10:12.31
1982	Vicki Cook (Alemany, Mission Hills).....	10:16.27
1983	Cory Schubert (Del Mar, San Jose).....	10:08.14
1984	Kristen O'Hara (Palos Verde).....	10:11.82
1985	Rebecca Chamberlain (Leigh, San Jose).....	10:23.85
1986	Laurie Chapman (Gunderson, San Jose).....	10:12.86
1987	Mary Mendoza (Presentation, San Jose).....	10:33.04
1988	Karen Hecox (South Hills, West Covina).....	10:16.14
1989	Rayna Cervantes (Montebello).....	10:32.95
1990	Deena Drossin (Agoura).....	10:29.60
1991	Deena Drossin (Agoura).....	10:30.71
1992	Milena Glusac (Fallbrook).....	10:28.62
1993	Milena Glusac (Fallbrook).....	10:42.68
1994	Julia Stamps (Rincon Valley Christian, Santa Rosa).....	10:26.51
1995	Julia Stamps (Santa Rosa).....	10:15.27

1996	Kim Mortensen (Thousand Oaks).....	9:52.80
1997	Julia Stamps (Santa Rosa).....	10:15.17
1998	Sara Bei (Montgomery, Santa Rosa).....	10:31.06
1999	Lauren Fleshman (Canyon, Canyon Country).....	10:18.81
2000	Anita Siraki (Hoover, Glendale).....	10:18.50
2001	Sara Bei (Montgomery, Santa Rosa).....	10:11.11
2002	Clara Horowitz, (Head Royce, Oakland).....	10:31.01
2003	Claire Rethmeier (San Pasqual, Escondido).....	10:27.32
2004	Lindsay Flaks (Harvard Westlake, N. Hollywood).....	10:26.25
2005	Tori Tyler (Gunn, Palo Alto).....	10:38.90
2006	Jordan Hasay (Mission Prep, San Luis Obispo).....	10:13.55
2007	Jordan Hasay (Mission Prep, San Luis Obispo).....	10:06.76
2008	Jordan Hasay (Mission Prep, San Luis Obispo).....	9:52.13
2009	Jordan Hasay (Mission Prep, San Luis Obispo).....	10:05.29
2010	Molly Grabill (Rancho Bernardo, San Diego).....	10:20.25
2011	Sarah Baxter (Simi Valley).....	10:13.00
2012	Sarah Baxter (Simi Valley).....	10:12.00
2013	Sarah Baxter (Simi Valley).....	10:10.71
2014	Bethan Knights (Northwood, Irvine).....	10:00.19
2015	Destiny Collins (Great Oak, Temecula).....	9:53.79
2016	Fiona O'Keefe (Davis).....	10:12.02
2017	Claudia Lane (Malibu).....	10:07.33
2018	Elena Denner (Oak Ridge).....	10:10.32
2019	Kristin Fahy (La Costa Canyon).....	10:11.38
2022	Hanne Thomsen (Montgomery).....	10:06.89

100-Meter Low Hurdles (Girls)

1974*	Yvonne Boone (Fremont, Oakland).....	11.1
1975*	Yvonne Boone (Fremont, Oakland).....	10.1
1976*	Tuti Lee (Merced).....	10.7
1977	Kris Costello (Lynbrook, San Jose).....	13.97
1978	Kris Costello (Lynbrook, San Jose).....	13.83
1979	Janet Yarborough (Clovis).....	14.01
1980	Judy Young (Berkeley).....	13.52w
1981	Sherifa Sanders (Berkeley).....	13.74
1982	Natalie Spinks (Skyline, Oakland).....	13.88w
1983	Chewaukii Knighten (Locke, Los Angeles).....	13.88
1984	Gail Devers (Sweetwater, National City).....	13.41
1985	Lana Cantrell (Muir, Pasadena).....	13.57
1986	Janeene Vickers (Pomona).....	13.74
1987	Janeene Vickers (Pomona).....	13.34
1988	Michelle Decoux (Bishop O'Dowd, Oakland).....	13.91
1989	Felice Lipscomb (Santa Monica).....	13.69
1990	Felice Lipscomb (Santa Monica).....	13.58
1991	Phetima Woods (Duarte).....	14.08
1992	Twila Sims (Lompoc).....	13.83

* from 1974-76, race was 80 Meters

100-Meter High Hurdles (Girls)

1993	Bisa Grant (Bishop O'Dowd, Oakland).....	14.11
1994	Davetta Shepard (Kennedy, Sacramento).....	13.73w
1995	Joanna Hayes (J.W. North, Riverside).....	13.45
1996	Nicole Hoxie (J.W. North, Riverside).....	13.87
1997	Nicole Hoxie (J.W. North, Riverside).....	13.35
1998	Natasha Neal (James Logan, Union City).....	13.57
1999	Nichole Denby (J.W. North, Riverside).....	13.42w
2000	Nichole Denby (J.W. North, Riverside).....	13.20
2001	Lashinda Demus (Wilson, Long Beach).....	13.39w
2002	Talia Stewart (James Logan, Union City).....	14.03
2003	Ashlee Brown (J.W. North, Riverside).....	13.58
2004	Talia Stewart (James Logan, Union City).....	13.31
2005	Leslie Mercado (Diamond Ranch, Pomona).....	13.58w
2006	Julian Purvis (St. Elizabeth, Oakland).....	13.93
2007	Vashti Thomas (Mt. Pleasant, San Jose).....	13.03
2008	Vashti Thomas (Mt. Pleasant, San Jose).....	13.44
2009	Kori Carter (Claremont).....	13.59
2010	Kori Carter (Claremont).....	13.33
2011	Trinity Wilson (St. Mary's, Berkeley).....	13.41
2012	Sasha Wallace (Holy Names, Oakland).....	13.33
2013	Sasha Wallace (Castro Valley).....	13.43
2014	Mecca McGlaston (Dublin).....	13.54
2015	Jasmyne Graham (Eleanor Roosevelt, Corona).....	13.17
2016	Tara Davis (Agoura, Agoura Hills).....	13.38
2017	Tara Davis (Agoura, Agoura Hills).....	12.83w

2018	Jada Hicks (Upland).....	13.35
2019	Jazlynn Shearer (Silver Creek, San Jose).....	13.24w
2022	Charlize James (San Diego).....	13.95

300-Meter Low Hurdles (Girls)

1981	Audrey Williams (Saugus).....	42.26
1982	Gayle Kellon (Walnut).....	41.09
1983	Gayle Kellon (Walnut).....	41.71
1984	Leslie Maxie (Mills, Millbrae).....	40.90
1985	Leslie Maxie (Mills, Millbrae).....	41.80
1986	Janeene Vickers (Pomona).....	41.32
1987	Janeene Vickers (Pomona).....	40.96
1988	Michelle Decoux (Bishop O'Dowd, Oakland).....	42.16
1989	Twila Sims (Lompoc).....	42.54
1990	Felice Lipscomb (Santa Monica).....	41.69
1991	Erin Blunt (San Pasqual, Escondido).....	43.02
1992	Twila Sims (Lompoc).....	42.75
1993	Angela Harris (Skyline, Oakland).....	42.78
1994	Angela Harris (Skyline, Oakland).....	42.78
1995	Joanna Hayes (J.W. North, Riverside).....	41.20
1996	Tisha Ponder (Del Mar, San Jose).....	42.22
1997	Ryan Peters (Skyline, Oakland).....	41.47
1998	Natasha Neal (James Logan, Union City).....	40.86
1999	Lashinda Demus (Wilson, Long Beach).....	40.44
2000	Lashinda Demus (Wilson, Long Beach).....	40.41
2001	Ashlee Brown (J.W. North, Riverside).....	41.81
2002	Ashlee Brown (J.W. North, Riverside).....	41.67
2003	McKenzie Hill (Wilson, Long Beach).....	41.31
2004	Talia Stewart (James Logan, Union City).....	41.31
2005	Ebony Collins (Wilson, Long Beach).....	40.10
2006	Ebony Collins (Wilson, Long Beach).....	40.13
2007	Jamesha Youngblood (Hercules).....	41.08
2008	Kori Carter (Claremont).....	41.28
2009	Kori Carter (Claremont).....	41.26
2010	Kori Carter (Claremont).....	40.44
2011	Melia Cox (Poly, Long Beach).....	41.80
2012	Daje Pugh (Fairfield).....	40.57
2013	Jade Miller (Great Oak, Temecula).....	41.02
2014	Hannah Labrie-Smith (Cathedral Catholic, San Diego).....	41.67
2015	Jasmyne Graham (Eleanor Roosevelt, Corona).....	40.73
2016	Jurnee Woodward (Vacaville).....	40.62
2017	Shae Anderson (Norco).....	40.31
2018	Breanna Bernard Joseph (Roosevelt, Corona).....	41.76
2019	Rachel Glen (Wilson, Long Beach).....	41.71
2022	Kapiolani Coleman (Cathedral Catholic).....	42.23

400-Meter Relay (Girls)

1974	Berkeley.....	47.5
1975	Muir (Pasadena).....	48.0
1976	Muir (Pasadena).....	47.6
1977	Crawford (San Diego).....	46.14
1978	Jordan (Los Angeles).....	47.14
1979	Westchester.....	47.95
1980	Kennedy (Granada Hills).....	45.81
1981	Berkeley.....	45.13
1982	Dorsey (Los Angeles).....	45.42
1983	Hawthorne.....	46.56
1984	Hawthorne.....	45.99
1985	Hawthorne.....	45.95
1986	Hawthorne.....	45.54
1987	St. Francis (Mountain View).....	45.95
1988	Hawthorne.....	47.10
1989	Muir (Pasadena).....	46.46
1990	Bakersfield.....	46.49
1991	Morningside (Inglewood).....	46.38
1992	Morningside (Inglewood).....	46.34
1993	Poly (Long Beach).....	45.74
1994	Wilson (Long Beach).....	46.17
1995	Poly (Long Beach).....	45.1h
1996	James Logan (Union City).....	45.20
1997	St. Bernard (Playa del Rey).....	44.70
1998	St. Bernard (Playa del Rey).....	46.00
1999	San Lorenzo Valley.....	45.90
2000	Berkeley.....	45.96

All-Time Individual Champions

400-Meter Relay (Girls) - continued

2001	Wilson (Long Beach)	45.40
2002	Poly (Long Beach)	45.50
2003	Poly (Long Beach)	45.04
2004	Poly (Long Beach)	45.11
2005	Wilson (Long Beach)	44.84
2006	Wilson (Long Beach)	45.19
2007	Rancho Verde (Moreno Valley)	45.74
2008	St. Mary's Academy (Inglewood)	46.41
2009	Poly (Long Beach)	45.88
2010	Rancho Verde (Moreno Valley)	45.74
2011	Poly (Long Beach)	45.70
2012	Serra (Gardena)	45.92
2013	Poly (Long Beach)	44.93
2014	Poly (Long Beach)	45.19
2015	Oaks Christian (Westlake Village)	45.66
2016	Carson	45.06
2017	Serra (Gardena)	46.04
2018	Serra (Gardena)	45.69
2019	Scripps Ranch (San Diego)	46.51
2022	Serra (Gardena)	46.08

1600-Meter Relay (Girls)

1974	Berkeley	3:46.4
1975	Washington (Los Angeles)	3:44.5
1976	Fremont (Los Angeles)	3:55.9
1977	Locke (Los Angeles)	3:52.1
1978	Fremont (Los Angeles)	3:51.3
1979	San Geronio (San Bernadino)	3:44.05
1980	Kennedy (Granada Hills)	3:37.98
1981	Kennedy (Granada Hills)	3:37.71
1982	Dorsey (Los Angeles)	3:41.72
1983	Dorsey (Los Angeles)	3:46.24
1984	Locke (Los Angeles)	3:38.65
1985	Muir (Pasadena)	3:43.30
1986	Compton	3:42.31
1987	Poly (Long Beach)	3:45.20
1988	Hawthorne	3:47.32
1989	Hawthorne	3:46.59
1990	Morningside (Inglewood)	3:44.16
1991	Poly (Long Beach)	3:48.85
1992	Poly (Long Beach)	3:45.91
1993	Poly (Long Beach)	3:42.75
1994	Skyline (Oakland)	3:41.90
1995	Poly (Long Beach)	3:39.53
1996	Wilson (Long Beach)	3:38.50
1997	St. Bernard (Playa del Rey)	3:39.43
1998	Wilson (Long Beach)	3:36.32
1999	Wilson (Long Beach)	3:39.01
2000	J.W. North (Riverside)	3:41.11
2001	Wilson (Long Beach)	3:35.72
2002	Poly (Long Beach)	3:35.99
2003	Poly (Long Beach)	3:35.78
2004	Poly (Long Beach)	3:35.49
2005	Wilson (Long Beach)	3:39.27
2006	Wilson (Long Beach)	3:37.14
2007	Bishop O'Dowd (Oakland)	3:47.42
2008	Poly (Long Beach)	3:40.87
2009	Serra (Gardena)	3:42.91
2010	Poly (Long Beach)	3:39.15
2011	Serra (Gardena)	3:43.21
2012	Serra (Gardena)	3:46.45
2013	Piedmont Hills (San Jose)	3:41.14
2014	Poly (Long Beach)	3:38.05
2015	St. Mary's College (Berkeley)	3:43.33
2016	Carson	3:42.80
2017	Bishop O'Dowd (Oakland)	3:46.33
2018	Bonita (La Verne)	3:42:62
2019	Poly (Long Beach)	3:46.23
2022	Clovis North	3:45.38

Discus Throw (Girls)

1976	Kathy Middleton (Poway)	134-05
1977	Karen Stampfil (Lassen, Susanville)	137-08
1978	Christi Pyle (Hoover, Glendale)	149-03
1979	Leslie Deniz (Gridley)	167-01
1980	Leslie Deniz (Gridley)	172-11
1981	Natalie Kaaiawahia (Fullerton)	162-10
1982	Jacque Norton (Mission Viejo)	160-02
1983	Natalie Kaaiawahia (Fullerton)	170-01
1984	Stacy Horn (Cordova, Rancho Cordova)	159-01
1985	Lil Ili (Nogales, La Puente)	162-02
1986	Tracy Crawford (Southwest, San Diego)	156-02
1987	Dawn Dumble (Bakersfield)	144-10
1988	Melissa Weis (Bakersfield)	159-07
1989	Melissa Weis (Bakersfield)	168-00
1990	Melissa Weis (Bakersfield)	169-11
1991	Celeste McVey (Redlands)	160-11
1992	Suzu Powell (Downey, Modesto)	169-08
1993	Suzu Powell (Downey, Modesto)	168-11
1994	Suzu Powell (Downey, Modesto)	174-02
1995	Nadia Lopez (Arroyo Grande)	152-06
1996	Chaniqua Ross (Laguna Creek, Elk Grove)	158-04
1997	Chaniqua Ross (Laguna Creek, Elk Grove)	177-01
1998	Stephanie Brown (Arroyo Grande)	181-03
1999	April Burton (Bakersfield)	153-10
2000	Jill Camarena (Woodland)	151-01
2001	Rachel Varner (Bakersfield)	162-09
2002	Billie Jo Grant (Arroyo Grande)	174-00
2003	Billie Jo Grant (Arroyo Grande)	174-04
2004	Missy Faubus (Centennial, Bakersfield)	166-09
2005	Alexarae Toeaina (Pittsburg)	158-03
2006	Sarah Robles (San Jacinto)	158-00
2007	Hilary Fraser (El Toro, Lake Forest)	159-07
2008	Anna Jelmini (Shafter)	169-04
2009	Anna Jelmini (Shafter)	186-09
2010	Alex Collatz (Stockdale, Bakersfield)	170-09
2011	Alex Morgan (Ventura)	153-08
2012	Lisette Mendivil (Redwood, Visalia)	155-10
2013	Nikki Okwelogu (Clovis West, Clovis)	173-09
2014	Stamatia Scarvelis (Dos Pueblos, Goleta)	163-07
2015	Ronna Stone (Valley Christian, San Jose)	161-09
2016	Pamela Amaechi (Lincoln)	164-01
2017	Ashley Anumba (Los Osos, Rancho Cucamonga)	177-08
2018	Erica Grotegeer (Wheatland)	174-09
2019	Jocelynn Budwig (Fowler)	171-10
2022	Nailea Fields (Caruthers)	157-01

High Jump (Girls)

1974	Pam Blackburn (Cubberley, Palo Alto)	5-08
1975	Kim Maddox (Los Angeles)	5-08
1976	Kari Gossweiler (Upland)	5-10
1977	Kari Gossweiler (Upland)	5-09
1978	Sue McNeal (Carlsbad)	5-10.25
1979	Tonya Alston (Chico)	5-09
1980	Karen Lysaght (St. Francis, Sacramento)	6-00
1981	Katrina Johnson (Marshall Fundamental, Pasadena)	5-10
1982	Katrina Johnson (Marshall Fundamental, Pasadena)	5-11
1983	Tonya Mendonca, Mt. Whitney, Visalia)	6-01
1984	Wendy Brown (Woodside)	6-01.25
1985	Latrese Johnson (Clovis)	6-02
1986	Yleana Carrasco (Anaheim)	5-10
1987	Lynn Patrick (Serra, San Diego)	5-10
1988	Crissy Mills (Campbell Hall, North Hollywood)	5-10
1989	Crissy Mills (Campbell Hall, North Hollywood)	6-00
1990	Chi Johnson (Menlo-Atherton, Atherton)	5-08
1991	Tanya Smith (Cordova, Rancho Cordova)	5-11
1992	Kristy Kieruff (Esperanza, Anaheim)	5-10
1993	Tracye Lawyer (Cate, Carpinteria)	5-10
1994	Kristy Kieruff (Esperanza, Anaheim)	5-10
1995	Tara Fleming (Immanuel, Reedley)	6-00
1996	Liz Giltner (Chaminade, Canoga Park)	5-10
1997	Tayyiba Haneef (Laguna Hills)	5-09
1998	Tia Hanson (El Cajon)	5-08
1999	Kim Stone (York, Monterey)	5-09

2000	Schquay Brignac (Taft, Los Angeles)	5-09
2001	Chaunte Howard (J.W. North, Riverside)	5-10
2002	Sharon Day (Costa Mesa)	5-11
2003	Sharon Day (Costa Mesa)	5-10
2004	Allie Miller (Los Altos)	5-09.25
2005	Desirae Gonder (Stockdale)	5-09
2006	Jasmine Day (Costa Mesa)	5-09
2007	Whitney Sisler (La Costa Canyon, Carlsbad)	5-10
2008	Tara Richmond (Poly, Long Beach)	5-11
2009	Adrienne Johnson (Carondelet, Concord)	5-08
2010	Lydia French (Thousand Oaks)	5-10
2011	Rachel McCoy (A.B. Miller, Fontana)	5-08
2012	Claire Kieffer-Wright (South Pasadena)	5-10
2013	Rachel McCoy (Miller, Fontana)	6-00.75
2014	Asia Chesley (Stockdale, Bakersfield)	5-10
2015	Erinn Beattie (Buena, Ventura)	5-09
2016	Cassidy Palka (Oaks Christian, Westlake Village)	5-09
2017	Abigail Burke (Poly, Riverside)	5-08
2018	Abigail Burke (Poly, Riverside)	5-10
2019	Alysa Hickey (Coronado)	5-08
2022	Hannah Slover (Los Gatos)	5-06

Long Jump (Girls)

1974	Jodi Anderson (Washington, Los Angeles)	19-07.00
1975	Jodi Anderson (Washington, Los Angeles)	19-06.50w
1976	Jodi Anderson (Washington, Los Angeles)	20-00.25
1977	Lisa Gourdine (El Toro, Lake Forest)	19-01.00
1978	Kathy Hayes (Madera)	19-03.00
1979	Gwen Loud (Westchester)	20-04.50
1980	Marlene Harmon (Thousand Oaks)	20-08.75
1981	Chris Mose (El Cajon)	18-10.25
1982	Wendy Brown (Woodside)	19-10.50
1983	Gail Devers (Sweetwater, National City)	19-06.00
1984	Wendy Brown (Woodside)	20-09.75
1985	Yvette Roberts (Washington Union, Fresno)	19-01.00
1986	Madette Smith (Quartz Hill)	20-04.75
1987	Karen Lawson (St. Francis, Mountain View)	19-01.50
1988	Tonya Conner (Barstow)	19-05.75
1989	Juliana Yendork (Walnut)	20-02.50w
1990	Juliana Yendork (Walnut)	20-01.50
1991	Juliana Yendork (Walnut)	20-07.50w
1992	Kam Warner (West, Bakersfield)	20-06.25
1993	Marion Jones (Thousand Oaks)	22-00.50
1994	Tara Oettinger (Foothill, Santa Ana)	19-07.50
1995	Jernae Wright (James Logan, Union City)	20-08.00w
1996	Jernae Wright (James Logan, Union City)	20-03.00
1997	Bunmi Ogunleye (Poly, Long Beach)	20-00.75w
1998	Angela Williams (Chino)	19-07.75w
1999	Sani Roseby (Monterey)	19-08.75w
2000	Michelle Sanford (Woodbridge, Irvine)	19-07.25
2001	Elzunia Wojcicka (Hollister)	20-05.50w
2002	Lena Bettis (J.W. North, Riverside)	19-08.25
2003	Rene Williams (Skyline, Oakland)	20-08.25
2004	Shana Woods (Poly, Long Beach)	20-07.75
2005	Brittany Daniels (Merrill West, Tracy)	20-08.25w
2006	Amber Purvis (Benicia)	19-10.25
2007	Jamesha Youngblood (Hercules)	20-11.75w
2008	Vashti Thomas (Mt. Pleasant, San Jose)	20-00.25
2009	Karynn Dunn (Diamond Ranch, Pomona)	20-03.25w
2010	Jenna Prandini (Clovis)	20-05.75
2011	Jenna Prandini (Clovis)	19-11.75
2012	Alexis Faulknor (Serra, Gardena)	20-03.00w
2013	Courtney Corrin (Harv.Westlk. N. Holywd)	20-09.25
2014	Margaux Jones (Redlands)	20-04.75
2015	Courtney Corrin (Harv.Westlk. N. Holywd)	20-10.25
2016	Rhesa Forst (Clovis North)	20-07.50
2017	Tara Davis (Agoura)	22-01.25w
2018	Alysa Hickey (Coronado)	19-09.75
2019	Caelyn Harris (Upland)	20-08.50
2022	Sydnie Vanek (Clovis)	20-08.50w

All-Time Individual Champions



Tori Anthony became the first high school girl to pole vault higher than 14 feet when she jumped 14-01 at the 2007 state meet. She held the national record until 2011.

Pole Vault (Girls)

1995	Melissa Price (Kingsburg).....	12-06
1996	Alexa Harz (Peninsula, Rolling Hills Estates)....	12-01.25
1997	Bridget Pearson (Hoover, Glendale).....	12-00
1998	Tracy O'Hara (Rancho Bernardo, San Diego).....	12-08
1999	Kathleen Donoghue (Rancho Bernardo, San Diego).....	12-08.25
2000	Allison Stokke (Newport Harbor, Newport Beach).....	12-04
2001	Shayla Ballentine (Morro Bay).....	13-08
2002	Chelsea Johnson (Atascadero).....	13-03
2003	Kira Costa (San Joaquin Memorial, Fresno).....	13-05
2004	Allison Stokke (Newport Harbor, Newport Beach).....	12-08
2005	Bryson Stately (Cordova, Rancho Cordova).....	13-04
2006	Tori Anthony (Castilleja, Palo Alto).....	13-03
2007	Tori Anthony (Castilleja, Palo Alto).....	14-01
2008	Emily Mattoon (Rancho Bernardo, San Diego).....	12-06
2009	Kortney Ross (Westview, San Diego).....	13-04
2010	Kortney Ross (Westview, San Diego).....	13-06
2011	Anginae Monteverde (Clovis West, Fresno).....	13-06
2012	Taylor Jaques (Presentation, San Jose).....	13-04.25
2013	Kaitlyn Merritt (Santa Margarita, Rancho SM).....	13-03.75
2014	Greta Wagner (Los Gatos).....	13-00.25
2015	Kaitlyn Merritt (Santa Margarita, Rancho SM).....	13-03
2016	Rachel Baxter (Canyon, Anaheim).....	14-02
2017	Rachel Baxter (Canyon, Anaheim).....	14-00
2018	Laurel Wong (Santa Catalina, Monterey).....	12-06
2019	Ashley Callahan (Rancho Bernardo).....	13-04
2022	Jathiya Muhammad (Dublin).....	13-09

Shot Put (Girls)

1974	Kathy Devine (Mission Bay, San Diego).....	47-04.50
1975	Kathy Devine (Mission Bay, San Diego).....	42-03.25
1976	Becky Daniel (Newport Harbor).....	42-09.75
1977	Debra Thornton (Sacramento).....	43-09.00
1978	Kerry Zwart (Crescenta Valley, La Crescenta).....	45-11.50
1979	Susie Ray (Villa Park).....	49-06.50
1980	Natalie Kaaiawahia (Fullerton).....	48-04.50
1981	Natalie Kaaiawahia (Fullerton).....	51-08.50
1982	Natalie Kaaiawahia (Fullerton).....	50-03.00
1983	Natalie Kaaiawahia (Fullerton).....	52-07.50
1984	Pam Alexander (Arlington, Riverside).....	46-03.50
1985	Elaina Oden (Irvine).....	51-08.50
1986	Brandi Gail (Rowland, Rowland Heights).....	45-02.50
1987	Kim Lassair (Northgate, Walnut Creek).....	39-06.25
1988	Dawn Dunble (Bakersfield).....	48-02.50
1989	Melissa Weis (Bakersfield).....	44-01.00
1990	Dawn Dunble (Bakersfield).....	49-03.50

1991	Mika Hilaire (Pittsburg).....	45-04.25
1992	Kristin Heaston (Ygnacio Valley, Concord).....	45-03.50
1993	Kristin Heaston (Ygnacio Valley, Concord).....	52-11.50
1994	Delores Tuimolou (Channel Islands, Oxnard).....	46-10.00
1995	Rebecca Morrison (Presentation, San Jose).....	47-06.75
1996	Stephanie Brown (Arroyo Grande).....	43-00.25
1997	Cynthia Ademiluyi (Poly, Long Beach).....	47-05.25
1998	Althea Moses (Morningside).....	40-09.75
1999	Jill Camarena (Woodland).....	48-06.00
2000	Karen Freberg (San Luis Obispo).....	50-07.25
2001	Karen Freberg (San Luis Obispo).....	50-02.25
2002	Rachel Varner (Bakersfield).....	47-00.50
2003	Jessica Pressley (Laguna Creek, Elk Grove).....	50-05.00
2004	Megan Howard (Arroyo Grande).....	49-11.75
2005	Julie Dufresne (Harbor, Santa Cruz).....	47-07.50
2006	Erin Delaney (Paso Robles).....	45-05.25
2007	Rosario Sanchez (Selma).....	47-10
2008	Anna Jelmini (Shafter).....	48-03.50
2009	Anna Jelmini (Shafter).....	50-05.75
2010	Jasmine Burrell (North Torrance).....	47-06.50
2011	Breana Jemison (Carlsbad).....	43-01.25
2012	Stamatia Scarvelis (Dos Pueblos, Goleta).....	47-03.25
2013	Stamatia Scarvelis (Dos Pueblos, Goleta).....	50-07.75
2014	Stamatia Scarvelis (Dos Pueblos, Goleta).....	52-02.00
2015	Elena Bruckner (Valley Christian, San Jose).....	50-02.50
2016	Elena Bruckner (Valley Christian, San Jose).....	49-05.75
2017	Pamela Amaechi (Lincoln, San Francisco).....	47-05.25
2018	Jocelynn Budwig (Fowler).....	46-11.00
2019	Jocelynn Budwig (Fowler).....	49-02.75
2022	Feyi Olukanni (Clovis East).....	44-00.00

Triple Jump (Girls)

1982	Wendy Brown (Woodside).....	39-08.75
1983	Wendy Brown (Woodside).....	40-03.00
1984	Wendy Brown (Woodside).....	42-10.50
1985	Sheila Hudson (Rio Linda).....	41-10.00w
1986	Felicia Harris (San Lorenzo).....	40-02.00
1987	Kim Lassair (Northgate, Walnut Creek).....	39-06.25
1988	Althea Moses (Morningside).....	40-09.75
1989	Juliana Yendork (Walnut).....	41-10.00
1990	Juliana Yendork (Walnut).....	42-00.25
1991	Juliana Yendork (Walnut).....	43-06.50
1992	Kayla Montgomery (Clovis West, Fresno).....	39-11.25
1993	Cheaza Figueroa (Quartz Hill).....	40-01.25
1994	Tamieka Porter (Orange Glen, Escondido).....	38-11.50
1995	Kelly O'Connor (Esperanza, Anaheim).....	40-06.50
1996	Kelly O'Connor (Esperanza, Anaheim).....	40-02.50
1997	Andrea Booker (El Camino, Oceanside).....	40-00.00w
1998	Andrea Booker (El Camino, Oceanside).....	40-00.25w
1999	Heather Contreras (Sutter).....	40-03.75
2000	Blessing Ufodiama (Poly, Long Beach).....	40-08.75
2001	Candace Bauchman (Poly, Long Beach).....	42-04.50
2002	Michelle Sanford (Woodbridge, Irvine).....	41-05.25
2003	Brittany Daniels (Merrill West, Tracy).....	42-04.75
2004	Brittany Daniels (Merrill West, Tracy).....	42-08.00
2005	Brittany Daniels (Merrill West, Tracy).....	44-05.50w
2006	Ke'Nyia Richardson (Holy Names, Oakland).....	43-03.25
2007	Ke'Nyia Richardson (Holy Names, Oakland).....	45-04.25w
2008	Vashti Thomas (Mt. Pleasant, San Jose).....	42-00.50
2009	Ciarra Brewer (James Logan, Union City).....	42-11.50
2010	Jenna Prandini (Clovis).....	42-07.25
2011	Ciarra Brewer (James Logan, Union City).....	41-11.00
2012	Sasha Wallace (Holy Names, Oakland).....	41-05.75
2013	Sasha Wallace (Castro Valley).....	41-09.50
2014	Ashley Anderson (Carson).....	41-03.00
2015	Kennedy Jones (Castro Valley).....	42-05.25
2016	Tara Davis (Agoura).....	41-05.50
2017	Tara Davis (Agoura).....	42-11.75w
2018	Arianna Fisher (Silver Creek, San Jose).....	41-07.00w
2019	Jazlynn Shearer (Silver Creek, San Jose).....	41-01.00w
2022	Alyssa Hope (M.L. King).....	40-02.75w

100-Meter Dash Ambulatory (Girls)

2016	Amy Watt (Gunn, Palo Alto).....	13.44
2017	Sophia O'Shea (Berkeley).....	15.42
2018	Sophia O'Shea (Berkeley).....	14.51
2019	Emma Limor (Harvard-Westlake).....	15.54
2022	Ella Rodriguez (Christopher).....	16.05

100-Meter Dash Wheelchair (Girls)

2018	Johana Alas (Hollywood).....	41.30
2022	Audrey Aguilar (Imperial).....	24.34

200-Meter Dash Ambulatory (Girls)

2016	Amy Watt (Gunn, Palo Alto).....	28.02
2017	Sophia O'Shea (Berkeley).....	33.04
2018	Sophia O'Shea (Berkeley).....	33.04
2019	Emma Limor (Harvard-Westlake).....	33.07
2022	Audrey Sugden (University).....	37.50

200-Meter Dash Wheelchair (Girls)

2022	Angelina Garcia (Yosemite).....	1:10.44
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400-Meter Dash Ambulatory (Girls)

2016	Amy Watt (Gunn, Palo Alto).....	1:07.17
2017	Sophia O'Shea (Berkeley).....	1:15.63
2018	Sophia O'Shea (Berkeley).....	1:11.61
2019	Ella Rodriguez (Christopher, Gilroy).....	1:23.31
2022	Isabella Browne (Christopher, Gilroy).....	1:36.64

Shot Put Ambulatory (Girls)

2016	Amy Watt (Gunn, Palo Alto).....	17-11.00
2017	Miracle Traylor (Pleasant Valley, Chico).....	19-09.25
2018	Miracle Traylor (Pleasant Valley, Chico).....	21-07.25
2019	Ella Rodriguez (Christopher, Gilroy).....	27-10.25
2022	Ella Rodriguez (Christopher, Gilroy).....	31-00.50

Shot Put Wheelchair (Girls)

2016	Kendall Stier (Saddleback Valley Christian).....	11-03.00
2018	Kendall Stier (Saddleback Valley Christian).....	12-06.25
2019	Vaiva Puodziunas (Notre Dame, SO).....	18-04.00
2022	Audrey Aguilar (Imperial).....	17-05.00

Discus Ambulatory (Girls)

2019	Ella Rodriguez (Christopher, Gilroy).....	77-08
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In 1980, running event distances transitioned from yards to meters.

w -- wind aided result
h -- hand timed



All-Time Multiple Champions

BOYS RECORDS

Most Team State Championships

- 10 Poly, Long Beach.....(1928, 1932, 1959, 1964-65, 1997-98, 2006-07, 2011)
- 8 Jefferson, Los Angeles.....(1938, 1949-52, 1956, 1962, 1964)
- 8 Muir, Pasadena.....(1934, 1936, 1967, 1974, 1990, 1994-96)
- 7 Manual Arts, Los Angeles.....(1915-16, 1919, 1924-25, 1953, 1958)
- 6 Hawthorne.....(1983-85, 1987-89)

Most Consecutive Team State Championships

- 4 Jefferson, Los Angeles.....(1949-52)
- 3 Hawthorne, twice.....(1983-85, 1987-89)
- 3 Muir, Pasadena.....(1994-96)
- 2 Vista Murrieta.....(2015-16)

Most Individual State Championships

- 6 Clarence "Bud" Houser (Oxnard).....Discus (1920-22); Shot (1920-22)
- 5 Charley Paddock (Pasadena).....100yd (1916, 1918); 220yd (1916-18)
- 4 Randall Carroll (Cathedral, Los Angeles).....100m (2008-09); 200m (2008-09)
- 4 Roman Gomez (Belmont, Los Angeles)..1600m (1984-85); 3200m (1984-85)
- 4 Remontay McClain (Covina).....100m (2010-11); 200m (2010-11)
- 4 Eddie Morris (Huntington Beach).....100yd (1940); 220yd (1938-40)
- 4 Khalfani Muhammad (Notre Dame, Sherman Oaks)..100m (2012-13); 200m (2012-13)
- 4 Bryshon Nellum (Poly, Long Beach).....200m (2006-07); 400m (2006-07)
- 4 Michael Norman (Vista Murrieta).....200m (2015-16); 400m (2015-16)
- 4 Terry Prentice (Diamond Ranch, Pomona).....110HH (2006-07); LJ (2006-07)
- 4 Frank Wykoff (Glendale).....100yd (1927); 220yd (1927-28); LJ (1927)
- 4 Nate Moore (Castro Valley).....TJ (2013-2014); LJ (2013-2014)
- 3 Joseph Anderson (Upland).....110HH (2016-17); 300IH (2017)
- 3 Forrest Beaty (Hoover, Glendale).....100yd (1961-62); 200yd (1961)
- 3 Brian Bluetreich (Capistrano Valley, Mission Viejo).....Shot (1984-85); Discus (1985)
- 3 John Bradley (Hoover, Glendale).....100yd (1947); 220yd (1947-48)
- 3 Reynaldo Brown (Compton).....HJ (1967-69)
- 3 Johnathan Cabral (Agoura, Agoura Hills).....110HH (2010-11); 300IH (2011)
- 3 Ethan Cochran (Newport Harbor, Newport).....Discus (2011-12); Shot (2012)
- 3 Bill Cowings (Fowler).....100yd (1959-60); 200yd (1960)
- 3 Kevin Craddock (James Logan, Union City)....110HH (2003-04); 300IH (2004)
- 3 Matt Darr (Frontier, Bakersfield).....Discus (2009); Shot (2009-10)
- 3 Dixon Farmer (Miramonte).....440yd (1958); 440yd; 180LH (1959)
- 3 David Gettis (Dorsey, Los Angeles).....400m (2003-05)
- 3 Lincoln Hall (Santa Paula).....PV (1914-16)
- 3 Blake Haney (Stockdale, Bakersfield).....1600m (2013-14); 3200m (2013)
- 3 Mort Kaer (Red Bluff).....220LH (1922-23); LJ (1923)
- 3 Leamon King (Delano).....220yd (1951, 1953); 100yd (1953)
- 3 Roy Kirpatrick (Entral, El Centro).....220LH (1933-34); 120HH (1934)
- 3 Harry Lamport (Manual Arts, LA).....120HH (1916); 220LH (1916); LJ (1916)
- 3 Hugh McElhenny (Washington, LA) ..120HH (1947); 180LH (1947); LJ (1947)
- 3 Bill Miller (San Diego).....PV (1927-29)
- 3 Obea Moore (Muir, Pasadena).....200m (1996); 400m (1995-96)
- 3 Billy Mullins (Hamilton, Los Angeles).....100yd (1976); 200yd (1975-76)
- 3 Verden Nash (Chino 1920-21); Huntington Beach (1922).....LJ (1920-22)
- 3 Leon Patterson (Taft).....Discus (1951); Shot (1951-52)
- 3 Jerry Proctor (Muir, Pasadena).....110HH (1967); 300IH (1967); LJ (1967)
- 3 Scott Roth (Granite Bay).....PV (2004-06)
- 3 Darius Savage (Morse, San Diego).....Discus (2005-06), Shot (2006)
- 3 Les Steers (Palo Alto).....HJ (1935-37)
- 3 Monte Upshaw (Piedmont).....LJ (1953-54); 180 LH (1954)
- 3 Hubie Watson (Jordan, Los Angeles).....100yd (1958-59); 220yd (1959)
- 3 Quincy Watts (Taft).....100m (1987); 200m (1986-87)
- 3 Wayne Weeks (Santa Rosa).....Shot (1915-16); Discus (1916)

Boys CIF State Track and Field Championships began in 1915 and have since been held annually, excluding the World War II years (1942-45).

GIRLS RECORDS

Most Team State Championships

- 15 Poly, Long Beach.....(1992-93, 1995, 1997-98, 2001, 2003-04, 2008-11, 2013-14, 2017)
- 5 Berkeley.....(1974, 1976, 1981-83)
- 3 J.W. North, Riverside.....(1999-00, 2002)
- 3 Serra, Gardena.....(2012, 2018, 2022)
- 3 Wilson, Long Beach.....(1996, 1998, 2006)

Most Consecutive Team State Championships

- 4 Poly, Long Beach.....(2008-11)
- 3 Berkeley.....(1981-83)
- 2 J.W. North, Riverside.....(1999-2000)
- 2 Poly, Long Beach, three times.....(1992-93, 1997-98, 2003-04, 2013-14)

Most Individual State Championships

- 9 Marion Jones.....(Rio Mesa, Oxnard 1990-91); (Thousand Oaks 1992-93)
- 6 Natalie Kaaiawahia (Fullerton).....Shot (1980-83); Discus (1981, 1983)
- 6 Wendy Brown (Woodside).....LJ (1982-84); TJ (1982-84); HJ (1984)
- 6 Juliana Yendork (Walnut).....LJ (1989-91); TJ (1989-91)
- 6 Ariana Washington (Poly, Long Beach).....100m (2012-14); 200m (2012-14)
- 5 Angela Burnham (Rio Mesa, Oxnard)100m (1986, 1988-89); 200m (1988-89)
- 5 Kori Carter (Claremont).....100HH (2009-10); 300LH (2008-10)
- 5 Tara Davis (Agoura).....100HH (2016-17); LJ (2017); TJ (2016-17)
- 5 Allyson Felix (Los Angeles Baptist, No. Hills) ...100m (2001-03); 200m (2002-03)
- 5 Monique Henderson (Morse, San Diego) ...200m (2000); 400m (1998-2001)
- 5 Jenna Prandini (Clovis) ...LJ (2010-11); TJ (2010); 100m (2011); 200m (2011)
- 5 Angela Williams (Chino).100m (1997-98); 200m (1998); 400m (1995); LJ (1998)
- 4 Brittany Daniels (Merrill West, Tracy).....TJ (2003-05); LJ (2005)
- 4 Jordan Hasay (Mission Prep, San Luis Obispo).....3200m (2006-09)
- 4 Denean Howard (Kennedy, Granada Hills). 200m (1981-82); 400m (1980, 1982)
- 4 Lindsay Hyatt (Placer, Auburn).....800m (1996-99)
- 4 Anna Jelmini (Shafter).....Discus (2008-09); Shot (2008-09)
- 4 Ashton Purvis (St. Elizabeth, Oakland)...100m (2008, 2010); 200m (2009-10)
- 4 Julia Stamps (Rincon Valley Christian, Santa Rosa 1994); (Santa Rosa 1995-97)
- 4 Jeneba Tarmoh (Mt. Pleasant, San Jose).....100m (2006-07); 200m (2006-07)
- 4 Vashti Thomas (Mt. Pleasant, San Jose)100HH (2007-08); LJ (2008); TJ (2008)
- 4 Janeene Vickers (Pomona).....300LH (1986-87); 100LH (1986-87)
- 4 Melisa Weis (Bakersfield).....Discus (1988-90); Shot (1989)
- 4 Stamatia Scarvelis (Dos Pueblos, Goleta).....Shot (2012-2014); Discus (2014)
- 3 Jodi Anderson (Washington, Los Angeles).....LJ (1974-76)
- 3 Christine Babcock (Woodbridge, Irvine).....1600m (2006-08)
- 3 Lakeisha Backus (Wilson, Long Beach).....100m (1995); 200m (1994-95)
- 3 Sarah Baxter (Simi Valley).....3200m (2011-13)
- 3 Sara Bei (Montgomery, Santa Rosa).....1600m (1998); 3200m (1998, 2001)
- 3 Ashlee Brown (J.W. North, Riverside).....100HH (2003); 300LH (2001-02)
- 3 Stephanie Brown (Arroyo Grande).....Shot (1996, 1998); Discus (1998)
- 3 Jocelynn Budwig (Silver Creek).....Shot (2018-19); Discus (2019)
- 3 Ebony Collins (Wilson, Long Beach).....300LH (2005-06); 100m (2005)
- 3 Vicki Cook (Alemany, Mission Hills).....3200m (1980-82)
- 3 Kathy Costello (Pleasant Hill).....800m (1974-75); 1600m (1975)
- 3 Kinshasa Davis (Wilson, Long Beach).....400m (1996-97); 200m (1997)
- 3 Dawn Dumble (Bakersfield).....Discus (1988-90); Shot (1989)
- 3 Milena Glusac (Fallbrook).....1600m (1993); 3200m (1992-93)
- 3 Kira Jorgensen (Vista).....1600m (1987-89)
- 3 Felice Lipscomb (Santa Monica).....100LH (1989-90); 300LH (1990)
- 3 Janice Nichols (Bakersfield).....400m (1990-92)
- 3 Polly Plumer (University, Irvine).....1600m (1980-82)
- 3 Suzy Powell (Downey, Modesto).....Discus (1992-94)
- 3 Ann Regan (Camden, San Jose).....800yd (1977-79)
- 3 Angela Rolfe (Dorsey, Los Angeles).....400m (1987-89)
- 3 Twila Sims (Lompoc).....300LH (1989, 1992); 100LH (1992)
- 3 Talia Stewart (James Logan, Union City)..100HH (2002, 2004); 300LH (2004)
- 3 Pam Waters (Bell).....200m (1975-76); 100m (1976)
- 3 Angela Williams (Chino).....100m (1997-98); 200m (1998)
- 3 Amy Weissenbach (Harvard Westlake, N. Hollywood).....800m (2010-12)

Girls CIF State Track and Field Championships were initiated in 1974 and have since been held annually.



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